



10932 Pine Street
Los Alamitos, California 90720

Telephone: (562) 493-9500
FAX: (562) 493-6266

2017 Football Important Calendar Information

The following are some of the CIF Southern Section calendar dates and important information for the upcoming 2017 football season:

2017 Football Dates

0 Week – July 31 – If you have a bye in your schedule – Season begins with a 0 Week game (Scrimmages still allowed prior to 0 Week contests)

Week 1 – August 7 – Same as above, if you do not have a bye in your schedule (Scrimmages still allowed prior to Week 1 contests)

Week 10 – November 3

- C.I.F. Southern Section Playoffs -

1st Round – November 10

2nd Round – November 17

Semifinals – November 24 – Thanksgiving Weekend (All Semifinal contests, in all divisions, on Friday night)

Finals – Friday, December 1 and Saturday, December 2

- State C.I.F. Playoffs -

Southern Regional Games – December 8/9

State Championship Bowl Games – Friday, December 15 and Saturday, December 16

PHYSICAL CONDITIONING PRACTICE

A high school shall not conduct a physical conditioning practice session during the summer prior to the opening date of authorized football practice, unless so authorized by the appropriate CIF Section. The start date for fall football practice, for each individual school, will be determined according to the following formula:

- #2003.1 **Week 0 Games – The first official day of football practice is July 31, 2017.** The period of July 31 through August 2 is established as a physical conditioning period for prospective members of a high school team.
- #2003.2 **Week 1 Games – The first official day of football practice is August 7, 2017.** The period of August 7-August 9 is established as a physical conditioning period for prospective members of a high school team.
- #2003.3 These conditioning periods of July 31 through August 2 (zero week) and August 7 through August 9 (week 1) may include various facets of football training (teaching techniques, chalk talks, pass patterns, etc.) but **MAY NOT** include any body contact such as tackling or blocking. Football shoes, helmets and footballs will be the only equipment allowed during the conditioning periods of July 31 through August 2 and August 7 through August 9. There will be no equipment used such as blocking or tackling dummies, pads, etc.
- #2003.4 All conditioning sessions will be held at the schools regular practice field. No workouts will be permitted at beaches, mountain resorts, or military sites.

QUESTION: When will schools be allowed to fit equipment?

ANSWER: Schools may fit equipment prior to the conditioning period as long as it is during the summer and not during the dead period. Uniforms may not be issued prior to the conditioning period.

- #2003.5 Schools will be permitted to issue uniforms and equipment on the first day of conditioning after which a time may be designated for individual and team photos. No conditioning in any type of uniform will be permitted.
- #2003.6 The first official day of practice in full pads is set as:
Week 0 Games – Thursday, August 3, 2017
Week 1 Games – Thursday, August 10, 2017
- #2003.7 The three-week dead period is mandatory. Alternate dates may be requested as needed to accommodate the practice schedule

SUMMER DEAD PERIOD DATES SHOULD BE INPUT INTO www.cifsshome.org.