

*Season Preview*

# 2021- 2022

GIRLS WATER POLO

CIF-SS GIRLS WATER POLO  
ASSISTANT COMMISSIONER:  
KRISTINE PALLE

PROGRAM COORDINATOR:  
BRENDA BOMGAARS







ESCAPE



MUSTANG



EXPLORER



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**TO: CIF SOUTHERN SECTION GIRLS' WATER POLO COACHES**

**FROM: KRISTINE PALLE, ASSISTANT COMMISSIONER**

**DATE: NOVEMBER 2021** (updated 10/27/21)

**RE: CIF-SOUTHERN SECTION 2021-2022 GIRLS' WATER POLO SEASON**

The CIF Southern Section has put together this preview to assist schools with their water polo program. The purpose is to improve communications related to CIF Southern Section rules and regulations.

Be advised this is not a complete document; it does not discuss all rules and regulations. Coaches are reminded to refer to the Blue Book and to discuss issues with their athletic administration.

**Once again, welcome to the 2021-2022 Girls' Water Polo Season!**

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***SPECIAL NOTE:*** The 2020-22 National Federation Water Polo Rules Book was mailed to your school in September.

# WATER POLO COACHES ADVISORY COMMITTEE

The CIF Southern Section is continuing to utilize the concept of coaches' advisory committees for all sports. The role of the advisory committee may or may not include the following:

- Meetings
- Recommendations for playoffs sites
- Recommendations for procedural changes Recommendations for rule changes
- Evaluation of sport season
- Assistance to coaches and/or officials organizations
- Communications between coaches and the CIF-SS office
- Management/Supervision at Championship Events

The Coaches Advisory Committee is made up of member coaches and an administrator from the CIF-SS office staff. Coaches selected for the committee provide a cross-section of the organization and are selected based upon geographic, as well as competitive divisions. Should you have suggestions or questions regarding water polo competition, please make use of this excellent channel of communication; it is provided to serve your interests. The committee will meet on a regular basis during the season and your items will become part of our agenda.

## **WEEKLY TOP TEN POLL**

The Southern Section will publish weekly top 10 rankings for each of the seven water polo divisions throughout the current season. Rankings will be determined from input provided by member school coaches and distributed to over 250 media outlets. Determination of the weekly divisional polls shall be the responsibility of the Water Polo Coaches Advisory Committee members. The CIF-SS office will utilize the rankings as criteria for formulating playoff brackets.

Listed on the next page are the members of the CIF-SS Water Polo Coaches Advisory Committee responsible for notifying the CIF-SS office of the weekly Top Ten Poll. It is important for coaches to report their information at [www.cifsshome.org](http://www.cifsshome.org) on a daily basis. Please note, this is a coaches' poll and no students or parents are involved. The CIF-SS office will send the coaches' poll as part of our media mailing.

**It is important that coaches enter results in CIFSSHome following each game and email poll changing results to the committee members named on the dates (Sundays) listed below:**

- |               |                                                              |
|---------------|--------------------------------------------------------------|
| ○ December 5  | ○ January 16; released January 18                            |
| ○ December 12 | ○ January 23                                                 |
| ○ January 2   | ○ January 30                                                 |
| ○ January 9   | ○ Final Poll – Completed: February 4<br>Released: February 5 |

**The CIF-SS office will be doing seven polls during the season. Please start your emails on Sunday, December 5, 2021. The committee members listed on the following page will email the poll results to the CIF Southern Section office on Monday following each of the above dates.**



# 2021-2022 GIRLS WATER POLO COACHES ADVISORY COMMITTEE

DIV	CONTACT	SCHOOL	LEAGUE	EMAIL
1	Ethan Damato	Laguna Beach	Surf	<a href="mailto:ethandamato@gmail.com">ethandamato@gmail.com</a>
1	Jason Rosenthal	Agoura	Marmonte	<a href="mailto:agourapolo@gmail.com">agourapolo@gmail.com</a>
1	Jon Reichardt	Mira Costa	Bay	<a href="mailto:jreichardt2001@yahoo.com">jreichardt2001@yahoo.com</a>
1	Brian Roth	San Marcos	Channel	<a href="mailto:broth@sbunified.org">broth@sbunified.org</a>
1	Ross Sinclair	Newport Harbor	Surf	<a href="mailto:rsinclair4@gmail.com">rsinclair4@gmail.com</a>
1	David Argumosa	Schurr	Almont	<a href="mailto:Argumosa_david@montebello.k12.ca.us">Argumosa_david@montebello.k12.ca.us</a>
2	Matthew Flanders	Santa Monica	Ocean	<a href="mailto:mflanders@smmusd.org">mflanders@smmusd.org</a>
2	Ty Hudson	Yucaipa	Citrus Belt	<a href="mailto:William_hudson@ycjusd.us">William_hudson@ycjusd.us</a>
2	Ivan Buich	San Juan Hills	Sea View	<a href="mailto:ibsihspolo@gmail.com">ibsihspolo@gmail.com</a>
2	Uriel Villa	Downey	San Gabriel Valley	<a href="mailto:uvilla@dusd.net">uvilla@dusd.net</a>
3	Bill Grisham	Poly/ Riversidelvy		<a href="mailto:whgrisham@sbcglobal.net">whgrisham@sbcglobal.net</a>
3	Kristin Rodriguez	Alta Loma	Palomares	<a href="mailto:Kristin.rodriguez@cjuhsd.net">Kristin.rodriguez@cjuhsd.net</a>
4	Eric Henninger	Garden Grove	Golden West	<a href="mailto:ehenninger@ggusd.us">ehenninger@ggusd.us</a>
4	Don Luethke	Western	Golden West	<a href="mailto:whspioneerspolo@gmail.com">whspioneerspolo@gmail.com</a>
5	Mark Barr	San Marino	Rio Hondo	<a href="mailto:mbarr.smwa@gmail.com">mbarr.smwa@gmail.com</a>
5	Melissa Fernandez	Ocean View	Golden West	<a href="mailto:ltlrock@yahoo.com">ltlrock@yahoo.com</a>
6	John Chamberlain	Indian Springs	Mountain Valley	<a href="mailto:john.chamberlain@sbcusd.k12.ca.us">john.chamberlain@sbcusd.k12.ca.us</a>
6	Dennis Nelson	Savanna	Orange	<a href="mailto:nelson_d@auhsd.us">nelson_d@auhsd.us</a>
6	Brian Heider	Chino Hills	Baseline	<a href="mailto:brian_heider@chino.k12.ca.us">brian_heider@chino.k12.ca.us</a>
	Don Holbrook	Management		<a href="mailto:holbrookpolo@verizon.net">holbrookpolo@verizon.net</a>
	John Montrella	Management		<a href="mailto:jmontrella@aol.com">jmontrella@aol.com</a>
	Andrew Gates	Official (SCAF President)		<a href="mailto:aegman007@aol.com">aegman007@aol.com</a>
	Levon Dermenjian	Official		<a href="mailto:ldermenjian@gmail.com">ldermenjian@gmail.com</a>



