

ALL-TIME BOYS SWIMMING/DIVING TEAM CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion (Score)</u>	<u>Head Coach</u>	<u>Runner-up (Score)</u>	<u>Site</u>
1917		Pasadena (23.5)		Venice(14)	
1919		San Diego (35)		Huntington Park (2)	
1922		Venice (65)	Fred Cady	Pasadena (28)	Bimini Baths
1923		Venice (29)	Fred Cady	Pasadena (21)	Long Beach Plunge
1924		Venice (45 1/5)	Fred Cady	San Diego (19 1/2)	UCLA
1925		Pasadena (38)	Leland Auley	Hollywood (33)	Hollywood AC
1926		Los Angeles (44)	Elmer Crumley	Long Beach Poly	Huntington Park HS
1927		Long Beach Poly (41)	Wally Detrick	Huntington Park (21)-Hollywood (21)	Huntington Park HS
1928		Hollywood (51)	Clyde Swensen	Long Beach Poly (36)	Huntington Park HS
1929		Long Beach Poly (56)	Wally Detrick	San Diego (21)	Fullerton HS
1930		San Diego (31)	Hobbs Adam	Hollywood (24)	Hollywood HS
1931		Fullerton (33)	Albert Dowden	Long Beach Poly (25)	Long Beach Poly HS
	Class C	Long Beach			
1932		Long Beach Poly (52.5)	Wally Detrick	Fullerton (23.5)	Los Angeles HS
1933		Long Beach Poly (41)	Wally Detrick	Fullerton (21)	L.A. Swim Stadium
1934		(No meet held)			
1935		Fullerton (53)	Jimmy Smith	Long Beach Poly (43)	L.A. Swim Stadium
1935	Class C	Long Beach High School			
1936		Fullerton (57)	Jimmy Smith	Long Beach Poly (48.5)	Inglewood HS
1937		Long Beach Poly (53)	Wally Detrick	Fullerton (35.5)	Fullerton HS
1938		Long Beach Poly (38)	Wally Detrick	Huntington Beach (35)	Huntington Beach HS
1939		Long Beach Wilson (49)	Pete Archer	Long Beach Poly (28)	Compton Junior College
1940		Redlands (34)	Orville Scherrard	Huntington Beach (33)	Compton Junior College
1941		Whittier (41)	Heber Holloway	Huntington Beach (29)	Whittier HS
1942		Whittier (53)	Heber Holloway	Fullerton (44)	Fullerton HS
1943		Beverly Hills (46.5)	John Morrow	Whittier (38)	Occidental College
1944		Beverly Hills (61)	John Morrow	Whittier (35)	Compton College
1945		Beverly Hills (48.5)	John Morrow	Redlands (30)	Occidental College
1946		Beverly Hills (37)	John Marrow	Fullerton (35)	Occidental College
1947		Beverly Hills (59)	John Marrow	El Segundo (23)	Anaheim HS
1948		El Segundo (46)	Urho Saari	Fullerton (27)	El Segundo HS
1949		Whittier (51)	Heber Holloway	El Segundo (17)-Fullerton (17)	Fullerton HS
1950		Redlands (62)	Ron Stutt/Walt Anderson	El Segundo	Beverly Hills HS
1951		El Segundo (72)	Urho Saari	Whittier (37)	Long Beach Wilson HS
1952		El Segundo (40)	Urho Saari	Long Beach Poly (31)	Long Beach Jordan HS
1953		Long Beach Wilson (56)	Pete Archer	El Segundo (39)	El Segundo HS
1954		Whittier (44)	Frank Poucher	Downey (28)-El Segundo (28)	Beverly Hills HS
1955		Long Beach Wilson (47)	Pete Archer	Whittier (31)	El Segundo HS
1956		Long Beach Wilson (66)	Pete Archer	Whittier (31)	Beverly Hills HS
1957		El Segundo (62)	Urho Saari	Black-Foxe (47)	El Camino College
1958		El Segundo (58)	Urho Saari	Black-Foxe (50)	Beverly Hills HS
1959		El Segundo (41)	Urho Saari	Beverly Hills (40)	Beverly Hills HS
1960		Beverly Hills (41)	Walt Puffer	Newport Harbor (39)	Santa Monica College
1961		California (37)	Albert Waer	Garden Grove (33)	Santa Ana College
1962		Hoover (45)	George Novinger	El Segundo (38.5)	Beverly Hills HS
1963		Fullerton (36)	Lee Arth	Newport Harbor (28)	Cerritos College
1964		Fullerton (49)	Lee Arth	Buena Park (27)	Beverly Hills HS
1965		Fullerton (47.5)	Lee Arth	Chadwick (25)	Cerritos College
1966		Fullerton (40)	Lee Arth	Corona del Mar (38)	Beverly Hills HS
1967		Burbank (35)	Roy Lockwood	Corona del Mar (31)	UC Irvine
1968		Arcadia (45.5)	Roy Patterson	Burbank (23.5)	Beverly Hills HS
1969		Buena (202)	Mason Parrish	Long Beach Wilson (113.5)	Belmont Plaza Pool
1970		Corona del Mar (106.5)	Cliff Hooper	Anaheim (95.5)	Belmont Plaza Pool
1971		Foothill (157.5)	Tom De Long	Long Beach Wilson (100.1)	Belmont Plaza Pool
1972		Foothill (131)	Tom De Long	Sunny Hills (111.5)	Belmont Plaza Pool
1973		Foothill (146.5)	Tom De Long	Long Beach Wilson (96)	Belmont Plaza Pool
1974		Foothill (163)	Tom De Long	Servite (94)	Belmont Plaza Pool
1975	4-A	Mission Viejo (148)	Mark Schubert	Foothill (128)	East Los Angeles College
	3-A	San Marino (172)	Burt Kanner	El Dorado (144)	East Los Angeles College
1976	4-A	Mission Viejo (159)	Mike Pelton	Fountain Valley (107)	East Los Angeles College
	3-A	San Marino (258)	Burt Kanner	El Dorado (109)	East Los Angeles College
1977	4-A	Mission Viejo (222)	Mike Pelton	Foothill (165)	East Los Angeles. College
	3-A	San Marino (269)	Burt Kanner	El Dorado (100)	East Los Angeles College
1978	4-A	Mission Viejo (257)	Mike Pelton	Foothill (132.5)	East Los Angeles College
	3-A	San Marino (260)	Burt Kanner	El Dorado (149)	East Los Angeles College
1979	4-A	Mission Viejo (295)	Mike Pelton	San Marino (157)	Belmont Plaza Pool
	3-A	Newbury Park (142.5)	Chris Sawyer	Crescenta Valley (101)	Belmont Plaza Pool
	2-A	Indio (113)	Ken Copeland	Canyon/Anaheim (76)	Belmont Plaza Pool
1980	4-A	Mission Viejo (261.5)	Mike Pelton	Newport Harbor (146)	East Los Angeles College
	3-A	Walnut (129)	Bob Woolley	El Toro (101)	East Los Angeles College
	2-A	Notre Dame/Sherman Oaks (115)	Don Peterson	Crespi (112)	East Los Angeles. College

ALL-TIME BOYS SWIMMING/DIVING TEAM CHAMPIONS

YEAR	Div.	Champion (Score)	Head Coach	Runner-up (Score)	Site
1981	4-A	Mission Viejo (256)	Mike Pelton	Newport Harbor (161.5)	East Los Angeles College
	3-A	Walnut (191)	Bob Woolley	San Marino (84)	East Los Angeles College
	2-A	Notre Dame/Sherman Oaks (140)	John Davis	San Luis Obispo (120)	East Los Angeles College
1982	4-A	Mission Viejo (292)	Mike Pelton	Newport Harbor (216)	East Los Angeles College
	3-A	Walnut (148)	Bob Woolley	Servite (127)	East Los Angeles College
	2-A	San Luis Obispo (184)	Rick Ernstrom	Palm Springs (169)	East Los Angeles College
1983	4-A	Mission Viejo (313)	Mike Pelton	Newport Harbor (256)	East Los Angeles College
	3-A	Walnut (135)	Bob Woolley	Loyola (133)	East Los Angeles College
	2-A	Palm Springs (156.5)	Ronald Buda	San Luis Obispo (134)	East Los Angeles College
1984	4-A	Mission Viejo (265)	Mike Pelton	Foothill (125)	East Los Angeles College
	3-A	Loyola (177)	Tim Coughlin	El Dorado (153)	East Los Angeles College
	2-A	Riverside Poly (163)	Dave Almquist	San Luis Obispo (143.5)	East Los Angeles College
1985	4-A	Mission Viejo (323)	Mike Pelton	Capistrano Valley (99)	East Los Angeles College
	3-A	El Dorado (143)	Tom Millich	Loyola (140)	East Los Angeles College
	2-A	San Luis Obispo (106)	Rick Ernstrom	Gahr (96)	East Los Angeles College
1986	4-A	Mission Viejo (198)	Mike Pelton	Capistrano Valley (154)	East Los Angeles College
	3-A	El Dorado (147)	Tom Millich	San Marino (116)	East Los Angeles College
	2-A	San Luis Obispo (101)	Rick Ernstrom	Miraleste (97.5)	East Los Angeles College
1987	4-A	Mission Viejo (226)	Mike Pelton	Capistrano Valley (105)	Belmont Plaza Pool
	3-A	El Dorado (168.5)	Tom Millich	San Marino (142)	Belmont Plaza Pool
	2-A	Calabasas (127)	Dave Hershman	Brea Olinda (89)	Belmont Plaza Pool
1988	4-A	Mission Viejo (173)	Mike Pelton	Capistrano Valley (129)	Belmont Plaza Pool
	3-A	San Marino (180)	Burt Kanner	Loyola (93)	Belmont Plaza Pool
	2-A	Brea-Olinda (94)	Bob Linn	Calabasas (85)	Belmont Plaza Pool
1989	4-A	Foothill (127)	Tom DeLong	Mission Viejo (115)	Belmont Plaza Pool
	3-A	San Marino (179)	Burt Kanner	Damien (132)	Belmont Plaza Pool
	2-A	San Luis Obispo (82)	Rick Ernstrom	(Co-Champions)	Belmont Plaza Pool
1990	4-A	Woodbridge (82)	Pat Bangs		
	4-A	Capistrano Valley (141)	Don Cholodenko	Mission Viejo (114)	Belmont Plaza Pool
	3-A	San Marino (237)	Burt Kanner	South Pasadena (130)	Belmont Plaza Pool
1991	2-A	Laguna Hills (126)	Bill Zemer	Walnut (120)	Belmont Plaza Pool
	4-A	San Marino (243)	Burt Kanner	Mission Viejo (170)	Belmont Plaza Pool
	3-A	Santa Monica (200)	Niall Skehan	El Dorado (139)	Belmont Plaza Pool
1992	2-A	Walnut (210)	Marc Ruh	Laguna Hills (190)	Belmont Plaza Pool
	4-A	Mission Viejo (175)	Mike Pelton	Buena (129)	Belmont Plaza Pool
	3-A	Santa Monica (193)	Frank Brooks	Peninsula (181)	Belmont Plaza Pool
1993	2-A	Walnut (211)	Marc Ruh	Laguna Hills (200)	Belmont Plaza Pool
	I	Marina (186)	John Wright	Mission Viejo 152)	Belmont Plaza Pool
	II	Crescenta Valley (126)	Chris Kaufman	Sonora (121)	Belmont Plaza Pool
1994	III	Laguna Hills (144.5)	Rohan Taylor	La Serna (141.5)	Belmont Plaza Pool
	I	Mission Viejo (173)	Mike Pelton	Woodbridge (143)	Belmont Plaza Pool
	II	Loyola (217)	Nick Wooler	Crescenta Valley (158)	Belmont Plaza Pool
1995	III	Burroughs/Ridgecrest (170)	Charlie Lattig	Laguna Hills (134)	Belmont Plaza Pool
	I	Mission Viejo (320)	Mike Pelton	Buena (276)	Belmont Plaza Pool
	II	Laguna Hills (214)	Chris Duncan	Crescenta Valley (193)	Belmont Plaza Pool
1996	III	Burroughs/Ridgecrest (186)	Charlie Lattig	Jurupa Valley (185)	Belmont Plaza Pool
	I	Mission Viejo (396.5)	Mike Pelton	Santa Margarita (174)	Belmont Plaza Pool
	II	Loyola (207)	Chris O'Donnell	Laguna Hills (194)	Belmont Plaza Pool
1997	III	Burroughs/Ridgecrest (176)	Charlie Lattig	Jurupa Valley (159)	Belmont Plaza Pool
	I	Mission Viejo (305)	Mike Pelton	Santa Margarita (208)	Belmont Plaza Pool
	II	Loyola (232)	Chris O'Donnell	El Dorado (210)	Belmont Plaza Pool
1998	III	Palm Desert (183)	Joel Jory	Paso Robles (182)	Belmont Plaza Pool
	I	Mission Viejo (333.5)	Mike Pelton	Irvine (227.5)	Belmont Plaza Pool
	II	Crescenta Valley (259)	Pete Loporchio	Hart (188)	Belmont Plaza Pool
1999	III	Paso Robles (243)	Ken Heinen	Palm Desert (169.5)	Belmont Plaza Pool
	I	Mission Viejo (370.5)	Mike Pelton	Irvine (318)	Belmont Plaza Pool
	II	Crescenta Valley (272.5)	Pete Loporchio	Hart (223)	Belmont Plaza Pool
2000	III	Paso Robles (271)	Ken Heinen	Yucaipa (181)	Belmont Plaza Pool
	I	Irvine (295)	Ken Dory	Mission Viejo (221)	Belmont Plaza Pool
	II	Crescenta Valley (251)	Pete Loporchio	Loyola (219)	Belmont Plaza Pool
2001	III	Paso Robles (226.5)	Ken Heinen	Atascadero (212)	Belmont Plaza Pool
	I	Irvine (279)	Ken Dory	Santa Margarita (213)	Belmont Plaza Pool
	II	Damien (239)	Andrew Gates	Riverside Poly (183)	Belmont Plaza Pool
2002	III	Paso Robles (250)	Ken Heinen	Palm Desert (198)	Belmont Plaza Pool
	IV	Cerritos (273.5)	Roy Contreras	Alta Loma (181)	Belmont Plaza Pool
	I	Newport Harbor (198)	Jason Lynch	Mission Viejo (196)	Belmont Plaza Pool
2003	II	Hart (237)	Steve Neale	Riverside Poly (176)	Belmont Plaza Pool
	III	Murrieta Valley (231)	Genevieve Barrow	San Luis Obispo (207)	Belmont Plaza Pool
	IV	Cerritos (207)	Roy Contreras	Valencia (194)	Belmont Plaza Pool
2003	I	Mission Viejo (247)	Jeff Boss	San Clemente (195)	Belmont Plaza Pool
	II	Riverside Poly (211.50)	Mark Colwell	University (210)	Belmont Plaza Pool
	III	Murrieta Valley (244)	Genevieve Barrow	Webb (221)	Belmont Plaza Pool
IV	Los Altos (278)	Don Holbrook	Quartz Hill (119)	Belmont Plaza Pool	

ALL-TIME BOYS SWIMMING/DIVING TEAM CHAMPIONS

YEAR	Div.	Champion (Score)	Head Coach	Runner-up (Score)	Site
2004	I	Dos Pueblos (222)	Chris Parrish	Mission Viejo (195.5)	Belmont Plaza Pool
	II	Northwood (202)	Rod Hansen	University (179)	Belmont Plaza Pool
	III	Murrieta Valley (324)	Genevieve Barrow	La Serna (178)	Belmont Plaza Pool
	IV	Los Altos (244)	Don Holbrook	Quartz Hill (209)	Belmont Plaza Pool
2005	I	Mission Viejo (285)	Jeff Boss	Damien (170)	Belmont Plaza Pool
	II	San Luis Obispo (252)	Rick Ernstrum	Corona del Mar (248)	Belmont Plaza Pool
	III	Murrieta Valley (258)	Genevieve Barrow	Palos Verdes (197)	Belmont Plaza Pool
	IV	Oaks Christian (349)	David Moore	Mark Keppel (192)	Belmont Plaza Pool
2006	I	Mission Viejo (346)	Jeff Boss	Dos Pueblos (175)	Belmont Plaza Pool
	II	La Canada (329)	Gevorg Akopyan	University (175)/Alta Loma (175)	Belmont Plaza Pool
	III	Palos Verdes (321)	Eric Agnew	La Serna (189)	Belmont Plaza Pool
	IV	Oaks Christian (437)	David Moore	Mark Keppel (238)	Belmont Plaza Pool
2007	I	Mission Viejo (336)	Jeff Boss	Redlands (196)	Belmont Plaza Pool
	II	La Canada (281)		Loyola (197.5)	Belmont Plaza Pool
	III	Oaks Christian (419)	David Moore	Torrance (170)	Belmont Plaza Pool
	IV	Mark Keppel (289.5)	Ismael Perez	Oxford Academy (183)	Belmont Plaza Pool
2008	I	Yucaipa (241)	Frank Solis	Redlands (198)	Belmont Plaza Pool
	II	La Canada (236)	Art Lopez	Loyola (221)	Belmont Plaza Pool
	III	Oaks Christian (377)	David Moore	Cerritos (169)	Belmont Plaza Pool
	IV	Mark Keppel (271.5)	Ismael Perez	Charter Oak (202)	Belmont Plaza Pool
2009	I	Capistrano Valley (188.5)	Steve Yancy	Loyola (169.5)	Mt. San Antonio College
	II	La Canada (234.5)	Art Lopez	Oaks Christian (205)	Mt. San Antonio College
	III	Torrance (228)	Scott Peppard	Cerritos (197)	Mt. San Antonio College
	IV	Patriot (171.5)	Dan Weatherford	Viewpoint (162)	Mt. San Antonio College
2010	1	Capistrano Valley (253)	Steve Yancy	Loyola (247)	Belmont Plaza Pool
	2	Oaks Christian (278)	David Moore	Crescenta Valley (191)	Belmont Plaza Pool
	3	Torrance (232)	Scott Peppard	El Segundo (232)	Belmont Plaza Pool
	4	Viewpoint (195.5)	Eliot Saki	Crossroads (138.5)	Belmont Plaza Pool
2011	1	Loyola (287)	Kevin Mann	Capistrano Valley (218)	Belmont Plaza Pool
	2	El Segundo (236)	Foti Davlantis	Murrieta Valley (218)	Belmont Plaza Pool
	3	Mark Keppel (258)	Ismael Perez	Kennedy (208)	Belmont Plaza Pool
	4	Viewpoint (299)	Eliot Saki	Beaumont (169)	Belmont Plaza Pool
2012	1	Capistrano Valley (389)	Steve Yancy	Corona del Mar (302)	Riverside Aquatics Complex
	2	Crescenta Valley (301)	Jan Sakonju	Damien (293)	Riverside Aquatics Complex
	3	Mark Keppel (311)	Ismael Perez	Laguna Beach (264)	Riverside Aquatics Complex
	4	Temescal Canyon (275)	Damien Andrews	Beaumont (255)	Riverside Aquatics Complex
2013	1	Capistrano Valley (327)	Steve Yancy	Corona del Mar (264)	Riverside Aquatics Complex
	2	Los Osos (285)	Eric Cypher	Crescenta Valley (234)	Riverside Aquatics Complex
	3	J.W. North (272)	Tony Perez	Viewpoint (207)	Riverside Aquatics Complex
	4	Temescal Canyon (308)	Damien Andrews	Don Lugo (287)	Riverside Aquatics Complex
2014	1	University (337)	Lara Navarro	Loyola (246)	Riverside Aquatics Complex
	2	Los Osos 9257)	Casey Heinen	Santiago/Corona (255.5)	Riverside Aquatics Complex
	3	J.W. North (271)	Tony Perez	Laguna Beach (255.5)	Riverside Aquatics Complex
	4	Cerritos (299)	Paul Park	Citrus Valley (217)	Riverside Aquatics Complex
2015	1	University (317)	Lara Navarro	Dana Hills (220)	Riverside Aquatics Complex
	2	Laguna Beach (219)	Kari Johnson	Murrieta Valley (181)	Riverside Aquatics Complex
	3	Rio Mesa (293)	Keith McKnett	Royal (219)	Riverside Aquatics Complex
	4	Cerritos (279)	Paul Park	Alta Loma (173)	Riverside Aquatics Complex
2016	1	Loyola (369.5)	Kevin Mann	Dana Hills (252.5)	Riverside Aquatics Complex
	2	Damien (258)	Damon Pitre	Los Osos (141)	Riverside Aquatics Complex
	3	Walnut (209)	Ed Gautreau	Gabrielino (199)	Riverside Aquatics Complex
	4	Cerritos (237.5)	Jason Maestas	Quartz Hill (201)	Riverside Aquatics Complex
2017	1	Dana Hills (292.5)	Matt Rosen	Loyola (282)	Riverside Aquatics Complex
	2	Foothill (213)	Jim Brunion	Damien (209)	Riverside Aquatics Complex
	3	Canyon/ Anaheim (185)	Stephen Anderson	Nipomo (176)	Riverside Aquatics Complex
	4	Rowland (309)	Mike Cochy	San Dimas (239.5)	Riverside Aquatics Complex

ALL-TIME BOYS INDIVIDUAL SWIMMING/DIVING CHAMPIONS

INDIVIDUAL MEDLEY

75 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1925		Fenton Hamilton, Venice	51.0
1927		Tom Medicott, Hamilton	59.0
1928		Austin Clapp, Hollywood	50.0
1930		Bill Dietz, Los Angeles	48.0
1932		Gene Fletcher, San Diego	46.6
1936		Devere Christensen, Fullerton	46.8
1943		Rube Wolf, Beverly Hills	43.3
1944		Marc Roberts, Beverly Hills	
1945		Junior Amodt, Redlands	48.7
1946		Wally Wolf, Beverly Hills	45.7
1947		Wally Wolf, Beverly Hills	44.4
1948		Neal Palmer, Muir	45.6

100 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1926		Bob French, Hollywood	1:12.7
1929		Chester Keefer, Long Beach Poly	1:13.2
1931		Curtis Cummings, Beverly Hills	1:06.5
1933		Curtis Cummings, Beverly Hills	1:06.5
1934		No Meet Held	
1937		Jack Dallas, Long Beach Poly	1:06.2
1938		Bill Thompson, Long Beach Wilson	1:05.5
1939		Bill Thompson, Long Beach Wilson	1:03.7
1940		Bob Knisley, Huntington Beach	1:03.7
1941		Bob Knisley, Huntington Beach	1:06.0
1942		Frank Poucher, Whittier	1:05.4
1949		Jim Jones, Fullerton	1:04.7

150 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1950		Bill Dornblaster, El Segundo	1:39.7
1951		Larry Hein, Redlands	1:39.3
1952		Glenn Johnson, San Diego	1:41.5
1953		Buddy Belshe, Huntington Beach	1:40.6
1954		Charles Holloway, Whittier	1:39.9
1955		Tom Peterson, Hoover/Glendale	1:40.2
1956		Charles Bittick, Long Beach Wilson	1:35.8
1957		Charles Bittick, Long Beach Wilson	1:30.6
1958		Jerry Fredricks, Black-Foxe	1:29.8
1959		Stanton Booth, Long Beach Poly	1:31.6

200 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1935		Bob Sellers, Fullerton	2:02.2
1960		Rich McGeagh, Hoover	2:09.9
1961		Nick Kirby, Rosemead	2:04.6
1962		Bob Hooper, Arcadia	2:06.2
1963		Bob Hooper, Arcadia	2:03.0
1964		John Porter, Santa Ana	2:02.8
1965		Dewitt Manning, Arcadia	2:03.4
1966		Phil Houser, Chadwick	2:01.8
1967		Gary Hall, Rancho Alamitos	2:01.8
1968		Gary Hall, Rancho Alamitos	1:57.3
1969		Gary Hall, Rancho Alamitos	1:53.9
1970		Steve Furniss, Foothill	1:57.2
1971		Mark Chatfield, Glendale	1:54.5
1972		Clay Evans, Huntington Beach	1:57.3
1973		Jeff Boss, La Quinta/Westminster	1:55.6
1974		Bruce Furniss, Foothill	1:53.2
1975	4-A	Bruce Furniss, Foothill	1:51.8
	3-A	Henry Ishio, Rancho Alamitos	2:00.7
1976	4-A	Blake Johnson, Thousand Oaks	1:53.8
	3-A	Ron Kehrman, San Marino	1:57.9
1977	4-A	Jesse Vassallo, Mission Viejo	1:53.3
	3-A	James Fowler, San Marino	1:52.39
1978	4-A	Jesse Vassallo, Mission Viejo	1:51.98
	3-A	Paul Vanryn, Warren	1:58.95
1979	4-A	Jesse Vassallo, Mission Viejo	1:49.80
	3-A	Greg Grasmehr, Newbury Park	1:58.08
	2-A	Bruce Kelly, Canyon/Canyon Country	1:57.44

INDIVIDUAL MEDLEY - 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1980	4-A	Steve Barnicoat, Mission Viejo	1:50.44
	3-A	Ben Lau, Walnut	1:56.50
	2-A	Ron Smith, Crespi	1:53.86
1981	4-A	Rick Prado, Mission Viejo	1:50.19
	3-A	Scott Mollard, Corona del Mar	1:55.63
	2-A	Rickie Gill, Palm Springs	1:51.78
1982	4-A	Rick Prado, Mission Viejo	1:50.88
	3-A	Jeff Antimarino, Kennedy	1:54.29
	2-A	Rickie Gill, Palm Springs	1:53.00
1983	4-A	Craig Popp, El Toro	1:50.28
	3-A	Matthew Nance, Servite	1:53.35
	2-A	Jeff Teno, Gahr	1:57.67
1984	4-A	Todd Hickman, Mission Viejo	1:50.81
	3-A	Matthew Nance, Servite	1:51.93
	2-A	Mike Irvin, Riverside Poly	1:53.85
1985	4-A	Ron Kemp, Thousand Oaks	1:52.25
	3-A	Darren Ward, Sonora	1:51.21
	2-A	Jeff Tend, Gahr	1:53.11
1986	4-A	Hank Wise, Long Beach Wilson	1:53.80
	3-A	Darren Ward, Sonora	1:50.13
	2-A	Eric Weitz, Calabasas	1:58.27
1987	4-A	Roland Zschiegner, Rio Mesa	1:52.74
	3-A	Darren Ward, Sonora	1:48.83
	2-A	Eric Weitz, Calabasas	1:56.49
1988	4-A	Gary Vanboxtel, Mission Viejo	1:53.67
	3-A	John Kunishima, Wilson/Hacienda Heights	1:53.09
	2-A	Scott Deboer, Brea Olinda	1:55.37
1989	4-A	John Wester, Marina	1:54.95
	3-A	Daizo Mitsuoka, Damien	1:54.83
	2-A	Gerald Wilson, Savanna	1:53.49
1990	4-A	Kevin Eggert, Capistrano Valley	1:52.85
	3-A	Daizo Mitsuoka, Damien	1:53.99
	2-A	Suichi Matsumoto, Laguna Hills	1:53.15
1991	4-A	Mike Mason, San Marino	1:50.72
	3-A	Steve Warner, Santa Monica	1:52.92
	2-A	Dan Miles, Walnut	1:51.23
1992	4-A	Marcin Malinski, Mission Viejo	1:49.13
	3-A	Steve Warner, Santa Monica	1:52.78
	2-A	Suichi Matsumoto, Laguna Hills	1:51.16
1993	I	Derya Buyukuncu, Woodbridge	1:49.78
	II	Tim Haney, Los Alamitos	1:54.01
	III	Greg Dolniak, Chaffey	1:51.68
1994	I	John Lory, Buena	1:52.11
	II	Tim Haney, Los Alamitos	1:50.76
	III	Mark Kwok, Laguna Hills	1:51.44
1995	I	Tim Haney, Los Alamitos	1:49.37
	II	Mark Kwok, Laguna Hills	1:51.60
	III	David Chan, Burroughs/Ridgecrest	1:52.81
1996	I	Steve Ronson, Irvine	1:49.37
	II	Goh Phuangthong, Laguna Hills	1:52.04
	III	Michael Kramer, Milken Community	1:56.48
1997	I	Slawomir Ritcher, Mission Viejo	1:52.26
	II	Evan Robb, Crescenta Valley	1:52.15
	III	Jeff Maddox, Pacifica	1:55.11
1998	I	Frank Uxa, Santa Margarita	1:51.58
	II	Kevin Clements, Rowland	1:52.84
	III	Justin Boyes, Paso Robles	1:53.82
1999	I	Mike Harrelson, La Salle	1:50.73
	II	Ryan Parmenter, Hart	1:51.96
	III	Justin Boyes, Paso Robles	1:53.00
2000	I	Aaron Piersol, Newport Harbor	1:49.02
	II	Alfred Dual, Damien	1:54.32
	III	Justin Boyes, Paso Robles	1:52.70
2001	I	Harris Radie, Santa Margarita	1:53.88
	II	Joey Clements, Rowland	1:53.73
	III	Justin Boyes, Paso Robles	1:52.09
	IV	Charlton, Krautim, Cerritos	1:54.79
2002	I	Adam Hewko, Servite	1:49.82
	II	Louis Vayo, Troy	1:52.23
	III	Brandon Barkley, St Joseph/Santa Maria	1:59.03
	IV	Charlton Krautim, Cerritos	1:55.48

ALL-TIME BOYS INDIVIDUAL SWIMMING/DIVING CHAMPIONS

INDIVIDUAL MEDLEY - 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2003	I	Adam Hewko, Servite	1:50.95
	II	Luis Vayo, Troy	1:51.85
	III	Charlton Krautim, Cerritos	1:54.60
	IV	Dan Leelachat, Oxford Academy	1:56.83
2004	I	Peter Baer, Dana Hills	1:51.90
	II	Cedric Cheung-Lau, Upland	1:54.70
	III	Kyle Smith, Corona	1:55.49
	IV	Paul Zaich, St. Margaret's	1:56.49
2005	I	Colin Gladys, Esperanza	1:52.38
	II	Cedric Cheung-Lau, Upland	1:54.29
	III	Kyle Smith, Corona	1:55.68
	IV	Kevin Nielsen, Oaks Christian	1:54.28
2006	I	John Criste, Mission Viejo	1:51.09
	II	Scott Clary, Riverside Poly	1:51.89
	III	Kyle Smith, Corona	1:53.20
	IV	Nolan Koon, Oaks Christian	1:55.18
2007	I	John Criste, Mission Viejo	1:49.25
	II	Ian Mirisola, La Canada	1:52.21
	III	Nolan Koon, Oaks Christian	1:51.80
	IV	Christopher Luu, Mark Keppel	1:56.46
2008	I	Trevor Hoyt, Yucaipa	1:50.43
	II	Ian Mirisola, La Canada	1:49.50
	III	Nolan Koon, Oaks Christian	1:50.06
	IV	Hayden Palmer, Canyon Springs	1:55.42
2009	I	Trevor Hoyt, Yucaipa	1:46.96
	II	Scott Farley, San Marino	1:50.33
	III	Hayden Palmer, Canyon Springs	1:50.93
	IV	Joshua Hanson, Immanuel Christian	1:57.46
2010	1	Brock Redondo, Capistrano Valley	1:50.34
	2	Young Tae Seo, Crescenta Valley	1:50.14
	3	Alwin Firmansyah, Cerritos	1:49.71
	4	Joshua Hanson, Immanuel Christian	1:52.68
2011	1	Christopher Wong, University	1:50.70
	2	Young Tae Seo, Crescenta Valley	1:48.38
	3	Ryan Kao, Kennedy	1:52.59
	4	McKay Palmer, Canyon Springs	1:58.47
2012	1	Jared Namba, Corona del Mar	1:50.01
	2	Harelson Thai, Crescenta Valley	1:48.86
	3	Joshua Hanson, Immanuel Christian	1:50.76
	4	Eugene Tee, St. Monica Christian	1:51.13
2013	1	Corey Okubo, University	1:47.07
	2	Young Tae Seo, Crescenta Valley	1:47.80
	3	Kyle Perez, J.W. North	1:54.22
	4	Chasse Sodermann, Ontario Christian	2:00.12
2014	1	Okubo Corey, University	1:45.42
	2	Daniel McArthur, Lakewood	1:47.86
	3	Erik Juliusson, Laguna Beach	1:50.52
	4	Chasse' Sodemann, Ontario Christian	1:57.36
2015	1	Daniel Tran, University	1:47.16
	2	Daniel McArthur, Lakewood	1:46.91
	3	Javier Bernal, J.W. North	1:53.27
	4	Edgar Chin, Fairmont Prep	1:58.91
2016	1	Sean Lee, Loyola	1:48.15
	2	Min Zhi Chua, Mission Viejo	1:50.76
	3	Javier Bernal, J.W. North	1:51.45
	4	Edgar Chin, Fairmont Prep	1:57.72
2017	1	Sean Lee, Loyola	1:45.98
	2	Trenton Julian, Glendale	1:47.35
	3	Javier Bernal, J.W. North	1:50.17
	4	Derek Chan, La Salle	1:56.75

MEDLEY RELAY

150 YARDS

<u>Year</u>	<u>School</u>	<u>Time</u>
1926	Not Held	
1927	Not Held	
1928	Hollywood	1:31.3
1930	San Diego	1:32.4
1932	Long Beach Poly	1:26.0
1933	Long Beach Poly	1:42.9
1934	No Meet Held	
1935	Long Beach Poly	1:40.8
1936	Long Beach Poly	1:27.0

1943	Whittier	1:26.7
1945	Redlands	1:29.3
1946	Fullerton	1:30.0
1947	Beverly Hills	1:25.7
1948	Riverside Poly	1:27.0
1949	Whittier	1:24.8
1950	Redlands	1:23.4
1951	El Segundo	1:24.0

