



Meeting of the Executive Committee

August 11, 2022

1:00 p.m.

The Rose Bowl, Pasadena

Agenda

<u>1. OPENING BUSINESS</u>	<u>DISPOSITION</u>	<u>ITEM</u>
A. Call to order by Jim Perry, President of the Council		
B. Pledge of Allegiance		
C. Roll Call		
D. Introduction of Guests		
E. Adopt Agenda	Action	
F. Approval of Minutes		
1. Minutes of the May 12, 2022, Executive Committee Meeting	Action	1F1

2. PUBLIC COMMENT

- A. Recognition of anyone wishing to address the Executive Committee. Speakers must limit their remarks to three minutes.

3. NON-ACTION ITEMS

A. STATE FEDERATED COUNCIL NON-ACTION ITEMS

There are no CIF State Federated Council non-action items at this time.

B. SOUTHERN SECTION NON-ACTION ITEMS

There are no CIF Southern Section Council action items at this time.

4. ACTION ITEMS

A. STATE FEDERATED COUNCIL ACTION ITEMS

There are no CIF State Federated Council action items at this time.

B. SOUTHERN SECTION ACTION ITEMS

- | | | |
|---|--------|--------|
| 1. Proposed Addition of Girls Flag Football | Action | SS 638 |
|---|--------|--------|

5. NEW BUSINESS

A. Appointment for 2022-2023 Executive Committee

Action

- | | |
|--|-----|
| 1. Coast Area Representative | 5A1 |
| 2. Girls' Athletic Director Representative | 5A2 |
| 3. At Large Representative | 5A3 |

B. 2022-2023 CIF Southern Section Goals

Action

5B1

C. Financial Report

Mitch Carty

D. Marketing Report

Jackie Gibson

E. Communications Report

Thom Simmons

6. CLOSED SESSION

A. Commissioner of Athletics Vacancy

7. REPORT OF ACTION(S) TAKEN IN CLOSED SESSION

8. REPORTS

A. NFHS Summer Meeting Reports

Monica Colunga
Jim Perry
Mike West
Jeff Williams

B. President's Report

Jim Perry

C. Treasurer's Report

Chris Calderwood

D. Commissioner's Report

Rob Wigod

E. Executive Committee Member Reports

9. ADVANCE PLANNING

A. DATES

1. September 22, 2022 - CIF Southern Section Executive Committee Meeting, CIF Southern Section Offices, Los Alamitos, CA 1:00 p.m.
2. September 26, 2022 – Champions for Character Awards Dinner, The Grand Conference Center, Long Beach, CA 6:00 p.m.
3. September 29, 2022 – CIF Southern Section Council Meeting, The Grand Conference Center, Long Beach, CA 9:00 a.m.
4. October 3, 2022 – Athletic Administrators Summit, Sheraton Fairplex Hotel & Conference Center, Pomona CA 7:30 a.m.
5. October 12, 2022 – CIF Southern Section Hall of Fame/Distinguished Service Awards Luncheon, The Grand Conference Center, Long Beach CA 11:30 a.m.
6. January 13-15, 2023 – CIF Southern Section Executive Committee Meeting/Retreat, Westin South Coast Plaza, Costa Mesa CA, 9:30 a.m.
7. January 31, 2023 – CIF Southern Section Council Meeting, The Grand Conference Center, Long Beach CA 9:00 a.m.

B. SUGGESTED AGENDA ITEMS

1. _____
2. _____
3. _____

10. ADJOURNMENT

A. Time of Adjournment _____



Meeting of the Executive Committee

May 12, 2022

1:00 p.m.

Parker's Lighthouse Restaurant, Long Beach

Minutes

<u>1. OPENING BUSINESS</u>	<u>DISPOSITION</u>	<u>ITEM</u>
-----------------------------------	---------------------------	--------------------

- A. Call to order by Mike West, President of the Council

Meeting was called to order by President Mike West at 12:58 pm. President West welcomed everyone to his last meeting as President.

- B. Pledge of Allegiance

- C. Roll Call

All members were present except for Cleveland Johnson, Steve Miller, Geniel Moon, Kristine Palle, and David Parkes.

- D. Introduction of Guests

- | | |
|-----------------|-----------------|
| E. Adopt Agenda | Approved 17-0-0 |
|-----------------|-----------------|

There was a request to amend the agenda and move the Marketing Report to the beginning of the meeting, prior to the approval of minutes. There was a motion and a second to adopt the revised agenda. There being no discussion, a hand vote was taken, and the motion was approved to adopt the revised agenda 17-0-0. The summary of the report appears in its original position on the agenda.

- | | |
|------------------------|-----------------|
| F. Approval of Minutes | Approved 17-0-0 |
|------------------------|-----------------|

There was a motion and a second to approve the minutes of the March 31, 2022 Executive Committee meeting. There being no discussion, a hand vote was taken, and the minutes were approved 17-0-0.

2. PUBLIC COMMENT

- A. Recognition of anyone wishing to address the Executive Committee. Speakers must limit their remarks to three minutes.

There was no one present to address the Executive Committee.

3. ACTION ITEMS

A. STATE FEDERATED COUNCIL ACTION ITEMS

There are no CIF State Federated Council action items at this time.

B. SOUTHERN SECTION ACTION ITEMS

There are no CIF Southern Section Council action items at this time.

4. NON-ACTION ITEMS

A. STATE FEDERATED COUNCIL NON-ACTION ITEMS

There are no CIF State Federated Council non-action items at this time.

B. SOUTHERN SECTION NON-ACTION ITEMS

- | | | |
|---|------------|--------|
| 1. Proposed Addition of Girls Flag Football | Non-Action | SS 638 |
|---|------------|--------|

There was no further discussion on this item and it will be an Action Item at the August 11, 2022 Executive Committee meeting.

5. NEW BUSINESS

A. Consideration of the Following Schools for Membership for the 2022-2023 School Year

- | | | |
|--|-----------------------|-----|
| 1. Aveson Global Leadership Academy
Presented by David Parkes | Approved Probationary | 5A1 |
|--|-----------------------|-----|

Rob Wigod presented Aveson Global Leadership Academy for David Parkes for consideration and recommended probationary membership. Additional information was discovered at the visitation with regard to the fielding of boys and girls sports in each season of sport. A motion and second were made for probationary status for Aveson Global. After discussion, which included a review of the New Member School Application, the motion carried 17-0-0.

- | | | |
|---|-----------------------|-----|
| 2. Entrepreneur/Fontana
Presented by Kai Lyles | Approved Probationary | 5A2 |
|---|-----------------------|-----|

Kai Lyles presented Entrepreneur/Fontana for consideration and recommended probationary membership. Additional information was discovered at the visitation and they are able to field a boys and a girls sport in each season of sport. Facilities are not completed at this time. They have other facilities lined up for use during the 2022-23 school year. A motion and second were made for probationary status for Entrepreneur/Fontana. After discussion, which included a review of the New Member School Application, the motion carried 17-0-0.

5. NEW BUSINESS (Cont.)

A. Consideration of the Following Schools for Membership for the 2022-2023 School Year (Cont.)

3. Gorman Learning Center/Antelope Valley
Presented by Jeff Williams Approved Probationary 5A3

Jeff Williams presented Gorman Learning Center/Antelope Valley for consideration and recommended probationary membership. Additional information was discovered at the visitation and they are able to field a boys and a girls sport in each season of sport. A motion and second were made for probationary status for Gorman Learning Center/Antelope Valley. After discussion, which included a review of the New Member School Application, the motion carried 17-0-0.

4. Magnolia Science Academy/Van Nuys
Presented by Todd Arrowsmith Approved Probationary 5A4

Todd Arrowsmith presented Magnolia Science Academy/Van Nuys for consideration and recommended probationary membership. A motion and second were made for probationary status for Magnolia Science Academy/Van Nuys. After discussion, which included a review of the New Member School Application, the motion carried 17-0-0.

5. Vista Meridian Global Academy
Presented by Jim Perry Approved Probationary 5A5

Jim Perry presented Vista Meridian Global Academy for consideration and recommended probationary membership. A motion and second were made for probationary status for Vista Meridian Global Academy. After discussion, which included a review of the New Member School Application, the motion passed 17-0-0.

B. Membership Status of New and Probationary Schools Admitted in 2021-2022 – Consent Calendar

There was a motion and a second to add the following schools to the Consent Calendar for approval for full membership: Anacapa; Entrepreneur/Highland; Lifeline Education Charter; Newport Christian; and San Jacinto Leadership Academy. After discussion, these schools were approved for full membership 17-0-0.

1. Anacapa
Consent Calendar Approved Full Membership 5B1

2. Entrepreneur/Highland
Consent Calendar Approved Full Membership 5B2

3. First Baptist/Long Beach
Mike West presented the evaluation and pointed out that they played only a boys basketball team and missed the boys and girls sport in each season of sport. It is up to the Executive Committee to grant full or probationary membership. There was a motion to approve another year of probation and a second. Motion was approved 17-0-0. Approved Probationary 5B3

5. NEW BUSINESS (Cont.)

B. Membership Status of New and Probationary Schools Admitted in 2021-2022 – Consent Calendar (Cont.)

4. Harkham-GAON Academy Denied 5B4
Mike West presented the evaluation and pointed out that they played no interscholastic sports and missed a boys and girls sport in each season of sport. This is also their fourth year on probation. It is up to the Executive Committee to grant full or probationary membership or to drop them from membership. There was a motion to approve another year of probation and a second. Motion failed 6-11-0 and Harkham-GAON Academy will be dropped from membership starting with the 2022-2023 school year.
5. Lakeview Leadership Academy Approved Probationary 5B5
Mike West presented the evaluation and pointed out that they played only boys cross country, boys soccer, boys and girls basketball, cheer and missed the boys and girls sport in each season of sport. It is up to the Executive Committee to grant full or probationary membership. There was a motion to approve another year of probation and a second. Motion was approved 17-0-0.
6. Lifeline Education Charter Highland Approved Full Membership 5B7
Consent Calendar
7. Lompoc Valley Baptist Denied 5B8
Mike West presented the evaluation and pointed out that they played only a boys cross country, girls volleyball and missed the boys and girls sport in each season of sport. It is up to the Executive Committee to grant full or probationary membership. There was a motion to approve another year of probation and a second. Motion failed 8-9-0 and Lompoc Valley Baptist High School will be dropped from membership starting with the 2022-2023 school year.
8. Magnolia Science Academy/Santa Ana Approved Probationary 5B9
Mike West presented the evaluation and pointed out that they played only boys and girls volleyball, coed soccer, coed basketball and missed the boys and girls sport in each season of sport. It is up to the Executive Committee to grant full or probationary membership. There was a motion to approve another year of probation and a second. Motion was approved 16-1-0.
9. Newport Christian Approved Full Membership 5B10
Consent Calendar
10. Orange Crescent Approved Probationary 5B11
Mike West presented the evaluation and pointed out that they played only boys and girls basketball, boys and girls tennis and missed the boys and girls sport in each season of sport. It is up to the Executive Committee to grant full or probationary membership. There was a motion to approve another year of probation and a second. Motion was approved 17-0-0.
11. Palmdale Academy Charter Approved Probationary 5B12
Mike West presented the evaluation and pointed out that they played only boys and girls volleyball, boys and girls soccer, boys basketball, baseball and missed the boys and girls sport in each season of sport. It is up to the Executive Committee to grant full or probationary membership. There was a motion to approve another year of probation and a second. Motion was approved 17-0-0.

5. NEW BUSINESS (Cont.)

B. Membership Status of New and Probationary Schools Admitted in 2021-2022 – Consent Calendar (Cont.)

12. Pasadena Waldorf Approved Probationary 5B13
Mike West presented the evaluation and pointed out that they played only girls volleyball, fall boys soccer and missed the boys and girls sport in each season of sport. It is up to the Executive Committee to grant full or probationary membership. There was a motion to approve another year of probation and a second. Motion was approved 17-0-0.

13. San Jacinto Leadership Academy Approved Full Membership 5B14
Consent Calendar

14. South Hills Academy Denied 5B15
Mike West pointed out that South Hills Academy did not send in an evaluation letter after numerous requests to the school. It is up to the Executive Committee to grant full or probationary membership or to drop the school from membership. There was a motion to approve another year of probation and a second. Motion failed 2-15-0 and South Hills Academy will be dropped from membership starting with the 2022-2023 school year.

15. TREE Academy Approved Probationary 5B16
Mike West presented the evaluation and pointed out that they played only boys and girls volleyball, boys basketball and missed the boys and girls sport in each season of sport. It is up to the Executive Committee to grant full or probationary membership. There was a motion to approve another year of probation and a second. Motion was approved 12-5-0.

16. University Careers/Sports Academy Approved Probationary 5B17
Mike West presented the evaluation and pointed out that they played only girls volleyball, 8-man football, coed soccer, boys and girls track and field and missed the boys and girls sport in each season of sport. It is up to the Executive Committee to grant full or probationary membership. There was a motion to approve another year of probation and a second. Motion was approved 17-0-0.

C. Financial Report Approved 17-0-0 Mitch Carty
Chief Financial Officer Mitch Carty handed out his report, and it appears at the end of these minutes, and he highlighted a few items. It was recommended the CIF Southern Section Office refund the 2021-2022 Sport Fees to the membership from the surplus indicated in the projections on the Financial Report. There was a motion and a second to approve the release of surplus net income from fiscal 2021-2022 back to CIF Southern Section member schools in the amount deemed to be prudent by the Commissioner and Chief Financial Officer and where a positive and comfortable profit and loss can still be reported. The motion was approved 17-0-0. Rob Wigod thanked Mitch Carty for his hard work he has put in to bring us this information.

D. Marketing Report Jackie Gibson
Marketing Director Jacquelyn Gibson shared a PowerPoint presentation that appears at the end of these minutes.

