

ALL-CIF SOUTHERN SECTION 1996 GIRLS VOLLEYBALL TEAMS

(As selected by CIF-SS Girls Volleyball Coaches' Association)

(Released Dec. 9, 1996)

DIVISION I

CO-MVP - Carolyn Kittell, Laguna Beach (Sr.) - Kristin Sigel, Mira Costa (Sr.)
CO-Coaches of the Year - Vickie Gentry, Laguna Beach - Lori Biller, Fountain Valley

FIRST TEAM

NAME/SCHOOL	POSITION	YEAR
Sammer Altice, Fountain Valley	OH	Sr.
Jami Bari, Dana Hills	OH/S	Jr.
Elizabeth Belloni, Laguna Beach	OH	Jr.
Ashley Bowles, Mira Costa	MB	Jr.
Jennifer Carey, Newport Harbor	S	So.
Larissa Carter, Fountain Valley	MB	Sr.
Cathy Cook, Irvine	MB	Sr.
Kelly Garner, Laguna Beach	OH	Sr.
K.T. Lamb, Capistrano Valley	MB	Sr.
Lauren McCartin, Saugus	OH	Sr.
Amy Nihipali, Esperanza	MB	Sr.
Melissa Plass, Fountain Valley	S	Jr.

SECOND TEAM

Beth Cecil, Irvine	S	Sr.
Michelle Chambers, Dana Hills	OH	Jr.
Teddi Chowen, Wilson L.B.	MB	Sr.
Michelle Cole, Temecula Valley	OH	Jr.
Jennifer Detmer, Thousand Oaks	MB	Sr.
Ashly Dyer, Mira Costa	S	Sr.
Joanna Fielder, Newport Harbor	MB	Sr.
Christina Ho, San Gabriel	OH	Sr.
Lindsey O'Reilly, Redlands	OH	Jr.
Nikki Guerra, Royal	MB	Sr.
Adrienne Shimmel, Capistrano Valley	OH	Sr.
Jessica Sudduth, Esperanza	OH	Sr.

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DIVISION II

MVP - Julie Hinsche, Huntington Beach MH (Sr.)
Coach of the Year - Eddie Rapp, Santa Margarita

FIRST TEAM

NAME/SCHOOL	POSITION	YEAR
Shante Anderson, Santa Fe	MH	Sr.
Allison Ciarelli, Huntington Beach	S	Sr.
Erin Dedic, Valencia/P	OH	Sr.
Andrea Fischer, Santa Barbara	MH	Sr.
Julie Hinsche, Huntington Beach	MH	Sr.
Heather Hutchinson, Westlake	OH	Jr.
Sabrina King, Santa Margarita	OH	Sr.
Kiki Maroutos, Santa Margarita	MH	Sr.
Annie Maxwell, Santa Barbara	MH	Sr.
Kate Metzger, San Clemente	OH	Sr.
Courtney Miller, Westlake	RS	Jr.
Brooke Rundle, Westlake	S	Jr.
Stephanie Runk, Woodbridge	OH	Sr.
Anna Yasuhara, St. Joseph/L	OH	Jr.

SECOND TEAM

Dana Atkinson, Huntington Beach	OH	Sr.
Bridget Benshen, San Clemente	OH	Jr.
Tara Conrad, West Torrance	OH	Sr.
Anika Dell, Righetti	MH	Sr.
Melanie Hathaway, Righetti	MH	Sr.
Solano Lee, San Marcos	S	So.
Shannon Redfern, Santa Margarita	RS	Sr.
Kelley Rumph, Woodbridge	OH	Sr.
Stacy Scott, Paso Robles	S/OH	Sr.
Margo Stingley, Temple City	MH	Sr.
Roxanna Stumph/Valencia/P	MH	Sr.
Michelle Woimberg, Cypress	OH	Sr.

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DIVISION III

MVP - Teri Zatman, Bishop Montgomery S (Sr.)
Coach of the Year - Kim Willeman, Bishop Montgomery

FIRST TEAM

<u>NAME/SCHOOL</u>	<u>POSITION</u>	<u>YEAR</u>
Danielle Graham, Bishop Montgomery	OH	Sr.
Jaimie Kinard, Bishop Montgomery	OH	Jr.
Katie Olsovsky, Bishop Montgomery	MB	Fr.
Christine Bohle, Harvard Westlake	OH	Sr.
Malaika Naulls, Harvard Westlake	MB	Sr.
Michelle Wong, Harvard Westlake	MB	Jr.
Stephanie McMahon, Notre Dame Academy	MB	Sr.
Tracy Lindquist, Ocean View	S	So.
Amy Knebel, Ocean View	OPP	Jr.
Ali Ardis, Rim of the World	S	Sr.
Lindsey Rattet, Rim of the World	OH	Sr.
Heather Wintermeyer, San Luis Obispo	MB	Sr.
Nicki Daman, San Luis Obispo	S	Jr.

