

2023 CIF-SS Division 3 - 4/26/2023 to 5/6/2023
2023 CIF-SS Ford Div 3 Swimming & Diving Champs
Session Report

Session: 2 D3 Swimming Prelims

Day of Meet: 9 Starts at 09:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	3 Girls 200 Medley Relay Varsity	37	5	09:00 AM	_____
Prelims	4 Boys 200 Medley Relay Varsity	36	4	09:16 AM	_____
Prelims	5 Girls 200 Freestyle Varsity	37	5	09:27 AM	_____
Prelims	6 Boys 200 Freestyle Varsity	36	4	09:41 AM	_____
Prelims	7 Girls 200 IM Varsity	37	5	09:52 AM	_____
Prelims	8 Boys 200 IM Varsity	36	4	10:08 AM	_____
Prelims	9 Girls 50 Freestyle Varsity	38	5	10:19 AM	_____
Prelims	10 Boys 50 Freestyle Varsity	36	4	10:25 AM	_____
Prelims	25 Mixed 50 Freestyle Paralympic Varsity	2	1	10:30 AM	_____
	Break: 15 Minutes:				
Prelims	11 Girls 100 Butterfly Varsity	36	4	10:47 AM	_____
Prelims	12 Boys 100 Butterfly Varsity	36	4	10:54 AM	_____
Prelims	13 Girls 100 Freestyle Varsity	36	4	11:01 AM	_____
Prelims	14 Boys 100 Freestyle Varsity	36	4	11:08 AM	_____
Prelims	15 Girls 500 Freestyle Varsity	37	5	11:14 AM	_____
Prelims	16 Boys 500 Freestyle Varsity	36	4	11:47 AM	_____
Prelims	17 Girls 200 Freestyle Relay Varsity	36	4	12:11 PM	_____
Prelims	18 Boys 200 Freestyle Relay Varsity	36	4	12:21 PM	_____
Prelims	19 Girls 100 Backstroke Varsity	36	4	12:30 PM	_____
Prelims	20 Boys 100 Backstroke Varsity	36	4	12:39 PM	_____
Prelims	21 Girls 100 Breaststroke Varsity	36	4	12:47 PM	_____
Prelims	22 Boys 100 Breaststroke Varsity	36	4	12:55 PM	_____
Prelims	23 Girls 400 Freestyle Relay Varsity	36	4	01:02 PM	_____
Prelims	24 Boys 400 Freestyle Relay Varsity	36	4	01:21 PM	_____
	Swimmers Counts for Warm-ups: 598	=====	=====		
	Entry / Heat Totals:	800	94		
	Finish Time			01:38 PM	_____

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Meet Program - D3 Swimming Prelims

Event 3 Girls 200 Yard Medley Relay Varsity

Div 3 Meet: 1:41.79 2014 Crean Lutheran

E Eastin, R Taylor, E Eastin, L Engel

NFHS Record: 1:36.98 2/11/2023 Carmel (IN)

B Berglund, M Sweeney, A Shackey, M Christman

AA Auto: 1:44.25

AA Cons: 1:46.16

Lane	Team	Relay	Seed Time
Heat 1 of 5 Prelims			
4	Buena		2:02.91
5	Warren		2:02.65
6	Torrance		2:02.78
Heat 2 of 5 Prelims			
2	Oxford		2:02.54
3	Redlands EV		2:02.33
4	Flintridge SH		2:02.23
5	Fullerton		2:01.74
6	Oak Park		2:01.79
7	Webb		2:02.26
8	St. Margarets		2:02.50
Heat 3 of 5 Prelims			
1	Castaic		2:01.60
2	Crean Lutheran		2:00.68
3	Chaparral		1:59.00
4	Whitney		1:57.22
5	Xavier Prep		1:54.91
6	La Serna		1:56.62
7	Poly/Pasadena		1:58.32
8	Corona		1:59.81
9	Downey		2:01.42
Heat 4 of 5 Prelims			
1	Foothill Tech		2:01.57
2	Palm Desert		2:00.39
3	Quartz Hill		1:58.77
4	North Torrance		1:57.22
5	Murrieta Valley		1:54.55
6	Upland		1:56.34
7	Temecula Valley		1:57.64
8	Santa Barbara		1:59.68
9	Alta Loma		2:01.33
Heat 5 of 5 Prelims			
1	Costa Mesa		2:01.44
2	Temescal Canyon		1:59.87
3	Palos Verdes		1:58.38
4	Carpinteria		1:56.99
5	Redlands		1:54.28
6	Claremont		1:55.13
7	Rancho Cucamonga		1:57.60
8	DV		1:59.20
9	Nordhoff		2:00.85
Alternates			
1	Yucaipa		2:03.01
2	Cypress		2:03.35
3	Elsinore		2:03.40

4 Cate

2:03.83

Event 4 Boys 200 Yard Medley Relay Varsity

Div 3 Meet: 1:33.78 2008 Oaks Christian

C Baratte, N Koon, C Bloch, M Craft

NFHS Record: 1:26.88 2/26/2022 Carmel (IN)

S Sullivan, R Malicki, A Shackey, C Selby

AA Auto: 1:32.90

AA Cons: 1:34.48

Lane	Team	Relay	Seed Time
Heat 1 of 4 Prelims			
1	Maranatha		1:48.75
2	Citrus Valley		1:48.59
3	Vista Murrieta		1:47.75
4	Redlands EV		1:47.19
5	Oak Park		1:47.09
6	Elsinore		1:47.14
7	Pasadena		1:47.44
8	Arlington		1:47.90
9	El Modena		1:48.59
Heat 2 of 4 Prelims			
1	La Quinta-Westmi		1:46.95
2	Calabasas		1:45.65
3	Quartz Hill		1:44.49
4	Chaparral		1:42.93
5	Costa Mesa		1:40.30
6	Rio Mesa		1:41.08
7	Palos Verdes		1:43.49
8	Garden Grove		1:45.39
9	La Mirada		1:46.29
Heat 3 of 4 Prelims			
1	Hart		1:46.65
2	South Torrance		1:45.59
3	Downey		1:44.05
4	Cate		1:42.34
5	Viewpoint		1:39.78
6	Rowland		1:41.02
7	Esperanza		1:43.37
8	Ventura		1:44.77
9	Great Oak		1:46.07
Heat 4 of 4 Prelims			
1	La Serna		1:46.64
2	Bishop Montgomer		1:45.59
3	Carpinteria		1:43.51
4	Marina		1:41.71
5	Crossroads		1:39.28
6	Alta Loma		1:40.54
7	Bonita		1:43.25
8	Cypress		1:44.63
9	Burroughs-Ridg		1:45.66
Alternates			
1	Temecula Valley		1:48.93
2	Aleman		1:49.06
3	St. John Bosco		1:49.19
4	Castaic		1:49.32

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Meet Program - D3 Swimming Prelims

Event 5 Girls 200 Yard Freestyle Varsity

Div 3 Meet: 1:47.48	2007	Emily Bibb
NFHS Record: 1:42.81	2008	Dagny Knutson
AA Auto: 1:48.76		
AA Cons: 1:50.56		

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 5 Prelims

4	Abigail Davies	Fr	Chadwick		2:07.90
5	Kendall Nagaoka	Jr	Buena		2:07.57
6	Frances Lawton	Fr	Marymount		2:07.62

Heat 2 of 5 Prelims

2	Marisol Cowles	So	Flintridge SH		2:07.22
3	Tallula Murphree	So	Malibu		2:06.26
4	Roxanne Williams	Sr	Yucaipa		2:05.67
5	Delilah Moreno	Sr	Schurr		2:05.48
6	Alyssa McClure	Jr	La Serna		2:05.52
7	Holly Farnoush	Jr	La Serna		2:06.07
8	Allie Jones	Jr	Cypress		2:07.05

