

# September 29, 2022 9:00 a.m. The Grand Conference Center, Long Beach, CA Agenda

1. OPENING BUSINESS	DISPOSITION	<u>ITEM</u>
A. Call to order by Jim Perry, President of the Council		
B. Pledge of Allegiance		
C. Roll Call		
D. Introduction of Guests		
E. Adopt Agenda	Action	
F. Approval of Minutes		
1. Minutes of the April 5, 2022 Council Meeting	Action	1F1
2. PUBLIC HEARING SESSION		
A. Recognition of anyone wishing to address the Council. Speakers must limit their remarks to three minutes.		
3. NON-ACTION ITEMS	DISPOSITION	<u>ITEM</u>
A. STATE FEDERATED COUNCIL NON-ACTION ITEMS		
1. Bylaw 103 – Weighted Voting – Information Only		3A1
2. Proposed Addition of Girls Flag Football (Non-Action if passed by CIF Southern Section)	Non-Action	STATE 643
3. Proposed Amendment to Article 22 - Membership/Conditions of Membership	Non-Action	STATE 644
B. SOUTHERN SECTION NON-ACTION ITEMS		
<ol> <li>Proposed Revision Bylaw 1222 – Boys Lacrosse Officials Fees</li> </ol>	Non-Action	SS 641
2. Proposed Revision Bylaw 1222 –	Non-Action	SS 642

Beach Volleyball Official Fees

<u>4. ACTION ITEMS</u> <u>DISPOSITION</u> <u>ITEM</u>

### A. STATE FEDERATED COUNCIL ACTION ITEMS

1. Ratification of Executive Committee Action of Bylaw 210 - Action STATE 645
Physical Assault of Game Officials

#### **B. SOUTHERN SECTION ACTION ITEMS**

1. Proposed Addition of Girls Flag Football Action SS 638

# 5. REPORTS

A. Financial Report Mitch Carty

B. Treasurer's Report Chris Calderwood

C. President's Report Jim Perry

D. Commissioner's Report Rob Wigod

1. CIF Southern Section 2022-2023 Goals Action 5D1

### **6. ADVANCE PLANNING**

#### A. DATES

- 1. September 26, 2022 Champions for Character Awards Dinner, The Grand Conference Center, Long Beach, CA 6:00 p.m.
- 2. September 29, 2022 CIF Southern Section Council Meeting, The Grand Conference Center, Long Beach, CA 9:00 a.m.
- 3. October 3, 2022 Athletic Administrators Summit, Sheraton Fairplex Hotel & Conference Center, Pomona CA 7:30 a.m.
- 4. October 12, 2022 CIF Southern Section Hall of Fame/Distinguished Service Awards Luncheon, The Grand Conference Center, Long Beach CA 11:30 a.m.
- 5. January 13-15, 2023 CIF Southern Section Executive Committee Meeting/Retreat, Westin South Coast Plaza, Costa Mesa CA, 9:30 a.m.
- 6. January 31, 2023 CIF Southern Section Council Meeting, The Grand Conference Center, Long Beach CA 9:00 a.m.

### 7. ADJOURNMENT

Α	. Time of Ad	iournment



# April 5, 2022 9:00 a.m. The Grand Conference Center, Long Beach, CA

### **Minutes**

#### 1. OPENING BUSINESS

DISPOSITION

**ITEM** 

- A. Call to order by Mike West, President of the Council at 9:03 am
- B. Pledge of Allegiance
- C. Roll Call
- D. Introduction of Guests

Ron Nocetti, CIF State Executive Director Chase Hartman, Los Angeles Chargers Paul Caldera, Orange County Officials Liaison

E. Adopt Agenda

Action

There was a motion by the Big VIII League and a second by the Southwestern League to adopt the agenda. There being no discussion, the motion was approved to adopt the agenda as written.

**Motion Carried: 85-0-2** 

- F. Approval of Minutes
  - 1. Minutes of the February 1, 2022 Council Meeting

Action

1F1

There was a motion by the Surf League and a second by the Mulholland League to approve the minutes of the February 1, 2022 Council meeting. There being no discussion, the minutes were approved as written.

Motion Carried: 86-0-1

### 2. PUBLIC HEARING SESSION

A. Recognition of anyone wishing to address the Council. Speakers must limit their remarks to three minutes.

Jack Bautista, San Fernando Valley Soccer Officials assignor. Mr. Bautista spoke against the official's fees proposal and asked the Council to vote "no" on SS 636. Mr. Bautista stated that the proposal is not enough money for the lower-level soccer officials, nor does it provide enough of an increase for a center official working in a three-person crew.

3. ACTION ITEMS DISPOSITION ITEM

# A. STATE FEDERATED COUNCIL ACTION ITEMS

1. Proposed 2022-23 CIF State Budget

Action

**STATE 634** 

President-Elect Jim Perry presented the CIF State Budget for review. The 2022-2023 Proposed Budget projects an income of \$6.68 million and expenses at \$6.61 million. Income sources for the State CIF office are: State championships, corporate and marketing sponsorship, and membership dues. The expected expenditures for the CIF State Office are marketing fulfillment agreements and the CIF Home partnership. The full proposed budget can be viewed at <a href="https://www.cifstate.org">www.cifstate.org</a>. There was a motion by the Southwestern League and a second by the Mulholland League to approve the proposal as written. There being no discussion, the motion carried.

Motion Carried: 86-0-1

2. CIF State Executive Committee Nominations

Action

**STATE 635** 

President-Elect Jim Perry presented the CIF State Executive Committee nominations. Mr. John Becker, Sac Joaquin Section and Ms. Natalie Thorne, Central Coast Section are in consideration for the position of President-Elect.

President-Elect Jim Perry also announced that the following candidates have been nominated and have agreed to place their name for consideration to serve a two-year term on the CIF State Executive Committee: Catherine Arenson, San Francisco Section, Scott Giusti, San Diego Section, Marybeth Ortiz, CAPSO, Cris Oseguera, Northern Section, Louie Rocha, North Coast Section, Natalie Thorne, Central Coast Section and Mike West, Southern Section. These openings will begin with the 2022-2023 school year. President-Elect Perry requested the Council allow the Southern Section delegates to the CIF Federated Council to support Southern Section candidate Mike West and go uninstructed on the other positions. There was a motion by the Desert Empire League and a second by the Desert Valley League to support Mike West, Southern Section, and direct the Southern Section delegates to the CIF State Federated Council to go uninstructed on the other positions. There being no discussion, the motion carried.

Motion Carried: 87-0-0

### B. SOUTHERN SECTION ACTION ITEMS

1. Proposed 2022-23 CIF Southern Section Budget

Action

SS 633

Chief Financial Officer Mitch Carty presented the Council with the 2022-2023 budget. The complete Proposed Budget can be viewed at <a href="www.cifss.org">www.cifss.org</a>. There was a motion by the Surf League and a second by the Mulholland League to approve the proposal as written. There being no discussion, the motion carried.

Motion Carried: 87-0-0

2. CIF Southern Section Executive Committee Nominations

Action

SS 631

President Mike West reviewed the CIF Southern Section Nominating Committees slate of candidates for the 2022-2023 CIF Southern Section Executive Committee. Candidates included:

President-Elect – Dr. Paula Rodas, Principal, Lawndale High School and Mr. Jeff Williams, District Athletic Director, Antelope Valley Union High School District.

Dr. Paula Rodas received 57 votes, Mr. Jeff Williams received 24 votes.

# 3. ACTION ITEMS (Cont.)

## B. SOUTHERN SECTION ACTION ITEMS (Cont.)

# 2. CIF Southern Section Executive Committee Nominations (Cont.)

Citrus Belt Area Representative nominees are Mr. Darel Hanson, Principal, Riverside Poly High School and Mr. Kai Lyles, Athletic Director, Desert Hot Springs High School. Only members of the Citrus Belt Area are allowed to cast a vote for this position.

Mr. Darel Hanson received 5 votes, Mr. Kai Lyles received 10 votes.

Mt. SAC Area Representative nominees are Mr. Mitch Brunyer, Principal, Rowland High School and Monica Principe, Director of Secondary Education, Pomona Unified School District. Only members of the Mt. SAC Area are allowed to cast a vote for this position.

Mr. Mitch Brunyer received 5 votes, Mrs. Monica Principe received 2 votes.

# 3. Proposed Revision to Bylaw 510.1

Action

SS 632

President Mike West reviewed Action item SS 632 which was authored by the Private / Public Committee. This proposal would remove the bylaw limiting incoming 9<sup>th</sup> grade students who have participated in club/travel programs coached by high school coaches to enrollment in the public-school attendance area they live in. The proposal will allow students and families to freely choose a youth program, club, etc. they wish to participate in regardless of the coaching staffs' affiliation with a high school.

There was a motion by the Skyline League and a second by the Southwestern League to approve the motion as written. There being no discussion, the motion passed as written.

Motion Passed: 77-9-1

### 4. Officials Fees Proposal

Action

SS 636

President Mike West reviewed Action item SS 636 and asked the Officials Fees and Relations Committee Chair, Mr. Brice Sunderland, to step forward and answer any questions regarding the proposal. President West explained that this agreement looked to dramatically increase officials' fees across the board and move in a direction that tied compensation to the amount of time spent on campus for an official.

There was a motion by the Big VIII League and a second by the Surf League to approve the motion as written.

#### Discussion:

The Mulholland League asked for a current breakdown of officials' fees. President West explained that the full current rates and purposed rates over the next three years are contained in the supporting documents.

The Southwestern League asked what happened to the sports that were already receiving more than the purposed rate of \$35 / hour. The Official's Fees Committee Chair, Mr. Brice Sunderland, explained that no official would see their current rate decreased with this new agreement.

# 3. ACTION ITEMS (Cont.)

# B. SOUTHERN SECTION ACTION ITEMS (Cont.)

## 4. Officials Fees Proposal

Action

SS 636

The Marmonte League asked the question: "When was the full proposal and supporting documents released so the leagues could review the information?" Commissioner Wigod explained that the proposal was sent out to all Council League Representatives on January 26, 2022 prior to the February 1, 2022 CIF Southern Section Council meeting. During the February 1, 2022 CIF Southern Section Council meeting, held electronically via Microsoft Teams, there were small group breakout sessions so Council members could ask questions or get clarifications on SS 636 and report that information back to their respective leagues.

Motion Passed: 68-18-1

5. Proposed Revisions to Bylaws 3419.7 & 3420.3

Action

SS 637

President Mike West presented and reviewed the details of SS 637. This proposal would align 8-Man Football with the current competitive equity-based system of 11-Man Football playoff divisions. 8-Man Football playoff divisions are currently based on school enrollment and this proposal would now place teams in a respective division based on current year (regular season) data at the conclusion of the season.

There was a motion by the Trinity League and a second by the Tri-Valley League to approve the motion as written. There being no discussion, the motion passed as written.

Motion Passed: 78-1-8

6. Proposed Revisions to Bylaw 2415

Action

SS 639

President Mike West reviewed the details of SS 639. The proposal calls to align Girls Lacrosse with Boys and Girls Soccer regarding the issuing of two yellow cards during a contest. Currently in the sport of Girls Lacrosse, two yellow cards received by the same player warrants removal (ejection) from the current contest. CIF Southern Section Bylaw 1224 calls for the player to receive a subsequent game suspension due to the ejection from the last contest. The Girls Lacrosse Advisory Committee is proposing that when a player receives two yellow cards during a contest they are simply "fouling out" of that contest and they are not ejected. If they are not ejected, then they are not required to serve a subsequent game suspension. No Ejection Report would be filed by the game officials. The USA Lacrosse/ NFHS Rule Book has two clear definitions for what is a suspension penalty (yellow card) and what is an ejection (red card) so officials can clearly decide what needs to be reported and what does not.

There was a motion by the San Gabriel League and a second by the Suburban League to approve the motion as written. There being no discussion, the motion passed as written.

Motion Passed: 81-0-6

### 4. NON-ACTION ITEMS

**DISPOSITION** 

**ITEM** 

#### A. STATE FEDERATED COUNCIL NON-ACTION ITEMS

There are no CIF State Federated Council non-action items at this time.

# 4. NON-ACTION ITEMS (Cont.)

### **DISPOSITION**

#### **ITEM**

#### B. SOUTHERN SECTION NON-ACTION ITEMS

1. Proposed Addition of Girls Flag Football

Non-Action

SS 638

Dr. Paula Rodas presented the proposal to the Council explaining that the sport will take place in the Fall season which will make it is more accessible to member schools and this aligns the sport with other schools within the State. Mr. Hartman from the Los Angeles Chargers expressed to the Council that they are available to assist with growth and sponsorship.

#### Discussion:

The San Andreas League asked about when would the season of sport take place if the proposal does not pass as a Fall sport? Dr. Rodas and Mr. Hartman explained that the plan would be to have the season in the late Fall / early Winter. The San Andreas League also asked who will be available to officiate these flag football contests? Dr. Rodas responded that they will continue to use 7 on 7 and flag football officials so it would not impact the use of 11-Man Football officials.

### 5. REPORTS

# A. Financial Report

Mitch Carty

Mr. Mitch Carty reviewed and highlighted the Fall and Winter Sports playoff revenue. During the Fall Season the CIF Southern Section had a ticket sales revenue of \$1,143,265.85. This was an increase of \$256,975.00 compared to the 2019-2020 school year. During the Winter Season the CIF Southern Section had a ticket sales revenue of \$480,519.79. This was an increase of \$62,255.03 compared to the 2019-2020 school year. Other highlights mentioned was the 100% use of digital tickets via GoFan. The digital ticketing process now allows for a much more streamlined financial completion for each season that takes less than 1 month. Mr. Carty also reviewed that over \$1,000,000 has been sent back to schools in profit splits and honorariums to host schools in non-revenue sports. Finally, as of today, the net income in ticket revenue was \$1,371,274.00. This income revenue is similar to the 2014-2015 school year which resulted in a membership dues refund.

# B. Treasurer's Report

Chris Calderwood

Mr. Calderwood reminded the Council that PPP loan #1 was submitted for forgiveness and approved. Currently PPP loan #2 has submitted for forgiveness as of March, 2022 and we are awaiting that decision.

# C. President's Report

Mike West

President West gave his final address as Southern Section Council President and expressed his tremendous amount of pride by the member schools and support they have shown him during his presidency. President West has been very honored to serve as Southern Section President, especially during the COVID pandemic, and he takes pride in knowing that as he steps down the Southern Section is in great hands going forward.

# D. Commissioner's Report

Rob Wigod

1. CIF Southern Section 2021-2022 Goals - Responses

5D1

Commissioner Rob Wigod reviewed the 2021-2022 Southern Section Goals and updated responses to those goals. These goals and responses can be viewed in full within the complete agenda packet. Commissioner Wigod highlighted our continued increase in the social media platforms of Facebook, Twitter and Instagram along with promoting and participation in the Title IX at 50 celebration in cooperation with the National Federation of State High School Associations and the CIF State Office. Commissioner Wigod reminded the Council of the May 1<sup>st</sup> deadline for Distinguished Service/ Hall of Fame nominations and Champions for Character nominations is quickly approaching and to please submit those names for consideration. Next, Commissioner Wigod thanked the Council for disseminating information to member schools, supporting the Official's Fees Committee, thanked the Executive Committee and the Southern Section Office staff. Finally, Commissioner Wigod concluded with a special thank you to outgoing President Mike West for his leadership, guidance, and support in a very difficult time for our member schools during the COVID pandemic.

## 6. ADVANCE PLANNING

#### A. DATES

- 1. May 12, 2022 CIF Southern Section Executive Committee Meeting, CIF Southern Section Offices, Los Alamitos, CA 1:00 p.m.
- 2. August 11, 2022 CIF Southern Section Executive Committee Meeting, CIF Southern Section Offices, Los Alamitos, CA 1:00 p.m.
- 3. September 22, 2022 CIF Southern Section Executive Committee Meeting, CIF Southern Section Offices, Los Alamitos, CA 1:00 p.m.
- 4. September 26, 2022 Champions for Character Awards Dinner, The Grand Conference Center, Long Beach, CA 6:00 p.m.
- 5. September 29, 2022 CIF Southern Section Council Meeting, The Grand Conference Center, Long Beach, CA 9:00 a.m.

# 7. ADJOURNMENT

A. Time of Adjournment: 10:26 am

Submitted By:

Mike Middlebrook

**Assistant Commissioner** 

Approved By:

Rob Wigh

Rob Wigod

Commissioner of Athletics

# Adopt Agenda

605	Yes
Ambassador	Yes
Big VIII	Yes
Citrus Coast	Yes
Condor	
Del Rio	Yes
Empire	Yes
Frontier	Yes
Golden West	Yes
Horizon	Yes
lvy	Yes
Miramonte	Yes
Montview	Yes
Mt. Baldy	Yes
Ocean	Yes
Orange Coast	Yes
Palomares	Yes
River Valley	Yes
Santa Fe	Abstain
South Coast	Yes
Sunbelt	Yes
Tri-Valley	Yes
Warrior	
Joelle Cardona	Yes
Participant 123	

Academy	Yes
Arrowhead	Yes
Camino Real	Yes
Coast Valley	Yes
Crestview	Yes
Desert Empire	Yes
Express	Yes
Garden Grove	Yes
Hacienda	Yes
Independence	Yes
Liberty	Yes
Mission	Yes
Moore	Yes
Mulholland	Yes
Olympic	
Pacific	Yes
Pioneer	Yes
San Andreas	Yes
Sea View	Yes
South Valley	Yes
Sunkist	Yes
Trinity	Yes
Wave	Yes
Holly Jefferson	
Participant 198393	Yes

Agape	Yes
Baseline	Yes
Channel	Yes
Coastal	Yes
Cross Valley	Yes
Desert Sky	Yes
Foothill	
Gold Coast	Yes
Harbor	
Inland Valley	Yes
Majestic	Yes
Mission Valley	Yes
Mountain Pass	Yes
National	Yes
Omega	Yes
Pacific Coast	Abstain
Prep	Yes
San Gabriel Valley	Yes
Sierra	
Southwestern	Yes
Sunshine	Yes
Valle Vista	Yes
Western	Yes
Lauren Kamiyama	Yes

Almont	Yes
Bay	Yes
Citrus Belt	Yes
Coastal Canyon	Yes
Del Rey	Yes
Desert Valley	Yes
Freeway	
Golden	Yes
Heritage	
International	Yes
Marmonte	Yes
Mojave River	Yes
Mountain Valley	Yes
North Hills	Yes
Orange	Yes
Pacific View	Yes
Rio Hondo	Yes
San Joaquin	Yes
Skyline	Yes
Suburban	Yes
Surf	Yes
Victory	
Kristin Braun	Yes
Michelle Okayama	Yes

# Approval of Minutes February 1, 2022

Ambassador Yes Big VIII Yes Citrus Coast Yes Condor Del Rio Yes Empire Yes Frontier Yes Golden West Yes Horizon Yes Miramonte Abstain Montview Yes Mt. Baldy Yes Ocean Yes		
Big VIII Yes Citrus Coast Yes Condor Del Rio Yes Empire Yes Frontier Yes Golden West Yes Ivy Yes Miramonte Abstain Montview Yes Ocean Yes	605	Yes
Citrus Coast Condor Del Rio Yes Empire Frontier Golden West Horizon Ivy Miramonte Montview Mt. Baldy Yes Condor Yes Aves Abstain Yes Myes Yes Myes Myes Myes Myes Myes Myes Myes My	Ambassador	Yes
Condor Del Rio Yes Empire Yes Frontier Yes Golden West Yes Horizon Yes Ivy Yes Miramonte Abstain Montview Yes Mt. Baldy Yes Ocean Yes	Big VIII	Yes
Del Rio Yes Empire Yes Frontier Yes Golden West Yes Horizon Yes Ivy Yes Miramonte Abstain Montview Yes Mt. Baldy Yes Ocean Yes	Citrus Coast	Yes
Empire Yes Frontier Yes Golden West Yes Horizon Yes Ivy Yes Miramonte Abstain Montview Yes Mt. Baldy Yes Ocean Yes	Condor	
Frontier Golden West Horizon Ivy Yes Miramonte Montview Mt. Baldy Yes Ocean Yes	Del Rio	Yes
Golden West  Horizon  Ivy  Yes  Miramonte  Montview  Mt. Baldy  Ocean  Yes	Empire	Yes
Horizon Yes Ivy Yes Miramonte Abstain Montview Yes Mt. Baldy Yes Ocean Yes	Frontier	Yes
Ivy Yes Miramonte Abstain Montview Yes Mt. Baldy Yes Ocean Yes	Golden West	Yes
Miramonte Abstain Montview Yes Mt. Baldy Yes Ocean Yes	Horizon	Yes
Montview Yes Mt. Baldy Yes Ocean Yes	lvy	Yes
Mt. Baldy Yes Ocean Yes	Miramonte	Abstain
Ocean Yes	Montview	Yes
	Mt. Baldy	Yes
Out was Carast Was	Ocean	Yes
Orange Coast Yes	Orange Coast	Yes
Palomares Yes	Palomares	Yes
River Valley Yes	River Valley	Yes
Santa Fe Yes	Santa Fe	Yes
South Coast Yes	South Coast	Yes
Sunbelt Yes	Sunbelt	Yes
Tri-Valley Yes	Tri-Valley	Yes
Warrior	Warrior	
Joelle Cardona Yes	Joelle Cardona	Yes
Participant 123	Participant 123	

