

CIF-SS FORD TRACK AND FIELD MASTER MEET

Moorpark HS * Saturday, May 20, 2023 * Stadium will open at 10:00 am for spectators

No Dogs/Pets allowed inside Moorpark facilities

Ticket Prices: Adults - \$12, High School Students w/ ID - \$5 / Children 5-13 years old - \$5
Tickets will be on sale through GoFan only @ <https://gofan.co>. Parking \$10 (cash only)

A GoFan convenience fee will be added to the price of each ticket

- A smartphone is required for redemption of purchased ticket.
- No paper tickets allowed.
- No screenshots of ticket allowed.
- A smartphone will be required to purchase tickets via a QR code the day of the event.
- No cash sales for ticket purchases.

Time Schedule – The time schedule is an approximate schedule. Races will run in sequence without delay. Alternates must check-in with the Clerk of Course prior to their event being called. The alternates need to report ready to run when the event is Clerked.

RUNNING EVENTS: 3/16 maximum length

Note: The time schedule will be adhered to within a 3 - 5 minute window.

Girls 400m Relay	1:00	Boys 800m	2:29
Boys 400m Relay	1:08	Girls 300m LH	2:38
Girls 1600	1:17	Boys 300m IH	2:45
Boys 1600	1:28	Girls 200m	2:53
Girls 100m HH	1:40	Boys 200m	3:00
Boys 110m HH	1:47	Girls 4 x 800 Relay	3:10
Girls 400m	1:55	Boys 4 x 800 Relay	3:25
Boys 400m	2:02	Girls 3200	3:40
Girls 100m	2:09	Boys 3200	3:57
Boys 100m	2:15	Girls 1600m Relay	4:12
Girls 800m	2:22	Boys 1600m Relay	4:22

FIELD EVENTS - Warm-ups may begin at 10:30am except as noted below

GIRLS DISCUS - 11:30 a.m. (Warmups may begin at 10:30 a.m.)

BOYS DISCUS - To follow girls

Note: Discus must be weighed and measured at the Field House prior to competition ALL athletes must be dressed in a proper, school issued, track uniform.

BOYS SHOT PUT - 11:30 a.m. (Warmups may begin at 10:30 a.m.)

GIRLS SHOT PUT - To follow boys

Note: Athletes must provide their own shots. Shots must be engraved with the appropriate weight. ALL athletes must be dressed in a proper, school issued, track uniform.

GIRLS LONG JUMP - 11:30 a.m. (Warmups may begin at 10:30 a.m.) - GREEN flag pit

BOYS LONG JUMP – 11:30 a.m. (Warmups may begin at 10:30 a.m.) – GOLD flag pit

ALL athletes must be dressed in a proper, school issued, track uniform.

BOYS TRIPLE JUMP – To follow long jump (Warmups may begin at 10:30 a.m.)

GIRLS TRIPLE JUMP – To follow long jump (Warmups may begin at 10:30 a.m.)

ALL athletes must be dressed in a proper, school issued, track uniform.

BOYS HIGH JUMP - 11:30 a.m. (Warmups may begin at 10:30 a.m.)

GIRLS HIGH JUMP - To follow boys

ALL athletes must be dressed in a proper, school issued, track uniform.

BOYS POLE VAULT - 11:30 a.m. (Warmups may begin at 10:45 a.m.)

GIRLS POLE VAULT - To follow boys

Note: All pole vaulter's weight and pole must be certified by the COACH at the Field Event Clerk gate at the west side of the stadium prior to the event. ALL athletes must be dressed in a proper, school issued, track uniform.

MOORPARK HIGH SCHOOL

CIF-SS Ford Track and Field Divisional Championship Finals Saturday, May 13, 2023

CIF-SS Ford Track and Field Masters Meet Saturday, May 20, 2023

Coach Packet Pick-up/Entrance – Lot A
Student Drop off/pick up off Mountain Trail

Parking \$10 (cash only)
No Dogs/Pets allowed inside facilities