Heat 3 of 5 Prelims

1	Lilliana Nemetz	Jr	Carpinteria		2:05.33
2	Autumn Moya	So	Corona		2:03.46
3	AliMarie DePrez	Jr	Claremont		2:02.05
4	Makiah Redson	Sr	Maranatha		1:59.59
5	Charlie Woo-Bloxberg	So	Foothill Tech		1:55.66
6	Cynthia Hu	Fr	Foothill Tech		1:58.33
7	Melina Seider	Fr	Nordhoff		2:00.08
8	Isabelle Drossel	Jr	Quartz Hill		2:02.71
9	Carly Berzins	Fr	Alta Loma		2:04.79

Heat 4 of 5 Prelims

1	Elisha de Vera	Fr	Redlands		2:05.13
2	Natalia Ferrette	Jr	Chaparral		2:02.87
3	Madison Tran	Sr	Oak Park		2:01.40
4	Abby Webber	Jr	Santa Barbara		1:58.93
5	Morgan Carles	So	Ocean View		1:54.82
6	Maya Chin	Fr	Webb		1:57.28
7	Julia Pisano	So	Poly/Pasadena		1:59.86
8	Miranda McKellar	Jr	North Torrance		2:02.44
9	Alexsa Gimenez	Sr	Downey		2:03.95

Heat 5 of 5 Prelims

1	Bouquet Vinyard	So	Hemet		2:05.06
2	Samantha Byers	Sr	Yucaipa		2:02.82
3	Ashley Ratoiu	Jr	Temescal Canyon		2:00.21
4	Tiara Jackson	Sr	DV		1:58.56
5	Spencer Damaske	Jr	Upland		1:54.71
6	Ava Otteson	Fr	Xavier Prep		1:56.04
7	Petra Evans	Jr	Upland		1:59.72
8	Emma Guerrero	Sr	Redlands EV		2:02.42
9	Emy Vazquez-Martinez	So	Patriot		2:03.92

Alternates

1	Ella Maclear	Sr	Santa Barbara		2:08.93
2	Maddy Krestul	Fr	Canyon-Canyon Co		2:09.02
3	Riley Brunett	Fr	Palm Desert		2:09.19
4	Gabby Pasillas	Sr	Corona		2:09.57

Event 6 Boys 200 Yard Freestyle Varsity

Div 3 Meet: 1:37.80	1992	Chad Carvin
NFHS Record: 1:32.85	2/24/2023	Aaron Shackell
AA Auto: 1:38.42		
AA Cons: 1:40.06		

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 4 Prelims

1	Mateus Luevano	Fr	La Serna		1:55.03
2	Aiden Alcaraz	So	Carpinteria		1:54.80
3	Jackson Dincin	So	Bonita		1:54.66
4	Wendell McIntosh	Jr	Ramona		1:54.50
5	Brendan Gray	Jr	Temescal Canyon		1:54.26
6	Cash La Rochelle	Jr	Alta Loma		1:54.33
7	Kenneth Wu	Sr	Rowland		1:54.52
8	Jackson Adams	Sr	South Torrance		1:54.76
9	Gage Craddock	Sr	Upland		1:54.96

Heat 2 of 4 Prelims

1	Gabriel Clark	Sr	Calvary Christia		1:54.19
2	Leo Zhang	So	Rowland		1:51.93
3	Cael Henderson	Sr	Corona		1:50.66
4	Cole Chang	Jr	Fullerton		1:47.96
5	Ryan Novak	Jr	Cypress		1:44.16
6	Winston Lee	Sr	Marina		1:44.72
7	Merrick Giles	Jr	Ventura		1:49.73
8	Evan Lunsford	Jr	Esperanza		1:51.05
9	Nolan Wyser	Jr	El Modena		1:52.86

Heat 3 of 4 Prelims

1	Brayden Rosa	Sr	King		1:53.75
2	Eric Zhou	Jr	Bishop Montgomer		1:51.82
3	Thorson Pearson	So	Pasadena		1:50.52
4	Tonalli Sanchez	Sr	La Quinta-LQ		1:47.01
5	Joshua Peace	Sr	Yucaipa		1:43.65
6	Nick Santander	Sr	Rio Mesa		1:44.56
7	Mason Souza	Sr	Upland		1:49.68
8	Bao Mai	Sr	Westminster		1:50.98
9	Sean Kennedy	Jr	Downey		1:52.59

Heat 4 of 4 Prelims

1	Nathan Martinez	Fr	Downey		1:52.93
2	Isaac Jung	Fr	Flintridge Prep		1:51.10
3	Jake Carlson	Jr	Bonita		1:49.74
4	Andrew Salladin	Jr	Esperanza		1:46.97
5	Pierce Downs	Sr	Viewpoint		1:42.63
6	Alexander Davies	Jr	Chadwick		1:44.31
7	Jeremiah Ireland	Jr	Redlands EV		1:49.20
8	Justin Pearson	00	Fullerton		1:50.95
9	Luke Young	Sr	Quartz Hill		1:52.16

Alternates

1	Anthony Pluhar	Sr	Katella		1:55.05
2	Jacob Colon	Sr	Schurr		1:55.06
3	Ry Didden	So	Viewpoint		1:55.10
4	Joseph Kirchmann	Fr	Hart		1:55.28

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Meet Program - D3 Swimming Prelims

Event 7 Girls 200 Yard IM Varsity

Div 3 Meet: 1:55.15 2013 Ella Eastin			
NFHS Record: 1:53.73 2/25/2021 Torri Huske			
AA Auto: 2:01.46			
AA Cons: 2:03.55			
Lane	Name	Yr	School
			Seed Time
Heat 1 of 5 Prelims			
4	Hanna Denson	Jr	Thousand Oaks 2:26.49
5	Madeleine Hays	Jr	Poly/Pasadena 2:26.10
6	Olivia DeCierdo	So	Buena 2:26.33
Heat 2 of 5 Prelims			
2	Ashlyn Allen	So	Redlands EV 2:25.83
3	Mia Meyer	Fr	Xavier Prep 2:25.64
4	Alia De La Mora	Fr	Downey 2:25.12
5	Mikaela Clabuagh	So	Foothill Tech 2:24.41
6	Jen Won	Fr	Cate 2:24.62
7	Abigail Eldridge	Jr	Xavier Prep 2:25.36
8	Jasmine Castillo	Sr	Murrieta Valley 2:25.69
Heat 3 of 5 Prelims			
1	Kaela Hashimoto	Fr	Torrance 2:24.34
2	Maia Colobong	Sr	Torrance 2:20.64
3	Chloe Rivers	Fr	Temescal Canyon 2:18.81
4	Ysabelle Loreno	Sr	Palm Desert 2:16.45
5	Chloe Cheevers	So	Moorpark 2:14.15
6	Delaney Cowan	Jr	Castaic 2:15.71
7	Ruth Harkins	Jr	Crean Lutheran 2:17.76
8	Tayten Neiderhiser	Sr	Nordhoff 2:19.63
9	Kaia Henty-Dodd	So	DV 2:23.37
Heat 4 of 5 Prelims			
1	Mikayla Barre	Jr	Crean Lutheran 2:24.27
2	Hillary Nguyen	Fr	Palos Verdes 2:20.50
3	Malin Howe	So	Murrieta Valley 2:18.71
4	Aira Takeuchi	Jr	Kennedy 2:16.02
5	Raphaella Flores	Fr	Whitney 2:11.62
6	Chloe Gonzalez	Jr	North Torrance 2:14.81
7	Sydney Cruz	00	Fullerton 2:16.80
8	Madalyn Torres	Jr	La Serna 2:19.32
9	Audrey Lee	Fr	Rancho Cucamonga 2:23.35
Heat 5 of 5 Prelims			
1	Kayla Espeseth	Fr	La Serna 2:23.45
2	Zoe Reynolds	Jr	St. Margarets 2:19.75
3	Heidi Tufo	Jr	St. Margarets 2:18.70
4	Maya Cravens	Fr	Temecula Valley 2:15.72
5	Frances Mikulski	Sr	La Serna 2:11.09
6	Lily Guevara	So	Fullerton 2:14.73
7	Olivia Savage	Fr	Claremont 2:16.77
8	Mikayla Chan	Fr	Poly/Pasadena 2:18.86
9	Sukriti Bista	Jr	Laguna Hills 2:20.77
Alternates			
1	Neila Kelly	Jr	Alhambra 2:26.89
2	Destiny Moreno	Jr	Schurr 2:27.37
3	Ashlee Calder	Jr	La Serna 2:27.39
4	Jolie Diep	Fr	Oxford 2:28.23

