

California HS State Meet Rules Changes

Imperial / Metric Distances

1915-1979: races run in yards (Imperial)

1980→now: all races changed from Imperial to Metric distances

220yd Dash

1915-1966: race run on a straitaway

1967→now: race run on a curve

High Hurdles

BHH - 1915-1938: 120yd (42")

BHH - 1939-1979: 120yd (39")

BHH - 1980→now: 110m (39")

GLH - 1974-1976: 80y (30")

GLH - 1977-1979: 110y (30")

GLH - 1980-1992: 100m (30")

GHH - 1993→now: 100m (33")

Low/Intermediate Hurdles

BLH - 1915-1946: 30" hurdles on a 220yd straightaway.

BLH - 1946-1974: 30" hurdles on a 180yd straightaway.

BLH - 1975-1979: 30" hurdles moved to 330yd

BLH - 1980-1983: 30" hurdles moved to 300m

BIH - 1984→now: 36" hurdles at 300m.

GLH - 1981→now: 300LH (30" hurdles) was added for the Girls in 1981.

Throws

BShot – 1915→now: 12lb (for competition)

BShot – 1918-1958: 16lb (for exhibition)

GShot – 1974-1979: 8lb

GShot – 1980→now: 4k

BDisc – 1915-1932; 1950-1951: 2k

BDisc – 1954→now: 1.6k

GDisc – 1975→now: 1k

BJav – 1915 – 1932: 800g

BHammer – 1915: 16lb

Meet Scoring

1915-1928 5-3-2-1

1929-1930 5-3-2-1-½

1931-1965 5-4-3-2-1

1966-1979 6-4-3-2-1

1980-2009 10-8-6-4-2-1 (G&B)

2010→now: 10-8-6-5-4-3-2-1 (G&B)

Russ Reabold - Dec. 6, 2020

1927: relays scored 10-6-4-2

1974 Girls: 5-3-1

1975 Girls: 5-4-3-2-1

1976: Girls scoring now the same as the Boys: 6-4-3-2-1

ALL-TIME BOYS TRACK AND FIELD TEAM CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion</u>	<u>Head Coach</u>	<u>Score</u>	<u>Runner-up</u>	<u>Site</u>
1913		Pomona	Ralph Dignowitty	28	Hollywood	Los Angeles YMCA Field
1914		Long Beach Poly	Cecil P. Lyon	16	Pasadena-Manual Arts	Los Angeles YMCA Field
1915		Manual Arts	Otto Fritsch	35	Long Beach Poly	Los Angeles YMCA Field
1916		Manual Arts	Otto Fritsch	52. 1/2	Pasadena	Los Angeles YMCA Field
1917		Redlands	Art Lutz	24	Pasadena	Long Beach Poly HS
1918		Pasadena	George Main	25	Manual Arts	San Bernardino HS
1919		Manual Arts	Sid Foster	22	Los Angeles	Los Angeles HS
1920		Los Angeles-Oxnard	Glenn Whittle (LA)	18	(Co-Champions)	
			John Hunt (O)	18		Occidental College
1921		Lincoln	Tommy Davis	31	Compton-Redlands	Los Angeles HS
1922		Huntington Beach	Ray Walker	20	Lincoln	Occidental College
1923		Hollywood	Bill Paige	25 1/2	Huntington Beach	Santa Ana HS
1924		Hollywood	Bill Paige	30 3/4	Manual Arts	Los Angeles Coliseum
1925		Riverside	Ashel Cunningham	16 3/8	San Diego	Los Angeles Coliseum
1926		Los Angeles Poly	Eddie Leahy	22 1/6	Hollywood	Los Angeles Coliseum
	Class C	Pasadena		27 1/2-8 1/4	San Pedro	
1927		Glendale	Norman Hayhurst	31 1/2	Santa Ana-Pasadena	Los Angeles Coliseum
	Class C	San Fernando		14-11	LHHS	
1928		Los Angeles	Ed Rich	21 5/6	Long Beach Poly	Los Angeles Coliseum
	Class C	Hemet	John Ellerson/Max McPherson	25 1/2-16 7/8	Manual Arts	
1929		San Diego	Glenn Broderick	22 3/4	Hollywood	Los Angeles Coliseum
	Class B	Inglewood		18-17	LA Poly	
	Class C	H.Park		11-10	Lincoln	
1930		Santa Ana	G.A. Tex Oliver	17	San Diego	Los Angeles HS
	Class B	Citrus		17-16	LAHS	
	Class C	Santa Maria		12-10.5	Manual Arts	
1931		Los Angeles Poly	Eddie Leahy	25 1/2	Manual Arts	Los Angeles Coliseum
	Class B	LB Wilson		19.5-14.5	Washington	
	Class C	Narborne		14-10	Compton Garfeild LAHS	
1932		Long Beach Poly	Norman Barker	25 1/3	Glendale Hoover	Los Angeles HS
	Class B	LAHS		14.5-10	Eagle Rock	
	Class C	Hoover		15-14	Gardena	
1933		El Centro	Bob Armstrong	20	Los Angeles	Los Angeles Coliseum
	Class B	Manual Arts		23-12	LAHS	
	Class C	Hoover (G)		17-12	Garfield	
1934		Jefferson	Harry Edelson	19	Manual Arts	Los Angeles Coliseum
	Class B	Hoover (G)		23-17	Garfield	
	Class C	Jefferson				
1935		Jefferson	Harry Edelson	15	Muir	Los Angeles Coliseum
	Class B	Jefferson		23.5-17	Beverly Hills	
	Class C	Jefferson		17.5-15	Hoover(G)	
1936		Long Beach Wilson	John Gartner	27 1/2	Muir	Long Beach Wilson HS
	Class B	Muir		21-18	Hoover	
	Class C	Whittier		16-15	Long Beach	
1937		Long Beach Wilson	John Gartner	29 5/6	Muir-Alhambra	Long Beach Wilson HS
	Class B	Hoover (G)		16.5-15.75	Long Beach	
	Class C	Long Beach		17-16.75	Compton	
1938		San Diego	Glenn Broderick	24	San Diego Hoover	Los Angeles Coliseum
	Class B	Long Beach		27.5-17.5	Santa Barbara	
	Class C	El Monte		19-9.5	Hoover (G)	
1939		Long Beach Poly	Norman Baker	24	Compton	Los Angeles Coliseum
	Class B	El Monte		20-18.5	Orange	
	Class C	Alhambra		17.5-16	Hoover (G)	
1940		Compton	Ernst Hartmann	22 1/3	San Diego	Los Angeles Coliseum
	Class B	Hoover (G)		25.5-15.5	Glendale	
	Class C	Glendale		21-20.5	El Monte	
1941		San Diego	Ed Ruffa	34	Glendale Hoover	Hoover HS
	Class B	Glendale		18.5-14.5	Hoover	
	Class C	Santa Monica		18-17	Huntington	
1942		San Diego	Ed Ruffa	25	Glendale	Hoover HS
	Class B	LB Poly		15-14	Whittier	
	Class C	Point Loma		14-13	Leuzinger	
1943		Glendale	Ranier de Mandel	33 1/3	South Pasadena	Hoover HS
	Class B	PJC		25-19.5	Long Beach	
	Class C	El Monte		22-18	Washington JHS	
1944		Inglewood	Dick Arnett	23	Beverly Hills	Los Angeles Coliseum
	Class B	El Monte		27.5-20	Hoover (G)	
	Class C	Beverly Hills		10.5-9	Long Beach	
1945		Glendale Hoover	Vic Francy	34	El Monte	Chaffey HS
	Class B	Redondo		27-26	Glendale	
	Class C	Hoover (G)		28.5-16.5	Burbank	

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1946		Redondo	Hal Grant	24 1/2	Cathedral	San Diego HS
	Class B	Hoover (G)		35-18	San Diego	
	Class C	Redondo		10-8	Wilson	
1947		Glendale Hoover	Vic Francy	24 1/2	Redondo	Oxnard HS
	Class B	Beverly Hills		17-14	Keppel	
	Class C	Alhambra		12-12	Santa Barbara	
1948		San Diego	Bill Patton	20	Glendale Hoover	Compton College
	Class B	LB Poly		21-16	Glendale	
	Class C	Redondo		16-15	San Bernadino	
1949		Glendale Hoover	Vic Francy	24	San Diego	Long Beach Wilson HS
	Class B	Hoover (G)		19.5-19	Glendale	
	Class C	Hoover (G)		15-8	Colton Redondo San Diego	
1950		Glendale	Ranier de Mandel	28	San Diego	Long Beach Wilson HS
	Class B	Glendale		33-12	Carpinteria	
	Class C	Brawley		12.5-10	Colton	
1951		Compton-Glendale	Ernst Hartmann (CE)	15	(Co-Champions)	
			Ranier de Mandel (G)	15		Long Beach Wilson HS
	Class B	Burroughs		18.5-13	Redondo	
	Class C	Hoover (G)		17-13 1/3	Pomona	
1952		Compton	Ernst Hartmann	30 1/2	Long Beach Wilson	Huntington Beach HS
1953		Santa Ana	Reece Greene	15 1/2	Compton	Oxnard HS
1954		Santa Ana-Centennial	Reece Greene (S.A.)	15	(Co-Champions)	
			William Gill (CE)	15		Excelsior HS
1955		Centennial	William Gill	44	Riverside Poly	Chaffey HS
1956		Pasadena	Richard Simmons	20	California	Inglewood HS
1957		San Diego	Birt Slater	19 1/2	Centennial	Chaffey HS
1958		Muir	Walter Opp	17	Long Beach Poly	
					Compton	Arroyo HS
1959		Long Beach Poly	Leon Forman	24	San Bernardino	Veterans Stadium
1960		Fontana	Austin Snyder	17	Compton	Veterans Stadium
1961		Centennial	William Gill	26 1/2	Hoover	Chaffey HS
1962		San Bernardino	Hank Rohn	17	Hoover	Mt. San Antonio College
1963		Muir	Walter Opp	19	Long Beach Poly	Cerritos College
1964		Muir	Walter Opp	24	Long Beach Poly	Cerritos College
1965		Long Beach Poly	Leon Forman	31	Muir	Cerritos College
1966		Muir	Walter Opp	23	Bolsa Grande	Cerritos College
1967		Centennial	William Gill	32	Muir	Mt. San Antonio College
1968		Centennial	William Gill	36	Compton	Cerritos College
1969		Compton	Willie Williams	20	Centennial	Cerritos College
1970		Santa Ana	Earl Engman	24	Blair	Cerritos College
1971		Lompoc	Frank Hiatt	18	Dominguez	Cerritos College
1972		Santa Ana	Earl Engman	27	Centennial	Cerritos College
	Bee	Long Beach Poly	Leon Forman	13	Central	Cerritos College
	Cee	Neff	Bob McGuire	11	St.Paul/Compton/Monrovia	Cerritos College
1973	4-A	Centennial	Frank Hicks	24	Muir	Lakewood HS
	3-A	Monrovia	Tom Paton	23	Lompoc	Chaffey HS
	2-A	Crespi	Bill Leeds	17	Indio	Valencia HS
1974	4-A	Muir	Walter Opp	37	Long Beach Poly	Cerritos College
	3-A	San Bernardino	Joe Page	28	Morningside	Cerritos College
	2-A	La Canada	Pat Logan	25	Santa Clara	Valencia HS
1975	4-A	Pasadena	Bob Pruitt	54	Newport Harbor	Cerritos College
	3-A	Notre Dame/SO	John Skeese	56	Kennedy/Barstow	Cerritos College
	2-A	Mission Viejo	Bill Crow	51	Duarte	Cerritos College
1976	4-A	Santa Monica	Don Murphy	35	Pasadena	Cerritos College
	3-A	Pomona	Eugene Abernathy	60	Kennedy/Barstow	El Modena HS
	2-A	Gahr	Steve Bruhns	56	Duarte	Valencia HS
1977	4-A	Pasadena	Bob Pruitt	70	Muir	Cerritos College
	3-A	Kennedy/Barstow	Don Braden	64	Ganesha	El Modena HS
	2-A	Duarte	Wardell Whaley	36	Moreno Valley	Valencia HS
	1-A	Los Angeles Lutheran	Lowell Goecker	70	Carpinteria	Redondo HS
1978	4-A	Muir	Walter Opp	54	Pasadena	Arcadia HS
	3-A	Garey	Ernie Prentice	63	West Covina	Arcadia HS
	2-A	Cajon	Chuck Petersen	47	Moreno Valley	Arcadia HS
	1-A	Los Angeles Lutheran	Lowell Goecker	70	Carpinteria	Redondo HS
1979	4-A	Pasadena	Art Large	51	Muir	Cerritos College
	3-A	Morningside	Wendell Johnson	38	Inglewood	Cerritos College
	2-A	Nogales	George King	76	San Marino	Cerritos College
	1-A	Alemanay	John Duffy	65	Verbum Dei	Cerritos College
1980	4-A	Muir	Walter Opp	61	Compton	Cerritos College
	3-A	Pomona	Gary Rudin	34	Arlington	Cerritos College
	2-A	Centennial	Charles Leathers	87	La Canada	Cerritos College
	1-A	Serra	Dale Washburn	91	Crespi	Cerritos College

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1981	4-A	Muir	Walter Opp	74	Compton	Cerritos College
	3-A	Riverside Poly	Jerry Maurer	51	Blair	Cerritos College
	2-A	Nogales	George King	55	Crespi	Cerritos College
	1-A	Serra	Dale Washburn	123	Perris	Cerritos College
1982	4-A	Muir	Walter Opp	83	Santa Ana Valley	Cerritos College
	3-A	Hawthorne	Kye Courtney	45	Monrovia	Cerritos College
	2-A	Bishop Amat	Al Clegg	92	Perris	Cerritos College
	1-A	Serra	Dale Washburn	90	Bishop-Carpinteria	Cerritos College
1983	4-A	Compton	Curtis Seymore	42	Long Beach Poly	Cerritos College
	3-A	Hawthorne	Kye Courtney	94 1/2	El Modena	Cerritos College
	2-A	Cabrillo/Lompoc	Jesse Davis	50	Mater Dei	Cerritos College
	1-A	Perris	Joe Smith	87	Verbum Dei	Cerritos College
1984	4-A	Hawthorne	Kye Courtney	68	Pasadena	Cerritos College
	3-A	Ganesha	Eddie Hackett	38	Pomona-Corona del Mar	Cerritos College
	2-A	Loyola	Ed Castellanos	88	Cabrillo/Lompoc	Cerritos College
	1-A	Bishop Union	Craig Chudy	66	Perris	Cerritos College
1985	4-A	Hawthorne	Kye Courtney	79	Simi Valley	Mt. San Antonio College
	3-A	Ganesha	Eddie Hackett	44	Katella	Mt. San Antonio College
	2-A	Centennial	Charles Leathers	51	Temple City	Mt. San Antonio College
	1-A	Cabrillo/Lompoc	Jesse Davis	58	Marshall Fundamental	Mt. San Antonio College
1986	4-A	Hawthorne	Kye Courtney	59	Simi Valley	Cerritos College
	3-A	Saugus	Bill Van Duzee	68	Duarte	Cerritos College
	2-A	Morningside	Ron Tatum	44	Blair	Cerritos College
	1-A	Cabrillo/Lompoc	Jesse Davis	53	Morro Bay	Cerritos College
1987	4-A	Muir	Bill Paul	62	Hawthorne	Cerritos College
	3-A	Duarte	Mike Ramos	50	Diamond Bar	Cerritos College
	2-A	Morningside	Ron Tatum	61	Orange	Cerritos College
	1-A	Paraclete	Jim Nottoli	63 1/2	Paso Robles	Cerritos College
1988	4-A	Hawthorne	Kye Courtney	44	Long Beach Poly	Cerritos College
	3-A	Arroyo	Tim O'Rourke	46	Upland	Cerritos College
	2-A	Morningside	Ron Tatum	52	Notre Dame/SO	Cerritos College
	1-A	Oak Park	Kevin Smith	54	Cabrillo/Lompoc	Cerritos College
1989	4-A	Hawthorne	Kye Courtney	80	Long Beach Wilson	Cerritos College
	3-A	Esperanza	Al Britt	52	Rio Mesa	Cerritos College
	2-A	Arroyo Grande	Greg DeNike	70	Crespi	Cerritos College
	1-A	Agoura	Bill Duley	67	Oak Park	Cerritos College
1990	4-A	Muir	Clyde Turner	34	San Clemente	Cerritos College
	3-A	Esperanza	Al Britt	60	Santa Barbara	Cerritos College
	2-A	Lompoc	Jim Warrick	47	Centennial/Compton	Cerritos College
	1-A	Cabrillo/Lompoc	Jesse Davis	88	Temecula Valley	Cerritos College
1991	4-A	Compton	Alonzo Simmons	46	Rubidoux	Cerritos College
	3-A	Thousand Oaks	John Hansen	59	Esperanza	Cerritos College
	2-A	Centennial/Compton	Charles Leathers	58	San Dimas	Cerritos College
	1-A	Cabrillo/Lompoc	Jesse Davis	99	Morro Bay	Cerritos College
1992	4-A	Long Beach Wilson	Jim Arquilla	47	Long Beach Poly	Cerritos College
	3-A	Nogales	Steve Hernandez	56	Santa Ana Valley	Cerritos College
	2-A	Morningside	Ron Tatum	54	Valencia	Cerritos College
	1-A	Harvard-Westlake	Jonas Koolsbergen	60	Pius X	Cerritos College
1993	I	Muir	Clyde Turner	51	Hart	Cerritos College
	II	Upland	Bob Loney	67	Foothill	Cerritos College
	III	Morningside	Ron Tatum	58	Loyola	Cerritos College
	IV	Verbum Dei	Vernon Maxwell	62	St. Bonaventure	Cerritos College
1994	I	Muir	Clyde Turner	65	Long Beach Poly	Verterans Stadium
	II	Arroyo Grande	Edmund Alarcio	57	Canyon Springs	Verterans Stadium
	III	Morningside	Ron Tatum	78	Loyola	Veterans Stadium
	IV	Serra	Charles Nash	84	St. Bonaventure	Veterans Stadium
1995	I	Muir	Clyde Turner	74	Long Beach Poly	Cerritos College
	II	Arroyo Grande	Edmond Alarcio	49	Ramona	Cerritos College
	III	Morningside	Ron Tatum	85	Loyola	Cerritos College
	IV	Banning	Tom Amestoy	77	Brethren Christian	Cerritos College
1996	I	Muir	Clyde Tuner	75	Long Beach Poly	Veterans Stadium
	II	Santa Margarita	Dave Zeitler	44	El Toro	Veterans Stadium
	III	Serra	Charles Nash/ Richard Gatlin	38	Morningside	Veterans Stadium
	IV	Marshall Fundamental	Robert Gleason	51	Sultana	Veterans Stadium
1997	I	Muir	Clyde Turner	73	Long Beach Poly	Cerritos College
	II	Tustin	Shad Vickers	61	Lompoc	Cerritos College
	III	Serra	Charles Nash	72	Notre Dame/SO	Cerritos College
	IV	Verbum Dei	Lalo Mendoza	58	Los Angeles Baptist	Cerritos College
1998	I	Long Beach Poly	Don Norford	82	Chino	Cerritos College
	II	Mission Viejo	Gene Gurule	49	Mater Dei	Cerritos College
	III	Serra	Charles Nash	70	Loyola	Cerritos College
	IV	Verbum Dei	Lalo Mendoza	68	L.A. Baptist	Cerritos College

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1999	I	Long Beach Poly	Don Norford	92	Chino	Cerritos College
	II	Ventura	John Beattie	49	Brea Olinda	Cerritos College
	III	Serra	Richard Gatlin	69	St Paul	Cerritos College
	IV	Carpinteria	Van Latham	66	Notre Dame/Riverside	Cerritos College
2000	I	Gahr	Dan Fitzpatrick	55 1/3	Long Beach Poly	Cerritos College
	II	Arroyo Grande	James Brown	56	Newport Harbor	Cerritos College
	III	Loyola	Greg Wells	56	Notre Dame/SO	Cerritos College
	IV	Serra	Richard Gatlin	86	Notre Dame/Riverside	Cerritos College
2001	I	Long Beach Poly	Don Norford	69	Arroyo Grande	Cerritos College
	II	Tustin	Tom Coffey	49	Edison-Santa Margarita	Cerritos College
	II	Diamond Ranch	Jaime Sandoval	40	Notre Dame/SO	Cerritos College
	IV	Carpinteria	Van Latham	57 1/2	Desert	Cerritos College
2002	I	Long Beach Poly	Don Norford	79	Arroyo Grande	Cerritos College
	II	Dominguez	Darryl Smith	76	Santa Margarita	Cerritos College
	III	Notre Dame/SO	William Andrews	56	Servite	Cerritos College
	IV	Serra	Richard Gatlin	82	Desert	Cerritos College
2003	I	Long Beach Poly	Don Norford	78	Los Alamitos	Cerritos College
	II	Loyola	Greg Wells	62	Cypress	Cerritos College
	III	Dominguez	Darryl Smith	68	Santa Margarita	Cerritos College
	IV	Serra	David Washington	67	Kilpatrick	Cerritos College
2004	I	Long Beach Poly	Don Norford	55	Arroyo Grande	Cerritos College
	II	Loyola	Greg Wells	42	Dominguez	Cerritos College
	III	Notre Dame/SO	Joe McNab	68	San Luis Obispo	Cerritos College
	IV	Serra	David Washington	84	Crespi	Cerritos College
2005	I	Long Beach Poly	Don Norford	84	La Sierra	Cerritos College
	II	Dominguez	Darryl Smith	65	Loyola	Cerritos College
	III	Notre Dame/SO	Joe McNab	81	Diamond Ranch	Cerritos College
	IV	Serra	David Washington	57	Oaks Christian-La Salle	Cerritos College
2006	I	Long Beach Poly	Don Norford	101	St. Bonaventure-Crespi	Cerritos College
	II	J. W. North	Charles Leathers	70	Rancho Cucamonga	Cerritos College
	III	Notre Dame/SO	Joe McNab	54	Donminguez	Cerritos College
	IV	Oaks Christian	Wes Smith	64	Palm Desert	Cerritos College
2007	I	Long Beach Poly	Don Norford	86	Laguna Beach	Cerritos College
	II	J. W. North	Charles Leathers	75	Rancho Cucamonga	Cerritos College
	III	Notre Dame/SO	Jloe McNab	68	Loyola	Cerritos College
	IV	Serra	David Washington	82	Diamond Ranche	Cerritos College
2008	I	Dominguez	David Washington	82	Crespi	Cerritos College
	II	Loyola	Darryl Smith	63	Vista Murrieta	Mt. San Antonio College
	III	Crespi	Michael Porterfield	61	J.W. North	Mt. San Antonio College
	IV	Serra	Jess Garner	60	Orange Lutheran	Mt. San Antonio College
2009	I	Dana Hills	David Washington	69	St. Bonaventure	Mt. San Antonio College
	II	Loyola	Craig Dunn	59	Rancho Verde	Cerritos College
	III	Notre Dame/SO	Michael Porterfield	61.5	Elsinore	Cerritos College
	IV	Serra	Joe McNab	60	Cathedral	Cerritos College
2010	1	Vista Murrieta	David Washington	125.5	Oaks Christian	Cerritos College
			Coley Candaele	73.5	Long Beach Poly	Cerritos College
	2	Loyola	David Olson			
	3	Notre Dame/SO	Michael Porterfield	61	Rio Mesa	Cerritos College
2011	4	Serra	Joe McNab	65	Woodbridge	Cerritos College
	1	Vista Murrieta	David Washington	135	Oaks Christian	Cerritos College
			Coley Candaele	65	Long Beach Poly	Cerritos College
			David Olson			
2012	2	Loyola	Michael Porterfield	67.5	Newport Harbor	Cerritos College
	3	Notre Dame/SO	Joe McNab	54.5	Servite	Cerritos College
	4	Serra	Lori Smith-Thompson	93	Oaks Christian	Cerritos College
	1	Vista Murrieta	Coley Candaele	71.5	Roosevelt	Mt. San Antonio College
2013	2	Loyola	Michael Porterfield	59	Colony	Mt. San Antonio College
	3	Rio Mesa	Brian FitzGerald	63	Notre Dame/SO	Mt. San Antonio College
	4	Serra	Lori-Smith Thompson	107	Oaks Christian	Mt. San Antonio College
	1	Great Oak	Doug Soles	44.50	Vista Murrieta	Mt. San Antonio College
2014	2	Loyola	Michael Porterfield	71	Woodbridge	Mt. San Antonio College
	3	Orange Lutheran	J. T. Ayers	54	Mater Dei	Mt. San Antonio College
	4	Serra	Lori Smith-Thompson	101	Oaks Christian	Mt. San Antonio College
	1	Great Oak	Doug Soles	64.5	Long Beach Poly	Cerritos College
2015	2	Mater Dei	Rick Martinez	65	Woodbridge	Cerritos College
	3	Orange Lutheran	Clim Moore	53	Notre Dame/SO-Alemanay	Cerritos College
	4	Oaks Christian	Wes Smith	91.5	Serra	Cerritos College
	1	Vista Murrieta	Coley Candaele	94	Great Oak, Los Osos	Cerritos College
2015	2	Woodbridge	Aaron Craver	69	Rio Mesa	Cerritos College
	3	Notre Dame/SO	Joe McNab	71	Damien	Cerritos College
	4	Nordhoff	Dave Settern	53	Serra	Cerritos College

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2016	1	Great Oak	Doug Soles	104	Vista Murrieta	Cerritos College
	2	Woodbridge	Aaron Craver	47	Colony	Cerritos College
	3	Notre Dame/SO	Joe McNab	68.5	Esperanza	Cerritos College
	4	Oaks Christian	Wesley Smith	68	Sage Hill	Cerritos College
2017	1	Rancho Verde	Tim Callier	84	Great Oak	Cerritos College
	2	Mission Viejo	Chase Frazier	64	Redlands East Valley	Cerritos College
	3	Servite	Richard Gibbs	59	Notre Dame/Sherman Oaks	Cerritos College
	4	Oaks Christian	Wesley Smith	105.5	Valley Christian/Cerritos	Cerritos College
2018	1	Great Oak	Doug Soles	73	Upland	El Camino College
	2	Murrieta Mesa	Aaron Ballou	74	Mission Viejo	El Camino College
	3	Harvard-Westlake	Jonas Koolsbergen	77	Santa Margarita	El Camino College
	4	Oaks Christian	Wesley Smith	81	Valley Christian/Cerritos	El Camino College
2019	1	Poly/Long Beach	Crystal Irving	82	Upland	El Camino College
	2	Ventura	Kory Anderson	43.50	Mater Dei	El Camino College
	3	Harvard Westlake	Jonas Koolsbergen	60	Notre Dame/Sherman Oaks	El Camino College
	4	Oaks Christian	Wesley Smith	65	Crespi	El Camino College
2020	No Playoffs - Covid-19					
2021	1	Wilson/Long Beach	Edward Hauck	52	Poly/Long Beach	Trabuco Hills HS
	2	Thousand Oak	Marlene Wilcox	66	Edison	Moorpark HS
	3	South Pasadena	C.B. Richards	72	St. John Bosco	Estancia HS
	4	Oaks Christian	Wesley Smith	79	Ontario Christian	Carpinteria HS
2022	1	Upland	Tarina Brown	68	Wilson/Long Beach	Moorpark HS
	2	Jordan	Lamar Biffle	60	Mater Dei	Moorpark HS
	3	Cathedral	Christopher Mack	74	Servite	Moorpark HS
	4	Serra	Richard Jenkins	95	Oaks Christian	Moorpark HS
2023	1	Poly/Long Beach	Crystal Irving	70	Great Oak	Moorpark HS
	2	Mater Dei	Rick Martinez	62	Westlake	Moorpark HS
	3	Cathedral		66	JSerra	Moorpark HS
	4	Oaks Christian	Wesley Smith	89	Sierra Canyon	Moorpark HS
2024	1	Long Beach Poly	Crystal Irving	44	Tie	Moorpark HS
		Wilson/Long Beach	Neil Nelson	44	Tie	Moorpark HS
	2	Ventura	Preston Biller	65	Canyon/Canyon Country	Moorpark HS
	3	Cathedral		97	Notre Dame/Sherman Oaks	Moorpark HS
	4	Viewpoint	Patrick Neville	57.50	Foothill Technology	Moorpark HS

ALL-TIME BOYS TRACK AND FIELD STATE TEAM CHAMPIONS

<u>Year</u>	<u>Champion (Section)</u>	<u>Head Coach</u>	<u>Score</u>	<u>Site</u>
1913	Stockton (SJ)	Homer Toms	25	Stanford University
1914	Palo Alto (NC)	C.S. Morris	16	Stanford University
1915	Manual Arts (SS)	Otto Fritsch	25	Fresno HS
1916	Manual Arts (SS)	Otto Fritsch	37 1/2	Los Angeles YMCA
1917	Coalinga (CE)	Charles Greer	25	Berkeley Stadium
1918	Pasadena (SS)	George Main	25	Sacramento Fair Grounds
1919	Manual Arts (SS)	Sid Foster	21	San Bernardino HS
1920	Los Angeles (SS)	Glenn Whittle	18	Bakersfield Fair Grounds
1921	Los Angeles Lincoln (SS)	Tommy Davis	17	Berkeley Stadium
1922	Huntington Beach (SS)	Ray Walker	16	Stockton Fair Grounds
1923	Hollywood (SS)	Bill Paige	17 1/2	Patterson Field, Los Angeles
1924	Manual Arts (SS)	Sid Foster	26	Taft HS
1925	Manual Arts (SS)	Sid Foster	16	Stanford Stadium
1926	Los Angeles Poly (SS)	Eddie Leahy	17	Los Angeles Coliseum
	Pasadena (C)			
1927	Glendale (SS)	Norman Hayhurst	35	Modesto HS
	San Fernando (C)			
1928	Long Beach Poly (SS)	Norman Barker	21	Selma HS
	Hemet (C)			
1929	San Diego (SS)	Glenn Broderick	22	Los Angeles Coliseum
	Inglewood (B)			
	Huntington Park (C)			
1930	Sacramento (SJ)	Larry Janssen	11	Edwards Stadium, Berkeley
	San Diego (SS)	Glenn Broderick	11	
	Santa Ana (SS)	G.A. "Tex" Oliver	11	
	Tie- Lincoln/ Santa Maria (C)			
1931	Los Angeles Poly (SS)	Eddie Leahy	19 1/2	Visalia HS
	Woodrow Wilson (B)			
	Narbonne (C)			
1932	Long Beach Poly (SS)	Norman Barker	22 1/2	Modesto Junior College
	Los Angeles (B)			
	Gardena (C)			
1933	Central (SS)	Bob Armstrong	18	Los Angeles Coliseum
	Manuel Arts (B)			
	Hoover (G) (C)			
1934	Muir (SS)	Al Walton	14	Edwards Stadium, Berkeley
	Hoover (G) (B)			
	Jefferson (C)			
1935	Fullerton (SS)	Harold Lang	14	Ratcliffe Stadium, Fresno
	Jefferson (Class B)			
	Jefferson (Class C)			
1936	Muir (SS)	Al Walton	14	Gridley HS
	Muir Tech (Class B)			
	Long Beach (Class C)			
1937	Jefferson (LA)	Harry Edelson	23 1/2	Long Beach Wilson HS
	Hoover (G) (B)			
	Long Beach (C)			
1938	San Diego (SS)	Glenn Broderick	18 1/2	San Benito HS
	Long Beach (B)			
	El Monte (C)			
1939	Bakersfield (CE)	J.B. Haralson	16	Los Angeles Coliseum
	Elsinore (B)			
	Alhambra (C)			
1940	Bakersfield (CE)	J.B. Haralson	18 1/2	Visalia HS
	Hoover (SD) (B)			
	El Monte (C)			
1941	Fresno Edison (CE)	Hal Bicknell	22	Spartan Stadium, San Jose
	Glendale (B)			
	Santa Monica (C)			
1942-45	No meets held - WW II			
1946	Redondo (SS)	Hal Grant	21	Compton HS
1947	Washington (LA)	Wyatt Sloan	24	Visalia HS
1948	Los Angeles Jordan (LA)	Bill Zazueta	22	Edwards Stadium, Berkeley
1949	Jefferson (LA)	Johnson-Barry	28 1/2	Los Angeles Coliseum
1950	Jefferson (LA)	Johnson-Barry	44	Hughes Stadium, Sacramento
1951	Jefferson (LA)	Johnson-Barry	16 1/2	Edwards Stadium, Berkeley
1952	Jefferson (LA)	Johnson-Barry	29 1/2	Los Angeles Coliseum
1953	Manual Arts (LA)	Charles Toney	16 3/5	Ratcliffe Stadium, Fresno
1954	Alameda (NC)	Lew Jolley	19	Edwards Stadium, Berkeley
1955	Centennial/Compton (SS)	William Gill	29	Los Angeles Coliseum
1956	Jefferson (LA)	Johnson-Ragus	24 2/3	Chico State College
1957	Berkeley (NC)	Rich Hacker	23	Edwards Stadium, Berkeley

ALL-TIME BOYS TRACK/FIELD STATE TEAM CHAMPIONS

<u>Year</u>	<u>Champion (Section)</u>	<u>Head Coach</u>	<u>Score</u>	<u>Site</u>
1958	Manual Arts (LA)	Charles Toney	11	Veterans Stadium
	Compton (SS)	Ernst Hartmann	11	
1959	Long Beach Poly (SS)	Leon Forman	14	Bakersfield College
1960	Los Angeles Jordan (LA)	Forster-Flores	15	Stanford Stadium
1961	Centennial/Compton (SS)	William Gill	11	East Los Angeles College
1962	Jefferson (LA)	John Childress	14	Modesto College
1963	Fresno Edison (CE)	Frank Fletcher	15	Edwards Stadium, Berkeley
1964	Long Beach Poly (SS)	Leon Forman	13	Los Angeles Coliseum
	Jefferson (LA)	Andy Bakjian	13	
1965	Long Beach Poly (SS)	Leon Forman	19	Bakersfield College
1966	Dorsey (SS)	Rodney Richard	22	Edwards Stadium, Berkeley
1967	Muir (SS)	Walter Opp	26	Balboa Stadium, San Diego
1968	Centennial/Compton (SS)	William Gill	26	Edwards Stadium, Berkeley
1969	Los Angeles (LA)	Ed Bravo-Charles Jackson	22	UCLA
1970	Los Altos (SS)	Leo Lang	29	Edwards Stadium, Berkeley
1971	Lompoc (SS)	Frank Hiatt	13	UCLA
1972	Sacramento (SJ)	Robert Bingham	18	Mitchell Field, Oroville
1973	San Francisco Wilson (SF)	Adam Banks	20	Community Stadium, Woodland
1974	Muir (SS)	Walter Opp	23	Bakersfield College
1975	Richmond Ells (NC)	Sylvester Greenwood	22	Balboa Stadium, San Diego
1976	Hamilton (LA)	Gene Broadwater	12	Edwards Stadium, Berkeley
	San Fernando (LA)	Bill Marsh	12	
1977	Gardena (LA)	Bob Daligney	26	UCLA
1978	El Camino (SD)	Bill Kovacevich	16	Bakersfield College
1979	Pasadena (SS)	Bob Pruitt	16	Hughes Stadium, Sacramento
1980	Berkeley (NC)	Willie White	41	Edwards Stadium, Berkeley
1981	Berkeley (NC)	Willie White	58	Cerritos College
1982	Crenshaw (LA)	Bob Voiles	20	Hughes Stadium, Sacramento
	Mission Viejo (SS)	Gene Gurule	20	
1983	Hawthorne (SS)	Kye Courtney	40	Bakersfield College
1984	Hawthorne (SS)	Kye Courtney	52	Los Angeles Coliseum
1985	Hawthorne (SS)	Kye Courtney	29	Hughes Stadium, Sacramento
1986	Woodland Hills Taft (LA)	Tom Stevens	26	Cerritos College
1987	Hawthorne (SS)	Kye Courtney	34	Hughes Stadium, Sacramento
1988	Hawthorne (SS)	Kye Courtney	34	Cerritos College
1989	Hawthorne (SS)	Kye Courtney	40	Cerritos College
1990	Muir (SS)	Clyde Turner	24	Cerritos College
1991	Compton (SS)	Alonzo Zimmons	30	Cerritos College
1992	Bakersfield (CE)	Ted Oliver	25	Cerritos College
1993	Merced (SJ)	Greg McKinstry	36	Cerritos College
1994	Muir (SS)	Clyde Turner	39	Cerritos College
1995	Muir (SS)	Clyde Turner	38	Cerritos College
1996	Muir (SS)	Clyde Turner	57	Cerritos College
1997	Long Beach Poly (SS)	Don Norford	39	Hughes Stadium, Sacramento
1998	Long Beach Poly (SS)	Don Norford	42	Cerritos College
1999	Vallejo (SJ)	Michael Wilson	35	Hughes Stadium, Sacramento
2000	Serra (SS)	Richard Gatlin	38	Cerritos College
2001	Arroyo Grande (SS)	James Brown	28	Hughes Stadium, Sacramento
2002	Bakersfield (CE)	Ted Oliver	32	Cerritos College
2003	Helix (SD)	Ray Mounts	23 1/2	Cerritos College
2004	James Logan (NC)	Lee Webb	46	Hughes Stadium, Sacramento
2005	Dorsey (LA)	Ralph Tilley	38 1/2	Hughes Stadium, Sacramento
2006	Long Beach Poly (SS)	Don Norford	42	Cerritos College
2007	Long Beach Poly (SS)	Don Norford	46	Hughes Stadium, Sacramento
2008	Dominguez (SS)	Darryl Smith	36	Cerritos College
2009	Cathedral (SS),	Roosevelt Ivory	20	Buchanan High School, Clovis
	La Sierra (SS)	Will Jacobsmeyer	20	Buchanan High School, Clovis
	Foothill/Bakersfield (CE)	Paul Contreras	20	Buchanan High School, Clovis
	Clovis East (CE)	Jim Farmer	20	Buchanan High School, Clovis
2010	Jesuit (SJ)	Tom McGuire	36	Buchanan High School, Clovis
2011	Long Beach Poly (SS)	Don Norford	35	Buchanan High School, Clovis
2012	Notre Dame/Sherman Oaks (SS)	Joe McNab	36	Buchanan High School, Clovis
2013	Serra (SS)	Lori Smith-Thompson	47	Buchanan High School, Clovis
2014	Mater Dei (SS)	Rick Martinez	30	Buchanan High School, Clovis
2015	Vista Murrieta (SS)	Coley Candaele	37	Buchanan High School, Clovis
2016	Vista Murrieta (SS)	Coley Candaele	54	Buchanan High School, Clovis
2017	Rancho Verde (SS)	Tim Callier	49	Buchanan High School, Clovis
2018	Murrieta Mesa (SS)	Aaron Ballou	35	Buchanan High School, Clovis
2019	Clovis North (CE)	Rich Brazil	41	Buchanan High School, Clovis
2020	No Playoffs - Covid-19			
2021	No Playoffs - Covid-19			
2022	Serra (SS)		37	Buchanan High School, Clovis
2023	Granada Hills Charter (LA)	Johnny Wiley	36	Buchanan High School, Clovis
2024	Long Beach Poly(SS)	Crystal Irving	33	Buchanan High School, Clovis

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

(Southern Section and State Champions; MC - Masters' Meet Champion)

100-METERS (100 Yards prior to 1980)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1913		Clemmer Johnson, Los Angeles	10.0
1914		Harry Jones, Whittier	10.3
1915		Les Walk, Long Beach Poly	10.4
1916		Charley Paddock, Pasadena	10.6
1917		Charley Paddock, Pasadena	10.4
1918		Charley Paddock, Pasadena	10.0
1919		Al Wright, Los Angeles Lincoln	10.8
1920		Arch Hawkins, Fullerton	10.0
1921		Vernon Blenkiron, Compton	10.0
1922		William Nesbit, Harvard	10.0
1923		Herschel Smith, San Fernando	10.2
1924		Vic Klein, Hollywood	10.0
1925		Harold Akers, Riverside	10.0
1926		Dick Werner, Brawley	9.9
1927		Frank Wycoff, Glendale	9.8
1928		Frank Wycoff, Glendale	9.8
1929		Jim Willson, San Diego	10.2
1930		Al Koenig, Huntington Beach	10.0
1931		Al Fitch, Pasadena	10.0
1932		Milton Holt, Glendale Hoover	10.1
1933		George Anderson, Muir	9.9
1934		Mack Robinson, Muir	10.0
1935		Tom Nelson, Pasadena	9.8
1936		Mickey Anderson, Muir	10.0
1937		Bill Hunteles, Oceanside	10.0
1938		Bill Van Leuven, Long Beach Wilson	9.8
1939		Eddie Morris, Huntington Beach	10.0
1940		Eddie Morris, Huntington Beach	9.9
1941		Glenn Willis, San Diego	10.1
1942		Don Smalley, San Diego	10.0
1943		Zan Myers, Glendale	9.8
1944		Don Anderson, Pasadena	9.7
1945		George Pasquali, Glendale Hoover	10.0
1946		Art Williams, Riverside	9.9
1947		John Bradley, Glendale Hoover	9.7
1948		Howard Bugbee, Redondo	9.6
1949		Russ Miller, Long Beach Poly	9.9
1950		Henry Warner, Muir	10.0
1951		Bob Cuning, Glendale Hoover	9.8
1952		George Lewis, El Monte	9.9
1953		Bill Swisshelm, Santa Ana	9.5w
1954		Bill Swisshelm, Santa Ana	10.0
1955		Ken Dennis, Centennial/Compton	9.6
1956		Bob Poynter, Pasadena	9.6
1957		Preston Griffin, Centennial/Compton	9.4
		Roscoe Cook, San Diego	9.4
1958		Mel Clipper, Muir	9.7
1959		John Howard, San Bernardino	9.7
1960		Tim Russell, Lakewood	9.8
1961		Forrest Beaty, Glendale Hoover	9.6
1962		Forrest Beaty, Glendale Hoover	9.5
1963		John House, Muir	9.6
1964		Harold Busby, Muir	9.7
1965		Harold Busby, Muir	9.7
1966		Jim Smith, Upland	9.7
1967		Nathan Spann, Centennial/Compton	9.6
1968		Edesel Garrison, Centennial/Compton	9.7
1969		Willie Robinson, El Centro Central	9.7
1970		Allen Carter, Bonita	9.7
1971		Ron Ruffin, Eisenhower	9.9
1972		J.T. Carr, Compton	10.0
1973	MC	Clancy Edwards, Santa Ana	9.6
	4-A	Clancy Edwards, Santa Ana	9.6
	3-A	Marvin Holmes, Monrovia	9.7w
	2-A	Sid Jones, Murphy	10.2

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
George Parker, Stockton (SJ)	10.6
Ken Johnson, Palo Alto (CC)	10.2
Roy Brown, Sacramento (SJ)	10.2
Charley Paddock, Pasadena (SS)	10.4
Jack Melville, Berkeley (NC)	10.0
Charley Paddock, Pasadena (SS)	10.2
Al Wright, Los Angeles Lincoln (SS)	10.4
Eddie Sutton, Lick-Wilmerding (NC)	10.0
Vernon Blenkiron, Compton (SS)	10.2
Herschel Smith, San Fernando (SS)	10.4
Eddie Pollock, Pasadena (SS)	10.0
Vic Klein, Hollywood (SS)	10.1
Vernon Hanford, Manual Arts (LA)	10.1
Dick Werner, Brawley (SS)	9.8
Frank Wycoff, Glendale (SS)	9.8
Frank Lombardi, Los Angeles (SS)	9.6
Jim Willson, San Diego (SS)	9.8
Al Koenig, Huntington Beach (SS)	10.1
Foy Draper, Huntington Park (SS)	9.9
Milton Holt, Glendale Hoover (SS)	9.8
Dave Seigel, Los Angeles Poly (SS)	10.0
Mack Robinson, Muir (SS)	10.0
Bob Frick, San Ramon (NC)	9.6
Mickey Anderson, Muir (SS)	9.7
Bryant Allen, Jefferson (LA)	9.8
Bill Van Leuven, Long Beach Wilson (SS)	9.8
Jack Trout, Bakersfield (CE)	9.9
Eddie Morris, Huntington Beach (SS)	9.7
Al Jackson, Fresno Edison (CE)	9.8
(No meet held)	
(No meet held)	
(No meet held)	
(No meet held)	
Art Williams, Riverside (SS)	10.0
John Bradley, Glendale Hoover (SS)	9.9
Bill Fell, Compton (SS)	9.7
Erbie Schopper, Los Angeles Lincoln (LA)	9.9
Gary Green, Jefferson (LA)	9.9
Bob Cuning, Glendale Hoover (SS)	9.7
Herb Turner, Alameda (NC)	9.9
Leamon King, Delano (CE)	9.6
James Jackson, Alameda (NC)	9.6
Ken Dennis, Centennial/Compton (SS)	10.0
Willie White, Jefferson (LA)	9.5
Preston Griffin, Centennial/Compton (SS)	9.6
Hubie Watson, Los Angeles Jordan (LA)	9.6
Hubie Watson, Los Angeles Jordan (LA)	9.8
Bill Cowings, Fowler (CE)	9.7
Forrest Beaty, Glendale Hoover (SS)	9.5
Forrest Beaty, Glendale Hoover (SS)	9.5
Alvin Mann, Fresno Edison (CE)	9.6
James Hines, McClymonds (OK)	9.7
Harold Busby, Muir (SS)	9.5
Phil Underwood, Dorsey (LA)	9.6
Mel Gray, Santa Rosa Montgomery (NC)	9.4
Bob Ballard, Bellflower (SS)	9.6
Willie Robinson, El Centro Central (SS)	9.6
Allen Carter, Bonita (SS)	9.8
George Reddick, Hamilton (LA)	9.6
Carl McCullough, Sacramento (SJ)	9.5
Elijah Jefferson, Crawford (SD)	9.6w

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

100-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1974	MC	Jim Straw, Garden Grove	9.8
	4-A	Jim Rohrig, Santa Ana Valley	9.7
	3-A	Russell Royston, Victor Valley	9.7
	2-A	Ken Sam, Pius X	10.0
1975	MC	Rick Jackson, Pasadena	9.8
	4-A	Rick Jackson, Pasadena	9.7w
	3-A	Norris Jones, Kennedy/Barstow	9.7w
	2-A	Glenn Yates, Duarte	9.9
1976	MC	Norris Jones, Kennedy/Barstow	9.6
	4-A	Dwaine Ball, Blair	9.9
	3-A	Norris Jones, Kennedy/Barstow	9.5w
	2-A	Glenn Yates, Duarte	10.0
1977	MC	Ivan Cleveland, Pasadena	9.8
	4-A	Ivan Cleveland, Pasadena	9.9
	3-A	Don Hill, Kennedy	9.8
	2-A	Ken Lawlor, Verbum Dei	10.2
	1-A	Terry Wyatt, Templeton	9.9w
1978	MC	Mike Sanford, Pasadena	9.98
	4-A	Mike Sanford, Pasadena	9.87
	3-A	Derek Britton, Claremont	10.13
	2-A	Mark Reid, Artesia	10.13
	1-A	Issac Greer, Elsinore	10.27
1979	MC	Mike Sanford, Pasadena	9.44
	4-A	Mike Sanford, Pasadena	9.56
	3-A	Adrian Jones, Inglewood	9.96
	2-A	Ron Brown, Baldwin Park	10.03
	1-A	Vernon Maxwell, Verbum Dei	10.00
1980	MC	Howard Hawkins, Warren	10.59
	4-A	Howard Hawkins, Warren	10.56
	3-A	Jim Spotville, Pomona	10.67
	2-A	Mike Turner, Centennial/Compton	10.57
	1-A	John Costanzo, Crespi	10.73
1981	MC	Leonard Graham, Centennial/Compton	10.68
	4-A	Leonard Graham, Centennial/Compton	10.52
	3-A	James Knowles, Blair	10.68
	2-A	Orv Utter, Crespi	10.80
	1-A	Harold Todd, Serra	10.59
1982	MC	Walter Steen, Santa Ana Valley	10.60w
	4-A	Bernard Mathus, Muir	10.65
	3-A	Eric Coleman, Monrovia	10.72
	2-A	Gary Brown, Bishop Amat	10.89
	1-A	Eugene Profit, Serra	10.80
1983	4-A	Kevin Evans, Compton	10.5
	3-A	Henry Thomas, Hawthorne	10.6
	2-A	George Thomas, Indio	10.4
	1-A	Butch Caston, Desert	10.8
1984	4-A	Henry Thomas, Hawthorne	10.27
	3-A	Teddy Baker, Saddleback	10.77
	2-A	Steve Robinson, Loyola	10.74
	1-A	Butch Caston, Desert	10.88
1985	MC	Laurence Berkeley, Oxnard	10.68
	4-A	Laurence Berkeley, Oxnard	10.45
	3-A	Martin Cannady, Duarte	10.70
	2-A	Michael Silas, Centennial/Compton	10.76
	1-A	Ike Cox, Marshall Fundamental	10.73
1986	MC	Martin Cannady, Duarte	10.59
	4-A	Corey Ealy, Muir	10.59
	3-A	Martin Cannady, Duarte	10.74
	2-A	Otis Dixon, Morningside	10.90
	1-A	Brian Anderson, Elsinore	11.03
1987	MC	Corey Ealy, Muir	10.63
	4-A	Corey Ealy, Muir	10.36
	3-A	Martin Cannady, Duarte	10.95
	2-A	Ernie Barnes, Monrovia	10.62
	1-A	Mike Orwat, Paraclete	10.54
1988	MC	Curtis Conway, Hawthorne	10.62
	4-A	Curtis Conway, Hawthorne	10.61
	3-A	Rondo Smith, Ramona	10.72
	2-A	Russell White, Crespi	10.72
	1-A	David Nottoli, Paraclete	10.85

STATE CHAMPIONS

Champion/School (Section)	Mark
Elijah Jefferson, Crawford (SD)	9.8
Kevin Williams, San Fernando (LA)	9.4
Bill Mullins, Hamilton (LA)	10.0
David Russell, Patrick Henry (SD)	9.61
Mike Sanford, Pasadena (SS)	9.85
Bill Green, Palo Alto Cubberly (CC)	9.59
Howard Hawkins, Warren (SS)	10.55
Kenny Robinson, Berkeley (NC)	10.60
Lew Dunn, J.W. North (SS)	10.53
Steve Jones, Sacramento Burbank (SJ)	10.64
Henry Thomas, Hawthorne (SS)	10.44
Ron McCree, Madera (CE)	10.49w
Ron McCree, Madera (CE)	10.57
Quincy Watts, Taft (LA)	10.49
Darren Stringer, Vacaville (SJ)	10.78