## **2021-2022 WATER POLO CALENDAR DATES**

First Allowable Contest  
Last League Contest

Monday, November 15, 2021  
Thursday, February 3, 2022

### **PLAYOFF DATES – ALL DIVISIONS**

***Pairings Released – Saturday, February 5, 2022 @ 10:00 a.m.***  
***Playoff Brackets can be found @ [www.cifss.org](http://www.cifss.org)***

Wild Card (16 Team Bracket)	Tuesday, February 8, 2022
First Round	
32 Team Bracket	Tuesday, February 8, 2022
16 Team Bracket	Thursday, February 10, 2022
Open Division	Thursday, February 10, 2022
Second Round	
32 Team Bracket	Thursday, February 10, 2022
Quarterfinals Round	Saturday, February 12, 2022 (Divisions 1 – 6) Bottom bracket games must be completed by 1:00 pm Upper bracket games must begin at or after 2:00 pm
Semifinal Round (all divisions)	Wednesday, February 16, 2022
Championship Finals (all divisions)	Saturday, February 19, 2022

### **CIF Southern California Girls Regional Championships**

Divisions I, II & III    February 22, 24 & 26, 2022

Visit [www.cifstate.org](http://www.cifstate.org) for more information

### **APPROVED SANCTIONED EVENTS**

Please refer to the CIF Southern Section website ([www.cifss.org](http://www.cifss.org)) for the latest Sanctioned Events, as events are updated daily.

#### **Sanctioned Events download directions:**

click on **GOVERNANCE TAB**,  
click on **SANCTIONED EVENTS**,  
select **GIRLS WATER POLO**,  
click Search

This page will display the most up to date information on  
Girls Water Polo Approved Sanctioned Events



# CIFSSHOME REQUIREMENTS

## **SCHEDULES & SCORES** Complete your schedule in CIFSSHome prior to your season as well as update scores following each contest

**Attention Athletic Directors/Coaches:** It is very important that you enter your entire season schedule into CIFSSHome ([www.cifsshome.org](http://www.cifsshome.org)) as well as update the scores immediately following your contests.

Log in @ [www.cifsshome.org](http://www.cifsshome.org) (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

- On the left panel, click on "Teams", select "Water Polo, Girls"
- To **Add a game**, click "Add Game" at the top right and fill out all of the required fields which are marked by a red (\*) to complete your schedule.
- To **Submit your score**, click on the "Teams", select "Water Polo, Girls" Scroll through your schedule and click on the green "Post Result" button.
- Make sure that your overall and team records are correct on your team page.

**Check out the Help video under the Help button on the bottom left, "Be CIF Prepared!"**

## **VARSITY TEAM INFORMATION (ROSTER) DUE no later than THURSDAY, FEBRUARY 3, 2022**

**Attention Athletic Directors/Coaches:** It is very important that you enter your entire Girls Water Polo Varsity roster into CIFSSHome ([www.cifsshome.org](http://www.cifsshome.org)) no later than **THURSDAY, FEBRUARY 3, 2022**

Log in @ [www.cifsshome.org](http://www.cifsshome.org) (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

- On the left panel, Click on the **"Teams"** tab, select "Water Polo, Girls"

-Here are the instructions for using the sample file.

- Download the sample file **and** delete the "contents only". Copy and paste or type your roster information into the file as the contents and save the file to your computer. You can only upload an excel file (xls) that is the exact same format as the sample file. Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.

**Required Columns for Girls Water Polo are: First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility.**

- Next - click Choose File, find your file, then click "Import Student".

- To confirm your roster has been uploaded, your roster will be uploaded in the roster section and all of the required columns are filled out.

**Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"**

## **VARSITY COACHES**

**Attention Athletic Directors/Coaches:** It is very important that you enter your Girls Water Polo coaches (Head & Assistants) into CIFSSHome ([www.cifsshome.org](http://www.cifsshome.org)) no later than **THURSDAY, FEBRUARY 3, 2022**

Log in @ [www.cifsshome.org](http://www.cifsshome.org) (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

- Click on the **"Teams"** tab on the left navigation bar. Click on the corresponding varsity team (Water Polo, Girls).

- Click on "Add/Edit Coaches", select the information to add both your HEAD & ASSISTANT coaches

**Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"**

## **AT LARGE APPLICATION – MUST HAVE .500 RECORD OR BETTER AND THERE MUST BE OPENINGS IN THE DRAW**

**Attention Athletic Directors/ Coaches:** Please follow the instructions below to enter your school as an At Large Entry for Girls Water Polo.

The At Large Application is to be submitted by your school no later than **Thursday, February 3, 2022 @ 11:00 p.m.**

Log in @ [www.cifsshome.org](http://www.cifsshome.org) (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

- On the left panel, click on At Large Petition

- Select "Girls Water Polo" then click "Add"

Please be sure that your Schedule is updated in CIFSSHome as this is where the information for the At Large Petition will be created.

**Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"**

## **VARSITY TEAM PHOTO DUE no later than FRIDAY, FEBRUARY 11, 2022**

**Attention Athletic Directors/Coaches:** It is very important that your Girls Water Polo Varsity Team Photo is uploaded to CIFSSHome ([www.cifsshome.org](http://www.cifsshome.org)) no later than **FRIDAY, FEBRUARY 11, 2022**

Log in @ [www.cifsshome.org](http://www.cifsshome.org) (If you do not have a log in & password as a coach, check with your Athletic Director).

on Home Campus

- On the left panel, click **Teams** tab on the left navigation bar. Click on the corresponding varsity team (Water Polo, Girls).

- Under Team Picture, click Add/Edit picture, click Browse, find your file and click "Upload Picture" – Team Photo can be no larger than 672 pixels x 480 pixels (7"x5")

**Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"**





## OFFICIAL BALL PROGRAM 2021-2022

### Official Ball per sport:

Baseball:	<b>Rawlings CIF-SS</b> <b>Rawlings RCIF-SS</b>	Must be CIFSS/ <b>NOCSAE</b> stamped ball; not an alternative Rawlings ball Must be CIFSS/ <b>NOCSAE</b> stamped ball; not an alternative Rawlings ball
<i>*Boys Basketball:</i>	<b>Wilson Evo NXT Game Basketball Size 7</b>	<b>(Used in CIF-SS Championship)</b>
<i>*Girls Basketball:</i>	<b>Wilson Evo NXT Game Basketball Size 6</b>	<b>(Used in CIF-SS Championship)</b>
<i>*Football:</i>	<b>Wilson GST NCAA 1003 Official Leather Football</b>	<b>(Used in CIF-SS Championship)</b>
Lacrosse:	<b>Champion Sports NOCSAE Balls</b>	(White LBWNOCSAE, Yellow LBYNOCSAE, Orange LBO, Lime Green LBG)
<i>*Soccer:</i>	<b>Wilson Forte Fybrid II NCAA Match Soccer Ball</b>	<b>(Used in CIF-SS Championship)</b>
<i>*Softball:</i>	<b>Rawlings FPCIF-SS</b>	<b>(Used in CIF-SS Championship)</b>
Tennis:	<b>Penn ATP World Tour</b> <b>Pro Penn Marathon</b>	<b>(Used in CIF-SS Championship)</b>
<i>*Volleyball:</i>	<b>Mikasa VQ2000 Series</b> <b>Mikasa VFC1000 Series</b>	<b>(will be used in the 2021-2022 Championship)</b> <b>(will be used in the 2022-2026 Championship)</b>
Boys Water Polo:	<b>KAP7 model 105 with NFHS stamp</b>	<b>(Used in CIF-SS Championship)</b>
Girls Water Polo:	<b>KAP7 model 104 with NFHS stamp</b>	<b>(Used in CIF-SS Championship)</b>

### Mandatory Playoff Use Requirement:

The mandatory “official” ball rule for all playoff rounds, excluding golf. The rule applies throughout the conduct of **all** CIF-SS **playoff** contests.

**\*There is a 1-year transition period for the following sports. The mandatory playoff use requirement goes into effect for these sports in the 2022-2023 season.**

### Playoff Ball Use Rule Enforcement:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty will carry over to the next season if not enforceable this season due to elimination.

**Note: NFHS stamp is required in all sports except in golf and tennis.**





THE OFFICIAL BALL  
OF WATER POLO.



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# **Water Polo Rules Changes - 2020-22**

By NFHS on May 26, 2020

**1-6-1, 1-6-2, 4-21-1, 4-21-2, 4-21-3, 4-21-4** - The 5-meter line has been moved to a 6-meter line in these referenced rules. Note: The 5-meter reference still applies to penalty throws.

**Rationale:** Introducing a 6-meter line increases the front court which allows offensive players more room to work. It also provides the center forward more room to receive the ball.

**1-21, 1-26:** Players are now permitted to wear a soft padded cap but it must meet the requirements of rules 1-20 through 1-24, and 2-4.

**Rationale:** Headgear is required by NFHS rules in some sports and is permissive in others. Coaches, athletes and parents/guardians should review the manufacturers' warnings about proper usage and performance limits of such products.