Event 8 Boys 200 Yard IM Varsity

Div 3 Meet: 1:49.33 5/2/2019 Jason Schreiber			
NFHS Record: 1:41.39 2011 David Nolan			
AA Auto: 1:49.41			
AA Cons: 1:51.52			
Lane	Name	Yr	School
			Seed Time
Heat 1 of 4 Prelims			
1	Yonden Trainor	Fr	Agoura 2:10.63
2	Travis Pang	So	San Dimas 2:10.20
3	Derek Rioveros	So	Geffen Academy 2:09.65
4	Gianno DelNagro	Jr	Ventura 2:09.16
5	Hieu Trinh	Fr	Garden Grove 2:08.29
6	Ryan Nguyen	So	Palos Verdes 2:08.81
7	Adan Crisonino	Sr	Downey 2:09.35
8	Zinadin Rosales	So	Downey 2:09.70
9	Xander Martin	Fr	Quartz Hill 2:10.29
Heat 2 of 4 Prelims			
1	Ben White	So	Cate 2:08.04
2	Luke Njeru	Jr	South Torrance 2:06.49
3	Justin Nguyen	Sr	Arlington 2:04.18
4	Bryce Hitter	Jr	Citrus Valley 2:01.44
5	Eoin Tannehill	Jr	Esperanza 1:58.50
6	Jackson Melton	Jr	Carpinteria 2:00.34
7	Jared Ladinez	Sr	King 2:02.19
8	Jack Reardon	So	Xavier Prep 2:05.03
9	Mateo Evans	Jr	Estancia 2:07.37
Heat 3 of 4 Prelims			
1	Gregory Coffield	Sr	Redlands EV 2:07.56
2	Daniel Oroszlan	Jr	Calabasas 2:06.38
3	Jacob Stoddard	Sr	Westminster 2:03.66
4	Adriel Sun	Fr	South Torrance 2:01.17
5	Leon Mikulski	So	La Serna 1:58.04
6	Anthony Zhang	So	Rowland 1:59.48
7	Lincoln Jones	So	La Mirada 2:01.97
8	Andrew Bui	Jr	Burroughs-Ridg 2:04.76
9	John Hashimoto	Jr	South Torrance 2:06.84
Heat 4 of 4 Prelims			
1	Gregory Carrillo Toyosh	Sr	Glendale 2:07.48
2	Nick Campbell	Sr	Torrance 2:05.38
3	John Lecrivain	Sr	Hart 2:03.23
4	Connor Ho	So	Esperanza 2:00.37
5	March Yuan	Jr	Oak Park 1:56.77
6	Jacob Vanrensburg	Sr	Heritage 1:58.66
7	Cyrus Symington	Sr	Cate 2:01.65
8	Elijah Redson	Fr	Maranatha 2:04.39
9	Maddox Kobune	So	Alta Loma 2:06.77
Alternates			
1	Matthew Low	So	Whitney 2:10.72
2	Nikita Cutidioc	So	Alemanya 2:10.76
3	Ian Howard	Jr	King 2:11.06
4	Mason Nguyen	Fr	Tustin 2:11.11

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Meet Program - D3 Swimming Prelims

Event 9 Girls 50 Yard Freestyle Varsity

Div 3 Meet:	22.53	2013	Lindsey Engel
NFHS Record:	21.59	2/7/2020	Gretchen Walsh
AA Auto:	23.17		
AA Cons:	23.53		

Lane Name	Yr	School	Seed Time
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Heat 1 of 5 Prelims

4	Katie Tran	Jr	Oxford	26.44
5	AliMarie DePrez	Jr	Claremont	26.43
6	Zara Dragoi	Fr	Thousand Oaks	26.44

Heat 2 of 5 Prelims

2	Chloe Choi	Jr	Palos Verdes	26.36
3	Niamh Cooper	Jr	Xavier Prep	26.34
4	Hannah Lee	Sr	La Serna	26.16
5	Nicole Teh	Sr	Cate	26.13
6	Addison Bruno	Fr	Buena	26.14
7	Lily Arjomand	So	Brentwood	26.28
8	Maddie Nordback	So	La Serna	26.35
9	Valerie Na	Fr	Redlands	26.43

Heat 3 of 5 Prelims

1	Sarah Alexander	So	Cajon	26.09
2	Amelie Pinkernell	Jr	Nordhoff	25.97
3	Maddy Yu	So	Canyon-Canyon Co	25.65
4	Sofia Stevens	Sr	Santa Barbara	25.37
5	Mia Gamble	Fr	Claremont	24.59
6	Nadia Frutkin	Fr	Palm Desert	25.20
7	Kori Cunningham	Sr	Rancho Cucamonga	25.45
8	Madison Forrest	Sr	La Serna	25.81
9	Tessa Tavaglione	Sr	Arlington	26.05

Heat 4 of 5 Prelims

1	Kaitlin De La Cruz	Sr	Downey	26.07
2	Samantha Thomas	Sr	Corona	25.90
3	Kathryn Salazar	Sr	Buena	25.65
4	Bethany Han	Sr	Arr. Chr	25.29
5	Nalani Yim	Jr	Santa Barbara	24.49
6	Christine Carpenter	Sr	Yucaipa	25.02
7	Catherine Bingaman	Fr	Marymount	25.45
8	Maddie Stein	Sr	Costa Mesa	25.73
9	Emma Taylor	Sr	Alta Loma	26.01

Heat 5 of 5 Prelims

1	Vanessa Clarke	Sr	Malibu	26.06
2	Kaia Henty-Dodd	So	DV	25.86
3	Makiah Redson	Sr	Maranatha	25.45
4	Kaitlyn Lee	Fr	Murrieta Valley	25.23
5	Ella Lesnever	So	Blair	23.83
6	Faith Deano	Sr	Redlands	24.80
7	Candice Cheung	Jr	La Salle	25.44
8	Megan Medina	So	Rancho Cucamonga	25.71
9	Brook Davis	Sr	Temecula Valley	26.00

Alternates

1	Jaden Soto	Sr	Murrieta Valley	26.46
2	Reese Artura	So	Flintridge SH	26.47
3	Yulissa Corona	Sr	Corona	26.48
4	Leela James	Jr	Castaic	26.51

Event 10 Boys 50 Yard Freestyle Varsity

Div 3 Meet:	19.43	2010	Vladimir Morozov
NFHS Record:	19.20	2/20/2021	Aiden Hayes
AA Auto:	20.49		
AA Cons:	20.87		

Lane Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Joba Samson	So	Cate	23.04
2	Chase Cohen	Jr	Viewpoint	22.87
3	Diego Campos	Sr	Downey	22.84
4	Phu Trinh	Jr	Garden Grove	22.84
5	Aidan Gillooly	Sr	Alta Loma	22.65
6	Sam Sanchez	Jr	Temecula Valley	22.76
7	Simon Bricker	Jr	Great Oak	22.84
8	Riley Andruskiewicz	Sr	Alta Loma	22.87
9	Wes Brazda	Jr	Costa Mesa	22.95

Heat 2 of 4 Prelims

1	Brett Harre	Sr	Oxnard	22.56
2	Jose Sandoval	Sr	Tustin	22.35
3	Justin Main	Sr	Carpinteria	22.19
4	Ryan Tran	Jr	Marina	21.87
5	Miles Blackson-Dunbar	Fr	Crossroads	21.13
6	Max Distaso	Jr	Bonita	21.41
7	Connor Loder	Sr	Arlington	22.10
8	Vincent Wang	So	Palos Verdes	22.31
9	Tyler Baligad	Sr	SJ Bosco	22.48