MEDLEY RELAY

200 YARDS

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
1952		El Segundo	1:23.6
1953		Long Beach Wilson	1:22.8
1954		El Segundo	1:24.7
1955		Whittier	1:23.2
1929		Santa Maria	2:13.2
1931		San Diego	2:05.9
1937		Long Beach Poly	2:03.7
1938		Long Beach Poly	2:10.8
1939		Long Beach Wilson	1:59.5
1940		Fullerton	2:00.6
1941		Huntington Beach	2:02.6
1942		Whittier	2:05.5
1944		Beverly Hills	2:07.8
1956		Long Beach Wilson	1:51.3
1957		Black-Foxe	1:48.2
1958		Black-Foxe	1:48.0
1959		Beverly Hills	1:48.1
1960		Beverly Hills	1:45.5
1961		California	1:43.6
1962		Hoover	1:40.7
1963		Fullerton	1:43.4
1964		Fullerton	1:43.7
1965		Chadwick	1:42.6
1966		Redlands	1:41.4
1967		Long Beach Wilson	1:48.8
1968		Arcadia	1:42.2
1969		Long Beach Wilson	1:39.3
1970		Anaheim	1:41.6
1971		Foothill	1:41.0
1972		Cabrillo	1:41.0
1973		Sunny Hills	1:39.6
1974		El Dorado	1:38.7
1975	4-A	Newbury Park	1:38.4
	3-A	San Marino	1:39.7
1976	4-A	Fountain Valley	1:38.9
	3-A	San Marino	1:40.4
1977	4-A	Long Beach Wilson	1:36.07
	3-A	San Marino	1:36.63
1978	4-A	Long Beach Wilson	1:35.29
	3-A	El Dorado	1:35.85
1979	4-A	Long Beach Wilson	1:35.71
	3-A	El Dorado	1:40.09
	2-A	Indio	1:42.40
1980	4-A	Mission Viejo	1:36.04
	3-A	Irvine	1:39.85
	2-A	Notre Dame	1:38.80
1981	4-A	Mission Viejo	1:35.81
	3-A	Walnut	1:39.37
	2-A	Palm Springs	1:39.05
1982	4-A	Mission Viejo	1:36.24
	3-A	Servite	1:39.06
	2-A	Palm Springs	1:36.05
1983	4-A	Mission Viejo	1:35.34
	3-A	Servite	1:38.06
	2-A	Palm Springs	1:41.94
1984	4-A	Mission Viejo	1:36.97
	3-A	Loyola	1:37.73
	2-A	Riverside Poly	1:39.88
1985	4-A	Mission Viejo	1:36.00
	3-A	Sonora	1:39.36
	2-A	Gahr	1:41.34
1986	4-A	Mission Viejo	1:35.45
	3-A	Sonora	1:37.99
	2-A	Miraleste	1:40.06

ALL-TIME BOYS INDIVIDUAL SWIMMING/DIVING CHAMPIONS

MEDLEY RELAY - 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
1987	4-A	Mission Viejo	1:35.23
	3-A	Sonora	1:38.61
	2-A	Calabasas	1:40.90
1988	4-A	Mission Viejo	1:36.14
	3-A	Corona	1:37.45
	2-A	Miraleste	1:40.56
1989	4-A	Foothill	1:35.56
	3-A	Palm Springs	1:38.22
	2-A	Agoura	1:38.23
1990	4-A	Villa Park	1:35.86
	3-A	San Marino	1:36.55
	2-A	Harvard	1:41.57
1991	4-A	San Marino	1:33.21
	3-A	Santa Monica	1:37.64
	2-A	Walnut	1:35.73
1992	4-A	San Marino	1:36.73
	3-A	Santa Monica	1:37.96
	2-A	Walnut	1:35.35
1993	I	Mission Viejo	1:35.66
	II	Crescenta Valley	1:37.74
	III	La Serna	1:38.94
1994	I	Woodbridge	1:35.90
	II	Loyola	1:36.63
	III	Burroughs/Ridgecrest	1:36.57
1995	I	Mission Viejo	1:35.84
	II	Santa Monica	1:38.12
	III	Burroughs/Ridgecrest	1:38.47
1996	I	Mission Viejo	1:36.93
	II	Santa Monica	1:35.96
	III	Burroughs/Ridgecrest	1:39.48
1997	I	Irvine	1:37.85
	II	Crescenta Valley	1:36.16
	III	Paso Robles	1:40.64
1998	I	Mission Viejo	1:36.46
	II	Laguna Hills	1:38.43
	III	Brea Olinda	1:39.75
1999	I	Irvine	1:34.18
	II	Hart	1:37.06
	III	Paso Robles	1:40.45
2000	I	Irvine	1:35.96
	II	Loyola	1:37.32
	III	Atascadero	1:39.34
2001	I	Irvine	1:37.76
	II	Damien	1:35.56
	III	Pasadena Poly	1:38.95
	IV	Cerritos	1:40.86
2002	I	Mission Viejo	1:37.56
	II	Hart	1:37.74
	III	Pasadena Poly	1:41.69
	IV	Cerritos	1:41.40
2003	I	Dos Pueblos	1:36.71
	II	Troy	1:40.40
	III	Webb	1:41.19
	IV	Los Altos	1:44.17
2004	I	Servite	1:34.49
	II	Northwood	1:38.47
	III	Murrieta Valley	1:41.84
	IV	Oaks Christian	1:40.68
2005	I	Mission Viejo	1:36.22
	II	Arroyo Grande	1:38.07
	III	Palos Verdes	1:39.74
	IV	Oaks Christian	1:38.41
2006	I	Mission Viejo	1:36.22
	II	La Canada	1:36.86
	III	Palos Verdes	1:39.56
	IV	Oaks Christian	1:36.78
2007	I	Mission Viejo	1:35.00
	II	La Canada	1:35.92
	III	Oaks Christian	1:35.31
	IV	Mark Keppel	1:38.66
2008	I	Redlands	1:34.21
	II	Hart	1:35.56
	III	Oaks Christian	1:33.78
	IV	Mark Keppel	1:38.46

MEDLEY RELAY - 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
2009	I	Newport Harbor	1:33.73
	II	Pasadena Poly	1:35.20
	III	Cerritos	1:36.87
	IV	Patriot	1:39.86
2010	1	Corona del Mar	1:33.26
	2	Oaks Christian	1:34.73
	3	Mark Keppel	1:38.19
	4	Crossroads	1:42.89
2011	1	Corona del Mar	1:34.28
	2	Crescenta Valley	1:33.79
	3	Mark Keppel	1:37.13
	4	Viewpoint	1:39.25
2012	1	Corona del Mar	1:32.88
	2	Crescenta Valley	1:35.51
	3	Laguna Beach	1:37.82
	4	Temescal Canyon	1:41.20
2013	1	Loyola	1:31.16
	2	Crescenta Valley	1:33.39
	3	Buckley	1:38.72
	4	Cerritos	1:41.27
2014	1	University	1:30.10
	2	Lakewood	1:34.23
	3	Laguna Beach	1:36.30
	4	Cerritos	1:40.02
2015	1	University	1:30.40
	2	Redlands East Valley	1:33.94
	3	Walnut	1:37.65
	4	Cerritos	1:38.00
2016	1	Loyola	1:32.04
	2	Damien	1:34.63
	3	Walnut	1:36.25
	4	Notre Dame/Riverside	1:40.95
2017	1	Dana Hills	1:31.26
	2	Redlands	1:34.61
	3	Viewpoint	1:35.48
	4	La Salle	1:41.94

FREESTYLE RELAY - 200 YARDS

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
1922		Venice	2:12.2
1923		Venice (800')	2:40.0
1924		Venice	1:59.4
1925		Hollywood	1:49.0
1926		Los Angeles (800')	2:31.2
1927		Long Beach Poly	1:49.4
1928		Hollywood	1:45.4
1929		Long Beach Poly (800')	2:32.8
1930		San Diego	1:42.8
1931		Long Beach Poly (800')	2:28.3
1932		Long Beach Poly	1:41.4
1933		Long Beach Poly	1:58.7
1934		No Meet Held	
1935		Long Beach Poly	1:55.3
1936		Fullerton	1:42.2
1937		Fullerton (800')	2:26.0
1938		Long Beach Poly (800')	2:37.4
1939		Long Beach Wilson (800')	2:22.8
1940		Redlands (800')	2:23.5
1941		Whittier (800')	2:24.9
1942		Whittier (800')	2:27.6
1943		(not available)	
1944		Beverly Hills	
1945		Beverly Hills	
1946		Beverly Hills	1:45.5
1947		Beverly Hills	1:43.4
1948		Fullerton	1:42.5
1949		Whittier	1:42.1
1950		Redlands	1:40.0
1951		El Segundo	1:40.2
1952		Long Beach Poly	1:40.4
1953		Long Beach Wilson	1:38.9
1954		Downey	1:42.3
1955		Long Beach Wilson	1:37.8
1956		Long Beach Wilson	1:38.1
1957		El Segundo	1:37.1

ALL-TIME BOYS INDIVIDUAL SWIMMING/DIVING CHAMPIONS

FREESTYLE RELAY - 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
1958		Whittier	1:35.0
1959		El Segundo	1:36.8
1960		Beverly Hills	1:32.8
1961		California	1:31.9
1962		El Segundo	1:31.2
1963		Fullerton	1:30.2
1964		Fullerton	1:31.5
1965		Downey	1:29.9
Event not held 1966-1990			
1991	4-A	San Marino	1:24.12
	3-A	Culver City	1:27.98
	2-A	Downey	1:28.13
1992	4-A	Irvine	1:26.59
	3-A	Peninsula	1:27.36
	2-A	La Serna	1:27.43
1993	I	Marina	1:26.90
	II	Rubidoux	1:27.89
	III	La Serna	1:26.76
1994	I	Mission Viejo	1:26.08
	II	Crescenta Valley	1:26.75
	III	Trabuco Hills	1:26.78
1995	I	Mission Viejo	1:25.44
	II	Crescenta Valley	1:27.86
	III	Palm Springs	1:29.18
1996	I	Mission Viejo	1:24.84
	II	El Dorado	1:26.85
	III	Chadwick	1:28.97
1997	I	Santa Margarita	1:26.39
	II	El Dorado	1:25.64
	III	Calvary Chapel/Santa Ana	1:28.36
1998	I	Long Beach Wilson	1:27.09
	II	Hart	1:26.28
	III	Paso Robles	1:30.58
1999	I	Mission Viejo	1:26.00
	II	Crescenta Valley	1:26.94
	III	Righetti	1:30.21
2000	I	Newport Harbor	1:27.48
	II	Riverside Poly	1:28.08
	III	Yucaipa	1:29.23
2001	I	Newport Harbor	1:26.09
	II	Riverside Poly	1:26.99
	III	Tustin	1:27.93
	IV	Whitney	1:30.38
2002	I	Newport Harbor	1:26.18
	II	Hart	1:27.89
	III	Murrieta valley	1:28.87
	IV	Valencia/Placentia	1:30.13
2003	I	Los Alamitos	1:25.87
	II	Riverside Poly	1:27.64
	III	Webb	1:29.81
	IV	Los Altos	1:32.17
2004	I	Servite	1:25.56
	II	Walnut	1:28.07
	III	Murrieta Valley	1:28.49
	IV	Rubidoux	1:30.57
2005	I	Damien	1:24.88
	II	San Luis Obispo	1:28.12
	III	Murrieta Valley	1:27.14
	IV	Oaks Christian	1:28.72
2006	I	Mission Viejo	1:26.47
	II	Riverside Poly	1:27.67
	III	Palos Verdes	1:30.19
	IV	Oaks Christian	1:29.06
2007	I	Redlands	1:24.96
	II	Loyola	1:26.32
	III	Oaks Christian	1:27.75
	IV	Whitney	1:31.13
2008	I	Yucaipa	1:23.04
	II	Loyola	1:26.52
	III	Oaks Christian	1:24.73
	IV	Charter Oak	1:29.50
2009	I	Newport Harbor	1:24.83
	II	Oaks Christian	1:25.36
	III	Torrance	1:26.75
	IV	Patriot	1:29.52

FREESTYLE RELAY - 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
2010	1	Newport Harbor	1:23.83
	2	Oaks Christian	1:25.04
	3	El Segundo	1:26.93
	4	Brentwood	1:30.69
2011	1	Loyola	1:23.69
	2	Damien	1:25.92
	3	Kennedy	1:29.45
	4	Paramount	1:29.96
2012	1	Capistrano Valley	1:23.17
	2	Damien	1:25.30
	3	La Serna	1:29.53
	4	Beaumont	1:30.89
2013	1	Capistrano Valley	1:23.10
	2	Los Osos	1:24.65
	3	J.W. North	1:28.11
	4	Temescal Canyon	1:28.70
2014	1	Loyola	1:22.57
	2	Los Osos	1:24.43
	3	Flintridge Prep	1:27.69
	4	Malibu	1:29.77
2015	1	Valencia/Valencia	1:24.26
	2	Redlands	1:26.39
	3	Rio Mesa	1:29.18
	4	Malibu	1:29.20
2016	1	Huntington Beach	1:23.23
	2	El Toro	1:25.79
	3	Temescal Canyon	1:28.76
	4	San Dimas	1:30.03
2017	1	Loyola	1:22.13
	2	Foothill	1:25.35
	3	Temescal Canyon	1:27.46
	4	San Dimas	1:29.81

FREESTYLE RELAY

400 YARDS

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
1966		Corona del Mar	3:18.4
1967		Burbank	3:16.8
1968		Arcadia	3:21.4
1969		Buena	3:17.6
1970		Corona del Mar	3:17.6
1971		Foothill	3:16.4
1972		Foothill	3:15.7
1973		Foothill	3:14.5
1974		Foothill	3:08.2
1975	4-A	Foothill	3:14.4
	3-A	El Dorado	3:20.4
1976	4-A	Millikan	3:13.5
	3-A	San Marino	3:12.6
1977	4-A	Mission Viejo	3:08.96
	3-A	San Marino	3:14.11
1978	4-A	Mission Viejo	3:09.19
	3-A	San Marino	3:07.87
1979	4-A	Mission Viejo	3:04.87
	3-A	Newbury Park	3:14.35
	2-A	Norco	3:22.15
1980	4-A	Mission Viejo	3:06.02
	3-A	El Toro	3:15.52
	2-A	Montclair	3:16.13
1981	4-A	Mission Viejo	3:04.82
	3-A	Walnut	3:14.13
	2-A	Riverside Poly	3:16.99
1982	4-A	Mission Viejo	3:07.30
	3-A	Walnut	3:11.15
	2-A	San Luis Obispo	3:15.64
1983	4-A	Mission Viejo	3:03.34
	3-A	Walnut	3:12.04
	2-A	San Luis Obispo	3:14.34
1984	4-A	Mission Viejo	3:08.77
	3-A	Loyola	3:10.05
	2-A	San Luis Obispo	3:16.00
1985	4-A	Mission Viejo	3:05.86
	3-A	Loyola	3:10.56
	2-A	Harvard	3:16.89

ALL-TIME BOYS INDIVIDUAL SWIMMING/DIVING CHAMPIONS

FREESTYLE RELAY - 400 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
1986	4-A	Mission Viejo	3:05.94
	3-A	El Dorado	3:12.12
	2-A	Harvard	3:16.03
1987	4-A	Mission Viejo	3:07.68
	3-A	El Dorado	3:10.09
	2-A	Miraleste	3:13.79
1988	4-A	Mission Viejo	3:08.00
	3-A	Los Altos	3:13.62
	2-A	Brea Olinda	3:12.95
1989	4-A	Foothill	3:06.88
	3-A	South Pasadena	3:09.57
	2-A	Woodbridge	3:14.32
1990	4-A	Marina	3:10.48
	3-A	San Marino	3:07.81
	2-A	Laguna Hills	3:12.54
1991	4-A	San Marino	3:05.98
	3-A	Santa Monica	3:10.34
	2-A	Laguna Hills	3:08.96
1992	4-A	Mission Viejo	3:08.45
	3-A	Peninsula	3:12.25
	2-A	Walnut	3:08.42
1993	I	Dos Pueblos	3:09.91
	II	Crescenta Valley	3:13.99
	III	Laguna Hills	3:13.94
1994	I	Woodbridge	3:06.76
	II	Crescenta Valley	3:09.24
	III	Burroughs	3:10.54
1995	I	Mission Viejo	3:06.36
	II	Crescenta Valley	3:12.70
	III	Burroughs/Ridgecrest	3:13.58
1996	I	Mission Viejo	3:03.88
	II	Loyola	3:12.30
	III	Jurupa Valley	3:17.01
1997	I	Mission Viejo	3:07.89
	II	El Dorado	3:09.98
	III	Palm Desert	3:13.56
1998	I	Mission Viejo	3:11.72
	II	Hart	3:07.25
	III	Paso Robles	3:17.20
1999	I	Mission Viejo	3:08.94
	II	Arcadia	3:11.31
	III	Paso Robles	3:13.81
2000	I	Irvine	3:11.27
	II	Riverside Poly	3:11.56
	III	Atascadero	3:12.60
2001	I	Newport Harbor	3:09.97
	II	Riverside Poly	3:11.35
	III	Pasadena Poly	3:14.91
	IV	Nordhoff	3:21.23
2002	I	Newport Harbor	3:07.11
	II	Riverside Poly	3:13.23
	III	Murrieta Valley	3:15.65
	IV	Valencia/Placentia	3:17.97
2003	I	Dos Pueblos	3:09.36
	II	Riverside Poly	3:10.91
	III	Murrieta Valley	3:16.91
	IV	Los Altos	3:20.41
2004	I	Dos Pueblos	3:06.76
	II	Northwood	3:12.53
	III	Murrieta Valley	3:12.45
	IV	Rubidoux	3:20.24
2005	I	Mission Viejo	3:07.80
	II	Thousand Oaks	3:12.60
	III	Costa Mesa	3:16.85
	IV	Oaks Christian	3:14.10
2006	I	Mission Viejo	3:07.28
	II	Alta Loma	3:12.88
	III	Palos Verdes	3:15.45
	IV	Oaks Christian	3:13.14
2007	I	Mission Viejo	3:05.00
	II	Loyola	3:10.36
	III	Oaks Christian	3:07.62
	IV	Oxford Academy	3:15.91

FREESTYLE RELAY - 400 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
2008	I	Yucaipa	3:03.76
	II	Loyola	3:08.15
	III	Oaks Christian	3:13.65
	IV	Mark Keppel	3:15.39
2009	I	Edison	3:05.27
	II	La Canada	3:06.44
	III	Torrance	3:11.91
	IV	Viewpoint	3:21.60
2010	1	Capistrano Valley	3:02.82
	2	Oaks Christian	3:07.56
	3	Torrance	3:09.91
	4	Brentwood	3:22.45
2011	1	Loyola	3:04.65
	2	El Segundo	3:06.46
	3	La Serna	3:10.99
	4	Viewpoint	3:18.91
2012	1	Capistrano Valley	3:03.47
	2	Crescenta Valley	3:05.50
	3	Kennedy	3:16.40
	4	Beaumont	3:17.40
2013	1	Capistrano Valley	3:02.02
	2	Los Osos	3:04.14
	3	J.W. North	3:12.94
	4	Temescal Canyon	3:16.23
2014	1	Hart	3:02.41
	2	Los Osos	3:05.50
	3	Laguna Beach	3:09.05
	4	Malibu	3:14.14
2015	1	Hart	3:02.60
	2	Laguna Beach	3:05.75
	3	Rio Mesa	3:14.43
	4	Malibu	3:13.68
2016	1	Loyola	3:02.63
	2	Damien	3:07.31
	3	Santa Monica	3:12.58
	4	Beaumont	3:14.40
2017	1	Loyola	3:01.53
	2	Foothill	3:04.25
	3	Temescal Canyon	3:12.92
	4	San Dimas	3:18.50

FREESTYLE - 50 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1917		Chas. Finn, Venice	27.4
1922		Leland Tipton, Harvard	27.2
1923		Reginald Harrison, Venice	24.6
1924		Reginald Harrison, Venice	23.8
1925		Ray Kennison, Hollywood	25.8
1926		George Leach, Los Angeles	25.0
1927		Howard Ploessel, Huntington Park	25.0
1928		Mac Miller, Hollywood	26.2
1929		Earl Plescia, Long Beach Poly	26.0
1930		Bob Lindegren, Beverly Hills	25.2
1931		Curtis Cummings, Beverly Hills	24.8
1932		Paul Wolf, Venice	25.3
1933		Curtis Cummings, Beverly Hills	26.5
1934		No Meet Held	
1935		Bob Sellers, Fullerton	27.8
1936		Bob Sellers, Fullerton	25.3
1937		Charles Whitaker, Fullerton	25.5
1938		Charles Weitzel, Long Beach Wilson	26.2
1939		Dick Lyons, Pasadena	24.9
1940		Dick Lyons, South Pasadena	24.9
1941		James Gamble, Flintridge	24.7
1942		John Jorgensen, Flintridge	25.0
1943		(unavailable)	
1944		Don Bradford, Whittier	24.5
1945		Harry Borchers, Whittier	25.0
1946		William Maxwell, South Pasadena	25.5
1947		Bob Brown, Black-Foxe	23.8
1948		Bob Hughes, El Segundo	24.6
1949		Pierre Pelisser, Whittier	24.4
1950		James Patterson, Redlands	25.2
1951		Bill Lake, El Segundo	24.5

ALL-TIME BOYS INDIVIDUAL SWIMMING/DIVING CHAMPIONS

FREESTYLE - 50 YARDS (Cont.)

Year	Div.	Champion/School	Time
1952		Denny Stimson, Long Beach Poly	24.5
1953		Jim Stevenson, Long Beach Wilson	24.1
1954		Ronald Severa, Downey	24.4
1955		John Moseley, Long Beach Wilson	24.3
1956		Lawrence Moore, Long Beach Wilson	24.3
1957		Dwaine McIlroy, El Segundo	24.3
1958		Joe Alkire, San Diego	23.3
1959		Phil Banks, Riverside Poly	24.7
1960		Stan Read, Fullerton	22.6
1961		Bill Watkins, Garden Grove	22.9
1962		Richard McGeagh, Hoover	21.9
1963		Jim Gage, Newport Harbor	22.4
1964		Zac Zorn, Buena Park	22.0
1965		Zac Zorn, Buena Park	21.6
1966		Garth Huffaker, Redlands	22.2
1967		Dan Frawley, Servite	22.0
1968		Steve Carey, Sunny Hills	21.9
1969		Steve Carey, Sunny Hills	21.4
1970		Rick Potter, El Rancho	22.6
1971		Paul Snyder, Crescenta Valley	22.3
1972		Mark Newton, Sunny Hills	22.1
1973		Gary Anderson, Cabrillo	21.8
1974		Peter Spurzem, Foothill	21.2
1975	4-A	Sam Franklin, Tustin	20.9
	3-A	Tom Hicks, Lompoc	22.0
1976	4-A	Mike Kelly, Fountain Valley	21.3
	3-A	Clifford Jolley, Downey	21.6
1977	4-A	Mike Kelly, Fountain Valley	20.72
	3-A	Kevin Johnson, Antelope Valley	21.78
1978	4-A	Robin Leamy, Rolling Hills	20.96
	3-A	Matt Wood, San Marino	21.24
1979	4-A	Matt Wood, San Marino	21.10
	3-A	Gary Messner, Fullerton	21.84
	2-A	Mike Miao, Flintridge Prep	22.08
1980	4-A	Tom Harvill, Redlands	21.10
	3-A	Keith Tonoli, Los Altos	21.52
	2-A	Mike Miao, Flintridge Prep	21.05
1981	4-A	Mike Spicer, Sunny Hills	20.95
	3-A	Mike Baele, Hoover	21.24
	2-A	Randy Hunt, Notre Dame	21.74
1982	4-A	Jim Leseth, Capistrano Valley	21.73
	3-A	Mike Baele, Hoover	21.08
	2-A	Kevin Nash, Canyon	21.42
1983	4-A	Jim Laseth, Capistrano Valley	21.32
	3-A	Brian Coffin, St. Francis	21.04
	2-A	Wayne Goodrich, San Luis Obispo	21.41
1984	4-A	Jim Leseth, Capistrano Valley	21.36
	3-A	Dave Kluth, St. Francis	21.13
	2-A	Dan Spires, Palm Springs	21.62
1985	4-A	Dan Novinski, El Toro	20.99
	3-A	Joel Thomas, Muir	21.05
	2-A	Fred Brende, Harvard	21.85
1986	4-A	Brian Alderman, Santa Barbara	21.02
	3-A	Craig Tillman, El Dorado	21.53
	2-A	Jarrett Winter, Miraleste	21.32
1987	4-A	Jeff Thomason, Corona del Mar	21.15
	3-A	John Cady, San Marino	20.96
	2-A	Jarret Winter, Miraleste	21.11
1988	4-A	Jeff Thomason, Corona del Mar	21.33
	3-A	John Cady, San Marino	20.71
	2-A	Chris Clarke, Rancho Alamitos	21.38
1989	4-A	Tsukasa Kawabuchi, Mission Viejo	21.19
	3-A	Ernest Lee, Muir	20.87
	2-A	Brian Jacobson, Downey	21.24
1990	4-A	Tsukasa Kawabuchi, Mission Viejo	20.99
	3-A	Ken Ennis, Charter Oak	21.26
	2-A	Brian Jacobson, Downey	20.92
1991	4-A	Scott Wester, Marina	21.13
	3-A	Greg Milton, El Dorado	21.04
	2-A	Brian Jacobson, Downey	20.87
1992	4-A	Joel Gustafson, Buena	21.27
	3-A	Paul Marceau, Sonora	21.44
	2-A	Todd Farmer, San Luis Obispo	21.10

FREESTYLE - 50 YARDS (Cont.)

Year	Div.	Champion/School	Time
1993	I	Todd Wines, Santa Ana Valley	21.11
	II	John Jenkins, Crescenta Valley	20.53
	III	Byan Loeff, La Serna	21.06
1994	I	Derya Buyukuncu, Woodbridge	20.27
	II	John Jenkins, Crescenta Valley	20.62
	III	Bobby Bredice, Paramount	21.31
1995	I	Bart Kizierowski, Mission Viejo	20.58
	II	Tim McPherson, Charter Oak	21.23
	III	Joey Morgan, Bonita	21.51
1996	I	Bart Kizierowski, Mission Viejo	20.56
	II	Brian Malich, El Dorado	20.78
	III	David Tong, Chadwick	21.54
1997	I	Matt Burny, Mission Viejo	20.92
	II	Brian Malich, El Dorado	20.52
	III	Brent Reimer, Brea Olinda	21.75
1998	I	Allen Ong, Mission Viejo	21.29
	II	Anthony Ervin, Hart	21.07
	III	Greg McFarlane, Palm Desert	21.83
1999	I	Allen Ong, Mission Viejo	20.88
	II	Anthony Ervin, Hart	20.32
	III	Oliver White, Brea Olinda	21.30
2000	I	Aron Gyuris, Thousand Oaks	20.92
	II	James Jenkins, Crescenta Valley	20.71
	III	Nick Boorman, Atascadero	21.21
2001	I	Scott Baer, Dana Hills	21.26
	II	James Jenkins, Crescenta Valley	20.47
	III	Chris Press, Chadwick	21.63
	IV	Tommy Chung, Whitney	21.18
2002	I	Chris Smith, Dana Hills	21.03
	II	Michael Linn, Hart	20.85
	III	Trevor Harp, Pacific	21.39
	IV	Steven Egge, Chaffey	21.61
2003	I	Kevin McCoy, Fountain Valley	20.90
	II	Matthew Sullivan, Palm Springs	21.24
	III	Trevor Harp, Pacific	21.39
	IV	Steven Egge, Chaffey	21.34
2004	I	Tyler Wilson, Santa Barbara	20.54
	II	Matthew Sullivan, Palm Springs	20.86
	III	Justin Burdine, Rio Mesa	21.23
	IV	William Craig, St. Bonaventure	21.68
2005	I	Kevin Kuga, Dos Pueblos	20.78
	II	Robert Howe, Thousand Oaks	21.82
	III	Derek Hingeveld, La Serna	21.12
	IV	William Wollam, Rubidoux	21.09
2006	I	Kevin Kuga, Dos Pueblos	20.73
	II	Miran Terzic, Palm Desert	21.04
	III	Kevin Graner, Palos Verdes	21.69
	IV	Brett Hayes, Bonita	21.92
2007	I	Andrew Godbe, Mission Viejo	20.95
	II	Kevin Kuhn, Loyola	20.77
	III	Aaron Yerian, Palm Springs	21.52
	IV	William Bishop, Highland	21.52
2008	I	Joey Hale, Redlands	19.95
	II	Robbie Pusic, Arcadia	21.26
	III	Alwin Firmansyah, Cerritos	21.46
	IV	Daniel Colvin, Quartz Hill	21.25
2009	I	Tony Cox, Alemany	20.69
	II	Josh Samuels, Villa Park	20.71
	III	Cameron Neely, Pacifica/Oxnard	21.25
	IV	Jack Galvan, Jurupa Valley	21.65
2010	1	Jack Yeager, Newport Harbor	20.93
	2	David Armstrong, Thousand Oaks	20.97
	3	Josh Roe, Calvary Chapel/	21.18
	4	Jack Galvan, Jurupa Valley	21.36
2011	1	Britt Dalby, Loyola	20.40
	2	Sean Shughrou, Murrieta Valley	21.13
	3	Brendon Chiu, Mark Keppel	21.12
	4	Bilal Walker, Beaumont	21.60
2012	1	Fred Abramyan, Loyola	20.44
	2	BJ Churnside, Villa Park	20.57
	3	Dylan Alba, Pacifica/Garden Grove	21.13
	4	Bilal Walker, Beaumont	21.61

ALL-TIME BOYS SWIMMING/DIVING CHAMPIONS

FREESTYLE - 50 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2013	1	Spencer DeShon, Capistrano Valley	20.37
	2	Michael Forbes, Los Osos	20.81
	3	John Brody, Viewpoint	21.74
	4	Austin Garcia, San Dimas	21.14
2014	1	Corey John, Loyola	20.55
	2	Michael Forbes, Los Osos	21.02
	3	Donny Hadden, Calvary Chp/Santa Ana	21.61
	4	Justin Roh, San Geronio	21.78
2015	1	Cole Cogswell, Hart	20.14
	2	Tenny Chong, Arcadia	20.87
	3	Nathan Ketcheside, Riverside Poly	21.44
	4	Adrian Hui, Webb Schools	21.44
2016	1	Andrew Phan, Rowland	21.24
	2	Christian Hockenbury, Mater Dei	20.47
	3	Tenny Chong, Arcadia	20.59
	4	Andreas Langen, Flintridge Prep	21.46
2017	1	Paul Goetz, Beaumont	20.90
	2	Christian Hockenburg, Mater Dei	20.51
	3	Tenny Chang, Arcadia	20.22
	4	Nate Biondi, Sierra Canyon	20.27
		Tobias Hynes, Grace Brethren	21.60

FREESTYLE - 100 YARDS

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
1917		Day, Pasadena	1:5
1922		Percy DeCremer, Venice	1:02.6
1923		Reginald Harrison, Venice	57.2
1924		Phil Daubenspeck, Venice	58.2
1925		Ray Kennison, Hollywood	59.9
1926		Oscar Simmons, Los Angeles	1:00.0
1927		Howard Ploessel, Huntington Park	59.2
1928		Mac Miller, Hollywood	58.1
1929		Earl Plescia, Long Beach Poly	57.0
1930		Bob Lindegren, Long Beach Poly	56.2
1931		Duke Callaghan, Hollywood	57.4
1932		Art Lindegren, Long Beach Poly	54.7
1933		Paul Wolf, Venice	1:01.6
1934		No Meet Held	
1935		Charles Whitaker, Fullerton	1:03.9
1936		Devere Christensen, Fullerton	57.2
1937		Bill Wickett, Fullerton	58.8
1938		Ray Thomas, Fullerton	1:00.4
1939		Dick Lyons, Pasadena	54.7
1940		Dick Lyons, South Pasadena	54.7
1941		Stan Morketter, Whittier	56.7
1942		George Dowell, Whittier	57.0
1943		Cliff Hughes, Beverly Hills	
1944		Don Bradford, Whittier	54.9
1945		(unavailable)	57.8
1946		William Maxwell, South Pasadena	57.2
1947		Burt Hughes, Beverly Hills	56.1
1948		Bob Hughes, El Segundo	55.7
1949		Pierre Pellissier, Whittier	55.4
1950		Bill Lake, El Segundo	55.4
1951		Bill Lake, El Segundo	53.6
1952		Denny Stimson, Long Beach Poly	55.4
1953		Jim Stevenson, Long Beach Wilson	52.6
1954		Ronald Severa, Downey	54.6
1955		John Moseley, Long Beach Wilson	54.6
1956		Don Redington, Newport Harbor	54.2
1957		Don Redington, Newport Harbor	52.5
1958		Lance Larson, El Monte	50.9
1959		Joe Alkire, San Diego	50.8
1960		Joe Alkire, San Diego	51.1
1961		Frank Rice, Muir	50.9
1962		Roy Saari, El Segundo	48.7
1963		Dick Gilbert, La Habra	49.9
1964		Bill Brown, Fullerton	48.7
1965		Dewitt Manning, Arcadia	47.8
1966		Garth Huffaker, Redlands	48.9
1967		Ken Powers, Burbank	48.3
1968		Frank Heckl, Lynwood	46.3