**3-18-2, 3-18-3g, 5-13:** The manner in the way free throws must be taken has been more clearly defined.

**Rationale:** With players now able to put the ball into play and shoot, it becomes vital for the defender to know when they are able to attack. By mandating that the ball is clearly and visibly put into play, it is clear to everyone, including the timekeeper, when the ball is in play.

**3-20-2a:** The scorekeeper shall be provided with the players and officials full names at least 15 minutes before the start of the contest.

**Rationale:** This change clarifies that full names written on the scoresheet are required prior to the start of the game.

**4-14, 7-10-2, 7-11-4, 7-12-4** - Any time the ball is removed from the water by the referee is now considered interval time.

**Rationale:** When the referee removes the ball from the water the game stops, which is an interval moment.

**4-20:** The goalkeeper may now move beyond the half distance line, shoot from anywhere and may take a penalty shot or participate in a shootout as the goalkeeper and/or shooter.

**Rationale:** This change provides more scoring options for teams.

**4-21-1:** Clarifies that at least two players must intentionally touch the ball after a free throw or restart of play inside 6 meters.

**Rationale:** If the foul is inside of 6 meters, the player must pass the ball to another player before a goal can be scored. Also, by allowing a direct shot on goal from a corner throw the player becomes an immediate threat that the defender must account for. This opens up the center forward position which was usually double teamed since the player taking the corner throw wasn't able to shoot and makes the 2-meter area more accessible.



**4-21-2:** If both the foul and the ball is outside of 6 meters a player may put the ball into play and then shoot. The change also allows players to put the ball into play and score from a corner throw.

**Rationale:** This creates a faster and simpler game as well as encourages more action and scoring.

**4-21-3:** The signal for awarding a free throw outside but within one meter of the 6-meter line has been altered.

**Rationale:** By changing the signal to a raise hand, the award of a free throw becomes clear to everyone on the pool deck.

**4-21-4:** If, at the award of a foul outside 6 meters, the ball is inside of 6 meters, a goal may not be scored directly or after the ball is put into play. In this case, at least two players (of either team, excluding the defending goalkeeper) must intentionally play or touch the ball before a goal can be scored.

**Rationale:** Both the foul and the ball must be outside the 6-meter line to shoot and score. If the ball is inside 6 meters, a free throw must be taken at the location of the ball.

**4-21-5, 4-24e, 5-4:** The corner throw was removed from a list of situations in which a direct goal cannot be scored after a restart.

**Rationale:** A player taking a corner throw may now shoot directly once the ball is put into play. Allowing a direct shot on goal from a corner throw makes the player an immediate threat that the defender must account for.

**5-10-1:** A free throw shall be taken at the spot of the ball versus where the foul occurred. This does not apply if the ball is inside the 2-meter mark.

**Rationale:** This speeds up the game by playing the ball where it lies. However, if there is a foul within the 2-meter, the ball is always moved outside of the 2-meter area.

**7-3-6:** A backup goalkeeper may now be substituted for an excluded goalkeeper.

**Rationale:** Previously, if a goalkeeper was excluded, a back-up goalkeeper was not allowed to be substituted into the game during the man advantage. With this rule change, a back-up goalkeeper can enter the game during the man advantage by substituting for a field player. In other words, it is the player, not the position, that is excluded.

**7-1, 7-3-12 -** A player may leave the field of play at any time under the sideline.

**Rationale:** A violation occurs when the player re-enters illegally. Verbiage awarding an exclusion foul for the player to leave the field of play without the permission of the referee has been deleted.

**7-20:** A player that has earned a foul outside of 6 meters is not be able to shoot if a defender tactically knocks the ball into the 6-area area.

**Rationale:** This will discourage a defender from fouling with a few seconds left in the game and then throwing the ball to the other side of the pool. This rule allows referees to restore the advantage that was taken away from the offense.

**8-9:** It shall be a penalty foul for a defending player to foul or impede an attacking player from behind within the 6-meter area in a probable goal situation.

**Rationale:** This change follows current national trends of the sport. It simplifies the game for all stakeholders and makes it easier for spectators to understand while promoting more scoring.

#### **2020-22 WATER POLO EDITORIAL CHANGES**

1-19-2, Appendix B, Appendix D, Official Signal Chart

#### **2020-22 WATER POLO POINTS OF EMPHASIS**

1. New Methods of Scoring
2. Player Advantage Inside of 6 Meters
3. Leaving the Field of Play
4. Putting the Ball in Play
5. Goalkeeper Privileges





TO: CIF-SS Principals, Athletic Director, and Aquatics Coaches

FROM: Rob Wigod, Commissioner of Athletics

SUBJECT: **Aquatics Legislation – Certification**

DATE: January, 2022

Just a reminder that the following legislation took effect January, 1991:

Section 116033 of the Health and Safety Code reads as follows:

Persons providing aquatic instruction, including, but not limited to, swimming instruction, water safety instruction, water contact activities, and competitive aquatic sports, at a public swimming pool shall possess an American Red Cross Emergency Water Safety Course certificate, or have equivalent qualifications, as determined by the state department. In addition, these persons shall be certified in standard first aid and cardiopulmonary resuscitation (CPR). All of these persons shall meet these qualifications by January 1, 1991. Persons, who only disseminate written materials relating to water safety, are not persons providing aquatic instruction within the meaning of this section.

