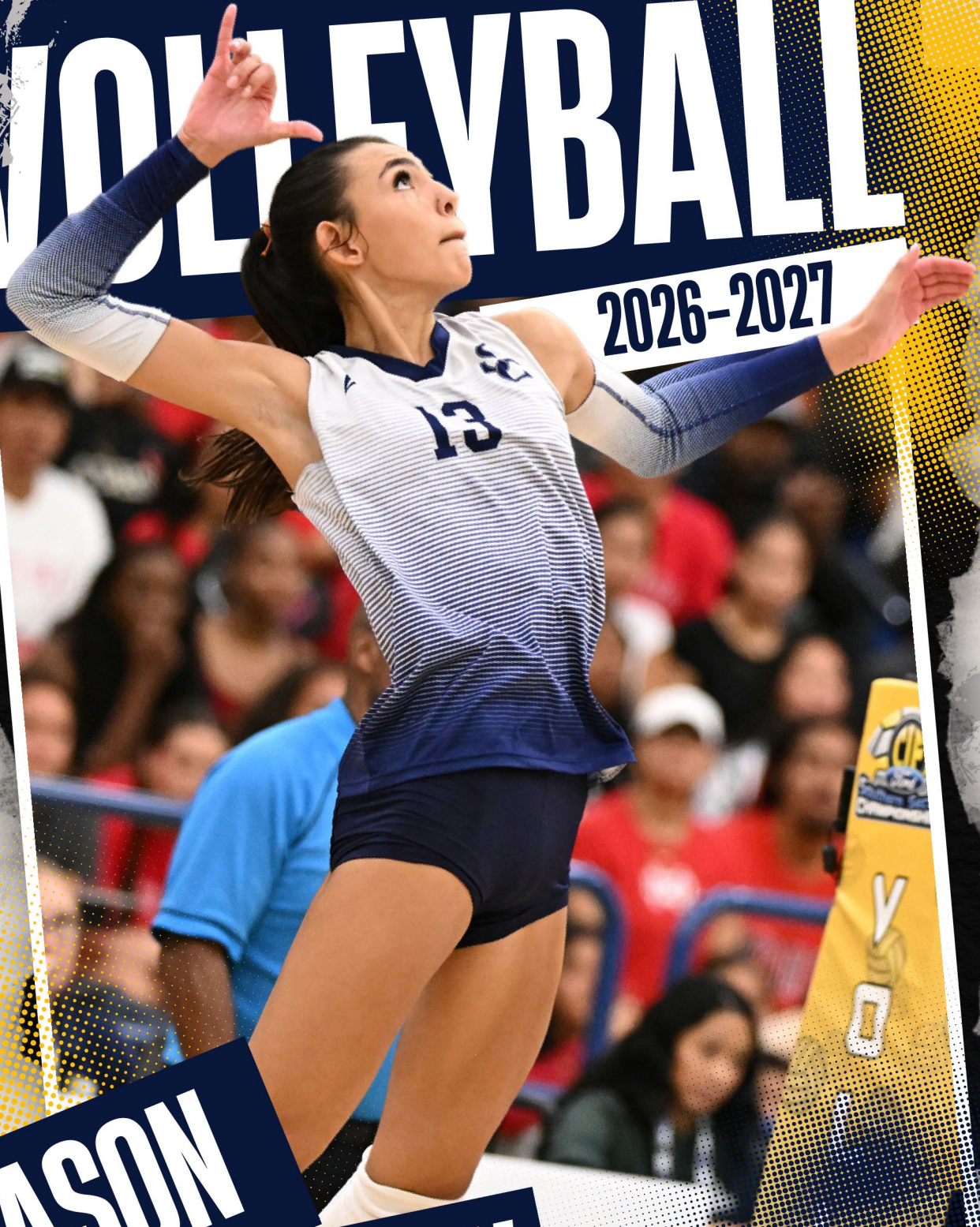


CIF SOUTHERN SECTION



VOLLEYBALL

2026-2027



**SEASON
PREVIEW**





F-150

Mustang Mach-E

Bronco

Explorer

Our vehicles. Your athletes.

The Southern California Ford Dealers proudly support SoCal High School Athletics.





GIRLS VOLLEYBALL SEASON PREVIEW

DATE: June 2026
TO: CIF-SS GIRLS VOLLEYBALL COACHES
FROM: MIKE MIDDLEBROOK, ASSISTANT COMMISSIONER
RE: **2026-2027 GIRLS VOLLEYBALL SEASON**

WELCOME TO THE 2026-2027 GIRLS VOLLEYBALL SEASON!

The Girls' Volleyball Packet has been prepared to assist you in the organization of your school's Girls' Volleyball program. The enclosed information is important for preparing for the upcoming season. Please share this information with your assistant coaches.

TABLE OF CONTENTS

Calendar Dates.....	4
Sanctioned Events / In-Season Rankings.....	5
CIFSSHOME.org Requirements	7
2026-2027 Advisory Committee Members.....	8
2026-2027 CIFSS Official Ball Program.....	9
2026-2027 NFHS Volleyball Rules Changes / Points of Emphasis.....	11
2026-2027 Blue Book Rules	
General.....	15
Volleyball.....	16
2026-2027 Girls Volleyball Leagues	17
Sport Specific Information	
CIFSS Volleyball Line Up Sheet/Scorekeeping.....	21
ALL-CIF Information.....	22
Record Book.....	24
Health & Safety	26
CIF-SS Approved Pass Gate Cards.....	28

