



**2019-2020**

**BADMINTON  
PREVIEW**



TO: CIF-SS CO-ED BADMINTON COACHES

RE: 2019-2020 BADMINTON SEASON

FROM: KRISTINE PALLE, ASSISTANT COMMISSIONER

DATE: January 2020 updated 2/5/2020

**\* \* \* WELCOME TO THE 2020 BADMINTON SEASON \* \* \***

The Badminton Preview Packet has been prepared to assist you in the organization of your school Badminton program. The information is important in preparing for the upcoming season. Please share this information with your assistant coaches.

Please visit [www.cifssbadminton.org](http://www.cifssbadminton.org) to review  
Serving rules video for high school badminton

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## 2019-2020 BADMINTON ADVISORY COMMITTEE

The CIF Southern Section is continuing to utilize the concept of advisory committees for all sports. The role of the advisory committee may or may not include the following:

- Meetings
- Recommendations for playoffs sites
- Recommendations for procedural changes
- Recommendations for rule changes
- Evaluation of sport season
- Assistance to coaches and/or officials organizations
- Communications between coaches and the CIF-SS office
- Management/Supervision at Championship Events

The Advisory Committee is made up of member coaches and an administrator from the CIF-SS office staff. Should you have suggestions or questions regarding badminton competition, please make use of this excellent channel of communication; it is provided to serve your interests. The committee will meet on a regular basis during the season and your items will become part of our agenda.

<u>CONTACT</u>	<u>AFFILIATION</u>	<u>EMAIL ADDRESS</u>
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TO: Badminton Coaches/ Athletic Directors

FROM: Rob Wigod, Commissioner of Athletics

SUBJECT: HL Corporation Continues Sponsorship

We are pleased to announce that HL Corporation will be continuing its support of the 2020 Southern Section Badminton Season. HL has supported CIF-SS Badminton for many years and will continue to do so for many more.

The HL Condor SYN-35 Condor Yellow Medium will be the official shuttlecock for the CIF-SS Badminton Season.

HL also offers the best values for high tech tournament rackets at very affordable prices. Dean Schoppe would be happy to come by your school to show this equipment.

HL can also provide other services for your team, such as clinics or exhibitions. Please do not hesitate to check out this valuable resource.



HL Corporation  
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(310) 505-3535 cell  
[www.hlbadminton.com](http://www.hlbadminton.com)



# 2020 BADMINTON SEASON DATES

## FIRST CONTEST

No interscholastic matches (practice, tournament or league) may be scheduled prior to **February 29, 2020.**

## LAST CONTEST

The last allowable date for competition (league, non-league or invitational) is **FRIDAY, MAY 8, 2020.**

### SOUTHERN SECTION TEAM CHAMPIONSHIP TOURNAMENT

The Southern Section Team Championship tournament will be held from FRIDAY, May 8 through SATURDAY, May 16, 2020 at ARCADIA HIGH SCHOOL. Additional information is available at [www.cifssbadminton.org](http://www.cifssbadminton.org).

### SOUTHERN SECTION INDIVIDUAL CHAMPIONSHIP TOURNAMENT

The Southern Section Individual Championship tournament will be held on May 19-20, 2020 at ARCADIA HIGH SCHOOL. Additional information is available at [www.cifssbadminton.org](http://www.cifssbadminton.org).

### **CONTACT DEAN SHOPPE FOR MORE INFORMATION**

**(310)546-3652 or [hlcorp7@hotmail.com](mailto:hlcorp7@hotmail.com)**

**[www.cifssbadminton.org](http://www.cifssbadminton.org)**

## CIF STATE BADMINTON CHAMPIONSHIPS

The CIF STATE Badminton Championships will be held on SATURDAY, MAY 23, 2020 at the ARCADIA HIGH SCHOOL. Additional information available at [www.cifstate.org](http://www.cifstate.org).

