

**ARTICLE 230  
LACROSSE**

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**2300. REFER TO SECTION BYLAWS**

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CIF Bylaws have established Boys and Girls Lacrosse as spring sports.

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**2301. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK**

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Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball and water polo (February 1999 Federated Council; revised to include lacrosse November 2000 Federated Council.)

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**2302. RULES**

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- A. Girls Lacrosse - All girl's lacrosse contests in the CIF Southern Section will be played under the U.S. Lacrosse rules endorsed by the National Federation, unless otherwise provided herein.
- B. Boys Lacrosse - All boy's lacrosse contests in the CIF Southern Section will be played under the National Federation rules unless otherwise provided herein.

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**<>2303. SCRIMMAGES**

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2301.1 SCRIMMAGES: In the CIF-SS an interscholastic scrimmage in lacrosse is a training session between a minimum of two schools where no score is kept, free substitution and time-outs are permitted, spectators are not urged to attend, and officials are not paid. (See Q & A following bylaw 220.8 for definition.) A carnival may be conducted in lieu of an interscholastic scrimmage and must be sanctioned by the Commissioner.

2303.2 Schools are permitted two interscholastic scrimmages which may not be held prior to February 23 and must be held prior to the team's first interscholastic contest (non-league, league or tournament).

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**2304. TOURNAMENTS**

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A team may not be entered in more than three tournaments.

#2304.1 For each tournament, a team will be charged two games toward the allowable maximum number of contests.

**QUESTION:** Can a school enter two teams in the same tournament at the same level (i.e. varsity "A" and varsity "B")?

**ANSWER:** If a school chooses to split a single team into two teams in the same tournament at the same level, they will be charged one for one for all games played by both teams against the maximum 28 contests. ie. 6 total games played by both teams (3 by each team) counts as 6 games against the 28 maximum contests.

2304.2 All tournaments, regardless of the number of teams participating, are allowed a maximum of 5 games while still counting as 2 of your allowable contests.

2304.3 Tournament managers are responsible for notifying participating schools of the number of games and/or teams participating in the tournament.

**NOTE:** Two contests could be played in the SAME TOURNAMENT only, but not two games in two different tournaments (see Bylaw 2210).

**EXCEPTION:** Girls' lacrosse and lower level boys' lacrosse - the number of contests on a non-school day is not to exceed a total of 150 minutes for that day.

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**<>2305. STARTING DATES FOR INTERSCHOLASTIC CONTESTS**

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No interscholastic contest (non-league, tournament or league) may be scheduled prior to February 23.

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**<>2306. MAXIMUM TEAM CONTESTS**

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A lacrosse team will be permitted to play no more than 20 games during the season, including tournaments, but excluding CIF Southern Section, CIF State Playoffs, Section Foundation or Scholarship Games or League culminating tournaments.

#2206.1 FACULTY: Each team will be permitted to play one game with the faculty which will not count toward the allowable number of contests.

#2206.2 ALUMNI: Each team will be permitted to play one Alumni contest, which will not count toward the allowable number of contests.

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**<>2307. END OF COMPETITION**

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All league competition must end on or before Friday, May 10. Schools may compete until May 11 for non-league contests.

QUESTION: Will contest(s) played after the completion of league play and/or submission of league entries impact seeding or rankings?

ANSWER: No, once the league entries have been submitted a school will be seeded and ranked based on a team's results as of May 10.

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**2308. SUMMERTIME RULES/SUMMER DEAD PERIOD/SPORTS CAMPS**

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2308.1 With the exception of the summer dead period, until the beginning of the first official starting date for fall sports, there shall be no restriction on high school coaches working with high school students registered and/or attending their respective high school or entering them in summer competition, provided approval is received from the school principal.

QUESTION: Who may participate in high school summer athletic programs approved by the principal?

ANSWER: Only students registered for the upcoming school year in grades 9 through 12. Additionally, it would be a violation to allow elementary students (8th grade and below) to participate with the high school team. For students enrolled in more than one school, all summer practice and competition must be confined to one school.

2308.2 High schools may sponsor sport camps and/or allow non-school sponsored sport camps to use their facilities.

- \* High school students and individuals from the general community can attend.
- \* The high school name, nickname and identifying marks can be used in the title and/or promotion of the camp.
- \* The principal of the high school must give permission for the camp to take place; non-school sponsored camps must secure a facility permit for use of any facilities and equipment.
- \* The camp must comply with all CIF rules, including those pertaining to undue influence and dead period.
- \* Non-school sponsored camps should provide required liability insurance for the use of any school facilities.

2308.3 A summer dead period must be declared by the school principal for all sports. The dates of the dead period must be forwarded to the Southern Section Commissioner. The dead period must be the same for all levels and must be three (3) consecutive weeks between the end of school or the last Friday in May, whichever is first, and the last Monday in August. No class could be offered which could circumvent the rule. There are no exceptions to the summer dead period.