CALENDAR DATES – GIRLS VOLLEYBALL

FIRST CONTEST	SATURDAY, AUGUST 8, 2026 The initial date on which a school may schedule and conduct an interscholastic contest under all CIF bylaws.
SCRIMMAGES	MAXIMUM 2 SCRIMMAGES ALLOWED Must be played on or after August 8, 2026, and before the first contest. Once the first official contest is played, scrimmages are no longer allowed.
SIT OUT PERIOD	TUESDAY, SEPTEMBER 12, 2026 *Note: this date could be adjusted or different for each individual due to the date of enrollment at the new school. Check the “transfer decision” date for accurate information at www.cifss.org.
LAST CONTEST	WEDNESDAY, OCTOBER 14, 2026 All competitions (league / non-league) MUST end on or before this date.
MAXIMUM CONTACTS	The allowable number of contests is: 28 The allowable number of tournaments is: 3 1 Day Tournament counts as: (2) contacts 2 Day Tournament counts as: (3) contacts 3 Day Tournaments count as: (4) contacts 4 Day Tournaments count as: (5) contacts One Set contests (contacts) should NOT be entered on your schedule. Those types of events are not official matches as defined by NFHS Rule 1, Section 2, Article 1. Matches that are 2 (two) sets should be entered. Those are entered because, in a best-of-3 sets, we have a winner by a score of 2–0. If there is a tie at 1 set apiece, a tie can be recorded.
PLAYOFF DATES	October 20, 1st Round (Divisions 2,4,6,8,10) October 21, 1st Round (Divisions 1,3,5,7,9,11) October 22, 2nd Round (Divisions 2,4,6,8,10) October 24, 2nd Round (Divisions 1,3,5,7,9, 11) October 28, Quarterfinals (All Divisions) October 31, Semifinals (All Divisions) Dates subject to change due to bracket size. The size of the bracket for all Divisions (8, 16, 24, or 32-team) will not be determined until the end of the regular season.

CIFSS FINALS SO. CAL REGIONALS STATE FINALS	NOVEMBER 5 - 7, 2026 NOVEMBER 10 - 17, 2026 NOVEMBER 20 – 21, 2026
--	--

APPROVED SANCTIONED EVENTS

Please refer to the CIF Southern Section website (www.cifss.org) for the latest Sanctioned Events, as events are updated daily.

Sanctioned Events download directions:

click on *GOVERNANCE TAB*

click on *SANCTIONED EVENTS*

select *VOLLEYBALL, GIRLS*

click *SEARCH*

This page will display the most up-to-date information on:

Girls Volleyball Approved Sanctioned Events

IN-SEASON RANKINGS

With the passage of the competitive equity playoff system in January 2024 and the changes to Bylaws 3519 and 3520, a weekly Top 10 poll will no longer be necessary. The playoff divisions will be created at the end of the regular season based on the current year's data.

It is **IMPERATIVE** that COACHES enter their full schedule and record results constantly throughout the season. Member schools that fail to accurately enter complete regular season results into the CIFSSHome system will not be placed into a playoff division and will be **INELIGIBLE** to participate in the Southern Section Championship playoffs.

For this season, the Massey Ratings System will continue to be used to provide our overall team rankings. The Massey Rating System was selected because it “connects” multiple teams via an equation. As more games are played, eventually each team is connected to every other team through some chain of games. These final team rankings will then be used to create our 10 playoff divisions for girls’ volleyball. All matches that are best 2 out of 3 or 3 out of 5 sets will be used to create a team’s final overall rating. The overall team rating is a merit-based quantity, the result of applying a Bayesian win-loss correction to the power ratings.

Final power rankings and divisional placements will be determined and released at the end of the current regular season. Seeding for all playoff brackets in each division will follow the final power rankings in the division, regardless of league affiliation or league finish. For example, in the First Round, the #1 seed, determined by the final power rankings for that division, will play #32, the #2

seed will play #31, etc., in a 32-team bracket. The higher-seeded team will host the First-Round contest, and then CIF Southern Section Bylaw 3504, Host Team After the First Round, will be followed for all subsequent contests.

The size of the bracket will be determined at the end of the regular season.

One Set contests (contacts) should NOT be entered on your schedule. Those types of events are not official matches as defined by NFHS Rule 1, Section 2, Article 1.

Matches that are 2 (two) sets should be entered. Those are entered because in a best-of-3 sets series, we have a winner by a score of 2–0. If there is a tie at 1 set apiece, a tie can be recorded.

At the halfway point of the season and then each week that follows until the end of the regular season on Wednesday, October 14th, we will post in-season rankings of all Southern Section teams participating in girls' volleyball.

Posting dates are:

- Tuesday, September 8
- Tuesday, September 22
- Tuesday, October 6
- Friday, October 16 (final)

CIFSSHOME REQUIREMENTS

SCHEDULES & SCORES Complete your schedule in CIFSSHome prior to your season as well as update scores

following each contest

Attention Athletic Directors/Coaches: It is very important that you enter your entire season schedule into CIFSSHOME (www.cifsshome.org) as well as update the scores immediately following your contests.

Log in @ www.cifsshome.org (If you do not have a login and password as a coach, check with your Athletic Director). Once you are logged in:

To Add a game:

- On the left panel, click on "Events", select "Add Event", choose Game under "Event Type", choose date of game under "Event Date", choose **Volleyball, Girls** under "Sport", choose Varsity under "Level", type the opposing school name in "Add Opponent", choose the type of game under "Select Game Type", click on Home, Away or Neutral under "Location", choose "Start Time" Click on "Save" to add one game or "Save & Duplicate" for multiple games.

To Submit your score:

- On the left panel, click on "Teams", select "Teams Manager", scroll down to **Volleyball, Girls**, and click on VR to add Varsity scores. Click on the "Post Result" button, enter your team's score, and enter the opponent's score; the result should auto-populate with either "W", "L", or "T" based on the correct match score entered. If the game was a forfeit, click on the Yes box and enter the set scores in "Notes".

Make sure that your overall and team records are correct on your team page

VARSITY COACHES

Attention Athletic Directors/Coaches: It is very important that you enter your Girls Volleyball coaches (Head & Assistants) into CIFSSHome (www.cifsshome.org) no later than **Wednesday, October 14**.

Log in @ www.cifsshome.org (If you do not have a login and password as a coach, check with your Athletic Director).

- Click on the "Users" tab, click on "User Manager", and click in  the upper right-hand corner to add Coaches and Assistant Coaches. Enter the information requested on the "Add School User" page. Choose Active to provide the coach with access to CIFSSHome or Inactive for directory purposes only. Choose Yes or No to give the coach access to all sport, click **Submit**. Choose the applicable options on the Assign Coach to Team page, click Save or Add Another to add additional coach(s).