The requirements of this section shall be waived under either of the following circumstances: (a) when one or more aquatic instructors possessing the American Red Cross Emergency Water Safety Course Certificate or its equivalent are in attendance continuously during periods of aquatic instruction, or (b) when one or more lifeguards meeting the requirements of Section 116028 are in attendance continuously during periods of aquatic instruction.

\* \* \* \* \*

Please Note: The Emergency Water Safety certificate is no longer offered by the American Red Cross. The legislation above has not been revised, despite numerous requests from water safety people around the State, and it is not clear what the “state department” has established as equivalent qualifications.

It is strongly recommended that all coaches enroll in the Safety Training for Swim Coaches course currently offered by the American Red Cross, as an interim solution to the missing EWS certificate. Not many ARC Chapters offer the class, so you may need to do some investigating to locate one that does. The Long Beach Chapter has offered the class as recently as spring 2003, so that might be a good starting point for you.

## **BLUE BOOK RULES - SPECIAL POINTS OF INTEREST**

**RULE 125.1 COACH EJECTION** - Upon the ejection of a coach from any CIF Southern Section contest, it is the responsibility of the principal of said school to file a letter of explanation with the CIF Southern Section Office which includes the circumstances surrounding the matter and what action the principal has taken to prevent a recurrence. Said correspondence is to be filed within THREE school days of notification of the ejection. ADDITIONALLY, UPON EJECTION, THE EJECTED COACH SHALL BE DISQUALIFIED FROM PARTICIPATING IN THE REMAINDER OF THE GAME AND WILL BE INELIGIBLE FOR THE TEAM'S NEXT CONTEST. A SECOND EJECTION WILL CONSTITUTE A TWO CONTEST SUSPENSION AND A THIRD EJECTION WILL CAUSE SUSPENSION FOR THE REMAINDER OF THE SEASON.

**RULE 125.2 FAILURE TO COMPLETE A CONTEST** - When a school fails to complete a contest, due to a coach pulling his/her team from the floor, court or field, it is MANDATORY that the CIF Southern Section Office be notified by the principal within 24 hours (excluding holidays and weekends). The competing schools and officials will be required to file written reports, and after review of the aforementioned material, the principal of the school involved will be required to respond to the CIF Southern Section Office concerning his/her investigation of the incident.

*QUESTION: How serious is such action?*

*ANSWER: It has been the position of the CIF Southern Section Executive Committee to expect the building principal of the school concerned to relieve the coach from his/her assignment for the balance of that season or the Executive Committee is empowered to consider recommendations for additional penalties.*

*QUESTION: What if the head coach is red carded and there is not an assistant coach on the bench?*

*ANSWER: A district/school employee that holds **ALL coaching certifications** ("Coaches Education Training", CPR, First Aid, Sudden Cardiac Arrest, Concussion Training and anything else required by the district/school board specifically for coaches) may supervise the remainder of the game. If there is not a person holding the aforementioned credentials, the game will be terminated at that point). Teachers, administrators and other district personnel cannot fill this role unless they hold ALL necessary coaching certifications.*

### **RULE 514 - TOBACCO PRODUCTS PROHIBITED**

The use of tobacco products in conjunction with any CIF Southern Section athletic contest is prohibited. This would include all those involved in the contest including players, coaches and officials.

### **RULE 1223 - SUMMERTIME RULES**

**1223.1** With the exception of the summer dead period, until the beginning of the first official starting date for fall sports, there shall be no restriction on high school coaches working with high school students registered and/or attending their respective high school or entering them in summer competition, provided approval is received from the school principal.

*QUESTION: Who may participate in high school summer athletic programs approved by the principal?*

*ANSWER: Only students registered for the upcoming school year in grades 9 through 12. Additionally, it would be a violation to allow elementary students (8th grade and below) to participate with the high school team. For students enrolled in more than one school, all summer practice and competition must be confined to one school.*

**1223.2** High schools may sponsor sport camps and/or allow non-school sponsored sport camps to use their facilities.

- \* High school students and individuals from the general community can attend.
- \* The high school name, nickname and identifying marks can be used in the title and/or promotion of the camp.
- \* The principal of the high school must give permission for the camp to take place; non-school sponsored camps must secure a facility permit for use of any facilities and equipment.
- \* The camp must comply with all CIF rules, including those pertaining to undue influence and dead period.



\* Non-school sponsored camps should provide required liability insurance for the use of any school facilities.

**1223.3** A summer dead period must be declared by the school district and/or principal for all sports. The dates of the dead period must be forwarded to the Southern Section Commissioner. The dead period must be the same for all sports all levels and must be two (2) consecutive weeks, fourteen (14) days between the end of school in the spring and the first day of school in the Fall. No class could be offered which could circumvent the rule. There are no exceptions to the summer dead period.

During the dead period, NO weight lifting would be permitted. No running or other type of conditioning would be allowed. No coordinated workouts by ANY staff or volunteer member associated with the school are allowed.

Special nationally recognized programs in various sports that require a national or regional championship format, such as Bobby Sox Softball, American Legion or Mickey Mantle Baseball, Junior Olympics, etc., would be allowed to continue, until completion, during the dead period

### **RULE 1224 - PLAYER CONDUCT RULE**

Player:

A player who is ejected from a contest (for reasons other than fighting or leaving the bench area during a fight) shall be ineligible to participate in the remainder of that contest (event) and his or her team's future contest (s) as outlined below:

**First Ejection:** Player is ineligible to participate in the team's next contest. Player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the team's next contest. If the ejection occurs in the last game of the season, the player would be ineligible for the team's first contest the following season. If the player is a senior, he or she would be ineligible for the first contest of their next season of sport.