SECOND TEAM

Sasha Hernandez, Alemany	OH	So.
Ginger Bailey, Atascadero	OH	Sr.
Hedder Ilustre, Bishop Montgomery	OH	So.
Alisha Ledlie, Bishop Montgomery	MB	Sr.
Megan Coolbaugh, El Modena	OH	Sr.
Anne Jakle, Harvard Westlake	OPP	So.
Emily Dalbeck, La Canada	OH	Sr.
Kristen Berg, La Habra	OH	Jr.
Lauren Marani, La Habra	OH	Sr.
Regina Saulsbury, Rim of the World	MB	Sr.
Sarah Cody, Rosary	OH	Sr.
Julie Giambi, South Hills	S	Sr.
Shalen Reed, South Hills	MB	Jr.
Erin Carmen, West Valley	OH	Sr.

DIVISION IV

MVP - Holly Doran, Flintridge Sacred Heart (Sr.)
Coach of the Year - Nancy Young, Flintridge Sacred Heart

FIRST TEAM

<u>NAME/SCHOOL</u>	<u>YEAR</u>
Amy Banducci, Malibu	Sr.
Katie Crawford, El Segundo	Sr.
Danielle Dal Ponte, Flintridge Sacred Heart	Sr.
Holly Doran, Flintridge Sacred Heart	Sr.
Alyssa Hain, La Reina	Sr.
Whitney Hoover, Calvary Chapel/Santa Ana	Sr.
Kristen Hunt-Greco, Marlborough	Jr.
Heidi Munneke, Santa Ynez	Sr.
Stacy Rouwenhorst, Valley Christian/Cerritos	So.
Katherine Shorey, Marlborough	Sr.
Jennifer Thelen, Mayfield	Sr.

SECOND TEAM

Megan Hosp, Flintridge Sacred Heart	So.
Jackie Johnson, Bell-Jeff	Sr.
Dana Loberg, Marymount	So.
Liz Mathews, Santa Ynez	Sr.
Joey Miller, Whittier Christian	Sr.
Melissa Ohta, Whitney	Sr.
Nicole Olmstead, Carpinteria	Jr.
Rosanne O'Rourke, El Segundo	Sr.
Jill Overby, Calvary Chapel/Santa Ana	Sr.
Jull Rouwenhorst, Valley Christian/Cerritos	Sr.
Aimee Thompson, La Reina	Jr.

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DIVISION V

MVP -Sarah Gustin, Hesperia Christian (Sr.)
Coach of the Year -Pam Snively, Hesperia Christian

FIRST TEAM

<u>NAME/SCHOOL</u>	<u>YEAR</u>
Kelly Eisman, Capistrano Valley Christian	Sr.
Kelly Ellis, Hesperia Christian	Sr.
Carmen Fusco, Capistrano Valley Christian	Sr.
Kristi Gentile, Brentwood	Sr.
Vanessa Herald, Pasadena Poly	Jr.
Jenny Pahl, Linfield	Jr.
Flora Pappas, Fintridge Prep	Jr.
Rebecca Shumsky, Brentwood	Sr.
Julie Speyer, Windward	Sr.
Rachel Stevens, Baptist Christian/Hemet	Sr.
Kearney Visser, Windward	Sr.
Stacey Zasadny, Hesperia Christian	Sr.

SECOND TEAM

Stephanie Baars, Chadwick	Sr.
Allison Bendosh, St. Margaret's	Fr.
Staci Christensen, Lone Pine	Jr.
Lauren Gorden, Brentwood	Jr.
Taryn Linder, Viewpoint	Sr.
Adeana McDaniel, Maricopa	Sr.
Casey Ragland, Campbell Hall	Sr.
Nicole Remeny, Windward	Sr.
Jennifer Rizzo, Capistrano Valley Christian	So.
Julie Siefert, Cornerstone Christian	Sr.
Anna Sones, Pasadena Poly	So.
Kim Turner, Thacher	Sr.