VARSITY TEAM INFORMATION (TEAM PHOTO)

Attention Athletic Directors/Coaches: It is very important that you enter your Girls Volleyball team photo into CIFSSHome (www.cifsshome.org) no later than **Wednesday, October 14**.

Log in @ www.cifsshome.org (If you do not have a login & password as a coach, check with your Athletic Director).

- Click on the "Teams" tab, click "Teams Manager", click on "Volleyball, Girls", click on the "Team Photo" tab,

Click on the  under "TEAM PICTURE", choose the file, click **Submit**.

VARSITY TEAM INFORMATION (ROSTERS)

Attention Athletic Directors/Coaches: It is very important that you enter your entire Girls Volleyball Varsity roster into CIFSSHome (www.cifsshome.org) no later than **Wednesday, October 14**.

Log in @ www.cifsshome.org (If you do not have a login and password as a coach, check with your Athletic Director).

- Click on the "Teams" tab, click on "Teams Manager", click on "Volleyball, Girls", select  You can UPLOAD your roster using the instructions below (1) or you can enter each player one by one (2).

Required roster information for Girls Volleyball is:

First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility

(1) To ADD roster players one by one:

- Click on  and complete the fields required for Girls Volleyball.

(2) To Import a Roster using an Excel sample file:

- Download the [sample file](#) **and** delete the “contents only”.
- Copy and paste or type your roster information into the file as the contents and save the file to your computer.
- Only an Excel file (**xls**) can be uploaded that is the exact same format as the sample file.
- Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.

- Required Columns for Girls Volleyball are:

First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility

- Click on  to find your file, then click on .
- To confirm the roster has been uploaded, your players’ names will be uploaded in the “**Official Roster**” section.
- Click on  the next to the player’s name to view each player’s information.

AT LARGE APPLICATION – MUST HAVE .500 RECORD OR BETTER

Attention Athletic Directors/ Coaches: Please follow the instructions below to enter your school as an At Large Entry for Girls Volleyball. The At Large Application is to be submitted by your school no later than **WEDNESDAY, October 14th @ 6:00 P.M.**

Log in @ www.cifsshhome.org (If you do not have a login and password as a coach, check with your Athletic Director).

Once you are logged in:

- On the left panel, click on the “Forms” tab and select “At Large Petition”
- Select “**Boys Volleyball**” from the drop-down menu, then click “Add”

Please be sure that your Schedule is updated in CIFSSHome, as this is where the information for the At Large Petition will be created.

2026-2027 ADVISORY COMMITTEE MEMBERS

Mike Wadley	Lakewood / Moore	MWadley@lbschools.net
Dave Huber	Los Alamitos / Sunset	dhuber@losal.org
Ed Taitano	Vista Murrieta / Southwestern	etaitano@murrieta.k12.ca.us
Gus Culver	El Toro / Sea View	culverg@svusd.org
Courtney Krueger	Santiago / Big VIII	ckrueger@cnusd.k12.ca.us

Liane Sato	Santa Monica / Ocean	Lsato@smmusd.org
George Hees	Newbury Park / Marmonte	mrhees@hotmail.com
Patrick Casey	Oxnard / Channel	patrick.casey@oxnardunion.org
Bernie Wendling	At-Large Representative	b.wendvb@gmail.com
Cindy Gurney	At-Large Representative	vbgurney@yahoo.com
Margaret Neill	At-Large Representative	mneill@paracletehs.org
Dillan Bennett	Bishop Diego / Tri Valley Ath Assoc	dbennett@bishopdiego.org
Jeff Porter	SCVOA / Marymount HS	bionvbguy@yahoo.com
Joe Schnake	Centennial/Corona / Big VIII	joeschnake@gmail.com
Rene Nakao-Mauch	Nordhoff / Citrus Coast	rnakaomauch@ojaiusd.org
Darcy Brown	Santa Clarita Chr. / Heritage	ibvbski@aol.com
Eric Graham	Portola / Pacific Hills	ericgraham@iusd.org
Frankie Perales	Garden Grove / Golden West	frankiep22c@aol.com
Cory Sumrall	San Jacinto / Mountain Pass	csumrall@sanjacinto.k12.ca.us
Mary Starbuck	At-Large Representative	bucky27hb@aol.com
Carlos Martinez	Avalon / Academy	CMartinez1@lbschools.net
Giselle De Moura	Samueli Academy / Academy	Giselledemoura4@gmail.com
Rudy Alvarez	Bassett / Miramonte	rudyalvarez79924@gmail.com
Lynsey Mikhail	At-Large Representative	lynsey.mikhail@gmail.com
Robert Gibbs	At-Large Representative	robgibb12345@gmail.com
Leo Chrisman	Indian Springs / Mountain Valley	leo.chrisman@gmail.com

The CIF Southern Section is continuing to utilize the concept of coaches' advisory committees for all sports. The role of the advisory committee will include the following:

- Meetings
- Recommendations for playoff sites
- Recommendations for procedural changes
- Recommendations for rule changes
- Evaluation of the sports season
- Assistance to coaches and/or officials' organizations
- Communications between coaches and the CIF-SS office
- Management/Supervision at Championship Events

The Coaches Advisory Committee is composed of member coaches and an administrator from the CIFSS office staff. Coaches selected for the committee provide a cross-section of the organization and are based on geographic, as well as competitive divisions. Should you have suggestions or questions regarding volleyball competition, please make use of this excellent channel of communication. The committee will meet regularly during the season, and your items will be added to our agenda.



Official Indoor Volleyball

**★
MIKASA**

Nick England

nengland@mikasasports.com

951-818-5822



OFFICIAL BALL

Mikasa
V200W-USAN

*There is a 1-year grace period to transition the new ball into play

APPROVED FOR PLAY

Mikasa
VFC1000 Series



APPROVED FOR PLAY

Mikasa
VQ2000 Series

*The official ball rule is mandatory for all CIF-SS playoff rounds.

Contracted through: June 30, 2031

Official Ball Rule:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty will carry over to the next season if not enforceable this season due to elimination.



2026-27 VOLLEYBALL RULES CHANGES

4-2-1a, 4-2-1i(3) (NEW), 4-2-2: Libero uniform bottoms may be any color and no longer must match the team uniform bottoms.