A sa dama	
Academy	Yes
Arrowhead	Yes
Camino Real	Yes
Coast Valley	Yes
Crestview	Yes
Desert Empire	Yes
Express	Yes
Garden Grove	Yes
Hacienda	Yes
Independence	Yes
Liberty	Yes
Mission	Yes
Moore	Yes
Mulholland	Yes
Olympic	
Pacific	Yes
Pioneer	Yes
San Andreas	Yes
Sea View	Yes
South Valley	Yes
Sunkist	Yes
Trinity	Yes
Wave	Yes
Holly Jefferson	
Participant 198393	Yes

Agape	Yes
Baseline	Yes
Channel	Yes
Coastal	Yes
Cross Valley	Yes
Desert Sky	Yes
Foothill	
Gold Coast	Yes
Harbor	
Inland Valley	Yes
Majestic	Yes
Mission Valley	Yes
Mountain Pass	Yes
National	Yes
Omega	Yes
Pacific Coast	Yes
Prep	Yes
San Gabriel Valley	Yes
Sierra	
Southwestern	Yes
Sunshine	Yes
Valle Vista	Yes
Western	Yes
Lauren Kamiyama	Yes

Almont	Yes
Bay	Yes
Citrus Belt	Yes
Coastal Canyon	Yes
Del Rey	Yes
Desert Valley	Yes
Freeway	
Golden	Yes
Heritage	
International	Yes
Marmonte	Yes
Mojave River	Yes
Mountain Valley	Yes
North Hills	Yes
Orange	Yes
Pacific View	Yes
Rio Hondo	Yes
San Joaquin	Yes
Skyline	Yes
Suburban	Yes
Surf	Yes
Victory	
Kristin Braun	Yes
Michelle Okayama	Yes

# STATE 634 Proposed 2022-23 CIF State Budget

605	Yes
Ambassador	Yes
Big VIII	Yes
Citrus Coast	Yes
Condor	
Del Rio	Yes
Empire	Yes
Frontier	Yes
Golden West	Yes
Horizon	Yes
lvy	Yes
Miramonte	Yes
Montview	Yes
Mt. Baldy	Yes
Ocean	Yes
Orange Coast	Yes
Palomares	Yes
River Valley	Yes
Santa Fe	Yes
South Coast	Yes
Sunbelt	Yes
Tri-Valley	Yes
Warrior	
Joelle Cardona	Yes
Participant 123	

Academy	Yes
Arrowhead	Yes
Camino Real	Yes
Coast Valley	Abstain
Crestview	Yes
Desert Empire	Yes
Express	Yes
Garden Grove	Yes
Hacienda	Yes
Independence	Yes
Liberty	Yes
Mission	Yes
Moore	Yes
Mulholland	Yes
Olympic	
Pacific	Yes
Pioneer	Yes
San Andreas	Yes
Sea View	Yes
South Valley	Yes
Sunkist	Yes
Trinity	Yes
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Cross Valley	Yes
Desert Sky	Yes
Foothill	
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Harbor	
Inland Valley	Yes
Majestic	Yes
Mission Valley	Yes
Mountain Pass	Yes
National	Yes
Omega	Yes
Pacific Coast	Yes
Prep	Yes
San Gabriel Valley	Yes
Sierra	
Southwestern	Yes
Sunshine	Yes
Valle Vista	Yes
Western	Yes
Lauren Kamiyama	Yes

Almont	Yes
Bay	Yes
Citrus Belt	Yes
Coastal Canyon	Yes
Del Rey	Yes
Desert Valley	Yes
Freeway	
Golden	Yes
Heritage	
International	Yes
Marmonte	Yes
Mojave River	Yes
Mountain Valley	Yes
North Hills	Yes
Orange	Yes
Pacific View	Yes
Rio Hondo	Yes
San Joaquin	Yes
Skyline	Yes
Suburban	Yes
Surf	Yes
Victory	
Kristin Braun	Yes
Michelle Okayama	Yes

# STATE 635 CIF State Executive Committee Nominations

605	Yes
Ambassador	Yes
Big VIII	Yes
Citrus Coast	Yes
Condor	
Del Rio	Yes
Empire	Yes
Frontier	Yes
Golden West	Yes
Horizon	Yes
lvy	Yes
Miramonte	Yes
Montview	Yes
Mt. Baldy	Yes
Ocean	Yes
Orange Coast	Yes
Palomares	Yes
River Valley	Yes
Santa Fe	Yes
South Coast	Yes
Sunbelt	Yes
Tri-Valley	Yes
Warrior	
Joelle Cardona	Yes
Participant 123	

Academy	Yes
Arrowhead	Yes
Camino Real	Yes
Coast Valley	Yes
Crestview	Yes
Desert Empire	Yes
Express	Yes
Garden Grove	Yes
Hacienda	Yes
Independence	Yes
Liberty	Yes
Mission	Yes
Moore	Yes
Mulholland	Yes
Olympic	
Pacific	Yes
Pioneer	Yes
San Andreas	Yes
Sea View	Yes
South Valley	Yes
Sunkist	Yes
Trinity	Yes
Wave	Yes
Holly Jefferson	
Participant 198393	Yes

Agape	Yes
Baseline	Yes
Channel	Yes
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Cross Valley	Yes
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Majestic	Yes
Mission Valley	Yes
Mountain Pass	Yes
National	Yes
Omega	Yes
Pacific Coast	Yes
Prep	Yes
San Gabriel Valley	Yes
Sierra	
Southwestern	Yes
Sunshine	Yes
Valle Vista	Yes
Western	Yes
Lauren Kamiyama	Yes

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Coastal Canyon	Yes
Del Rey	Yes
Desert Valley	Yes
Freeway	
Golden	Yes
Heritage	
International	Yes
Marmonte	Yes
Mojave River	Yes
Mountain Valley	Yes
North Hills	Yes
Orange	Yes
Pacific View	Yes
Rio Hondo	Yes
San Joaquin	Yes
Skyline	Yes
Suburban	Yes
Surf	Yes
Victory	
Kristin Braun	Yes
Michelle Okayama	Yes

Motion Carried 87 Yes 0 No 0 Abstain

# SS 633 Proposed 2022-23 CIF-SS Budget

605	Yes
Ambassador	Yes
Big VIII	Yes
Citrus Coast	Yes
Condor	
Del Rio	Yes
Empire	Yes
Frontier	Yes
Golden West	Yes
Horizon	Yes
lvy	Yes
Miramonte	Yes
Montview	Yes
Mt. Baldy	Yes
Ocean	Yes
Orange Coast	Yes
Palomares	Yes
River Valley	Yes
Santa Fe	Yes
South Coast	Yes
Sunbelt	Yes
Tri-Valley	Yes
Warrior	
Joelle Cardona	Yes
Participant 123	

Yes
Yes
Yes
Yes

Agape	Yes
Baseline	Yes
Channel	Yes
Coastal	Yes
Cross Valley	Yes
Desert Sky	Yes
Foothill	
Gold Coast	Yes
Harbor	
Inland Valley	Yes
Majestic	Yes
Mission Valley	Yes
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Pacific Coast	Yes
Prep	Yes
San Gabriel Valley	Yes
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Southwestern	Yes
Sunshine	Yes
Valle Vista	Yes
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Bay	Yes
Citrus Belt	Yes
Coastal Canyon	Yes
Del Rey	Yes
Desert Valley	Yes
Freeway	
Golden	Yes
Heritage	
International	Yes
Marmonte	Yes
Mojave River	Yes
Mountain Valley	Yes
North Hills	Yes
Orange	Yes
Pacific View	Yes
Rio Hondo	Yes
San Joaquin	Yes
Skyline	Yes
Suburban	Yes
Surf	Yes
Victory	
Kristin Braun	Yes
Michelle Okayama	Yes

# SS 631- President-Elect

# **All Leagues Vote**

# YES – Dr. Paula Rodas NO – Jeff Williams

605	No	Academy	No	Agape	No	Almont	Yes
Ambassador	Yes	Arrowhead	No	Baseline	No	Bay	Yes
Big VIII	Yes	Camino Real	Yes	Channel	Yes	Citrus Belt	Yes
Citrus Coast	Yes	Coast Valley	Abstain	Coastal	Yes	Coastal Canyon	Yes
Condor		Crestview	Yes	Cross Valley	No	Del Rey	Yes
Del Rio	Yes	Desert Empire	Yes	Desert Sky	Yes	Desert Valley	Yes
Empire	Abstain	Express	No	Foothill		Freeway	
Frontier	Yes	Garden Grove	Yes	Gold Coast	No	Golden	No
Golden West	Yes	Hacienda	Yes	Harbor		Heritage	
Horizon	Yes	Independence	Yes	Inland Valley	Yes	International	Yes
lvy	Yes	Liberty	Yes	Majestic	Yes	Marmonte	No
Miramonte	No	Mission	Abstain	Mission Valley	No	Mojave River	Yes
Montview	Yes	Moore	Yes	Mountain Pass	Yes	Mountain Valley	Yes
Mt. Baldy	No	Mulholland	Yes	National	Yes	North Hills	Yes
Ocean	Yes	Olympic		Omega	Yes	Orange	No
Orange Coast	Yes	Pacific	No	Pacific Coast	Yes	Pacific View	Yes
Palomares	No	Pioneer	Yes	Prep	No	Rio Hondo	Yes
River Valley	Yes	San Andreas	Yes	San Gabriel Valley	Abstain	San Joaquin	No
Santa Fe	Yes	Sea View	No	Sierra		Skyline	Yes
South Coast	No	South Valley	Yes	Southwestern	Yes	Suburban	Abstain
Sunbelt	Yes	Sunkist	Yes	Sunshine	Abstain	Surf	Yes
Tri-Valley	No	Trinity	Yes	Valle Vista	Yes	Victory	
Warrior		Wave	Yes	Western	No	Kristin Braun	Yes
Joelle Cardona	No	Holly Jefferson		Lauren Kamiyama	Yes	Michelle Okayama	No
Participant 123		Participant 198393	Yes			_	

Motion Carried 57 Yes 24 No 6 Abstain

# SS 631- Citrus Belt Area Representative

Only the following leagues may vote:

Big VIII, Citrus Belt, Desert Empire, Desert Sky, Desert Valley, Inland Valley, Ivy, Mojave River, Mountain Pass, Mountain Valley, River Valley, San Andreas, Southwestern, Sunbelt, Sunkist

YES – Darel Hansen

NO – Kai Lyles

605	Abstain	Academy	Abstain	Agape	Abstain	Almont	Abstain
Ambassador	Abstain	Arrowhead	Abstain	Baseline	Abstain	Bay	Abstain
Big VIII	Yes	Camino Real	Abstain	Channel	Abstain	Citrus Belt	No
Citrus Coast	Abstain	Coast Valley	Abstain	Coastal	Abstain	Coastal Canyon	Abstain
Condor		Crestview	Abstain	Cross Valley	Abstain	Del Rey	Abstain
Del Rio	Abstain	Desert Empire	No	Desert Sky	No	Desert Valley	No
Empire	Abstain	Express	Abstain	Foothill		Freeway	
Frontier	Abstain	Garden Grove	Abstain	Gold Coast	Abstain	Golden	Abstain
Golden West	Abstain	Hacienda	Abstain	Harbor		Heritage	
Horizon	Abstain	Independence	Abstain	Inland Valley	Yes	International	Abstain
lvy	Yes	Liberty	Abstain	Majestic	Abstain	Marmonte	Abstain
Miramonte	Abstain	Mission	Abstain	Mission Valley	Abstain	Mojave River	No
Montview	Abstain	Moore	Abstain	Mountain Pass	No	Mountain Valley	No
Mt. Baldy	Abstain	Mulholland	Abstain	National	Abstain	North Hills	Abstain
Ocean	Abstain	Olympic		Omega	Abstain	Orange	Abstain
Orange Coast	Abstain	Pacific	Abstain	Pacific Coast	Abstain	Pacific View	Abstain
Palomares	Abstain	Pioneer	Abstain	Prep	Abstain	Rio Hondo	Abstain
River Valley	Yes	San Andreas	No	San Gabriel Valley	Abstain	San Joaquin	Abstain
Santa Fe	Abstain	Sea View	Abstain	Sierra		Skyline	Abstain
South Coast	Abstain	South Valley	Abstain	Southwestern	No	Suburban	Abstain
Sunbelt	Yes	Sunkist	No	Sunshine	Abstain	Surf	Abstain
Tri-Valley	Abstain	Trinity	Abstain	Valle Vista	Abstain	Victory	
Warrior		Wave	Abstain	Western	Abstain	Kristin Braun	Abstain
Joelle Cardona	Abstain	Holly Jefferson		Lauren Kamiyama	Abstain	Michelle Okayama	Abstain
Participant 123		Participant 198393	Abstain				

Motion Lost 5 Yes 10 No 72 Abstain

# SS 631 – Mt. SAC Area Representative

Only the following leagues may vote:

Baseline, Hacienda, Miramonte, Montview, Mt. Baldy, Palomares, Valle Vista

# YES – Mitch Brunyer

# NO – Monica Principe

605	Abstain	Academy	Abstain	Agape	Abstain	Almont	Abstain
Ambassador	Abstain	Arrowhead	Abstain	Baseline	Yes	Bay	Abstain
Big VIII	Abstain	Camino Real	Abstain	Channel	Abstain	Citrus Belt	Abstain
Citrus Coast	Abstain	Coast Valley	Abstain	Coastal	Abstain	Coastal Canyon	Abstain
Condor		Crestview	Abstain	Cross Valley	Abstain	Del Rey	Abstain
Del Rio	Abstain	Desert Empire	Abstain	Desert Sky	Abstain	Desert Valley	Abstain
Empire	Abstain	Express	Abstain	Foothill		Freeway	
Frontier	Abstain	Garden Grove	Abstain	Gold Coast	Abstain	Golden	Abstain
Golden West	Abstain	Hacienda	Yes	Harbor		Heritage	
Horizon	Abstain	Independence	Abstain	Inland Valley	Abstain	International	Abstain
lvy	Abstain	Liberty	Abstain	Majestic	Abstain	Marmonte	Abstain
Miramonte	No	Mission	Abstain	Mission Valley	Abstain	Mojave River	Abstain
Montview	Yes	Moore	Abstain	Mountain Pass	Abstain	Mountain Valley	Abstain
Mt. Baldy	Yes	Mulholland	Abstain	National	Abstain	North Hills	Abstain
Ocean	Abstain	Olympic		Omega	Abstain	Orange	Abstain
Orange Coast	Abstain	Pacific	Abstain	Pacific Coast	Abstain	Pacific View	Abstain
Palomares	Yes	Pioneer	Abstain	Prep	Abstain	Rio Hondo	Abstain
River Valley	Abstain	San Andreas	Abstain	San Gabriel Valley	Abstain	San Joaquin	Abstain
Santa Fe	Abstain	Sea View	Abstain	Sierra		Skyline	Abstain
South Coast	Abstain	South Valley	Abstain	Southwestern	Abstain	Suburban	Abstain
Sunbelt	Abstain	Sunkist	Abstain	Sunshine	Abstain	Surf	Abstain
Tri-Valley	Abstain	Trinity	Abstain	Valle Vista	No	Victory	
Warrior		Wave	Abstain	Western	Abstain	Kristin Braun	Abstain
Joelle Cardona	Abstain	Holly Jefferson		Lauren Kamiyama	Abstain	Michelle Okayama	Abstain
Participant 123		Participant 198393	Abstain				

Motion Carried 5 Yes 2 No 80 Abstain

# SS 632 Proposed Revision to Bylaw 510.1

A	
Ambassador Yes	
Big VIII Yes	
Citrus Coast No	
Condor	
Del Rio No	
Empire Yes	
Frontier Yes	
Golden West Yes	
Horizon Yes	
Ivy Yes	
Miramonte Yes	
Montview No	
Mt. Baldy No	
Ocean Yes	
Orange Coast Yes	
Palomares Yes	
River Valley Yes	
Santa Fe Yes	
South Coast Yes	
Sunbelt Yes	
Tri-Valley Yes	
Warrior	
Joelle Cardona Yes	
Participant 123	

Academy	Yes
Arrowhead	Yes
Camino Real	Yes
Coast Valley	No
Crestview	Yes
Desert Empire	Yes
Express	Yes
Garden Grove	Yes
Hacienda	Yes
Independence	Yes
Liberty	Yes
Mission	Yes
Moore	Yes
Mulholland	Yes
Olympic	
Pacific	Yes
Pioneer	Yes
San Andreas	Yes
Sea View	Yes
South Valley	Yes
Sunkist	Yes
Trinity	Yes
Wave	Yes
Holly Jefferson	
Participant 198393	Yes

Agape	No
Baseline	Yes
Channel	Yes
Coastal	No
Cross Valley	Yes
Desert Sky	Yes
Foothill	
Gold Coast	Yes
Harbor	
Inland Valley	Yes
Majestic	Abstain
Mission Valley	No
Mountain Pass	Yes
National	Yes
Omega	Yes
Pacific Coast	Yes
Prep	Yes
San Gabriel Valley	Yes
Sierra	
Southwestern	Yes
Sunshine	Yes
Valle Vista	Yes
Western	Yes
Lauren Kamiyama	Yes

Almont	Yes
Bay	Yes
Citrus Belt	Yes
Coastal Canyon	Yes
Del Rey	Yes
Desert Valley	Yes
Freeway	
Golden	Yes
Heritage	
International	Yes
Marmonte	Yes
Mojave River	No
Mountain Valley	Yes
North Hills	Yes
Orange	Yes
Pacific View	Yes
Rio Hondo	Yes
San Joaquin	Yes
Skyline	Yes
Suburban	Yes
Surf	Yes
Victory	
Kristin Braun	Yes
Michelle Okayama	Yes

# SS 636 Officials Fees Proposal

605	No	Academy	Yes	Agape	No	Almont
Ambassador	Yes	Arrowhead	No	Baseline	Yes	Bay
Big VIII	Yes	Camino Real	No	Channel	No	Citrus Belt
Citrus Coast	No	Coast Valley	Yes	Coastal	Yes	Coastal Canyon
Condor		Crestview	Yes	Cross Valley	Yes	Del Rey
Del Rio	Yes	Desert Empire	Yes	Desert Sky	Yes	Desert Valley
Empire	Yes	Express	Yes	Foothill		Freeway
Frontier	Yes	Garden Grove	Yes	Gold Coast	Yes	Golden
Golden West	Yes	Hacienda	Yes	Harbor		Heritage
Horizon	No	Independence	Yes	Inland Valley	Yes	International
lvy	Yes	Liberty	Yes	Majestic	No	Marmonte
Miramonte	Yes	Mission	Yes	Mission Valley	No	Mojave River
Montview	No	Moore	Yes	Mountain Pass	Yes	Mountain Valley
Mt. Baldy	Yes	Mulholland	Yes	National	Yes	North Hills
Ocean	Yes	Olympic		Omega	Yes	Orange
Orange Coast	Yes	Pacific	No	Pacific Coast	Yes	Pacific View
Palomares	Yes	Pioneer	Yes	Prep	Yes	Rio Hondo
River Valley	Yes	San Andreas	Yes	San Gabriel Valley	Yes	San Joaquin
Santa Fe	No	Sea View	Yes	Sierra		Skyline
South Coast	Yes	South Valley	No	Southwestern	Yes	Suburban
Sunbelt	Yes	Sunkist	Yes	Sunshine	Yes	Surf
Tri-Valley	No	Trinity	Yes	Valle Vista	Yes	Victory
Warrior		Wave	Yes	Western	Yes	Kristin Braun
Joelle Cardona	Abstain	Holly Jefferson		Lauren Kamiyama	Yes	Michelle Okayama
Participant 123		Participant 198393	Yes			

Yes
Yes
No
Yes

Yes

Yes
No
Yes
Yes
No
No
Yes
Yes
Yes
Yes
Yes
Yes
Yes

Yes Yes

# SS 637 Proposed Revisions to Bylaws 3419.7 & 3420.3

605	Yes
Ambassador	Yes
Big VIII	Yes
Citrus Coast	Yes
Condor	
Del Rio	Yes
Empire	Abstain
Frontier	Yes
Golden West	Yes
Horizon	Yes
lvy	Yes
Miramonte	Abstain
Montview	Yes
Mt. Baldy	Yes
Ocean	Yes
Orange Coast	Yes
Palomares	Yes
River Valley	Yes
Santa Fe	Yes
South Coast	Yes
Sunbelt	Yes
Tri-Valley	Yes
Warrior	
Joelle Cardona	Yes
Participant 123	

Yes
No
Yes
Abstain
Yes
V
Yes
Yes

Agape	Yes
Baseline	Yes
Channel	Yes
Coastal	Yes
Cross Valley	Yes
Desert Sky	Yes
Foothill	
Gold Coast	Yes
Harbor	
Inland Valley	Yes
Majestic	Yes
Mission Valley	Yes
Mountain Pass	Yes
National	Abstain
Omega	Yes
Pacific Coast	Yes
Prep	Yes
San Gabriel Valley	Yes
Sierra	
Southwestern	Yes
Sunshine	Yes
Valle Vista	Abstain
Western	Yes
Lauren Kamiyama	Yes

