

Thom Simmons
Assistant Commissioner
thoms@cifss.org



Anita Fopma
Program Coordinator
anita@cifss.org

CALIFORNIA INTERSCHOLASTIC FEDERATION - SOUTHERN SECTION

10932 Pine St., Los Alamitos, CA 90720

(562) 493-9500

www.cifss.org



MEDIA RELEASE

PRESS RELEASE #13 - **REVISED**
FOR IMMEDIATE RELEASE

EMAILED P.M. JANUARY 26, 2023
CONTACT: THOM SIMMONS

SIX BOYS/TWO GIRLS CIF SOUTHERN SECTION-FORD DUAL MEET WRESTLING, CHAMPIONSHIPS TO BE AWARDED

LOS ALAMITOS — The six boys and two girls divisional, two-day tournament championships of dual-meet wrestling will be held this Saturday, January 28 and Wednesday, February 1.

The girls tournaments is scheduled to start with first-round action beginning at 11 a.m., second-round at 3 p.m., quarterfinals at 5 p.m. and the semifinals at 7:00 p.m. (All times approximate). Weigh-in is to begin at 9 a.m. The final rounds will be held on Wednesday, February 1 at the site of the school ranked highest in the final poll. Weigh-in is to begin at 6:00 p.m. and championship matches to start at 7:00 p.m. (All times approximate).

The boys tournaments is scheduled to start with first-round action beginning at 11 a.m., second-round at 3 p.m., and the semifinals at 5:00 p.m. (All times approximate). Weigh-in is to begin at 9 a.m. The final rounds will be held on Wednesday, February 1 at the site of the school ranked highest in the final poll. Weigh-in is to begin at 6:00 p.m. and championship matches to start at 7:00 p.m. (All times approximate).

Top seeds for each division in the boys tournament include Palm Desert (Division 1), Camarillo (Division 2), Trabuco Hills (Division 3), South Torrance (Division 4), Western (Division 5), and Thousand Oaks (Division 6). Top seed on the girls side is Northview (Division 1) and **La Canada** (Division 2).

Wrestling sites for the six divisions of boys wrestling are as follows; Division 1 – St. John Bosco HS; Division 2 – Villa Park HS; Division 3 – San Clemente HS; Division 4 – Victor Valley HS; Division 5 – Western HS; and Division 6 – Glenn HS. Wrestling for the girls rounds will be at Northview HS (Division 1) and Bonita HS (Division 2).

- MORE -

2023 CIF SOUTHERN SECTION-FORD BOYS DUAL MEET WRESTLING CHAMPIONSHIPS

DIVISION 1 (8-Team Bracket, 8 Entries)

SEEDED TEAMS

1. Palm Desert (4-0), Desert Empire League Champion
2. St. John Bosco (3-0), Trinity League Champion
3. Northview (5-1), Valle Vista League Champion
4. Hesperia (5-0), Mojave River League Champion

AT-LARGE ENTRY: None.

2022 FINAL: Palm Desert def. Temecula Valley, 37-35

DIVISION 2 (16-Team Bracket, 13 Entries)

SEEDED TEAMS

1. Camarillo (5-0), Coastal Canyon League Champion
2. Warren (20-3-1), Gateway League Champion
3. Norco (9-1), Big VIII League Champion
4. Chaparral (8-1), Southwestern League At-Large Entry

AT-LARGE ENTRY: Shadown Hills (Desert Empire), 9-2; Centennial/Corona (Big VIII), 3-3; ML King (Big VIII), 3-3; Covina (Valle Vista), 2-3; Servite (Trinity), 6-2; JW North (Ivy), 3-2; Great Oak (Southwestern), 9-5; San Dimas (Valle Vista), 5-1.

2022 FINAL: Calvary Chapel/Santa Ana def. Northview, 37-21.

DIVISION 3 (16-Team Bracket, 16 Entries)

SEEDED TEAMS

1. Trabuco Hills (4-0), Sea View League Champion
2. Chaminade (13-1), Mission League Champion
- 3. Millikan (14-3), Moore League Champion**
- 4. Etiwanda (6-0), Baseline League Champion**

AT-LARGE ENTRY: Upland (Baseline), 1-4; San Clemente (South Coast), 7-1; Bishop Amat (Mission), 10-1; Patriot (River Valley), 6-1; Chino Hills (Baseline), 3-2; Rio Mesa (Channel), 7-1; Rancho Cucamonga (Baseline), 5-2; Irvine (Pacific Coast), 7-4.