Rationale: Allows more flexibility in the libero uniform bottoms while ensuring that the libero uniform top continues to contrast with their teammates.

5-5-3b(21): The second referee will provide a double whistle warning between sets at two minutes, 30 seconds (4:30 when intermission is used) instead of 2 minutes, 45 seconds.

Rationale: Improves pace of play between sets by notifying teams earlier to make their way onto the court for the officials to administer lineup checks before the final audio signal and resumption of play.

6-4-2, 10-4-3a, 10-4-3d: A team may designate up to two liberos, but only one libero can be in the game at a time. When a team designates two liberos and one is injured/ill, a new libero may be re-designated. When a team designates two liberos and one is disqualified; the team must continue with one libero.

Rationale: Allows more student-athletes to participate by creating an additional opportunity for coaches without having to utilize a substitution.

6-4 PENALTIES 1c (NEW), 12-2-8b NOTE (NEW): If non-playing teammate(s) (bench players) enter the court during play it is illegal alignment. It remains a conduct violation if a coach or team attendant (anyone not in uniform) enters the court while the ball is in play.

Rationale: More appropriately assesses illegal alignment (loss of rally/point awarded to the opponent) to non-playing teammates who enter the court while the ball is in play. A player who enters the court during play may still receive a conduct violation if they engage in disconcerting acts, disrespectful language, etc. This penalty realignment allows officials to appropriately penalize teams based on participant actions.

6-5-1: Players on the serving team are not permitted to raise their hands above their heads during service until the ball has passed beyond the net.

Rationale: Discourages player positioning during the serve that prevents the receiving team from viewing service contact and/or the flight of the ball and assists officials when evaluating the existence of screening. This change aligns with all other volleyball rules codes.

9-2-1 NOTE 1 (NEW): Players shall not wear any audio or video devices during the match.

Rationale: Clarifies the prohibition of electronic communication with and by players during the match and aligns with other NFHS rules codes.

12-2-8m (NEW): It is an unsporting conduct violation if coaches, non-playing teammates or team attendants use props on the bench during celebrations.

Rationale: Clarifies appropriate bench conduct for consistent enforcement by eliminating the use of props in bench celebrations while promoting sportsmanship and preventing disruption and potential safety concerns.

2026-27 Volleyball Editorial Changes

1-5-1, 5-2-1b, 5-4-3c(1), 5-4-4a, 7-1-1a, 7-1-1 PENALTIES 3, 7-1-2a, 7-1-4 PENALTIES 1, 9-9-1h

2026-27 Volleyball Points of Emphasis

1. Host Management Best Practices
2. Electronic Devices
3. Bench Personnel – Non-Playing Teammates
4. NFHS Authenticating Mark



NEWS RELEASE

Libero Rules Adjusted in High School Volleyball

FOR IMMEDIATE RELEASE

Contact: Lindsey Atkinson

INDIANAPOLIS, IN (February 5, 2026) — High school volleyball teams will now be permitted to designate up to two libero players during each set, creating additional participation opportunities without needing to use a substitution.

In all, seven rules changes were recommended by the NFHS Volleyball Rules Committee at its annual meeting January 11-13. All rules changes were reviewed and approved by the NFHS Board of Directors.

Rule 6-4-2 was adjusted to allow for multiple liberos to be used by a team; however, only one libero can be in the game at a time. Prior to each set, a team may designate zero, one or two liberos on the lineup sheet.

“We have seen rapid growth in high school volleyball participation over the last several years, which has resulted in more highly skilled student-athletes and larger rosters,” said Lindsey Atkinson, NFHS director of sports and liaison to the Volleyball Rules Committee. “Providing an opportunity for one more student-athlete to participate aligns with the mission of education-based athletics.”

Additionally, Rules 10-4-3a and 10-4-3d now clarify how a libero can be replaced due to injury or disqualification and two liberos have been designated. In 10-4-3a, if a libero is injured, a team may replace the injured player with the player they replace on the court or the second libero. It may also re-designate a new libero.

In 10-4-3d, if a libero is disqualified and two liberos have been designated, the disqualified player may be replaced by the player they replace on the court or the second libero. However, the team must continue to play with one libero.

The libero's uniform was addressed in edits to Rule 4, with added Rule 4-2-1i(3) to note that the libero's uniform bottom may be any color while adhering to all other uniform rules.

The rules committee addressed the actions on non-playing teammates in Rule 12. Rule 12-2-8b was added to more appropriately assess when a non-playing teammate enters the court while the ball is in play as illegal alignment and penalized with a loss of point/rally. A coach or team attendant entering the court while the ball is in play is still considered unsporting conduct, and a non-playing teammate may receive a conduct violation if they engage in disconcerting acts or disrespectful actions.

Rule 12-2-8m was added to prohibit the use of props in bench celebrations by non-playing teammates to promote good sportsmanship while preventing disruptions.

Other rules changes include:

- Rule 5-5-3b(21) – The second referee will now indicate a second warning at two minutes, 30 seconds between sets instead of 2 minutes, 45 seconds to improve pace of play.
- Rule 6-5-1 – Players on the serving team are forbidden to raise their hands above their heads during service until the ball has passed beyond the net.
- Rule 9-2-1 NOTE 1 – No player shall wear any audio (microphone) or video (camera) device during the match, aligning volleyball rules with other NFHS rules codes.

A complete listing of the volleyball rules changes will be available on the NFHS website at www.nfhs.org. Click on "Sports" at the top of the home page and select "Volleyball" and then "Rules." The print version of the 2026-27 Volleyball Rules Book will be available for purchase in late April at www.NFHS.com, and the digital version will be available in April via NFHS Digital at www.NFHS.org.

According to the most recent NFHS High School Athletics Participation Survey, volleyball is the second-most popular sport for girls (trailing track and field) with 492,799 participants in 17,027 schools nationwide. In addition, there are 95,972 boys participating in the sport at 4,303 schools.

###

The following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2026-2027 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas.