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

100-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1989	MC	Curtis Conway, Hawthorne	10.66
	4-A	Curtis Conway, Hawthorne	10.44w
	3-A	Robert Bivins, Ontario	10.58w
	2-A	Russell White, Crespi	10.78
	1-A	Amos Sherwin, Marshall Fundamental	10.99
1990	MC	Andre Green, Long Beach Poly	10.57
	4-A	Andre Green, Long Beach Poly	10.79
	3-A	Kerry Lawyer, Santa Barbara	10.98
	2-A	Napolean Kaufman, Lompoc	10.80
	1-A	Donald Lindsey, Cabrillo	11.42
1991	MC	Ricky Carrigan, Compton	10.49
	4-A	Ricky Carrigan, Compton	10.48
	3-A	Ashaundai Smith, Etiwanda	10.80
	2-A	Matthew Harding, San Dimas	10.91
	1-A	Gentry Bradley, Pius X	10.74
1992	MC	Dieon Tyler, Millikan	10.67
	4-A	Jaime Barragan, Millikan	10.95
	3-A	Kevin DeVine, Nogales	11.02
	2-A	Kevin Alexander, Valencia	10.89
	1-A	Gentry Bradley, Pius X	10.85
1993	MC	Bryan Howard, Canyon Springs	10.50
	I	Kevine Devine, Nogales	10.69
	II	Bryan Howard, Canyon Springs	10.48
	III	Edward Turner, Morningside	10.61
	IV	Ricky Boyer, Serra	10.94
1994	MC	Bryan Howard, Canyon Springs	10.44
	I	Pat Johnson, Redlands	10.61
	II	Bryan Howard, Canyon Springs	10.50
	III	Ray Butler, Morningside	11.04
	IV	Rod Smith, Serra	11.06
1995	MC	Bryan Howard, Canyon Springs	10.68
	I	Andre Hillard, Torrance	10.63
	II	Bryan Howard, Canyon Springs	10.41
	III	Ray Butler, Morningside	10.54
	IV	Sam Elmore, Banning	11.04
1996	MC	Gerald Williams, Lynwood	10.47w
	I	Gerald Williams, Lynwood	10.59
	II	Phillip Pipersburg, Santa Barbara	10.98
	III	Miguel Fletcher, Alemany	10.54
	IV	Eric Reese, St. Anthony	10.99
1997	MC	Sultan McCullough, Muir	10.28w
	I	Sultan McCullough, Muir	10.24w
	II	Charles Crouk, Katella	10.58w
	III	Henry Jenkins, Paso Robles	10.46w
	IV	Francis St. Paul, Murphy	10.77w
1998	MC	Darrell Rideaux, Long Beach Poly	10.62
	I	Darrell Rideaux, Long Beach Poly	10.36
	II	Mike McNair, Mater Dei	10.55
	III	Miguel Fletcher, Alemany	10.36
	IV	Tim Feirfeil, Los Angeles Baptist	10.85
1999	MC	Kareem Kelly, Long Beach Poly	10.30w
	I	Darrell Rideaux, Long Beach Poly	10.49
	II	Claude Melvin, Brea Olinda	10.70
	II	Warren Rogers, Serra	10.42
	IV	Marshall Johnson, Notre Dame/Riverside	10.71
2000	MC	Bennie Robinson, Long Beach Poly	10.63
	I	Bennie Robinson, Long Beach Poly	10.48
	II	Trevor Jones, Newport Harbor	10.89
	III	Karl Paymah, Culver City	10.63
	IV	Warren Rogers, Serra	10.52
2001	MC	Matt Bruno, Trabuco Hills	10.61w
	I	Seth Amoo, Highland	10.63
	II	Matt Bruno, Trabuco Hills	10.63
	III	Carlos Moore, Morningside	10.63w
	IV	Lawrence Cotton, Kilpatrick	10.91
2002	MC	Matt Bruno, Trabuco Hills	10.48
	I	Matt Bruno, Trabuco Hills	10.54
	II	Lionel Larry, Dominguez	10.78
	III	Matt Slater, Servite	10.77
	IV	Rudy Burgess, Desert	11.04

STATE CHAMPIONS

Champion/School (Section)	Mark
Curtis Conway, Hawthorne (SS)	10.42
Napolean Kaufman, Lompoc (SS)	10.57
Ricky Carrigan, Compton (SS)	10.33w
Riley Washington, Southwest (SD)	10.30
Bryan Howard, Canyon Springs (SS)	10.43
Pat Johnson, Redlands (SS)	10.43
Marques Holiwell, West Bakersfield (CE)	10.43w
Jim McGee, Sacramento (SJ)	10.52
Justin Fargas, Notre Dame/Sherman Oaks (SS)	10.52w
Darrell Rideaux, Long Beach Poly (SS)	10.43
Kareem Kelly, Long Beach Poly (SS)	10.47w
Warren Rogers, Serra (SS)	10.42
Phillip Francis, Fairfax (LA)	10.53
Matt Bruno, Trabuco Hills (SS)	10.55

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

100-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

2003	MC	Lionel Larry, Dominguez	10.51w
	I	Brian Woods, Los Alamitos	10.61
	II	Anton Jamir, Cypress	10.80
	III	Lionel Larry, Dominguez	10.68
	IV	Rocky Hinds, St. Bernard	11.07
2004	MC	Derrick Jones, Long Beach Poly	10.50
	I	Derrick Jones, Long Beach Poly	10.47w
	II	Lionel Larry, Dominguez	10.37w
	III	Rodney Glass, Notre Dame/Sherman Oaks	10.75w
	IV	Terrail Lambert, St. Bonaventure	10.65w
2005	MC	Rodney Glass, Notre Dame/Sherman Oaks	10.51w
	I	Justin Woods, Los Alamitos	10.48
	II	Garland West, Cypress	10.70
	III	Rodney Glass, Notre Dame/Sherman Oaks	10.53
	IV	Randle Harris, Crespi	10.75w
2006	MC	Rodney Glass, Notre Dame/Sherman Oaks	10.37w
	I	Travon Patterson, Long Beach Poly	10.44
	II	Brandon Smith, Ventura	10.66w
	III	Rodney Glass, Notre Dame/Sherman Oaks	10.38
	IV	Derron Juarez, Chaminade	10.78
2007	MC	Charles Saseun, Rancho Cucamonga	10.39
	I	Isaiah Green, Long Beach Poly	10.48w
	II	Bryan Williams, Valley View	10.79
	III	Randall Carroll, Cathedral	10.58
	IV	Adam Long, St. Bernard	10.53w
2008	MC	Randall Carroll, Cathedral	10.47
	I	Charles Saseun, Rancho Cucamonga	10.50
	II	Tommy Curry, J.W. North	10.53w
	III	Randall Carroll, Cathedral	10.45w
	IV	Adam Long, St. Bernard	10.71
2009	MC	Randall Carroll, Cathedral	10.50
	I	Kyle Middlebrook, Fountain Valley	10.51w
	II	Maxwell Dyce, Moorpark	10.43w
	III	Randall Carroll, Cathedral	10.39
	IV	Devin Spann, Serra	10.70w
2010	MC	Jamison Jordan, Rio Mesa	10.52
	1	Davonte Stewart, A.B. Miller	10.64
	2	Jamison Jordan, Rio Mesa	10.45w
	3	Remontay McClain, Covina	10.55
	4	George Farmer, Serra	10.65
2011	MC	Remontay McClain, Covina	10.34
	1	Devonte Stewart, A.B. Miller	10.51
	2	Braden Isaiah, Moreno Valley	10.63
	3	Remontay McClain, Covina	10.31
	4	Vinnie Saucer, Oaks Christian	10.57w
2012	MC	Khalfani Muhammed, Notre Dame/Sherman Oaks	10.51
	1	Herbert Gamboa, San Clemente	10.51
	2	Kyree King, Colony	10.53
	3	Khalfani Muhammad, Notre Dame/Sherman Oaks	10.70w
	4	Vinnie Saucer, Oaks Christian	10.79w
2013	MC	Khalfani Muhammed, Notre Dame/Sherman Oaks	10.22w
	1	Myles Valentine, Upland	10.48
	2	Morgan Soimon, Loyola	10.44w
	3	Khalfani Muhammed, Notre Dame/Sherman Oaks	10.33w
	4	Malik Roberson, Serra	10.46w
2014	MC	Curtis Godin, Mater Dei	10.55
	1	Ahmed Obed, Adolfo Camarillo	10.73w
	2	Curtis Godin, Mater Dei	10.34w
	3	Dominic Davis, Alemany	10.55w
	4	Michael Seaton, Oaks Christian	10.77w
2015	MC	TJ Brock, Chaminade	10.50
	1	Cole Dubots, Vista Murrieta	10.65
	2	Scott Patton, Wodbridge	10.65w
	3	TJ Brock, Chaminade	10.20w
	4	AV Bennett, Bishop Diego	10.69w
2016	MC	TJ Brock, Chaminade	10.61
	1	Antonio Mitchell, Vista Murrieta	10.45w
	2	Carlos Wedlow, Murrieta Mesa	10.47W
	3	TJ Brock, Chaminade	10.35w
	4	Isaiah Diego-Williams, Serra	10.60

STATE CHAMPIONS

Chris Henry, Edison (SJ)	10.56
Kenny O'Neal, Skyline (OK)	10.34
Jamere Holland, Los Angeles Taft (LA)	10.54
Rodney Glass, Notre Dame/Sherman Oaks (SS)	10.52
Jahvid Best, Salesian (NC)	10.31w
Randall Carroll, Cathedral (SS)	10.42
Randall Carroll, Cathedral (SS)	10.38
Remontay McClain, Covina (SS)	10.45w
Remontay McClain, Covina (SS)	10.39
Khalfani Muhammed, Notre Dame/Sherman Oaks (SS)	10.52
Khalfani Muhammed, Notre Dame/Sherman Oaks (SS)	10.33
Curtis Godin, Mater Dei (SS)	10.31w
TJ Brock, Chaminade (SS)	10.34
TJ Brock, Chaminade (SS)	10.43

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

100-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

2017	MC	Javelin Guidry, Vista Murrieta	10.35w
	1	Isaiah Cunningham, Rancho Verde	10.51
	2	Jabroel Smith, J.W. North	10.74
	3	Blake Hennessey, Santa Margarita	10.64
	4	Donovan Spearman, Crossroads	10.45w
2018	MC	Asani Hampton, Yucaipa	10.52
	1	Asani Hampton, Yucaipa	10.48
	2	Christian Shakir-Ricks, Murrieta Mesa	10.74
	3	Blake Hennessey, Santa Margarita	10.57
	4	Daniel Kamulali, Sierra Canyon	10.88
2019	MC	Christian Grubb, Notre Dame/SO	10.58
	1	Caleb Lutalo Roberson, Upland	10.59
	2	Nicholas Gates, Calabasas	10.79
	3	Christian Grubb, Notre Dame/SO	10.61
	4	Mekhi Mays, Serra	10.67
2020	No Playoffs - Covid-19		
2021	1	Tristyn Flores, Rancho Ccuamonga	10.35
	2	Domani Jackson, Mater Dei	10.48
	3	Max Thomas, Servite	10.51
	4	Rodrick Pleasant, Serra	10.46
2022	MC	Roderick Pleasant, Serra	10.14
	1	Devin Bragg, Los Alamitos	10.35
	2	Jordan Washington, Jordan	10.37
	3	Max Thomas, Servite	10.35
	4	Roderick Pleasant, Serra	10.16
2023	MC	Rodrick Pleasant, Serra	10.14
	1	Jordan Washington, Jordan	10.24
	2	Anthony Flower, South Torrance	10.35
	3	Alex Skalmowski, Servite	10.63
	4	Rodrick Pleasant, Serra	10.09
2024	1	Devin Bragg, Los Alamitos	10.38
	2	Thenuk Chandrasekera, Royal	10.68
	3	Jaevin Sawyer, San Geronio	10.63
	4	Demare Dezeurn, Bishop Alemany	10.54

STATE CHAMPIONS

Javelin Guidry, Vista Murrieta (SS)	10.13w
Kasmier Allen, Tulare Union (CE)	10.44
Kenan Christon, Madison (SD)	10.30
Rodrick Pleasant, Serra (SS)	10.30
Rodrick Pleasant, Serra (SS)	10.20
Brandon Arrington Jr.(SD)	10.33

200-METERS

(220 Yards prior to 1980)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Time
1913		Clemmer Johnson, Los Angeles	22.6
1914		Les Wark, Long Beach Poly	23.3
1915		Les Wark, Long Beach Poly	22.0
1916		Charley Paddock, Pasadena	23.0
1917		Charley Paddock, Pasadena	22.2
1918		Charley Paddock, Pasadena	22.8
1919		Al Wright, Los Angeles Lincoln	23.4
1920		Arch Hawkins, Fullerton	22.4
1921		Vernon Blenkiron, Compton	22.6
1922		William Nesbitt, Harvard	22.8
1923		Archie Woodyard, Los Angeles Jefferson	22.2
1924		Vic Klein, Hollywood	21.7
1925		Walter Floyd, Los Angeles Lincoln	22.2
1926		Elam Kirk, El Monte	22.2
1927		Frank Wycoff, Glendale	21.4
1928		Frank Lombardi, Los Angeles	21.6
1929		F.G. Hollister, Cate	22.0
1930		Al Koenig, Huntington Beach	22.6
1931		Al Fitch, Pasadena	21.5
1932		Holly Hayter, Montebello	22.1
1933		George Anderson, Muir	21.8
1934		Bainard Worrell, Muir	22.0
1935		Les Helman, El Monte	21.9
1936		George Sims, Santa Monica	22.1
1937		Burdette Gandy, Long Beach Wilson	22.2
1938		Eddie Morris, Huntington Beach	21.6
1939		Eddie Morris, Huntington Beach	21.8
1940		Eddie Morris, Huntington Beach	21.4
1941		Glen Willis, San Diego	22.6
1942		Glen Willis, San Diego	22.3
1943		Zan Myers, Glendale	21.7

STATE CHAMPIONS

Champion/School/Section	Mark
George Parker, Stockton ((SJ)	23.0
Ken Johnson, Palo Alto (CC)	22.0
Les Wark, Long Beach Poly (SS)	22.0
Charley Paddock, Pasadena (SS)	22.4
Charley Paddock, Pasadena (SS)	22.4
Charley Paddock, Pasadena (SS)	22.4
Bob Allen, Redlands (SS)	23.8
Eddie Sudden, Lick-Wilmerding (SF)	21.8
Bob Allen, Redlands (SS)	22.6
Walter Wickersham, Bakersfield (CE)	24.2
Bob Lee, Franklin (LA)	22.2
Archie Woodyard, Los Angeles Jefferson (SS)	22.5
Walter Floyd, Los Angeles Lincoln (SS)	22.6
Elam Kirk, El Monte (SS)	22.1
Frank Wycoff, Glendale (SS)	21.0
Frank Lombardi, Los Angeles (SS)	21.4
Jim Willson, San Diego (SS)	21.4
Ashley Burch, Los Angeles Jordan (SS)	21.8
Ashley Burch, Los Angeles Jordan (SS)	21.5
George Anderson, Muir (SS)	21.8
George Anderson, Muir (SS)	21.2
Bainard Worrell, Muir (SS)	21.8
Burt Pierce, Excelsior (SS)	21.2
Burt Brady, Gridley (NO)	21.6
Bryant Allen, Jefferson (LA)	21.2
Eddie Morris, Huntington Beach (SS)	21.6
Eddie Morris, Huntington Beach (SS)	21.4
Eddie Morris, Huntington Beach (SS)	21.3
Glen Willis, San Diego (SS)	21.7
(No meet held)	
(No meet held)	

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

200-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Time
1944		Don Anderson, Pasadena	21.6
1945		George Pasquali, Glendale Hoover	21.8
1946		Art Williams, Riverside	22.0
1947		John Bradley, Glendale Hoover	21.7
1948		John Bradley, Glendale Hoover	21.0
1949		Russ Miller, Long Beach Poly	21.5
1950		Henry Warner, Muir	22.3
1951		Bob Cunnning, Glendale Hoover	21.2
1952		Mal Hughes, Beverly Hills	21.2
1953		Bill Swisshelm, Santa Ana	20.9w
1954		Bill Swisshelm, Santa Ana	22.3
1955		Bob Poynter, Pasadena	21.2
1956		Bob Poynter, Pasadena	20.9
1957		Preston Griffin, Centennial/Compton	20.3w
1958		Mel Clipper, Muir	20.6
1959		Arnold Tripp, San Diego Crawford	20.5w
1960		Forrest Beaty, Glendale Hoover	21.1
1961		Forrest Beaty, Glendale Hoover	20.2
1962		Forrest Beaty, Glendale Hoover	20.4
1963		John House, Muir	21.3
1964		Harold Busby, Muir	21.6
1965		Harold Busby, Muir	20.9
1966		Jim Smith, Upland	21.0
1967		Ron Pharris, Anaheim	21.4
1968		Tom White, Centennial/Compton	21.6
1969		Bill Sims, Whittier	21.8
1970		Jackie White, Santa Ana	21.7
1971		Alfred Jackson, Centennial/Compton	21.7
1972		Clancy Edwards, Santa Ana	21.8
1973	MC	Clancy Edwards, Santa Ana	21.5
	4-A	Clancy Edwards, Santa Ana	21.2
	3-A	Marvin Holmes, Monrovia	21.5
	2-A	Terry Stark, Carpinteria	22.7
		Geroge Graves, Duarte	22.7
1974	MC	Jim Rohrig, Santa Ana Valley	21.6
	4-A	Jim Rohrig, Santa Ana Valley	21.8
	3-A	Pat Cranor, Monrovia	21.9
	2-A	Mike Harris, Indio	22.1
1975	MC	Rick Jackson, Pasadena	21.6
	4-A	Rick Jackson, Pasadena	21.7
	3-A	Norris Jones, Kennedy/Barstow	21.3w
	2-A	Mike Miller, St. Bonaventure	22.3
1976	MC	Dupree Branch, Barstow	21.7
	4-A	James Sanford, Pasadena	22.0
	3-A	Dupree Branch, Barstow	21.0w
	2-A	Donn Thompson, Gahr	21.9
1977	MC	James Sanford, Pasadena	21.6
	4-A	James Sanford, Pasadena	21.2
	3-A	Floyd Eddings, Ganesha	21.6
	2-A	Ken Lawlor, Verbum Dei	22.3
	1-A	Terry Wyatt, Templeton	22.6w
1978	MC	Mike Sanford, Pasadena	22.10
	4-A	Mike Sanford, Pasadena	21.94
	3-A	Willie Curran, Crespi	22.47
	2-A	Mark Reid, Artesia	22.51
	1-A	Issac Greer, Elsinore	22.60
1979	MC	Mike Sanford, Pasadena	21.00
	4-A	Mike Sanford, Pasadena	21.18
	3-A	Adrian Jones, Inglewood	21.58
	2-A	Jim Fisk, San Marino	21.89
	1-A	Vernon Maxwell, Verbum Dei	21.88
1980	MC	Jim Spotville, Pomona	21.67
	4-A	David Ashford, West Covina	21.65
	3-A	Jim Spotville, Pomona	21.25
	2-A	Leonard Graham, Centennial/Compton	21.48
	1-A	Harold Todd, Serra	21.79
1981	MC	Bernard Mathis, Muir	21.30
	4-A	Bernard Mathis, Muir	21.29
	3-A	Greg Thomas, Riverside Poly	21.71
	2-A	Andrew Guillory, Nogales	21.37
	1-A	Harold Todd, Serra	21.51

STATE CHAMPIONS

(No meet held)	
(No meet held)	
Ray Gregg, El Monte (SS)	21.9
John Bradley, Glendale Hoover (SS)	21.5
John Bradley, Glendale Hoover (SS)	21.5
Erbie Schopper, Los Angeles Lincoln (LA)	21.6
Guy Blackburn, Los Angeles Jefferson (LA)	21.3
Leamon King, Delano (CE)	21.4
Herb Turner, Alameda (NC)	21.6
Leamon King, Delano (CE)	21.4
James Jackson, Alameda (NC)	21.2
Bob Poynter, Pasadena (SS)	21.6
Bob Poynter, Pasadena (SS)	21.0
Preston Griffin, Centennial/Compton (SS)	21.3
Mel Clipper, Muir (SS)	20.7
Hubie Watson, Los Angeles Jordan (LA)	21.6
Bill Cowings, Fowler (CE)	21.0
Forrest Beaty, Glendale Hoover (SS)	21.5
Richard Stebbins, Fremont (LA)	20.9
John House, Muir (SS)	21.3
James Hines, McClymonds (OK)	21.5
Harold Busby, Muir (SS)	21.0
Phil Underwood, Dorsey (LA)	21.2
Mel Gray, Santa Rosa Montgomrey (NC)	20.7
Willie Deckard, Dorsey (LA)	21.7
Willie Robinson, El Centro Central (SS)	21.7
Jackie White, Santa Ana (SS)	21.5
Chuck Bommarito, Crestmar (CC)	21.2w
Mike Shavers, Albany (NC)	21.0
Clancy Edwards, Santa Ana (SS)	21.2
Millard Hamilton, Silver Creek (CC)	21.1
Bill Mullins, Hamilton (LA)	21.2
Bill Mullins, Hamilton (LA)	21.6
David Russell, Patrick Henry (SD)	20.97
Mike Sanford, Pasadena (SS)	21.42
Mike Sanford, Pasadena (SS)	21.00
Kenny Robinson, Berkeley (NC)	21.21
Kevin Willhite, Cordova (SJ)	20.81

200-METERS (Cont.)**SOUTHERN SECTION CHAMPIONS**

Year	Div.	Champion/School	Time
1982	MC	Eric Coleman, Monrovia	21.29
	4-A	Bernard Mathls, Muir	21.33
	3-A	Eric Coleman, Monrovia	21.44
	2-A	Ron Brown, Bishop Amat	21.52
	1-A	Eugene Profit, Serra	21.62
1983	4-A	Sam James, Eisenhower	21.61
	3-A	Henry Thomas, Hawthorne	21.39
	2-A	George Thomas, Indio	21.86
	1-A	Sebron Flenaugh, Perris	21.80
1984	4-A	Henry Thomas, Hawthorne	20.73
	3-A	Anthony Washington, Antelope Valley	21.91
	2-A	George Porter, Cabrillo	21.93
	1-A	James Inga, Bishop	21.98
1985	MC	Michael Marsh, Hawthorne	20.96
	4-A	Michael Marsh, Hawthorne	20.82
	3-A	Terry Johnson, Katella	21.26
	2-A	Michael Silas, Centennial/Compton	21.66
	1-A	George Porter, Cabrillo	21.42
1986	MC	Martin Cannady, Duarte	21.31
	4-A	Corey Ealy, Muir	21.59
	3-A	Martin Cannady, Duarte	21.55
	2-A	Otis Dixon, Morningside	21.80
	1-A	Mike Orwat, Paraclete	22.01
1987	MC	Corey Ealy, Muir	21.27
	4-A	Corey Ealy, Muir	20.80
	3-A	Martin Cannady, Duarte	21.62
	2-A	Charles Jordan, Morningside	21.59
	1-A	Mike Orwat, Paraclete	22.16
1988	MC	Curtis Conway, Hawthorne	21.22
	4-A	Curtis Conway, Hawthorne	21.24
	3-A	Kerry Tate, Upland	21.90
	2-A	Erik Mitchell, Mayfair	21.70
	1-A	David Nottoli, Paraclete	22.07
1989	MC	Curtis Conway, Hawthorne	21.04
	4-A	Curtis Conway, Hawthorne	21.25
	3-A	Robert Bivins, Ontario	21.41w
	2-A	Russell White, Crespi	21.47
	1-A	Angelo Palazzo, Notre Dame/Sherman Oaks	22.11
1990	MC	Andre Green, Long Beach Poly	21.26
	4-A	Andre Green, Long Beach Poly	21.27
	3-A	Eric Mitchell, Los Alamitos	21.65
	2-A	Napolean Kaufman, Lompoc	21.69
	1-A	Kent Richter, Oak Park	22.58
1991	MC	Ricky Carrigan, Compton	21.07
	4-A	Ricky Carrigan, Compton	21.30
	3-A	Jack Bellamy, Thousand Oaks	21.70
	2-A	Matthew Harding, San Dimas	21.38
	1-A	Kevin Triplehorn, Moorpark	21.43
1992	MC	Gentry Bradley, Pius X	21.50
	4-A	Crystin Wuthrich, Long Beach Wilson	21.67
	3-A	Andre Desaussure, Royal	21.90
	2-A	Terry Barnum, Alemany	22.05
	1-A	Gentry Bradley, Pius X	21.19
1993	MC	Edward Turner, Morningside	21.07
	I	Pat Johnson, Redlands	21.40
	II	Bryan Howard, Canyon Springs	21.19
	III	Edward Turner, Morningside	21.20
	IV	Ricky Boyer, Serra	22.00
1994	MC	Bryan Howard, Canyon Springs	20.98
	I	Pat Johnson, Redlands	21.25
	II	Bryan Howard, Canyon Springs	20.76
	III	William Taylor, Morningside	22.12
	IV	Ricky Boyer, Serra	22.11
1995	MC	Obea Moore, Muir	21.13
	I	Obea Moore, Muir	21.00
	II	Bryan Harrison, Dana Hills	21.10
	III	Wayne Looley, Culver City	21.38
	IV	Sam Elmore, Banning	22.02
1996	MC	Obea Moore, Muir	20.77
	I	Obea Moore, Muir	21.59
	II	Phillip Pipersburg, Santa Barbara	21.58
	III	Miguel Fletcher, Alemany	21.06
	IV	Brian Johnson, Marshall	22.53

STATE CHAMPIONS

Champion/School/Section	Mark
Antonio Manning, Hamilton (LA)	21.05w
Henry Thomas, Hawthorne (SS)	21.02
Henry Thomas, Hawthorne (SS)	20.77
Michael Marsh, Hawthorne (SS)	20.83
Quincy Watts, Taft (LA)	21.03
Quincy Watts, Taft (LA)	20.99
Bryan Bridgewater, Washington (LA)	21.00
Barry Smith, San Francisco Mission (SF)	20.82
Napolean Kaufman, Lompoc (SS)	21.15
Ricky Carrigan, Compton (SS)	20.84w
Gentry Bradley, Pius X (SS)	20.97w
Calvin Harrison, North Salinas (CC)	21.12
Pat Johnson, Redlands (SS)	21.01
Bryan Harrison, Dana Hills (SS)	20.82w
Obea Moore, Muir (SS)	20.91

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

200-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Time
1997	MC	Sultan McCullough, Muir	20.80
	I	Sultan McCullough, Muir	20.62
	II	Mike McNair, Mater Dei	21.28
	III	Miguel Fletcher, Alemany	21.14
	IV	Francis St. Paul, Murphy	21.87w
1998	MC	Kareem Kelly, Long Beach Poly	20.98
	I	Kareem Kelly, Long Beach Poly	20.53w
	II	Mike McNair, Mater Dei	21.17
	III	Miguel Fletcher, Alemany	20.95
	IV	Sedric White, Verbum Dei	21.87
1999	MC	Kareem Kelly, Long Beach Poly	20.61w
	I	Michael Mitchell, Paramount	20.98
	II	Claude Melvin, Brea Olinda	21.40
	III	Warren Rogers, Serra	20.88
	IV	Marshall Johnsonm Notre Dame/Riverside	21.41
2000	MC	Bennie Robinson, Long Beach Poly	21.19
	I	Bennie Robinson, Long Beach Poly	21.22
	II	Jabia Fields, San Geronio	21.60
	III	Terrian Fontenot, Leuzinger	21.41
	IV	Warren Rogers, Serra	21.21
2001	MC	Seth Amoo, Highland	21.00
	I	Seth Amoo, Highland	20.82
	II	Darryl Poston, Edison	21.40
	III	Carlos Moore, Morningside	21.31w
	IV	Lawrence Cotton, Kilpatrick	21.98w
2002	MC	Matt Bruno, Trabuco Hills	20.93
	I	Derrick Jones, Long Beach Poly	21.24
	II	Lionel Larry, Dominguez	21.42
	III	Matt Slater, Servite	21.93
	IV	Dominique Roux, Serra	21.87
2003	MC	Lionel Larry, Dominguez	20.87
	I	Brian Woods, Los Alamitos	21.41
	II	Anton Jamir, Cypress	21.73
	III	Lionel Larry, Dominguez	20.85w
	IV	Tristan Patton, Serra	22.01
2004	MC	Derrick Jones, Long Beach Poly	20.97
	I	Derrick Jones, Long Beach Poly	21.15
	II	Lionel Larry, Dominguez	20.73
	III	Rodney Glass, Notre Dame/Sherman Oaks	21.61
	IV	Chris Stevens, Mojave	21.76
2005	MC	Wes Williams, Esperanza	21.28
	I	Justin Woods, Los Alamitos	21.01w
	II	Garland West, Cypress	21.70w
	III	Rodney Glass, Notre Dame/Sherman Oaks	21.29
	IV	Zach Chandy, Sage Hill	21.49w
2006	MC	Bryshon Nellum, Long Beach Poly	21.00
	I	Bryshon Nellum, Long Beach Poly	21.06
	II	Ennis Jones, J.W. North	21.24
	III	Rodney Glass, Notre Dame/Sherman Oaks	21.27w
	IV	Zach Chandy, Sage Hill	21.19
2007	MC	Bryshon Nellum, Long Beach Poly	20.80w
	I	Bryshon Nellum, Long Beach Poly	20.58
	II	Nevin Gutierrez, J.W. North	21.57
	III	Randall Carroll, Cathedral	21.86
	IV	Adam Long, St. Bernard	21.49
2008	MC	Randall Carroll, Cathedral	21.29
	I	Joey Hughes, Long Beach Poly	21.25
	II	Tommy Curry, J.W. North	21.33
	III	Randall Carroll, Cathedral	21.33
	IV	Adam Long, St. Bernard	21.20
2009	MC	Ameer Webb, Tustin	21.59
	I	Reggie Wyatt, La Sierra	21.21w
	II	Kenny Jackson, Elsinore	21.22w
	III	Randall Carroll, Cathedral	20.93w
	IV	Robert Woods, Serra	21.43w
2010	MC	Remontay McClain, Covina	21.00w
	1	Davonte Stewart, A.B. Miller	21.38
	2	Jamison Jordan, Rio Mesa	21.11w
	3	Jalen Craver, Woodbridge	21.04
	4	Robert Woods, Serra	21.18w

STATE CHAMPIONS

Champion/School/Section	Mark
Andre Ammons, Skyline (OK)	20.91w
Kareem Kelly, Long Beach Poly (SS)	20.76
Kareem Kelly, Long Beach Poly (SS)	20.76w
Bennie Robinson, Long Beach Poly (SS)	20.96
Seth Amoo, Highland (SS)	21.05
Matt Bruno, Trabuco Hills (SS)	20.82
Lionel Larry, Dominguez (SS)	20.97
Derrick Jones, Long Beach Poly (SS)	21.10
Jamere Holland, Los Angeles Taft (LA)	20.88w
Bryshon Nellum, Long Beach Poly (SS)	20.96
Bryshon Nellum, Long Beach Poly (SS)	20.43
Randall Carroll, Cathedral (SS)	20.91
Randall Carroll, Cathedral (SS)	21.08
Remontay McClain, Covina (SS)	20.85w

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

200-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Time
2011	MC	Remontay McClain, Covina	20.87
	1	Devonte Stewart, A.B. Miller	20.89
	2	Braden Isaiah, Moreno Valley	21.21
	3	Remontay McClain, Covina	20.68
	4	Vinnie Saucer, Oaks Christian	21.78
2012	MC	Khalfani Muhammed, Notre Dame/Sherman Oaks	21.10
	1	Elijah Mitchell, Roosevelt	21.19
	2	Kyree King, Colony	21.14
	3	Khalfani Muhammad, Notre Dame/Sherman Oaks	21.10
	4	Vinnie Saucer, Oaks Christian	21.42
2013	MC	Khalfani Muhammed, Notre Dame/Sherman Oaks	20.73
	1	Myles Valentine, Upland	21.06
	2	Morgan Simon, Loyola	21.14
	3	Khalfani Muhammed, Notre Dame/Sherman Oaks	20.84
	4	Darrell Fuery, Serra	21.43
2014	MC	Michael Norman, Vista Murrieta	20.82
	1	Michael Norman, Vista Murrieta	21.06
	2	Curtis Godin, Mater Dei	20.90
	3	TJ Brock, Chaminade	21.13
	4	Ronny Hall, Serra	21.62w
2015	MC	Michael Norman, Vista Murrieta	20.46
	1	Michael Norman, Vista Murrieta	20.39w
	2	Gabe Warner, Woodbridge	21.17w
	3	TJ Brock, Chaminade	20.78w
	4	AV Bennett, Bishop Diego	21.85w
2016	MC	Michael Norman, Vista Murrieta	20.23
	1	Michael Norman, Vista Murrieta	21.22w
	2	Ryan Moya-Chapron, Colony	21.30w
	3	Alex Barnum, Harvard-Westlake	21.51
	4	Isaiah Diego Williams, Serra	20.98w
2017	MC	Isaiah Cunningham, Rancho Verde	21.52
	1	Isaiah Cunningham, Rancho Verde	21.22
	2	Miles Zoltak, Thousand Oaks	22.06
	3	Christian Shakir, Gahr	22.08
	4	Donovan Spearman, Crossroads	21.38
2018	MC	Christian Shakir-Ricks, Murrieta Mesa	21.32
	1	Asani Hampton, Yucaipa	21.50
	2	Christian Shakir-Ricks, Murrieta Mesa	21.47
	3	Colby Bowman, St. John Bosco	21.81
	4	Solomon Strader, Trinity Classical	21.96
2019	MC	Christian Grubb, Notre Dame/SO	21.24
	1	Kenyon Reed, Poly/Long Beach	21.52
	2	Nicholas Gates, Calabasas	21.72
	3	Christian Grubb, Notre Dame/SO	21.09
	4	Mekhi MAYS, SERRA	21.49
2020	No Playoffs - Covid-19		
2021	1	Malik Harness, Poly/Long Beach	21.17
	2	Daniel Sarisky, Thousand Oaks	21.40
	3	Max Thomas, Servite	21.44
	4	Rodrick Pleasant, Serra	21.02
2022	MC	Rodrick Pleasant, Serra	20.29
	1	Joalen Knox, Poly/Long Beach	20.77
	2	Jordan Washington, Jordan	20.93
	3	Max Thomas, Servite	20.68
	4	Roderick Pleasant, Serra	20.40
2023	MC	Rodrick Pleasant, Serra	20.17
	1	Jordan Washington, Jordan	20.76
	2	Anthony Flowers, South Torrance	20.95
	3	Alex Skalmoski, Servite	21.51
	4	Rodrick Pleasant, Serra	20.53
2024	1	Devin Bragg, Los Alamitos	21.15
	2	William Liu, Mark Keppel	20.51
	3	Roosevelt Reuben, Cathedral	21.25
	4	Eric He, Viewpoint	22.04

STATE CHAMPIONS

Champion/School/Section	Mark
Remontay McClain, Covina (SS)	20.95
Khalfani Muhammed, Notre Dame//SO (SS)	21.15
Khalfani Muhammed, Notre Dame/SO (SS)	20.86
Curtis Godin, Mater Dei (SS)	20.87
Michael Norman, Vista Murrieta (SS)	20.30
Michael Norman, Vista Murrieta (SS)	20.42
Isaiah Cunningham, Rancho Verde (SS)	21.07w
Christian Shakir-Ricks, Murrieta Mesa (SS)	20.98
Kenan Christon, Madison (SD)	20.69
No Playoffs - Covid-19	
Rodrick Pleasant, Serra (SS)	20.56
Rodrick Pleasant, Serra (SS)	20.67
Brandon Arrington Jr.(SD)	20.55

400 METERS
(440 Yards prior to 1980)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1913		George Parker, Pomona	52.2
1914		Morgan Lupher, Long Beach Poly	52.4
1915		George Conn, Pasadena	50.0
1916		Charles Fitzsimmons, Manual Arts	53.0
1917		John Isenbarger, Los Angeles Lincoln	52.4
1918		George Schiller, Los Angeles Poly	51.4
1919		Jeff Wilcox, Harvard	51.8
1920		Thurmond Clarke, Los Angeles	50.6
1921		Ed Shaw, Monrovia	51.6
1922		Ed Shaw, Monrovia	52.4
1923		Verden Nash, Huntington Beach	51.3
1924		Vernon Hanford, Manual Arts	51.8
1925		Vernon Hanford, Manual Arts	51.2
1926		Cliff Gantt, Los Angeles Poly	49.4
1927		Percy McArthur, Huntington Park	49.6
1928		Carl Childreth, Long Beach Poly	49.6
1929		Ed Carmichael, Los Angeles Jefferson	50.0
1930		Carl Satterfield, Manual Arts	50.2
1931		John McCarthy, Fairfax	48.9
1932		John Routt, Los Angeles Jefferson	49.3
1933		Murel Gillett, Central	48.5
1934		Bob Bonebrake, Orange	49.3
1935		Tom Bradley, Los Angeles Poly	49.7
1936		George Gray, Long Beach Wilson	49.9
1937		John Fawcett, Coronado	51.2
1938		Leroy Hopper, Montebello	50.3
1939		Armand Antunez, Glendale	49.6
1940		Duane Lewis, Compton	49.2
1941		O.B. Hughes, Whittier	49.3
1942		Don Williams, Glendale Hoover	49.7
1943		Lester Jones, Anaheim	50.7
1944		Jack Ray, Compton	51.5
1945		Norm Stocks, San Diego	50.2
1946		Norm Stocks, San Diego	49.3
1947		Roger Norgren, Redondo	50.0
1948		Don Balsley, San Dieguito	51.2
1949		Jerry Borlin, Glendale Hoover	50.6
1950		Clyde Wilson, Orange	51.2
1951		Jack North, Long Beach Jordan	50.4
1952		Lanny Carter, Orange	49.1
1953		Bruce Kitchen, Riverside	50.9
1954		Bruce Kitchen, Riverside	49.6
1955		Bob Dettbarn, Monrovia	49.4
1956		Dave Ross, California	49.3
1957		Norman Jehle, Chaffey	48.8
1958		Steve Schwartz, St. Francis	48.8
1959		John Patty, Long Beach Wilson	49.3
1960		Ulis Williams, Compton	48.4
1961		Ulis Williams, Compton	46.1
1962		Manuel Diaz, Keppel	48.2
1963		John McGowan, Centennial/Compton	48.8
1964		Spencer Williams, Chaffey	47.8
1965		Randy Julian, Bolsa Grande	47.9
1966		Randy Julian, Bolsa Grande	48.5
1967		Edesel Garrison, Centennial/Compton	47.6
1968		Edesel Garrison, Centennial/Compton	47.5
1969		Bill Sims, Whittier	48.1
1970		Tony Krzyzosiak, Garden Grove	48.8
1971		Tony Krzyzosiak, Garden Grove	47.7
1972		Robert Evans, Cajon	48.3
1973	MC	Robin Robinson, Centennial/Compton	48.7
	4-A	Robin Robinson, Centennial/Compton	48.4
	3-A	Jeff Leeds, Beverly Hills	48.8
	2-A	Bob Bradford, University	49.2
1974	MC	Brian Theriot, Newport Harbor	48.6
	4-A	Brian Theriot, Newport Harbor	48.5
	3-A	Everett Adams, Lynwood	49.8
	2-A	Calvin Dupleasis, Gladstone	49.1

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
George Parker, Stockton (SJ)	52.0
Karl Goeppart, San Francisco Lowell (SF)	52.2
George Conn, Pasadena (SS)	50.0
Mark Kellogg, Fresno (CE)	51.4
Dick Seltzer, Redlands (SS)	53.0
George Schiller, Los Angeles Poly (SS)	49.6
Jeff Wilcox, Harvard (SS)	54.2
Thurmond Clarke, Los Angeles (SS)	50.2
Ed Shaw, Monrovia (SS)	52.2
Ed Shaw, Monrovia (SS)	54.4
Vernon Hanford, Manual Arts (SS)	52.6
Wilburn Talbot, Sebastapol Analay (NC)	51.6
Walter Hanson, Concord Mt. Diablo (NC)	51.0
Cliff Gantt, Los Angeles Poly (SS)	50.0
Percy McArthur, Huntington Park (SS)	51.0
Carl Childreth, Long Beach Poly (SS)	50.2
Irvine Warburton, San Diego (SS)	49.6
Carl Satterfield, Manual Arts (SS)	50.3
John McCarthy, Fairfax (SS)	48.7
John Routt, Los Angeles Jefferson (SS)	50.1
Murel Gillett, El Centro Central (SS)	48.4
Doug Hammond, Hollywood (SS)	50.3
Howard Upton, Turlock (SJ)	48.9
George Gray, Long Beach Wilson (SS)	49.9
Wilbur Miller, Jefferson (LA)	49.7
Bob Hogan, Piedmont (NC)	50.4
Ken Horn, Fowler (CE)	50.5
Duane Lewis, Compton (SS)	48.8
O.B. Hughes, Whittier (SS)	49.9
(No meet held)	
(No meet held)	
(No meet held)	
(No meet held)	
Norm Stocks, San Diego (SS)	49.3
Luther Butler, Jefferson (LA)	49.4
Fred Thompson, Los Angeles Jordan (LA)	49.2
Luther Butler, Jefferson (LA)	49.2
George Adrian, Hollywood (LA)	49.3
Sherman Miller, Napa (NC)	48.8
Jack North, Long Beach Jordan (SS)	49.7
Lanny Carter, Orange (SS)	48.8
X.L. Emerson, Richmond (NC)	49.2
Bruce Kitchen, Riverside (SS)	48.7
Jerry White, Corcoran (CE)	48.7
Jerry White, Corcoran (CE)	46.7
Fred DeWitt, Berkeley (NC)	47.9
Dixon Farmer, Orinda Miramonte (NC)	48.6
Dixon Farmer, Orinda Miramonte (NC)	48.6
Ulis Williams, Compton (SS)	47.2
Ulis Williams, Compton (SS)	47.8
Manuel Diaz, Keppel (SS)	48.1
Tommie Smith, Lemoore (CE)	47.3
Fred Banks, Jefferson (LA)	47.5
Randy Julian, Bolsa Grande (SS)	47.4
Wayne Collett, Gardena (LA)	47.8
Mike Newton, Whittier (SS)	47.2
Edesel Garrison, Centennial/Compton (SS)	46.7
Larance Jones, Lemoore (CE)	46.6
Rick Brown, Los Altos (SS)	47.8
Tony Krzyzosiak, Garden Grove (SS)	46.7
Robert Harrell, Santa Ana (SS)	47.4
Ron Whitaker, San Francisco Wilson (SF)	47.0
Rod Conners, Sacramento Cordova (SJ)	47.7

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

400-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1975	MC	Brian Theriot, Newport Harbor	47.8
	4-A	Brian Theriot, Newport Harbor	48.0
	3-A	Mike Granville, Lynwood	49.5
	2-A	William Schlock, St. Genevieve	49.5
1976	MC	Donn Thompson, Gahr	48.2
	4-A	Tim Chambers, Santa Monica	48.1
	3-A	Terry Andrews, Pomona	49.0
	2-A	Donn Thompson, Gahr	47.5
1977	MC	James Sanford, Pasadena	47.5
	4-A	James Sanford, Pasadena	47.7
	3-A	Greg Jones, Mission Viejo	48.5
	2-A	Kenny Simons, Moreno Valley	49.3
	1-A	Ty Beamon, Holtville	51.2
1978	MC	Rod Bethany, Fontana	48.11
	4-A	Rod Bethany, Fontana	48.19
	3-A	James Moore, Garey	49.39
	2-A	Larry Dean, Moreno Valley	49.29
	1-A	Gary Denny, Orange Lutheran	50.66
1979	MC	John Garey, Fontana	48.84
	4-A	Mike Turner, Centennial/Compton	48.80
	3-A	Demetrius Cook, San Bernardino	49.19
	2-A	Frank Gerdine, Nogales	49.34
	1-A	Rodney Bragg, Western Christian	50.83
1980	MC	Mike Turner, Centennial/Compton	46.99
	4-A	Rod Barksdale, Compton	47.27
	3-A	Paul Jones, Cabrillo	47.88
	2-A	Mike Turner, Centennial/Compton	46.92
	1-A	Bob Clouston, Paso Robles	50.11
1981	MC	Ron Brown, Muir	46.98
	4-A	Darrell Willis, Norco	47.92
	3-A	Paul Jones, Cabrillo	48.19
	2-A	Andrew Guillory, Nogales	49.05
	1-A	Dwayne Biggers, Serra	49.20
1982	MC	Blair McMurray, Compton	47.52
	4-A	Terry Parks, Muir	47.34
	3-A	David Johnson, Cabrillo	48.17
	2-A	Jeff Conway, Santa Clara	48.68
	1-A	David Brown, Los Angeles Baptist	49.15
1983	4-A	Mark Howard, Long Beach Poly	47.15
	3-A	Jeff James, Beverly Hills	47.91
	2-A	Lawrence Callaway, Cabrillo	48.80
	1-A	Kurt Hocker, Verbum Dei	49.15
1984	4-A	Chip Rish, Marina	47.33
	3-A	Eric Schermerhorn, Woodbridge	47.09
	2-A	Lawrence Calloway, Cabrillo	48.82
	1-A	James Inga, Bishop	49.25
1985	MC	Chip Rish, Marina	47.12
	4-A	Chip Rish, Marina	47.05
	3-A	Leland Adams, West Covina	49.00
	2-A	Brian Estwick, Loyola	48.97
	1-A	Matt Large, Desert	49.74
1986	MC	John Hollis, Santa Ana Valley	48.31
	4-A	Travis Hannah, Hawthorne	47.85
	3-A	Cedric Coleman, Duarte	48.03
	2-A	Mark Briggs, Centennial/Compton	48.65
	1-A	Dave Lilly, Morro Bay	49.62
1987	MC	Travis Hannah, Hawthorne	47.80
	4-A	Paul Peters, Santa Ana Valley	47.79
	3-A	Bill Thurmond, Saddleback	48.59
	2-A	Jake Brown, Lompoc	48.35
	1-A	Jason Stein, Oak Park	50.41
1988	MC	Travis Hannah, Hawthorne	47.06
	4-A	Travis Hannah, Hawthorne	47.64
	3-A	Kerry Tate, Upland	48.20
	2-A	Ferrick Webster, Morningside	48.11
	1-A	Jason Stein, Oak Park	49.60
1989	MC	Langston Roosevelt, Dominguez	47.29
	4-A	Langston Roosevelt, Dominguez	47.54
	3-A	Roshawn Sims, Esperanza	49.62
	2-A	Tony Borquez, Alemany	48.21
	1-A	Jeff Ingales, Agoura	48.27

STATE CHAMPIONS

Champion/School (Section)	Mark
John Ware, Sacramento (SJ)	47.2
Darold Harris, Pittsburg (NC)	47.6
James Sanford, Pasadena (SS)	46.60
Bill Greene, Palo Alto Cubberly (CC)	46.77
Tony Banks, Morse (SD)	47.28
Mike Turner, Compton Centennial (SS)	47.51
David Timmons, Oakland (OK)	47.09
Fabian Cooper, Washington (LA)	46.38
Larry Walker, Fresno Edison (CE)	47.03
Chip Rish, Marina (SS)	46.82
Chip Rish, Marina (SS)	45.7
Steve Lewis, Fremont American (NC)	46.59
Steve Lewis, Fremont American (NC)	46.7
Travis Hannah, Hawthorne (SS)	47.02
Beno Bryant, Dorsey (LA)	47.52

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

400-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1990	MC	Gerald McCladdie, Centennial/Compton	47.69
	4-A	Mike Sulcer, Muir	48.53
	3-A	Dustin James, Ontario	48.43
	2-A	Gerald McCladdie, Centennial/Compton	48.34
	1-A	Kent Richter, Oak Park	49.00
1991	MC	Edward Hervey, Compton	47.13
	4-A	Edward Hervey, Compton	47.55
	3-A	Roshawn Sims, Esperanza	48.08
	2-A	Gerald McCladdie, Centennial/Compton	47.67
	1-A	Chiron Hart, Brethren Christian	50.23
1992	MC	James Redd, Fontana	47.29
	4-A	James Redd, Fontana	47.82
	3-A	Andre Desaussure, Royal	48.58
	2-A	Edward Turner, Morningside	48.79
	1-A	Dave Moran, Harvard-Westlake	50.15
1993	MC	Michael Granville, Bell Gardens	47.24
	I	Michael Granville, Bell Gardens	48.00
	II	Derek Favorite, Centennial/Corona	48.48
	III	Kevin Hill, Raso Robles	50.03
	IV	David Cass, Cate	50.23
1994	MC	Mike Russell, Rowland	47.53
	I	Obea Moore, Muir	47.49
	II	Ramsey Jay, Ventura	48.05
	III	Tyree Washington, La Sierra	47.84
	IV	Chris Mendez, St. Bonaventure	50.00
1995	MC	Obea Moore, Muir	46.18
	I	Obea Moore, Muir	45.96
	II	Tyree Washington, La Sierra	46.80
	III	Troy Garner, Notre Dame/Sherman Oaks	48.65
	IV	Ryan Taube, Orange Lutheran	50.47
1996	MC	Obea Moore, Muir	46.14
	I	Obea Moore, Muir	46.03
	II	Brent Williams, A.B. Miller	48.48
	III	Frank Rice, Serra	47.89
	IV	Terry Winston, Verbum Dei	49.66
1997	MC	Jucori Tryon, Muir	47.62
	I	Marques Anderson, Long Beach Poly	47.25
	II	Matt Appell, Ventura	49.09
	III	Chris Forde, Notre Dame/Sherman Oaks	47.80
	IV	Cedric White, Verbum Dei	50.71
1998	MC	Mike Ryan, Beverly Hills	47.53
	I	Travon Walton, Chino	48.35
	II	Shelton Davis, Villa Park	49.33
	III	Mike Ryan, Beverly Hills	47.38
	IV	Sedric White, Verbum Dei	49.25
1999	MC	Michael Mitchell, Paramount	47.54
	I	Michael Mitchell, Paramount	47.18
	II	Clark Goodwin, Ventura	49.14
	III	Mike Watson, Serra	49.27
	IV	Derek Johnson, Notre Dame/Riverside	48.49
2000	MC	Travon Walton, Chino	47.68
	I	Travon Walton, Chino	47.46
	II	Clark Goodwin, Ventura	48.88
	III	Rodney Diggs, Loyola	48.19
	IV	Derrick Johnson, Notre Dame/Riverside	47.74
2001	MC	Mario Bassani, Irvine	47.01
	I	Mario Bassani, Irvine	47.40
	II	Jarvis Littleton, Dominguez	49.36
	III	Curley Bledsoe, Banning	49.18
	IV	Grant Savoy, Carpinteria	50.17
2002	MC	Anthony Daniels, Canyon Springs	48.24
	I	Anthony Daniels, Canyon Springs	47.91
	II	Jeff Jacobs, Santa Margarita	48.15
	III	Ryan Davis, Yucca Valley	48.70
	IV	Dominique Roux, Serra	47.83
2003	MC	Tony Ramirez, Royal	47.56
	I	Tony Ramirez, Royal	48.29
	II	Joe Cowan, St. John Bosco	48.01
	III	Jeff Jacobs, Santa Margarita	48.44
	IV	Kevin Loung, St. Joseph/Santa Maria	49.05

STATE CHAMPIONS

Champion/School (Section)	Mark
Mike Sulcer, Muir (SS)	47.54
Richard Dupree, Fresno Roosevelt (CE)	47.21
Derek Shepard, San Francisco Lincoln (SF)	46.95
Calvin Harrison, North Salinas (CC)	45.25
James Davis, Will C. Wood (SJ)	46.96
Obea Moore, Muir (SS)	46.08
Obea Moore, Muir (SS)	45.81
Eddie Levine, Golden Valley (SJ)	46.77
Mike Ryan, Beverly Hills (SS)	47.62
Blaine Bussey, Taft (LA)	46.94
Brandon Matlock, Stockdale (CE)	47.63
Jason Lovell, Cleveland (LA)	47.51
Blake Mackey, Bakersfield (CE)	47.93
David Gettis, Dorsey (LA)	47.41