2022 FINAL: San Clemente def. Royal, 52-21.

DIVISION 4 (16-Team Bracket, 16 Entries)

SEEDED TEAMS

1. South Torrance (12-1), Pioneer League Champion
2. Victor Valley (2-0), Desert Sky League Champion
3. Cypress (7-3), Empire League Champion
4. Lake Elsinore (13-0), Sunbelt League Champion

AT-LARGE ENTRY: South El Monte (Mission Valley), 4-3; Marshall (Mission Valley), 12-1; Barstow (Desert Sky), 3-2; Poly/Riverside (Sunbelt), 8-1; North Torrance (Pioneer), 2-1; Alta Loma (Palomares), 4-1..

2022 FINAL: South Torrance def. Millikan, 42-28.

PR #13

3-3-3

2023 DUAL MEET WRESTLING CHAMPIONSHIPS - DIVISON 5 (Cont.):

DIVISION 5 (16-Team Bracket, 16 Entries)

SEEDED TEAMS

1. Western (12-1), Orange League Champion
2. Chino (5-0), Mt. Baldy League Champion
3. Santa Fe (17-1-1), Del Rio League Champion
4. Sonora (5-0), Freeway League Champion

AT-LARGE ENTRY: Montclair (Mt. Baldy), 3-2; Quartz Hill (Golden), 7-1; Don Lugo (Mt. Baldy), 4-1; Littlerock (Golden), 5-2; La Habra (Freeway), 5-1; Savanna (Orange), 4-1.

2022 FINAL: Mayfair def. El Modena, 37-33.

DIVISION 6 (16-Team Bracket, 16 Entries)

SEEDED TEAMS

1. Thousand Oaks (11-6), Marmonte League Champion
2. Cerritos (9-5), 605 League Champion
3. Bell Gardens (6-0), Almont League Champion
4. Glenn (9-4), 605 League At-Large Entry

AT-LARGE ENTRY: Schurr (Almont League), 4-1; Westlake (Marmonte), 5-1; Eisenhower (San Andreas), 3-2.

2022 FINAL: Western def. Corona del Mar, 40-21.

* * *

2023 CIF SOUTHERN SECTION-FORD GIRLS DUAL MEET WRESTLING CHAMPIONSHIPS

DIVISION 1 (32-Team Bracket, 29 Entries)

SEEDED TEAMS

1. Northview (6-0), Valle Vista League At-Large Entry
2. Corona (9-0), Big VIII League At-Large Entry
3. Hillcrest (10-0), River Valley League At-Large Entry
4. Marina (6-1), Wave League At-Large Entry

AT-LARGE ENTRY: All.

2022 FINAL: Covina def. Northview, 42-40.

DIVISION 2 (32-Team Bracket, 29 Entries)

SEEDED TEAMS

- 1. La Canada (6-0), Rio Hondo League At-Large Entry**
2. Laguna Hills (9-4), Pacific Coast League At-Large Entry
3. Sultana (6-1), Mojave River League At-Large Entry
4. Ventura (5-0), Channel League At-Large Entry

AT-LARGE ENTRY: All.

2022 FINAL: First year of the division.

- MORE-

PR #13

4-4-4

2023 BOYS/GIRLS DUAL MEET WRESTLING CHAMPIONSHIPS (Cont.):

TITLING FOR CIF SOUTHERN SECTION PLAYOFF EVENTS

Sponsors of CIF Southern Section Championship events have invested a great amount of effort and funding in the support of high school athletics in our state and section. Please keep in mind that CIF Southern Section Championship events section-wide are CONTRACTUALLY titled the **CIF Southern Section-Ford Championships**. The CIF Southern Section commends the media outlets within its geographical area that have supported high school athletics for many years. It is hoped these organizations will continue their outstanding contribution to the betterment of our state's high school athletics programs by utilizing the correct titling for CIF Southern Section events at least once whenever possible – in previews, playoff-pairings lists, results, etc. Your continued support is appreciated.

