



RUSD

RIVERSIDE UNIFIED
SCHOOL DISTRICT

Martin Luther King High School Athletics Department Emergency Action Plan



Martin Luther King High School
9301 Wood Road
Riverside, CA 92508

Revised July 2025

Martin Luther King High School

Emergency Action Plan

Martin Luther King High School has a written emergency plan that should be followed in the event of a medical emergency. All coaches should be familiar with this document and their role and responsibility in an emergency. Any questions should be directed to the Head Athletic Trainer, Athletic Director, or school administrator.

An emergency is the need for Emergency Medical Services (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situations that coordination between the Athletic Trainer, coaches, and administrators be efficient and effective. This guide is intended to delineate roles and outline the protocol to be followed should an emergency occur.

Situations when 911 should be called are:

- An athlete is not breathing
- An athlete has lost consciousness
- It is suspected that an athlete may have a neck or back injury
- An athlete has an open fracture (bone has punctured through the skin)
- Severe heat exhaustion or suspected heat stroke
- Severe bleeding that cannot be stopped

***Chain of Command**

Team Physician
Certified Athletic Trainer
School Administrator
Head Coach
Assistant Coach
Athletic Training Student Aides

AED Locations

1. Stadium ticket booth
2. Gym ticket booth (H109A)
3. Athletic Training Facility (H110)
4. Baseball Snack Bar
5. Health Office (D108)
6. ASB Room (G106)

Emergency Equipment in the Athletic Training Room (ATR)

AED
Bag Valve Mask/CPR Masks
Splints, Slings
First Aid Supplies
Crutches

***The highest person in the chain of command who is present at the scene will be the designated person in charge, or leader. That person is responsible for the following:**

- Monitoring the athlete and administering necessary first aid until EMS arrives
- Designating someone to call 911
- Designating someone to get AED/ emergency equipment
- Designating someone to unlock all necessary gates and direct EMS to the venue; and/or notify a campus security/custodian to do so
- Designating someone to find the athlete's emergency card and notifying their emergency contact

Hierarchy

- The supervising Certified Athletic Trainer (ATC) working the event will assume responsibility of the care of the athlete until emergency personnel arrive.
- Once emergency personnel arrive, the EMTs or Paramedics will assume responsibility of the care.
 - If at any time emergency personnel take action that the ATC believes will cause harm to the athlete, the ATC has the right to assist EMS or resume care of the athlete if necessary.
- At no time will any other school official, bystander, parent, or guardian assume control over the care of the injured athlete unless allowed by the supervising ATC.

Duties

- **Certified Athletic Trainer**
 - Responsible for health care of injured athlete/s and activating the EAP

- Including, but not limited to: CPR, first aid, injury assessment, implementation of EAP, decision to move/not to move athlete, use of AED, and directing others to assist
 - Responsible for maintaining cervical stabilization in the event of a possible c-spine injury
- **Head Coach**
 - Responsible for calling EMS, ensure access to site, direct EMS to injured athlete, communicating with parents/athlete after transportation, emergency first-aid in event absence of ATC
- **Assistant Coach**
 - Responsible for retrieving emergency card and contacting emergency contact, assist with crowd control, accompanying injured athlete with EMS transportation from event if parents are unable
- **Campus Supervisor/Security**
 - Responsible for directing EMS to site of athlete with injury and ensuring gates are accessible for EMS, maintain crowd control
- **Athletic Department Personnel and other Administrators**
 - Responsible for contacting campus supervisor/security and ensuring all gates are accessible for EMS, assist with crowd control
- **Athletic Training Student Aides**
 - Responsible for assisting the ATC as directed, meeting EMS at designated location/guide to scene, retrieving Emergency Cards for ATC/Coaches/EMS
- **Sport Officials**
 - Maintain crowd control
- **Emergency Medical Personnel**
 - Responsible for care and transportation of the athlete

Transportation

- In the case of a non-life threatening injury that requires transportation to an emergency care facility, the designated emergency contact will be responsible for transportation unless otherwise requested.
 - If the designated emergency contact is unavailable, EMS will transport the athlete and a designated school representative (assistant coach) will travel with athlete.
- In the case of a life-threatening injury and the need for immediate EMS transportation, the designated emergency contact is first in line to travel with the athlete if already on-site; otherwise the designated school representative (assistant coach) will travel with the athlete.
- An ambulance will be on-site for all home football games.
 - This ambulance CANNOT transport athletes nor leave the field; the on-site EMS is responsible for contacting a second ambulance to arrive for transportation.