Almont	Yes
Bay	Yes
Citrus Belt	Yes
Coastal Canyon	Abstain
Del Rey	Yes
Desert Valley	Yes
Freeway	
Golden	Yes
Heritage	
International	Abstain
Marmonte	Abstain
Mojave River	Yes
Mountain Valley	Yes
North Hills	Yes
Orange	Yes
Pacific View	Yes
Rio Hondo	Yes
San Joaquin	Yes
Skyline	Yes
Suburban	Yes
Surf	Yes
Victory	
Kristin Braun	Yes
Michelle Okayama	Yes

Motion Carried 78 Yes 1 No 8 Abstain

# SS 639 Proposed Revisions to Bylaw 2415

605	Yes
Ambassador	Yes
Big VIII	Yes
Citrus Coast	Yes
Condor	
Del Rio	Yes
Empire	Yes
Frontier	Yes
Golden West	Yes
Horizon	Yes
lvy	Yes
Miramonte	Yes
Montview	Yes
Mt. Baldy	Yes
Ocean	Yes
Orange Coast	Yes
Palomares	Yes
River Valley	Yes
Santa Fe	Yes
South Coast	Yes
Sunbelt	Yes
Tri-Valley	Yes
Warrior	
Joelle Cardona	Yes
Participant 123	

Yes
Yes
Abstain
Abstain
Yes
Abstain
Yes

Agape	Yes
Baseline	Yes
Channel	Yes
Coastal	Yes
Cross Valley	Yes
Desert Sky	Yes
Foothill	
Gold Coast	Yes
Harbor	
Inland Valley	Yes
Majestic	Yes
Mission Valley	Yes
Mountain Pass	Yes
IVIOUITAITI PASS	163
National	Abstain
National	Abstain
National Omega	Abstain Yes
National Omega Pacific Coast	Abstain Yes Yes
National Omega Pacific Coast Prep	Abstain Yes Yes Yes
National Omega Pacific Coast Prep San Gabriel Valley	Abstain Yes Yes Yes
National Omega Pacific Coast Prep San Gabriel Valley Sierra	Abstain Yes Yes Yes Yes
National Omega Pacific Coast Prep San Gabriel Valley Sierra Southwestern	Abstain Yes Yes Yes Yes Yes Yes
National Omega Pacific Coast Prep San Gabriel Valley Sierra Southwestern Sunshine	Abstain Yes Yes Yes Yes Yes Yes
National Omega Pacific Coast Prep San Gabriel Valley Sierra Southwestern Sunshine Valle Vista	Abstain Yes Yes Yes Yes Yes Yes Yes Yes Yes

Almont	Yes
Bay	Yes
Citrus Belt	Yes
Coastal Canyon	Yes
Del Rey	Abstain
Desert Valley	Yes
Freeway	
Golden	Yes
Heritage	
International	Abstain
Marmonte	Yes
Mojave River	Yes
Mountain Valley	Yes
North Hills	Yes
Orange	Yes
Pacific View	Yes
Rio Hondo	Yes
San Joaquin	Yes
Skyline	Yes
Suburban	Yes
Surf	Yes
Victory	
Kristin Braun	Yes
Michelle Okayama	Yes

# CIF SOUTHERN SECTION



FINANCIAL REPORT APRIL 5, 2022

MITCH CARTY, CHIEF FINANCIAL OFFICER

# FALL SPORTS REVIEW 2021

CIF SOUTHERN SECTION FALL SPORTS PLAYOFFS NET INCOME AND TICKET SALES

	2021-22	2019-20	Diff.
Football	\$997,330.24	\$746,421.77	\$250,908.47
Girls Volleyball	\$107,133.69	\$74,929.32	\$32,204.37
Cross Country	\$29,176.02	\$52,476.98	(\$23,300.96)
Boys Water Polo	\$19,339.74	\$16,494.23	\$2,845.51
Girls Golf	(\$2,626.54)	\$2,042.59	(\$4,669.13)
Girls Tennis	(\$7,087.30)	(\$6,074.58)	(\$1,012.72)
FALL SPORTS TOTALS	\$1,143,265.85	\$886,290.31	<i>\$256,975.54</i>

# FALL SPORTS ~ NET INCOME, 2021~

	2021-22	2019-20	Diff.
Football	260,000	229,442	30,558
Girls Volleyball	39,691	37,575	2,116
Cross Country	10,212	10,515	(303)
Boys Water Polo	3,282	3,579	(297)
FALL SPORTS TOTALS	313,185	281,111	32,074

# FALL SPORTS ~ TICKET SALES, 2021~

# WINTER SPORTS REVIEW 2022

CIF SOUTHERN SECTION WINTER SPORTS PLAYOFFS NET INCOME AND TICKET SALES

	2021-22	2019-20	Diff.
Boys Basketball	\$244,633.78	\$213,160.73	\$31,473.05
Girls Basketball	\$96,439.55	\$87,498.90	\$8,940.65
Soccer	\$81,360.45	\$69,593.91	\$11,766.54
Wrestling	\$32,975.08	\$22,438.17	\$10,536.91
Cheer	\$12,001.33	\$16,109.54	(\$4,108.21)
Girls Water Polo	\$13,109.60	\$9,463.51	\$3,646.09
WINTER SPORTS TOTALS	<i>\$480,519.79</i>	\$418,264.76	\$62,255.03

# WINTER SPORTS ~ NET INCOME, 2022~

	2021-22	2019-20	Diff.
Basketball	122,784	116,670	6,114
Soccer	12,311	12,697	(386)
Wrestling	15,141	12,874	2,267
Cheer	2,439	2,618	(179)
Girls Water Polo	2,607	3,070	(463)
WINTER SPORTS TOTALS	155,282	147,929	7,353

# WINTER SPORTS ~ TICKET SALES, 2022~

# GOFAN IMPACT...

OLD

Tickets "consigned" to schools.

Cash ONLY ticketing at gate.

Host schools deposit cash & reconcile tickets.

Host schools send CIF-SS split and unsold tickets.

Financial completion of season takes 3-4 months.



100% digital ticketing and validation at gate.

Capacity management via GoFan HQ.

CIF-SS receives & reconciles all ticket revenue.

Schools report expenses, CIF-SS sends expenses/splits.

Financial completion of season takes less than I month.

# WINTER GOFAN SUMMARY...

- ~750 events across 8 sports.
- Incredibly rapid expense reporting by schools.
- ~I,100 expense & split checks sent to member schools within 3 weeks of event.
- >\$1 million back to schools in profit splits and hosting honorariums (fall/winter).
- Only 2 events to report at 3/31.
- Improved efficiency ???



# OVERALL PROFIT & LOSS 2021-22

CIF SOUTHERN SECTION FISCAL YEAR THRU MARCH 31, 2022

# CIF SOUTHERN SECTION: FISCAL 2021-2022

	BUDGET	ACTUAL	+/-	
REVENUE	\$ 4,741,500	\$ 6,509,111	\$ 1,767,611	
EXPENSES	\$ 4,741,500	\$ 5,137,837	\$ (396,337)	
NET	\$ -	\$ 1,371,274	\$ 1,371,274	

# PROFIT & LOSS ~ AT MARCH 31, 2022 ~

# IN CLOSING...

- The last time the CIF-SS had a net income at this level through three quarters was 2014-15.
- Remember that year?
- Our goal is to manage our finances to the Council approved budget.
- When CIF-SS does well, so too does our constituents!
- Partnership continues...



# QUESTIONSP



FINANCIAL REPORT APRIL 5, 2022

MITCH CARTY, CHIEF FINANCIAL OFFICER



# RONALD W. NOCETTI, EXECUTIVE DIRECTOR

# CALIFORNIA INTERSCHOLASTIC FEDERATION

CIF STATE OFFICE • 4658 DUCKHORN DRIVE • SACRAMENTO, CA 95834 • (916) 239-4477 • CIFSTATE.ORG

To: **Federated Council** 

Date: September 8, 2022

Re: 2022-2023 Weighted Voting

**Proposal Originated: Staff** 

### **Proposal Reviewed**

07/01/2022 - CIF Staff 08/31/2022 - Executive Committee

Type: Bylaw

**Proposal Recommendation** 

Forward to Executive Committee Reviewed and Forwarded to FC

Summary: This item requires no action by the Federated Council as per Bylaw 103. It is for information only and is brought to Federated Council to ensure the transparency of the process.

**Fiscal Impact: None** 

### Background:

#### 103. WEIGHTED VOTING

- Votes cast at any Federated Council meeting shall be determined according to a weighted voting system. CIF Section votes shall be based upon:
  - One (1) vote per 0-25 member schools; Plus
  - One (1) vote per 0-25,000 students enrolled in the Section.
- B. The Southern Section shall have weighted votes equal to double the second largest Section.
- C. The composition of member schools and enrollment shall be reviewed every year based upon the prior year's CBEDS enrollment and adjusted accordingly.

(Revised May 2000 Federated Council)

# 2022-23 CIF FEDERATED COUNCIL WEIGHTED VOTES

# **BY SECTION**

7/5/2022

CIF SECTION	2021-22 FEDERATED COUNCIL WEIGHTED VOTES	2021-22 NUMBER OF SCHOOLS	2021-22 9-12 ENROLLMENT	2022-23 FEDERATED COUNCIL WEIGHTED VOTES	2022-23 NUMBER OF SCHOOLS	2022-23 9-12 ENROLLMENT
CENTRAL	13	127 (6)	171,206 (7)	14	129 (6)	177,988 (8)
CENTRAL COAST	14	154 (7)	167,438 (7)	14	160 (7)	165,937 (7)
LOS ANGELES	14	156 (7)	174,368 (7)	14	154 (7)	162,328 (7)
NORTH COAST	16	176 (8)	177,888 (8)	16	175 (8)	176,034 (8)
NORTHERN	5	66 (3)	27,142 (2)	5	68 (3)	28,785 (2)
OAKLAND	3	27 (2)	14,994 (1)	3	28 (2)	14,664 (1)
SAC- JOAQUIN	17	191 (8)	222,366 (9)	18	195 (8)	230,808 (10)
SAN DIEGO	13	128 (6)	159,805 (7)	13	128 (6)	163,117 (7)
SAN FRANCISCO	2	17 (1)	15,913 (1)	2	17 (1)	17,412 (1)
SOUTHERN	34	567	735,024	36	561	743,200
TOTALS	131	1,609	1,866,144	135	1,615	1,880,273



# RONALD W. NOCETTI, EXECUTIVE DIRECTOR

# CALIFORNIA INTERSCHOLASTIC FEDERATION

CIF STATE OFFICE • 4658 DUCKHORN DRIVE • SACRAMENTO, CA 95834 • (916) 239-4477 • CIFSTATE.ORG

To: **Federated Council** 

Date: September 8, 2022

CIF/Southern Section Proposal: Addition of Girls Flag Football Re:

as a CIF Sanctioned Sport

Proposal Originated: CIF/Southern Section - Pioneer League

#### **Proposal Reviewed Proposal Recommendation**

02/01/2022 - CIF/Southern Section Council First Reading 04/05/2022 - CIF/Southern Section Council Second Reading (Season moved to Fall) 09/29/2022 - CIF/Southern Section Council Action Item 10/06/2022 - CIF State Executive Committee First Reading

Next: CIF Federated Council First Reading item if passed by CIF/Southern Section Council on September 29, 2022.

**Type:** New CIF Sanctioned Sport; Bylaw Addition and Revision

Summary: A proposal has been forwarded from the CIF/Southern Section to add the sport of flag football as a CIF sanctioned sport for girls. This first reading is pending passage of this item by the CIF/Southern Section Council at their September 29, 2022 meeting. If not passed by the CIF/Southern Section Council, this item will be removed from this agenda.

The proposal would add Flag Football to the list of approved sports in CIF Bylaw 1200, revise Article 60 and Bylaw 2100.

Fiscal Impact: There is no fiscal impact to the CIF at this time as it is not being proposed as a championship event. There, of course, would be costs involved for CIF member schools choosing to offer this as a sport.

**Background**: One of the CIF goals is to increase participation opportunities for girls in order to close the gap between the number of girls and boys participants. Currently there are girls flag football programs at over 100 CIF member schools with over 1,300 girls participating in those programs. In addition, there are five states that offer the sport for girls.

**Talking Points:** Additional opportunity for girls to participate in education-based athletics; inexpensive sport with respect to equipment and uniforms; In May of 2020, the NAIA added women's flag football as a competitive collegiate sport starting in Spring of 2021.

## ARTICLE 120 APPROVED SPORTS

### 1200. CIF-APPROVED SPORTS

A. The addition to, or deletion from, the list of CIF-approved sports is subject to Federated Council approval. A Section may not approve or conduct competition in a non-CIF-approved sport without Federated Council approval. Approved interscholastic sports are: badminton, baseball, basketball, beach volleyball, competitive cheer, cross country, field hockey, flag football, football, golf, gymnastics, lacrosse, skiing, soccer, softball, swimming and diving, tennis, track and field, volleyball, water polo and wrestling.

**NOTE:** Snowboarding is an approved event within the sport of skiing.

- (1) Interscholastic competition in approved sports shall be conducted under CIF rules.
- (2) All sports or events not listed as CIF-approved sports need not be conducted under CIF rules or jurisdiction.

(Revised April 2017 Federated Council)

## ARTICLE 210 FLAG FOOTBALL

## 2100. SEASON OF SPORT

Girls Flag Football will be conducted in the Fall.

NOTE: Girls Flag Football will use the official National Intramural and Recreational Sports Association (NIRSA) rule book.

## ARTICLE 210 220 FOOTBALL

## **2100. 2200** AGE REQUIREMENT

A student under 15 years of age may not participate in an interscholastic contest or scrimmage against the varsity team of another school. This Bylaw may be waived by Section action provided the Section adopts criteria for such a waiver which shall include, but not be limited to, the following:

- A. Participant must be at least 14 years of age;
- B. A signed consent statement from the parent(s)/guardian(s)/caregiver, allowing participation at the varsity

level:

C. A statement from the head coach that the student-athlete has the physical and mental maturity to compete at

the varsity level;

D. A statement of compliance must be forwarded by the principal to the respective Section Office verifying that all required documentation has been completed and is on file in the appropriate school office.

(Revised May 2000 Federated Council/Revised March 2004 Executive Committee/Revised April 2019 Federated

Council)

## 2101. 2201 NUMBER OF FOOTBALL PRACTICE DAYS; NO SUNDAY PRACTICE; TEAM CAMPS/OTHER OFF-SEASON ACTIVITIES

- A. There shall be no football games until the team has had 14 days of practice before the first game. Each individual student on the team must have had at least 10 days of practice before being allowed to compete in a game. (The opening date of football practice may be determined by each Section.) No Sunday practice is permitted (See Bylaw 504.M. for exception).
- B. Football teams are limited to two days per week of full contact practice, with no more than 45 minutes of full contact on each of those days during the season of sport. For purposes of this Bylaw, each team's season of sport is defined as the first day of practice, as allowed by the Section, until the final contest for the team. All full contact practices are prohibited in the off-season which includes team camps. Full contact practice is defined by state statute as a practice where drills or live action is conducted that involves collisions at game speed where players execute tackles and other activity that is typical of an actual tackle football game. For the purposes of this Bylaw, refer to the definition of Live Action as defined by USA Football.

  (Revised April 2018 Federated Council)
  - Team camps and other off-season activities are allowable with the following equipment only: footballs, bags, blocking sleds and football shoes.

(Approved April 2015 Federated Council)

**NOTE**: For policies related to definition of full-contact and allowable in-season, off-season and team camp activities please consult the football section in the blue pages and local Section Bylaws.

## 2102, 2202 SCRIMMAGE LIMITATIONS

C.

No individual student shall participate in an interscholastic scrimmage before his/her 10<sup>th</sup> day of practice for that particular school. Scrimmage is defined as practice where the teams alternate in carrying the ball, downs are not counted, no score is kept and the coaches are on the field directing play.

## 2103. 2203 PHYSICAL CONDITIONING PRACTICE

A high school shall not conduct a physical conditioning practice session during the summer prior to the opening date of authorized football practice, unless so authorized by the appropriate Section.

## 2104. 2204 SPRING FOOTBALL PRACTICE/JUNIOR HIGH SCHOOL STUDENTS

Eighth and ninth grade students from an elementary, middle or junior high school may not take part in the Spring football practice at the high school (See Bylaw 303 for multischool exception). A high school coach may not conduct a football practice session at a separate junior high school.

## 2105. 2205 NUMBER OF GAMES LIMITATION

A high school football team of any classification or name shall not play more than two (2) games in any eight (8) day period. A continued game under National Federation football rules shall not be considered in this limitation.

## 2106. 2206 TIE-BREAKER SYSTEM

A. Each Section is authorized to establish a tie-breaker system for regular season football games and Section playoff football games.

(Revised October 2017 Federated Council)

### 2107. 2207 OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball and water polo.

(Revised to include lacrosse November 2000 Federated Council)

## **2108. 2208** MERCY RULE

At the conclusion of the third quarter or any point thereafter, if there is a point differential of 35 or more points, a running clock shall be instituted for the remainder of the game regardless of the score. The game clock shall stop only for a score, a free kick following a fair catch or awarded fair catch, a charged team timeout, a coach-referee conference or an officials' timeout. This Bylaw applies to all levels of play. (Approved May 2011 Federated Council)

ARTICLE <del>220</del> 230

## 2200. 2300 **SEASON OF SPORT**

Girls Golf will be conducted in the Fall. Boys Golf will be conducted in the Spring. (Approved November 1998 Federated Council)

**GOLF** 

## ARTICLE 230 240 GYMNASTICS

## 2300. 2400 RULES

Sections are authorized to use USA Gymnastic rules for compulsory routines; all optional routines must follow National Federation rules.

## ARTICLE 240 250 LACROSSE

## 2400. 2500 OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball, and water polo.

(Revised to include lacrosse November 2000 Federated Council)

## ARTICLE <del>250</del> 260 SKIING

**2500. 2600** Refer to Section Bylaws.

## ARTICLE 260 270 SOCCER

## 2600. 2700 OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball and water polo.

(Revised to include lacrosse November 2000 Federated Council)

## 2601, 2701 REGIONAL CHAMPIONSHIPS

Boys and Girls Regional Championships will be held following the completion of Section playoffs. The CIF Seeding Committee will determine the divisional placement of the Section entries for respective regional tournament.

NOTE: Sections still determine their own criteria for placement and seeding of schools within their own local playoff system.

(Approved February 2007 Federated Council/Revised May 2014 Federated Council/Revised April 2016 Federated Council/Revised April 2017 Federated Council)

## ARTICLE 270 280 SOFTBALL

## 2700. 2800 LENGTH OF GAME

Sections are authorized to limit junior varsity softball games to seven (7) innings or a maximum of two (2) hours (no new inning shall begin after two (2) hours have expired from the start of the game), whichever comes first.

## 2701. 2801 OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball, and water polo.

(Revised to include lacrosse November 2000 Federated Council)

## 2702, 2802 PROTECTIVE EQUIPMENT

It is required that adult base coaches wear a protective helmet. Play will not continue until compliance with this rule is

met. It is recommended that the helmet meet NOCSAE standards.

**NOTE:** NFHS Rules govern use of protective equipment by a player/student.

(Approved January 2015 Federated Council)

### 2703. 2803 REGIONAL CHAMPIONSHIPS

A Regional Championship will be held following the completion of Section playoffs. The CIF Seeding Committee will determine the divisional placement of the Section entries for their respective regional tournament.

(Approved January 2020 Federated Council)

## ARTICLE <del>280</del> 290 SWIMMING AND DIVING

## 2800, 2900 STATE CHAMPIONSHIPS

State Swimming and Diving Championships will be conducted in the Spring.

**NOTE**: For related policies please consult the swimming and diving section in the Blue Pages.

(Approved February 2014 Federated Council)

## ARTICLE 290 300 TENNIS

## 2900. 3000 REGIONAL TENNIS TEAM CHAMPIONSHIPS

A Regional Boys and Girls Team Tennis Championship will be held following the completion of Section playoffs.

(Approved May 1998 Federated Council/Revised May 2011 Federated Council/Revised April 2016 Federated Council)

## ARTICLE 300-310 TRACK AND FIELD

## **3000. 3100 EXHIBITION EVENTS**

Exhibition events may be staged by the host Section, if approved by the Federated Council, using athletes from that Section only. The javelin event, hammer throw and steeplechase are not to be conducted in CIF track and field competition.

## 3001. 3101 LANDING SECTOR FOR DISCUS AND SHOT PUT

For safety reasons, the landing sector for both the discus and shot put will be changed to 34.92 degrees and, furthermore, a clearly marked safety area will be maintained at 60 degrees in order to increase safety for participants, officials and spectators. The present width of area for restraining spectators and other athletes, not throwing the shot or discus, will remain the same as per National Federation rules.

(Revised 2007 NFHS)

## **3002. 3102** AT-LARGE ENTRIES

An athlete shall earn an at-large entry into the State Championship if his/her mark at the final Section competition (which qualifies entrants to the State Championship) is equal to or better than the average of the ninth-place qualifying marks to the State Championship Finals from the three (3) most recent years.