* * *

BROADCAST RIGHTS REMINDER

A reminder to all radio, television or Internet outlet interested in doing any CIF Southern Section-Ford Championship Playoff broadcasts. All CIF-SS championship contests are the exclusive property of the CIF Southern Section and Bally Sports West. No broadcast entity may do any audio or video based terrestrial, cable, satellite or Internet broadcast or re-broadcasting in any form of the CIF Southern Section Championships in any division in any sport without the expressed, written consent of the CIF Southern Section. Schools involved in these contests have no authority to grant or deny broadcasts.

The complete brackets and final team Top-10 follow.

- END-

2023 CIF SOUTHERN SECTION FORD BOYS DIVISION 1 DUAL MEET CHAMPIONSHIPS

Round 1

Semi Final

Final

01/28/2023

01/28/2023

02/01/2023

Palm Desert * (Desert Empire #1) 4-0-0

Yucaipa (Citrus Belt #1) 6-0-0



Hesperia * (Mojave River #1) 5-0-0

Temecula Vly (Southwestern #1) 13-0-0

Northview * (Valle Vista #1) 5-1-0

Paloma Valley (Ivy #1) 12-0-0

St. John Bosco * (Trinity #1) 4-0-0

Corona del Mar (Surf #1) 12-2-0

* DENOTES HOST TEAM - ALL MATCHES ON SATURDAY, JANUARY 28 WILL TAKE PLACE AT ST. JOHN BOSCO HIGH SCHOOL. PER NFHS RULES, A RANDOM DRAW WAS HELD AT THE CIF OFFICE ON 1/25/23 TO DETERMINE THE STARTING WEIGHT CLASS. THE STARTING WEIGHT CLASSES WILL BE 138 1ST RND, 145 SEMIFINAL RND, 152 FINAL RND. REMINDER: ALL COACHES, AT WEIGH INS, ARE REQUIRED TO SHOW PROOF OF THEIR WRESTLERS' ASSESSMENT IN THE TRACKWRESTLING WEIGHT MANAGEMENT PROGRAM. We reserve the right to adjust the draw sheet as a result of information which would update any final league standings. NOTE: Teams receiving a BYE in the first round shall be the host team in the next round. PLEASE REPORT SCORES TO: CIF-SS OFFICE - www.cifsshome.org, www.scorebooklive.com or www.maxpreps.com and YOUR LOCAL NEWSPAPER. Draw results available on our website @ www.cifss.org.

2023 CIF SOUTHERN SECTION FORD BOYS DIVISION 2 DUAL MEET CHAMPIONSHIPS

Round 1
01/28/2023

Quarter Final
01/28/2023

Semi Final
01/28/2023

Final
02/01/2023

Camarillo * (Coastal Canyon #1) 5-0-0
Bye 0-0-0

Camarillo *



Shadow Hills * (Desert Empire #At-Lg) 9-2-0
Centennial/Cor (Big VIII #At-Lg) 3-3-0

Villa Park * (Crestview #1) 5-2-0
ML King (Big VIII #At-Lg) 2-4-0

Chaparral * (Southwestern #At-Lg) 8-1-0
Covina (Valle Vista #At-Lg) 2-3-0

Norco * (Big VIII #1) 9-1-0
Bye 0-0-0

Norco *

Servite * (Trinity #At-Lg) 6-3-0
Great Oak (Southwestern #At-Lg) 9-5-0

JW North * (Ivy #At-Lg) 3-2-0
San Dimas (Valle Vista #At-Lg) 5-1-0

Warren *

Warren * (Gateway #1) 20-3-1
Bye 0-0-0

* DENOTES HOST TEAM - ALL MATCHES ON SATURDAY, JANUARY 28 WILL TAKE PLACE AT VILLA PARK HIGH SCHOOL. PER NFHS RULES, A RANDOM DRAW WAS HELD AT THE CIF OFFICE ON 1/25/23 TO DETERMINE THE STARTING WEIGHT CLASS. THE STARTING WEIGHT CLASSES WILL BE 132 1ST RND, 138 2ND RND, 145 SEMIFINAL RND, 152 FINAL RND. REMINDER: ALL COACHES, AT WEIGH INS, ARE REQUIRED TO SHOW PROOF OF THEIR WRESTLERS' ASSESSMENT IN THE TRACKWRESTLING WEIGHT MANAGEMENT PROGRAM. We reserve the right to adjust the draw sheet as a result of information which would update any final league standings. NOTE: Teams receiving a BYE in the first round shall be the host team in the next round. PLEASE REPORT SCORES TO: CIF-SS OFFICE - www.cifsshome.org, www.scorebooklive.com or www.maxpreps.com and YOUR LOCAL NEWSPAPER. Draw results available on our website @ www.cifss.org.

