

**#ARTICLE 290  
SWIMMING AND  
DIVING**

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**#2900. STATE CHAMPIONSHIPS**

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State swimming and diving Championships will be conducted in the spring.

**NOTE:** For related policies please consult the swimming and diving section in the blue pages.  
(Approved February 2014 Federated Council)

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**#2901. RULES**

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All swimming and diving competition in the Southern Section will be conducted under National Federation rules unless otherwise provided.

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**<>#2902. STARTING DATES FOR INTERSCHOLASTIC CONTESTS**

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No interscholastic meets (non-league, invitational, or league) may be scheduled prior to February 17.

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**#2903. MAXIMUM TEAM CONTESTS**

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A swimming team will be permitted to compete in no more than 14 meets during the season, including dual, triangular meets, and invitationals. There is no limit to the number of invitationals a team may enter (not to exceed 14 meets during the season). The league championship meet and the CIF Southern Section Championship Meets are not considered part of the charged limits.

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**<>#2904. END OF COMPETITION**

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All league diving competition for entries must end on or before Monday, April 22. All league swimming competition for entries must end on or before Friday, April 26. Schools may compete until April 27 for non-league contests.

**NOTE:** Saturday, April 27, competition may NOT be used for CIF-SS qualifying.

QUESTION:	Will contest(s) played after the completion of league play and/or submission of league entries impact seeding or rankings?
<>ANSWER:	No, once the league entries have been submitted a school will be seeded and ranked based on those results.

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**#2905. OUTSIDE COMPETITION BY AN INDIVIDUAL**

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#2905.1 Refer to Article 60 for specific guidelines.

<>#2905.2 International competition during the season of sport, (sanctioned by the amateur governing body for swimming in the U.S.) by gifted swimmers traveling to a foreign country is permissible for athletes who have successfully petitioned in advance to the CIF Southern Section Commissioner for competition.

<>NOTE: You MUST ask Section permission in writing.

#2905.3 A member of a high school swimming team, during the season of sport, may compete in outside water polo competition.

#2905.4 High school divers will be permitted to enter outside diving competition during the season of sport as unattached individuals.

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**#2906. MAXIMUM ATHLETIC CONTESTS IN ONE DAY**

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No team member will be permitted to enter two different meets on the same day.

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**#2907. SPECIAL RULES FOR SWIMMING**

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#2907.1 Students who attend schools that do not field swimming teams may compete in outside competition until entering CIF Southern Section Competition.

QUESTION:	What is the qualifying procedure for a student into the CIF Southern Section prelims who attends a school which does not offer swimming?
ANSWER:	Initially, if the league of which the school is a member conducts swimming, the student must be provided the opportunity to qualify at this level. If the league does not offer swimming, the school must request freelance status and the student must meet the specific qualifying times for entry into the CIF Southern Section prelims, with all qualifying times being met in a CIF Southern Section sanctioned meet and/or invitational.

#2907.2 When a meet is held in a pool that is not properly marked, the host school is required to furnish uniform markers, the use of which is legal in all CIF Southern Section swim meets.

<>#2907.3 In the CIF Southern Section swim program, diving will be conducted as an open event, but points scored will be counted only in the varsity division. Students will be permitted to enter diving and still compete in varsity, junior varsity, or frosh-soph swimming as long as the individual's total does not exceed four events.

#2907.4 When a school, representing a league which has diving, meets a school in practice competition from a league where diving is not conducted, diving competition will be held as an exhibition event with no points scored.

#2907.5 CIF Southern Section swimming records may be established only in CIF Southern Section championship competition.

NOTE: When competition is conducted in 8 lanes or more (open lanes count toward the 8), 2 officials will be required for CIF time standard verification. If 2 officials cannot be obtained, qualification will only be recognized within the first 6 lanes (open lanes count toward the 6) from the starter.

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**#2908. ORDER OF EVENTS**

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200-yard Medley Relay	100-yard Freestyle
200-yard Freestyle	500-yard Freestyle
200-yard Individual Medley	200-yard Freestyle Relay
50-yard Freestyle	100-yard Backstroke
Diving	100-yard Breaststroke
100-yard Butterfly	400-yard Freestyle Relay

NOTE: By league option, swim distances for less than varsity levels may be shortened.

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**#2909. PLAYOFFS**

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The CIF Southern Section Championship Swimming and Diving meets for varsity level only shall be on the dates established by the CIF Southern Section Council.

#2909.1 Refer to Article 35 (Playoffs) for details regarding playoff information. (Specific information will be contained in playoff information bulletins.)