201. STANDARDS OF ELIGIBILITY

<https://cifss.org/blue-book/?gotopage=53>

210. PHYSICAL ASSAULT

<https://cifss.org/blue-book/?gotopage=82>

212. AMATEUR STATUS

<https://cifss.org/blue-book/?gotopage=84>

220. BASIC ELIGIBILITY REQUIREMENTS FOR PARTICIPATION

<https://cifss.org/blue-book/?gotopage=87>

500. AUTHORIZED PARTICIPATION

<https://cifss.org/resources/blue-book/?gotopage=94>

503.G ADMINISTRATIVE OVERSIGHT / PHYSICAL EXAMINATION

<https://cifss.org/resources/blue-book/?gotopage=99>

503.H ADMINISTRATIVE OVERSIGHT / CONCUSSION PROTOCOL

<https://cifss.org/resources/blue-book/?gotopage=99>

506. PRACTICE ALLOWANCE

<https://cifss.org/resources/blue-book/?gotopage=107>

600. COMPETITION ON AN OUTSIDE TEAM

<https://cifss.org/resources/blue-book/?gotopage=114>

1227. SUNDAY RESTRICTION

<https://cifss.org/resources/blue-book/?gotopage=141>

1228. NOISEMAKERS PROHIBITED

<https://cifss.org/resources/blue-book/?gotopage=141>

3500. PLAYOFFS

<https://cifss.org/blue-book/?gotopage=213>

Additional playoff information will be available in late September in the Girls' Volleyball Playoff Bulletin. This bulletin will contain details on when the draws will be available, financial regulations, reporting of match results, game time and date change protocol, etc.

BLUE BOOK RULES 2026-2027 – VOLLEYBALL

The following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2025-2026 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas for volleyball.

3200. RALLY SCORING

<https://cifss.org/blue-book/?gotopage=199>

3201. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

<https://cifss.org/blue-book/?gotopage=199>

3204. SCRIMMAGES

<https://cifss.org/blue-book/?gotopage=199>

3205. TOURNAMENTS

<https://cifss.org/blue-book/?gotopage=200>

3206. STARTING DATES FOR INTERSCHOLASTIC CONTESTS

<https://cifss.org/blue-book/?gotopage=200>

3208. END OF COMPETITION

<https://cifss.org/blue-book/?gotopage=200>

3209. OUTSIDE COMPETITION BY AN INDIVIDUAL

<https://cifss.org/blue-book/?gotopage=200>

1227. SUNDAY RESTRICTION

<https://cifss.org/resources/blue-book/?gotopage=141>

503.M PLAYER CONDUCT

<https://cifss.org/blue-book/?gotopage=101>

503.M COACH EJECTION

<https://cifss.org/blue-book/?gotopage=102>

3500. PLAYOFFS

<https://cifss.org/blue-book/?gotopage=201>

ENT LEAGUE**3 605**

Bellflower
California
Glenn
Lynwood
Pioneer

5 ACADEMY

Calvary Chapel/Downey
Cristo Rey OC
Fairmont Prep
First Baptist/LB
Magnolia Science
Newport Christian
Pacifica Christian/OC
Samueli Academy
San Gabriel

3 AGAPE

Excelsior Charter
Hesperia Christian
Lucerne Valley
Riverside Prep
Summit Leadership
Victor Valley Christian

3 ALLIANCE

Arroyo
Alhambra
El Monte
Montebello
Mountain View
Rosemead

3 AMBASSADOR

Aquinas
Arrowhead Christian
Linfield Christian
Notre Dame/Riverside
Ontario Christian
Woodcrest Christian

3 ANGELUS

Aleman
Flintridge Sacred Hrt
Immaculate Heart
Louisville
Marlborough
Notre Dame/SO

3 ARROWHEAD

California Lutheran
Calif School/Deaf
Entrepreneur/Highl
Hamilton
La Sierra Academy
Sherman Indian

ENT LEAGUE**3 ARROYO**

Arcadia
Burroughs/Burbank
Crescenta Valley
La Canada
South Pasadena

3 BASELINE

Chino Hills
Etiwanda
Los Osos
Rancho Cucamonga
St. Lucys
Upland

3 BAY

El Segundo
Mira Costa
Palos Verdes
Redondo Union
South Torrance

3 BIG VIII

Centennial/Corona
Corona
King, Martin Luther
Norco
Roosevelt, Eleanor
Santiago/Corona

3 BOULDER

Gabrielino
Marshall
Monrovia
San Marino
Temple City

4 CAMINO REAL

Cantwell-Sacred Hrt
La Salle
Mary Star of the Sea
Paraclete
Pomona Catholic
St. Genevieve
St. Monica Prep

3 CHANNEL

Buena
Oxnard
San Marcos
Santa Barbara
Ventura

3 CITRUS BELT

Beaumont
Cajon
Citrus Valley
Redlands
Redlands East Vly
Yucaipa

ENT LEAGUE**3 CITRUS COAST**

Carpinteria
Channel Islands
Fillmore
Hueneme
Nordhoff
Santa Paula

3 COAST

Century
Estancia
La
Rancho Alamitos
Western

4 COAST VALLEY

Coast Union
Coastal Christian
Cuyama Valley
Maricopa
SLO Classical Acad
Shandon
Valley Christian/SM

4 COASTAL

Calif Acad Math/Science
Geffen Academy at UCLA
Hawthorne MSA
New Roads
Rolling Hills Prep
Vistamar
Wildwood

3 COASTAL CANYON

Camarillo
Moorpark
Oak Park
Royal
Simi Valley

3 CONDOR

Besant Hill
Legacy Christian
Midland
Oak Grove
Providence/SB

3**CREST**

Blair
Burbank
Glendale
Hoover
Muir
Pasadena

3**CRESTVIEW**

Canyon/Anaheim
Crean Lutheran
Cypress
Sunny Hills
Yorba Linda

ENT LEAGUE**4 CROSS VALLEY**

Acad Careers/Exploration
Academy/Acad Excellence
Cobalt Institute
Lakeview Leadership
PAL Charter
Silver Valley
University Prep