2023 CIF SOUTHERN SECTION FORD BOYS DIVISION 3 DUAL MEET CHAMPIONSHIPS

Round 1
01/28/2023

Quarter Final
01/28/2023

Semi Final
02/01/2023

Final
02/01/2023

Trabuco Hills * (Sea View #1) 4-0-0

Upland (Baseline #At-Lg) 1-4-0

Laguna Hills * (Pacific Coast #1)
10-4-0

San Clemente (South Coast #At-Lg) 7-1-0

Buena * (Channel #1) 10-3-0

Bishop Amat (Mission #At-Lg) 10-1-0

Etiwanda * (Baseline #1) 6-0-0

Patriot (River Valley #At-Lg) 6-1-0

Millikan * (Moore #1) 14-3-0

Chino Hills (Baseline #At-Lg) 3-2-0

Hillcrest * (River Valley #1) 8-2-0

Rio Mesa (Channel #At-Lg) 7-1-0

Aliso Niguel * (South Coast #1) 6-5-0

Ran. Cucamonga (Baseline #At-Lg) 5-2-0

Chaminade * (Mission #1) 13-1-0

Irvine (Pacific Coast #At-Lg) 7-4-0



* DENOTES HOST TEAM- ALL MATCHES ON SATURDAY, JANUARY 28 WILL TAKE PLACE AT SAN CLEMENTE HIGH SCHOOL. PER NFHS RULES, A RANDOM DRAW WAS HELD AT THE CIF OFFICE ON 1/25/23 TO DETERMINE THE STARTING WEIGHT CLASS. THE STARTING WEIGHT CLASSES WILL BE 132 1ST RND, 138 2ND RND, 145 SEMIFINAL RND, 152 FINAL RND. REMINDER: ALL COACHES, AT WEIGH INS, ARE REQUIRED TO SHOW PROOF OF THEIR WRESTLERS' ASSESSMENT IN THE TRACKWRESTLING WEIGHT MANAGEMENT PROGRAM. We reserve the right to adjust the draw sheet as a result of information which would update any final league standings. NOTE: Teams receiving a BYE in the first round shall be the host team in the next round. PLEASE REPORT SCORES TO: CIF-SS OFFICE - www.cifsshome.org, www.scorebooklive.com or www.maxpreps.com and YOUR LOCAL NEWSPAPER. Draw results available on our website @ www.cifss.org.

