



2019 CIF Southern Section/Ford Cross-Country Rankings

**By Rich Gonzalez, PrepCalTrack.com Editor
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Note: For this week and the subsequent three weeks of the season, the rankings are expanded to 16 deep per division. Any team which appears in at least 2 of the last 4 sets of 16-deep rankings will be invited to the CIF-Southern Section/Ford Prelims meet as an at-large entry if it does not automatically advance from its league into postseason.

BOYS DIVISION 1

1. Great Oak, Temecula
2. La Serna, Whittier
3. Crescenta Valley, La Crescenta
4. California, Whittier
5. Roosevelt, Eastvale
6. Burbank
7. Poly, Long Beach
8. Arcadia
9. Mira Costa, Manhattan Beach
10. Vista Murrieta, Murrieta
11. King, Riverside
12. Beckman, Irvine
13. West Ranch, Stevenson Ranch
14. San Clemente
15. Saugus, Santa Clarita
16. Quartz Hill, Lancaster

BOYS DIVISION 2

1. Newbury Park
2. Dana Hills, Dana Point
3. Claremont
4. Thousand Oaks
5. West Torrance, Torrance
6. Redlands East Valley, Redlands
7. El Toro Lake Forest
8. Loyola, Los Angeles
9. Woodbridge, Irvine
10. Canyon, Anaheim
11. Capistrano Valley, Mission Viejo
12. Simi Valley
13. Ventura
14. Mission Viejo
15. Foothill, Santa Ana
16. Hart, Newhall

BOYS DIVISION 3

1. Agoura, Agoura Hills
2. Royal, Simi Valley
3. Arroyo, El Monte
4. St. John Bosco, Bellflower
5. Palos Verdes, Palos Verdes Estates
6. Oak Park
7. Moorpark
8. Esperanza, Anaheim
9. Bonita, La Verne
10. Brea-Olinda, Brea
11. Damien, La Verne
12. Servite, Anaheim
13. Yorba Linda
14. Dos Pueblos, Goleta
15. Torrance
16. Buena, Ventura

BOYS DIVISION 5

1. Viewpoint, Calabasas
2. St. Margaret's, San Juan Capistrano
3. Woodcrest Christian, Riverside
4. Pacifica Christian, Santa Monica
5. Flintridge Prep, La Cañada Flintridge
6. Linfield Christian, Temecula
7. Midland, Los Olivos
8. Desert Christian, Lancaster
9. The Webb School, Claremont
10. Ontario Christian, Ontario
11. Thacher, Ojai
12. Hawthorne Math & Science, Hawthorne
13. Poly, Pasadena
14. Crossroads, Santa Monica
15. Chadwick, Palos Verdes Peninsula
16. Xavier Prep, Palm Desert

GIRLS DIVISION 2

1. Newbury Park
2. Serrano, Phelan
3. El Toro, Lake Forest
4. Claremont
5. Canyon, Anaheim
6. Ventura
7. Foothill, Santa Ana
8. Dana Hills, Dana Point
9. Capistrano Valley, Mission Viejo
10. Woodbridge, Irvine
11. Simi Valley
12. Glendora
13. Northwood, Irvine
14. Mission Viejo
15. J.W. North, Riverside
16. Westlake, Westlake Village

BOYS DIVISION 4

1. Foothill Technology, Ventura
2. Laguna Beach
3. Fillmore
4. Cathedral, Los Angeles
5. South Pasadena
6. Wilson, Hacienda Heights
7. JSerra, San Juan Capistrano
8. Big Bear, Big Bear Lake
9. Oaks Christian, Westlake Village
10. La Cañada, La Cañada Flintridge
11. Ocean View, Huntington Beach
12. El Segundo
13. St. Francis, La Cañada Flintridge
14. Burroughs, Ridgecrest
15. Lutheran, Orange
16. Laguna Hills

GIRLS DIVISION 1

1. Great Oak, Temecula
2. Vista Murrieta, Murrieta
3. Saugus, Santa Clarita
4. Mira Costa, Manhattan Beach
5. Quartz Hill, Lancaster
6. Ayala, Chino Hills
7. Yucaipa
8. La Serna, Whittier
9. West Ranch, Stevenson Ranch
10. San Clemente
11. Aliso Niguel, Aliso Viejo
12. Crescenta Valley, La Crescenta
13. Burbank
14. Beckman, Irvine
15. Tesoro, Las Flores
16. Trabuco Hills, Mission Viejo

GIRLS DIVISION 3

1. Brea-Olinda, Brea
2. Palos Verdes, Palos Verdes Estates
3. Torrance
4. South Torrance, Torrance
5. Portola, Irvine
6. Arroyo, El Monte
7. Yorba Linda
8. Agoura, Agoura Hills
9. Oak Park
10. Corona del Mar, Newport Beach
11. Moorpark
12. North Torrance, Torrance
13. La Mirada
14. Dos Pueblos, Goleta
15. Esperanza, Anaheim
16. Buena, Ventura

GIRLS DIVISION 4

1. Foothill Technology, Ventura
2. Covina
3. Lutheran, Orange
4. Laguna Beach
5. El Segundo
6. Mayfield, Pasadena
7. South Pasadena
8. La Cañada, La Cañada Flintridge
9. Costa Mesa
10. Bishop Amat, La Puente
11. JSerra, San Juan Capistrano
12. Burroughs, Ridgecrest
13. Oaks Christian, Westlake Village
14. San Dimas
15. Ocean View, Huntington Beach
16. Laguna Hills

GIRLS DIVISION 5

1. St. Margaret's, San Juan Capistrano
2. Linfield Christian, Temecula
3. Cate, Carpinteria
4. Village Christian, Sunland
5. Xavier College Prep, Palm Desert
6. Sacred Heart of Jesus, Los Angeles
7. Chadwick, Palos Verdes Peninsula
8. Poly, Pasadena
9. Thacher, Ojai
10. Flintridge Prep, La Cañada Flintridge
11. Sage Hill, Newport Beach
12. Academy for Acad. Excellence, Apple Valley
13. Geffen Academy, Los Angeles
14. St. Paul, Santa Fe Springs
15. Vivian Webb, Claremont
16. Westridge, Pasadena



Photo by Dylan Stewart

El Toro's girls (Division 2) came through with a clutch team performance to win top honors at the Orange County Championships at Oak Canyon Park.