FREESTYLE - 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
1969		Steve Carey, Sunny Hills	47.7
1970		Eric Sorenson, La Serna	50.0
1971		Kurt Krumpholz, Corona del Mar	47.5
1972		Jeff Ross, Burbank	48.0
1973		Jack Babashoff, Fountain Valley	46.8
1974		Peter Spurzem, Foothill	46.4
1975	4-A	Peter Spurzem, Foothill	46.3
	3-A	Byron Simms, Rancho Alamitos	48.0
1976	4-A	Keith Johnson, Huntington Beach	47.1
	3-A	Byron Simms, Rancho Alamitos	46.4
1977	4-A	Mike Kelly, Fountain Valley	45.54
	3-A	Byron Simms, Rancho Alamitos	46.25
1978	4-A	Robin Leamy, Rolling Hills	45.96
	3-A	Matt Wood, San Marino	46.92
1979	4-A	Matt Wood, San Marino	46.33
	3-A	Matt Hayes, Newbury Park	47.87
1980	2-A	Mike Miao, Flintridge Prep	47.65
	4-A	Chris Rehak, Marina	47.10
	3-A	Grant Cooling, Corona del Mar	47.49
	2-A	Mike Miao, Flintridge Prep	46.20
1981	4-A	Jon Larson, Mission Viejo	46.41
	3-A	Mike Baele, Hoover	46.85
	2-A	Kevin Nash, Canyon	46.19
	4-A	Steve Martz, Palos Verdes	46.02
1982	3-A	Mike Baele, Hoover	46.10
	2-A	Kevin Nash, Canyon	45.78
	4-A	Jim Leseth, Capistrano Valley	46.23
	3-A	Mike Baele, Hoover	46.06
1983	2-A	Wayne Goodrich, San Luis Obispo	46.14
	4-A	Jim Leseth, Capistrano Valley	45.89
1984	3-A	Dave Kluth, St. Francis	46.34
	2-A	Barry Drake, San Luis Obispo	47.11
1985	4-A	Miguel Carmon, Buena	46.41
	3-A	Darren Ward, Sonora	45.75
1986	2-A	Kresimir Peharda, Pasadena Poly	47.35
	4-A	Eric Ford, Corona del Mar	45.71
1987	3-A	Darren Ward, Sonora	45.47
	2-A	Kresimir Peharda, Pasadena Poly	46.45
1988	4-A	Jeff Thomason, Corona del Mar	46.45
	3-A	Darren Ward, Sonora	45.31
1989	2-A	Fred Brende, Harvard	47.17
	4-A	Jeff Thomason, Corona del Mar	46.69
1990	3-A	John Kunishima, Wilson/Hacienda Heights	46.16
	2-A	Steven Katsuyama, Pasadena Poly	46.72
1991	4-A	Tsukasa Kawabuchi, Mission Viejo	46.56
	3-A	Ernest Lee, Muir	46.72
1992	2-A	Brian Jacobson, Downey	46.37
	4-A	Gavin Arroyo, Villa Park	45.30
1993	3-A	Matt Cherrie, South Pasadena	47.51
	2-A	Brian Jacobson, Downey	45.25
1994	4-A	Dan Kanner, San Marino	45.15
	3-A	Greg Milton, El Dorado	45.78
1995	2-A	Brian Jacobson, Downey	44.99
	4-A	John Simmons, El Toro	45.65
1996	3-A	Roy Elliott, Peninsula	46.11
	2-A	Calvin Weiss, Kennedy	45.45
1997	I	Matt Cornue, Villa Park	46.34
	II	John Jenkins, Crescenta Valley	45.92
1998	III	Andy Walburger, La Serna	46.56
	I	Jason Lezak, Irvine	45.68
1999	II	John Jenkins, Crescenta Valley	45.88
	III	Mark Bennett, Righetti	46.33
2000	I	Brad Kittredge, Santa Barbara	44.44
	II	Jim Lowe, Tustin	47.05
2001	III	Dwight Hernandez, Palm Springs	47.13
	I	Bart Kizierowski, Mission Viejo	44.61
2002	II	Brian Malich, El Dorado	45.15
	III	Dwight Hernandez, Palm Springs	46.85
2003	I	Matt Burny, Mission Viejo	45.28
	II	Brian Malich, El Dorado	45.00
2004	III	Greg Lonzo, Jurupa Valley	47.70
	I	Allen Ong, Mission Viejo	46.31
2005	II	Anthony Ervin, Hart	45.65
	III	Bob Martinez, Redondo Union	47.16

ALL-TIME BOYS SWIMMING/DIVING CHAMPIONS

FREESTYLE - 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u> ¹⁹⁹⁹
I		Allen Ong, Mission Viejo	44.92
	II	Anthony Ervin, Hart	44.28
	III	Tim Wang, Pasadena Poly	47.12
2000	I	Gonny Shimura, Irvine	47.25
	II	James Jenkins, Crescenta Valley	45.32
	III	Tim Wang, Pasadena Poly	46.82
2001	I	Jonathan Russell, Santa Margarita	46.49
	II	James Jenkins, Crescenta Valley	44.65
	III	Tim Wang, Pasadena Poly	46.49
	IV	Jeff Barrett, Nordhoff	46.71
2002	I	Andrew Cole, Newport Harbor	46.15
	II	Michael Linn, Hart	45.59
	III	Trevor Harp, Pacific	47.34
	IV	William Chae, Buckley	47.85
2003	I	Tyler Wilson, Santa Barbara	46.00
	II	Jason Lyons, Riverside Poly	46.45
	III	Russell Thompson, Santiago	46.81
	IV	Steven Egge, Chaffey	47.52
2004	I	Tyler Wilson, Santa Barbara	45.18
	II	Matthew Sullivan, Palm Springs	46.09
	III	Sean Boyle, Murrieta Valley	46.32
	IV	Antonio Cisneros, Rancho Alamitos	47.69
2005	I	Michael Carter, Damien	45.35
	II	Robert Howe, Thousand Oaks	21.28
	III	Sean Boyle, Murrieta Valley	46.04
	IV	Antonio Cisneros, Rancho Alamitos	46.86
2006	I	Kevin Kuga, Dos Pueblos	46.08
	II	Miran Terzic, Palm Desert	46.78
	III	Kevin Graner, Palos Verdes	47.60
	IV	Ryan Chiu, Mark Keppel	47.62
2007	I	Karl Krug, Yucaipa	45.38
	II	Kevin Kuhn, Loyola	45.69
	III	Jonnie Pare, Oaks Christian	46.89
	IV	Daniel Colvin, Quartz Hill	47.22
2008	I	Karl Krug, Yucaipa	44.23
	II	Robbie Pusic, Arcadia	46.72
	III	Alwin Firmansyah, Cerritos	47.10
	IV	Daniel Colvin, Quartz Hill	47.09
2009	I	Clint Johnson, Yucaipa	45.32
	II	Jordan Harris, Los Osos	45.56
	III	Marcus Holland, Perris	45.52
	IV	Jack Galvan, Jurupa Valley	47.88
2010	1	Nick Soedel, Marina	45.63
	2	Alex Campbell, La Canada	46.34
	3	Ryan Makuta, El Segundo	46.47
	4	Michael Haney, Bloomington	46.59
2011	1	Nick Soedel, Marina	45.05
	2	Ryan Makuta, El Segundo	45.05
	3	Michael Haney, Bloomington	44.67
	4	Bilal Walker, Beaumont	47.42
2012	1	Fred Abramyan, Loyola	44.43
	2	Kyle Coan, Los Osos	45.14
	3	Michael Haney, Bloomington	45.73
	4	Bilal Walker, Beaumont	47.24
2013	1	Jack Descombes, Capistrano Valley	44.99
	2	Michael Forbes, Los Osos	45.86
	3	John Brody, Viewpoint	47.32
	4	Austin Garcia, San Dimas	47.40
2014	1	Cole Cogswell, Hart	43.97
	2	Michael Wang, Rowland	45.26
	3	Garret Shimko, Poly/Riverside	46.43
	4	Owen Franz, Malibu	47.73
2015	1	Cole Cogswell, Hart	44.32
	2	David Puczkowski, Westlake	45.15
	3	Nathan Ketcheside, Riverside Poly	46.70
	4	Michael Wang, Rowland	45.58
2016	1	Justin Nguyen, Fountain Valley	44.58
	2	Ben Blevins-Boor, Sonora	45.60
	3	Nate Biondi, Sierra Canyon	46.57
	4	Paul Goetz, Beaumont	46.83
2017	1	Justin Nguyen, Fountain Valley	44.47
	2	Tenny Chang, Arcadia	44.67
	3	Miles Leon, Gabrielino	47.32
	4	Jared Calderone, San Dimas	47.74

FREESTYLE -200 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1917		Jas. McIntosh, San Diego	2:53--4
1922		Wallace O'Connor, Venice	2:38.4
1923		Colin Smith, Los Angeles	2:34.0
1924		Phil Daubenspeck	2:30.6
1925		Bill Kendall, Pasadena	2:38.8
1926		Paul Nowlin, Long Beach Poly	2:35.
1927		Frank Booth, Inglewood	2:36.0
1928		Austin Clapp, Hollywood	2:30.1
1929		Reggie Richardson, San Diego	2:34.2
1930		Duke Callaghan, Hollywood	2:26.4
1931		Duke Callaghan, Hollywood	2:27.6
1932		Art Lindegren, Hollywood	2:23.1
1933		Paul Wolf, Venice	2:25.0
1934		No Meet Held	
1935		Fred Hood, Long Beach Poly	2:25.9
1936		Bill Wickett, Fullerton	2:24.8
1937		Paul Herron, Long Beach Poly	2:26.3
1938		Virgil Hinckley, Long Beach Poly	2:33.7
1939		Art Bermudez, Huntington Beach	2:23.0
1940		Art Bermudez, Huntington Beach	2:22.8
1941		Dick Narver, Beverly Hills	2:25.5
1942		Bob Swoffer, Fullerton	2:22.8
1943		Rube Wolf, Beverly Hills	
1944		Cliff Hughes, Beverly Hills	
1945		Wally Wolf, Beverly Hills	2:32.2
1946		Wally Wolf, Beverly Hills	2:23.7
1947		Wally Wolf, Beverly Hills	2:19.1
1948		Jack Spargo, El Segundo	2:21.4
1949		Jack Davis, Whittier	2:06.7
1950		Larry Guth, El Segundo	2:07.0
1951		Dan Osborne, Whittier	2:02.9
1952		Buddy Belshe, Huntington Beach	2:02.9
1953		Jack McNeese, Whittier	2:01.4
1954		Lloyd Ibbetson, Mt. Carmel	2:04.4
1955		Don Redington, Newport Harbor	2:04.7
1956		Don Redington, Newport Harbor	2:01.7
1957		Don Redington, Newport Harbor	1:59.2
1958		Dennis Rounsavalle, El Segundo	1:57.6
1959		Mike Wilkie, Black-Foxe	1:59.0
1960		Frank Rice, Muir	1:54.8
1961		Nick Kirky, Rosemead	1:47.9
1962		Bill Farley, St. Francis	1:49.0
1963		Chuck Milam, Burbank	1:50.5
1964		James Bailey, Santa Monica	1:49.5
1965		Chris Sawyer, Chaffey	1:48.9
1966		Greg Charlton, Arcadia	1:45.5
1967		Roger Lyon, Harvard	1:44.4
1968		Frank Heckl, Lynwood	1:42.9
1969		Jim McConica, Buena Park	1:44.5
1970		Curtis Hayden, Pasadena	1:46.0
1971		Steve Furniss, Foothill	1:44.3
1972		Jack Babashoff, Fountain Valley	1:42.4
1973		Tim Shaw, Long Beach Wilson	1:40.7
1974		Tim Shaw, Long Beach Wilson	1:40.6
1975	4-A	Tim Shaw, Long Beach Wilson	1:39.4
	3-A	Byron Simms, Rancho Alamitos	1:42.2
	4-A	Brian Goodell, Mission Viejo	1:40.9
	3-A	Mike Elleman, San Marino	1:39.3
1977	4-A	Brian Goodell, Mission Viejo	1:37.17
	3-A	Byron Simms, Rancho Alamitos	1:39.21
1978	4-A	Ed Ryder, Mission Viejo	1:40.53
	3-A	Dennis Scannel, San Marino	1:40.61
	4-A	Andy Schmidt, Mission Viejo	1:38.28
1979	3-A	Phil Matchett, Aviation	1:43.61
	2-A	Walter Beddeo, Palmdale	1:41.92
1980	4-A	Mike Brown, Mission Viejo	1:39.23
	3-A	Barry Plaga, Crescenta Valley	1:42.66
	2-A	Walter Beddeo, Palmdale	1:40.65
	4-A	Doug Barker, Mission Viejo	1:39.51
	3-A	Craig Popp, El Toro	1:41.08
	2-A	Artie Williams, Corona	1:41.57
1982	4-A	Craig Popp, El Toro	1:39.70
	3-A	Jeff Kostoff, Upland	1:39.71
	2-A	Alex Mlawsky, Moreno Valley	1:39.72

ALL-TIME BOYS SWIMMING/DIVING CHAMPIONS

FREESTYLE – 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1983	4-A	Dave Loudon, Mission Viejo	1:37.77
	3-A	Jeff Kostoff, Upland	1:38.23
	2-A	Alex Mlawsky, Moreno Valley	1:39.50
1984	4-A	Dan Jurgenson, Mission Viejo	1:39.35
	3-A	John Mykkanen, El Dorado	1:39.51
	2-A	Tim Gallaudet, Chaminade	1:42.86
1985	4-A	Dan Jorgensen, Mission Viejo	1:37.63
	3-A	Rob Graner, Loyola	1:40.45
	2-A	Ken Lamont, South Hills	1:44.84
1986	4-A	Dan Jorgenson, Mission Viejo	1:38.47
	3-A	Claus Christensen, Upland	1:41.67
	2-A	Kresimir Peharda, Pasadena Poly	1:43.64
1987	4-A	Greg Larson, Villa Park	1:41.13
	3-A	Bram Tester, Fullerton	1:42.95
	2-A	Chad Hundebly, Woodbridge	1:38.71
1988	4-A	Greg Larson, Villa Park	1:40.05
	3-A	Sal Castro, St. John Bosco	1:41.31
	2-A	Chad Hundebly, Woodbridge	1:38.17
1989	4-A	Gavin Arroyo, Villa Park	1:41.41
	3-A	Chris Baskett, Santa Monica	1:40.42
	2-A	Chad Hundebly, Woodbridge	1:38.45
1990	4-A	Eric Diehl, Mission Viejo	1:38.26
	3-A	Dan Kanner, San Marino	1:38.53
	2-A	Chad Carvin, Laguna Hills	1:40.70
1991	4-A	Eric Diehl, Mission Viejo	1:35.55
	3-A	Chris Baskett, Santa Monica	1:39.55
	2-A	Chad Carvin, Laguna Hills	1:38.72
1992	4-A	Adam Grodzki, Mission Viejo	1:39.44
	3-A	Mike Jefferson, Santa Monica	1:44.52
	2-A	Chad Carvin, Laguna Hills	1:37.80
1993	I	John Simmons, El Toro	1:39.97
	II	Paul Reader, Rubidoux	1:41.74
	III	Preston Hammontree, Laguna Hills	1:43.55
1994	I	Matt Cornue, Villa Park	1:40.46
	II	Ben O'Dell, Loyola	1:40.09
	III	Mark Bennett, Righetti	1:41.29
1995	I	Philippe Demers, Santa Margarita	1:38.89
	II	Tim Martin, Kennedy	1:41.55
	III	David Tong, Chadwick	1:44.17
1996	I	Philippe Demers, Santa Margarita	1:37.54
	II	Mike Burdick, San Marino	1:39.41
	III	Brad Morris, Cathedral City	1:42.06
1997	I	Philippe Demers, Santa Margarita	1:38.04
	II	Joel Everman, Notre Dame/Sherman Oaks	1:41.96
	III	Seth Lewis, Santa Maria	1:42.98
1998	I	Mark Warkentin, San Marcos	1:38.45
	II	Kenny Carpenter, Crescenta Valley	1:39.03
	III	Leo Salinas, St. Bonaventure	1:42.64
1999	I	Ian Pritchard, Buena	1:37.88
	II	Kenny Carpenter, Crescenta Valley	1:40.10
	III	James Hopton, Santiago/Corona	1:42.26
2000	I	Ian Pritchard, Buena	1:38.87
	II	Jonathan Russell, Santa Margarita	1:40.25
	III	James Hopton, Santiago/Corona	1:42.01
2001	I	Aaron Peirsol, Newport Harbor	1:38.62
	II	Jason Lyons, Riverside Poly	1:42.99
	III	Tim Wang, Pasadena Poly	1:41.89
	IV	Jeff Barrett, Nordhoff	1:42.06
2002	I	Aaron Peirsol, Newport Harbor	1:35.87
	II	Jason Lyons, Riverside Poly	1:39.99
	III	Timothy Olson, Centennial/Corona	1:45.05
	IV	Kosuke Amano, Villanova Prep	1:43.24
2003	I	Dannel Beal, Dos Pueblos	1:39.15
	II	Jason Lyons, Riverside Poly	1:40.60
	III	Sean Boyle, Murrieta Valley	1:41.98
	IV	John Paul Oliver, St. Bonaventure	1:46.08
2004	I	Danny Beal, Dos Pueblos	1:36.89
	II	Adam Rollins, Northwood	1:41.91
	III	Sean Boyle, Murrieta Valley	1:40.48
	IV	John Paul Oliver, St. Bonaventure	1:43.67
2005	I	Michael Carter, Damien	1:39.08
	II	Andrew Nguyen, La Canada	1:42.26
	III	Sean Boyle, Murrieta Valley	1:39.60
	IV	Matt Sulkevich, Northview	1:41.48

FREESTYLE – 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2006	I	Tom Shields, Edison	1:39.67
	II	Lugar Choi, Northwood	1:41.16
	III	John Casillas, San Bernardino	1:42.27
	IV	Ryan Chiu, Mark Keppel	1:42.79
2007	I	Tom Shields, Edison	1:38.84
	II	Andrew Muller, Loyola	1:42.11
	III	John Casillas, San Bernardino	1:43.16
	IV	Ryan Chiu, Mark Keppel	1:41.41
2008	I	Tom Shields, Edison	1:36.52
	II	Andrew Muller, Loyola	1:40.59
	III	Kevin Nielsen, Oaks Christian	1:40.82
	IV	Ryan Chui, Mark Keppel	1:41.54
2009	I	Tom Shields, Edison	1:34.35
	II	Andrew Saeta, Pasadena Poly	1:36.99
	III	Alwin Firmansyah, Cerritos	1:40.98
	IV	Alex Cisneros, Rancho Alamitos	1:45.36
2010	1	Logan Redondo, Capistrano Valley	1:38.29
	2	Brennan Jacobsen, Sonora	1:40.10
	3	Ryan Makuta, El Segundo	1:41.26
	4	Michael Haney, Bloomington	1:42.00
2011	1	Michael Hauss, Edison	1:38.14
	2	Ryan Makuta, El Segundo	1:38.64
	3	Michael Haney, Bloomington	1:38.00
	4	Andrew Barmann, La Salle	1:42.37
2012	1	Logan Redondo, Capistrano Valley	1:38.52
	2	Kyle Coan, Los Osos	1:38.13
	3	Michael Haney, Bloomington	1:39.99
	4	James Reyes, Arlington	1:42.23
2013	1	Christian Garkani, Corona del Mar	1:39.05
	2	Kyle Coan, Los Osos	1:35.69
	3	Erik Juliusson, Laguna Beach	1:40.68
	4	Logan Hotchkiss, Malibu	1:45.54
2014	1	Grant Shoults, Santa Margarita	1:35.99
	2	Kyle Coan, Los Osos	1:36.16
	3	Garret Shimko, Poly/Riverside	1:39.74
	4	Logan Hitchkiss, Malibu	1:41.48
2015	1	Grant Schoults, Santa Margarita	1:34.54
	2	Michael Tenney, Chino Hills	1:40.72
	3	Roger Kriegel, Moorpark	1:39.46
	4	Logan Hotchkiss, Malibu	1:38.22
2016	1	Grant Shoults, Santa Margarita	1:33.26
	2	Trenton Juhan, Glendale	1:36.21
	3	Nate Biondi, Sierra Canyon	1:43.07
	4	Evan Munaretto, Fairmont Prep	1:40.29
2017	1	Owen Kao, Dana Hills	1:38.04
	2	Andrew Koustik, Calvary Chapel/Santa Ana	1:38.02
	3	Wyatt Marsalek, Nipomo	1:41.91
	4	Dominic Falcon, Ocean View	1:42.48

FREESTYLE - 440 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1917		Jas. McIntosh, San Diego	6:22.3
1922		Wallace O'Connor, Venice	5:56.6
1923		Theodore Baer, Hollywood	6:03.8
1924		Theodore Baer, Hollywood	5:50.0
1925		Don Novis, Pasadena	6:00.4
1926		Oscar Simmons, Los Angeles	5:46.7
1927		Norman Kettering, Long Beach Poly	5:29.0
1928		Johnny Allen, Long Beach Poly	5:46.2
1929		James Kayler, Long Beach Poly	5:42.4
1930		Buster Olds, San Diego	5:20.2
1931		Don Newton, Fullerton	5:39.2
1932		Bob Boals, Hollywood	5:23.1
1933		Bob Boals, Hollywood	5:15.6
1934		No Meet Held	

FREESTYLE - 500 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1935		Devere Christensen, Fullerton	5:34.7
1936		Devere Christensen, Fullerton	5:22.4
1937		Virgil Hinckley, Long Beach Poly	5:35.8
1938		Art Bermudez, Huntington Beach	5:21.4
1939		Not Contested through 1957	
1958		Dennis Rounsavelle, El Segundo	4:16.8
1959		Roy Saari, El Segundo	4:12.8
1960		Roy Saari, El Segundo	4:06.5
1961		Roy Saari, El Segundo	3:59.5

ALL-TIME BOYS SWIMMING/DIVING CHAMPIONS

FREESTYLE - 500 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Tim</u>
1962		Roy Saari, El Segundo	3:53.9
1963		Doug Jensen, Oxnard	4:00.6
1964		Steve Boss, Arcadia	3:58.6
1965		Phil Houser, Chadwick	3:56.0
1966		Greg Charlton, Arcadia	3:45.7
1967		Steve Genter, Lakewood	3:46.1
1968		Steve Genter, Lakewood	3:47.2
1969		Jim McConica, Buena	3:45.8
1970		Steve Furniss, Foothill	3:43.1
1971		Steve Furniss, Foothill	3:40.1
1972		John Halladay, North Torrance	3:36.0
1973		Tim Shaw, Long Beach Wilson	3:33.1
1974		Tim Shaw, Long Beach Wilson	4:32.4
1975	4-A	Tim Shaw, Long Beach Wilson	4:23.4
1975	3-A	Mike Ellerman, San Marino	4:41.5
1976	4-A	Brian Goodell, Mission Viejo	4:29.0
	3-A	Mike Ellerman, San Marino	4:31.2
1977	4-A	Brian Goodell, Mission Viejo	4:20.81
	3-A	Dennis Scannell, San Marino	4:32.44
1978	4-A	Ed Ryder, Mission Viejo	4:23.41
	3-A	Dennis Scannell, San Marino	4:32.19
1979	4-A	Andy Schmidt, Mission Viejo	4:23.09
	3-A	Barry Plaga, Crescenta Valley	4:41.73
	2-A	Walter Beddeo, Palmdale	4:32.80
1980	4-A	Mike Brown, Mission Viejo	4:24.59
	3-A	Barry Plaga, Crescenta Valley	4:35.33
	2-A	Walter Beddeo, Palmdale	4:28.44
1981	4-A	Fili Colon, Mission Viejo	4:28.68
	3-A	Jeff Kostoff, Upland	4:28.55
	2-A	Alex Mlawsky, Moreno Valley	4:34.97
1982	4-A	Craig Popp, El Toro	4:29.45
	3-A	Jeff Kostoff, Upland	4:21.34
	2-A	Alex Mlawsky, Moreno Valley	4:33.73
1983	4-A	Dave Louden, Mission Viejo	4:21.38
	3-A	Jeff Kostoff, Upland	4:16.39
	2-A	Alex Mlawsky, Moreno Valley	4:30.02
1984	4-A	Dan Jurgensen, Mission Viejo	4:23.92
	3-A	John Mykkanen, El Dorado	4:25.62
	2-A	Tim Gallaudet, Chaminade	4:35.66
1985	4-A	Dan Jurgensen, Mission Viejo	4:23.92
	3-A	Tim Gallaudet, Chaminade	4:27.63
	2-A	Greg Goodrich, San Luis Obispo	4:42.72
1986	4-A	David McCarty, Capistrano Valley	4:25.07
	3-A	Bram Tester, Fullerton	4:32.92
	2-A	Jeff Williams, Atascadero	4:40.41
1987	4-A	Richard Drewlow, Mission Viejo	4:29.21
	3-A	Bram Tester, Fullerton	4:35.90
	2-A	Chad Hundebly, Woodbridge	4:25.92
1988	4-A	Greg Larson, Villa Park	4:32.58
	3-A	David Gillespie, Damien	4:30.99
	2-A	Chad Hundebly, Woodbridge	4:23.67
1989	4-A	Brian Cox, Capistrano Valley	4:31.39
	3-A	Chris Baskett, Santa Monica	4:30.88
	2-A	Chad Hundebly, Woodbridge	4:25.29
1990	4-A	Eric Diehl, Mission Viejo	4:27.91
	3-A	Dan Kanner, San Marino	4:26.44
	2-A	John Blaney, St. Margaret's	4:30.23
1991	4-A	Eric Diehl, Mission Viejo	4:20.86
	3-A	Chris Baskett, Santa Monica	4:24.62
	2-A	Chad Carvin, Laguna Hills	4:22.08
1992	4-A	Adam Grodzki, Mission Viejo	4:25.80
	3-A	Steve Warner, Santa Monica	4:31.69
	2-A	Chad Carvin, Laguna Hills	4:21.10
1993	I	Mark Perkins, Huntington Beach	4:33.39
	II	Jeff Julian, Walnut	4:34.41
	III	Greg Dolniak, Chaffey	4:32.15
1994	I	Bart Sikora, Mission Viejo	4:27.70
	II	Tim Haney, Los Alamitos	4:29.34
	III	Tim Martin, Kennedy	4:32.24
1995	I	Mark Warkentin, San Marcos	4:26.15
	II	Tim Martin, Kennedy	4:31.26
	III	Jeff Maddox, Pacifica	4:39.61

FREESTYLE - 500 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1996	I	Mark Warkentin, San Marcos	4:25.42
	II	Tim Martin, Kennedy	4:26.08
	III	Mike Soria, Santa Fe	4:43.75
1997	I	James Davison, Mission Viejo	4:26.57
	II	Joel Everman, Notre Dame/Sherman Oaks	4:31.29
	III	Mike Soria, Santa Fe	4:37.06
1998	I	Mark Warkentin, San Marcos	4:25.54
	II	Joel Everman, Notre Dame/Sherman Oaks	4:28.72
	III	Leo Salinas, St. Bonaventure	4:33.97
1999	I	Ian Pritchard, Buena	4:21.95
	II	Travis Taylor, Crescenta Valley	4:31.64
	III	Jason Conley, Palm Desert	4:36.05
2000	I	Ian Pritchard, Buena	4:19.33
	II	Travis Taylor, Crescenta Valley	4:33.03
	III	William VanDer Touw, Pasadena Poly	4:34.99
2001	I	Adam Hewko, Servite	4:29.19
	II	Louis Vayo, Troy	4:36.92
	III	William VanDer Touw, Pasadena Poly	4:36.81
	IV	Charlton Krautim, Cerritos	4:44.29
2002	I	Adam Hewko, Servite	4:27.46
	II	Louis Vayo, Troy	4:31.99
	III	Tim Olson, Centennial	4:42.84
	IV	Ryan Neill, Valencia/Placentia	4:36.18
2003	I	Larsen Jensen, Mission Viejo	4:24.32
	II	Luis Vayo, Troy	4:29.57
	III	Tim Olson, Centennial	4:38.68
	IV	Dan Leelachat, Oxford Academy	4:43.75
2004	I	Scott Spansail, San Clemente	4:27.68
	II	Andrew Deters, Claremont	4:36.37
	III	Jon Mendoza, La Serna	4:36.49
	IV	Matt Sulkevich, Northview	4:38.30
2005	I	Scott Spansail, San Clemente	4:22.56
	II	Scott Clary, Riverside Poly	4:34.55
	III	Ryan Kikucki, Great Oaks	4:40.88
	IV	Matt Sulkevich, Northview	4:31.74
2006	I	Chad La Tourette, Mission Viejo	4:23.68
	II	Jereme Barnett-Woods, University	4:32.43
	III	John Casillas, San Bernardino	4:34.84
	IV	Ryunosuke Kikuchi, Great Oak	4:41.26
2007	I	Chad La Tourette, Mission Viejo	4:21.02
	II	Ryunosuke Kikuchi, Great Oak	4:35.95
	III	Chase Bloch, Oaks Christian	4:40.81
	IV	Ryan Chiu, Mark Keppel	4:31.64
2008	I	Isaac Howell, Millikan	4:22.63
	II	Scott Farley, San Marino	4:32.27
	III	Chase Bloch, Oaks Christian	4:36.91
	IV	Ryan Chui, Mark Keppel	4:31.45
2009	I	Jon Daniec, Mission Viejo	4:22.19
	II	Scott Farley, San Marino	4:27.85
	III	Hayden Palmer, Canyon Springs	4:31.14
	IV	Andrew Barmann, La Salle	4:36.64
2010	1	Jon Daniec, Mission Viejo	4:22.24
	2	Brennan Jacobsen, Sonora	4:24.82
	3	William Cobau, La Serna	4:34.22
	4	Andrew Barmann, La Salle	4:34.90
2011	1	Logan Redondo, Capistrano Valley	4:27.15
	2	Brennan Jacobsen, La Serna	4:27.59
	3	Ryan Keo, Kennedy	4:29.73
	4	Andrew Barmann, La Salle	4:28.04
2012	1	Janardan Burns, Aliso Niguel	4:23.55
	2	Young Tao Seo, Crescenta Valley	4:28.95
	3	Ryan Kao, Kennedy	4:27.38
	4	Eugene Tee, St. Monica Catholic	4:31.20
2013	1	David Heron, Mission Viejo	4:22.66
	2	Ryan Kao, Kennedy	4:20.28
	3	Kyle Perez, J.W. North	4:33.17
	4	Logan Hotchkiss, Malibu	4:46.45
2014	1	Nicholas Norman, Capistrano Valley	4:23.02
	2	Ryan Kao, Kennedy	4:25.51
	3	Sedtavut Nilaad, J.W. North	4:38.86
	4	Logan Hotchkiss, Malibu	4:36.12

ALL-TIME BOYS SWIMMING/DIVING CHAMPIONS

FREESTYLE - 500 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2015	1	Grant Schoultz, Santa Margarita	4:15.56
	2	Simon Lamar, Sonora	4:29.63
	3	Roger Kriegl, Moorpark	4:31.32
	4	Logan Hotchkiss, Malibu	4:27.45
2016	1	Grant Shoultz, Santa Margarita	4:12.87
	2	Michael Tenny, Chino Hills	4:28.86
	3	Wyatt Marsalek, Nipolo	4:37.55
	4	Evan Munaretto, Fairmont Prep	4:36.86
2017	1	Owen Kao, Dana Hills	4:26.49
	2	David Wang, Diamond Bar	4:27.60
	3	Wyatt Marsatek, Nipomo	4:32.26
	4	Dominic Falcon, Ocean View	4:35.32

BUTTERFLY – 100 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1957		Lance Larson, El Monte	55.5
1958		Lance Larson, El Monte	54.6
1959		Joe Alkire, San Diego	54.9
1960		Booth Hartley, Glendale	55.3
1961		Pete Maxwell, Black-Foxe	55.4
1962		Chuck Milam, Burbank	55.4
1963		Chuck Milam, Burbank	54.0
1964		Bill Brandenburger, Redlands	54.2
1965		Jim Nickloff, Pasadena	53.6
1966		Roger Lyon, Harvard	52.3
1967		Roger Lyon, Harvard	50.8
1968		Gary Hall, Rancho Alamitos	51.8
1969		Steve Cameron, La Habra	51.7
1970		Ed Butts, Upland	51.9
1971		Clay Evans, Huntington Beach	52.3
1972		Clay Evans, Huntington Beach	51.4
1973		Jeff Rolan, Tustin	51.7
1974		Jay Hersey, Rubidoux	50.7
1975	4-A	Sam Franklin, Tustin	49.5
	3-A	Tom Borden, Riverside Poly	54.2
976	4-A	Neil MacReady, La Habra	51.6
	3-A	George Luchs, Riverside Poly	54.1
1977	4-A	Neil McReady, La Habra	50.86
	3-A	Mike Harrison, San Marino	52.26
1978	4-A	Kevin Strachan, Foothill	51.16
	3-A	Doug Voight, El Segundo	51.82
1979	4-A	Jesse Vasallo, Mission Viejo	49.66
	3-A	Blair Murphy, Irvine	52.99
	2-A	Tom Hobbs, Arlington	52.46
1980	4-A	Paul Johnson, Mission Viejo	51.05
	3-A	Ben Lau, Walnut	50.91
	2-A	Scott Grigsby, Notre Dame/Sherman Oaks	51.34
1981	4-A	Fili Colon, Mission Viejo	50.66
	3-A	Ben Lau, Walnut	50.65
	2-A	Scott Grigsby, Notre Dame/Sherman Oaks	50.21
1982	4-A	Tom Harrison, Newport Harbor	51.01
	3-A	Jeff Antimarino, Kennedy	51.15
	2-A	Glenn Ringer, San Luis Obispo	51.09
1983	4-A	Jon Ballack, Newport Harbor	50.82
	3-A	Jon Lau, Walnut	51.47
	2-A	Billy Corrigan, Palm Springs	52.44
1984	4-A	Brian Alderman, Santa Barbara	50.38
	3-A	Rob Graner, Loyola	50.49
	2-A	Dan Spires, Palm Springs	52.34
1985	4-A	Brian Alderman, Santa Barbara	49.27
	3-A	Rob Graner, Loyola	50.04
	2-A	Allen Pollrich, La Mirada	51.91
1986	4-A	Brian Alderman, Santa Barbara	49.18
	3-A	Spencer Hess, Burbank	50.46
	2-A	Darin Schwicker, Atascadero	52.86
1987	4-A	Frank Wattles, Mission Viejo	50.33
	3-A	Jeff Barman, El Dorado	50.93
	2-A	Jarrett Winter, Miraleste	50.36
1988	4-A	Ron Scott, Foothill	49.81
	3-A	Sal Castro, St. John Bosco	50.18
	2-A	Mike Reyes, Gahr	50.81