Communication

- The primary means of communication is cell phones
- The secondary means of communication is landlines
- Email will be utilized for follow-up communication
- Communication with parents:
 - In the event that an athlete requires transportation to an emergency care facility, the parents of the athlete must be contacted and informed of which facility they will be going to.
 - Emergency cards must be readily available at each practice/competition/event.

Example Athletics Emergency Procedures

Certified Athletic Trainer on Scene:

- The *Athletic Trainer* ensures scene safety and makes a primary evaluation with assessment of the ABCs; begins performing appropriate emergency protocol to care for the athlete.
- The *head coach* calls 911.
- An *assistant coach* retrieves the emergency card and contacts athlete's emergency contact.
- The *assistant coach, campus supervisor, or an administrator* will clear access to the site and will then meet EMS at the designated meeting site and direct them to the injured athlete.
- *Assistant coaches and administrators* are to assist with crowd control to ensure that medical personnel have room to function.
- Other trained personnel (coaches and administrators) may assist the AT until EMS arrives.
- Once EMS arrives, the *head coach or parent/emergency contact* relays all necessary medical information to EMS from the emergency card. The *Athletic Trainer* will relay information regarding the current situation.
- If parent/emergency contact is unavailable, EMS will transport the athlete and the designated school representative will travel along.
- The *Athletic Trainer and Athletic Director* will complete the appropriate medical documentation and continue to contact the athlete's emergency contact.

Certified Athletic Trainer on Campus, but NOT on Scene:

- The *head coach* ensures scene safety and makes a primary evaluation with assessment of the ABCs; begins performing appropriate emergency protocol to care for the athlete.
- An *assistant coach* calls 911 and locates the athlete's emergency card.
- *Contacting the Athletic Trainer:* assistant coach contacts Athletic Trainer after calling 911; OR a second assistant coach contacts Athletic Trainer right away; OR coaches send an athlete to get Athletic Trainer right away.
- *Athletic Trainer* arrives on site and assumes leadership role of EAP.
- The *head coach* then contacts the designated emergency contact via emergency card information.
- The *assistant coach, campus supervisor, and/or an administrator* will clear access to the site and will then meet EMS at the designated meeting site and direct them to the injured athlete.
- *Assistant coaches and administrators* are to assist with crowd control to ensure that medical personnel have room to function.
- Other trained personnel (coaches and administrators) may assist the AT until EMS arrives.
- Once EMS arrives, the *head coach and/or assistant coach* relay all necessary medical information to EMS from the emergency card. The *Athletic Trainer* will relay information regarding the current situation.
- If parent/emergency contact is unavailable, EMS will transport the athlete and the designated school representative will travel along.
- The *Athletic Trainer and Athletic Director* will complete the appropriate medical documentation and continue to contact the athlete's emergency contact.

Certified Athletic Trainer NOT PRESENT:

- The *head coach* ensures scene safety and makes a primary evaluation; begins performing appropriate emergency protocol to care for the athlete.
- An *assistant coach* calls 911 and then the athlete's emergency contact; or have a *second assistant coach* contact the emergency contact while the other calls 911.
- A *coach* or an athlete will contact an *administrator* to clear access to the site and will then meet EMS at the designated meeting site and direct them to the injured athlete.
- *Assistant coaches* and *administrators* are to assist with crowd control to ensure that medical personnel have room to function.
- Once EMS arrives, the *assistant coach* or *parent/emergency contact* relays all necessary medical information to EMS from the emergency card. The *head coach* will relay information regarding the current situation.
- If *parent/emergency contact* is unavailable, EMS will transport the athlete and the designated school representative will travel along.
- The *head coach* will complete an incident report and he/she, along with the *Athletic Director*, will continue to contact the athlete's emergency contact.
- The *head coach* will notify the *Athletic Director* and *Head Athletic Trainer* of the incident within 24 hours, and the *Head Athletic Trainer* will complete appropriate medical documentation.