Heat 3 of 4 Prelims

1	Dylan Ranshaw	Jr	Chaparral	22.54
2	David Mazyan	So	Agoura	22.34
3	Stein Bang	Sr	Whitney	22.16
4	Zachary Shoaf	So	Great Oak	21.81
5	Quin Seider	Jr	Nordhoff	20.98
6	Allen Xia	Sr	Viewpoint	21.40
7	Gio Demuro	Jr	Tustin	22.05
8	Mario Rodriguez	So	Upland	22.30
9	Luke Ibbetson	Jr	Norco	22.40

Heat 4 of 4 Prelims

1	Taj Whitehead	Jr	Palos Verdes	22.49
2	Kai Pringle	Jr	Crossroads	22.33
3	Ty Weiss	Jr	Monrovia	22.11
4	Ryan Lee	Jr	Burr Bur	21.74
5	Athan Boutakidis	Jr	Flintridge Prep	20.41
6	Filip Kurial	Jr	Malibu	21.21
7	Christopher Moore	Jr	Xavier Prep	21.90
8	Jake Eulenhoefer	Sr	Ventura	22.22
9	Aharon Villegas	Jr	Cabrillo(LB)	22.38

Alternates

1	Parker Montgomery	So	Bonita	23.05
2	Michael Soho	Sr	Rio Mesa	23.06
3	Luke Meldrum	So	La Serna	23.08
4	Jacob Otsuki	Fr	Carpinteria	23.10

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Meet Program - D3 Swimming Prelims

Event 25 Mixed 50 Yard Freestyle Paralympic Varsity

Lane	Name	Yr	School	Seed Time
5	Charles Graves	MSO	La Quinta-LQ	48.44
6	Estelle Gray	WSO	Maranatha	1:10.04

Event 11 Girls 100 Yard Butterfly Varsity

Div 3 Meet:	52.88	5/2/2019	Justina Kozan
NFHS Record:	49.24	2/10/2022	Claire Curzan
AA Auto:	54.39		
AA Cons:	55.48		

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Kieya Castillo	Jr	Claremont	1:06.21
2	Gabrielle Swaim	Sr	Buena	1:05.84
3	Kaela Hashimoto	Fr	Torrance	1:05.54
4	Payton Harp	Fr	Yucaipa	1:05.46
5	Alia De La Mora	Fr	Downey	1:04.99
6	Destiny Moreno	Jr	Schurr	1:05.36
7	Juliette Tran	So	Whitney	1:05.53
8	Anika Mailey Sta. Maria	Sr	Castaic	1:05.64
9	Kelly Heredia	Jr	Schurr	1:05.92

Heat 2 of 4 Prelims

1	Alexsa Gimenez	Sr	Downey	1:03.57
2	Mikayla Chan	Fr	Poly/Pasadena	1:02.30
3	Jen Won	Fr	Cate	1:01.81
4	Mackenzie Miner	Fr	Redlands	1:00.22
5	Mia Gamble	Fr	Claremont	59.03
6	Kay Pivonka	Sr	Palm Springs	59.82
7	Linden Wong	So	Brentwood	1:01.64
8	Ashley Ratoiu	Jr	Temescal Canyon	1:02.04
9	Audrey Vega	Fr	Whitney	1:02.84

Heat 3 of 4 Prelims

1	Isabella Montgomery	Sr	Marymount	1:03.26
2	Mackenzie Wood	Jr	Murrieta Valley	1:02.29
3	Zoe Reynolds	Jr	St. Margarets	1:01.67
4	Madison Tran	Sr	Oak Park	1:00.18
5	Bethany Burga	So	Quartz Hill	58.29
6	Chelsea Fascio	Sr	Summit	59.74
7	Jaylinn Miller	So	Upland	1:01.53
8	Vivi Ta	Fr	Sage Hill	1:02.03
9	Olivia Leathers	Sr	Trinity Classica	1:02.57

Heat 4 of 4 Prelims

1	Madeleine Um	Fr	Palos Verdes	1:03.15
2	Guinevere Andrews	Jr	Flintridge SH	1:02.08
3	Ruth Harkins	Jr	Crean Lutheran	1:01.64
4	Natalia Ferrette	Jr	Chaparral	59.90
5	Spencer Damaske	Jr	Upland	57.59
6	Jaydah Godbolt	Fr	Hemet	59.29
7	Heidi Tufo	Jr	St. Margarets	1:01.13
8	Miyu On	Jr	North Torrance	1:01.89
9	Delaney Cowan	Jr	Castaic	1:02.36

Alternates

1	Taylor Classen	Sr	Carpinteria	1:06.29
2	Kamryn Chan	Jr	Poly/Pasadena	1:07.23

3	Maya Campo	Jr	Thousand Oaks	1:07.35
4	Trisha Lizardo	So	Cypress	1:07.40

Event 12 Boys 100 Yard Butterfly Varsity

Div 3 Meet:	47.13	2002	Michael Cavic
NFHS Record:	45.47	2/20/2021	Aiden Hayes
AA Auto:	48.72		
AA Cons:	49.77		

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Marco Uribe	So	SJ Bosco	57.85
2	Matthew Endow	Jr	Carpinteria	57.63
3	Carter Ross	Jr	Viewpoint	57.42
4	Adrian Barrios	Jr	South Hills	57.37
5	Hieu Trinh	Fr	Garden Grove	56.87
6	Adan Crisonino	Sr	Downey	56.90
7	Jake Roth	Fr	Viewpoint	57.40
8	Nolan Wyser	Jr	El Modena	57.54
9	Yonden Trainor	Fr	Agoura	57.75

Heat 2 of 4 Prelims

1	Zach White	Jr	Cate	56.83
2	Mosheh Villegas-Resenc	Jr	Cabrillo(LB)	55.82
3	Luke Njeru	Jr	South Torrance	54.96
4	Luke Marsden	Jr	Alta Loma	53.70
5	Winston Lee	Sr	Marina	51.25
6	Kaua Mota	Jr	Costa Mesa	52.45
7	Trevor Ngo	Jr	Bonita	54.50
8	Patrick Done	Sr	Hart	55.58
9	Ryan Manzanero	Fr	Pasadena	56.13

Heat 3 of 4 Prelims

1	Juan Perzabal	Sr	Great Oak	56.82
2	Nick Campbell	Sr	Torrance	55.70
3	Kaelan Grimaldo	So	Alemanly	54.70
4	Victor Barrios	So	South Hills	53.22
5	Jack O'Shaughnessy	Jr	Bishop Montgomer	51.16
6	Jaiden Monroe	Jr	Rio Mesa	52.38
7	Andrew Efseaff	Sr	Esperanza	54.16
8	Isaac Chang	Fr	Palos Verdes	55.50
9	Ethan Chen	So	Rowland	55.92

Heat 4 of 4 Prelims

1	Noah Quintero Marmol	Fr	Alta Loma	56.67
2	Andrew Capone Delgad	Sr	Crossroads	55.61
3	Lennon Franklin	Sr	Redlands EV	54.70
4	Cyrus Symington	Sr	Cate	52.61
5	Avrum Xagorarakis	Fr	Costa Mesa	50.08
6	David Toschak	Jr	Chaparral	52.29
7	Collin Kim	Fr	Esperanza	54.16
8	Robert Rayfield	Jr	La Mirada	55.12
9	Jeremy Araneta	Jr	Elsinore	55.90

Alternates

1	Ty Weiss	Jr	Monrovia	57.85
2	Kenn Hayasaka	Sr	South Torrance	58.16
3	Gabriel Casales	So	La Serna	58.23
4	Michael Pham	So	La Quinta-Westmi	58.29

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Event 13 Girls 100 Yard Freestyle Varsity

Div 3 Meet:	48.96	2013	Lindsey Engel
NFHS Record:	46.98	2/8/2020	Gretchen Walsh
AA Auto:	50.17		
AA Cons:	51.00		