(Approved May 2000 Federated Council)

## ARTICLE 310-320 VOLLEYBALL

## **3100. 3200** RALLY SCORING

- A. Rally scoring shall be utilized for all rounds of the State Volleyball Championships. All games shall be played to 25 points, and the fifth and deciding game shall be played to 15 points.
- B. Rally scoring shall be utilized for all volleyball contests at the varsity level for all Sections. All games shall be played to 25 points, and the fifth and deciding game shall be played to 15 points.
- C. Rally scoring shall be utilized for all sub-varsity volleyball contests for all Sections. All games shall be played to 25 points with the deciding game played to 15 points.

(Approved May 2003 Federated Council)

## 3101. 3201 OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball, and water polo.

(Revised to include lacrosse November 2000 Federated Council)

3102. 3202 GIRLS STATE CHAMPIONSHIP DIVISIONAL PLACEMENT OF SCHOOLS

Girls Regional and State Championships will be held following the completion of Section playoffs. The CIF Seeding Committee will determine the divisional placement of the Section entries for their respective regional tournament.

NOTE: Sections still determine their own criteria for placement and seeding of schools within their own local playoff system.

(Approved May 2001 Federated Council/Revised June 2002 Executive Committee/Revised May 2005 Executive

Committee/Revised May 2008 Federated Council/Revised May 2014 Federated Council/Revised October 2015 Federated Council/Revised May 2016 Federated Council/Revised April 2017 Federated Council)

## 3103. 3203 BOYS REGIONAL CHAMPIONSHIP

Boys Regional Championships will be held following the completion of Section playoffs. The CIF Seeding Committee will determine the divisional placement of the Section entries for their respective regional tournament.

NOTE: Sections still determine their own criteria for placement and seeding of schools within their own local playoff system.

(Approved May 2008 Federated Council/Revised May 2012 Federated Council/Revised April 2015 Federated Council/Revised April 2017 Federated Council)

## ARTICLE 320-330 WATER POLO

## 3200. 3300 CLOCKS

It is recommended, but not required, that clocks used in conducting water polo contests be visible to the participants.

## 3201. 3301 OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball, and water polo.

(Revised to include lacrosse November 2000 Federated Council)

## 3202, 3302 WATER POLO REGIONAL CHAMPIONSHIPS

Boys and Girls Water Polo Regional Championship will be held following the completion of Section playoffs. Water Polo Regional Championships entries will be placed into the appropriate region aligning with the Sections' current season of sport.

(Approved October 2016 Federated Council)

## ARTICLE 330 340 WRESTLING

## Bylaw 3313: Wrestling Weight Management – moved to Blue Pages (Approved April 2016 Federated Council)

## **3300. 3400 DAYS OF PRACTICE**

- A. Each individual student not a member and participant of a Fall sports team shall have at least 10 days of practice before the student can compete in a match or tournament.
- B. Each individual who completes the regular season in a Fall sport shall have at least five (5) days of practice before the student can compete in a meet or tournament.

### 3301. 3401 40-MATCH RULE

A wrestler will be allowed a maximum of 40 matches during the wrestling season prior to the first qualifying tournament for the CIF State Wrestling Championships (in most situations this would be the league wrestling tournament). Forfeits do not count towards the 40-match maximum. Matches wrestled in any tournaments or competitions held prior to the first qualifying tournament will count towards the 40-match maximum.

**EXCEPTION:** Any matches wrestled in a Section Team Dual Championship tournament will not count as part of the 40-match maximum.

**PENALTY:** Violation of Article 3301 will result in the following sanctions:

- A. If an athlete goes over the prescribed 40 match limit, the athlete shall be ineligible for any further competition for the season. In addition, the Section may impose the following additional sanctions:
- (1) The final season record will be reduced by at least one (1) win at the conclusion of the season;
  - (2) The school will be placed on probation;
- (3) The team/individual will be ineligible to advance to or in Section, Regional or State Championships;
- (4) Reduction of maximum number of matches allowed for the following year in that sport;
- (5) Repeated violation may result in suspension of membership in the CIF.

  (Approved October 2001 Federated Council/Revised November 2009 Federated Council)

  3302. 3402 WEIGH-INS
- A. All CIF member schools must follow all National Federation Rules and procedures concerning weigh-ins.
  - (1) Violation of NFHS Rule 4-5-5 will result in the following sanction: the host school will not be allowed to host any tournament or the following year and cannot financially benefit from any other tournament for that year. In addition, the Section may impose the following additional sanctions:
    - a. The hosting school is placed on probation.
    - b. Reduction of maximum number of matches.
- B. California provides 14 weight classes per NFHS Rules and the two (2) pound growth allowance to each

weight class on January

C. Each coach is required to bring his/her team's Pre-Match Weigh-In Form to all competitions including the CIF State Wrestling Championships.

**PENALTY**: Failure to comply will result in the entire team being ineligible to compete and charged with

forfeiture.

- D. Each wrestler is required to weigh in with his/her Pre-Match Weigh-In Form at all competitions up to and including the competition that begins the CIF State Championship qualifying series.
- **PENALTY**: Failure to comply will result in the wrestler being ineligible for that competition.
  - E. The use of laxatives, emetics, excessive food and liquid restriction, self-induced vomiting, hot rooms, hot boxes, saunas and steam rooms is prohibited for any purpose. The use of diuretics at any time is prohibited. Regardless of the purpose,

the use of vapor-impermeable suits (e.g. rubber or rubberized nylon) or any similar devices used solely for dehydration is prohibited. Artificial means of rehydration (i.e. intravenous hydration) are also prohibited. Violators of these rules shall be suspended for the competition(s) for which the weigh-in is intended. A second violation would result in suspension for the remainder of the season. (Revised May 2010 Federated Council)



## RONALD W. NOCETTI, EXECUTIVE DIRECTOR

## CALIFORNIA INTERSCHOLASTIC FEDERATION

CIF STATE OFFICE • 4658 DUCKHORN DRIVE • SACRAMENTO, CA 95834 • (916) 239-4477 • CIFSTATE.ORG

To: **Federated Council** 

Date: September 8, 2022

Re: Proposal to Amend Article 22 - Membership/Conditions of Membership

**Proposal Originated: Staff** 

## **Proposal Reviewed**

06/09/2022 - Commissioners Advisory Committee 08/31/2022 - Executive Committee

## **Proposal Recommendation**

Forward to Executive Committee Forward to Federated Council

**Type:** Constitutional Amendment (Requires a two-thirds vote of the Federated Council)

**Summary:** This Constitutional Amendment would require CIF member schools to complete the participation census each year and identifies sanctions when schools fail to do so. If passed, this Amendment would be implemented immediately.

**Fiscal Impact: None** 

## Background:

Approximately 10-12% of CIF member schools fail to submit the census on a yearly basis. This results in a negative impact on the overall reporting of participation numbers and other data related to member schools of the CIF. It is also California law (Education Code Section 221.9) that schools offering competitive interscholastic athletics report on their school website (or district website if no school site exists) information about boys' and girls' athletic participation by the end of each school year.

### 22. MEMBERSHIP/CONDITIONS OF MEMBERSHIP

- A. Membership in the California Interscholastic Federation shall be open to public, charter and private high schools of the State of California. The CIF Section in which the school is located may grant membership according to the Section's policies and procedures.
- B. As a condition of membership and continuing membership a member school agrees to:
  - (1) Request to join the CIF State and the CIF Section at a public meeting of the local school board or board of directors;
  - (2) To abide by all current rules and regulations of the CIF State and CIF Section;
  - (3) To ensure that the local school board or board of directors will adopt the 16 Principles of Pursuing Victory with

Honor<sub>sm</sub> by a board resolution;

- (4) Accept as a member school the responsibility to educate student-athletes, coaches, parent(s)/guardian(s)/caregiver and other appropriate persons on the CIF State and CIF Section Constitution and Bylaws, Policies and Procedures adopted by the governing body;
- (5) Ensure that the administrative decisions of the Federated Council, Executive Committee, Executive Director, Section Board of Managers, Section Commissioner and all state and sectional appeal decisions shall be accepted in good faith by all member schools. The principal of any member school, who, by any act or attitude, shall refuse to accept, or shall hold in contempt or derision, or shall permit or acquiesce in such contempt or derision on the part of any group of individuals associated with his/her school, shall subject his/her school to possible sanctions, suspension and/or expulsion from the Section and/or State membership. These provisions are not to be construed as preventing the principal of a member school from exercising his/her school's right to due process;
- Abide by all decisions made by the CIF governing body having jurisdiction in the matter. If a member school, or that school's governing body files suit in a court of law against the CIF and/or one of its Sections and the CIF and/or its Section prevails, the member school shall reimburse the CIF and/or its Section for all legal fees and reasonable expenses incurred by the CIF and/or its Section in connection with the suit to remain a member in good standing;
- (7) Ensure that CIF member schools will not accept monies, equipment or apparel specific to, or distributed to, individual athlete(s) within that program. All gifts are school property (as per the Education Code/Board Policy) and may not be given to any individual athlete(s). School/school districts should ensure such gifts are distributed equitably. Gifts supporting travel to athletic competitions must be devoted only to reasonable costs of travel, lodging and food and distributed through the school district, ASB or governing board according to Bylaw 805;
- (8) Monitor its athletic program and to self-report to the appropriate governing body any violations of State and Section Bylaws as soon as the school is aware of possible violations. This responsibility extends to all administrators and coaches at the school. Each member school is responsible for the conduct of its administrators, coaches, athletes, students and parent(s)/guardian(s)/caregiver and for any knowledge possessed by its administrators;
- (9) Ensure that all coaches, paid and unpaid, will have completed a coaching education program that emphasizes the following components:
  - Development of coaching philosophies consistent with school, school district and school board goals;
  - b. Sport psychology: emphasizing communication; reinforcement of young people's efforts; effective delivery of coaching regarding technique and motivation of the student-athlete;
  - c. Sport pedagogy: how young athletes learn and how to teach sport skills;
  - d. Sport physiology: principles of training; fitness for sport; development of a training program; nutrition for athletes; and the harmful effects associated with the use of steroids and performance-enhancing dietary supplements by adolescents;
  - e. Sport management: team management; risk management; and working within the context of an entire school program;
  - f. Training: certification in CPR and First Aid, that includes training in signs and symptoms of concussions, sudden cardiac arrest (SCA), and heat illness; (Revised January 2015 Federated Council/Revised February 2019 Federated Council)
  - Q: When does the training certifications in the items listed in 22.B (9).f. need to be renewed? A: Certification needs to be updated each time CPR and First Aid training is renewed.

(Editorial May 2019)

- Knowledge of, and adherence to, statewide rules and regulations; as well as school regulations including, but not necessarily limited to, eligibility, gender equity and discrimination;
- h. Sound planning and goal setting; AND
- i. A school/district may use a coach that does not meet these standards for one (1) sports season in an emergency. The coach must still hold a CPR, First Aid, Concussion, Sudden

Cardiac Arrest, and Heat Illness certification as required under Title V. However, that person may not coach another season of sport without fulfilling this coaching education requirement. Any currently employed coach who has completed and passed a prior version of a coaching education program that meets the above listed criteria, as determined by the local administration, is exempt from this provision. The above certification is transferable between/among CIF member schools. Coaches may need to complete additional local school or school district requirements.

**NOTE:** Definition of a coach, paid or unpaid: Any individual that the school/district is required to approve under Title V, California Code of Regulations, Section 5593 and 5594 and/or under California Education Code 35179-35179.7, 49032 and 45125.01-45125.1

(Revised January 2015 Federated Council/Revised February 2019 Federated Council)

j. A school shall ensure that there is a written emergency action plan in place that describes the location and procedures to be followed in the event of Sudden Cardiac Arrest and other medical emergencies related to the athletic program's activities or events.

(Approved April 2019 Federated Council)

k. The school shall have at least one automated external defibrillator (AED) for the purpose of rendering emergency care or treatment. The school shall ensure that the AED or AEDs are available to athletic trainers, coaches and authorized personnel at these activities or events.

(Approved April 2019 Federated Council)

- (10) Remit any approved State or Section school dues and assessments on time;
- (11) Abide by any additional requirements of the Section; AND
- (12) An athletic director, sports coach, school official or employee or booster club/support group member may provide only non-muscle building nutritional supplements to a student-athlete at any time for the purpose of providing additional calories and electrolytes. A school may only accept an advertisement, sponsorship or donation from a supplement manufacturer that offers only non-muscle building nutritional supplements. A school may not accept an advertisement sponsorship or donation from a distributor of a dietary supplement whose name appears on the label. Permissible non-muscle building nutritional supplements are identified according to the following classes: carbohydrate/electrolyte drinks, energy bars, carbohydrate boosters and vitamins and minerals.
- (13) By the first Friday in April of each school year, member schools are required to submit to the State CIF their CIF Participation Census. If after a reasonable number of requests from the CIF State and/or Section offices, a school continues to be delinquent with submission of its CIF Participation Census after May 15, the school will be immediately notified that its CIF membership will be suspended effective June 15. Reinstatement of membership will be made upon receipt of the completed CIF Participation Census. Reinstated schools will not be allowed to host any Regional or State playoff contest in any sport for a period of one (1) year from the time of sanction.

### C. Enforcement

- (1) The Executive Director and/or Executive Committee or Section Commissioner and/or Section Board of Managers shall have power to suspend, to fine or otherwise penalize any member school for the violation of any CIF or Section rules and regulations or for just cause. The period of suspension or other penalty shall be left to the discretion of the CIF governing body that has jurisdiction of the matter where the penalty is not fixed.
- (2) The Executive Director or Section Commissioner shall, at his/her discretion, determine whether information about any possible violation of the CIF or Section Constitution or Bylaws is sufficiently reliable to justify further investigation. The Executive Director or Section Commissioner shall also, at his/her discretion; determine whether to conduct any investigation of possible violations of the Constitution or Bylaws as well as the nature and extent of any investigation that may be conducted and the procedures to be used in any such investigation. Factors to be considered by the Executive Director or Section Commissioner in making these determinations may include, but are not limited to:
  - a The seriousness of the alleged violation;
  - b. Any other factor the Executive Director or Section Commissioner may deem relevant in making these decisions.
- (3) A violation of the CIF or Section Constitution or Bylaws will not result in any investigation or penalty if it is inadvertent and the school first learns of and reports the violation after the conclusion of the following year's playoffs in the sport in which the violation occurred. If it is determined that a school or any of its administrators or coaches had knowledge of a violation or possible violation of the CIF or Section Constitution or Bylaws and failed to promptly self-report as

- it is required to do as a condition of membership, or that a delay in self-reporting occurred as a result of a failure by the school to properly monitor its athletic program as required as a condition of membership, the provisions of this section shall not apply. In any such case, a violation may be investigated and penalties may be implemented regardless of when the violation occurred.
- (4) Any school under suspension, if it has restricted its athletic program to intramural athletics for the period of suspension, may be reinstated by the CIF Executive Committee or Section Board of Managers upon application made in writing 20 days in advance of the time it desires to be reinstated, to the Executive Director or Section Commissioner by the principal of the school and by the Board of Education under which the school operates. The Executive Director or Section Commissioner shall present the application of the suspended school to the appropriate Board for its consideration. The principal and the board of education shall agree, in writing, that the school will abide by all rules of the CIF and/or Section in the future. The principal and each member of the Board of Education shall sign the statement.

(Approved May 2003 Federated Council/Revised May 2007 Federated Council)

For Immediate Implementation



10932 Pine Street Los Alamitos, California 90720 Telephone: (562) 493-9500 FAX: (562) 493-6266

## CIF SOUTHERN SECTION COUNCIL PROPOSAL FORM\*\*

In accordance with Blue Book Article 3, Bylaw 30.1, the following proposal is submitted for Council consideration.

"CIF Southern Section Council may entertain proposals submitted to the governing body on the appropriate proposal form from duly appointed advisory committees, leagues or the Executive Committee." All items coming before the Southern Section Council must contain the financial implications on member schools, leagues and the Southern Section.

Date: August 26, 2022

Submitted by:

Name of representative: Rob Dearborn

School of representative: Moorpark High School Telephone: (805) 378-6305

**Check one of the following:** 

League Proposal. Name of League:

**X** Advisory Committee Proposal. Committee Name: Official's Fees/Relations Committee

Executive Committee Proposal. Submitted by:

**Rule Change:** 

Rule Number Affected: 1222 LACROSSE.A Implementation Date: 2/1/23

**Abstract:** (Please add any supporting documents.)

Increase time allotted for Boys Lacrosse Varsity contests 30 minutes from 2.25 hours for each contest to 2.75 hours for each contest.

See attached document.

Council First Read: 9/29/22 Council Action Date: 1/31/23

Date Proposal will take effect on member schools: 2/1/23

**Proposal Number** 

## Financial Impact on Member School and Southern Section (Attach an analysis and supporting documents):

For schools who field Boys Varsity Lacrosse teams – Approximately \$180.00 for the entire season. (If a school hosts 10 home Boys Varsity Lacrosse matches – 10 matches x \$18 each match. If a school hosts more than 10 matches or less than 10 matches the amount differs according to the total number of Varsity home matches for that season.)

For schools who do not field Boys Lacrosse teams – No financial impact.

All Council Proposals must be submitted according to the timelines published in the Blue Book. If they are not received in a timely manner, they will be postponed until the next meeting.

Council Proposals that do not contain the information in the fields provided on both pages will not be considered.

Sport advisory committees are advised to confine their proposals to the sport(s) under their advisement. Any proposals that do not affect Articles 1400 - 3100 must contain a rationale as to why the sport advisory committee is requesting action.

## **Procedure for Proposed Bylaw Changes:**

- 1. Identify the bylaw, by number, to be changed or eliminated.
- 2. Type the bylaw, using normal font face, for language that will remain unchanged.
- 3. Use strikethrough to identify language to be eliminated or changed.
- 4. Identify proposed language using bold type.

For example, if a	eague wants to address the color of jerseys in basketball, the proposal may read:
The(your lease	League proposes the following changes to the basketball bylaws.
Bylaw 1623 C	olor of Jerseys
Proposed lang	uage:
	all games played between member schools of the CIF Southern Section, shall wear white dark colored jerseys."

## CIF Committee Meeting Thursday, August 25, 2022

Total number of games collected: 216

GLALOA - 100 SOCALOA - 116

## **Total game time**

GLALOA - 2.825 SOCALOA - 2.67 **Average: 2.745** 

## **Individial Game Time Break Down**

Official's Pregame

GLALOA - 57 SOCALOA: 55

Average: 56 minutes

NFHS Official's Requirement - Officials must be on field 20 minutes prior to game

**time.** GLALOA - 20 minutes prior to game time SOCALOA - 20 minutes prior to game time

Mandatory: 20 minues - Field set-up, stick-check, table officials in-place and instructed, teams properly equipped, etc.

Game time (opening whistle to final whistle)

GLALOA - 1:49 SOCALOA - 1:44 **Average: 1:47** 

At 2.25 (the current base time for fees) only 10 minutes would be available for officials pregame. At 2.75 an additional 30 minutes is added to complete the NFHS/US Lacrosse mandated officials pregame.



10932 Pine Street Los Alamitos, California 90720 Telephone: (562) 493-9500 FAX: (562) 493-6266

## CIF SOUTHERN SECTION COUNCIL PROPOSAL FORM\*\*

In accordance with Blue Book Article 3, Bylaw 30.1, the following proposal is submitted for Council consideration.

"CIF Southern Section Council may entertain proposals submitted to the governing body on the appropriate proposal form from duly appointed advisory committees, leagues or the Executive Committee." All items coming before the Southern Section Council must contain the financial implications on member schools, leagues and the Southern Section.

Date: September 8, 2022

**Submitted by:** 

Name of representative: Rob Dearborn

School of representative: Moorpark High School Telephone: (805) 378-6305

Check one of the following:

League Proposal. Name of League:

**X** Advisory Committee Proposal. Committee Name: Official's Fees/Relations Committee

Executive Committee Proposal. Submitted by:

**Rule Change:** 

Rule Number Affected: 1222 BEACH VOLLEYBALL Implementation Date: 2/1/23

**Abstract:** (Please add any supporting documents.)

Establish Official's Fees for Beach Volleyball.

See attached document.

Council First Read: 9/29/22 Council Action Date: 1/31/23

Date Proposal will take effect on member schools: 2/1/23

**Proposal Number** 

## Financial Impact on Member School and Southern Section (Attach an analysis and supporting documents):

For schools who field Beach Volleyball teams and request officials – Approximately \$875.00 for the entire season.

(If a school hosts 10 home Beach Volleyball matches – 10 matches x 2.50 hours at \$87.50 each match. If a school hosts more than 10 matches or less than 10 matches the amount differs, as does the hours requested for each match, according to the total number of Varsity home matches for that season.)

For schools who do not field Beach Volleyball teams – No financial impact.

All Council Proposals must be submitted according to the timelines published in the Blue Book. If they are not received in a timely manner, they will be postponed until the next meeting.

Council Proposals that do not contain the information in the fields provided on both pages will not be considered.

