

CIF SOUTHERN SECTION



FALL 2023

Water Polo



SEASON PREVIEW





BRONCO



F-150 RAPTOR



MUSTANG SHELBY



MUSCLES. SPEED. AGILITY. SMARTS.

OUR VEHICLES. OUR ATHLETES.



THE SOUTHERN CALIFORNIA FORD DEALERS
PROUDLY SUPPORT SO CAL HIGH SCHOOL ATHLETICS.



EXPLORER



RANGER



BRONCO SPORT



FROM: Kristine Palle, Assistant Commissioner of Athletics

SUBJECT: **Aquatics Legislation – Certification**

Just a reminder that the following legislation took effect January, 1991:

Section 116033 of the Health and Safety Code reads as follows:

Persons providing aquatic instruction, including, but not limited to, swimming instruction, water safety instruction, water contact activities, and competitive aquatic sports, at a public swimming pool shall possess an American Red Cross Emergency Water Safety Course certificate, or have equivalent qualifications, as determined by the state department. In addition, these persons shall be certified in standard first aid and cardiopulmonary resuscitation (CPR). All of these persons shall meet these qualifications by January 1, 1991. Persons, who only disseminate written materials relating to water safety, are not persons providing aquatic instruction within the meaning of this section.

The requirements of this section shall be waived under either of the following circumstances: (a) when one or more aquatic instructors possessing the American Red Cross Emergency Water Safety Course Certificate or its equivalent are in attendance continuously during periods of aquatic instruction, or (b) when one or more lifeguards meeting the requirements of Section 116028 are in attendance continuously during periods of aquatic instruction.

* * * * *

Please Note: The Emergency Water Safety certificate is no longer offered by the American Red Cross. The legislation above has not been revised, despite numerous requests from water safety people around the State, and it is not clear what the “state department” has established as equivalent qualifications.

It is strongly recommended that all coaches enroll in the Safety Training for Swim Coaches course currently offered by the American Red Cross, as an interim solution to the missing EWS certificate. Not many ARC Chapters offer the class, so you may need to do some investigating to locate one that does.

TO: CIF SOUTHERN SECTION BOYS' WATER POLO COACHES
FROM: KRISTINE PALLE, ASSISTANT COMMISSIONER
DATE: JULY 2023 (updated 10/16/2023)
RE: CIF-SOUTHERN SECTION 2023-24 BOYS' WATER POLO SEASON

The CIF Southern Section has put together this preview to assist schools with their water polo program. The purpose is to improve communications related to CIF Southern Section rules and regulations.

Be advised this is not a complete document; it does not discuss all rules and regulations. Coaches are reminded they need to refer to the Blue Book and to discuss issues with their athletic administration.

Once again, welcome to the 2023-2024 Boys' water polo season!

TABLE OF CONTENTS

Aquatics Legislation – Certification	3
Weekly Top Ten Polls/ Water Polo Advisory Committee	5-6
Official Ball List.....	7
Calendar Dates for 2023-24.....	9
Water Polo Sanctioned Events	9
CIFSSHOME.org Requirements/ Due Dates	10
2022-2024 NFHS Water Polo Rule Changes.....	11
Blue Book Rules - Special Points of Interest.....	13-15
CIF-SS Water Polo Guidelines.....	17-18
Water Polo League Participation.....	20-21
2023-24 ALL CIF Meeting Locations & Guidelines.....	23

***SPECIAL NOTE:* The 2022-24 National Federation Water Polo Rules Book was mailed to your school in August.**

WATER POLO COACHES ADVISORY COMMITTEE

The CIF Southern Section is continuing to utilize the concept of coaches' advisory committees for all sports. The role of the advisory committee may or may not include the following:

- Meetings
- Recommendations for playoffs sites
- Recommendations for procedural change
- Recommendations for rule changes
- Evaluation of sport season
- Assistance to coaches and/or officials organizations
- Communications between coaches and the CIF-SS office
- Management/Supervision at Championship Events

The Coaches Advisory Committee is made up of member coaches and an administrator from the CIF-SS office staff. Coaches selected for the committee provide a cross-section of the organization and are selected based upon geographic, as well as competitive divisions. Should you have suggestions or questions regarding water polo competition, please make use of this excellent channel of communication; it is provided to serve your interests. The committee will meet on a regular basis during the season and your items will become part of our agenda.

WEEKLY TOP TEN POLL

The Southern Section will publish weekly rankings for each of the seven water polo divisions throughout the season. Rankings will be determined from input provided by member school coaches and distributed to over 250 media outlets. Determination of the weekly divisional polls shall be the responsibility of the Water Polo Coaches Advisory Committee members. The CIF-SS office will utilize the rankings as criteria for formulating playoff brackets.

