

**ARTICLE 200  
FIELD HOCKEY**

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**2000. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK**

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Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, flag football, football, lacrosse, soccer, softball, volleyball, and water polo.

(Revised to include lacrosse November 2000 Federated Council/Editorial May 2023)

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**2001. RULES**

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All field hockey games in the CIF Southern Section will be played under National Federation Field Hockey rules unless otherwise provided herein.

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**2002. SCRIMMAGES**

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An interscholastic scrimmage in field hockey is a training session between a minimum of two and a maximum of three schools where no score is kept, free substitutions and time-outs are permitted, and spectators are not urged to attend. (See Q & A following Bylaw 220.8 for definition.)

<>2002.1 Schools are permitted one interscholastic scrimmage which may not be held prior to August 13 and must be held prior to team's first interscholastic contest (non-league, tournament or league).

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**2003. TOURNAMENTS**

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A team may not be entered in more than three tournaments.

2003.1 For each tournament, a team will be charged two games toward the allowable maximum number of contests.

**QUESTION:** Can a school enter two teams in the same tournament at the same level (i.e. varsity "A" and varsity "B")?

**ANSWER:** If a school chooses to split a single team into two teams in the same tournament at the same level they will be charged one allotted tournament for each team entered. If a school enters a varsity "A" and a varsity "B" team, they will be charged for two (2) of the allowable three (3) tournaments for the season.

2003.2 All tournaments, regardless of the number of teams participating, are allowed a maximum of 5 games while still counting as 2 of your allowable contests.

2003.3 Tournament managers are responsible for notifying participating schools of the number of games and/or teams participating in the tournament.

NOTE: Two contests could be played in the SAME TOURNAMENT only, but not two games in two different tournaments (See Bylaw 2010).

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**<>2004. STARTING DATES FOR INTERSCHOLASTIC CONTESTS**

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No interscholastic contests (non-league, tournament or league) may be scheduled prior to August 13.

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**2005. MAXIMUM TEAM CONTESTS**

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A field hockey team will be permitted to play no more than 20 games during the season, including tournaments and invitationals.

2005.1 FACULTY: Each team will be permitted to play one game with the faculty which will not count toward the allowable number of contests.

2005.2 ALUMNI: Each team will be permitted to play one Alumni contest which will not count toward the allowable number of contests.

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**<>2006. END OF COMPETITION**

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All competition must end on or before Saturday, November 2.

**<>QUESTION:** Are contest(s) at any level allowed after the submission of league entries?

**<>ANSWER:** No, once the league entries have been submitted no other contest(s) are allowed to be played. See last allowable contest date on the sports calendar.

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**2007. OUTSIDE COMPETITION BY AN INDIVIDUAL**

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Refer to Article 60 for specific guidelines.

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**2008. MAXIMUM ATHLETIC CONTESTS IN ONE DAY**

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Refer to Blue Book Bylaw 1227 for specific information on maximum contests in one day. In field hockey, a player may participate in two games in one day when the halves in both games are not more than 20 minutes in length.

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**2009. CHINGFORD COMPOSITION BALL**

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The Chingford composition ball may be used for CIF Southern Section contests.

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**2010. COLOR OF UNIFORM TOPS**

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In all field hockey games played between member schools of the CIF Southern Section, the host team shall wear solid white tops, and the visiting team shall wear solid black or dark colored tops. If a team has only one set of uniforms, it will be its responsibility to notify the opponent in sufficient time in advance of any scheduled contest, so that proper arrangements can be made to make certain both teams have contrasting colored uniform tops.

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**2011. PLAYOFFS**

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Refer to Article 35 (Playoffs) for details regarding playoff information.

2011.1 GIRL'S TEAM FIELD HOCKEY CHAMPIONSHIPS (No playoffs - See Bylaw 3500.2)