AWAY GAME/COMPETITION:

- When you arrive at an away game/competition, ask the opposing coach if they have an athletic trainer on site and where he/she will be located during your time there.
- The *host athletic trainer* is in charge of all injury/emergency situations and return to play decisions for our athletes.
- The *host athletic trainer* will ensure scene safety, make a primary evaluation with assessment of the ABCs, and begin performing appropriate emergency protocol to care for the athlete.
- The *head coach* and *assistant coaches* should be at the scene to assist the *host athletic trainer* with things like calling 911 and contacting the athlete's emergency contact.
- Once EMS arrives, a *coach* or *parent/emergency contact* relays all necessary medical information to EMS from the emergency card.
- If *parent/emergency contact* is unavailable, EMS will transport the athlete and the designated school representative will travel along.
- The *head coach* will complete an incident report and he/she, along with the *Athletic Director*, will continue to contact the athlete's emergency contact. The *head coach* may also receive an incident report from the *host athletic trainer* if possible.
- The *head coach* will notify the *Athletic Director* and *Head Athletic Trainer* of the incident within 24 hours, and the *Head Athletic Trainer* will complete appropriate medical documentation.

MLK High School Emergency Action Plan STADIUM

IMPORTANT INFORMATION	
School Address:	9301 Wood Road Riverside, CA 92508
Cross Streets:	Wood Road and Krameria Ave
Directions:	Utilize *Entrance #2 (back entrance). Turn right into the last campus driveway off of Wood Road. Enter through the metal gate next to the theater. Proceed straight ahead and enter the stadium through the gates on the stadium's south end.
Emergency Equipment:	Closest AED: Stadium ticket booth Others: Gym ticket booth, baseball snack bar, ATR First-aid supplies, splints, crutches: Athletic Training Room (H110)
Closest Medical Facilities:	Riverside Urgent Care (0.5 mi) (Hours: 9:00am - 9:00pm) 18876 Van Buren Blvd Suite 101 Riverside, CA 92508 Riverside Community Hospital (9.5 mi) (24-hour Emergency Room) 4445 Magnolia Avenue Riverside, CA 92501 Kaiser Moreno Valley (13 mi) (24-hour Emergency Room) 27300 Iris Ave Moreno Valley, CA 92555

EMERGENCY PERSONNEL		
Athletic Trainer	<i>Name</i>	<i>Phone Number</i>
Athletic Director	<i>Name</i>	<i>Phone Number</i>
Principal	<i>Name</i>	<i>Phone Number</i>
Night Custodian	<i>Name</i>	<i>Phone Number</i>

GENERAL PROCEDURES
Designate a separate person to complete each of the following tasks:
1. Provide Care - Care for injured athlete/s until EMS arrives
2. CALL 911 - Give the appropriate information and give directions directly to your field/location
3. Get AED - Retrieve closest AED and/or necessary emergency equipment
4. Unlock Gates - Make sure all necessary gates are unlocked and flag down emergency rigs (or contact a custodian/supervisor to do this)
5. Contact the athlete's emergency contact - Designate someone to ride in ambulance
6. All additional personnel should assist with crowd control around the scene



MLK High School Emergency Action Plan

WRESTLING ROOM

IMPORTANT INFORMATION	
School Address:	9301 Wood Road Riverside, CA 92508
Cross Streets:	Wood Road and Krameria Ave
Directions:	Utilize *Entrance #1 (main entrance). Turn onto MLK Road from Wood Road. Proceed straight down through the main parking lot and drive onto campus through the big metal gate. Turn left just before the portable classrooms and the wrestling room will be on your right-hand side, just before the stadium entrance.
Emergency Equipment:	Closest AED: Stadium ticket booth Others: Gym ticket booth, ATR First-aid supplies, splints, crutches: Athletic Training Room (H110)
Closest Medical Facilities:	Riverside Urgent Care (0.5 mi) (Hours: 9:00am - 9:00pm) 18876 Van Buren Blvd Suite 101 Riverside, CA 92508 Riverside Community Hospital (9.5 mi) (24-hour Emergency Room) 4445 Magnolia Avenue Riverside, CA 92501 Kaiser Moreno Valley (13 mi) (24-hour Emergency Room) 27300 Iris Ave Moreno Valley, CA 92555