5. NEW BUSINESS (Cont.)

E. Reorder of Council Agenda

Rob Wigod

Commissioner Rob Wigod brought forward the suggestion to move action items at our Council meetings to the end of the meeting instead the beginning, as is done at the CIF State level, to keep representation at the meeting to discuss non-action items and gain valuable information to bring back to their leagues. Rich Imbriani spoke in favor of this move. It has been noticed that representatives will leave after voting and that questions asked at Council seemed to indicate the agenda has not been reviewed prior to attending the meetings and voting. Chris Calderwood liked the breakout rooms done during the last Zoom Council meeting and would like to see this done at in-person meetings to facilitate more discussion and clarification of agenda items prior to voting. The key to these breakout groups would be to meet with those not from the same area to gain perspective from around the Section. This would be implemented for the 2022-2023 Council Meetings.

6. CLOSED SESSION

A. Public Employee Evaluation of Performance – (Government Code 54957):

1. Commissioner's Evaluation

7. REPORT OF ACTION(S) TAKEN IN CLOSED SESSION

At 2:13 pm, the Executive Committee went into Closed Session to review the Commissioner's Evaluation. The Closed Session ended at 2:40 pm.

President Mike West announced that during Closed Session a review of Commissioner Wigod's evaluation was presented to the Executive Committee. There was a motion and a second to accept the evaluation with amendments and be presented to Commissioner Wigod at a later date. The motion was approved unanimously by voice vote.

8. REPORTS

A. President's Report

Mike West

President Mike West stated that he has been proud to have led this group for the last two years. The work that has been done and accomplished; and the Financial Report speaks volumes to that. Thank you! We have kept the eye on the prize and as we move forward, the right people are in the room. Looking forward to Jim Perry taking the role of President and welcoming Paula Rodas to her new position as President-Elect.

B. Treasurer's Report

Chris Calderwood

Treasurer Chris Calderwood reviewed the Treasurer's Report that appears at the end of these minutes. It is unbelievable that we went from furloughs to giving back sports fees in a matter of 18 months. Cheers to the office staff for all they have done to support education-based athletics.

C. Commissioner's Report

Rob Wigod

Commissioner Rob Wigod reported that the Spring Sports Championships are well under way. Last couple of weeks saw our swimming and diving championships in Mission Viejo over nine days and were very successful. It was the first time they were able to have fans in the stands since 2019 and it made the events very exciting. Boys and Girls Lacrosse, Boys Team Tennis, Boys and Girls Track and Field and Boys Volleyball conclude this weekend, with Baseball, Softball, Boys Golf and Masters Meet Track and Field the next week and Boys Individual Tennis rounding out the season. It has been an incredible year. Many thank yous for all the support from all involved: member schools, Executive Committee and Southern Section Staff.

8. REPORTS (Cont.)

D. Executive Committee Member Reports

President-Elect – Jim Perry stated that the leadership of these two leaders (Mike West and Monica Colunga) bringing us through the last two years is second to none. Not since World War II has there been such trying times for this organization, and they have brought us through with flying colors. We are in your debt.

President Mike West made parting gift presentations to Monica Principe and Dave Reid as their tenure with the Executive Committee comes to an end.

Rob Wigod made a presentation to Mike West as outgoing President of the Council.

9. ADVANCE PLANNING

A. DATES

1. August 11, 2022 – CIF Southern Section Executive Committee Meeting, CIF Southern Section Offices, Los Alamitos, CA 1:00 p.m.
2. September 22, 2022 - CIF Southern Section Executive Committee Meeting, CIF Southern Section Offices, Los Alamitos, CA 1:00 p.m.
3. September 26, 2022 – Champions for Character Awards Dinner, The Grand Conference Center, Long Beach, CA 6:00 p.m.
4. September 29, 2022 – CIF Southern Section Council Meeting, The Grand Conference Center, Long Beach, CA 9:00 a.m.

B. SUGGESTED AGENDA ITEMS

There were no suggested agenda items.

10. ADJOURNMENT

- A. Time of Adjournment: 2:56 pm.

Submitted By:



Sharon Hodge
Executive Assistant

Approved By:



Rob Wigod
Commissioner of Athletics

Approval of Minutes

Minutes of the May 12, 2022 Executive Committee Meeting

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompkins	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEM 5A1

Aveson Global Leadership HS Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompson	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEM 5A2

Entrepreneur/Fontana HS Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompson	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEM 5A3

Gorman Learning Center HS Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompson	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEM 5A4

Magnolia Science Academy HS Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompkins	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEM 5A5

Vista Meridian Global HS Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompkins	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEMS 5B1 - 5B16

Consent Calendar – Probationary Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompkins	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEM 5B3

First Baptist/Long Beach HS Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompkins	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEM 5B4

Harkham-GAON Academy Membership

Todd Arrowsmith	No	Alexis Barile	Yes	Chris Calderwood	No	Monica Colunga	No
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	No	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	No	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	No	Monica Principe	Yes	Dave Reid	No
Paula Rodas	No	Michelle Spencer	No	Reggie Thompkins	Yes	Mike West	No
Jeff Williams	No						

Motion Lost 6 Yes 11 No 0 Abstain

ITEM 5B5

Lakeview Leadership Academy Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompkins	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEM 5B8

Lompoc Valley Baptist HS Membership

Todd Arrowsmith	No	Alexis Barile	Yes	Chris Calderwood	No	Monica Colunga	No
Ann Fitzgerald	No	Dave Hess	Yes	Mary Jane Hibbard	No	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	No	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	No	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	No	Michelle Spencer	Yes	Reggie Thompson	Yes	Mike West	No
Jeff Williams	Yes						

Motion Lost 8 Yes 9 No 0 Abstain

ITEM 5B9

Magnolia Science Academy/Santa Ana HS Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	No	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompkins	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 16 Yes 1 No 0 Abstain

ITEM 5B11

Orange Crescent HS Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompkins	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEM 5B12

Palmdale Academy Charter HS Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompson	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEM 5B13

Pasadena Waldorf HS Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompkins	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEM 5B15

South Hills Academy Membership

Todd Arrowsmith	No	Alexis Barile	Yes	Chris Calderwood	No	Monica Colunga	No
Ann Fitzgerald	No	Dave Hess	No	Mary Jane Hibbard	No	Rich Imbriani	No
Cleveland Johnson		Kai Lyles	No	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	No	Monica Principe	No	Dave Reid	No
Paula Rodas	No	Michelle Spencer	No	Reggie Thompson	Yes	Mike West	No
Jeff Williams	No						

Motion Lost 2 Yes 15 No 0 Abstain

ITEM 5B16

TREE Academy Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	No
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	No	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	No	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	No	Reggie Thompson	Yes	Mike West	No
Jeff Williams	Yes						

Motion Carried 12 Yes 5 No 0 Abstain

ITEM 5B17

University Careers/Sports HS Membership

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompkins	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

ITEM 5C

Financial Report

Todd Arrowsmith	Yes	Alexis Barile	Yes	Chris Calderwood	Yes	Monica Colunga	Yes
Ann Fitzgerald	Yes	Dave Hess	Yes	Mary Jane Hibbard	Yes	Rich Imbriani	Yes
Cleveland Johnson		Kai Lyles	Yes	Steve Miller		Geniel Moon	
David Parkes		Jim Perry	Yes	Monica Principe	Yes	Dave Reid	Yes
Paula Rodas	Yes	Michelle Spencer	Yes	Reggie Thompson	Yes	Mike West	Yes
Jeff Williams	Yes						

Motion Carried 17 Yes 0 No 0 Abstain

MARKETING REPORT

5.12.2022





ACADEMIC AWARDS





2,009 team entered.



2,009 team entered. 52 teams awarded.



2,009 team entered. 52 teams awarded. 1 memorable night



Oxnard Boys Basketball



Burroughs Girls Wrestling



San Marcos Girls Basketball



Beaumont Baseball





Woodbridge – Girls Lacrosse

Loma Linda Academy – Boys Golf

Flintridge Prep – Softball



WHAT'S NEXT?





2022
CIF-SS FORD UNIFIED
TRACK AND FIELD
Southern Division Championships



LOCATION: TRABUCO HILLS HIGH SCHOOL



MAY 13, 2022 @ 2:45PM



KARA.JOHNSON@SVUSD.ORG TO RSVP



- 4x100m*
- 4x400m

- 400m
- 200m
- 100m*

- Long Jump
- Shot Put*

*Qualifies for CIF-SS Masters Meet and CIF State Meet considerations





Southwestern League Unified Sports Track and Field Meet at Murrieta Mesa High School

Rawlings®
® **Est. 1887**

BASEBALL PLAYER OF THE YEAR



SOFTBALL PLAYER OF THE YEAR



Hoag Orthopedics



Research • Education • Community Outreach

MARKETING REPORT

5.12. 2022



C.I.F. SOUTHERN SECTION
Profit & Loss PROJECTED

July 2021 through June 2022

	Jul '21 - Apr 22	Anticipated May-June	Projected Final
Income			
BASEBALL	0.00	55,000.00	55,000.00
BASKETBALL	946,866.00	0.00	946,866.00
CHEER	26,314.00	0.00	26,314.00
CROSS COUNTRY	91,855.00	0.00	91,855.00
FOOTBALL	2,343,657.00	0.00	2,343,657.00
GOLF	34,520.00	40,000.00	74,520.00
LACROSSE	0.00	12,500.00	12,500.00
SOCCER	110,959.00	0.00	110,959.00
SOFTBALL	0.00	23,000.00	23,000.00
SWIMMING	0.00	52,000.00	52,000.00
TRACK & FIELD	15,000.00	116,000.00	131,000.00
VOLLEYBALL	328,701.00	180,000.00	508,701.00
WATER POLO	53,924.00	0.00	53,924.00
WRESTLING	154,706.00	0.00	154,706.00
APPAREL	87,527.25	45,000.00	132,527.25
FRIENDS OF GOLF	47,000.00	0.00	47,000.00
INTEREST INCOME (Investments)	-58,754.39	-150,000.00	-208,754.39
PUBLICATIONS	27,937.44	25,000.00	52,937.44
SPORTS FEES	744,975.00	0.00	744,975.00
SUPPORT INCOME	989,884.42	275,000.00	1,264,884.42
TV -WEB - RADIO RIGHTS	524,985.00	0.00	524,985.00
CHAMPIONS FOR CHARACTER	62,478.00	10,000.00	72,478.00
SPECIAL EVENTS	69,234.00	0.00	69,234.00
OTHER INCOME (PPP #2)	387,835.00	0.00	387,835.00
Total Income	6,989,603.72	683,500.00	7,673,103.72
Cost of Goods Sold			
Cost of Goods Sold	23,277.46	17,000.00	40,277.46
Total COGS	23,277.46	17,000.00	40,277.46
Gross Profit	6,966,326.26	666,500.00	7,632,826.26
Expense			
BASEBALL EXPENSE	291.00	40,000.00	40,291.00
BASKETBALL EXPENSE	618,980.81	0.00	618,980.81
CHEER EXPENSE	14,714.37	0.00	14,714.37
CROSS COUNTRY EXPENSE	62,758.35	0.00	62,758.35
FOOTBALL EXPENSE	1,290,740.70	0.00	1,290,740.70
GOLF EXPENSE	41,724.18	40,000.00	81,724.18
LACROSSE EXPENSE	161.00	12,500.00	12,661.00
SOCCER EXPENSE	32,020.71	0.00	32,020.71
SOFTBALL EXPENSE	278.00	20,000.00	20,278.00
SWIMMING EXPENSE	18,372.51	52,000.00	70,372.51
TENNIS EXPENSE	9,174.25	9,000.00	18,174.25
TRACK & FIELD EXPENSE	34,703.19	75,000.00	109,703.19
VOLLEYBALL EXPENSE	225,806.17	50,000.00	275,806.17
WATER POLO EXPENSE	21,873.04	0.00	21,873.04

C.I.F. SOUTHERN SECTION
Profit & Loss PROJECTED

July 2021 through June 2022

	Jul '21 - Apr 22	Anticipated May-June	Projected Final
WRESTLING EXPENSE	118,148.17	0.00	118,148.17
AREA LIAISONS	41,584.53	0.00	41,584.53
AUDITOR	15,000.00	4,500.00	19,500.00
AWARDS	46,380.72	15,000.00	61,380.72
BAD DEBT (uncollectables)	0.00	0.00	0.00
BANK SERVICE CHARGES	1,911.60	250.00	2,161.60
BUILDING MAINTENANCE	20,066.07	4,000.00	24,066.07
COUNCIL	42,498.35	8,000.00	50,498.35
DEPRECIATION EXPENSE	0.00	72,000.00	72,000.00
DONATIONS	51,420.00	0.00	51,420.00
GENERAL OFFICE	21,409.26	3,000.00	24,409.26
INSURANCE	24,819.29	2,000.00	26,819.29
INVESTMENT EXPENSE	2,200.00	1,800.00	4,000.00
LEGAL EXPENSE	1,912.72	200.00	2,112.72
MAJOR MEDICAL	321,434.94	30,000.00	351,434.94
MISCELLANEOUS EXPENSE	745.54	100.00	845.54
OFFICE SUPPLIES	31,091.61	3,000.00	34,091.61
OFFICE SUPPLIES - SMALL EQUIP.	1,502.82	0.00	1,502.82
OFFICE TRAVEL	24,335.84	10,000.00	34,335.84
PAYROLL TAXES	570,533.28	100,000.00	670,533.28
PENSION EXPENSE	0.00	0.00	0.00
POSTAGE/UPS	12,267.71	2,000.00	14,267.71
PRESS/MEDIA	4,741.03	5,000.00	9,741.03
PRINTING/DUPLICATING	18,789.55	750.00	19,539.55
PROGRAM EXPENSE	474.00	0.00	474.00
PUBLICATIONS EXPENSE	18,043.52	3,000.00	21,043.52
PUBLICATIONS WASTE	0.00	4,200.00	4,200.00
SALARIES	1,618,504.65	300,000.00	1,918,504.65
SALES/USE TAX EXPENSE	1,114.80	750.00	1,864.80
SPECIAL EVENTS EXPENSE	61,127.83	4,000.00	65,127.83
SUPPORT/MARKETING EXPENSE	40,121.23	100,000.00	140,121.23
TAXES - GENERAL (property, misc)	2,488.90	1,000.00	3,488.90
TV TO SCHOOLS (regular season)	0.00	150,000.00	150,000.00
UTILITIES	7,658.19	3,000.00	10,658.19
CHAMPIONS FOR CHARACTER EXPENSE	939.10	55,000.00	55,939.10
WEB/TECHNOLOGY/IT	55,581.60	12,000.00	67,581.60
Total Expense	5,550,445.13	1,193,050.00	6,743,495.13
Net Ordinary Income	1,415,881.13	-526,550.00	889,331.13
Net Income	1,415,881.13	-526,550.00	889,331.13

C. I. F. SOUTHERN SECTION
Treasurer's Report
Executive Committee Meeting
May 12, 2022

I. AUDIT & TAXES

- A. Prior year audit **COMPLETE** and approved last meeting.
- B. Annual tax return (990) filed and **COMPLETE**.