Listed on the next page are the members of the CIF-SS Water Polo Coaches Advisory Committee responsible for notifying the CIF-SS office of the weekly poll. It is important for coaches to report their information at www.cifsshome.org on a daily basis. Please note, this is a coaches' poll and no students or parents are involved. The CIF-SS office will send the coaches' poll as part of our media mailing.

It is important that coaches enter results in CIFSSHome following each game and email poll changing results to the committee members named on the dates (Sundays) listed below:

- | | |
|----------------|--------------------------------------|
| ○ September 10 | ○ October 8 |
| ○ September 17 | ○ October 15 |
| ○ September 24 | ○ October 22 |
| ○ October 1 | ○ Final Poll – Completed: October 27 |
| | Released: October 28 |

The CIF-SS office will be doing eight polls during the season. **Please start your emails on Sunday, September 10th, 2023. The committee members listed on the following page will email the poll results to the CIF Southern Section office on Monday following each of the above dates.**

2023-2024 BOYS WATER POLO COACHES ADVISORY COMMITTEE

DIV	CONTACT	SCHOOL	LEAGUE	EMAIL
1	Brett Ormsby	JSerra	Trinity	brett.ormsby@jserra.org
1	Erik Healy	Loyola	Mission	ehealy@loyolahs.edu
1	Jack Kocur	Oaks Christian	Marmonte	jkocur@oakschristian.org
1	Jon Reichardt	Mira Costa	Bay	jreichardt2001@yahoo.com
1	Ross Sinclair	Newport Harbor	Surf	rsinclair4@gmail.com
1	Kristin Rodriguez	Alta Loma	Palomares	kristin.rodriguez@cjuhsd.net
1	Brian Weatherby	Santa Margarita	Trinity	weatherbyb@smhs.org
2	Kyle Kim-E	Northwood	Pacific Coast	kyle.kime@gmail.com
3	Jan Sakonju	Crescenta Valley	Pacific	jsakonju@gusd.net
3	Matt Flanders	Santa Monica	Bay	mflanders@smmusd.org
3	David Argumosa	Schurr	Almont	argumosa_david@montebello.k12.ca.us
3	Ty Hudson	Yucaipa	Citrus Belt	william_hudson@ycjUSD.us
4	Cody Bell	Upland	Baseline	cody_bell@upland.k12.ca.us
4	Danny Feola	San Dimas	Valle Vista	dfeola103@gmail.com
5	Don Luethke	Western	Orange	luethke_d@@auhsd.us
5	Melissa Fernandez	Ocean View	Golden West	ltrock@yahoo.com
5	Eric Henninger	Garden Grove	Garden Grove	ehenninger@ggusd.us
5	Eric Corona	Kennedy	Empire	corona_e@auhsd.us
6	John Chamberlain	Indian Springs	Mountain Valley	john.chamberlain@sbcusd.k12.ca.us
	Jim Brumm	Consultant		jimbrumm@aol.com
	Don Holbrook	Management		holbrookpolo@verizon.net
	John Montrella	Management		jmontrella@aol.com
	Andrew Gates	Official (SCAF President)		aegman007@aol.com
	Levon Dermenjian	Official		ldermenjian@gmail.com

2023-2024 WATER POLO CALENDAR DATES

First Allowable Contest
Last League Contest

Monday, August 21, 2023
Thursday, October 26, 2023

PLAYOFF DATES - ALL DIVISIONS

Pairings Released – Saturday, October 28, 2023 @ 9:00 a.m.
Playoff Brackets can be found @ www.cifss.org

Wild Card (16 Team Bracket)	Tuesday, October 31
First Round	
32 Team Bracket	Tuesday, October 31
16 Team Bracket	Wednesday, November 1
Second Round	
32 Team Bracket	Thursday, November 2
Quarterfinals Round	Saturday, November 4 (Divisions 1 – 6) Bottom bracket games must be completed by 1:00 pm Upper bracket games must begin at or after 2:00 pm
Semifinal Round (all divisions) <i>Alternate Site required</i>	Wednesday, November 8
Championship Finals (all divisions)	Saturday, November 11

CIF Southern California Boys Regional Championships

Divisions I, II & III November 14, 16, 18, 2023

Visit www.cifstate.org for more information

APPROVED SANCTIONED EVENTS

Please refer to the CIF Southern Section website (www.cifss.org) for the latest Sanctioned Events, as events are updated daily.

Sanctioned Events download directions:

click on **GOVERNANCE TAB**,
click on **SANCTIONED EVENTS**,
select **BOYS WATER POLO**,
click Search

This page will display the most up to date information on
Boys Water Polo Approved Sanctioned Events

CIFSSHOME REQUIREMENTS

SCHEDULES & SCORES Complete your schedule in CIFSSHome prior to your season as well as update scores following each contest

Attention Athletic Directors/Coaches: It is very important that you enter your entire season schedule into CIFSSHOME (www.cifsshome.org) as well as update the scores immediately following your contests.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

- On the left panel, click on "Teams", select "Water Polo, Boys"

To Add a game:

- On the left panel, click on "Events", select "Add Event", choose Game under "Event Type", choose date of game under "Event Date", choose **Water Polo, Boys** under "Sport", choose Varsity under "Level", type the opposing school name in "Add Opponent", choose the type of game under "Select Game Type", click on Home, Away or Neutral under "Location", choose "Start Time"
Click on "Save" to add one game or "Save & Duplicate" for multiple games.

