

CIF Southern Section
10932 Pine Street
Los Alamitos, CA



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562.493.9500

April 23, 2024

To: Athletic Directors and Head Softball Coaches
Re: Reminder Bylaw 2813.2 No Batting Practice in the CIFSS Playoffs

CIF Southern Section A.D.s and Head Softball Coaches,

Please review the following language posted in our 2024 playoff bulletin. Bylaw 2813.2 requires that teams may not have batting practice the day of a playoff game. The definition of batting practice as created by the CIFSS baseball advisory committee can be found in the playoff bulletin, and is also included below:

[2024 Softball Playoff Bulletin](#)

PRE-GAME BATTING PRACTICE - Includes bunting or slap hitting. Teams entered in the softball playoffs WILL NOT be permitted to take batting practice on the day of the scheduled contest. (CIF Southern Section Blue Book Bylaw 2813.2)

Batting practice is construed as any type of pitching motion with ANY type of ball from in front of the batter (including pitching machines, underhand tossing, overhand throwing, or pepper).

SIDE SOFT TOSS and BATTING TEES WILL BE ACCEPTABLE FOR PRE-GAME BATTING WARMUP.

The player who tosses the ball must not be standing; they must be sitting or on a knee directly to the side facing the batter. The ball should be lifted, not pitched, to the batter. Coaches are responsible for instructing and alerting all players of this rule. Coaches should also instruct players on the correct allowable position a person tossing ball should be in. At no time should the person tossing the ball be any place other than directly to the side of the "plate" and directly facing the batter.

A potential batting practice violation is not a violation under NFHS rules that can be protested. If the situation occurs the coach must bring the issue to the attention of the home plate umpire at the pre-game meeting and ask that it be recorded. The umpire will then forward that information in a report to our office after the game is over. The game is not played under protest.

THE PENALTY FOR BATTING PRACTICE MAY BE FORFEITURE OF THE GAME. Games will start at the scheduled time and each team will be allowed a maximum of 15 minutes for infield practice.

All the best,



THOM SIMMONS • Assistant Commissioner

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