EMERGENCY PERSONNEL		
Athletic Trainer	<i>Name</i>	<i>Phone Number</i>
Athletic Director	<i>Name</i>	<i>Phone Number</i>
Principal	<i>Name</i>	<i>Phone Number</i>
Night Custodian	<i>Name</i>	<i>Phone Number</i>

GENERAL PROCEDURES
Designate a separate person to complete each of the following tasks: - Provide Care - Care for injured athlete/s until EMS arrives - CALL 911 - Give the appropriate information and give directions directly to your field/location - Get AED - Retrieve closest AED and/or necessary emergency equipment - Unlock Gates - Make sure all necessary gates are unlocked and flag down emergency rigs (or contact a custodian/supervisor to do this) - Contact the athlete's emergency contact - Designate someone to ride in ambulance - All additional personnel should assist with crowd control around the scene



MLK High School Emergency Action Plan

AQUATICS CENTER

IMPORTANT INFORMATION	
School Address:	9301 Wood Road Riverside, CA 92508
Cross Streets:	Van Buren Blvd and Wood Road
Directions:	Utilize *Entrance #1 (main entrance). Turn onto MLK Road from Wood Road. Proceed straight down through the main parking lot and straight onto campus through the big metal gate and the pool is on your right-hand side.
Emergency Equipment:	Closest AED: Gym ticket booth (H109A) Others: Stadium ticket booth, ATR First-aid supplies, splints, crutches: Athletic Training Room (H110)
Closest Medical Facilities:	Riverside Urgent Care (0.5 mi) (Hours: 9:00am - 9:00pm) 18876 Van Buren Blvd Suite 101 Riverside, CA 92508 Riverside Community Hospital (9.5 mi) (24-hour Emergency Room) 4445 Magnolia Avenue Riverside, CA 92501 Kaiser Moreno Valley (13 mi) (24-hour Emergency Room) 27300 Iris Ave Moreno Valley, CA 92555

EMERGENCY PERSONNEL		
Athletic Trainer	<i>Name</i>	<i>Phone Number</i>
Athletic Director	<i>Name</i>	<i>Phone Number</i>
Principal	<i>Name</i>	<i>Phone Number</i>
Night Custodian	<i>Name</i>	<i>Phone Number</i>

GENERAL PROCEDURES
Designate a separate person to complete each of the following tasks:
1. Provide Care - Care for injured athlete/s until EMS arrives
2. CALL 911 - Give the appropriate information and give directions directly to your field/location
3. Get AED - Retrieve closest AED and/or necessary emergency equipment
4. Unlock Gates - Make sure all necessary gates are unlocked and flag down emergency rigs (or contact a custodian/supervisor to do this)
5. Contact the athlete's emergency contact - Designate someone to ride in ambulance
6. All additional personnel should assist with crowd control around the scene



MLK High School Emergency Action Plan

GYMNASIUM

IMPORTANT INFORMATION	
School Address:	9301 Wood Road Riverside, CA 92508
Cross Streets:	Van Buren Blvd and Wood Road
Directions:	Utilize *Entrance #1 (main entrance). Turn onto MLK Road from Wood Road. Proceed straight down through the main parking lot until it dead ends then turn left. When it ends again, the gym entrance is on your right-hand side, past the planter and through the metal gates.
Emergency Equipment:	Closest AED: Gym ticket booth (H109A) Others: ATR, stadium ticket booth First-aid supplies, splints, crutches: Athletic Training Room (H110)
Closest Medical Facilities:	Riverside Urgent Care (0.5 mi) (Hours: 9:00am - 9:00pm) 18876 Van Buren Blvd Suite 101 Riverside, CA 92508 Riverside Community Hospital (9.5 mi) (24-hour Emergency Room) 4445 Magnolia Avenue Riverside, CA 92501 Kaiser Moreno Valley (13 mi) (24-hour Emergency Room) 27300 Iris Ave Moreno Valley, CA 92555