**Second Ejection:** Player is ineligible to participate in the team's next three (3) contests. Player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the team's next three (3) contests. If the season concludes prior to the player serving the three (3) contests suspension, he or she would be ineligible for the number of contests remaining on the suspension for the team's following season. If the player is a senior, he or she would be ineligible for the number of contests remaining on the suspension for their next season of sport.

**Third Ejection:** Player is ineligible to participate for the remainder of that season. Player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the team's remaining contest that season. If there are six (6) or fewer contests remaining in the season, the player would be ineligible for up to six (6) contests for the team's following season as determined by the CIF Section Commissioner with jurisdiction in the matter. If the player is a senior, he or she would be ineligible for up to six (6) contests for the next season of sport as determined by the CIF Section Commissioner with jurisdiction in the matter.

A player who is ejected from a contest for fighting or leaving the bench area during a fight\* shall be ineligible to participate in the remainder of that contest and his or her team's future contests as outlined below:

## **RULE 1224 - PLAYER CONDUCT RULE continued**

**First Ejection:** Player (Fighting/Assaultive Behavior/Gross Unsportsmanlike Conduct) is ineligible to participate in the team's next three (3) to six (6) contests as determined by the CIF Section Commissioner with jurisdiction in the matter. Player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the duration of the suspension. If the season concludes prior to the player serving the full suspension, he or she would be ineligible for the number of contests remaining on the suspension for the team's following season. If the player is a senior, he or she would be ineligible for the number of contests remaining on the suspension for their next season of sport. \*NFHS Rules indicate automatic one game suspension for leaving the bench.

**Second Ejection:** Player is ineligible to participate for the remainder of that season. Player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the team's remaining contests that season. If there are six (6) or fewer contests remaining in the season, the player would be ineligible for up to six (6) contests for the team's following season as determined by the CIF Section Commissioner with jurisdiction in the matter. If the player is a senior, he or she would be ineligible for up to six (6) contests for their next season of sport as determined by the CIF Section Commissioner with jurisdiction in the matter.

QUESTION:	What happens when a student engages in Fighting/Assaultive Behavior during an athletic contest that is not observed by game officials?
ANSWER:	In cases when a student engages in Fighting/Assaultive Behavior that is not observed by game officials, it is the expectation of the CIF Southern Section Executive Committee that the building principal of the school involved will impose a minimum one-game suspension for the students who commit such offenses.

## **RULE 1226 - LEVEL OF COMPETITION**

No student shall participate in more the ONE level of competition in the same sport in the same day.

## **RULE 3101 - OFFICIAL NATIONAL FEDERATION AUTHENTICATING MARK**

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, soccer, softball, volleyball and water polo. (February 1999 Federated Council; revised to include lacrosse November 2000 Federated Council.)

## **RULE 3410 - FREE LANCE PLAYOFF ENTRY VERIFICATION**

If a school does not have membership in a league or the school belongs to a league which does not offer students in a given sport an opportunity to qualify into CIF Souther Section championships, special conditions exist which must be followed in order to qualify for possible entry into a CIF Southern Section playoff activity.

**3410.1 Team Sports** - All free lance schools desiring entry into the playoffs must submit schedules to the Commissioner for evaluation and approval of conditions under which the team may qualify. Schedules must be submitted prior to the start of each season for evaluation.

### ***Q & A - How can a freelance team qualify for CIF playoff consideration?***

*You must schedule 80% of allowable games per sport and they must be at the varsity level, and in order to be considered for the playoffs, the school must have a .500 or better record in all contests played and there must be openings in the bracket. Additionally, teams that win 80% of their contests played will be guaranteed entry. (Except football.)*



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# **CIF-SS WATER POLO GUIDELINES**

The Following points of emphasis should be reviewed by coaches, staff and players regarding CIF Southern Section rules and regulations as published in the CIF-SS Blue Book. This list is not all-inclusive; it highlights key areas.

## **MAXIMUM TEAM CONTESTS**

1. A water polo team is permitted to play no more than twenty (28) contests during the season. One game scheduled with alumni and/or faculty will not count toward the allowable number of contests.
2. A team may play three regular games in one day in a tournament on a non-school day, provided one hour has elapsed between the finish of one contest and the beginning of the next contest.

## **END OF COMPETITION**

All league competition for entries must end on or before the Thursday prior to the first playoff date. Schools may compete until Saturday in non-league contests and/or tournament play. **LEAGUE ENTRIES ARE DUE AT 11:00 P.M. ON THURSDAY EVENING, ANY COMPETITION TAKING PLACE AFTER ENTRIES ARE DUE WILL NOT BE CONSIDERED IN THE SEEDINGS.**

## **TOURNAMENTS**

For those schools hosting sanctioned events, please review the 700 series. In particular, please be aware all sanctioned events are to be administered by the sanctioning school and not administered by outside groups. The interpretation is that all entry fees must be handled through student-body funds under the administration of the principal of that school.