II. PAYCHECK PROTECTION PROGRAM (PPP) update

- A. PPP Loan #2 in the amount of \$387,835, **FORGIVEN** in April 2022.

III. CIF-SS FINANCIALS “Inside the numbers”

A. AWARDS PURCHASED/SECURED FOR 2021-22

- 1. Champion & Runner Up Plaques 434
- 2. Medals 7,781
- 3. Champion T-Shirts & Patches 3,204

B. APPAREL SOLD (annual)

- 1. Participant Patches 11,543
- 2. T-Shirts 11,454
 - i. **Most popular t-shirt this year: CROSS COUNTRY 3,370 pieces (29.8%)**
 - ii. **Second most popular t-shirt: WRESTLING (3,304 pieces 29.4%)**
- 3. Headwear 3,899
- 4. Pins & Keychains 3,639
- 5. Annual revenue approximately \$135-150K

C. COMMISSIONER ROB WIGOD REPORTED DRIVING MILEAGE

- 1. From July 1, 2021 to 5/12/2022: **5,866 miles**
- 2. And with more championships and meetings to attend...there will be more!!!

Sharon Hodge

From: Rob Wigod
Sent: Wednesday, March 23, 2022 8:50 AM
To: Sharon Hodge
Subject: Flag Football Proposal

From: Rob Wigod
Sent: Tuesday, March 22, 2022 4:20 PM
To: Paula Rodas <rodasp@cvuhsd.org>; Sharon Hodge <sharonh@cifss.org>
Cc: 'rnocetti@cifstate.org' <rnocetti@cifstate.org>
Subject: RE: Flag football proposal

Paula,

Thank you for your email and I hope all is well with you and your family.

As to your request, we will accept your change from the Pioneer League's original proposal to add Girls Flag Football as a CIF-approved sport in the Spring season of sport to the Fall season of sport.

We will proceed as follows...

- 1) The proposal to add Girls Flag Football will continue as a Non-Action Item for the upcoming CIF Southern Section Council meeting on Tuesday, April 5, 2022.
- 2) The proposal will be voted on at the first Southern Section Council meeting of the 2022-2023 school year on Thursday, September 29, 2022.
- 3) If passed by the Southern Section Council on September 29, 2022, it will be forwarded to the CIF State Federated Council for first reading at their initial meeting of the 2022-2023 school year on Friday, October 7, 2022.

Thanks again and good luck to you always.

All the best,

Rob

From: Paula Rodas <rodasp@cvuhsd.org>
Sent: Tuesday, March 22, 2022 4:07 PM
To: Rob Wigod <robw@cifss.org>; Sharon Hodge <sharonh@cifss.org>
Subject: Flag Football Proposal

Rob,

After deeper consideration and some research, the Pioneer League would like to amend our Girl's Flag Football proposal to change the season of sport from Spring to Fall.

Can we please make this amendment for the April meeting so that the leagues can review the proposal with the new season of sport?

Let me know how to proceed.

Stay safe, be well, & remain #CardinalStrong,

Dr. Paula Hart Rodas

Principal, Lawndale High School

CIF-SS Executive Committee, Coast Area

CIF State Federated Council, CIF-SS Representative

CIF SOUTHERN SECTION COUNCIL PROPOSAL FORM**

In accordance with Blue Book Article 3, Bylaw 30.1, the following proposal is submitted for Council consideration.

“CIF Southern Section Council may entertain proposals submitted to the governing body on the appropriate proposal form from duly appointed advisory committees, leagues or the Executive Committee.” *All items coming before the Southern Section Council must contain the financial implications on member schools, leagues and the Southern Section.*

Date: January 11, 2022 Updated March 22, 2022

Submitted by:

Name of representative: Dr. Paula Rodas

School of representative: Lawndale HS Telephone: 310-263-3101

Check one of the following:

XX League Proposal. Name of League: Pioneer League

☐ Advisory Committee Proposal. Committee Name:

☐ Executive Committee Proposal. Submitted by: _____

Rule Change:

Rule Number Affected: Add Article 210

Implementation Date: 7/1/2023

Abstract: (Please add any supporting documents.)

To provide additional opportunities for girls to participate in education-based athletics and legitimize the sport of Girls Flag Football by recognizing it as a CIF sanctioned sport at the city, regional and state levels, while also opening more doors for females to receive athletic college scholarship opportunities.

The proposal would add Girls Flag Football to the list of approved sports in CIF Bylaw 1200, revise Article 120 and Bylaw 2100 and would renumber the remaining Articles related to CIF approved sports.

Council First Read: 4/5/2022

Council Action Date: 9/29/2022

Date Proposal will take effect on member schools: 2023-2024 School Year

See reverse side for additional information.

Financial Impact on Member School and Southern Section (Attach an analysis and supporting documents):

There is no fiscal impact to the CIF-SS at this time as it is not being proposed as a championship event. There, of course, would be costs involved for CIF member schools choosing to offer this as a sport to include, but not limited to, sports fees, uniforms, equipment, transportation, and officials' fees. No specialized facilities would be required outside of field availability.

All Council Proposals must be submitted according to the timelines published in the Blue Book. If they are not received in a timely manner, they will be postponed until the next meeting.

Council Proposals that do not contain the information in the fields provided on both pages will not be considered.

Sport advisory committees are advised to confine their proposals to the sport(s) under their advisement. Any proposals that do not affect Articles 1400 – 3100 must contain a rationale as to why the sport advisory committee is requesting action.

Procedure for Proposed Bylaw Changes:

1. Identify the bylaw, by number, to be changed or eliminated.
2. Type the bylaw, using normal font face, for language that will remain unchanged.
3. Use strikethrough to identify language to be eliminated or changed.
4. Identify proposed language using bold type.

For example, if a league wants to address the color of jerseys in basketball, the proposal may read:

The _____ League proposes the following changes to the basketball bylaws.
(your league name)

Bylaw 1623 Color of Jerseys

Proposed language:

“In all basketball games played between member schools of the CIF Southern Section,
The host team shall wear ~~white~~ **dark** colored jerseys.”

ARTICLE 210
FLAG FOOTBALL

#2100. RULES

All flag football games in the CIF Southern Section will be played under National Intramural and Recreational Sports Association (NIRSA) rules unless otherwise provided.

#2101. NUMBER OF FOOTBALL PRACTICE DAYS; NO SUNDAY PRACTICE

There shall be no football games until the squad has had 7 days of practice before the first game. Each individual student on the team must have had at least 5 days of practice before being allowed to compete in a game. (The opening date of football practice may be determined by each Section.) No Sunday practice is permitted. (See Bylaw 504.M for exception.)

#2102. SCRIMMAGE LIMITATIONS

No individual student shall participate in an interscholastic scrimmage before his/her fifth day of practice for that particular school. Scrimmage is defined as a training session where the teams alternate in carrying the ball, downs are not counted, no score is kept and the coaches are on the field directing the play.

#2102.1

A team must complete a minimum of 7 days of practice prior to competing in an interscholastic scrimmage or football carnival. Neither the interscholastic scrimmage nor carnival for the team or an individual, may be on the seventh day of practice. Two or more sessions in one day count as one day's practice for the team or an individual.

#2103. STARTING DATES FOR INTERSCHOLASTIC CONTESTS

No interscholastic contests (non-league, tournament or league) may be scheduled prior to ~~February 12th.~~ **to be determined.**

#2104. UNIFORMS

#2104.1

In all football games played between member schools of the CIF Southern Section, Teams shall wear contrasting colored jerseys, without pockets, with numbers on both sides of the jersey. Numbers on the back will be a minimum of 8 inches and the front number will be a minimum of 6 inches. If a team has only one set of jerseys, it will be its responsibility to notify opponents in sufficient time in advance of any scheduled contest in order that proper arrangements can be made to make certain that both teams have contrasting colored jerseys.

#2104.2

Teams shall wear shorts or pants of a different color than the flags. Shorts or pants shall not have pockets.

#2105. EQUIPMENT

#2105.1

Teams shall wear NFL FLAG quick release belt with three flags attached. Flags must be a contrasting color to the pants.

#2105.2

Team members may wear rubber cleats not longer than one inch, gloves and a soft helmet, soft rubber hat or headband. Players are strongly encouraged to wear a mouthpiece.

#2106. SEASON STRUCTURE AND FREQUENCY OF PLAY

The sport will be played in the ~~Spring~~ Fall season. A maximum of 14 contests on a minimum of 8 dates will be allowed.

#2107. ROSTER AND COACHES

Contests shall be between 7 players on each team. Teams shall have no more than 30 players, a head coach, assistant head coach and a strength and conditioning coach.

#2108. PLAYING FIELD

All flag football games in the CIF Southern Section will be played under National Intramural and Recreational Sports Association (NIRSA) field dimensions of 40 yards in width containing four (4) twenty (20) yard zones with a ten (10) yard end zone on each end.

#2108. OFFICIALS ASSIGNMENT PRACTICE

#2108.1

The officials for all football games played between Los Angeles Section and Southern Section schools must be appointed by the Los Angeles City Supervisor of Athletics when the game is to be played at the Los Angeles Section schools and by the Southern Section Commissioner of Athletics when the game is to be played at the Southern Section school.

#2108.2

By action of the CIF Southern Section Council, contests shall have 2-4 officials including a referee, line judge, and field judge.

#2109. NOISEMAKERS PROHIBITED

Refer to Blue Book Bylaw 1230 for specific information on Noisemakers.

#2110. LENGTH OF HALVES

#2110.1

Games are 40 minutes/ 2-20 minute halves, running clock until the last minute of half/game (3 minutes if overtime is required). During the final 1 minute of each half the clock will stop and not start until the next snap for the following: 1 minute warning, incomplete pass, out of bounds, score, team timeout, officials timeout.

#2110.2

During final 1 minute of each half, the clock will stop and not start until the next snap for the following: 1 minute warning, incomplete pass, out of bounds, score, team timeout, officials timeout, penalty enforcement, touchback and/or change of possession (Clock will stop and restart at the 'Ready for Play' for 1st downs).

#2111. SUNDAY RESTRICTION

Refer to Blue Book Bylaw 1229 for specific information on Sunday Restriction.

#2112. ORGANIZED TEAM PRACTICE

Organized team practice shall be interpreted as meaning the association of a coach with potential team members for the purpose of learning or practicing the skills of flag football.

#2112.1

See Rule **#2103** to determine the start date for organized before and after-school team practice.

#2113. OUTSIDE COMPETITION BY AN INDIVIDUAL

Refer to Article 6 for specific guidelines.

#2114. LEVEL OF COMPETITION

Refer to Blue Book Bylaw 1226 for specific information on Level of Competition.

#2115. MAXIMUM ATHLETIC CONTESTS IN ONE DAY

Refer to Blue Book Bylaw 1227 for specific information on Maximum Contests in one day.

#2116. SCHOOL ATTENDANCE

Refer to Blue Book Bylaw 1228 for specific information on standards for School Attendance

#2117. COUNTING A TIE GAME

A regulation called game with a tie score shall be counted as $\frac{1}{2}$ game won and $\frac{1}{2}$ game lost for each team.

#2118. PLAYER CONDUCT

Refer to Blue Book Bylaw 1224 for specific information on Player Conduct.

#2119. COACH EJECTION

Refer to Blue Book Bylaw 125.1 and 1225 for specific information on Coach Ejection.



Girls High School Flag Football

Overview:

In 2021, the Los Angeles Chargers and Los Angeles Rams began a partnership to spearhead the process of sanctioning High School Girls Flag Football in the state of California. Eight Los Angeles area high schools participated in a pilot season during January/February of 2022 to coincide with Super Bowl LVI. We believe the values that can be learned from the game of football should be accessible to student-athletes of all ages, genders, abilities and socioeconomic backgrounds. The game of football can also expand pathways to further education.

Goal:

To legitimize the sport of Girls High School Flag Football by recognizing it as a CIF sanctioned sport at the city, regional and state levels, while also opening more doors for females to receive athletic college scholarship opportunities.

Information:

- In May of 2020, the NAIA partnered with the NFL and Reigning Champs Experiences to add women's flag football as a competitive collegiate sport starting in Spring of 2021.
 - There are currently 15 NAIA colleges across the country that offer college scholarships for women's flag football.
- In February of 2021, Nike announced an initiative with the NFL to commit \$100,000 in product for state athletic associations that offer girls flag football as a high school sport or demonstrate progress by way of a pilot program beginning in 2021.
- At present, six states sanction high school flag football for girls – Alabama, Alaska, Arizona, Florida, Georgia, Nevada and New York. Illinois and Washington close behind.

- All states currently followed official or slightly modified versions of the NIRSA (National Intramural-Recreational Sports Association) rulebook for flag football
- Female flag participation in Los Angeles County is over twice the national average
 - Source: 2020 LA84 Foundation Youth Sports Participation Survey (Play Equity Fund)
- There are over 1,500 official NFL Flag leagues throughout the country, each with multiple age levels and teams.
- Flag football is the fastest growing version of the sport.