## CIF SOUTHERN SECTION 2019-20 BADMINTON LEAGUES as of 1/21/20

### ALMONT LEAGUE

Alhambra  
Arcadia  
Mark Keppel  
Mayfield/Loyola  
San Gabriel  
San Marino  
South Pasadena

### EMPIRE LEAGUE

Cerritos  
Cypress  
Gahr  
Kennedy  
Loara  
Marina  
Westminster  
Whitney

### MOORE LEAGUE

Cabrillo/Long Beach  
Compton  
Jordan  
Lakewood  
Millikan  
Poly/ Long Beach  
Wilson/Long Beach

### CITRUS BELT LEAGUE

Citrus Valley  
Eisenhower  
Loma Linda Academy  
Redlands  
Redlands East Valley  
Rialto

### MONTVIEW LEAGUE

Azusa  
Baldwin Park  
Bassett  
Gladstone  
Nogales  
Poly/ Pasadena  
Sierra Vista

### VALLE VISTA LEAGUE

Chino Hills  
Diamond Bar  
Rowland  
Walnut  
Webb  
Wilson/ Hacienda Heights

**If your school is not represented correctly in the league participation above, please contact your league coordinator and have them update your league's participation in CIFSSHome.**

**FREELANCE teams must submit  
Freelance Petition in CIFSSHome  
prior to competing**

Mira Costa – Need Letter  
Roosevelt – Need Letter  
Xavier Prep –

# **CIFSSHOMES BADMINTON REQUIREMENTS**

CIFSSHomes ([www.cifsshomes.org](http://www.cifsshomes.org)) is the official online database of the CIF Southern Section Office

**SCHEDULES & SCORES** Complete your schedule in CIFSSHomes NO LATER THAN SATURDAY, FEBRUARY 29, 2020 as well as update scores following each contest

**Attention Athletic Directors/Coaches:** It is very important that you enter your entire season schedule into CIFSSHomes ([www.cifsshomes.org](http://www.cifsshomes.org)) as well as update the scores immediately following your contests.

Log in @ [www.cifsshomes.org](http://www.cifsshomes.org) (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

-On the left panel, click on "Teams", select "Badminton"

-To **Add a game**, click "Add Game" at the top right and fill out all of the required fields which are marked by a red (\*) to complete your schedule.

-To **Submit your score**, click on the "Teams", select "Badminton" Scroll through your schedule and click on the green "Post Result" button.

-Make sure that your overall and team records are correct on your team page.

**Check out the Help video under the Help button on the bottom left, "Be CIF Prepared!"**

**VARSITY TEAM INFORMATION (ROSTER/ ELIGIBILITY LIST) DUE no later than FRIDAY, MAY 1, 2020.**

**Attention Athletic Directors/Coaches:** It is very important that you enter your entire Badminton roster into CIFSSHomes ([www.cifsshomes.org](http://www.cifsshomes.org)) no later than **FRIDAY, MAY 1, 2020.**

Log in @ [www.cifsshomes.org](http://www.cifsshomes.org) (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-On the left panel, Click on the "Teams" tab, select "Badminton"

-Here are the instructions for using the sample file.

- Download the sample file **and** delete the "contents only". Copy and paste or type your roster information into the file as the contents and save the file to your computer. You can only upload an excel file (xls) that is the exact same format as the sample file. Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.

**Required Columns for Badminton are: First Name, Last Name, Birth date, Year, & Eligibility.**

- Next - click Choose File, find your file, then click "Import Student".

- To confirm your roster has been uploaded, your roster will be uploaded in the roster section and all of the required columns are filled out.

**Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"**

## **VARSITY COACHES**

**Attention Athletic Directors/Coaches:** It is very important that you enter your Badminton coaches (Head & Assistants) into CIFSSHomes ([www.cifsshomes.org](http://www.cifsshomes.org)) no later than **SATURDAY, FEBRUARY 29, 2020.**

Log in @ [www.cifsshomes.org](http://www.cifsshomes.org) (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-Click on the "Teams" tab on the left navigation bar. Click on the corresponding varsity team (Badminton).

-Click on "Add/Edit Coaches", select the information to add both your HEAD & ASSISTANT coaches

**Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"**

## **SANCTIONED EVENTS (BYLAW 702)**

**Athletic Directors/ Coaches:** It is very important that schools hosting sanctioned events, please review Rule 702. In particular, please be aware of the fact that all sanctioned events are to be administered by the sanctioning school and not outside groups. Management and control of all finances connected with the activity shall remain with the host high school, league or CIF Section. The interpretation is that all entry fees must be handled through student-body funds under the administration of the principal of that school.

**To apply for a Sanctioned Event:**

Log in @ [www.cifsshomes.org](http://www.cifsshomes.org) (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-Click on the "Sanctioned Event Form" tab on the left navigation bar. Click on the "Add New" button at the top of the page

-Complete all of the requested information and click "Save".