Sport advisory committees are advised to confine their proposals to the sport(s) under their advisement. Any proposals that do not affect Articles 1400 - 3100 must contain a rationale as to why the sport advisory committee is requesting action.

## **Procedure for Proposed Bylaw Changes:**

- 1. Identify the bylaw, by number, to be changed or eliminated.
- 2. Type the bylaw, using normal font face, for language that will remain unchanged.
- 3. Use strikethrough to identify language to be eliminated or changed.
- 4. Identify proposed language using bold type.

For example, if a lea	gue wants to address the color of jerseys in basketball, the proposal may read:
The(your leagu	League proposes the following changes to the basketball bylaws.
Bylaw 1623 Col	or of Jerseys
Proposed langua	ge:
	I games played between member schools of the CIF Southern Section, all wear white dark colored jerseys."

The Official's Fees/Relations Committee and the CIF Southern Section Council approved a comprehensive Officials Fees package for the 2022-23, 2023-24 and 2024-25 school years in April, 2022. In that package, Varsity officials in all sports will be paid \$35.00 an hour. This proposal adds the sport of Beach Volleyball to that package. For the sport of Beach Volleyball, the match official will be referred to as a "monitor".

The minimum amount of time a monitor could be requested for a dual head-to-head competition is 2 hours. This would cover 1 hour of pre-match time and 1 hour of match time if the schools have access to 5 courts and played all 5 pairs at one time, then that match should take 1 hour. If a more realistic time is 2.5 hours, then the rate would be \$87.50. The rate then goes up an additional \$17.50 for each 30 minutes after that. This should help the officials for those matches that only use 2 courts or 3 courts at a time.

An Athletic Director, when they request a monitor, simply needs to inform their assignor that they are using  $\underline{X}$  number of courts and the anticipated amount of time will be  $\underline{X}$  hours. The assignor then assigns the monitor at the hours requested by the host school Athletic Director.

If the monitor for the Varsity match is also assigned to the Junior Varsity match on the same date, time and location, then the opportunity to receive both amounts would be standard. This would bring the base rate for both levels to a total of \$130.00 minimum. For example...

- Varsity 2 hours at \$35.00 an hour = \$70.00
- Junior Varsity 2 hours at \$30.00 an hour = \$60.00
- Total for both matches on the same date, time and location = \$130.00

Finally, once we get to the end of the regular season and enter the CIF Southern Section Beach Volleyball Team Championships, playoff rates will be \$40.00 an hour with the 2-hour minimum requirement for a total of \$80.00 for the playoff match. If more time is needed, then each additional 30 minutes will increase the rate by \$20.00.

During the CIF Southern Section Beach Volleyball Team Championships, a monitor will be required for all matches in all rounds.



## RONALD W. NOCETTI, EXECUTIVE DIRECTOR CALIFORNIA INTERSCHOLASTIC FEDERATION

CIF STATE OFFICE • 4658 DUCKHORN DRIVE • SACRAMENTO, CA 95834 • (916) 239-4477 • CIFSTATE.ORG

To: **Federated Council** 

Date: September 8, 2022

Ratification of Executive Committee Action as per Bylaw 1108 Re:

**Proposal Originated: Executive Committee** 

## **Proposal Reviewed**

08/31/2022 - Executive Committee

## **Proposal Recommendation**

Action Item - Approved Unanimously

**Type:** Bylaw Amendment (Requires a two-thirds vote of the Federated Council)

Summary: The Executive Committee took action as allowed under Bylaw 1108 (see below) to revise Bylaw 210 - Physical Assault of a Game or Event Official. This action created Bylaw 210.C. which provides sanctions for spectators who physically assault the person of a game or event official.

CIF Bylaw 1108.B. - Delegated Powers states that between meetings of the Federated Council, the Executive Committee shall be empowered to act for the Federated Council when necessary. This action will be subject to the approval of the Federated Council at its next meeting.

**Fiscal Impact: None** 

## **Background:**

Currently, Bylaw 210 - Physical Assault, contains policy regarding the assault of a game or event official by a student or coach. However, there is no policy if the assault is perpetrated by a spectator. Given the decline in numbers of sports officials and the continuing poor treatment of officials by spectators, the Executive Committee deemed it necessary to take action regarding this issue.

## 210. PHYSICAL ASSAULT OF A GAME OR EVENT OFFICIAL

### A. Student

Any student who physically assaults the person of a game or event official shall be banned from interscholastic athletics for the remainder of the student's eligibility. A game or event official is defined as a referee, umpire or any other official assigned to interpret or enforce rules of competition at an event or contest. A student may, after a lapse of 18 calendar months from the date of incident, apply for reinstatement of eligibility to the CIF State Executive Director.

## B. Coach

Any coach who physically assaults the person of a game or event official shall be considered to have violated Bylaw 22 (Conditions of Membership) and, pending action by the building principal, subjects the member school to sanctions or loss of standing as a member. When a coach allegedly assaults a person of a game or event official it is mandatory that the principal/designee notify the CIF Section Office within 48 hours (excluding holidays and weekends) after the receipt of the assault report notification. The competing schools and officials will be required to file written reports within 10 days of the incident. After reviewing the material, the principal of the school involved will be required to respond to the respective CIF Section Office concerning his/her investigation of the incident.

## C. Spectator

Any spectator who physically assaults the person of a game or event official immediately prior to, during, or immediately following an interscholastic athletic contest shall be permanently banned from attending interscholastic athletic contests. A game or event official is defined as a referee, umpire or any other official assigned to interpret or enforce rules of competition at an event or contest. School administration and/or athletic staff shall immediately notify their local CIF Section Office and CIF State Office whenever the school has knowledge of an assault on a game official associated with an interscholastic event in which their school participated or of an assault occurring on their school's grounds associated with an interscholastic athletic contest.

**NOTE #1:** Definition of a Physical Assault: A physical assault is the intentional infliction of or an attempt to inflict a harmful or offensive touching or contact upon the person of an official. Note that the rule is violated even if no contact is made with the person of an official. Such conduct shall include verbal threats and/or intimidation either or before, during or after the contest. All that is required is the "attempt." However, the act constituting the attempt must be accompanied by a specific intent, which may be inferred from the circumstances and nature of the act, to inflict a harmful or offensive touching contact of the official's person.

**NOTE #2:** A person assaulting a sports official may also be subject to California Penal Code 243.8 which states the following:

- (a) When a battery is committed against a sports official immediately prior to, during, or immediately following an interscholastic, intercollegiate, or any other organized amateur or professional athletic contest in which the sports official is participating, and the person who commits the offense knows or reasonably should know that the victim is engaged in the performance of his or her duties, the offense shall be punishable by a fine not exceeding two thousand dollars (\$2,000), or by imprisonment in the county jail not exceeding one year, or by both that fine and imprisonment.
- (b) For purposes of this section, "sports official" means any individual who serves as a referee, umpire, linesman, or who serves in a similar capacity but may be known by a different title or name and is duly registered by, or a member of, a local, state, regional, or national organization engaged in part in providing education and training to sports officials.

## **Sharon Hodge**

From: Rob Wigod

Sent: Wednesday, March 23, 2022 8:50 AM

**To:** Sharon Hodge

**Subject:** Flag Football Proposal

From: Rob Wigod

Sent: Tuesday, March 22, 2022 4:20 PM

To: Paula Rodas <rodasp@cvuhsd.org>; Sharon Hodge <sharonh@cifss.org>

Cc: 'rnocetti@cifstate.org' <rnocetti@cifstate.org>

Subject: RE: Flag foorball proposal

Paula,

Thank you for your email and I hope all is well with you and your family.

As to your request, we will accept your change from the Pioneer League's original proposal to add Girls Flag Football as a CIF-approved sport in the Spring season of sport to the Fall season of sport.

We will proceed as follows...

- 1) The proposal to add Girls Flag Football will continue as a Non-Action Item for the upcoming CIF Southern Section Council meeting on Tuesday, April 5, 2022.
- 2) The proposal will be voted on at the first Southern Section Council meeting of the 2022-2023 school year on Thursday, September 29, 2022.
- 3) If passed by the Southern Section Council on September 29, 2022, it will be forwarded to the CIF State Federated Council for first reading at their initial meeting of the 2022-2023 school year on Friday, October 7, 2022.

Thanks again and good luck to you always.

All the best,

Rob

From: Paula Rodas < <a href="mailto:rodasp@cvuhsd.org">rodasp@cvuhsd.org</a> Sent: Tuesday, March 22, 2022 4:07 PM

**To:** Rob Wigod <<u>robw@cifss.org</u>>; Sharon Hodge <<u>sharonh@cifss.org</u>>

Subject: Flag Football Proposal

Rob,

After deeper consideration and some research, the Pioneer League would like to amend our Girl's Flag Football proposal to change the season of sport from Spring to Fall.

Can we please make this amendment for the April meeting so that the leagues can review the proposal with the new season of sport?

Let me know how to proceed.

Stay safe, be well, & remain #CardinalStrong,

Dr. Paula Hart Rodas

Principal, Lawndale High School CIF-SS Executive Committee, Coast Area CIF State Federated Council, CIF-SS Representative



10932 Pine Street Los Alamitos, California 90720 Telephone: (562) 493-9500

## CIF SOUTHERN SECTION COUNCIL PROPOSAL FORM\*\*

In accordance with Blue Book Article 3, Bylaw 30.1, the following proposal is submitted for Council consideration.

"CIF Southern Section Council may entertain proposals submitted to the governing body on the appropriate proposal form from duly appointed advisory committees, leagues or the Executive Committee." All items coming before the Southern Section Council must contain the financial implications on member schools, leagues and the Southern Section

Section.
Date: January 11, 2022 Updated March 22, 2022
Submitted by: Name of representative: <u>Dr. Paula Rodas</u>
School of representative: <u>Lawndale HS</u> Telephone: <u>310-263-3101</u>
Check one of the following:  XX League Proposal. Name of League: Pioneer League  Advisory Committee Proposal. Committee Name:  Executive Committee Proposal. Submitted by:
Rule Change: Rule Number Affected: Add Article 210 Implementation Date: 7/1/2023
Abstract: (Please add any supporting documents.)
To provide additional opportunities for girls to participate in education-based athletics and legitimize the sport of Girls Flag Football by recognizing it as a CIF sanctioned sport at the city, regional and state levels, while also opening more doors for females to receive athletic college scholarship opportunities.

The proposal would add Girls Flag Football to the list of approved sports in CIF Bylaw 1200, revise Article 120 and Bylaw 2100 and would renumber the remaining Articles related to CIF approved sports.

Council Action Date: 9/29/2022

Council First Read: 4/5/2022

Date Proposal will take effect on member schools: 2023-2024 School Year

See reverse side for additional information.

## Financial Impact on Member School and Southern Section (Attach an analysis and supporting documents):

There is no fiscal impact to the CIF-SS at this time as it is not being proposed as a championship event. There, of course, would be costs involved for CIF member schools choosing to offer this as a sport to include, but not limited to, sports fees, uniforms, equipment, transportation, and officials' fees. No specialized facilities would be required outside of field availability.

All Council Proposals must be submitted according to the timelines published in the Blue Book. If they are not received in a timely manner, they will be postponed until the next meeting.

Council Proposals that do not contain the information in the fields provided on both pages will not be considered.

Sport advisory committees are advised to confine their proposals to the sport(s) under their advisement. Any proposals that do not affect Articles 1400 - 3100 must contain a rationale as to why the sport advisory committee is requesting action.

## **Procedure for Proposed Bylaw Changes:**

- 1. Identify the bylaw, by number, to be changed or eliminated.
- 2. Type the bylaw, using normal font face, for language that will remain unchanged.
- 3. Use strikethrough to identify language to be eliminated or changed.
- 4. Identify proposed language using bold type.

For example, if a	eague wants to address the color of jerseys in basketball, the proposal may read:
The(your lea	League proposes the following changes to the basketball bylaws.
Bylaw 1623 C	olor of Jerseys
Proposed lang	uage:
	all games played between member schools of the CIF Southern Section, shall wear white dark colored jerseys."

### **ARTICLE 210**

## FLAG FOOTBALL

### #2100. RULES

All flag football games in the CIF Southern Section will be played under National Intramural and Recreational Sports Association (NIRSA) rules unless otherwise provided.

## #2101. NUMBER OF FOOTBALL PRACTICE DAYS; NO SUNDAY PRACTICE

There shall be no football games until the squad has had 7 days of practice before the first game. Each individual student on the team must have had at least 5 days of practice before being allowed to compete in a game. (The opening date of football practice may be determined by each Section.) No Sunday practice is permitted. (See Bylaw 504.M for exception.)

### #2102. SCRIMMAGE LIMITATIONS

No individual student shall participate in an interscholastic scrimmage before his/her fifth day of practice for that particular school. Scrimmage is defined as a training session where the teams alternate in carrying the ball, downs are not counted, no score is kept and the coaches are on the field directing the play.

### #2102.1

A team must complete a minimum of 7 days of practice prior to competing in an interscholastic scrimmage or football carnival. Neither the interscholastic scrimmage nor carnival for the team or an individual, may be on the seventh day of practice. Two or more sessions in one day count as one day's practice for the team or an individual.

## #2103. STARTING DATES FOR INTERSCHOLASTIC CONTESTS

No interscholastic contests (non-league, tournament or league) may be scheduled prior to February 12th. to be determined.

### #2104. UNIFORMS

#2104.1

In all football games played between member schools of the CIF Southern Section, Teams shall wear contrasting colored jerseys, without pockets, with numbers on both sides of the jersey. Numbers on the back will be a minimum of 8 inches and the front number will be a minimum of 6 inches. If a team has only one set of jerseys, it will be its responsibility to notify opponents in sufficient time in advance of any scheduled contest in order that proper arrangements can be made to make certain that both teams have contrasting colored jerseys.

#2104.2

Teams shall wear shorts or pants of a different color than the flags. Shorts or pants shall not have pockets.

### #2105, EQUIPMENT

#2105.1

Teams shall wear NFL FLAG quick release belt with three flags attached. Flags must be a contrasting color to the pants.

#2105.2

Team members may wear rubber cleats not longer than one inch, gloves and a soft helmet, soft rubber hat or headband. Players are strongly encouraged to wear a mouthpiece.

## #2106. SEASON STRUCTURE AND FREQUENCY OF PLAY

The sport will be played in the Spring Fall season. A maximum of 14 contests on a minimum of 8 dates will be allowed.

### #2107. ROSTER AND COACHES

Contests shall be between 7 players on each team. Teams shall have no more than 30 players, a head coach, assistant head coach and a strength and conditioning coach.

## #2108. PLAYING FIELD

All flag football games in the CIF Southern Section will be played under National Intramural and Recreational Sports Association (NIRSA) field dimensions of 40 yards in width containing four (4) twenty (20) yard zones with a ten (10) yard end zone on each end.

### #2108. OFFICIALS ASSIGNMENT PRACTICE

#2108.1

The officials for all football games played between Los Angeles Section and Southern Section schools must be appointed by the Los Angeles City Supervisor of Athletics when the game is to be played at the Los Angeles Section schools and by the Southern Section Commissioner of Athletics when the game is to be played at the Southern Section school.

#2108.2

By action of the CIF Southern Section Council, contests shall have 2-4 officials including a referee, line judge, and field judge.

### #2109. NOISEMAKERS PROHIBITED

Refer to Blue Book Bylaw 1230 for specific information on Noisemakers.

## #2110. LENGTH OF HALVES

#2110.1

Games are 40 minutes/ 2-20 minute halves, running clock until the last minute of half/game (3 minutes if overtime is required). During the final 1 minute of each half the clock will stop and not start until the next snap for the following: 1 minute warning, incomplete pass, out of bounds, score, team timeout, officials timeout.

.

## #2110.2

During final 1 minute of each half, the clock will stop and not start until the next snap for the following: 1 minute warning, incomplete pass, out of bounds, score, team timeout, officials timeout, penalty enforcement, touchback and/or change of possession (Clock will stop and restart at the 'Ready for Play' for 1st downs).

### #2111. SUNDAY RESTRICTION

Refer to Blue Book Bylaw 1229 for specific information on Sunday Restriction.

## #2112. ORGANIZED TEAM PRACTICE

Organized team practice shall be interpreted as meaning the association of a coach with potential team members for the purpose of learning or practicing the skills of flag football.

#2112.1

See Rule #2103 to determine the start date for organized before and after-school team practice.

## #2113. OUTSIDE COMPETITION BY AN INDIVIDUAL

Refer to Article 6 for specific guidelines.

## #2114. LEVEL OF COMPETITION

Refer to Blue Book Bylaw 1226 for specific information on Level of Competition.

## #2115. MAXIMUM ATHLETIC CONTESTS IN ONE DAY

Refer to Blue Book Bylaw 1227 for specific information on Maximum Contests in one day.

## #2116. SCHOOL ATTENDANCE

Refer to Blue Book Bylaw 1228 for specific information on standards for School Attendance

## #2117. COUNTING A TIE GAME

A regulation called game with a tie score shall be counted as ½ game won and ½ game lost for each team.

## #2118. PLAYER CONDUCT

Refer to Blue Book Bylaw 1224 for specific information on Player Conduct.

## #2119. COACH EJECTION

Refer to Blue Book Bylaw 125.1 and 1225 for specific information on Coach Ejection.





## Girls High School Flag Football

## **Overview**:

In 2021, the Los Angeles Chargers and Los Angeles Rams began a partnership to spearhead the process of sanctioning High School Girls Flag Football in the state of California. Eight Los Angeles area high schools participated in a pilot season during January/February of 2022 to coincide with Super Bowl LVI. We believe the values that can be learned from the game of football should be accessible to student-athletes of all ages, genders, abilities and socioeconomic backgrounds. The game of football can also expand pathways to further education.

## Goal:

To legitimize the sport of Girls High School Flag Football by recognizing it as a CIF sanctioned sport at the city, regional and state levels, while also opening more doors for females to receive athletic college scholarship opportunities.

### **Information**:

- · In May of 2020, the NAIA partnered with the NFL and Reigning Champs Experiences to add women's flag football as a competitive collegiate sport starting in Spring of 2021.
  - There are currently 15 NAIA colleges across the country that offer college scholarships for women's flag football.
- In February of 2021, Nike announced an initiative with the NFL to commit \$100,000 in product for state athletic associations that offer girls flag football as a high school sport or demonstrate progress by way of a pilot program beginning in 2021.
- · At present, six states sanction high school flag football for girls Alabama, Alaska, Arizona, Florida, Georgia, Nevada and New York. Illinois and Washington close behind.

- · All states currently followed official or slightly modified versions of the NIRSA (National Intramural-Recreational Sports Association) rulebook for flag football
- Female flag participation in Los Angeles County is over twice the national average
  - Source: 2020 LA84 Foundation Youth Sports Participation Survey (Play Equity Fund)
- There are over 1,500 official NFL Flag leagues throughout the country, each with multiple age levels and teams.
- Flag football is the fastest growing version of the sport.

## **Additional Information To Consider:**

- The San Francisco 49ers are also working on a pilot league similar to the Chargers/Rams initiative in Northern California.
- Nearly 80 CIF Southern Section and CIF LA City Section high schools responded to a Fall 2021 survey expressing an interest in Girls Flag Football at their school.
- · Flag teams can easily play on tackle football/soccer fields by adjusting boundaries with cones. Only a 50 yard field is needed in length.
- · NFL Flag estimates a \$2,000 one-time expense per school to purchase flag belts, uniforms, mouthguards, and field equipment (pylons, yard markers, etc.)



## FEMALE FLAG FOOTBALL DEVELOPMENT PLAN

High School Athletic Association Toolkit



# Development of Female Flag Football



implementation of Female Flag Football to their sports offerings.

The toolkit includes practical information such as operating budgets, personnel needs, roster sizes, equipment needs, draft rules, and field requirements. In addition, the toolkit contains a grant process description through which high schools may request assistance from the NFL, NFL FLAG, and NFHS plus a supplemental list of useful resources.

Please note that the materials offered in this document are intended to be informational in nature and to be used as a guide for offering Female Flag Football.

The goal of this initiative is to provide high school females an opportunity to participate and enjoy a fast-paced fun sport that is ultimately sanctioned by the high school athletics associations in all 50 states with its own championship. In addition, the intent of this program is to be diverse and inclusive by offering and promoting football for everyone.

Finally, the sponsors ultimate objective is to create a vertical for Female Flag Football that is played at the club, intramural, high school, collegiate, and international levels.

Thank you for your interest in Female Flag "Football for All!"

## **General Rules of the Game**



## High schools will utilize NIRSA rules with modifications. A summary of some of the rules are listed below.

- Contests shall be between 7 players on each team.
- Teams shall have no more than a head coach, assistant head coach and a strength and conditioning coach.
- Contests shall have 2-4 officials including a referee, line judge, and field judge.

## **Playing Field:**

- The playing field shall be marked at 20-yard intervals from the goal lines (see field graphics).
- There shall be 2 hash marks. They shall run parallel with each sideline, located 15 yards "in" from each sideline.
- The 3- and 10-yard lines shall be 2 yards wide and 4" thick. Both 14-yard lines shall be marked with an "X" and shall have a height of 1 yard and a line thickness of 4".
- The end zone shall be marked with 12 pylons placed on the inside corner of the intersections of the sideline with the goal lines and the end lines, and at the intersections of the end lines and hash marks extended. Four soft flexible pylons shall be placed at the inside corner of the intersections of the sideline with the goal lines and end lines, and the intersections of the end lines and the hash marks extended. There shall not be any hard or rigid fixtures located within 5 yards of the sideline or 10 yards of the end lines.
- Contest shall be played with a pebble grained leather or rubber junior size football. Each team shall provide and use its own ball during the contest.