3 DEL REY

Bishop Amat
Bishop Montgomery
Sacred Heart of LA
St. Anthony
St. Joseph

3 DESERT EMPIRE

Coachella Valley
Indio
Palm Desert
Palm Springs
Xavier Prep

3 DESERT SKY

Adelanto
Barstow
Granite Hills
Silverado
Victor Valley

3 DESERT VALLEY

Banning
La Quinta
Rancho Mirage
Shadow Hills
Yucca Valley

3 EMPIRE

Costa Mesa
Fullerton
Kennedy/La Palma
Segerstrom
Valencia/Placentia

4 EXPRESS

Acaciawood
Avalon
Legacy College Prep
OC Classical
Tarbut V Torah

4 FOOTHILL

Canyon/CC
Castaic
Golden Valley
Hart
Saugus
Valencia/Valencia
West Ranch

3 FREEWAY
El Dorado
Esperanza
Foothill/Santa Ana
Sonora
Troy

3 FRONTIER
Dunn
Grace
Providence
Santa Clara
Thacher

3 GATEWAY
Cerritos
Downey
Gahr
La Serna
Warren

3 GOLD COAST
Brentwood
Campbell Hall
Crossroads
The Archer School
Viewpoint
Windward

4 GOLDEN
Antelope Valley
Eastside
Highland
Knight
Lancaster
Littlerock
Palmdale
Quartz Hill

3 GOLDEN WEST
Calvary Chapel/SA
Godinez
Laguna Hills
Ocean View
Tustin

3 GROVE
Bolsa Grande
Loara
Los Amigos
Santa Ana Valley
Santiago

3 HACIENDA
Alta Loma
Colony
Los Altos
San Dimas
South Hills

5 HERITAGE
Desert Chr/Lancaster
Faith Baptist
Lancaster Baptist
Palmdale Acad Charter
Palmdale Aerospace
Santa Clarita Christian
St. Monica Academy
Trinty Classical Acad
Vasquez

3 HUB CITY
Cabrillo
Centennial
Compton
Dominguez
Early College

3 INDEPENDENCE
AGBU/Canoga Park
Buckley
Interntl School of LA
Pilibos
Providence/Burbank
YULA (Yeshiva)

3 INLAND VALLEY
Canyon Springs
Citrus Hill
Lakeside
Orange Vista
Perris
Vista Del Lago

2 INTERNATIONAL
Mesrobian
New Covenant Academy
Southwestern Academy
Waverly

3 IVY
Hemet
Liberty
Paloma Valley
Poly/Riverside
Rancho Christian
Valley View

3 LIBERTY
de Toledo
Holy Martyrs
Le Lycee
Milken
Pacifica Christian/SM

3 MAJESTIC
Bethel Chr/Riverside
Grove
Norton
Public Safety Academy
River Springs Temecula

3 MARMONTE
Agoura
Calabasas
Newbury Park
Oaks Christian
Thousand Oaks
Westlake

3 MID-CITIES
Norwalk
Oxford Academy
Paramount
Santa Fe
Whitney

3 METRO
Bell Gardens
El Rancho
Mark Keppel
San Gabriel
Schurr
South El Monte

3 MIRAMONTE
Bassett
Edgewood
Ganesha
La Puente
Pomona
Workman

3 MISSION
Alemany
Chaminade
Harvard-Westlake
Marymount
Notre Dame
Sierra Canyon

3 MISSION VALLEY
Arroyo
El Monte
Mountain View
Rosemead
South El Monte

3 MOJAVE RIVER
Apple Valley
Burroughs/Ridgecrest
Hesperia
Oak Hills
Serrano
Sultana

3 MONTVIEW
Azusa
Baldwin Park
Duarte
Garey
Nogales
Sierra Vista

3 MOUNTAIN VALLEY
Miller, A.B.
Pacific
Romona
Rubidoux
San Bernardino

3 MOORE
Jordan
Lakewood
Millikan
Poly/Long Beach
Wilson/Long Beach

3 MOUNTAIN PASS
Elsinore
San Jacinto
Tahquitz
Temescal Canyon
West Valley

3 MT. BALDY
Chaffey
Chino
Diamond Ranch
Don Lugo
Montclair
Ontario

4 MULHOLLAND
Ambassador Christian
Animo Leadership
Compton Early College
Environmental Charter
Pacific Lutheran
Shalhevet
Summit View West

3 NORTH HILLS
Brea Olinda
El Modena
La Habra
Pacifica/Garden
Villa Park

4 OCEAN
Beverly Hills
Centennial/Compton
Culver City
Hawthorne
Inglewood
Lawndale
Leuzinger
Santa Monica

3 OLYMPIC
Heritage Christian
Maranatha
Valley Christian/Cerritos
Village Christian
Whittier Christian

ENT LEAGUE**5 OMEGA**

Beacon Hill
Delphi Academy
Glendale Adventist
Gorman Learning Ctr/SC
Highland Hall
Hillcrest
Lighthouse Christian
Newbury Park Adventist
Ojai Valley
Pilgrim
San Fernando Vly Acad
Sequoiah
Summit View
Westmark

3 ORANGE

Anaheim
Magnolia
Orange
Saddleback
Savanna

3 ORANGE COAST

Buena Park
Garden Grove
Katella
Santa Ana
Westminster

3 PACIFIC COAST

Northwood
Portola
Rosary Academy
Sage Hill
St. Margarets

3 PACIFIC VIEW

Channel Island
Del Sol
Dos Pueblos
Pacifica/Oxnard
Rio Mesa

3 PACIFIC HILLS

Irvine
Laguna Beach
Pacifica Christian OC
Woodbridge
University

3 PALOMARES

Ayala
Bonita
Claremont
Diamond Bar
Glendora
Walnut

23**ENT LEAGUE****3 PINNACLE**

Mesa Grande
Packing House
Redlands Adventist
River Springs Hemet
River Springs

3 PIONEER

North Torrance
Peninsula
Torrance
West Torrance
Wiseburn Da Vinci

4 PREP

Chadwick
EF Academy
Flintridge Prep
Mayfield
Oakwood
Poly/Pasadena
Rio Hondo Prep
Westridge