BUTTERFLY – 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1989	4-A	Ron Scott, Foothill	50.30
	3-A	Daizo Mitsuoka, Damien	51.73
	2-A	Mike Chang, Harvard	51.60
1990	4-A	Charley Kenyon, Marina	49.70
	3-A	Dan Abruzzi, Palm Springs	50.56
	2-A	Jeff Julian, Walnut	50.96
1991	4-A	Ben Pecht, Rio Mesa	50.39
	3-A	Dan Abruzzi, Palm Springs	50.16
	2-A	Randy Hartley, Righetti	50.45
1992	4-A	Ben Pecht, Rio Mesa	49.52
	3-A	Jon Jackson, Glendora	52.10
	2-A	Randy Hartley, Righetti	49.48
1993	I	Robert Delgado, Mission Viejo	50.48
	II	Jeff Julian, Walnut	49.49
	III	Jansy Obando, Covina	52.40
1994	I	Bart Sikora, Mission Viejo	50.11
	II	Peter Baldwin, Loyola	51.40
	III	Mark Kwok, Laguna Hills	50.41
1995	I	Phillipe Demers, Santa Margarita	49.90
	II	Joey Johnson, San Marino	50.40
	III	Sean Copeland, Laguna Blanca	51.75
1996	I	Phillipe Demers, Santa Margarita	48.68
	II	Peter Baldwin, Loyola	50.33
	III	David Chan, Burroughs/Ridgecrest	50.76
1997	I	Phillipe Demers, Santa Margarita	48.25
	II	Hiro Sakoda, Sunny Hills	50.12
	III	Mike Boyes, Paso Robles	52.64
1998	I	Toyokazu Tsujino, El Modena	51.56
	II	Kenny Carpenter, Crescenta Valley	49.47
	III	Mike Boyes, Paso Robles	51.44
1999	I	Jeff Larson, Marina	50.08
	II	Michael Cavic, Tustin	49.61
	III	Mike Riordan, Pacifica	51.03
2000	I	Juan Veloz, Mission Viejo	50.40
	II	Michael Cavic, Tustin	48.42
	III	Justin Boyes, Paso Robles	51.14
2001	I	Gonzo Shimura, Irvine	50.34
	II	Larry Chong, Arcadia	50.91
	III	Michael Cavic, Tustin	48.26
	IV	Hidenaga Murakami, Pilgrim	52.03
2002	I	Devin Saez, Mission Viejo	49.79
	II	Larry Chong, Arcadia	50.14
	III	Michael Cavic, Tustin	47.13
	IV	Ryan McNeill, Valencia/Placentia	51.39
2003	I	Danny Beal, Dos Pueblos	49.04
	II	Ryan McNeill, Valencia	51.80
	III	Sean Boyle, Murrieta Valley	51.74
	IV	Sean Chun, Wilson/Hacienda Heights	51.34
2004	I	Danny Beal, Dos Pueblos	48.39
	II	Jeremy Sotomayer, Royal	51.06
	III	Michael Radford, Corona	50.98
	IV	John Paul Oliver, St. Bonaventure	51.69
2005	I	Patrick Simpkins, Crespi	50.08
	II	David Chen, Claremont	51.84
	III	Sam Danh, Westminster	51.31
	IV	Jonnie Pare, Oaks Christian	52.69
2006	I	Daniel Owens, Mission Viejo	50.10
	II	David Chen, Claremont	50.04
	III	Kyle Smith, Corona	50.83
	IV	Kevin Nielsen, Oaks Christian	50.58
2007	I	Collin Gladys, Esperanza	49.61
	II	David Chen, Claremont	49.93
	III	Kevin Nielsen, Oaks Christian	49.63
	IV	David Oshiro, Oxford Academy	52.33
2008	I	Tom Shields, Edison	47.57
	II	Tony Cox, Alemany	48.95
	III	Kevin Nielsen, Oaks Christian	49.53
	IV	Spencer Lee, Daniel Murphy	51.98
2009	I	Tom Shields, Edison	47.55
	II	Chase Bloch, Oaks Christian	48.03
	III	Vladimir Morozov, Torrance	49.27
	IV	Luke Obert, Patriot	52.96

ALL-TIME BOYS SWIMMING/DIVING CHAMPIONS

BUTTERFLY – 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2010	1	Chris Wong, University	49.39
	2	Chase Bloch, Oaks Christian	47.55
	3	Vladimir Morozov, Torrance	48.30
	4	Alex Cisneros, Rancho Alamitos	51.50
2011	1	David Armstrong, Thousand Oaks	47.86
	2	Louis Wojciechowski, Crescenta Valley	49.72
	3	Alwin Firmansyah, Cerritos	48.52
	4	Alex Cisneros, Rancho Alamitos	50.94
2012	1	Kyle Gornay, Redlands	47.29
	2	Brandon Porter, Murrieta Valley	49.54
	3	Billy Wild, Laguna Beach	51.66
	4	Daniel Primachenko, Buckley	52.64
2013	1	Kyle Gormay, Redlands	46.83
	2	Kyle Coan, Los Osos	48.66
	3	Daniel Primachenko, Buckley	52.36
	4	Angel Alcalá, Cerritos	51.51
2014	1	Alex Valente, Dos Pueblos	46.69
	2	Kyle Coan, Los Osos	48.63
	3	Marco Flores, Flintridge Prep	51.37
	4	Angel Alcalá, Cerritos	51.43
2015	1	Alex Valente, Dos Pueblos	46.00
	2	Trenton Julian, Glendale	49.39
	3	Rodrigo Baca, Kennedy	50.45
	4	Angel Alcalá, Cerritos	49.47
2016	1	Johnny Ellery, Valencia/Valencia	48.32
	2	Trenton Juhán, Glendale	47.88
	3	Calvin Giang, Gabrielino	50.67
	4	James Torres, La Salle	51.13
2017	1	Sean Lee, Loyola	47.72
	2	Jacob Mullen, South Pasadena	47.79
	3	Nick Ding, Yorba Linda	49.32
	4	James Flores, La Salle	49.55

BACKSTROKE – 100 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1917		Carrather, Hollywood	1:27
1922		Roderick Ward, Pasadena	1:24.0
1923		Steve Bushnell, Pasadena Military	1:34.3
1924		Myron Hicks, Venice	1:19.0
1925		Bill Kendall, Pasadena	1:16.0
1926		George Leach, Los Angeles	1:08.0
1927		Howard Ploessel, Huntington Park	1:09.2
1928		Earl Plescia, Long Beach Poly	1:10.2
1929		Earl Plescia, Long Beach Poly	1:12.8
1930		Wallace Burnham, Fullerton	1:11.0
1931		Curtis Cummings, Beverly Hills	1:08.1
1932		Dixon Fiske, Long Beach Poly	1:07.2
1933		Russell Bay, Long Beach Poly	1:18.9
1934		No Meet Held	
1935		Kenneth McNicoll, Redondo Union	1:14.9
1936		Sherman Wetmore, Long Beach Poly	1:05.9
1937		Sherman Wetmore, Long Beach Poly	1:03.9
1938		Fred Gass, Huntington Beach	1:08.3
1939		Bayard Colyear, Long Beach Wilson	1:05.3
1940		Jack Earll, Fullerton	1:06.6
1941		Jack Marshall, Fullerton	1:06.9
1942		Frank Poucher, Whittier	1:06.2
1943		Frank Poucher, Whittier	1:06.7
1944		Harry Borchers, Whittier	1:10.3
1945		Harry Borchers, Whittier	1:06.6
1946		Marvin Burns, Fullerton	1:08.5
1947		Bill Manning, Beverly Hills	1:07.4
1948		George Allen, El Segundo	1:05.6
1949		George Allen, El Segundo	1:05.1
1950		Larry Heim, Redlands	1:02.8
1951		Larry Heim, Redlands	1:00.3
1952		Glenn Smith, Black-Foxe	1:03.8
1953		Ken Koster, El Segundo	1:03.2
1954		Clark Rees, Inglewood	1:02.7
1955		Terry Tognazzini, Santa Maria	1:02.3
1956		Charles Bittick, Long Beach Wilson	1:01.9
1957		Charles Bittick, Long Beach Wilson	59.0
1958		Jerry Fredricks, Black-Foxe	1:00.2

BACKSTROKE – 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1959		Stanton Booth, Long Beach Poly	1:00.3
1960		Richard McGeagh, Hoover	57.3
1961		Richard McGeagh, Hoover	57.0
1962		Richard McGeagh, Hoover	54.5
1963		Mike Forest, Garden Grove	57.3
1964		Mike McEveny, Lakewood	57.8
1965		Aubrey Miller, La Habra	58.1
1966		Phil Houser, Chadwick	56.9
1967		John Kiddle, Long Beach Wilson	56.7
1968		Charles Campbell, Arcadia	54.6
1969		Gary Hall, Rancho Alamitos	52.5
1970		Bruce Kocsis, Redlands	53.6
1971		Bruce Kocsis, Redlands	53.0
1972		Craig Schwartz, Sunny Hills	54.5
1973		Craig Schwartz, Sunny Hills	53.4
1974		Bruce Furniss, Foothill	53.5
1975	4-A	Scott Gordon, Lakewood	53.2
	3-A	Scott Claffey, El Dorado	54.4
1976	4-A	Blake Johnson, Thousand Oaks	53.9
	3-A	John Rathbun, South Pasadena	53.1
1977	4-A	Vic Vassallo, Mission Viejo	53.04
	3-A	James Fowler, San Marino	52.17
1978	4-A	Mark Gordin, Long Beach Wilson	52.39
	3-A	Blair Murphy, Irvine	54.84
1979	4-A	Steve Barnicoat, Mission Viejo	51.97
	3-A	Blair Murphy, Irvine	54.23
	2-A	David Neault, Montclair	55.90
1980	4-A	Steve Barnicoat, Mission Viejo	50.68
	3-A	Blair Murphy, Irvine	54.09
	2-A	Ron Smith, Cresspi	53.34
1981	4-A	Rick Prado, Mission Viejo	52.35
	3-A	Mark Rogers, La Canada	54.02
	2-A	Kevin Nash, Canyon	52.10
1982	4-A	Rick Prado, Mission Viejo	51.48
	3-A	Lukeman Nidde, Cypress	54.00
	2-A	Artie Williams, Corona	53.10
1983	4-A	Jon Ballack, Newport Harbor	51.35
	3-A	Richard Russey, Servite	53.34
	2-A	Kurt Baron, Calabasas	56.41
1984	4-A	Steve Smith, Marina	53.13
	3-A	Kurt Kroesche, San Marino	52.01
	2-A	Mike Irvin, Riverside Poly	54.50
1985	4-A	Ron Kemp, Thousand Oaks	51.97
	3-A	Kurt Kroesche, San Marino	51.10
	2-A	Larry Crafts, Banning	54.45
1986	4-A	Joel Bussard, El Toro	52.77
	3-A	Mike Kanner, San Marino	51.30
	2-A	Eric Weitz, Calabasas	54.11
1987	4-A	Ernie Vela, Mission Viejo	52.64
	3-A	Jorge Carazo, Wilson/Hacienda Heights	53.48
	2-A	Eric Weitz, Calabasas	53.79
1988	4-A	Jason Callahan, Camarillo	51.89
	3-A	Alex Haddox, Santa Monica	53.40
	2-A	Chris Clarke, Rancho Alamitos	53.34
1989	4-A	Tom Wescott, Huntington Beach	51.57
	3-A	Matt Johnson, San Marino	53.77
	2-A	Jason Stelle, Agoura	51.93
1990	4-A	Tom Wescott, Huntington Beach	51.49
	3-A	Dazio Mitsuoka, Damien	51.70
	2-A	Jason Stelle, Agoura	50.87
1991	4-A	Jason Stelle, Agoura	49.62
	3-A	Larry Felix, El Dorado	53.70
	2-A	Randy Hartley, Righetti	52.84
1992	4-A	John Simmons, El Toro	50.18
	3-A	Greg Wagner, Peninsula	54.25
	2-A	Randy Hartley, Righetti	51.30
1993	I	Derya Buyukuncu, Woodbridge	47.84
	II	Troy Nickell, Crescenta Valley	54.20
	III	Ernesto Jimenez, Bellflower	50.88
1994	I	Derya Buyukuncu, Woodbridge	47.50
	II	Ben O'Dell, Loyola	51.72
	III	David Chan, Burroughs/Ridgecrest	51.03
1995	I	Blain Morgan, Marina	50.64
	II	John Mitchell, Santa Monica	53.04
	III	David Chan, Burroughs/Ridgecrest	50.04

ALL-TIME BOYS SWIMMING/DIVING CHAMPIONS

BACKSTROKE – 100 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1996	I	Karl Hyross, Mission Viejo	51.22
	II	Goh Phuangthong, Laguna Hills	51.25
	III	David Chan, Burroughs/Ridgecrest	51.43
1997	I	Juan Rodela, Mission Viejo	51.77
	II	Mike Tse, Kennedy	51.56
	III	Oliver White, Brea Olinda	51.95
1998	I	Frank Uxa, Santa Margarita	51.85
	II	Mike Tse, Kennedy	51.44
	III	Oliver White, Brea Olinda	52.06
1999	I	Aaron Peirsol, Newport Harbor	50.15
	II	Jarrood Cruzat, Servite	50.95
	III	Oliver White, Brea Olinda	51.38
2000	I	Aaron Peirsol, Newport Harbor	48.28
	II	Michael Cavic, Tustin	49.40
	III	Grant Culton, Hueneme	52.83
2001	I	Aaron Peirsol, Newport Harbor	48.12
	II	Jason Berlin, University	52.36
	III	Michael Cavic, Tustin	49.85
2002	IV	Hidenaga Murakami, Pilgrim	54.91
	I	Aaron Peirsol, Newport Harbor	47.69
	II	John Ferrell, Glendora	52.03
	III	Michael Cavic, Tustin	47.55
2003	IV	Hidenaga Murakami, Pilgrim	53.35
	I	Andrew Cole, Newport Harbor	51.50
	II	Ryan Packer, Palm Desert	52.86
	III	Russell Thompson, Santiago	52.43
2004	IV	Bryan Takahata, Pacifica	55.35
	I	Daniel Novak, Foothill	50.76
	II	Tyler McClure, Royal	53.23
	III	Nikos Kostianis, Downey	53.89
2005	IV	Jon Pare, Oaks Christian	55.09
	I	Scott Spansail, San Clemente	50.71
	II	Scott Clary, Riverside Poly	52.31
	III	Niko Kostianis, Downey	52.41
2006	IV	Kevin Nielsen, Oaks Christian	52.60
	I	Aaron Casey, Irvine	50.91
	II	Scott Clary, Riverside Poly	50.61
	III	Andrew Saeta, Pasadena Poly	51.44
2007	IV	Kevin Nielsen, Oaks Christian	52.25
	I	Jon Howard, Dana Hills	50.82
	II	Andrew Saeta, Pasadena Poly	49.46
	III	Kevin Nielsen, Oaks Christian	51.47
2008	IV	Ethan Bradley, Charter Oak	52.02
	I	Austin Brown, Redlands	51.07
	II	Andrew Saeta, Pasadena Poly	48.94
	III	Collin Baratte, Oaks Christian	52.61
2009	IV	Avelino Enriquez, La Salle	52.41
	I	Tony Cox, Alemany	48.51
	II	Andrew Saeta, Pasadena Poly	49.17
	III	Vladimir Morozov, Torrance	48.87
2010	IV	Joshua Hanson, Immanuel Christian	52.86
	1	Nolan Brown, Redlands	50.22
	2	Chase Bloch, Oaks Christian	48.80
	3	Vladimir Morozov, Torrance	48.11
2011	4	Joshua Hanson, Immanuel Christian	51.98
	1	Nolan Brown, Redlands	49.16
	2	Jesse Ryckman, Oaks Christian	50.07
	3	David Jakl, Mark Keppel	50.33
2012	4	Dylan de Caussin, Viewpoint	54.35
	1	Kyle Gornay, Redlands	48.17
	2	Harrison Thai, Crescenta Valley	50.31
	3	Ryan Kao, Kennedy	50.66
2013	4	Austin Wilson, Buckley	54.78
	1	Kyle Gornay, Redlands	47.04
	2	Daniel McArthur, Lakewood	49.21
	3	Erik Juliusson, Laguna Beach	52.79
2014	4	Marcel Friedrich, Chaffey	53.15
	1	Kyle Gornay, Redlands	47.15
	2	Daniel McArthur, Lakewood	48.48
	3	Erik Juliusson, Laguna Beach	50.28
4	Angel Alcalá, Cerritos	50.79	

BACKSTROKE – 100 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2015	1	Daniel Tran, University	48.20
	2	Daniel McArthur, Lakewood	47.31
	3	Jerry Chen, Walnut	52.21
	4	Angel Alcalá, Cerritos	49.58
2016	1	Justin Nguyen, Fountain Valley	48.94
	2	Tenny Chong, Arcadia	49.69
	3	Jerry Chen, Walnut	50.46
	4	James Torres, La Salle	50.23
2017	1	Ethan Archer, Corona del Mar	48.95
	2	Jacob Mullen, South Pasadena	48.47
	3	Calvin Giang, Gavrielino	50.47
	4	James Torres, La Salle	49.42

BREASTROKE – 100 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1917		Buck, L.A. Poly	1:26
1922		Bill Fair, Venice	1:17.8
1923		Thomas Drummond, Harvard	1:23.0
1924		Douglas Dwyer, San Diego	1:20.4
1925		Fenton Hamilton, Venice	1:20.4
1926		Johnny Bell, Long Beach Poly	1:19.6
1927		Steve Fletcher, San Diego	1:15.8
1928		Steve Fletcher, San Diego	1:14.4
1929		Chester Keefer, Long Beach Poly	1:30.2
1930		John Paulson, Santa Maria	1:13.2
1931		John Paulson, Santa Maria	1:12.8
1932		John Paulson, Santa Maria	1:12.1
1933		Curtis Cummings, Beverly Hills	1:21.6
1934		No Meet Held	
1935		Bob Sellers, Fullerton	1:19.4
1936		Jack Dallas, Long Beach Poly	1:10.9
1937		Jack Dallas, Long Beach Poly	1:10.9
1938		John Hatch, Santa Maria	1:10.3
1939		Bill Thompson, Long Beach Wilson	1:09.7
1940		Bud Okey, Leuzinger	1:08.4
1941		Bud Okey, Leuzinger	1:08.1
1942		Leland Arth, Redlands	1:14.9
1943		John Barel, Whittier	1:12.8
1944		Don Hester, Beverly Hills	1:11.9
1945		Junior Amodt, Redlands	1:11.7
1946		David Harris, Riverside Poly	1:12.5
1947		Bob Hughes, El Segundo	1:07.6
1948		Bob Frojen, Fullerton	1:10.0
1949		Ashley Jones, Loyola	1:10.1
1950		Bob Best, Redlands	1:05.9
1951		Dwaine McIlroy, El Segundo	1:08.3
1952		Dick Haddock, El Segundo	1:06.8
1953		Stan Morner, Flintridge Prep	1:04.4
1954		Robert Sanchis, Glendale	1:05.3
1955		Tom Peterson, Hoover	1:03.8
1956		Tom Peterson, Hoover	1:03.6
1957		Bruce Torrence, Black-Foxe	1:06.0
1958		Larry Zechiel, Downey	1:09.1
1959		Gary Johnson, Hoover	1:09.7
1960		Ken Doesberg, Newport Harbor	1:05.3
1961		Ken Doesberg, Newport Harbor	1:04.6
1962		Bill Craig, Hoover	1:03.1
1963		Russ Webb, Fullerton	1:01.6
1964		Bill Powers, Azusa	1:01.8
1965		Ken Ziskin, Burbank	1:01.6
1966		Ken Ziskin, Burbank	1:01.8
1967		Neal Sherman, Buena	1:02.8
1968		Neal Smith, Buena	1:03.0
1969		Mark Chatfield, Flintridge Prep	1:00.4
1970		Dan Green, Lakewood	1:01.5
1971		Mark Chatfield, Glendale	58.4
1972		Rick Miller, El Dorado	1:01.9
1973		Bruce Krumpolz, Corona del Mar	1:00.5
1974		Rick Miller, El Dorado	59.9
1975	4-A	Larry Holmes, Millikan	56.6
	3-A	Scott Becker, San Marino	1:02.3
1976	4-A	Larry Holmes, Millikan	59.1
	3-A	Ron Kehrmann, San Marino	59.9

ALL-TIME BOYS SWIMMING/DIVING CHAMPIONS

BREASTSTROKE – 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1977	4-A	Greg Winchell, Long Beach Wilson	57.68
	3-A	Tom Ryan, El Dorado	1:00.14
1978	4-A	Greg Winchell, Long Beach Wilson	56.39
	3-A	Bruce Kelley, Canyon	59.80
1979	4-A	Greg Winchell, Long Beach Wilson	56.34
	3-A	Craig Takata, El Toro	1:00.11
	2-A	Bruce Kelley, Canyon	59.13
1980	4-A	John Moffet, Newport Harbor	55.92
	3-A	Craig Haigh, Arcadia	1:00.87
	2-A	Glenn Ringer, Arroyo Grande	1:01.63
1981	4-A	John Moffet, Newport Harbor	55.24
	3-A	Brock Davis, El Toro	1:01.33
	2-A	Rickie Gill, Palm Springs	55.30
1982	4-A	Stuart Smith, Edison	56.64
	3-A	James Julian, Arcadia	1:00.67
	2-A	Rickie Gill, Palm Springs	54.42
1983	4-A	Craig Pupp, El Toro	57.08
	3-A	James Julian, Arcadia	59.19
	2-A	Larry Crafts, Banning	1:00.40
1984	4-A	Mark Yokota, El Toro	58.45
	3-A	James Julian, Arcadia	59.88
	2-A	Jeff Tend, Gahr	1:00.76
1985	4-A	Mark Yokota, El Toro	56.53
	3-A	Jimmy Cavataio, Loyola	59.93
	2-A	Jeff Tend, Gahr	56.95
1986	4-A	Mike Welch, Capistrano Valley	57.09
	3-A	Ron Corpus, West Torrance	58.51
	2-A	Marc Beck, Brea Olinda	1:01.51
1987	4-A	Mike Welch, Capistrano Valley	57.65
	3-A	Mark Sakamoto, San Marino	1:00.27
	2-A	Marc Beck, Brea Olinda	59.82
1988	4-A	Kevin Eggert, Capistrano Valley	59.12
	3-A	Mark Sakamoto, San Marino	1:00.28
	2-A	Scott Deboer, Brea Olinda	59.10
1989	4-A	John Wester, Marina	57.50
	3-A	Jason Sakamoto, San Marino	59.29
	2-A	Mike Litter, Calabasas	58.74
1990	4-A	Steve West, Huntington Beach	58.10
	3-A	Jason Sakamoto, San Marino	58.37
	2-A	Kevin Hendricks, Santa Margarita	57.86
1991	4-A	Mike Mason, San Marino	55.74
	3-A	Kevin Hendricks, Santa Margarita	57.59
	2-A	Ryan Cabinte, Walnut	58.93
1992	4-A	Marcin Malinski, Mission Viejo	57.24
	3-A	Andre Sallescualda, Hart	59.06
	2-A	Ryan Cabinte, Walnut	58.46
1993	I	Pete Struglinski, Mission Viejo	56.69
	II	Jay Judson, Sonora	57.72
	III	Andy Lopez, Burroughs/Ridgecrest	59.50
1994	I	Steve Messner, Redlands	58.04
	II	Donald Kim, Santa Monica	58.32
	III	Andy Lopez, Burroughs/Ridgecrest	58.07
1995	I	Steve Messner, Redlands	56.15
	II	Tariq Bruno, Santa Monica	58.18
	III	Bryan Barkley, Redondo Union	58.00
1996	I	Steve Ronson, Irvine	55.43
	II	Billy Brown, Fullerton	57.47
	III	Bobby Middleton, Cathedral City	59.13
1997	I	Daniel Kim, Irvine	56.74
	II	Steve Poling, Laguna Hills	56.37
	III	Aaron Syvertson, Indio	59.95
1998	I	Daniel Kim, Irvine	57.03
	II	Steve Poling, Laguna Hills	58.08
	III	Randy Gertenbach, Central Union	58.28
1999	I	Daniel Kim, Irvine	54.89
	II	Jonathan Lin, Temple City	58.65
	III	Randy Gertenbach, Central Union	58.22
2000	I	Mike Derse, Ventura	58.40
	II	Jonathan Lin, Temple City	57.22
	III	Lutz Schirmeister, Lompoc	59.68

BREASTSTROKE – 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2001	I	Evan Castro, Redlands	57.02
	II	Joey Clements, Rowland	58.15
	III	Travis Simpson, Corona	58.19
	IV	Richard Caldwell, Cerritos	59.32
2002	I	Alejandro Jacobo, Mission Viejo	56.95
	II	Blake Nilsson, Chaminade	58.70
	III	Marko Birach, Palm Springs	1:00.40
	IV	Dan Simonsen, Bonita	57.90
2003	I	Adam Hewko, Servite	56.93
	II	Kyle Knoff, Troy	59.73
	III	Charlton Krautim, Cerritos	59.32
	IV	Daniel Simonsen, Bonita	56.87
2004	I	Evan Hsiao, Irvine	55.98
	II	Kenneth Kalinistian, Monrovia	59.58
	III	Kyle Smith, Corona	59.48
	IV	Manuel Sanchez, Los Altos	57.33
2005	I	John Criste, Saugus	56.06
	II	Chris Rosales, Valencia/Placentia	58.35
	III	Eric Starkweather, Murrieta Valley	58.64
	IV	Paul Zaich, St. Margaret's	57.88
2006	I	John Criste, Mission Viejo	55.43
	II	Christian Lawrence, La Canada	58.20
	III	Bart Kelly, Temescal Canyon	59.96
	IV	Christopher Luu, Mark Keppel	58.98
2007	I	John Criste, Mission Viejo	54.15
	II	Vincent Pai, Walnut	57.11
	III	Nolan, Koon, Oaks Christian	58.34
	IV	Christopher Luu, Mark Keppel	58.40
2008	I	Trevor Hoyt, Yucaipa	56.70
	II	Vincent Pai, Walnut	56.64
	III	Nolan Koon, Oaks Christian	56.25
	IV	Yuton Luu, Mark Keppel	59.39
2009	I	Trevor Hoyt, Yucaipa	55.21
	II	Bart Kelly, Murrieta Valley	56.62
	III	See Han Lee, Torrance	56.74
	IV	Jonathan Masehi-Lano, Maranatha	59.13
2010	1	Michael Liao, Corona del Mar	56.20
	2	Eric van de Mortel, Murrieta Valley	58.10
	3	See Han Lee, Torrance	58.00
	4	Bryson Alef, Laguna Blanca	59.76
2011	1	Peter Kropp, Loyola	56.83
	2	Young Tae Seo, Crescenta Valley	55.81
	3	Alwin Firmansyah, Cerritos	57.57
	4	Sean Gunn, Viewpoint	1:01.49
2012	1	Hunter Cobleigh, Westlake	56.39
	2	Young Tao Seo, Crescenta Valley	55.91
	3	Justin Chiu, Mark Keppel	57.33
	4	Daniel Primachenko, Buckley	59.90
2013	1	Dylan Payne, Mater Dei	55.28
	2	Zachery Stevens, Arroyo Grande	55.13
	3	Daniel Primachenko, Buckley	58.17
	4	Chasse' Sodemann, Ontario Christian	59.71
2014	1	Tyler Lin, Corona del Mar	55.53
	2	Derek Kao, Walnut	54.91
	3	Austin Wilson, Buckley	58.69
	4	Edgar Chin, Fairmont Prep	57.42
2015	1	Tyler Lin, Corona del Mar	54.30
	2	Brian Whittingham, Los Osos	57.21
	3	Masinsin Nicholas, Moorpark	56.64
	4	Edgar Chin, Fairmont Prep	56.54
2016	1	Tanner Olson, Saugus	55.33
	2	Min Zhi Chua, Mission Viejo	56.76
	3	Jacob Christensen, Valencia/Valencia	56.62
	4	Edgar Chin, Fairmont Prep	54.89
2017	1	Tanner Olson, Saugus	53.18
	2	Dash Farr, Villa Park	55.24
	3	Sean Ward, La Serna	56.14
	4	Brandon Alvarez, Lancaster	59.02

DIVING

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Score</u>
1917		Buck, Poly	149.5
1922		Babe Dillon, Venice	80.5

ALL-TIME BOYS SWIMMING/DIVING CHAMPIONS

DIVING (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Score</u>
1923		Leland Tipton, Harvard	
1924		Don Davis, Pasadena	
1925		Michael Galitzen, Roosevelt	
1926		Billy McAlister, Long Beach Poly	
1927		Don Corey, Long Beach Poly	
1928		Ed Holston, Fullerton	
1929		Kelly McDonald, Long Beach Poly	
1930		Irwin Schubert, Long Beach Poly	
1931		Don Hadley, Long Beach Poly	
1932		Allan Stewart, Santa Maria	
1933		Bobby Jones, Long Beach Poly	75.93
1934		No Meet Held	
1935		Hank Chapman, Fullerton	
1936		Johnny Hood, Long Beach Poly	
1937		Frank Orcutt, Inglewood	
1938		Floyd Haxton, Fullerton	
1939		Harry Perry, Beverly Hills	
1940		Harry Perry, Beverly Hills	
1941		Bob Brown, Whittier	
1942		Bill Perry, Beverly Hills	
1943		Jim Utterback, Beverly Hills	
1944		Ray Stoddard, Beverly Hills	
1945		Tom Jones, Beverly Hills	
1946		Tom Jones, Beverly Hills	152.4
1947		Tom Jones, Beverly Hills;	199.9
		Ken Harrigan, Beverly Hills (Tie)	199.9
1948		Ed Lucitt, Loyola	
1949		Gill Kramer, Fullerton	323.8
1950		Jerry Harrison, Muir	238.2
1951		Jerry Harrison, Muir	237.15
1952		Mike Copeland, Beverly Hills	212.5
1953		Mike Copeland, Beverly Hills	
1954		Mike Copeland, Beverly Hills	220.5
1955		Mike Copeland, Beverly Hills	
1956		Dan Lichty, Coachella Valley	
1957		Dan Lichty, Coachella Valley	
1958		Curt Vaught, Santa Ana	160.90
1959		Art Newman, Long Beach Poly	305.85
1960		Jack Furry, Mater Dei	
1961		Jack Furry, Mater Dei	333.25
1962		Larry Andreason, Western	391.80
1963		Larry Andreason, Western	417.20
1964		Bob Wilhite, Costa Mesa	424.20
1965		Mike Finneran, San Gabriel	382.75
1966		Mike Finneran, San Gabriel	411.65
1967		Richard Wilson, Rolling Hills	336.55
1968		Richard Wilson, Rolling Hills	391.00
1969		Bill Fujikawa, Glendale	414.60
1970		Don Cook, Sunny Hills	437.60
1971		Jeff Huber, Sunny Hills	468.65
1972		Curt Wilson, Rolling Hills	431.00
1973		Curt Wilson, Rolling Hills	421.70
1974		Bart Morris, Lowell	481.50
1975	4-A	Jane Ward, Long Beach Wilson	439.40
	3-A	Sue Miller, University *	387.90
1976	4-A	Kevin Wilson, Rolling Hills	434.00
	3-A	Wendell Simpson, San Marino	382.15
1977	4-A	Kevin Wilson, Rolling Hills	438.60
	3-A	Allen Gillman, Garden Grove	421.26
1978	4-A	Kevin Mack, Edison	456.80
	3-A	Fred Weber, San Marino	395.65
1979	4-A	Chris Monahan, Culver City	445.55
	3-A	Rusty Martineau, Newbury Park	444.55
	2-A	Joe Brunet, Sinaloa JHS	364.90
1980	4-A	Doug Shaffer, Mission Viejo	539.65
	3-A	Chris Monahan, Culver City	510.70
	2-A	Perry White, Notre Dame/Sherman Oaks	391.50
1981	4-A	Doug Shaffer, Mission Viejo	523.62
	3-A	Wayne Bisby, Costa Mesa	391.90
	2-A	Perry White, Notre Dame/Sherman Oaks	463.10

DIVING (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Score</u>
1982	4-A	Mike Armour, Fountain Valley	423.25
	3-A	Todd Watkins, Burbank	509.40
	2-A	Felix Negron, Faith Baptist	497.50
1983	4-A	Scott Fosdick, Capistrano Valley	540.30
	3-A	Todd Watkins, Burbank	514.50
	2-A	Felix Negron, Faith Baptist	480.15
1984	4-A	Nathan Meade, Long Beach Wilson	549.25
	3-A	Todd Watkins, Burbank	499.30
	2-A	Omar Boyd, Pilgrim	441.55
1985	4-A	Lawrence Roddick, Mission Viejo	576.05
	3-A	Ramlo Fernandez, St. John Bosco	328.45
	2-A	Omar Boyd, Pilgrim	461.80
1986	4-A	Brian Earley, Mission Viejo	501.90
	3-A	Evan Cyhaniuk, West Covina	433.00
	2-A	Dan Nash, Trabuco Hills	414.65
1987	4-A	Omar Boyd, Pilgrim	512.35
	3-A	Ramiro Fernandez, St. John Bosco	429.00
	2-A	Dan Nash, Trabuco Hills	485.20
1988	4-A	Brian Earley, Mission Viejo	573.10
	3-A	David Fleck, Upland	475.55
	2-A	Evan Cyhaniuk, West Covina	493.60
1989	4-A	Brian Earley, Mission Viejo	523.85
	3-A	Ryan Cyhaniuk, West Covina	519.65
	2-A	Toby Reclusado, Walnut	408.80
1990	4-A	Zack Williams, Irvine	516.25
	3-A	David Stack, Sonora	349.65
	2-A	Matt Dahl, Calabasas	412.95
1991	4-A	Ricky Wood, Royal	605.05
	3-A	Sasha Johnson, Damien	358.80
	2-A	Matt Dahl, Calabasas	432.60
1992	4-A	Nate Smith, Dana Hills	516.90
	3-A	Grant Currie, Redondo	415.30
	2-A	Matt Dahl, Calabasas	488.85
1993	I	Jason Hubbard, Mission Viejo	503.10
	II	Aaron Jenkins, Sonora	375.10
	III	Jeff Nichols, Laguna Hills	517.15
1994	I	Tyce Routson, El Toro	604.95
	II	Aaron Jenkins, Sonora	464.45
	III	Jeff Nichols, Laguna Hills	547.90
1995	I	Justin Dumais, Buena	649.70
	II	Aaron Jenkins, Sonora	538.60
	III	Jason Graves, Cabrillo/Lompoc	435.85
1996	I	Justin Dumais, Buena	692.15
	II	Robert Spach, Aliso Niguel	481.55
	III	Jason Graves, Cabrillo/Lompoc	446.75
1997	I	Troy Dumais, Buena	701.65
	II	Robert Quinn, Laguna Hills	556.80
	III	Jason Graves, Cabrillo/Lompoc	508.00
1998	I	Troy Dumais, Buena	573.95
	II	Lee Brennan, Aliso Niguel	565.05
	III	Justin Winn, Valley Christian/Cerritos	436.30
1999	I	Brice Dumais, Buena	577.35
	II	Louie Gagnet, University	589.60
	III	Justin Winn, Valley Christian/Cerritos	458.45
2000	I	Raymond Vincent, El Toro	610.45
	II	Mike Hilde, Servite	601.80
	III	Thomas McCrummen, San Dimas	463.77
2001	I	Michael Hilde, Laguna Hills	610.25
	II	Louis Gagnet, University	640.95
	III	Danny Anker, Righetti	374.00
	IV	Max Bookman, Brentwood	435.15
2002	I	Dwight Dumais, Buena	591.75
	II	Joey Castellani, Crescenta Valley	516.95
	III	Nathan Burdine, Adolfo Camarillo	358.90
	IV	Javier Ruiz, Charter Oak	331.85
2003	I	Michael Hilde, Laguna Hills	615.50
	II	Ronald Morris, Kennedy	475.50
	III	Mike Wong, Cerritos	495.40
	IV	Chad Lory, Covina	278.20
2004	I	Dwight Dumais, Buena	602.25
	II	Ronald Morris, Kennedy	504.70
	III	Mike Wong, Cerritos	530.55
	IV	Javier Ruiz, Charter Oak	385.70

ALL-TIME BOYS SWIMMING/DIVING CHAMPIONS

DIVING (Cont.)