## **General Rules of the Game**



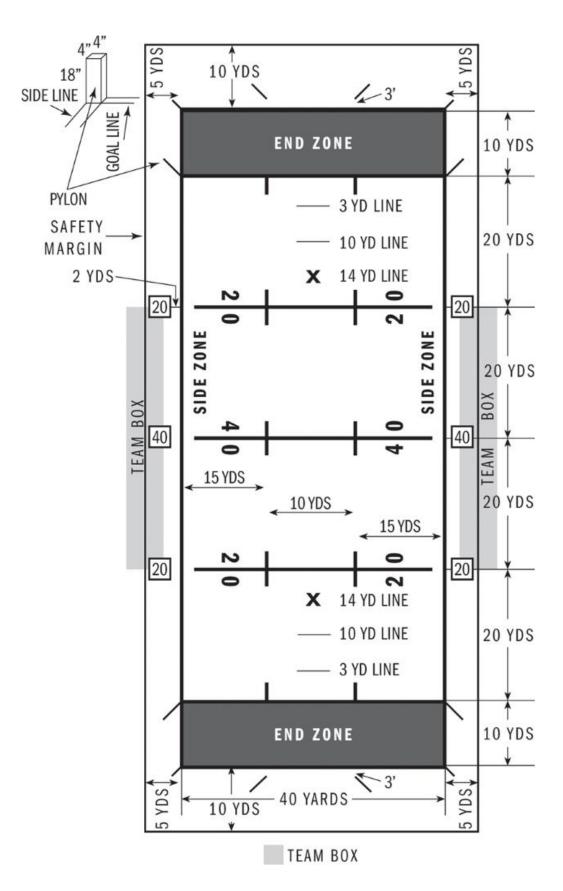
## **Uniforms:**

The following uniforms and equipment will be utilized by all females participating in the sport.

- Teams shall wear contrasting colored jerseys, without pockets, with numbers on both sides
  of the jersey. Numbers on the back will be a minimum of 8 inches and the front number will
  be a minimum of 6 inches.
- Teams shall wear pants of a different color than the flags. The pants shall not have pockets.
- Teams shall wear NFL FLAG quick release belt with three flags attached.
- Flags must be a contrasting color to the pants.
- Team members may wear rubber cleats not longer than ó inch, gloves and a soft rubber hat or headband.
- Players are strongly encouraged to wear a mouthpiece and face shield.
- No roster limit for the regular season. Post-season limits may apply.
- The sport will be played in the fall season.
- Frequency of play limits are set at 14 contests on a minimum of 8 dates.
- Two ball spotters (rubber disc) are required. One color shall mark the offensive scrimmage line and the other color will mark the defensive scrimmage line. The offensive and defensive scrimmage discs will be one yard apart.
- NIRSA rules can be accessed at http://play.nirsa.net/flag-football/rulebook.

## **General Rules of the Game**





# **Estimated Budget**



## Flag Football Sample Budget

Coaches' stipends (includes benefits)	
One head coach	\$
One assistant coach	\$
Benefits (10%)	\$
Game personnel - Independent contractors	
Two trainers per game- \$25/ hour for 1.5 hours per game	\$
Three officials per game- \$30/game/3 officials for 7 home games	\$
Field Maintenance	\$
Travel for away games	\$
Subtotal Annual Expenses	\$
Equipment	
Footballs- 5 synthetic balls	\$150.00
Uniforms- 25- reversible tops and shorts with mouthguards (\$60 set), additional \$10/player if ordering two sets (one of each color)	\$1,500.00
Flags- 12 sets	\$150.00
Pylons	\$100.00
Yard markers, scrimmage disc	\$100.00
Subtotal One Time Expenses	\$2,000.00
Grand total Expenses	\$
*Number of games per season	14

# **Grant Submittal Process**



The NFL Clubs, NFL and NFL FLAG are providing partial financial support for high schools offering Female Flag Football.

## Goals of the grant initiative are:

Provide females the opportunity to learn the game of football

Provide females with an outlet to engage in physical activity

Provide females with the chance to be a part of a team and an organized sport

Foster growth of the sport through the state and beyond

Provide females with a fun and social activity

# **Grant Specifications & Requirements**



- Corporate and not-for-profit support will be in the form of direct financial support or in-kind assistance of equipment and apparel, etc.
- The high school athletic associations will be the grantee and a single grant process will be utilized for all grants.
- Grants will be restricted to Female Flag support and will vary according to financial need and commitment of the high school to offer a unique female sports experience.
- The NFL Clubs will be a major grantor and will require the high school athletic associations grant application to receive funding and an action report after the completion of the Female Flag season.
- Each high school will apply for assistance to their high school athletic association using the online request system.
- The high school athletic association will review applications and recommend grantees to the grantors for approval prior to the grant release.
- The high school athletic association will announce the grantees and their specific grants.

# **Helpful Resources**



#### Other NFHS resources

www.nfhslearn.com

www.nfhs.org

## **NIRSA Flag Football Officiating**

www.play.nirsa.net/flag-football/officials-resources/

#### **NIRSA** rules

www.play.nirsa.net/flag-football/rulebook

To access NIRSA Rulebook, create an account at VitalSource using this <u>LINK</u>. Title -2019 & 2020 NIRSA Flag & Touch Football Rules Book & Officials' Manual

NFL FLAG will provide copies of the NIRSA Rules.

## **NAIA Women Flag Football**

www.naia.org/sports/wflag/index

#### **NFL FLAG**

www.nflflag.com

Jade Strawberry
Executive Assistant RCX
<a href="mailto:istrawberry@rcxexperiences.com">istrawberry@rcxexperiences.com</a>

Roman Oben
NFL – VP, Football Operations
roman.oben@nfl.com

Karissa Niehoff NHFS Executive Director kniehoff@nfhs.org



# GIRLS HIGH SCHOOL FLAG FOOTBALL COACHES' MANUAL



# Girls High School Flag Football Coaches' Manual

## **Table of Contents**

Rules Overview	4-6
Full NIRSA Rulebook	8-23
Offensive Strategies	25-26
Defensive Strategies	28
Practice Planning	30-36





#### **Timing**

- Games are 40 minutes/ 2-20 minute halves, running clock till last minute of half/game (3 minutes if overtime is required)
- During final 1 minute of each half the clock will stop and not start until the next snap for the following: 1 minute warning, incomplete pass, out of bounds, score, team timeout, officials timeout, penalty enforcement, touchback and/or change of possession (Clock will stop and restart at the 'Ready for Play' for 1st downs)
- Halftime is 5 minute long
- Each time ball is spotted, team has 25 seconds to snap the ball
- Each team has (3) charged timeouts per game (1 timeout in Overtime)
- · Officials may stop the clock at their discretion
- In the event of an injury, the clock will stop and then restart when the injured player is removed from the field
- If one team has at least 19-point margin @ the 1 minute mark or less in the second half the Game is over. Teams may elect to continue play if Coaches/ Teams agree

#### **Scoring**

- · Touchdown: 6 points
- Safety: 2 points
- Extra point: 1 point from the 3/2 points from the 10/3 points from the 20
- · Overtime winner: Final Score
- If one team has at least 19-point margin @ the 1 minute mark or less in the second half the Game is over. Teams may elect to continue play if Coaches/ Teams agree

#### **Equipment**

- · Game to played by 2 Teams of 7 players
- Each player to wear issued flag belt and flags with flags positioned on each hip with no excess belt exposed at the connection point
- Players must wear shorts or pants with no pockets
- · All players must wear a mouthpiece
- The offense is responsible for the ball

#### **Game Rules**

- Belt has 3 Flags/ 7 players on the field
- Center is only player required to be on the line of scrimmage
- Center may have 1 or both knees on the ground at the snap



- Player who receives the snap must be at least 2 yards from the LOS @ the snap
- · Handoffs can be made in any direction anywhere on the field
- · Passes allowed behind the LOS and anyone is eligible to touch or receive a pass
- It is pass interference if eligible receiver is deflagged prior to touching a legal forward pass
- Screen blocking allowed when stationary or moving provided player has arms/hands inside their framework (Shoulders/hips/knees)
- Defense can rush at all times from 1 yard off LOS
- Kicking Game
  - Prior to the 'Ready for Play" on 4<sup>th</sup> down offensive Team must declare Punt or Play
  - Teams may elect to Punt on any down
  - · Referee will make that announcement and if Punt is declared, the ball must be punted
  - <u>Exceptions:</u> If timeout is called by either team/ the period ends/ a foul occurs/ inadvertent whistle
  - After receiving the snap the punter must punt the ball immediately in a continuous motion
  - · Neither team may enter the neutral zone until the ball is punted
  - No fair catches

#### Dead Ball

- · Ball hits the ground
- Flag is pulled
- Player on the ground (Hand live)
- Dual possession
- Muffed punt

#### **Overtime**

- · Coaches and captains will meet for rules review
- · Captains will remain for the coin toss/ Winner to determine offense/defense
- Possession to start at the 20 yard-line
- · Each team gets 4 downs to score
- Play to a winner
- 1 timeout per Team

#### **Penalties**

- A runner shall not charge into nor contact an opponent in their path or attempt to run between 2 opponents
- It is illegal to pull flags from an offensive player who does not have possession of the ball
- Roughing the passer and tampering with a flag belt fouls committed by the defense are automatic first downs
- Illegal forward pass, illegal backward pass and tampering with a flag belt fouls committed by the
  offense are loss of down
- No 15 yard penalties
- All personal fouls are 10 yards
- 4<sup>th</sup> unsportsmanlike foul by the same Team results in a forfeiture

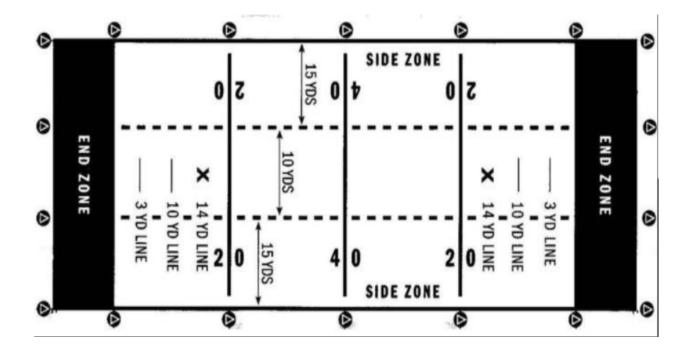


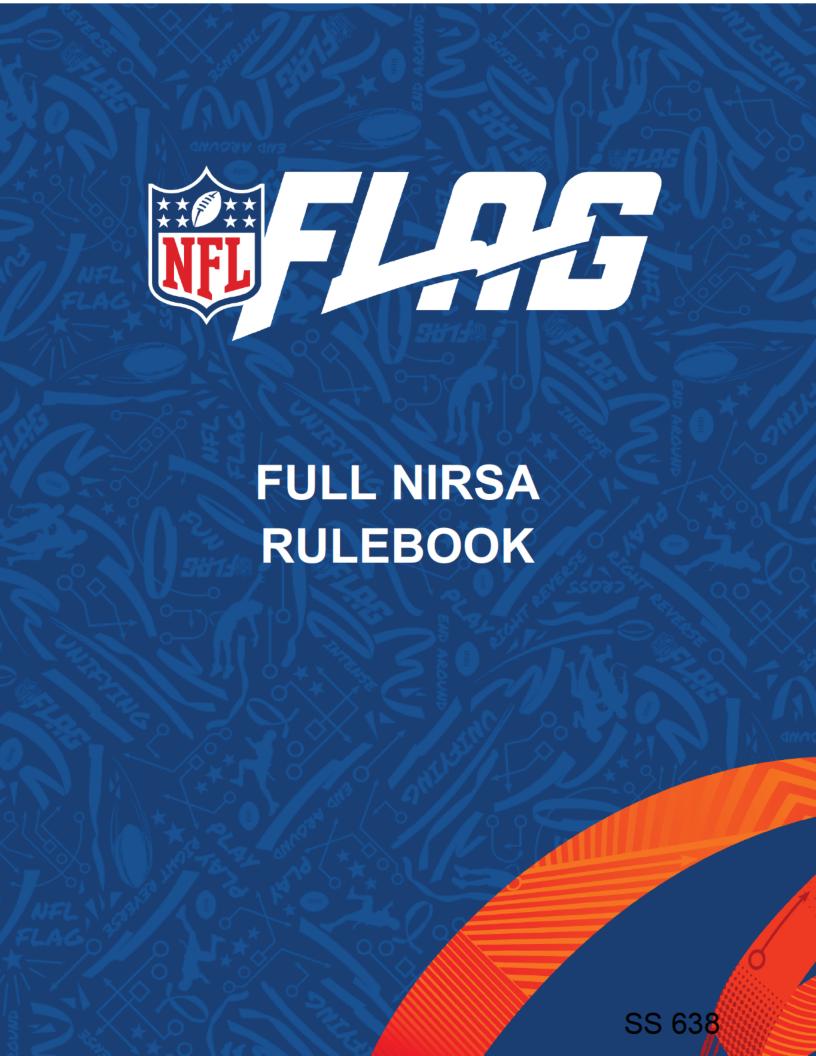
#### **Disqualification**

- Flagrant unsportsmanlike conduct: Fighting, leaving the box to enter the field during fight, intentionally contacting an official
- Flagrant personal foul: tackling a ballcarrier, fighting an opponent, leaving the sideline to participate while the play is live (Nonplayer)

#### **Dimensions / Line to gain**

- Field Size 40 yds by 100 yds
- Start @ 14 4 downs 1<sup>st</sup> down @ 20,40,20







## OFFICIAL NIRSA FLAG FOOTBALL RULES

#### (Modified by Gwinnett County (GA)

#### THE GAME, FIELD, PLAYERS AND EQUIPMENT

#### **General Rules**

- 1. The game should be played between 2 teams of 7 players each. Five players are required to avoid a forfeit.
- 2. The game shall be played under the supervision of 2 to 4 officials.
- 3. A speaking captain must be selected to make all decisions and shall be the only one who addresses the officials.
- 4. Team representatives, including players, substitutes, replaced players, coaches, trainers, and other persons affiliated with the team are subject to the rules of the game, and shall be governed by decisions of officials assigned to the game.

#### The Field

- 1. The field should be a minimum of 40 yards in width, and contain four (4) twenty (20) yard zones with a ten (10) yard end zone on each end.
- 2. A one (1) yard wide line should be marked at each end at the three and ten yard lines in the middle of the field. These lines shall be used for the extra point try when a team scores a touchdown.

#### **Game and Player Equipment (Legal)**

- 1. <u>Football</u> The official ball shall be pebble-grained leather or rubber covered and shall meet the recommendations of size and shape for a regulation football. Men shall use the regular size while women shall use the intermediate, junior, or youth size. The referee shall be the sole judge of any ball offered for play and may change the ball during play at his/her discretion.
- 2. <u>Spot discs</u> Two ball spotters (rubber disks) are required. One, which shall mark the offensive scrimmage line. The second will mark the defensive scrimmage line, one yard away from the offensive line of scrimmage.
- 3. <u>Jerseys</u> Players of opposing teams must wear contrasting colored jerseys, and/or pinnies.



- 4. Pants / Shorts Each player must wear pants or shorts without any belt(s), belt loop(s), or exposed drawstrings. The pants or shorts must be a different color than the flags.
- Flag belt Each player must wear a one-piece belt at the waistline with three flags permanently attached, one flag on each side and one in the center of the back.
   Penalty: Dead Ball Foul - Failure to have flag belt legally attached prior to the snap, 5 yards from the succeeding spot.
- 6. <u>Gloves</u> Players may wear gloves which must consist of a soft, pliable and nonabrasive material
- 7. <u>Headwear</u> Players are not permitted to wear bandanas. Players may wear knit stocking caps, or elastic headbands. Hats may not have a bill.
- 8. <u>Shoes</u> Shoes with cleats must be made of soft pliable plastic or rubber. No exposed metal cleats are permitted. (See illegal player equipment)

#### **Game and Player Equipment (Illegal)**

- 1. A player wearing illegal equipment shall not be permitted to play. This applies to any equipment, which, in the opinion of the Referee, is dangerous or confusing. Types of equipment or substances which shall always be declared illegal include:
  - A. Headgear containing any hard, unyielding, or stiff material, including billed hats.
  - B. Jewelry
  - C. Pads or braces worn above the waist.
  - D. Shoes with metal, ceramic, screw-in, or detachable cleats. Any team found wearing illegal equipment will be penalized 15 yards, and the second warning results in a forfeit.
  - E. Shirts or jerseys, which do not remain, tucked in. Any hood on a coat, sweatshirt, or shirt, which does not remain tucked in.
  - F. Pants or shorts with any belt(s), belt loop(s), pocket(s) or exposed drawstring(s).
  - G. Leg and knee braces made of hard, unyielding material, unless covered on both sides and all edges overlapped, and any other hard substance is covered with at least 1/2 inch of closed cell slow recovery rubber or other material of similar thickness and physical properties.
  - H. Towels attached at the player's waist (flag only).



2. An official time out shall be declared to permit prompt repair of equipment, which becomes illegal or defective through use (except for illegal shoes).

#### **DEFINITIONS OF PLAYING TERMS**

Catch - A catch is an act of establishing player possession of a live ball in flight.

Clipping – Clipping is running or diving into the back, or throwing or dropping the body across the back of the leg or legs of an opponent, or pushing an opponent in the back.

Encroachment - Encroachment is a term to indicate a defensive player is illegally in the neutral zone. An entering substitute is not considered to be a player for encroachment restrictions until he/she is on his/her team's side of the neutral zone.

Fair Catch – A signal made by receiving person of a punt in which the receiver cannot run after catching the ball and the ball is immediately down when caught.

Foul – A foul is a rule infraction for which a penalty is assessed.

Fumble - A fumble is a loss of player possession other than by handing passing or kicking the ball.

Goal Line – Each goal line is a vertical plane separating the end zone from the field of play. The plane of goal extends beyond the sideline.

Hurdling - Hurdling is an attempt by a player to jump with one or both feet or knees foremost over a player who is on his/her feet.

Interception - A catch of an opponent's pass or fumble in flight is an interception.

Live Ball - A pass or fumble, which has not yet touched the ground, is a live ball in flight and therefore can be caught and advanced by either team.

Neutral Zone - The neutral zone is the area between the offensive and defensive line of scrimmage that has been established by the spot cone markers and extends to each sideline. It is established when the ball is ready for play.

Pass (Forward and Backward) - A forward pass is a pass thrown with its initial direction toward the opponent's end line. A backward pass is a pass thrown with its initial direction parallel with or toward the passer's end line. A pass continues to be a pass until it is caught or strikes the ground. A backward pass that hits the ground is ruled the same as a fumble. It will be dead at the spot where it strikes the ground.



Penalty – A penalty is a loss imposed by rule upon a team that has committed a foul.

Protective Scrimmage Kick – A punt in which prohibits either team from advancing beyond their scrimmage lines until the ball is kicked.

Punting - A punt is kicking the ball by a player who drops it and kicks it before it hits the ground.

Screen Blocking - Screen Blocking is legally obstructing an opponent without initiating contact with him/her with any part of the screen blocker's body.

Tagging - Tagging is placing one hand anywhere between the shoulders and knees of an opponent with the ball. The tagger may leave his/her feet to make the tag. Pushing, striking, slapping, and holding are not permitted. If a player trips the runner in his/her attempt to make a diving tag, it is a penalty.

Tripping – Tripping is the use of the lower leg or foot to obstruct an opponent, including the runner, below the knee.

#### PERIODS, TIME FACTORS, SUBSTITUTIONS

- 1. Game time is forfeit time.
- 2. <u>Captains Choice and Pinnies</u> The second team on the scoresheet shall be the home team and have the choice in the first half or the second half (either a 20 yard line start or defense). Whichever team chooses to start on offense or defense, the other team chooses the direction. The third choice is the Pinnies and can either be worn by either the visiting team or the team which shows up last (referees discretion)
- 3. <u>Length of game</u> Playing Time shall be 40 minutes, divided into two halves of 20 minutes each. The intermission between halves shall be 2 minutes. When overtime is used, there will be a 3 minute intermission
- 4. <u>Shortened Periods</u> Before the start of the game, playing time may be shortened by mutual agreement of the field captains and the Referee. Anytime during the game, the playing time of any remaining period(s) may be shortened by mutual agreement of the opposing captains and the Referee.
- 5. <u>Extended Periods</u> A half may be extended by an untimed down when, during the last timed down, one of the following occurred:
  - A. If there was a foul by either team and the penalty is accepted.



