MIKASA
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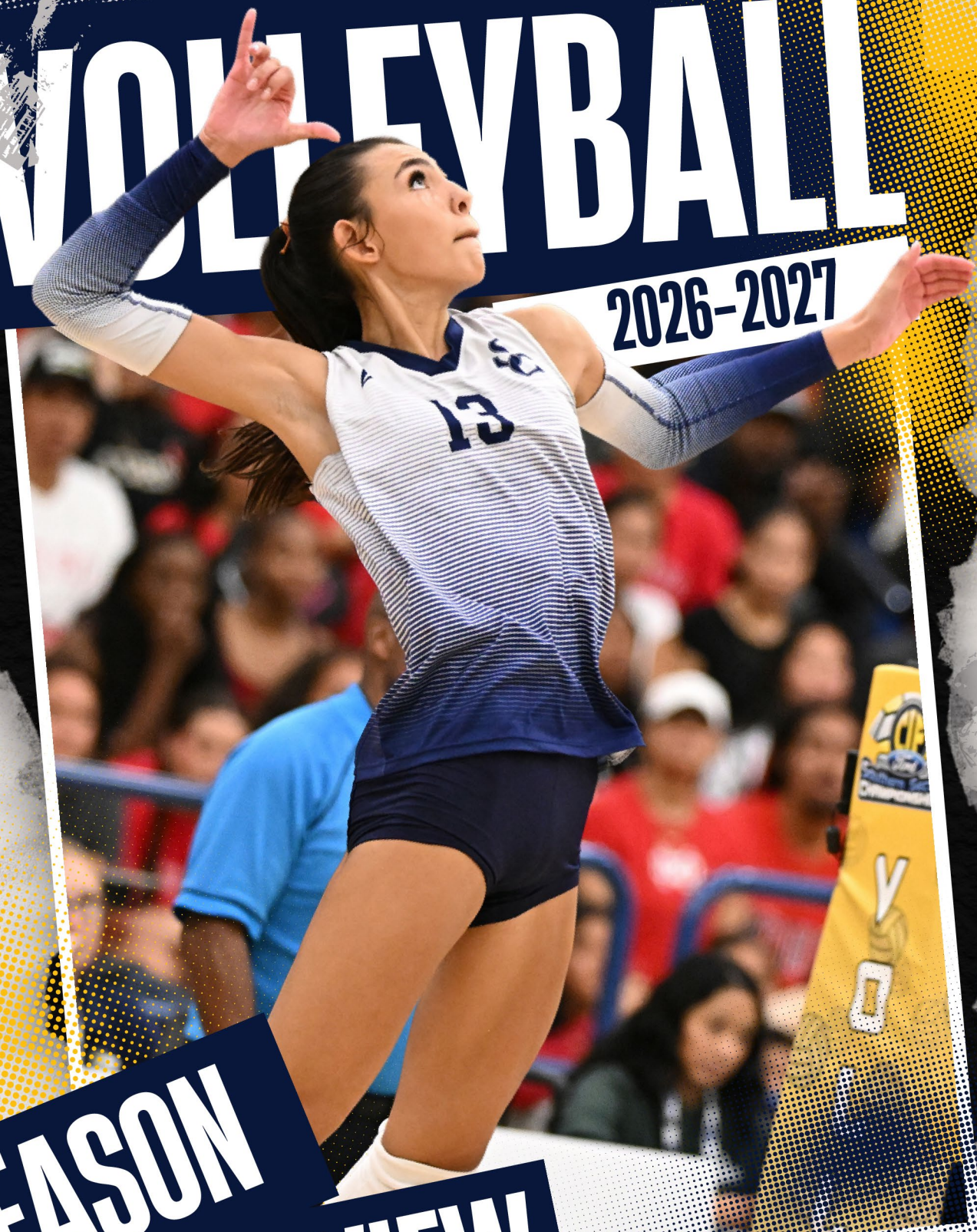
CIF SOUTHERN SECTION

VOLLEYBALL

2026-2027



SEASON PREVIEW

CIF Ford Est. 1913 Southern Section CHAMPIONSHIPS

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F-150 RAPTOR

MUSTANG

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OUR VEHICLES. OUR ATHLETES.

CIF Ford Est 19B Southern Section CHAMPIONSHIPS

THE SOUTHERN CALIFORNIA FORD DEALERS
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EXPLORER

RANGER

BRONCO SPORT

GIRLS VOLLEYBALL SEASON PREVIEW

DATE: June 2026

TO: CIF-SS GIRLS VOLLEYBALL COACHES

FROM: MIKE MIDDLEBROOK, ASSISTANT COMMISSIONER

RE: **2026-2027 GIRLS VOLLEYBALL SEASON**

WELCOME TO THE 2026-2027 GIRLS VOLLEYBALL SEASON!

The Girls' Volleyball Packet has been prepared to assist you in the organization of your school's Girls' Volleyball program. The enclosed information is important for preparing for the upcoming season. Please share this information with your assistant coaches.

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CALENDAR DATES – GIRLS VOLLEYBALL

FIRST CONTEST	**SATURDAY, AUGUST 8, 2026** The initial date on which a school may schedule and conduct an interscholastic contest under all CIF bylaws.
SCRIMMAGES	**MAXIMUM 2 SCRIMMAGES ALLOWED** Must be played on or after August 8, 2026, and before the first contest. Once the first official contest is played, scrimmages are no longer allowed.
SIT OUT PERIOD	**SATURDAY, SEPTEMBER 12, 2026** *Note: this date could be adjusted or different for each individual due to the date of enrollment at the new school. Check the "transfer decision" date for accurate information at www.cifss.org.
LAST CONTEST	**WEDNESDAY, OCTOBER 14, 2026** All competitions (league / non-league) MUST end on or before this date.
MAXIMUM CONTACTS	The allowable number of contests is: **28** The allowable number of tournaments is: **3** 1 Day Tournament counts as: **(2) contacts** 2 Day Tournament counts as: **(3) contacts** 3 Day Tournaments count as: **(4) contacts** 4 Day Tournaments count as: **(5) contacts** **One Set contests (contacts) should NOT be entered on your schedule. Those types of events are not official matches as defined by NFHS Rule 1, Section 2, Article 1.** **Matches that are 2 (two) sets should be entered. Those are entered because, in a best-of-3 sets, we have a winner by a score of 2–0. If there is a tie at 1 set apiece, a tie can be recorded.**
PLAYOFF DATES	**October 20, 1st Round (Divisions 2,4,6,8,10)** **October 21, 1st Round (Divisions 1,3,5,7,9,11)** **October 22, 2nd Round (Divisions 2,4,6,8,10)** **October 24, 2nd Round (Divisions 1,3,5,7,9, 11)** **October 28, Quarterfinals (All Divisions)** **October 31, Semifinals (All Divisions)** Dates subject to change due to bracket size. The size of the bracket for all Divisions (8, 16, 24, or 32-team) will not be determined until the end of the regular season.