Lane Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Yulissa Corona	Sr	Corona	58.12
2	Chloe Choi	Jr	Palos Verdes	58.08
3	Addison Bruno	Fr	Buena	57.82
4	Niamh Cooper	Jr	Xavier Prep	57.70
5	Jasmine Castillo	Sr	Murrieta Valley	57.28
6	Gabriella Cinnamo	Jr	Murrieta Valley	57.39
7	Hannah Lee	Sr	La Serna	57.72
8	Aubree Jackson	Sr	Costa Mesa	57.86
9	Jolie Nguyen	Jr	Oxford	58.12

Heat 2 of 4 Prelims

1	Samantha Thomas	Sr	Corona	57.24
2	Holly Farnoush	Jr	La Serna	56.82
3	Catherine Bingaman	Fr	Marymount	56.02
4	Candice Cheung	Jr	La Salle	55.67
5	Nalani Yim	Jr	Santa Barbara	53.09
6	Morgan Carles	So	Ocean View	54.75
7	Emma Guerrero	Sr	Redlands EV	55.79
8	Miranda McKellar	Jr	North Torrance	56.27
9	Megan Medina	So	Rancho Cucamonga	57.00

Heat 3 of 4 Prelims

1	Elisha de Vera	Fr	Redlands	57.22
2	Katelyn Fong	Fr	Whitney	56.59
3	Bethany Han	Sr	Arr. Chr	55.93
4	Nadia Frutkin	Fr	Palm Desert	55.36
5	Julia Pisano	So	Poly/Pasadena	52.52
6	Erin Otsuki	Sr	Carpinteria	54.17
7	Madison Forrest	Sr	La Serna	55.77
8	Hannah Tully-Giles	Sr	Villanova Prep	56.17
9	Kathryn Salazar	Sr	Buena	56.92

Heat 4 of 4 Prelims

1	Kaitlin De La Cruz	Sr	Downey	57.12
2	Samantha Byers	Sr	Yucaipa	56.40
3	Kori Cunningham	Sr	Rancho Cucamonga	55.81
4	Caroline Bi	Fr	Oak Park	55.14
5	Ella Lesnever	So	Blair	51.39
6	Ava Otteson	Fr	Xavier Prep	54.07
7	Isabelle Drossel	Jr	Quartz Hill	55.77
8	Lavinia Vaipulu	Sr	JW North	56.15
9	Vanessa Clarke	Sr	Malibu	56.86

Alternates

1	Sarah Alexander	So	Cajon	58.22
2	Lily Arjomand	So	Brentwood	58.42
3	Lauren Rogers	Sr	Elsinore	58.48
4	Faith Marshall	So	Royal	58.54

Event 14 Boys 100 Yard Freestyle Varsity

Div 3 Meet:	43.44	2010	Vladimir Morozov
NFHS Record:	42.34	2011	David Nolan
AA Auto:	44.86		
AA Cons:	45.67		

Lane Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Aidan Gillooly	Sr	Alta Loma	50.01
2	Conner Alvarez	Fr	Quartz Hill	49.93
3	Brett Harre	Sr	Oxnard	49.89
4	Case Heckroth	Sr	King	49.78
5	Taj Whitehead	Jr	Palos Verdes	49.68
6	Douglas Bui	Sr	Burroughs-Ridg	49.76
7	Tyler Baligad	Sr	SJ Bosco	49.80
8	Jake Carlson	Jr	Bonita	49.89
9	Cole Chang	Jr	Fullerton	49.94

Heat 2 of 4 Prelims

1	Aaron Mackinnon	Jr	Garden Grove	49.61
2	Luke De La Jara	So	Costa Mesa	49.28
3	Luke Ibbetson	Jr	Norco	48.91
4	Allen Xia	Sr	Viewpoint	48.14
5	Quin Seider	Jr	Nordhoff	46.14
6	Alexander Davies	Jr	Chadwick	47.68
7	Ryan Tran	Jr	Marina	48.78
8	Christopher Moore	Jr	Xavier Prep	49.03
9	Dylan Ranshaw	Jr	Chaparral	49.37

Heat 3 of 4 Prelims

1	Zachary Shoaf	So	Great Oak	49.41
2	Kai Pringle	Jr	Crossroads	49.23
3	Gregory Coffield	Sr	Redlands EV	48.90
4	David Mazyan	So	Agoura	48.08
5	Athan Boutakidis	Jr	Flintridge Prep	45.94
6	Vincent Wang	So	Palos Verdes	47.52
7	Merrick Giles	Jr	Ventura	48.64
8	Jake Eulenhoefer	Sr	Ventura	48.98
9	Justin Pearson	00	Fullerton	49.35

Heat 4 of 4 Prelims

1	Connor Loder	Sr	Arlington	49.37
2	Justin Main	Sr	Carpinteria	49.17
3	Kyle Cao	Jr	Rowland	48.85
4	Nick Santander	Sr	Rio Mesa	47.73
5	Pierce Downs	Sr	Viewpoint	45.49
6	Ryan Lee	Jr	Burr Bur	47.44
7	Max Distaso	Jr	Bonita	48.23
8	Filip Kurial	Jr	Malibu	48.93
9	Mario Rodriguez	So	Upland	49.31

Alternates

1	Aharon Villegas	Jr	Cabrillo(LB)	50.05
2	Jonah Birza	Jr	Estancia	50.09
3	Cael Henderson	Sr	Corona	50.16
4	Aidan Grimm	Sr	Flintridge Prep	50.44

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Event 15 Girls 500 Yard Freestyle Varsity

Div 3 Meet: 4:44.47	2013	Ella Eastin
NFHS Record: 4:34.78	2008	Dagny Knutson
AA Auto: 4:52.54		
AA Cons: 4:57.06		

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 5 Prelims

4	Hanna Denson	Jr	Thousand Oaks		5:47.93
5	Erin Gogley	So	St. Joseph		5:47.69
6	Rylie Patterson	Fr	Downey		5:47.81

Heat 2 of 5 Prelims

2	Alaina Vega	Fr	Palm Springs		5:47.55
3	Victoria Garcia	So	Murrieta Valley		5:45.30
4	Megan Sallenbach	So	Covina		5:44.57
5	Frances Lawton	Fr	Marymount		5:43.73
6	Alyssa Flowers	Jr	Chaminade		5:43.87
7	Carly Berzins	Fr	Alta Loma		5:45.02
8	Audrey Clock	Jr	Cypress		5:46.50

Heat 3 of 5 Prelims

1	Madeleine Finn Santana	Fr	Claremont		5:43.17
2	Sofia Tanner	Fr	Palos Verdes		5:37.20
3	Delilah Moreno	Sr	Schurr		5:28.78
4	Madalyn Torres	Jr	La Serna		5:22.46
5	Charlie Woo-Bloxberg	So	Foothill Tech		5:11.93
6	Gabby Elbaz	Fr	Xavier Prep		5:19.28
7	Abby Webber	Jr	Santa Barbara		5:23.77
8	Emy Vazquez-Martinez	So	Patriot		5:29.61
9	Roxanne Williams	Sr	Yucaipa		5:40.74

Heat 4 of 5 Prelims

1	Alyssa McClure	Jr	La Serna		5:41.60
2	Tallula Murphree	So	Malibu		5:36.35
3	Petra Evans	Jr	Upland		5:26.88
4	Raphaella Flores	Fr	Whitney		5:21.51
5	Maya Chin	Fr	Webb		5:10.78
6	Cynthia Hu	Fr	Foothill Tech		5:19.13
7	Maya Cravens	Fr	Temecula Valley		5:23.71
8	Madeleine Um	Fr	Palos Verdes		5:29.53
9	Yalissa Tellez	So	Elsinore		5:38.38