Year	Div.	Champion/School	Score
2005	I	Dwight Dumais, Buena	667.10
	II	Edgar Simonyan, La Canada	461.35
	III	Eric Nugent, La Serna	423.95
	IV	Kevin Moe, Los Altos	421.35
2006	I	Steven Starks, Mission Viejo	542.50
	II	John Geyer, La Canada	440.90
	III	Eric Nugent, La Serna	468.85
	IV	Kevin Moe, Los Altos	411.70
2007	I	Taylor Dehn, Mission Viejo	620.45
	II	John Geyer, La Canada	546.80
	III	Jonathan Perez, Whittier	410.25
	IV	Cesare Miramontes, Don Bosco Tech	375.80
2008	I	Adam Seagondollar, Corona del Mar	530.90
	II	John Geyer, La Canada	592.60
	III	Clay Pickney, San Geronio	441.90
	IV	Derek Earl, Citrus Hill	347.45
2009	I	Clay Pickney, Newport Harbor	594.90
	II	John Geyer, La Canada	546.30
	III	Drake Escrofani, Rio Mesa	386.50
	IV	Nykola Bodnar, St. Anthony	415.90
2010	1	Deon Reid, Long Beach Poly	608.20
	2	Ethan Merritt, San Luis Obispo	502.40
	3	Lester Wright, Rio Mesa	567.90
	4	Nykola Bodnar, St. Anthony	415.85
2011	1	Mark Anderson, El Toro	646.70
	2	Deon Reid, Poly/Long Beach	598.40
	3	Nykola Bodnar, St. Anthony	463.05
	4	Arian Rodriguez, Bishop Amat	239.70
2012	1	Mark Anderson, El Toro	593.15
	2	Deon Reid, Long Beach Poly	677.15
	3	Harry Lubowe, Sage Hill	472.95
	4	Arian Rodriguez, Bishop Amat	261.95
2013	1	Mark Anderson, El Toro	660.05
	2	Ryan Russi, Vista Murrieta	515.05
	3	Harry Lubowe, Sage Hill	451.60
	4	Austin Janik, Grace Brethren	391.45
2014	1	Tarek Abdelghany, Capistrano Valley	579.35
	2	Ryan Russi, Vista Murrieta	542.45
	3	Colten Young, Crean Lutheran	584.75
	4	Adam Berard, San Dimas	303.10
2015	1	Jake Greenberg, Dana Hills	602.60
	2	Colten Young, Crean Lutheran	589.30
	3	Tom Amsbury, Pasadena Poly	431.50
	4	Jacob Fielding, Maranatha	637.05
2016	1	Christopher Labella, Dana Hills	504.05
	2	Colton Young, Crean Lutheran	590.70
	3	Tom Amsbury, Pasadena Poly	482.15
	4	Jacob Fielding, Maranatha	533.30
2017	1	Jake Greenberg, Dana Hills	586.65
	2	Colton Young, Crean Lutheran	548.30
	3	Jake Fielding, Maranatha	627.60
	4	Tom Amsbury, Pasadena Poly	403.05

* Girls competed on boys team because schools did not field girls diving teams.

ALL-TIME BOYS INDIVIDUAL SWIMMING/DIVING MASTERS CHAMPIONS

MEDLEY RELAY

200 YARDS

<u>Year</u>	<u>School</u>	<u>Time</u>
2006	Mission Viejo	1:34.70
2007	Oaks Christian	1:35.17
2008	Oaks Christian	1:33.66
2009	Hart	1:35.32
2010	Oaks Christian	1:35.14
2011	Crescenta Valley	1:35.58

FREESTYLE

200 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Lugar Choi, Northwood	1:40.87
2007	Ryan Chiu, Mark Keppel	1:41.58
2008	Yaturo Yamashita, Corona del Mar	1:40.65
2009	Andrew Saeta, Pasadena Poly	1:39.12
2010	Brennan Jacobsen, Sonora	1:40.12
2011	Michael Haney, Bloo9mington	1:37.70

INDIVIDUAL MEDLEY

200 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Scott Clary, Poly/Riverside	1:50.47
2007	John Criste, Mission Viejo	1:51.12
2008	Nolan Koon, Oaks Christian	1:50.71
2009	Trevor Hoyt, Yucaipa	1:47.50
2010	Young Tae Seo, Crescenta Valley	1:50.71
2011	Young Tae Seo, Crescenta Valley	1:50.35

FREESTYLE

50 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Kevin Kuga, Dos Pueblos	20.98
2007	Kevin Kuhn, Loyola	20.82
2008	Joey Hale, Redlands	20.22
2009	Tony Cox, Alemany	20.81
2010	Joe Ferretti, Los Alamitos	20.97
2011	Steven Ewoldt, Mission Viejo	20.42

BUTTERFLY

100 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Collin Gladys, Esperanza	49.40
2007	Collin Gladys, Esperanza	48.88
2008	Robert Sullivan, Laguna Hills	49.10
2009	Chase Bloch, Oaks Christian	48.51
2010	Vladimir Morozov, Torrance	47.97
2011	David Armstrong, Thousand Oaks	48.90

FREESTYLE

100 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Lugar Choi, Northwood	47.12
2007	Patrick White, Mater Dei	45.45
2008	Michael Perry, Yucaipa	45.62
2009	Clint Johnson, Yucaipa	45.67
2010	Ryan Makuta, El Segundo	46.09
2011	Michael Haney, Bloomington	44.84

FREESTYLE

500 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Chad La Tourette, Mission Viejo	4:25.06
2007	Ryan Chiu, Mark Keppel	4:32.54
2008	Charlie Rimkus, Beckman	4:25.77
2009	Jon Daniec, Mission Viejo	4:24.42
2010	Young Tae Seo, Crescenta Valley	4:32.91
2011	Brennan Jacobsen, Sonora	4:26.54

FREESTYLE RELAY

200 YARDS

<u>Year</u>	<u>School</u>	<u>Time</u>
2006	Mission Viejo	1:25.76
2007	Redlands	1:25.06
2008	Yucaipa	1:23.90
2009	La Canada	1:24.88
2010	Torrance	1:25.51
2011	Los Alamitos	1:27.67

BACKSTROKE

100 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Scott Clary, Poly/Riverside	50.70
2007	Andrew Saeta, Poly/Pasadena	50.38
2008	Tony Cox, Alemany	49.59
2009	Tony Cox, Alemany	48.55
2010	Vladimir Morozov, Torrance	47.55
2011	David Jakl, Mark Keppel	51.34

BREASTSTROKE

100 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	John Criste, Mission Viejo	56.13
2007	John Criste, Mission Viejo	54.44
2008	Vincent Pai, Walnut	56.58
2009	Trevor Hoyt, Yucaipa	55.08
2010	Michael Liao, Corona del Mar	56.21
2011	Zach Stevens, Arroyo Grande	56.78

FREESTYLE RELAY

400 YARDS

<u>Year</u>	<u>School</u>	<u>Time</u>
2006	Mission Viejo	3:07.16
2007	Yucaipa	3:06.92
2008	Yucaipa	3:03.86
2009	Capistrano Valley	3:07.36
2010	Torrance	3:07.18
2011	Crescenta Valley	3:10.51

DIVING

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Taylor Dehn, Mission Viejo	297.85
2007	Taylor Dehn, Mission Viejo	350.25
2008	John Geyer, La Canada	362.80
2009	Deon Reid, Long Beach Poly	377.15
2010	Deon Reid, Long Beach Poly	378.20
2011	Deon Reid, Long Beach Poly	404.00

ALL-TIME BOYS SWIMMING/DIVING RECORDS

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
200-Yd. Individual Medley	Corey Okubo	University	1:45.42	2014
200-Yd. Medley Relay		University	1:30.10	2014
400-Yd. Freestyle Relay		Loyola	3:01.53	2016
200-Yd. Freestyle Relay		Loyola	1:22.13	2016
50-Yd. Freestyle	Joey Hale	Redlands	19.95	2008
100-Yd. Freestyle	Derya Buyukuncu	Woodbridge	43.85	1994
200-Yd. Freestyle	Grant Shoultz,	Santa Margarita	1:33.26	2016
500-Yd. Freestyle	Grant Shoultz	Santa Margarita	4:12.87	2016
100-Yd. Butterfly	Alex Valente	Dos Pueblos	46.00	2015
100-Yd. Backstroke	Kyle Gornay	Redlands	47.04	2013
100-Yd. Breaststroke	Tanner Olson	Saugus	53.18	2016
Diving	Troy Dumais	Buena	701.65	1997

ALL-TIME BOYS DIVISIONAL SWIMMING/DIVING RECORDS

DIVISION 1

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
200-Yd. Individual Medley	Corey Okubo	University	1:45.42	2014
200-Yd. Medley Relay		University	1:30.10	2014
400-Yd. Freestyle Relay		Capistrano Valley	3:02.02	2013
200-Yd. Freestyle Relay		Loyola	1:22.57	2014
50-Yd. Freestyle	Joey Hale	Redlands	19.95	2008
100-Yd. Freestyle	Derya Buyukuncu	Woodbridge	43.85	1994
200-Yd. Freestyle	Grant Shoultz	Santa Margarita	1:33.26	2016
500-Yd. Freestyle	Grant Shoultz	Santa Margarita	4:12.87	2016
100-Yd. Butterfly	Alex Valente	Dos Pueblos	46.00	2015
100-Yd. Backstroke	Kyle Gornay	Redlands	47.04	2013
100-Yd. Breaststroke	John Criste	Mission Viejo	54.29	2012
Diving	Troy Dumais	Buena	701.65	1997

DIVISION 2

200-Yd. Individual Medley	Daniel McArthur	Lakewood	1:46.91	2015
200-Yd. Medley Relay		Crescenta Valley	1:33.39	2013
400-Yd. Freestyle Relay		Los Osos	3:04.14	2013
200-Yd. Freestyle Relay		Los Osos	1:24.43	2014
50-Yd. Freestyle	Anthony Ervin	Hart	20.21	1999
100-Yd. Freestyle	Anthony Ervin	Hart	44.11	1999
200-Yd. Freestyle	Kyle Coan	Los Osos	1:35.69	2013
500-Yd. Freestyle	Jeff Kostoff	Upland	4:16.39	1983
100-Yd. Butterfly	Chase Bloch	Oaks Christian	47.55	2010
100-Yd. Backstroke	Daniel McArthur	Lakewood	47.31	2015
100-Yd. Breaststroke	Derek Kao	Walnut	54.91	2014
Diving	Deon Reid	Long Beach Poly	677.15	2012

DIVISION 3

200-Yd. Individual Medley	Alwin Firmansyah	Cerritos	1:49.71	2010
200-Yd. Medley Relay		Oaks Christian	1:33.78	2008
400-Yd. Freestyle Relay		Oaks Christian	3:07.62	2007
200-Yd. Freestyle Relay		Oaks Christian	1:24.73	2008
50-Yd. Freestyle	Michael Cavic	Tustin	19.69+	2002
100-Yd. Freestyle	Michael Cavic	Tustin	44.11+	2002
200-Yd. Freestyle	Chad Carvin	Laguna Hills	1:37.80	1992
500-Yd. Freestyle	Chad Carvin	Laguna Hills	4:21.10	1992
100-Yd. Butterfly	Michael Cavic	Tustin	47.13	2002
100-Yd. Backstroke	Michael Cavic	Tustin	47.55	2002
100-Yd. Breaststroke	Rickie Gill	Palm Springs	54.42	1982
Diving	Colten Young	Crean Lutheran	584.75	2014

DIVISION 4

200-Yd. Individual Medley	Eugene Tee	St. Monica Catholic	1:51.13	2012
200-Yd. Medley Relay		Oaks Christian	1:36.78	2006
400-Yd. Freestyle Relay		Oaks Christian	3:53.14	2006
200-Yd. Freestyle Relay		Oaks Christian	1:28.72	2005
50-Yd. Freestyle	Paul Goetz	Beaumont	20.90	2016
100-Yd. Freestyle	Michael Wang	Rowland	45.58	2015
200-Yd. Freestyle	Logan Hotchkiss	Malibu	1:38.22	2015
500-Yd. Freestyle	Logan Hotchkiss	Malibu	4:27.45	2015
100-Yd. Butterfly	Angel Alcalá	Cerritos	49.47	2015
100-Yd. Backstroke	Angel Alcalá	Cerritos	49.58	2015
100-Yd. Breaststroke	Edger Chin	Fairmont Prep	56.54	2015
Diving	Max Bookman	Brentwood	435.15	2001

+ Relay Split

ALL-TIME GIRLS SWIMMING/DIVING TEAM CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion (Score)</u>	<u>Head Coach</u>	<u>Runner-up (Score)</u>	<u>Site</u>
1970		Millikan (45)	John Montrella	Sunny Hills (33)	Beverly Hills HS
1971		Sunny Hills (54)	Henry Vellecamp	Millikan (24)	Beverly Hills HS
1972		Foothill (124)	Margaret Osborne	Sunny Hills (105)	Belmont Plaza Pool
1973		Fountain Valley (80)	Susan Donahue	Long Beach Wilson (78)	Belmont Plaza Pool
1974		Foothill (138)	Barbara Bond	Mira Costa (121)	Belmont Plaza Pool
1975		Downey (89)	Bill Sexton	West Covina (77)	East L.A. College
1976		Mission Viejo (127)	Jan Most	Miraleste (94)	East L.A. College
1977		Mission Viejo (169)	Jan Most	Indio (78)	East L.A. College
1978		Mission Viejo (213)	Jan Most	El Toro (79)	East L.A. College
1979	4-A	Mission Viejo (309)	Jan Most	Foothill (108)	Belmont Plaza Pool
	3-A	Wilson/Hacienda Heights (163)	Scott Massey	Riverside Poly (148)	Belmont Plaza Pool
	2-A	Louisville (124)	Walt Cannon	Whittier (94)	Belmont Plaza Pool
1980	4-A	Mission Viejo (313)	Jan Most	Capistrano Valley (139)	East L.A. College
	3-A	Arcadia (146)	Jayne Rice	Riverside Poly (139)	East L.A. College
	2-A	Whittier (130)	Patricia Gallighan	El Dorado (91)	East L.A. College
1981	4-A	Mission Viejo (335)	Jan Most	Capistrano Valley (156)	East L.A. College
	3-A	Arcadia (142)	Ray Peterson	Wilson/Hacienda Heights (135)	East L.A. College
	2-A	Whittier (129)	Patricia Gallighan	Louisville (98)	East L.A. College
1982	4-A	Mission Viejo (293)	Jan Most	Capistrano Valley (200)	East L.A. College
	3-A	Los Altos (110)	Brian Stuart	La Canada (85)	East L.A. College
	2-A	Louisville (130)	Walt Cannon	Norco (92)	East L.A. College
1983	4-A	Mission Viejo (317)	Jan Most	Capistrano Valley (267)	East L.A. College
	3-A	Westlake (105)	Stacey Henderson	Riverside Poly (97)	East L.A. College
	2-A	Louisville (112)	Bruce Craig	Chaminade (110)	East L.A. College
1984	4-A	Mission Viejo (336)	Jan Most	Capistrano Valley (155)	East L.A. College
	3-A	Wilson/Hacienda Heights (103)	Scott Massey	Westlake (102)	East L.A. College
	2-A	Palm Springs (92)	Ron Buda	South Hills (90)	East L.A. College
1985	4-A	Mission Viejo (291)	Jan Most	Capistrano Valley (178)	East L.A. College
	3-A	Sunny Hills (127)	Jim Sprague	Rolling Hills (94)	East L.A. College
	2-A	South Hills (94)	Kathy Reed	Westlake (84)	East L.A. College
1986	4-A	Mission Viejo (310.5)	Jan Most	Capistrano Valley (251)	East L.A. College
	3-A	Sunny Hills (159)	Jim Sprague	Rolling Hills (116)	East L.A. College
	2-A	Brea Olinda (111)	Phyllis Curry	Charter Oak (89)	East L.A. College
1987	4-A	Capistrano Valley (248)	Don Cholodenko	Mission Viejo (214)	Belmont Plaza Pool
	3-A	Wilson/Hacienda Heights (161)	Scott Massey	Los Alamitos (111)	Belmont Plaza Pool
	2-A	Brea Olinda (149)	Phyllis Curry	Paso Robles (136)	Belmont Plaza Pool
1988	4-A	Capistrano Valley (237)	Robert Gaughran	Mission Viejo (152)	Belmont Plaza Pool
	3-A	Los Alamitos (188)	Debbie Fleming	Wilson/Hacienda Heights (145)	Belmont Plaza Pool
	2-A	Brea Olinda (183)	Phyllis Curry	Paso Robles (143)	Belmont Plaza Pool
1989	4-A	Capistrano Valley (166)	Don Cholodenko	Mission Viejo (156)	Belmont Plaza Pool
	3-A	Los Alamitos (195)	Debbie Fleming	El Dorado (104)	Belmont Plaza Pool
	2-A	Trabuco Hills (173)	Diane Ursin	Mater Dei (79)	Belmont Plaza Pool
1990	4-A	Mission Viejo (159)	Jan Most	Foothill (150)	Belmont Plaza Pool
	3-A	Los Alamitos (183)	Debbie Fleming	Brea Olinda (89)	Belmont Plaza Pool
	2-A	Mater Dei (115)	Ron Blanc/Rich Blanc	Trabuco Hills (72)	Belmont Plaza Pool
1991	4-A	Mission Viejo (201)	Jan Most	El Toro (170)	Belmont Plaza Pool
	3-A	Brea Olinda (173)	Phyllis Curry	Trabuco Hills (129.5)	Belmont Plaza Pool
	2-A	Walnut (128)	Lisa Bullis	Rolling Hills (114)	Belmont Plaza Pool
1992	4-A	Buena (173)	John Siman	Capistrano Valley (169)	Belmont Plaza Pool
	3-A	Brea Olinda (126)	Phyllis Curry	Long Beach Wilson (116)	Belmont Plaza Pool
	2-A	Walnut (181)	Marc Ruh	Cerritos (100)	Belmont Plaza Pool
1993	I	El Toro (167.5)	Sheri Ross	Mission Viejo	Belmont Plaza Pool
	II	Walnut (137)	Marc Ruh	Long Beach Wilson (106)	Belmont Plaza Pool
	III	San Luis Obispo (143)	Anne Riolo	Harvard-Westlake (107)	Belmont Plaza Pool
1994	I	Buena (221)	John Siman	Santa Barbara (155)	Belmont Plaza Pool
	II	Walnut (174)	Marc Ruh	Irvine (142)	Belmont Plaza Pool
	III	Harvard-Westlake (122)	Darlene Bible	Cerritos (106.5)	Belmont Plaza Pool
1995	I	Buena (335)	John Siman	Fountain Valley (188.5)	Belmont Plaza Pool
	II	Long Beach Wilson (216.5)	Cheri Swatek	Hart (178)	Belmont Plaza Pool
	III	Flintridge Sacred Heart (233)	Teesha Williams	San Luis Obispo (163)	Belmont Plaza Pool
1996	I	Buena (307)	John Siman	Fountain Valley (216.5)	Belmont Plaza Pool
	II	Laguna Hills (196.5)	Susan Lord	Arcadia (169)	Belmont Plaza Pool
	III	Jurupa Valley (190)	Will Murray	La Serna (180)	Belmont Plaza Pool
1997	I	Irvine (293)	Scott Hinman	Fountain Valley (238)	Belmont Plaza Pool
	II	Laguna Hills (270.5)	Susan Lord	Peninsula (174.5)	Belmont Plaza Pool
	III	Cathedral City (158)	Brad Fleener	(Co-Champions)	Belmont Plaza Pool
		Jurupa Valley (158)	Will Murray		Belmont Plaza Pool
1998	I	Irvine (360)	Scott Hinman	Marina (189)	Belmont Plaza Pool
	II	Laguna Hills (261)	Susan Lord	Peninsula (233)	Belmont Plaza Pool
	III	South Pasadena (160)	Elinor Charlton	Cathedral City (152.5)	Belmont Plaza Pool

ALL-TIME GIRLS SWIMMING/DIVING TEAM CHAMPIONS

Year	Div.	Champion (Score)	Head Coach	Runner-up (Score)	Site
1999	I	Irvine (393)	Scott Hinman	San Clemente (204)	Belmont Plaza Pool
	II	Laguna Hills (280.5)	Susan Lord	University (165)	Belmont Plaza Pool
	III	Jurupa Valley (166)	Will Murray	South Pasadena (161)	Belmont Plaza Pool
2000	I	Irvine (218)	Scott Hinman	Newport Harbor (195)	Belmont Plaza Pool
	II	Santa Margarita (217.5)	Rich Blanc, Ron Blanc	Crescenta Valley (206)	Belmont Plaza Pool
	III	La Serna (188)	Steve Eberwein	Mayfield (153)	Belmont Plaza Pool
2001	I	Irvine (294)	Scott Hinman	San Clemente (178)	Belmont Plaza Pool
	II	Crescenta Valley (198)	Peter Kim	Peninsula (173)	Belmont Plaza Pool
	III	La Serna (279)	Steve Eberwein	Camarillo (207)	Belmont Plaza Pool
	IV	Brea Olinda (213)	Nancy Windisch	Etiwanda (200.5)	Belmont Plaza Pool
2002	I	Irvine (285)	Scott Hinman	Santa Margarita (195)	Belmont Plaza Pool
	II	Riverside Poly (221)	Gwen Ritzau	Crescenta Valley (201.5)	Belmont Plaza Pool
	III	Mayfield (238)	Dan Reeves	La Serna (226)	Belmont Plaza Pool
	IV	Brea Olinda (239.5)	Nancy Windisch	Sultana (204.5)	Belmont Plaza Pool
2003	I	Irvine (295)	Scott Hinman	Newport Harbor (190)	Belmont Plaza Pool
	II	Upland (258)	Terry Kimberling	Corona del Mar (201)	Belmont Plaza Pool
	III	Burroughs/Ridgecrest (252)	Greg Janson	Yucaipa (243)	Belmont Plaza Pool
	IV	Carpinteria (184)	Sean Boyd	Quartz Hill (176)	Belmont Plaza Pool
2004	I	Irvine (203.5)	Scott Hinman	Glendora (198)	Belmont Plaza Pool
	II	Corona del Mar (238)	Doug Volding	Northwood (192)	Belmont Plaza Pool
	III	Murrieta Valley (237)	Genevieve Barrow	La Serna (199)	Belmont Plaza Pool
	IV	Quartz Hill (215)	Dave Louder	La Reina (200)	Belmont Plaza Pool
2005	I	Long Beach Wilson (217)	Maggie Twinem	Damien (170)	Belmont Plaza Pool
	II	University (252)	Jon Pendelton	Corona del Mar (248)	Belmont Plaza Pool
	III	Murrieta Valley (258)	Gernevieve Barrow	Palos Verdes (197)	Belmont Plaza Pool
	IV	La Reina (251)	Joe Cameau	Cerritos (195)	Belmont Plaza Pool
2006	I	Mission Viejo (293)	Kristine Palle	Santa Margarita (149)	Belmont Plaza Pool
	II	Corona del Mar (248)	Doug Volding	University (216)	Belmont Plaza Pool
	III	Mayfield (211)	Lynda Gilbert	La Serna (197)/Palos Verdes (197)	Belmont Plaza Pool
	IV	La Reina (262)	Joe Carneau	Cerritos (200)	Belmont Plaza Pool
2007	I	Mission Viejo (227)	Kristine Palle	University (174)	Belmont Plaza Pool
	II	Westlake (157)	Todd Immas	Flintridge Sacred Heart (147)	Belmont Plaza Pool
	III	La Serna (236)	David Rooks	La Reina (184)	Belmont Plaza Pool
	IV	Mark Keppel (184)	Ismael Perez	Bonita (177)	Belmont Plaza Pool
2008	I	Mission Viejo (253)	Jeff Boss	Edison (219.5)	Belmont Plaza Pool
	II	Hart (207.5)	Steve Neale	Westlake (165)	Belmont Plaza Pool
	III	El Segundo (222)	Foti Davlantis	Cerritos (202)	Belmont Plaza Pool
	IV	Mark Keppel (211)	Ismael Perez	Gabrielino (164)	Belmont Plaza Pool
2009	I	Edison (275)	Crystal Whitmore	Hart (187)	Mt. San Antonio College
	II	Westlake (178.5)	Todd Immas	La Canada (132)	Mt. San Antonio College
	III	Palm Desert (253)	Jennifer Rubio	Laguna Beach (195)	Mt. San Antonio College
	IV	Maranatha (224)	Joe Zambrano	Quartz Hill (193)	Mt. San Antonio College
2010	1	University (235)	Robin Jacobsen	Edison (233)	Belmont Plaza Pool
	2	Walnut (158)	Lani Ruh	Glendora (147)	Belmont Plaza Pool
	3	Mark Keppel (254)	Ismael Perez	La Serna (207.5)	Belmont Plaza Pool
	4	Marlborough (275)	Peter Lambert	Cabrillo/Lompoc (230)	Belmont Plaza Pool
2011	1	University (297)	Robin Jacobsen	Laguna Hills (172)	Belmont Plaza Pool
	2	Glendora (234)	Janet Pollard	Walnut (158)	Belmont Plaza Pool
	3	Mark Keppel (212)	Ismael Perez	Laguna Beach (192)	Belmont Plaza Pool
	4	Viewpoint (251.50)	Eliot Saki	La Salle (202)	Belmont Plaza Pool
2012	1	JSerra (275)	Mary McLaughlin	University (274)	Riverside Aquatics Complex
	2	Esperanza (300)	Galen Diaz	Foothill (237)	Riverside Aquatics Complex
	3	Mark Keppel (348)	Ismael Perez	La Serna (254)	Riverside Aquatics Complex
	4	La Salle (249.5)	Robert Curreri	Viewpoint (248)	Riverside Aquatics Complex
2013	1	JSerra (243)	Mary McLaughlin	Corona del Mar (232)	Riverside Aquatics Complex
	2	Troy (207)	Jason Wilson	Ayala (201)	Riverside Aquatics Complex
	3	Crean Lutheran (250)	Craig Brown	Laguna Beach (191.5)	Riverside Aquatics Complex
	4	Cerritos (415)	Paul Park	Orcutt Academy (412)	Riverside Aquatics Complex
2014	1	Santa Margarita (280)	Rich Blanc, Ron Blanc	JSerra(209)	Riverside Aquatics Complex
	2	Glendora (259)	Janet Pollard	M.L. King (226)	Riverside Aquatics Complex
	3	Crean Lutheran (409)	Craig Brown	Viewpoint (190)	Riverside Aquatics Complex
	4	Cerritos (449)	Peter Kemp	Orcutt Academy (322)	Riverside Aquatics Complex
2015	1	Santa Margarita (290)	Rich Blanc, Ron Blanc	JSerra (257)	Riverside Aquatics Complex
	2	Crean Lutheran (319.5)	Craig Brown	Glendora (296)	Riverside Aquatics Complex
	3	Pasadena Poly (293)	Colin Allen	Royal (219)	Riverside Aquatics Complex
2016	1	Santa Margarita (309)	Rich Blanc, Ron Blanc	Woodbridge (271.5)	Riverside Aquatics Complex
	2	Crean Lutheran (308)	Craig Brown, Todd Brinker	Glendora (295)	Riverside Aquatics Complex
	3	Pasadena Poly (361)	Colin Allen	Marlborough (173.5)	Riverside Aquatics Complex
	4	Cerritos (369)	Jarrett Powers	Beaumont & Rowland (230)	Riverside Aquatics Complex

ALL-TIME GIRLS SWIMMING/DIVING TEAM CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion (Score)</u>	<u>Head Coach</u>	<u>Runner-up (Score)</u>	<u>Site</u>
2017	1	Santa Margarita (461)	Rich Blanc, Ron Blanc	Tesoro (221)	Riverside Aquatics Complex
	2	Crean Lutheran (247)	Craig Brown	Redlands East Valley (233)	Riverside Aquatics Complex
	3	Walnut (287)	Ed Gautreau	Pasadena Poly (278)	Riverside Aquatics Complex
	4	Downey (253)	Sal Castro	Rowland (232.5)	Riverside Aquatics Complex

ALL-TIME GIRLS SWIMMING/DIVING CHAMPIONS

INDIVIDUAL MEDLEY- 200 YARDS

Year	Div.	Champion/School	Time
1972		Carolyn Woods, Sunny Hills	2:11.1
1973		Susie Whitaker, Foothill	2:13.4
1974		Susie Whitaker, Foothill	2:10.7
1975		Diane Johnson, Walnut	2:09.9
1976		Diane Johnson, Walnut	2:09.42
1977		Diane Johnson, Walnut	2:06.68
1978		Dawn Rodighiero, Mission Viejo	2:05.93
1979	4-A	Lori Hames, Mission Viejo	2:08.57
	3-A	Cynthia Woodhead, Riverside Poly	2:02.06
	2-A	Mayumi Yokoyama, Royal Oak	2:06.49
1980	4-A	Anne Tweedy, San Marcos	2:03.23
	3-A	Cynthia Woodhead, Riverside Poly	2:02.47
	2-A	Wendy Blake, La Habra	2:10.76
1981	4-A	Vera Barker, Mission Viejo	2:04.55
	3-A	Melanie Rile, Riverside Poly	2:09.61
	2-A	Mayumi Yokoyama, Royal Oak	2:06.74
1982	4-A	Vera Barker, Mission Viejo	2:05.57
	3-A	Karen Tomec, Newbury Park	2:11.07
	2-A	Jenny Hohne, Whittier	2:08.38
1983	4-A	Karin Werth, Mission Viejo	2:01.88
	3-A	Cathy Florkowski, Montclair	2:07.12
	2-A	Dara Torres, Westlake	2:07.76
1984	4-A	Karin Werth, Mission Viejo	2:02.37
	3-A	Cathy Florkowski, Montclair	2:06.74
	2-A	Sandra Meckoll, Norco	2:06.29
1985	4-A	Amy White, University	2:03.68
	3-A	Katie Rowe, Long Beach Wilson	2:07.50
	2-A	Julie Parker, Agoura	2:12.14
1986	4-A	Lisa Meyers, Mission Viejo	2:04.00
	3-A	Katie Rowe, Long Beach Wilson	2:05.42
	2-A	Deanna Wilbourn, Barstow	2:10.08
1987	4-A	Amy Shaw, Capistrano Valley	2:05.05
	3-A	Janet Evans, El Dorado	2:02.80
	2-A	Deanna Wilbourn, Barstow	2:08.34
1988	4-A	Betsi Hugh, Marina	2:06.62
	3-A	Janet Evans, El Dorado	2:00.72
	2-A	Jennifer Kracik, Brea Olinda	2:10.73
1989	4-A	Betsi Hugh, Marina	2:05.30
	3-A	Janet Evans, El Dorado	1:59.96
	2-A	Natashe Kohne, Rancho Alamitos	2:07.02
1990	4-A	Michelle Ham, Fountain Valley	2:04.24
	3-A	Jill Teeple, Claremont	2:06.36
	2-A	Natasha Kohne, Rancho Alamitos	2:08.45
1991	4-A	Michelle Ham, Fountain Valley	2:03.95
	3-A	Maryellen Jenkins, Crescenta Valley	2:09.70
	2-A	Natasha Kone, Rancho Alamitos	2:07.60
1992	4-A	Kella Hoblick, El Dorado	2:04.29
	3-A	Kristin Barth, Long Beach Wilson	2:07.45
	2-A	Natasha Kohne, Rancho Alamitos	2:08.32
1993	I	Kella Hoblick, El Dorado	2:01.99
	II	Jaimee Lindstrom, Woodbridge	2:05.79
	III	Alexis Larsen, Harvard-Westlake	2:03.99
1994	I	Marissa Roarty, Buena	2:05.20
	II	Jaimee Lindstrom, Woodbridge	2:07.34
	III	Alexis Larson, Harvard-Westlake	2:06.00
1995	I	Erin Schatz, Buena	2:04.21
	II	Kristin Barth, Long Beach Wilson	2:10.20
	III	Lyndee Hovsepian, Cathedral City	2:06.41
1996	I	Jennifer Parmenter, Los Angeles Baptist	2:00.82
	II	Mai-Khanh Nguyen, Tustin	2:09.22
	III	Jennifer Abbey, La Canada	2:06.33
1997	I	Jennifer Parmenter, Los Angeles Baptist	2:00.41
	II	Shauna Barnard, Laguna Hills	2:06.39
	III	Stacey Kearney, Palm Desert	2:05.35
1998	I	Jamie Call, Marina	2:01.59
	II	Shauna Barnard, Laguna Hills	2:03.89
	III	Lyndee Hovsepian, Cathedral City	2:06.20
1999	I	Kaitlin Sandeno, El Toro	2:00.19
	II	Shauna Barnard, Laguna Hills	2:06.87
	III	Carly Geehr, Mayfield	2:02.35

INDIVIDUAL MEDLEY-200 YARDS (Cont.)