CIFSS FINALS **SO. CAL REGIONALS** **STATE FINALS**	NOVEMBER 5 - 7, 2026 NOVEMBER 10 - 17, 2026 NOVEMBER 20 – 21, 2026

APPROVED SANCTIONED EVENTS

Please refer to the CIF Southern Section website (www.cifss.org) for the latest Sanctioned Events, as events are updated daily.

Sanctioned Events download directions:
click on *GOVERNANCE TAB*
click on *SANCTIONED EVENTS*
select *VOLLEYBALL, GIRLS*
click *SEARCH*

This page will display the most up-to-date information on:

Girls Volleyball Approved Sanctioned Events

IN-SEASON RANKINGS

With the passage of the competitive equity playoff system in January 2024 and the changes to Bylaws 3519 and 3520, a weekly Top 10 poll will no longer be necessary. The playoff divisions will be created at the end of the regular season based on the current year's data.

It is ***IMPERATIVE*** that COACHES enter their full schedule and record results constantly throughout the season. Member schools that fail to accurately enter complete regular season results into the CIFSSHome system will not be placed into a playoff division and will be **INELIGIBLE** to participate in the Southern Section Championship playoffs.

For this season, the Massey Ratings System will continue to be used to provide our overall team rankings. The Massey Rating System was selected because it "connects" multiple teams via an equation. As more games are played, eventually each team is connected to every other team through some chain of games. These final team rankings will then be used to create our 11 playoff divisions for girls' volleyball. All matches that are best 2 out of 3 or 3 out of 5 sets will be used to create a team's final overall rating. The overall team rating is a merit-based quantity, the result of applying a Bayesian win-loss correction to the power ratings.

Final power rankings and divisional placements will be determined and released at the end of the current regular season. Seeding for all playoff brackets in each division will follow the final power rankings in the division, regardless of league affiliation or league finish. For example, in the First Round, the #1 seed, determined by the final power rankings for that division, will play #32, the #2

seed will play #31, etc., in a 32-team bracket. The higher-seeded team will host the First-Round contest, and then CIF Southern Section Bylaw 3504, Host Team After the First Round, will be followed for all subsequent contests.

The size of the bracket will be determined at the end of the regular season.

One Set contests (contacts) should NOT be entered on your schedule. Those types of events are not official matches as defined by NFHS Rule 1, Section 2, Article 1.

Matches that are 2 (two) sets should be entered. Those are entered because in a best-of-3 sets series, we have a winner by a score of 2–0. If there is a tie at 1 set apiece, a tie can be recorded.

At the halfway point of the season and then each week that follows until the end of the regular season on Wednesday, October 14th, we will post in-season rankings of all Southern Section teams participating in girls' volleyball.

Posting dates are:

- Tuesday, September 8
- Tuesday, September 22
- Tuesday, October 6
- Friday, October 16 (final)

CIFSSHOME REQUIREMENTS

SCHEDULES & SCORES **Complete your schedule in CIFSSHome prior to your season as well as update scores following each contest**

Attention Athletic Directors/Coaches: It is very important that you enter your entire season schedule into CIFSSHOME (www.cifsshome.org) as well as update the scores immediately following your contests.
Log in @ www.cifsshome.org (If you do not have a login and password as a coach, check with your Athletic Director). Once you are logged in:

To Add a game:
- On the left panel, click on "Events", select "Add Event", choose Game under "Event Type", choose date of game under "Event Date", choose **Volleyball, Girls** under "Sport", choose Varsity under "Level", type the opposing school name in "Add Opponent", choose the type of game under "Select Game Type", click on Home, Away or Neutral under "Location", choose "Start Time "Click on "Save" to add one game or "Save & Duplicate" for multiple games.

To Submit your score:
- On the left panel, click on "Teams", select "Teams Manager", scroll down to **Volleyball, Girls,** and click on VR to add Varsity scores. Click on the "Post Result" button, enter your team's score, and enter the opponent's score; the result should auto-populate with either "W", "L", or "T" based on the correct match score entered. If the game was a forfeit, click on the Yes box and enter the set scores in "Notes".
Make sure that your overall and team records are correct on your team page

VARSITY COACHES

Attention Athletic Directors/Coaches: It is very important that you enter your Girls Volleyball coaches (Head & Assistants) into CIFSSHome (www.cifsshome.org) no later than Wednesday, October 14.
Log in @ **www.cifsshome.org** (If you do not have a login and password as a coach, check with your Athletic Director).
- Click on the **"Users"** tab, click on "**User Manager**", and click in the upper right-hand corner to add Coaches and Assistant Coaches. Enter the information requested on the "Add School User" page. Choose "Active" to provide the coach with access to CIFSSHome or "Inactive" for directory purposes only. Choose Yes or No to give the coach access to all sport, click **Submit**.
Choose the applicable options on the Assign Coach to Team page, click Save or Add Another to add additional coach(s).

VARSITY TEAM INFORMATION (TEAM PHOTO)

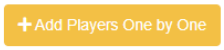
Attention Athletic Directors/Coaches: It is very important that you enter your Girls Volleyball team photo into CIFSSHome (www.cifsshome.org) no later than Wednesday, October 14.
Log in @ **www.cifsshome.org** (If you do not have a login & password as a coach, check with your Athletic Director).
- Click on the **"Teams"** tab, click "**Teams Manager**", click on "**Volleyball, Girls**", click on the "**Team Photo**" tab,
Click on the under "**TEAM PICTURE"**, choose the file, click **Submit.**

VARSITY TEAM INFORMATION (ROSTERS)

Attention Athletic Directors/Coaches: It is very important that you enter your entire Girls Volleyball Varsity roster into CIFSSHome (www.cifsshome.org) no later than Wednesday, October 14.
Log in @ **www.cifsshome.org** (If you do not have a login and password as a coach, check with your Athletic Director).
- Click on the **"Teams"** tab, click on "**Teams Manager**", click on "**Volleyball, Girls**", select VR
You can UPLOAD your roster using the instructions below (1) or you can enter each player one by one (2).
Required roster information for Girls Volleyball is:

First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility

(1) To ADD roster players one by one:

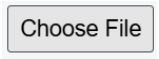
- Click on 

and complete the fields required for Girls Volleyball.