Heat 5 of 5 Prelims

1	Abigail Davies	Fr	Chadwick		5:40.82
2	Bouquet Vinyard	So	Hemet		5:32.39
3	Autumn Moya	So	Corona		5:23.78
4	Tiara Jackson	Sr	DV		5:20.49
5	Grace Wharton	Jr	El Modena		4:53.55
6	Sydney Cruz	00	Fullerton		5:18.35
7	Melina Seider	Fr	Nordhoff		5:22.53
8	Isabel Garcia	Fr	Torrance		5:28.89
9	Lilliana Nemetz	Jr	Carpinteria		5:37.83

Alternates

1	Reyna Kawamura	Fr	Claremont		5:50.55
2	Eva Tully-Giles	Sr	Villanova Prep		5:51.02
3	Tiffany Gonzalez	So	Burbank		5:52.71
4	Kennedy Walker	Jr	Costa Mesa		5:53.01

Event 16 Boys 500 Yard Freestyle Varsity

Div 3 Meet: 4:21.10	1992	Chad Carvin
NFHS Record: 4:12.87	5/14/2016	Grant Shoults
AA Auto: 4:28.76		
AA Cons: 4:33.05		

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 4 Prelims

1	Wendell McIntosh	Jr	Ramona		5:15.67
2	Cash La Rochelle	Jr	Alta Loma		5:15.47
3	Nathan Martinez	Fr	Downey		5:15.27
4	Marco Uribe	So	SJ Bosco		5:14.56
5	Rafael Sierra	Jr	Nordhoff		5:13.93
6	Gage Craddock	Sr	Upland		5:14.13
7	Jackson Dincin	So	Bonita		5:14.69
8	Aiden Alcaraz	So	Carpinteria		5:15.40
9	Logan Abadie	Fr	Upland		5:15.52

Heat 2 of 4 Prelims

1	Anthony Pluhar	Sr	Katella		5:12.73
2	Joseph Kirchmann	Fr	Hart		5:10.44
3	Luke Young	Sr	Quartz Hill		5:03.63
4	Eric Zhou	Jr	Bishop Montgomer		4:52.82
5	Ryan Novak	Jr	Cypress		4:42.53
6	Avrum Xagorarakis	Fr	Costa Mesa		4:43.99
7	Nic Buhl	So	Palos Verdes		5:01.29
8	Brendan Gray	Jr	Temescal Canyon		5:09.46
9	Thorson Pearson	So	Pasadena		5:12.00

Heat 3 of 4 Prelims

1	Lukas Sangasy	So	Costa Mesa		5:12.68
2	Isaac Jung	Fr	Flintridge Prep		5:09.97
3	Jeremiah Ireland	Jr	Redlands EV		5:03.45
4	Ephraim Choi	Sr	Maranatha		4:49.01
5	Andrew Salladin	Jr	Esperanza		4:40.98
6	Leon Mikulski	So	La Serna		4:43.16
7	Elliott Drottar	Fr	Oak Park		5:00.12
8	Ryan Westermeyer	Fr	Marina		5:09.07
9	Ethan Decker	So	Upland		5:11.97

Heat 4 of 4 Prelims

1	Matthew Glennon	Fr	Great Oak		5:12.07
2	Adrian Reyes	So	Westminster		5:09.60
3	Mateo Evans	Jr	Estancia		5:01.82
4	Anthony Zhang	So	Rowland		4:44.92
5	Joshua Peace	Sr	Yucaipa		4:36.29
6	Eoin Tannehill	Jr	Esperanza		4:43.07
7	Mason Souza	Sr	Upland		4:56.59
8	Ben Laber	Sr	Ventura		5:07.16
9	Mateus Luevano	Fr	La Serna		5:11.11

Alternates

1	Diego Lamboglia	So	Costa Mesa		5:15.89
2	David Thomas	Fr	Citrus Valley		5:15.94
3	Gabriel Clark	Sr	Calvary Christia		5:16.45
4	Aaron Lee	So	Whitney		5:16.46

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Event 17 Girls 200 Yard Freestyle Relay Varsity

Div 3 Meet: 1:37.05 5/2/2019 Walnut

A Grant, S Bennani, K Poon, J Kozan

NFHS Record: 1:29.61 3/28/2023 Santa Margarita

T Salvino, A Kozan, G Aquino, T O'Dell

AA Auto: 1:35.33

AA Cons: 1:36.73

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Prelims

1	Elsinore		1:49.32
2	Redlands EV		1:49.06
3	Downey		1:48.65
4	Marymount		1:48.19
5	Carpinteria		1:48.06
6	Alta Loma		1:48.11
7	Arr. Chr		1:48.42
8	Cate		1:48.92
9	Chaparral		1:49.26

Heat 2 of 4 Prelims

1	Temecula Valley		1:48.04
2	Quartz Hill		1:47.42
3	Flintridge SH		1:46.63
4	Buena		1:45.99
5	Oxford		1:44.73
6	Rancho Cucamonga		1:45.68
7	Nordhoff		1:46.08
8	Xavier Prep		1:47.31
9	Hemet		1:47.52

Heat 3 of 4 Prelims

1	Castaic		1:47.72
2	El Modena		1:47.38
3	Poly/Pasadena		1:46.43
4	Upland		1:45.99
5	Corona		1:44.53
6	Murrieta Valley		1:45.23
7	Whitney		1:46.05
8	Palm Desert		1:47.22
9	Foothill Tech		1:47.52

Heat 4 of 4 Prelims

1	Temescal Canyon		1:47.67
2	Palos Verdes		1:47.31
3	North Torrance		1:46.25
4	Claremont		1:45.82
5	Santa Barbara		1:44.09
6	Yucaipa		1:44.76
7	La Serna		1:46.00
8	DV		1:47.04
9	Webb		1:47.51

Alternates

1	Redlands		1:49.50
2	Warren		1:49.50
3	Canyon-Canyon Country		1:49.58
4	Oak Park		1:50.53

Event 18 Boys 200 Yard Freestyle Relay Varsity

Div 3 Meet: 1:24.73 2008 Oaks Christian

N Koon, M Craft, C Bloch, K Nielsen

NFHS Record: 1:19.27 2012 Jacksonville Bolles (FL)

R Murphy, J Schooling, S Condorelli, E Goossen

AA Auto: 1:24.50

AA Cons: 1:25.77

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Prelims

1	Calabasas		1:35.32
2	Cabrillo(LB)		1:35.07
3	Monrovia		1:34.97
4	Burr Bur		1:34.80
5	Downey		1:34.59
6	Malibu		1:34.59
7	Fullerton		1:34.83
8	Crossroads		1:35.03
9	Great Oak		1:35.23

Heat 2 of 4 Prelims

1	South Torrance		1:34.54
2	La Serna		1:33.57
3	Burroughs-Ridg		1:32.75
4	Palos Verdes		1:31.81
5	Costa Mesa		1:29.79
6	Rowland		1:31.34
7	Alta Loma		1:32.50
8	Garden Grove		1:33.18
9	Cate		1:33.88

Heat 3 of 4 Prelims

1	Westminster		1:34.50
2	Esperanza		1:33.53
3	Upland		1:32.61
4	Chaparral		1:31.74
5	Flintridge Prep		1:29.45
6	Viewpoint		1:31.23
7	Marina		1:32.01
8	Elsinore		1:33.01
9	Quartz Hill		1:33.86

Heat 4 of 4 Prelims

1	Agoura		1:34.03
2	Arlington		1:33.34
3	Carpinteria		1:32.53
4	Tustin		1:31.67
5	Corona		1:26.61
6	Redlands EV		1:31.14
7	Bonita		1:31.87
8	Rio Mesa		1:32.88
9	King		1:33.62

Alternates

1	San Dimas		1:35.39
2	Temecula Valley		1:35.49
3	Bishop Montgomery		1:35.59
4	La Quinta-La Quinta		1:35.68
5	Ventura		1:35.68

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Event 19 Girls 100 Yard Backstroke Varsity

Div 3 Meet:	52.63	5/2/2019	Tea Laughlin
NFHS Record:	49.61	2/10/2022	Claire Curzan
AA Auto:	54.75		
AA Cons:	55.83		