Year	Div.	Champion/School	Time
2000	I	Kristen Caverly, San Clemente	2:00.80
	II	Melissa Miller, Ayala	2:06.42
	III	Ashley De Paul, Centennial/Corona	2:05.60
2001	I	Kristen Caverly, San Clemente	1:58.86
	II	Lauren Medina, St. Lucy's	2:05.03
	III	Ashley De Paul, Centennial/Corona	2:06.11
	IV	Emlynm Tursick, Carpinteria	2:08.59
2002	I	Kristen Caverly, San Clemente	2:00.54
	II	Courtney Eads, Glendora	2:04.67
	III	Alexandra Wiley, Mayfield	2:05.87
	IV	Katie Smith, Notre Dame	2:09.59
2003	I	Nicole Mackey, Newport Harbor	2:01.59
	II	Jane Imagane, Troy	2:03.95
	III	Melissa Wong, Whitney	2:05.23
	IV	Michele Kumaus, Highland	2:09.70
2004	I	Jessica Hardy, Long Beach Wilson	2:01.98
	II	Rachel Grant, Walnut	2:03.92
	III	Courtney Kilkuts, Santiago/Garden Grove	2:02.06
	IV	Kathryn Smith, Notre Dame Academy	2:11.48
2005	I	Jessica Hardy, Long Beach Wilson	2:01.68
	II	Stephanie Gabert, Corona del Mar	2:04.35
	III	Courtney Kilkuts, Santiago/Corona	2:03.26
	IV	Madison Fitzgerald, Calvary Chapel/Down	2:10.80
2006	I	Lyndsay DePaul, Villa Park	2:04.93
	II	Stephanie Gabert, Corona del Mar	2:03.44
	III	Courtney Kilkuts, Santiago/Corona	2:04.44
	IV	Allison Hall, Oaks Christian	2:09.37
2007	I	Katie Priess, Aliso Niguel	2:04.86
	II	Rachel Grant, Walnut	2:02.24
	III	Samantha VandenBerge, La Serna	2:04.94
	IV	Erica Brannon, St. Joseph/Santa Maria	2:05.35
2008	I	Samantha Taylor, Capistrano Valley	2:03.18
	II	Meghan Hawthorne, Chaminade	2:00.93
	III	Kylie France, La Mirada	2:07.08
	IV	Kirstie Chen, Whitney	2:06.37
2009	I	Meghan Hawthorne, Chaminade	2:00.86
	II	Noelle Tarazona, Claremont	2:01.32
	III	Kirstie Chen, Whitney	2:01.25
	IV	Isabella Schamber, Maranatha	2:11.04
2010	1	Meghan Hawthorne, Chaminade	1:58.74
	2	Gretchen Jaques, Glendora	1:57.91
	3	Kristie Chen, Whitney	2:03.55
	4	Bella Schamber, Maranatha	2:08.21
2011	1	Shelby Webber, Fountain Valley	2:00.28
	2	Gretchen Jaques, Glendora	1:59.19
	3	Bella Schamber, Maranatha	2:06.18
	4	Lilly Parks, Sierra Canyon	2:09.43
2012	1	Megan Rankin, University	2:01.10
	2	Sonia Wang, Upland	2:00.57
	3	Ella Eastin, Crean Lutheran	1:59.88
	4	Lilly Parks, Sierra Canyon	2:09.91
2013	1	Karli Thuen, JSerra	2:01.81
	2	Sonia Wang, Upland	1:59.16
	3	Ella Eastin, Crean Lutheran	1:55.15
	4	Kiri Harvey, Cerritos	2:06.29
2014	1	Nikol Popov, Valencia/Valencia	1:59.90
	2	Sonia Wang, Upland	2:00.13
	3	Ella Eastin, Crean Lutheran	1:56.54
	4	Kiri Harvey, Cerritos	2:05.13
2015	1	Kirsten Vose, Flintridge Sacred Heart	1:56.07
	2	Ella Eastin, Crean Lutheran	1:53.90
	3	Deanne Umbay, Sierra Canyon	2:05.00
	4	Jacqueline Torrez, La Salle	2:06.40
2016	1	Nora Deleske, Edison	1:59.53
	2	Alexis Margett, Glendora	1:59.79
	3	Emily Honng, Walnut	2:06.61
	4	Summer Otazu, Maranatha	2:06.36
2017	1	Nikol Popov, Valencia/Valencia	1:59.52
	2	Nikki Thompson, Ayala	1:59.63
	3	Emily Honng, Walnut	2:05.38
	4	Katelyn Nguyen, Rowland	2:06.35

ALL TIME GIRLS SWIMMING/DIVING CHAMPIONS

MEDLEY RELAY – 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1975		Thousand Oaks	1:55.9
1972		Sunny Hills	1:55.1
1973		Rolling Hills	1:59.6
1974		Foothill	1:57.2
1975		Thousand Oaks	1:55.95
1976		Miraleste	1:54.69
1977		Indio	1:51.71
1978		Mission Viejo	1:48.62
1979	4-A	Mission Viejo	1:51.07
	3-A	Riverside Poly	1:50.59
	2-A	Louisville	2:01.13
1980	4-A	Capistrano Valley	1:48.93
	3-A	Wilson/Hacienda Heights	1:50.04
	2-A	El Dorado	1:56.66
1981	4-A	Capistrano Valley	1:48.81
	3-A	Burroughs/Ridgecrest	1:54.91
	2-A	Louisville	1:55.59
1982	4-A	Capistrano Valley	1:47.58
	3-A	Indio	1:54.77
	2-A	Louisville	1:54.92
1983	4-A	Capistrano Valley	1:46.17
	3-A	La Canada	1:54.08
	2-A	Louisville	1:54.26
1984	4-A	Mission Viejo	1:48.04
	3-A	Thousand Oaks	1:55.21
	2-A	Palm Springs	1:52.71
1985	4-A	Capistrano Valley	1:49.81
	3-A	Upland	1:54.88
	2-A	Marlborough	1:58.66
1986	4-A	Capistrano Valley	1:48.19
	3-A	Long Beach Wilson	1:54.72
	2-A	Paso Robles	1:59.62
1987	4-A	Capistrano Valley	1:50.01
	3-A	Charter Oak	1:53.24
	2-A	Westlake	1:56.51
1988	4-A	Capistrano Valley	1:49.55
	3-A	El Dorado	1:53.36
	2-A	Paso Robles	1:57.15
1989	4-A	Thousand Oaks	1:50.12
	3-A	El Dorado	1:53.13
	2-A	Bellflower	1:56.49
1990	4-A	Thousand Oaks	1:49.70
	3-A	Claremont	1:54.36
	2-A	Bellflower	1:54.33
1991	4-A	El Toro	1:48.95
	3-A	Brea Olinda	1:51.85
	2-A	Walnut	1:35.73
1992	4-A	Buena	1:50.06
	3-A	Long Beach Wilson	1:53.37
	2-A	Walnut	1:54.22
1993	I	El Toro	1:49.13
	II	Walnut	1:51.16
	III	San Luis Obispo	1:55.59
1994	I	Buena	1:48.77
	II	Irvine	1:50.84
	III	Warren	1:54.08
1995	I	Fountain Valley	1:50.79
	II	Long Beach Poly	1:51.74
	III	San Luis Obispo	1:53.95
1996	I	Buena	1:48.06
	II	Hart	1:53.36
	III	Jurupa Valley	1:53.56
1997	I	Irvine	1:48.30
	II	Laguna Hills	1:53.33
	III	Cathedral City	1:52.32
1998	I	Irvine	1:48.89
	II	Laguna Hills	1:50.64
	III	Cathedral City	1:52.63
1999	I	Irvine	1:48.17
	II	Laguna Hills	1:49.58
	III	South Pasadena	1:51.20

MEDLEY RELAY – 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2000	I	San Clemente	1:48.33
	II	Santa Margarita	1:50.97
	III	Mayfield	1:53.42
2001	I	Irvine	1:44.80
	II	Northwood	1:50.06
	III	Yucaipa	1:51.19
	IV	Brea Olinda	1:55.87
2002	I	Irvine	1:43.71
	II	Harvard-Westlake	1:49.51
	III	Yucaipa	1:51.23
	IV	Sultana	1:51.18
2003	I	Irvine	1:44.01
	II	Sunny Hills	1:51.29
	III	Yucaipa	1:49.09
	IV	Quartz Hill	1:55.24
2004	I	Long Beach Wilson	1:46.52
	II	Corona del Mar	1:50.46
	III	Mayfield	1:54.14
	IV	Quartz Hill	1:54.86
2005	I	Long Beach Wilson	1:43.84
	II	Corona del Mar	1:48.59
	III	El Segundo	1:53.07
	IV	La Reina	1:54.26
2006	I	Mission Viejo	1:48.93
	II	University	1:50.17
	III	Mayfield	1:52.07
	IV	La Reina	1:55.01
2007	I	Mission Viejo	1:48.34
	II	Flintridge Sacred Heart	1:50.11
	III	Elsinore	1:51.85
	IV	St. Margaret's	1:55.31
2008	I	Edison	1:46.08
	II	Hart	1:47.81
	III	Oaks Christian	1:52.16
	IV	Mark Keppel	1:54.63
2009	I	Edison	1:43.60
	II	Glendora	1:48.66
	III	Palm Desert	1:46.79
	IV	Maranatha	1:53.54
2010	1	Edison	1:43.34
	2	Glendora	1:47.11
	3	Mark Keppel	1:53.64
	4	Marantha	1:52.88
2011	1	University	1:44.60
	2	Glendora	1:46.69
	3	Maranatha	1:49.94
	4	Citrus Valley	1:52.47
2012	1	Woodbridge	1:45.76
	2	Chaparral	1:51.12
	3	La Serna	1:50.68
	4	Citrus Valley	1:52.03
2013	1	Flintridge Sacred Heart	1:44.26
	2	Palm Springs	1:47.88
	3	Crean Lutheran	1:46.57
	4	Cerritos	1:52.56
2014	1	Flintridge Sacred Heart	1:44.38
	2	Glendora	1:47.63
	3	Crean Lutheran	1:41.79
	4	Cerritos	1:51.59
2015	1	JSerra	1:42.29
	2	Crean Lutheran	1:43.53
	3	Pasadena Poly	1:49.77
	4	Cerritos	1:50.09
2016	1	Woodbridge	1:44.71
	2	Crean Lutheran	1:44.63
	3	Pasadena Poly	1:47.96
	4	Cerritos	1:50.57
2017	1	Ventura	1:42.64
	2	Crean Lutheran	1:40.77
	3	Pasadena Poly	1:49.20
	4	Downey	1:55.11

ALL TIME GIRLS SWIMMING/DIVING CHAMPIONS

FREESTYLE RELAY – 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1991	4-A	El Toro	1:37.95
	3-A	Mater Dei	1:43.40
	2-A	Rolling Hills	1:43.06
1992	4-A	El Toro	1:38.70
	3-A	Long Beach Wilson	1:40.19
	2-A	Chadwick	1:41.71
1993	I	Capistrano Valley	1:39.23
	II	Long Beach Wilson	1:40.82
	III	Ontario	1:44.56
1994	I	Santa Barbara	1:37.82
	II	Long Beach Wilson	1:40.58
	III	Chadwick	1:42.98
1995	I	Buena	1:36.94
	II	Long Beach Wilson	1:40.95
	III	Central Union	1:42.28
1996	I	Mission Viejo	1:41.42
	II	Long Beach Wilson	1:41.72
	III	Harvard-Westlake	1:41.24
1997	I	Irvine	1:40.95
	II	Riverside Poly	1:41.83
	III	Cathedral City	1:39.68
1998	I	Irvine	1:37.47
	II	Peninsula	1:41.61
	III	Cathedral City	1:41.42
1999	I	San Clemente	1:37.47
	II	Riverside Poly	1:40.56
	III	Mayfield	1:40.27
2000	I	San Clemente	1:38.97
	II	Santa Margarita	1:38.89
	III	Mayfield	1:41.77
2001	I	San Clemente	1:36.71
	II	Sunny Hills	1:40.39
	III	La Serna	1:40.12
	IV	Etiwanda	1:42.02
2002	I	Canyon/Anaheim	1:36.73
	II	Harvard-Westlake	1:38.98
	III	La Serna	1:40.40
	IV	Calabasas	1:43.51
2003	I	Irvine	1:38.10
	II	Corona del Mar	1:40.22
	III	La Serna	1:39.69
	IV	Carpinteria	1:41.56
2004	I	Long Beach Wilson	1:46.52
	II	Corona del Mar	1:50.46
	III	Mayfield	1:54.14
	IV	Quartz Hill	1:54.86
2005	I	Harvard-Westlake	1:38.23
	II	University	1:38.84
	III	Murrieta Valley	1:42.03
	IV	Oaks Christian	1:44.18
2006	I	Santa Margarita	1:39.11
	II	Thousand Oaks	1:39.12
	III	La Serna	1:40.22
	IV	Oaks Christian	1:42.31
2007	I	Long Beach Wilson	1:37.75
	II	Westlake	1:39.53
	III	La Serna	1:39.45
	IV	Cabrillo/Lompoc	1:44.10
2008	I	Fountain Valley	1:36.72
	II	Westlake	1:37.80
	III	El Segundo	1:41.70
	IV	Mark Keppel	1:42.97
2009	I	Fountain Valley	1:34.94
	II	Westlake	1:38.51
	III	Laguna Beach	1:38.87
	IV	Beaumont	1:44.33
2010	1	Fountain Valley	1:34.75
	2	Walnut	1:37.81
	3	La Serna	1:40.81
	4	Cabrillo/Lompoc	1:42.07

FREESTYLE RELAY – 200 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2011	1	University	1:35.61
	2	Glendora	1:38.64
	3	La Serna	1:40.32
	4	Viewpoint	1:43.76
2012	1	JSerra	1:34.50
	2	Vista Murrieta	1:38.72
	3	La Serna	1:40.21
	4	Citrus Valley	1:43.34
2013	1	JSerra	1:32.35
	2	Ayala	1:37.24
	3	La Serna	1:40.54
	4	Cerritos	1:41.80
2014	1	Santa Margarita	1:34.64
	2	Vista Murrieta	1:37.45
	3	Crean Lutheran	1:38.17
	4	Cerritos	1:40.70
2015	1	Valencia/Valencia	1:35.41
	2	Ayala	1:36.30
	3	Mark Keppel	1:39.44
	4	Cerritos	1:39.74
2016	1	Santa Margarita	1:34.02
	2	Ayala	1:35.26*
	3	Mark Keppel	1:40.78
	4	Rowland	1:44.32
2017	1	Santa Margarita	1:32.33
	2	Crean Lutheran	1:34.60
	3	Walnut	1:37.44
	4	Alta Loma	1:44.87

*Divisional Record

FREESTYLE RELAY – 400 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1972		Foothill	3:55.8
1973		Alhambra	3:53.2
1974		Mira Costa	3:46.1
1975		Simi Valley	3:43.17
1976		Mission Viejo	3:40.79
1977		Mission Viejo	3:34.78
1978		Mission Viejo	3:31.35
1979	4-A	Mission Viejo	3:32.89
	3-A	Wilson/Hacienda Heights	3:31.69
	2-A	Whittier	3:50.54
1980	4-A	Mission Viejo	3:29.88
	3-A	Riverside Poly	3:30.27
	2-A	Whittier	3:41.24
1981	4-A	Mission Viejo	3:28.91
	3-A	Riverside Poly	3:38.84
	2-A	Whittier	3:38.02
1982	4-A	Mission Viejo	3:32.89
	3-A	La Canada	3:44.56
	2-A	Norco	3:39.04
1983	4-A	Mission Viejo	3:32.54
	3-A	Westlake	3:41.11
	2-A	Norco	3:43.39
1984	4-A	Mission Viejo	3:32.10
	3-A	Westlake	3:39.13
	2-A	Palm Springs	3:42.04
1985	4-A	Buena	3:31.59
	3-A	Long Beach Wilson	3:37.33
	2-A	South Hills	3:40.77
1986	4-A	Mission Viejo	3:29.32
	3-A	Sunny Hills	3:31.93
	2-A	Charter Oak	3:40.96
1987	4-A	Mission Viejo	3:31.15
	3-A	El Dorado	3:37.45
	2-A	Brea Olinda	3:38.89
1988	4-A	Mission Viejo	3:31.56
	3-A	Los Alamitos	3:39.55
	2-A	Brea Olinda	3:39.08
1989	4-A	Mission Viejo	3:28.56
	3-A	Los Alamitos	3:35.40
	2-A	Trabuco Hills	3:39.81

ALL-TIME GIRLS SWIMMING/DIVING CHAMPIONS

FREESTYLE RELAY – 400 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
1990	4-A	Mission Viejo	3:33.81
	3-A	Los Alamitos	3:34.51
	2-A	Mater Dei	3:48.69
1991	4-A	Mission Viejo	3:34.89
	3-A	Brea Olinda	3:39.78
	2-A	Walnut	3:43.57
1992	4-A	Capistrano Valley	3:33.89
	3-A	Brea Olinda	3:39.33
	2-A	Walnut	3:44.69
1993	I	El Dorado	3:32.14
	II	Walnut	3:37.05
	III	Harvard-Westlake	3:43.80
1994	I	Santa Barbara	3:31.39
	II	Walnut	3:33.85
	III	Harvard-Westlake	3:43.86
1995	I	Buena	3:29.42
	II	Long Beach Wilson	3:39.18
	III	Etiwanda	3:41.34
1996	I	Buena	3:32.09
	II	Arcadia	3:41.26
	III	La Canada	3:40.53
1997	I	Irvine	3:34.32
	II	Laguna Hills	3:39.80
	III	Palm Desert	3:40.37
1998	I	Irvine	3:31.95
	II	Laguna Hills	3:34.69
	III	South Pasadena	3:37.14
1999	I	San Clemente	3:28.46
	II	Laguna Hills	3:33.08
	III	Jurupa Valley	3:36.34
2000	I	Newport Harbor	3:32.32
	II	University	3:38.08
	III	La Serna	3:40.13
2001	I	Irvine	3:28.14
	II	Alemanly	3:36.07
	III	La Serna	3:39.02
	IV	Etiwanda	3:41.69
2002	I	Irvine	3:29.15
	II	Riverside Poly	3:33.21
	III	La Serna	3:35.96
	IV	Sultana	3:37.09
2003	I	Irvine	3:24.64
	II	Corona del Mar	3:34.87
	III	Yucaipa	3:35.18
	IV	Carpinteria	3:41.02
2004	I	Irvine	3:29.93
	II	Northwood	3:34.63
	III	La Serna	3:38.04
	IV	Quartz Hill	3:42.61
2005	I	Irvine	3:31.50
	II	Corona del Mar	3:32.91
	III	El Segundo	3:39.60
	IV	La Reina	3:42.93
2006	I	Mission Viejo	3:31.99
	II	Palm Desert	3:33.07
	III	La Serna	3:35.67
	IV	La Reina	3:40.61
2007	I	Edison	3:33.34
	II	Flintridge Sacred Heart	3:35.48
	III	La Reina	3:38.09
	IV	Mark Keppel	3:44.56
2008	I	Edison	3:29.86
	II	Westlake	3:33.57
	III	Cerritos	3:38.86
	IV	Marlborough	3:47.28
2009	I	Edison	3:28.18
	II	Westlake	3:35.19
	III	Palm Desert	3:28.71
	IV	Maranatha	3:43.34
2010	1	Edison	3:23.86
	2	Glendora	3:32.01
	3	El Segundo	3:40.00
	4	Marlborough	3:40.96

FREESTYLE RELAY – 400 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>School</u>	<u>Time</u>
2011	1	University	3:26.00
	2	Glendora	3:32.50
	3	Laguna Beach	3:40.29
	4	La Salle	3:43.99
2012	1	JSerra	3:25.44
	2	Foothill	3:31.74
	3	Crean Lutheran	3:36.03
	4	La Salle	3:43.26
2013	1	JSerra	3:21.20
	2	Ayala	3:30.01
	3	Crean Lutheran	3:30.07
	4	Cerritos	3:37.57
2014	1	Santa Margarita	3:24.32
	2	Glendora	3:32.12
	3	Crean Lutheran	3:21.41
	4	Cerritos	3:37.56
2015	1	Santa Margarita	3:21.04
	2	Crean Lutheran	3:22.67
	3	Marlborough	3:35.43
	4	Cerritos	3:41.37
2016	1	Santa Margarita	3:24.38
	2	Crescenta Valley	3:25.91
	3	Santa Monica	3:12.58
	4	Beaumont	3:14.40
2017	1	Santa Margarita	3:18.26
	2	Chaparral	3:27.70
	3	Walnut	3:33.25
	4	Rowland	3:40.98

FREESTYLE – 50 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1972		Vickie Hayes, Troy; Sandra Nelson, El Monte	25.5
1973		Kathy Ferguson, Chaminade	25.1
1974		Shawn Houghton, Santa Barbara	25.0
1975		Mary Lou Ott, Tustin	24.47
1976		Jill Sterkel, Wilson/Hacienda Heights	23.46
1977		Jill Sterkel, Wilson/Hacienda Heights	22.99
1978		Julie Williams, El Toro	23.94
1979	4-A	Karen Johannsen, San Marcos	24.30
	3-A	Jill Sterkel, Wilson/Hacienda Heights	22.91
	2-A	Tracy Stanhoff, Santa Fe	24.69
1980	4-A	Lianne McCraw, El Toro	24.04
	3-A	Mary Birdsell, Wilson/Hacienda Heights	23.59
	2-A	Kathy Hall, Whittier	24.72
1981	4-A	Lianne McCraw, El Toro	23.98
	3-A	Mary Birdsell, Wilson/Hacienda Heights	23.75
	2-A	Kathy Hall, Whittier	24.70
1982	4-A	Laurine Gray, Arcadia	24.14
	3-A	Mary Birdsell, Wilson/Hacienda Heights	23.36
	2-A	Dara Torres, Westlake	23.26
1983	4-A	Diedre Mazurie, Foothill	24.14
	3-A	Heidi Planter, Arlington	24.22
	2-A	Cindy Gillespie, Norco	24.58
1984	4-A	Jenna Johnson, Whittier Christian	23.07
	3-A	Nancy Weiglin, Sonora	24.62
	2-A	Cindy Gillespie, Norco	24.23
1985	4-A	Jenna Johnson, Whittier Christian	23.28
	3-A	Cindy Gillespie, Norco	24.21
	2-A	Dara Torres, Westlake	22.71
1986	4-A	Kim Carolin, Capistrano Valley	24.46
	3-A	Kim Bryson, Redondo Union	23.87
	2-A	Jennifer Brannon, Etiwanda	24.41
1987	4-A	Christy Carolin, Capistrano Valley	24.14
	3-A	Peggy Gross, Los Alamitos	24.18
	2-A	Jennifer Brannon, Etiwanda	24.18
1988	4-A	Christy Carolin, Capistrano Valley	23.69
	3-A	Laura Ambrosius, Palm Springs	24.47
	2-A	Nicole Fryer, St. Joseph/Santa Maria	25.04
1989	4-A	Christy Carolin, Capistrano Valley	23.94
	3-A	Meredith Booker, Beverly Hills	24.23
	2-A	Jessica Tong, Chadwick	24.28
1990	4-A	Christy Carolin, Capistrano Valley	23.69
	3-A	Evy Wild, Hart	24.38
	2-A	Jessica Tong, Chadwick	24.04

ALL-TIME GIRLS SWIMMING/DIVING CHAMPIONS

FREESTYLE – 50 YARDS (Cont.)

Year	Div.	Champion/School	Time
1991	4-A	Claudia Franco, Mission Viejo	23.72
	3-A	Lindsay Gassner, Hart	23.65
	2-A	Jessica Tong, Chadwick	23.67
1992	4-A	Abby Gustason, Buena	24.48
	3-A	Lonna Stacey, Arcadia	23.20
	1-A	Judy Thomas, Walnut	24.17
1993	I	Michelle Perry, El Toro	24.00
	II	Lonna Stacey, Arcadia	23.16
	III	Angela Jackson, Cabrillo	24.98
1994	I	Lindsay Gassner, Santa Barbara	23.63
	II	Wendy O'Brien, Irvine	23.57
	III	Michele Hall, Notre Dame	23.95
1995	I	Wendy O'Brien, Irvine	23.75
	II	Jann Stacey, Arcadia	24.67
	III	Delaina Formway, Jurupa Valley	24.74
1996	I	Wendy O'Brien, Irvine	23.66
	II	Jann Stacey, Arcadia	24.49
	III	Erica Shugart, Carpinteria	24.22
1997	I	Danielle Dealva, Irvine	23.98
	II	Becky Skyler, Hart	24.77
	III	Erica Shugart, Carpinteria	23.72
1998	I	Sarah Jones, San Clemente	23.98
	II	Heather Dombrady, Apple Valley	24.93
	III	Sarah Baham, Temple City	23.67
1999	I	Sarah Jones, San Clemente	23.82
	II	Maureen Farrell, Alemany	24.37
	III	Erica Shugart, Carpinteria	24.06
2000	I	Sarah Jones, San Clemente	23.33
	II	Maureen Farrell, Alemany	23.61
	III	Emily Harlan, Yucaipa	24.55
2001	I	Sarah Jones, San Clemente	23.04
	II	Maureen Farrell, Alemany	23.72
	III	Katie Hicks, San Luis Obispo	24.02
	IV	Heather Anderson, Etiwanda	24.32
2002	I	Courtney Cashion, Irvine	23.22
	II	Alexa Merz, Harvard-Westlake	23.82
	III	Katie Icaza, Westridge	24.05
	IV	Jenny Lewis, Sultana	24.18
2003	I	Courtney Cashion, Irvine	23.13
	II	Thuy-Mi Dinh, Kennedy	24.14
	III	Emily Harlan, Yucaipa	23.72
	IV	Jenny Lewis, Sultana	24.14
2004	I	Courtney Cashion, Irvine	22.75
	II	Alexis Mann, Alta Loma	23.89
	III	Jessie Perazzo, Yucaipa	24.22
	IV	Emily Bibb, La Reina	24.11
2005	I	Jessie Perazzo, Yucaipa	23.18
	II	Alexis Mann, Alta Loma	23.85
	III	Jenel Lopez, La Serna	24.42
	IV	Emily Bibb, La Reina	23.70
2006	I	Jessie Perazzo, Yucaipa	23.14
	II	Tara Thomas, Beckman	23.45
	III	Ann Tsuchiya, Mayfield	24.46
	IV	Mary Brown, Palmdale	24.52
2007	I	Tara Thomas, Beckman	22.92
	II	Jackie Brousseau, Westlake	23.81
	III	Madison Fitzgerald	23.78
	IV	Katherine Tse, Mark Keppel	24.15
2008	I	Cynthia Fascella, Fountain Valley	23.08
	II	Gretchen Jaques, Glendora	23.20
	III	Madison Fitzgerald, Calvary Chapel/Dow	23.58
	IV	Hanson, Immanuel Christian	23.86
2009	I	Cynthia Fascella, Fountain Valley	23.04
	II	Gretchen Jaques, Glendora	22.80
	III	Katherine Tse, Mark Keppel	24.14
	IV	Amber Tan, Gabriolino	24.24
2010	1	Courtney Wilde, Laguna Hills	23.22
	2	Andrea Grant, Walnut	23.48
	3	Katie Andersen, La Serna	24.95
	4	Mary Hanson, Immanuel Christian	23.11
2011	1	Courtney Wilde, Laguna Hills	23.39
	2	Andrea Grant, Walnut	23.50
	3	Kiersten Shew, La Serna	24.61
	4	Samantha Torres, La Salle	24.89

FREESTYLE – 50 YARDS (Cont.)

Year	Div.	Champion/School	Time
2012	1	Abbey Weitzel, Saugus	23.07
	2	Hannah Evans, Vista Murrieta	24.06
	3	Kiersten Shew, La Serna	24.76
	4	Karly Fisch, Notre Dame/Riverside	24.61
2013	1	Champion/Sbbey Weitzel, Saugus	22.25
	2	Savannah Steffen, Long Beach Poly	23.54
	3	Lindsey Engel, Crean Lutheran	22.53
	4	Tianna Jorgenson, Victor Valley Christian	24.58
2014	1	Abbey Weitzel, Saugus	21.98
	2	Amy Okada, Beverly Hills	23.60
	3	Lindsey Engel, Crean Lutheran	22.71
	4	Olivia Hynes, Grace Brethren	24.57
2015	1	Abbey Weitzel, Saugus	21.64
	2	Elise Garcia, Crean Lutheran	23.08
	3	Michelle Martin, Mark Keppel	24.04
	4	Victoria Kirshner, Santa Clarita Christian	24.01
2016	1	Katherine Wagner, Alemany	22.84
	2	Elise Garcia, Crean Lutheran	22.99
	3	Amy Okada, Beverly Hills	23.49
	4	Katelyn Nguyen, Rowland	23.85
2017	1	Julia Wolf, Valencia/Valencia	22.97
	2	Elise Garcia, Crean Lutheran	22.66
	3	Emma Davidson, Yorba Linda	23.35
	4	Victoria Kirshner, Santa Clarita Christian	24.16

FREESTYLE – 100 YARDS

Year	Div.	Champion/School	Time
1972		Sandra Nielson, El Monte	55.9
1973		Shirley Babashoff, Fountain Valley	53.4
1974		Shawn Houghton, Santa Barbara	54.6
1975		Valorie Seyfert, Los Altos	53.56
1976		Jill Sterkel, Wilson/Hacienda Heights	50.82
1977		Jill Sterkel, Wilson/Hacienda Heights	50.53
1978		Jill Sterkel, Wilson/Hacienda Heights	50.22
1979	4-A	Julie Williams, El Toro	52.72
	3-A	Jill Sterkel, Wilson/Hacienda Heights	49.77
	2-A	Kathy Hall, Whittier	54.11
1980	4-A	Julie Williams, El Toro	50.59
	3-A	Melanie Rile, Riverside Poly	52.00
	2-A	Kathy Hall, Whittier	53.71
1981	4-A	Julie Williams, El Toro	50.16
	3-A	Melanie Rile, Riverside Poly	51.79
	2-A	Kathy Hall, Whittier	52.05
1982	4-A	Cynthia Woodhead, Mission Viejo	50.21
	3-A	Jodi Sterkel, Wilson/Hacienda Heights	53.50
	2-A	Dara Torres, Westlake	51.03
1983	4-A	Michelle Bird, Corona del Mar	52.14
	3-A	Pam Stalter, Yucaipa	53.79
	2-A	Sandra Meckoll, Norco	52.67
1984	4-A	Brandi Suttle, Irvine	51.36
	3-A	Kim Rosso, Sunny Hills	51.76
	2-A	Sally Fleisher, Notre Dame Academy	53.23
1985	4-A	Marti Robinson, Buena	51.69
	3-A	Kim Rosso, Sunny Hills	51.69
	2-A	Dara Torres, Westlake	50.01
1986	4-A	Casey Fellrath, Mission Viejo	51.72
	3-A	Kim Rosso, Sunny Hills	51.75
	2-A	Lisa Van Lobensels, Charter Oak	53.49
1987	4-A	Casey Fellrath, Mission Viejo	51.75
	3-A	Peggy Gross, Los Alamitos	52.80
	2-A	Jennifer Brannon, Etiwanda	53.17
1988	4-A	Christy Caroline, Capistrano Valley	51.63
	3-A	Amy Van Lobensels, Charter Oak	53.28
	2-A	Denise Weber, Brea Olinda	53.42
1989	4-A	Kathy Diebler, Mission Viejo	50.69
	3-A	Marci Herron, Los Alamitos	53.11
	2-A	Cindy Wold, Trabuco Hills	53.04
1990	4-A	Christy Caroline, Capistrano Valley	51.58
	3-A	Meredith Booker, Beverly Hills	52.25
	2-A	Jessica Tong, Chadwick	51.68
1991	4-A	Michelle Perry, El Toro	51.29
	3-A	Lindsay Gassner, Hart	50.77
	2-A	Jessica Tong, Chadwick	50.81
1992	4-A	Michelle Perry, El Toro	51.60
	3-A	Lonna Stacey, Arcadia	50.34
	2-A	Jessica Tong, Chadwick	50.29

ALL-TIME GIRLS SWIMMING/DIVING CHAMPIONS

FREESTYLE – 100 YARDS (Cont.)