(2) To Import a Roster using an Excel sample file:

- Download the sample file **and** delete the "contents only".
- Copy and paste or type your roster information into the file as the contents and save the file to your computer.
- Only an Excel file **(xls)** can be uploaded that is the exact same format as the sample file.
- Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.
- **Required Columns for Girls Volleyball are:**

First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility

- Click on 

to find your file, then click on

- To confirm the roster has been uploaded, your players' names will be uploaded in the "**Official Roster**" section.
- Click on the next to the player's name to view each player's information.

AT LARGE APPLICATION – MUST HAVE .500 RECORD OR BETTER

Attention Athletic Directors/ Coaches: Please follow the instructions below to enter your school as an At Large Entry for Girls Volleyball. The At Large Application is to be submitted by your school no later than WEDNESDAY, October 14th @ 6:00 P.M.

Log in @ www.cifsshome.org (If you do not have a login and password as a coach, check with your Athletic Director).

Once you are logged in:

-On the left panel, click on the "Forms" tab and select "At Large Petition"

-Select "**Girls Volleyball**" from the drop-down menu, then click "Add"

Please be sure that your Schedule is updated in CIFSSHome, as this is where the information for the At Large Petition will be created.

2026-2027 ADVISORY COMMITTEE MEMBERS

Mike Wadley	Lakewood / Moore	MWadley@lbschools.net
Dave Huber	Los Alamitos / Sunset	dhuber@losal.org
Ed Taitano	Vista Murrieta / Southwestern	etaitano@murrieta.k12.ca.us
Gus Culver	El Toro / Sea View	culverg@svusd.org
Courtney Krueger	Santiago / Big VIII	ckrueger@cnusd.k12.ca.us

Liane Sato	Santa Monica / Ocean	Lsato@smmusd.org
George Hees	Newbury Park / Marmonte	mrhees@hotmail.com
Patrick Casey	Oxnard / Channel	patrick.casey@oxnardunion.org
Bernie Wendling	At-Large Representative	b.wendvb@gmail.com
Margaret Neill	At-Large Representative	mneill@paracletehs.org
Dillan Bennett	Bishop Diego / Tri Valley Ath Assoc	dbennett@bishopdiego.org
Jeff Porter	SCVOA / Marymount HS	bionvbguy@yahoo.com
Joe Schnake	Centennial/Corona / Big VIII	joeschnake@gmail.com
Rene Nakao-Mauch	Nordhoff / Citrus Coast	rnakaomauch@ojaiusd.org
Darcy Brown	Santa Clarita Chr. / Heritage	ibvbski@aol.com
Eric Graham	Portola / Pacific Hills	ericgraham@iusd.org
Frankie Perales	Garden Grove / Golden West	frankiep22c@aol.com
Cory Sumrall	San Jacinto / Mountain Pass	csumrall@sanjacinto.k12.ca.us
Mary Starbuck	At-Large Representative	bucky27hb@aol.com
Carlos Martinez	Avalon / Academy	CMartinez1@lbschools.net
Giselle De Moura	Samueli Academy / Academy	Giselledemoura4@gmail.com
Lynsey Mikhail	At-Large Representative	lynsey.mikhail@gmail.com
Robert Gibbs	At-Large Representative	robgibb12345@gmail.com
Leo Chrisman	Indian Springs / Mountain Valley	leo.chrisman@gmail.com

The CIF Southern Section is continuing to utilize the concept of coaches' advisory committees for all sports. The role of the advisory committee will include the following:

- Meetings
- Recommendations for playoff sites
- Recommendations for procedural changes
- Recommendations for rule changes
- Evaluation of the sports season
- Assistance to coaches and/or officials' organizations
- Communications between coaches and the CIF-SS office
- Management/Supervision at Championship Events

The Coaches Advisory Committee is composed of member coaches and an administrator from the CIFSS office staff. Coaches selected for the committee provide a cross-section of the organization and are based on geographic, as well as competitive divisions. Should you have suggestions or questions regarding volleyball competition, please make use of this excellent channel of communication. The committee will meet regularly during the season, and your items will be added to our agenda.

OFFICIAL INDOOR VOLLEYBALL

OFFICIAL BALL

V200W-USAN

*THERE IS A 1-YEAR GRACE PERIOD TO TRANSITION THE NEW BALL INTO PLAY

APPROVED FOR PLAY

VFC1000 SERIES

APPROVED FOR PLAY

VQ2000 SERIES

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CONTRACTED THROUGH: JUNE 30, 2031

*THE OFFICIAL BALL RULE IS MANDATORY FOR ALL CIF-SS PLAYOFF ROUNDS.

NFHS STAMP IS REQUIRED IN ALL SPORTS EXCEPT GIRLS FLAG FOOTBALL, GOLF, TENNIS AND BEACH VOLLEYBALL.*

OFFICIAL BALL RULE

SHOULD A SCHOOL FAIL TO PROVIDE THE CORRECT GAME BALL, THE GAME WILL ALWAYS BE PLAYED. TEAMS/SCHOOLS FAILING TO UTILIZE THE CORRECT OFFICIAL BALL IN CIF-SS PLAYOFFS WILL BE REPORTED BY OFFICIALS TO CIF-SS AND WILL NOT BE ALLOWED TO HOST THEIR NEXT AVAILABLE HOME PLAYOFF GAME. PENALTY WILL CARRY OVER TO THE NEXT SEASON IF NOT ENFORCEABLE THIS SEASON DUE TO ELIMINATION.

2026-27 VOLLEYBALL RULES CHANGES

4-2-1a, 4-2-1i(3) (NEW), 4-2-2: Libero uniform bottoms may be any color and no longer must match the team uniform bottoms.