EMERGENCY PERSONNEL		
Athletic Trainer	<i>Name</i>	<i>Phone Number</i>
Athletic Director	<i>Name</i>	<i>Phone Number</i>
Principal	<i>Name</i>	<i>Phone Number</i>
Night Custodian	<i>Name</i>	<i>Phone Number</i>

GENERAL PROCEDURES
Designate a separate person to complete each of the following tasks:
1. Provide Care - Care for injured athlete/s until EMS arrives
2. CALL 911 - Give the appropriate information and give directions directly to your field/location
3. Get AED - Retrieve closest AED and/or necessary emergency equipment
4. Unlock Gates - Make sure all necessary gates are unlocked and flag down emergency rigs (or contact a custodian/supervisor to do this)
5. Contact the athlete's emergency contact - Designate someone to ride in ambulance
6. All additional personnel should assist with crowd control around the scene



MLK High School Emergency Action Plan

TENNIS COURTS

IMPORTANT INFORMATION	
School Address:	9301 Wood Road Riverside, CA 92508
Cross Streets:	Van Buren Blvd and Wood Road
Directions:	Utilize *Entrance #1 (main entrance). Turn onto MLK Road from Wood Road. Proceed straight down through the main parking lot until it dead ends and the tennis courts are on your right hand side.
Emergency Equipment:	Closest AED: Gym ticket booth (H109A) Others: ATR, stadium ticket booth First-aid supplies, splints, crutches: Athletic Training Room (H110)
Closest Medical Facilities:	Riverside Urgent Care (0.5 mi) (Hours: 9:00am - 9:00pm) 18876 Van Buren Blvd Suite 101 Riverside, CA 92508 Riverside Community Hospital (9.5 mi) (24-hour Emergency Room) 4445 Magnolia Avenue Riverside, CA 92501 Kaiser Moreno Valley (13 mi) (24-hour Emergency Room) 27300 Iris Ave Moreno Valley, CA 92555

EMERGENCY PERSONNEL		
Athletic Trainer	<i>Name</i>	<i>Phone Number</i>
Athletic Director	<i>Name</i>	<i>Phone Number</i>
Principal	<i>Name</i>	<i>Phone Number</i>
Night Custodian	<i>Name</i>	<i>Phone Number</i>

GENERAL PROCEDURES
Designate a separate person to complete each of the following tasks: - Provide Care - Care for injured athlete/s until EMS arrives - CALL 911 - Give the appropriate information and give directions directly to your field/location - Get AED - Retrieve closest AED and/or necessary emergency equipment - Unlock Gates - Make sure all necessary gates are unlocked and flag down emergency rigs (or contact a custodian/supervisor to do this) - Contact the athlete's emergency contact - Designate someone to ride in ambulance - All additional personnel should assist with crowd control around the scene



MLK High School Emergency Action Plan

BASEBALL FIELDS

IMPORTANT INFORMATION	
School Address:	9301 Wood Road Riverside, CA 92508
Cross Streets:	Van Buren Blvd and Wood Road
Directions:	Utilize *Entrance #1 (main entrance). Turn onto MLK Road from Wood Road. Proceed straight down through the main parking lot and drive onto campus through the big metal gate. Continue straight until you see the baseball fields on your right-hand side.
Emergency Equipment:	Closest AED: Baseball snack bar Others: Stadium or gym ticket booths First-aid supplies, splints, crutches: Athletic Training Room (H110)
Closest Medical Facilities:	Riverside Urgent Care (0.5 mi) (Hours: 9:00am - 9:00pm) 18876 Van Buren Blvd Suite 101 Riverside, CA 92508 Riverside Community Hospital (9.5 mi) (24-hour Emergency Room) 4445 Magnolia Avenue Riverside, CA 92501 Kaiser Moreno Valley (13 mi) (24-hour Emergency Room) 27300 Iris Ave Moreno Valley, CA 92555

EMERGENCY PERSONNEL		
Athletic Trainer	<i>Name</i>	<i>Phone Number</i>
Athletic Director	<i>Name</i>	<i>Phone Number</i>
Principal	<i>Name</i>	<i>Phone Number</i>
Night Custodian	<i>Name</i>	<i>Phone Number</i>

