

**ARTICLE 290
SWIMMING AND DIVING**

2900. STATE CHAMPIONSHIPS

State Swimming and Diving Championships will be conducted in the Spring.

**NOTE: For related policies please consult the swimming and diving section in the Blue Pages.
(Approved February 2014 Federated Council)**

2901. RULES

All swimming and diving competition in the Southern Section will be conducted under National Federation rules unless otherwise provided.

<>2902. STARTING DATES FOR INTERSCHOLASTIC CONTESTS

No interscholastic meets (non-league, invitational, or league) may be scheduled prior to February 22.

2903. MAXIMUM TEAM CONTESTS

A swimming team will be permitted to compete in no more than 14 meets during the season, including dual, triangular meets, and invitationals. There is no limit to the number of invitationals a team may enter (not to exceed 14 meets during the season). The league championship meet and the CIF Southern Section Championship Meets are not considered part of the charged limits.

<>2904. END OF COMPETITION

All diving competition must end on or before Monday, April 28. All swimming competition must end on or before Friday, May 3.

<>QUESTION: Are contest(s) at any level allowed after the submission of league entries?

<>ANSWER: No, once the league entries have been submitted no other contest(s) are allowed to be played. See last allowable contest date on the sports calendar.

2905. OUTSIDE COMPETITION BY AN INDIVIDUAL

2905.1 Refer to Article 60 for specific guidelines.

2905.2 International competition during the season of sport, (sanctioned by the amateur governing body for swimming in the U.S.) by gifted swimmers traveling to a foreign country is permissible for athletes who have successfully petitioned in advance to the CIF Southern Section Commissioner for competition.
NOTE: You MUST ask the Section for permission in writing.

2905.3 A member of a high school swimming team, during the season of sport, may compete in outside water polo competition.

2905.4 High school divers will be permitted to enter outside diving competition during the season of sport as unattached individuals.

2906. MAXIMUM ATHLETIC CONTESTS IN ONE DAY

No team member will be permitted to compete in two different meets on the same day.

2907. SPECIAL RULES FOR SWIMMING

<>2907.1 Students who attend schools that do not field swimming teams may compete as individuals representing their school of attendance.

QUESTION: What is the qualifying procedure for a student into the CIF Southern Section prelims who attends a league which does not offer swimming?

ANSWER: Initially, if the league of which the school is a member conducts swimming, the student must be provided the opportunity to qualify at this level. If the league does not offer swimming, the school at the beginning of the season, must request freelance status. The student must meet the specific qualifying times for entry into the CIF Southern Section prelims, with all qualifying times being met in a CIF Southern Section sanctioned meet and/or invitational.

- 2907.2 When a meet is held in a pool that is not properly marked, the host school is required to furnish uniform markers, the use of which is legal in all CIF Southern Section swim meets.
- 2907.3 In the CIF Southern Section swim program, diving will be conducted as an open event, but points scored will be counted only in the varsity division. Students will be permitted to enter diving and still compete in varsity, junior varsity, or frosh-soph swimming as long as the individual's total does not exceed four events.
- 2907.4 When a school, representing a league which has diving, meets a school in practice competition from a league where diving is not conducted, diving competition will be held as an exhibition event with no points scored.
- 2907.5 CIF Southern Section swimming records may be established only in CIF Southern Section championship competition.

NOTE: When competition is conducted in 8 lanes or more (open lanes count toward the 8), 2 officials will be required for CIF time standard verification. If 2 officials cannot be obtained, qualification will only be recognized within the first 6 lanes (open lanes count toward the 6) from the starter.

2908. ORDER OF EVENTS

200-yard Medley Relay	100-yard Freestyle
200-yard Freestyle	500-yard Freestyle
200-yard Individual Medley	200-yard Freestyle Relay
50-yard Freestyle	100-yard Backstroke
Diving	100-yard Breaststroke
100-yard Butterfly	400-yard Freestyle Relay

NOTE: By league option, swim distances for non-varsity levels may be shortened.

2909. PLAYOFFS

The CIF Southern Section Championship Swimming and Diving meets for varsity level only shall be on the dates established by the CIF Southern Section Council.

- 2909.1 Refer to Article 35 (Playoffs) for details regarding playoff information. (Specific information will be contained in playoff information bulletins.)