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

400-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2004	MC	Ken Moon, Corona	47.61
	I	Ken Moon, Corona	47.85
	II	Alan Lindsay, Moorpark	48.40
	III	Dane Hodgson, San Luis Obispo	49.16
	IV	Marcel Keeling, Serra	48.42
2005	MC	Bryshon Nellum, Long Beach Poly	47.05
	I	Bryshon Nellum, Long Beach Poly	47.28
	II	Nevin Gutierrez, J.W. North	48.27
	III	Donald Sanford, Morningside	47.80
	IV	Zach Chandy, Sage Hill	47.74
2006	MC	Bryshon Nellum, Long Beach Poly	46.89
	I	Bryshon Nellum, Long Beach Poly	47.38
	II	Nevin Gutierrez, J.W. North	47.19
	III	Chris Barton, Notre Dame/Sherman Oaks	48.04
	IV	Zach Chandy, Sage Hill	47.69
2007	MC	Bryshon Nellum, Long Beach Poly	46.69
	I	Bryshon Nellum, Long Beach Poly	46.55
	II	Reggie Wyatt, J.W. North	46.87
	III	Chris Barton, Notre Dame/Sherman Oaks	48.09
	IV	Mark Watley, Crespi	48.77
2008	MC	Joey Hughes, Long Beach Poly	47.41
	I	Joey Hughes, Long Beach Poly	47.47
	II	Duane Walker, Compton	47.95
	III	Phillip Rivera, Apple Valley	48.62
	IV	Mark Watley, Crespi	48.16
2009	MC	Reggie Wyatt, La Sierra	46.54
	I	Reggie Wyatt, La Sierra	46.45
	II	Garrett Baxter, Canyon/anaheim	48.85
	III	Jalen Craver, Artesia	47.70
	IV	Robert Woods, Serra	47.31
2010	MC	Josh Mance, Don Lugo	46.17
	1	Bernard Quinn	47.96
	2	Josh Mance, Don Lugo	46.32
	3	Jalen Craver, Woodbridge	46.92
	4	Robert Woods, Serra	46.99
2011	MC	Shaquille Howard, Long Beach Poly	47.15
	1	Shaquille Howard, Long Beach Poly	47.44
	2	Andres Vega, La Serna	48.40
	3	Sean Young, Irvine	48.45
	4	Pete Lauderdale, Serra	47.77
2012	MC	Alex Rohani, Beverly Hills	47.87
	1	Alex McElwee, Arcadia	47.97
	2	German Fabela, La Serna	48.03
	3	Alex Rohani, Beverly Hills	47.37
	4	Daniel Mouton, St. Bernard	48.68
2013	MC	Miles Parish, Etiwanda	47.45
	1	Miles Parish, Etiwanda	47.50
	2	Jonathan Moniz, Culver City	48.69
	3	Alex Rohani, Beverly Hills	47.35
	4	Daniel Mouton, St. Bernard	47.51
2014	MC	Michael Norman, Vista Murrieta	47.01
	1	Michael Norman, Vista Murrieta	47.50
	2	Gabe Warner, Woodbridge	47.86
	3	Matt Hurst, Corona del Mar	48.03
	4	Ronny Hall, Serra	48.29
2015	MC	Michael Norman, Vista Murrieta	46.70
	1	Michael Norman, Vista Murrieta	45.99
	2	Gabe Warner, Woodbridge	47.90
	3	Greg Campbell, Chaminade	47.29
	4	Varian Wilson, Nordhoff	49.45
2016	MC	Michael Norman, Vista Murrieta	46.43
	1	Michael Norman, Vista Murrieta	46.43
	2	Anthony Reyes, Elsinore	48.77
	3	Alex Perez, Damien	48.23
	4	Chase Wells, St. Bonaventure	48.29
2017	MC	Zachery Shinnick, Damien	46.38
	1	Zion Bowens, Long Beach Poly	47.27
	2	Miles Zoltak, Thousand Oaks	47.73
	3	Zachery Shinnick, Damien	46.93
	4	Malik Montgomery, Arrowhead Christian	48.18

STATE CHAMPIONS

Champion/School (Section)	Mark
David Gettis, Dorsey (LA)	46.69
David Gettis, Dorsey (LA)	45.84
Bryshon Nellum, Long Beach Poly (SS)	46.38
Bryshon Nellum, Long Beach Poly (SS)	45.54
Joey Hughes, Long Beach Poly (SS)	46.28
Reggie Wyatt, La Sierra (SS)	46.13
Josh Mance, Don Lugo (SS)	45.90
Shaquille Howard, Long Beach Poly (SS)	47.49
Alex Rohani, Beverly Hills, (SS)	47.34
Miles Parish, Etiwanda (SS)	46.53
Kemonie Briggs, Long Beach Wilson (SS)	46.92
Michael Norman, Vista Murrieta (SS)	45.19
Michael Norman, Vista Murrieta (SS)	45.77
Zachery Shinnick, Damien (SS)	46.12

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

400-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2018	MC	Matthew Okonkwo, Murrieta Mesa	47.47
	1	Parris Samaniego, Vista Murrieta	47.60
	2	Mathew Okonkwo, Murrieta Mesa	48.34
	3	Brayden Borquez, Harvard-Westlake	47.76
	4	Solomon Strader, Trinity Classical	48.55
2019	MC	Solomon Strader, West Ranch	47.04
	1	Solomon Strader, West Ranch	47.11
	2	Mekhi Evans-Bey, Culver City	48.18
	3	Ismail Turner, West Valley	46.74
	4	Brendan Fong, Maranatha	48.52
2020	No Playoffs - Covid-19		
2021	1	Phillip Jefferson, Wilson/Long Beach	48.28
	2	Zaire Waring, Culver City	48.36
	3	Jaden Smith, St. John Bosco	49.01
	4	Reid Pullens, Maranatha	49.89
2022	MC	Chris Goode, West Ranch	46.75
	1	Christopher Coats, Upland	47.82
	2	Christopher Goode, West Ranch	46.94
	3	William Mullins, Cathedral	47.62
	4	Liam Gair, Villanova Prep	48.28
2023	MC	Xai Ricks, Poly/Long Beach	46.50
	1	Xai Ricks, Poly/Long Beach	46.57
	2	Ifeoluwaleyi Orekoya, Westlake	48.97
	3	Dylan Ochoa, Northview	48.04
	4	Chase Hansen, Oaks Christian	47.89
2024	1	Rider Cooper, Portola	47.37
	2	Duaine Mayrant, Culver City	47.09
	3	Dylan Ochoa, Northview	47.98
	4	Matthew Curry, Sierra Canyon	49.82

STATE CHAMPIONS

Champion/School (Section)	Mark
Max Glasser, Marin Catholic (NC)	46.97
Zachary Larrier, Monterey Trail (SJS)	46.73
No Playoffs - Covid 19	
No Playoffs - Covid 19	
Jeremiah Walker, Central (CS)	47.49
Dijon Stanley, Granada Hills Charter (LA)	45.77
Xai Ricks, Long Beach Poly (SS)	46.79

800 METERS

(880 Yards prior to 1980)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1913		Clarence Beebe, Anaheim	2:02.4
1914		Clarence Beebe, Anaheim	2:04.0
1915		Noel George, Los Angeles Poly	2:03.4
1916		Robert Whiteside, Pomona	2:02.4
1917		Wesley Frost, Redlands	2:04.8
1918		Calvin Dean, Fullerton	2:02.6
1919		Joe Foss, Riverside	2:05.2
1920		Paul Stroud, Perris	2:04.6
1921		Irving Thomas, Manual Arts	2:02.8
1922		Irving Thomas, Manual Arts	2:02.8
1923		Harold Lovejoy, Long Beach Poly	2:01.8
1924		Ed Cloege, Covina	1:59.1
1925		Ed Cloege, Covina	1:59.4
1926		Bill McGeagh, Los Angeles Poly	1:59.0
1927		Bill McGeagh, Los Angeles Poly	2:00.4
1928		Dave Foore, Los Angeles	1:58.0
1929		Ferris Webster, Webb	1:59.0
1930		Fred Rathbun, Long Beach Poly	2:02.6
1931		Carl Satterfield, Manual Arts	2:00.0
1932		Ray Cartwright, Santa Ana	1:56.6
1933		Melvin Nickerson, Los Angeles Poly	1:58.3
1934		Irving Isom, Fremont	1:59.4
1935		Phil Craves, Hollywood	1:57.8
1936		Virgil DeLapp, Montebello	2:02.1
1937		Frank Bruno, Inglewood	2:00.7
1938		Leroy Weed, Coachella Valley	1:57.0
1939		Paul Christensen, Beverly Hills	1:58.6
1940		Homer Philbrick, Ventura	2:06.0
1941		Thelmo Knowles, Santa Monica	1:55.7
1942		William Callon, Compton	1:58.5
1943		Roland Sink, South Pasadena	2:00.9
1944		Serry Fagan, Beverly Hills	2:00.6
1945		Serry Fagen, Beverly Hills	2:01.9
1946		Clarence Witt, Redondo	1:58.7
1947		Jerome Walters, Compton	2:00.8
1948		Wilbur Firestone, Compton	2:00.0

STATE CHAMPIONS

Champion/School (Section)	Mark
Clarence Beebe, Anaheim (SS)	2:01.6
Leslie Allenby, Ukiah (NC)	2:01.4
Gerald Blankenship, Visalia (CE)	1:59.8
Colin Kilby, Coalinga (CE)	2:02.8
Harleigh Baker, Fillmore (SS)	2:02.0
Ken Saunders, Pasadena (SS)	2:02.8
Jerry Pearce, Berkeley (NC)	2:08.2
Paul Stroud, Perris (SS)	1:59.4
Elmer Boyden, Vallejo (SJ)	1:59.2
Irving Thomas, Manual Arts (SS)	2:04.6
Earl Lockhart, Sacramento (SJ)	1:59.0
Ed Cloege, Covina (SS)	1:59.1
Alex McKinnon, Los Angeles Poly (SS)	1:59.8
Doug Knowles, Bakersfield (CE)	2:01.2
Bill McGeagh, Los Angeles Poly (SS)	2:02.8
Herb Welch, Visalia (CE)	2:01.2
Herb Welch, Visalia (CE)	1:58.4
Al Hassan, Los Angeles Jefferson (SS)	2:00.1
Carl Satterfield, Manual Arts (SS)	1:57.6
Ray Cartwright, Santa Ana (SS)	2:00.6
Bill McCurdy, Tamalpais (NC)	2:00.1
Mel Nickerson, Los Angeles Poly (SS)	1:58.4
Ralph Wood, Carpinteria (SS)	1:57.6
Jerry Lopez, Auburn Placer (SJ)	1:57.1
Jim Lawson, Los Angeles Jordan (LA)	1:59.7
Leroy Weed, Coachella Valley (SS)	1:58.8
Paul Christensen, Beverly Hills (SS)	2:01.3
Roger Lane, San Rafael (NC)	1:57.5
Thelmo Knowles, Santa Monica (SS)	1:55.6
(No meet held)	
(No meet held)	
(No meet held)	
(No meet held)	
Dan Guest, Santa Monica (SS)	2:00.5
Jerome Walters, Compton (SS)	1:57.6
Wilbur Firestone, Compton (SS)	1:57.8

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

800-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1949		Wilbur Firestone, Compton	1:59.2
1950		Warren Sanborn, Glendale	1:59.0
1951		Bob Seuss, Huntington Beach	1:59.8
1952		Bert Purdue, Harvard	1:59.7
1953		Ray Coyle, Bonita	2:00.8
1954		Dick Geyer, Grossmont	1:59.1
1955		Ernie Cunliffe, Claremont	1:54.7
1956		Wayne Lemons, Riverside	1:55.3
1957		Jim Cerveny, Mission Bay	1:53.3
1958		Bill Crowley, Compton	1:54.0
1959		Jay Dunn, Chula Vista	1:54.7
1960		Ray Van Asten, Bonita	1:53.0
1961		Bob Delaney, Orange	1:53.4
1962		John Peck, Harvard	1:53.1
1963		Dennis Carr, Lowell	1:52.2
1964		Devone Smith, Compton	1:51.1
1965		Richard Joyce, Sierra	1:51.2
1966		Karl Henry, Eisenhower	1:52.1
1967		Don Burns, Redondo	1:51.5
1968		Greg Jones, Long Beach Poly	1:51.1
1969		Bob Langston, Millikan	1:53.9
1970		Bob Franek, Whittier	1:52.2
1971		Percell Keeling, Morningside	1:52.7
1972		Robert Harrell, Santa Ana	1:53.1
1973	MC	Randy Lopez, Alhambra	1:53.8
	4-A	Curtis Beck, Santa Monica	1:51.5
	3-A	Willard Branch, Barstow	1:55.6
	2-A	Steve Youngblood, San Dimas	1:55.5
1974	MC	Tom Lloy, Edison	1:52.8
	4-A	Tom Lloy, Edison	1:52.2
	3-A	Steve Scott, Upland	1:53.8
	2-A	Tom Dastrup, La Canada	1:55.4
1975	MC	Tom Lloy, Edison	1:53.2
	4-A	Tom Lloy, Edison	1:54.8
	3-A	Larry Hayden, Sunny Hills	1:54.4
	2-A	Carl Van Fleet, San Marino	1:54.2
1976	MC	Casey Cox, Upland	1:54.0
	4-A	Steve Christensen, Edison	1:56.1
	3-A	Casey Cox, Upland	1:54.3
	2-A	Greg Francis, Yucaipa	1:53.6
1977	MC	Jim Walters, Estancia	1:52.0
	4-A	Dave Kingsland, El Modena	1:52.3
	3-A	Tim McCalley, Notre Dame	1:53.1
	2-A	George Lillig, Bosco Tech	1:55.7
	1-A	Kirk Richter, Fillmore,	2:01.1
1978	MC	Gary Hardwick, Long Beach Wilson	1:54.07
	4-A	Gary Hardwick, Long Beach Wilson	1:55.42
	3-A	Tim Deckert, Savanna	1:56.88
	2-A	Ron Arnold, Duarte	1:56.00
	1-A	Rick Creekmore, Bloomington	1:59.34
1979	MC	Juan Neucke, Walnut	1:54.20
	4-A	Juan Neucke, Walnut	1:54.52
	3-A	Mike Bruggeman, Corona del Mar	1:54.70
	2-A	Greg Vinning, Hawthorne	1:55.16
	1-A	Phil Adcock, Carpinteria	1:56.89
1980	MC	Eddie Davis, Compton	1:51.68
	4-A	Scott Cox, Long Beach Wilson	1:51.70
	3-A	Greg Vinning, Hawthorne	1:51.60
	2-A	Scott Legal, Westlake	1:54.93
	1-A	Phil Adcock, Carpinteria	1:54.36
1981	MC	Ed Davis, Compton	1:52.24
	4-A	Ed Davis, Compton	1:49.43
	3-A	Eric Behring, La Habra	1:54.65
	2-A	Steve Trelease, Bishop Montgomery	1:55.35
	1-A	Mike Blada, Leuzinger	1:54.95
1982	MC	John Phillips, Los Altos	1:51.59
	4-A	John Phillips, Los Altos	1:51.94
	3-A	Brian Casey, Righetti	1:52.97
	2-A	Jim Fisher, Bishop Amat	1:53.68
	1-A	Don Young, St. Joseph/Santa Maria	1:54.23

STATE CHAMPIONS

Champion/School (Section)	Mark
Wilbur Firestone, Compton (SS)	1:58.1
Lang Stanley, Jefferson (LA)	1:53.9
Gene Jones, Oakland Technical (OK)	1:58.9
Jim Briggs, Pittsburg (NC)	1:57.2
Don Bowden, San Jose Lincoln (CC)	1:57.1
Don Bowden, San Jose Lincoln (CC)	1:52.9
Leonard Havens, Avenal (CE)	1:57.0
Jerry Siebert, Willits (NC)	1:53.8
Jim Cerveny, Mission Bay (SS)	1:52.7
Alfred Gentry, Fremont (LA)	1:55.4
Dave Dunbar, Daly City Westmoor (CC)	1:53.2
Ray Van Asten, Bonita (SS)	1:59.1
Mike Gibeau, San Francisco Lincoln (SF)	1:53.1
Doug Parker, Chino (SS)	1:52.2
Dennis Carr, La Habra Lowell (SS)	1:50.9
Bob Hose, Madison (SD)	1:51.7
Richard Joyce, Whittier Sierra (SS)	1:48.8
Terry Rogers, San Diego Hilltop (SD)	1:51.5
Lawrence Banks, Dorsey (LA)	1:51.2
George Alfaro, Pittsburg (NC)	1:52.3
Ricco Sanchez, Canoga Park (LA)	1:51.6
Rick Brown, Los Altos (CC)	1:50.6
Percell Keeling, Morningside (SS)	1:51.8
Dale Scott, El Cerrito (NC)	1:49.7
Randy Lopez, Alhambra (SS)	1:52.4
John Musich, Burbank (SS)	1:51.0
Conrad Suhr, San Jose Leigh (CC)	1:51.0
Wyatt Bishop, Belmont Carlmont (CC)	1:54.4
Jim Walters, Estancia (SS)	1:49.4
Bennie Brown, Pacific Palisades (LA)	1:51.83
David Mack, Locke (LA)	1:50.18
Pete Quinones, Tulare (CE)	1:50.15
Pete Richardson, Berkeley (NC)	1:47.31
John Phillips, Los Altos (SS)	1:49.99

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

800-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1983	4-A	Ted McCullough, Long Beach Poly	1:52.22
	3-A	Andy Sims, Dana Hills	1:53.84
	2-A	Brian Casey, Righetti	1:52.25
	1-A	Vaughan Kastor, Chaminade	1:55.43
1984	4-A	Robert Nesbit, West Covina	1:52.91
	3-A	Eric Schermerhorn, Woodbridge	1:51.69
	2-A	Brian Shields, Loyola	1:53.70
	1-A	Sam Grijalva, Atascadero	1:57.16
1985	MC	Sean Kelly, Hawthorne	1:51.08
	4-A	Sean Kelly, Hawthorne	1:50.94
	3-A	Vincent Thompson, Ganesha	1:53.38
	2-A	Jarvis Johnson, Verbum Dei	1:57.02
	1-A	Matt Large, Desert	1:57.59
1986	MC	Matt Large, Desert	1:53.67
	4-A	Jim Sorenson, Villa Park	1:55.39
	3-A	Craig Olsen, El Dorado	1:55.00
	2-A	Dennis O'Sullivan, Alemany	1:55.47
	1-A	Matt Large, Desert	1:54.13
1987	MC	Travis Cooksey, Rio Mesa	1:53.37
	4-A	Travis Cooksey, Rio Mesa	1:52.05
	3-A	Nick John Haiduc, Servite	1:54.13
	2-A	Jeff Pierce, Orange	1:58.81
	1-A	Brian Ochs, Mission Prep	1:56.91
1988	MC	Eric Smith, Redlands	1:52.22
	4-A	Morgan Bateman, Crescenta Valley	1:52.87
	3-A	Edger Montes, Nogales	1:53.16
	2-A	Brent Jones, Brea Olinda	1:55.70
	1-A	Coley Candaele, Carpinteria	1:55.88
1989	MC	Coley Candaele, Carpinteria	1:51.58
	4-A	Erick McBride, Palmdale	1:51.52
	3-A	Mike Terry, El Modena	1:55.17
	2-A	Brian Sax, San Marino	1:54.12
	1-A	Coley Candaele, Carpinteria	1:52.80
1990	MC	Coley Candaele, Carpinteria	1:53.16
	4-A	Jason Jenkins, Eisenhower	1:53.72
	3-A	Mike Terry, El Modena	1:55.05
	2-A	Louie Quintana, Arroyo Grande	1:51.91
	1-A	Coley Candaele, Carpinteria	1:50.87
1991	MC	Bryan Woodward, Long Beach Poly	1:52.72
	4-A	Bryan Woodward, Long Beach Poly	1:53.12
	3-A	Mike Terry, El Modena	1:52.95
	2-A	Alex Aguilar, Norte Vista	1:55.80
	1-A	Kealoah Stokes, Twentynine Palms	1:57.34
1992	MC	Bryan Woodward, Long Beach Poly	1:50.48
	4-A	Bryan Woodward, Long Beach Poly	1:53.52
	3-A	Nathan Woods, Duarte	1:53.72
	2-A	Marcus Ferrara, South Torrance	1:57.99
	1-A	Joel Lopez, Fillmore	1:52.56
1993	MC	Nathan Woods, Duarte	1:52.36
	I	Nathan Woods, Duarte	1:53.92
	II	Tad Heath, Foothill	1:55.45
	III	Marcus Ferrara, South Torrance	1:56.04
	IV	Ryan Cunningham, Cate	1:58.57
1994	MC	Michael Granville, Bell Gardens	1:50.76
	I	Michael Granville, Bell Gardens	1:48.98
	II	Eric Dunn, Arroyo Grande	1:55.43
	III	Juan Rios, La Puente	1:54.98
	IV	Stephen Miller, Maranatha	1:57.67
1995	MC	Michael Granville, Bell Gardens	1:49.43
	I	Michael Granville, Bell Gardens	1:49.65
	II	Brian O'Bannon, Ocean View	1:54.38
	III	Derek Loudenback, Mira Costa	1:54.57
	IV	Brandon Pacheco, Brethren Christian	1:51.55
1996	MC	Michael Granville, Bell Gardens	1:48.76
	I	Michael Granville, Bell Gardens	1:47.94
	II	Mark Hassell, Barstow	1:56.06
	III	Kevin Elliott, Mira Costa	1:54.60
	IV	Brian Beauchamp, Paraclete	1:59.71

STATE CHAMPIONS

Champion/School (Section)	Mark
Kimmie James, Richmond (NC)	1:50.63
Eric Schermerhorn, Woodbridge (SS)	1:49.61
Sean Langer, Bakersfield (CE)	1:51.75
Vincent Thompson, Locke (LA)	1:50.25
Don Gabor, Amador Valley (NC)	1:52.3
Mark Senior, Mount Miguel (SD)	1:51.37
Gordon Johnson, Piedmont (NC)	1:51.88
Craig Magress, Santa Teresa (CC)	1:51.66
Mike Terry, El Modena (SS)	1:53.99
Mike Katri, Fortuna (NC)	1:49.56
Vondre Armour, Bakersfield (CE)	1:50.13
Michael Granville, Bell Gardens (SS)	1:49.82
Aaron Richberg, James Logan (NC)	1:48.40
Michael Granville, Bell Gardens (SS)	1:50.68

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

800-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1997	MC	Ryan Meuse, Simi Valley	1:54.40
	I	Mark Hassell, Barstow	1:54.55
	II	Devin Lindohl, Dana Hills	1:55.87
	III	Kevin Elliott, Mira Costa	1:53.87
	IV	Brad Hegemier, Los Angeles Baptist	1:59.14
1998	MC	Ryan Meuse, Simi Valley	1:54.58
	I	Ryan Meuse, Simi Valley	1:55.76
	II	Mark Gleason, Mission Viejo	1:54.92
	III	David Juiliano, Bonita	1:54.00
	IV	Ben Scott, Carpinteria	1:57.99
1999	MC	Chris Burns, Ontario	1:54.04
	I	Chris Burns, Ontario	1:53.72
	II	Antonio Lozano, Mark Keppel	1:56.03
	III	Jonathan Rymysza, Chaminade	1:58.07
	IV	Ben Scott, Carpinteria	1:56.46
2000	MC	Alonso Smith, Tustin	1:53.77
	I	Mike Serratos, Don Lugo	1:54.27
	II	Alonso Smith, Tustin	1:53.46
	III	Darren Quinn, Notre Dame/Sherman Oaks	1:53.93
	IV	Jonathan Wade, Pacific Hills	1:53.85
2001	MC	Raphael Asafo-Agyei, Don Lugo	1:52.52
	I	Raphael Asafo-Agyei, Don Lugo	1:52.60
	II	Alonso Smith, Tustin	1:53.40
	III	Mario Cobian, Rosemead	1:54.16
	IV	Greydon Foil, Laguna Blanca	1:57.69
2002	MC	Duane Solomon, Cabrillo/Lompoc	1:52.84
	I	Kyle Sunderland, Etiwanda	1:53.84
	II	Michael Haddan, Woodbridge	1:53.79
	III	Duane Solomon, Cabrillo/Lompoc	1:52.38
	IV	Amando Flores, Carpinteria	1:55.25
2003	MC	Duane Solomon, Cabrillo/Lompoc	1:52.39
	I	Edward Giles, Long Beach Poly	1:52.29
	II	Michael Haddan, Woodbridge	1:52.61
	III	Duane Solomon, Cabrillo/Lompoc	1:50.99
	IV	Keith Torluemke, CAMS	1:58.22
2004	MC	Michael Haddan, Woodbridge	1:51.50
	I	Bryan Rodie, Royal	1:52.71
	II	Michael Haddan, Woodbridge	1:54.30
	III	Josh Castaneda, Bonita	1:52.72
	IV	Bryant Loung, St. Joseph/Santa Maria	1:55.16
2005	MC	Colin Campbell, Ventura	1:53.34
	I	Tony Guadagnini, Marina	1:53.52
	II	Colin Campbell, Ventura	1:52.07
	III	Josh Castaneda, Bonita	1:54.52
	IV	Eric Meissner, Oaks Christian	1:54.29
2006	MC	Cory Primm, Westlake	1:52.65
	I	Ryan Gamboa, Upland	1:51.68
	II	Cory Primm, Westlake	1:52.51
	III	Ryan Martin, Santa Margarita	1:54.82
	IV	Westley Riley, La Salle	1:55.67
2007	MC	Cory Primm, Westlake	1:50.41
	I	Ryan Gamboa, Upland	1:52.65
	II	Cory Primm, Westlake	1:50.90
	III	Ryan Martin, Santa Margarita	1:54.01
	IV	David Branch, Woodcrest Christian	1:55.09
2008	MC	Emmanuel Ngula, Vista del Lago	1:53.34
	I	Steven Norton, La Sierra	1:53.89
	II	Louie Gallardo, Mater Dei	1:53.90
	III	Doug Bettisworth, Oak Park	1:54.19
	IV	Bryce Van Bostel, Shandon	1:57.31
2009	MC	Sean Krinik, Valencia/Placentia	1:53.79
	I	Ruben Daniels, Rancho Verde	1:53.79
	II	Sean Krinik, Valencia/Placentia	1:51.82
	III	Chris Cheng, Harvard Westlake	1:54.07
	IV	Bryce Van Bostel, Shandon	1:55.55
2010	MC	Sean Krinik, Valencia/Placentia	1:49.18
	1	Greg Dotson, Burbank	1:50.38
	2	Sean Krinik, Valencia/Placentia	1:49.77
	3	Josh Kingsland, Woodbridge	1:54.53
	4	Andrew Lantz, Webb	1:54.75

STATE CHAMPIONS

Champion/School (Section)	Mark
James Levine, Golden Valley (SJ)	1:50.62
Jon Stevens, Mission San Jose (NC)	1:52.07
Brandon Shaw, Rancho Verde (SS)	1:53.98
Mike Serratos, Don Lugo (SS)	1:51.75
Tykie Harris, San Geronio (SS)	1:53.80
Michael Haddan, Woodbridge (SS)	1:51.41
Duane Solomon, Cabrillo/Lompoc (SS)	1:49.79
Bryan Rodie, Royal (SS)	1:52.04
Jesse O'Brien, San Pasqual (SD)	1:53.71
Cory Primm, Westlake (SS)	1:50.53
Cory Primm, Westlake (SS)	1:50.95
Charles Jock, Mission Bay (SD)	1:51.64
Sean Krinik, Valencia/Placentia (SS)	1:51.83
Sean Krinik, Valencia/Placentia (SS)	1:48.20

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

800-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2011	MC	Immanuel Hutchinson, San Jacinto	1:50.50
	1	Myles Andrews, Long Beach Poly	1:51.08
	2	Elias Gedyon, Loyola	1:54.20
	3	Immanuel Hutchinson, San Jacinto	1:51.49
	4	Connor Reck, Santa Ynez	1:53.84
2012	MC	Brett Moulton, Santiago/Corona	1:52.58
	1	Brett Moulton, Santiago/Corona	1:51.64
	2	Dustin Herold, Redondo Union	1:54.30
	3	David Manahan, Harvard Westlake	1:54.15
	4	Jack Percival, Sage Hill	1:55.85
2013	MC	Jeremiah Bias, Vista del Lago	1:53.59
	1	Jacob Orozco, Lakewood	1:52.56
	2	Jeremiah Bias, Vista del Lago	1:53.79
	3	Paul Messana, South Pasadena	1:55.44
	4	Isaiah Thompson, Sherman Indian	1:53.69
2014	MC	David Manahan, Harvard Westlake	1:52.96
	1	Eamon Smythe, Edison	1:52.56
	2	Ellis Newton, Mayfair	1:51.86
	3	David Manahan, Harvard Westlake	1:52.53
	4	Alan Yoho, Flintridge Prep	1:56.27
2015	MC	Thomas Heib, Los Alamitos	1:51.49
	1	Isaac Cortes, Grreat Oak	1:51.44
	2	Cobie Chavez, Temescal Canyon	1:54.96
	3	Anthony Chaidez, Notre Dame/Sherman Oaks	1:55.24
	4	Cameron Kunde, Nordhoff	1:54.26
2016	MC	Connor Dunne, San Clemente	1:50.41
	1	Isaac Cortes, Great Oak	1:50.55
	2	Xolan Brown, Redlands	1:53.68
	3	Anthony Chaidez, Notre Dame/Sherman Oaks	1:52.49
	4	Cameron Kunde, Nordhoff	1:55.57
2017	MC	Ian Irish, Palos Verdes	1:55.21
	1	Solomon Fountain, Great Oak	1:55.10
	2	Garnett Rexford, Mission Viejo	1:55.52
	3	Kevin Wilkinson, Alemany	1:55.26
	4	Garret Morgan, Nipomo	1:57.68
2018	MC	Sam VanDorpe, Mater Dei	1:51.44
	1	Ryan Bush, Tesoro	1:54.37
	2	Sam VanDorpe, Mater Dei	1:52.36
	3	Ian Irish, Palos Verdes	1:55.09
	4	Jamie Moreland, Campbell Hall	1:54.62
2019	MC	Kai Wingo, Valencia/Valencia	1:54.87
	1	Kai Wingo, Valencia/Valencia	1:52.08
	2	Justin Larson, Northwood	1:54.23
	3	Kai Dettman, South Pasadena	1:53.49
	4	Jason Messner, Foothill Technology	1:57.35
2020	No Playoffs - Covid-19		
2021	MC		
	1	Joseph Mateo, Great Oak	1:53.58
	2	Matthew Russell, Royal	1:53.21
	3	Isaac Dienstag, Harvard Westlake	1:57.79
	4	Oshea Foster, La Salle	1:54.50
2022	MC	Ellis Delvecchio, Thacher	1:51.11
	1	Aaron Sahlman, Newbury Park	1:52.54
	2	Jai Dawson, Dana Hills	1:52.73
	3	Eric Martinez, Damien	1:54.99
	4	Ellis Delvecchio, Thacher	1:52.38
2023	MC	Ambodai Ligons, Cathedral	1:51.96
	1	Lamarr Kirk Jr., Poly/Long Beach	1:54.13
	2	Luke Sawyer, Calabasas	1:56.13
	3	Ambodai Ligons, Cathedral	1:52.62
	4	Sebastian Sutch, Cate	1:55.12
2024	1	Wyland Obando, Long Beach Wilson	1:52.04
	2	Diego Mejia, Godinez	1:53.70
	3	Ambodai Ligons, Cathedral	1:51.32
	4	Christian Bryan, Oakwood	1:56.40

STATE CHAMPIONS

Champion/School (Section)	Mark
Immanuel Hutchinson, San Jacinto (SS)	1:49.63
Alexander Monsivaiz, Army & Navy Academy (SD)	1:51.34
Ivan Gonzalez, Ridgeview (CE)	1:50.71
David Manahan, Harvard Westlake (SS)	1:51.04
Isaac Trevino, Centennial/Bakersfield (CE)	1:51.55
Isaac Cortes, Great Oak (SS)	1:50.75
Jeff Charvet , Heritage	1:51.07
Jason Gomez, Westmont (NC)	1:50.21
Kai Wingo, Valencia/Valencia (SS)	1:51.71
No Playoffs - Covid 19	
Ellis Delvecchio, Thacher (SS)	1:50.82
Joseph Lighthall, Hughson (SJ)	1:52.06
Cain Evans, Carlsbad (SD)	1:50.21

1600 METERS
(Mile prior to 1980)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1913		Clarence Beebe, Anaheim	4:35.0
1914		Clarence Beebe, Anaheim	4:39.4
1915		Robert Crippen, Los Angeles Poly	4:40.4
1916		Cyril Cooper, Pasadena	4:39.2
1917		Grant Swan, Los Angeles Lincoln	4:35.8
1918		John Knight, Long Beach Poly	4:46.2
1919		Arvine Marvin, Los Angeles Lincoln	4:42.8
1920		Atwood Scovel, Manuel Arts	4:42.4
1921		Bill Kerr, Huntington Beach	4:36.4
1922		Bill Kerr, Huntington Beach	4:36.0
1923		Richard Plate, Los Angeles Poly	4:40.0
1924		Dillard Carnahan, Riverside	4:34.3
1925		Chesley Unruh, El Monte	4:29.6
1926		Jack Ferguson, Inglewood	4:33.8
1927		Harold Breeding, Santa Ana	4:32.4
1928		Wally Minch, Inglewood	4:32.2
1929		Evan Dowers, San Diego	4:32.6
1930		Evan Dowers, San Diego	4:32.6
1931		Glenn Hotchkiss, Washington	4:33.0
1932		Virgil Hooper, Antelope Valley	4:33.8
1933		Virgil Hooper, Antelope Valley	4:30.8
1934		Louis Zamperini, Torrance	4:21.2
1935		Louis Zamperini, Torrance	4:27.2
1936		Larry Valero, Valencia	4:36.3
1937		Doug Meadowcroft, Santa Monica	4:40.1
1938		Eddie Babe, Sherman Indian	4:30.4
1939		Al Heredia, San Diego	4:29.3
1940		Gil Webb, Redlands	4:31.5
1941		Jesse Flores, Santa Paula	4:30.7
1942		Roland Sink, South Pasadena	4:34.0
1943		Roland Sink, South Pasadena	4:21.4
1944		John Cherry, Colton	4:36.1
1945		John Cherry, Colton	4:36.2
1946		Chuck Kohl, Compton	4:30.7
1947		Chuck Kohl, Compton	4:28.6
1948		Jerome Walters, Compton	4:26.9
1949		Robert Simon, Pomona	4:30.6
1950		Larry Carter, Glendale	4:32.4
1951		Fernando Ledesma, Compton	4:34.1
1952		Fernando Ledesma, Compton	4:25.3
1953		Danny Schweikart, Whittier	4:32.9
1954		Ty Hadley, Bellflower	4:25.8
1955		Tod White, Newport Harbor	4:23.2
1956		Grady Neal, Fullerton	4:22.1
1957		James McGowan, Morningside	4:23.4
1958		Woody Covington, Compton	4:22.1
1959		Dale Story, Orange	4:17.7
1960		Bruce Bess, La Habra	4:25.9
1961		Bruce Bess, La Habra	4:15.1
1962		Bruce Bess, La Habra	4:15.8
1963		Tracy Smith, Arcadia	4:12.6
1964		Rick Romero, Burbank	4:14.0
1965		Carl Trentadue, Westminster	4:08.5
1966		Richard Serros, Oxnard	4:13.5
1967		Mike Solomon, Westminster	4:09.2
1968		Maury Greer, Lakewood	4:12.8
1969		Terry Lamb, Bolsa Grande	4:10.4
1970		Bill Murray, Mira Costa	4:16.5
1971		Paul Cummings, Righetti	4:11.8
1972		Mark Schilling, Garden Grove	4:10.6
1973	4-A	Barrie Williams, North Torrance	4:09.8
	3-A	Terry Williams, Lompoc	4:08.4
	2-A	Pat Dutzi, El Dorado	4:16.4
1974	MC	Andy Clifford, Sunny Hills	4:10.1
	4-A	Andy Clifford, Sunny Hills	4:10.8
	3-A	Jim Schankel, Lompoc	4:14.4
	2-A	Eric Hulst, Laguna Beach	4:13.7
1975	MC	Ralph Serna, Loara	4:08.3
	4-A	Ralph Serna, Loara	4:12.7
	3-A	Jeff Adams, Palmdale	4:20.4
	2-A	Eric Hulst, Laguna Beach	4:13.9

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Clarence Beebe, Anaheim (SS)	4:38.4
Samuel Berry, Redlands (SS)	4:26.4
Gerald Blankenship, Visalia (CE)	4:30.0
Andy Silvas, Oakland Technical (OK)	4:40.6
Whitney Reeves, Pasadena (SS)	4:37.4
Jerry Pearce, Berkeley (NC)	4:44.4
Atwood Scovel, San Bernardino (SS)	4:47.0
Charlie Watts, Berkeley (NC)	4:36.2
Bill Kerr, Huntington Beach (SS)	4:30.4
Les Schwoeboda, Petaluma (NC)	4:40.0
Earl Lockhart, Sacramento (SJ)	4:31.6
Lee Hansen, Manual Arts (SS)	4:37.1
Chesley Unruh, El Monte (SS)	4:35.2
Jack Ferguson, Inglewood (SS)	4:35.7
Cliff Halstead, Sacramento (SJ)	4:33.6
Dick Brooks, Redlands (SS)	*
John Baker, Huntington Beach (SS)	4:31.1
Phil Morentin, Visalia (CE)	4:31.0
Phil Morentin, Visalia (CE)	4:32.8
Virgil Hooper, Antelope Valley (SS)	4:32.3
Virgil Hooper, Antelope Valley (SS)	4:29.2
Louis Zamperini, Torrance (SS)	4:27.8
Elmer Bayer, Paso Robles (SS)	4:30.4
Simon Scott, Tamalpais (NC)	4:31.2
Bruce Hammack, Yreka (NO)	4:30.4
Jack Moore, Stockton (SJ)	4:26.9
John Hall, Torrance (SS)	4:26.8
Kellen Ramirez, Fresno Edison (CE)	4:31.5
Bob Ingram, San Jose (CC)	4:32.8
(No meet held)	
(No meet held)	
(No meet held)	
(No meet held)	
Bob McMillen, Cathedral (SS)	4:24.0
Chuck Kohl, Compton (SS)	4:29.2
John Woolley, Marshall Fundamental (SS)	4:29.1
Ellwyn Stribling, Commerce (SF)	4:25.1
Ron Bauer, Washington (SF)	4:23.7
Allie Cage, McClymonds (OK)	4:30.7
Fernando Ledesma, Compton (SS)	4:23.2
Bob Seaman, Reedley (CE)	4:21.0
Ty Hadley, Bellflower (SS)	4:25.8
Tod White, Newport Harbor (SS)	4:20.0
Ron Larrieu, Palo Alto (CC)	4:20.1
Tim Roelen, San Fernando (LA)	4:20.2
Woody Covington, Compton (SS)	4:23.7
Dale Story, Orange (SS)	4:11.0
Ben Tucker, San Francisco Poly (SF)	4:14.3
Bruce Bess, La Habra (SS)	4:18.8
Dennis Carr, La Habra Lowell (SS)	4:08.7
Tracy Smith, Arcadia (SS)	4:14.4
Mike Ryan, Santa Clara Wilcox (CC)	4:11.2
Tim Danielson, Chula Vista (SD)	4:08.0
Tim Danielson, Chula Vista (SD)	4:07.0
Mike Solomon, Westminster (SS)	4:11.4
Clifton West, Sacramento Kennedy (SJ)	4:09.0
Decker Underwood, South Torrance (SS)	4:12.1
Brent Tubb, Reseda Cleveland (LA)	4:12.9
Brent Tubb, Reseda Cleveland (LA)	4:09.6
Mark Schilling, Garden Grove (SS)	4:05.4
Alvin Gilmore, Lompoc (SS)	4:11.4
Rich Kimball, Concord De la Salle (NC)	4:06.6
John Johnson, Oakland Skyline (OK)	4:09.5

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1976	MC	Jim Arriola, Gahr	4:10.9
	4-A	Don Moses, Crescenta Valley	4:10.9
	3-A	Barry Boettcher, Pomona	4:17.8
	2-A	Eric Hulst, Laguna Beach	4:11.3
1977	MC	Mark Fricker, Hemet	4:10.7
	4-A	Charles Christensen, Edison	4:17.9
	3-A	Jesse Mitchell, Arroyo Grande	4:18.5
	2-A	Mark Fricker, Hemet	4:08.2
	1-A	Steve Peters, Bishop	4:27.8
1978	MC	Ron Bahara, Hart	4:09.44
	4-A	Frank Assuma, Eisenhower	4:16.29
	3-A	Ron Bahara, Hart	4:11.98
	2-A	Mark Fricker, Hemet	4:14.08
	1-A	Steve Peters, Bishop	4:22.59
1979	MC	Dave Congelosi, Villa Park	4:11.2
	4-A	Dave Congelosi, Villa Park	4:13.38
	3-A	Lin Whatcott, Burbank	4:16.82
	2-A	Mike Parkinson, South Pasadena	4:15.73
	1-A	Mike Trujillo, St. Bernard	4:24.87
1980	MC	Mike Parkinson, South Pasadena	4:08.62
	4-A	Mike Serna, Loara	4:10.7
	3-A	Bob Leetch, Redondo	4:15.7
	2-A	Andy DiConti, La Canada	4:08.5
	1-A	Greg Baxter, Atascadero	4:17.8
1981	MC	Barasa Thomas, Santa Barbara	4:11.04
	4-A	John Butler, Edison	4:06.75
	3-A	Don Orr, Upland	4:16.15
	2-A	Mike Carlton, Northview	4:14.36
	1-A	Tom Grewe, Carpinteria	4:15.55
1982	MC	Tom Grewe, Carpinteria	4:12.67
	4-A	Jeff Williams, Foothill	4:14.00
	3-A	Sean Nugent, Culver City	4:12.71
	2-A	Al Luna, Glenn	4:14.71
	1-A	Tom Grewe, Carpinteria	4:09.64
1983	4-A	Art Harris, Eisenhower	4:11.39
	3-A	Ruben Esparza, El Modena	4:12.69
	2-A	Ed Torro, Barstow	4:18.81
	1-A	John Paine, Carpinteria	4:21.36
1984	4-A	Victor Valen, El Modena	4:11.45
	3-A	Dave Anderson, Corona del Mar	4:13.27
	2-A	John Vargas, South Hills	4:13.30
	1-A	Ron Hoff, Morro Bay	4:20.21
1985	MC	Raul Serratos, Moreno Valley	4:14.68
	4-A	Jim Zimmer, Simi Valley	4:13.48
	3-A	Charlie Van Wye, St. Paul	4:16.32
	2-A	Andy Allen, San Marino	4:21.30
	1-A	Reggie Greene, Murphy	4:25.70
1986	MC	Raul Serratos, Moreno Valley	4:15.40
	4-A	Jim Zimmer, Simi Valley	4:11.34
	3-A	Raul Serratos, Moreno Valley	4:11.15
	2-A	Mike McCracken, Loyola	4:15.48
	1-A	John Docker, Morro Bay	4:21.73
1987	MC	Raul Serratos, Moreno Valley	4:11.41
	4-A	Haissam Sabra, Ocean View	4:14.14
	3-A	Jim Geerlings, Newport Harbor	4:16.15
	2-A	Kurt Depfyffer, Laguna Beach	4:16.40
	1-A	Bret Kimple, Carpinteria	4:18.82
1988	MC	Jim Geerlings, Newport Harbor	4:09.54
	4-A	Joe Devine, Saugus	4:14.69
	3-A	Jim Robbins, Corona del Mar	4:15.68
	2-A	Kevin Berko, Covina	4:12.00
	1-A	Coley Candaele, Carpinteria	4:11.04
1989	MC	Coley Candaele, Carpinteria	4:10.54
	4-A	Mike Williamson, Thousand Oaks	4:14.17
	3-A	Todd Lewis, Burbank	4:11.44
	2-A	Louis Quintana, Arroyo Grande	4:14.12
	1-A	Coley Candaele, Carpinteria	4:12.58

STATE CHAMPIONS

Champion/School (Section)	Mark
Jim Arriola, Gahr (SS)	4:14.6
Mark Stillman, Willow Glen (CC)	4:06.9
Paul Medvin, Los Angeles University (LA)	4:08.9
Paul Medvin, Los Angeles University (LA)	4:12.9
Larry Guinee, Castro Valley (CC)	4:06.18
Jeff Scott, Sacramento El Camino (SJ)	4:10.06
Tom Grewe, Carpinteria (SS)	4:08.05
Jim Frey, Yreka (NO)	4:08.82
Roman Gomez, Belmont (LA)	4:09.05
Roman Gomez, Belmont (LA)	4:15.93
Mark Mastalir, Carmichael Jesuit (SJ)	4:07.81
Scott Robinson, San Jose Bellarmine (CC)	4:07.95
Reggie Williams, River City (SJ)	4:08.78
Francis O'Neill, San Pasqual (SD)	4:08.67

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1990	MC	Coley Candaele, Carpinteria	4:09.63
	4-A	Derek Kite, Camarillo	4:15.20
	3-A	Paul Goodrich, Dos Pueblos	4:16.67
	2-A	Louis Quintana, Arroyo Grande	4:07.20
	1-A	Coley Candaele, Carpinteria	4:06.58
1991	MC	Louis Quintana, Arroyo Grande	4:09.94
	4-A	T.J. Reyes, Lakewood	4:16.09
	3-A	Louis Quintana, Arroyo Grande	4:09.28
	2-A	Joe Garcia, Northview	4:18.13
	1-A	Carlos DeQuando, San Marino	4:22.21
1992	MC	Jeff Wilson, Newbury Park	4:09.75
	4-A	Goss Lindsey, Peninsula	4:13.40
	3-A	Jeff Wilson, Newbury Park	4:14.02
	2-A	Geoff DeLahanty, West Torrance	4:20.70
	1-A	David Rojas, Moorpark	4:19.22
1993	MC	Ryan Wilson, Agoura	4:12.82
	I	Ryan Wilson, Agoura	4:14.29
	II	Jaime Martinez, Orange	4:13.24
	III	Jason Barreda, Loyola	4:21.19
	IV	Scott Lockhart, Ontario Christian	4:28.36
1994	MC	Eric Dunn, Arroyo Grande	4:14.47
	I	Brett Straham, Hart	4:17.32
	II	Eric Dunn, Arroyo Grande	4:12.93
	III	Jason Barreda, Loyola	4:20.97
	IV	Brandon Pacheco, Brethren Christian	4:27.01
1995	MC	Brandon Pacheco, Brethren Christian	4:18.90
	I	Antonio Arce, Palmdale	4:12.05
	II	Andy Morgan, Mission Viejo	4:20.20
	III	Garrett Jensen, Sunny Hills	4:14.21
	IV	Brandon Pacheco, Brethren Christian	4:14.17
1996	MC	Robert Fichtel, Hemet	4:13.74
	I	Robert Fichtel, Hemet	4:19.51
	II	Bernard Maitai, Whittier	4:20.05
	III	T.W. Burchmore, Morro Bay	4:26.02
	IV	Doug Hall, Flintridge Prep	4:27.81
1997	MC	Jason Taylor, Peninsula	4:19.51
	I	Jason Taylor, Peninsula	4:19.42
	II	Ronnie Buchanan, Righetti	4:18.16
	III	Isaiah Festa, Morro Bay	4:20.30
	IV	Brad Hegemier, Los Angeles Baptist	4:18.57
1998	MC	Chris Kemp, Mission Viejo	4:13.54
	I	James DeBruhl, Chino	4:15.72
	II	Mark Gleason, Mission Viejo	4:17.42
	III	Martin Brix, University	4:18.30
	IV	Doug Hall, Flintridge Prep	4:22.31
1999	MC	James DeBruhl, Chino	4:13.42
	I	James DeBruhl, Chino	4:13.14
	II	Josh Spiker, Ventura	4:12.92
	III	Bruce Hancock, Costa Mesa	4:19.91
	IV	Mike Lemon, Nordhoff	4:22.04
2000	MC	Ryan Hall, Big Bear	4:05.01
	I	Ryan Bousquet, Esperanza	4:13.88
	II	Josh Spiker, Ventura	4:11.55
	III	Jesse Hodges, South Hills	4:15.67
	IV	Ryan Hall, Big Bear	4:09.71
2001	MC	Ryan Hall, Big Bear	4:04.24
	I	Oswaldo Pina, Long Beach Poly	4:18.51
	II	Alonso Smith, Tustin	4:15.44
	III	Ryan Hall, Big Bear	4:11.13
	IV	Mark Nevers, Oak Park	4:18.95
2002	MC	Phillip Reid, Rio Mesa	4:14.32
	I	Phillip Reid, Rio Mesa	4:13.89
	II	Dan Lyon, Sultana	4:14.54
	III	Bryan Rayburn, Morro Bay	4:14.36
	IV	Erik Amdisen, Los Angeles Baptist	4:22.37
2003	MC	Phillip Reid, Rio Mesa	4:09.60
	I	Brandon Babiracki, Dana Hills	4:16.53
	II	Phillip Reid, Rio Mesa	4:10.76
	III	Humberto Rojas, Estancia	4:19.97
	IV	Mohamed Trafteh, Duarte	4:19.61

STATE CHAMPIONS

Champion/School (Section)	Mark
Coley Candaele, Carpinteria (SS)	4:06.26
Daniel DasNeves, Helix (SD)	4:12.22
Daniel DasNeves, Helix (SD)	4:09.54
Brian Wilkinson, Merced (SJ)	4:08.13
Mebrathom Keflezighi, San Diego (SD)	4:07.67
Michael Stember, Jesuit Carmichael (SJ)	4:04.00
Michael Stember, Jesuit Carmichael (SJ)	4:06.72
Jon Stevens, Mission San Jose (NC)	4:10.08
Jon Stevens, Mission San Jose (NC)	4:12.58
Marcus Chandler, Serra (SD)	4:10.44
Evan Fox, West Hills (SD)	4:09.44
Ryan Hall, Big Bear (SS)	4:02.62
Matt Johnsrud, Woodcreek (SJ)	4:11.89
Phillip Reid, Rio Mesa (SS)	4:08.49

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2004	MC	Brandon Bethke, El Toro	4:11.21
	I	Jesse Ramirez, Santa Ana	4:15.25
	II	Brandon Bethke, El Toro	4:09.53
	III	Dan Nunn, San Luis Obispo	4:18.83
	IV	Tony Arredondo, Santa Clara	4:21.32
2005	MC	Jared Bell, Harvard Westlake	4:10.17
	I	Scott Smith, Dana Hills	4:12.25
	II	Mark Matusak, Loyola	4:07.94
	III	Michael Coe, Cabrillo/Lompoc	4:11.11
	IV	Carlyle Eubank, Santa Ynez	4:21.05
2006	MC	Chad Hall, Big Bear	4:10.78
	I	Dylan Knight, La Sierra	4:09.88
	II	Derek De Santiago, Damien	4:14.31
	III	Michael Coe, Cabrillo/Lompoc	4:05.07
	IV	Chad Hall, Big Bear	4:11.19
2007	MC	Hudson Andrews, Royal	4:09.10
	I	Hudson Andrews, Royal	4:11.02
	II	Cory Primm, Westlakeq	4:14.42
	III	Fawad Khan, Palos Verdes	4:14.84
	IV	Chad Hall, Big Bear	4:14.00
2008	MC	Raul Arcos, Corona	4:10.46
	I	Raul Arcos, Corona	4:14.62
	II	Talal Khan, Valencia/Placentia	4:18.26
	III	Erich Yanoschik, Brea Olinda	4:20.31
	IV	Alberto Solis, Big Bear	4:25.81
2009	MC	Toby Villalva, El Toro	4:10.05
	I	Toby Villalva, El Toro	4:11.06
	II	Elias Gedyon, Loyola	4:14.14
	III	Sam Pons, South Pasadena	4:20.87
	IV	Jake Jeanson, Woodcrest Christian	4:17.94
2010	MC	Elias Gedyon, Loyola	4:13.15
	1	Jantzen Oshier, Trabuco Hills	4:12.05
	2	Elias Gedyon, Loyola	4:15.74
	3	Sam Pons, South Pasadena	4:13.63
	4	Billy Gaudreau, St. Margaret's	4:20.62
2011	MC	Jantzen Oshier, Trabuco Hills	4:09.06
	1	Jantzen Oshier, Trabuco Hills	4:07.10
	2	Elias Gedyon, Loyola	4:11.15
	3	Sam Pons, South Pasadena	4:10.37
	4	Luke Decker, JSerra	4:13.33
2012	MC	Luis Gutierrez, Rancho Cucamonga	4:08.68
	1	Luis Gutierrez, Rancho Cucamonga	4:12.97
	2	Nick Rivera, Rowland	4:15.61
	3	Austin O'Neil, Hart	4:12.11
	4	Daniel De La Torre, La Salle	4:10.74
2013	MC	Juan Gonzalez, El Toro	4:12.45
	1	Juan Gonzalez, El Toro	4:13.17
	2	Sydney Gidebuday, El Modena	4:12.43
	3	David Luna, Indio	4:11.91
	4	Daniel De La Torre, La Salle	4:14.96
2014	MC	Sydney Gidebuday, El Modena	4:09.54
	1	Estevan De La Rosa, Arcadia	4:11.00
	2	Ellis Newton, Mayfair	4:06.71
	3	Austin Tamagno, Brea Olinda	4:09.95
	4	Ruben Dominguez, Don Bosco	4:13.92
2015	MC	Austin Tamagno, Brea Olinda	4:08.72
	1	Isaac Cortes, Great Oak	4:06.48
	2	Gavin Bradley, Ayala	4:19.78
	3	Austin Tamagno, Brea Olinda	4:09.19
	4	Caleb Webb, Big Bear	4:11.72
2016	MC	Isaac Cortes, Great Oak	4:04.01
	1	Isaac Cortes, Great Oak	4:07.62
	2	Chance Lamberth, Canyon/Anaheim	4:13.22
	3	Robert Franklin, Palos Verde	4:13.23
	4	Jack Van Scoter, Flintridge Prep	4:13.90
2017	MC	Ryan Renken, Claremont	4:10.95
	1	Solomon Fountain, Great Oak	4:14.47
	2	Owen Bishop, Claremont	4:13.98
	3	Callum Bolger, San Luis Obispo	4:15.45
	4	Jamie Moreland, Campbell Hall	4:24.47