GENERAL PROCEDURES
Designate a separate person to complete each of the following tasks:
1. Provide Care - Care for injured athlete/s until EMS arrives
2. CALL 911 - Give the appropriate information and give directions directly to your field/location
3. Get AED - Retrieve closest AED and/or necessary emergency equipment
4. Unlock Gates - Make sure all necessary gates are unlocked and flag down emergency rigs (or contact a custodian/supervisor to do this)
5. Contact the athlete's emergency contact - Designate someone to ride in ambulance
6. All additional personnel should assist with crowd control around the scene



MLK High School Emergency Action Plan

SOFTBALL FIELDS

IMPORTANT INFORMATION	
School Address:	9301 Wood Road Riverside, CA 92508
Cross Streets:	Van Buren Blvd and Wood Road
Directions:	Utilize *Entrance #1 (main entrance). Turn onto MLK Road from Wood Road. Proceed straight down through the main parking lot and drive onto campus through the big metal gate. Continue straight down, past the baseball fields, and the softball fields will be on your left-hand side.
Emergency Equipment:	Closest AED: Baseball snack bar Others: Stadium or gym ticket booths First-aid supplies, splints, crutches: Athletic Training Room (H110)
Closest Medical Facilities:	Riverside Urgent Care (0.5 mi) (Hours: 9:00am - 9:00pm) 18876 Van Buren Blvd Suite 101 Riverside, CA 92508 Riverside Community Hospital (9.5 mi) (24-hour Emergency Room) 4445 Magnolia Avenue Riverside, CA 92501 Kaiser Moreno Valley (13 mi) (24-hour Emergency Room) 27300 Iris Ave Moreno Valley, CA 92555

EMERGENCY PERSONNEL		
Athletic Trainer	<i>Name</i>	<i>Phone Number</i>
Athletic Director	<i>Name</i>	<i>Phone Number</i>
Principal	<i>Name</i>	<i>Phone Number</i>
Night Custodian	<i>Name</i>	<i>Phone Number</i>

GENERAL PROCEDURES
Designate a separate person to complete each of the following tasks:
1. Provide Care - Care for injured athlete/s until EMS arrives
2. CALL 911 - Give the appropriate information and give directions directly to your field/location
3. Get AED - Retrieve closest AED and/or necessary emergency equipment
4. Unlock Gates - Make sure all necessary gates are unlocked and flag down emergency rigs (or contact a custodian/supervisor to do this)
5. Contact the athlete's emergency contact - Designate someone to ride in ambulance
6. All additional personnel should assist with crowd control around the scene



MLK High School Emergency Action Plan

GRASS FIELDS

IMPORTANT INFORMATION	
School Address:	9301 Wood Road Riverside, CA 92508
Cross Streets:	Van Buren Blvd and Wood Road
Directions:	Utilize *Entrance #1 (main entrance). Turn onto MLK Road from Wood Road. Proceed straight down through the main parking lot and drive onto campus through the big metal gate. Continue straight through to the athletics venues and specify if you're on the left (first grass field) or right (2 nd grass field, past baseball).
Emergency Equipment:	Closest AED: Baseball snack bar Others: Stadium or gym ticket booths First-aid supplies, splints, crutches: Athletic Training Room (H110)
Closest Medical Facilities:	Riverside Urgent Care (0.5 mi) (Hours: 9:00am - 9:00pm) 18876 Van Buren Blvd Suite 101 Riverside, CA 92508 Riverside Community Hospital (9.5 mi) (24-hour Emergency Room) 4445 Magnolia Avenue Riverside, CA 92501 Kaiser Moreno Valley (13 mi) (24-hour Emergency Room) 27300 Iris Ave Moreno Valley, CA 92555

EMERGENCY PERSONNEL		
Athletic Trainer	<i>Name</i>	<i>Phone Number</i>
Athletic Director	<i>Name</i>	<i>Phone Number</i>
Principal	<i>Name</i>	<i>Phone Number</i>
Night Custodian	<i>Name</i>	<i>Phone Number</i>