**You can locate approved Sanctioned Events at [www.cifss.org](http://www.cifss.org), under the "Governance" tab, then select "Sanctioned Events".**





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# **BLUE BOOK RULES OF INTEREST**

## **RULE 125.1 COACH EJECTION**

Upon the ejection of a coach from any CIF-SS contest, it is the responsibility of the principal of said school to file a letter of explanation with the CIF Southern Section Office which includes the circumstances surrounding the matter and what action the principal has taken to prevent a recurrence. Said correspondence is to be filed within THREE school days of notification of the ejection. Additionally, upon ejection, the head or assistant coach shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. A second ejection will constitute a two contest suspension and a third ejection will cause suspension for the remainder of the season.

## **RULE 125.2 FAILURE TO COMPLETE A CONTEST**

When a school fails to complete a contest, due to a coach pulling his/her team from the floor, court or field, it is MANDATORY that the CIF-SS Office be notified by the Principal within 24 hours (excluding holidays and weekends). The competing schools and officials will be required to file written reports, and after review of the aforementioned material, the principal of the school involved will be required to respond to the CIF Southern Section Office concerning his/her investigation of the incident.

**QUESTION:** How serious is such action?

**ANSWER:** It has been the position of the CIF-SS Executive Committee to expect the building principal of the school concerned to relieve the coach from his/her assignment for the balance of that season or the Executive Committee is empowered to consider recommendations for additional penalties.

## **RULE 514 TOBACCO PRODUCT PROHIBITED**

The use of tobacco products in conjunction with any CIF Southern Section athletic contest is prohibited. This would include all those involved in the contest including players, coaches and officials.

## **RULE 600 OUTSIDE COMPETITION**

A member of a high school badminton team may not, during his season of sport, compete for an outside team in the sport of badminton. A season of sport (see CIF-SS Blue Book Rule 504) is defined as that period which begins with a student's first interscholastic competition (non-league, tournament or league game) and ends with that student's last interscholastic contest (tournament, non-league or CIF-SS playoff game).

Unattached competition is permissible for a student in other than school contests during the season of sport. An unattached athlete shall not represent any team. Points won by the athlete shall not be credited to any team. An unattached athlete shall not use a uniform which identifies a school or "outside" team. Any violation shall be considered an infraction of Bylaw 600.

## **RULE 1400 REGIONAL CHAMPIONSHIPS**

Regional badminton events for boys, girls and coed began in spring 2016. (Approved May 2014 Federated Council).

## **RULE 1402 STARTING DATES FOR INTERSCHOLASTIC CONTESTS**

No interscholastic matches (non-league, tournament or league) may be scheduled prior to February 23.

## **RULE 1403 MAXIMUM TEAM CONTESTS**

A badminton team will not be permitted to play more than 24 matches during the season.

## **RULE 1404 END OF COMPETITION**

All league competition for entries must end on or before Wednesday, May 1. Schools may compete until May 4 for non-league contests.

#### **RULE 1405 SUMMERTIME RULES/ SUMMER DEAD PERIOD/ SPORTS CAMPS**

1405.1 With the exception of the summer dead period, until the beginning of the first official starting date for fall sports, there shall be no restriction on high school coaches working with high school students registered and/or attending their respective high school or entering them in summer competition, provided approval is received from the school principal.

QUESTION: Who may participate in high school summer athletic programs approved by the principal?

ANSWER: Only students registered for the upcoming school year in grades 9 through 12. Additionally, it would be a violation to allow elementary students (8th grade and below) to participate with the high school team. For students enrolled in more than one school, all summer practice and competition must be confined to one school.

1405.2 High schools may sponsor sport camps and/or allow non-school sponsored sport camps to use their facilities.

- \* High school students and individuals from the general community can attend.
- \* The high school name, nickname and identifying marks can be used in the title and/or promotion of the camp.
- \* The principal of the high school must give permission for the camp to take place; non-school sponsored camps must secure a facility permit for use of any facilities and equipment.
- \* The camp must comply with all CIF rules, including those pertaining to undue influence and dead period.
- \* Non-school sponsored camps should provide required liability insurance for the use of any school facilities.

1405.3 A summer dead period must be declared by the school principal for all sports. The dates of the dead period must be forwarded to the Southern Section Commissioner. The dead period must be the same for all levels and must be three (3) consecutive weeks between the end of school or the first Friday in June, whichever is first, and the last Monday in August. No class could be offered which could circumvent the rule. There are no exceptions to the summer dead period.