During the dead period, weight lifting ONLY would be permitted. No running or other type of conditioning would be allowed.

Special nationally recognized programs in various sports that require a national or regional championship format, such as Bobby Sox Softball, American Legion or Mickey Mantle Baseball, etc., would be allowed to continue, until completion, during the dead period.

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**2309. OUTSIDE COMPETITION BY AN INDIVIDUAL**

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*During Individual's Season of Sport* - A member of a high school lacrosse team may *not*, during his or her season of sport, *compete* for an outside team in the sport of lacrosse. A season of sport is defined as that period which begins with student's first interscholastic competition (non-league, tournament or league game) and ends with that student's last interscholastic contest (non-league, tournament or CIF Southern Section playoff). (See Bylaw 504.)

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**2310. LEVEL OF COMPETITION**

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No student shall participate in more than one level of competition on the same sport one the same day.

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**2311. MAXIMUM ATHLETIC CONTESTS IN ONE DAY**

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All interscholastic contests are to be arranged in such a way that no student shall take part in more than two athletic contests in any one day.

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**2312. SCHOOL ATTENDANCE**

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Standards for school attendance are determined by local school governing boards.

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**2313. SPORTSMANSHIP**

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Contrary to certain aspects of professional lacrosse, the players and coaches on CIF Southern Section lacrosse teams are expected to accept the officials' decisions and to refrain from unsportsmanlike gestures and remarks to opposing players and officials. It is the direct responsibility of the coach to control such unsportsmanlike actions and remarks on the part of his players or bench. In the event the coach does not accept this responsibility, the official shall have the right to remove the offender from the scene of the contest.

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**2314. SUNDAY RESTRICTION**

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A school may not play a lacrosse game nor conduct a scrimmage or lacrosse practice of any type on Sunday during the season of sport.

QUESTION: May a team be assembled on Sunday for a "skill session" or review a game film?

ANSWER: Neither of these activities would be permitted.

QUESTION: Does a meeting on Sunday of a single student with a coach constitute a violation of Bylaw 2314?

ANSWER: Yes, the intent of Bylaw 2314 is to allow no contact with student athletes on Sundays.

QUESTION: What constitutes a scrimmage or practice on Sunday?

ANSWER: Any preparation of an upcoming lacrosse game in which a player or players meet with the coach(es) on a Sunday is prohibited.

QUESTION: If my club/travel team coach is also my high school coach can we meet on Sundays under the guidelines/ parameters of the club/ travel program?

ANSWER: No, the relationship of the club/ travel team does not release the student and/or coach from the Sunday Contact Rule during the season of sport.

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**2315. PLAYER CONDUCT**

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Any player who is ejected for any reason shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest and may not attend. A second ejection will constitute a two-contest suspension and a third ejection will cause suspension for the remainder of the season. A player who was ejected from the previous contest, who knowingly, or unknowingly, participates in or is in attendance at the next contest, will result in the forfeiture of that contest.

Any player whose conduct merits ejection from a game by an official for fighting or assaultive behavior shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. After the suspension from play, the student may only return after certification by the school principal that the student(s) has completed a conference with a school administrator. The appropriate form (post-ejection return to competition form) indicating the completion of the conference must be uploaded to the CIFSSHome misconduct manager for that specific misconduct. The School must also indicate the date(s) of the contest in which the player will not be in attendance in the "School Action" portion of the misconduct.

A second ejection from a game or contest for fighting or assaultive behavior will cause suspension for the remainder of the season.

A player who was ejected from the previous contest, who knowingly, or unknowingly, participates in or is in attendance at the next contest, will result in the forfeiture of every contest until the suspension is completely served.

Any player who leaves the confines of the bench or team area during a fight that has broken out or may break out will be ineligible for the team's

next contest. After the suspension from play, the student may return only after certification by the school principal that the student(s) has completed a conference with a school administrator. The appropriate form indicating the completion of the conference must be filed with the Section office prior to rejoining the team. The School must also indicate the date(s) of the contest in which the player will not be in attendance in the "School Action" portion of the misconduct.

In the case of any suspension from play, the next contest may not be a forfeited, postponed or canceled game.