3 RIO VISTA

Artesia
Firebaugh
La Mirada
Mayfair
Whittier

3 RIVER VALLEY

Big Bear
Jurupa Valley
La Sierra
Norte Vista
Patriot

3 SAN ANDREAS

Arroyo Valley
Fontana
Jurupa Hills
Rialto
Rim of the World

5 SAN JOAQUIN

Bethel Baptist
Capistrano Valley Chr
Eastside Christian
Liberty Christian
NOVA Academy
Southlands Christian
Vista Meridian Global
Waldorf/OC
Webb
Western Christian

24**ENT LEAGUE****4 SANTA FE**

Bishop Conaty-Loretto
Ramona Convent
San Gabriel Mission
Serra
St. Bernard
St. Marys Academy
St. Paul
St Pius X-St Matthias

3 SEA VIEW

Capistrano Valley
El Toro
Mission Viejo
Tesoro
Trabuco Hills

2 SKYLINE

Bloomington
Carter
Colton
Indian Springs

3 SOUTH COAST

Aliso Niguel
Beckman
Dana Hills
San Clemente
San Juan Hills

4 SOUTH VALLEY

California Military
Desert Christian Acad
Nuvview Bridge
San Jacinto Leadership
San Jacinto Valley Acad
Santa Rosa Academy
St. Jeanne De Lestonnac
Temecula Prep

3 SOUTHWESTERN

Chaparral
Great Oak
Murrieta Mesa
Murrieta Valley
Temecula Valley
Vista Murrieta

2 SUN VALLEY

Cathedral City
Desert Mirage
Desert Hot Springs
Twentynine Palms

21**ENT LEAGUE****3 SUNBELT**

Arlington
Heritage
Hillcrest
Moreno Valley
North
Rancho Verde

3 SUNKIST

Eisenhower
Grand Terrace
Kaiser
San Geronio
Summit

4 SUNSET

Corona Del Mar
Edison
Fountain Valley
Huntington Beach
Los Alamitos
Marina
Newport Harbor

3 SUMMIT

Cornerstone Christian
Loma Linda Academy
Calvary Baptist
United Christian
Crossroads Christian

3 TRI-COUNTY PREMIER

Loma Linda Academy
Mesa Grande Academy
Public Safety Academy
Redlands Adventist
River Springs/Hemet
River Springs/Tem
River Springs Mag

2 TRINITY

JSerra Catholic
Lutheran/Orange
Mater Dei
Santa Margarita

4 TRI-VALLEY

Bishop Diego
Cate
Foothill Tech
Laguna Blanca
Malibu
St. Bonaventure
Villanova Prep

22

ENT LEAGUE

3 VALLE VISTA

Charter Oak
Covina
Northview
Rowland
West Covina
Wilson/HH

3 VICTORY

Desert Chapel
Joshua Springs Christian
Noli Indian
Palm Valley
Weaver

Freelance

Animo City of Champions
Legacy Christian Academy
Lifeline Education Charter
The Seed School of LA

DOES NOT FIELD

Gorman LC/AV-probation
Orange County Chr
Price
Univ Career & Sports

6

6

296

Total Entries: 296

Volleyball Sample Line Up Sheet:

Team Centerville HS Comets Game 1
Libero: 2 (Check one) Serve _____ Receive _____

Serve Order	Player Number
<u>I</u>	<u>4</u>
<u>II</u>	<u>6</u>
<u>III</u>	<u>8 C</u>
<u>IV</u>	<u>3</u>
<u>V</u>	<u>5</u>
<u>VI</u>	<u>7</u>

Volleyball Score Sheet:

Download from the CIF-Southern Section website at www.cifss.org or click here (<https://cifss.org/sport-news/volleyball-score-sheet/>)

Volleyball Scorekeeping 101:

Download from the CIF-Southern Section website at www.cifss.org or click here (<https://cifss.org/sport-news/volleyball-scoring-presentation/>)

For Sanctioned Events go to www.cifss.org

1. Click on Governance
2. Click Sanctioned Events
3. Select Volleyball, Girls
4. Click Search
5. To find a specific event, enter information in Keywords
6. Click Search



ALL CIF Southern Section Nomination Information

The ALL-CIF Southern Section Girls Volleyball Team will be selected by the advisory committee based on the returned nomination forms submitted by the deadline. Late nominations will not be considered.

All coaches are asked to send their nominations using this Google Doc link:

<https://forms.gle/R4Lj8NrNrCWLvVvV9>

Any additional pertinent information may be sent to one of the committee members listed below.

Form MUST be returned no later than Monday, November 9, 2026.

<u>Division</u>	<u>Division Representative</u>	<u>Email Contact</u>
1	Mike Wadley	mwadley@lbschools.net
2	Gus Culver	culverg@svusd.org
3	Pat Casey	Patrick.Casey@oxnardunion.org
4	Dillian Bennett	dbennett@bishopdiego.org
5	Jeff Porter	bionvbguy@yahoo.com
6	Rene Nakao-Mauch	rnakaomauch@ojaiunion.org
7	Frankie Perales	Frankiep22c@aol.com
8	Carlos Martinez	Cmartinez1@lbschools.net
9	Giselle De Moura	Giselledemoura4@gmail.com
10	Lynsey Mikhail	Lynsey.Mikhail@gmail.com
11	Carlos Martinez	Cmartinez1@lbschools.net

If you have any questions, please contact our office or any one of the advisory members listed in the preview.

Thank you in advance for your assistance in completing this process.



MEMORANDUM

TO: All-CIF-SS SELECTION COORDINATORS AND CIF-SS STAFF
FROM: THOM SIMMONS, ASSISTANT COMMISSIONER
DATE: JUNE 10, 2024
RE: 2025-2026 ALL-CIF SOUTHERN SECTION TEAMS

Per the previous directive regarding the selection of All-CIF-SS and after consultation with CIF-SS Staff, the following are the mandatory maximums as it regards team selections in all sports. The office will no longer provide certificates beyond the first team in any sport, and each sport will be allotted the following number of player selections for each division represented in that sport:

Girls' Volleyball 12 position players, 1 Libero, **1 MVP***, 1 Coach of the Year (13 w/ Libero; 12 w/o)

*** In each sport, the MVP must be included in the list of position players**

Each sport may alter their lists, except those as designated, as they see fit (i.e. select Co-MVP's) however the total number of players may not exceed the total number of allowable selections.