During the dead period, weight lifting ONLY would be permitted. No running or other type of conditioning would be allowed.

Special nationally recognized programs in various sports that require a national or regional championship format, such as Bobby Sox Softball, American Legion or Mickey Mantle Baseball, etc., would be allowed to continue, until completion, during the dead period.

#### **RULE 1407 LEVEL OF COMPETITION**

No student shall participate in more than one level of competition in the same sport on the same day.

#### **RULE 1408 MAXIMUM CONTESTS IN ONE DAY**

All interscholastic contests are to be arranged in such a way that no student shall take part in more than two athletic contests in any one day.

#### **RULE 1413 NOISEMAKERS PROHIBITED**

No noisemakers (horns, bells, victory bells, sirens, chimes, musical instruments other than those in the band, etc.) will be permitted inside the gymnasium, stadium or playing fields at any CIF Southern Section contest (non-league, league, tournament or playoff). Cheering devices such as wooden blocks, or other similar objects, are prohibited. Megaphones shall be used only by uniformed cheerleaders for the purpose of directing and controlling rooting sections. The improper use of any of the above listed devices by supporters of a team would subject that team to possible forfeiture of the contest.

## **CIF-SS BADMINTON GUIDELINES**

#### **EJECTION POLICY**

USA Badminton rules do not address unsportsmanlike conduct. Therefore, CIF defines unsportsmanlike conduct as conduct of an individual who becomes abusive or interferes with the orderly progress of the match. This includes, but not limited to, deliberately causing suspension of play, deliberately interfering with the speed of the shuttle, behaving in an offensive manner, being guilty of misconduct otherwise covered by the Laws of Badminton, acts of disrespect, use of foul language, unethical or dishonorable actions which bring discredit to the individual, his/ her school, disrespectfully addressing an official or coach, taunting or criticizing an opponent, official or coach and failure to follow directions of match officials.

## **COACHING**

Two designated persons from each participating team may act as sideline coaches during play in conformity to the USAB/BWF rules. When a team has two or more recognized coaches in attendance at a match or tournament, each person designated to serve as a sideline coach must be a recognized coach. When a team only has one recognized coach in attendance at a match or tournament, the second designated coach may be a player listed on that team's official roster. The two designated coaches shall serve for the entirety of the match or tournament and cannot be replaced without the consent of the opposing head coach.

In serving as a sideline coach, pace of play shall not be interrupted. No one other than the two designated coaches may speak to players from the side or from behind the court during a match. Words of encouragement and reassurance from other coaches and teammates are, however, acceptable. Violators will be asked to move away from the match in question.

There will be an interval of 2 minutes between the first and second games, and not exceeding 2 minutes between the second and third games. Coaching is allowed during both intervals by teammates and coaches other than those designated at the beginning of play. In matches in which an umpire is present, players will not be allowed to leave the court during the 2-minute interval without the Umpire's permission. **CIF Southern Section does not** use the "60 second" break at 11.

These coaching rules apply to all contests, including dual matches and any tournament sanctioned by CIF.

## **TEAM UNIFORM REQUIREMENTS**

1. All players on a team must wear shirts of the same color and same trim pattern, but not necessarily the same material. A single partial/whole manufacturer's logo/trademark (no more than 2 ¼ square inches with no dimension more than 2 ¼ inches) and/or one American Flag (no more than 2 inches x 3 inches in size) are permitted in the shirt. The shirts do not have to be manufactured by the same company.
2. All players on a team must wear shirts of the same color and same trim pattern, but not necessarily the same material. A single partial/whole manufacturer's logo/trademark (no more than 2 ¼ square inches with no dimension more than 2 ¼ inches) and/or one American Flag (no more than 2 inches x 3 inches in size) are permitted in the shorts. The shorts do not have to be manufactured by the same company.
3. Players may wear sweat pants during competition provided they match the color of the team's shorts. All of the sweat pants worn in competition must have the same trim pattern. The sweat pants material does not necessarily have to be the same material. A single partial/whole manufacturer's logo/trademark (no more than 2 ¼ square inches with no dimension more than 2 ¼ inches) and/or one American Flag (no more than 2 inches x 3 inches in size) are permitted on the sweatpants. The sweat pants do not have to be manufactured by the same company.