STATE CHAMPIONS

Champion/School (Section)	Mark
Mark Matusak, Loyola (SS)	4:16.70
Mark Matusak, Loyola (SS)	4:10.72
A.J. Acosta, Oceanside El Camino (SD)	4:04.95
Hudson Andrews, Royal (SS)	4:07.59
German Hernandez, Riverbank (SJ)	4:00.29
Mac Fleet, University City (SD)	4:05.33
Elias Gedyon, Loyola (SS)	4:21.12
Jantzen Oshier, Trabuco Hills (SS)	4:00.83
Darren Fahy, La Costa Canyon (SD)	4:08.78
Blake Haney, Stockdale (CE)	4:06.91
Blake Haney, Stockdale (CE)	4:08.52
Austin Tamagno, Brea Olinda (SS)	4:09.13
Isaac Cortes, Great Oak (SS)	4:04.62
Luis Armijo, Grijalva (SJ)	4:08.62

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2018	MC	Jagdeep Chabal, Burroughs/Burbank	4:11.09
	1	Jagdeep Chabal, Burroughs/Burbank	4:12.73
	2	Timothy Sterkel, West Ranch	4:12.03
	3	Kevin McNulty, Orange Lutheran	4:13.33
	4	Colin Kirkpatrick, Thacher	4:17.25
2019	MC	Peter Herold, JSerra	4:11.38
	1	Dylan Wilbur, Crescenta Valley	4:12.31
	2	Noah Hibbard, Arroyo	4:11.65
	3	Peter Herold, JSerra	4:10.52
	4	Winslow Atkeson, Thacher	4:20.50
2020	No Playoffs - Covid-19		
2021	1	Arjun Vadgama, Loyola	4:12.76
	2	Angus Fitzgerald, Royal	4:08.38
	3	Mateo Bianchi, Laguna Beach	4:12.46
	4	Jackson Adelman, St. Margaret's	4:18.41
2022	MC	Ethan Godsey, Agoura	4:16.10
	1	Nico Colchico, Wilson/Long Beach	4:13.28
	2	Jai Dawson, Dana Hills	4:12.55
	3	Jared Steins, Servite	4:17.80
	4	Benjamin Hughes, San Marino	4:29.17
2023	MC	Weston Brown, Great Oak	4:11.50
	1	Gabriel Rodriguez, Great Oak	4:13.15
	2	Evan Noonan, Dana Hills	4:20.69
	3	Emmanuelk Perez, Cathedral	4:13.98
	4	Sebastain Sutch, Cate	4:13.24
2024	1	Ibzan Felix, Beckman	4:07.06
	2	Evan Noonan, Dana Hills	4:04.02
	3	Emmanuel Perez, Cathedral	4:10.84
	4	Everett Capelle, St. Margaret's	4:16.47

STATE CHAMPIONS

Champion/School (Section)	Mark
Liam Anderson, Redwood (NC)	4:09.31
Matt Strangio, Jesuit (SJ)	4:08.07
No Playoffs - Covid 19	
Chris Claudillo, Clovis (CS)	4:10.72
Andreas Dybdahl, Sabta Barbara (SS)	4:08.64
Andreas Dybdahl Santa Barbara (SS)	4:08.23

3200 METERS

(Two-mile prior to 1980)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1965		Mike Kearns, Crespi	9:20.2
1966		Mike Sellers, West Torrance	9:12.0
1967		Richard Dyer, Lakewood	9:05.8
1968		Ruben Chappins, Excelsior	9:03.8
1969		Ruben Chappins, Excelsior	9:00.8
1970		Jim Chaffin, Long Beach Poly	9:01.0
1971		Gordon Innes, Upland	8:59.9
1972		Curtis Beck, Santa Monica	8:48.8
1973	MC	Terry Williams, Lompoc	8:55.2
	4-A	Curtis Beck, Santa Monica	9:05.4
	3-A	Terry Williams, Lompoc	9:15.9
	2-A	Eric Hulst, Laguna Beach	9:15.7
1974	MC	Eric Hulst, Laguna Beach	8:54.0
	4-A	Armando Cendejas, Buena Park	9:00.6
	2-A	Eric Hulst, Laguna Beach	8:57.0
	3-A	Jim Schankel, Lompoc	9:06.0
	2-A	Eric Hulst, Laguna Beach	9:08.6
1975	MC	Eric Hulst, Laguna Beach	8:51.8
	4-A	Ralph Serna, Loara	8:58.4
	3-A	Breggor Moore, Rancho Alamitos	9:22.8
	2-A	Eric Hulst, Laguna Beach	8:57.0
1976	MC	Eric Hulst, Laguna Beach	8:44.6
	4-A	Kevin McConnell, Edison	8:58.4
	3-A	Bill St. John, Mater Dei	9:07.8
	2-A	Eric Hulst, Laguna Beach	8:53.0
1977	MC	Steve Ortiz, Kennedy/Barstow	8:55.4
	4-A	David Daniels, San Geronio	9:00.3
	3-A	Steve Ortiz, Kennedy/Barstow	9:07.3
	2-A	Steve Alvarez, Coachella Valley	9:03.8
	1-A	Mark Gray, Bishop	9:49.7
1978	MC	Jeff Nelson, Burbank	9:06.51
	4-A	Steve Webb, Kennedy	9:09.67
	3-A	Richard Diaz, Redondo	9:23.40
	2-A	Joe Avila, Cantwell	9:22.53
	1-A	Charles Rednick, Sherman Indian	9:29.89

STATE CHAMPIONS

Champion/School (Section)	Mark
Ralph Gamez, Berkeley (NC)	9:12.9
Ralph Gamez, Berkeley (NC)	9:01.6
Peter Romero, Reedley (CE)	9:00.5
Ruben Chappins, Norwalk Excelsior (SS)	9:05.7
Ruben Chappins, Norwalk Excelsior (SS)	8:57.0
Ron Johnson, West Torrance (SS)	8:55.6
Dale Fleet, Clairemont (SD)	8:53.8
Curtis Beck, Santa Monica (SS)	8:52.3
Terry Williams, Lompoc (SS)	8:54.8
Rick Kimball, Concord De La Salle (NC)	8:46.5
Eric Hulst, Laguna Beach (SS)	8:44.9
Eric Hulst, Laguna Beach (SS)	8:57.4
Frank Assuma, Eisenhower (SS)	8:52.9
Jeff Nelson, Burbank (SS)	8:59.29

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

3200-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1979	MC	Jeff Nelson, Burbank	8:49.10
	4-A	Chuck Assuma, Eisenhower	9:04.00
	3-A	Jeff Nelson, Burbank	8:51.22
	2-A	Jeff Vandereem, Mission Viejo	9:04.27
	1-A	Mark Rulas, La Salle	9:13.62
1980	MC	Andy DiConti, La Canada	8:54.29
	4-A	Jon Butler, Edison	9:07.77
	3-A	Mark Cunnert, Los Amigos	9:17.43
	2-A	Andy DiConti, La Canada	9:15.68
	1-A	Mark Rulas, La Salle	9:12.98
1981	MC	Jon Butler, Edison	8:53.96
	4-A	Jon Butler, Edison	9:10.21
	3-A	Brad Meyer, University	9:13.53
	2-A	Mike Carlton, Northview	9:15.94
	1-A	Tom Grewe, Carpinteria	9:20.70
1982	MC	Eric Reynolds, Camarillo	8:52.23
	4-A	Eric Reynolds, Camarillo	8:54.39
	3-A	Jim Ortiz, Barstow	9:00.15
	2-A	Tim Cammack, South Hills	9:15.25
	1-A	Tom Grewe, Carpinteria	9:10.25
1983	4-A	Eric Reynolds, Camarillo	8:49.88
	3-A	Tim Watson, Canyon/Canyon Country	9:20.95
	2-A	Jim Ortiz, Barstow	9:05.81
	1-A	George Yuster, Brentwood	9:23.96
1984	4-A	Jesus Gutierrez, Pasadena	9:12.99
	3-A	Dave Anderson, Corona del Mar	9:20.06
	2-A	Joe Nitti, Loyola	9:11.04
	1-A	J.P. Hall, La Salle	9:22.26
1985	MC	Darren Stonerock, Saugus	9:11.38
	4-A	Jim Harvath, Thousand Oaks	9:27.88
	3-A	Darren Stonerock, Saugus	9:16.00
	2-A	Steve Imlay, Temple City	9:32.27
	1-A	Bret Kimple, Carpinteria	9:42.70
1986	MC	Aaron Mascorro, Rosemead	9:04.06
	4-A	Richard Erbes, Glendale	9:15.80
	3-A	Kirk Stonerock, Saugus	9:10.51
	2-A	Steve Imlay, Temple City	9:17.18
	1-A	Bret Kimple, Carpinteria	9:27.58
1987	MC	Aaron Mascorro, Rosemead	9:08.45
	4-A	Anthony Williams, Hueneme	9:13.28
	3-A	Aaron Mascorro, Rosemead	9:10.22
	2-A	Chris Lugo, Valencia	9:12.72
	1-A	Bryan Dameworth, Agoura	9:16.54
1988	MC	David Scudamore, Palos Verdes	9:02.38
	4-A	Shannon Winkleman, Marina	9:11.73
	3-A	David Scudamore, Palos Verdes	9:08.52
	2-A	Scott Hempel, Walnut	9:22.84
	1-A	Bryan Dameworth, Agoura	9:15.65
1989	MC	Bryan Dameworth, Agoura	9:07.24
	4-A	Mike Williamson, Thousand Oaks	9:08.12
	3-A	Jim Rodriguez, Santa Ana Valley	9:12.28
	2-A	Matt Hempel, Walnut	9:18.27
	1-A	Bryan Dameworth, Agoura	9:11.92
1990	MC	Bryan Dameworth, Agoura	8:54.70
	4-A	Abe Valdez, Camarillo	9:03.05
	3-A	Angel Martinez, San Gabriel	9:07.90
	2-A	James Menon, San Luis Obispo	9:15.88
	1-A	Bryan Dameworth, Agoura	9:05.6
1991	MC	Angel Martinez, San Gabriel	9:01.36
	4-A	David Hartman, Canyon/Canyon Country	9:05.84
	3-A	James Menon, San Luis Obispo	9:05.81
	2-A	Mark Gonzales, La Habra	9:20.35
	1-A	Peter Nichols, San Marino	9:18.08
1992	MC	Angel Martinez, San Gabriel	8:56.99
	4-A	Angel Martinez, San Gabriel	9:03.23
	3-A	Jeff Wilson, Newbury Park	9:07.21
	2-A	Geoff Delahanty, West Torrance	9:23.38
	1-A	David Rojas, Moorpark	9:27.36

STATE CHAMPIONS

Champion/School (Section)	Mark
Jeff Nelson, Burbank (SS)	8:47.35
Andy DiConti, La Canada (SS)	8:55.79
Jon Butler, Edison (SS)	8:46.78
Harold Kuphaldt, Bella Vista (SJ)	8:51.99
Eric Reynolds, Camarillo (SS)	8:54.75
Roman Gomez, Belmont (LA)	8:58.91
Roman Gomez, Belmont (LA)	9:03.05
Eric Mastalir, Carmichael Jesuit (SJ)	8:44.95
Paul Thomas, Carmichael Jesuit (SJ)	9:02.82
Reggie Williams, River City (SJ)	8:59.61
David Welsh, Carmichael Jesuit (SJ)	8:58.08
Bryan Dameworth, Agoura (SS)	8:53.26
David Hartman, Canyon/Canyon Country (SS)	8:58.38
Angel Martinez, San Gabriel (SS)	8:56.34

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

3200-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1993	MC	Dani Minani, Peninsula	9:04.13
	I	Margarito Casillas, Glendale Hoover	9:06.92
	II	Shawn Frack, Esperanza	9:10.79
	III	Warren Wolf, San Marino	9:32.37
	IV	Scott Lockhart, Ontario Christian	9:40.02
1994	MC	Jaime Martinez, Oarange	9:06.08
	I	Antonio Arce, Palmdale	9:13.30
	II	Jamie Martinez, Orange	9:13.77
	III	Warren Wolf, San Marino	9:25.97
	IV	Joe Garcia, Maranatha	9:58.89
1995	MC	Jeff McLarty, Ayala	9:01.00
	I	Antonio Arce, Palmdale	9:09.73
	II	Adalberto Sanchez, Capistrano Valley	9:12.92
	III	Javier Ramirez, Nordhoff	9:13.45
	IV	Brandon Pacheco, Brethren Christian	9:41.35
1996	MC	Will Bernaldo, Nordhoff	9:14.22
	I	Kent Roberts, Edison	9:27.08
	II	Erik Landriz, Santa Barbara	9:26.61
	III	Will Bernaldo, Nordhoff	9:19.87
	IV	Sean Patterson, Yucca Valley	9:44.75
1997	MC	Isaiah Festa, Morro Bay	9:07.06
	I	Ryan Gallagher, Temecula Valley	9:16.12
	II	Ronnie Buchanan, Righetti	9:18.82
	III	Isaiah Festa, Morro Bay	9:11.53
	IV	Daniel Phiffer, St. John Bosco	9:33.89
1998	MC	Chad Durham, Long Beach Poly	9:11.32
	I	Chad Durham, Long Beach Poly	9:12.60
	II	Mark Gleason, Mission Viejo	9:14.29
	III	Dusty Herman, Nordhoff	9:14.90
	IV	Jeff Tomlinson, Crossroads	9:24.48
1999	MC	Augie Escobar, Villa Park	8:56.23
	I	Oswaldo Pina, Lakewood	9:06.97
	II	Augie Escobar, Villa Park	9:03.64
	III	Jesse Hodges, South Hills	9:32.86
	IV	Tom Kubler, Viewpoint	9:25.03
2000	MC	Ryan Hall, Big Bear	9:02.57
	I	Ryan Bousquet, Esperanza	9:16.16
	II	Josh Spiker, Ventura	9:15.31
	III	Jese Hodges, South Hills	9:18.34
	IV	Ryan Hall, Big Bear	9:04.41
2001	MC	Mark Nevers, Oak Park	9:07.38
	I	Arturo Diaz, Fontana	9:20.64
	II	Luke Llamas, Canyon/(Canyon Country	9:17.95
	III	Robert Kubler, Crespi	9:13.82
	IV	Mark Nevers, Oak Park	9:16.06
2002	MC	Mohamed Trafeh, Duarte	9:08.69
	I	Phillip Reid, Rio Mesa	9:07.41
	II	Mark Batres, Don Bosco	9:20.20
	III	Mohamed Trafeh, Duarte	9:10.27
	IV	Jonathon Reed, Santa Clara	9:36.80
2003	MC	Mohamed Trafeh, Duarte	9:02.55
	I	Mike Chavez, Esperanza	9:16.26
	II	Phillip Reid, Rio Mesa	9:10.49
	III	Andrew Tachias, Covina	9:16.51
	IV	Brian Baker, Beaumont	9:14.48
2004	MC	Andrew Tachias, Covina	9:09.06
	I	Daniel Mercado, West Covina	9:14.14
	II	Brandon Bethke, El Toro	9:09.98
	III	Dan Nunn, San Luis Obispo	9:11.06
	IV	Tony Arredondo, Santa Clara	9:25.70
2005	MC	Brian Medigovich, San Luis Obispo	9:04.05
	I	Mike Cybulski, Royal	9:09.28
	II	Mark Matusak, Loyola	9:14.07
	III	Brian Medigovich, San Luis Obispo	9:16.64
	IV	Joaquin Gomez, Carpinteria	9:18.46
2006	MC	Michael Cybulski, Royal	8:52.24
	I	Michael Cybulski, Royal	8:55.35
	II	Ted Price, Camarillo	9:13.08
	III	Michael Coe, Cabrillo/Lompoc	8:58.28
	IV	Chad Hall, Big Bear	9:08.77

STATE CHAMPIONS

Champion/School (Section)	Mark
Matt Farley, Jesuit Sacramento (SJ)	9:04.39
Mebrahtom Keflezighi, San Diego (SD)	8:58.11
Jason Balkman, Lynbrook (SJ)	9:05.31
Aaron Gillen, Yreka (NO)	9:03.96
Isaiah Festa, Morro Bay (SS)	9:06.06
Gary Passanisi, Aptos (CC)	9:05.74
Josh Spiker, Ventura (SS)	9:02.00
Ryan Hall, Big Bear (SS)	8:55.12
Yong-Sung Leal, Arroyo (NC)	9:00.49
Kyle Alcorn, Buchanan (CE)	9:00.46
Tim Nelson, Liberty Christian (NO)	8:53.59
Yosef Ghebray, James Logan (NC)	9:04.20
Mike Cybulski, Royal (SS)	9:02.57
Mike Cybulski, Royal (SS)	8:53.77

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

3200-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2007	MC	Chad Hall, Big Bear	9:03.50
	I	Joohn Sullivan, Trabuco Hills	9:11.53
	II	Josh Linen, Valencia/Placentia	9:06.85
	III	Brandon Shirck, Nordhoff	9:27.47
	IV	Chad Hall, Big Bear	9:03.09
2008	MC	Rex Nelson, Newport Harbor	9:02.42
	I	Jeremy Acosta, Highland	9:13.68
	II	Luis Dorantes, Whittier	9:18.10
	III	Anthony Solis, Barstow	9:21.42
	IV	Nick Osbourne, Victor Valley Christian	9:37.69
2009	MC	Heyden Woof, Adolfo Camarillo	8:57.66
	I	Nole Ramirez, Vista Murrieta	9:08.08
	II	Heyden Woof, Adolfo Camarillo	9:04.72
	III	Sam Pons, South Pasadena	9:05.74
	IV	Jake Jeanson, Woodcrest Christian	9:26.04
2010	MC	Elias Gedyon, Loyola	8:56.37
	1	Amar Moussa, Arcadia	8:58.88
	2	Elias Gedyon, Loyola	9:12.99
	3	Sam Pons, South Pasadena	8:58.96
	4	Gustavo Sanchez, Nordhoff	9:49.19
2011	MC	Elias Gedyon, Loyola	8:57.73
	1	Ammar Moussa, Arcadia	8:54.85
	2	Elias Gedyon, Loyola	9:00.97
	3	Sam Pons, South Pasadena	9:02.42
	4	Billy Gaudreau, St. Margaret's	9:28.87
2012	MC	Danny Martinez, St. John Bosco	9:04.25
	1	Kevin Durham, El Toro	9:04.94
	2	Omar Caro, Norte Vista	9:05.35
	3	Danny Martinez, St. John Bosco	9:01.93
	4	Daniel De La Torre, La Salle	9:05.84
2013	MC	Jeff Thies, Edison	9:04.38
	1	Juan Gonzalez, El Toro	9:14.42
	2	Mikey Giguere, Westlake	9:16.66
	3	David Luna, Indio	9:12.54
	4	Daniel De La Torre, La Salle	9:16.08
2014	MC	Caleb Webb, Big Bear	8:59.17
	1	Benjamin Gonzalez, Warren	9:06.41
	2	Garret Corcoran, Villa Park	9:07.02
	3	Austin Tamagno, Brea Olinda	9:04.92
	4	Caleb Webb, Big Bear	9:07.71
2015	MC	Brian Zabitski, Saugus	8:49.38
	1	Robert Brandt, Loyola	8:59.40
	2	Brian Zabitski, Saugus	9:04.52
	3	Andrew Burkhardt, JSerra	9:05.94
	4	Caleb Webb, Big Bear	9:09.38
2016	MC	Callum Bolger, San Luis Obispo	8:52.40
	1	Tyler James, ML King	9:01.00
	2	Garrett Reynolds, Ventura	9:10.45
	3	Callum Bolger, San Luis Obispo	8:57.22
	4	Jack Van Scoter, Flintridge Prep	9:01.81
2017	MC	Callum Bolger, San Luis Obispo	9:03.24
	1	Jack Langraf, Dana Hills	9:19.51
	2	Ryan Renken, Claremont	9:19.65
	3	Callum Bolger, San Luis Obispo	9:12.49
	4	Evan Pattinelli, Flintridge Prep	9:43.49
2018	MC	Xavier Court, Mira Costa	9:01.78
	1	Xavier Court, Mira Costa	9:04.49
	2	Etah Danforth, Canyon/Canyon Country	9:07.47
	3	Kevin Ramos, Rubidoux	9:08.44
	4	Xian Shively, Pasadena Poly	9:17.27
2019	MC	Nico Young, Newbury Park	8:56.46
	1	Nico Young, Newbury Park	8:54.89
	2	Ethan Danforth, Canyon/Canyon Country	9:10.50
	3	Peter Herold, JSerra	9:12.07
	4	Oliver Pick, Foothill Technology	9:35.63
2020	No Playoffs - Covid-19		
2021	1	Zeid Hussain, Beckman	9:16.86
	2	Liam Mapes, Redlands East Valley	9:12.53
	3	Andrew Villapudua, South Pasadena	9:21.16
	4	Max Sannes, Big Bear	9:18.51

STATE CHAMPIONS

Champion/School (Section)	Mark
Eric Avila, Bonita Vista (SD)	9:01.77
German Hernandez, Riverbank (SJ)	8:34.23
Chris Schwartz, Foothill/Bakersfield (CE)	8:51.60
Sam Pons, South Pasadena (SS)	8:55.40
Elias Gedyon, Loyola (SS)	8:50.03
Darren Fahy, La Costa Canyon (SD)	9:03.29
Blake Haney, Stockdale (CE)	9:01.65
Fred Huxham, Redwood (NC)	8:54.24
Caleb Webb, Big Bear (SS)	8:47.30
Cooper Teare, St. Joseph/ND (NC)	8:51.85
Callum Bolger, San Luis Obispo (SS)	8:53.91
Matt Strangio, Jesuit (SJ)	8:56.18
Nico Young, Newbury Park (SS)	8:47.27
No Playoffs - Covid 19	

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

3200-METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2022	MC	Daniel Appleford, Newbury Park	8:58.85
	1	Jason Parra, Millikan	9:09.40
	2	Billie Issa, West Ranch	9:07.65
	3	Will Sheehy, Harvard Westlake	9:12.20
	4	Max Sannes, Big Bear	9:07.17
2023	MC	Evan Noonan, Dana Hills	8:49.38
	1	Jason Parra, Millikan	8:58.26
	2	Evan Noonan, Dana Hills	8:59.06
	3	Emmanuel Perz, Cathedral	9:05.64
	4	Jonah Billings, Foothill Technology	9:18.12
2024	1	Jason Parra, Millikan	8:48.36
	2	Evan Noonan, Dana Hills	8:57.12
	3	Emmanuel Perez, Cathedral	8:52.00
	4	Eyan Turk, Woodcrest Christian	9:02.79

STATE CHAMPIONS

Champion/School (Section)	Mark
Zachary Ayers, Davis (SJ)	8:56.93
Matthew Donis, Highland (SS)	8:51.37
Evan Noonan, Dana Hills (SS)	8:43.12

110-METER HIGH HURDLES (120-Yards prior to 1980)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1913		Lawrence Nourse, Harvard	16.4
1914		Verl Murray, Orange	16.0
1915		Earl Thomson, Long Beach Poly	16.2
1916		Harry Lamport, Manual Arts	16.6
1917		Earl Johnston, Fullerton	16.4
1918		Neal Raney, Santa Ana	16.8
1919		Charley Daggs, Claremont	16.2
1920		Otto Anderson, Pomona	16.2
1921		Jack Houston, Los Angeles Lincoln	16.4
1922		Richard Bleet, Manual Arts	16.2
1923		Ross Nichols, Huntington Beach	15.5
1924		Ross Nichols, Huntington Beach	15.4
1925		Les Eade, Hollywood	15.6
1926		Jim Meeks, Hollywood	15.2
1927		Jeddy Welsh, Pasadena	15.0
1928		Clarence Berry, Fairfax	15.6
1929		Clarence Berry, Fairfax	15.4
1930		Bill DuPuy, Inglewood	15.6
1931		Bob Brown, Santa Paula	15.5
1932		Eddie Coster, Garfield	15.7
1934		Roy Kirkpatrick, El Central Central	14.5
1935		Johnny Lindell, Monrovia	15.2
1936		Harold Fortress, Santa Paula	15.6
1937		Ray Seares, Long Beach Wilson	15.5
1938		George Peterson, Pomona	15.4
1939		Marcus Shaw, Monrovia	15.5
1940		Bob Bayless, Whittier	15.7
1941		Jack Nelson, El Monte	15.6
1942		George Kryder, Glendale	15.4
1943		Al Lawrence, Glendale	14.7
1944		Darryl Kreitz, Inglewood	15.5
1945		Ken Nowels, Whittier	15.4
1946		Bill Wise, Huntington Beach	15.6
1947		Art Bernard, La Jolla	14.6
1948		Bob Boaz, Fullerton	15.0
1949		Jack Davis, Glendale Hoover	14.5
1950		Willard Wright, Redlands	14.2
1951		Ed Hogan, Glendale Hoover	14.5
1952		Forrest Younger, Fullerton	14.5
1953		Harry Healey, Keppel	14.4
1954		Ken Thompson, Centennial/Compton	14.6
1955		Ken Thompson, Centennial/Compton	14.1
1956		Charles Piggee, Pasadena	14.0
1957		Ken Overholser, Glendale	14.1
1958		Bill Hultz, San Diego Lincoln	14.3
1959		Dee Andrews, Long Beach Poly	14.2
1960		Bobby Bonds, Riverside Poly	14.1
1961		Bunny Brown, San Bernardino	14.3

STATE CHAMPIONS

Champion/School (Section)	Mark
Carroll Grunsky, Stockton (SJ)	16.6
Verl Murray, Orange (SS)	15.8
Earl Thomson, Long Beach Poly (SS)	15.2
Harry Lamport, Manual Arts (SS)	16.4
Earl Johnston, Fullerton (SS)	16.2
Larry Rice, Fresno (CE)	16.0
Charley Daggs, Claremont (SS)	16.6
Otto Anderson, Pomona (SS)	15.8
Jack Houston, Los Angeles Lincoln (SS)	16.0
Richard Bleet, Manual Arts (SS)	16.6
Ross Nichols, Huntington Beach (SS)	15.4
Ross Nichols, Huntington Beach (SS)	15.3
Les Eade, Hollywood (SS)	15.4
Jim Meeks, Hollywood (SS)	15.1
Jeddy Welsh, Pasadena (SS)	14.8
Joe Bills, Long Beach Poly (SS)	15.6
Bernie Miller, Hollywood (SS)	15.4
Bill DuPuy, Inglewood (SS)	15.4
Art Fisher, Redlands (SS)	15.5
Jack Ward, Selma (CE)	15.0
Roy Kirkpatrick, El Centro Central (SS)	14.7
Johnny Lindell, Monrovia (SS)	15.0
Doug Busby, Sacramento (SJ)	15.7
Ray Seares, Long Beach Wilson (SS)	15.5
John Biewener, San Diego (SS)	15.3
Don Diez, Lincoln (LA)	14.9
Sam Johnson, Fillmore (SS)	14.9
Keith Hale, Bakersfield (CE)	14.7
Don Reiss, Burlingame (CC)	14.7
Omar Cowles, Palo Alto (CC)	14.3
(No meet held)	
(No meet held)	
(No meet held)	
(No meet held)	
Bob Bacon, Redondo (SS)	14.5
Hugh McElhenny, Washington (LA)	14.5
Bob Mathias, Tulare (CE)	14.5
Jack Davis, Glendale Hoover (SS)	14.4
Steve Turner, Glendale (SS)	14.1
Don Brinker, Fresno (CE)	14.5
Ancel Robinson, Selma (CE)	14.7
Harry Healey, Keppel (SS)	14.4
Rafer Johnson, Kingsburg (CE)	14.3
Ken Thompson, Centennial/Compton (SS)	14.1
Dale Messer, Lemoore (CE)	14.2
Ken Overholser, Glendale (SS)	14.3
Floyd James, Centennial/Compton (SS)	14.1
Bob Pierce, Burbank (SS)	14.3
Bobby Bonds, Riverside Poly (SS)	13.9
Abe Johnson, McClymonds (OK)	14.2w

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

110-METER HIGH HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1962		Carl James, Pomona	14.2
1963		Carl Davis, Compton	14.0
1964		Earl McCullouch, Long Beach Poly	13.7
1965		Dick Miller, Monrovia	14.4
1966		Bruce Gridley, Northview	13.8
1967		Jerry Proctor, Muir	14.0
1968		Richard Edwards, Compton	14.2
1969		Zachary Donaldson, Compton	14.1
1970		Al Hall, Morningside	14.1
1971		Charles Jackson, Lompoc	14.1
1972		Daniel Jones, Palo Verde	13.9
1973	MC	Mike Johnson, Pasadena	13.8
	4-A	Mike Johnson, Pasadena	14.2
	3-A	Rick Walker, Apple Valley	14.0
	2-A	Mike Harris, Indio	14.2
1974	MC	Jim Austin, Muir	14.1
	4-A	Fred Shaw, Muir	13.9
	3-A	Trennis Jackson, San Bernardino	14.0
	2-A	Mike Harris, Indio	14.2
1975	MC	John Peterson, Saddleback	14.0
	4-A	John Peterson, Saddleback	13.7
	3-A	Tom Kretschmar, La Mirada	14.4
	2-A	Wilburn Gregory, Mission Viejo	14.1
1976	MC	Lloyd Jones, Ganesha	14.2
	4-A	Tom Lewis, Muir	14.5
	3-A	Al Sanford, Loyola	14.1
	2-A	Jim Hunt, El Dorado	14.4
1977	MC	Ken Margerum, Fountain Valley	14.1
	4-A	Ken Margerum, Fountain Valley	14.1
	3-A	Milan Stewart, West Covina	14.1
	2-A	Tony Bullock, Duarte	14.8
	1-A	Kevin Stone, Perris	14.2w
1978	MC	Milan Stewart, West Covina	14.36
	4-A	Tony Gilbert, Santa Barbara	14.37
	3-A	Milan Stewart, West Covina	14.16
	2-A	Jeff Norris, Coachella Valley	14.90
	1-A	Carl Elgan, Carpinteria	15.49
1979	MC	Willie Rosborough, Simi Valley	14.21
	4-A	Gary Lee, Long Beach Poly	14.35
	3-A	Bernie Holloway, Apple Valley	14.68
	2-A	Al Chatterfield, Nogales	14.92
	1-A	Don La Bomme, Alemany	14.74
1980	MC	David Ashford, West Covina	13.86
	4-A	David Ashford, West Covina	14.02
	3-A	Derick Ware, Inglewood	14.63
	2-A	Chris Day, La Canada	14.80
	1-A	Don La Bomme, Alemany	14.41
1981	MC	Steve Kerho, Mission Viejo	13.91
	4-A	David Ashford, West Covina	13.74
	3-A	Chris Crisman, Riverside Poly	14.10
	2-A	Steve Kerho, Mission Viejo	13.97
	1-A	Danny Harris, Perris	14.68
1982	MC	Steve Kerho, Mission Viejo	13.69w
	4-A	Troy Weaver, Edgewood	14.10
	3-A	Marlon Young, Hawthorne	14.45
	2-A	Steve Kerho, Mission Viejo	13.65
	1-A	Wesley Coleman, Serra	15.34
1983	4-A	James Ferreira, North Torrance	14.46
	3-A	Marlon Young, Hawthorne	14.71
	2-A	Harry Johnson, Blair	14.70
	1-A	Danny Harris, Perris	14.39
1984	4-A	Raymond Young, Hawthorne	14.37
	3-A	Terry Johnson, Katella	14.66
	2-A	George Porter, Cabrillo/Lompoc	14.14
	1-A	Norman Hubbard, Bishop	14.93
1985	MC	Damon Thomas, Pasadena	13.95
	4-A	Damon Thomas, Pasadena	13.90
	3-A	Terry Johnson, Katella	14.16
	2-A	Derek Knight, Serra	14.05
	1-A	George Porter, Cabrillo/Lompoc	13.96

STATE CHAMPIONS

Champion/School (Section)	Mark
Ron White, Dorsey (LA)	14.0
Carl Davis, Compton (SS)	13.9
Earl McCullouch, Long Beach Poly (SS)	14.1
Bill Persons, San Fernando (LA)	13.8
k Miller, Monrovia (SS)	13.8
Don Parish, Dorsey (LA)	13.9
Jerry Proctor, Muir (SS)	13.7
Kerry Hampton, San Francisco Poly (SF)	14.0
Jerry Wilson, Fresno Roosevelt (CE)	13.7
Al Hall, Morningside (SS)	13.9
Charles Jackson, Lompoc (SS)	13.6w
Daniel Jones, Blythe Palo Verde (SS)	13.6
Mike Johnson, Pasadena (SS)	13.6w
Fred Shaw, Muir (SS)	13.7
Robert Gains, Richmond Kennedy (NC)	13.3
Lloyd Jones, Ganesha (SS)	14.5
Phillip Johnson, Gardena (LA)	13.66
Milan Stewart, West Covina (SS)	13.97
Jim Scannella, San Ramon (NC)	13.87
Don Ward, Berkeley St. Mary's (NC)	13.73
David Ashford, West Covina (SS)	13.67
Steve Kerho, Mission Viejo (SS)	13.41
Mark Boyd, Berkeley St. Mary's (NC)	13.93
Raymond Young, Hawthorne (SS)	14.32
Robert Reading, Berkeley St. Mary's (NC)	13.88

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

110-METER HIGH HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1986	MC	Terry Johnson, Katella	13.97
	4-A	Anthony Burnett, Lynwood	14.27
	3-A	Rodney Bradshaw, Saugus	14.02
	2-A	Tim James, San Dimas	14.59
	1-A	David Christensen, Rim of the World	15.31
1987	MC	Dana Hall, Ganesha	13.84
	4-A	Dana Hall, Ganesha	14.35
	3-A	Mark Crear, Rowland	14.45
	2-A	Wes Montgomery, Victor Valley	14.76
	1-A	David Bunevacz, Paraclete	15.11
1988	MC	William Henry, Arroyo Grande	14.39
	4-A	Kevin Dallas, Pasadena	14.46
	3-A	George Lynch, Mater Dei	14.66
	2-A	William Henry, Arroyo Grande	14.11
	1-A	Steve Tschetto, Maranatha	14.80
1989	MC	William Henry, Arroyo Grande	14.29
	4-A	Keith Pouncey, Hawthorne	14.26w
	3-A	Greg Greene, Garey	14.46w
	2-A	William Henry, Arroyo Grande	14.47
	1-A	Jess Garner, Oak Park	15.36
1990	MC	Andre Derezin, Muir	14.47
	4-A	Jabari Reynolds, Nogales	14.47
	3-A	Greg Greene, Garey	14.61
	2-A	Ryan Kieling, Crespi	14.66
	1-A	Chris Alexander, Temecula Valley	15.38
1991	MC	Dominique Arnold, Long Beach Wilson	14.20
	4-A	Dominique Arnold, Long Beach Wilson	14.45
	3-A	Adrian Brown, Huntington Beach	14.34
	2-A	Ryan Kieling, Crespi	14.68
	1-A	Donald Linsey, Cabrillo	15.13
1992	MC	Charlie Davidson, Saddleback	14.37
	4-A	Demond Smith, Hawthorne	14.62
	3-A	Charlie Davidson, Saddleback	14.29
	2-A	Keith Moten, Loyola	14.60
	1-A	Marcus Stokes, Thacher	14.54
1993	MC	Gerimi Burleigh, Upland	14.26
	I	Gerald Stamas, Muir	14.31
	II	Gerimi Burleigh, Upland	14.38
	III	Larrach Neal, Pomona	14.46
	IV	Brian Harris, Verbum Dei	15.00
1994	MC	Jason Medearis, Hart	14.21
	I	Ken Haslip, Muir	14.21
	II	Gerimi Burleigh, Upland	14.50
	III	Jay Young, Bellflower	14.72
	IV	Cardell Overstreet, Serra	15.47
1995	MC	Chey Walker, West Covina	14.25
	I	Chey Walker, West Covina	14.26
	II	Dominique DeGrammont, Tustin	14.34
	III	Michael Turner, Morningside	14.65
	IV	Phil Austin, St. Monica	15.49
1996	MC	Dominique DeGrammont, Tustin	13.76w
	I	Makio Haywood, Muir	14.11
	II	Dominique DeGrammont, Tustin	14.30
	III	Shawn McIlvain, Covina	15.00
	IV	Jonathan Chambers, Marshall	15.60
1997	MC	Dominique DeGrammont, Tustin	13.54w
	I	Kenyon Rambo, Long Beach Poly	13.86
	II	Dominique DeGrammont, Tustin	13.44w
	III	Delrik Lindsey, Bishop Montgomery	14.52w
	IV	Michael Patrick, Banning	15.07
1998	MC	Marcell Allmond, St. Paul	14.02
	I	Arthur Hoskins, Jordan	14.34w
	II	James Brown, Dana Hills	14.25w
	III	Marcell Allmond, St. Paul	14.06w
	IV	Carlos Lizarraga, Cathedral	14.66w
1999	MC	Marcell Allmond, St. Paul	13.68w
	I	Terry Jenkins, Muir	14.35
	II	Ahmad Wright, Kennedy	14.58
	III	Marcell Allmond, St. Paul	13.79w
	IV	John Barbieri, Carpinteria	14.65

STATE CHAMPIONS

Champion/School (Section)	Mark
Terry Johnson, Katella (SS)	13.88
Dana Hall, Ganesha (SS)	13.98
Darrell Thompson, Cerritos (SS)	14.25
William Henry, Arroyo Grande (SS)	14.05
Curtis Hawkins, Carson (LA)	14.41
Issac Carson, Jefferson (LA)	13.67
Charlie Davidson, Saddleback (SS)	13.94
Drue Powell, Reseda (LA)	13.87
Gerimi Burleigh, Upland (SS)	13.93w
JoVesa Naivalu, Fremont (CC)	14.33
JoVesa Naivalu, Fremont (CC)	13.68
Dominique DeGrammont, Tustin (SS)	13.48
Marcell Allmond, St. Paul (SS)	13.83
Marcell Allmond, St. Paul (SS)	13.54

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

110-METER HIGH HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2000	MC	Trevor Jones, Newport Harbor	14.22
	I	Marcus Raines, Littlerock	14.19
	II	Kenny Vinh, Katella	14.16
	III	John Williams, Notre Dame/Sherman Oaks	14.43
	IV	Steven Smith, Serra	14.60
2001	MC	Jeff Garrison, J.W. North	13.92w
	I	Jeff Garrison, J.W. North	14.08w
	II	Chris Foster, Ventura	14.03
	III	John Williams, Notre Dame/Sherman Oaks	14.19
	IV	Ben Swan, Beaumont	15.61w
2002	MC	Justin Johnson, Rio Mesa	14.26
	I	Armand Goodin, Long Beach Poly	14.36
	II	Craig Woods, Dominguez	14.67
	III	Jenson Wayne, Notre Dame/Sherman Oaks	14.61
	IV	Hassan Rahman, Serra	14.88
2003	MC	Craig Woods, Dominguez	14.08w
	I	Joseph Christopher, Montclair	14.58w
	II	Justin Johnson, Rio Mesa	14.55
	III	Craig Woods, Dominguez	14.24
	IV	Hassan Rahman, Serra	14.44
2004	I	Bryan Payne, Trabuco Hills	14.30w
	II	Matt Reuter, Damien	14.38w
	III	Marquis Profit, Muir	14.06
	IV	Hassan Rahmaan, Serra	14.47
2005	MC	Robert Williams, Ramona	14.06
	I	Brandon Howard, La Sierra	14.14
	II	Jordan Paul, Loyola	14.15
	III	Robert Williams, Ramona	14.21
	IV	Justin Rovin, Laguna Beach	14.92w
2006	MC	Terry Prentice, Diamond Ranch	13.83
	I	Zion Babb, Alhambra	14.02
	II	Rikchard Sherman, Dominguez	14.29
	III	Terry Prentice, Diamond Ranch	13.92w
	IV	James Kennedy, Serra	14.95w
2007	MC	Terry Prentice, Diamond Ranch	13.81
	I	Trevor Habberstad, Canyon/Canyon Country	13.93
	II	Maurice Shaw, Colony	14.06
	III	Terry Prentice, Diamond Ranch	13.87
	IV	James Kennedy, Serra	14.66
2008	MC	Devron Walker, Dominguez	13.89
	I	Devron Walker, Dominguez	13.87
	II	Ryan Holmes, Loyola	14.27w
	III	Mikkio Island, Crespi	14.19w
	IV	James Kennedy, Serra	14.99
2009	MC	Devalle Pedrogo, Mission Viejo	14.13
	I	Devalle Pedrogo, Mission Viejo	13.95w
	II	Jonathan Cabral, Agoura	14.15
	III	Krist Porayanee, South Pasadena	14.17w
	IV	Van Alexander, Serra	15.16
2010	MC	Jonathan Cabral, Agoura	14.11w
	1	Chris Navarro, Vista Murrieta	14.44
	2	Devon Blackmon, Summit	14.16w
	3	Jonathan Cabral, Agoura	13.58w
	4	Van Alexander, Serra	14.79w
2011	MC	Jonathan Cabral, Agoura	13.27w
	1	Devon Blackmon, Summit	13.88w
	2	Sam Barkley, Mater Dei	14.08w
	3	Jonathan Cabral, Agoura	13.54
	4	Jordan Pitcher, Oaks Christian	15.01
2012	MC	Lloyd Siscard, Serra	14.49
	1	Darion Williams, Vista Murrieta	14.21
	2	Donte Deayon, Summit	14.22
	3	Cody Smith, South Torrance	14.31
	4	Lloyd Siscard, Serra	14.47
2013	MC	Lloyd Siscard, Serra	13.96
	1	Bayron Manuel, Long Beach Wilson	14.22
	2	Elijah Holt, Arroyo Grande	14.27
	3	Cameron Akins, Cathedral	14.22
	4	Lloyd Siscard, Serra	13.95w

STATE CHAMPIONS

Champion/School (Section)	Mark
Christopher Morgan, Taft (LA)	13.95
Christopher Morgan, Taft (LA)	13.59w
Thomas Mack, Bakersfield (CE)	14.34
Kevin Craddock, James Logan (NC)	14.09
Kevin Craddock, James Logan (NC)	13.39
Robert Williams, Ramona (SS)	13.97
Terry Prentice, Diamond Ranch (SS)	14.11
Terry Prentice, Diamond Ranch (SS)	13.53w
Devron Walker, Dominguez (SS)	13.96
Dale Morgan, Taft (LA)	13.59
Jonathan Cabral, Agoura (SS)	13.54w
Jonathan Cabral, Agoura (SS)	13.79
Lloyd Siscard, Serra (SS)	14.09
Marquis Morris, De La Salle (NC)	13.90

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

110-METER HIGH HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2014	MC	Misana Viltz, Millikan	13.80
	1	Misana Viltz, Millikan	13.68w
	2	Alex Billing, Simi Valley	14.18w
	3	Mas Guzman-Sanchez, Alemany	14.26
	4	Isaac Mowbray, Arrowhead Christian	14.77
2015	MC	Alexander Billing, Simi Valley	13.87
	1	Joseph Anderson, Upland	14.19w
	2	Alexander Billing, Simi Valley	13.71w
	3	Jasher Foster, St. Francis	14.30w
	4	Isaac Mowbray, Arrowhead Christian	14.91w
2016	MC	Koty Burton, La Quinta/La Quinta	14.06w
	1	Joseph Anderson, Upland	13.67w
	2	Khalil Dorsey, Colony	14.07
	3	Jasher Foster, St. Francis	14.03w
	4	Chance Kuehel, Sage Hill	14.64w
2017	MC	Joseph Anderson, Upland	13.56
	1	Joseph Anderson, Upland	13.85
	2	Malik Flowers, A.B. Miller	14.41
	3	Kyle Sandoval, Servite	14.69
	4	Zack Nelson, Paraclete	15.12
2018	MC	Riley Hunt, Simi Valley	14.18
	1	Caleb Lutalo Roberson, Upland	14.24
	2	Jaden Ellis, Vista Del Lago	14.49
	3	Matthew Molina, St. Francis	14.73
	4	Lewis Gray, Upland Christian	15.22
2019	MC	Aiden Lieb, Peninsula	14.48
	1	Liam Anderson, Poly/Long Beach	14.39
	2	Aiden Lieb, Peninsula	14.57
	3	Anthony Taylor, Cathedral	14.35
	4	Jack Johnson, Crean Lutheran	14.83
2020	No Playoffs - Covid-19		
2021	1	Kai Graves-Blanks, Upland	14.02
	2	Austin Hernandez, Canyon/Canyon Country	14.73
	3	Anthony Taylor, Cathedral	14.49
	4	Jason Canales, St. Genevieve	15.14
2022	MC	Kai Graves-Blanks, Upland	13.75
	1	Kai Graves-Blanks, Upland	13.91
	2	Logan Lyght, Mater Dei	13.94
	3	Dario Rock, St. Francis	14.54
	4	Jack Fairchild, Crean Lutheran	14.41
2023	MC	Davis Davis-Lyric, Upland	13.89
	1	Davis Davis-Lyric, Upland	13.87
	2	Logan Lyght, Mater Dei	13.95
	3	Roman Mendoza, Santa Margarita	14.21
	4	Aiden Brewer, Big Bear	15.28
2024	1	Arthur Celestine, Murrieta Mesa	14.06
	2	Jordehn Gammage, Canyon/CC	14.22
	3	Miles Paris, Notre Dame/SO	14.11
	4	Aiden Brewer, Big Bear	14.79

STATE CHAMPIONS

Champion/School (Section)	Mark
Misana Viltz, Long Beach Millikan (SS)	13.47
Alexander Billing, Simi Valley (SS)	13.68
Joseph Anderson, Upland (SS)	13.59
Joseph Anderson, Upland (SS)	13.33
Jaden Ellis, Vista Del Lago (SS)	13.97
Jamar Marshall, St. Mary's (SJ)	13.31
No Playoffs - Covid 19	
Kai Graves, Upland (SS)	13.75
David Davis-Lyric, Upland (SS)	13.83
Myles McFarland, Cosumnes Oaks (SJ)	13.69

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

180-YARD LOW HURDLES

(220-Yards prior to 1947)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1913		Bernard Coultas, Hollywood	26.4
1914		Jud House, Riverside	26.0
1915		Harry Lamport, Manual Arts	25.6
1916		Harry Lamport, Manual Arts	27.0
1917		Earl Rogers, Ventura	24.8
1918		Wheeler Newman, Manual Arts	26.8
1919		Charley Daggs, Claremont	25.6
1920		Ronald Walker, Los Angeles Poly	27.0
1921		Jack Houston, Los Angeles Lincoln	25.6
1922		Amos Ayers, Ventura	26.0
1923		Lester Wasserburger, Los Angeles Lincoln	25.6
1924		De Wolfe Requa, Manual Arts	24.7
1925		Les Eade, Hollywood	24.8
1926		Jimmy Payne, San Bernardino	23.8
1927		Jeddy Welsh, Pasadena	24.4
1928		Joe Bills, Long Beach Poly	24.8
1929		Norman Paul, Santa Ana	24.6
1930		Norman Paul, Santa Ana	24.8
1931		Edward Hall, Harvard	24.1
1932		Ben Siegal, Los Angeles Poly	24.6
1933		Roy Kirkpatrick, El Centro Central	24.5
1934		Roy Kirkpatrick, El Centro Central	23.8
1935		J.L. Cunningham, Muir	24.3
1936		Jack Russell, Fillmore	24.2
1937		George Sangster, Muir	24.2
1938		Jerry Soule, La Jolla	24.2
1939		Herb McCoy, Pasadena	25.0
1940		Glenn Shoop, Long Beach Jordan	24.4
1941		Eddie Pohl, San Diego	24.5
1942		Eddie Pohl, San Diego	24.6
1943		Al Lawrence, Glendale	23.4
1944		Jack Norberg, Glendale Hoover	24.9
1945		Joe Scott, El Monte	23.7
1946		Bob Bacon, Redondo	24.6
1947		Ronnie Dixon, Redondo	19.2
1948		Jack Bryant, El Monte	19.5
1949		Jack Davis, Glendale Hoover	19.2
1950		Steve Turner, Glendale	18.9
1951		John Walker, Cathedral	19.5
1952		Larry Newquist, Long Beach Wilson	19.2
1953		Lin Sitton, Fullerton	19.1w
1954		Mike Trainer, Laguna Beach	19.7
1955		Paul Lowe, Centennial/Compton	18.9
1956		Jack Holman, California	19.1

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Carroll Grunsky, Stockton (SJ)	27.0
Jud House, Riverside, (SS)	25.6
Jud House, Riverside (SS)	23.8
Harry Lamport, Manual Arts (SS)	27.0
Colin Kilby, Coalinga (CE)	25.6
Harry McDonald, San Bernardino (SS)	26.6
Charley Daggs, Claremont (SS)	27.4
Jim Fulkerson, Ventura (SS)	26.4
Jack Houston, Los Angeles Lincoln (SS)	25.4
Mort Kaer, Red Bluff (NO)	26.4
Mort Kaer, Red Bluff (NO)	24.9
De Wolfe Requa, Los Angeles Manual Arts (SS)	25.4
Clarence Norris, Santa Maria (SS)	25.1
Jimmy Payne, San Bernardino (SS)	23.9
Jeddy Welsh, Pasadena (SS)	24.0
Joe Bills, Long Beach Poly (SS)	24.8
Norman Paul, Santa Ana (SS)	24.0
Norman Paul, Santa Ana (SS)	24.2
Plato Smart, Compton (SS)	24.2
Ben Siegal, Los Angeles Poly (SS)	24.3
Roy Kirkpatrick, El Centro Central (SS)	24.0
Roy Kirkpatrick, El Centro Central (SS)	23.9
Joe Davis, Inglewood (SS)	24.2
Jack Russell, Fillmore (SS)	24.2
George Sangster, Muir (SS)	23.8
Tom Whitney, Roseville (SJ)	24.6
Herbert Duke, Jordan (LA)	24.2
Glenn Shoop, Long Beach Jordan (SS)	24.7
Ray Meagher, Bakersfield (CE)	24.3
(No meet held)	
(No meet held)	
(No meet held)	
Bob Bacon, Redondo (SS)	24.2
Hugh McElhenny, Washington (LA)	19.3
Bob Mathias, Tulare (CE)	19.6
Jack Davis, Glendale Hoover (SS)	19.5
Steve Turner, Glendale (SS)	19.0
Dick Clarke, Glendale (SS)	19.5
Ancel Robinson, Selma (CE)	19.4
Don Armstrong, Manual Arts (LA)	18.9
Monte Upshaw, Piedmont (NC)	19.0
Paul Lowe, Centennial/Compton (SS)	18.9
Jerry White, Jefferson (LA)	19.1