## **LENGTH OF QUARTERS**

The length of quarters for water polo games shall be seven minutes for varsity games, six minutes for non varsity. Schools can mutually agree to shorten games. (Approved April 2002, CIF-SS Council)

## **GAME BALL**

The KAP7 104 NFHS is the official girls' water polo ball of the CIF Southern Section and must have the NFHS authenticating mark stamped on it. **The KAP 104 NFHS ball must be used in all playoff games.**

## **OUTSIDE COMPETITION BY AN INDIVIDUAL DURING THE SEASON OF SPORT**

A member of a high school water polo team may not, during his season of sport, compete for an outside team in the sport of water polo. A season of sport (see CIF-SS Blue Book Rule 504) is defined as that period which begins with a student's first interscholastic competition (non-league, tournament or league game) and ends with that student's last interscholastic contest (tournament, non-league or CIF-SS playoff game). If an athlete has been selected for an ODP event/ tournament, permission must be obtained by the association office prior to the event.

## **SCOUTING PROHIBITION - PRACTICE SESSION**

Scouting of any type that would include personal viewing, written notes, audio tape, motion pictures, video reproduction and/or any other type of reproduction such as still pictures, etc., shall not be taken in any sport of a member school's practice sessions by anyone without written consent of the participating school(s). An interscholastic scrimmage is not subject to this rule.

*Q & A - What is allowed with regard to scouting a contest?*

*There will be NO restrictions on the part of member schools regarding the filming/video-taping of any contest. Host schools will maintain game management rights and responsibilities.*



## **OFFICIALS**

It is required that:

1. When contacted by the official at least 24 hours in advanced, the host school will have available someone who will handle the needs of the officials assigned to the contest. This should include but not be limited to facility orientation, locker room assignment and parking.
2. The officials' locker rooms are open at half-time and immediately after the game.
3. At the completion of the contest, the officials' locker and dressing facilities remain secured for at least 20 minutes. Coaches and other school officials should not enter an officials' dressing area for the purpose of complaints.
4. Coaches should not approach or confront the officials at the completion of a contest.
5. Coaches and school officials should not make public statements to the news media criticizing officials.
6. School officials must be alert to potential problem situations and provide security for officials to and from their dressing facilities and to the parking area after the contest when necessary.
7. Athletic administrators convey to the coaching staff that any problems regarding officiating be handled first through the Area Officials' Liaison and second by the CIF-Southern Section Office, if it is serious in nature.
8. A representative from the host school shall handle financial matters prior to the start of the contest.
9. The participating schools should enforce the principles of Pursuing Victory with Honor and the education code with regards to fan and spectator behavior. Schools are strongly encouraged to remove and sanction any spectator who engages in abusive verbal or physical behavior or who uses profanity.
10. Schools not in compliance with numbers 1-9 will be reported to their Area Liaison by the officials association within five (5) school days. Regardless of the infraction, the contest will be played.

# GIRLS WATER POLO 2021-2022 LEAGUES/SCHOOLS/DIVISIONS

updated 11/29/21

LEAGUE	DIV	LEAGUE	DIV	LEAGUE	DIV	LEAGUE	DIV
<b>3 ALMONT</b>		<b>3 CITRUS COAST</b>		<b>3 FREEWAY</b>		<b>3 MISSION</b>	
Alhambra	6	Carpinteria	4	Buena Park	4	Flintridge Sac Hrt	5
Bell Gardens	5	Hueneme	6	Fullerton	4	Harvard-Westlake	1
Mark Keppel	4	Nordhoff	6	La Habra	5	Louisville	5
Montebello	4	Santa Paula	5	Sonora	5	Marlborough	6
Schurr	1			Sunny Hills	2	Marymount	3
				Troy	3	Notre Dame/ SO	2
<b>3 BASELINE</b>		<b>2 COASTAL CANYON</b>		<b>3 GARDEN GROVE</b>		<b>MONTVIEW</b>	
Chino Hills	6	Camarillo	4	Bolsa Grande	6	Edgewood	6
Etiwanda	4	Moorpark	3	La Quinta/W	6	Sierra Vista	6
Los Osos	2	Royal	4	Loara	5	Workman	6
Rancho Cucamonga	4	Thousand Oaks	4	Los Amigos	5		
St. Lucy's	2	<b>2 CRESTVIEW</b>		Rancho Alamitos	6	<b>3 MOORE</b>	
Upland	5	Canyon/ Anaheim	2			Cabrillo/ Long Beach	6
		El Dorado	2	<b>3 GOLDEN WEST</b>		Jordan	6
<b>3 BAY</b>		Esperanza	3	Garden Grove	4	Lakewood	5
Culver City	4	Foothill	1	Godinez	6	Millikan	3
Mira Costa	1			Katella	5	Poly/Long Beach	3
Palos Verdes	2	<b>3 DEL RIO</b>		Ocean View	5	Wilson/Long Beach	1
Peninsula	3	California	3	Segerstrom	2		
Redondo Union	1	El Rancho	5	Westminster	6	<b>3 MOUNTAIN PASS</b>	
Santa Monica	2	La Serna	2			Banning	6
		Santa Fe	5	<b>3 HACIENDA</b>		Perris	6
<b>3 BIG VIII</b>		Whittier	6	Diamond Bar	4	San Jacinto	6
Centennial/Cor	5	<b>4 DESERT EMPIRE</b>		Los Altos	3	Tahquitz	5
Corona	4	Cathedral City	6	Rowland	5	West Valley	5
King, ML	1	Indio	6	Walnut	5		
Norco	4	La Quinta/LQ	3	Wilson/ HH	5	<b>2 MOUNTAIN VLY</b>	
Roosevelt, Eleanor	3	Palm Desert	4			Indian Springs	6
Santiago/Corona	1	Palm Springs	5	<b>2 INLAND VALLEY</b>		Jurupa Valley	4
		Rancho Mirage	5	Canyon Springs	6	Pacific	6
<b>3 CHANNEL</b>		Shadow Hills	6	Heritage	6	San Bernardino	6
Cabrillo/ Lompoc	4	Xavier Prep	4	Moreno Valley	6		
Dos Pueblos	1			Notre Dame/ Riv	6	<b>3 MT. BALDY</b>	
Lompoc	5	<b>3 EMPIRE</b>				Baldwin Park	6
San Marcos	1	Cypress	4	<b>2 IVY</b>		Chaffey	5
Santa Barbara	1	Kennedy	6	Lakeside	3	Chino	6
Santa Ynez	4	Pacifica/GG	5	Poly/ Riverside	3	Don Lugo	5
		Tustin	5	Temescal Canyon	2	Montclair	5
<b>3 CITRUS BELT</b>		Valencia/Placentia	4	Valley View	3	Ontario	6
Beaumont	4			<b>3 MARMONTE</b>		<b>2 NORTH HILLS</b>	
Cajon	4			Agoura	1	Brea Olinda	4
Citrus Valley	3			Calabasas	5	El Modena	4
Redlands	5			Newbury Park	2	Villa Park	3
Redlands East Valley	6			Oaks Christian	1	Yorba Linda	5
Yucaipa	2			Westlake	3		