## **PENALTY FOR VIOLATION**

Participating teams and/or players who wear illegal uniforms will be subject to Disqualification once a match has started.

## **COACHES CERTIFICATION**

Principals are responsible to ensure that all coaches of the CIF member school for all individual or team(s) meet the requirements of the California Education Code 49032, 35179.1 and Bylaw 22.B(9).

## **SELF-OFFICIATING**

In the absence of court officials and or an event referee; Self-Officiating becomes necessary. With that in mind, the following rules must be adhered to so as to insure a safe and fair event/contest. Our role as coaches is to ensure safety and fair play with good sportsmanship at all times, by all parties involved. It is the responsibility of all coaches to understand and instruct their teams and all persons in their control of these rules. The remedies for infractions shall be set forth by the Controlling Governing Body unless otherwise stated in the laws.

Both Coaches in a dual match, the Committee Members or their Designated Representatives at a tournament, any School Administrator or District Representative in attendance, or any paid person or person assigned, acting as the referee for any specific game, match or event; shall have the authority to intercede and make judgment calls as it relates to serving, player behavior, spectator behavior, score disputes and any item that may occur in the course of the event in question. Said calls shall stand as if they were issued by an assigned, trained or certified official.

The rules as set forth and adopted by the controlling governing body of the event shall be in force and supersede any other set or sets of rules governing play or conduct. Conduct must be limited to the standards set forth or adopted by the controlling governing body and may be more limiting than the accepted norms at professional or other events where player and spectator control is in force.

In the absence of a specific rule or recommendation, the rules or regulations set forth by the controlling governing body shall be considered to have the full force of a law and the remedy prescribed by the controlling governing body shall be adhered to.



**In Self Officiated Dual Matches or Tournament the following rules shall govern the conduct of the players, coaches and spectators:**

- 1 No aggressive gestures, words or sounds shall be directed to any player, team or person(s) in attendance.
  - 1a In the event of repeated infractions of U-1; a player shall be first warned, then a point or serve shall be deducted from that player, and then the player shall be disqualified from that particular match.
- 2 No excessive crowd noise, so as to be distracting to others in the venue and or intimidating to the player(s) on court is allowed.
- 3 Players must indicate the need for a coach/official to enter a court for any reason since until such time as this occurs the players are self-officiating.
- 4 In the event that a third party is called to the court, the third party is then deemed to be the umpire and the call of the umpire(s) stands.
- 5 In the event of a dispute involving the score and no resolution is attained by reasonable inquiry, the score will revert to the last mutually agreed upon score.
- 6 In the event of repeated excessive aggressive behavior on the part of spectators or in the event that a person has been deemed to be coaching out of turn, the person in question shall be asked to leave for the duration of the duel match or tournament after being warned two times.

**QUALIFICATION FOR TEAM AND INDIVIDUAL PLAYOFFS**

In order for a team to qualify for Southern Section Team Championship, a team must complete in no less than twelve (12) contests during the regular season. If a school that participates in a Southern Section sanctioned tournament, whether that tournament is designated a team or individual tournament, enters a complete team (that is, 2 Boys Singles, 2 Girls Singles, 2 Boys Doubles, 2 Girls Doubles and 2 or 3 Mixed Doubles depending on the tournament's maximum entry rules) the school can count participation in that tournament as 2 contests for purposes of meeting the twelve contest requirement.

In order for a player to qualify for participation in the Southern Section Individual Championship Tournament, that player's school must meet the twelve contest requirement for participation in the Southern Section Team Championship Tournament.



# **SPECIAL NOTICE**

## **SUPERVISION OF ATHLETES**

The Southern Section Office has experienced a problem which has perpetuated itself over the past few years as it pertains to proper supervision and entry of student-athletes in the post-season playoffs.

The situation relates mostly to individual sports, i.e. CROSS COUNTRY, INDIVIDUAL TENNIS, TRACK, SWIMMING, etc. and the official recognition and registration of entrants at the respective playoff sites.

State and Southern Section Rule 309 states:

No CIF team (i.e., individual) shall participate in inter-scholastic or approved competition with any other team unless the CIF team is under supervision as required by the California Administrative Code Title V (By-Law 506.A) or Bylaw 506.B. (Additionally, refer to Rule 123.) The supervisor must remain in attendance at all times.