300-METER INTERMEDIATE HURDLES

(330-Yard Low Hurdles prior to 1980; 300-Meter Low Hurdles Prior to 1984)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1957		Junior Howard, San Bernardino	18.5
1958		Bernie Sankey, Centennial/Compton	18.8w
1959		Dee Andrews, Long Beach Poly	18.9
1960		Bobby Bonds, Riverside Poly	18.7w
1961		James Tucker, Centennial/Compton	18.8
1962		Tom Hester, San Bernardino	18.3
1963		James Miles, Long Beach Poly	19.1
1964		Earl McCullough, Long Beach Poly	18.1
1965		Manuel Murrell, Long Beach Poly	18.8
1966		George Farmer, La Puente	18.8
1967		Jerry Proctor, Muir	18.7
1968		Issac Curtis, Santa Ana	18.9
1969		Bob Stockton, Long Beach Poly	19.1
1970		James McAllister, Blair	18.9
1971		Charles Jackson, Lompoc	19.2
1972		Daniel Jones, Palo Verde	18.9
1973	MC	Rick Walker, Apple Valley	19.0
	4-A	Jim Austin, Muir	19.0
	3-A	Rick Walker, Apple Valley	18.7w
	2-A	Mike Harris, Indio	19.1

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Jesse Bradford, Shafter (CE)	19.0
David Douglas, East Bakersfield (CE)	19.1
Dixon Farmer, Orinda Miramonte (NC)	19.2
Bobby Bonds, Riverside Poly (SS)	18.8
Bill Mackey, East Bakersfield (CE)	19.1
Edward Moody, McClymonds (OK)	18.3
Alvin Mann, Fresno Edison (CE)	18.9
Earl McCullough, Long Beach Poly (SS)	18.4
Manuel Murrell, Long Beach Poly (SS)	18.2w
George Farmer, La Puente (SS)	18.7
Jerry Proctor, Muir (SS)	18.7c
Ron Hamley, La Habra Lowell (SS)	18.8
Jerry Wilson, Fresno Roosevelt (CE)	18.3
Milton Turner, Castlemont (OK)	18.6w
Charles Jackson, Lompoc (SS)	18.5w
Daniel Jones, Palo Verde (SS)	18.7
Randall Jeffrey, Los Angeles (LA)	18.4

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

300-METER INTERMEDIATE HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1974	MC	Fred Shaw, Muir	19.0
	4-A	Jim Austin, Muir	18.9
	3-A	Roland Soloman, Cabrillo/Lompoc	19.3
	2-A	Gordon Kurz, Santa Clara	19.2
Event discontinued after 1974 season.			
1975	MC	Otis Hunter, Pasadena	37.4
	4-A	Otis Hunter, Pasadena	36.4
	3-A	Bruce Ashman, Bassett	38.0
	2-A	Mike Miller, St. Bonaventure	37.3
1976	MC	Tim Chambers, Santa Monica	37.2
	4-A	Tim Chambers, Santa Monica	37.1
	3-A	Stan Webster, Garey	37.3
	2-A	Jim Hunt, El Dorado	37.4
1977	MC	Devon Snyder, Ventura	38.0
	4-A	Ramon Grubbs, Blair	37.6
	3-A	Willie Curran, Crespi	37.7
	2-A	John Drayer, Cantwell	37.9
	1-A	Carl Elgan, Carpinteria	38.3
1978	MC	Willie Curran, Crespi	37.34
	4-A	Anthony Wells, Muir	37.50
	3-A	Willie Curran, Crespi	37.58
	2-A	Eric Johnson, Cajon	38.32
	1-A	Carl Elgan, Carpinteria	38.78
1979	MC	Gary Lee, Long Beach Poly	37.27
	4-A	Gary Lee, Long Beach Poly	37.36
	3-A	Bernie Holloway, Apple Valley	37.92
	2-A	James Austin, Perris	38.42
	1-A	Larry Neenan, Orange Lutheran	38.44
1980	MC	David Ashford, West Covina	36.43
	4-A	Jiles Smith, Compton	37.0
	3-A	Jim Spotville, Pomona	37.0
	2-A	Steve Kerho, Mission Viejo	37.1
	1-A	Don LaBomme, Alemany	38.0
1981	MC	Chris Crisman, Riverside Poly	36.25
	4-A	Ed Riley, Compton	36.84
	3-A	James Knowles, Blair	36.47
	2-A	Steve Kerho, Mission Viejo	37.43
	1-A	Danny Harris, Perris	37.65
1982	MC	Steve Kerho, Mission Viejo	35.9ht
	4-A	Tony Atkins, Walnut	36.03
	3-A	David Johnson, Cabrillo/Lompoc	36.47
	2-A	Danny Harris, Perris	36.15
	1-A	Demille Jackson, Brethren	38.72
1983	4-A	James Ferreira, North Torrance	36.54
	3-A	Raymond Young, Hawthorne	36.49
	2-A	George Porter, Cabrillo/Lompoc	37.68
	1-A	Danny Harris, Perris	36.62
1984	4-A	Gordon Bugg, West Covina	37.19
	3-A	Keith Pontiflet, Esperanza	37.74
	2-A	George Porter, Cabrillo/Lompoc	36.25
	1-A	Norman Hubbard, Bishop	39.40
1985	MC	George Porter, Cabrillo/Lompoc	35.32
	4-A	Genay Graham, Hawthorne	37.45
	3-A	Keith Pontiflet, Esperanza	36.74
	2-A	Allan Grant, St. Francis	37.55
	1-A	George Porter, Cabrillo/Lompoc	35.57
1986	MC	Terry Johnson, Katella	37.26
	4-A	Yki Vallery, Hawthorne	37.97
	3-A	Terry Johnson, Katella	37.76
	2-A	Chris Fisher, Notre Dame/Sherman Oaks	37.99
	1-A	Israel Johnson, Beaumont	39.84
1987	MC	Dana Hall, Ganesha	37.13
	4-A	Yki Vallery, Hawthorne	36.88
	3-A	Charles Wilford, Diamond Bar	37.66
	2-A	Wes Montgomery, Victor Valley	38.18
	1-A	Jose Deanda, Cathedral	38.51
1988	MC	Anthony Hale, Garden Grove	37.89
	4-A	Kevin Dallas, Pasadena	37.84
	3-A	Anthony Hale, Garden Grove	38.13
	2-A	Dave Leffner, Crespi	38.75
	1-A	Aram Granger, Marshall Fundamental	39.29

STATE CHAMPIONS

Champion/School (Section)	Mark
Fred Shaw, Muir (SS)	18.9c
Dedy Cooper, Richmond Ells (NC)	36.5
Charles White, San Fernando (LA)	36.7
Andre Phillips, Silver Creek (CC)	36.43
Gary Lee, Long Beach Poly (SS)	36.58
Gary Lee, Long Beach Poly (SS)	36.22
Don Ward, Berkeley St. Mary's (NC)	36.57
Walter Murray, Berkeley (NC)	36.26
Steve Kerho, Mission Viejo (SS)	35.85
Danny Harris, Perris (SS)	35.52
George Porter, Cabrillo/Lompoc (SS)	36.10
George Porter, Cabrillo/Lompoc (SS)	35.50
Rodney Bradshaw, Saugus (SS)	37.30
Yki Vallery, Hawthorne (SS)	37.14
John Montgomery, Independence (CC)	36.43

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

300-METER INTERMEDIATE HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1989	MC	William Henry, Arroyo Grande	37.51
	4-A	Edward Cabs, Long Beach Poly	38.42
	3-A	Don Jackson, Duarte	38.82
	2-A	William Henry, Arroyo Grande	38.39
	1-A	Jason Stein, Oak Park	38.88
1990	MC	Charles Johnson, Cajon	37.67
	4-A	Charles Johnson, Cajon	37.60
	3-A	Damon Richardson, Esperanza	39.61
	2-A	Ryan Kieling, Crespi	39.03
	1-A	Chris Alexander, Temecula Valley	39.85
1991	MC	Don Jackson, Duarte	37.64
	4-A	Demond Smith, Hawthorne	37.97
	3-A	Don Jackson, Duarte	38.37
	2-A	Steve DeBerry, San Dimas	38.76
	1-A	Craig Deardon, Morro Bay	39.01
1992	MC	Demond Smith, Hawthorne	37.51
	4-A	Demond Smith, Hawthorne	37.48
	3-A	Greg Muniz, Woodbridge	38.41
	2-A	Keith Moten, Loyola	38.06
	1-A	Marcus Stokes, Thacher	38.72
1993	MC	Kenny Haslip, Muir	37.11
	I	Kenny Haslip, Muir	37.63
	II	Andrew Werhare, Upland	38.13
	III	Jerome Henry, Loyola	39.14
	IV	Brian Harris, Verbum Dei	39.31
1994	MC	Kenny Haslip, Muir	36.65
	I	Ken Haslip, Muir	36.87
	II	Bryan Jones, Arroyo Grande	37.89
	III	Martin Haynes, Bishop Montgomery	38.52
	IV	Dion Tobias, Serra	40.18
1995	MC	Mickey Grimes, Canyon Springs	36.59
	I	Kenyon Rambo, Long Beach Poly	37.18
	II	Mickey Grimes, Canyon Springs	37.27
	III	Brandon Lloyd, Morningside	39.10
	IV	Ryan Taube, Orange Lutheran	40.61
1996	MC	Makio Haywood, Muir	36.76
	I	Makio Haywood, Muir	36.69
	II	Matt Blasdel, Santa Margarita	37.13
	III	Jermaine Hunsaker, Ganesha	38.67
	IV	Brian Witcher, Trona	40.11
1997	MC	Dominique DeGrammont, Tustin	36.70
	I	Kenyon Rambo, Long Beach Poly	37.04
	II	Dominique DeGrammont, Tustin	37.43
	III	Brian Thoma, Chaminade	39.04
	IV	John Barbieri, Carpinteria	40.10
1998	MC	Elmo Traylor, Muir	37.69
	I	Elmo Traylor, Muir	38.19
	II	Al Williams, Irvine	37.51
	III	Marcel Allmond, St Paul	38.05
	IV	John Barbieri, Carpinteria	39.09
1999	MC	Terry Jenkins, Muir	37.16
	I	Jeremy Johnson, Long Beach Poly	38.09
	II	Simeon Rogers, Victor Valley	37.25
	III	Marcell Allmond, St Paul	37.89
	IV	John Barbieri, Carpinteria	38.92
2000	MC	Trevor Jones, Newport Harbor	36.89
	I	Marcus Raines, Littlerock	37.29
	II	Trevor Jones, Newport Harbor	37.08
	III	John Williams, Notre Dame/Sherman Oaks	38.16
	IV	Steven Smith, Serra	37.66
2001	MC	Jeff Garrison, J.W. North	36.36
	I	Jeff Garrison, J.W. North	36.82
	II	Sean Zeitler, Santa Margarita	38.30
	III	Jon Williams, Notre Dame/Sherman Oaks	37.59
	IV	Kevin Loung, St. Joseph/Santa Maria	40.89
2002	MC	Jenson Wayne, Notre Dame/Sherman Oaks	37.79
	I	Ronald Howard, J.W. North	38.68
	II	Joseph Cowan, St. John Bosco	38.25
	III	Matt Willis, Servite	37.86
	IV	Kevin Loung, St. Joseph/Santa Maria	39.28

STATE CHAMPIONS

Champion/School (Section)	Mark
John Prudenti, Siena (SJ)	37.28
Rocky Morris, Andrew Hill (CC)	37.46
Keith Williams, Escondido (SD)	37.28
Demond Smith, Hawthorne (SS)	37.34
Kenny Haslip, Muir (SS)	37.80
Kenny Haslip, Muir (SS)	37.14
Mickey Grimes, Canyon Springs (SS)	36.83
Makio Haywood, Muir (SS)	36.18
Kenyon Rambo, Long Beach Poly (SS)	36.57
Al Williams, Irvine (SS)	37.17
Rico Hatter, Vallejo (SJ)	36.53
Trevor Jones, Newport Harbor (SS)	36.60
Jeffrey Hunter, Granite Hills (SD)	36.25
Thomas Mack, Bakersfield (CE)	37.45

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

300-METER INTERMEDIATE HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2003	MC	Craig Woods, Dominguez	37.46
	I	Brian Payne, Trabuco Hills	37.87
	II	Joe Cowan, St. John Bosco	37.92
	III	Craig Woods, Dominguez	38.01
2004	IV	Jason Eiker-Wiles, Carpinteria	38.51
	MC	Marquis Profit, Muir	37.11
	I	Bryan Payne, Trabuco Hills	37.42
	II	Braden Lepisto, Agoura	38.38
2005	III	Marquis Profit, Muir	37.95
	IV	Hassan Rahmaan, Serra	38.51
	MC	Darrayl King, Oxnard	37.48
	I	Darrayl King, Oxnard	37.93
2006	II	Elijah Wesson, Dominguez	38.65
	III	Garrett Green, Notre Dame/Sherman Oaks	38.25
	IV	Randy Rense, St. Margaret's	39.13
	MC	Dylan Neilson, Palm Desert	37.62
2007	I	Leon Baham, Redlands	38.09
	II	Reginald Wyatt, J.W. North	37.42
	III	Terry Prentice, Diamond Ranch	37.42
	IV	Adam Likranzo, St. Bonaventure	38.48
2008	MC	Reggie Wyatt, J.W. North	36.52
	I	Trevor Habberstad, Canyon/Canyon Country	37.74
	II	Reggie Wyatt, J.W. North	36.57
	III	Terry Prentice, Diamond Ranch	38.93
2009	IV	James Kennedy, Serra	38.70
	MC	Mikio Island, Crespi	37.92
	I	Cameron Stepney, San Geronio	37.76
	II	Ryan Holmes, Loyola	37.99
2010	III	Mikio Island, Crespi	38.11
	IV	Kyle Clark, Whittier Christian	38.92
	MC	Reggie Wyatt, La Sierra	36.88
	I	Reggie Wyatt, La Sierra	35.74
2011	II	Andy Pinon, Pioneer Valley	38.32
	III	Jimmy Martin, Santa Margarita	37.89
	IV	Slater Ezell, Ontario Christian	39.28
	MC	Jonathan Cabral, Agoura	37.29
2012	1	Austin Hill, Roosevelt	37.29
	2	Sam Barkley, Mater Dei	37.87
	3	Jonathan Cabral, Agoura	37.59
	4	Rusty Muncy, Kern Valley	39.58
2013	MC	Jonathan Cabral, Agoura	36.19
	1	Hassan Ilyas, Fountain Valley	38.33
	2	Sam Barkley, Mater Dei	37.51
	3	Jonathan Cabral, Agoura	37.17
2014	4	Dalton McFadden, Muir	37.74
	MC	Corey Hammond, Mater Dei	37.35
	1	Duane Solomon, Great Oak	37.26
	2	Donte Deayon, Summit	37.76
2015	3	Jarrett Gonzales, Damien	36.80
	4	Lloyd Siscard, Serra	37.49
	MC	Lloyd Siscard, Serra	37.23
	1	Victor Bolden, Los Osos	37.66
2016	2	Myles McDonald, Loyola	38.66
	3	Cullen Riser, Orange Lutheran	37.75
	4	Lloyd Siscard, Serra	37.94
	MC	Austin Tinsley, Santa Margarita	37.25
2017	1	Tyler Rios, Los Alamitos	37.69
	2	Diego Courbis, Mission Viejo	37.65
	3	Austin Tinsley, Santa Margarita	37.75
	4	Jordan Lasley, Serra	38.24
2018	MC	Connor Meech, San Juan Hills	37.34
	1	Aidan Christensen, Los Osos	37.50
	2	Connor Meech, San Juan Hills	37.00
	3	Dylan Atencio, Yorba Linda	37.50
2019	4	Timothy Roberts, Verbum Dei	38.90
	MC	Koty Burton, La Quinta/La Quinta	37.00
	1	Koty Burton, La Quinta/La Quinta	37.18
	2	Quinn Williams, Mission Viejo	38.31
2020	3	Jasher Foster, St. Francis	37.69
	4	Clayton MacKay, Templeton	38.50

STATE CHAMPIONS

Champion/School (Section)	Mark
Brandon Bornes, Rancho Bernardo (SD)	38.00
Kevin Craddock, James Logan (NC)	35.93
David Klech, San Ramon California (NC)	36.06
David Klech, San Ramon California (NC)	35.87
Jeshua Anderson, Taft/Los Angeles (LA)	35.28
Brian Baucham, West Torrance (SS)	37.26
Reggie Wyatt, La Sierra (SS)	36.71
R.J. Frasier, Jesuit (SJ)	36.90
Jonathan Cabral, Agoura (SS)	36.20
Jarrett Gonzales, Damien (SS)	37.30
Lloyd Siscard, Serra (SS)	37.06
Marquis Morris, De la Salle/Concord (NC)	36.86
Justin Collins, Carson (LA)	36.67
Koty Burton, La Quinta/La Quinta (SS)	36.34

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

300-METER INTERMEDIATE HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2017	MC	Joseph Anderson, Upland	36.58
	1	Joseph Anderson, Upland	36.36
	2	Quinn Williams, Mission Viejo	39.32
	3	Blake Hennesay, Santa Margarita	38.20
	4	Zack Nelson, Paraclete	38.82
2018	MC	Reyte Rash, M.L. King	37.50
	1	Reyte Rash, M.L. King	37.65
	2	Josh Hill, Mission Viejo	38.95
	3	Blake Hennesay, Santa Margarita	37.55
	4	Talin Lewis, Oaks Christian	38.07
2019	MC	Reyte Rash, ML King	37.89
	1	Caleb Lutalo Roberson, Upland	36.35
	2	John Burns, Mission Viejo	39.06
	3	Brayden Borquez, Harvard Westlake	37.85
	4	Reggie Myles, Muir	39.71
2020	No Playoffs - Covid-19		
2021	1	Phillip Jefferson, Wilson/Long Beach	37.73
	2	Michael DeTamble, Shadow Hills	39.68
	3	Peyton Kilheffer, Brea Olinda	38.71
	4	Elijah Gipson, Oaks Christian	40.50
2022	MC	Delaney Crawford, Upland	37.23
	1	Delaney Crawford, Upland	37.44
	2	Darryll Stevens, Jordan	38.68
	3	Roman Mendoza, Santa Margarita	38.99
	4	Finn Andrews, Maranatha	38.44
2023	MC	Cayden Roberson, Roosevelt	37.59
	1	John Mueller, Loyola	37.76
	2	Pyrce Edwards, Thousand Oaks	38.05
	3	Nick Nocero, Damien	38.24
	4	Otis Tre' Harrison, Serra	40.29
2024	1	Daniel Agbelusi, Beaumont	37.40
	2	Jordan Gammage, Canyon/CC	37.89
	3	Sean Grier, Cathedral	38.60
	4	Otis(Trey) Harrison, Serra Gardena	38.82

STATE CHAMPIONS

Champion/School (Section)	Mark
Joseph Anderson, Upland (SS)	36.02
Caleb Lutalo Roberson, Upland (SS)	36.61
Caleb Lutalo Roberson, Upland (SS)	36.32
No Playoffs - Covid-19	
Delaney Crawford, Upland (SS)	13.75
Darryll Stevens, Jordan (SS)	37.44
Jordehn Gammage, Canyon/CC (SS)	37.35

880-YARD RELAY

(Replaced by 440-Yard and Mile Relay after 1968)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1914		Long Beach Poly	1:34.4
1915		Manual Arts	1:33.3
1916		Manual Arts	1:34.1
1917		Los Angeles Poly	1:34.2
1918		Manual Arts	1:35.1
1919		Manual Arts	1:34.2
1920		Manual Arts	1:33.0
1921		Los Angeles Lincoln	1:32.2
1922		Los Angeles	1:32.0
1923		Pasadena	1:32.0
1924		Hollywood	1:32.0
1925		San Diego	1:30.6
1926		Hollywood	1:30.0
1927		Glendale	1:29.6
1928		Los Angeles	1:29.0
1929		Hollywood	1:29.6
1930		San Diego	1:31.2
1931		Los Angeles Poly	1:28.2
1932		Glendale Hoover	1:29.0
1933		Los Angeles	1:28.5
1934		Manual Arts	1:27.7
1935		Jefferson	1:28.9
1936		Long Beach Wilson	1:29.4
1937		Muir	1:29.9
1938		Compton	1:29.3
1939		Compton	1:29.8
1940		Compton	1:29.5
1941		San Diego	1:27.8
1942		San Diego	1:29.6
1943		Glendale Hoover	1:32.5
1944		Inglewood	1:31.2

STATE CHAMPIONS

Champion/School (Section)	Mark
Manual Arts (SS)	1:34.2
Manual Arts (SS)	1:34.2
Los Angeles Poly (SS)	No Time
Manual Arts (SS)	1:33.6
Lso Angeles (SS)	1:38.2
Los Angeles (SS)	1:33.6
Los Angeles (SS)	1:33.6
Los Angeles (SS)	1:33.6
Pasadena (SS)	1:31.4
Hollywood (SS)	1:31.7
Manual Arts (SS)	1:30.5
Glendale (SS)	1:29.9
Glendale (SS)	1:31.8
Los Angeles (SS)	1:29.6
Jefferson (SS)	1:30.1
San Diego (SS)	1:32.0
Huntington Park (SS)	1:29.6
Los Angeles Poly (SS)	1:31.3
Los Angeles (SS)	1:28.3
Manual Arts (SS)	1:29.8
Santa Monica (SS)	1:30.1
Santa Monica (SS)	1:29.3
Muir (SS)	1:29.1
Santa Ana (SS)	1:31.2
Compton (SS)	1:29.8
Glendale Hoover (SS)	1:30.0
San Diego (SS)	1:30.0
(No meet held)	
(No meet held)	
(No meet held)	

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

880-YARD RELAY (Cont.)

(Replaced by 440-Yard and Mile Relay after 1968)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1945		Glendale Hoover	1:31.4
1946		Redondo	1:29.1
1947		Redondo	1:29.6
1948		Laguna Beach	1:29.9
1949		Glendale Hoover	1:29.8
1950		San Diego	1:30.8
1951		Long Beach Wilson	1:31.4
1952		Long Beach Wilson	1:30.1
1953		Santa Ana	1:30.9
1954		Santa Ana	1:29.1
1955		Riverside	1:28.2
1956		Santa Ana	1:29.5
1957		San Diego	1:27.3
1958		Long Beach Poly	1:27.9
1959		Long Beach Poly	1:28.2
1960		Compton	1:29.4
1961		Centennial/Compton	1:26.2
1962		San Bernardino	1:26.2
1963		Centennial/Compton	1:27.1
1964		Muir	1:26.7
1965		Long Beach Poly	1:27.5
1966		Compton	1:27.5
1967		Centennial/Compton	1:26.0

Event discontinued after the 1967 season.

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
(No meet held)	
San Diego (SS)	1:29.2
Los Angeles Jordan (LA)	1:29.7
Los Angeles Jordan (LA)	1:30.5
Oakland McClymonds (OK)	1:30.6
Jefferson (LA)	1:28.6
Los Angeles Poly (LA)	1:30.9
Jefferson (LA)	1:29.0
Manual Arts (LA)	1:27.6
Alameda (NC)	1:28.7
Jefferson (LA)	1:27.2
Jefferson (LA)	1:25.9
Berkeley (NC)	1:27.0
Manual Arts (LA)	1:28.3
Long Beach Poly (SS)	1:28.0
Oakland Castlemont (OK)	1:26.2
Centennial/Compton (SS)	1:26.7
Jefferson (LA)	1:26.1
San Diego (SD)	1:26.3
Muir (SS)	1:26.4
Sacramento Grant (SJ)	1:26.6
Muir (SS)	1:26.4
Los Angeles Fremont (LA)	1:26.0

400-METER RELAY (440-Yards prior to 1980)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1968		Centennial/Compton	41.3
1969		Centennial/Compton	42.3
1970		Santa Ana	41.6
1971		Centennial/Compton	42.1
1972		Centennial/Compton	41.7
1973	MC	Monrovia	41.7
	4-A	Centennial/Compton	42.0
	3-A	Monrovia	42.3
	2-A	Verbum Dei	43.0
1974	MC	Muir	42.3
	4-A	Long Beach Poly	42.4
	3-A	San Bernardino	43.4
	2-A	Pius X	42.8
1975	MC	Compton	42.1
	4-A	Pasadena	42.0
	3-A	Kennedy/Barstow	42.5
	2-A	Duarte	43.1
1976	MC	Kennedy/Barstow	41.3
	4-A	Blair	42.5
	3-A	Kennedy/Barstow	41.4
	2-A	Gahr	42.3
1977	MC	Pasadena	41.8
	4-A	Pasadena	41.6
	3-A	Kennedy/Barstow	42.5
	2-A	Duarte	42.4
	1-A	L.A. Lutheran	44.3
1978	MC	Pasadena	41.55
	4-A	Santa Ana Valley	42.03
	3-A	Inglewood	42.59
	2-A	Cajon	42.71
	1-A	L.A. Lutheran	43.67
1979	MC	Pasadena	41.71
	4-A	Pasadena	41.75
	3-A	Morningside	42.99
	2-A	Baldwin Park	43.22
	1-A	Verbum Dei	42.98
1980	MC	Compton	41.45
	4-A	Compton	41.21
	3-A	Riverside Poly	42.38
	2-A	Centennial/Compton	41.30
	3-A	Serra	41.72

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Centennial/Compton (SS)	41.5
Oakland Castlemont (OK)	41.4
Santa Ana (SS)	41.6
El Cerrito (NC)	41.0
San Francisco Wilson (SF)	41.3
San Francisco Wilson (SF)	41.5
Richmond Kennedy (NC)	41.2
Richmond Harry Ells (NC)	41.2
Barstow Kennedy (SS)	41.4
Pasadena (SS)	41.61
El Cerrito (NC)	41.55
Pasadena (SS)	41.45
Washington (LA)	41.51

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

400 METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1981	MC	Muir	41.28
	4-A	Muir	41.40
	3-A	Riverside Poly	42.50
	2-A	Nogales	42.84
	1-A	Serra	42.25
1982	MC	Muir	41.37
	4-A	Muir	41.40
	3-A	Monrovia	42.06
	2-A	Bishop Amat	42.05
	1-A	Serra	43.50
1983	4-A	Muir	41.14
	3-A	Hawthorne	40.89
	2-A	Blair	42.87
	1-A	Perris	41.39
1984	4-A	Morningside	43.04
	3-A	Ganeshia	42.63
	2-A	Loyola	42.10
	1-A	Bishop	42.71
1985	MC	Compton	41.39
	4-A	Muir	41.53
	3-A	Duarte	42.66
	2-A	Morningside	42.13
	1-A	Cabrillo	43.91
1986	MC	Duarte	41.47
	4-A	Hawthorne	41.73
	3-A	Duarte	41.82
	2-A	Morningside	42.02
	1-A	Cabrillo	43.21
1987	MC	Muir	40.92
	4-A	Hawthorne	41.23
	3-A	Duarte	41.86
	2-A	Crespi	43.21
	1-A	Paraclete	43.09
1988	MC	Fontana	41.50
	4-A	Fontana	42.11
	3-A	Burroughs/Burbank	42.72
	2-A	Morningside	42.66
	1-A	Oak Park	42.96
1989	MC	Hawthorne	40.25
	4-A	Hawthorne	40.36
	3-A	Hueneme	42.49
	2-A	Aleman	42.62
	1-A	Brentwood	43.01
1990	MC	Muir	41.46
	4-A	Muir	41.16
	3-A	Esperanza	42.90
	2-A	Lompoc	42.72
	1-A	Cabrillo	43.24
1991	MC	Compton	41.12
	4-A	Hawthorne	41.81
	3-A	Thousand Oaks	42.83
	2-A	Mater Dei	42.90
	1-A	Cabrillo	43.56
1992	MC	Bishop Amat	41.60
	4-A	Eisenhower	41.84
	3-A	Santa Ana Valley	42.46
	2-A	Bishop Amat	41.80
	1-A	Pius X	42.79
1993	MC	Muir	41.87
	I	Muir	41.70
	II	Canyon Springs	42.11
	III	St. Bernard	42.84
	IV	Verbun Dei	43.83
1994	MC	Morningside	41.09
	I	Muir	41.61
	II	Canyon Springs	42.15
	III	Morningside	41.45
	IV	St. Bonaventure	43.96

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Berkeley (NC)	40.86
Oakland (OK)	41.09
Fresno Edison (CE)	40.83
Berkeley (NC)	40.93
Muir (SS)	41.32
Sacramento Hiram Johnson (SJ)	41.30
Muir (SS)	40.78
Oakland (OK)	41.33
Long Beach Poly (SS)	41.82
San Bernardino (SS)	41.05
Compton (SS)	41.68
Morningside (SS)	42.04
Merced (SJ)	41.42
El Camino (SD)	41.16

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

400 METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1995	MC	Muir	41.37
	I	Muir	41.71
	II	Canyon Springs	42.25
	III	Serra	42.08
	IV	Banning	43.37
1996	MC	Serra	41.14
	I	Muir	41.26
	II	Santa Margarita	42.35
	III	Serra	41.23
	IV	Sultana	44.15
1997	MC	Muir	40.91
	I	Muir	40.72
	II	Tustin	42.14
	III	Serra	42.56
	IV	Verbum Dei	43.32
1998	MC	Long Beach Poly	40.39
	I	Long Beach Poly	41.05
	II	Tustin	42.27
	III	Serra	41.08
	IV	Verbum Dei	43.04
1999	MC	Long Beach Poly	40.14
	I	Long Beach Poly	40.43
	II	Brea Olinda	42.22
	III	Serra	41.62
	IV	Notre Dame/Riverside	43.15
2000	MC	Serra	41.22
	I	Gahr	41.47
	II	San Geronio	42.23
	III	Loyola	41.95
	IV	Serra	40.97
2001	MC	Long Beach Poly	41.50
	I	Long Beach Poly	41.59
	II	Dominguez	41.84
	III	Muir	42.51
	IV	Desert	42.65
2002	MC	Long Beach Poly	40.87
	I	Long Beach Poly	40.78
	II	Dominguez	41.56
	III	Notre Dame/Sherman Oaks	42.64
	IV	Price	43.31
2003	MC	Los Alamitos	41.86
	I	Long Beach Poly	42.09
	II	Savanna	42.39
	III	Servite	42.06
	IV	Kilpatrick	42.83
2004	MC	Long Beach Poly	41.24
	I	Long Beach Poly	41.84
	II	Dominguez	42.13
	III	Notre Dame/Sherman Oaks	42.26
	IV	Serra	42.64
2005	MC	Notre Dame/Sherman Oaks	41.51
	I	Long Beach Poly	41.11
	II	Cypress	41.86
	III	Notre Dame/Sherman Oaks	41.58
	IV	Oaks Christian	42.78
2006	MC	Notre Dame/Sherman Oaks	41.55
	I	Long Beach Poly	41.16
	II	Dominguez	41.60
	III	Notre Dame/Sherman Oaks	41.89
	IV	Oaks Christian	42.25
2007	MC	J.W. North	41.12
	I	Long Beach Poly	40.71
	II	J.W. North	41.32
	III	Notre Dame/Sherman Oaks	42.08
	IV	Crespi	42.58
2008	MC	Long Beach Poly	41.31
	I	Dominguez	40.99
	II	Rio Mesa	41.70
	III	Crespi	42.15
	IV	St. Bonaventure	42.25

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Skyline (OK)	40.78
Serra (SS)	40.63
Muir (SS)	40.35
Long Beach Poly (SS)	40.45
Vallejo (SJ)	40.94
Serra (SS)	40.97
Helix (SD)	41.17
Long Beach Poly (SS)	40.63
Carson (LA)	41.53
Skyline (OK)	41.14
Dorsey (LA)	40.92
Notre Dame/Sherman Oaks (SS)	41.27
Long Beach Poly (SS)	40.81
Long Beach Poly (SS)	41.26

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

400 METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2009	MC	Serra	40.74
	I	Long Beach Poly	41.32
	II	Rio Mesa	41.72
	III	Cathedral	41.03
	IV	Serra	41.21
2010	MC	Long Beach Poly	40.78
	1	Long Beach Poly	41.41
	2	Rio Mesa	41.18
	3	Notre Dame/Sherman Oaks	42.02
	4	Oaks Christian	42.99
2011	MC	Roosevelt	41.16
	1	Roosevelt	41.01
	2	Rio Mesa	41.66
	3	Pacifica/Garden Grove	42.10
	4	Oaks Christian	41.35
2012	MC	Rio Mesa	40.95
	1	Long Beach Poly	41.66
	2	Loyola	41.66
	3	Rio Mesa	41.05
	4	Oaks Christian	41.35
2013	MC	Serra	40.91
	1	Upland	41.60
	2	Loyola	41.35
	3	Notre Dame/Sherman Oaks	41.27
	4	Serra	40.73
2014	MC	Great Oak	41.13
	1	Highland	41.58
	2	Carter	41.87
	3	Notre Dame/Sherman Oaks	41.21
	4	Paraclete	42.41
2015	MC	Chaminade	41.18
	1	Vista Murrieta	40.53
	2	Woodbridge	41.73
	3	Chaminade	41.05
	4	Serra	42.52
2016	MC	Vista Murrieta	41.29
	1	Vista Murrieta	40.83
	2	Murrieta Mesa	41.48
	3	Notre Dame/Sherman Oaks	41.60
	4	Arrowhead Christian	42.54
2017	MC	Rancho Verde	41.14
	1	Rancho Verde	40.41
	2	Mission Viejo	41.61
	3	Gahr	41.67
	4	Oaks Christian	41.39
2018	MC	Great Oak	41.14
	1	Great Oak	41.41
	2	Murrieta Mesa	41.42
	3	St. John Bosco	40.94
	4	Paraclete	42.58
2019	MC	Poly/Long Beach	41.13
	1	Poly/Long Beach	40.87
	2	Mater Dei	42.04
	3	Harvard Westlake	42.35
	4	Crespi	42.28
2020	No Playoffs - Covid-19		
2021	1	Rancho Cucamonga	41.27
	2	Thousand Oaks	41.82
	3	Cathedral	42.44
	4	Oaks Christian	41.79
2022	MC	Serra	41.14
	1	Cajon	41.80
	2	Jordan	41.77
	3	Cathedral	41.53
	4	Serra	40.89
2023	MC	Oaks Christian	41.43
	1	Poly/Long Beach	41.64
	2	Simi Valley	41.51
	3	Orange Lutheran	41.56
	4	Oaks Christian	41.28

STATE CHAMPIONS

Champion/School (Section)	Mark
Serra (SS)	40.67
Long Beach Poly (SS)	41.13
Oaks Christian (SS)	41.19
Notre Dame/Sherman Oaks (SS)	41.13
Serra (SS)	40.49
Woodcreek/Roseville (SJ)	41.20
Chaminade (SS)	40.75
Vista Murrieta (SS)	40.32
Oaks Christian (SS)	40.95
Great Oak (SS)	40.99
Monterey Trail (SJ)	41.47
No playoffs - Covid 19	
Central (CS)	41.36
Granada Hills Charter (LA)	40.39

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

400 METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2024	1	Long Beach Poly	40.93
	2	Royal	41.86
	3	Notre Dame/SO	41.15
	4	Serra Gardena	42.01

STATE CHAMPIONS

Champion/School (Section)	Mark
Pittsburg (Ncs)	40.77

1600-METER RELAY (Mile Relay prior to 1980)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1968		Centennial/Compton	3:16.6
1969		Centennial/Compton	3:16.7
1970		Morningside	3:16.4
1971		Dominguez	3:19.3
1972		Santa Ana	3:18.3
1973	MC	Muir	3:19.8
	4-A	Centennial	3:18.8
	3-A	Dominguez	3:22.4
	2-A	Neff	3:21.4
1974	MC	Muir	3:18.7
	4-A	Muir	3:18.6
	3-A	Morningside	3:21.5
	2-A	La Canada	3:22.8
1975	MC	Newport Harbor	3:17.9
	4-A	Newport Harbor	3:18.9
	3-A	Notre Dame	3:22.4
	2-A	Ontario	3:22.8
1976	MC	Pasadena	3:17.5
	4-A	Pasadena	3:20.3
	3-A	San Bernardino	3:18.7
	2-A	Gahr	3:20.5
1977	MC	Pasadena	3:18.7
	4-A	Muir	3:18.0
	3-A	Pomona	3:20.3
	2-A	La Canada	3:22.1
	1-A	L.A. Lutheran	3:31.5
1978	MC	Centennial/Compton	3:17.34
	4-A	Fontana	3:17.96
	3-A	Garey	3:25.57
	2-A	Moreno Valley	3:24.33
	1-A	Orange Lutheran	3:29.22
1979	MC	Centennial/Compton	3:16.4
	4-A	Pasadena	3:16.89
	3-A	Cajon	3:21.17
	2-A	California	3:23.87
	1-A	Aleman	3:25.21
1980	MC	Centennial/Compton	3:12.20
	4-A	Compton	3:15.14
	3-A	Nogales	3:20.14
	2-A	Centennial/Compton	3:15.61
	1-A	Serra	3:24.13
1981	MC	Long Beach Poly	3:12.55
	4-A	Centennial/Compton	3:12.89
	3-A	Cabrillo	3:19.14
	2-A	Pomona	3:19.30
	1-A	Serra	3:18.66
1982	MC	Compton	3:14.53
	4-A	Muir	3:13.57
	3-A	Hawthorne	3:17.68
	2-A	Bishop Amat	3:16.73
	1-A	Leuzinger	3:22.41
1983			
	4-A	Muir	3:14.17
	3-A	Hawthorne	3:13.86
	2-A	Ganessa	3:21.53
	1-A	Perris	3:14.84
1984			
	4-A	Hawthorne	3:12.23
	3-A	Rancho Alamitos	3:23.16
	2-A	Loyola	3:15.95
	1-A	Perris	3:24.34

STATE CHAMPIONS

Champion/School (Section)	Mark
Centennial/Compton (SS)	3:14.3
Los Angeles (LA)	3:15.2
Los Altos (SS)	3:15.6
Oakland Castlemont (OK)	3:13.2
El Cerrito (NC)	3:17.6
Rancho Cordova (SJ)	3:17.4
Muir (SS)	3:13.8
Richmond Ells (NC)	3:15.7
Pasadena (SS)	3:18.2
Pasadena (SS)	3:13.7
Banning (LA)	3:11.57
Locke (LA)	3:14.04
Centennial/Compton (SS)	3:10.37
Berkeley (NC)	3:08.94
Compton (SS)	3:14.45
Hawthorne (SS)	3:10.11
Hawthorne (SS)	3:09.45

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600-METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1985	MC	Hawthorne	3:12.73
	4-A	Hawthorne	3:13.20
	3-A	Ganesha	3:21.05
	2-A	Centennial/Compton	3:16.44
	1-A	Cabrillo	3:22.93
1986	MC	Hawthorne	3:15.25
	4-A	Hawthorne	3:14.35
	3-A	Duarte	3:18.29
	2-A	Centennial/Compton	3:17.13
	1-A	Morro Bay	3:24.78
1987	MC	Morningside	3:13.40
	4-A	Muir	3:15.81
	3-A	Duarte	3:18.14
	2-A	Morningside	3:15.65
	1-A	Oak Park	3:25.73
1988	MC	Hawthorne	3:12.99
	4-A	Hawthorne	3:13.63
	3-A	J.W. North	3:20.48
	2-A	Morningside	3:17.90
	1-A	Oak Park	3:22.06
1989	MC	Hawthorne	3:13.43
	4-A	Hawthorne	3:13.05
	3-A	Rio Mesa	3:21.90
	2-A	Arroyo Grande	3:17.86
	1-A	Notre Dame/Sherman Oaks	3:22.85
1990	MC	Muir	3:15.52
	4-A	Muir	3:17.83
	3-A	Ontario	3:21.84
	2-A	Centennial/Compton	3:18.45
	1-A	Carpinteria	3:23.60
1991	MC	Centennial/Compton	3:15.60
	4-A	Muir	3:21.98
	3-A	Foothill	3:19.83
	2-A	Centennial/Compton	3:16.04
	1-A	Pius X	3:25.39
1992	MC	Morningside	3:14.52
	4-A	Long Beach Poly	3:15.74
	3-A	Foothill	3:16.64
	2-A	Morningside	3:16.29
	1-A	Pius X	3:22.24
1993	MC	Foothill	3:15.09
	I	Alta Loma	3:17.87
	II	Foothill	3:18.31
	III	Morningside	3:18.23
	IV	St. Bonaventure	3:26.82
1994	MC	Muir	3:12.65
	I	Muir	3:18.32
	II	Foothill	3:20.80
	III	Pomona	3:19.88
	IV	Serra	3:26.41
1995	MC	Muir	3:12.44
	I	Muir	3:15.51
	II	Barstow	3:21.31
	III	Morningside	3:19.12
	IV	Banning	3:25.69
1996	MC	Muir	3:11.64
	I	Muir	3:13.71
	II	Riverside Poly	3:21.76
	III	Alemanay	3:18.13
	IV	Marshall	3:26.74
1997	MC	Muir	3:12.83
	I	Muir	3:12.16
	II	Tustin	3:18.98
	III	Serra	3:16.37
	IV	Verbum Dei	3:22.25
1998	MC	Dominguez	3:14.34
	I	Dominguez	3:13.84
	II	Santa Margarita	3:20.43
	III	Loyola	3:17.20
	IV	Verbum Dei	3:22.58

STATE CHAMPIONS

Champion/School (Section)	Mark
Hawthorne (SS)	3:14.13
Hawthorne (SS)	3:14.79
Hawthorne (SS)	3:11.77
Hawthorne (SS)	3:10.46
Dorsey (LA)	3:12.21
Muir (SS)	3:14.00
Morningside (SS)	3:15.01
Morningside (SS)	3:15.37
North Salinas (CC)	3:14.19
Muir (SS)	3:12.54
Muir (SS)	3:13.08
Muir (SS)	3:08.66
Dominguez (SS)	3:12.51
Dominguez (SS)	3:12.64

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600-METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1999	MC	Long Beach Poly	3:13.76
	I	Long Beach Poly	3:15.89
	II	Servite	3:19.82
	III	Serra	3:21.97
	IV	Notre Dame/Riverside	3:22.02
2000	MC	Serra	3:13.72
	I	Long Beach Poly	3:15.10
	II	Newport Harbor	3:20.87
	III	Santa Margarita	3:19.91
	IV	Serra	3:19.07
2001	MC	Long Beach Poly	3:14.63
	I	Long Beach Poly	3:15.55
	II	Santa Margarita	3:17.00
	III	Notre Dame/Sherman Oaks	3:18.63
	IV	Oak Park	3:26.60
2002	MC	Long Beach Poly	3:12.10
	I	Long Beach Poly	3:18.45
	II	Dominguez	3:16.85
	III	Notre Dame/Sherman Oaks	3:19.45
	IV	Serra	3:19.64
2003	MC	Dominguez	3:14.69
	I	Long Beach Poly	3:17.56
	II	St. John Bosco	3:21.39
	III	Dominguez	3:18.15
	IV	Kilpatrick	3:20.06
2004	MC	Long Beach Poly	3:13.98
	I	Long Beach Poly	3:15.54
	II	Compton	3:19.84
	III	Diamond Ranch	3:20.20
	IV	Serra	3:19.89
2005	MC	Dominguez	3:14.97
	I	Dana Hills	3:18.65
	II	Dominguez	3:14.20
	III	Notre Dame/Sherman Oaks	3:17.06
	IV	Serra	3:17.28
2006	MC	J.W. North	3:11.86
	I	Long Beach Poly	3:16.98
	II	J.W. North	3:15.45
	III	Notre Dame/Sherman Oaks	3:19.54
	IV	Laguna Beach	3:25.02
2007	MC	Long Beach Poly	3:11.17
	I	Long Beach Poly	3:12.40
	II	J.W. North	3:14.50
	III	Orange Lutheran	3:19.66
	IV	Crespi	3:21.21
2008	MC	Dominguez	3:11.50
	I	Dominguez	3:11.87
	II	Eleanor Roosevelt	3:17.19
	III	Crespi	3:15.91
	IV	Santa Ynez	3:24.67
2009	MC	Rancho Verde	3:14.06
	I	Rancho Verde	3:14.94
	II	Dos Pueblos	3:19.98
	III	Artesia	3:16.61
	IV	Santa Ynez	3:24.96
2010	MC	Serra	3:10.41
	1	Long Beach Poly	3:13.86
	2	La Serna	3:14.60
	3	Woodbridge	3:17.94
	4	Serra	3:14.69
2011	MC	Serra	3:14.31
	1	Long Beach Poly	3:15.06
	2	Indio	3:17.05
	3	Servite	3:18.68
	4	Serra	3:18.47
2012	MC	Chaminade	3:15.28
	1	Vista Murrieta	3:16.67
	2	Culver City	3:19.52
	3	Rio Mesa	3:16.02
	4	Serra	3:18.76

STATE CHAMPIONS

Champion/School (Section)	Mark
Dorsey (LA)	3:13.01
Serra (SS)	3:12.94
Long Beach Poly (SS)	3:15.11
Long Beach Poly (SS)	3:12.90
Long Beach Poly (SS)	3:14.35
Long Beach Poly (SS)	3:13.74
Dorsey (LA)	3:12.12
J.W. North (SS)	3:10.36
Long Beach Poly (SS)	3:10.92
Dominguez (SS)	3:09.59
Orange Lutheran (SS)	3:14.53
Serra (SS)	3:08.72
Long Beach Poly (SS)	3:12.44
Rio Mesa (SS)	3:16.21

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600-METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
2013	MC	Vista Murrieta	3:16.59
	1	Vista Murrieta	3:17.33
	2	Culver City	3:17.85
	3	Notre Dame/Sherman Oaks	3:18.92
	4	Serra	3:17.07
2014	MC	Long Beach Poly	3:14.79
	1	Long Beach Poly	3:16.67
	2	Woodbridge	3:18.54
	3	Notre Dame/Sherman Oaks	3:20.68
	4	Serra	3:19.81
2015	MC	Long Beach Wilson	3:13.61
	1	Vista Murrieta	3:13.09
	2	Woodbridge	3:16.91
	3	Notre Dame/Sherman Oaks	3:15.49
	4	Nordhoff	3:23.60
2016	MC	Vista Murrieta	3:14.83
	1	Vista Murrieta	3:15.26
	2	Mission Viejo	3:20.04
	3	Notre Dame/Sherman Oaks	3:16.34
	4	Templeton	3:23.06
2017	MC	Roosevelt	3:15.30
	1	Rancho Verde	3:12.17
	2	Redlands East Valley	3:19.71
	3	Harvard-Westlake	3:16.33
	4	Oaks Christian	3:20.20
2018	MC	Aliso Niguel	3:14.68
	1	Aliso Niguel	3:14.71
	2	Murrieta Mesa	3:15.78
	3	Harvard-Westlake	3:20.06
	4	Oaks Christian	3:19.88
2019	MC	Wilson/Long Beach	3:13.86
	1	Upland	3:13.95
	2	Calabasas	3:30.01
	3	Harvard-Westlake	3:18.22
	4	Oaks Christian	3:22.74
2020	No Playoffs - Covid-19		
2021	1	Wilson/Long Beach	3:15.26
	2	Thousand Oaks	3:23.69
	3	Cathedral	3:21.00
	4	La Salle	3:31.54
2022	MC	Cathedral	3:13.98
	1	Wilson/Long Beach	3:14.20
	2	San Marcos	3:19.68
	3	Cathedral	3:16.12
	4	Oaks Christian	3:22.06
2023	MC	Poly/Long Beach	3:13.86
	1	Wilson/Long Beach	3:14.77
	2	Westlake	3:20.40
	3	Cathedral	3:17.74
	4	Oaks Christian	3:22.79
2024	1	Wilson Long Beach	3:14.50
	2	Culver City	3:16.89
	3	Cathedral	3:15.89
	4	Webb	3:25.87

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Serra (SS)	3:10.59
Long Beach Poly (SS)	3:11.86
Long Beach Wilson (SS)	3:13.46
Vista Murrieta (SS)	4:14.97
Rancho Verde (SS)	3:14.46
Murrieta Mesa (SS)	3:10.86
Loyola (SS)	3:17.56
No Playoffs - Covid - 19	
Cathedral (SS)	3:13.87
Poly/Long Beach (SS)	3:12.99
Wilson Long Beach(SS)	3:12.54

HIGH JUMP

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1913		Luther Nichols, Pomona	6-00
1914		Neil Creighton, Manual Arts	5-11
1915		Earl Thomson, Long Beach Poly	6-01.75
		Hasty Bidwell, Glendale	6-01.75
1916		Titus Moore, Pasadena	5-11.25
1917		Oliver Corey, Chaffey	5-08
1918		Harold Muller, San Diego	6-00
1919		Al Nichols, Santa Paula	5-08
1920		Cliff Argue, Oxnard	5-09.25
1921		Al Fisher, Los Angeles Lincoln	5-10
1922		Ed Shaw, Monrovia	5-10.25
1923		Steve Turner, Hollywood	6-00.75
1924		Henry Coggeshall, Los Angeles Poly	6-02.25
1925		Al Bowen, Santa Monica	5-10
1926		Frank Hershey, La Puente	5-11
1927		Bob Van Osdel, Compton	5-11
		Sidney Wilson, Hemet	5-11
1928		Bob Van Osdel, Compton	6-03.12
1929		Clyde Jones, Los Angeles Poly	6-01
1930		William Lynn, Los Angeles Wilson	6-01
1931		Cornelius Johnson, Los Angeles	6-02
1932		Cornelius Johnson, Los Angeles	6-03.62
1933		Cornelius Johnson, Los Angeles	6-05
1934		Delos Thurber, Glendale	6-05.45
1935		Jim McDaniel, Manual Arts	6-03
1936		Walter Laughead, Long Beach Wilson	6-03
		Elton Lippincot, Long Beach Poly	6-03
1937		Ezra Smith, Glendale	6-03
		Jerry Soule, La Jolla	6-04
1938		Gil LaCava, Beverly Hills	6-04.50
1939		Hubert Sprinkle, Claremont	6-03
1940		Jack Newman, Long Beach Poly	6-02
1941		Don Marvel, Inglewood	6-02
		Jack Kaiser, Hoover/San Diego	6-02
1942		Whitney Gower, Hoover/Glendale	6-04.50
1943		Whitney Gower, Hoover/Glendale	6-05
1944		Frank Paulso, Inglewood	6-01.75
1945		Franklin Nickey, Santa Ana	6-00.50
1946		Wilfred Schlange, Citrus	6-02.37
1947		Daryl Butts, Excelsior	6-03
		Morrie Ramirez, Keppel	6-03
1948		Fred Pratley, Hoover/Glendale	6-04
		Rudy Graham, San Diego	6-04
1949		Norman Jiles, Santa Ana	6-04.50
		Thomas DuHarnel, Inglewood	6-04.50
1950		Ralph Bonham, Pomona	6-02.50
		Bob Macon, Cathedral	6-02.50
1951		Ralph Bonham, Pomona	6-05.12
		Bill Gelvin, Long Beach Poly	6-05.12
1952		Forrest Younger, Fullerton	6-01.50
		Roy Ferguson, Excelsior	6-01.50
		Andy Slaughter, Compton	6-01.50
1953		Dick Haddon, Glendale Hoover	6-02
1954		Charlie Dumas, Centennial/Compton	6-05.50
1955		Charlie Dumas, Centennial/Compton	6-08.87
1956		Bob Avant, Hart	6-04.12
1957		Bob Roenicke, San Jacinto	6-06
		Bob Avant, Hart	6-06
1958		Paul Stuber, Bellflower	6-07
		Ray Nickleberry, Oxnard	6-07
1959		Paul Stuber, Bellflower	6-04.25
		Ray Nickleberry, Oxnard	6-04.25
		Joe Faust, Culver City	6-04.25
1960		Guy Bauman, Notre Dame/Sherman Oaks	6-05.25
1961		Lew Hoyt, San Marino	6-07.50
1962		Tom Quast, San Jacinto	6-07