Rationale: Allows more flexibility in the libero uniform bottoms while ensuring that the libero uniform top continues to contrast with their teammates.

5-5-3b(21): The second referee will provide a double whistle warning between sets at two minutes, 30 seconds (4:30 when intermission is used) instead of 2 minutes, 45 seconds.

Rationale: Improves pace of play between sets by notifying teams earlier to make their way onto the court for the officials to administer lineup checks before the final audio signal and resumption of play.

6-4-2, 10-4-3a, 10-4-3d: A team may designate up to two liberos, but only one libero can be in the game at a time. When a team designates two liberos and one is injured/ill, a new libero may be re-designated. When a team designates two liberos and one is disqualified; the team must continue with one libero.

Rationale: Allows more student-athletes to participate by creating an additional opportunity for coaches without having to utilize a substitution.

6-4 PENALTIES 1c (NEW), 12-2-8b NOTE (NEW): If non-playing teammate(s) (bench players) enter the court during play it is illegal alignment. It remains a conduct violation if a coach or team attendant (anyone not in uniform) enters the court while the ball is in play.

Rationale: More appropriately assesses illegal alignment (loss of rally/point awarded to the opponent) to non-playing teammates who enter the court while the ball is in play. A player who enters the court during play may still receive a conduct violation if they engage in disconcerting acts, disrespectful language, etc. This penalty realignment allows officials to appropriately penalize teams based on participant actions.

6-5-1: Players on the serving team are not permitted to raise their hands above their heads during service until the ball has passed beyond the net.

Rationale: Discourages player positioning during the serve that prevents the receiving team from viewing service contact and/or the flight of the ball and assists officials when evaluating the existence of screening. This change aligns with all other volleyball rules codes.

9-2-1 NOTE 1 (NEW): Players shall not wear any audio or video devices during the match.

Rationale: Clarifies the prohibition of electronic communication with and by players during the match and aligns with other NFHS rules codes.

12-2-8m (NEW): It is an unsporting conduct violation if coaches, non-playing teammates or team attendants use props on the bench during celebrations.

Rationale: Clarifies appropriate bench conduct for consistent enforcement by eliminating the use of props in bench celebrations while promoting sportsmanship and preventing disruption and potential safety concerns.

2026-27 Volleyball Editorial Changes

1-5-1, 5-2-1b, 5-4-3c(1), 5-4-4a, 7-1-1a, 7-1-1 PENALTIES 3, 7-1-2a, 7-1-4 PENALTIES 1, 9-9-1h

2026-27 Volleyball Points of Emphasis

1. Host Management Best Practices
2. Electronic Devices
3. Bench Personnel – Non-Playing Teammates
4. NFHS Authenticating Mark

NEWS RELEASE

Libero Rules Adjusted in High School Volleyball

FOR IMMEDIATE RELEASE Contact: Lindsey Atkinson

INDIANAPOLIS, IN (February 5, 2026) — High school volleyball teams will now be permitted to designate up to two libero players during each set, creating additional participation opportunities without needing to use a substitution.

In all, seven rules changes were recommended by the NFHS Volleyball Rules Committee at its annual meeting January 11-13. All rules changes were reviewed and approved by the NFHS Board of Directors.

Rule 6-4-2 was adjusted to allow for multiple liberos to be used by a team; however, only one libero can be in the game at a time. Prior to each set, a team may designate zero, one or two liberos on the lineup sheet.

"We have seen rapid growth in high school volleyball participation over the last several years, which has resulted in more highly skilled student-athletes and larger rosters," said Lindsey Atkinson, NFHS director of sports and liaison to the Volleyball Rules Committee. "Providing an opportunity for one more student-athlete to participate aligns with the mission of education-based athletics."

Additionally, Rules 10-4-3a and 10-4-3d now clarify how a libero can be replaced due to injury or disqualification and two liberos have been designated. In 10-4-3a, if a libero is injured, a team may replace the injured player with the player they replace on the court or the second libero. It may also re-designate a new libero.

In 10-4-3d, if a libero is disqualified and two liberos have been designated, the disqualified player may be replaced by the player they replace on the court or the second libero. However, the team must continue to play with one libero.

The libero's uniform was addressed in edits to Rule 4, with added Rule 4-2-1i(3) to note that the libero's uniform bottom may be any color while adhering to all other uniform rules.

The rules committee addressed the actions on non-playing teammates in Rule 12. Rule 12-2-8b was added to more appropriately assess when a non-playing teammate enters the court while the ball is in play as illegal alignment and penalized with a loss of point/rally. A coach or team attendant entering the court while the ball is in play is still considered unsporting conduct, and a non-playing teammate may receive a conduct violation if they engage in disconcerting acts or disrespectful actions.

Rule 12-2-8m was added to prohibit the use of props in bench celebrations by non-playing teammates to promote good sportsmanship while preventing disruptions.

Other rules changes include:

- Rule 5-5-3b(21) – The second referee will now indicate a second warning at two minutes, 30 seconds between sets instead of 2 minutes, 45 seconds to improve pace of play.
- Rule 6-5-1 – Players on the serving team are forbidden to raise their hands above their heads during service until the ball has passed beyond the net.
- Rule 9-2-1 NOTE 1 – No player shall wear any audio (microphone) or video (camera) device during the match, aligning volleyball rules with other NFHS rules codes.

A complete listing of the volleyball rules changes will be available on the NFHS website at www.nfhs.org. Click on "Sports" at the top of the home page and select "Volleyball" and then "Rules." The print version of the 2026-27 Volleyball Rules Book will be available for purchase in late April at www.NFHS.com, and the digital version will be available in April via NFHS Digital at www.NFHS.org.

According to the most recent NFHS High School Athletics Participation Survey, volleyball is the second-most popular sport for girls (trailing track and field) with 492,799 participants in 17,027 schools nationwide. In addition, there are 95,972 boys participating in the sport at 4,303 schools.

###

The following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2026-2027 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas.