**Those persons APPROVED FOR SUPERVISION PURPOSES are limited to:**

**A. Certificated personnel**

**B. Certified Coaches (certified credentialed coaches)**

**C. Non-certificated temporary coaches (certified walk-on coaches)**

(It should be noted that schools representing the same DISTRICT may send one credentialed or certified supervisor for three or four athletes. These individuals have been recognized and are to continue to be recognized for registration and participation purposes in that the district has assigned the supervisory role for all students from its= member schools to this one individual.)

However, the concern is for those students who ARE NOT accompanied by a faculty representative and report to the playoff site by themselves or with a parent. ***GIVING PARENTS THE SUPERVISION AUTHORITY, WHETHER IN WRITING OR NOT, DOES NOT MEET THE STANDARDS SET FORTH IN THE ABOVE REGULATIONS. This also applies to parents who are the student=s private coach but are not under contract to the member school.***

PLEASE NOTE, THIS RULE WAS REVIEWED BY BOTH THE STATE CIF OFFICE, IT'S GENERAL COUNSEL AND THE SOUTHERN SECTION EXECUTIVE COMMITTEE. IT HAS BEEN REAFFIRMED THAT THE INTERPRETATION STAND AS ABOVE AND THAT ANY STUDENT REPORTING FOR COMPETITION WHO IS NOT UNDER DIRECT SUPERVISION IN ACCORDANCE WITH STATE AND SOUTHERN SECTION RULE 308, IS TO BE DENIED ENTRY FOR PARTICIPATION IN THE COMPETITION.

As pointed out by the Southern Section and State CIF attorney, there are inherent liability problems when an individual competes in violation of said rule. Please review this rule with your staff in that it will be strictly enforced as per the above application.





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# TEAM FORMAT

## Regular Season & Post Season Format

1. A team will be composed of, but not limited to, the following: 2 girls' singles; 2 boys' singles; 2 girls' doubles teams; 2 boys' doubles teams; and 3 mixed doubles teams. USAB/BWF 21 point Rally Scoring will be used. A player may play in two events in any competition, so long as one event is mixed doubles.
2. All singles players will be ranked 1-2; doubles teams 1-2; and mixed doubles 1-3. All players must be ranked before play begins.  
**SPECIAL NOTE:** COMPLETE ROSTERS LISTING ALL PLAYERS IN THEIR POSITION ON THE TEAM, INCLUDING THOSE PLAYERS WHO ARE NOT PART OF THE ORIGINAL LINE-UP BUT MAY BE USED AS SUBSTITUTES, MUST BE EXCHANGED BY COACHES PRIOR TO THE START OF ALL CONTESTS. ROSTERS SHALL INCLUDE FIRST AND LAST NAMES AND GRADE LEVEL FOR ALL PLAYERS.
3. Substitution: After a player in the original lineup has completed his or her first match of a contest, a player identified as a substitute on the official roster exchanged between the coaches before the start of the contest, and not included in the original lineup, may substitute for a player in the original lineup in one (but not both, except in the case of injury) of that player's events. The substituted player (*i.e.* the player removed from an event) may still play their second event in their original position in the lineup but may not be used as a substitute for any other player in any other position.  
  
Each substitute must be disclosed to the opposing coach prior to the substitute's match being announced. Once a substitute has been disclosed to the opposing coach, that substitute cannot be changed or withdrawn. Failure of the substitute to play the match will result in a forfeiture of that match. There is no limit on the number of substitutes that can be used in any contest.
4. Round robin competition will be used for singles, doubles and the 1 and 2 in mixed doubles. Each singles player will play a two-out-of-three game match against all other singles players. Boys and Girls doubles, as well as Mixed number 1 and 2 will play the same format against doubles teams. In mixed the number 3 will play only one match.
5. One point is awarded for each match won. Total of 21 points.

### POINT BREAKDOWN:

Mixed doubles	1 pt. each	5 points
Girls singles	1 pt. each	4 points
Boys singles	1 pt. each	4 points
Boys doubles	1 pt. each	4 points
Girls doubles	1 pt. each	4 points

TOTAL POINTS - 21

6. Order of play:

Round 1	Round 2	Round 3	Round 4	Round 5	Round 6
<u>Mixed Doubles</u>	<u>Singles</u>	<u>Doubles</u>	<u>Singles</u>	<u>Doubles</u>	<u>Mixed Doubles</u>
1 - 1	1 - 1	1 - 1	1 - 2	1 - 2	1 - 2
2 - 2	2 - 2	2 - 2	2 - 1	2 - 1	2 - 1
3 - 3					

If court(s) and opponents are available, it is not necessary to complete the preceding round before commencing play in the following round.