<u>Yards</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1993	I	Michelle Perry, El Toro	51.59
	II	Lonna Stacey, Arcadia	50.31
	III	Claudia Stanescu, Ontario	51.87
1994	I	Lindsay Gassner, Santa Barbara	50.74
	II	Wendy O'Brien, Irvine	51.06
	III	Danielle DeAlva, Warren	52.65
1995	I	Wendy O'Brien, Irvine	51.36
	II	Coralie Simmons, Hemet	53.21
	III	Danielle DeAlva, Warren	52.94
1996	I	Wendy O'Brien, Irvine	51.58
	II	Lauren Westberg, Long Beach Wilson	53.16
	III	Danielle DeAlva, Warren	52.93
1997	I	Amanda Beard, Irvine	51.86
	II	Melissa Hsieh, Rowland	52.73
	III	Erica Shugart, Carpinteria	52.08
1998	I	Stephanie Hsiao, Irvine	51.38
	II	Jessica Hayes, University	51.48
	III	Erica Shugart, Carpinteria	51.51
1999	I	Stephanie Hsiao, Irvine	51.41
	II	Jessica Hayes, University	50.63
	III	Heather Kemp, Hemet	51.67
2000	I	Sarah Jones, San Clemente	51.14
	II	Jessica Hayes, University	51.69
	III	Heather Kemp, Hemet	51.70
2001	I	Courtney Cashion, Irvine	50.22
	II	Jessica Hayes, University	50.65
	III	Katie Hicks, San Luis Obispo	52.44
	IV	Heather Anderson, Etiwanda	51.70
2002	I	Courtney Cashion, Irvine	49.45
	II	Jeri Moss, Riverside Poly	51.08
	III	Alexandra Wiley, Mayfield	52.66
	IV	Shannon Bloom, Sultana	52.38
2003	I	Courtney Cashion, Irvine	50.03
	II	Vanda Gyuris, Thousand Oaks	51.34
	III	Emily Harlan, Yucaipa	51.43
	IV	Genie Cheng, Oak Park	52.02
2004	I	Courtney Cashion, Irvine	49.26
	II	Jenna Schuster, Upland	52.52
	III	Ann Tsuchiya, Mayfield	52.32
	IV	Brett Shiflett, Oaks Christian	51.15
2005	I	Jessie Perazzo, Yucaipa	50.42
	II	Jane Kim, Sunny Hills	51.13
	III	Jenel Lopez, La Serna	53.18
	IV	Emily Bibb, La Reina	52.07
2006	I	Jessie Perazzo, Yucaipa	50.52
	II	Anju Shimura, Northwood	52.15
	III	Ann Tsuchiya, Mayfield	52.35
	IV	Emily Bibb, La Reina	51.20
2007	I	Anju Shimura, Northwood	51.60
	II	Camille Duckett, Thousand Oaks	51.66
	III	Emily Bibb, La Reina	50.87
	IV	Katherine Tse, Mark Keppel	52.34
2008	I	Cynthia Fascella, Fountain Valley	50.68
	II	Gretchen Jaques, Glendora	50.39
	III	Madison Fitzgerald, Calvary Chapel/Dow	52.15
	IV	Katherine Tse, Mark Keppel	52.20
2009	I	Cynthia Fascella, Fountain Valley	50.21
	II	Gretchen Jaques, Glendora	49.81
	III	Shannon Landgrebe, Palm Desert	51.59
	IV	Mary Hanson, Immanuel Christian	51.01
2010	1	Cynthia Fascella, Fountain Valley	49.80
	2	Andrea Grant, Walnut	50.87
	3	Jessica Marsh, Whittier	52.47
	4	Angella Chen, Marlborough	53.90
2011	1	Shelby Webber, Fountain Valley	49.90
	2	Andrea Grant, Walnut	51.06
	3	Lindsey Engel, Crean Lutheran	49.37
	4	Kali Kearns, Alverno	54.81
2012	1	Abbey Weitzel, Saugus	49.63
	2	Kate Santilena, Chaparral	51.49
	3	Lindsey Engel, Crean Lutheran	49.86
	4	Mardell Ramirez, Brentwood	53.29

FREESTYLE – 100 YARDS (Cont.)

<u>Yards</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2013	1	Abbey Weitzel, Saugus	49.01
	2	Heather MacDougal, Crescenta Valley	50.92
	3	Lindsey Engel, Crean Lutheran	48.96
	4	Olivia Hynes, Grace Brethren	53.31
2014	1	Abbey Weitzel, Saugus	47.91
	2	Kenisha Liu, Ayala	50.47
	3	Lindsey Engel, Crean Lutheran	49.15
	4	Olivia Hynes, Grace Brethren	52.87
2015	1	Abbey Weitzel, Saugus	47.33
	2	Kenisha Liu, Ayala	49.72
	3	Meghan Go, Immaculate Heart	52.41
	4	Victoria Kirshner, Santa Clarita Christian	52.79
2016	1	Katherine Wagner, Alemany	49.67
	2	Kenisha Liu, Ayala	47.88
	3	Meghan Go, Immaculate Heart	52.06
	4	Victoria Kirshner, Santa Clarita Christian	52.43
2017	1	Ayla Spitz, Newport harbor	49.80
	2	Alexandra Crisera, Mira Costa	48.87
	3	Emma Davidson, Yorba Linda	50.94
	4	Victoria Kirshner, Santa Clarita Christian	52.86

FREESTYLE - 200 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1972		Shirley Babashoff, Fountain Valley	1:54.9
1973		Shirley Babashoff, Fountain Valley	1:53.3
1974		Sharon Bernard, Mira Costa	1:57.3
1975		Laurie Edwards, West Covina	1:55.67
1976		Erin Greer, Edison	1:54.13
1977		Tracy Cook, Estancia	1:51.14
1978		Jill Sterkel, Wilson/Hacienda Heights	1:48.69
1979	4-A	Jennifer Hooker, Mission Viejo	1:49.36
	3-A	Melanie Rile, Riverside Poly	1:51.23
	2-A	Sheila Gault, Alemany	1:58.59
1980	4-A	Marybeth Linzmeir, Mission Viejo	1:47.85
	3-A	Melanie Rile, Riverside Poly	1:51.05
	2-A	Lynda White, California	1:48.51
1981	4-A	Marybeth Linzmeir, Mission Viejo	1:46.62
	3-A	Carol Peterson, Alhambra	1:50.53
	2-A	Jenny Hohne, Whittier	1:51.76
1982	4-A	Cynthia Woodhead, Mission Viejo	1:45.98
	3-A	Stacy Shupe, Gahr	1:48.01
	2-A	Laura Campuzano, Pasadena Poly	1:50.59
1983	4-A	Tiffany Cohen, Mission Viejo	1:48.66
	3-A	Lisa Gillespie, Upland	1:50.93
	2-A	Stacy Shupe, Gahr	1:49.29
1984	4-A	Tami Bruce, Mission Viejo	1:48.68
	3-A	Lisa Gillispie, Upland	1:50.04
	2-A	Stacy Shupe, Gahr	1:50.48
1985	4-A	Kim Brown, Mission Viejo	1:47.42
	3-A	Kim Russo, Sunny Hills	1:50.02
	2-A	Cheryl Kriegsmann, Crossroads	1:52.77
1986	4-A	Kim Brown, Mission Viejo	1:48.52
	3-A	Lisa Gillespie, Upland	1:49.64
	2-A	Denise Weber, Brea Olinda	1:56.33
1987	4-A	Sara Anderson, Moreno Valley	1:49.15
	3-A	Sheri Smith, Wilson/Hacienda Heights	1:50.34
	2-A	Denise Weber, Brea Olinda	1:53.15
1988	4-A	Debbie Babashoff, Fountain Valley	1:50.91
	3-A	Stacy St. Martin, Los Alamitos	1:52.03
	2-A	Denise Weber, Brea Olinda	1:51.74
1989	4-A	Amy Shaw, Capistrano Valley	1:47.91
	3-A	Stacy St. Martin, Los Alamitos	1:51.27
	2-A	Amy Ward, Trabuco Hills	1:50.80
1990	4-A	Sionainn Marloux, Foothill	1:49.68
	3-A	Natalie Norberg, San Marino	1:50.12
	2-A	Amy Ward, Trabuco Hills	1:50.82
1991	4-A	Michelle Kagy, Edison	1:50.76
	3-A	Amy Ward, Trabuco Hills	1:48.85
	2-A	Alexis Larsen, Westlake	1:53.11
1992	4-A	Lisa Jacob, Capistrano Valley	1:49.44
	3-A	Rebecca Thompson, Canyon Springs	1:52.67
	2-A	Ali Ladedda, Capistrano Valley Christian	1:50.76

ALL-TIME GIRLS SWIMMING/DIVING CHAMPIONS

FREESTYLE – 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1993	I	Valery Calkins, Thousand Oaks	1:49.82
	II	Jenny Marquardt, Riverside Poly	1:52.41
	III	Kelsey Keller, Rancho Cucamonga	1:53.32
1994	I	Rebecca Gilman, Buena	1:49.21
	II	Giana Johnson, Laguna Hills	1:51.58
	III	Ashley Haendiges, California	1:50.79
1995	I	Rebecca Gilman, Buena	1:47.70
	II	Giana Johnson, Laguna Hills	1:52.46
	III	Ashley Haendiges, La Serna	1:52.80
1996	I	Rebecca Gilman, Buena	1:49.43
	II	Heather Boylan, Saugus	1:54.13
	III	Ashley Haendiges, La Serna	1:52.42
1997	I	Laura Tucker, Fountain Valley	1:50.95
	II	Heather Boylan, Saugus	1:52.71
	III	Amanda Gullick, Jurupa Valley	1:53.36
1998	I	Vicky West, Redlands	1:51.62
	II	Jessica Hayes, University	1:49.92
	III	Amanda Gullick, Jurupa Valley	1:51.55
1999	I	Erin Zehnter, Irvine	1:50.23
	II	Jessica Hayes, University	1:48.26
	III	Heather Kemp, Hemet	1:49.23
2000	I	Erin Volcan, Canyon/Anaheim	1:49.08
	II	Jessica Hayes, University	1:49.54
	III	Heather Kemp, Hemet	1:51.22
2001	I	Erin Volcan, Canyon/Anaheim	1:49.41
	II	Jessica Hayes, University	1:48.23
	III	Morgan Hentzen, La Serna	1:51.75
	IV	Brett Shiflett, Oaks Christian	1:52.48
2002	I	Erin Volcan, Canyon/Anaheim	1:48.71
	II	Jane Imagane, Troy	1:50.90
	III	Morgan Hentzen, La Serna	1:51.41
	IV	Melissa Wong, Whitney	1:51.82
2003	I	Hayley Peirsol, Newport Harbor	1:49.82
	II	Katherine Nelson, Peninsula	1:50.26
	III	Morgan Hentzen, La Serna	1:50.98
	IV	Brett Shiflett, Oaks Christian	1:50.90
2004	I	Courtney Eads, Glendora	1:47.55
	II	Ashley Dunphy, Palm Springs	1:50.44
	III	Ann Tsuchiya, Mayfield	1:52.89
	IV	Brett Shiflett, Oaks Christian	1:49.80
2005	I	Brooke Cashion, Irvine	1:50.48
	II	Rachel Grant, Walnut	1:48.38
	III	Mattea Perrotta, El Segundo	1:50.68
	IV	Danielle Arad, Tarbut V'Torah	1:53.85
2006	I	Sara Sun, Crescenta Valley	1:50.11
	II	Anju Shimura, Northwood	1:51.41
	III	Mattea Perrotta, El Segundo	1:52.03
	IV	Emily Bibb, La Reina	1:51.07
2007	I	Amanda Traylor, Los Alamitos	1:50.38
	II	Sara Sun, Crescenta Valley	1:48.75
	III	Emily Bibb, La Reina	1:47.48
	IV	Christine Ghemigian, Oak Park	1:54.01
2008	I	Melanie Klaren, Mater Dei	1:49.65
	II	Camille Duckett, Thousand Oaks	1:49.36
	III	Lynette Lim, Palm Springs	1:49.12
	IV	Christine Ghemigian, Oak Park	1:54.01
2009	I	Silken Jones, San Clemente	1:49.71
	II	Andrea Grant, Walnut	1:50.74
	III	Lynette Lim, Palm Springs	1:48.73
	IV	Erica Brannon, St. Joseph/Santa Maria	1:55.24
2010	1	Melanie Klaren, Aliso Niguel	1:47.44
	2	Kathryn Campbell, La Canada	1:49.71
	3	Lynette Lim, Palm Springs	1:47.67
	4	Laura Clark, Morro Bay	1:54.76
2011	1	Melanie Klaren, Aliso Niguel	1:46.62
	2	Kelsey Cummings, El Segundo	1:48.75
	3	Jessica Marsh, Whittier	1:50.77
	4	Gwendolyn Mathias, Southwestern Academy	1:57.31

FREESTYLE – 200 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2012	1	Daniela Georges, Woodbridge	1:47.11
	2	Michaela Merlihan, Esperanza	1:49.94
	3	Lauren Maurer, Crean Lutheran	1:55.02
	4	Kali Kearns, Alverno	1:56.14
2013	1	Katie McLaughlin, JSerra	1:45.39
	2	Kat Wickham, Palm Springs	1:50.36
	3	Alyssa Shew, La Serna	1:53.07
	4	Kali Kearns, Alverno	1:55.03
2014	1	Kathryn McLaughlin, Santa Margarita	1:44:66
	2	Taylor Ault, Sorona	1:48.56
	3	Rosalee Santa Ana, Calvary Chp/Downey	1:52.38
	4	Samantha Le, La Quinta/Westminster	1:54.28
2015	1	Kathryn McLaughlin, Santa Margarita	1:43.01
	2	Taylor Ault, Sonora	1:46.07
	3	Jasmine Margetts, North Torrance	1:51.24
	4	Arina Yu, Cerritos	1:58.61
2016	1	Samantha Shelton, Santa Margarita	1:45.06
	2	Kenisha Liu, Ayala	1:45.9
	3	Susannah Laster, Pasadena Poly	1:50.72
	4	Katelyn Nguyen, Rowland	1:53.13
2017	1	Samantha Shelton, Santa Margarita	1:45.76
	2	Taylor Ault, Sonora	1:46.83
	3	Alexis Grant, Walnut	1:52.52
	4	Nikki Cooper, Vistamar	1:57.31

FREESTYLE – 400 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1972		Shirley Babashoff, Fountain Valley	4:02.1
1973		Karen Taylor, Valley Christian/Cerritos	4:11.6
1974		Sharon Bernard, Mira Costa	5:08.5
1975		Laurie Edwards, West Covina	5:05.79
1976		Erin Greer, Edison	4:57.64
1977		Alice Brown, Corona del Mar	4:51.60
1978		Jennifer Hooker, Mission Viejo	4:44.60
1979	4-A	Jennifer Hooker, Mission Viejo	4:46.96
	3-A	Melanie Rile, Riverside Poly	4:57.31
	2-A	Mayomi Yokoyama, Royal Oak	4:53.49
1980	4-A	Marybeth Linzmeier, Mission Viejo	4:43.12
	3-A	Cynthia Woodhead, Riverside Poly	4:42.07
	2-A	Stephanie Munatones, Whittier	5:01.60
1981	4-A	Marybeth Linzmeier, Mission Viejo	4:41.30
	3-A	Carol Peterson, Alhambra	4:49.50
	2-A	Laura Campuzano, Pasadena Poly	4:55.00
1982	4-A	Tiffany Cohen, Mission Viejo	4:47.50
	3-A	Stacy Shupe, Gahr	4:46.45
	2-A	Laura Campuzano, Pasadena Poly	4:52.44
1983	4-A	Tiffany Cohen, Mission Viejo	4:45.25
	3-A	Lisa Gillespie, Upland	4:50.47
	2-A	Stacy Shupe, Gahr	4:49.82
1984	4-A	Tiffany Cohen, Mission Viejo	4:41.23
	3-A	Leslie Dalano, Westlake	4:46.95
	2-A	Stacy Shupe, Gahr	4:48.84
1985	4-A	Kim Brown, Mission Viejo	4:40.04
	3-A	Julie Martin, Kennedy	4:50.33
	2-A	Cheryl Kriegsman, Crossroads	5:01.47
1986	4-A	Kim Brown, Mission Viejo	4:43.25
	3-A	Janet Evans, El Dorado	4:46.51
	2-A	Julie Parker, Agoura	5:05.69
1987	4-A	Sara Anderson, Moreno Valley	4:46.94
	3-A	Janet Evans, El Dorado	4:42.22
	2-A	Christine Otto, Liberty Christian	4:55.68
1988	4-A	Debbie Babashoff, Fountain Valley	4:50.74
	3-A	Janet Evans, El Dorado	4:37.30
	2-A	Kim Martin, Kennedy	4:57.03
1989	4-A	Amy Shaw, Capistrano Valley	4:46.45
	3-A	Janet Evans, El Dorado	4:38.34
	2-A	Christine Otto, Liberty Christian	4:53.35
1990	4-A	Sionainn Marloux, Foothill	4:49.86
	3-A	Nicole Williamson, Los Alamitos	4:55.01
	2-A	Christine Otto, Liberty Christian	4:52.33

ALL-TIME GIRLS SWIMMING/DIVING CHAMPIONS

FREESTYLE – 500 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1991	4-A	Michelle Kagy, Edison	4:56.54
	3-A	Natalie Norberg, San Marino	4:49.81
	2-A	Alexis Larson, Westlake	4:54.36
1992	4-A	Lisa Jacob, Capistrano Valley	4:50.60
	3-A	Nikki Hudson, Santa Monica	4:57.77
	2-A	Alexis Larson, Harvard-Westlake	4:50.14
1993	I	Valery Calkins, Thousand Oaks	4:51.01
	II	Jennifer McLeod, Trabuco Hills	5:01.42
	III	Alexis Larsen, Harvard-Westlake	4:50.00
1994	I	Rebecca Gilman, Buena	4:53.05
	II	Dana Nakaya, Woodbridge	4:56.65
	III	Alexis Larson, Harvard-Westlake	4:48.85
1995	I	Rebecca Gilman, Buena	4:47.07
	II	Heather Zerby, Long Beach Poly	5:04.30
	III	Ashley Haendiges, La Serna	4:56.06
1996	I	Rebecca Gilman, Buena	4:50.18
	II	Alicia Thornton, Aliso Niguel	5:02.75
	III	Ashley Haendiges, La Serna	4:56.88
1997	I	Jennifer Parmenter, Los Angeles Baptist	4:51.42
	II	Heather Boylan, Saugus	4:55.83
	III	Amanda Gullick, Jurupa Valley	5:00.46
1998	I	Jamie Cail, Marina	4:44.64
	II	Shauna Barnard, Laguna Hills	4:54.20
	III	Courtney Brigham, Paso Robles	4:54.76
1999	I	Kaitlin Sandeno, El Toro	4:43.99
	II	Laura McDonald, Riverside Poly	4:58.17
	III	Carly Geehr, Mayfield	4:46.51
2000	I	Kaitlin Sandeno, El Toro	4:47.42
	II	Jane Imagane, Troy	4:54.79
	III	Morgan Hentzen, La Serna	4:56.66
2001	I	Kaitlin Sandeno, El Toro	4:39.64
	II	Jane Imagane, Troy	4:54.64
	III	Morgan Hentzen, La Serna	4:56.35
	IV	Melissa Wong, Whitney	5:07.41
2002	I	Adrienne Binder, San Marcos	4:42.75
	II	Jane Imagane, Troy	4:54.61
	III	Morgan Hentzen, La Serna	4:50.01
	IV	Melissa Wong, Whitney	4:59.31
2003	I	Hayley Peirsol, Newport Harbor	4:45.57
	II	Katherine Nelson, Peninsula	4:50.66
	III	Morgan Hentzen, La Serna	4:50.49
	IV	Danielle Arad, Tarbut V'Torah	5:14.81
2004	I	Courtney Eads, Glendora	4:49.21
	II	Lexie Shue, Corona del Mar	4:51.23
	III	Whitney Hentzen, La Serna	4:54.30
	IV	Emlynn Tursich, Carpinteria	4:59.98
2005	I	Sara Sun, Crescenta Valley	4:50.85
	II	Rachel Grant, Walnut	4:53.77
	III	Samantha VandenBerg, La Serna	4:58.00
	IV	Danielle Arad, Tarbut V'Torah	5:02.98
2006	I	Sara Sun, Crescenta Valley	4:51.97
	II	Julie Imagane, Troy	4:54.09
	III	Samantha Vandenberg, La Serna	4:56.56
	IV	Oriana Poindexter, St. Margaret's	5:03.35
2007	I	Amanda Traylor, Los Alamitos	4:51.45
	II	Ryunosuke kikuchi, Great Oak	4:35.95
	III	Lynette Lim, Palm Springs	4:50.68
	IV	Oriana Poindexter, St. Margaret's	5:06.85
2008	I	Rheanna Vaughn, Aliso Niguel	4:52.78
	II	Meghan Hawthorne, Chaminade	4:49.46
	III	Lynette Lim, Palm Springs	4:50.65
	IV	Bailey Muchin, Marlborough	5:08.89
2009	I	Silken Jones, San Clemente	4:50.78
	II	Katy Campbell, La Canada	4:53.04
	III	Lynette Lim, Palm Springs	4:46.57
	IV	Maddie Mastrup, St. Joseph/Santa Maria	5:01.41
2010	1	Melanie Klaren, Aliso Niguel	4:47.01
	2	Kathryn Campbell, La Canada	4:47.69
	3	Lynette Lim, Palm Springs	4:45.29
	4	Lilliana Casso, Marlborough	5:06.87

FREESTYLE – 500 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2011	1	Katy Campbell, La Canada	4:43.04
	2	Kelsey Cummings, El Segundo	4:47.07
	3	Jessica Marsh, Whittier	4:57.28
	4	Gwendolyn Mathias, Southwestern Academy	5:06.67
2012	1	Katy Campbell, La Canada	4:42.83
	2	Michaela Merlihan, Esperanza	4:50.59
	3	Lauren Maurer, Crean Lutheran	5:06.33
	4	Kimberly Kuni, Desert Christian	5:13.90
2013	1	Brooke Lorentzen, Capistrano Valley	4:45.19
	2	Nicole Gautreau, Glendora	4:54.70
	3	Ella Eastin, Crean Lutheran	4:44.47
	4	Kari Harvey, Cerritos	5:04.64
2014	1	Daniela Georges, Woodbridge	4:45.94
	2	Taylor Ault, Sonora	4:49.67
	3	Rosalee Santa Ana, Calvary Chp/Downey	4:58.45
	4	Kiri Harvey, Cerritos	4:59.12
2015	1	Daniela Georges, Woodbridge	4:48.56
	2	Taylor Ault, Sonora	4:43.46
	3	Casey Cunningham, Saddleback Valley Ch	5:02.15
	4	Keiko Derikoletis, Vistamar	5:19.98
2016	1	Kathryn Krolkowski, Woodbridge	4:47.54
	2	Brittany Kampfer, Crean Lutheran	4:49.89
	3	Alayna Gocke, Nipomo	5:01.21
	4	Casey Cunningham, Saddleback Christian	5:01.21
	4	Keiko Derikoletis, Woodbridge	4:36.86
2017	1	Ella Ristic, Santa Margarita	4:48.26
	2	Taylor Ault, Sonora	4:43.09
	3	Marissa Johnson, Sierra Canyon	5:04.24
	4	Keiko Derikoletis, Vistamar	5:11.96

BUTTERFLY – 100 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1972		Dana Shrader, Sunny Hills	1:00.5
1973		Peggy Tosdal, Dana Hills	57.8
1974		Lelei Fonoimoana, Mira Costa	59.0
1975		Valorie Seyfert, Los Altos	58.89
1976		Lelei Fonoimoana, Mira Costa	57.7
1977		Becki McCafferty, Mission Viejo	59.18
1978		Stephanie Hooper, Mission Viejo	57.00
1979	4-A	Julia Ritchie, Mira Costa	56.85
	3-A	Mary Birdsell, Wilson/Hacienda Heights	58.07
	2-A	Tracy Stanhoff, Santa Fe	59.16
1980	4-A	Mayumi Yokoyama, Royal Oak	56.06
	3-A	Mary Birdsell, Wilson/Hacienda Heights	56.99
	2-A	Tracy Stanhoff, Santa Fe	58.50
1981	4-A	Julie Ritchie, Mira Costa	56.64
	3-A	Mary Birdsell, Wilson/Hacienda Heights	55.83
	2-A	Mayumi Yokoyama, Royal Oak	57.19
1982	4-A	Michelle Amen, Capistrano Valley	56.32
	3-A	Mary Birdsell, Wilson/Hacienda Heights	56.16
	2-A	Jenny Hohne, Whittier	58.37
1983	4-A	Karen Werth, Mission Viejo	56.20
	3-A	Mickie Ward, Riverside Poly	56.97
	2-A	Dara Torres, Westlake	56.16
1984	4-A	Jenna Johnson, Whittier Christian	54.55
	3-A	Mickie Ward, Riverside Poly	57.04
	2-A	Sandra Meckoll, Norco	56.70
1985	4-A	Jenna Johnson, Whittier Christian	54.72
	3-A	Marla Bessegger, Arlington	57.23
	2-A	Julie Parker, Agoura	59.48
1986	4-A	Lisa Meyers, Mission Viejo	57.44
	3-A	Alyssa Dorn, Corona	57.15
	2-A	Julie Parker, Agoura	59.34
1987	4-A	Lisa Hadfield, Westminster	56.76
	3-A	Nicole Ressler, El Dorado	58.81
	2-A	Julie Parker, Agoura	59.82
1988	4-A	Lisa Hadfield, Westminster	57.54
	3-A	Jenny Kunishima, Wilson/Hacienda Heights	58.96
	2-A	Julie Martin, Kennedy	58.04
1989	4-A	Betsi Hugh, Marina	56.90
	3-A	Deborah Kory, Rolling Hills	58.00
	2-A	Yvette Tristan, Warren	59.70

ALL-TIME GIRLS SWIMMING/DIVING CHAMPIONS

BUTTERFLY – 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Tim</u>
1990	4-A	Shona Baille, Mission Viejo	57.73
	3-A	Deborah Kory, Rolling Hills	58.15
	2-A	Yvette Tristan, Warren	59.05
1991	4-A	Shona Baille, Mission Viejo	50.60
	3-A	Arica Dunn, Brea Olinda	57.39
	2-A	Mary Petry, Walnut	57.23
1992	4-A	Anne Illgen, Dos Pueblos	57.40
	3-A	Sachi White, Brea Olinda	59.09
	2-A	Ali Ladeda, Capistrano Vly Chr/Cerritos	58.50
1993	I	Ali Ladeda-Hansen, Capistrano Vly Chr/Cerritos	56.91
	II	Judy Thomas, Walnut	58.31
	III	Erin Nomoto, Cerritos	59.75
1994	I	Cathy Carone, Capistrano Valley	57.81
	II	Judy Thomas, Walnut	57.36
	III	Mariann Luevano, Downey	57.73
1995	I	Nicole Beck, Buena	56.47
	II	Melissa Hsieh, Rowland	57.53
	III	Mariana Luevano, Downey	57.66
1996	I	Liah Kim, Buena	56.08
	II	Anna Armstrong, Sunny Hills	58.87
	III	Mariana Luevano, Downey	57.60
1997	I	Alicia Wheelock, Redlands	56.53
	II	Alicia Thornton, Aliso Niguel	58.47
	III	Sarah Baham, Temple City	55.89
1998	I	Alicia Wheelock, Redlands	57.21
	II	Lindsey Buck, Laguna Hills	56.88
	III	Sarah Baham, Temple City	55.29
1999	I	Amanda Beard, Irvine	55.82
	II	Lindsey Buck, Laguna Hills	56.35
	III	Rachel Dong, Valley Christian/Cerritos	57.20
2000	I	Kaitlin Sandeno, El Toro	54.63
	II	Jennifer Schwalb, Burroughs/Burbank	57.15
	III	Anissa Hilyard, La Serna	58.36
2001	I	Kaitlin Sandeno, El Toro	53.62
	II	Courtney Eads, Glendora	56.22
	III	Ashley De Paul, Centennial/Corona	57.39
	IV	Emlynm Tursick, Carpinteria	58.72
2002	I	Flora Kong, Irvine	55.10
	II	Courtney Eads, Glendora	55.47
	III	Jennifer Schwalb, Burroughs/Burbank	57.18
	IV	Loriann Mark, Malibu	59.30
2003	I	Ashley Depaul, Villa Park	55.29
	II	Carlyn Lee, Walnut	57.71
	III	Alexandra Wiley, Pasadena Poly	57.34
	IV	Brett Shiflett, Oaks Christian	57.32
2004	I	Tara Thomas, Foothill	54.57
	II	Roxanne Garceria, Rancho Cucamonga	56.42
	III	Samantha Kephart, St. Joseph/Lakewood	56.47
	IV	Edna Best, Mayfair	58.78
2005	I	Rachel Rys, Dos Pueblos	55.43
	II	Katelyn Schumacher, University	57.24
	III	Tanya Krisman, Elsinore	56.18
	IV	Edna Best, Mayfair	1:00.47
2006	I	Elise Etem, Long Beach Wilson	55.23
	II	Tara Thomas, Beckman	55.34
	III	Tanya Krisman, Elsinore	55.46
	IV	Allison Hall, Oaks Christian	58.26
2007	I	Tara Thomas, Beckman	53.54
	II	Yumi So, Crescenta Valley	55.05
	III	Tanya Krisman, Elsinore	56.49
	IV	Iris Wang, Mark Keppel	1:01.50
2008	I	Yasi Jahanshahi, Edison	54.46
	II	Yumi So, Crescenta Valley	54.42
	III	Nicole Frost, Norco	57.47
	IV	Kirstie Chen, Whittier	56.16
2009	I	Cindy Tran, Edison	54.31
	II	Yumi So, Crescenta Valley	53.03
	III	Emily Andelson, Palm Desert	55.26
	IV	Mary Brown, Palmdale	58.76
2010	1	Meghan Hawthorne, Chaminade	54.59
	2	Noelle Tarazona, Claremont	54.80
	3	Kirstie Chen, Whitney	55.98
	4	Paola Hernandez, Cabrillo/Lompoc	58.41

BUTTERFLY – 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2011	1	Emily Jiang, Irvine	55.36
	2	Noelle Tarazona, Claremont	54.54
	3	Lila Vera, Laguna Beach	56.20
	4	Samantha Torres, La Salle	58.90
2012	1	Katie McLaughlin, JSerra	53.70
	2	Sonia Wang, Upland	54.72
	3	Ella Eastin, Crean Lutheran	53.93
	4	Samantha Torres, La Salle	58.05
2013	1	Katie McLaughlin, JSerra	52.93
	2	Sonia Wang, Upland	53.35
	3	Emily Eastin, Crean Lutheran	54.68
	4	Kimberly Kuni, Desert Christian	57.57
2014	1	Kathryn McLaughlin, Santa Margarita	51.78
	2	Alexis Margett, Glendora	54.52
	3	Emily Eastin, Crean Lutheran	54.63
	4	Jenna Frazer/Sarah Mossman, Woodcrest Chr	58.63
2015	1	Kathryn McLaughlin, Santa Margarita	51.53
	2	Emily Eastin, Crean Lutheran	54.24
	3	Amy Okada, Beverly Hills	54.24
	4	Kiri Harvey, Cerritos	58.71
2016	1	Samantha Shelton, Santa Margarita	53.72
	2	Kenisha Liu, Ayala	52.73
	3	Amy Okada, Beverly Hills	53.96
	4	Keiko Derikoleitis, Vistamar	57.02
2017	1	Anicka Delgado, Santa Margarita	54.02
	2	Eva Merrell, Crean Lutheran	52.51
	3	Teagan Monroe, Rio Mesa	55.07
	4	Keiko Derikoleitis, Vistamar	55.97

BACKSTROKE – 100 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1972		Kitty Green, Foothill	1:03.1
1973		Sue Grove, Miraleste	1:03.9
1974		Sue Grove, Miraleste	1:02.6
1975		Phylis Whitmarsh, Norwalk	1:02.25
1976		Margaret Browne, Corona del Mar	1:00.24
1977		Lisa Hilger, Mission Viejo	59.59
1978		Margaret Browne, Corona del Mar	58.58
1979	4-A	Karen Ellis, Millikan	1:00.27
	3-A	Cynthia Woodhead, Riverside Poly	58.35
	2-A	Kim Foster, Cabrillo	1:00.89
1980	4-A	Julia Ritchie, Mira Costa	59.65
	3-A	Leslie Lonnberg, Simi Valley	59.52
	2-A	Kim Foster, Cabrillo	59.25
1981	4-A	Julie Ritchie, Mira Costa	59.55
	3-A	Leslie Lonnberg, Simi Valley	59.75
	2-A	Tina Kluth, Flintridge Prep	59.94
1982	4-A	Michelle Amen, Capistrano Valley	58.48
	3-A	Diane Graner, St. Bernard	1:00.04
	2-A	Tina Kluth, Flintridge Prep	59.31
1983	4-A	Amy White, University	57.74
	3-A	Youn Hee Choi, Wilson/Hacienda Heights	58.99
	2-A	Tina Kluth, Flintridge Prep	1:00.03
1984	4-A	Amy White, University	57.23
	3-A	Youn Hee Choi, Wilson/Hacienda Heights	59.48
	2-A	Deanna Wilbourn, Barstow	58.19
1985	4-A	Amy White, University	57.71
	3-A	Katie Rowe, Long Beach Wilson	58.94
	2-A	Stacy Mettam, El Segundo	1:00.87
1986	4-A	Allison Wattles, Mission Viejo	58.05
	3-A	Katie Rowe, Long Beach Wilson	58.22
	2-A	Deanna Wilbourn, Barstow	59.19
1987	4-A	Allison Wattles, Mission Viejo	58.43
	3-A	Katie Rowe, Long Beach Wilson	58.86
	2-A	Deanna Wilbourn, Barstow	59.64
1988	4-A	Suzi Burt, Mission Viejo	58.57
	3-A	Natalie Norberg, San Marino	59.77
	2-A	Julie Martin, Kennedy	59.99
1989	4-A	Suzi Burt, Mission Viejo	57.55
	3-A	Deborah Kory, Rolling Hills	58.00
	2-A	Yvette Tristan, Warren	59.70
1990	4-A	Laura Ellison, Foothill	58.13
	3-A	Natalie Norberg, San Marino	58.18
	2-A	Natasha Kohne, Rancho Alamitos	59.72