201. STANDARDS OF ELIGIBILITY
https://cifss.org/blue-book/?gotopage=53

210. PHYSICAL ASSAULT
https://cifss.org/blue-book/?gotopage=82

212. AMATEUR STATUS
https://cifss.org/blue-book/?gotopage=84

220. BASIC ELIGIBILITY REQUIREMENTS FOR PARTICIPATION
https://cifss.org/blue-book/?gotopage=87

500. AUTHORIZED PARTICIPATION
https://cifss.org/resources/blue-book/?gotopage=94

503.G ADMINISTRATIVE OVERSIGHT / PHYSICAL EXAMINATION
https://cifss.org/resources/blue-book/?gotopage=99

503.H ADMINISTRATIVE OVERSIGHT / CONCUSSION PROTOCOL
https://cifss.org/resources/blue-book/?gotopage=99

506. PRACTICE ALLOWANCE
https://cifss.org/resources/blue-book/?gotopage=107

600. COMPETITION ON AN OUTSIDE TEAM
https://cifss.org/resources/blue-book/?gotopage=114

1227. SUNDAY RESTRICTION
https://cifss.org/resources/blue-book/?gotopage=141

1228. NOISEMAKERS PROHIBITED
https://cifss.org/resources/blue-book/?gotopage=141

3500. PLAYOFFS

https://cifss.org/blue-book/?gotopage=213

Additional playoff information will be available in late September in the Girls' Volleyball Playoff Bulletin. This bulletin will contain details on when the draws will be available, financial regulations, reporting of match results, game time and date change protocol, etc.

BLUE BOOK RULES 2026-2027 – VOLLEYBALL

The following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2025-2026 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas for volleyball.

3200. RALLY SCORING
https://cifss.org/blue-book/?gotopage=199

3201. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK
https://cifss.org/blue-book/?gotopage=199

3204. SCRIMMAGES
https://cifss.org/blue-book/?gotopage=199

3205. TOURNAMENTS
https://cifss.org/blue-book/?gotopage=200

3206. STARTING DATES FOR INTERSCHOLASTIC CONTESTS
https://cifss.org/blue-book/?gotopage=200

3208. END OF COMPETITION
https://cifss.org/blue-book/?gotopage=200

3209. OUTSIDE COMPETITION BY AN INDIVIDUAL
https://cifss.org/blue-book/?gotopage=200

1227. SUNDAY RESTRICTION
https://cifss.org/resources/blue-book/?gotopage=141

503.M PLAYER CONDUCT
https://cifss.org/blue-book/?gotopage=101

503.M COACH EJECTION
https://cifss.org/blue-book/?gotopage=102

3500. PLAYOFFS
https://cifss.org/blue-book/?gotopage=201

2026-2027 GIRLS VOLLEYBALL LEAGUES

Updated: 07/30/2026

ENT	LEAGUE
3	**605**
	Bellflower
	California
	Glenn
	Lynwood
	Pioneer
5	**ACADEMY***
	Calvary Chapel/Downey
	Cristo Rey OC
	Fairmont Prep
	First Baptist/LB
	Magnolia Science
	Newport Christian
	Pacifica Christian/OC
	Samueli Academy
	San Gabriel Academy
3	**AGAPE**
	Excelsior Charter
	Hesperia Christian
	Lucerne Valley
	Riverside Prep
	Summit Leadership
	Victor Valley Christian
3	**ALLIANCE**
	Arroyo
	Alhambra
	El Monte
	Montebello
	Mountain View
	Rosemead
3	**AMBASSADOR**
	Aquinas
	Arrowhead Christian
	Linfield Christian
	Notre Dame/Riverside
	Ontario Christian
	Woodcrest Christian
3	**ARROWHEAD**
	California Lutheran
	Calif School/Deaf
	Entrepreneur/Highlan
	Hamilton
	La Sierra Academy
	Sherman Indian
3	**ARROYO**
	Arcadia
	Burroughs/Burbank
	Crescenta Valley
	La Canada
	South Pasadena

ENT	LEAGUE
3	**BASELINE**
	Chino Hills
	Etiwanda
	Los Osos
	Rancho Cucamonga
	St. Lucys
	Upland
3	**BAY**
	El Segundo
	Mira Costa
	Palos Verdes
	Redondo Union
	South Torrance
3	**BIG VIII**
	Centennial/Corona
	Corona
	King, Martin Luther
	Norco
	Roosevelt, Eleanor
	Santiago/Corona
3	**BOULDER**
	Gabrielino
	Marshall
	Monrovia
	San Marino
	Temple City
4	**CAMINO REAL**
	Cantwell-Sacred Hrt
	La Salle
	Mary Star of the Sea
	Paraclete
	Pomona Catholic
	St. Genevieve
	St. Monica Prep
3	**CHANNEL**
	Buena
	Oxnard
	San Marcos
	Santa Barbara
	Ventura
3	**CITRUS BELT**
	Beaumont
	Cajon
	Citrus Valley
	Redlands
	Redlands East Vly
	Yucaipa
3	**CITRUS COAST**
	Carpinteria
	Fillmore
	Hueneme
	Nordhoff
	Santa Paula

ENT	LEAGUE
3	**COAST**
	Century
	Estancia
	La Quinta/Westminster
	Rancho Alamitos
	Western
4	**COASTAL**
	Calif Acad Math/Science
	Geffen Academy at UCLA
	Hawthorne MSA
	New Roads
	Rolling Hills Prep
	Vistamar
	Wildwood
3	**COASTAL CANYON**
	Camarillo
	Moorpark
	Oak Park
	Royal
	Simi Valley
3	**CONDOR**
	Anacapa
	Besant Hill
	Legacy Christian
	Midland
	Oak Grove
3	**CREST**
	Blair
	Burbank
	Glendale
	Hoover
	Muir
	Pasadena
3	**CRESTVIEW**
	Canyon/Anaheim
	Crean Lutheran
	Cypress
	Sunny Hills
	Yorba Linda
4	**CROSS VALLEY**
	Acad Careers/Exploration
	Academy/Acad Excellence
	Cobalt Institute
	Lakeview Leadership
	PAL Charter
	Silver Valley
	University Prep
3	**DEL REY**
	Bishop Amat
	Bishop Montgomery
	Sacred Heart of LA
	St. Anthony
	St. Joseph

