

GIRLS FLAG FOOTBALL 2024-2025 LEAGUES/SCHOOLS

LEAGUE

2 605

Artesia
Glenn
Pioneer
Whitney

4 ALMONT

Alhambra
Bell Gardens
Montebello
Rosemead
San Gabriel
Schurr
South El Monte

3 AMBASSADOR

Aquinas
Linfield Christian
Ontario Christian
United Christian Ac.
Western Christian

3 BASELINE

Chino Hills
Etiwanda
Los Osos
Rancho Cucamonga
St. Lucy's
Upland

2 BAY

Mira Costa
Palos Verdes
Peninsula
Redondo Union

3 BIG VIII

Centennial/Corona
Corona
King, Martin Luther
Norco
Roosevelt, Eleanor
Santiago/Corona

4 CHANNEL

Buena
Dos Pueblos
Oxnard
Pacifica/Oxnard
Rio Mesa
San Marcos/SB
Santa Barbara
Ventura

LEAGUE

3 CITRUS BELT

Beaumont
Cajon
Citrus Valley
Redlands
Redlands East Valley
Yucaipa

3 COAST

Anaheim
Bolsa Grande
Estancia
La Quinta/West.
Loara

3 COASTAL CANYON

Camarillo
Moorpark
Oak Park
Royal
Simi Valley

3 CRESTVIEW

Crean Lutheran
Cypress
El Dorado
Esperanza
Foothill/Santa Ana

2 DEL RIO

California
La Serna
Santa Fe
Whittier

4 DESERT EMPIRE

Desert Hot Springs
Indio
La Quinta/LQ
Palm Desert
Palm Springs
Rancho Mirage
Shadow Hills
Xavier Prep

3 EMPIRE

Buena Park
Fullerton
Kennedy/La Palma
Tustin
Valencia/Placentia
Westminster

LEAGUE

2 FOOTHILL

Hart
Valencia/Valencia
Vasquez
West Ranch

3 FREEWAY

Canyon/Anaheim
El Modena
Pacifica/GG
Villa Park
Yorba Linda

5 GATEWAY

Bellflower
Dominguez
Downey
Gahr
La Mirada
Mayfair
Norwalk
Paramount
Warren

4 GOLDEN

Antelope Valley
Eastside
Highland
Knight, Pete
Lancaster
Littlerock
Palmdale
Quartz Hill

4 GOLDEN WEST

Costa Mesa
Garden Grove
Godinez
Katella
Laguna Hills
Ocean View
Segerstrom

2 GROVE

Los Amigos
Magnolia
Orange
Rancho Alamitos

3 HACIENDA

Alta Loma
Colony
Los Altos/HH
San Dimas
South Hills

LEAGUE

2 IVY

Arlington
Hillcrest
North, J.W.
Poly/Riverside

3 LIBERTY

Brentwood
Providence/Burbank
Shalhevet
The SEED School/LA
Windward
YULA (Yeshiva)

3 MARMONTE

Agoura
Calabasas
Newbury Park
Thousand Oaks
Westlake

5 MONTVIEW

Azusa
Baldwin Park
Duarte
Edgewood
Garey
Nogales
Pomona
Sierra Vista
Workman

4 MOORE

Cabrillo/ Long Beach
Compton
Jordan
Lakewood
Millikan
Poly/Long Beach
Wilson/Long Beach

3 MT. BALDY

Chaffey
Chino
Don Lugo
Montclair
Ontario

3 NORTH HILLS

Brea Olinda
La Habra
Sonora
Sunny Hills
Troy

LEAGUE

4 OCEAN

Beverly Hills
Centennial/Compton
Culver City
Hawthorne
Lawndale
Leuzinger
Morningside
Santa Monica

2 ORANGE

Saddleback
Santiago/GG
Savanna
Western

4 PACIFIC COAST

Irvine
Laguna Beach
Northwood
Portola
Rosary Academy
Sage Hill
University
Woodbridge

2 PALOMARES

Ayala, Ruben
Bonita
Claremont
Glendora

3 PIONEER

El Segundo
North Torrance
South Torrance
Torrance
West Torrance

2 RIO HONDO

La Canada
Rio Hondo Prep
San Marino
Westridge

3 RIVER VALLEY

Indian Springs
Loma Linda Academy
Norte Vista
Patriot
Ramona/Riverside

LEAGUE

5 SANTA FE

Bishop Montgomery
Cantwell-Sacred Heart
Ramona Convent
Sacred Heart/LA
Serra
St. Anthony
St. Bernard
St. Joseph/ Lkwd
St. Marys Academy
St. Paul

3 SEA VIEW

Beckman, Arnold
Capistrano Valley
Dana Hills
San Clemente
San Juan Hills

3 SOUTH COAST

Aliso Niguel
El Toro
Mission Viejo
Tesoro
Trabuco Hills

2 SOUTH VALLEY

Banning
NuView Bridge
San Jacinto Vly Ac.
Temecula Prep

2 SUNBELT

Canyon Springs
Moreno Valley
Valley View
Vista Del Lago/MV

3 SUNKIST

Arroyo Valley
Fontana
Jurupa Hills
Kaiser
San Gorgonio
Summit

LEAGUE

4 SUNSET

Corona Del Mar
Edison
Fountain Valley
Huntington Beach
Los Alamitos
Marina
Newport Harbor

2 TRINITY

JSerra Catholic
Lutheran/Orange
Mater Dei
Santa Margarita

3 VALLE VISTA

Charter Oak
Covina
Northview
Rowland
West Covina
Wilson/HH

FREELANCE

Channel Islands