Lane Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Natalie Villegas	Sr	La Serna	1:07.27
2	Annie Ta	Sr	Sage Hill	1:06.89
3	Sofia Tanner	Fr	Palos Verdes	1:06.87
4	Zoe DeHoog	Jr	Yucaipa	1:06.73
5	Ashlee Calder	Jr	La Serna	1:06.47
6	Isabella Montgomery	Sr	Marymount	1:06.69
7	Inessa Khajehgian	So	Glendale	1:06.83
8	Keira Casey	Jr	Yucaipa	1:06.88
9	Tiffany Gonzalez	So	Burbank	1:07.14

Heat 2 of 4 Prelims

1	Mia Meyer	Fr	Xavier Prep	1:06.32
2	Brook Davis	Sr	Temecula Valley	1:05.64
3	Guinevere Andrews	Jr	Flintridge SH	1:04.03
4	Caroline Bi	Fr	Oak Park	1:01.66
5	Bethany Burga	So	Quartz Hill	58.27
6	Maddie Stein	Sr	Costa Mesa	1:01.07
7	Katelyn Fong	Fr	Whitney	1:03.38
8	Audrey Clock	Jr	Cypress	1:05.31
9	Kaitlyn Beltz	Sr	Flintridge SH	1:06.06

Heat 3 of 4 Prelims

1	Viktoria Paragas	So	Castaic	1:06.31
2	Braelynn Davis	Fr	Chaparral	1:05.64
3	Emma Taylor	Sr	Alta Loma	1:03.96
4	Chelsea Fascio	Sr	Summit	1:01.50
5	Grace Wharton	Jr	El Modena	57.74
6	Erin Otsuki	Sr	Carpinteria	59.22
7	Tayten Neiderhiser	Sr	Nordhoff	1:02.67
8	Kaylei Miller-Farabaugh	Sr	Canyon Springs	1:05.11
9	Kamryn Mercado	Jr	La Quinta-LQ	1:06.00

Heat 4 of 4 Prelims

1	Valerie Na	Fr	Redlands	1:06.12
2	Miyu On	Jr	North Torrance	1:05.37
3	Sofia Stevens	Sr	Santa Barbara	1:03.90
4	Faith Deano	Sr	Redlands	1:01.42
5	Jaydah Godbolt	Fr	Hemet	57.54
6	Maddy Yu	So	Canyon-Canyon Co	59.07
7	Kay Pivonka	Sr	Palm Springs	1:01.79
8	Riley Brunett	Fr	Palm Desert	1:04.92
9	Sydney Kennedy	Jr	Laguna Hills	1:05.66

Alternates

1	Breeana Flores	Jr	Downey	1:07.48
2	Madeleine Hays	Jr	Poly/Pasadena	1:07.61
3	Berlynn Mani	So	Downey	1:07.63

Event 20 Boys 100 Yard Backstroke Varsity

Div 3 Meet:	47.55	2002	Michael Cavic
NFHS Record:	45.08	2/24/2023	Will Modglin
AA Auto:	49.09		
AA Cons:	50.24		

Lane Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Davide Ciuffoli	Sr	Bishop Montgomer	59.86
2	Ethan Soni	So	Hart	59.84
3	Vincent Velasco	Jr	Downey	59.44
4	Nick Valente	Fr	SJ Bosco	59.28
5	Kaelan Grimaldo	So	Alemanly	58.95
6	John Hashimoto	Jr	South Torrance	59.03
7	Joey Serrano	Sr	Vista Murrieta	59.31
8	Benjamin Sullivan-Douç	Sr	Chaparral	59.66
9	Kyle Quach	Sr	Pacifica-Oxnard	59.84

Heat 2 of 4 Prelims

1	Trevor Ta	Fr	Marina	58.61
2	Zach White	Jr	Cate	58.00
3	Isaac Chang	Fr	Palos Verdes	57.74
4	Gio Demuro	Jr	Tustin	56.50
5	Miles Blackson-Dunbar	Fr	Crossroads	52.04
6	Jacob Vanrensburg	Sr	Heritage	54.55
7	Maddox Kobune	So	Alta Loma	57.51
8	Victor Barrios	So	South Hills	57.91
9	Phu Trinh	Jr	Garden Grove	58.30

Heat 3 of 4 Prelims

1	Juan Perzabal	Sr	Great Oak	58.57
2	Andrew Bui	Jr	Burroughs-Ridg	57.99
3	John Lecrivain	Sr	Hart	57.64
4	Nikita Cutidioc	So	Alemanly	56.05
5	Jaiden Monroe	Jr	Rio Mesa	51.28
6	Elijah Redson	Fr	Maranatha	54.14
7	Jacob Stoddard	Sr	Westminster	56.99
8	Erik Sun	So	Webb	57.84
9	Jack Reardon	So	Xavier Prep	58.23

Heat 4 of 4 Prelims

1	Ryan Jackson	Jr	Alta Loma	58.55
2	Ethan Chen	So	Rowland	57.96
3	Tonalli Sanchez	Sr	La Quinta-LQ	57.64
4	Lincoln Jones	So	La Mirada	55.38
5	Jack O'Shaughnessy	Jr	Bishop Montgomer	50.66
6	Ephraim Choi	Sr	Maranatha	53.49
7	Justin Hong	Sr	Pasadena	56.74
8	Ryan Manzanero	Fr	Pasadena	57.84
9	Asher Smith	Jr	Carpinteria	58.17

Alternates

1	Austin Allison	Sr	Upland	59.91
2	Ryan Nguyen	So	Palos Verdes	59.98
3	Matthew Endow	Jr	Carpinteria	1:00.01
4	Josue Hernandez	Jr	Esperanza	1:00.07

2023 CIF-SS Division 3 - 4/26/2023 to 5/6/2023
2023 CIF-SS Ford Div 3 Swimming & Diving Champs
Meet Program - D3 Swimming Prelims

Event 21 Girls 100 Yard Breaststroke Varsity

Div 3 Meet: 1:01.75 2014 Ella Eastin
NFHS Record: 58.35 2/24/2020 Kaitlyn Dobler
AA Auto: 1:02.58
AA Cons: 1:03.75

Lane Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Gabby Pasillas	Sr	Corona	1:16.16
2	Ashlyn Allen	So	Redlands EV	1:15.17
3	Rylie Patterson	Fr	Downey	1:15.11
4	Natalie Gomez	So	Warren	1:14.71
5	Giulia Piccoletti	So	Carpinteria	1:14.32
6	Neila Kelly	Jr	Alhambra	1:14.54
7	Emmalynn Tsai	Jr	Oak Park	1:14.97
8	Allie Jones	Jr	Cypress	1:15.15
9	Hailey Lee	Fr	Palos Verdes	1:15.74

Heat 2 of 4 Prelims

1	Maggie Yan	00	Temecula Valley	1:13.69
2	Mikayla Barre	Jr	Crean Lutheran	1:12.29
3	Jaylinn Miller	So	Upland	1:11.55
4	Ysabelle Loreno	Sr	Palm Desert	1:09.89
5	Aira Takeuchi	Jr	Kennedy	1:07.52
6	Lily Guevara	So	Fullerton	1:09.19
7	Chloe Rivers	Fr	Temescal Canyon	1:10.73
8	Lavinia Vaipulu	Sr	JW North	1:12.14
9	Audrey Lee	Fr	Rancho Cucamonga	1:13.01

Heat 3 of 4 Prelims

1	Sukriti Bista	Jr	Laguna Hills	1:13.54
2	Christine Carpenter	Sr	Yucaipa	1:12.29
3	Maia Colobong	Sr	Torrance	1:11.33
4	Malin Howe	So	Murrieta Valley	1:09.44
5	Chloe Cheevers	So	Moorpark	1:07.24
6	Mackenzie Miner	Fr	Redlands	1:08.63
7	Chloe Gonzalez	Jr	North Torrance	1:09.99
8	Olivia DeCierdo	So	Buena	1:11.98
9	Morgan Taylor	Sr	Costa Mesa	1:12.93