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Luther Nichols, Pomona (SS)	5-10.25
Paul Anderson, Santa Ana (SS)	6-00
Millard Webster, Santa Paula (SS)	5-09.50
Titus Moore, Pasadena (SS)	5-08.50
Lloyd Hill, Coalinga (CE)	5-09.25
Harold Muller, San Diego (SS)	5-11.75
Harold Muller, Oakland Technical (OK)	5-06
Oliver Corey, Chaffey (SS)	6-00
Al Fisher, Los Angeles Lincoln (SS)	6-00.37
Ed Shaw, Monrovia (SS)	5-10.75
Henry Coggeshall, Los Angeles Poly (SS)	5-11
Al Bowen, Santa Monica (SS)	6-01.50
Olympus Carter, Los Angeles Jordan (SS)	5-11
Bob Van Osdel, Compton (SS)	5-11
Lynford Scott, Eureka (NC)	6-00.75
Henry Lassalette, La Puente (SS)	6-02.12
Bob Van Osdel, Compton (SS)	6-02.12
Walter Marty, Fresno (CE)	6-04.25
Kermit Plowman, Sequoia (CE)	6-00.50
Paul Jacques, Santa Ana (SS)	6-04.12
Cornelius Johnson, Los Angeles (SS)	6-03
Cornelius Johnson, Los Angeles (SS)	6-04.75
Delos Thurber, Glendale (SS)	6-05.87
Les Steers, Palo Alto (CC)	6-02
Les Steers, Palo Alto (CC)	6-00.75
Les Steers, Palo Alto (CC)	6-04
Gil La Cava, Beverly Hills (SS)	6-07.12
Bill Stewart, Torrance (SS)	6-04
Jack Newman, Long Beach Poly (SS)	6-04.12
Henry Caldwell, Fresno Edison (CE)	6-01
(No meet held)	
(No meet held)	
(No meet held)	
(No meet held)	
Wilfred Schlange, Citrus (SS)	6-02
Dick Smith, Fresno Roosevelt (CE)	6-02
Daryl Butts, Norwalk Excelsior (SS)	6-00
Walter Kirk, Porterville (CE)	6-00
Dick Brombach, Long Beach Poly (SS)	6-03
Ed Young, Jefferson (LA)	6-03
Norman Woods, Jefferson (LA)	6-03
Ralph Bonham, Pomona (SS)	6-02.50
Vern Wilson, San Jose (CC)	6-02
Bernie Allard, Fresno (CE)	6-05.37
Bernie Allard, Fresno (CE)	6-05.50
Bernie Nelson, Hoover/San Diego (SS)	6-04
Dick Daily, Hayward (NC)	6-05.50
Charlie Dumas, Centennial/Compton (SS)	6-08.87
Curtis Chappel, Jefferson (LA)	6-03.25
Bobby Avant, Hart (SS)	6-08
Ray Nickleberry, Oxnard (SS)	6-08
Paul Stuber, Bellflower (SS)	6-08
Paul Stuber, Bellflower (SS)	6-07.25
Archie Green, Oakland (OK)	6-06.25
Roger Olsen, Willow Glenn (CC)	6-06.25
Richard Jones, Bakersfield (CE)	6-08.25
Richard Jones, Bakersfield (CE)	6-07.50
Otis Burrell, Jefferson (LA)	6-07.50
Bob Channell, Fresno McLain (CE)	6-07.50

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

HIGH JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1963		Ed Caruthers, Santa Ana Valley	6-08
1964		Mike Sloan, Anaheim	6-07
1965		Larry Fischer, Notre Dame/Sherman Oaks	6-08
1966		William Morris, Compton	6-08
1967		Reynaldo Brown, Compton	6-06
1968		Reynaldo Brown, Compton	6-09.62
1969		Reynaldo Brown, Compton	6-10
1970		Randy Fulkerson, Santa Fe	6-06
1971		Dwight Stones, Glendale	6-09
1972		Carl Miles, Long Beach Poly	6-09
1973	MC	Tom Knarr, Notre Dame/Sherman Oaks	6-06
	4-A	Kelly Donahue, Palos Verdes	6-09
	3-A	Tom Knarr, Notre Dame/Sherman Oaks	6-08
	2-A	Vick Churchill, Alemany	6-04
1974	MC	Rick Parks, Crescenta Valley	6-09.50
	4-A	Steve La Rusch, Glendale	6-08.50
	3-A	Keith Brown, San Luis Obispo	6-06
	2-A	Vic Churchill, Alemany	6-08
1975	MC	Ken Conner, Estancia	6-10
	4-A	Ken Conner, Estancia	6-09.25
	3-A	Kelly Johnson, Arroyo	6-08.25
	2-A	Jeff Lawson, El Dorado	6-08
1976	MC	Dennis Smith, Santa Monica	6-09
	4-A	Mitch McCall, Dominguez	6-08
	3-A	Kelly Gordien, Claremont	6-08
	2-A	Jeff Good, Rio Mesa	6-06
1977	MC	Dennis Smith, Santa Monica	6-10
	4-A	Dennis Smith, Santa Monica	7-02.50
	3-A	Larry Jones, Kennedy	6-08
	2-A	Doug Nordquist, Sonora	6-10
	1-A	Wayne Stark, Orange Lutheran	6-04
1978	MC	Delvon Davis, Miraleste	7-01
	4-A	Brad Harris, Los Alamitos	6-08
	3-A	Brian Stanton, Inglewood	6-07
	2-A	Delvon Davis, Miraleste	6-10
	1-A	Wayne Stark, Orange Lutheran	6-04
1979	MC	Lee Balkin, Glendale	7-02
	4-A	Charles Mayfield, Muir	6-10
	3-A	Lee Balkin, Glendale	7-00.25
	2-A	Eric Smith, Dana Hills	6-08
	1-A	Tim Polti, Alemany	6-06
1980	MC	Anthony Caire, Pius X	6-10
	4-A	Charles Mayfield, Muir	6-08
	3-A	Chris Harper, Arlington	6-08
	2-A	Anthony Caire, Pius X	6-08
	1-A	Mark Haflinger, San Jacinto	6-04
1981	MC	Eric Bonner, Inglewood	6-11
	4-A	Mike Powell, Edgewood	6-10
	3-A	Dyson Hamner, Burbank	6-10
	2-A	Anthony Caire, Pius X	6-10
	1-A	Mike Venegas, Cathedral	6-04
1982	MC	Troy Haines, Millikan	6-10.50
	4-A	Troy Haines, Millikan	6-10.75
	3-A	Anthony Caselli, Santa Monica	6-06
	2-A	Ed Cash, Rio Mesa	6-04
	1-A	Mark Lake, Bishop	6-04
1983	4-A	Kenny Burke, Westlake	7-00.50
	3-A	Doug Dreibelbis, Foothill	6-09
	2-A	Sam Bryant, Palo Verde	6-09
	1-A	Robert Anderson, Paso Robles	6-04
1984	4-A	Kenny Burke, Westlake	7-02
	3-A	Richard Eckert, Keppel	6-06.25
	2-A	David Dangleis, Azusa	6-08
	1-A	Mike Wade, Santa Ynez	6-06.25
1985	MC	John Medford, Hawthorne	6-10
	4-A	Eric Wheelwright, Edison	6-10
	3-A	Eric Dom, Estancia	6-08
	2-A	Mark Tilson, Loyola	6-04
	1-A	Dave Murrane, Whittier Christian	6-08

STATE CHAMPIONS

Champion/School (Section)	Mark
Ed Caruthers, Santa Ana Valley (SS)	6-08
Greg Heet, La Habra Lowell (SS)	6-07.75
Ken Brown, Oakland Castlemont (OK)	6-08.50
Tom Clyburn, San Francisco Balboa (SF)	6-10
Doug Huff, Lincoln (LA)	6-10
Reynaldo Brown, Compton (SS)	6-09.25
Reynaldo Brown, Compton (SS)	7-00
Reynaldo Brown, Compton (SS)	7-00
Jerry Culp, Oceanside (SD)	7-00.25
Dwight Stones, Glendale (SS)	7-01.50
Carl Miles, Long Beach Poly (SS)	6-10
Randy Turner, San Francisco Wilson (SF)	6-06
Charles Hatch, San Francisco Wilson (SF)	7-00
Johnny Washington, Fremont (LA)	7-00
John Lane, Fremont American (CC)	6-11
Dennis Smith, Santa Monica (SS)	7-02
Brad Harris, Los Alamitos (SS)	6-11
Lee Balkin, Glendale (SS)	7-03.25
Greg Denby, Crenshaw (LA)	6-10
Anthony Caire, Pius X (SS)	7-01
Maurice Crumby, Balboa (SF)	7-00
Maurice Crumby, Balboa (SF)	7-02
Kenny Burke, Westlake (SS)	7-00
Mark Webster, Cupertino Homestead (CC)	6-09

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

HIGH JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1986	MC	Richard Thomas, Ventura	6-11
	4-A	Derrick Moore, Millikan	6-10
	3-A	Eric Dorn, Estancia	6-09
	2-A	Sedrick Bonner, Azusa	6-08
	1-A	Mike Demeter, St. Joseph/Santa Maria	6-07
1987	MC	Joel Mitre, Redlands	6-08
	4-A	Joel Mitre, Redlands	6-06
	3-A	Derek Peppert, Damien	6-08
	2-A	Myron Williams, Orange	6-10
	1-A	Rick Aguilar, CSDR	6-04
1988	MC	Reggie Betton, Antelope Valley	6-10
	4-A	Reggie Betton, Antelope Valley	7-00
	3-A	Craig Short, Santa Fe	6-10
	2-A	Andy Lobpries, Western	6-08
	1-A	Adrian Keller, Whitney	6-04
1989	MC	Mark Wilson, Charter Oak	7-00
	4-A	Mark Wilson, Charter Oak	6-08
	3-A	Louis Krebs, Santa Fe	6-06
	2-A	George Garcia, St. Anthony	6-07
	1-A	Bobby Robinson, Cabrillo	6-07
1990	MC	Kevin Carlson, Katella	6-09.75
	4-A	Keadrick Washington, Rowland	6-08
	3-A	Kevin Carlson, Katella	6-06
	2-A	Damu Hervey, Centennial/Compton	6-06
	1-A	Bobby Robinson, Cabrillo	6-06
1991	MC	Kevin Carlson, Katella	6-10
	4-A	Chris Olsson-O'Neil, Rubidoux	6-08
	3-A	Kevin Carlson, Katella	6-10
	2-A	Terry Mann, Sunny Hills	6-05
	1-A	Bobby Robinson, Cabrillo	6-07
1992	MC	Alarick Greenberry, Cabrillo	6-08
	4-A	Alfonta Jackson, Long Beach Wilson	6-08
	3-A	Jeremy Fisher, Camarillo	6-08
	2-A	Jay Lim, Sonora	6-06
	1-A	Alarick Greenberry, Cabrillo	6-10
1993	MC	Jeremy Fischer, Camarillo	7-00
	I	Jeremy Fischer, Camarillo	6-10
	II	Brian Carlson, Katella	7-00
	III	Martin Haynes, Bishop Montgomery	6-06
	IV	Jim Romero, L.A. Baptist	6-06
1994	MC	Jeremy Fischer, Camarillo	7-00
		Art Lloyd, Eisenhower	7-00
	I	Jeremy Fischer, Camarillo	7-02.50
	II	Rick Pitchford, Charter Oak	6-08
	III	Danny Vasquez, Century	6-05
	IV	Jim Romero, L.A. Baptist	6-08
1995	MC	Marty Brossett, South Torrance	6-08
		Dale Fowle, Saugus	6-08
	I	Dale Fowle, Saugus	6-08
	II	Kevin Wilkinson, Arroyo Grande	6-06
	III	Marty Brossett, South Torrance	6-10
	IV	Brody Winn, Oak Park	6-04
1996	MC	Elliott Parks, El Toro	6-10
	I	Cory Johnson, Los Alamitos	6-08
	II	Elliott Parks, El Toro	6-08
	III	Henry Jenkins, Paso Robles	6-04
	IV	Adrian Walton, Boron	6-04
1997	MC	Clinte Motley, Alta Loma	6-08
	I	Clinte Motley, Alta Loma	7-00
	II	Elliott Parks, El Toro	7-02
	III	Eric Davis, Covina	6-08
	IV	Josh Law, Beaumont	6-04
1998	MC	Santosh Swamidass, El Modena	6-09
	I	LeShawn Cubit, Sultana	6-07
	II	Robert Fuentes, Saddleback	6-06
	III	Marcell Allmond, St Paul	6-06
	IV	Josh Law, Beaumont	6-04

STATE CHAMPIONS

Champion/School (Section)	Mark
Derrick Moore, Millikan (SS)	6-10
Luis Juico, Piedmont Hills (CC)	7-01
Reggie Betton, Antelope Valley (SS)	7-00
Mark Wilson, Charter Oak (SS)	7-00
Kevin Carlson, Katella (SS)	7-00
Avery Anderson, J.W. North (SS)	7-02
Griffin Childers, Woodland (SJ)	6-11
Jeff Nadeau, Monroe (LA)	7-02
Jeremy Fischer, Camarillo (SS)	7-00
Michael Wilkins, Red Bluff (NO)	7-00
Elliott Parks, El Toro (SS)	6-10
Jason Howard, Ridgeview (CE)	7-01
Darren Marble, Los Altos (CC)	6-08

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

HIGH JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1999	MC	Jeremy Richards, Righetti	6-10
	I	Preston Norman, Rancho Verde	6-08
	II	Jeremy Richards, Righetti	6-08
	III	Marcell Allmond, St Paul	6-08
	IV	Josh Levy, Campbell Hall	6-04
2000	MC	Jerrick Holmes, Palmdale	6-10
	I	Chadd Smith, Camarillo	6-10
	II	Alex Marbley, Tustin	6-06
	III	Jason Romero, Ganesha	6-08
	IV	Eugene Hutchinson, Desert	6-04
2001	MC	Tony Roberts, Artesia	6-08
	I	Hunter Ovahood, San Clemente	6-08
	II	Alex Marbley, Tustin	6-08
	III	Tony Roberts, Artesia	6-08
	IV	Rudy Burgess, Desert	6-08
2002	MC	Jim Wratten, Pasadena	6-06
	I	D'Ornoir Flax, Etiwanda	6-10
	II	Jim Wratten, Pasadena	6-08
	III	Vernon Covington, Covina	6-06
	IV	T.J. Fakenhinde, Eastside Christian	6-10
2003	MC	T.J. Fakenhinde, Eastside Christian	6-10
	I	Tim McGrath, Santa Monica	6-08
	II	Kenyon Churchwell, Loyola	6-06
	III	Zack Novack, Estancia	6-06
	IV	T.J. Fakehinde, Eastside Christian	6-08
2004	MC	Matt Turner, Chaffey	6-08
	I	Matt Turner, Chaffey	6-09
	II	Shawn Dehorney, Antelope Valley	6-03
	III	Jonathan Golden, Azusa	6-11
	IV	Jamie Withie, Webb	6-03
2005	MC	Tim Sebastian, J.W. North	6-08
	I	Lance Gonzalez, Murrieta Valley	6-06
	II	David Girten, Damien	6-08
	III	Miles Hollingsworth, San Marino	6-04
	IV	Elvin Tabah, Valley Christian/Cerritos	6-06
2006	MC	Terrence Austin, Long Beach Poly	6-09
	I	Terrence Austin, Long Beach Poly	6-09
	II	Staphon Arnold, Colony	6-07
	III	Chase Thomas, Orange Lutheran	6-07
	IV	Sam Schur, St. Joseph/santa Maria	6-01
2007	MC	Chris Hicks, Palmdale	6-10
	I	Darryl Drake, San Geronio	6-08
	II	Jonathan Clark, Loyola	6-10
	III	Leland Anderson, Lawndale	6-06
	IV	Harrison Steed, JSerra	6-04
2008	MC	Harrison Steed, JSerra	6-06
	I	Nick Ross, Vista Murrieta	6-10
	II	Anthony McClendon, Colony	6-10
	III	Miles Beal, St. John Bosco	6-06
	IV	Harrison Steed, JSerra	7-00
2009	MC	Jules Sharpe, Oaks Christian	6-08
	I	Nick Ross, Vista Murrieta	7-01
	II	Obum Gwacham, Ayala	6-07
	III	Miles Beal, St. John Bosco	6-07
	IV	Jules Sharpe, Oaks Christian	6-11
2010	MC	Steve Williams, Downey	6-08
	1	Aaron Hale, Upland	6-08
	2	Kevin Enge, Canyon/Canyon Country	6-06
	3	Larry Roberson, Granite Hills	6-04
	4	Harrison Steed, JSerra	6-10
2011	MC	Miles Poullard, Colony	6-11
	1	Oscar Munson, San Clemente	6-05
	2	Miles Poullard, Colony	6-08
	3	Ronnier Turner, Antelope Valley	6-06
	4	Adam Aguirre, Cantwell Sacred Heart	6-04
2012	MC	Cody Crampton, Canyon/Anaheim	6-10.25
	1	Sage Stone, Mission Viejo	6-07
	2	Miles Poullard, Collony	6-11
	3	Tim White, Hart	6-07
	4	Adam Aguirre, Cantwell Sacred Heart	6-07

STATE CHAMPIONS

Champion/School (Section)	Mark
Gabe Zarate, Parlier (CE)	6-11
Ebon Glenn, St. Mary's (NC)	7-00
Teak Wilburn, Chico (NC)	6-10
Cole Herron, Sanger (CE)	6-11
Cole Herron, Sanger (CE)	6-10
Ed Wright, St. Mary's (NC)	6-10.25
Fletcher Carlyle, Vintage (SJ)	6-09
Casey Ryan, Jackson Argonaut (SJ)	6-09
Daniel Kirkpatrick, Trabuco Hills (SS)	6-11
Harrison Steed, JSerra (SS)	7-01
Nick Ross, Vista Murrieta (SS)	7-01
Tyler Jordan, Ramona (SD)	6-11
Cody Crampton, Canyon/Anaheim (SS)	6-11
Noel Frazier, California (NC)	6-10.25

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

HIGH JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2013	MC	Vincent Calhoun, Long Beach Poly	6-09
	1	Vincent Calhoun, Long Beach Poly	6-09
	2	Eric Moore, Carter	6-11
	3	Myles Hawkins, Orange Lutheran	6-08
	4	Byron Gregg, Rosamond	6-01
2014	MC	Eric Moore, Carter	6-09
	1	Vincent Calhoun, Long Beach Poly	6-09
	2	Eric Moore, Carter	6-09
	3	Myles Hawkins, Orange Lutheran	6-09
	4	CJ McCord, Sage Hill	6-02
2015	MC	Sean Lee, Trabuco & Quinten Pounds, Cypress	6-09
	1	Sean Lee, Trabuco Hills	6-07
	2	Elijah Hughes, J.W. North	6-09
	3	Clifton Sullivan, Tahquitz	6-05
	4	CJ McCord, Sage Hill	6-09
2016	MC	Elijah Hughes, J.W. North	7-01
	1	Sean Lee, Trabuco Hills	6-11
	2	Elijah Hughes, J.W. North	7-00
	3	Earnest Sears, Alemany	7-00
	4	Chance Kuehnelt, Sage Hill	6-06
2017	MC	Tony Crosby, Gahr	6-07
	1	Sean Lee, Trabuco Hills	6-10
	2	Spencer Kimmerer, Dos Pueblos	6-06.25
	3	Earnest Sears, Alemany	6-08
	4	Dallas Martin, Brentwood	6-08
2018	MC	Sean Lee, Trabuco Hills	6-08
	1	Sean Lee, Trabuco Hills	7-02.50
	2	Beau Allen, San Marcos	6-06
	3	Matthew Molina, St. Francis	6-06
	4	Joseph Ruddell, Morro Bay	6-06
2019	MC	Jack Wiseman, Huntington Beach	6-10
	1	Darius Hill, Vista Murrieta	6-08
	2	Tyler Cash, Canyon/Canyon Country	6-08
	3	Matthew Molina, St. Francis	6-06
	4	Rae'Kwon Alvez, Mojave	6-04
2020	No Playoffs - Covid-19		
2021	1	Darius Hill, Vista Murrieta	6-10
	2	Tyler Hampton, Edison	6-04
	3	Leland Lieberg, St. Francis	6-04
	4	Cytres Vives, Alemany	6-00
2022	MC	Brandon Gorski, Mater Dei	6-08
	1	Seth Johnson, Cajon	6-06
	2	Brandon Gorski, Mater Dei	6-06
	3	Victor Ezike, Moorpark	6-06
	4	Cole Hoegl, Crossroads	6-06
2023	MC	Brandon Gorski, Mater Dei	6-09
	1	Cotton Dominic, Northwood	6-07
	2	Brandon Gorski, Mater Dei	6-06
	3	Jake Staffor, JSerra	6-08
	4	Orlando Zepeda, St. Paul	6-04
2024	1	Jeremiah Wiley, Elsinore	6-06
	2	Brandon Gorski, Mater Dei	6-06
	3	Joshua Harel, Notre Dame/SO	7-00.25
	4	Drew Taylor, Linfield Christian	6-00

STATE CHAMPIONS

Champion/School (Section)	Mark
Eric Moore, Carter (SS)	6-11
Eric Moore, Carter (SS)	7-00.25
Michael Burke, Lemoore (CE)	6-11
Darius Carbin, Mt. Pleasant (NC)	7-00
Sean Lee, Trabuco Hills (SS)	6-11
Sean Lee, Trabuco Hills (SS)	7-02
Beau Allen, San Marcos (SS)	6-11
No Playoffs - Covid 19	
Seth Johnson, Cajon (SS)	6-7
Jake Staffor, JSerra (SS)	6-7
Deshawn Banks, Birmingham Las	7-00.50

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

POLE VAULT

SOUTHERN SECTION CHAMPIONS

<u>YEAR</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1913		Lincoln Hall, Santa Paula	11-09
1914		Frank Grieve, Hollywood	11-09
1915		George Mauer, Manual Arts	11-09
1916		Lincoln Hall, Santa Paula	11-09
1917		William Pease, Long Beach Poly	11-00
1918		John Leadingham, Manual Arts	11-00
1919		John Leadingham, Manual Arts	11-06
		Dick Emmons, Manual Arts	11-06
1920		Leroy Goodenough, Fillmore	11-09
1921		Harold Shoebridge, Anaheim	11-06
1922		Charlie Bickmore, Huntington Beach	12-00.50
1923		Harry Smith, San Diego	12-11.87
1924		Ralph Smith, San Diego	12-04
1925		Jack Williams, Inglewood	13-01
1926		Conrad Boyle, Manual Arts	12-06
1927		Don Maltby, Long Beach Poly	12-02
1928		Bill Miller, San Diego	13-02.62
1929		Bill Miller, San Diego	13-00
1930		Dick Lindsay, Los Angeles Poly	12-09
1931		Joe Ramsey, Inglewood	12-06
1932		Bill Sefton, Los Angeles Poly	13-03.62
1933		Ed Harrison, Santa Monica	12-07
		Justin McCarthy, Los Angeles Fremont	12-07
		Jack Gage, Santa Barbara	12-07
		Dick Clark, Hoover/Glendale	12-07
1934		Rich Rodriguez, Los Angeles Poly	12-06
1935		Eldon Wonacott, Hoover/Glendale	13-00
1936		Dave Bodkins, Inglewood	12-06
		Bob Henderson, San Diego	12-06
1937		Guinn Smith, Glendale	12-09
1938		Odell Russell, Inglewood	12-09
		Dale Schweikert, Leuzinger	12-09
1939		Frank Ferguson, Inglewood	12-06.12
		Clarence Humberger, Glendale	12-06.12
		Jim Stangeland, Huntington Beach	12-06.12
1940		Kenton Corwin, Burbank	13-00
1941		Gene Maynard, Holtville	12-09
1942		Jack Lankas, Pasadena	12-06
1943		Del Smith, Glendale	13-01.50
1944		Del Smith, Glendale	13-04
1945		Malcom Marks, Bonita	12-03
1946		Bill Mays, Oxnard	12-10.50
1947		Don Barnes, Fullerton	12-03
		Bud Saunders, Jordan	12-03
		Jim Burress, Keppel	12-03
		Jim Johnson, Compton	12-03
1948		Don Barnes, Fullerton	13-00
1949		Duane Pusey, Grossmont	12-06
1950		Dick McDonald, Long Beach Wilson	13-07
1951		Lawrence Anderson, Glendale	13-00
1952		Ron Morris, Burroughs/Burbank	13-03
1953		Gates Foss, Santa Barbara	13-01.12
1954		Joe Rose, Hoover/Glendale	13-07.50
		Bob McKay, Inglewood	13-07.50
1955		Clyde Vernoy, Compton	13-00
		Jerry Hren, Inglewood	13-00
		Tom Herrington, Hart	13-00
1956		Ralph Rocha, Long Beach Jordan	13-05.50

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
John Munger, Santa Paula (SS)	11-08
Lincoln Hall, Santa Paula (SS)	11-06.50
Lincoln Hall, Santa Paula (SS)	11-06
Lincoln Hall, Santa Paula (SS)	11-09
Vance Wilbur, Sacramento (SJ)	11-00
Eric Richardson, Ukiah (NC)	11-06
Dick Emmons, Manual Arts (SS)	10-06
Leroy Goodenough, Fillmore (SS)	11-10
Harold Shoebridge, Anaheim (SS)	12-00
Harry Smith, San Diego (SS)	11-11.50
Lee Barnes, Hollywood (SS)	12-03.62
Harry Smith, San Diego (SS)	12-03.62
Leo Barnes, Hollywood (SS)	12-11.50
Jack Williams, Inglewood (SS)	12-09.62
Marshall Beeman, Fairfield Armijo (NC)	12-04
Conrad Boyle, Manual Arts (LA)	12-04
Bill Hubbard, San Diego (SS)	12-04
Jerry Stewart, Los Angeles (SS)	12-04
Bill Miller, San Diego (SS)	12-00
Bill Miller, San Diego (SS)	12-09.50
Bill Miller, San Diego (SS)	12-06
Dave Crow, Long Beach Poly (SS)	12-06
Joe Ramsey, Inglewood (SS)	12-08.25
Matt Stankovich, Los Angeles Poly (SS)	12-08.25
Bill Sefton, Los Angeles Poly (SS)	13-00
Ed Harrison, Santa Monica (SS)	12-07
Dick Clark, Hoover/Glendale (SS)	12-10
Rich Rodriguez, Los Angeles Poly (SS)	12-10
Dick Clark, Hoover/Glendale (SS)	12-10.50
Dave Bodkins, Inglewood (SS)	12-11
Baylor Maynard, Belmont (LA)	13-01.25
Floyd Doty, Lodi (SJ)	12-10.75
Lawrence McLanahan, Sacramento (SJ)	12-10.75
Frank Ferguson, Inglewood (SS)	13-03.75
Clarence Humberger, Glendale (SS)	13-03.75
Frank Ferguson, Inglewood (SS)	13-00
Irving Moore, Piedmont (NC)	13-00
Chet Hartmann, San Benito (CC)	12-06
Irving Moore, Piedmont (NC)	12-06
Ernie Sontag, Taft (CE)	12-06
(No meet held)	
(No meet held)	
(No meet held)	
(No meet held)	
Bill Mays, Oxnard (SS)	12-06.50
Phil Quilter, Pasadena (SS)	12-06.50
George Mattos, Pacific Grove (CC)	12-06
Don Barnes, Fullerton (SS)	12-06
Jack Widman, Lomita Narbonne (LA)	13-04.50
Dick McDonald, Long Beach Wilson (SS)	13-00.50
Harold Red, Lemoore (CE)	13-00.50
Clarke Merrill, Belmont (LA)	13-00
Ron Morris, Burroughs/Burbank (SS)	13-03.75
Ron Morris, Burroughs/Burbank (SS)	13-09.12
Bob McKay, Inglewood (SS)	13-00
Joe Rose, Hoover/Glendale (SS)	13-00
Stan Gaunt, Mt. Diablo (NC)	13-00
Nathaniel Finney, Jordan (LA)	13-04
Bill Logan, El Cajon (SD)	13-06
Tim Helms, Shingle Springs El Dorado (SJ)	13-06

BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

POLE VAULT (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1957		Charles Breck, Santa Barbara	13-11
1958		John Rose, Hoover/Glendale	13-09.50
1959		John Rose, Hoover/Glendale	13-08.75
1960		Rex Wood, El Segundo	13-04
		Gary Dow, Anaheim	13-04
		Jerry Mulkins, California	13-04
		Mike Flanagan, Ganesha	13-04
1961		Steve Straus, San Gabriel	13-10.75
1962		Eric Berge, Costa Mesa	14-05.25
1963		Jeff Hendrix, Downey	14-00
1964		Paul Wilson, Warren	15-06
1965		Paul Wilson, Warren	16-00
1966		Paul Heglar, Muir	15-00
1967		Bob Sprung, Pomona	14-08
1968		Leonard Herring, Compton	15-04
1969		Steve Smith, South Torrance	15-03
1970		Dave Hamer, Santa Barbara	14-08
1971		Michael White, Dominguez	15-02
1972		Tim Curran, Crespi	15-02
1973	MC	Tim Curran, Crespi	16-02
	4-A	Mike Baker, Katella	14-06
	3-A	John Clemmons, Azusa	13-10
	2-A	Tim Curran, Crespi	15-11.75
1974	MC	Mike Tully, Millikan	14-06
	4-A	Mike Tully, Millikan	14-10
	3-A	Tim Werner, Notre Dame/Sherman Oaks	14-06
	2-A	Brian Goodman, Agoura	15-04
1975	MC	Tom Hintnaus, Aviation	15-00
	4-A	Tim Vahlstrom, Villa Park	15-04
	3-A	John Felando, South Torrance	15-01
	2-A	Brian Goodman, Agoura	16-00.25
1976	MC	Tom Hintnaus, Aviation	15-00
	4-A	Kevin Anthony, Tustin	14-06
	3-A	Anthony Curran, Crespi	15-06
	2-A	Tom Hintnaus, Aviation	16-04.50
1977	MC	Anthony Curran, Crespi	16-01
	4-A	Steve Rakhshani, Edison	15-00
	3-A	Anthony Curran, Crespi	15-08
	2-A	Scott Foss, Santa Ynez	15-00
	1-A	Randy Ellis, Kern Valley	13-03
1978	MC	Anthony Curran, Crespi	17-01
	4-A	Steve Tully, Millikan	15-00
	3-A	Anthony Curran, Crespi	16-05.50
	2-A	Greg Ernst, El Dorado	16-05.50
	1-A	Russ Vandevogte, Valley Christian	13-06.50
1979	MC	Clark Elliot, Bellflower	15-06
	4-A	Mike Worden, Warren	14-06
	3-A	Alan Geduld, Valencia	14-00
	2-A	Clark Elliott, Bellflower	15-06
	1-A	Andy Brock, St. Bonaventure	13-09
1980	MC	Greg Stull, Troy	15-06
	4-A	Kurt Strasmann, Long Beach Wilson	14-06
	3-A	Greg Stull, Troy	14-06
	2-A	Dan Coltrin, Arroyo	13-06
	1-A	Kevin Wilson, Notre Dame/Riverside	14-00
1981	MC	Paul Peters, Villa Park	15-03
	4-A	Paul Peters, Villa Park	14-06
	3-A	Greg Coquette, Burbank	14-00
	2-A	Bill Malins, Covina	14-06
	1-A	Bryan Anderson, Twentynine Palms	13-06
1982	MC	Jeff Foss, Santa Ynez	14-02.25
		Tim Lomheim, Valencia	14-02.25
	4-A	Mike Phipps, Westlake	14-06
	3-A	Lance Betson, Newport Harbor	14-06
	2-A	Tim Lomheim, Valencia	14-06
	1-A	Jeff Foss, Santa Ynez	14-00
1983		Todd Stoney, San Marcos	14-06
	4-A	Todd Stoney, San Marcos	14-06
	3-A	Wade Walker, Troy	14-04
	2-A	Chris O'Connor, Crespi	13-06
	1-A	Roger Heldorn, Perris	14-00

STATE CHAMPIONS

Champion/School (Section)	Mark
Voyce Hendrix, Riverside (SS)	13-06
John Rose, Hoover/Glendale (SS)	14-01
Bob Looney, Santa Barbara (SS)	13-08.75
Mike Flanagan, Ganesha (SS)	13-03
Gary Dow, Anaheim (SS)	13-03
Mike Graves, El Cajon (SD)	14-02.25
Eric Berge, Costa Mesa (SS)	14-03
Bob Richardson, Ganesha (SS)	14-03
Bill Fosdick, San Jose Andrew Hill (CC)	14-08.75
Paul Wilson, Warren (SS)	15-04.25
Paul Wilson, Warren (SS)	15-06.50
Wayne Meyers, Sacramento Foothill (SJ)	15-00.75
Tom Reynolds, Morningside (SS)	14-10
Steve Smith, South Torrance (SS)	15-02.50
Steve Smith, South Torrance (SS)	16-00
Tom Lindsay, Sacramento La Sierra (SJ)	14-10.50
Tim Quinn, Sepulveda Monroe (LA)	15-02
Hubert Black, Fremont (LA)	15-02
Tim Curran, Crespi (SS)	16-02.75
Jim Knaub, Lakewood (SS)	15-06
Keith Schimmel, Villa Park (SS)	15-06
Tom Hintnaus, Aviation (SS)	15-02
Anthony Curran, Crespi (SS)	16-00
Anthony Curran, Crespi (SS)	17-00.25
Clark Elliot, Bellflower (SS)	15-06
Greg Stull, Troy (SS)	15-10
Doug Wicks, West Bakersfield (CE)	15-02
Scott Christensen, Acalanes (NC)	15-06
Mike Kibort, Saratoga (CC)	15-06

BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

POLE VAULT (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1984	4-A	Chuck Houde, Simi Valley	15-00
	3-A	Fritz Howser, Newport Harbor	14-06
	2-A	Tony Young, Coachella Valley	14-06
	1-A	Steve Horvath, Chaminade	14-06
1985	MC	Ed Gagnon, Simi Valley	15-01
	4-A	Ed Gagnon, Simi Valley	14-06
	3-A	Steve Williams, Servite	14-06
	2-A	Dan Pinto, Alemany	14-06
	1-A	Tim Dry, Elsinore	13-06
1986	MC	Steve Slocum, Foothill	14-04
	4-A	Peter Yee, Rolling Hills	14-08
	3-A	Doug Miller, Estancia	15-06
	2-A	Eric Reinhart, Notre Dame/Sherman Oaks	14-00
	1-A	Ken Shaw, Paso Robles	13-00
1987	MC	Tommy Parker, Notre Dame/Sherman Oaks	15-00
	4-A	Tom Richards, San Marcos	14-06
	3-A	Vince Beresford, North Torrance	14-00
	2-A	Eric Reinhart, Notre Dame/Sherman Oaks	14-00
	1-A	John Bruce, Atascadero	14-00
1988	MC	Tom Richards, San Marcos	16-00
	4-A	Tom Richards, San Marcos	16-06
	3-A	Mike Dietch, Arroyo	15-00
	2-A	Tommy Parker, Notre Dame/Sherman Oaks	15-00
	1-A	Jason Brown, Paso Robles	14-00
1989	MC	Eric Whitcomb, Valencia	15-04
	4-A	Greg Wiler, Rolling Hills	15-00
	3-A	Josh Herndon, University	14-00
	2-A	Eric Whitcomb, Valencia	14-06
	1-A	Jason Ealand, Santa Ynez	14-00
1990	MC	Eric Stone, Monrovia	15-00
	4-A	Tyson Jacobson, Capistrano Valley	14-06
	3-A	Gary Silverman, Upland	14-06
	2-A	Eric Stone, Monrovia	14-00
	1-A	Eric Joller, Morro Bay	13-06
1991	MC	Scott Tetreault, Arroyo Grande	14-08
	4-A	Mike Reynolds, Hemet	14-06
	3-A	Scott Tetreault, Arroyo Grande	14-06
	2-A	Dan Kerker, Loyola	14-06
	1-A	Jesse Stern, Harvard	13-06
1992	MC	Jesse Stern, Harvard-Westlake	14-04
	4-A	Maurice Mendoza, Hesperia	14-03
	3-A	Gary VanSluis, El Modena	14-00
	2-A	Robert Stoll, Loyola	13-09
	1-A	Jesse Stern, Harvard-Westlake	14-00
1993	MC	Jesse Stern, Harvard-Westlake	15-04
	I	David Gehrke, Diamond Bar	16-00
	II	Gary Van Sluis, El Modena	14-06
	III	Jesse Stern, Harvard-Westlake	15-07
	IV	Rick Vermillion, Fillmore	14-00
1994	MC	Esa Sallinen, Burroughs/Burbank	16-00
	I	Esa Sallinen, Burroughs/Burbank	15-00
	II	John Bain, Foothill	14-06
	III	Borya Orloff, St. John Bosco	14-06
	IV	Rick Vermillion, Fillmore	13-06
1995	MC	Steve Michels, Brethren Christian	14-06
		Pete Kovacs, El Modena	14-06
		Sven Nothcott, Marina	14-06
		Logan Nichols, Arroyo Grande	14-06
		Armando Duran, Norte Vista	14-06
	I	Tony Stuart, Long Beach Wilson	14-06
	II	Pete Kovacs, El Modena	15-00
	III	Brett Engard, Paso Robles	14-06
	IV	Steve Michels, Brethren Christian	15-05.25
1996	MC	Nate Fox, Edison	16-01
	I	Nate Fox, Edison	15-06
	II	Josiah Douglas, Murrieta Valley	14-06
	III	Dan Ortiz, La Puente	14-06
	IV	Steve Michels, Brethren Christian	16-01.75

STATE CHAMPIONS

Champion/School (Section)	Mark
Ivar Moen, Los Gatos (CC)	16-02
Brent Burns, Lafayette Acalanes (NC)	16-02
Steve Toney, Menlo-Atherton (CC)	16-02
Steve Slocum, Foothill (SS)	15-06
Tom Richards, San Marcos (SS)	16-00
Jim Lawrence, San Jose Del Mar (CC)	15-06
Ed Lasquette, Mount Pleasant (CC)	15-10
David Cox, Fresno Hoover (CE)	16-06
Clarence Phelps, Christian Brothers (SJ)	16-00
Scott Slover, San Jose Leland (CC)	16-02
Scott Slover, San Jose Leland (CC)	16-10
Mike Brown, Torrey Pines Del Mar (SD)	16-04
Steve Michels, Brethren Christian (SS)	16-02

BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

POLE VAULT (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1997	MC	Eddie Becker, Temecula Valley	14-06
		Alan Ekstrand, Glendora	14-06
		Joel Kriwinski, Arroyo	14-06
		Andrew Peeke, Peninsula	14-06
		Travis Vandrovec, Fountain Valley	14-06
	I	Travis Vandrovec, Fountain Valley	14-06
	II	Joel Kriwinski, Arroyo	15-00
	III	Cameron St. Clair, Brea Olinda	14-06
	IV	Quinn Buell, West Valley	13-00
1998	MC	Ben Shelton, Centennial/Corona	14-06
	I	Dan Churchill, Downey	14-06
	II	Ben Shelton, Centennial/Corona	14-06
	III	Sam Boswell, Covina	15-00
	IV	Daniel Chamlee, Carpinteria	12-00
1999	MC	Sam Boswell, Covina	16-01
	I	Jeff Ryan, Huntington Beach	15-06
	II	Pat Luke, Santa Margarita	14-06
	III	Sam Bosell, Covina	15-06
	IV	Troy Becker, Malibu	15-00
2000	MC	Logan Odden, Marina	16-01
	I	Logan Odden, Marina	16-01
	II	Makisi Haleck, Thousand Oaks	15-00
	III	Pat Luke, Santa Margarita	15-00
	IV	Evan Vacon, Chadwick	13-00
2001	MC	Levi Walker, Hemet	15-07.50
	I	Makisi Haleck, Thousand Oaks	15-01
	II	Levi Walker, Hemet	15-00
	III	Jeremy Torres, Temple City	14-00
	IV	Chris Ostoich, St. Margaret's	13-06
2002	MC	David Murphy, Arroyo Grande	15-08
	I	Aaron Corbett, Edison	15-06
	II	Hong Nguyen, Katella	15-00
	III	Matt Lachman, Harvard-Westlake	14-06
	IV	Chris Ostoich, St. Margaret's	14-06
2003	MC	Kurt Boehm, Paraclete	15-04
	I	Joshua Lubek, Royal	15-06
	II	Matthew Contreras, Loyola	15-06
	III	Matt Lachman, Harvard-Westlake	15-00
	IV	Kurt Boehm, Paraclete	15-00
2004	MC	Kurt Boehm, Paraclete	15-08
	I	Dustin Deleo, Los Alamitos	15-09
	II	Matthew Contreras, Loyola	15-03
	III	Clay Johnson, Atascadero	15-03
	IV	Kurt Boehm, Paraclete	14-09
2005	MC	Gregory Woepse, Mater Dei	16-00
	I	Myles McDowell, Murrieta Valley	15-00
	II	Gregory Woepse, Mater Dei	15-06
	III	Andrew Podoehl, Santa Margarita	15-00
	IV	Johnny Quinn, St. Margaret's	15-06
2006	MC	Greg Woepse, Mater Dei	16-05
	I	Tuan Nguyen, Glendora	14-06
	II	Greg Woepse, Mater Dei	16-06
	III	Andrew Steben, St. Francis	15-06
	IV	Johnny Quinn, St. Margaret's	15-00
2007	MC	Daniel Turvey, Dos Pueblos	15-00
	I	Chip Reiter, Chino Hills	14-09
	II	Daniel Turvey, Dos Pueblos	14-03
	III	Hoku Ho, Temple City	14-06
	IV	Justin Matoesian, Crespi	14-09
2008	MC	Ryan Simioni, Edison	15-04
	I	Blake Mason, Fountain Valley	15-00
	II	Matt Cooper, Mater Dei	15-00
	III	AJ Teunissen, Atascadero	16-00
	IV	Dusty Brown, St. Paul	14-06
2009	MC	Matt Cooper, Mater Dei	15-04
	I	Sean McNanny, Mission Viejo	14-09
	II	Michael Woepse, Mater Dei	15-09
	III	Eric Simms, Servite	15-03
	IV	Brett Maddux, St. Bonaventure	14-09

STATE CHAMPIONS

Champion/School (Section)	Mark
David Gritz, Bear Creek (SJ)	16-07
Mark Unzueta, Lemoore (CE)	16-02
Brandon Braunstein, Newark Memorial (NC)	16-02
Shane Hackett, Verdugo Hills (LA)	16-04
Mike Landers, Golden Valley (SJ)	16-03
David Moore, Miramonte (NC)	16-06
Ryan Shuler, Granite Bay (SJ)	16-00
Scott Roth, Granite Bay (SJ)	16-04
Scott Roth, Granite Bay (SJ)	17-01
Scott Roth, Granite Bay (SJ)	16-11
Nico Weiler, Los Gatos (CC)	17-02
Nico Weiler Los Gatos (CC)	17-03
Michael Woepse, Mater Dei (SS)	16-05

BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

POLE VAULT (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2010	MC	Scott Cook, Mater Dei	16-00
	1	Adam Bragg, El Toro	15-06
	2	Scott Cook, Mater Dei	15-06
	3	Philippe Ueng, Temple City	15-00
	4	Paul Vozzo, Oaks Christian	14-00
2011	MC	Adam Bragg, El Toro	16-02
	1	Adam Bragg, El Toro	16-03
	2	Mark Sakioka, Newport Harbor	16-03
	3	Connor Stark, Oak Park	15-03
	4	Ben Schreck, Oakwood	14-09
2012	MC	Connor Stark, Oak Park	15-09
	1	Andrew Gonzalez, Downey	14-09
	2	Peter Chapman, Murrieta Valley	16-03
	3	Connor Hall, San Luis Obispo	15-09
	4	Gareth Weiss, Flintridge Prep	12-09
2013	MC	Luigi Colella, Thousand Oaks	15-10
	1	Jake David, Ventura	15-00
	2	Luigi Colella, Thousand Oaks	16-04.75
	3	Parker Curry, Santa Margarita	15-06
	4	Joseph Castellanos, St. Joseph/Santa Maria	14-06
2014	MC	Jake David, Ventura	16-02
	1	Jake David, Ventura	17-01
	2	Luigi Colella, Thousand Oaks	17-00.75
	3	Carl Johansson, Orange Lutheran	16-09.5
	4	Barret Weiss, Flintridge Prep	14-09
2015	MC	Gareth Weiss, Flintridge Prep	15-09
	1	Ryan Polakiewicz, Great Oak	15-06
	2	Jett Gordon, Marina	15-06
	3	Steven French, Cabrillo/Lompoc	15-06
	4	Gareth Weiss, Flintridge Prep	15-06
2016	MC	Jett Gordon, Marina (SS)	16-06
	1	Asa Martin, Great Oak	15-06
	2	Jett Gordon, Marina	17-02
	3	Esteban Suarez, South Pasadena	15-06
	4	Alex Escalera, Sage Hill	15-01
2017	MC	Tate Curran, Redondo Union	17-00
	1	Tate Curran, Redondo Union	16-07
	2	Dane Thomasson, Mira Costa	15-00
	3	Fernando Martinez, JSerra	15-06
	4	Alex Escalera, Sage Hills	15-08
2018	MC	Skyler Magula, Marina	15-09
	1	Brady Ho, Beaumont	15-00
	2	Skyler Magula, Marina	15-06
	3	Tiber Seireeni, Harvard-Westlake	16-00
	4	Nathaniel Russell, Foothill Technology	14-06
2019	MC	Will O'Brien, Loyola	15-03
	1	Skyler Magula, Marina	15-06
	2	Kyten Arthur, West Torrance	14-06
	3	David Miketta, La Canda	15-00
	4	Nathan Soto, St. Margaret's	14-00
2020	No Playoffs - Covid-19		
2021	1	Eli Gault-Crabb, Burroughs/Burbank	16-06
	2	Jonathan Sweeney, Dana Hills	14-08
	3	Dominic Ramos, South Pasadena	13-06
	4	Jake Reed, Oaks Christian	14-06
2022	MC	Hunter O'Brien, Roosevelt	16-05
	1	Hunter O'Brien, Roosevelt	15-09
	2	Gavin Hanes, Ramona	16-03
	3	Clint Geryak, St. Francis	13-09
	4	Aidan Hagerty, Foothill Technology	15-03
2023	MC	Dylan Curtis, Redondo Union	16-06
	1	Dylan Curtis, Redondo Union	15-09
	2	Leo Davis, Newport Harbor	15-03
	3	Spencer Ciccirelli, North Torrance	14-09
	4	Cole Dinkler, Foothill Technology	14-09
2024	1	Jaden McKee, ML King	15-07
	2	Cade Sommers, Westlake	16-01
	3	Brady Furr, Santa Margarita	15-01
	4	Nathan Epstein, De Toledo	14-01

STATE CHAMPIONS

Champion/School (Section)	Mark
Scott Cook, Mater Dei (SS)	16-03
Ian Rock, Davis (SJ)	16-02
Peter Chapman, Murrieta Valley (SS)	16-04
Luigi Colella, Thousand Oaks (SS)	16-04
Carl Johansson, Orange Lutheran (SS)	17-00
Austin Laut, Oak Ridge (SJ)	15-09
Jett Gordon, Marina (SS)	16-08
Tate Curran, Redondo Union (SS)	16-10
Sondre Guttormsen, Davis (SJ)	17-10
Samuel Wright, Lodi (SJ)	16-05
No Playoffs - Covid 19	
Hunter O'Brien, Roosevelt (SS)	16-05
Hilton Green, Buchanan (CS)	16-06
Kai Anderson University City (SD)	16-08

LONG JUMP

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1913		Meredith Goodwin, Hollywood	21-02.00
1914		Jud House, Riverside	21-03.50
1915		Jud House, Riverside	20-11.12
1916		Lincoln Hall, Santa Paula	21-05.50
1917		Emil Rogers, Ventura	22-02.62
1918		Maurice Harper, Chaffey	20-00.50
1919		Chester Sherman, Los Angeles	21-02.50
1920		Verden Nash, Chino	21-04.00
1921		Verden Nash, Chino	21-11.50
1922		Robert Sencerbox, Los Angeles Lincoln	21-08.50
1923		Sid Meeks, Hollywood	22-01.00
1924		Lee Barnes, Hollywood	21-10.00
1925		Joe Biscar, La Puente	22-02.00
1926		Eddie Sullivan, Los Angeles	22-04.75
1927		Frank Wycoff, Glendale	22-02.00
1928		Dick Barber, Long Beach Poly	23-00.00
1929		Norman Paul, Santa Ana	22-04.50
1930		Norman Paul, Santa Ana	22-08.50
1931		Mel Alamada, Los Angeles	23-00.25
1932		Tom White, Long Beach Poly	22-09.00
1933		Fernando Ramos, Jefferson	22-10.00
1934		Don Skinner, Manual Arts	23-10.37
1935		Jimmy Montgomery, El Monte	23-11.75
1936		Jackie Robinson, Muir	23-00.75
1937		Bill Bugbee, Montebello	23-07.50
1938		Bill Bugbee, Montebello	23-07.87
1939		Bill Bardon, Compton	22-10.25
1940		Glenn Shoop, Jordan	22-08.00
1941		Willie Steele, Hoover/San Diego	24-00.75
1942		Arthur Garcia, Colton	22-09.50
1943		Al Lawrence, Glendale	23-01.00
1944		Thomas Hayes, Chaffey	22-11.50
1945		Ron Marie, Glendale	23-00.75
1946		Bob Hayes, Leuzinger	22-03.50
1947		Ernie Smith, San Diego	22-06.50
1948		Verle Sorgen, Riverside	23-02.50
1949		Verle Sorgen, Riverside	24-03.00
1950		Steve Turner, Glendale	24-06.50
1951		John Parker, San Diego	23-03.00
1952		Rollin Garrison, Compton	24-04.75
1953		Waldo Palmer, Point Loma	22-04.75
		Robert Turner, San Bernardino	22-04.75
1954		Wilbert Searcy, Compton	22-00.25
1955		John Blaylock, Centennial/Compton	22-06.50
1956		Bob Smith, Compton	22-09.75
		Luther Hayes, Lincoln/San Diego	22-09.75
1957		Luther Hayes, Lincoln/San Diego	23-11.00
1958		Steve Rogers, Brawley	23-09.00
1959		Arnold Tripp, Crawford	24-09.00
1960		Walter Roberts, Compton	24-05.75
1961		Joe Williamson, Riverside	23-10.00
1962		John Yancy, Long Beach Wilson	23-07.75
1963		Marvin Motley, Long Beach Poly	23-10.75
1964		Bobby Bonds, Riverside Poly	24-06.50
1965		Denny Smith, Compton	24-06.50
1966		Jerry Proctor, Muir	24-04.25
1967		Jerry Proctor, Muir	25-01.75
1968		Steve Sutton, Excelsior	25-05.75
1969		Troy Lyons, Cathedral	23-06.75
1970		James McAllister, Blair	24-07.50
1971		Tony Brown, Long Beach Poly	25-01.50
1972		Jerry Herndon, Cajon	24-08.50
1973	MC	Jerry Herndon, Cajon	25-01.75
	4-A	Ted Hammond, Compton	25-01.50
	3-A	John Walker, Oxnard	23-02.25w
	2-A	Jerry Herndon, Cajon	24-09.25
1974	MC	Mike Jenkins, Victor Valley	23-10.00
	4-A	Bill Smith, Muir	22-09.75
	3-A	Jon Sutton Morningside	23-10.25
	2-A	Gordon Kurz, Santa Clara	23-11.00