ENT	LEAGUE
3	**DESERT EMPIRE**
	Coachella Valley
	Indio
	Palm Desert
	Palm Springs
	Xavier Prep
3	**DESERT SKY**
	Adelanto
	Barstow
	Granite Hills
	Silverado
	Victor Valley
3	**DESERT VALLEY**
	Banning
	La Quinta
	Rancho Mirage
	Shadow Hills
	Yucca Valley
3	**EMPIRE**
	Costa Mesa
	Fullerton
	Kennedy/La Palma
	Segerstrom
	Valencia/Placentia
3	**EXPRESS***
	Acaciawood
	Avalon
	Legacy College Prep
	OC Classical
	Tarbut V Torah
4	**FOOTHILL**
	Canyon/CC
	Castaic
	Golden Valley
	Hart
	Saugus
	Valencia/Valencia
	West Ranch
3	**FREEWAY**
	El Dorado
	Esperanza
	Foothill/Santa Ana
	Sonora
	Troy
3	**FRONTIER**
	Dunn
	Grace
	Providence/SB
	Santa Clara
	Thacher

ENT	LEAGUE
3	**GATEWAY**
	Cerritos
	Downey
	Gahr
	La Serna
	Warren
3	**GOLD COAST**
	Brentwood
	Campbell Hall
	Crossroads
	The Archer School
	Viewpoint
	Windward
4	**GOLDEN**
	Antelope Valley
	Eastside
	Highland
	Knight
	Lancaster
	Littlerock
	Palmdale
	Quartz Hill
3	**GOLDEN WEST**
	Calvary Chapel/SA
	Godinez
	Laguna Hills
	Ocean View
	Tustin
3	**GROVE**
	Bolsa Grande
	Loara
	Los Amigos
	Santa Ana Valley
	Santiago
3	**HACIENDA**
	Alta Loma
	Colony
	Los Altos
	San Dimas
	South Hills
5	**HERITAGE**
	Desert Chr/Lancaster
	Faith Baptist
	Lancaster Baptist
	Palmdale Acad Charter
	Palmdale Aerospace
	Santa Clarita Christian
	St. Monica Academy
	Trinty Classical Acad
	Vasquez
3	**HUB CITY***
	Cabrillo
	Centennial
	Compton
	Compton Early College
	Dominguez

ENT	LEAGUE
3	**INDEPENDENCE**
	AGBU/Canoga Park
	Buckley
	Interntl School of LA
	Pilibos
	Providence/Burbank
	YULA (Yeshiva)
3	**INLAND VALLEY**
	Canyon Springs
	Citrus Hill
	Lakeside
	Orange Vista
	Perris
	Vista Del Lago
3	**INTERNATIONAL**
	Arcadia Christian
	EF Academy
	Mesrobian
	New Covenant Academy
	Southwestern Academy
	Waverly
3	**IVY**
	Hemet
	Liberty
	Paloma Valley
	Poly/Riverside
	Rancho Christian
	Valley View
3	**LIBERTY**
	de Toledo
	Holy Martyrs
	Le Lycee
	Milken
	Pacifica Christian/SM
3	**MAJESTIC***
	Bethel Chr/Riverside
	Grove
	Norton
	Public Safety Academy
	River Springs Temecula
3	**MARMONTE**
	Agoura
	Calabasas
	Newbury Park
	Oaks Christian
	Thousand Oaks
	Westlake
3	**METRO**
	Bell Gardens
	El Rancho
	Mark Keppel
	San Gabriel
	Schurr
	South El Monte

ENT	LEAGUE
3	**MID-CITIES**
	Norwalk
	Oxford Academy
	Paramount
	Santa Fe
	Whitney
3	**MIRAMONTE**
	Bassett
	Edgewood
	Ganesha
	La Puente
	Pomona
	Workman
3	**MISSION GOLD**
	Chaminade
	Harvard-Westlake
	Marymount
	Notre Dame/Sherman Oaks
	Sierra Canyon
3	**MISSION SILVER**
	Alemany
	Flintridge Sacred Heart
	Immaculte Heart
	Louisville
	Marlborough
	Notre Dame Academy
3	**MOJAVE RIVER**
	Apple Valley
	Burroughs/Ridgecrest
	Hesperia
	Oak Hills
	Serrano
	Sultana
3	**MONTVIEW**
	Azusa
	Baldwin Park
	Duarte
	Garey
	Nogales
	Sierra Vista
3	**MOORE**
	Jordan
	Lakewood
	Millikan
	Poly/Long Beach
	Wilson/Long Beach
3	**MOUNTAIN PASS**
	Elsinore
	San Jacinto
	Tahquitz
	Temescal Canyon
	West Valley

ENT	LEAGUE
3	**MOUNTAIN VALLEY**
	Miller, A.B.
	Pacific
	Romona
	Rubidoux
	San Bernardino
3	**MT. BALDY**
	Chaffey
	Chino
	Diamond Ranch
	Don Lugo
	Montclair
	Ontario
4	**MULHOLLAND**
	Ambassador Christian
	Animo Leadership
	Animo City of Champ
	Pacific Lutheran
	The SEED School of LA
	Shalhevet
	Summit View West
	NORTH HILLS
3	Brea Olinda
	El Modena
	La Habra
	Pacifica/Garden Grove
	Villa Park
	OCEAN
4	Beverly Hills
	Culver City
	Hawthorne
	Inglewood
	Lawndale
	Leuzinger
	Santa Monica
	OLYMPIC
3	Heritage Christian
	Maranatha
	Valley Christian/Cerritos
	Village Christian
	Whittier Christian
	OMEGA
5	Beacon Hill
	Delphi Academy
	Glendale Adventist
	Gorman Learning Ctr/SC
	Highland Hall
	Hillcrest Christian/TO
	Lighthouse Christian
	Newbury Park Adventist
	Ojai Valley
	Pilgrim
	San Fernando Vly Acad
	Sequoyah
	Summit View
	Westmark

