

**ARTICLE 270
SWIMMING AND DIVING**

2700. STATE CHAMPIONSHIPS

State swimming and diving Championships will be conducted in the spring.

NOTE: For related policies please consult the swimming and diving section in the blue pages.

(Approved February 2014 Federated Council)

2701. RULES

All swimming and diving competition in the Southern Section will be conducted under National Federation rules unless otherwise provided.

<>2702. STARTING DATES FOR INTERSCHOLASTIC CONTESTS

No interscholastic meets (non-league, invitational, or league) may be scheduled prior to February 16.

2703. MAXIMUM TEAM CONTESTS

A swimming team will be permitted to compete in no more than 14 meets during the season, including dual, triangular meets, and invitationals. There is no limit to the number of invitationals a team may enter (not to exceed 14 meets during the season). The league championship meet and the CIF Southern Section Championship Meets are not considered part of the charged limits.

<>2704. END OF COMPETITION

All league competition for entries must end on or before Friday, April 26. Schools may compete until April 27 for non-league contests. NOTE: Saturday, April 27, competition may NOT be used for CIF-SS qualifying.

QUESTION: Will contest(s) played after the completion of league play and/or submission of league entries impact seeding or rankings?

ANSWER: No, once the league entries have been submitted a school will be seeded and ranked based on a team's results as of April 26.

<>2705. SUMMERTIME RULES/SUMMER DEAD PERIOD/SPORTS CAMPS

2705.1 With the exception of the summer dead period, until the beginning of the first official starting date for fall sports, there shall be no restriction on high school coaches working with high school students registered and/or attending their respective high school or entering them in summer competition, provided approval is received from the school principal.

QUESTION: Who may participate in high school summer athletic programs approved by the principal?

ANSWER: Only students registered for the upcoming school year in grades 9 through 12. Additionally, it would be a violation to allow elementary students (8th grade and below) to participate with the high school team. For students enrolled in more than one school, all summer practice and competition must be confined to one school.

2705.2 High schools may sponsor sport camps and/or allow non-school sponsored sport camps to use their facilities.

- * High school students and individuals from the general community can attend.
- * The high school name, nickname and identifying marks can be used in the title and/or promotion of the camp.
- * The principal of the high school must give permission for the camp to take place; non-school sponsored camps must secure a facility permit for use of any facilities and equipment.
- * The camp must comply with all CIF rules, including those pertaining to undue influence and dead period.
- * Non-school sponsored camps should provide required liability insurance for the use of any school facilities.

2705.3 A summer dead period must be declared by the school principal for all sports. The dates of the dead period must be forwarded to the Southern Section Commissioner. The dead period must be the same for all levels and must be three (3) consecutive weeks between the end of school or the last Friday in May, whichever is first, and the last Monday in August. No class could be offered which could circumvent the rule. There are no exceptions to the summer dead period.

During the dead period, weight lifting ONLY would be permitted. No running or other type of conditioning would be allowed.

Special nationally recognized programs in various sports that require a national or regional championship format, such as Bobby Sox Softball, American Legion or Mickey Mantle Baseball, etc., would be allowed to continue, until completion, during the dead period.

2706. OUTSIDE COMPETITION BY AN INDIVIDUAL

2706.1 Refer to Article 60 for specific guidelines.

2706.2 International competition during the season of sport, (sanctioned by the amateur governing body for swimming in the U.S.) by gifted swimmers traveling to a foreign country is permissible for athletes who have successfully petitioned in advance to the CIF Southern Section Commissioner for competition.

2706.3 A member of a high school swimming team, during the season of sport, may compete in outside water polo competition.

2706.4 High school divers will be permitted to enter outside diving competition during the season of sport as unattached individuals.

2707. LEVEL OF COMPETITION

No student shall participate in more than one level of competition in the same sport in the same day.

2708. MAXIMUM ATHLETIC CONTESTS IN ONE DAY

No team member will be permitted to enter two different meets on the same day.

2709. SCHOOL ATTENDANCE

Standards for school attendance are determined by local school governing boards.

2710. SPECIAL RULES FOR SWIMMING

2710.1 Students who attend schools that do not field swimming teams may compete in outside competition until entering CIF Southern Section Competition.

