

NATIONAL FEDERATION OF STATE
HIGH SCHOOL ASSOCIATIONS



NEWS RELEASE

**“Coaching Field Hockey” Course Added to
NFHS Learning Center**

FOR IMMEDIATE RELEASE

Contact: Dan Schuster

INDIANAPOLIS, IN (July 16, 2019) — Field hockey coaches can now take advantage of a new coaching resource, “Coaching Field Hockey,” an online education course available through the National Federation of State High School Associations (NFHS) Learning Center at www.NFHSLearn.com.

Created in association with USA Field Hockey, the course is designed to help coaches teach the individual and team skills of field hockey.

“We’re pleased to offer this course for high school field hockey coaches,” said Dan Schuster, NFHS director of educational services. “This course is full of skills videos to teach coaches how to properly demonstrate the skills of field hockey.”

“The two new online courses, Coaching Field Hockey and Coaching Field Hockey: Goalkeeping, were created to help high school coaches and their athletes and teams to succeed,” said Craig Parnham, USA Field Hockey director of coach education and learning. “Both courses are intended to support development of the technical and tactical aspects of the game. They are great refreshers for experienced coaches and provide basic information and resources for those who are new to the game.”

“Coaching Field Hockey” includes various video components with periodic quizzes to reinforce learning objectives. Units available within the course include “Grips, Ball Control and Elimination Skills,” “Passing and Receiving Skills,” “Scoring Techniques” and “Small Unit Play.”

The course also discusses several situations that result in set plays: 25-yard free hit, penalty corners, penalty strokes and one-on-ones.

The NFHS and USA Field Hockey have previously partnered for a similar course titled “Coaching Field Hockey: Goalkeeping” that is also available in the NFHS Learning Center.

Additionally, the “Coaching Field Hockey” course fulfills the sport-specific course criteria for obtaining NFHS Learning Center certifications as Accredited Interscholastic Coach (AIC) and Certified Interscholastic Coach (CIC).

After starting with two courses – *Fundamentals of Coaching* and *First Aid for Coaches* – in 2007 through the former NFHS Coach Education Program, the NFHS Learning Center now offers more than 70 online courses, including more than 30 that are free.

In addition to “Coaching Field Hockey,” the NFHS Learning Center offers more than 25 other sport-specific courses. Courses are now available to students, coaches, parents, administrators, officials and performing arts/educators.

Since the launch of www.NFHSlearn.com in 2007, the NFHS has delivered more than 8.5 million courses.

This press release was written by Luke Modrovsky, a 2019 summer intern in the NFHS Publications/Communications Department. He is a senior sports management and communication studies student at Wilkes University in Wilkes-Barre, Pennsylvania.

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About the National Federation of State High School Associations (NFHS)

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and performing arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and performing arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 17 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,500 high schools and 12 million participants in high school activity programs, including more than 7.9 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; offers online publications and services for high school coaches and officials; sponsors professional organizations for high school coaches, officials, speech and debate coaches, and music adjudicators; serves as

the national source for interscholastic coach training; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS website at www.nfhs.org.

About USA Field Hockey

USA Field Hockey is the national governing body for the sport of field hockey in the United States and is based out of Colorado Springs, Colorado. USA Field Hockey is a non-profit, membership-based organization with the following mission: Grow the Game. Serve Members. Succeed Internationally.

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