QUESTION:	What must be submitted to the Section office before a student can be cleared to rejoin his/her team?
ANSWER:	The Section office will provide a form on their website that must be uploaded to CIFSSHome or directly emailed to the CIF Office. The School must also indicate the date(s) of the contest in which the player will not be in attendance in the "School Action" portion of the misconduct.
QUESTION:	What happens when a student engages in Fighting/Assaultive Behavior during an athletic contest that is not observed by game officials?
ANSWER:	In cases when a student engages in Fighting/Assaultive Behavior that is not observed by game officials, it is the expectation of the CIF Southern Section Executive Committee that the building principal of the school involved will impose a minimum one-game suspension for students who commit such offenses.
QUESTION:	What is meant by attendance at a contest?
ANSWER:	Attendance is defined as being present at the location/site of the contest, which includes at the team bench/area, in the stands/spectator area, any location where the contest can be observed at any time, inside a gymnasium, stadium or playing area. The intent of this rule is that the ejected person is not present at the location/ site of the next contest.
QUESTION:	What happens if a student is ejected from the first contest at a tournament when there are two contests on that day?
ANSWER:	When a game ejection of any kind occurs, the student should not be present at the next contest except in situations where supervision is necessary (i.e.: in a tournament). In tournament situations, it is understandable that the student remains in an area where they can be monitored (i.e.: bleachers, stands, etc.) however, they are still ineligible to compete or participate in any way. It is not the expectation that the student leave the facility unsupervised.
QUESTION:	What happens if a student receives a red card, misconduct of any kind, or an ejection during the last game of the season?
ANSWER:	The game suspension(s) carry over to the first game(s) at the beginning of the subsequent season. For example, a sophomore soccer player receives a red card the last game of the 2017 season. He/she will serve a game suspension the first game of 2018 season. Suspensions carry over and must be served before the athlete becomes eligible to compete in that sport. See next Q&A for answers regarding seniors.
QUESTION:	What if a senior (12 <sup>th</sup> grader) student receives a red card or misconduct during the last game of theseason?
ANSWER:	If a senior (12 <sup>th</sup> grade) student receives a red card, misconduct of any kind, or an ejection during the last game of the season, he/she must serve the penalty in the NEXT sport in which he/she participates. If the student does not participate in any other sports, the CIF Office WILL need a letter from the principal indicating the corrective action taken with that student. This letter will be uploaded to the ejection report in CIF-SS Home.
QUESTION:	Would two yellow cards meet the standard for player ejections, per CIF Southern Section bylaws 2315 and 2316 "Player Conduct/Coach Ejection" requiring the offending athlete or coach to be disqualified from attending that school's next contest and all other levels leading up to that level?
ANSWER:	Yes. State organizations may have bylaws that are more restrictive than those contained in individual sport rules books.

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## 2316. COACH EJECTION

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Upon ejection, the head or assistant coach shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. The next contest may not be a forfeited, postponed or canceled game. A second ejection will constitute a two contest suspension and a third ejection will cause suspension for the remainder of the season. A coach who was ejected from the previous contest who, knowingly or unknowingly, participates in or is in attendance at the next contest, will result in the forfeiture of every contest until the suspension is completely served.

QUESTION:	What is meant by attendance at a contest?
ANSWER:	Attendance is defined as being present at the location/site of the contest, which includes at the team bench/area, in the stands/spectator area, any location where the contest can be observed at any time, inside a gymnasium, stadium or playing area. The intent of this rule is that the ejected person is not present at the location/ site of the next contest.
QUESTION:	How does the Accountability Rule affect a coach who coaches more than one level of a particular sport?
ANSWER:	A coach who has been ejected from a contest may not be in attendance at ANY contest prior to serving his/her mandatory suspension at the level in which the coach was ejected. (i.e.: An ejected JV coach who is also a varsity assistant may NOT be in attendance at any contest until his/her mandatory JV suspension has been completed.)

### **2317. LENGTH OF GAMES**

2317.1 GIRLS LACROSSE - The duration of all levels of girl's games shall be two twenty-five minute periods. The intermission between the first and second period shall not exceed ten minutes.

2317.2 BOYS LACROSSE - The duration of all levels of boy's games shall be four twelve minute periods. There shall be two-minute intervals between the first and second periods and between the third and fourth periods. The intermission between the second and third period shall not exceed ten minutes.

### **2318. NOISEMAKERS PROHIBITED**

No noisemakers (horns, bells, victory bells, sirens, chimes, musical instruments other than those in the band, etc.) will be permitted inside the gymnasium, stadium or playing fields at any CIF Southern Section contest (non-league, league, tournament or playoff). Cheering devices such as wooden blocks, or other similar objects, are prohibited. Megaphones shall be used only by uniformed cheerleaders for the purpose of directing and controlling rooting sections. The improper use of any of the above listed devices by supporters of a team would subject that team to possible forfeiture of the contest.

### **2319. PLAYOFFS**

Refer to #Article 33 (Playoffs) for information regarding playoff information.

2319.1 GIRLS LACROSSE CHAMPIONSHIPS (No playoffs - See Bylaw #3300.3)

2319.2 BOYS LACROSSE CHAMPIONSHIPS (No playoffs - See Bylaw #3300.3)

## **ARTICLE 230 SKIING**

### **2300. SKIING**

Skiing is not a sanctioned interscholastic sport in the CIF Southern Section.