QUESTION: What is the qualifying procedure for a student into the CIF Southern Section prelims who attends a school which does not offer swimming?

ANSWER: Initially, if the league of which the school is a member conducts swimming, the student must be provided the opportunity to qualify at this level. If the league does not offer swimming, the school must request freelance status and the student must meet the specific qualifying times for entry into the CIF Southern Section prelims, with all qualifying times being met in a CIF Southern Section sanctioned meet and/or invitational.

2710.2 When a meet is held in a pool that is not properly marked, the host school is required to furnish uniform markers, the use of which is legal in all CIF Southern Section swim meets.

2710.3 In the CIF Southern Section swim program, diving will be conducted as an open event, but points scored will be counted only in the varsity division. Students will be permitted to enter diving and still compete in varsity, junior varsity, or frosh-soph as long as the individual's total does not exceed four events.

2710.4 When a school, representing a league which has diving, meets a school in practice competition from a league where diving is not conducted, diving competition will be held as an exhibition event with no points scored.

2710.5 CIF Southern Section swimming records may be established only in CIF Southern Section championship competition.

NOTE: When competition is conducted in 8 lanes or more (open lanes count toward the 8), 2 officials will be required for CIF time standard verification. If 2 officials cannot be obtained, qualification will only be recognized within the first 6 lanes (open lanes count toward the 6) from the starter.

2711. ORDER OF EVENTS

200-yard Medley Relay	100-yard Freestyle
200-yard Freestyle	500-yard Freestyle
200-yard Individual Medley	200-yard Freestyle Relay
50-yard Freestyle	100-yard Backstroke
Diving	100-yard Breaststroke
100-yard Butterfly	400-yard Freestyle Relay

NOTE: By league option, swim distances for less than varsity levels may be shortened.

2712. SUNDAY RESTRICTION

A school may not participate in a swimming/diving meet nor conduct a swimming/diving practice of any type on Sunday during the season of sport.

QUESTION: May a team be assembled on Sunday for a "skill session" or review a game film?

ANSWER: Neither of these activities would be permitted.

QUESTION: Does a meeting on Sunday of a single student with a coach constitute a violation of Bylaw 2712?

ANSWER: Yes, the intent of Bylaw 2712 is to allow no contact with student athletes on Sundays.

QUESTION: What constitutes a scrimmage or practice on Sunday?

ANSWER: Any preparation of an upcoming swimming/diving meet in which a player or players meet with the coach(es) on a Sunday is prohibited.

QUESTION: If my club/travel team coach is also my high school coach can we meet on Sundays under the guidelines/ parameters of the club/ travel program?

ANSWER: No, the relationship of the club/ travel team does not release the student and/or coach from the Sunday Contact Rule during the season of sport.

2713. PLAYER CONDUCT

Any player who is ejected for any reason shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest and may not attend. A second ejection will constitute a two contest suspension and a third ejection will cause suspension for the remainder of the season. A player who was ejected from the previous contest, who knowingly, or unknowingly, participates in or is in attendance at the next contest, will result in the forfeiture of that contest.

Any player whose conduct merits ejection from a game by an official for fighting or assaultive behavior shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. After the suspension from play, the student may only return after certification by the school principal that the student(s) has completed a conference with a school administrator. The appropriate form (post-ejection return to competition form) indicating the completion of the conference must be uploaded to the CIFSS Home misconduct manager for that specific misconduct. The School must also indicate the date(s) of the contest in which the player will not be in attendance in the "School Action" portion of the misconduct.

A second ejection from a game or contest for fighting or assaultive behavior will cause suspension for the remainder of the season.

A player who was ejected from the previous contest, who knowingly, or unknowingly, participates in or is in attendance at the next contest, will result in the forfeiture of every contest until the suspension is completely served.

Any player who leaves the confines of the bench or team area during a fight that has broken out or may break out will be ineligible for the team's next contest. After the suspension from play, the student may return only after certification by the school principal that the student(s) has completed a conference with a school administrator. The appropriate form indicating the completion of the conference must be filed with the Section office prior to rejoining the team. The School must also indicate the date(s) of the contest in which the player will not be in attendance in the "School Action" portion of the misconduct.

In the case of any suspension from play, the next contest may not be a forfeited, postponed or canceled game.

QUESTION: What must be submitted to the Section office before a student can be cleared to rejoin his/her team?