Additional Information To Consider:

- The San Francisco 49ers are also working on a pilot league similar to the Chargers/Rams initiative in Northern California.
- Nearly 80 CIF Southern Section and CIF LA City Section high schools responded to a Fall 2021 survey expressing an interest in Girls Flag Football at their school.
- Flag teams can easily play on tackle football/soccer fields by adjusting boundaries with cones. Only a 50 yard field is needed in length.
- NFL Flag estimates a \$2,000 one-time expense per school to purchase flag belts, uniforms, mouthguards, and field equipment (pylons, yard markers, etc.)



FEMALE FLAG FOOTBALL DEVELOPMENT PLAN

High School Athletic Association
Toolkit


**FEMALES
INFLAG**

SS 638

Development of Female Flag Football



Implementation of Female Flag Football to their sports offerings.

The toolkit includes practical information such as operating budgets, personnel needs, roster sizes, equipment needs, draft rules, and field requirements. In addition, the toolkit contains a grant process description through which high schools may request assistance from the NFL, NFL FLAG, and NFHS plus a supplemental list of useful resources.

Please note that the materials offered in this document are intended to be informational in nature and to be used as a guide for offering Female Flag Football.

The goal of this initiative is to provide high school females an opportunity to participate and enjoy a fast-paced fun sport that is ultimately sanctioned by the high school athletics associations in all 50 states with its own championship. In addition, the intent of this program is to be diverse and inclusive by offering and promoting football for everyone.

Finally, the sponsors ultimate objective is to create a vertical for Female Flag Football that is played at the club, intramural, high school, collegiate, and international levels.

Thank you for your interest in Female Flag "Football for All!"

General Rules of the Game

High schools will utilize NIRSA rules with modifications. A summary of some of the rules are listed below.

- Contests shall be between 7 players on each team.
- Teams shall have no more than a head coach, assistant head coach and a strength and conditioning coach.
- Contests shall have 2-4 officials including a referee, line judge, and field judge.

Playing Field:

- The playing field shall be marked at 20-yard intervals from the goal lines (see field graphics).
- There shall be 2 hash marks. They shall run parallel with each sideline, located 15 yards "in" from each sideline.
- The 3- and 10-yard lines shall be 2 yards wide and 4" thick. Both 14-yard lines shall be marked with an "X" and shall have a height of 1 yard and a line thickness of 4".
- The end zone shall be marked with 12 pylons placed on the inside corner of the intersections of the sideline with the goal lines and the end lines, and at the intersections of the end lines and hash marks extended. Four soft flexible pylons shall be placed at the inside corner of the intersections of the sideline with the goal lines and end lines, and the intersections of the end lines and the hash marks extended. There shall not be any hard or rigid fixtures located within 5 yards of the sideline or 10 yards of the end lines.
- Contest shall be played with a pebble grained leather or rubber junior size football. Each team shall provide and use its own ball during the contest.

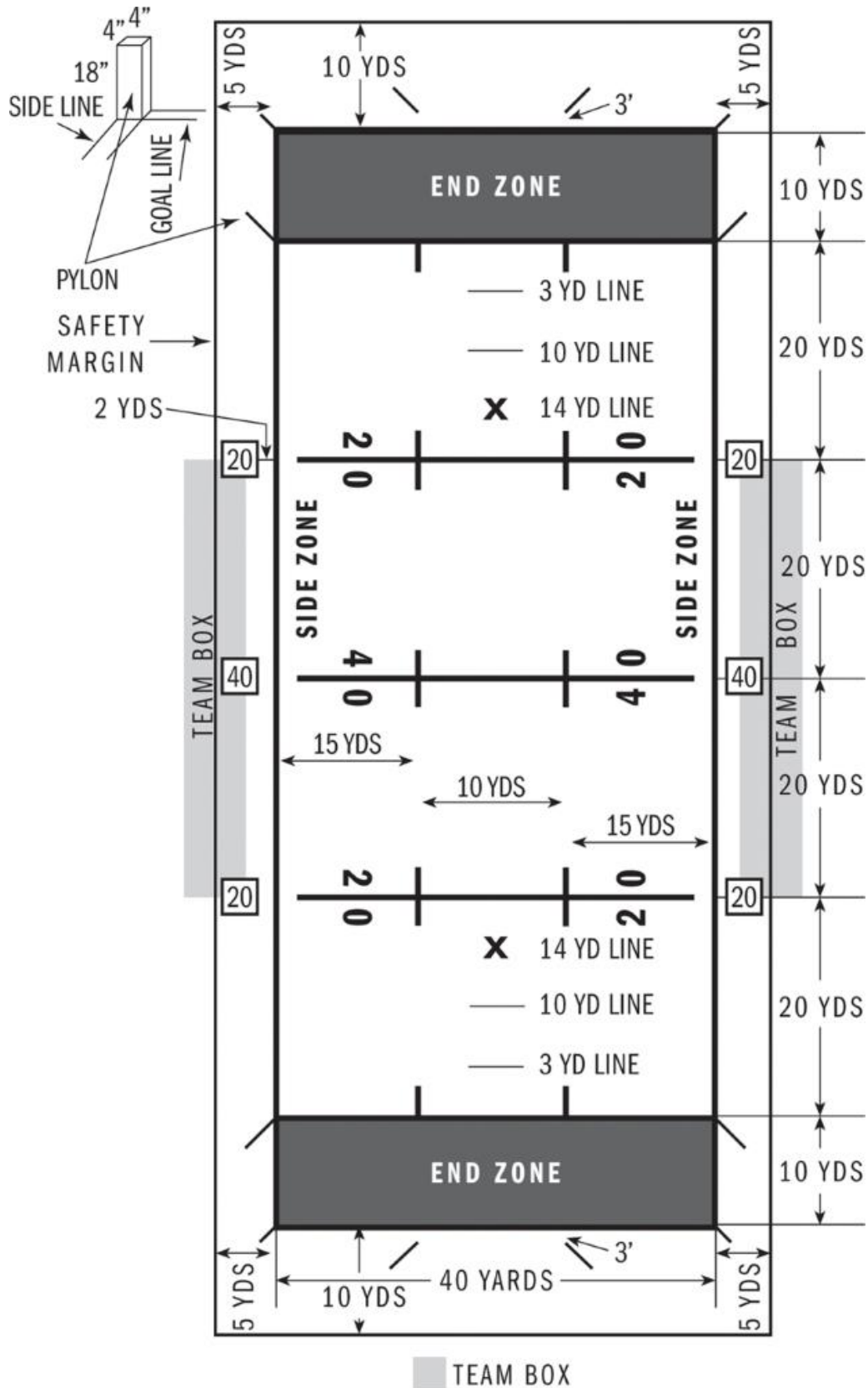
General Rules of the Game

Uniforms:

The following uniforms and equipment will be utilized by all females participating in the sport.

- Teams shall wear contrasting colored jerseys, without pockets, with numbers on both sides of the jersey. Numbers on the back will be a minimum of 8 inches and the front number will be a minimum of 6 inches.
- Teams shall wear pants of a different color than the flags. The pants shall not have pockets.
- Teams shall wear NFL FLAG quick release belt with three flags attached.
- Flags must be a contrasting color to the pants.
- Team members may wear rubber cleats not longer than 6 inch, gloves and a soft rubber hat or headband.
- Players are strongly encouraged to wear a mouthpiece and face shield.
- No roster limit for the regular season. Post-season limits may apply.
- The sport will be played in the fall season.
- Frequency of play limits are set at 14 contests on a minimum of 8 dates.
- Two ball spotters (rubber disc) are required. One color shall mark the offensive scrimmage line and the other color will mark the defensive scrimmage line. The offensive and defensive scrimmage discs will be one yard apart.
- NIRSA rules can be accessed at <http://play.nirsa.net/flag-football/rulebook>.

General Rules of the Game



Estimated Budget

Flag Football Sample Budget

Coaches' stipends (includes benefits)	
One head coach	\$
One assistant coach	\$
Benefits (10%)	\$
Game personnel - Independent contractors	
Two trainers per game- \$25/ hour for 1.5 hours per game	\$
Three officials per game- \$30/game/3 officials for 7 home games	\$
Field Maintenance	\$
Travel for away games	\$
Subtotal Annual Expenses	\$
Equipment	
Footballs- 5 synthetic balls	\$150.00
Uniforms- 25- reversible tops and shorts with mouthguards (\$60 set), additional \$10/player if ordering two sets (one of each color)	\$1,500.00
Flags- 12 sets	\$150.00
Pylons	\$100.00
Yard markers, scrimmage disc	\$100.00
Subtotal One Time Expenses	\$2,000.00
Grand total Expenses	\$
*Number of games per season	14

Grant Submittal Process

The NFL Clubs, NFL and NFL FLAG are providing partial financial support for high schools offering Female Flag Football.

Goals of the grant initiative are:

Provide females the opportunity to learn the game of football

Provide females with an outlet to engage in physical activity

Provide females with the chance to be a part of a team and an organized sport

Foster growth of the sport through the state and beyond

Provide females with a fun and social activity

Grant Specifications & Requirements



- Corporate and not-for-profit support will be in the form of direct financial support or in-kind assistance of equipment and apparel, etc.
- The high school athletic associations will be the grantee and a single grant process will be utilized for all grants.
- Grants will be restricted to Female Flag support and will vary according to financial need and commitment of the high school to offer a unique female sports experience.
- The NFL Clubs will be a major grantor and will require the high school athletic associations grant application to receive funding and an action report after the completion of the Female Flag season.
- Each high school will apply for assistance to their high school athletic association using the online request system.
- The high school athletic association will review applications and recommend grantees to the grantors for approval prior to the grant release.
- The high school athletic association will announce the grantees and their specific grants.

Helpful Resources



Other NFHS resources

www.nfhslearn.com

www.nfhs.org

NIRSA Flag Football Officiating

www.play.nirsa.net/flag-football/officials-resources/

NIRSA rules

www.play.nirsa.net/flag-football/rulebook

To access NIRSA Rulebook, create an account at VitalSource using this [LINK](#). Title -2019 & 2020 NIRSA Flag & Touch Football Rules Book & Officials' Manual

NFL FLAG will provide copies of the NIRSA Rules.

NAIA Women Flag Football

www.naia.org/sports/wflag/index

NFL FLAG

www.nflflag.com

Jade Strawberry
Executive Assistant RCX
jstrawberry@rcxexperiences.com

Roman Oben
NFL – VP, Football Operations
roman.oben@nfl.com

Karissa Niehoff
NHFS Executive Director
kniehoff@nfhs.org



GIRLS HIGH SCHOOL FLAG FOOTBALL COACHES' MANUAL



Girls High School Flag Football Coaches' Manual

Table of Contents

Rules Overview.....	4-6
Full NIRSA Rulebook.....	8-23
Offensive Strategies.....	25-26
Defensive Strategies.....	28
Practice Planning.....	30-36



FLAG

RULES OVERVIEW

Timing

- Games are 40 minutes/ 2-20 minute halves, running clock till last minute of half/game (3 minutes if overtime is required)
- During final 1 minute of each half the clock will stop and not start until the next snap for the following: 1 minute warning, incomplete pass, out of bounds, score, team timeout, officials timeout, penalty enforcement, touchback and/or change of possession (Clock will stop and restart at the 'Ready for Play' for 1st downs)
- Halftime is 5 minute long
- Each time ball is spotted, team has 25 seconds to snap the ball
- Each team has (3) charged timeouts per game (1 timeout in Overtime)
- Officials may stop the clock at their discretion
- In the event of an injury, the clock will stop and then restart when the injured player is removed from the field
- If one team has at least 19-point margin @ the 1 minute mark or less in the second half the Game is over. Teams may elect to continue play if Coaches/ Teams agree

Scoring

- Touchdown: 6 points
- Safety: 2 points
- Extra point: 1 point from the 3/ 2 points from the 10/ 3 points from the 20
- Overtime winner: Final Score
- If one team has at least 19-point margin @ the 1 minute mark or less in the second half the Game is over. Teams may elect to continue play if Coaches/ Teams agree

Equipment

- Game to played by 2 Teams of 7 players
- Each player to wear issued flag belt and flags with flags positioned on each hip with no excess belt exposed at the connection point
- Players must wear shorts or pants with no pockets
- All players must wear a mouthpiece
- The offense is responsible for the ball

Game Rules

- Belt has 3 Flags/ 7 players on the field
- Center is only player required to be on the line of scrimmage
- Center may have 1 or both knees on the ground at the snap

- Player who receives the snap must be at least 2 yards from the LOS @ the snap
- Handoffs can be made in any direction anywhere on the field
- Passes allowed behind the LOS and anyone is eligible to touch or receive a pass
- It is pass interference if eligible receiver is deflagged prior to touching a legal forward pass
- Screen blocking allowed when stationary or moving provided player has arms/hands inside their framework (Shoulders/hips/knees)
- Defense can rush at all times from 1 yard off LOS
- Kicking Game
 - Prior to the 'Ready for Play" on 4th down offensive Team must declare Punt or Play
 - Teams may elect to Punt on any down
 - Referee will make that announcement and if Punt is declared, the ball must be punted
 - Exceptions: If timeout is called by either team/ the period ends/ a foul occurs/ inadvertent whistle
 - After receiving the snap the punter must punt the ball immediately in a continuous motion
 - Neither team may enter the neutral zone until the ball is punted
 - No fair catches
- Dead Ball
 - Ball hits the ground
 - Flag is pulled
 - Player on the ground (Hand live)
 - Dual possession
 - Muffed punt

Overtime

- Coaches and captains will meet for rules review
- Captains will remain for the coin toss/ Winner to determine offense/defense
- Possession to start at the 20 yard-line
- Each team gets 4 downs to score
- Play to a winner
- 1 timeout per Team