- To Submit your score:


- On the left panel, click on "Teams", select "Teams Manager", scroll down to "**Water Polo, Boys**" and click on VR to add Varsity scores
Click on "Post Result" button, enter your team's score, enter the opponent's score, result should auto populate with either "W", "L" or "T" based on the correct match score entered. If the game was a forfeit, click on the Yes box, enter the set scores in "Notes".

Make sure that your overall and team records are correct on your team page

VARSITY COACHES no later than **WEDNESDAY, OCTOBER 25, 2023**

Attention Athletic Directors/Coaches: It is very important that you enter your Boys Water Polo coaches (Head & Assistants) into CIFSSHome (www.cifsshome.org) no later than **WEDNESDAY, OCTOBER 25, 2023**.


Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the "Users" tab, click on "User Manager", click on the  in the upper right hand corner to add Coaches and Assistant Coaches.
Enter the information requested on the "Add School User" page. Choose "Active" to provide the coach with access to CIFSSHome or "Inactive" for directory purposes only. Choose Yes or No to give the coach access to all sport, click **Submit**.

Choose the applicable options on the Assign Coach to Team page, click Save or Add Another to add additional coach(s).

VARSITY TEAM INFORMATION (TEAM PHOTO) no later than **FRIDAY, NOVEMBER 3, 2023**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the "Teams" tab, click "Teams Manager", click on "Water Polo, Boys", click on the "Team Photo" tab,
Click on the  under "TEAM PICTURE", choose the file, click **Submit**.

AT LARGE APPLICATION – MUST HAVE .500 RECORD OR BETTER AND THERE MUST BE OPENINGS IN THE DRAW

Attention Athletic Directors/ Coaches: Please follow the instructions below to enter your school as an At Large Entry for Boys Water Polo. The At Large Application is to be submitted by your school no later than **THURSDAY, October 26, 2023 @ 11:00 p.m.**

VARSITY TEAM INFORMATION (ROSTERS) no later than **WEDNESDAY, OCTOBER 25, 2023**

Attention Athletic Directors/Coaches: It is very important that you enter your entire Boys Water Polo Varsity roster into CIFSSHome (www.cifsshome.org) no later than **WEDNESDAY, OCTOBER 25, 2023**.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the "Teams" tab, click on "Teams Manager", click on "Water Polo, Boys",  select

You can UPLOAD your roster using the instructions below (1) or you can enter each player one by one (2).

Required roster information for Boys Water Polo is:

First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility

(1) To ADD roster players one by one:


- Click  Add Players One by One on and complete fields required for Boys Water Polo.

(2) To Import a Roster using an Excel sample file:

- Download the [sample file](#) and delete the "contents only".

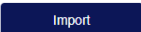
- Copy and paste or type your roster information into the file as the contents and save the file to your computer.

- Only an excel file  can be uploaded that is the exact same format as the sample file.


- Columns for information  not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.

- Required Columns for Boys Water Polo are:

First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility

- Click on to find your file, then click on 

- To confirm the roster has been uploaded, your players' names will be uploaded in the "**Official Roster**" section.

- Click on the  next to the player's name to view each player's information.



OFFICIAL BALL PROGRAM 2023-2024

Official Ball per sport:

Baseball:	Rawlings RCIF-SS	Must be CIFSS/ NOCSAE stamped ball
Boys Basketball:	Wilson NCAA EVO NXT GAME BALL Size 7 (Used in CIF-SS Championship) Wilson EVO NXT Game Basketball Size 7	
Girls Basketball:	Wilson NCAA EVO NXT GAME BALL Size 6 (Used in CIF-SS Championship) Wilson EVO NXT Game Basketball Size 6	
Football:	Wilson GST GAME BALL Wilson GST Prime GAME BALL	
Lacrosse:	Champion Sports NOCSAE Balls	(White LBWNOCSAE, Yellow LBYNOCSAE, Orange LBO, Lime Green LBG)
Soccer:	Wilson NCAA Vivido Match Ball (Used in CIF-SS Championship) Wilson NCAA Veza Match Ball Wilson Forte Fybrid II NCAA Match Soccer Ball (<i>discontinued</i>)	
Softball:	Rawlings FPCIF-SS (Used in CIF-SS Championship)	
Tennis:	Penn ATP World Tour (Used in CIF-SS Championship) Pro Penn Marathon	
Volleyball, Indoor:	Mikasa VFC1000 Series (Used in CIF-SS Championship) Mikasa VQ2000 Series	
Volleyball, Beach:	Wilson NCAA OPTX Game Ball (Used in CIF-SS Championship)	
Boys Water Polo:	KAP7 model 105 with NFHS stamp (Used in CIF-SS Championship)	
Girls Water Polo:	KAP7 model 104 with NFHS stamp (Used in CIF-SS Championship)	

Mandatory Playoff Use Requirement:

The mandatory “official” ball rule for all playoff rounds, excluding golf. The rule applies throughout the conduct of all CIF-SS playoff contests.

