



## Parent/Guardian Acknowledgement Form



CIF Southern Section Bylaw 503.H, 503.J, 503.K.(1), and Ed Code 49476 state that both students and parents must review information provided by the school related to **concussion, sudden cardiac arrest, heat illness, and opioid use and misuse** and sign stating that they have reviewed and understand the material before the athlete's initial practice or competition. This form may be used to acknowledge receipt and understanding of all four mandated elements.

Student Name: \_\_\_\_\_ School Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Sport(s): \_\_\_\_\_

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### Concussion Awareness

I acknowledge that I have received and reviewed information regarding the signs, symptoms, and risks of concussions. I understand the importance of reporting symptoms and following proper medical protocols before returning to play.

Parent/Guardian Initials: \_\_\_\_\_ Student Initials: \_\_\_\_\_

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### Sudden Cardiac Arrest Awareness

I acknowledge that I have received and reviewed information about sudden cardiac arrest, including warning signs and the importance of immediate action and medical evaluation.

Parent/Guardian Initials: \_\_\_\_\_ Student Initials: \_\_\_\_\_

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### Heat Illness Prevention

I acknowledge that I have received and reviewed information on heat-related illnesses, including prevention strategies, symptoms, and the importance of hydration and acclimatization.

Parent/Guardian Initials: \_\_\_\_\_ Student Initials: \_\_\_\_\_

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### Opioid Use and Misuse Education

I acknowledge that I have received and reviewed information on the risks of opioid use and misuse, including safe medication practices, signs of addiction, and available resources for help.

Parent/Guardian Initials: \_\_\_\_\_ Student Initials: \_\_\_\_\_

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### Parent/Guardian Acknowledgement

By signing below, I confirm that I have read, understood, and agree with the information provided on all four topics listed above. I know the importance of these health and safety issues and agree to support my child in following all related guidelines and protocols.

Parent/Guardian Name (Print): \_\_\_\_\_ Student Name (Print): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Date: \_\_\_\_\_