ENT	LEAGUE
3	**ORANGE**
	Anaheim
	Magnolia
	Orange
	Saddleback
	Savanna
3	**ORANGE COAST**
	Buena Park
	Garden Grove
	Katella
	Santa Ana
	Westminster
3	**PACIFIC COAST**
	Northwood
	Portola
	Rosary Academy
	Sage Hill
	St. Margarets
3	**PACIFIC HILLS**
	Irvine
	Laguna Beach
	Pacifica Christian OC
	Woodbridge
	University
3	**PACIFIC VIEW**
	Channel Island
	Del Sol
	Dos Pueblos
	Pacifica/Oxnard
	Rio Mesa
3	**PALOMARES**
	Ayala
	Bonita
	Claremont
	Diamond Bar
	Glendora
	Walnut
3	**PINNACLE**
	Mesa Grande
	Packing House
	Redlands Adventist
	River Springs Hemet
	River Springs Magnolia
3	**PIONEER**
	North Torrance
	Peninsula
	Torrance
	West Torrance
	Wiseburn Da Vinci
24	

ENT	LEAGUE
4	**PREP**
	Chadwick
	Flintridge Prep
	Mayfield
	Oakwood
	Poly/Pasadena
	Rio Hondo Prep
	Westridge
3	**RIO VISTA**
	Artesia
	Firebaugh
	La Mirada
	Mayfair
	Whittier
3	**RIVER VALLEY**
	Big Bear
	Jurupa Valley
	La Sierra
	Norte Vista
	Patriot
3	**SAN ANDREAS**
	Arroyo Valley
	Fontana
	Jurupa Hills
	Rialto
	Rim of the World
5	**SAN JOAQUIN***
	Bethel Baptist
	Capistrano Valley Chr
	Eastside Christian
	Liberty Christian
	NOVA Academy
	Southlands Christian
	Vista Meridian Global
	Waldorf/OC
	Webb
	Western Christian
4	**SANTA FE**
	Bishop Conaty-Loretto
	Ramona Convent
	San Gabriel Mission
	Serra
	St. Bernard
	St. Marys Academy
	St. Paul
	St Pius X-St Matthias
3	**SEA VIEW**
	Capistrano Valley
	El Toro
	Mission Viejo
	Tesoro
	Trabuco Hills
25	

ENT	LEAGUE
2	**SKYLINE**
	Bloomington
	Carter
	Colton
	Indian Springs
3	**SOUTH COAST**
	Aliso Niguel
	Beckman
	Dana Hills
	San Clemente
	San Juan Hills
3	**SOUTHWESTERN**
	Chaparral
	Great Oak
	Murrieta Mesa
	Murrieta Valley
	Temecula Valley
	Vista Murrieta
4	**SOUTH VALLEY**
	California Military
	Desert Christian Acad
	Nuview Bridge
	San Jacinto Leadership
	San Jacinto Valley Acad
	Santa Rosa Academy
	St. Jeanne De Lestonnac
	Temecula Prep
3	**SUMMIT**
	Cornerstone Christian
	Loma Linda Academy
	Calvery Baptist
	United Christian
	Crossroads Christian
2	**SUN VALLEY**
	Cathedral City
	Desert Mirage
	Desert Hot Springs
	Twentynine Palms
3	**SUNBELT**
	Arlington
	Heritage
	Hillcrest
	Moreno Valley
	North
	Rancho Verde
3	**SUNKIST**
	Eisenhower
	Grand Terrace
	Kaiser
	San Gorgonio
	Summit
23	

ENT	LEAGUE
4	**SUNSET**
	Corona Del Mar
	Edison
	Fountain Valley
	Huntington Beach
	Los Alamitos
	Marina
	Newport Harbor
2	**TRINITY**
	JSerra Catholic
	Lutheran/Orange
	Mater Dei
	Santa Margarita
4	**TRI-VALLEY**
	Bishop Diego
	Cate
	Foothill Tech
	Laguna Blanca
	Malibu
	St. Bonaventure
	Villanova Prep
3	**VALLE VISTA**
	Charter Oak
	Covina
	Northview
	Rowland
	West Covina
	Wilson/HH
3	**VICTORY***
	Desert Chapel
	Joshua Springs Christian
	Noli Indian
	Palm Valley
	Weaver
	Freelance
	Animo City of Champions
	Lifeline Education Charter
	Entrepreneur/Fontana
	DOES NOT FIELD
	Gorman LC/AV-probation
	Orange County Chr
	Price
	Univ Career & Sports
16	

Volleyball Sample Line Up Sheet:

Team Centerville HS Comets Game 1
Libero: 2 (Check one) Serve ____ Receive ___

Serve Order	Player Number
I	4
II	6
III	8 C
IV	3
V	5
VI	7

Volleyball Score Sheet:

Download from the CIF-Southern Section website at www.cifss.org or click here (https://cifss.org/sport-news/volleyball-score-sheet/)

Volleyball Scorekeeping 101:

Download from the CIF-Southern Section website at www.cifss.org or click here (https://cifss.org/sport-news/volleyball-scoring-presentation/)

For Sanctioned Events go to www.cifss.org

1. Click on Governance
2. Click Sanctioned Events
3. Select Volleyball, Girls
4. Click Search
5. To find a specific event, enter information in Keywords
6. Click Search

ALL CIF Southern Section Nomination Information

The ALL-CIF Southern Section Girls Volleyball Team will be selected by the advisory committee based on the returned nomination forms submitted by the deadline. Late nominations will not be considered.

All coaches are asked to send their nominations using the Google Doc posted to the website.

Any additional pertinent information may be sent to one of the committee members listed below.

Form MUST be returned no later than Monday, November 9, 2026.

Division	Division Representative	Email Contact
1	Mike Wadley	mwadley@lbschools.net
2	Gus Culver	culverg@svusd.org
3	Pat Casey	Patrick.Casey@oxnardunion.org
4	Dillian Bennett	dbennett@bishopdiego.org
5	Jeff Porter	bionvbguy@yahoo.com
6	Rene Nakao-Mauch	rnakaomauch@ojaiunion.org
7	Frankie Perales	Frankiep22c@aol.com
8	Carlos Martinez	Cmartinez1@lbschools.net
9	Giselle De Moura	Giselledemoura4@gmail.com
10	Lynsey Mikhail	Lynsey.Mikhail@gmail.com
11	Carlos Martinez	Cmartinez1@lbschools.net

If you have any questions, please contact our office or any one of the advisory members listed in the preview.

Thank you in advance for your assistance in completing this process.