Penalties

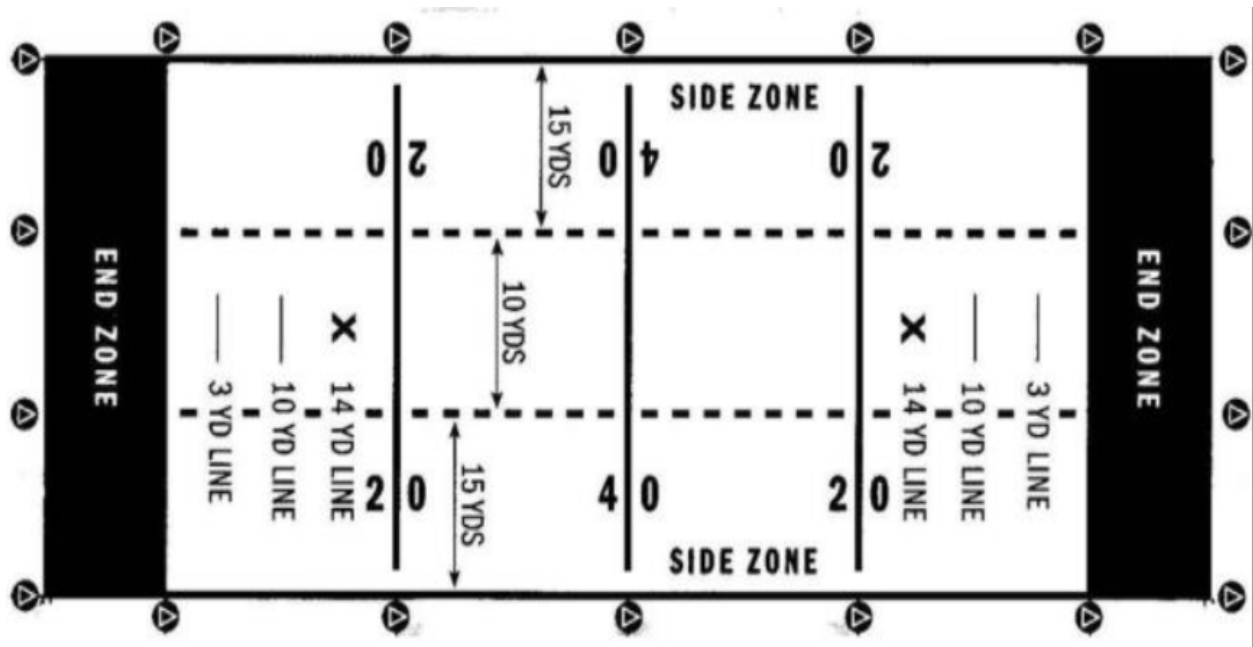
- A runner shall not charge into nor contact an opponent in their path or attempt to run between 2 opponents
- It is illegal to pull flags from an offensive player who does not have possession of the ball
- Roughing the passer and tampering with a flag belt fouls committed by the defense are automatic first downs
- Illegal forward pass, illegal backward pass and tampering with a flag belt fouls committed by the offense are loss of down
- No 15 yard penalties
- All personal fouls are 10 yards
- 4th unsportsmanlike foul by the same Team results in a forfeiture

Disqualification

- Flagrant unsportsmanlike conduct: Fighting, leaving the box to enter the field during fight, intentionally contacting an official
- Flagrant personal foul: tackling a ballcarrier, fighting an opponent, leaving the sideline to participate while the play is live (Nonplayer)

Dimensions / Line to gain

- Field Size 40 yds by 100 yds
- Start @ 14 – 4 downs – 1st down @ 20,40,20





FLAG

FULL NIRSA RULEBOOK

OFFICIAL NIRSA FLAG FOOTBALL RULES

(Modified by Gwinnett County (GA))

THE GAME, FIELD, PLAYERS AND EQUIPMENT

General Rules

1. The game should be played between 2 teams of 7 players each. Five players are required to avoid a forfeit.
2. The game shall be played under the supervision of 2 to 4 officials.
3. A speaking captain must be selected to make all decisions and shall be the only one who addresses the officials.
4. Team representatives, including players, substitutes, replaced players, coaches, trainers, and other persons affiliated with the team are subject to the rules of the game, and shall be governed by decisions of officials assigned to the game.

The Field

1. The field should be a minimum of 40 yards in width, and contain four (4) twenty (20) yard zones with a ten (10) yard end zone on each end.
2. A one (1) yard wide line should be marked at each end at the three and ten yard lines in the middle of the field. These lines shall be used for the extra point try when a team scores a touchdown.

Game and Player Equipment (Legal)

1. Football - The official ball shall be pebble-grained leather or rubber covered and shall meet the recommendations of size and shape for a regulation football. Men shall use the regular size while women shall use the intermediate, junior, or youth size. The referee shall be the sole judge of any ball offered for play and may change the ball during play at his/her discretion.
2. Spot discs - Two ball spotters (rubber disks) are required. One, which shall mark the offensive scrimmage line. The second will mark the defensive scrimmage line, one yard away from the offensive line of scrimmage.
3. Jerseys - Players of opposing teams must wear contrasting colored jerseys, and/or pinnies.

4. **Pants / Shorts** - Each player must wear pants or shorts without any belt(s), belt loop(s), or exposed drawstrings. The pants or shorts must be a different color than the flags.
5. **Flag belt** - Each player must wear a one-piece belt at the waistline with three flags permanently attached, one flag on each side and one in the center of the back.
Penalty: Dead Ball Foul - Failure to have flag belt legally attached prior to the snap, 5 yards from the succeeding spot.
6. **Gloves** - Players may wear gloves which must consist of a soft, pliable and nonabrasive material
7. **Headwear** – Players are not permitted to wear bandanas. Players may wear knit stocking caps, or elastic headbands. Hats may not have a bill.
8. **Shoes** – Shoes with cleats must be made of soft pliable plastic or rubber. No exposed metal cleats are permitted. (See illegal player equipment)

Game and Player Equipment (Illegal)

1. A player wearing illegal equipment shall not be permitted to play. This applies to any equipment, which, in the opinion of the Referee, is dangerous or confusing.
Types of equipment or substances which shall always be declared illegal include:
 - A. Headgear containing any hard, unyielding, or stiff material, including billed hats.
 - B. Jewelry
 - C. Pads or braces worn above the waist.
 - D. Shoes with metal, ceramic, screw-in, or detachable cleats. Any team found wearing illegal equipment will be penalized 15 yards, and the second warning results in a forfeit.
 - E. Shirts or jerseys, which do not remain, tucked in. Any hood on a coat, sweatshirt, or shirt, which does not remain tucked in.
 - F. Pants or shorts with any belt(s), belt loop(s), pocket(s) or exposed drawstring(s).
 - G. Leg and knee braces made of hard, unyielding material, unless covered on both sides and all edges overlapped, and any other hard substance is covered with at least 1/2 inch of closed cell slow recovery rubber or other material of similar thickness and physical properties.
 - H. Towels attached at the player's waist (flag only).

2. An official time out shall be declared to permit prompt repair of equipment, which becomes illegal or defective through use (except for illegal shoes).

DEFINITIONS OF PLAYING TERMS

Catch - A catch is an act of establishing player possession of a live ball in flight.

Clipping – Clipping is running or diving into the back, or throwing or dropping the body across the back of the leg or legs of an opponent, or pushing an opponent in the back.

Encroachment - Encroachment is a term to indicate a defensive player is illegally in the neutral zone. An entering substitute is not considered to be a player for encroachment restrictions until he/she is on his/her team's side of the neutral zone.

Fair Catch – A signal made by receiving person of a punt in which the receiver cannot run after catching the ball and the ball is immediately down when caught.

Foul – A foul is a rule infraction for which a penalty is assessed.

Fumble - A fumble is a loss of player possession other than by handing passing or kicking the ball.

Goal Line – Each goal line is a vertical plane separating the end zone from the field of play. The plane of goal extends beyond the sideline.

Hurdling - Hurdling is an attempt by a player to jump with one or both feet or knees foremost over a player who is on his/her feet.

Interception - A catch of an opponent's pass or fumble in flight is an interception.

Live Ball - A pass or fumble, which has not yet touched the ground, is a live ball in flight and therefore can be caught and advanced by either team.

Neutral Zone - The neutral zone is the area between the offensive and defensive line of scrimmage that has been established by the spot cone markers and extends to each sideline. It is established when the ball is ready for play.

Pass (Forward and Backward) - A forward pass is a pass thrown with its initial direction toward the opponent's end line. A backward pass is a pass thrown with its initial direction parallel with or toward the passer's end line. A pass continues to be a pass until it is caught or strikes the ground. A backward pass that hits the ground is ruled the same as a fumble. It will be dead at the spot where it strikes the ground.

Penalty – A penalty is a loss imposed by rule upon a team that has committed a foul.

Protective Scrimmage Kick – A punt in which prohibits either team from advancing beyond their scrimmage lines until the ball is kicked.

Punting - A punt is kicking the ball by a player who drops it and kicks it before it hits the ground.

Screen Blocking - Screen Blocking is legally obstructing an opponent without initiating contact with him/her with any part of the screen blocker's body.

Tagging - Tagging is placing one hand anywhere between the shoulders and knees of an opponent with the ball. The tagger may leave his/her feet to make the tag. Pushing, striking, slapping, and holding are not permitted. If a player trips the runner in his/her attempt to make a diving tag, it is a penalty.

Tripping – Tripping is the use of the lower leg or foot to obstruct an opponent, including the runner, below the knee.

PERIODS, TIME FACTORS, SUBSTITUTIONS

1. **Game time is forfeit time.**
2. **Captains Choice and Pinnies** – The second team on the scoresheet shall be the home team and have the choice in the first half or the second half (either a 20 yard line start or defense). Whichever team chooses to start on offense or defense, the other team chooses the direction. The third choice is the Pinnies and can either be worn by either the visiting team or the team which shows up last (referees discretion)
3. **Length of game** - Playing Time shall be 40 minutes, divided into two halves of 20 minutes each. The intermission between halves shall be 2 minutes. When overtime is used, there will be a 3 minute intermission
4. **Shortened Periods** - Before the start of the game, playing time may be shortened by mutual agreement of the field captains and the Referee. Anytime during the game, the playing time of any remaining period(s) may be shortened by mutual agreement of the opposing captains and the Referee.
5. **Extended Periods** - A half may be extended by an untimed down when, during the last timed down, one of the following occurred:
 - A. If there was a foul by either team and the penalty is accepted.

- B. If there was a double foul.
 - C. If there was an inadvertent whistle and the down is to be replayed.
 - D. If a touchdown was scored, the try is attempted unless the touchdown is scored during the last down of the second half and the point(s) would not affect the outcome of the game or playoff qualifying.
6. **Continuous Clock** - The Clock will start when the ball is legally snapped. It will run continuously for the first 19 minutes unless it is stopped for:
- A. Team time-out (clock resumes on snap of next play)
 - B. Referee's time-out (clock resumes on official's ready to play whistle)
7. **2-Minute Warning** - Approximately 2 minutes before the end of each half the Referee shall stop the clock and inform both captains of the playing time remaining in that half. The Back Judge will announce to the captains the remaining time and status of the clock after every play during the final 2 minutes.
8. **Stopped Clock** - During the final 1 minute of each half the clock will stop for the following and resume on the snap of the next play unless otherwise noted:
- A. Incomplete Pass
 - B. Out-of-Bounds
 - C. Score (touchdown or safety)
 - D. Team time-out
 - E. Fair Catch
 - F. Penalty and administration
 - G. Referee's Time-out - starts at his/her discretion
 - H. Touchback
 - I. Change of Possession
 - J. Team attempting to conserve time illegally
9. **Timing Errors** - The Referee shall have the authority to correct obvious timing errors if discovery is prior to the second live ball following the error unless the period had officially ended.
10. **Tie Game** - In case of a playoff game ending in a tie score, (regular season does not have over time) the officials must bring all players and coaches of both teams to the center of the field. They will discuss the tiebreaker procedures and answer all questions prior to the coin toss. After this meeting the field captains will stay while the remaining players and coaches return to their respective sidelines.
- A. A coin will be flipped or odd/even choice by the captain will determine the options as in the start of the game. The winner of the toss shall be given the options of offense, defense, or direction. The loser of the toss shall make a

choice of the remaining options. Each overtime period begins with a coin toss or odd/even choice.

B. ALL OVERTIME PERIODS ARE PLAYED TOWARD THE SAME GOAL LINE.

C. Unless moved by penalty, each team will start 1st and goal from the 20 yard line. The object will be to score a touchdown. An overtime period consists of one possession by each time. If the score is still tied after one period, they go to a second period or as many as needed to determine a winner. If the first team which is awarded the ball scores, the opponent still has a chance to win the game. If the defense intercepts the pass or fumble and returns it for a touchdown, they win the game. If they do not return the interception for a touchdown, the ball will belong to the defense, as the offense did not convert their chance. They must convert to win or another period starts. Each team in entitled to one time-out per overtime period.

D. Penalties - The offense should be awarded a new series of 4 downs when the penalty for defensive pass interference or roughing the passer is accepted. Dead ball fouls following a successful try will be penalized from the succeeding spot.

11. Time-Outs – Each team is entitled to 2 charged timeouts per game.

A. The Referee shall declare time-out when he/she suspends the play for any reason. Each time-out shall be charged either to the Referee or one of the teams.

B. The Referee shall declare an official's time-out when a team is illegally conserving time and administer a five-yard penalty.

C. The Referee may declare an official's time-out for any contingency not covered elsewhere by the Rules.

D. Coach-Referee Conference - When a team requests a charged time-out for a misapplication or misinterpretation of a rule, the Referee will confer with the IM supervisor and team captain or coach. The request must be made prior to the time the ball becomes alive following the play to be reviewed unless the period has officially ended. At the end of the half the team has until the first snap of the second half to protest.

E. An injured or apparently injured player, who is discovered by an official while the ball is dead and the clock is stopped, shall be replaced for at least one down unless the halftime or overtime intermission occurs. A player who is bleeding, has an open wound, or has blood on the uniform shall be considered injured.

12. Delays

Delay of Game - The ball must be put in play promptly and legally and any action or inaction by either team, which tends to prevent this, is a delay of game. This includes:

- A. Failure to snap or free kick within 25 seconds after the ball is ready for play.
- B. Putting the ball in play before it is declared ready for play.
- C. Deliberately advancing the ball after it has been declared dead.