STATE CHAMPIONS

Champion/School (Section)	Mark
Harry Wallace, Palo Alto (NC)	22-10.00
Ernest Plavin, Santa Ana (SS)	22-00.00
Ernest Plavan, Santa Ana (SS)	21-02.00
Harry Lampont, Manual Arts (SS)	21-05.25
Gene Davis, Los Angeles Poly (SS)	21-10.50
Roy Hasselbach, Fresno (CE)	21-10.50
Harold Miller, Oakland Technical (OK)	20-11.25
Verden Nash, Chino (SS)	21-00.50
Verden Nash, Chino (SS)	21-10.50
Verden Nash, Huntington Beach (SS)	21-05.25
Mort Kaer, Red Bluff (NO)	23-02.75
Virgil Elliot, Huntington Beach (SS)	22-03.50
Fred Osborne, Fullerton (SS)	21-08.50
Walter Rehwald, Los Angeles Lincoln (SS)	21-08.50
Frank Wycoff, Glendale (SS)	22-05.00
Dick Barber, Long Beach Poly (SS)	23-05.75
Wells Ruby, Hollywood (SS)	22-07.25
George Shehtanian, Tulare (SS)	22-02.62
Floyd Wilson, Riverside (SS)	23-02.62
Tom White, Long Beach Poly (SS)	22-10.50
Don Skinner, Manual Arts (SS)	22-08.00
Don Skinner, Manual Arts (SS)	23-08.50
Jimmy Montgomery, El Monte (SS)	23-00.25
Eddie Arnold, Muir (SS)	23-01.75
Bill Bugbee, Montebello (SS)	23-01.00
Bill Bugbee, Montebello (SS)	23-07.12
Jim Jurkovich, Fresno (CE)	24-00.50
Glenn Shoop, Jordan (SS)	22-02.50
Ray Meagher, Bakersfield (CE)	23-05.75
(No meet held)	
(No meet held)	
(No meet held)	
(No meet held)	
Carl Monser, Alameda (NC)	22-02.25
Hugh McElhenny, Washington (LA)	22-10.50
George Brown, Jordan (LA)	
George Brown, Jordan (LA)	24-06.25
William Johnson, Jefferson (LA)	24-02.75
Bill Holland, Jefferson (LA)	22-05.75
Rollin Garrison, Compton (SS)	23-05.25
Monte Upshaw, Piedmont (NC)	23-05.00
Monte Upshaw, Piedmont (NC)	25-04.25
Bobby Baines, Jordan (LA)	23-03.50
Oscar Bean, Jefferson (LA)	24-09.00
Luther Hayes, Lincoln/San Diego (SS)	23-08.50
Steve Rogers, Brawley (SS)	24-06.00
Eftten Jones, Delano (CE)	23-05.75
Walter Roberts, Compton (SS)	24-07.25
Robert McKeever, Fremont (LA)	24-03.00
James Kennedy, Lincoln/San Diego (SD)	24-05.75
Jerry Williams, Berkeley (NC)	24-03.50
Bobby Bonds, Riverside Poly (SS)	25-03.00
Manuel Murrell, Long Beach Poly (SS)	24-09.75
Doyle Steel, San Diego (SD)	25-03.25
Jerry Proctor, Muir (SS)	25-04.50
Huelon Hewitt, Merced (SJ)	24-07.00
James McAllister, Blair (SS)	24-02.25
Lynn Swann, San Mateo Serra (NC)	24-02.75
Randy Williams, Fresno Edison (CE)	26-03.75w
Carl McCullough, Sacramento (SJ)	24-07.00
Jerry Herndon, Cajon (SS)	25-04.50w
James Lofton, Washington (LA)	24-03.50

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

LONG JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1975	MC	Marcus Jennings, Ontario	24-05.75
	4-A	Paul Wilson, Fontana	23-06.75
	3-A	Stan Webster, Garey	22-00.00
	2-A	Steve Simpson, Banning	24-02.00
1976	MC	Paul Wilson, Fontana	24-11.25
	4-A	Paul Wilson, Fontana	24-01.25
	3-A	Everette Forrest, Santa Maria	22-11.50
	2-A	Glenn Yates, Duarte	24-00.75
1977	MC	Larry Jones, Kennedy/Barstow	23-07.25w
	4-A	Tony Pitts, Santa Ana Valley	23-04.50
	3-A	Larry Jones, Kennedy/Barstow	22-09.00
	2-A	Dave Berger, Canyon	23-00.25
	1-A	Chip Benson, Los Angeles Lutheran	22-07.00
1978	MC	Tony Pitts, Santa Ana Valley	24-02.75
	4-A	Tony Pitts, Santa Ana Valley	23-10.50
	3-A	Ernie Fisher, Los Amigos	23-01.00
	2-A	Greg Strange, Indio	22-11.50
	1-A	Alphonso Evans, Imperial	22-11.00
1979	MC	Scott Bennett, Chaffey	23-10.00
	4-A	Will Hankins, Compton	23-05.00
	3-A	Mark Robbins, Inglewood	23-00.50
	2-A	Brian Penn, Paramount	22-08.50
	1-A	John Lea, St. Genevieve	23-00.25
1980	MC	Charles Mayfield, Muir	23-02.00
	4-A	Charles Mayfield, Muir	24-05.00
	3-A	Chris Harper, Arlington	24-03.50
	2-A	Quincy Frank, Perris	23-11.00
	1-A	Don LaBomme, Alemany	22-09.50
1981	MC	Ed Tave, Muir	24-03.25
	4-A	Ed Tave, Muir	24-10.00
	3-A	Chris Bonner, Inglewood	24-01.50
	2-A	Brad McGee, Indio	22-04.50
	1-A	Sherman Brooks, Serra	23-03.25
1982	MC	Walter Steen, Santa Ana Valley	23-08.75
	4-A	Clay Hall, Palm Springs	23-06.25
	3-A	Greg Coauette, Burbank	23-11.00
	2-A	Mike Prescott, Bishop Amat	22-11.75
	1-A	Nick Bradford, Pius X	23-04.50
1983			
	4-A	Michael Anderson, Rubidoux	24-05.00
	3-A	Sheldon Blockburger, Newport Harbor	23-03.50
	2-A	Chris Hale, Monrovia	23-08.00
	1-A	Frank Lewis, Paso Robles	22-01.50
1984			
	4-A	Joe Richardson, Pasadena	25-01.00
	3-A	John Yuen, Montebello	23-08.00
	2-A	Chris Hale, Monrovia	23-07.50
	1-A	James Scott, Banning	22-04.50
1985	MC	Robert Clamelat, Victor Valley	24-01.50w
	4-A	Cleo Bates, Pasadena	23-09.50
	3-A	Eric Dorn, Estancia	23-04.00
	2-A	Robert Clamelat, Victor Valley	23-04.75
	1-A	Elgin Haynie, Morro Bay	23-02.50
1986	MC	Leonard Hudson, Pomona	23-01.50
	4-A	Marcus Hooks, Lakewood	23-07.50
	3-A	Leonard Hudson, Pomona	23-06.00
	2-A	Anthony Beaty, Blair	23-05.75
	1-A	Tony Icenogle, Kern Valley	22-09.75
1987	MC	Percy Knox, Antelope Valley	23-10.50
	4-A	Percy Knox, Antelope Valley	24-04.50
	3-A	Darin Zabel, Damien	23-06.75
	2-A	Vince Whitley, West Covina	23-06.50
	1-A	Mitchell Butler, Oakwood	23-02.50
1988	MC	Derrick Baker, Cerritos	22-11.00
	4-A	Derrick Baker, Cerritos	23-07.50
	3-A	Hudson Beynee, Pomona	23-09.00
	2-A	Billy Ivey, Edgewood	23-05.25
	1-A	Jason Neben, Orange Lutheran	22-09.00

STATE CHAMPIONS

Champion/School (Section)	Mark
Paul Wilson, Fontana (SS)	24-08.50
Larry Doubley, Manual Arts (LA)	25-03.75w
Kurt Durham, Oakland (OK)	25-00.75
Dokie Williams, El Camino (SD)	25-01.25
George Gaffney, Lemoore (CE)	24-01.75
Charles Mayfield, Muir (SS)	23-04.75
Ed Tave, Muir (SS)	25-00.50
Eric Thomas, Norte Del Rio (SJ)	24-04.75
Johnny Cleveland, Soquel (CC)	24-06.50
Joe Richardson, Pasadena (SS)	24-11.00
Larry Nelson, Simi Valley (SS)	24-03.25
Curtis Rodgers, Hiram Johnson (SJ)	23-10.00
Percy Knox, Antelope Valley (SS)	24-06.50
Diatory Gilldersleeve, Sacramento Grant (SJ)	24-05.50w

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

LONG JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1989	MC	Jason Duff, Etiwanda	23-07.50
	4-A	Anthony Smith, Hawthorne	24-02.75
	3-A	Jason Duff, Etiwanda	23-09.25
	2-A	Russell White, Crespi	23-03.50
	1-A	Eric Woodward, Brentwood	22-10.50
1990	MC	Jason Duff, Etiwanda	25-00.25
	4-A	Anthony Smith, San Bernardino	24-01.25
	3-A	Jason Duff, Etiwanda	25-05.50
	2-A	Napolean Kaufman, Lompoc	23-06.75
	1-A	Bobby Robinson, Cabrillo/Lompoc	22-04.25
1991	MC	Tyrone Edwards, Nogales	23-07.00
	4-A	Mike Wright, Glendale	23-08.25
	3-A	Tyrone Edwards, Nogales	23-01.25
	2-A	Edward Turner, Morningside	22-09.75
	1-A	Bobby Robinson, Cabrillo/Lompoc	22-04.25
1992	MC	Kyjione Jack, Canyon Springs	23-02.00
	4-A	Kyjione Jack, Canyon Springs	23-06.00
	3-A	Marcus Jordan, Katella	22-01.00
	2-A	Eddie Trujillo, La Puente	21-09.25
	1-A	Alarick Greenberry, Cabrillo/Lompoc	22-04.75
1993	MC	Edward Turner, Morningside	22-06.75
	I	LeAndrew Childs, Inglewood	24-08.75
	II	Jesus Reyes, Chino	22-11.25
	III	Edward Turner, Morningside	23-05.00
	IV	Jim Romero, Los Angeles Baptist	22-09.75
1994	MC	Tyree Washington, La Sierra	23-00.00
	I	Art Lloyd, Eisenhower	23-01.50
	II	Jesus Reyes, Chino	23-01.50
	III	Tyree Washington, La Sierra	23-04.50
	IV	J.D. Thomson, Carpinteria	22-05.50
1995	MC	Patrick McCall, Long Beach Poly	22-06.25
	I	Brian Merchain, Rancho Cucamonga	23-02.50
	II	Jimmy Devine, Ramona	23-02.50
	III	Michael Turner, Morningside	21-11.75
	IV	Ryan McConnell, St. Bonaventure	20-10.75
1996	MC	Gerald Williams, Lynwood	24-04.00
	I	Gerald Williams, Lynwood	23-05.00w
	II	Erik Vann, Canyon Springs	23-06.00w
	III	Ryan Capalbo, Loyola	22-09.50
	IV	Ryan McConnell, St. Bonaventure	22-00.00w
1997	MC	Henry Jenkins, Paso Robles	22-08.25w
	I	Brandon Jones, Ayala	22-08.50w
	II	Matt Primous, Lompoc	23-00.25w
	III	Henry Jenkins, Paso Robles	23-03.00w
	IV	Ron Atkins, Los Angeles Baptist	22-00.00w
1998	MC	Oliver Jackson, Royal	22-09.25
	I	Ray Carmel, Channel Islands	23-03.50w
	II	Nathan Irvin, Riverside Poly	23-03.50w
	III	Desmond McGill, Serra	22-09.00w
	IV	Dalron Brown, Verbum Dei	23-00.00w
1999	MC	Tony Allmond, St. Paul	24-02.50w
	I	Richard Polidore, Chino	23-03.00w
	II	Oliver Jackson, Royal	24-02.50
	III	Tony Allmond, St Paul	23-06.25
	IV	Carlos Lizarraga, Cathedral	22-00.00w
2000	MC	Oliver Jackson, Royal	24-00.75
	I	Rodney Woods, Littlerock	23-11.00w
	II	Oliver Jackson, Royal	23-04.50
	III	David Malonson, Mayfair	23-09.50
	IV	Tony Allmond, St Paul	24-00.00w
2001	MC	Aaron Williams, Diamond Ranch	24-03.50w
	I	Jamil Smith, Palmdale	23-00.50
	II	Denny Casupanan, Tustin	23-01.00
	III	Aaron Williams, Diamond Ranch	23-06.25
	IV	Lorenzo Booker, St. Bonaventure	21-04.25
2002	MC	Ronald Hill, Walnut	23-11.50
	I	Ronald Hill, Walnut	24-04.25
	II	Denny Causpanan, Tustin	22-10.50
	III	Matt McCormick, San Luis Obispo	22-08.00
	IV	Rudy Burgess, Desert	23-10.00

STATE CHAMPIONS

Champion/School (Section)	Mark
James Stallworth, Tulare (CE)	26-04.75
Jerome Price, University City (SD)	25-03.25
Steve Stanley, Gardena (SS)	25-01.25w
Eugene Dreher, Antelope Valley (SS)	24-01.50w
LeAndrew Childs, Inglewood (SS)	24-00.00w
Tyree Washington, La Sierra (SS)	23-09.25w
Clarence Scott, Fremont (LA)	24-07.75
Gerald Williams, Lynwood (SS)	24-10.50
Marvin Brown, Will C. Wood (SJ)	24-05.25
BB Malone, Redwood (CE)	24-01.00w
Robert Kennedy, El Camino (SJ)	25-02.00
Oliver Jackson, Royal (SS)	24-04.25
Trevell Quinley, Merrill West (SJ)	24-05.75w
Ronald Hill, Walnut (SS)	23-09.50

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

LONG JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2003	MC	Rudy Burgess, Desert	24-01.50
	I	Jeremy Woolridge, Trabuco Hills	23-07.00
	II	Perrin Johnson, Claremont	22-04.00
	III	Demitri Mosby, Gahr	23-07.75
	IV	Rudy Burgess, Desert	23-03.75
2004	MC	Demitri Mosby, Gahr	24-06.25
	I	Francis Nunez, Rialto	22-08.50
	II	Rex Bridgeforth, Rio Mesa	23-03.25
	III	Demitri Mosby, Gahr	23-06.75
	IV	Marcel Keeling, Serra	22-05.25
2005	MC	Derrick Smith, Colony	23-08.50
	I	Andre Crenshaw, Antelope Valley	23-04.00
	II	Derrick Smith, Colony	22-11.50
	III	Terry Prentice, Diamond Ranch	23-03.50
	IV	Marcell Keeling, Serra	22-06.00
2006	MC	Roger Harrison, La Salle	23-09.75
	I	Jonathon Williams, Temecula Valley	22-09.00w
	II	David Girten, Damien	24-1.75w
	III	Terry Prentice, Diamond Ranch	24-05.00
	IV	Roger Harrison, La Salle	22-01.00w
2007	MC	Terry Prentice, Diamond Ranch	23-11.25
	I	Taveon Burke, Lancaster	22-11.75
	II	Josh Harrison, Rio Mesa	23-07.75
	III	Terry Prentice, Diamond Ranch	24-04.75
	IV	Gabe Myers, Chaminade	22-03.75
2008	MC	Ryan Butts, Antelope Valley	24-10.50
	I	DJ Lloyd, Vista Murrieta	23-10.50
	II	Ryan Butts, Antelope Valley	24-04.75
	III	Aaron Bradley, Gahr	23-09.25w
	IV	James Short, St. Bonaventure	21-10.75
2009	MC	Devin Harrison, Dana Hills	23-04.00
	I	Nick Ross, Vista Murrieta	22-10.25w
	II	Marcellus Golliday, Eastside	22-07.25w
	III	Sheldon Price, Bishop Amat	23-02.50w
	IV	Niko DeMartino, Oaks Christian	22-05.75w
2010	MC	Devin Harrison, Dana Hills	23-02.50
	1	Devin Harrison, Dana Hills	23-06.50w
	2	Hayden Pierce, Esperanza	23-10.75
	3	Marquise Cherry, Diamond Ranch	22-01.00w
	4	Niko Di Martino, Oaks Christian	22-10.75w
2011	MC	Jovonte Slater, Vista Murrieta	24-02.00w
	1	Jovonte Slater, Vista Murrieta	24-11.75w
	2	Lee Hightower, Loyola	22-07.00
	3	Marquise Cherry, Diamond Ranch	22-07.75
	4	Marquise Lee, Serra	22-11.50
2012	MC	Hakeem Fairweather, Warren	23-06
	1	Justin Schneider, El Toro	23-10
	2	Klyvens Delunay, Claremont	22-08.25
	3	Blake Selig, Rio Mesa	22-03.75
	4	Adoree Jackson, Serra	23-07.5
2013	MC	Adoree Jackson, Serra	24-09w
	1	Walter Jones, Redlands	23-11.50w
	2	Rapheal Lawson-Gayle, Mira Costa	22-09.75
	3	Myles Hawkins, Orange Lutheran	23-05.25
	4	Adoree Jackson, Serra	25-00
2014	MC	Gregory Vann, Rio Mesa	24-00.5
	1	Jarmine Jordan, Highland	24-02.75
	2	Gregory Vann, Rio Mesa	24-06
	3	Dante Pettis, JSerra	24-07
	4	Michael Butterbredt, Sherman Indian	21-08.25
2015	MC	Tommi Adegoke, Los Osos	23-05.25
	1	Ekene Chukwumezie, Downey	22-08.25
	2	Michael Mitchell, Tesoro	22-08.75w
	3	William Perrance, Yucca Valley	22-07.75
	4	Luke Nicholson, Nipomo	21-08.75
2016	MC	Dorsey Khalil, Colony	22-09.50
	1	Elijah Lily, Cajon	23-05w
	2	Michael Mitchell, Tesoro	23-10.50w
	3	Paul Odudu, Bellflower	22-03.75w
	4	John Strange, Xavier Prep	21-05.25w

STATE CHAMPIONS

Champion/School (Section)	Mark
Derrell Hutsona, Helix (SD)	25-05.75w
Demitri Mosby, Gahr (SS)	24-03.75
Andre Crenshaw, Antelope Valley (SS)	22-08w
Terry Prentice, Diamond Ranch (SS)	23-10.50
Terry Prentice, Diamond Ranch (SS)	23-08.50
Cameron Gillette, La Mirada (SS)	24-01.75w
Chase Wheeler, DeLaSalle (NC)	25-02.25
Niko De Martino, Oaks Christian (SS)	23-10.50w
Jovonte Slater, Vista Murrieta (SS)	24-10.50
Adoree Jackson, Serra (SS)	25-00.5
Nate Moore, Castro Valley (NC)	24-11.75
Nate Moore, Castro Valley (NC)	25-08.75
Gregory Vann, Rio Mesa (SS)	24-06.00
Isaiah Holmes, Oakmont (SJ)	25-05

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

LONG JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2017	MC	Bryan Thompson, Rancho Verde	23-08
	1	Bryan Thompson, Rancho Verde	24-03.50
	2	Derek Pekar, Ventura	22-09w
	3	Khalid Hester, Chaminade	23-00
	4	Alex Saldana, Hamilton	21-05
2018	MC	Talin Lewis, Oaks Christian	23-07.75
	1	CJ Stevenson, Great Oak	23-02
	2	Kamari Maddox, Elsinore	22-08.25
	3	James Green, Cathedral City	22-00.25
	4	Talin Lewis, Oaks Christian	23-05.25
2019	MC	Kamari Maddox, Elsinore	23-05.25
	1	Oluwatobi Adegoke, Los Osos	23-00.50
	2	Jacob Haley, Irvine	22-08
	3	Damion Loman, Palm Springs	22-04
	4	Jordan Aubert, California	22-00
2020	No Playoffs - Covid-19		
2021	1	Marcus Monroe, Ayala	22-06.50
	2	Dylan Fox, Irvine	22-08.50
	3	Camryn O'Bannon, St. John Bosco	23-10
	4	Gabriel Martin, Oaks Christian	24-02.75
2022	MC	Camryn O'Bannon, St. John Bosco	23-09.75
	1	JC Stevenson, Great Oak	23-05.25
	2	Elijah Ellis, Golden Valley	24-02.50
	3	Camryn O'Bannon, St. John Bosco	23-10.75
	4	Jaylin Franklin, Serra	21-07
2023	MC	ELijah Cook, Sultana	22-01.75
	1	Rahim Wright II, Rancho Cucamonga	22-04
	2	Elijah Crook, Sultana	22-07.75
	3	Devin Paton, Monrovia	22-5.50
	4	Collin Joyce, Bishop Alemany	21-11.50
2024	1	Tyrus Murguia, Beaumont	22-07
	2	Brandon Gorski, Mater Dei	22-04.75
	3	Quincy Hearn, Chaminade	22-06
	4	Orlando Zepeda, St. Paul	21-05

STATE CHAMPIONS

Champion/School (Section)	Mark
Sanjay Kettels, St. Mary's (NC)	24-03.75
Malcolm Clemons, St. Mary's (NC)	24-03.75w
Caleb Foster, Clovis North (CE)	25-00
No Playoffs - Covid 19	
Jawson Plumb, Corona del Mar (SS)	24-05.75
Chukwunonso, DeLaSalle(NC)	23-09.75

TRIPLE JUMP

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1938		Bob Beckus, San Diego Hoover	46-01.75
1939		Tommy Herrin, Point Loma	44-06.62
1940		Jack Laughner, Long Beach Wilson	45-11.75
1941		Sheldon Swan, Chaffey	44-01.50
1973		Paul Schmidt, West Torrance	46-06.75
1974		Bruce Smith, Ventura	47-00.00
1975		Jeff Clingan, Warren	47-05.00
1976		Tom Lomax, Workman	49-11.50
1977	MC	Chip Benson, Los Angeles Lutheran	48-02.00
	4-A	Ramon Grubbs, Blair	48-07.75
	3-A	Tohru Asami, Sunny Hills	43-03.75
	2-A	Alfonso PeBenito, Channel Islands	45-09.25
	1-A	Chip Benson, Los Angeles Lutheran	48-08.50
1978	MC	Jeff Norris, Coachella Valley	46-09.25
	4-A	Tony Gilbert, Santa Barbara	48-02.00
	3-A	Mark Robbins, Inglewood	46-07.00
	2-A	Jeff Norris, Coachella Valley	48-03.00
	1-A	Steve Releford, Los Angeles Lutheran	46-02.50
1979	MC	Charles Mayfield, Muir	52-09.00
	4-A	Charles Mayfield, Muir	50-11.50
	3-A	Chuck Neal, Central	46-05.50
	2-A	Gani Tyrus, Whittier	46-00.00
	1-A	John Lea, St. Genevieve	46-11.25
1980	MC	Charles Mayfield, Muir	50-04.00
	4-A	Charles Mayfield, Muir	50-06.00
	3-A	Rich Floyd, La Puente	46-05.50
	2-A	Adrian Booker, Harvard	46-06.75
	1-A	Sherman Brooks, Serra	45-07.75

STATE CHAMPIONS

Champion/School (Section)	Mark
Jack Laughner, Long Beach Wilson (SS)	44-08.50
Willie Banks, Oceanside (SD)	49-07.75w
Willie Banks, Oceanside (SD)	50-07.00
Mark Dobbins, Merced (SJ)	49-03.00
Greg Caldwell, Fremont (LA)	51-08.50w
Dokie Williams, Oceanside (SD)	51-00.50
Dokie Williams, El Camino (SD)	50-04.25
Henry Ellard, Fresno Hoover (CE)	49-02.50
Freeman Miller, Fremont (LA)	50-08.00

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

TRIPLE JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1981	MC	Ken Williams, Troy	48-04.25
	4-A	Ed Tave, Muir	48-11.00
	3-A	Michael Howe, J.W. North	46-04.25
	2-A	Ken Williams, Troy	47-11.50
	1-A	Sherman Brooks, Serra	47-02.50
1982	MC	Ken Williams, Troy	49-08.75
	4-A	Tony Phillips, Muir	49-09.25
	3-A	Ken Williams, Troy	50-01.00
	2-A	David Dangleis, Azusa	45-11.75
	1-A	Leon Thompson, Serra	46-00.75
1983	4-A	Thomas Henley, Damien	48-00.25
	3-A	Sheldon Blockburger, Newport Harbor	48-06.50
	2-A	Henry Green, Inglewood	48-02.50
	1-A	Derek Williams, Marshall Fundamental	46-04.50
1984	4-A	Joe Richardson, Pasadena	53-00.25w
	3-A	Tim Williams, Rubidoux	47-05.50
	2-A	David Dangleis, Azusa	47-02.50
	1-A	Mark Triplett, Marshall Fundamental	46-04.50
1985	MC	Marcus Hooks, Lakewood	49-11.75
	4-A	Terry Williams, Muir	49-10.75
	3-A	James Browne, California	49-04.25
	2-A	Dario Robinson, Covina	47-03.25
	1-A	Mark Triplett, Marshall Fundamental	47-05.75
1986	MC	Marcus Hooks, Lakewood	51-00.50
	4-A	Marcus Hooks, Lakewood	52-03.50
	3-A	Lawrence Miller, Palmdale	47-05.50
	2-A	Dario Robinson, Covina	48-02.00
	1-A	Brian Grant, Cabrillo/Lompoc	45-06.25
1987	MC	Russell White, Crespi	48-07.25
	4-A	Chris Perry, Muir	48-05.25
	3-A	Chris Conrad, Mater Dei	47-05.50
	2-A	Russell White, Crespi	48-00.50
	1-A	Delvin Grimes, Cabrillo/Lompoc	46-08.00
1988	MC	Mingo Hosey, Pasadena	49-03.25
	4-A	Mingo Hosey, Pasadena	49-03.50
	3-A	Chris Shelton, Duarte	47-11.25
	2-A	Billy Ivey, Edgewood	49-01.25
	1-A	Nathan Cotten, Nordhoff	45-06.50
1989	MC	Russell White, Crespi	49-07.00
	4-A	Gabe Higa, Quartz Hill	48-08.00
	3-A	Clay Tharrington, Esperanza	46-08.50
	2-A	Russell White, Crespi	48-11.00
	1-A	Matt Corsi, Bellermine-Jefferson	45-04.25
1990	MC	Pouphet Singbandith, Magnolia	49-08.50
	4-A	Gabe Higa, Quartz Hill	48-02.00
	3-A	Clayton Tharrington, Esperanza	48-01.25
	2-A	Pouphet Singbandith, Magnolia	50-02.25
	1-A	Bobby Robinson, Cabrillo	46-05.25
1991	MC	Anthony Bartley, Lynwood	47-11.50
	4-A	Anthony Bartley, Lynwood	48-02.50
	3-A	Brian Valdez, El Modena	45-06.50
	2-A	Vince Church, Kennedy	47-06.50
	1-A	Bobby Robinson, Cabrillo	46-08.50
1992	MC	Tony Parrish, Marina	49-04.25
	4-A	Xavier Powell, Long Beach Poly	48-06.25
	3-A	Tony Parrish, Marina	47-01.50
	2-A	Danilo Robinson, Covina	46-06.25
	1-A	Quinton Smith, Ayala	46-01.25
1993	MC	Tye Gaines, Palmdale	50-01.75
	I	Xavier Howell, Long Beach Poly	49-03.50
	II	James Jones, Lompoc	46-10.00
	III	Mel Moultry, Beverly Hills	50-00.50
	IV	Jim Lyon, St. Bonaventure	43-04.50
1994	MC	Jamal Chase, Quartz Hill	48-10.75
	I	Jamal Chase, Quartz Hill	48-05.50
	II	Reggie Curry, Tustin	46-06.00
	III	Mike Turner, Morningside	47-11.75
	IV	Gibbons St. Paul, Murphy	45-04.50

STATE CHAMPIONS

Champion/School (Section)	Mark
Ken Frazier, San Francisco Mission (SF)	50-10.75
Archie Cornell, Fresno (CE)	50-03.75
Torrey Barr, Fresno McLane (CE)	50-02.50
Joe Richardson, Pasadena (SS)	51-08.25
Terrence Strong, Bakersfield (CE)	51-09.00w
Marcus Hooks, Lakewood (SS)	51-04.25
Joel Smith, Rancho Cordova (SJ)	50-10.00
Tyrone Scott, Mesa Verde (SJ)	50-06.00
Lenny McGill, Orange Glen (SD)	51-01.25
Pouphet Singbandith, Magnolia (SS)	51-07.75
Offord Rollins, Wasco (CE)	51-04.75
Tony Parrish, Marina (SS)	49-01.00
Tony Parrish, Marina (SS)	50-11.75
Von Ware, Rancho Buena Vista (SD)	50-06.00

1995	MC	Tye Anderson, Long Beach Poly	48-04.75	Michael Turner, Morningside (SS)	49-02.00w
	I	Tye Anderson, Long Beach Poly	48-11.75		
	II	Reggie Curry, Tustin	48-08.50		
	III	Michael Turner, Morningside	49-02.50		
1996	IV	Oliver Wong, Webb	43-05.50	Tye Anderson, Long Beach Poly (SS)	49-11.75
	MC	Tye Anderson, Long Beach Poly	48-05.50		
	I	Gerald Williams, Lynwood	47-11.00		
	II	Jarrell Meier, Righetti	45-08.75w		
1997	III	Rod Moore, Morningside	44-05.00	Anthony Colson, Center (SJ)	49-11.25w
	IV	Andre Velasquez, Mojave	45-03.00		
	MC	Clinte Motley, Alta Loma	47-07.25w		
	I	Clinte Motley, Alta Loma	49-02.75w		
1998	II	Matt Primous, Lompoc	48-03.00w	Benson Jones, Clayton Valley (NC)	51-01.50 w
	III	Jamal Stamps, Morningside	45-08.50w		
	IV	Jerome Sledge, Mojave	43-11.00		
	MC	Andy Badger, Diamond Bar	48-08.00		
1999	I	Andy Badger, Diamond Bar	47-09.00	Kyle Carano, Hoover (CE)	52-02.50w
	II	Nathan Irvin, Riverside Poly	44-08.75w		
	III	Alain Nicasio, Aliso Niguel	46-05.25		
	IV	Sean Oederkirk, Flintridge Prep	44-10.25		
2000	MC	Rodney Woods, Littlerock	47-08.50w	Jamil Smith, Palmdale (SS)	49-04.25
	I	Roger Nunn, Gahr	46-08.75		
	II	Joe Thomas, Buena Park	46-02.00w		
	III	Jacob Montgomery, Cabrillo	47-05.25		
2001	IV	Derrick Dancer, Marshall	45-00.50w	Jamil Smith, Palmdale (SS)	49-08.00
	MC	Jamil Smith, Palmdale	47-11.75		
	I	Rodney Woods, Littlerock	47-07.00w		
	II	Clarence Moore, Cypress	48-03.00w		
2002	III	Jason Romero, Ganesha	46-07.25	Nathan Atkins, Cerritos (SS)	49-07.75
	IV	Marshall Duncan, Pasadena Poly	45-00.00		
	MC	Jamil Smith, Palmdale	48-04.50		
	I	Jamil Smith, Palmdale	50-10.75		
2003	II	Nathan Adkins, Cerritos	49-01.50	Rudy Burgess, Desert (SS)	50-04.25
	III	D'Andre Laurie, Diamond Ranch	47-00.50w		
	IV	Rudy Burgess, Desert	46-06.00w		
	MC	Nathan Atkins, Cerritos	49-01.75		
2004	I	Derek Hagan, Palmdale	47-09.25	Nkosinza Balumbu, James Logan (NC)	50-06w
	II	Nathan Atkins, Cerritos	48-11.00		
	III	Ryan Hollins, Muir	46-07.75		
	IV	Jason Napoleon, Desert	45-06.75		
2005	MC	Rudy Burgess, Desert	49-09.50	Richard Sherman, Dominguez (SS)	50-08.00
	I	Michael Johnson, Rancho Cucamonga	47-07.00		
	II	Christopher Merriweather, Moorpark	47-09.25		
	III	Staton Gibson, Ramona	47-11.75		
2006	IV	Rudy Burgess, Desert	48-08.75	Jonathan Clark, Loyola (SS)	49-00.25
	MC	Michael Johnson, Rancho Cucamonga	49-00.25		
	I	Michael Johnson, Rancho Cucamonga	49-02.00		
	II	Alfred Perkins, Arroyo Valley	45-10.00		
2007	III	Scott Tsuda, Notre Dame/Sherman Oaks	47-02.75	Johnny Carter, Ridgeview (CE)	49-00.75w
	IV	Ray Atkins, Valley Christian/Cerritos	44-10.25		
	MC	Josh Como, Rancho Verde	46-06.50		
	I	Richard Sherman, Dominguez	47-10.50		
2008	II	Scott Tsuda, Notre Dame/Sherman Oaks	48-03.75	Suleman Hammed, Deer Valley (NC)	49-07.50
	III	Justin Moore, Serra	46-05.50		
	IV	Richard Sherman, Dominguez	50-00.00		
	MC	Josh Como, Rancho Verde	48-04.00		
2009	I	Richard Sherman, Dominguez	49-02.50	Johnny Carter, Ridgeview (CE)	49-00.75w
	II	Chad Cooke, Newbury Park	46-00.75		
	III	Josh Miguel, Oaks Christian	46-01.00w		
	IV	Jonathan Clark, Loyola	49-02.50		
2009	MC	Jonathan Clark, Loyola	49-02.50	Suleman Hammed, Deer Valley (NC)	49-07.50
	I	Emmanuel Neizer, Rancho Cucamonga	48-06.25		
	II	Jonathan Clark, Loyola	49-11.00		
	III	Melvin Hakim, Diamond Ranch	45-08.25		
2009	IV	DaJuan Henry, Valley Christian/Cerritos	45-07.75	Johnny Carter, Ridgeview (CE)	49-00.75w
	MC	Tony Burnett, Mayfair	47-09.75		
	I	Chris Benard, Santiago/Corona	49-06.00		
	II	Tony Burnett, Mayfair	49-00.50		
2009	III	Kenny McGee, Magnolia	46-11.25	Suleman Hammed, Deer Valley (NC)	49-07.50
	IV	Michael Vaughn, Desert	46-04.75w		
	MC	Curtis Wilson, Rancho Verde	48-02.50		
	I	Curtis Wilson, Rancho Verde	50-06.75w		
2009	II	Obum Gwacham, Ayala	47-11.00w	Suleman Hammed, Deer Valley (NC)	49-07.50
	III	Eric Rogers, Charter Oak	46-07.25		
	IV	Jules Sharpe, Oaks Christian	45-10.00		

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

TRIPLE JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
2010	MC	Solomon Ijah, Murrieta Valley	47-09.25
	1	Solomon Ijah, Murrieta Valley	48-10.25
	2	Justin Lovingood, Summit	48-04.00
	3	Jabre Millon, Bonita	45-04.75
	4	Henry Vildosola, Woodcrest Christian	46-02.00w
2011	MC	Delaunay Klyvens, Claremont	48-10.00
	1	Joshua Calquo, Los Alamitos	45-10.25
	2	Jaelen Spencer, Sultana	50-02.25
	3	Shane Rowen, San Marcos	47-03.00
	4	Adam Ruggiero, Desert Christian	45-01.25w
2012	MC	Klyvens Delunay, Claremont	49-06.75
	1	Walter Jones, Redlands	46-09
	2	Jaelen Spencer, Sultana	49-07.25
	3	Tim White, Hart	48-05.25
	4	Adam Ruggiero, Desert Christian/Lancaster	45-09.25
2013	MC	Bernard Idrees, Agoura	48-00.50
	1	William Solomon, Los Osos	46-10w
	2	Jaelen Spencer, Sultana	50-00.25w
	3	Myles Hawkins, Orange Lutheran	48-01.75w
	4	Joshua Yaro, Cate	44-08.25
2014	MC	CJ Alumbres, Vista Murrieta	49-07.5
	1	CJ Alumbres, Vista Murrieta	50-01.25
	2	Mitchell Bland, Tesoro	48-04.75
	3	Nate Washington, Crespi	46-08.75w
	4	Lorenzo Burns, Linfield	44-10.75
2015	MC	CJ Alumbres, Vista Murrieta	48-00.00
	1	CJ Alumbres, Vista Murrieta	48-11.00
	2	Blair Robinson, Kennedy	47-05.00
	3	Morrell Osling, Antelope Valley	46-05.50
	4	Jah Strange, Xavier Prep	47-01.00
2016	MC	Morrell Osling, Antelope Valley	48-08
	1	Micquwan Wright, Paramount	47-10
	2	Anthony Reyes, Elsinore	46-05
	3	Morrell Osling, Antelope Valley	49-03.75w
	4	Jah Strange, Xavier Prep	48-02.25
2017	MC	CJ Stevenson, Great Oak	49-09
	1	CJ Stevenson, great Oak	48-03.25w
	2	Brian Nnoli, San Marcos	47-02.25
	3	Tyrese Dedmon, Antelope Valley	47-01.25
	4	Michael Polk, Valley Christian/Cerritos	44-10
2018	MC	Trevon Lee, California Military Institute	47-07
	1	CJ Stevenson, Great Oak	50-06.75
	2	Titan Rutolo, Mater Dei	45-09.75
	3	Tianhao Wei, South Pasadena	46-06
	4	Trevon Lee, Californai Military Instituite	46-00
2019	MC	Trevor Harris, Etiwanda	47-09.50
	1	Deondre Ruth, Heritage	46-11
	2	Anthony Salazar, Mater Dei	44-11.50
	3	Christian Grubb, Notre Dame/Sherman Oaks	45-11
	4	Jonathan DaSilva, Crespi	45-03
2020	No Playoffs - Covid-19		
2021	1	JC Stevensen, Great Oak	46-01.50
	2	Myles Carter, Northwood	46-09.50
	3	Camyron O'Bannon, St. John Bosco	44-01.75
	4	Nehemiah Gilliam, Heritage Christian	44-06
2022	MC	Elijha Ellis, Golden Valley	48-01.50
	1	JC Stevenson, Great Oak	47-08.75
	2	Elijha Ellis, Golden Valley	48-03.50
	3	Kenechukwu Okonkwo, Grand Terrace	45-10
	4	Jack Fairchild, Crean Lutheran	46-02
2023	MC	Andrew Robinson, Great Oak	46-10.25
	1	Obi Nwafor, Vista Murrieta	46-11.50
	2	Jared McDuffie, Mater Dei	46-04.50
	3	Dj Lee, Mission Viejo	44-06.50
	4	Collin Joyce, Alemany	46-00.50
2024	1	Kosi Nwafor, Vista Murrieta	46-04.25
	2	Jordan Carter, Vista del Lago	46-07.25
	3	Di Lee, Mission Viejo	46-02
	4	Oliver Jones, Fairmont Prep	45-00.75

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Jovon Cunningham, Enterprise (NO)	50-08.25w
Marques Roberts, Otay Ranch (SD)	49-06.50
Klyvens Delunay, Claremont (SS)	51-07
Nate Moore, Castro Valley (NC)	50-11.75
Nate Moore, Castro Valley (NC)	51-04w 1
Ron Smith, St. Mary's (NC)	49-00.25
Morrell Osling, Antelope Valley (SS)	48-09.25
CJ Stevenson, Great Oak (SS)	49-07.75
CJ Stevenson, Great Oak (SS)	49-11.75w
Caleb Foster, Clovis North (CE)	49-09.50
Camryn O'Bannon, St. John Bosco	47-06.75
Jeremiah Bolanos, Redland East Valley (SS)	43-03.25
Brandon Rush, Bishop O'Dowd Ncs	47-05

SHOT PUT

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1913		Lincoln Hall, Santa Paula	44-09
1914		Roy Bagnard, Pasadena	51-01
1915		Glenn Brubaker, Hemet	48-11.50
1916		Leslie Lloyd, Santa Paula	44-05.75
1917		Jim Blewett, Manual Arts	48-01
1918		John Sentous, Hollywood	44-00.50
1919		John Boyle, Manual Arts	45-08
1920		Clarence Houser, Oxnard	49-02.25
1921		Clarence Houser, Oxnard	53-02.37
1922		Clarence Houser, Oxnard	54-03
1923		Jimmy Coyne, Hollywood	48-00.25
1924		Alma Van Fleet, Chaffey	47-06
1925		Robert Patton, Riverside	46-04.25
1926		Maury Lauterman, Los Angeles Poly	48-11.75
1927		Harold Falter, Glendale	50-00.50
1928		Morgan, Long Beach Poly	49-05.25
1929		Nelson Gray, Chaffey	52-10.25
1930		John Lyman, Santa Monica	54-07
1931		Don Carter, Los Angeles Franklin	53-02.75
1932		Joe Huston, Hoover/Glendale	52-06
1933		Jim Donaldson, Hollywood	53-04.50
1934		Ray Young, Los Angeles Riis	53-08
1935		John Raitt, Fullerton	55-10.25
1936		Paul Dal Port, Santa Maria	52-11.75
1937		Ed Becker, San Diego	53-01
1938		Ed Becker, San Diego	54-00.50
1939		Frank Minini, Paso Robles	52-11
1940		Frank Minini, Paso Robles	
1941		John Irwin, Pasadena	50-11.62
1942		Jerry Shipkey, Anaheim	56-01.62
1943		Jerry Shipkey, Anaheim	57-10.25
1944		Don Bewsey, El Monte	52-06.50
1945		Louie Blanc, El Monte	49-02.25
1946		John Helwig, Mt. Carmel	59-00
1947		Walt Ashcraft, Long Beach Poly	55-06.62
1948		Bob Van Doren, San Diego	55-00.25
1949		Parry O'Brien, Santa Monica	57-09.50
1950		Hal Norris, Grossmont	58-02.50
1951		Clyde Wetter, Grossmont	58-04.87
1952		Don Vick, Chaffey	56-06
1953		Don Vick, Chaffey	61-00.25
1954		Dick Bronson, Grossmont	59-08.87
1955		Duncan Ward, Santa Monica	59-03.75
1956		Homer Robertson, Pacific	61-10.25
1957		Clark Branson, Pasadena	62-05.25
1958		Jim Smith, Long Beach Poly	60-10.50
1959		Dick Merritt, Long Beach Jordan	57-04
1960		Gene Nettleton, Atascadero	60-08.25
1961		Bill Pace, El Rancho	65-02.75
1962		Roger Foster, Lynwood	60-06.50
1963		Roy Thurman, Western	59-06.50
1964		Tim Kearin, Muir	61-10
1965		John Hubbell, Long Beach Poly	63-00.50
1966		John Hubbell, Long Beach Poly	67-09.75
1967		John Buehler, Whittier	65-09.75
1968		Sam Cunningham, Santa Barbara	59-04.50
1969		Sam Cunningham, Santa Barbara	64-09
1970		Randy Withrow, Pasadena	63-11
1971		Terry Albritton, Newport Harbor	64-04
1972		Terry Albritton, Newport Harbor	67-04
1973	MC	Jim Neidhart, Newport Harbor	67-03.75
	4-A	Dave Doupe, Inglewood	67-08.25
	3-A	Marcus Gordien, Claremont	58-07.75
	2-A	Jean Beaudry, Crespi	55-07
1974	MC	David Kurrasch, Santa Ana	63-11.50
	4-A	David Kurrasch, Santa Ana	64-01.75
	3-A	Vince Gerlach, Keppel	55-09.50
	2-A	Dave Laut, Santa Clara	59-03.50
1975	MC	David Kurrasch, Newport Harbor	65-10.50
	4-A	David Kurrasch, Newport Harbor	68-05
	3-A	Brad Slinkard, St. Paul	62-04.75
	2-A	Dave Laut, Santa Clara	62-06

STATE CHAMPIONS

Champion/School (Section)	Mark
Reginald Caughy, Ukiah ((NC)	50-00
Roy Bagnard, Pasadena (SS)	49-03
Wayne Weeks, Santa Rosa (NC)	46-02.37
Wayne Weeks, Santa Rosa (NC)	47-04.25
Jim Blewett, Los Angeles Manual Arts (SS)	47-09.25
Jennings Robertson, Sutter (SJ)	44-06
Ernst Hartmann, Los Angeles Poly (SS)	42-03
Clarence Houser, Oxnard (SS)	49-09
Clarence Houser, Oxnard (SS)	52-00
Clarence Houser, Oxnard (SS)	55-04.75
Cecil White, Modesto (SJ)	48-00.50
Cecil White, Modesto (SJ)	49-07.37
Herb Fleishhacker, Menlo Park (CC)	49-02
Maurey Lauterman, Los Angeles Poly (SS)	49-00.25
Harold Falter, Glendale (SS)	49-09.62
Garrett Arbelbide, Huntington Park (SS)	48-10.50
Nelson Gray, Chaffey (SS)	53-05.50
Don Carter, Los Angeles Franklin (SS)	52-08.25
Don Carter, Los Angeles Franklin (SS)	52-10
Bob Pyle, Pasadena (SS)	53-06
Jim Donaldson, Hollywood (SS)	54-03
Ray Young, Los Angeles Riis (SS)	55-10
John Raitt, Fullerton (SS)	55-05.25
Joe Hill, CSD/Berkeley (NC)	54-05.25
Wilbur Thompson, Modesto (SJ)	55-08.75
Mario Russo, Pittsburg (NC)	55-05.75
Frank Minini, Paso Robles (SS)	54-01
Ben Steele, Santa Rosa (NC)	54-04.12
George Souza, Vallejo (NC)	52-04.25
(No meet held)	
(No meet held)	
(No meet held)	
(No meet held)	
John Helwig, Mt. Carmel (SS)	59-05.12
Bob Cameron, Washington (LA)	53-10.87
Bob Cameron, Washington (LA)	59-07.25
Elmer Willhoite, Merced (SJ)	57-03.25
Hal Norris, San Diego Grossmont (SS)	56-05.50
Leon Patterson, Taft (CE)	59-02.50
Leon Patterson, Taft (CE)	60-09.87
Don Vick, Chaffey (SS)	60-07.75
Dick Bronson, San Diego Grossmont (SS)	59-07.12
Duncan Ward, Santa Monica (SS)	59-04.50
Homer Robertson, Pacific (SS)	63-09.50
Clark Branson, Pasadena (SS)	64-00.75
Jack Slocombe, Milikan (SS)	61-04.50
Mike Parker, Turlock (SJ)	57-08
Matthew Baggett, Berkeley (NC)	60-07
Bill Pace, El Rancho (SS)	64-03.50
Jim O'Brien, Richmond De Anza (NC)	62-02.25
Bruce Wilhelm, Sunnyvale Fremont (CC)	63-04.75
Bob Brannen, Los Gatos (CC)	62-07.25
Steve Marcus, Pacific Palisades (LA)	63-11.75
John Hubbell, Long Beach Poly (SS)	66-11
John Buehler, Whittier (SS)	65-03.25
Pete Schmock, San Dieguito (SD)	63-11
Sam Cunningham, Santa Barbara (SS)	61-02
Randy Withrow, Pasadena (SS)	63-08.75
Mark Stevens, Newport Harbor (SS)	67-02.25
Randy Cross, Crespi (SS)	65-07.25
Jim Neidhart, Newport Harbor (SS)	67-03.25

David Kurrasch, Santa Ana (SS)	63-10.50
David Kurrasch, Newport Harbor (SS)	65-09.50

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

SHOT PUT (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1976	MC	John McKenzie, Hart	65-04
	4-A	John McKenzie, Hart	67-09
	3-A	Craig Silverman, La Mirada	58-11.75
	2-A	Paul Johnson, Brea Olinda	60-02.25
1977	MC	Craig Polley, Sunny Hills	63-06.50
	4-A	Steve DeForest, Katella	59-04.50
	3-A	Craig Polley, Sunny Hills	60-07.50
	2-A	Joe Staub, Cantwell	59-04.50
	1-A	Chris Brock, St. Bonaventure	52-00.75
1978	MC	Brian Faul, West Covina	62-02
	4-A	Scott Garnett, Muir	58-00.50
	3-A	Brian Faul, West Covina	62-03.75
	2-A	Jim Spillers, Rowland	59-07.25
	1-A	Hank Kraychir, San Jacinto	57-07.50
1979	MC	John Brenner, Fullerton	62-06.50
	4-A	Jim Spillers, Rowland	61-01.50
	3-A	John Brenner, Fullerton	61-00
	2-A	Dave Lara, St. John Bosco	58-00.25
	1-A	Hank Kraychir, San Jacinto	58-10.75
1980	MC	Scott Garnet, Muir	63-08
	4-A	Scott Garnet, Muir	64-08.75
	3-A	Junior Ili, Nogales	57-04
	2-A	Jim Doehring, San Clemente	64-11.75
	1-A	Pat Neal, Bishop	56-07.50
1981	MC	John Frazier, Antelope Valley	63-06.50
	4-A	Brent Nartz, Arcadia	61-02.50
	3-A	John Frazier, Antelope Valley	64-02.75
	2-A	Junior Ili, Nogales	59-04.25
	1-A	Pat Neal, Bishop	55-01.25
1982	MC	Bruce Parks, Chaffey	63-00.50
	4-A	Troy Zinn, Arcadia	55-09
	3-A	Pat Kyle, Buena Park	60-09
	2-A	Guy Davids, Bishop Amat	57-00.50
	1-A	Mike Moye, Desert	56-10.75
1983			
	4-A	Bill Flores, Kennedy	57-02
	3-A	Greg Aikenhead, Mission Viejo	58-01
	2-A	Greg Thornton, Loyola	56-02.25
	1-A	Mike Moye, Desert	59-02
1984			
	4-A	Kurt Holden, Hart	58-03.75
	3-A	Brian Blutreich, Capistrano Valley	64-06.75
	2-A	Greg Thornton, Loyola	54-02
	1-A	Darren Roebuck, Chaminade	56-00
1985	MC	Brian Blutreich, Capistrano Valley	69-06.50
	4-A	Brian Blutreich, Capistrano Valley	67-10.25
	3-A	Tim Osborne, Rancho Alamitos	54-10
	2-A	John Harmon, St. Bernard	53-04.75
	1-A	John Knight, Oak Park	58-04.25
1986	MC	Kaleaph Carter, Edison	61-11
	4-A	Dan Tunnicliff, Arcadia	58-05.50
	3-A	Rick Fuller, Arroyo	54-09
	2-A	Bill Lutjens, Righetti	55-06.25
	1-A	Mike Tozzi, Paso Robles	53-03
1987	MC	David Bultman, Royal	61-09.75
	4-A	David Bultman, Royal	61-03.25
	3-A	Scott Sargeant, Los Alamitos	49-00.25
	2-A	Steve Puryear, Crespi	55-04.50
	1-A	Chris Tipton, Kern Valley	46-01.25
1988	MC	Kaleaph Carter, Edison	62-05.50
	4-A	Kaleaph Carter, Edison	62-01.75
	3-A	Rick Fuller, Arroyo	60-06
	2-A	Chris Elias, Apple Valley	52-04.75
	1-A	Jeff Parish, Nordhoff	51-02.50
1989	MC	Joe Bailey, Long Beach Wilson	62-11.50
	4-A	Joe Bailey, Long Beach Wilson	59-11
	3-A	Chuck Underwood, Esperanza	56-09.25
	2-A	Sii Allen, St. Anthony	52-11.25
	1-A	Jayme Dinovitz, Calabasas	49-10.25

STATE CHAMPIONS

Champion/School (Section)	Mark
Steve Montgomery, Susanville Lassen (NO)	68-00
Craig Polley, Sunny Hills (SS)	62-04.25
David Porath, Atwater (CE)	65-10.75
Don Mosebar, Visalia Mt. Whitney (CE)	62-06.75
Scott Garnett, Muir (SS)	64-04.50
John Frazier, Antelope Valley (SS)	63-08.75
Pat Kyle, Buena Park (SS)	60-04
Curt Siscel, Vacaville (SJ)	63-09.50
Brian Blutreich, Capistrano Valley (SS)	64-07.75
Brian Blutreich, Capistrano Valley (SS)	68-04
Brian Boggess, Lakeside El Capitan (SD)	61-04
David Bultman, Royal (SS)	67-00
Kaleaph Carter, Edison (SS)	64-00.50
Brent Noon, Fallbrook (SD)	66-01.50