***Items in red are used in the final game for the CIF-SS Championships. Any model listed is compliant in CIF-SS post season play.**

Playoff Ball Use Rule Enforcement:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty will carry over to the next season if not enforceable this season due to elimination.

Note: NFHS stamp is required in all sports except in golf, tennis and beach volleyball.



THE OFFICIAL BALL OF



WWW.KAP7.COM

Water Polo Rules Changes – 2022-24

NFHS on June 22, 2022

2-4-4: New language defining hair-control devices and other adornments in the hair that are securely fastened and do not present an increased risk to the player, teammates or opponents are permitted.

Rationale: Clarifies adornments such as beads can be worn in the hair and aligns language with other NFHS rules codes.

2-4-8: For religious reasons, uniforms providing full-body coverage are permitted. The suit must meet the requirements of 2-4 NOTE

and 2-4-6. If a competitor's suit does not meet rule specifications, the referee must notify the state association following the completion of the contest.

Rationale: Eliminates the need for state association to authorize, per individual, in writing the use of suits providing full body coverage.

4-19: New section provides examples describing how the ball can be put into play.

Rationale: The addition of this definition will further clarify methods of putting the ball into play.

6-9, 7-21: New language clearly delineates the difference between offensive and defensive impeding, and clarifies the individual penalties associated with each.

Rationale: Because offensive and defensive impeding result in separate penalties, these actions require separate definitions in the rules book.

2022-24 WATER POLO EDITORIAL CHANGES

1-2-2, 1-4-2, 1-6-4, 1-12-1, 1-13-2, 2-1-1, 2-2-2, 2-6-1, 3-2-2, 3-6-4, 3-6-5, 3-8, 3-11-3, 3-12-3, 3-17-1, 3-18-2, 4-21-2d, 4-21-5g, 4-25, 5-2, 5-10-1, 5-13-1 NOTE, 6-5-2, 6-8, 6-8 NOTE, 6-17, 7-3-13, 7-10, 7-12-4, 7-13-3, 7-13-4, 7-14-2, 7-21, 8-3, 8-9, 9-1, 10-1

2022-24 WATER POLO POINTS OF EMPHASIS

1. Sportsmanship
2. Making Good Use of Time-outs
3. Putting the Ball in Play
4. Suit Coverage



UNITED WE STAND
Together, for California.

California Correctional Peace Officers Association

BLUE BOOK RULES - SPECIAL POINTS OF INTEREST

RULE 125.1 COACH EJECTION - Upon the ejection of a coach from any CIF Southern Section contest, it is the responsibility of the principal of said school to file a letter of explanation with the CIF Southern Section Office which includes the circumstances surrounding the matter and what action the principal has taken to prevent a recurrence. Said correspondence is to be filed within THREE school days of notification of the ejection. ADDITIONALLY, UPON EJECTION, THE EJECTED COACH SHALL BE DISQUALIFIED FROM PARTICIPATING IN THE REMAINDER OF THE GAME AND WILL BE INELIGIBLE FOR THE TEAM'S NEXT CONTEST. A SECOND EJECTION WILL CONSTITUTE A TWO CONTEST SUSPENSION AND A THIRD EJECTION WILL CAUSE SUSPENSION FOR THE REMAINDER OF THE SEASON.

RULE 125.2 FAILURE TO COMPLETE A CONTEST - When a school fails to complete a contest, due to a coach pulling his/her team from the floor, court or field, it is MANDATORY that the CIF Southern Section Office be notified by the principal within 24 hours (excluding holidays and weekends). The competing schools and officials will be required to file written reports, and after review of the aforementioned material, the principal of the school involved will be required to respond to the CIF Southern Section Office concerning his/her investigation of the incident.

QUESTION: How serious is such action?

ANSWER: It has been the position of the CIF Southern Section Executive Committee to expect the building principal of the school concerned to relieve the coach from his/her assignment for the balance of that season or the Executive Committee is empowered to consider recommendations for additional penalties.

QUESTION: What if the head coach is red carded and there is not an assistant coach on the bench?

*ANSWER: A district/school employee that holds **ALL coaching certifications** ("Coaches Education Training", CPR, First Aid, Sudden Cardiac Arrest, Concussion Training and anything else required by the district/school board specifically for coaches) may supervise the remainder of the game. If there is not a person holding the aforementioned credentials, the game will be terminated at that point). Teachers, administrators and other district personnel cannot fill this role unless they hold ALL necessary coaching certifications.*

RULE 514 - TOBACCO PRODUCTS PROHIBITED

The use of tobacco products in conjunction with any CIF Southern Section athletic contest is prohibited. This would include all those involved in the contest including players, coaches and officials.