**SPECIAL NOTE:** DEVIATIONS FROM THE ABOVE ORDER OF PLAY ARE ONLY ALLOWED UPON MUTUAL AGREEMENT OF THE COMPETING COACHES REACHED PRIOR TO THE START OF THE CONTEST. FAILURE TO ABIDE BY THE ORDER OF PLAY RULES OVER THE OBJECTION OF THE OPPOSING COACH WILL RESULT IN THE FORFEITURE BY THE TEAM WHO CALLED THE MATCH OUT OF ORDER OF EACH SUCH MATCH ACTUALLY PLAYED OUT OF ORDER.

7. Players will receive a minimum of ten (10) minutes rest between matches.

### **IT IS THE DUTY OF ALL CONCERNED WITH HIGH SCHOOL ATHLETICS:**

1. To emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
2. To eliminate all possibilities which tend to destroy the best values of the game.
3. To stress the values derived from playing the game fairly.
4. To show cordial courtesy to visiting teams and officials.
5. To establish a happy relationship between visitors and hosts.
6. To respect the integrity and judgment of sports officials.
7. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
8. To encourage leadership, use of initiative and good judgment by the players on a team.
9. To recognize that the purpose of athletics is to promote the physical, mental, moral, social and emotional well-being of the individual players.
10. To remember that an athletic contest is only a game - not a matter of life and death for player, coach, school, officials, fan, community, state or nation.

## **SPORTSMANSHIP THE INFLUENCE OF THE COACH**

The coach is in a better position to have a positive influence on the youth of a community than any other member of the faculty. He/She has an obligation to develop a personality and character which are above reproach. The example set by the coach is of extreme importance. The character-building potential of athletics is closely related to the character of the coach.


Athletics furnish a setting for the demonstration of attitudes of players which are a direct reflection of the coach. It takes self-discipline on the part of the coach to always let reason, rather than emotions, guide conduct. To build the correct pattern for your athletes, give the following points your attention:

1. Watch your language. Obscenity and profanity have no place on the bench, in the dressing room, or, in fact, in your vocabulary. Additionally, racial or ethnic comments will never be condoned.
2. You can explain defeat, but do not alibi for it.
3. Do not gloat in victory; this is even more offensive than the alibi.
4. Do not challenge the decision of officials.
5. Do not lose your temper, because with it will go your poise.
6. Organize your work well in advance, make a work schedule and carry it out effectively.
7. Do not try to take unfair advantage of the rules.
8. Give opportunities to your players for leadership.
9. The coach's job is to develop the individual players and the team into a unit which can give a performance approaching their maximum ability as individuals and as a team. This must be done within the best meaning of the word **SPORTSMANSHIP**.
10. **SPORTSMANSHIP - PRIORITY # 1**

**GOOD SPORTSMANSHIP, ETHICS AND INTEGRITY!!!**

**"YOU MAKE THE DIFFERENCE!!!"**





**G3**  
90 grams

- 100% graphite shaft
- Oval shaped 7000 series aluminum head
- Zytel nylon grommets
- Power Plus 80 string
- Internal fused "T"
- Great entry level tournament racket

**\$35**

BETTER BY DESIGN




**Aero700**  
90 grams

**BLACK & YELLOW WHITE PINK**

- 100% carbon graphite
- Isometric wide-body head
- One piece construction
- Power Plus 73 string
- Power-flex shaft
- Power and playability of rackets costing three times its price

**\$55**

BETTER BY DESIGN




**G5**  
88 grams

- 100% carbon graphite
- Isometric semi wide-body square tube head
- One piece construction
- Power Plus 73 string
- Medium-flex shaft
- Head light, for speed and maneuverability

**\$65**

BETTER BY DESIGN




**G7**  
86 grams

- 100% graphite
- Oval shaped wide body head
- One piece construction
- Power Plus 73 string
- Medium-flex shaft
- Head light, for speed and maneuverability

**\$75**

BETTER BY DESIGN



**PT-75**  
78 grams

- PRO TOUR Series
- 100% 3K woven + 40T ultra-light elasticity carbon fiber
- Wide-body isometric head
- Power channel
- Vibration dampening system
- Taper tech shaft
- Power Plus 73 string