GENERAL PROCEDURES
Designate a separate person to complete each of the following tasks:
1. Provide Care - Care for injured athlete/s until EMS arrives
2. CALL 911 - Give the appropriate information and give directions directly to your field/location
3. Get AED - Retrieve closest AED and/or necessary emergency equipment
4. Unlock Gates - Make sure all necessary gates are unlocked and flag down emergency rigs (or contact a custodian/supervisor to do this)
5. Contact the athlete's emergency contact - Designate someone to ride in ambulance
6. All additional personnel should assist with crowd control around the scene



MLK High School Emergency Action Plan

WEIGHT ROOM

IMPORTANT INFORMATION	
School Address:	9301 Wood Road Riverside, CA 92508
Cross Streets:	Wood Road and Krameria Ave
Directions:	Utilize *Entrance #1 (main entrance). Turn onto MLK Road from Wood Road. Proceed straight down through the main parking lot and drive onto campus through the big metal gate. Turn left just before the portable classrooms and the weight room is on your left-hand side, underneath the “Wolves” painting on the building.
Emergency Equipment:	Closest AED: Stadium ticket booth Others: Gym ticket booth, ATR First-aid supplies, splints, crutches: Athletic Training Room (H110)
Closest Medical Facilities:	Riverside Urgent Care (0.5 mi) (Hours: 9:00am - 9:00pm) 18876 Van Buren Blvd Suite 101 Riverside, CA 92508 Riverside Community Hospital (9.5 mi) (24-hour Emergency Room) 4445 Magnolia Avenue Riverside, CA 92501 Kaiser Moreno Valley (13 mi) (24-hour Emergency Room) 27300 Iris Ave Moreno Valley, CA 92555

EMERGENCY PERSONNEL		
Athletic Trainer	<i>Name</i>	<i>Phone Number</i>
Athletic Director	<i>Name</i>	<i>Phone Number</i>
Principal	<i>Name</i>	<i>Phone Number</i>
Night Custodian	<i>Name</i>	<i>Phone Number</i>

GENERAL PROCEDURES
Designate a separate person to complete each of the following tasks:
1. Provide Care - Care for injured athlete/s until EMS arrives
2. CALL 911 - Give the appropriate information and give directions directly to your field/location
3. Get AED - Retrieve closest AED and/or necessary emergency equipment
4. Unlock Gates - Make sure all necessary gates are unlocked and flag down emergency rigs (or contact a custodian/supervisor to do this)
5. Contact the athlete’s emergency contact - Designate someone to ride in ambulance
6. All additional personnel should assist with crowd control around the scene



MLK High School Emergency Action Plan

ATHLETIC TRAINING ROOM

IMPORTANT INFORMATION	
School Address:	9301 Wood Road Riverside, CA 92508
Cross Streets:	Van Buren Blvd and Wood Road
Directions:	Utilize *Entrance #1 (main entrance). Turn onto MLK Road from Wood Road. Proceed straight down through the main parking lot until it dead ends then turn left. The ATR is room H110, to the right of the gymnasium.
Emergency Equipment:	Closest AED: ATR (H110B) Others: Gym ticket booth, stadium ticket booth, health office First-aid supplies, splints, crutches: Athletic Training Room (H110)
Closest Medical Facilities:	Riverside Urgent Care (0.5 mi) (Hours: 9:00am - 9:00pm) 18876 Van Buren Blvd Suite 101 Riverside, CA 92508 Riverside Community Hospital (9.5 mi) (24-hour Emergency Room) 4445 Magnolia Avenue Riverside, CA 92501 Kaiser Moreno Valley (13 mi) (24-hour Emergency Room) 27300 Iris Ave Moreno Valley, CA 92555

EMERGENCY PERSONNEL		
Athletic Trainer	<i>Name</i>	<i>Phone Number</i>
Athletic Director	<i>Name</i>	<i>Phone Number</i>
Principal	<i>Name</i>	<i>Phone Number</i>
Night Custodian	<i>Name</i>	<i>Phone Number</i>

GENERAL PROCEDURES
Designate a separate person to complete each of the following tasks:
1. Provide Care - Care for injured athlete/s until EMS arrives
2. CALL 911 - Give the appropriate information and give directions directly to your field/location
3. Get AED - Retrieve closest AED and/or necessary emergency equipment
4. Unlock Gates - Make sure all necessary gates are unlocked and flag down emergency rigs (or contact a custodian/supervisor to do this)
5. Contact the athlete's emergency contact - Designate someone to ride in ambulance
6. All additional personnel should assist with crowd control around the scene