- Each sport may continue to select and honor a 2nd or 3rd team. However, the CIF Southern Section will not pay for those certificates, nor will the CIF-SS office release those teams to the media. Additionally, 2nd and 3rd teams cannot include the use of "CIF" or any variation of our name in the titling. Thank you for your understanding, and please feel free to contact me should you have any questions on this issue.
- Unless an individual school has co-head coaches on its staff, we will not accept "Co-Coaches of the Year".
- Any sport that does not conform to these guidelines will be asked to resubmit.

Thank you for your cooperation and understanding.

CIF-SS HISTORY RECORD BOOK

The CIF-SS Record Book is updated on a yearly basis and can be found here.

<https://cifss.org/record-book/>

The CIF-SS Communications Office will automatically update information on championship teams, scores, and Players of the Year. Should your team, an athlete on your team, or a coach meet a milestone record, then please complete this form.

<https://cifss.org/record-book-request/>

Please note we only record the top 10 in each category.

When pain gets in the way of doing what you love ...

Trust the experts at Hoag & Hoag Orthopedic Institute
Sports Medicine to get you back on the field.

Hoag & Hoag Orthopedic Institute Sports Medicine are proud
to be the Official Orthopedic & Sports Medicine Partner of the
CIF Southern Section.

**Hoag
Orthopedic
Institute.**

SPORTS MEDICINE



We are proudly founded by our premier physicians in partnership with Hoag.

© 2024, Hoag is a registered trademark of Hoag Memorial Hospital Presbyterian. All Rights Reserved.

HEALTH AND SAFETY

It is the expectation of the CIF Southern Section that your Athletic Coaches and Administration will take every measure to ensure the health and safety of your student athletes.

The following are key points of emphasis coaches should review with their staff and players in reference to CIF Southern Section rules and regulations in the 2025-2026 CIF Southern Section Blue Book. This list is not all-inclusive but only highlights key areas. For necessary forms and additional information regarding Heat Safety, Hydration and other Sports Medicine resources, please go to www.cifss.org and click on the “Sports Medicine” tab on the blue toolbar.

Additional resources can be found at www.cifstate.org under the “Sports Medicine” tab on the white toolbar

PHYSICAL EXAMINATION

An annual physical examination, or a statement by a medical practitioner, is required for a student to take part in any authorized school practice session and/or pre-season conditioning period. This physical examination will be valid for a period of one year from the date of the examination. A student will be excused from this physical examination only if there is compliance with the Education Code (parent's refusal to consent). CIF Health and Safety Committee strongly recommends schools use the Pre-Participation Examination form that is endorsed by five major medical societies; American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American orthopedic Sports Medicine and the American osteopathic Academy of Sports Medicine. All CIF schools must have school board approved forms.

CONCUSSION PROTOCOL

A student athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at the time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. If a licensed health care provider, trained in education and management of concussion determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return to play protocol of no less than seven (7) full days from the time of diagnosis under the supervision of a licensed health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition. (Approved May 2010 Federated Council/Revised January 2015 Federated Council)

Question: What is meant by “licensed health care provider?”

Answer: the “scope of practice” for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

STERIOD PROHIBITION

All schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parent(s)/guardian(s)/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition.

NOTE: Article 1-12.N. (Revised May 2005 Federated Council)

SUDDEN CARDIAC ARREST PROTOCOL

A student-athlete who passes out or faints while participating in, or immediately following, an athletic activity or who is known to have passed out or fainted while participating in or immediately following an athletic activity must be removed immediately from participating in a practice or game for the remainder of the day. A student-athlete who has been removed from play after displaying signs and symptoms associated with sudden cardiac arrest may not return to play until the athlete is evaluated by a licensed health care provider and receives written clearance to return to play from that health care provider. On a yearly basis, a Sudden Cardiac Arrest information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition.

Question: What is meant by “licensed health care provider?”

Answer: The “scope of practice” for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or a doctor of osteopathy (DO).



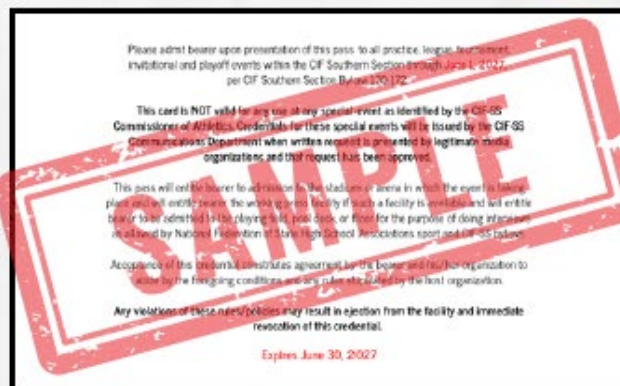
2026-2027



CIF-SS APPROVED PASS GATE CARDS

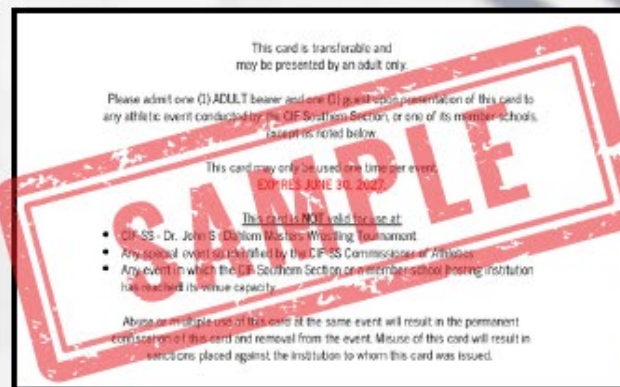
CIF-SS COURTESY CARD

GOOD FOR BEARER +1



CIF-SS MEDIA CREDENTIAL

GOOD FOR BEARER +1



CIF-SS GOLD LIFE PASS

GOOD FOR BEARER +1



CIF-SS MVP AD

GOOD FOR BEARER +1





THE
BEST
USE
THE
BEST

GATORADE