RULE 1223 - SUMMERTIME RULES

1223.1 With the exception of the summer dead period, until the beginning of the first official starting date for fall sports, there shall be no restriction on high school coaches working with high school students registered and/or attending their respective high school or entering them in summer competition, provided approval is received from the school principal.

QUESTION: Who may participate in high school summer athletic programs approved by the principal?

ANSWER: Only students registered for the upcoming school year in grades 9 through 12. Additionally, it would be a violation to allow elementary students (8th grade and below) to participate with the high school team. For students enrolled in more than one school, all summer practice and competition must be confined to one school.

1223.2 High schools may sponsor sport camps and/or allow non-school sponsored sport camps to use their facilities.

- * High school students and individuals from the general community can attend.
- * The high school name, nickname and identifying marks can be used in the title and/or promotion of the camp.
- * The principal of the high school must give permission for the camp to take place; non-school sponsored camps must secure a facility permit for use of any facilities and equipment.
- * The camp must comply with all CIF rules, including those pertaining to undue influence and dead period.

* Non-school sponsored camps should provide required liability insurance for the use of any school facilities.

1223.3 A summer dead period must be declared by the school district and/or principal for all sports. The dates of the dead period must be forwarded to the Southern Section Commissioner. The dead period must be the same for all sports all levels and must be two (2) consecutive weeks, fourteen (14) days between the end of school in the spring and the first day of school in the Fall. No class could be offered which could circumvent the rule. There are no exceptions to the summer dead period.

During the dead period, NO weight lifting would be permitted. No running or other type of conditioning would be allowed. No coordinated workouts by ANY staff or volunteer member associated with the school are allowed.

Special nationally recognized programs in various sports that require a national or regional championship format, such as Bobby Sox Softball, American Legion or Mickey Mantle Baseball, Junior Olympics, etc., would be allowed to continue, until completion, during the dead period

RULE 503 - PLAYER CONDUCT RULE

Player:

A player who is ejected from a contest (for reasons other than fighting or leaving the bench area during a fight) shall be ineligible to participate in the remainder of that contest (event) and his or her team's future contest (s) as outlined below:

First Ejection: Player is ineligible to participate in the team's next contest. Player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the team's next contest. If the ejection occurs in the last game of the season, the player would be ineligible for the team's first contest the following season. If the player is a senior, he or she would be ineligible for the first contest of their next season of sport.

Second Ejection: Player is ineligible to participate in the team's next three (3) contests. Player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the team's next three (3) contests. If the season concludes prior to the player serving the three (3) contests suspension, he or she would be ineligible for the number of contests remaining on the suspension for the team's following season. If the player is a senior, he or she would be ineligible for the number of contests remaining on the suspension for their next season of sport.

Third Ejection: Player is ineligible to participate for the remainder of that season. Player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the team's remaining contest that season. If there are six (6) or fewer contests remaining in the season, the player would be ineligible for up to six (6) contests for the team's following season as determined by the CIF Section Commissioner with jurisdiction in the matter. If the player is a senior, he or she would be ineligible for up to six (6) contests for the next season of sport as determined by the CIF Section Commissioner with jurisdiction in the matter.

A player who is ejected from a contest for fighting or leaving the bench area during a fight* shall be ineligible to participate in the remainder of that contest and his or her team's future contests as outlined below:

RULE 503 - PLAYER CONDUCT RULE continued

First Ejection: Player (Fighting/Assaultive Behavior/Gross Unsportsmanlike Conduct) is ineligible to participate in the team's next three (3) to six (6) contests as determined by the CIF Section Commissioner with jurisdiction in the matter. Player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the duration of the suspension. If the season concludes prior to the player serving the full suspension, he or she would be ineligible for the number of contests remaining on the suspension for the team's following season. If the player is a senior, he or she would be ineligible for the number of contests remaining on the suspension for their next season of sport. *NFHS Rules indicate automatic one game suspension for leaving the bench.

Second Ejection: Player is ineligible to participate for the remainder of that season. Player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the team's remaining contests that season. If there are six (6) or fewer contests remaining in the season, the player would be ineligible for up to six (6) contests for the team's following season as determined by the CIF Section Commissioner with jurisdiction in the matter. If the player is a senior, he or she would be ineligible for up to six (6) contests for their next season of sport as determined by the CIF Section Commissioner with jurisdiction in the matter.

QUESTION: What happens when a student engages in Fighting/Assaultive Behavior during an athletic contest that is not observed by game officials?

ANSWER: In cases when a student engages in Fighting/Assaultive Behavior that is not observed by game officials, it is the expectation of the CIF Southern Section Executive Committee that the building principal of the school involved will impose a minimum one-game suspension for the students who commit such offenses.