Unfair Tactics - The Referee may order the game clock started or stopped whenever, in his/her opinion, either team is trying to conserve or consume playing time by tactics obviously unfair.

Penalty: Delay of Game, 5 yards from previous spot.

13. **Substitutions** - No substitute shall enter during a down. All substitutions must enter the game during a dead ball.

SERIES OF DOWNS, NUMBER OF DOWN, & THE TEAM POSSESSION AFTER PENALTY

1. Each team receives four (4) downs to pass the zone-line-to-gain or endzone.
2. The zone line-to-gain in any series shall be the zone in advance of the ball, unless distance has been lost due to penalty or failure to gain. In such case, the original zone in advance of the ball at the beginning of the series of downs is the zone line-to-gain. The most forward point of the ball, when declared dead between the goal lines, shall be the determining factor.
3. A new series of downs shall be awarded when a team moves the ball into the next zone on a play free from penalty; or a penalty against the opponents moves the ball into the next zone; or an accepted penalty against the opponents involves an automatic first down; or either team has obtained legal possession of a ball as a result of a penalty, free kick, protected scrimmage kick, touchback, pass interception, or failure to gain the zone in advance of the ball.

4. If offsetting fouls occur during a down, that down shall be repeated.

Exception: If each team fouls during a down in which there is a change of team possession, the team last gaining possession may retain the ball, provided its foul was not prior to the final change of possession and it declines all penalties for its opponent's fouls, other than unsportsmanlike.

KICKING THE BALL AND FAIR CATCH

Protected Scrimmage Kick

1. Prior to making the ball ready for play on fourth down, the Referee must ask the offense if he/she wants a protected kick (punt). The Referee must communicate this decision to the defensive captain and the other officials.
2. The offense must have all field players (typically 6) except the punter on the line of scrimmage. The defense must have at least 5 players within 1 yard of their scrimmage line. All players on the line of scrimmage must remain motionless until the kick is made. A line player may not raise his/her arms to distract the kicker or block the kick.
Penalty: Illegal Procedure, 5 yards from the previous spot.
3. The kicker must be at least 5 yards behind the scrimmage line when receiving the snap. After receiving the snap, the kicker must kick the ball immediately and in a continuous motion.
4. Any kick caught by the kicking team behind the line of scrimmage cannot be advanced.

Fair Catch

1. Any receiver may signal for a fair catch while any kick is in flight and is beyond the kicker's free kick line.
2. If any receiver gives a valid signal for a fair catch and catches the kick beyond the kicker's line and between the goal lines, it is a fair catch and the ball becomes dead.
3. After a valid fair catch signal by any member of the receiving team, no receiver may advance the ball. When receiving a protected kick the receiver may call for a fair catch. The player must signal intention by extending one arm above his/her head and waving laterally from side to side more than once.
4. An invalid fair catch signal is any signal by a receiver before the kick is caught or recovered that does not meet the requirements of a valid signal or after the kick has touched a receiver or the ground.

SNAPPING, HANDLING, PASSING, RECEIVING, RUNNING THE BALL

Prior to the Snap

1. Following the ready for play and until the snap, no player on defense may encroach, touch the ball, nor may any player contact opponents or in any other way interfere with them. This includes standing in the neutral zone to give defensive signals, or shifting through the zone. After the snapper has placed his/her hands on the ball, it is encroachment for any player to break the scrimmage line plane, except for the snapper's right to be over the ball. Penalty: Dead Ball Foul, Encroachment, 5 yards from the previous spot.
2. The snapper, after assuming position for the snap and adjusting the ball, may neither move nor change the position of the ball in a manner simulating the beginning of a play until it is snapped. An infraction of this provision may be penalized, whether or not the ball is snapped, and the penalty for any resultant encroachment or contact foul by an opponent shall be cancelled.

Position and Action during the Snap

1. The offensive team must have at least 4 players on their scrimmage line at the snap.
Penalty: Illegal Procedure, 5 yards from previous spot
2. All offensive players must be within 15 yards of the ball.
Penalty: Illegal Procedure, 5 yards from previous spot
3. One offensive player may be in motion, but not in motion toward the opponent's goal line.
Penalty: Illegal Motion, 5 yards from previous spot
4. The player who receives the snap must be at least two yards behind the offensive scrimmage.
Penalty: Illegal Procedure, 5 yards from previous spot
5. In a snap preceded by a huddle or shift, all offensive players must come to a complete stop and remain stationary in legal position without movement of feet, body, head, arms for at least one full second before the snap.
Penalty – Illegal Motion, 5 yards from previous spot

Passing and Receiving

1. There is no diving while running with the ball. A receiver may dive to catch a ball. A defensive player may dive for to try to remove a flag.

2. A runner may pass the ball backward or lose player possession by a fumble at anytime except if intentionally thrown out-of-bounds to conserve time or to avoid being deflagged/tagged.
3. A backward pass or fumble which touches the ground between the goal lines is dead at the spot where it touches the ground and belongs to the last team in possession unless lost on downs.
4. A backward pass or fumble that goes out-of -bounds between the goal lines belongs to the team last in possession at the out-of -bounds spot. If out-of bounds behind a goal line, it is a touchback or safety.
5. If an offensive player fumbles the ball prior to reaching the end zone and the ball lands in the end zone, the offensive team shall retain possession at the spot of the fumble.
6. All players are eligible to catch a pass.
7. A forward pass is illegal:
 - A. If the passer's foot is beyond the line of scrimmage.
 - B. If intentionally thrown to the ground or out-of-bounds to save loss of yardage.
 - C. If there is more than one forward pass per down.
8. The line of scrimmage remains throughout the play. A team may advance the ball across the line of scrimmage by laterals or runs, and then lateral the ball behind the line for a forward pass attempt.
9. If a player attempts a catch or intercept while in the air, the player must contact the ground inbounds with the ball in his/her possession prior to touching out-of-bounds, unless an opponent's contact causes him/her to first touch out-of- bounds.
 - A. If one foot first lands in-bounds and the receiver has possession and control of the ball, it is a catch or interception although a subsequent step or fall takes the receiver out-of-bounds.
 - B. A loss of ball simultaneously with returning to the ground is not a catch or interception.
10. A player may, while jumping in the air to attempt a catch, may pass (tip) the ball forward provided he/she has not touched the ground yet.
11. Pass Interference - Contact that interferes with an eligible receiver who is beyond the line of scrimmage is pass interference unless it occurs when 2 or more eligible receivers make a simultaneous and bona fide attempt to reach, catch, or bat a pass. It is

also pass interference if an eligible receiver is deflagged/tagged prior to touching the ball on a pass thrown beyond the line of scrimmage.

A. Offensive Pass Interference - after the ball is snapped, and until a receiver has touched it, there shall be no offensive pass interference beyond the line of scrimmage.

Penalty: Offensive Pass Interference, 10 yards from previous spot, loss of down

B. Defensive Pass Interference - after the pass is thrown, and until it is touched, there shall be no defensive pass interference beyond the line of scrimmage while the ball is in flight.

Penalty: Defensive Pass Interference, 10 yards from previous spot, automatic first down

12. Roughing the passer – Defensive players must make a definite effort to avoid charging into the passer after it is clear the ball has been thrown, also there should be no attempts to hit the player's arm during a throwing motion.

Penalty: Roughing the Passer, 10 yards, automatic first down

Running and Flag Belt Removal

1. Flag Belt Removal - When the flag belt is clearly taken from the runner in possession of the ball, the down shall end and the ball is declared dead. A player who removes the flag belt from the runner should immediately hold the flag belt above his/her head to assist the official in locating the spot where the capture occurred.

A. Players must have possession of the ball before they can legally be deflagged.

B. When a runner loses his/her flag belt either accidentally, inadvertently (not removed by grabbing or pulling), or on purpose, play continues. The deflagging reverts to a one-hand tag of the runner between the shoulders and knees.

C. In circumstances where a flag belt is removed illegally, play should continue with the option of the penalty or the play.

D. A defensive player intentionally pulling a flag belt from an offensive player without the ball is illegal. The official shall warn the team, any further penalty will result in an unsportsmanlike conduct.

E. Tampering with the flag belt in any way to gain an advantage including tying, using foreign materials, or other such acts is illegal.

F. A player may leave his/her feet when trying to remove the flag.

2. Contact - In an attempt to remove the flag belt from a runner, defensive players may contact the body and shoulders, but not the face, neck or any part of the head of an

opponent with their hands. A defensive player may not hold, push, or knock the runner down in an attempt to remove the flag belt.

Penalty: Defensive Holding, 10 yards from spot

3. **Flag Guarding** - A runner shall not flag guard by using their hands, arms, or the ball to deny the opportunity for an opponent to pull or remove the flag belt. A player may use a spin move, however; must keep their arms away from their flag to avoid flag guarding.

Penalty: Flag guarding, 10 yards from the spot of the penalty.

4. **Face Guarding** – A defensive player may not use their arms and hands to intentionally obstruct the receiver’s view of the ball.

Penalty: Face guarding, 10 yards, automatic first down.

5. **Stiff Arm** – A runner shall be prohibited from contacting an opponent with an extended hand or arm which includes the use of a “stiff arm” to flag guard

Penalty: Stiff Arm, 10 yards from the spot of the penalty

6. **Helping the runner** – A player shall not grasp, pull, push or aid any teammate runner.

Penalty: Helping the Runner, 5 yards from spot of the penalty.

BLOCKING

1. **Offense Blocking** – The offensive blocking shall take place without contact. The blocker shall have his/her hands and arms at his/her side or behind his/her back. Any use of the hands, arms, elbows, legs, or body to initiate contact during an offensive block is illegal.

Penalty: Personal Foul, 10 yards from the spot of the penalty

2. **Interlock Blocking** - Teammates of a runner or passer may interfere for him/her by screen blocking, but shall not use interlocked interference by grasping or encircling one another in any manner.

3. **Defensive Rush and Use of Hands** – Defensive players must attempt to go around the offensive blocker. Defensive players must not use any part of his/her arms, hands, elbows, or any part of the body to contact the offensive player.

Penalty: Personal Foul, 10 yards from previous spot

SCORING PLAYS AND TOUCHBACKS

Mercy Rule

1. If a team is 19 or more points ahead with 5 minutes to go in the second half, the game shall be officially called.
2. If a team scores during the last 5 minutes of the second half and that score creates a point differential of 19 or more the game shall end at that point.
3. The team can still play if they want.

(Service to participate) Touchdown

1. All touchdowns are 6 points
2. A touchdown shall be scored when a legal forward pass is completed or a fumble or backward pass is caught behind the opponent's goal line or when a player is legally in possession of the ball and penetrates the vertical plane of the opponent's goal line

Extra Point Try = 1, 2, or 3 Points

1. An opportunity to score 1 point from the 3-yard line or 2 points from the 10 yard line, or 3 points from the 20 yard line shall be granted to the team scoring a touchdown. While time is out there shall be one scrimmage play, unless changed by penalty.
2. The Referee must speak to the field captain, asking him/her whether the try shall be from the 3 or 10-yard line. Once the scoring team makes the choice, he/she may change the decision only by taking a charged team time out.
3. If a double foul occurs during the down, the down shall be replayed. When a distance penalty is incurred by the offense during a successful try, the down will be repeated, if accepted. However, if the offense penalty carries a loss of down, the try has ended and will not be repeated.

Safety = 2 points

1. It is a safety when a runner carries the ball from the field of play to or across his/her own goal line, and it becomes dead there in his/her team's possession.

Exception: Momentum Rule

2. A safety is also when an offensive player commits a foul for which the penalty is accepted and the measurement is from the spot of the foul that is in the end zone.
3. When a safety is scored, the ball belongs to the defending team, and they shall put the ball in play from the 20 yard line.

CONDUCT OF PLAYERS AND OTHERS

Unsportsmanlike Conduct

1. No player shall commit non-contact acts during a period or intermission. Examples include, but are not limited to:
 - A. Any acts of unfair play.
 - B. Using disconcerting acts or words prior to the snap in an attempt to interfere with the offense's signals or movements.
 - C. Intentionally kicking at any opposing player.
 - D. Intentionally swinging an arm, hand or fist at any opposing player.
2. Dead Ball Player Fouls
 - A. Intentionally kicking the ball.
 - B. Spike the ball into the ground.
 - C. Throw the ball high into the air.
3. Prohibited Acts - There shall be no unsportsmanlike conduct by players, substitutes, coaches or others subject to the Rules. Examples include, but are not limited to:
 - A. Attempting to influence a decision by an official.
 - B. Disrespectfully addressing an official.
 - C. Indicating objections to an official's decision.
 - D. Holding an unauthorized conference, or being on the field illegally.
 - E. Using profanity, insulting or vulgar language or gestures.
 - F. Intentionally contacting a game official physically during the game by persons subject to the rules.

Personal Fouls

1. No player shall commit a personal foul during a period or an intermission. Any act prohibited hereunder or any other act of unnecessary roughness is a personal foul.
No player shall:
 - A. Punch, strike, strip, steal, or attempt to steal the ball from a player in possession.
 - B. Trip an opponent.
 - C. Contact an opponent who is on the ground.
 - D. Throw the runner to the ground.
 - E. Hurdle any other player.
 - F. Contact an opponent either before or after the ball is declared dead.

G. Make any contact with an opponent that is deemed unnecessary of any nature including using fists, locked hands, elbows, or any part of the forearm or hand, except according to Flag Rules.

H. Deliberately drive or run into a defensive player.

I. Clip an opponent.

J. Tackling the runner.

ENFORCEMENT OF PENALTIES

1. **Captain's Choice** - When a foul occurs during a live ball, the referee shall, at the end of the down, notify both captains. The referee shall inform the captain of the offended team regarding the rights of penalty acceptance or declination and shall indicate to him/her the number of the ensuing down, distance to be gained, and status of the ball for each available choice. The distance penalty for any foul may be declined. If the penalty is declined or if there is a double foul, there is no loss of distance. A captain's choice of options may not be revoked.

