Emphasize that safety is first and foremost in your program. Their son’s health is top priority.

Discuss the training your coaches receive (ATAVUS Tackling Certification, Concussion Education, Safety Training, Steroid Education, Strength Training etc.)

Review your pre-season and in-season practice policy (amount of contact, full pads, etc.)

Discuss your heat policy relative to all activities.

Thoroughly review your Concussion Management Policy and protocols, e.g. removed from practice or game, no participation until cleared by Concussion Oversight Team, etc.
• If applicable, discuss your baseline concussion testing program.

• Discuss your helmet and equipment safety standards and procedures (i.e., quality helmets that are certified every year and fitted by a trained professional).

• Discuss the critical importance of a quality mouthpiece (invest in a mouthpiece for better protection).

• Inform them of the safety personnel available at practices and games (physicians, trainers, ambulances, etc.)

• Discuss and review your emergency management plans and protocol concerning major injuries, lightening, etc.

• Emphasize the benefits of playing football (discipline, teamwork, increased focus on academics, etc.).

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