
1227. SUNDAY RESTRICTION - APPLIES TO ALL SPORT SECTIONS

A school may not play nor conduct a practice of any type on Sunday during the season of sport.

QUESTION:	May a team be assembled on Sunday for a “skill session” or review a game film?
ANSWER:	Neither of these activities would be permitted.
QUESTION:	Does a meeting on Sunday of a single student with a coach constitute a violation of Sunday Restriction?
ANSWER:	Yes, the intent of Sunday Restriction is to allow no contact with student athletes on
QUESTION:	What constitutes a scrimmage or practice on Sunday?
ANSWER:	Any preparation of an upcoming contest in which a player or players meet with the coach(es) on a Sunday is prohibited.
QUESTION:	If my club/travel team coach is also my high school coach can we meet on Sundays under the guidelines/ parameters of the club/ travel program?
ANSWER:	No, the relationship of the club/ travel team does not release the student and/or coach from the Sunday Contact Rule during the season of sport.

1228. NOISEMAKERS PROHIBITED - APPLIES TO ALL SPORT SECTIONS

No noisemakers (horns, bells, victory bells, sirens, chimes, musical instruments other than those in the band, etc.) will be permitted inside the gymnasium, stadium or playing fields at any CIF Southern Section contest (non-league, league, tournament or playoff). Cheering devices such as wooden blocks, or other similar objects, are prohibited. Megaphones shall be used only by uniformed cheerleaders for the purpose of directing and controlling rooting sections. The improper use of any of the above listed devices by supporters of a team would subject that team to possible forfeiture of the contest.

**ARTICLE 130
BOXING**

1300. BOXING

The 1300 series has been incorporated into Bylaw 1200.
(Revised May 2008 Federated Council)