Heat 4 of 4 Prelims

1	Gabriella Cinnamo	Jr	Murrieta Valley	1:13.33
2	Yalissa Tellez	So	Elsinore	1:12.27
3	Faith Marshall	So	Royal	1:11.24
4	Gabby Elbaz	Fr	Xavier Prep	1:09.40
5	Hillary Nguyen	Fr	Palos Verdes	1:05.94
6	Frances Mikulski	Sr	La Serna	1:08.10
7	Olivia Savage	Fr	Claremont	1:09.97
8	Amelie Pinkernell	Jr	Nordhoff	1:11.63
9	Linden Wong	So	Brentwood	1:12.54

Alternates

1	Yasmine Loreno	Fr	Palm Desert	1:16.23
2	Esther Crandell	So	Yucaipa	1:16.41
3	Samantha Lee	So	La Serna	1:16.55

Event 22 Boys 100 Yard Breaststroke Varsity

Div 3 Meet: 54.42 1982 Rickie Gill
NFHS Record: 51.62 2/16/2018 Max McHugh
AA Auto: 55.65
AA Cons: 56.83

Lane Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Adrian Barrios	Jr	South Hills	1:05.44
2	Almos Petho	Jr	Quartz Hill	1:05.08
3	Chinh Nguyen	Sr	La Quinta-Westmi	1:05.04
4	Dustin Bui	Fr	Burroughs-Ridg	1:04.81
5	Dylan Pham	Jr	Cypress	1:04.65
6	Elliott Drottar	Fr	Oak Park	1:04.73
7	Kenneth Wu	Sr	Rowland	1:04.85
8	Adam Taylor	So	Whitney	1:05.05
9	Zachary Elhussieny	Sr	West Covina	1:05.42

Heat 2 of 4 Prelims

1	Ruka Ito	Fr	Palos Verdes	1:04.61
2	Trevor Ngo	Jr	Bonita	1:03.00
3	Daniel Oroszlan	Jr	Calabasas	1:01.65
4	March Yuan	Jr	Oak Park	1:00.95
5	Connor Ho	So	Esperanza	59.22
6	Aaron Mackinnon	Jr	Garden Grove	1:00.42
7	Conner Alvarez	Fr	Quartz Hill	1:01.16
8	Collin Kim	Fr	Esperanza	1:01.96
9	Alan Castillo	Sr	Los Altos	1:03.87

Heat 3 of 4 Prelims

1	Trevor Ta	Fr	Marina	1:04.09
2	Jake Hirshberg	Jr	Crossroads	1:02.87
3	Nathan Julian Burgos	Jr	Cypress	1:01.56
4	David Toschak	Jr	Chaparral	1:00.86
5	Luke Marsden	Jr	Alta Loma	58.38
6	Bryce Hitter	Jr	Citrus Valley	59.84
7	Adriel Sun	Fr	South Torrance	1:01.14
8	Benjamin McSorley	Jr	Nordhoff	1:01.80
9	Kairei Jones	Jr	Cate	1:03.76

Heat 4 of 4 Prelims

1	Phin Stephenson	So	Cate	1:03.97
2	Kyle Cao	Jr	Rowland	1:02.58
3	Ian Kim	Fr	Cypress	1:01.29
4	Jackson Melton	Jr	Carpinteria	1:00.67
5	Jared Ladinez	Sr	King	57.48
6	Kaua Mota	Jr	Costa Mesa	59.74
7	Douglas Bui	Sr	Burroughs-Ridg	1:01.02
8	Derek Rioveros	So	Geffen Academy	1:01.79
9	Lico Yuno	Jr	Marina	1:03.16

Alternates

1	Noah Quintero Marmol	Fr	Alta Loma	1:05.46
2	Jacob Taff	Sr	Carpinteria	1:05.57
3	Calvin Manalo	Sr	Seegerstrom	1:05.73
4	Matthew Low	So	Whitney	1:05.73

2023 CIF-SS Division 3 - 4/26/2023 to 5/6/2023
2023 CIF-SS Ford Div 3 Swimming & Diving Champs
Meet Program - D3 Swimming Prelims

Event 23 Girls 400 Yard Freestyle Relay Varsity

Div 3 Meet: 3:21.41 2014 Crean Lutheran
 E Eastin, E Eastin, T Jorgenson, L Engel
 NFHS Record: 3:14.80 5/14/2022 Santa Margarita
 M Hodges, T Salvino, T O'Dell, J Kozan
 AA Auto: 3:27.49
 AA Cons: 3:30.90

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Prelims

1	Thousand Oaks		4:06.89
2	Oak Park		4:05.18
3	Schurr		4:04.53
4	Poly/Pasadena		4:02.92
5	Torrance		4:00.22
6	Crean Lutheran		4:01.47
7	El Modena		4:04.08
8	Beaumont		4:04.93
9	Ocean View		4:06.79

Heat 2 of 4 Prelims

1	Cate		3:59.72
2	Xavier Prep		3:57.18
3	Hemet		3:54.83
4	Costa Mesa		3:51.69
5	Redlands		3:47.48
6	Nordhoff		3:48.13
7	Palos Verdes		3:53.25
8	Alta Loma		3:56.54
9	Flintridge SH		3:58.77

Heat 3 of 4 Prelims

1	DV		3:59.43
2	Quartz Hill		3:56.98
3	Marymount		3:54.17
4	Murrieta Valley		3:50.19
5	Santa Barbara		3:45.20
6	Yucaipa		3:47.97
7	Claremont		3:53.03
8	Downey		3:55.67
9	Cypress		3:57.96

Heat 4 of 4 Prelims

1	Temecula Valley		3:59.00
2	St. Margarets		3:56.71
3	Whitney		3:53.53
4	Foothill Tech		3:49.84
5	Upland		3:44.44
6	La Serna		3:47.62
7	Carpinteria		3:51.93
8	Buena		3:55.01
9	Oxford		3:57.81

Alternates

1	Royal		4:07.96
2	Norco		4:08.09
3	Corona		4:08.13
4	Malibu		4:08.25

Event 24 Boys 400 Yard Freestyle Relay Varsity

Div 3 Meet: 3:07.62 2007 Oaks Christian
 K Nielsen, J Pare, M Craft, N Koon
 NFHS Record: 2:53.81 3/15/2018 North Allegheny (PA)
 M Gonzalez, A Zhang, J Wright, R Mihm
 AA Auto: 3:05.78
 AA Cons: 3:08.49

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Prelims

1	Fullerton		3:33.82
2	Oak Park		3:32.75
3	Burr Bur		3:31.34
4	Cypress		3:31.08
5	Malibu		3:30.75
6	Agoura		3:30.81
7	San Dimas		3:31.24
8	Cabrillo(LB)		3:32.58
9	Great Oak		3:33.35

Heat 2 of 4 Prelims

1	Citrus Valley		3:29.37
2	La Serna		3:27.72
3	Elsinore		3:26.15
4	Costa Mesa		3:23.01
5	Flintridge Prep		3:19.57
6	Esperanza		3:20.92
7	Corona		3:23.37
8	Downey		3:26.52
9	South Torrance		3:28.58

Heat 3 of 4 Prelims

1	SJ Bosco		3:28.89
2	Hart		3:27.63
3	Quartz Hill		3:25.66
4	Upland		3:22.70
5	Ventura		3:18.43
6	Crossroads		3:20.47
7	Marina		3:23.35
8	Pasadena		3:26.28
9	Westminster		3:28.28

Heat 4 of 4 Prelims

1	Cate		3:28.66
2	Tustin		3:27.10
3	Alta Loma		3:23.82
4	Palos Verdes		3:21.15
5	Viewpoint		3:15.34
6	Carpinteria		3:19.88
7	Rio Mesa		3:23.27
8	Bonita		3:26.26
9	King		3:28.27

Alternates

1	Segerstrom		3:34.23
2	La Quinta-La Quinta		3:34.64
3	Estancia		3:35.17