2. **Live Ball Fouls** – Any live ball foul is penalized according to the all-but one enforcement principle, except:
 - A. A foul that occurs simultaneously with the snap or free kick is penalized from the previous spot.
 - B. A non-player foul, unsportsmanlike foul, or dead ball foul is penalized from the succeeding spot.

3. **Dead Ball Fouls** – When a foul occurs during a dead ball either between downs or before a snap or free kick, the officials shall not permit the ball to become live.

4. **Establish Zone-line-to-gain** - On a live ball foul mark off the penalty yardage first, then establish the zone line to gain. However, with a dead ball foul, establish the zone line to gain first, and then mark off the penalty yardage.

5. **All-But-One Principle** - Enforcement philosophy is based on the fact that a team is given the advantage of the distance that is gained without assistance of a foul. It is assumed that the only foul that would give this aid is a foul by the offense behind the basic spot. Therefore, all fouls but this one, that is a foul by the offense behind the basic spot, are penalized from the basic spot. This one foul is penalized from the spot of the foul.

6. **Loose Ball Play** – If a foul occurs during a loose ball play, the basic enforcement spot is the previous spot either the spot of the snap or the free kick.

7. **Running Play** – If a foul occurs during a running play, the basic enforcement spot is the spot where the related run ends.

8. **Half the Distance** - A measurement cannot take the ball more than half the distance from the enforcement spot to the offending team's goal line. If the penalty is greater than this, the ball is placed halfway between the enforcement spot and the goal line.

9. Safety / Goal Line - If the offensive team throws an illegal forward pass from its end zone or commits any other foul for which the penalty is accepted and measurement is from or behind its goal line which is now the basic spot, it is a safety. For a defensive team foul, if the enforcement spot that is now the basic spot is on or behind the offended team's goal line any measurement is from the goal line.

10. Foul on a Score - If there is a player foul by the offensive team other than unsportsmanlike or nonplayer, during a down which results in a successful touchdown or try, the acceptance of the penalty nullifies the score. If there is a player *foul* by the defensive team, other than unsportsmanlike or non-player, during a down which results in a successful touchdown or try, the penalty is automatically declined.

11. Foul Prior to a Try - When a foul occurs after a touchdown and before the ball is ready for play for the try, the enforcement is at the succeeding spot where the ball will be next snapped for the try, usually the 3 or 10 yard line.

12. Double Foul - It is a double foul if both teams commit fouls, other than unsportsmanlike or nonplayer, during the same live ball period in which:

A. There is no change of possession.

B. There is a change of possession, and the team in possession at the end of the down fouls prior to final change of possession.

C. There is a change of possession and the team in final possession accepts the penalty for its opponent's foul.

In all three the penalties cancel and the down is replayed.

EXCEPTION: If each team fouls during a down in which there is a change of team possession, the team last gaining possession may retain the ball, provided its foul is not prior to the final change of possession and it declined the penalty for its opponents foul(s), other than unsportsmanlike or nonplayer.

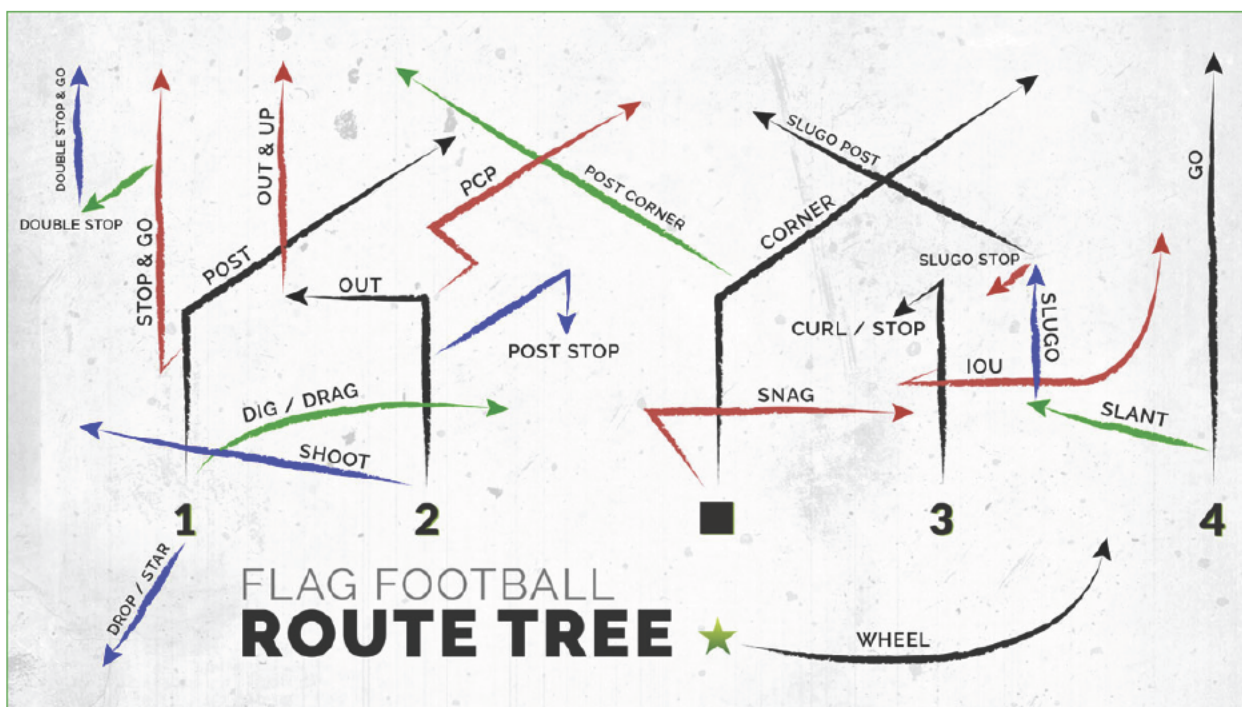
13. Multiple Live Ball Fouls - When 2 or more live ball fouls are committed by the same team, only one penalty may be chosen except when a foul(s) for unsportsmanlike or nonplayer conduct occurs. In such cases, the penalty/penalties for the unsportsmanlike conduct or nonplayer fouls are administered from the succeeding spot as a dead ball foul.

14. Multiple Dead Ball Fouls - Penalties for dead ball fouls are administered separately and in the order of occurrence. Dead ball fouls are not coupled with live ball fouls or other dead ball fouls to create double or multiple fouls. Penalize all unsportsmanlike and nonplayer fouls separately.



KEY DEFENSIVE STRATEGIES

ROUTE TREE

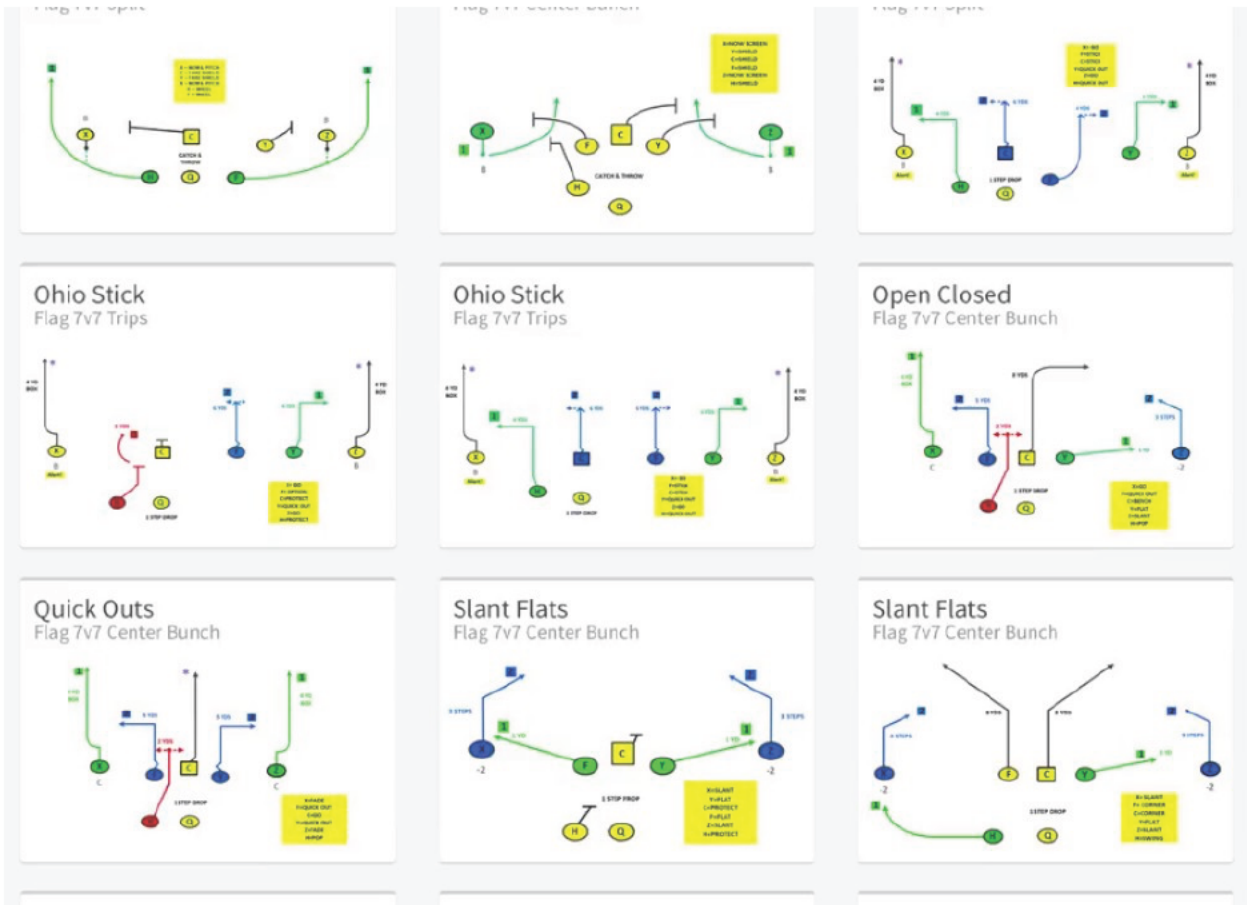


BALL CARRIER MOVEMENTS

- Spin Moves
- Juke/Jump Cuts
- The "Dip"



DOWN AND DISTANCE PLAYBOOK



BLOCKING SCHEMES

- Center
- "Guard"-(WR)
- Shuffling (Moving Screens)
- Release
- Safety Valve



FLAG PULLING

- Eyes on near hip
- Near foot, near shoulder
- 2 hands for the flag or go for both flags



RUSHING THE PASSER

- Principles of Rushing
- Line up as close as 1 yd from LOS
- Number's game
- Angles/Pursuit





PRACTICE PLANS

PRACTICE PLAN #1

Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	Conditioning Drills Link Agility Drills Link
5:15	Water Break	
5:20	Station 1- Wide Receivers Station 2- Running Backs Station 3- Centers Station 4- Quarterbacks *10 minutes each station, then rotate	How to catch a football Link Running Back Drill Link How to snap a football Link How to throw a football Link
6:00	Water Break	
6:05	(All) Route Running	Route Running Link
6:25	Water Break	
6:30	(All) Flag Pulling Drills	Flag Pulling Drills
6:55	Closing Remarks	

PRACTICE PLAN #2

Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	Conditioning Drills Link Agility Drills Link
5:15	Water Break	
5:20	Flag Pulling Drills- 3 Stations (13 minutes each)	-Flag A Tag -1 on 1 -Sideline Drill
6:00	Water Break	
6:05	(All) Screen Blocking	-Demo -Movements -Drills
6:25	Water Break	
6:30	(All) Defensive Coverages	- Zones -Man to Man -Explanations -Shifts
6:55	Closing Remarks	

PRACTICE PLAN #3

Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	Conditioning Drills Link Agility Drills Link
5:15	Water Break	
5:20	3 Stations- Center/QB WR/DB Rusher/Blocking (Stay in those groups)	-Individual Groups (Position Specific) -Have designed drills for each group to practice during this time
6:00	Water Break	
6:05	(All) Special Teams	One group all together, explaining Punt Formation and Punt Return
6:25	Water Break	
6:30	Offense / Defense Split	- Formations, lining up, different coverage packages, and shifts
6:55	Closing Remarks	

PRACTICE PLAN #4

Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	Conditioning Drills Link Agility Drills Link
5:15	Water Break	
5:20	1 on 1 's Offense-Center/QB/WR Defense-Rusher/DB	Two Groups - O and D Live 1 on 1's (Really 3 vs 2) Center to QB, QB to WR Live Rush and Coverage
6:00	Water Break	
6:05	All Flag Pulling /Ball Carrier Movements	-Drill for both the Defense and Offense -Ball Carriers must make a move (Spin, Juke, Dip) -Defense must try to get flag. 1v1 Drill all together -Could do two stations of the same thing
6:25	Water Break	
6:30	(All) Live Scrimmage	-Break up into O and D and spend 10 minutes amongst group, planning. -The remaining time live scrimmage
6:55	Closing Remarks	

PRACTICE PLAN #5

Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	Conditioning Drills Link Agility Drills Link
5:15	Water Break	
5:20	Offense / Defense Playbooks	-Break up into two groups -Use this time to introduce the play book, scheme, and formations
6:00	Water Break	
6:05	(All) Semi-Live Scrimmage	Use the playbooks and time you just spent to see what it produces on the field in semi live format
6:25	Water Break	
6:30	(All) Flag Pulling Competitions	Flag-A-Tag or others
6:55	Closing Remarks	