2023 CIF SOUTHERN SECTION FORD BOYS DIVISION 4 DUAL MEET CHAMPIONSHIPS

Round 1
01/28/2023

Quarter Final
01/28/2023

Semi Final
01/28/2023

Final
02/01/2023

South Torrance * (Pioneer #1) 12-1-0

South El Monte (Mission Valley #At-Lg) 4-3-0



Bonita * (Palomares #1) 4-2-0

Segerstrom (Golden West #1) 8-0-0

La Canada * (Rio Hondo #1) 19-3-0

Marshall (Mission Valley #At-Lg) 12-1-0

Lakeside * (Sunbelt #1) 13-0-0

Barstow (Desert Sky #At-Lg) 3-2-0

Cypress * (Empire #1) 7-3-0

Poly/R (Sunbelt #At-Lg) 8-1-0

Redondo Union * (Bay #1) 3-0-0

North Torrance (Pioneer #At-Lg) 2-1-0

Arroyo * (Mission Valley #1) 9-2-0

Rim of World (Sunkist #1) 4-0-0

Victor Valley * (Desert Sky #1) 2-0-0

Alta Loma (Palomares #At-Lg) 4-1-0

* DENOTES HOST TEAM - ALL MATCHES ON SATURDAY, JANUARY 28 WILL TAKE PLACE AT VICTOR VALLEY HIGH SCHOOL. PER NFHS RULES, A RANDOM DRAW WAS HELD AT THE CIF OFFICE ON 1/25/23 TO DETERMINE THE STARTING WEIGHT CLASS. THE STARTING WEIGHT CLASSES WILL BE 132 1ST RND, 138 2ND RND, 145 SEMIFINAL RND, 152 FINAL RND. REMINDER: ALL COACHES, AT WEIGH INS, ARE REQUIRED TO SHOW PROOF OF THEIR WRESTLERS' ASSESSMENT IN THE TRACKWRESTLING WEIGHT MANAGEMENT PROGRAM. We reserve the right to adjust the draw sheet as a result of information which would update any final league standings. NOTE: Teams receiving a BYE in the first round shall be the host team in the next round. PLEASE REPORT SCORES TO: CIF-SS OFFICE - www.cifsshome.org, www.scorebooklive.com or www.maxpreps.com and YOUR LOCAL NEWSPAPER. Draw results available on our website @ www.cifss.org.

2023 CIF SOUTHERN SECTION FORD BOYS DIVISION 5 DUAL MEET CHAMPIONSHIPS

Round 1
01/28/2023

Quarter Final
01/28/2023

Semi Final
01/28/2023

Final
02/01/2023

Western * (Orange #1) 12-1-0
Montclair (Mt. Baldy #At-Lg) 3-2-0

El Dorado * (North Hills #1) 4-0-0
Quartz Hill (Golden #At-Lg) 7-1-0

Marina * (Wave #1) 3-0-0
Channel Islands (Citrus Coast #1)
4-0-0

Sonora * (Freeway #1) 6-0-0
Don Lugo (Mt. Baldy #At-Lg) 4-1-0

Santa Fe * (Del Rio #1) 17-1-1
Littlerock (Golden #At-Lg) 5-2-0

Liberty * (Mountain Pass #1) 5-1-0

La Habra (Freeway #At-Lg) 5-1-0

Lancaster * (Golden #1) 13-9-0
Coachella Vly (Desert Valley #1) 0-
0-0

Chino * (Mt. Baldy #1) 5-0-0
Savanna (Orange #At-Lg) 4-1-0



* DENOTES HOST TEAM - ALL MATCHES ON SATURDAY, JANUARY 28 WILL TAKE PLACE AT WESTERN HIGH SCHOOL. PER NFHS RULES, A RANDOM DRAW WAS HELD AT THE CIF OFFICE ON 1/25/23 TO DETERMINE THE STARTING WEIGHT CLASS. THE STARTING WEIGHT CLASSES WILL BE 132 1ST RND, 138 2ND RND, 145 SEMIFINAL RND, 152 FINAL RND. REMINDER: ALL COACHES, AT WEIGH INS, ARE REQUIRED TO SHOW PROOF OF THEIR WRESTLERS' ASSESSMENT IN THE TRACKWRESTLING WEIGHT MANAGEMENT PROGRAM. We reserve the right to adjust the draw sheet as a result of information which would update any final league standings. NOTE: Teams receiving a BYE in the first round shall be the host team in the next round. PLEASE REPORT SCORES TO: CIF-SS OFFICE - www.cifsshome.org, www.scorebooklive.com or www.maxpreps.com and YOUR LOCAL NEWSPAPER. Draw results available on our website @ www.cifss.org.

