

**ARTICLE 250  
LACROSSE**

---

**2500. REFER TO SECTION BYLAWS**

---

CIF Bylaws have established Boys and Girls Lacrosse as spring sports.

---

**2501. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK**

---

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, flag football, football, lacrosse, soccer, softball, volleyball, and water polo. (Revised to include lacrosse November 2000 Federated Council/Editorial May 2023)

---

**2502. RULES**

---

Girls Lacrosse - All girl's lacrosse contests in the CIF Southern Section will be played under the U.S. Lacrosse rules endorsed by the National Federation, unless otherwise provided herein.

Boys Lacrosse - All boy's lacrosse contests in the CIF Southern Section will be played under the National Federation rules unless otherwise provided herein.

---

**2503. SCRIMMAGES**

---

2503.1 SCRIMMAGES: In the CIF-SS an interscholastic scrimmage in lacrosse is a training session between a minimum of two schools where no score is kept, free substitution and time-outs are permitted, and spectators are not urged to attend. (See Q & A following bylaw 220.8 for definition.) A carnival may be conducted in lieu of an interscholastic scrimmage and must be sanctioned by the Commissioner.

<>2503.2 Schools are permitted one interscholastic scrimmage which may not be held prior to February 10 and must be held prior to the team's first interscholastic contest (non-league, league or tournament).

---

**2504. TOURNAMENTS**

---

A team may not be entered in more than three tournaments.

2504.1 For each tournament, a team will be charged two games toward the allowable maximum number of contests.

QUESTION: Can a school enter two teams in the same tournament at the same level (i.e. varsity "A" and varsity "B")?

ANSWER: If a school chooses to split a single team into two teams in the same tournament at the same level, they will be charged one for one for all games played by both teams against the maximum 28 contests. i.e.. 6 total games played by both teams (3 by each team) counts as 6 games against the 28 maximum contests.

2504.2 All tournaments, regardless of the number of teams participating, are allowed a maximum of 5 games while still counting as 2 of your allowable contests.

2504.3 Tournament managers are responsible for notifying participating schools of the number of games and/or teams participating in the tournament.

NOTE: Two contests could be played in the SAME TOURNAMENT only, but not two games in two different tournaments (see Bylaw 1227).

EXCEPTION: Girls' lacrosse and lower level boys' lacrosse - the number of contests on a non-school day is not to exceed a total of 150 minutes for that day.

---

**2505. STARTING DATES FOR INTERSCHOLASTIC CONTESTS**

---

No interscholastic contest (non-league, tournament or league) may be scheduled prior to February 10.

---

**2506. MAXIMUM TEAM CONTESTS**

---

A lacrosse team will be permitted to play no more than 20 games during the season, including tournaments, but excluding CIF Southern Section, CIF State Playoffs, Section Foundation or Scholarship Games or League culminating tournaments.

2506.1 FACULTY: Each team will be permitted to play one game with the faculty which will not count toward the allowable number of contests.

2506.2 ALUMNI: Each team will be permitted to play one Alumni contest, which will not count toward the allowable number of contests.

---

**<>2507. END OF COMPETITION**

---

All competition must end on or before Wednesday, April 23.

<>QUESTION: Are contest(s) at any level allowed after the submission of league entries?

<>ANSWER: No, once the league entries have been submitted no other contest(s) are allowed to be played. See last allowable contest date on the sports calendar.

---

**2508. OUTSIDE COMPETITION BY AN INDIVIDUAL**

---

*During Individual's Season of Sport* - A member of a high school lacrosse team may *not*, during his or her season of sport, *compete* for an outside team in the sport of lacrosse. A season of sport is defined as that period which begins with student's first interscholastic competition (non-league, tournament or league game) and ends with that student's last interscholastic contest (non-league, tournament or CIF Southern Section playoff). (See Bylaw 504.)

---

**2509. SPORTSMANSHIP**

---

Contrary to certain aspects of professional lacrosse, the players and coaches on CIF Southern Section lacrosse teams are expected to accept the officials' decisions and to refrain from unsportsmanlike gestures and remarks to opposing players and officials. It is the direct responsibility of the coach to control such unsportsmanlike actions and remarks on the part of his players or bench. In the event the coach does not accept this responsibility, the official shall have the right to remove the offender from the scene of the contest.

---

**<>2510. LENGTH OF GAMES**

---

<>2510.1 GIRLS LACROSSE - The duration of all levels of girl's games shall be four twelve-minute periods. There shall be two-minute intervals between the first and second periods and between the third and fourth periods. The intermission between the second and third period shall not exceed ten minutes.

2510.2 BOYS LACROSSE - The duration of all levels of boy's games shall be four twelve-minute periods. There shall be two-minute intervals between the first and second periods and between the third and fourth periods. The intermission between the second and third period shall not exceed ten minutes.

---

**2511. SPECIAL RULES FOR GIRLS' LACROSSE**

---

2411.1(A) A player who receives a straight red card in any game (non-league, tournament, league or playoff) may not play for the duration of the game and will adhere to the appropriate number of subsequent game suspensions in accordance with bylaw 503.M.

2411.1(B) A player who receives two yellow cards in any game (non-league, tournament, league or playoff) may not play for the duration of the game. The player will be eligible for the team's next game .

---

**2512. PLAYOFFS**

---

Refer to Article 35 (Playoffs) for information regarding playoff information.

**ARTICLE 260  
SKIING**

---

**2600. SKIING**

---

Skiing is not a sanctioned interscholastic sport in the CIF Southern Section.