ANSWER: The Section office will provide a form on their website that must be uploaded to CIFSS Home or directly emailed to the CIF Office. The School must also indicate the date(s) of the contest in which the player will not be in attendance in the "School Action" portion of the misconduct.

QUESTION:	What is meant by attendance at a contest?
ANSWER:	Attendance is defined as being present at the location/site of the contest, which includes at the team bench/area, in the stands/spectator area, any location where the contest can be observed at any time, inside a gymnasium, stadium or playing area. The intent of this rule is that the ejected person is not present at the location/ site of the next contest.
QUESTION:	What happens when a student engages in Fighting/Assaultive Behavior during an athletic contest that is not observed by game officials?
ANSWER:	In cases when a student engages in Fighting/Assaultive Behavior that is not observed by game officials, it is the expectation of the CIF Southern Section Executive Committee that the building principal of the school involved will impose a minimum one-game suspension for the students who commit such offenses.
QUESTION:	What happens if a student is ejected from the first contest at a tournament when there are two contests on that day?
ANSWER:	When a game ejection of any kind occurs, the student should not be present at the next contest except in situations where supervision is necessary (i.e.: in a tournament). In tournament situations, it is understandable that the student remain in an area where they can be monitored (i.e.: bleachers, stands, etc.) however, they are still ineligible to compete or participate in any way. It is not the expectation that the student leave the facility unsupervised.
QUESTION:	What happens if a student receives a red card, misconduct of any kind, or an ejection during the last game of the season?
ANSWER:	The game suspension(s) carry over to the first game(s) at the beginning of the subsequent season. For example, a sophomore soccer player receives a red card the last game of the 2017 season. He/she will serve a game suspension the first game of 2018 season. Suspensions carry over and must be served before the athlete becomes eligible to compete in that sport. See next Q&A for answers regarding seniors.
QUESTION:	What if a senior (12 th grader) student receives a red card, misconduct of any kind or an ejection during the last game of the season?
ANSWER:	If a senior (12 th grade) student receives a red card or misconduct during the last game of the season, he/she must serve the penalty in the NEXT sport in which he/she participates. If the student does not participate in any other sports, the CIF Office WILL need a letter from the principal indicating the corrective action taken with that student. This letter will be uploaded to the ejection report in CIF-SS Home.

2714. COACH EJECTION

Upon ejection, the head or assistant coach shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. The next contest may not be a forfeited, postponed or canceled game. A second ejection will constitute a two contest suspension and a third ejection will cause suspension for the remainder of the season. A coach who was ejected from the previous contest who, knowingly or unknowingly, participates in or is in attendance at the next contest, will result in the forfeiture of every contest until the suspension is completely served.

QUESTION:	What is meant by attendance at a contest?
ANSWER:	Attendance is defined as being present at the location/site of the contest, which includes at the team bench/area, in the stands/spectator area, any location where the contest can be observed at any time, inside a gymnasium, stadium or playing area. The intent of this rule is that the ejected person is not present at the location/ site of the next contest.
QUESTION:	How does the Accountability Rule affect a coach who coaches more than one level of a particular sport?
ANSWER:	A coach who has been ejected from a contest may not be in attendance at ANY contest prior to serving his/her mandatory suspension at the level in which the coach was ejected. (i.e.: An ejected JV coach who is also a varsity assistant may NOT be in attendance at any contest until his/her mandatory JV suspension has been completed.)

2715. NOISEMAKERS PROHIBITED

No noisemakers (horns, bells, victory bells, sirens, chimes, musical instruments other than those in the band, etc.) will be permitted inside the gymnasium, stadium or playing fields at any CIF Southern Section contest (non-league, league, tournament or playoff). Cheering devices such as wooden blocks, or other similar objects, are prohibited. Megaphones shall be used only by uniformed cheerleaders for the purpose of directing and controlling rooting sections. The improper use of any of the above listed devices by supporters of a team would subject that team to possible forfeiture of the contest.

2716. PLAYOFFS

The CIF Southern Section Championship Swimming and Diving meets for varsity level only shall be on the dates established by the CIF Southern Section Council.

2716.1 Refer to Article 33 (Playoffs) for details regarding playoff information. (Specific information will be contained in playoff information bulletins.)