<b>LEAGUE</b>		<b>LEAGUE</b>		<b>3 LEAGUE</b>		<b>FREELANCE</b>	
<b>2 ORANGE</b>		<b>3 PIONEER</b>		<b>SOUTH COAST</b>		Pioneer	5
Anaheim	6	Beverly Hills	5	Dana Hills	3	Whitney	6
Magnolia	6	El Segundo	4	El Toro	2		
Savanna	6	South Torrance	5	San Clemente	1		
Western	4	Torrance	5	San Juan Hills	2		
		West Torrance	3	Tesoro	3		
<b>3 ORANGE COAST</b>		<b>4 PREP</b>		<b>3 SOUTHWESTERN</b>			
Costa Mesa	3	Brentwood	6	Chaparral	5		
Estancia	5	Chadwick	4	Great Oak	3		
Orange	6	Flintridge Prep	4	Murrieta Mesa	2		
Saddleback	6	La Salle	5	Murrieta Valley	1		
Santa Ana	6	Mayfield	5	Temecula Valley	3		
		Poly/ Pasadena	2	Vista Murrieta	3		
		Westridge	6				
<b>4 PACIFIC</b>		<b>3 RIO HONDO</b>		<b>2 SUNBELT</b>			
Arcadia	4	La Canada	2	Elsinore	3		
Burbank	5	Monrovia	3	Hemet	5		
Burroughs/Burbank	3	San Marino	5	North, JW	5		
Crescenta Valley	4	South Pasadena	4	Paloma Valley	5		
Glendale	5	Temple City	3				
Hoover	5			<b>2 SURF</b>			
Muir	6			Corona del Mar	1		
Pasadena	4			Laguna Beach	1		
				Los Alamitos	1		
				Newport Harbor	1		
<b>3 PACIFIC COAST</b>		<b>3 RIVER VALLEY</b>		<b>3 TRINITY</b>			
Beckman	3	Arlington	3	JSerra	5		
Irvine	3	Hillcrest	4	Lutheran/ Orange	1		
Laguna Hills	4	La Sierra	5	Mater Dei	1		
Northwood	2	Norte Vista	6	Rosary	1		
Portola	5	Patriot	6	Santa Margarita	1		
University	3	Ramona	6				
Woodbridge	3			<b>2 TRI-VALLEY</b>			
				Cate	6		
<b>3 PACIFIC VIEW</b>		<b>3 SAN ANDREAS</b>		Foothill Tech	5		
Buena	6	Arroyo Valley	6	Malibu	5		
Channel Islands	6	Carter	6	Villanova Prep	4		
Oxnard	4	Eisenhower	6				
Pacifica/Oxnard	5	Fontana	5				
Rio Mesa	4	Granite Hills	6				
Ventura	2	San Gorgonio	6				
		Summit	6				
				<b>2 VALLE VISTA</b>			
<b>3 PALOMARES</b>		<b>3 SAN GABRIEL VLY</b>		Charter Oak	5		
Alta Loma	3	Downey	2	San Dimas	4		
Ayala	5	Gahr	6	Webb	5		
Bonita	3	La Mirada	6	West Covina	6		
Claremont	2	Paramount	6				
Colony	6	St. Joseph/ Lkwd	6				
Glendora	2	Warren	6	<b>2 WAVE</b>			
				Edison	2		
				Fountain Valley	5		
				Huntington Beach	1		
				Marina	4		
		<b>3 SEA VIEW</b>					
		Aliso Niguel	3				
		Capistrano Valley	3				
		Mission Viejo	4				
		Trabuco Hills	4				

*The newly formed "Open" Division will be the top 8 teams and may come from teams in any division. The top 8 teams selected to the Open Division will be finalized during the playoff seeding meeting on **February 4, 2022**.*



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