PRACTICE PLAN #6

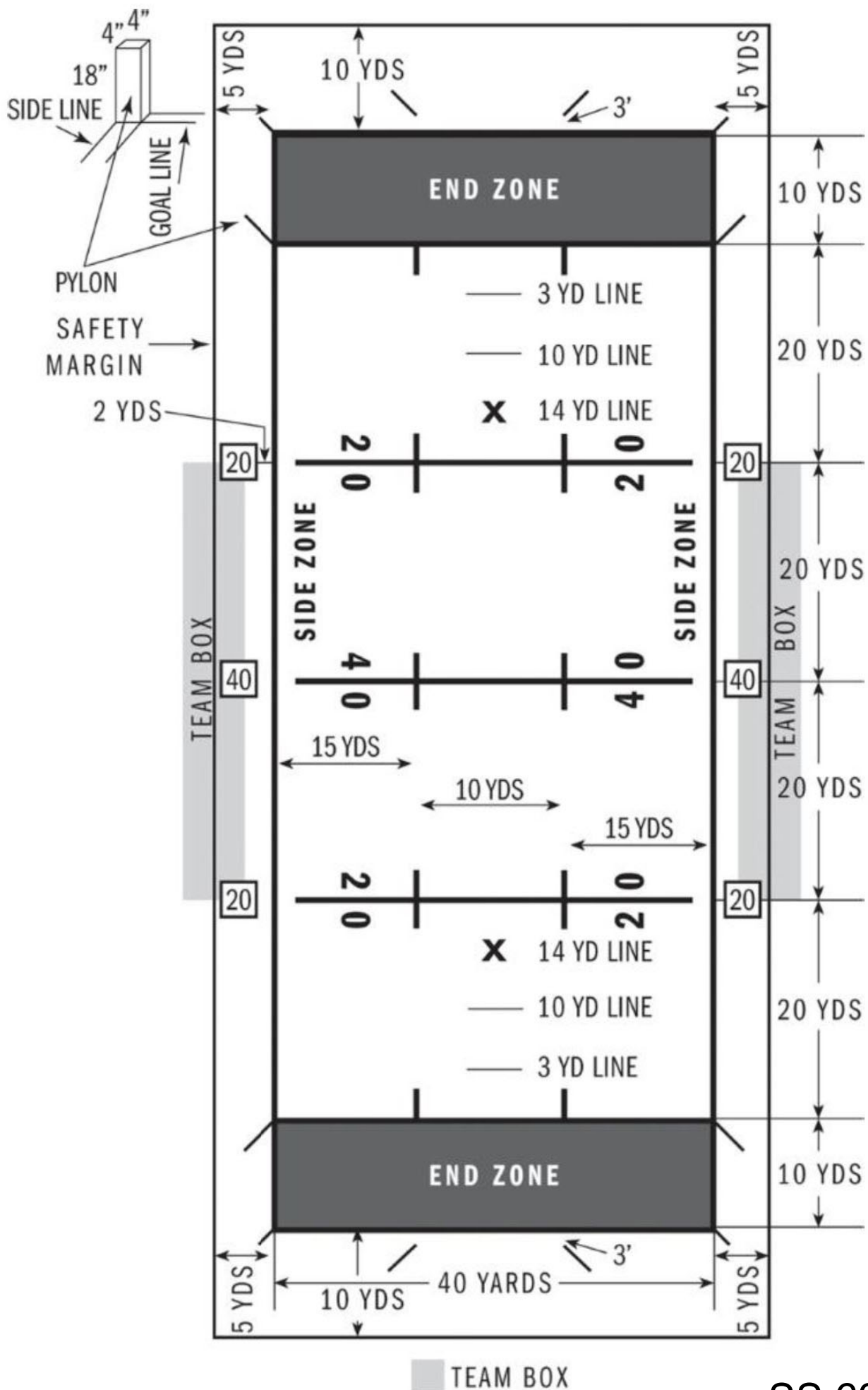
Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	Conditioning Drills Link Agility Drills Link
5:15	Water Break	
5:20	Individual Groups Center/Punter/Returners QB/Center/WR DB/Rushers	-Routes, Snaps, Punts, Punt Returns, Rushing, Coverage -Stay in groups for duration
6:00	Water Break	
6:05	All Live Pocket/Roll out Drill	-Designed for QB's to practice but all to attend -Go through taking Live snaps, With live rushers and live blockers -Get QB Stepping up or rolling out, Get Lineman to practice releasing down field
6:25	Water Break	
6:30	(All) Live Scrimmage	Spend this time to go live. Play the exact game format of the 1 st half
6:55	Closing Remarks	

PRACTICE PLAN #7

Time	Drills	Links
5:00	Warm Up: Dynamic Stretching Routine - Conditioning Drills and Agility Drills	Conditioning Drills Link Agility Drills Link
5:15	Water Break	
5:20	Flag Pulling 2-3 Stations	Select your 2-3 Stations and rotate between each station
6:00	Water Break	
6:05	(All) Situational Live Scrimmage	Spend 20 minutes putting the offense or defense into different scenarios and then run a live play. Spend a moment coaching up the team on that specific play
6:25	Water Break	
6:30	(All) Live Scrimmage	Spend this time to go live using your playbook
6:55	Closing Remarks	



SS 638



**DR. BRENT KUYKENDALL
PRINCIPAL, PENINSULA HIGH SCHOOL
COAST AREA REPRESENTATIVE**

Brent Kuykendall has been the principal of Palos Verdes Peninsula High School since 2017. Prior to this position he was an administrator and teacher at the elementary, middle, and high school levels over the last 23 years. He earned his Bachelor of Science degree in Education from Northern Arizona University, followed by a Master's degree in Educational Leadership from California State University Northridge, and finally his doctorate from California State University Long Beach. He has a passion for supporting all students and finding ways to help them grow and succeed, in the classroom and on the field. He loves high school athletics and how the experience of competing and representing your school build both character and life long memories.

Brent has been married to his amazing wife (Salvatrice) for 18 years and has three children, Rocco (15), Daniella (14), and Giuliana (12). Family is his number one priority, being a father and involved in his children's lives keeps him very busy while also bringing him lots of joy. He felt fortunate to be able to coach them in a variety of sports over the years, but now spends most of his time just cheering them on from the sidelines.

**ALICIA SEEVERS, ATHLETIC DIRECTOR
ORANGE HIGH SCHOOL
GIRLS' ATHLETIC DIRECTOR REPRESENTATIVE**

As a senior at Chapman University, Alicia started her career at Orange High School in 1994 as the Athletic Trainer. She coached Varsity Girls Basketball and taught science and physical education from 1997-2000. In 2000, Alicia was named Girls Athletic Director and held that position until 2006, when she left to raise her children. She has served on the OCADA Women In Sports Committee since 2004. In 2015, Alicia returned to Orange High School as the Athletic Director. She has been a member of the Orange County Athletic Directors Association Board since 2018 and is currently the President. Alicia was recognized by the CSADA in 2019 as one of the CIF-SS Athletic Directors of the Year.

Alexis Barile, ED.D.
Principal of Centennial High School (Corona, CA)
At Large Representative

Dr. Alexis Barile @Dr_Barile graduated from El Dorado High School and continued her academic and basketball career at Azusa Pacific University. At Azusa Pacific University, Dr. Barile earned her Bachelor's Degree in English and was named a USAA All-American Scholar Athlete. Dr. Barile finished her basketball playing career in Europe (UK) playing for the EBL.

Upon returning to the United States, Dr. Barile became the 1st head basketball coach in Summit High School (Fontana, CA) history. At Summit High School, Dr. Barile was named CIF Coach of the Year, San Bernardino County Coach of the Year, Press Enterprise All-Sport Coach of the Year, and Teacher of the Year. She also coached Football and Track & Field with her husband, while both were earning Master's Degrees and becoming Foster Parents.

Dr. Barile left her coaching positions when her twins were born, however, she remained teaching until she became an Assistant Principal at Centennial High School (Corona, CA). After 3 years as an Assistant Principal she completed her Doctoral Degree and became the Principal at Centennial High School (@Cen10Huskies). She is currently in her 4th year as the Principal.

Dr. Barile has published articles, published a dissertation, and continues to present at conferences and lead professional development for educators. Her passion is improving education so all students have the opportunity to fulfill their dreams. Dr. Barile is married to her best friend, Coach Tony Barile, and they live in Corona, CA with their 4th Grade Twins, Howie & Kendra. They also have a one year old granddaughter, Kayla, from their oldest son, Devon, who lives in Southern California.



KEY

- Denotes Existing Goals from previous years that continue in 2022-2023.

- Denotes New Goals for 2022-2023.

To: CIF Southern Section Executive Committee Members
From: Rob Wigod, Commissioner of Athletics
Subject: 2022-2023 Southern Section Goals
Date: August 11, 2022

- 1. Continue to Enhance Communication Between the CIF Southern Section Office, Member Schools and the Executive Committee**
 - a. Expand the use of social media in communications with member schools, the public and media outlets.
 - b. Continue to develop enhanced mobile version of the website including links with social media platforms.
 - c. **Implement redesign of Southern Section public website, www.cifss.org.**
 - d. Publish periodic Messages from the Commissioner on Southern Section website and all social media platforms.
 - e. Prepare and distribute frequent Executive Committee Updates.
 - f. Directly communicate information by email to entire section membership and selected groups.
 - g. Offer opportunities and conduct personal interviews with media members from throughout the various geographic areas of the section.
 - h. Conduct Fall Workshops at various geographic locations throughout the Southern Section.
 - i. Continue official's recruitment program utilizing section website and social media platform.
 - j. **Launch weekly video program, entitled CIF-SS This Week, that will be available via www.cifss.org, YouTube and SBLive platforms.**
- 2. Implement Year 1 of CIFSSHome 2.0 for CIF Southern Section Member Schools**
 - a. Activate CIFSSHome 2.0 for the 2022-2023 school year.
 - b. Along with staff, facilitate numerous training sessions for member schools.
 - c. Along with staff, provide ongoing training and assistance to member schools on a daily basis.
 - d. Continue to develop and expand features of CIFSSHome 2.0.
- 3. Conduct Inaugural Beach Volleyball Championships**
 - a. Identify format and qualification process CIF Southern Section Beach Volleyball Championships.
 - b. Conduct Inaugural Team Championships Tournament.
 - c. Conduct Inaugural Pairs Tournament Championship.
- 4. Implement New Rules Changes**
 - a. New Official's Fees Agreement.
 - b. CIF Bylaw 210 – Lifetime ban from CIF athletic events for anyone who physically assaults a game official.
 - c. CIF Bylaw 510.1 – Eliminated.
 - d. CIF Southern Section Bylaws 3419.7 and 3420.3 - Competitive equity playoff system for both divisions of 8-Man Football.
 - e. CIF Southern Section Bylaw 2419 – Girls Lacrosse - Two yellow cards will result in a game exclusion but will not include a subsequent game suspension from the next contest.
- 5. Provide Professional Growth Opportunities for Member Schools**
 - a. Launch Year 7 of the MVP AD Program.
 - b. Conduct CIF Southern Section Athletic Administrator Summit.
 - 1) **Launch inaugural Athletic Trainers Track at the Athletic Administrators Summit.**

6. Financial Matters

- a. Expand CIF Southern Section investment opportunities under approved CIF Southern Section Investment Policy.
- b. Along with CIF Sports Properties, increase revenue share in Year 6 of the CIF Marketing Plan.
- c. Continue online ticketing, through the GoFan platform, for all Southern Section playoff events.
- d. Facilitate the distribution of grant monies received from the California Department of Education in support of the organization's mission and member schools.
- e. Onboard member schools to receive all payments from the CIF Southern Section electronically via Automated Clearing House (ACH) network instead of mailing checks.
- f. Secure an official ball agreement for Boys/Girls Tennis.
- g. Secure an official ball agreement for Beach Volleyball.

7. Examine and Explore Issues Involving Public and Private Schools

- a. Continue to work with the CIF Southern Section Public/Private Committee on an ongoing basis.
- b. Continue to work with the Private School Leadership Advisory Committee on an ongoing basis.
- c. Continue to engage in a constructive dialogue with member schools, both public and private, on public/private issues.
- d. Serve as a resource for member schools, leagues and areas of the CIF Southern Section by attending league meetings, area meetings and athletic director association meetings.
- e. Continue to emphasize adherence to current CIF State Constitution and Bylaws and CIF Southern Section Blue Book rules that apply to all schools.
- f. Implement and evaluate new CIF Bylaw 510 interpretations and recommend modifications, as needed.
- g. Examine Southern Section Bylaw 510, specifically related to issues involving Name, Image and Likeness, and recommend clarifications/modifications to existing Bylaw, including new Q and A's.

8. Work Cooperatively with the CIF State Office and the Other 9 Sections

- a. Generate a sectional identity that provides leadership, along with being cooperative and sensitive to the needs of the CIF and the other sectional organizations.
- b. Develop strategies that recognize and support the needs of the CIF and the other sections without sacrificing the strengths and interests of the CIF Southern Section.
- c. Serve as a resource, along with members of the CIF Southern Section Staff, to the CIF State Office in the management and conducting of CIF State Regional and CIF State Championship events.
 - 1) Rob Wigod – Event Manager, CIF State Football Championships.
 - 2) Rob Wigod – Member, CIF Constitution and Bylaws Editorial Committee.
 - 3) Kristinealle – Member, CIF Constitution and Bylaws Editorial Committee.
 - 4) Thom Simmons – Director, CIF Southern Regional Basketball Championships.
- d. Partnering with the CIF State Office, host the National Association of Sports Officials Annual Summit in Riverside on July 28-30, 2023.
 - 1) Along with the CIF State Office, coordinate and facilitate California Officiating Day at the National Association of Sports Officials Annual Summit in Riverside on Saturday, July 27, 2023.

9. Expand Relationships with the National Federation of State High School Associations

- a. Along with staff, serve on various national committees affiliated with the National Federation of State High School Associations.
- b. Along with Bally's Sports, offer increased opportunities for member schools to participate in the NFHS Network Student Broadcast Program.
- c. Assist the NFHS Network in implementing the Pixellot Free for All Program, which provides two Pixellot cameras for every Southern Section member school free of charge, including free installation, and immediate revenue share opportunities for member schools.
- d. Rob Wigod – Member, NFHS Network Leadership Circle.
- e. Rob Wigod – Board Member – National Association of Sports Officials.
- f. Kristinealle – Chair, NFHS Water Polo Rules Committee.
- g. Thom Simmons – Southern Section Coordinator, NFHS Network.