- B. If there was a double foul.
- C. If there was an inadvertent whistle and the down is to be replayed.
- D. If a touchdown was scored, the try is attempted unless the touchdown is scored during the last down of the second half and the point(s) would not affect the outcome of the game or playoff qualifying.
- 6. <u>Continuous Clock</u> The Clock will start when the ball is legally snapped. It will run continuously for the first 19 minutes unless it is stopped for:
  - A. Team time-out (clock resumes on snap of next play)
  - B. Referee's time-out (clock resumes on official's ready to play whistle)
- 7. 2—Minute Warning Approximately 2 minutes before the end of each half the Referee shall stop the clock and inform both captains of the playing time remaining in that half. The Back Judge will announce to the captains the remaining time and status of the clock after every play during the final 2 minutes.
- 8. <u>Stopped Clock</u> During the final 1 minute of each half the clock will stop for the following and resume on the snap of the next play unless otherwise noted:
  - A. Incomplete Pass
  - B. Out-of-Bounds
  - C. Score (touchdown or safety)
  - D. Team time-out
  - E. Fair Catch
  - F. Penalty and administration
  - G. Referee's Time-out starts at his/her discretion
  - H. Touchback
  - I. Change of Possession
  - J. Team attempting to conserve time illegally
- Timing Errors The Referee shall have the authority to correct obvious timing errors if discovery is prior to the second live ball following the error unless the period had officially ended.
- 10. <u>Tie Game</u> In case of a playoff game ending in a tie score, (regular season does not have over time) the officials must bring all players and coaches of both teams to the center of the field. They will discuss the tiebreaker procedures and answer all questions prior to the coin toss. After this meeting the field captains will stay while the remaining players and coaches return to their respective sidelines.
  - A. A coin will be flipped or odd/even choice by the captain will determine the options as in the start of the game. The winner of the toss shall be given the options of offense, defense, or direction. The loser of the toss shall make a



choice of the remaining options. Each overtime period begins with a coin toss or odd/even choice.

#### B. ALL OVERTIME PERIODS ARE PLAYED TOWARD THE SAME GOAL LINE.

- C. Unless moved by penalty, each team will start 1st and goal from the 20 yard line. The object will be to score a touchdown. An overtime period consists of one possession by each time. If the score is still tied after one period, they go to a second period or as many as needed to determine a winner. If the first team which is awarded the ball scores, the opponent still has a chance to win the game. If the defense intercepts the pass or fumble and returns it for a touchdown, they win the game. If they do not return the interception for a touchdown, the ball will belong to the defense, as the offense did not convert their chance. They must convert to win or another period starts. Each team in entitled to one time-out per overtime period.
- D. <u>Penalties -</u> The offense should be awarded a new series of 4 downs when the penalty for defensive pass interference or roughing the passer is accepted. Dead ball fouls following a successful try will be penalized from the succeeding spot.
- 11. Time-Outs Each team is entitled to 2 charged timeouts per game.
  - A. The Referee shall declare time-out when he/she suspends the play for any reason. Each time-out shall be charged either to the Referee or one of the teams.
  - B. The Referee shall declare an official's time-out when a team is illegally conserving time and administer a five-yard penalty.
  - C. The Referee may declare an official's time-out for any contingency not covered elsewhere by the Rules.
  - D. <u>Coach-Referee Conference</u> When a team requests a charged time-out for a misapplication or misinterpretation of a rule, the Referee will confer with the IM supervisor and team captain or coach. The request must be made prior to the time the ball becomes alive following the play to be reviewed unless the period has officially ended. At the end of the half the team has until the first snap of the second half to protest.
  - E. An injured or apparently injured player, who is discovered by an official while the ball is dead and the clock is stopped, shall be replaced for at least one down unless the halftime or overtime intermission occurs. A player who is bleeding, has an open wound, or has blood on the uniform shall be considered injured.



#### 12. Delays

<u>Delay of Game</u> - The ball must be put in play promptly and legally and any action or inaction by either team, which tends to prevent this, is a delay of game. This includes:

- A. Failure to snap or free kick within 25 seconds after the ball is ready for play.
- B. Putting the ball in play before it is declared ready for play.
- C. Deliberately advancing the ball after it has been declared dead.

<u>Unfair Tactics</u> - The Referee may order the game clock started or stopped whenever, in his/her opinion, either team is trying to conserve or consume playing time by tactics obviously unfair.

Penalty: Delay of Game, 5 yards from previous spot.

13. <u>Substitutions</u> - No substitute shall enter during a down. All substitutions must enter the game during a dead ball.

# SERIES OF DOWNS, NUMBER OF DOWN, & THE TEAM POSSESSION AFTER PENALTY

- 1. Each team receives four (4) downs to pass the zone-line-to-gain or endzone.
- 2. The zone line-to-gain in any series shall be the zone in advance of the ball, unless distance has been lost due to penalty or failure to gain. In such case, the original zone in advance of the ball at the beginning of the series of downs is the zone line-to-gain. The most forward point of the ball, when declared dead between the goal lines, shall be the determining factor.
- 3. A new series of downs shall be awarded when a team moves the ball into the next zone on a play free from penalty; or a penalty against the opponents moves the ball into the next zone; or an accepted penalty against the opponents involves an automatic first down; or either team has obtained legal possession of a ball as a result of a penalty, free kick, protected scrimmage kick, touchback, pass interception, or failure to gain the zone in advance of the ball.



4. If offsetting fouls occur during a down, that down shall be repeated.

Exception: If each team fouls during a down in which there is a change of team possession, the team last gaining possession may retain the ball, provided its foul was not prior to the final change of possession and it declines all penalties for its opponent's fouls, other than unsportsmanlike.

#### KICKING THE BALL AND FAIR CATCH

#### **Protected Scrimmage Kick**

- 1. Prior to making the ball ready for play on fourth down, the Referee must ask the offense if he/she wants a protected kick (punt). The Referee must communicate this decision to the defensive captain and the other officials.
- 2. The offense must have all field players (typically 6) except the punter on the line of scrimmage. The defense must have at least 5 players within 1 yard of their scrimmage line. All players on the line of scrimmages must remain motionless until the kick is made. A line player may not raise his/her arms to distract the kicker or block the kick. Penalty: Illegal Procedure, 5 yards from the previous spot.
- 3. The kicker must be at least 5 yards behind the scrimmage line when receiving the snap. After receiving the snap, the kicker must kick the ball immediately and in a continuous motion.
- 4. Any kick caught by the kicking team behind the line of scrimmage cannot be advanced.

#### **Fair Catch**

- 1. Any receiver may signal for a fair catch while any kick is in flight and is beyond the kicker's free kick line.
- 2. If any receiver gives a valid signal for a fair catch and catches the kick beyond the kicker's line and between the goal lines, it is a fair catch and the ball becomes dead.
- 3. After a valid fair catch signal by any member of the receiving team, no receiver may advance the ball. When receiving a protected kick the receiver may call for a fair catch. The player must signal intention by extending one arm above his/her head and waving laterally from side to side more than once.
- 4. An invalid fair catch signal is any signal by a receiver before the kick is caught or recovered that does not meet the requirements of a valid signal or after the kick has touched a receiver or the ground.



#### SNAPPING, HANDLING, PASSING, RECEIVING, RUNNING THE BALL

#### **Prior to the Snap**

- 1. Following the ready for play and until the snap, no player on defense may encroach, touch the ball, nor may any player contact opponents or in any other way interfere with them. This includes standing in the neutral zone to give defensive signals, or shifting through the zone. After the snapper has placed his/her hands on the ball, it is encroachment for any player to break the scrimmage line plane, except for the snapper's right to be over the ball. Penalty: Dead Ball Foul, Encroachment, 5 yards from the previous spot.
- 2. The snapper, after assuming position for the snap and adjusting the ball, may neither move nor change the position of the ball in a manner simulating the beginning of a play until it is snapped. An infraction of this provision may be penalized, whether or not the ball is snapped, and the penalty for any resultant encroachment or contact foul by an opponent shall be cancelled.

#### **Position and Action during the Snap**

- 1. The offensive team must have at least 4 players on their scrimmage line at the snap. Penalty: Illegal Procedure, 5 yards from previous spot
- 2. All offensive players must be within 15 yards of the ball. Penalty: Illegal Procedure, 5 yards from previous spot
- 3. One offensive player may be in motion, but not in motion toward the opponent's goal line. Penalty: Illegal Motion, 5 yards from previous spot
- 4. The player who receives the snap must be at least two yards behind the offensive scrimmage.

Penalty: Illegal Procedure, 5 yards from previous spot

5. In a snap preceded by a huddle or shift, all offensive players must come to a complete stop and remain stationary in legal position without movement of feet, body, head, arms for at least one full second before the snap.

Penalty - Illegal Motion, 5 yards from previous spot

#### **Passing and Receiving**

1. There is no diving while running with the ball. A receiver may dive to catch a ball. A defensive player may dive for to try to remove a flag.



- 2. A runner may pass the ball backward or lose player possession by a fumble at anytime except if intentionally thrown out-of-bounds to conserve time or to avoid being deflagged/tagged.
- 3. A backward pass or fumble which touches the ground between the goal lines is dead at the spot where it touches the ground and belongs to the last team in possession unless lost on downs.
- 4. A backward pass or fumble that goes out-of -bounds between the goal lines belongs to the team last in possession at the out-of -bounds spot. If out-of bounds behind a goal line, it is a touchback or safety.
- 5. If an offensive player fumbles the ball prior to reaching the end zone and the ball lands in the end zone, the offensive team shall retain possession at the spot of the fumble.
- 6. All players are eligible to catch a pass.
- 7. A forward pass is illegal:
  - A. If the passer's foot is beyond the line of scrimmage.
  - B. If intentionally thrown to the ground or out-of-bounds to save loss of yardage.
  - C. If there is more than one forward pass per down.
- 8. The line of scrimmage remains throughout the play. A team may advance the ball across the line of scrimmage by laterals or runs, and then lateral the ball behind the line for a forward pass attempt.
- 9. If a player attempts a catch or intercept while in the air, the player must contact the ground inbounds with the ball in his/her possession prior to touching out-of-bounds, unless an opponent's contact causes him/her to first touch out-of-bounds.
  - A. If one foot first lands in-bounds and the receiver has possession and control of the ball, it is a catch or interception although a subsequent step or fall takes the receiver out-of-bounds.
  - B. A loss of ball simultaneously with returning to the ground is not a catch or interception.
- 10. A player may, while jumping in the air to attempt a catch, may pass (tip) the ball forward provided he/she has not touched the ground yet.
- 11. <u>Pass Interference</u> Contact that interferes with an eligible receiver who is beyond the line of scrimmage is pass interference unless it occurs when 2 or more eligible receivers make a simultaneous and bona fide attempt to reach, catch, or bat a pass. It is



also pass interference if an eligible receiver is deflagged/tagged prior to touching the ball on a pass thrown beyond the line of scrimmage.

A. <u>Offensive Pass Interference</u> - after the ball is snapped, and until a receiver has touched it, there shall be no offensive pass interference beyond the line of scrimmage.

Penalty: Offensive Pass Interference, 10 yards from previous spot, loss of down

- B. <u>Defensive Pass Interference</u> after the pass in thrown, and until it is touched, there shall be no defensive pass interference beyond the line of scrimmage while the ball is in flight.

  Penalty: Defensive Pass Interference, 10 yards from previous spot, automatic first down
- 12. <u>Roughing the passer</u> Defensive players must make a definite effort to avoid charging into the passer after it is clear the ball has been thrown, also there should be no attempts to hit the player's arm during a throwing motion.

Penalty: Roughing the Passer, 10 yards, automatic first down

#### **Running and Flag Belt Removal**

- 1. Flag Belt Removal When the flag belt is clearly taken from the runner in possession of the ball, the down shall end and the ball is declared dead. A player who removes the flag belt from the runner should immediately hold the flag belt above his/her head to assist the official in locating the spot where the capture occurred.
  - A. Players must have possession of the ball before they can legally be deflagged.
  - B. When a runner loses his/her flag belt either accidentally, inadvertently (not removed by grabbing or pulling), or on purpose, play continues. The deflagging reverts to a one-hand tag of the runner between the shoulders and knees.
  - C. In circumstances where a flag belt is removed illegally, play should continue with the option of the penalty or the play.
  - D. A defensive player intentionally pulling a flag belt from an offensive player without the ball is illegal. The official shall warn the team, any further penalty will result in an unsportsmanlike conduct.
  - E. Tampering with the flag belt in any way to gain an advantage including tying, using foreign materials, or other such acts is illegal.
  - F. A player may leave his/her feet when trying to remove the flag.
- 2. <u>Contact</u> In an attempt to remove the flag belt from a runner, defensive players may contact the body and shoulders, but not the face, neck or any part of the head of an



opponent with their hands. A defensive player may not hold, push, or knock the runner down in an attempt to remove the flag belt.

Penalty: Defensive Holding, 10 yards from spot

- 3. <u>Flag Guarding</u> A runner shall not flag guard by using their hands, arms, or the ball to deny the opportunity for an opponent to pull or remove the flag belt. A player may use a spin move, however; must keep their arms away from their flag to avoid flag guarding. Penalty: Flag guarding, 10 yards from the spot of the penalty.
- Face Guarding A defensive player may not use their arms and hands to intentionally obstruct the receiver's view of the ball.
   Penalty: Face guarding, 10 yards, automatic first down.
- Stiff Arm A runner shall be prohibited from contacting an opponent with an extended hand or arm which includes the use of a "stiff arm" to flag guard Penalty: Stiff Arm, 10 yards from the spot of the penalty
- 6. <u>Helping the runner</u> A player shall not grasp, pull, push or aid any teammate runner. Penalty: Helping the Runner, 5 yards from spot of the penalty.

#### **BLOCKING**

- Offense Blocking The offensive blocking shall take place without contact. The blocker shall have his/her hands and arms at his/her side or behind his/her back. Any use of the hands, arms, elbows, legs, or body to initiate contact during an offensive block is illegal.
  - Penalty: Personal Foul, 10 yards from the spot of the penalty
- 2. <u>Interlock Blocking</u> Teammates of a runner or passer may interfere for him/her by screen blocking, but shall not use interlocked interference by grasping or encircling one another in any manner.
- Defensive Rush and Use of Hands Defensive players must attempt to go around the offensive blocker. Defensive players must not use any part of his/her arms, hands, elbows, or any part of the body to contact the offensive player. Penalty: Personal Foul, 10 yards from previous spot



#### SCORING PLAYS AND TOUCHBACKS

#### **Mercy Rule**

- 1. If a team is 19 or more points ahead with 5 minutes to go in the second half, the game shall be officially called.
- 2. If a team scores during the last 5 minutes of the second half and that score creates a point differential of 19 or more the game shall end at that point.
- 3. The team can still play if they want.

(Service to participate) Touchdown

- 1. All touchdowns are 6 points
- 2. A touchdown shall be scored when a legal forward pass is completed or a fumble or backward pass is caught behind the opponent's goal line or when a player is legally in possession of the ball and penetrates the vertical plane of the opponent's goal line

#### Extra Point Try = 1, 2, or 3 Points

- 1. An opportunity to score I point from the 3-yard line or 2 points from the 10 yard line, or 3 points from the 20 yard line shall be granted to the team scoring a touchdown. While time is out there shall be one scrimmage play, unless changed by penalty.
- 2. The Referee must speak to the field captain, asking him/her whether the try shall be from the 3 or 10-yard line. Once the scoring team makes the choice, he/she may change the decision only by taking a charged team time out.
- 3. If a double foul occurs during the down, the down shall be replayed. When a distance penalty is incurred by the offense during a successful try, the down will be repeated, if accepted. However, if the offense penalty carries a loss of down, the try has ended and will not be repeated.

#### Safety = 2 points

1. It is a safety when a runner carries the ball from the field of play to or across his/her own goal line, and it becomes dead there in his/her team's possession.

**Exception:** Momentum Rule

- 2. A safety is also when an offensive player commits a foul for which the penalty is accepted and the measurement is from the spot of the foul that is in the end zone.
- 3. When a safety is scored, the ball belongs to the defending team, and they shall put the ball in play from the 20 yard line.

CONDUCT OF PLAYERS AND OTHERS



#### **Unsportsmanlike Conduct**

- 1. No player shall commit non-contact acts during a period or intermission. Examples include, but are not limited to:
  - A. Any acts of unfair play.
  - B. Using disconcerting acts or words prior to the snap in an attempt to interfere with the offense's signals or movements.
  - C. Intentionally kicking at any opposing player.
  - D. Intentionally swinging an arm, hand or fist at any opposing player.
- 2. Dead Ball Player Fouls
  - A. Intentionally kicking the ball.
  - B. Spike the ball into the ground.
  - C. Throw the ball high into the air.
- 3. Prohibited Acts There shall be no unsportsmanlike conduct by players, substitutes, coaches or others subject to the Rules. Examples include, but are not limited to:
  - A. Attempting to influence a decision by an official.
  - B. Disrespectfully addressing an official.
  - C. Indicating objections to an official's decision.
  - D. Holding an unauthorized conference, or being on the field illegally.
  - E. Using profanity, insulting or vulgar language or gestures.
  - F. Intentionally contacting a game official physically during the game by persons subject to the rules.

#### **Personal Fouls**

- 1. No player shall commit a personal foul during a period or an intermission. Any act prohibited hereunder or any other act of unnecessary roughness is a personal foul. No player shall:
  - A. Punch, strike, strip, steal, or attempt to steal the ball from a player in possession.
  - B. Trip an opponent.
  - C. Contact an opponent who is on the ground.
  - D. Throw the runner to the ground.
  - E. Hurdle any other player.
  - F. Contact an opponent either before or after the ball is declared dead.



- G. Make any contact with an opponent that is deemed unnecessary of any nature including using fists, locked hands, elbows, or any part of the forearm or hand, except according to Flag Rules.
- H. Deliberately drive or run into a defensive player.
- I. Clip an opponent.
- J. Tackling the runner.



#### **ENFORCEMENT OF PENALTIES**

- 1. <u>Captain's Choice</u> When a foul occurs during a live ball, the referee shall, at the end of the down, notify both captains. The referee shall inform the captain of the offended team regarding the rights of penalty acceptance or declination and shall indicate to him/her the number of the ensuing down, distance to be gained, and status of the ball for each available choice. The distance penalty for any foul may be declined. If the penalty is declined or if there is a double foul, there is no loss of distance. A captain's choice of options may not be revoked.
- 2. <u>Live Ball Fouls</u> Any live ball foul is penalized according to the all-but one enforcement principle, except:
  - A. A foul that occurs simultaneously with the snap or free kick is penalized from the previous spot.
  - B. A non-player foul, unsportsmanlike foul, or dead ball foul is penalized from the succeeding spot.
- 3. <u>Dead Ball Fouls</u> When a foul occurs during a dead ball either between downs or before a snap or free kick, the officials shall not permit the ball to become live.
- 4. <u>Establish Zone-line-to-gain</u> On a live ball foul mark off the penalty yardage first, then establish the zone line to gain. However, with a dead ball foul, establish the zone line to gain first, and then mark off the penalty yardage.
- 5. <u>All-But-One Principle</u> Enforcement philosophy is based on the fact that a team is given the advantage of the distance that is gained without assistance of a foul. It is assumed that the only foul that would give this aid is a foul by the offense behind the basic spot. Therefore, all fouls but this one, that is a foul by the offense behind the basic spot, are penalized from the basic spot. This one foul is penalized from the spot of the foul.
- 6. <u>Loose Ball Play</u> If a foul occurs during a loose ball play, the basic enforcement spot is the previous spot either the spot of the snap or the free kick.
- 7. Running Play If a foul occurs during a running play, the basic enforcement spot is the spot where the related run ends.
- 8. <u>Half the Distance</u> A measurement cannot take the ball more than half the distance from the enforcement spot to the offending team's goal line. If the penalty is greater than this, the ball is placed halfway between the enforcement spot and the goal line.