2023 CIF SOUTHERN SECTION FORD BOYS DIVISION 6 DUAL MEET CHAMPIONSHIPS

Round 1
01/28/2023

Quarter Final
01/28/2023

Semi Final
01/28/2023

Final
02/01/2023

Thousand Oaks * (Marmonte #1)
12-6-0
Big Bear (Cross Valley #1) 2-1-0

Jurupa Vly * (Mountain Valley #1)
5-1-0
Schurr (Almont #At-Lg) 4-1-0

Grand Terrace * (San Andreas #1)
5-0-0
Santa Rosa Acad (South Valley #1)
6-1-0

Orange Vista * (Inland Valley #1) 4-
3-0
Glenn (605 #At-Lg) 9-4-0

Bell Gardens * (Almont #1) 14-2-0
Pomona (Miramonte #1) 0-0-0

La Mirada * (Mid-Cities #1) 4-1-0
Westlake (Marmonte #At-Lg) 5-1-0

Sierra Vista * (Montview #1) 6-0-0
AB Miller (Mountain Valley #At-Lg)
8-5-0

Cerritos * (605 #1) 9-5-0
Eisenhower (San Andreas #At-Lg)
3-2-0



* DENOTES HOST TEAM - ALL MATCHES ON SATURDAY, JANUARY 28 WILL TAKE PLACE AT JOHN GLENN HIGH SCHOOL. PER NFHS RULES, A RANDOM DRAW WAS HELD AT THE CIF OFFICE ON 1/25/23 TO DETERMINE THE STARTING WEIGHT CLASS. THE STARTING WEIGHT CLASSES WILL BE 132 1ST RND, 138 2ND RND, 145 SEMIFINAL RND, 152 FINAL RND. REMINDER: ALL COACHES, AT WEIGH INS, ARE REQUIRED TO SHOW PROOF OF THEIR WRESTLERS' ASSESSMENT IN THE TRACKWRESTLING WEIGHT MANAGEMENT PROGRAM. We reserve the right to adjust the draw sheet as a result of information which would update any final league standings. NOTE: Teams receiving a BYE in the first round shall be the host team in the next round. PLEASE REPORT SCORES TO: CIF-SS OFFICE - www.cifsshome.org, www.scorebooklive.com or www.maxpreps.com and YOUR LOCAL NEWSPAPER. Draw results available on our website @ www.cifss.org.

2022-23 Boys Wrestling Polls

January 26, 2023

FINAL SEASON POLL As selected by the Boys Wrestling Committee

Division 1

- 1 Palm Desert
- 2 St. John Bosco
- 3 Northview
- 4 Hesperia
- 5 Temecula Valley
- 6 Paloma Valley
- 7 Corona del Mar
- 8 Yucaipa

Others: None

Division 2

- 1 Camarillo
- 2 Warren
- 3 Norco
- 4 Chaparral
- 5 Villa Park
- 6 Servite
- 7 JW North
- 8 Shadow Hills

Others: None

Division 3

- 1 Trabuco Hills
- 2 Chaminade
- 3 Millikan
- 4 Etiwanda
- 5 Bishop Amat
- 6 Hillcrest
- 7 Aliso Niguel
- 8 San Clemente
- 9 Laguna Hills
- 10 Buena

Others: None

Division 4

- 1 South Torrance
- 2 Victor Valley
- 3 Cypress
- 4 Lakeside
- 5 La Canada
- 6 Redondo Union
- 7 Arroyo
- 8 Bonita
- 9 Segerstrom
- 10 Tustin

Others: None

Division 5

- 1 Western
- 2 Chino
- 3 Santa Fe
- 4 Sonora
- 5 Marina
- 6 La Habra
- 7 Lancaster
- 8 El Dorado
- 9 Quartz Hill
- 10 Savanna

Others: None

Division 6

- 1 Thousand Oaks
- 2 Cerritos
- 3 Bell Gardens
- 4 Glenn
- 5 Grand Terrace
- 6 La Mirada
- 7 Sierra Vista
- 8 Schurr
- 9 Jurupa Valley
- 10 AB Miller