RULE 1224 - LEVEL OF COMPETITION

No student shall participate in more the ONE level of competition in the same sport in the same day.

RULE 3301 - OFFICIAL NATIONAL FEDERATION AUTHENTICATING MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, soccer, softball, volleyball and water polo. (February 1999 Federated Council; revised to include lacrosse November 2000 Federated Council.)

RULE 3510 - FREE LANCE PLAYOFF ENTRY VERIFICATION

If a school does not have membership in a league or the school belongs to a league which does not offer students in a given sport an opportunity to qualify into CIF Southern Section championships, special conditions exist which must be followed in order to qualify for possible entry into a CIF Southern Section playoff activity. ****You must apply for Freelance consideration at the beginning of the season.***

3510.1 Team Sports - All free lance schools desiring entry into the playoffs must submit schedules to the Commissioner for evaluation and approval of conditions under which the team may qualify. Schedules must be submitted prior to the start of each season for evaluation.

Q & A - How can a freelance team qualify for CIF playoff consideration?

You must schedule 80% of allowable games per sport and they must be at the varsity level, and in order to be considered for the playoffs, the school must have a .500 or better record in all contests played and there must be openings in the bracket. Additionally, teams that win 80% of their contests played will be guaranteed entry. (Except football



THE BEST USE THE BEST

GATORADE



CIF-SS WATER POLO GUIDELINES

The Following points of emphasis should be reviewed by coaches, staff and players regarding CIF Southern Section rules and regulations as published in the CIF-SS Blue Book. This list is not all-inclusive; it highlights key areas.

MAXIMUM TEAM CONTESTS

1. A water polo team is permitted to play no more than twenty (28) contests during the season. One game scheduled with alumni and/or faculty will not count toward the allowable number of contests.
2. A team may play three regular games in one day in a tournament on a non-school day, provided one hour has elapsed between the finish of one contest and the beginning of the next contest.

END OF COMPETITION

All league competition for entries must end on or before the Thursday prior to the first playoff date. Schools may compete until Saturday in non-league contests and/or tournament play. **LEAGUE ENTRIES ARE DUE AT 11:00 P.M. ON THURSDAY EVENING, ANY COMPETITION TAKING PLACE AFTER ENTRIES ARE DUE WILL NOT BE CONSIDERED IN THE SEEDINGS.**

TOURNAMENTS

For those schools hosting sanctioned events, please review the 700 series. In particular, please be aware all sanctioned events are to be administered by the sanctioning school and not administered by outside groups. The interpretation is that all entry fees must be handled through student-body funds under the administration of the principal of that school.

LENGTH OF QUARTERS

The length of quarters for water polo games shall be seven minutes for varsity games, six minutes for non varsity. Schools can mutually agree to shorten games. (Approved April 2002, CIF-SS Council)

GAME BALL

The KAP7 105 NFHS is the official boys' water polo ball of the CIF Southern Section and must have the NFHS authenticating mark stamped on it. **The KAP 105 NFHS ball must be used in all playoff games.**

OUTSIDE COMPETITION BY AN INDIVIDUAL DURING THE SEASON OF SPORT

A member of a high school water polo team may not, during his season of sport, compete for an outside team in the sport of water polo. A season of sport (see CIF-SS Blue Book Rule 504) is defined as that period which begins with a student's first interscholastic competition (non-league, tournament or league game) and ends with that student's last interscholastic contest (tournament, non-league or CIF-SS playoff game). If an athlete has been selected for an ODP event/ tournament, permission must be obtained by the association office prior to the event.

SCOUTING PROHIBITION - PRACTICE SESSION

Scouting of any type that would include personal viewing, written notes, audio tape, motion pictures, video reproduction and/or any other type of reproduction such as still pictures, etc., shall not be taken in any sport of a member school's practice sessions by anyone without written consent of the participating school(s). An interscholastic scrimmage is not subject to this rule.

Q & A - What is allowed with regard to scouting a contest?

There will be NO restrictions on the part of member schools regarding the filming/video-taping of any contest. Host schools will maintain game management rights and responsibilities.

OFFICIALS

It is required that:

1. When contacted by the official at least 24 hours in advanced, the host school will have available someone who will handle the needs of the officials assigned to the contest. This should include but not be limited to facility orientation, locker room assignment and parking.
2. The officials' locker rooms are open at half-time and immediately after the game.
3. At the completion of the contest, the officials' locker and dressing facilities remain secured for at least 20 minutes. Coaches and other school officials should not enter an officials' dressing area for the purpose of complaints.
4. Coaches should not approach or confront the officials at the completion of a contest.
5. Coaches and school officials should not make public statements to the news media criticizing officials.
6. School officials must be alert to potential problem situations and provide security for officials to and from their dressing facilities and to the parking area after the contest when necessary.
7. Athletic administrators convey to the coaching staff that any problems regarding officiating be handled first through the Area Officials' Liaison and second by the CIF-Southern Section Office, if it is serious in nature.
8. A representative from the host school shall handle financial matters prior to the start of the contest.
9. The participating schools should enforce the principles of Pursuing Victory with Honor and the education code with regards to fan and spectator behavior. Schools are strongly encouraged to remove and sanction any spectator who engages in abusive verbal or physical behavior or who uses profanity.
10. Schools not in compliance with numbers 1-9 will be reported to their Area Liaison by the officials association within five (5) school days. Regardless of the infraction, the contest will be played.