MLK High School Emergency Action Plan

BOYS LOCKER ROOMS

IMPORTANT INFORMATION	
School Address:	9301 Wood Road Riverside, CA 92508
Cross Streets:	Van Buren Blvd and Wood Road
Directions:	Utilize *Entrance #1 (main entrance). Turn onto MLK Road from Wood Road. Proceed straight down through the main parking lot and drive onto campus through the big metal gate. Turn left just before the portable classrooms and the locker rooms are on your left-hand side.
Emergency Equipment:	Closest AED: Stadium ticket booth Others: Gym ticket booth, ATR First-aid supplies, splints, crutches: Athletic Training Room (H110)
Closest Medical Facilities:	Riverside Urgent Care (0.5 mi) (Hours: 9:00am - 9:00pm) 18876 Van Buren Blvd Suite 101 Riverside, CA 92508 Riverside Community Hospital (9.5 mi) (24-hour Emergency Room) 4445 Magnolia Avenue Riverside, CA 92501 Kaiser Moreno Valley (13 mi) (24-hour Emergency Room) 27300 Iris Ave Moreno Valley, CA 92555

EMERGENCY PERSONNEL		
Athletic Trainer	<i>Name</i>	<i>Phone Number</i>
Athletic Director	<i>Name</i>	<i>Phone Number</i>
Principal	<i>Name</i>	<i>Phone Number</i>
Night Custodian	<i>Name</i>	<i>Phone Number</i>

GENERAL PROCEDURES
Designate a separate person to complete each of the following tasks:
1. Provide Care - Care for injured athlete/s until EMS arrives
2. CALL 911 - Give the appropriate information and give directions directly to your field/location
3. Get AED - Retrieve closest AED and/or necessary emergency equipment
4. Unlock Gates - Make sure all necessary gates are unlocked and flag down emergency rigs (or contact a custodian/supervisor to do this)
5. Contact the athlete's emergency contact - Designate someone to ride in ambulance
6. All additional personnel should assist with crowd control around the scene



MLK High School Emergency Action Plan

GIRLS LOCKER ROOMS

IMPORTANT INFORMATION	
School Address:	9301 Wood Road Riverside, CA 92508
Cross Streets:	Van Buren Blvd and Wood Road
Directions:	Utilize *Entrance #1 (main entrance). Turn onto MLK Road from Wood Road. Proceed straight down through the main parking lot until it dead ends then turn left. The locker rooms are right in front of the handicap parking spaces.
Emergency Equipment:	Closest AED: Gym ticket booth (H109A) Others: ATR, stadium ticket booth First-aid supplies, splints, crutches: Athletic Training Room (H110)
Closest Medical Facilities:	Riverside Urgent Care (0.5 mi) (Hours: 9:00am - 9:00pm) 18876 Van Buren Blvd Suite 101 Riverside, CA 92508 Riverside Community Hospital (9.5 mi) (24-hour Emergency Room) 4445 Magnolia Avenue Riverside, CA 92501 Kaiser Moreno Valley (13 mi) (24-hour Emergency Room) 27300 Iris Ave Moreno Valley, CA 92555

EMERGENCY PERSONNEL		
Athletic Trainer	<i>Name</i>	<i>Phone Number</i>
Athletic Director	<i>Name</i>	<i>Phone Number</i>
Principal	<i>Name</i>	<i>Phone Number</i>
Night Custodian	<i>Name</i>	<i>Phone Number</i>

GENERAL PROCEDURES
Designate a separate person to complete each of the following tasks:
1. Provide Care - Care for injured athlete/s until EMS arrives
2. CALL 911 - Give the appropriate information and give directions directly to your field/location
3. Get AED - Retrieve closest AED and/or necessary emergency equipment
4. Unlock Gates - Make sure all necessary gates are unlocked and flag down emergency rigs (or contact a custodian/supervisor to do this)
5. Contact the athlete's emergency contact - Designate someone to ride in ambulance
6. All additional personnel should assist with crowd control around the scene