Others: None

2023 CIF SOUTHERN SECTION FORD GIRLS DIVISION 1 DUAL MEET CHAMPIONSHIPS

Round 1
01/28/2023

Quarter Final
01/28/2023

Semi Final
01/28/2023

Final
02/01/2023

Northview * (Valle Vista #At-Lg) 6-0-0

Orange Vista (Inland Valley #At-Lg) 7-0-0

Centennial/Cor * (Big VIII #At-Lg) 13-4-0

Warren (Gateway #At-Lg) 20-3-0

Walnut * (Hacienda #At-Lg) 4-0-1

Arroyo (Mission Valley #At-Lg) 8-2-0

Marina * (Wave #At-Lg) 6-1-0

Glenn (605 #At-Lg) 9-2-0

Hillcrest * (River Valley #At-Lg) 10-0-0

Norwalk (Gateway #At-Lg) 13-2-0

San Dimas * (Valle Vista #At-Lg) 6-1-0

Shadow Hills (Desert Empire #At-Lg) 14-3-0

El Toro * (South Coast #At-Lg) 5-0-0

Canyon Springs (Ivy #At-Lg) 6-2-0

Corona * (Big VIII #At-Lg) 9-0-0

Seegerstrom (Golden West #At-Lg) 7-0-0



* DENOTES HOST TEAM - ALL MATCHES ON SATURDAY, JANUARY 28, 2023 WILL TAKE PLACE AT NORTHVIEW HIGH SCHOOL. PER NFHS RULES, A RANDOM DRAW WAS HELD AT THE CIF OFFICE ON 1/25/23 TO DETERMINE THE STARTING WEIGHT CLASS. THE STARTING WEIGHT CLASSES WILL BE 121 1ST RND, 126 QTR RND, 131 SEMI RND, 137 FINAL RND. REMINDER: ALL COACHES, AT WEIGH INS, ARE REQUIRED TO SHOW PROOF OF THEIR WRESTLERS' ASSESSMENT IN THE TRACKWRESTLING WEIGHT MANAGEMENT PROGRAM. We reserve the right to adjust the draw sheet as a result of information which would update any final league standings. NOTE: Teams receiving a BYE in the first round shall be the host team in the next round. PLEASE REPORT SCORES TO: CIF-SS OFFICE - www.cifsshome.org, www.scorebooklive.com or www.maxpreps.com and YOUR LOCAL NEWSPAPER. Draw results available on our website @ www.cifss.org.

2023 CIF SOUTHERN SECTION FORD GIRLS DIVISION 2 DUAL MEET CHAMPIONSHIPS

Round 1	Quarter Final	Semi Final	Final
01/28/2023	01/28/2023	01/28/2023	02/01/2023

La Canada * (Rio Hondo #At-Lg) 9-6-0

Desert Mirage (Desert Valley #At-Lg) 3-2-1



La Quinta/LQ * (Desert Empire #At-Lg) 5-3-0

Santa Fe (Del Rio #At-Lg) 6-2-1

Sonora * (Freeway #At-Lg) 6-0-0

Colony (Palomares #At-Lg) 5-4-0

Ventura * (Channel #At-Lg) 6-0-0

Murrieta Vly (Southwestern #At-Lg) 4-1-0

Sultana * (Mojave River #At-Lg) 6-1-0

Montclair (Mt. Baldy #At-Lg) 4-3-0

Chaparral * (Southwestern #At-Lg) 6-3-0

Valencia/P (Empire #At-Lg) 4-1-0

Yucca Valley * (Desert Valley #At-Lg) 6-2-0

South El Monte (Mission Valley #At-Lg) 6-1-0

Laguna Hills * (Pacific Coast #At-Lg) 9-4-0

Dominguez (Mid-Cities #At-Lg) 5-5-0

* DENOTES HOST TEAM - ALL MATCHES ON SATURDAY, JANUARY 28, 2023 WILL TAKE PLACE AT BONITA HIGH SCHOOL. PER NFHS RULES, A RANDOM DRAW WAS HELD AT THE CIF OFFICE ON 1/25/23 TO DETERMINE THE STARTING WEIGHT CLASS. THE STARTING WEIGHT CLASSES WILL BE 106 1ST RND, 113 2ND RND, 120 SEMIFINAL RND, 126 FINAL RND. REMINDER: ALL COACHES, AT WEIGH INS, ARE REQUIRED TO SHOW PROOF OF THEIR WRESTLERS' ASSESSMENT IN THE TRACKWRESTLING WEIGHT MANAGEMENT PROGRAM. We reserve the right to adjust the draw sheet as a result of information which would update any final league standings. NOTE: Teams receiving a BYE in the first round shall be the host team in the next round. PLEASE REPORT SCORES TO: CIF-SS OFFICE - www.cifsshome.org, www.scorebooklive.com or www.maxpreps.com and YOUR LOCAL NEWSPAPER. Draw results available on our website @ www.cifss.org.

2022-23 Girls Wrestling Polls

January 26, 2023

FINAL SEASON POLL As Selected by the Girls Wrestling Committee

Division 1

- 1 Northview
 - 2 Corona
 - 3 Hillcrest
 - 4 Marina
 - 5 Walnut
 - 6 San Dimas
 - 7 El Toro
 - 8 Centennial/Corona
 - 9 Warren
 - 10 Canyon Springs
- Others: None

Division 2

- 1 La Canada
 - 2 Laguna Hills
 - 3 Sultana
 - 4 Ventura
 - 5 Sonora
 - 6 Chaparral
 - 7 Yucca Valley
 - 8 La Quinta/LQ
 - 9 Santa Fe
 - 10 South El Monte
- Others: None