JL CUSTOM JACKETS

Official CIF Licensed Patch
& Jacket Manufacturer



LETTERMAN JACKET SPECIAL \$339.00

WOOL BODY WITH LEATHER SLEEVES AND POCKETS	VARSITY LETTER SEWN ON FRONT	MAKE AND SEW ON UP TO 3 SPORT EMBLEMS
EMBROIDER FIRST NAME, SCHOOL NAME, MASCOT NAME AND 1 SPORT ONTO THE FRONT		CUSTOM GRADUATING YEAR IN CHENILLE MATERIAL



You can design and purchase your own custom patches on our website.



To Order Call:

(951) 867-3200

or visit us on the web:

www.jlcustomjackets.com

7161 Old 215 Frontage Road, Moreno Valley, CA

Fax (951) 867-3277

EXCLUSIVE
DISTRIBUTOR FOR
ALL
CHAMPIONS
FINALISTS
RUNNER-UP &
ALL CIF Patches

15 Business Day Turnaround Time for All Patch Orders
6 - 8 Week Turnaround Time for All New Jacket Orders

* Prices subject to change without notice disclaimer

BOYS WATER POLO 2023-2024 LEAGUES/SCHOOLS/DIVISIONS

LEAGUE	DIV	LEAGUE	DIV	LEAGUE	DIV	LEAGUE	DIV
2 605		2 CITRUS COAST		3 GARDEN GROVE		3 MONTVIEW	
Artesia	6	Carpinteria	2	Bolsa Grande	6	Edgewood	6
Cerritos	6	Channel Islands	6	La Quinta/ Westminster	5	La Puente	TBD
Pioneer	6	Hueneme	6	Loara	6	Nogales	6
Whitney	5	Nordhoff	5	Los Amigos	4	Sierra Vista	6
				Rancho Alamitos	6	Webb	5
						Workman	6
3 ALMONT		3 COASTAL CANYON		3 GATEWAY		3 MOORE	
Alhambra	6	Camarillo	2	Downey	3	Cabrillo/ Long Beach	5
Bell Gardens	6	Moorpark	5	Gahr	6	Jordan	6
Mark Keppel	5	Oak Park	TBD	La Mirada	6	Lakewood	5
Montebello	6	Royal	5	Paramount	5	Millikan	4
Schurr	3	Thousand Oaks	4	Warren	5	Poly/Long Beach	2
						Wilson/Long Beach	1
3 BASELINE		2 CRESTVIEW		3 GOLDEN WEST		3 MOUNTAIN PASS	
Chino Hills	2	Brea Olinda	2	Garden Grove	5	Banning	6
Damien	1	El Dorado	2	Godinez	6	Liberty/Winchester	5
Etiwanda	3	Foothill/Santa Ana	1	Katella	5	San Jacinto	6
Los Osos	2	Yorba Linda	3	Ocean View	5	Tahquitz	5
Rancho Cucamonga	2			Segerstrom	5	West Valley	6
Upland	4	3 DEL RIO		Westminster	4		
		California	4				
3 BAY		El Rancho	5	3 HACIENDA		2 MOUNTAIN VLY	
Culver City	5	La Serna	1	Diamond Bar	4	Indian Springs	6
Mira Costa	1	Santa Fe	6	Los Altos/HH	4	Jurupa Valley	5
Palos Verdes	1	Whittier	5	Rowland	5	Pacific	6
Peninsula	4			Walnut	3	San Bernardino	6
Redondo Union	2	4 DESERT EMPIRE		Wilson/ HH	6		
Santa Monica	3	Cathedral City	5				
		Indio	6	2 IVY		3 MT. BALDY	
3 BIG VIII		La Quinta/La Quinta	5	Elsinore	3	Baldwin Park	6
Centennial/Corona	4	Palm Desert	2	Poly/ Riverside	2	Chaffey	6
Corona	4	Palm Springs	5	Temescal Canyon	4	Chino	5
King, Martin Luther	3	Rancho Mirage	6	Valley View	3	Don Lugo	4
Norco	5	Shadow Hills	5			Montclair	6
Roosevelt, Eleanor	3	Xavier Prep	4			Ontario	5
Santiago/Corona	2			3 MARMONTE			
		3 EMPIRE		Agoura	3	2 NORTH HILLS	
4 CHANNEL		Crean Lutheran	2	Calabasas	4	Canyon/Anaheim	3
Buena	2	Cypress	4	Newbury Park	2	El Modena	4
Dos Pueblos	2	Kennedy/La Palma	5	Oaks Christian	1	Esperanza	4
Oxnard	4	Pacifica/GG	4	Westlake	1	Villa Park	2
Pacifica/Oxnard	5	Tustin	4				
Rio Mesa	3	Valencia/Placentia	4	3 MISSION		3 ORANGE	
San Marcos	2			Aleman	TBD	Anaheim	6
Santa Barbara	2	3 FREEWAY		Crespi	2	Magnolia	6
Ventura	2	Buena Park	4	Harvard Westlake	1	Santa Ana Valley	6
		Fullerton	3	Loyola	1	Savanna	5
3 CITRUS BELT		La Habra	4	Notre Dame/SO	3	Western	5
Beaumont	5	Sonora	4	St. Francis	3		
Cajon	5	Sunny Hills	4				
Citrus Valley	3	Troy	1				
Redlands	3						
Redlands East Valley	2						
Yucaipa	3						