ALL-TIME GIRLS SWIMMING/DIVING CHAMPIONS

BACKSTROKE – 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1991	4-A	Marci Herron, Los Alamitos	57.92
	3-A	Meredith Booker, Beverly Hills	56.96
	2-A	Mary Petry, Walnut	56.60
1992	4-A	Mandy Walz, Buena	57.22
	3-A	Meredith Booker, Beverly Hills	55.56
	2-A	Jessica Tong, Chadwick	55.33
1993	I	Alyssa Resch, Dos Pueblos	56.40
	II	Jaimee Lindstrom, Woodbridge	58.06
	III	Claudia Stanescu, Ontario	55.40
1994	I	Mandy Walz, Buena	56.58
	II	Giana Johnson, Laguna Hills	57.69
	III	Mariann Luevano, Downey	56.85
1995	I	Nicole Beck, Buena	55.26
	II	Heather Boylan, Saugus	57.48
	III	Danielle DeAlva, Warren	56.49
1996	I	Jennifer Parmenter, Los Angeles Baptist	56.48
	II	Heather Boylan, Saugus	58.73
	III	Danielle DeAlva, Warren	58.10
1997	I	Danielle DeAlva, Irvine	55.65
	II	Hanna Baik, Arcadia	58.45
	III	Mariana Luevano, Downey	57.43
1998	I	Kyoko Yokouchi, Marina	56.96
	II	Amy Osmun, Perris	57.11
	III	Maureen Farrell, Alemany	58.18
1999	I	Kyoko Yokouchi, Marina	56.19
	II	Shauna Barnard, Laguna Hills	56.21
	III	Amy Osmun, Perris	57.38
2000	I	Erin Volcan, Canyon/Anaheim	56.03
	II	Maureen Farrell, Alemany	55.56
	III	Khawinda Kuhn, Blair	58.03
2001	I	Diana MacManus, Irvine	54.69
	II	Maureen Farrell, Alemany	55.06
	III	Erin Craft, Oxnard	59.41
	IV	Brett Shiflett, Oaks Christian	59.44
2002	I	Diana MacManus, Irvine	54.42
	II	Jeri Moss, Riverside Poly	55.18
	III	Erin Craft, Oxnard	58.93
	IV	Emlynn Tursick, Carpinteria	57.79
2003	I	Diana MacManus, Irvine	54.19
	II	Carissa Abe, Sunny Hills	56.53
	III	Melissa Wong, Whitney	58.10
	IV	Emlynn Tursick, Carpinteria	57.83
2004	I	Jessica Cruzat, Villa Park	56.41
	II	Jessie Hubert, Northwood	56.95
	III	Erin Craft, Oxnard	59.52
	IV	Sarma Zemjanis, Carpinteria	57.31
2005	I	Lara Pease, Long Beach Wilson	56.34
	II	Dina Hegazy, Sunny Hills	57.75
	III	Alexandra Nalevanko, Adolfo Camarillo	57.72
	IV	Jenny Lewis, Sultana	57.37
2006	I	Lyndsay DePaul, Villa Park	56.16
	II	Emily Andelson, Palm Desert	56.43
	III	Meghan Zimmer, Pioneer Valley	58.51
	IV	Kylie France, La Mirada	1:01.35
2007	I	Cindy Tran, Edison	55.81
	II	Annika Games, Brea Olinda	57.18
	III	Kendall Neely, Pacifica/Oxnard	56.80
	IV	Mary Hanson, Immanuel Christian	57.31
2008	I	Cindy Tran, Edison	53.61
	II	Yumi So, Crescenta Valley	55.95
	III	Kendall Neely, Pacifica/Oxnard	57.70
	IV	Hanson, Immanuel Christian	56.75
2009	I	Cindy Tran, Edison	53.73
	II	Yumi So, Crescenta Valley	54.21
	III	Emily Andelson, Palm Desert	56.54
	IV	Mary Hanson, Immanuel Christian	55.17
2010	1	Cindy Tran, Edison	51.85
	2	Haley Preston, Westlake	55.72
	3	Kirsten Shew, La Serna	58.94
	4	Mary Hanson, Immanuel Christian	55.29

BACKSTROKE – 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2011	1	Melanie Klaren, Aliso Niguel	53.23
	2	Ariana Peschke, La Reina	56.63
	3	Lindsey Engel, Crean Lutheran	53.64
	4	Christina Gomez, Santa Clara	1:00.91
2012	1	Cheyenne Low, University	55.87
	2	Kate Santilena, Chaparral	56.31
	3	Lindsey Engel, Crean Lutheran	54.00
	4	Samanta Torrez, La Salle	59.83
2013	1	Courtney Mykkanen, Foothill	53.95
	2	Kate Santilena, Chaparral	55.78
	3	Emily Eastin, Crean Lutheran	54.16
	4	Kailee Mora, Citrus Valley	58.78
2014	1	Courtney Mykkanen, Foothill	55.12
	2	Sonia Wang, Upland	53.77
	3	Emily Eastin, Crean Lutheran	54.37
	4	Victoria Kirshner, Santa Clarita Christian	59.57
2015	1	Eva Merrell, Corona del Mar	53.07
	2	Emily Eastin, Crean Lutheran	53.81
	3	Deanne Umbay, Sierra Canyon	56.09
	4	Zoomer Otazu, Maranatha	55.98
2016	1	Courtney Mykkanen, Foothill	54.19
	2	Emily Eastin, Crean Lutheran	53.34
	3	Susannah Laster, Pasadena Poly	56.76
	4	Summer Otazu, Maranatha	55.78
2017	1	Samantha Shelton, Santa Margarita	53.04
	2	Eva Merrell, Crean Lutheran	53.12
	3	Teagan Monroe, Rio Mesa	55.75
	4	Nikki Cooper, Vistamar	1:00.11

BREASTSTROKE – 100 YARDS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1972		Carolyn Woods, Sunny Hills	1:08.7
1973		Vicki Hayes, Troy	1:09.1
1974		Dena Sengbusch, Thousand Oaks	1:07.1
1975		Dena Sengbusch, Thousand Oaks	1:08.64
1976		Barbara Hudson, El Toro	1:08.92
1977		Sue Hinderaker, Indio	1:07.00
1978		Dawn Rodighiero, Mission Viejo	1:04.39
1979	4-A	Tami Lavelle, Estancia	1:06.99
	3-A	Doris Vollmar, Arcadia	1:07.12
	2-A	Sharon Thomas, Louisville	1:08.78
1980	4-A	Anne Tweedy, San Marcos	1:05.08
	3-A	Cindy Bodenstedt, Wilson/Hacienda Heights	1:07.11
	2-A	Jill Ward, El Dorado	1:08.73
1981	4-A	Shannon Orcutt, Capistrano Valley	1:04.05
	3-A	Cindy Bodenstedt, Wilson/Hacienda Heights	1:07.83
	2-A	Shannon McIntyre, Flintridge Sacred Heart	1:07.70
1982	4-A	Shannon Orcutt, Capistrano Valley	1:04.79
	3-A	Sandra O'Berle, El Dorado	1:08.06
	2-A	Shannon McIntyre, Flintridge Sacred Heart	1:05.53
1983	4-A	Shannon Orcutt, Capistrano Valley	1:03.51
	3-A	Heidi Planter, Arlington	1:07.12
	2-A	Tracey McFarlane, Palm Springs	1:05.96
1984	4-A	Shannon Orcutt, Capistrano Valley	1:03.37
	3-A	Shannon Breese, Thousand Oaks	1:06.23
	2-A	Tracey McFarlane, Palm Springs	1:02.59
1985	4-A	Melissa Skinner, Capistrano Valley	1:05.33
	3-A	Cindy Gillespie, Norco	1:07.07
	2-A	Claire Wheelock, Miraleste	1:06.54
1986	4-A	Melissa Skinner, Capistrano Valley	1:04.28
	3-A	Leah Kory, Rolling Hills	1:07.29
	2-A	Tara Shriner, Santa Maria	1:07.04
1987	4-A	Amy Shaw, Capistrano Valley	1:04.15
	3-A	Erica Freeman, Burroughs/Ridgecrest	1:07.87
	2-A	Tara Shriner, Santa Maria	1:07.27
1988	4-A	Jennifer Sprogis, Capistrano Valley	1:06.46
	3-A	Linda Schmidt, Millikan	1:09.02
	2-A	Tara Shriner, Santa Maria	1:06.84
1989	4-A	Michelle Ham, Fountain Valley	1:05.74
	3-A	Deborah Kory, Rolling Hills	1:05.87
	2-A	Tara Shriner, Santa Maria	1:06.14
1990	4-A	Michelle Ham, Fountain Valley	1:04.26
	3-A	Deborah Kory, Rolling Hills	1:06.19
	2-A	Bonnie Fryer, Righetti	1:07.37

ALL-TIME GIRLS SWIMMING/DIVING CHAMPIONS

BREASTSTROKE – 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1991	4-A	Michelle Perry, El Toro	1:03.78
	3-A	Debbie Weber, Brea Olinda	1:07.29
	2-A	Deborah Kory, Rolling Hills	1:05.60
1992	4-A	Kella Hoblick, El Dorado	1:04.84
	3-A	Cori Miller, Hoover	1:06.41
	2-A	Michele Hall, Notre Dame/Sherman Oaks	1:06.44
1993	I	Kella Hoblick, El Dorado	1:03.98
	II	Caroline Lewczyk, Troy	1:06.27
	III	Mari Nagasawa, Cerritos	1:06.14
1994	I	Amber Wines, Santa Ana Valley	1:05.08
	II	Monica Oleksyn, Hart	1:05.72
	III	Michele Hall, Notre Dame	1:05.52
1995	I	Amber Wines, Santa Ana Valley	1:03.20
	II	Coralie Simmons, Hemet	1:05.45
	III	Lyndee Hovsepian, Cathedral City	1:05.19
1996	I	Amanda Beard, Irvine	1:01.79
	II	Monica Oleksyn, Hart	1:06.99
	III	Lyndee Hovsepian, Cathedral City	1:05.64
1997	I	Amanda Beard, Irvine	1:02.10
	II	Monica Oleksyn, Hart	1:06.83
	III	Lyndee Hovsepian, Cathedral City	1:04.75
1998	I	Amanda Beard, Irvine	1:02.80
	II	Erin Calder, Ayala	1:05.94
	III	Lyndee Hovsepian, Cathedral City	1:04.71
1999	I	Amanda Beard, Irvine	1:02.77
	II	Erin Calder, Ayala	1:05.95
	III	Rachel Dong, Valley Christian/Cerritos	1:04.90
2000	I	Erin Sieper, Esperanza	1:01.90
	II	Erin Calder, Ayala	1:04.31
	III	Devan Rode, Calvary Chapel/MurrietaVal	1:06.98
2001	I	Kristen Caverly San Clemente	1:01.67
	II	Erin Calder, Ayala	1:04.67
	III	Mollie Lewis, Santa Maria	1:07.76
	IV	Jennifer Cook, Valencia/Placentia	1:05.33
2002	I	Erin Sieper, Esperanza	1:02.28
	II	Maryann Boosalis, La Canada	1:05.52
	III	Joy Tanizaki, Mayfield	1:06.69
	IV	Jennifer Cook, Valencia/Placentia	1:05.26
2003	I	Nicolette Teo, Mission Viejo	1:02.17
	II	Maryann Boosalis, La Canada	1:04.00
	III	Joy Tanizaki, Mayfield	1:06.87
	IV	Michele Kumaus, Highland	1:06.63
2004	I	Jessica Hardy, Long Beach Wilson	1:00.41
	II	Stephanie Gabert, Corona del Mar	1:03.36
	III	Courtney Kilkuts, Santiago/Garden Grove	1:03.57
	IV	Sylvia Zaich, St. Margaret.s	1:06.95
2005	I	Jessica Hardy, Long Beach Wilson	59.20
	II	Stephanie Gabert, Corona del Mar	1:02.71
	III	Courtney Kilkuts, Santiago/Corona	1:04.65
	IV	Madison Fitzgerald, Calvary Chapel/Down	1:05.59
2006	I	Lindsey Buchbinder, Los Alamitos	1:05.82
	II	Stephanie Gabert, Corona del Mar	1:04.35
	III	Courtney Kilkuts, Santiago/Corona	1:05.89
	IV	Oriana Poindexter, St. Margaret's	1:06.92
2007	I	Melissa Bates, Mater Dei	1:03.64
	II	Andrea Kropp, Flintridge Sacred Heart	1:03.69
	III	Elle Wohlmuth, Palm Desert	1:05.99
	IV	Oriana Poindexter, St. Margaret's	1:07.33
2008	I	Melissa Bates, Mater Dei	1:01.60
	II	Jordan Danny, Hart	1:01.96
	III	Elle Wohlmuth, Palm Desert	1:07.06
	IV	Megan Chiu, Mark Keppel	1:09.46
2009	I	Jordan Danny, Hart	1:01.78
	II	Jackie Brousseau, Westlake	1:03.97
	III	Elle Wohlmuth, Palm Desert	1:04.79
	IV	Lilly Parks, Sierra Canyon	1:07.37
2010	1	Andrea Kropp, Flintridge Sacred Heart	1:01.23
	2	Gretchen Jaques, Glendora	1:00.03
	3	Elle Wohlmuth, Palm Desert	1:05.52
	4	Lilly Parks, Sierra Canyon	1:05.54
2011	1	Maggie Burton, University	1:01.69
	2	Gretchen Jaques, Glendora	1:01.01
	3	Bella Schamber, Maranatha	1:04.11
	4	Lilly Parks, Sierra Canyon	1:04.54

BREASTSTROKE – 100 YARDS (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2012	1	Maggie Burton, University	1:02.78
	2	Ashley Tse, Ayala	1:03.47
	3	Kathy Pierce, Valencia/Placentia	1:04.91
	4	Lilly Parks, Sierra Canyon	1:05.57
2013	1	Kirsten Vose, Flintridge Sacred Heart	1:02.57
	2	Ashley Tse, Ayala	1:03.77
	3	Alyssa Shew, La Serna	1:04.64
	4	Emily Mathis, Orcutt Academy	1:05.75
2014	1	Nikol Popov, Valencia/Valencia	1:01.17
	2	Amy Okada, Beverly Hills	1:03.51
	3	Ella Eastin, Crean Lutheran	1:01.75
	4	Emily Mathis, Orcutt Academy	1:05.51
2015	1	Nikol Popov, Valencia/Valencia	59.64
	2	Ella Eastin, Crean Lutheran	1:00.39
	3	Amy Okada, Beverly Hills	1:02.42
	4	Jacqueline Torres, La Salle	1:04.61
2016	1	Kaila Wong, Valencia/Valencia	1:02.30
	2	Kelsey Lloyd, Diamond Bar	1:02.80
	3	Cailey Renken, Camarillo	1:02.75
	4	Jacqueline Torres, La Salle	1:05.44
2017	1	Nikol Popov, Valencia/Valencia	1:00.58
	2	Kelsey Lloyd, Diamond Bar	1:02.21
	3	Valdoria Maya, Cerritos	1:04.45
	4	Katelyn Nguyen, Rowland	1:06.41

DIVING

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Score</u>
1972		Kathy Salness, Anaheim	303.10
1973		Jane Ward, Long Beach Wilson	332.80
1974		Kim Day, Troy	284.95
1975		Nancy Brunet, Sinoloa JHS	383.35
1976		Nancy Brunet, Royal	412.85
1977		Nancy Brunet, Royal	472.75
1978		Nancy Brunet, Royal	437.15
1979	4-A	Lucy Wardle, Miraleste	394.05
	3-A	Patti Lewis, San Marino	354.20
	2-A	Sally Morris, Lowell	380.30
1980	4-A	Megan Neyer, Mission Viejo	480.75
	3-A	Patti Lewis, San Marino	474.05
	2-A	Sally Morris, Lowell	452.25
1981	4-A	Jean Meyer, Mission Viejo	427.47
	3-A	Patti Lewis, San Marino	450.85
	2-A	Darcie Ann Pope, Nordhoff	431.65
1982	4-A	Wendy Wyland, Mission Viejo	477.65
	3-A	Patti Lewis, San Marino	457.90
	2-A	Sarah Madden, Chadwick	437.15
1983	4-A	Wendy Wyland, Mission Viejo	491.05
	3-A	Wendy Earley, Wilson/Hacienda Heights	384.80
	2-A	Sarah Madden, Chadwick	426.85
1984	4-A	Wendy Wyland, Mission Viejo	542.50
	3-A	Wendy Earley, Long Beach Wilson	401.45
	2-A	Alyson Belcher, Chaminade	462.00
1985	4-A	Krista Wilson, Mission Viejo	507.75
	3-A	Caroline Wiese, Rolling Hills	369.45
	2-A	Alyson Belcher, Chaminade	457.60
1986	4-A	Krista Wilson, Mission Viejo	515.10
	3-A	Patti Thompson, Temple City	430.55
	2-A	Kellie McCabe, Agoura	391.60
1987	4-A	Julie Handren, Mission Viejo	447.95
	3-A	Kelly Pendleton, Long Beach Wilson	460.45
	2-A	Sarah Marsh, Palos Verdes	431.35
1988	4-A	Patti Thompson, Fountain Valley	470.25
	3-A	Kelly Pendleton, Long Beach Wilson	406.05
	2-A	Sarah Marsh, Palos Verdes	464.40
1989	4-A	Patti Thompson, Fountain Valley	451.30
	3-A	Sarah Marsh, Palos Verdes	480.90
	2-A	Erin Mosher, Marlborough	453.20
1990	4-A	Daryl Dolan, Simi Valley	456.05
	3-A	Sarah Marsh, Palos Verdes	498.00
	2-A	Susie Dorrrough, Louisville	433.55
1991	4-A	Joy Burkholder, Capistrano Valley	466.50
	3-A	Jane Penny, Laguna Hills	392.70
	2-A	Erin Mosher, Marlborough	451.00
1992	4-A	Joy Burkholder, Capistrano Valley	429.20
	3-A	Sandy Zubrin, Corona del Mar	464.85
	2-A	Susie Dorrrough, Louisville	454.80

ALL-TIME GIRLS SWIMMING/DIVING CHAMPIONS

DIVING (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
1993	I	Arika Earley, Mission Viejo	461.00
	II	Sandy Zubrin, Corona del Mar	469.45
	III	Georgina Cranford, La Reina	373.05
1994	I	Summer Brown, Capistrano Valley	498.50
	II	Sandy Zubrin, Corona del Mar	529.25
	III	Erin Sones, Pasadena Poly	430.70
1995	I	Summer Brown, Capistrano Valley	527.00
	II	Kelly Cochran, Upland	452.55
	III	Erin Sones, Pasadena Poly	471.20
1996	I	Kristen Marquis, Santa Margarita	503.30
	II	Erika Fleming, Troy	468.60
	III	Erin Sones, Pasadena Poly	479.45
1997	I	Erica Sorgi, Capistrano Valley	568.10
	II	Erika Fleming, Troy	493.25
	III	Erin Sones, Pasadena Poly	485.70
1998	I	Kristen Marquis, Santa Margarita	555.60
	II	Kasey Reinhard, Crescenta Valley	493.95
	III	Lisa Derabin, Jurupa Valley	441.90
1999	I	Erica Sorgi, Capistrano Valley	566.85
	II	Kristin Littell, Don Lugo	474.15
	III	Kristin Olson, Pasadena Poly	396.35
2000	I	Allison Brennan, Edison	518.80
	II	Kristin Littell, Don Lugo	500.55
	III	Kristin Olson, Pasadena Poly	415.70
2001	I	Allison Brennan, Edison	621.65
	II	Kristin Littell, Don Lugo	553.10
	III	Kristin Olson, Pasadena Poly	405.30
	IV	Bailey Anderson, Brea Olinda	368.50
2002	I	Joey Brown, Dana Hills	520.60
	II	Kristin Littell, Don Lugo	557.35
	III	Lindsay Stephens, Brethren Christian	386.65
	IV	Bailey Anderson, Brea Olinda	394.70
2003	I	Leanne Dumais, Buena	556.70
	II	Erika Mannix, Tesoro	436.20
	III	Lindsay Stephens, Brethren Christian	459.45
	IV	Kathleen Heuring, Bonita	375.90
2004	I	Tory Ishimatsu, Los Alamitos	500.10
	II	Erika Mannix, Tesoro	448.30
	III	Kelly Cooper, Murrieta Valley	412.45
	IV	Ryanne Snyder, La Mirada	425.85
2005	I	Marissa Samaniego, Flintridge Sacred Heart	518.50
	II	Kathleen Brady, Upland	420.15
	III	Carmen Steller, Mayfield	390.55
	IV	Maithili Mody, Cerritos	307.35
2006	I	Kelsey Heiken, San Clemente	495.05
	II	Christine Petrilli, Calvary Chapel/Santa Ana	411.65
	III	Carmen Steller, Mayfield	438.70
	IV	Maithili Mody, Cerritos	356.10
2007	I	Haley McNamara, Mission Viejo	562.60
	II	Felicita Lenz, Poly/Pasadena	495.05
	III	Elizabeth Foran, Atascadero	397.25
	IV	Bailey Westerhoff, Charter Oak	365.10
2008	I	Haley McNamara, Mission Viejo	592.05
	II	Cosima Lenz, Pasadena Poly	547.05
	III	Elizabeth Foran, Atascadero	380.90
	IV	Bailey Westerhoff, Charter Oak	400.35
2009	I	Paulina Guzman, Millikan	569.20
	II	Cosima Lenz, Poly/Pasadena	506.60
	III	Jessica Warren, St. Margaret's	437.75
	IV	Liana Diamond, Buckley	462.35
2010	1	Haley McNamara, Mission Viejo	551.00
	2	Annika Lenz, Poly/Pasadena	562.20
	3	Siyao Li, Mark Keppel	464.20
	4	Margaret Denison, Immaculate Heart	513.15
2011	1	Alexandra Caplan, Mission Viejo	535.45
	2	Annika Lenz, Pasadena Poly	579.30
	3	Margaret Denison, Immaculate Heart	522.35
	4	Janae Janik, Grace Lutheran	459.35
2012	1	Alexandra Caplan, Mission Viejo	585.65
	2	Annika Lenz, Pasadena Poly	545.25
	3	Olivia Rosendahl, Immaculate Heart	573.75
	4	Janae Janik, Grace Brethren	565.65
2013	1	Alexandra Caplan, Mission Viejo	549.90
	2	Madison Hudkins, Vista Murrieta	545.05
	3	Madi Witt, Flintridge Prep	538.00
	4	Janae Janik, Grace Brethren	485.60

DIVING (Cont.)

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Time</u>
2014	1	Camryn Hidalgo, Capistrano Valley	536.40
	2	Briana Thai, Alhambra	542.55
	3	Olivia Rosendahl, Immaculate Heart	585.30
	4	Kristine Ordonez, Don Lugo	323.00
2015	1	Camryn Hidalgo, Capistrano Valley	588.80
	2	Raina Brommer, M.L. King	482.55
	3	Daria Lenz, Pasadena Poly	527.20
	4	Rebekah Dominik, Valley Christian/Cerritos	527.00
2016	1	Camryn Hidalgo, Capistrano Valley	599.45
	2	Liu Mitchell, Laguna Beach	502.00
	3	Deria Lenz, Pasadena Poly	535.85
	4	Michelle Lee, Fairmont Prep	443.15
2017	1	Mary Sojian, Los Alamitos	506.25
	2	Katelynn Shaheen, Crescenta Valley	478.45
	3	Sabina Lewis, Maranatha	378.05
	4	Daria Lenz, Pasadena Poly	527.70

ALL-TIME GIRLS INDIVIDUAL SWIMMING/DIVING MASTERS CHAMPIONS

MEDLEY RELAY

200 YARDS

<u>Year</u>	<u>School</u>	<u>Time</u>
2006	Mission Viejo	1:50.26
2007	Edison	1:48.63
2008	Edison	1:44.80
2009	Canyon/Canyon Country	1:47.19
2010	Aliso Niguell	1:48.07
2011	Glendora	1:49.69

FREESTYLE

200 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Sara Sun, Crescenta Valley	1:49.57
2007	Emily Bibb, La Reina	1:47.83
2008	Lynette Lim, Palm Springs	1:48.95
2009	Lynette Lim, Palm Springs	1:49.34
2010	Lynette Lim, Palm Springs	1:47.57
2011	Katy Campbell, La Canada	1:48.66

INDIVIDUAL MEDLEY

200 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Courtney Kilkuts, Santiago/Corona	2:02.76
2007	Rachel Grant, Walnut	2:02.36
2008	Meghan Hawthorne, Chaminade	2:01.18
2009	Berklie Oscarson, San Marino	2:04.27
2010	Gretchen Jaques, Glendora	1:58.88
2011	Ashley Tse, Ayala	2:03.56

FREESTYLE

50 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Tara Thomas, Beckman	23.18
2007	Madison Fitzgerald, Calvary Chp/Downey	23.69
2008	Madison Fitzgerald, Calvary Chp/Downey	23.40
2009	Cynthia Fascella, Fountain Valley	23.01
2010	Mary Hanson, Immanuel Christian	23.24
2011	Sophie Fiscella, Valencia/Valencia	24.16

BUTTERFLY

100 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Tara Thomas, Beckman	53.73
2007	Yumi So, Crescenta Valley	55.32
2008	Yasi Jahanshahi, Edison	54.58
2009	Yumi So, Crescenta Valley	53.08
2010	Kylie Garcia, Rowland	55.00
2011	Emily Jiang, Irvine	55.87

FREESTYLE

100 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Jessie Perazzo, Yucaipa	50.95
2007	Mattea Perrotta, El Segundo	51.65
2008	Gretchen Jaques, Glendora	50.35
2009	Cynthia Fascella, Fountain Valley	49.89
2010	Cynthia Fascella, Fountain Valley	50.33
2011	Lindsey Engel, Crean Lutheran	49.75

FREESTYLE

500 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Sara Sun, Crescenta Valley	4:49.79
2007	Samantha VandenBerge, La Serna	4:49.15
2008	Lynette Lim, Palm Springs	4:47.94
2009	Lynette Lim, Palm Springs	4:49.68
2010	Lynette Lim, Palm Springs	4:45.95
2011	Katy Campbell, La Canada	4:46.05

FREESTYLE RELAY

200 YARDS

<u>Year</u>	<u>School</u>	<u>Time</u>
2006	Mission Viejo	1:39.11
2007	Mission Viejo	1:36.90
2008	Mission Viejo	1:36.25
2009	Fountain Valley	1:38.05
2010	Fountain Valley	1:36.96
2011	University	1:38.35

BACKSTROKE

100 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Meghan Dwyer, Mission Viejo	56.54
2007	Cindy Tran, Edison	55.75
2008	Cindy Tran, Edison	54.46
2009	Mary Hanson, Immanuel Christian	53.48
2010	Mary Hanson, Immanuel Christian	54.48
2011	Lindsey Engel, Crean Lutheran	54.96

BREASTSTROKE

100 YARDS

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Stephanie Gabert, Corona del Mar	1:04.08
2007	Andrea Kropp, Flintridge Sacred Heart	1:03.80
2008	Jordan Danny, Hart	1:02.19
2009	Emily Adamczyk, San Marino	1:04.21
2010	Gretchen Jaques, Glendora	1:00.47
2011	Amelia Schachter, Arroyo Grande	1:04.39

FREESTYLE RELAY

400 YARDS

<u>Year</u>	<u>School</u>	<u>Time</u>
2006	Mission Viejo	3:30.83
2007	Edison	3:33.35
2008	Edison	3:31.10
2009	Palm Desert	3:28.47
2010	Woodbridge	3:33.34
2011	Glendora	3:35.93

DIVING

<u>Year</u>	<u>Champion/School</u>	<u>Time</u>
2006	Raquel Bartlow, Wilson/Long Beach	299.05
2007	Paulina Guzman, Millikan	355.35
2008	Paulina Guzman, Millikan	317.70
2009	Felicitas Lenz, Pasadena Poly	311.60
2010	Paulina Guzman, Millikan	316.80
2011	Annika Lenz, Pasadena Poly	357.10

ALL-TIME GIRLS SWIMMING/DIVING RECORDS

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
200-Yd. Individual Medley	Ella Eastin	Crean Lutheran	1:55.15	2013
200-Yd. Medley Relay		Crean Lutheran	1:41.79	2014
400-Yd. Freestyle Relay		Santa Margarita	3:18.06	2017
200-Yd. Freestyle Relay		Santa Margarita	1:32.33	2017
50-Yd. Freestyle	Abbey Weitzel	Saugus	21.64	2015
100-Yd. Freestyle	Abbey Weitzel	Saugus	47.33	2015
200-Yd. Freestyle	Kathryn McLaughlin	Santa Margarita	1:43.01	2015
500-Yd. Freestyle	Janet Evans	El Dorado	4:37.30	1988
100-Yd. Butterfly	Kathryn McLaughlin	Santa Margarita	51.53	2015
100-Yd. Backstroke	Cindy Tran	Edison	51.85	2010
100-Yd. Breaststroke	Jessica Hardy	Long Beach Wilson	59.20	2005
Diving	Allison Brennan	Edison	621.65	2001

ALL-TIME GIRLS DIVISIONAL SWIMMING/DIVING RECORDS

DIVISION 1

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
200-Yd. Individual Medley	Kirsten Vose	Flintridge Sacred Heart	1:56.07	2015
200-Yd. Medley Relay		JSerra	1:42.29	2015
400-Yd. Freestyle Relay		Santa Margarita	3:18.06	2017
200-Yd. Freestyle Relay		Santa Margarita	1:32.33	2017
50-Yd. Freestyle	Abbey Weitzel	Saugus	21.64	2015
100-Yd. Freestyle	Abbey Weitzel	Saugus	47.33	2015
200-Yd. Freestyle	Kathryn McLaughlin	Santa Margarita	1:43.01	2015
500-Yd. Freestyle	Kaitlin Sandeno	El Toro	4:39.64	2001
100-Yd. Butterfly	Kathryn McLaughlin	Santa Margarita	51.53	2015
100-Yd. Backstroke	Cindy Tran	Edison	51.85	2010
100-Yd. Breaststroke	Jessica Hardy	Long Beach Wilson	59.20	2005
Diving	Allison Brennan	Edison	621.65	2001

DIVISION 2

200-Yd. Individual Medley	Ella Eastin	Crean Lutheran	1:53.90	2015
200-Yd. Medley Relay		Crean Lutheran	1:40.77	2017
400-Yd. Freestyle Relay		Crean Lutheran	3:22.67	2015
200-Yd. Freestyle Relay		Ayala	1:35.26	2016
50-Yd. Freestyle	Elisa Garcia	Crean Lutheran	22.66	2017
100-Yd. Freestyle	Alexandra Crisera	Mira Costa	48.87	2017
200-Yd. Freestyle	Kenisha Liu	Ayala	1:45.89	2016
500-Yd. Freestyle	Janet Evans	El Dorado	4:37.30	1988
100-Yd. Butterfly	Eva Merrell	Crean Lutheran	52.51	2017
100-Yd. Backstroke	Eva Merrell	Crean Lutheran	53.12	2017
100-Yd. Breaststroke	Gretchen Jaques	Glendora	1:00.03	2010
Diving	Annika Lenz	Pasadena Poly	579.30	2011

DIVISION 3

200-Yd. Individual Medley	Ella Eastin	Crean Lutheran	1:55.15	2013
200-Yd. Medley Relay		Crean Lutheran	1:41.79	2014
400-Yd. Freestyle Relay		Crean Lutheran	3:21.41	2014
200-Yd. Freestyle Relay		Walnut	1:37.44	2017
50-Yd. Freestyle	Lindsey Engel	Crean Lutheran	22.53	2013
100-Yd. Freestyle	Lindsey Engel	Crean Lutheran	48.96	2013
200-Yd. Freestyle	Emily Bibb	La Reina	1:47.48	2007
500-Yd. Freestyle	Ella Eastin	Crean Lutheran	4:44.47	2013
100-Yd. Butterfly	Ella Eastin	Crean Lutheran	53.93	2012
100-Yd. Breaststroke	Ella Eastin	Crean Lutheran	1:01.75	2014
Diving	Olivia Rosendahl	Immaculate Heart	585.30	2014

DIVISION 4

200-Yd. Individual Medley	Kiri Harvey	Cerritos	2:05.13	2014
200-Yd. Medley Relay		Cerritos	1:50.09	2015
400-Yd. Freestyle Relay		Sultana	3:37.09	2002
200-Yd. Freestyle Relay		Cerritos	1:39.74	2015
50-Yd. Freestyle	Mary Hanson	Immanuel Christian	23.11	2010
100-Yd. Freestyle	Mary Hanson	Immanuel Christian	51.01	2009
200-Yd. Freestyle	Brett Shiflett	Oaks Christian	1:49.80	2004
500-Yd. Freestyle	Kiri Harvey	Cerritos	4:59.12	2014
100-Yd. Butterfly	Keiko Derikoletis	Vistamar	55.97	2017
100-Yd. Backstroke	Mary Hanson	Immanuel Christian	55.17	2009
100-Yd. Breaststroke	Lilly Parks,	Sierra Canyon	1:04.54	2011
Diving	Janae Janik	Grace Brethren	565.65	2012