

FLAG FOOTBALL

FREQUENTLY ASKED QUESTIONS



Equipment, Grants & Other Resources

Question:

Who may I contact to get help with resources (rulebooks, playbooks, practice plans, drills, grant opportunities, uniform packages etc.) to start my school's Flag Football team?

Answer:

The Los Angeles Rams and USA Football are excited to share our **Resource Package Application** with girls' flag football teams across Southern California. The resource package includes rulebooks, playbooks, practice plans, drills, grant opportunities, preferred pricing for uniform packages, and more (see attached flyer). To be eligible to complete the resource package application, you must be a school administrator, athletic director, head coach, or youth league leader. The package will be shared with coaches in May and will regularly be updated as we learn more, and new resources become available.



Equipment, Grants & Other Resources

Question:

What type of flags must be used in the game?

Answer:

Any type (Velcro or suction) provided they meet the requirements in the handbook.



Calendar & Contests

Question:

When does Flag Football start and end?

Answer:

The first contest may take place on Friday, August 18th, 2023. The end date is Saturday, October 28th, 2023. With the absence of a CIFSS Girls' Flag Football Championship this fall, any culminating tournaments will have to finish on or before October 28th. Per CIFSS bylaws, once 20 percent of the CIFSS membership offers a sport, the section may then institute a championship after the inaugural year.



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Calendar & Contests

Question:

How many contests may a team play in a season?

Answer:

28 allowable contests played with the defined season of sport. Each contest, whether played in a tournament or head-to-head, will count as one contest toward your allowable



Calendar & Contests

Question:

On what days will contests take place?

Answer:

Contests may be scheduled like any other sport. Given, the Southern Section has a limited number of officials, please work with your local assignor to ascertain the least impacted days to be served. Friday nights probably wouldn't be the best days to schedule contests as resources would be shared with football, however a Saturday round-robin may yield available officials for your games. Each area will be unique in terms of scheduling. Work with your local units in that regard.



Officials Information

Question:

Who is responsible for the training and assigning of officials?

Answer:

Your local football units will be handling flag football, training, and assigning of officials.



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Officials Information

Question:

What is an appropriate official's uniform?

Answer:

Black shorts/pants and football stripes (same as a Frosh tackle game) may be worn for girls' flag.



Officials Information

Question:

What is the game fee for flag football?

Answer:

The game fee for flag football will be determined in the same manner every other sport has recently been calculated using total game time as the multiplier.



Officials Information

Question:

What is the crew size for flag football?

Answer:

A two-person or three-person crew shall be used.



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Officials Information

Question:

How many instructional hours are needed for official's certification?

Answer:

Like all other sports, CIF mandates a minimum of 18 hours per sport.



Rules & Regulations

Question:

How were the rules adopted?

Answer:

The CIF State and 10 Section Commissioners convened to mesh the various rules codes being used into one, CIF rules code we will use for this inaugural year. The NFHS is a couple years out from establishing a National code to be used by all NFHS members. Once the NFHS establishes a rule book, we'll be transitioning to their code. Many of you have been sending suggestions for rules changes. What we're using will evolve until something permanent is established so thank you for the suggestions and justifications for those. As the CIFSS is contacted, we are compiling suggested changes and justifications for sharing with the State Office and Section Commissioners for consideration.



Rules & Regulations

Question:

Where can I find the rules?

Answer:

There will be a "Flag Football" page on our website (currently under construction). In the meantime, the rules are part of one of the recent "Message from the Commissioner" installments and can be found at this link:

<https://cifss.org/news/girls-flag-football-update/>



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Rules & Regulations

Question:

Will there be an Advisory Committee?

Answer:

Yes! Like other sports, the CIFSS will be establishing an advisory committee consisting of coaches and interested parties such as official to help guide the season. If interested, contact **kristinep@cifss.org** for information on how to be considered. Coaches will need to fill out a Google Form with general information, provide a letter of support from their administration and submit a personal statement regarding what they bring to the committee.