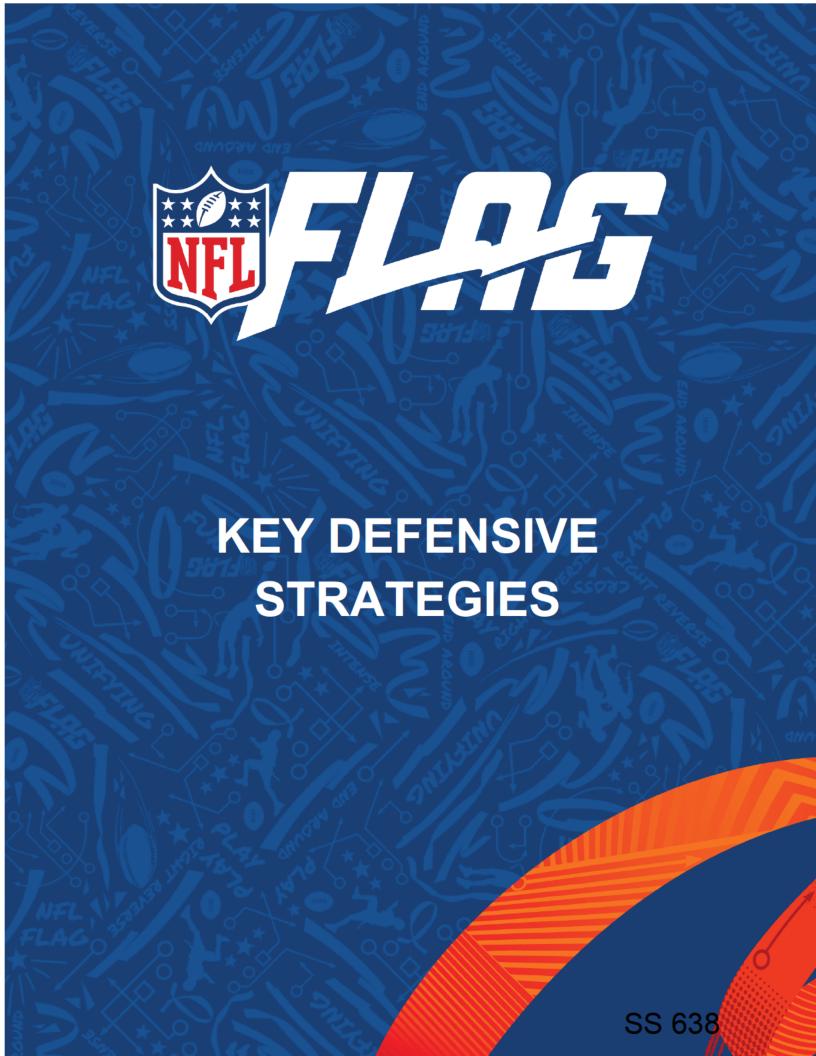


- 9. <u>Safety / Goal Line</u> If the offensive team throws an illegal forward pass from its end zone or commits any other foul for which the penalty is accepted and measurement is from or behind its goal line which is now the basic spot, it is a safety. For a defensive team foul, if the enforcement spot that is now the basic spot is on or behind the offended team's goal line any measurement is from the goal line.
- 10. <u>Foul on a Score</u> If there is a player foul by the offensive team other than unsportsmanlike or nonplayer, during a down which results in a successful touchdown or try, the acceptance of the penalty nullifies the score. If there is a player *foul* by the defensive team, other than unsportsmanlike or non-player, during a down which results in a successful touchdown or try, the penalty is automatically declined.
- 11. <u>Foul Prior to a Try</u> When a foul occurs after a touchdown and before the ball is ready for play for the try, the enforcement is at the succeeding spot where the ball will be next snapped for the try, usually the 3 or 10 yard line.
- 12. <u>Double Foul</u> It is a double foul if both teams commit fouls, other than unsportsmanlike or nonplayer, during the same live ball period in which:
  - A. There is no change of possession.
  - B. There is a change of possession, and the team in possession at the end of the down fouls prior to final change of possession.
  - C. There is a change of possession and the team in final possession accepts the penalty for its opponent's foul.

In all three the penalties cancel and the down is replayed.

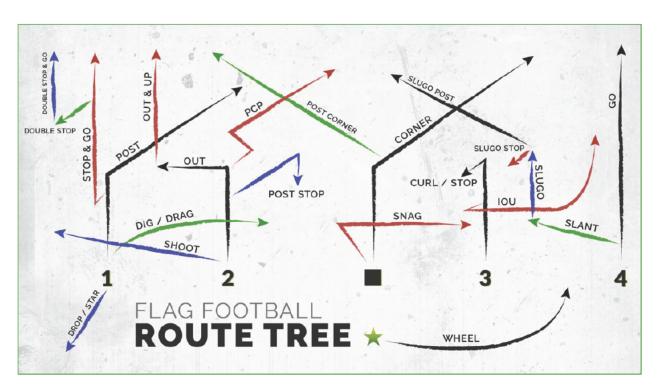
EXCEPTION: If each team fouls during a down in which there is a change of team possession, the team last gaining possession may retain the ball, provided its foul is not prior to the final change of possession and it declined the penalty for its opponents foul(s), other than unsportsmanlike or nonplayer.

- 13. <u>Multiple Live Ball Fouls</u> When 2 or more live ball fouls are committed by the same team, only one penalty may be chosen except when a foul(s) for unsportsmanlike or nonplayer conduct occurs. In such cases, the penalty/penalties for the unsportsmanlike conduct or nonplayer fouls are administered from the succeeding spot as a dead ball foul.
- 14. <u>Multiple Dead Ball Fouls</u> Penalties for dead ball fouls are administered separately and in the order of occurrence. Dead ball fouls are not coupled with live ball fouls or other dead ball fouls to create double or multiple fouls. Penalize all unsportsmanlike and nonplayer fouls separately.



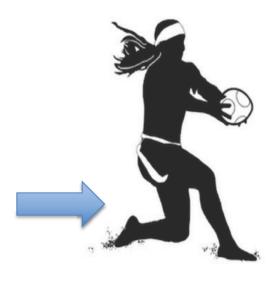


## **ROUTE TREE**



## **BALL CARRIER MOVEMENTS**

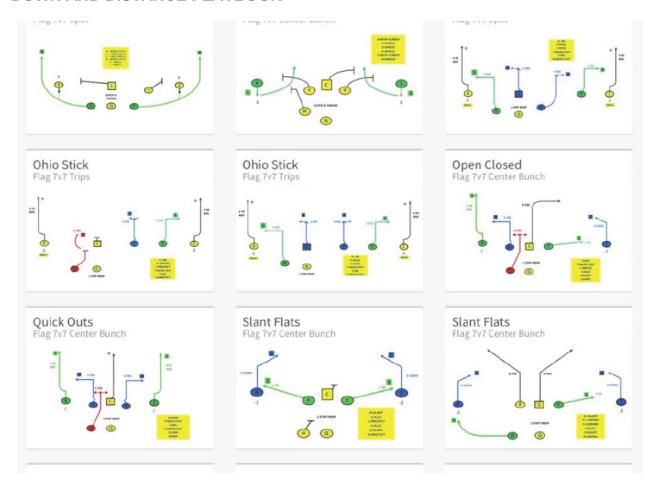
- Spin Moves
- Juke/Jump Cuts
- The "Dip"





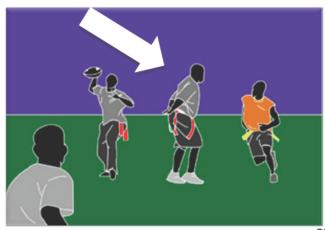


#### **DOWN AND DISTANCE PLAYBOOK**



#### **BLOCKING SCHEMES**

- Center
- "Guard"-(WR)
- Shuffling (Moving Screens)
- Release
- Safety Valve





## **FLAG PULLING**

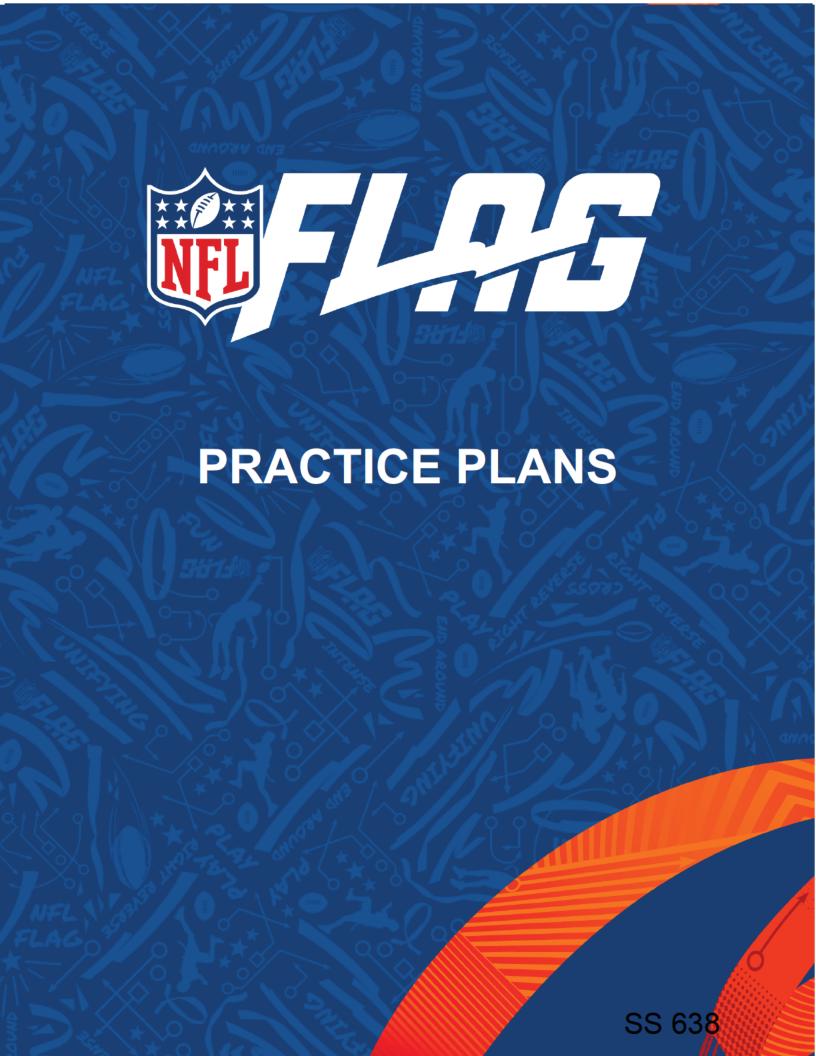
- Eyes on near hip
- Near foot, near shoulder
- 2 hands for the flag or go for both flags



#### **RUSHING THE PASSER**

- Principals of Rushing
- Line up as close as 1 yd from LOS
- Number's game
- Angles/Pursuit







Time	Drills	Links
5:00 5:15	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills Water Break	Conditioning Drills Link  Agility Drills Link
5:20	Station 1- Wide Receivers Station 2- Running Backs Station 3- Centers Station 4- Quarterbacks *10 minutes each station, then rotate	How to catch a football Link  Running Back Drill Link  How to snap a football Link  How to throw a football Link
6:00	Water Break	
6:05	(All) Route Running	Route Running Link
6:25	Water Break	
6:30	(AII) Flag Pulling Drills	Flag Pulling Drills
6:55	Closing Remarks	



Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	Conditioning Drills Link  Agility Drills Link
5:15	Water Break	
5:20	Flag Pulling Drills- 3 Stations (13 minutes each)	-Flag A Tag -1 on 1 -Sideline Drill
6:00	Water Break	
6:05	(AII) Screen Blocking	-Demo -Movements -Drills
6:25	Water Break	
6:30	(All) Defensive Coverages	- Zones -Man to Man -Explanations -Shifts
6:55	Closing Remarks	



Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	Conditioning Drills Link  Agility Drills Link
5:15	Water Break	
5:20	3 Stations- Center/QB WR/DB Rusher/Blocking (Stay in those groups)	-Individual Groups (Position Specific) -Have designed drills for each group to practice during this time
6:00	Water Break	
6:05	(All) Special Teams	One group all together, explaining Punt Formation and Punt Return
6:25	Water Break	
6:30	Offense / Defense Split	- Formations, lining up, different coverage packages, and shifts
6:55	Closing Remarks	



Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	Conditioning Drills Link  Agility Drills Link
5:15	Water Break	
5:20	1 on 1 's Offense-Center/QB/WR Defense-Rusher/DB	Two Groups - O and D Live 1 on 1's (Really 3 vs 2) Center to QB, QB to WR Live Rush and Coverage
6:00	Water Break	
6:05	All Flag Pulling /Ball Carrier Movements	-Drill for both the Defense and Offense -Ball Carriers must make a move (Spin, Juke, Dip) -Defense must try to get flag. 1v1 Drill all together -Could do two stations of the same thing
6:25	Water Break	
6:30	(All) Live Scrimmage	-Break up into O and D and spend 10 minutes amongst group, planning. -The remaining time live scrimmage
6:55	Closing Remarks	



Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	Conditioning Drills Link  Agility Drills Link
5:15	Water Break	
5:20	Offense / Defense Playbooks	-Break up into two groups -Use this time to introduce the play book, scheme, and formations
6:00	Water Break	
6:05	(All) Semi-Live Scrimmage	Use the playbooks and time you just spent to see what it produces on the field in semi live format
6:25	Water Break	
6:30	(All) Flag Pulling Competitions	Flag-A-Tag or others
6:55	Closing Remarks	

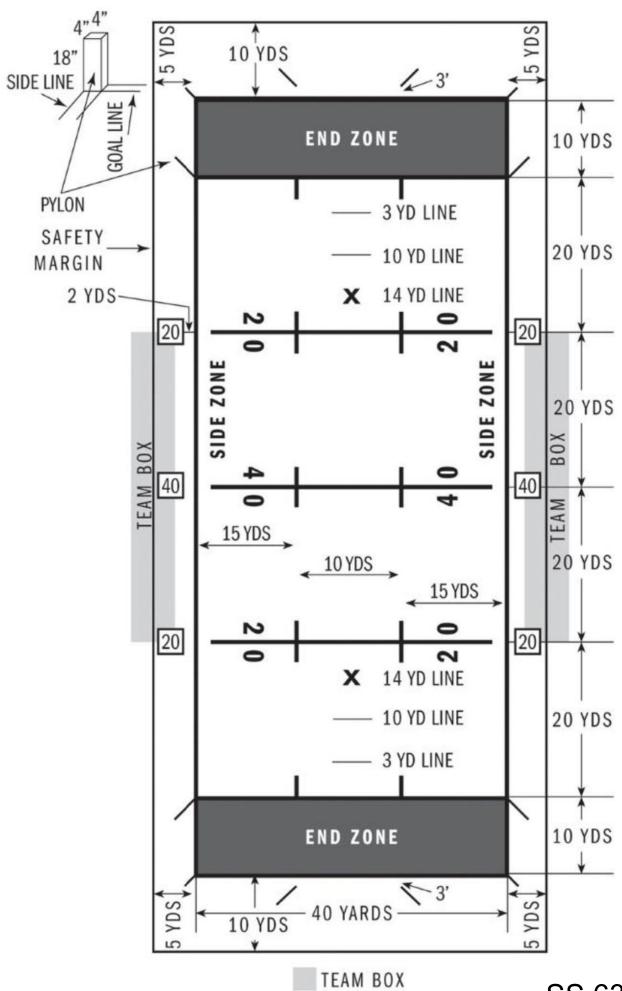


Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	Conditioning Drills Link  Agility Drills Link
5:15	Water Break	
5:20	Individual Groups Center/Punter/Returners QB/Center/WR DB/Rushers	-Routes, Snaps, Punts, Punt Returns, Rushing, Coverage -Stay in groups for duration
6:00	Water Break	
6:05	All Live Pocket/Roll out Drill	-Designed for QB's to practice but all to attend -Go through taking Live snaps, With live rushers and live blockers -Get QB Stepping up or rolling out, Get Lineman to practice releasing down field
6:25	Water Break	
6:30	(All) Live Scrimmage	Spend this time to go live. Play the exact game format of the 1 <sup>st</sup> half
6:55	Closing Remarks	



Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	<u>Conditioning Drills Link</u> <u>Agility Drills Link</u>
5:15	Water Break	
5:20	Flag Pulling 2-3 Stations	Select your 2-3 Stations and rotate between each station
6:00	Water Break	
6:05	(All) Situational Live Scrimmage	Spend 20 minutes putting the offense or defense into different scenarios and then run a live play. Spend a moment coaching up the team on that specific play
6:25	Water Break	
6:30	(All) Live Scrimmage	Spend this time to go live using your playbook
6:55	Closing Remarks	





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#### **KEY**



- Denotes Existing Goals from previous years that continue in 2022-2023.

- Denotes New Goals for 2022-2023.

**To:** CIF Southern Section Executive Committee Members

From: Rob Wigod, Commissioner of Athletics Subject: 2022-2023 Southern Section Goals

**Date:** August 11, 2022

# 1. Continue to Enhance Communication Between the CIF Southern Section Office, Member Schools and the Executive Committee

- a. Expand the use of social media in communications with member schools, the public and media outlets.
- b. Continue to develop enhanced mobile version of the website including links with social media platforms.
- c. Implement redesign of Southern Section public website, www.cifss.org.
- d. Publish periodic Messages from the Commissioner on Southern Section website and all social media platforms.
- e. Prepare and distribute frequent Executive Committee Updates.
- f. Directly communicate information by email to entire section membership and selected groups.
- g. Offer opportunities and conduct personal interviews with media members from throughout the various geographic areas of the section.
- h. Conduct Fall Workshops at various geographic locations throughout the Southern Section.
- i. Continue official's recruitment program utilizing section website and social media platform.
- j. Launch weekly video program, entitled CIF-SS This Week, that will be available via <a href="www.cifss.org">www.cifss.org</a>, YouTube and SBLive platforms.

#### 2. Implement Year 1 of CIFSSHome 2.0 for CIF Southern Section Member Schools

- a. Activate CIFSSHome 2.0 for the 2022-2023 school year.
- b. Along with staff, facilitate numerous training sessions for member schools.
- c. Along with staff, provide ongoing training and assistance to member schools on a daily basis.
- d. Continue to develop and expand features of CIFSSHome 2.0.

#### 3. Conduct Inaugural Beach Volleyball Championships

- a. Identify format and qualification process CIF Southern Section Beach Volleyball Championships.
- b. Conduct Inaugural Team Championships Tournament.
- c. Conduct Inaugural Pairs Tournament Championship.

#### 4. Implement New Rules Changes

- a. New Official's Fees Agreement.
- b. CIF Bylaw 210 Lifetime ban from CIF athletic events for anyone who physically assaults a game official.
- c. CIF Bylaw 510.1 Eliminated.
- d. CIF Southern Section Bylaws 3419.7 and 3420.3 Competitive equity playoff system for both divisions of 8-Man Football.
- e. CIF Southern Section Bylaw 2419 Girls Lacrosse Two yellow cards will result in a game exclusion but will not include a subsequent game suspension from the next contest.

#### 5. Provide Professional Growth Opportunities for Member Schools

- a. Launch Year 7 of the MVP AD Program.
- b. Conduct CIF Southern Section Athletic Administrator Summit.
  - 1) Launch inaugural Athletic Trainers Track at the Athletic Administrators Summit.

#### 6. Financial Matters

- a. Expand CIF Southern Section investment opportunities under approved CIF Southern Section Investment Policy.
- b. Along with CIF Sports Properties, increase revenue share in Year 6 of the CIF Marketing Plan.
- c. Continue online ticketing, through the GoFan platform, for all Southern Section playoff events.
- d. Facilitate the distribution of grant monies received from the California Department of Education in support of the organization's mission and member schools.
- e. Onboard member schools to receive all payments from the CIF Southern Section electronically via Automated Clearing House (ACH) network instead of mailing checks.
- f. Secure an official ball agreement for Boys/Girls Tennis.
- g. Secure an official ball agreement for Beach Volleyball.

#### 7. Examine and Explore Issues Involving Public and Private Schools

- a. Continue to work with the CIF Southern Section Public/Private Committee on an ongoing basis.
- b. Continue to work with the Private School Leadership Advisory Committee on an ongoing basis.
- c. Continue to engage in a constructive dialogue with member schools, both public and private, on public/private issues.
- d. Serve as a resource for member schools, leagues and areas of the CIF Southern Section by attending league meetings, area meetings and athletic director association meetings.
- e. Continue to emphasize adherence to current CIF State Constitution and Bylaws and CIF Southern Section Blue Book rules that apply to <u>all</u> schools.
- f. Implement and evaluate new CIF Bylaw 510 interpretations and recommend modifications, as needed.
- g. Examine Southern Section Bylaw 510, specifically related to issues involving Name, Image and Likeness, and recommend clarifications/modifications to existing Bylaw, including new Q and A's.

#### 8. Work Cooperatively with the CIF State Office and the Other 9 Sections

- a. Generate a sectional identity that provides leadership, along with being cooperative and sensitive to the needs of the CIF and the other sectional organizations.
- b. Develop strategies that recognize and support the needs of the CIF and the other sections without sacrificing the strengths and interests of the CIF Southern Section.
- c. Serve as a resource, along with members of the CIF Southern Section Staff, to the CIF State Office in the management and conducting of CIF State Regional and CIF State Championship events.
  - 1) Rob Wigod Event Manager, CIF State Football Championships.
  - 2) Rob Wigod Member, CIF Constitution and Bylaws Editorial Committee.
  - 3) Kristine Palle Member, CIF Constitution and Bylaws Editorial Committee.
  - 4) Thom Simmons Director, CIF Southern Regional Basketball Championships.
- d. Partnering with the CIF State Office, host the National Association of Sports Officials Annual Summit in Riverside on July 28-30, 2023.
  - 1) Along with the CIF State Office, coordinate and facilitate California Officiating Day at the National Association of Sports Officials Annual Summit in Riverside on Saturday, July 27, 2023.

#### 9. Expand Relationships with the National Federation of State High School Associations

- a. Along with staff, serve on various national committees affiliated with the National Federation of State High School Associations.
- b. Along with Bally's Sports, offer increased opportunities for member schools to participate in the NFHS Network Student Broadcast Program.
- c. Assist the NFHS Network in implementing the Pixellot Free for All Program, which provides two Pixellot cameras for every Southern Section member school free of charge, including free installation, and immediate revenue share opportunities for member schools.
- d. Rob Wigod Member, NFHS Network Leadership Circle.
- e. Rob Wigod Board Member National Association of Sports Officials.
- f. Kristine Palle Chair, NFHS Water Polo Rules Committee.
- g. Thom Simmons Southern Section Coordinator, NFHS Network.