MEMORANDUM

TO: All-CIF-SS SELECTION COORDINATORS AND CIF-SS STAFF
FROM: THOM SIMMONS, ASSISTANT COMMISSIONER
DATE: JUNE 10, 2024
RE: 2025-2026 ALL-CIF SOUTHERN SECTION TEAMS

Per the previous directive regarding the selection of All-CIF-SS and after consultation with CIF-SS Staff, the following are the mandatory maximums as it regards team selections in all sports. The office will no longer provide certificates beyond the first team in any sport, and each sport will be allotted the following number of player selections for each division represented in that sport:

Girls' Volleyball 12 position players, 1 Libero, **1 MVP*,** 1 Coach of the Year (13 w/ Libero; 12 w/o)

*** In each sport, the MVP must be included in the list of position players**

Each sport may alter their lists, except those as designated, as they see fit (i.e. select Co-MVP's) however the total number of players may not exceed the total number of allowable selections.

- Each sport may continue to select and honor a 2nd or 3rd team. However, the CIF Southern Section will not pay for those certificates, nor will the CIF-SS office release those teams to the media. Additionally, 2nd and 3rd teams cannot include the use of "CIF" or any variation of our name in the titling. Thank you for your understanding, and please feel free to contact me should you have any questions on this issue.

- Unless an individual school has co-head coaches on its staff, we will not accept "Co-Coaches of the Year".

- Any sport that does not conform to these guidelines will be asked to resubmit.

Thank you for your cooperation and understanding.

The CIF-SS Record Book is updated on a yearly basis and can be found here.

https://cifss.org/record-book/

The CIF-SS Communications Office will automatically update information on championship teams, scores, and Players of the Year. Should your team, an athlete on your team, or a coach meet a milestone record, then please complete this form.

https://cifss.org/record-book-request/

Please note we only record the top 10 in each category.

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HEALTH AND SAFETY

It is the expectation of the CIF Southern Section that your Athletic Coaches and Administration will take every measure to ensure the health and safety of your student athletes.

The following are key points of emphasis coaches should review with their staff and players in reference to CIF Southern Section rules and regulations in the 2025-2026 CIF Southern Section Blue Book. This list is not all-inclusive but only highlights key areas. For necessary forms and additional information regarding Heat Safety, Hydration and other Sports Medicine resources, please go to www.cifss.org and click on the "Sports Medicine" tab on the blue toolbar.

Additional resources can be found at www.cifstate.org under the "Sports Medicine" tab on the white toolbar

PHYSICAL EXAMINATION

An annual physical examination, or a statement by a medical practitioner, is required for a student to take part in any authorized school practice session and/or pre-season conditioning period. This physical examination will be valid for a period of one year from the date of the examination. A student will be excused from this physical examination only if there is compliance with the Education Code (parent's refusal to consent). CIF Health and Safety Committee strongly recommends schools use the Pre-Participation Examination form that is endorsed by five major medical societies; American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American orthopedic Sports Medicine and the American osteopathic Academy of Sports Medicine. All CIF schools must have school board approved forms.

CONCUSSION PROTOCOL

A student athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at the time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. If a licensed health care provider, trained in education and management of concussion determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return to play protocol of no less than seven (7) full days from the time of diagnosis under the supervision of a licensed heath care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition. (Approved May 2010 Federated Council/Revised January 2015 Federated Council)
Question: What is meant by "licensed health care provider?"

Answer: the “scope of practice” for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

STEROID PROHIBITION

All schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parent(s)/guardian(s)/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition.
NOTE: Article 1-12.N. (Revised May 2005 Federated Council)

SUDDEN CARDIAC ARREST PROTOCOL

A student-athlete who passes out or faints while participating in, or immediately following, an athletic activity or who is known to have passed out or fainted while participating in or immediately following an athletic activity must be removed immediately from participating in a practice or game for the remainder of the day. A student-athlete who has been removed from play after displaying signs and symptoms associated with sudden cardiac arrest may not return to play until the athlete is evaluated by a licensed health care provider and receives written clearance to return to play from that health care provider. On a yearly basis, a Sudden Cardiac Arrest information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition.

Question: What is meant by “licensed health care provider?”

Answer: The “scope of practice” for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or a doctor of osteopathy (DO).

2026-2027

CIF-SS APPROVED PASS GATE CARDS

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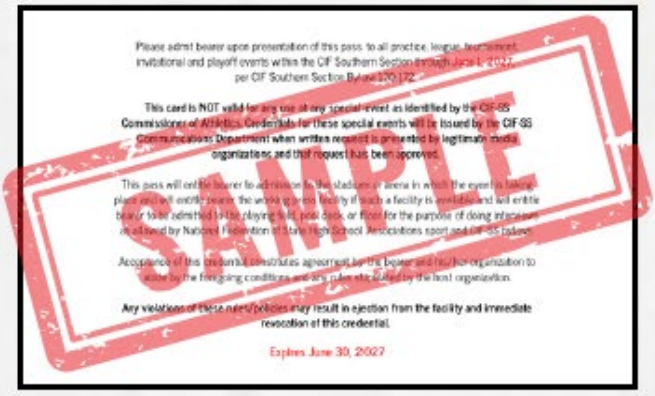
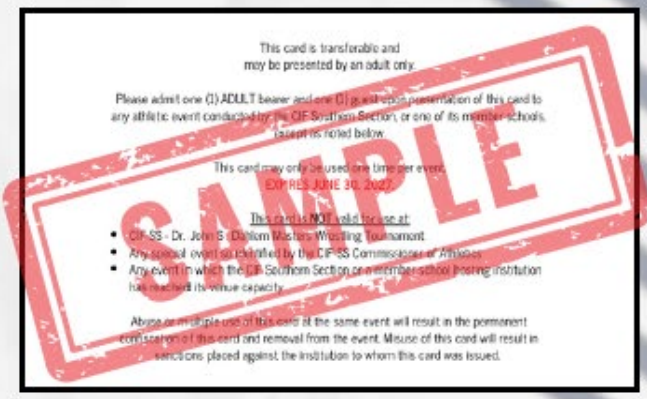
GOOD FOR BEARER +1



CIF-SS MEDIA CREDENTIAL

GOOD FOR BEARER +1



CIF-SS GOLD LIFE PASS

GOOD FOR BEARER +1

CIF-SS MVP AD

GOOD FOR BEARER +1

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Official Game Ball

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VFC1000 COLOR OPTIONS

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Approved Game Ball

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NFHS

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