updated 8/29/23

<u>LEAGUE</u>	<u>DIV</u>	<u>LEAGUE</u>	<u>DIV</u>	<u>LEAGUE</u>	<u>DIV</u>	<u>LEAGUE</u>	<u>DIV</u>
3 ORANGE COAST		3 PREP		3 SOUTHWESTERN		2 WAVE	
Costa Mesa	2	Brentwood	4	Chaparral	2	Corona del Mar	1
Estancia	4	Chadwick	2	Great Oak	4	Edison	2
Orange	6	Flintridge Prep	3	Murrieta Mesa	5	Fountain Valley	3
Saddleback	5	La Salle	5	Murrieta Valley	3	Marina	3
Santa Ana	5	Poly/Pasadena	3	Temecula Valley	4		
				Vista Murrieta	3		
4 PACIFIC		3 RIO HONDO		3 SUNBELT		FREELANCE	
Arcadia	2	La Canada	4	Canyon Springs	6		
Burbank	2	Monrovia	5	Hemet	4		
Burroughs/Burbank	3	San Marino	3	Lakeside/Lake Elsinore	5		
Crescenta Valley	3	South Pasadena	4	Moreno Valley	6		
Glendale	3	Temple City	3	North, J.W	5		
Hoover/Glendale	4			Paloma Valley	5		
Muir	4	3 RIVER VALLEY					
Pasadena	5	Arlington	3	2 SURF			
		Hillcrest	6	Huntington Beach	1		
4 PACIFIC COAST		La Sierra	6	Laguna Beach	1		
Beckman, Arnold	2	Norte Vista	6	Los Alamitos	1		
Irvine	2	Patriot	6	Newport Harbor	1		
Laguna Hills	4	Ramona	5				
Northwood	2			3 TRI-VALLEY			
Portola	2	4 SAN ANDREAS		Bishop Diego	5		
Sage Hill	3	Arroyo Valley	5	Cate	5		
University	3	Carter	TBD	Foothill Technology	3		
Woodbridge	4	Eisenhower	6	Malibu	4		
		Fontana	4	Villanova Prep	5		
3 PALOMARES		Granite Hills/AV	6				
Alta Loma	1	Notre Dame/Riverside	3	3 TRINITY			
Ayala, Ruben	5	San Geronio	6	JSerra	1		
Bonita	4	Summit	6	Lutheran/ Orange	1		
Claremont	2			Mater Dei	1		
Colony	5	2 SEA VIEW		Santa Margarita	1		
Glendora	3	Aliso Niguel	1	Servite	1		
		Mission Viejo	3	St. John Bosco	3		
3 PIONEER		Tesoro	3				
Beverly Hills	5	Trabuco Hills	4	2 VALLE VISTA			
El Segundo	3			Cathedral	5		
North Torrance	6	3 SOUTH COAST		Charter Oak	4		
South Torrance	4	Capistrano Valley	2	San Dimas	4		
Torrance	5	Dana Hills	2	West Covina	5		
West Torrance	5	El Toro	3				
		San Clemente	1				
		San Juan Hills	2				

*The newly formed "Open" Division will be the top 8 teams and may come from teams in any division. The top 8 teams selected to the Open Division will be finalized during the playoff seeding meeting on **October 27, 2023**.*

When pain gets in the way of doing what you love ...

Trust the experts at Hoag & Hoag Orthopedic Institute
Sports Medicine to get you back on the field.

Hoag & Hoag Orthopedic Institute Sports Medicine are proud
to be the Official Orthopedic & Sports Medicine Partner of the
CIF Southern Section.

hoag.

Hoag
Orthopedic
Institute



Sports Medicine



© 2023, Hoag is a registered trademark of Hoag Memorial Hospital Presbyterian. All Rights Reserved.