**\$90**

BETTER BY DESIGN




**PT-80**  
85 grams

- PRO TOUR Series
- 100% 3K woven + 40T ultra high elasticity carbon fiber
- Semi-wide body isometric head
- Extra long shaft
- Power-flex, taper tech shaft
- Power Plus 73 string
- High tension frame with extra length for power

**\$115**

BETTER BY DESIGN



**PT-85**  
85 grams

- PRO TOUR Series
- 100% 3K woven + 40T ultra high elasticity carbon fiber
- Semi-wide body isometric head
- Power-flex with inverted internal conical control
- Power Plus 73 string
- Quick high tech powerful high tension frame

**\$125**

BETTER BY DESIGN

**HL**  
**badminton**  
BETTER BY DESIGN



**Success is but a racket away**



**PHOENIX FUCHSIA**

77 GRAMS  
100% HIGH MODULUS GRAPHITE  
INTERIOR POWER RIDGE ISO HEAD  
FLEXIBLE POWER-PLUS SHAFT  
SMASH-POWER BALANCE  
LIGHT & POWERFUL

**\$115**



**STEALTH**

78 GRAMS  
1K ISO-HEXAGON HEAD  
40T STIFF OF EXTRA STIFFSHAFT  
V-TECH GRIP  
HIGH TENSION FRAME

**\$150**

STRUNG AT 25lbs  
PT 66 STRING

**High Power Frame**



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**560**  
95 grams

- 100% graphite shaft
- Oval shaped 7000 series aluminum head
- Zytel nylon grommets
- Power Plus 80 string
- External "T"
- Great entry level tournament racket

**\$25**


BETTER BY DESIGN



**Python V-20**

- 100% carbon graphite
- Isometric head
- Power Plus 73 string
- Power flex shaft
- Medium balance

**\$50**



**Viper V-40**

- 100% carbon graphite
- Oval shape WB head
- Power Plus 73 string
- Medium flex shaft
- Head light balance


**\$60**



**Cobra V-60**

- 100% HM carbon graphite
- Oval WB stiff head
- Power Plus 73 string

**\$80**



**Dragon**  
85 grams

- 100% high modulus graphite
- Wide body isometric head
- Power-flex shaft
- Power Plus 73 string
- Exclusive design by USA Olympian Ben Lee

**\$100**

BETTER BY DESIGN




**Snow Dragon**  
87 grams

- 100% high modulus graphite
- Wide body isometric head
- Laminated Power-flex shaft
- Power Plus 73 string
- Exclusive design by USA Olympian Ben Lee

**\$100**

BETTER BY DESIGN



**Golden Dragon**  
73 grams

- Semi-wide body isometric head
- Power Flex shaft
- 100% 3K carbon graphite construction
- PT-73 string
- Power grip

**\$110**

BETTER BY DESIGN

**Badminton Instructional Channel [www.hlbadminton.com](http://www.hlbadminton.com)**

## Week 1

Test Date	Morning (8 a.m. Local Time)	Afternoon (12 p.m. Local Time)	Afternoon (2 p.m. Local Time)
Monday, May 4	AP United States Government and Politics	AP Physics C: Mechanics	AP Physics C: Electricity and Magnetism
Tuesday, May 5	AP Calculus AB AP Calculus BC	AP German Language and Culture AP Human Geography	
Wednesday, May 6	AP English Literature and Composition	AP European History AP Physics 2: Algebra-Based	
Thursday, May 7	AP Chemistry AP Spanish Literature and Culture	AP Japanese Language and Culture AP Physics 1: Algebra-Based	
Friday, May 8	AP United States History	AP Art History AP Computer Science A	

## Week 2

Test Date	Morning (8 a.m. Local Time)	Afternoon (12 p.m. Local Time)
Monday, May 11	AP Biology	AP Chinese Language and Culture AP Environmental Science
Tuesday, May 12	AP Seminar AP Spanish Language and Culture	AP Latin AP Psychology
Wednesday, May 13	AP English Language and Composition	AP Microeconomics AP Music Theory
Thursday, May 14	AP Comparative Government and Politics AP World History: Modern	AP Italian Language and Culture AP Macroeconomics
Friday, May 15	AP Computer Science Principles AP French Language and Culture	AP Statistics

EXPLORER



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