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

SHOT PUT (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1990	MC	Mark Parlin, Esperanza	60-03.50
	4-A	Lawson Mollica, Edison	54-03.75
	3-A	Mark Parlin, Esperanza	62-06.50
	2-A	David Partin, Mayfair	58-11.50
	1-A	Donald Willis, Cabrillo/Lompoc	56-01
1991	MC	Mark Parlin, Esperanza	62-09.75
	4-A	Tyson Lingenfelter, Upland	55-06
	3-A	Mark Parlin, Esperanza	66-07.50
	2-A	Todd Wright, Sierra Vista	55-07.25
	1-A	Donald Willis, Cabrillo/Lompoc	57-11
1992	MC	Tyson Lingenfelter, Upland	59-07.50
	4-A	Tyson Lingenfelter, Upland	55-10.50
	3-A	Mark Glock, Nogales	58-11.75
	2-A	Gabriel Torre, Notre Dame/Riverside	58-09
	1-A	Jason James, Boron	48-02.50
1993	MC	Tyson Lingenfelter, Upland	62-05.75
	I	T.J. Brown, Mission Viejo	53-08.50
	II	Tyson Lingenfelter, Upland	56-06.50
	III	Chad Peare, Trabuco Hills	56-10.25
	IV	Alan Duben, Oak Park	52-10.25
1994	MC	Wade Tift, Newport Harbor	59-08.50
	I	Damon Blechen, Agoura	55-06.50
	II	Jeremy Lingenfelter, Claremont	59-10.25
	III	Phil Fonua, Mira Costa	57-09.75
	IV	Matt Phelan, Paraclete	49-07.50
1995	MC	Matt Pentecost, Loyola	61-10.50
	I	Jeremy Lingenfelter, Claremont	59-02.50
	II	Chad Jones, Arroyo Grande	55-10
	III	Phil Fonua, Mira Costa	53-07.50
	IV	Henry Stephens, Banning	50-07.25
1996	MC	Mike Rainis, St. Paul	54-07
	I	Brodie Riederich, Edison	54-03.75
	II	Dan Noll, El Toro	54-01.75
	III	Mike Lopez, Arroyo	56-05
	IV	Kris Mendoza, Sultana	52-08.25
1997	MC	Scott Moser, Huntington Beach	60-00
	I	John Bello, Rancho Cucamonga	58-04.25
	II	Derek Kurkowski, Canyon Springs	57-11.25
	III	Mike Rainis, St. Paul	54-06
	IV	Jesus Villarino, San Jacinto	49-01
1998	MC	Joe Alexandrow, Arroyo Grande	63-04.75
	I	Scott Wiegand, Arcadia	55-11
	II	Joe Alexandrow, Arroyo Grande	63-01.50
	III	Hector Torres, Rosemead	53-04.25
	IV	Ashcon Madjid, Los Angeles Baptist	51-00.50
1999	MC	Joe Weber, Pacific	59-09
	I	Sam Lighbody, Huntington Beach	59-00
	II	Will Svitek, Newbury Park	57-06
	III	Travis Johnson, Notre Dame/Riverside	57-02.50
	IV	Steve Holland, Whittier Christian	49-04.75
2000	MC	Sean Shields, Arroyo Grande	59-03.25
	I	Jake Knight, Rubidoux	58-05.50
	II	Sean Shields, Arroyo Grande	60-02
	III	Travis Johnson, Notre Dame/Sherman Oaks	57-04.25
	IV	Vili Morton, Twentynine Palms	50-09.50
2001	MC	Jake Knight, Rubidoux	62-06.75
	I	Sean Shields, Arroyo Grande	64-01.25
	II	Jake Knight, Rubidoux	60-09
	III	James Ferguson, Rosemead	59-02.25
	IV	Noah Bryant, Carpinteria	61-11.50
2002	MC	Noah Bryant, Carpinteria	66-07.50
	I	Jon Howards, Arroyo Grande	60-04.25
	II	Brian Ruziecki, Huntington Beach	57-09.50
	III	Leighton Heape, Palm Springs	55-04.25
	IV	Noah Bryant, Carpinteria	66-00.25
2003	MC	Mark Lewis, Arroyo Grande	59-07.75
	I	Gabe Long, Esperanza	57-11.50
	II	Chad Smith, University	59-07.25
	III	Oscar Rodriguez, Palm Desert	55-09.25
	IV	John Caulfield, La Salle	57-01.50

STATE CHAMPIONS

Champion/School (Section)	Mark
Brent Noon, Fallbrook (SD)	74-04.75
Mark Parlin, Esperanza (SS)	61-05.50
Pete Swanson, San Benito (CC)	61-03.25
Tyson Lingenfelter, Upland (SS)	60-09.50
Chris DeMartine, St Ignatius (CC)	58-11.50
Matt Pentecost, Loyola (SS)	62-03.75
Jason Hammond, Fowler (CE)	64-04
Van Mounts, Bakersfield (CE)	67-00.75
Van Mounts, Bakersfield (CE)	66-07
Rhuben Williams, Eagle Rock (LA)	62-08.50
Rhuben Williams, Eagle Rock (LA)	63-02.50
David Guerin, Leuzinger (SS)	62-10.75
Noah Bryant, Carpinteria (SS)	65-07.75
Jared Bray, Mission Bay (SD)	63-03.25

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

SHOT PUT (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2004	MC	Mark Lewis, Arroyo Grande	62-03.00
	I	Mark Lewis, Arroyo Grande	63-02.00
	II	Chad Smith, University	58-09.50
	II	Oscar Rodriguez, Palm Desert	59-04.00
	IV	Vache Savajian, Maranatha	57-05.00
2005	MC	Danny Rohr, Arroyo Grande	60-01.00
	I	Averell Spicer, Rancho Cucamonga	59-09.75
	II	Danny Rohr, Arroyo Grande	60-01.50
	III	Justin Sikich, Oak Park	54-08.25
	IV	Carlton Gillespie, St. Bonaventure	51-02.75
2006	MC	Bo Taylor, Newport Harbor	63-11.00
	I	Joe Wittick, Esperanza	53-07.00
	II	Nick Robinson, El Toro	65-01.00
	III	Joe Canavan, Palm Desert	59-05.50
	IV	Philip Adam, St. Joseph/Santa Maria	56-09.50
2007	MC	Joe Canavan, Palm Desert	64-10.25
	I	Joel Heaton, Aliso Niguel	60-04.00
	II	Nigel Davies, Loyola	54-07.25
	III	Joe Canavan, Palm Desert	65-10.50
	IV	Julius Joseph, Serra	54-05.50
2008	MC	Nigel Davies, Loyola	59-09.25
	I	Daniel Swarbrick, Saugus	59-11.50
	II	Nigel Davies, Loyola	57-00.25
	III	Connor McCullough	54-07.25
	IV	Justin Cutler, Templeton	55-03.00
2009	MC	Jordan Paea, Ventura	59-01.75
	I	Jordan Paea, Ventura	57-00.25
	II	Austin Field, Arroyo Grande	62-04.75
	III	Brandon Greenberg, Crespi	56-05.25
	IV	John Sua, St. Joseph/Santa Maria	51-11.05
2010	MC	Joe Daou, Santa Monica	61-07.00
	1	Joe Daou, Santa Monica	61-05.75
	2	Spencer Moorman, San Jacinto	62-05.25
	3	Brandon Greenberg, Crespi	61-04.50
	4	Brandon Owen, Paraclete	52-00.50
2011	MC	Nicholas Scarvelis, Dos Pueblos	63-03.50
	1	Jake Fraser, El Toro	60-07.50
	2	Nicholas Scarvelis, Dos Pueblos	63-08.75
	3	Jayson Kovar, Burroughs/Ridgecrest	54-07.75
	4	Richard Finnegan, St. Joseph/Santa Maria	50-01.00
2012	MC	Garrett Weinreich, Arroyo Grande	61-08
	1	Ryan Hunter-Simms, San Geronio	62-03
	2	Garrett Weinreich, Arroyo Grande	61-03.75
	3	Jayson Kovak, Burroughs/Ridgecrest	59-06.5
	4	Kyle Wilson, Desert	49-02
2013	MC	Nick Ponzio, Great Oak	65-01
	1	Nick Ponzio, Great Oak	65-09
	2	Marty Taylor, Newport Harbor	60-04
	3	Amir Ali Patterson, Crespi	58-09.50
	4	Jeremy Franklin, Serra	53-06.75
2014	MC	Matt Katnik, St. John Bosco	64-10.75
	1	Nathan Bultman, West Ranch	60-11.25
	2	Malik Morris, Mater Dei	59-05.5
	3	Matt Katnik, St. John Bosco	62-00
	4	Jeremy Franklin, Serra	57-07.25
2015	MC	Matt Katnik, St. John Bosco	70-11.50
	1	Nathan Bultman, West Ranch	60-08.75
	2	Malik Morris, Mater Dei	57-03.75
	3	Matt Katnik, St. John Bosco	71-11.50
	4	Patrick Gonzales, Sierra Canyon	53-06.00
2016	MC	Branson Osborn, Esperanza	68-01.50
	1	Kevin Quisumbing, Loyola	57-05.5
	2	Cole Smith, Newport Harbor	57-09.50
	3	Branson Osborn, Esperanza	67-02.75
	4	Anthony Garcia, Edgewood	54-09.50
2017	MC	Kyle Tsu, Marina	60-06
	1	Josh Johnson, Valley View	59-11.50
	2	Kyle Tsu, Marina	63-10
	3	Kylen Wilborn, Notre Dame/Sherman Oaks	59-00
	4	Dallas Holliday, Oaks Christian	50-07.50

STATE CHAMPIONS

Champion/School (Section)	Mark
Mark Lewis, Arroyo Grande (SS)	63-05.50
Danny Rohr, Arroyo Grande (SS)	60-06.25
Darius Savage, San Diego Morse (SD)	66-03.25
Joe Canavan, Palm Desert (SS)	67-01.50
Dayshan Ragans, Foothill (CE)	62-10.00
Matt Darr, Frontier/Bakersfield (CE)	62-02.75
Matt Darr, Frontier (CE)	63-09.75
Nicholas Scarvelis, Dos Pueblos (SS)	64-00.00
Ethan Cochran, Newport Harbor (SS)	62-04
Nick Ponzio, Great Oak (SS)	66-02.50
Dotun Ogundeyi, Madison (SD)	65-05.5
Matt Katnik, St. John Bosco (SS)	72-00.00
Branson Osborn, Esperanza (SS)	68-10.50
Jonah Wilson, Clovis (CE)	66-02.75

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

SHOT PUT (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2018	MC	Jeff Duensing, Esperanza	60-01.75
	1	Jaime Navarro, Great Oak	59-11
	2	Carlos Aviles, Ventura	58-02.50
	3	Jeff Duensing, Esperanza	61-02.50
	4	Gavin Fua, Valley Christian/Cerritos	51-03.50
2019	MC	Jeff Duensing, Esperanza	64-11
	1	Sean Rhyan, San Juan Hills	59-05
	2	Aidan Elbettar, Newport Harbor	58-11
	3	Jeff Duensing, Esperanza	64-04.50
	4	Juciano Barretto, Oaks Christian	51-01.75
2020	No Playoffs - Covid-19		
2021	1	Cole Moran, Murrieta Mesa	59-05.50
	2	Donovan Kienan, Golden Valley	58-06
	3	Nikolas Iwankiw, South Pasadena	54-11
	4	Christian Burroughs, Ontario Christian	54-05.75
2022	MC	Cade Moran, Murrieta Valley	66-01
	1	Aiden Pastorian, Great Oak	66-07
	2	Travis Zavala, Canyon/Anaheim	56-09.50
	3	Nikolas Iwankiw, South Pasadena	59-10
	4	Israel Gallardo, St. Paul	56-00
2023	MC	Brendon See, JSerra Catholic	63-10
	1	Kai Deines, Redondo Union	60-00.50
	2	Wyatt Schrader, Ventura	56-06
	3	Brendon See, JSerra Catholic	58-07
	4	Eugene Brooks, Sierra Canyon	55-06
2024	1	Eman Goodloe, Warren	57-05.50
	2	Eric MuroMurillo, Ventura	55-05.50
	3	Zach Lewis, Pacifica/GG	59-01.50
	4	Jackson Kollock, Laguna Beach	50-06.50

STATE CHAMPIONS

Champion/School (Section)	Mark
Daniel Viveros, Liberty (CE)	62-05.50
Daniel Viveros, Liberty (CE)	68-10.50
No Playoffs - Covid 19	
Cade Moran, Murrieta Mesa (SS)	64-03.25
Brendon See, JSerra Catholic	62-09.50
McKay Madsen, Clovis North Ces	62-09.50

DISCUS THROW

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1913		Lincoln Hall, Santa Paula	108-10
1914		Roy Bagnard, Pasadena	115-06
1915		Earl Thompson, Long Beach Poly	109-01
1916		Oscar Constance, Ventura	111-06.25
1917		Roy Evans, Chaffey	114-10
1918		Johnny Boyle, Los Angeles	115-11.50
1919		Manuel Guzman, Harvard	117-07.50
1920		Clarence Houser, Oxnard	127-03
1921		Clarence Houser, Oxnard	137-02.19
1922		Clarence Houser, Oxnard	147-00.50
1923		Cecil Myers, Chaffey	126-01
1924		Joe Watson, Manual Arts	124-03
1925		Eddie Moeller, San Diego	125-06.50
1926		Eddie Moeller, San Diego	139-01.50
1927		Fred Steiner, Chaffey	135-03
1928		Joseph Forbes, Long Beach Wilson	123-04
1929		Herman Fink, Bonita	124-04
1930		Clarke Smith, Paso Robles	127-10.50
1931		Clarke Smith, Paso Robles	140-06
1932		Leonard Holland, Long Beach Poly	124-06
1949			
1950			
1951			
1954			
1955			
1956			
1957			
1958			
1959			
1960			
1961			
1962		Roy Thurmann, Western	155-04.75
1963		Roy Thurmann, Western	164-04.50
1964		Kirk Wassell, Western	163-03.50
1965		Eldon Milholland, Hemet	167-00
1966		Steve Lehmer, Loara	177-05
1967		Brad DeBernardi, Hart	179-05

STATE CHAMPIONS

Champion/School (Section)	Mark
Roy Bagnard, Pasadena (SS)	122-03
Roy Bagnard, Pasadena (SS)	118-03
Clifford Merritt, Santa Rosa (NC)	113-00
Wayne Weeks, Santa Rosa (NC)	117-00
Roy Evans, Chaffey (SS)	122-11
Johnny Boyle, Los Angeles (SS)	114-02.75
Johnny Boyle, Manual Arts (SS)	120-06
Clarence Houser, Oxnard (SS)	123-08
Clarence Houser, Oxnard (SS)	135-00.50
Clarence Houser, Oxnard (SS)	144-03.20
Eric Krenz, Stockton (SJ)	128-04.25
Robert Patton, Riverside Poly (SS)	124-06.50
Eddie Moeller, San Diego (SS)	126-00.62
Eddie Moeller, San Diego (SS)	145-06
Fred Steiner, Chaffey (SS)	135-08
Dudley Stephens, Woodland (SJ)	135-00.37
Dudley Stephens, Woodland (SJ)	134-09
Gordon Dunn, Fresno (CE)	130-05.12
George Theodoratus, Sacramento (SJ)	132-01.50
Arlo Munch, Long Beach Poly (SS)	130-11.50
John Henry Johnson, Pittsburg (NC)	145-02
Louie Irigaray, Lemoore (CE)	145-01.25
Leon Patterson, Taft (CE)	165-02
Jack Egan, San Francisco Balboa (SF)	159 01.50
Wayne Crow, Corcoran (CE)	160-07
Wayne Crow, Corcoran (CE)	171-05.25
Don Bell, Alameda (NC)	172-02.75
Bill Hook, Ukiah (NC)	166-08
Ron Sindow, San Rafael (NC)	176-01
Alex Darnes, San Francisco Poly (SF)	178-08
Bob Stoecker, Los Altos (CC)	188-06.50
Bob Stoecker, Los Altos (CC)	185-11.50
Stan McDonald, Fresno Edison (CE)	178-01
Bill Staley, Walnut Creek Las Lomas (NC)	181-02
Bruce Naglee, San Jose Baltimore (CC)	172-03.50
Jim Peters, Piedmont (NC)	189-01
Fred DeBernardi, Hart (SS)	178-02

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

DISCUS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1968		Howard Montgomery, John Glenn	178-01
1969		Dave Gordon, El Modena	171-06.50
1970		Roger Freburg, San Marino	169-00
1971		Fred Huston, Camarillo	182-03
1972		Fred Huston, Camarillo	169-06
1973		John Owens, Inglewood	175-06
1974		Larry Schrader, Mayfair	164-09
1975		Mark Baughman, Katella	176-03
1976		Kevin Corbett, El Dorado	184-02
1977		Mark Bryant, Antelope Valley	185-02
1978		Mark Bryant, Antelope Valley	180-04.75
1979		Hank Kraychir, San Jacinto	188-07
1980		Gary Zimmerman, Walnut	190-10
1981		Antonio Dobbins, Burroughs/Ridgecrest	190-11
1982		Antonio Dobbins, Burroughs/Ridgecrest	186-03
1983		Deron Lord, South Pasadena	172-01
1984		Tambi Wenj, Fountain Valley	181-01
1985		Brian Blutreich, Capistrano Valley	191-11
1986		Mike Bain, Corona del Mar	179-01
1987	MC	David Bultman, Royal	184-08
	4-A	David Bultman, Royal	183-11
	3-A	Mike Bain, Corona del Mar	184-06
	2-A	Sean Ullom, Orange	160-03
	1-A	Mike Tozzi, Paso Robles	169-00
1988	MC	Kaleaph Carter, Edison	178-03
	4-A	Damien Jenkins, Saugus	170-00
	3-A	Rick Fuller, Arroyo	170-09
	2-A	Greg Hirschler, Lompoc	170-01
	1-A	Chris Tipton, Kern Valley	161-04
1989	MC	John Gallagher, Palm Desert	189-03
	4-A	Jim Nevelle, Palmdale	177-09
	3-A	John Gallagher, Palm Desert	181-07
	2-A	Robert Clark, Walnut	173-04
	1-A	Donald Willis, Cabrillo	160-01
1990	MC	Andy Marrone, Dana Hills	184-01
	4-A	Andy Marrone, Dana Hills	192-01
	3-A	Greg Hodel, Don Lugo	184-11
	2-A	David Partin, Mayfair	182-03
	1-A	Donald Willis, Cabrillo	170-08
1991	MC	Mark Parlin, Esperanza	184-04
	4-A	Mike Balian, Damien	166-01
	3-A	Brian Righetti, Ventura	173-00
	2-A	Gabriel Torre, Notre Dame/Riverside	174-03
	1-A	Robert Degnan, Atascadero	174-11
1992	MC	Chad Peare, Trabuco Hills	176-00
	4-A	Tyson Lingenfelter, Upland	162-02
	3-A	Justin Werth, Ventura	166-00
	2-A	Gabriel Torre, Notre Dame/Riverside	174-11
	1-A	Fernando Cordero, San Jacinto	151-11
1993	MC	Tyson Lingenfelter, Upland	181-06
	I	T.J. Brown, Mission Viejo	160-07
	II	Tyson Lingenfelter, Upland	168-02
	III	Chad Peare, Trabuco Hills	174-10
	IV	Matt Dickerson, Mojave	150-00
1994	MC	Coleman Johnson, Riverside Poly	182-03
	I	Jason Badee, Edison	160-11
	II	Coleman Johnson, Riverside Poly	174-06
	III	Jesse McDonald, Laguna Hills	164-07
	IV	Austin Vulich, Los Angeles Baptist	140-07
1995	MC	Chad Jones, Arroyo Grande	178-02
	I	John Bello, Rancho Cucamonga	174-04
	II	Chad Jones, Arroyo Grande	175-04
	III	Sepeher Sharifi, University	165-10
	IV	Henry Stephens, Banning	152-09
1996	MC	John Bello, Rancho Cucamonga	181-04
	I	Scott Moser, Huntington Beach	177-06
	II	Paul Neff, Arroyo Grande	156-05
	III	Jim Norum, Brea Olinda	156-10
	IV	Sam McMullen, Calvary Chapel/Santa Ana	162-07

STATE CHAMPIONS

Champion/School (Section)	Mark
Rory Kenward, San Marcos (SS)	183-11
Chris Adams, Los Altos (CC)	188-00
Chris Adams, Los Altos (CC)	201-03
Bob Otto, Porterville (CE)	184-09
Scott Overton, Los Altos (CC)	185-10
Lonnie Shelton, Bakersfield Foothill (CE)	195-05
Ray Burton, Vacaville (SJ)	193-00
Mike Alberg, Lodi (SJ)	171-11
Scott Endler, Fresno Hoover (CE)	192-10
David Thompson, Santa Ynez (SS)	190-00
David Porath, Atwater (CE)	199-05
Hank Kraychir, San Jacinto (SS)	192-09
Paul Bender, Shafter (CE)	192-09
Antonio Dobbins, Burroughs/Ridgecrest (SS)	180-10
Antonio Dobbins, Burroughs/Ridgecrest (SS)	191-01
Barry Estes, Clovis (CE)	183-04
Tambi Wenj, Fountain Valley (SS)	185-11
Brian Blutreich, Capistrano Valley (SS)	203-04
Jeff Hooper, Fair Oaks Del Campo (SJ)	187-04
David Bultman, Royal (SS)	193-06

John Wirtz, San Jose Leland (CC) 192-10

Derrick Stevens, Bakersfield (CE) 188-02

Rob Powell, Visalia Redwood (CE) 203-04

Jeff Buckey, Bakersfield (CE) 182-05

Jeff Buckey, Bakersfield (CE) 186-10

Chad Peare, Trabuco Hills (SS) 182-02

Jeremy Staat, Bakersfield (CE) 183-08

Chad Jones, Arroyo Grande (SS) 183-09

Scott Moser, Huntington Beach (SS) 185-07

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

DISCUS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1997	MC	Scott Moser, Huntington Beach	188-07
	I	Scott Moser, Huntington Beach	188-02
	II	Richard Legarra, Wilson/Hacienda Heights	165-01
	III	Jim Norum, Brea Olinda	173-03
	IV	Jesus Villarino, San Jacinto	153-02
1998	MC	Reedus Thurman, Serra	200-04
	I	Travis Pendleton, Esperanza	165-08
	II	Richard Legarra, Wilson/Hacienda Heights	190-09
	III	Reedus Thurman, Serra	189-10
	IV	Michael Murray, St Monica	152-00
1999	MC	Darrel Barnett, Leuzinger	186-06
	I	Travis Pendleton, Esperanza	183-07
	II	Joe Weber, Pacific	180-00
	III	Derrel Barnett, Leuzinger	176-11
	IV	Vili Morton, Twentynine Palms	163-00
2000	MC	Travis Pendleton, Esperanza	197-04
	I	Travis Pendleton, Esperanza	199-02
	II	Sean Shields, Arroyo Grande	180-10
	III	David Guerin, Leuzinger	164-03
	IV	Chris Gocong, Carpinteria	175-02
2001	MC	Sean Shields, Arroyo Grande	196-10
	I	Sean Shields, Arroyo Grande	209-09
	II	Nick Nelthorpe, Riverside Poly	166-03
	III	James Ferguson, Rosemead	160-05
	IV	Bevin Mills, St. Joseph/Santa Maria	164-10
2002	MC	Jarered Morgan, La Quinta/La Quinta	200-03
	I	Greg Garza, Indio	180-02
	II	Jarered Morgan, La Quinta/La Quinta	193-01
	III	Ed Cornell, Burroughs/Ridgecrest	165-04
	IV	Kyle Hammerquist, Webb	178-02
2003	MC	Kyle Davis-Hammerquist, Webb	180-04
	I	Mark Lewis, Arroyo Grande	180-09
	II	David Sampson, Cypress	172-04
	III	John Ludden, Harvard-Westlake	167-03
	IV	Kyle Davis-Hammerquist, Webb	178-11
2004	MC	Matt Gray, Esperanza	189-04
	I	Matt Gray, Esperanza	189-09
	II	Eki Faagai, Huntington Beach	177-04
	III	Eddie Cornell, Burroughs/Ridgecrest	187-05
	IV	Kyle Davis-Hammerquist, Webb	176-00
2005	MC	Matt Swarbrick, Saugus	186-09
	I	Matt Swarbrick, Saugus	182-07
	II	Danny Rohr, Arroyo Grande	188-05
	III	Kevin Vega, Apple Valley	172-06
	IV	Carlton Gillespie, St. Bonaventure	172-03
2006	MC	Nick Robinson, El Toro	195-02
	I	Curtis Johnson, Paramount	170-08
	II	Nick Robinson, El Toro	194-05
	III	Richard Valenti, Palm Desert	160-05
	IV	Javier Lee, Valley Christian/Cerritos	164-08
2007	MC	Derek Johnson, Agoura	194-02
	I	Raul Gonzalez, Alta Loma	173-09
	II	Derek Johnson, Agoura	196-04
	III	Blake Ayles, Orange Lutheran	190-06
	IV	Julius Joseph, Serra	148-02
2008	MC	Cecil Whiteside, Newport Harbor	176-04
	I	Jake Pendleton, Esperanza	167-00
	II	Cecil Whiteside, Newport Harbor	168-07
	III	Blake Ayles, Orange Lutheran	184-06
	IV	Justin Cutler, Templeton	176-06
2009	MC	Cecil Whiteside, Newport Harbor	182-05
	I	Jake Pendleton, Esperanza	163-00
	II	Daniel Swarbrick, Saugus	178-08
	III	Conor McCullough, Chaminade	170-02
	IV	John Sua, St. Joseph/Santa Maria	156-09
2010	MC	Will Parsons, La Habra	180-07
	1	Ma'a Brown, Paramount	178-03
	2	Will Parsons, La Habra	179-00
	3	Brett Olsen, Burroughs/Ridgecrest	174-01
	4	Branden Owen, Paraclete	145-02

STATE CHAMPIONS

Champion/School (Section)	Mark
Scott Moser, Huntington Beach (SS)	203-02
Reedus Thurman, Serra (SS)	202-01
Dan Ames, El Capitan (SD)	199-09
Travis Pendleton, Esperanza (SS)	203-05
Sean Shields, Arroyo Grande (SS)	189-01
Jarered Morgan, La Quinta/La Quinta (SS)	194-01
Nik Kay, Los Gatos (CC)	203-03
Daniel Schaeerer, The Bishop's School (SD)	206-05
Darius Savage, San Diego Morse (SD)	194-08
Darius Savage, San Diego Morse (SD)	205-06
Derek Johnson, Agoura (SS)	203-06
Dayshan Ragans, Foothill (CE)	202-06
Matt Darr, Foothill (CE)	192-00
Willy Irvin, Clovis East (CE)	207-08

ALL-TIME BOYS TRACK/FIELD INDIVIDUAL CHAMPIONS

DISCUS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2011	MC	Ryan Hunter-Simms, San Geronio	192-05
	1	Jake Fraser, El Toro	183-02
	2	Ethan Cochran, Newport Harbor	195-04
	3	Jayson Kovar, Burroughs/Ridgecrest	179-05
	4	Isaiah Braithwaite, Maranatha	152-03
2012	MC	Ethan Cochran, Newport Harbor	197-10
	1	Quaid Vonnannon, San Clemente	176-04
	2	Ethan Cochran, Newport Harbor	191-02
	3	Jayson Kovar, Burroughs/Ridgecrest	182-09
	4	Zack Bornstein, Oaks Christian	159-01
2013	MC	Nick Ponzio, Great Oak	186-05
	1	Eric Bielke, Ventura	175-08
	2	Marty Taylor, Newport Harbor	181-05
	3	Zack Tombol, Servite	173-05
	4	Sullivan Wall, Grace Brethren	170-04
2014	MC	Malik McMorris, Mater Dei	192-11
	1	Rocky Fenton, San Clemente	172-09
	2	Malik McMorris, Mater Dei	180-08
	3	Luke Wattenberg, JSerra	161-11
	4	Jeremy Franklin, Serra	169-02
2015	MC	Malik McMorris, Mater Dei	182-01
	1	Tyler Merkley, Los Osos	181-01
	2	Mali Morris, Mater Dei	182-01
	3	Bronson Osborn, Esperanza	174-04
	4	Andrew Wilson, Twentynine Palms	157-06
2016	MC	Kyle Carrillo, Westlake	200-01
	1	Seth Knowlton, Great Oak	181-06
	2	Kyle Carrillo, Westlake	192-00
	3	Bronson Osborn, Esperanza	187-07
	4	Anthony Garcia, Edgewood	162-06
2017	MC	Robbie Otal, Oak Park	201-01
	1	Josh Johnson, Valley View	181-11
	2	Garrett Kocab, Serrano	180-01
	3	Robbie Otal, Oak Park	197-09
	4	Gavin Fua, Valley Christian/Cerritos	163-00
2018	MC	Clifford McMullen, Hart	184-06
	1	Aluesi Donal, Fontana	179-04
	2	Carlos Aviles, Ventura	176-10
	3	Jeff Duensing, Esperanza	182-07
	4	Gavin Fua, Valley Christian/Cerritos	177-01
2019	MC	Aidan Elbettar, Newport Harbor	189-10
	1	Gino Cruz, Newbury Park	181-04
	2	Aidan Elbettar, Newport Harbor	193-03
	3	Jeff Duensing, Esperanza	190-09
	4	Adam Mapuatuli, Twentynine Palms	147-03
2020	No Playoffs - Covid-19		
2021	1	Ugonna Ikejiofor, Downey	182-07
	2	Donovan Kienan, Golden Valley	159-10
	3	Adeoye Sulaymen, Notre Dame/Sherman Oaks	164-04
	4	Christian Burroughs, Ontario Christian	160-01
2022	MC	Terraine Wiggins Jr. Golden Valley	196-10
	1	Cade Moran, Murrieta Mesa	201-04
	2	Terraine Wiggins Jr., Golden Valley	196-01
	3	Brendon See, JSerra	181-07
	4	Christian Burroughs, Ontario Christian	161-02
2023	MC	Justice Mephors, JW North	184-07
	1	Kai Deines, Redondo Union	180-08
	2	Justice Mephors, JW North	175-04
	3	Mikel Udengwu, John Geln	193-00
	4	Harrison Cornell, Ontario Christian	159-07
2024	1	Jayden Epps, Paloma Valley	187-07
	2	Omar Sanchez, Norco	165-05
	3	Zach Lewis, Pacifica/GG	178-01
	4	Mark Cyr, St. Margaret's	156-11

STATE CHAMPIONS

Champion/School (Section)	Mark
Ethan Cochran, Newport Harbor (SS)	185-09
Ethan Cochran, Newport Harbor (SS)	196-04
Brenden Song, West Hills (SD)	188-08
Rocky Fenton, San Clemente (SS)	184-10
Charles Lenford, Oceanside (SD)	195-04
Bronson Osborn, Esperanza (SS)	200-10
Iffy Joyner, Pittsburg (NC)	203-08
Christian Lavallo, Misson Viejo (SS)	182-07
Gino Cruz, Newbury Park (SS)	191-11
No Playoffs - Covid 19	
Brendon See, JSerra Catholic (SS)	203-10
Brendon See, JSerra Catholic	196-04
McKay Madsen, Clovis North Ces	206-8

ALL-TIME BOYS TRACK/FIELD RECORDS

ALL-TIME BEST MARKS

<u>Event</u>	<u>Athlete</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
100 Meters	Henry Thomas	Hawthorne	10.25	1985
200 Meters	Sultan McCullough	Muir	20.62	1997
400 Meters	Obea Moore	Muir	45.81	1996
800 Meters	Michael Granville	Bell Gardens	1:46.45	1996
1600 Meters	Ryan Hall	Big Bear	4:02.62	2001
3200 Meters	Eric Hulst	Laguna Beach	8:44.6yht	1976
110-Meter High Hurdles	Steve Kerho	Mission Viejo	13.41	1982
300-Meter Intermediate Hurdles	George Porter	Cabrillo	35.32	1985
400-Meter Relay		Long Beach Poly	40.14	1999
1600-Meter Relay		Hawthorne	3:07.40	1985
High Jump	Jeremy Fischer	Camarillo	7-04	1994
Pole Vault	Anthony Curran	Crespi	17-04.25	1978
Long Jump	Jerry Proctor	Muir	25-07	1967
	James McAllister	Blair	25-07	1970
Triple Jump	Charles Mayfield	Muir	52-10.50	1980
Shot Put	Brian Blutreich	Capistrano Valley	69-6.50	1985
Discus Throw	Brian Blutreich	Capistrano Valley	210-08	1985

ALL-TIME DIVISIONAL RECORDS

DIVISION 1

<u>Event</u>	<u>Athlete</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
100 Meters	Jordan Washington	Jordan	10.24	2023
200 Meters	Michael Norman	Vista Murrieta	20.23	2016
400 Meters	Michael Norman	Vista Murrieta	45.19	2016
800 Meters	Michael Granville	Bell Gardens	1:47.94	1996
1600 Meters	Jon Butler	Edison	4:06.75	1981
3200 Meters	Eric Reynolds	Camarillo	8:49.88	1983
110-Meter High Hurdles	Ken-Yon Rambo	Long Beach Poly	13.86	1997
300-Meter Intermediate Hurdles	Makio Haywood	Muir	36.69	1996
400-Meter Relay		Hawthorne	40.36	1989
1600-Meter Relay		Dominguez	3:11.87	2008
High Jump	Sean Lee	Trabuco Hills	7-2.50	2018
Pole Vault	Amari Turner	Redondo Union	17-10	2018
Long Jump	Ted Hammond	Compton	25-06.25	1973
Triple Jump	Marcus Hooks	Lakewood	52-03.50	1986
Shot Put	Dave Kurrasch	Newport Harbor	68-05	1975
Discus Throw	Sean Shields	Arroyo Grande	209-09	2001

DIVISION 2

100 Meters	Bryan Howard	Canyon Springs	10.43	1994
200 Meters	Bryan Howard	Canyon Springs	20.76	1994
400 Meters	Josh Mance	Don Lugo	46.32	2010
800 Meters	Cory Primm	Westlake	1:50.90	2007
1600 Meters	Terry Williams	Lompoc	4:08.4yht	1973
3200 Meters	Jeff Nelson	Burbank	8:51.22y	1979
110-Meter High Hurdles	Terry Johnson	Katella	14.01	1986
300 Meter Intermediate Hurdles	Reggie Wyatt	J.W. North	36.57	2007
400-Meter Relay		Hawthorne	40.89	1983
1600-Meter Relay		Hawthorne	3:13.86	1983
High Jump	Elliott Parks	El Toro	7-02	1997
Pole Vault	Greg Woepse	Mater Dei	16-06	2006
Long Jump	Ryan Butts	Antelope Valley	24-04.75	2008
Triple Jump	Jaalen Spencer	Sultana	50-02.25	2011
Shot Put	Mark Parlin	Esperanza	66-07.50	1991
Discus Throw	Bo Taylor	Newport Harbor	199-10	2006

DIVISION 3

100 Meters	Remontay McClain	Covina	10.31	2011
200 Meters	Remontay McClain	Covina	20.68	2011
400 Meters	Mike Turner	Centennial/Compton	46.92	1980
	Jalen Craver	Woodbridge	46.92	2010
800 Meters	Luis Quintana	Arroyo Grande	1:51.91	1990
1600 Meters	Michael Coe	Cabrillo/Lompoc	4:05.07	2006
3200 Meters	Eric Hulst	Laguna Beach	8:53.0yht	1976
110-Meter High Hurdles	Steve Kerho	Mission Viejo	13.65	1982
300-Meter Intermediate Hurdles	George Porter	Cabrillo	36.25	1984
400-Meter Relay		St. John Bosco	40.94	2018
1600-Meter Relay		Centennial	3:15.61	1980

ALL-TIME BOYS TRACK/FIELD RECORDS

DIVISION 3 (Cont.)

<u>Event</u>	<u>Athlete</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
High Jump	Doug Nordquist	Sonora	6-10	1977
	Delvon Davis	Miraleste	6-10	1978
	George Steelman	Yucaipa	6-10	1978
	Myron Williams	Orange	6-10	1987
	Andy Lobpries	Western	6-10	1988
	Marty Brossett	South Torrance	6-10	1996
Pole Vault	Greg Ernst	El Dorado	16-05.50	1978
Long Jump	Jerry Herndon	Cajon	24-09.25	1973
Triple Jump	Phouphet Singbandith	Magnolia	50-02.25	1990
Shot Put	Matt Katnik	St. John Bosco	71-11.50	2015
Discus Throw	Blake Ayles	Orange Lutheran	190-06	2007

DIVISION 4

100 Meters	Warren Rogers	Serra	10.47	2000
200 Meters	Rodrick Pleasant	Serra	20.53	2023
400 Meters	Robert Woods	Serra	46.99	2010
800 Meters	Coley Candaele	Carpinteria	1:50.87	1990
1600 Meters	Ryan Hall	Big Bear	4:05.78	2000
3200 Meters	Chad Hall	Big Bear	8:58.42	2006
110-Meter High Hurdles	George Porter	Cabrillo	14.29	1985
300-Meter Intermediate Hurdles	George Porter	Cabrillo	35.57	1985
400-Meter Relay		Serra	40.97	2000
1600-Meter Relay		Serra	3:12.52	2010
High Jump	Harrison Steed	JSerra	7-00	2008
Pole Vault	Johnny Quinn	St. Margaret's	16-08	2006
Long Jump	Adoree Jackson	Serra	25-00	2013
Triple Jump	Rudy Burgess	Desert	48-08.75	2003
Shot Put	Noah Bryant	Carpinteria	66-00.50	2002
Discus Throw	Kyle Hammerquist	Webb	180-08	2004

ALL-TIME BOYS CIF STATE MEET RECORDS

<u>EVENT</u>	<u>ATHLETE</u>	<u>SCHOOL (SECTION)</u>	<u>MARK</u>	<u>YEAR</u>
100 Meters	Riley Washington	Southwest (SD)	10.30	1992
200 Meters	Michael Norman	Vista Murrieta, Murrieta (SS)	20.42	2016
400 Meters	Michael Norman	Vista Murrieta, Murrieta (SS)	45.19	2015
800 Meters	Michael Granville	Bell Gardens (SS)	1:46.45	1996
1600 Meters	German Fernandez	Riverbank (SJ)	4:00.29	2008
3200 Meters	German Fernandez	Riverbank (SJ)	8:34.23	2008
110-Meter High Hurdles	Kevin Craddock	James Logan (NC)	13.39	2004
300-Meter Intermediate Hurdles	Reggie Wyatt	La Sierra (SS)	35.02	2009
400-Meter Relay		Hawthorne (SS)	40.24	1989
1600-Meter Relay		Muir (SS)	3:08.66	1996
High Jump	Lee Balkin	Glendale (SS)	7-03.25	1979
Pole Vault	Sondre Guttoronsen	Davis (SJ)	17-10	2018
Long Jump	James Stallworth	Tulare (CE)	26-04.75	1989
Triple Jump	Marcus Hooks	Lakewood (SS)	52-10.75	1986
Shot Put	Brent Noon	Fallbrook (SD)	74-04.75	1990
Discus Throw	Bo Taylor	Newport Harbor (SS)	213-07	2006

IMPORTANT NOTICE - RECORD CRITERIA: CIF Southern Section track and field records are recognized in championship competition only, allowing for consistency and verification of distances, wind-guage readings, measuring devices and timing apparatus. Divisional records may be set at Southern Section divisional prelims and finals only. State Meet records recognized in State Meet prelims and finals competition only.

California HS State Meet Rules Changes

Imperial / Metric Distances

1915-1979: races run in yards (Imperial)

1980→now: all races changed from Imperial to Metric distances

220yd Dash

1915-1966: race run on a straitaway

1967→now: race run on a curve

High Hurdles

BHH - 1915-1938: 120yd (42")

BHH - 1939-1979: 120yd (39")

BHH - 1980→now: 110m (39")

GLH - 1974-1976: 80y (30")

GLH - 1977-1979: 110y (30")

GLH - 1980-1992: 100m (30")

GHH - 1993→now: 100m (33")

Low/Intermediate Hurdles

BLH - 1915-1946: 30" hurdles on a 220yd straightaway.

BLH - 1946-1974: 30" hurdles on a 180yd straightaway.

BLH - 1975-1979: 30" hurdles moved to 330yd

BLH - 1980-1983: 30" hurdles moved to 300m

BIH - 1984→now: 36" hurdles at 300m.

GLH - 1981→now: 300LH (30" hurdles) was added for the Girls in 1981.

Throws

BShot – 1915→now: 12lb (for competition)

BShot – 1918-1958: 16lb (for exhibition)

GShot – 1974-1979: 8lb

GShot – 1980→now: 4k

BDisc – 1915-1932; 1950-1951: 2k

BDisc – 1954→now: 1.6k

GDisc – 1975→now: 1k

BJav – 1915 – 1932: 800g

BHammer – 1915: 16lb

Meet Scoring

1915-1928 5-3-2-1

1929-1930 5-3-2-1-½

1931-1965 5-4-3-2-1

1966-1979 6-4-3-2-1

1980-2009 10-8-6-4-2-1 (G&B)

2010→now: 10-8-6-5-4-3-2-1 (G&B)

Russ Reabold - Dec. 6, 2020

1927: relays scored 10-6-4-2

1974 Girls: 5-3-1

1975 Girls: 5-4-3-2-1

1976: Girls scoring now the same as the Boys: 6-4-3-2-1

ALL-TIME GIRLS TRACK/FIELD TEAM CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion</u>	<u>Head Coach</u>	<u>Score</u>	<u>Runner-up</u>	<u>Site</u>
1973		San Marcos	Judi Everet	21	Costa Mesa	Citrus College
1974		La Reina	JoAnn Cook	13	San Marcos-Muir	Cerritos College
1975		Royal	Sandy Williams	38	Muir	Cerritos College
1976		Arcadia	Doug Smith	21	Los Angeles Lutheran	Cerritos College
1977	4-A	Centennial	Delores Hittinger	50	Rolling Hills	Camarillo HS
	3-A	El Toro	Diane Dole	52	Beverly Hills	El Modena HS
	2-A	Canyon/Anaheim	Joyce Jackson	25	Cajon	Valencia HS
	1-A	Los Angeles Lutheran	Cheryl Rieck	56	Bishop Union	Redondo Union HS
1978	4-A	Crescenta Valley	Keith Gilliland	27	Thousand Oaks	Arcadia HS
	3-A	Garey	Ernie Prentice	37	Antelope Valley	Arcadia HS
	2-A	Canyon/Anaheim	Joyce Jackson	61	Bassett-Brawley	Arcadia HS
	1-A	Burbank Lutheran	Cheryl Reick	48	Orange Lutheran	Arcadia HS
1979	4-A	San Geronio	John Powell	52	Long Beach Poly	Cerritos College
	3-A	Cajon	Karen Marshall	50	Irvine	Cerritos College
	2-A	Rio Mesa	Nick Wilson	42	Capistrano Valley	Cerritos College
	1-A	Marshall Fundamental	Paul Bodenshot	65	Desert	Cerritos College
1980	4-A	Long Beach Poly	Ike Jones	74	Thousand Oaks	Cerritos College
	3-A	Cajon	Karen Marshall	71	North Torrance	Cerritos College
	2-A	Centennial	Frank Hicks	46	Rio Mesa	Cerritos College
	1-A	Marshall Fundamental	Paul Bodenshot	60	Alemanly	Cerritos College
1981	4-A	Muir	Vodie Bates	51	Walnut	Cerritos College
	3-A	University	Janice Rolling	64	Saugus	Cerritos College
	2-A	Garey	Terry Scott	42	Capistrano Valley	Cerritos College
	1-A	Valley Christian/Cerritos	Mary Schutten	50	Marshall Fundamental	Cerritos College
1982	4-A	Jordan	William Eden	53	Long Beach Poly	Cerritos College
	3-A	Hawthorne	Kye Courtney	85	University	Cerritos College
	2-A	Ganesha	Ed Hackett	60	Chino	Cerritos College
	1-A	Marshall Fundamental	Paul Bodenshot	74	Alemanly	Cerritos College
1983	4-A	Millikan	Rod Petkovich	53	Long Beach Poly	Cerritos College
	3-A	Hawthorne	Kye Courtney	63	Walnut-Valencia	Cerritos College
	2-A	Ganesha	Ed Hackett	54	Chino	Cerritos College
	1-A	Louisville	Larry Parish	44	Santa Ynez	Cerritos College
1984	4-A	Compton	Curtiss Seymore	60	Muir	Cerritos College
	3-A	Ganesha	Ed Hackett	55	Esperanza	Cerritos College
	2-A	Valencia	Harry Dolen	56	Indio	Cerritos College
	1-A	Rim of the World	Ron Warner	40	Valley Christian/Cerritos	Cerritos College
1985	4-A	Muir	Jim Brownfield	90	Hawthorne	Mt. San Antonio College
	3-A	Pomona	Herbert Robinson	45	Newport Harbor	Mt. San Antonio College
	2-A	Arroyo Grande	Greg DeNike	60 1/2	Valencia	Mt. San Antonio College
	1-A	Santa Ynez	Kit Myers	57	St. Joseph/Santa Maria	Mt. San Antonio College
1986	4-A	Hawthorne	Kye Courtney	66	Long Beach Poly	Cerritos College
	3-A	Pomona	Gary Rudin	40	Woodbridge	Cerritos College
	2-A	Morningside	Ron Tatum	53	Cajon	Cerritos College
	1-A	Cabrillo	Jesse Davis	47 1/2	Yucaipa	Cerritos College
1987	4-A	Long Beach Poly	Maurice Valentine	62	Thousand Oaks	Cerritos College
	3-A	Upland	Robert Sprung	43	Corona del Mar	Cerritos College
	2-A	Walnut	Anthony Gomez	40	Alemanly	Cerritos College
	1-A	Paso Robles	Kelley Moore	44	Atascadero	Cerritos College
1988	4-A	Hawthorne	Kye Courtney	77	Rio Mesa	Cerritos College
	3-A	Corona del Mar	Steve Kaczynski	56	Pomona	Cerritos College
	2-A	Woodbridge	George Varvas	49	Cajon	Cerritos College
	1-A	Agoura	Bill Duley	65	Paso Robles	Cerritos College
1989	4-A	Muir	Jim Brownfield	69	Santa Monica	Cerritos College
	3-A	Upland	Robert Sprung	50	Rio Mesa	Cerritos College
	2-A	Woodbridge	George Varvas	61	St. Bernard	Cerritos College
	1-A	Agoura	Bill Duley	71	Atascadero	Cerritos College
1990	4-A	Muir	Jim Brownfield	84	Mission Viejo	Cerritos College
	3-A	Rio Mesa	Rick Torres	63	Estancia	Cerritos College
	2-A	Morningside	Ron Tatum	95	Woodbridge	Cerritos College
	1-A	Atascadero	Kathy Devaney	70	Agoura	Cerritos College
1991	4-A	Muir	Jim Brownfield	93	Long Beach Wilson	Cerritos College
	3-A	Rio Mesa	Rick Torres	66	Thousand Oaks	Cerritos College
	2-A	Morningside	Ron Tatum	90	St. Bernard	Cerritos College
	1-A	Orange Lutheran	Jon Zimmerman	76	Pius X	Cerritos College
1992	4-A	Long Beach Poly	Don Norford	81	Muir	Cerritos College
	3-A	Thousand Oaks	Art Green	58	Edison	Cerritos College
	2-A	Morningside	Ron Tatum	96	Torrance	Cerritos College
	1-A	Pius X	Fred Riley	61	Fillmore	Cerritos College

ALL-TIME GIRLS TRACK/FIELD TEAM CHAMPIONS

<u>YEAR</u>	<u>DIV.</u>	<u>CHAMPION</u>	<u>HEAD COACH</u>	<u>SCORE</u>	<u>RUNNER-UP</u>	<u>SITE</u>
1993	I	Long Beach Poly	Don Norford	81	Muir	Cerritos College
	II	Newport Harbor	Eric Tweit	43	Esperanza	Cerritos College
	III	Morningside	Ron Tatum	82	Torrance	Cerritos College
	IV	Cate	Jeff Barton	46	Paraclete	Cerritos College
1994	I	Long Beach Poly	Don Norford	82	Muir	Veterans Stadium
	II	Esperanza	Al Britt	50	Canyon Springs	Veterans Stadium
	III	Morningside	Ron Tatum	78	South Hills	Veterans Stadium
	IV	Cate	Jeff Barton	46	St. Mary's	Veterans Stadium
1995	I	Long Beach Poly	Don Norford	94	Esperanza	Cerritos College
	II	J.W. North	Charles Leathers	52	Mission Viejo	Cerritos College
	III	Morningside	Ron Tatum	89	St. Bernard	Cerritos College
	IV	St. Mary's	Charles Nall	60	Marshall	Cerritos College
1996	I	Long Beach Wilson	Terry Kennedy	76	Long Beach Poly	Veterans Stadium
	II	J.W. North	Charles Leathers	61	Mission Viejo	Veterans Stadium
	III	Morningside	Ron Tatum	85	St. Bernard	Veterans Stadium
	IV	St. Mary's	Charles Nall	62	Marshall	Veterans Stadium
1997	I	Long Beach Poly	Don Norford	98	Long Beach Wilson	Cerritos College
	II	J.W. North	Charles Leathers	78	Woodbridge	Cerritos College
	III	St. Bernard	James Swain	84	Nordhoff	Cerritos College
	IV	St. Mary's	Charles Nall	66	Pasadena Poly	Cerritos College
1998	I	Long Beach Wilson	Terry Kennedy	84	Long Beach Poly	Cerritos College
	II	J.W. North	Charles Leathers	69	Mission Viejo	Cerritos College
	III	St Bernard	James Swain	58	Brea Olinda	Cerritos College
	IV	Marymount	Jack Dawson	67	Pasadena Poly	Cerritos College
1999	I	Long Beach Wilson	Terry Kennedy	72	J.W. North	Cerritos College
	II	Santa Margarita	Gil Garcia	59	Woodbridge	Cerritos College
	III	Atascadero	Donna Johnson	48	University	Cerritos College
	IV	Marymount	Jack Dawson	74	Co-Champions	Cerritos College
2000	I	Pasadena Poly	Rick Carragher	74		
	II	J.W. North	Charles Leathers	98	LB Poly-LB Wilson	Cerritos College
	III	Sultana	Ron Bonner	63	Woodbridge	Cerritos College
	IV	Corona del Mar	Bill Sumner	60	Notre Dame/Sherman Oaks	Cerritos College
2001	I	La Salle	Fred Riley	64	Los Angeles Baptist	Cerritos College
	II	Long Beach Poly	Don Norford	107	J.W. North	Cerritos College
	III	Gahr	Dan Fitzpatrick	77	Rio Mesa	Cerritos College
	IV	Corona del Mar	Bill Sumner	52	Muir	Cerritos College
2002	I	Pasadena Poly	Rick Carragher	58	Los Angeles Baptist	Cerritos College
	II	Long Beach Poly	Don Norford	129	J.W. North	Cerritos College
	III	Gahr	Dan Fitzpatrick	56	Woodbridge	Cerritos College
	IV	Morningside	Ronald Tatum	47	Atascadero	Cerritos College
2003	I	La Salle	Fred Riley	74		
	II	Los Angeles Baptist	Dave Martinez	74	Co-Champions	Cerritos College
	III	Long Beach Poly	Don Norford	133	Long Beach Wilson	Cerritos College
	IV	J.W. North	Charles Leathers	136	Woodbridge	Cerritos College
2004	I	Muir	Michael Knowles	49	Santa Margarita	Cerritos College
	II	Serra	Richard Gatlin	42	Los Angeles Baptist	Cerritos College
	III	Long Beach Poly	Don Norford	117	Long Beach Wilson	Cerritos College
	IV	J.W. North	Charles Leathers	114	Mater Dei	Cerritos College
2005	I	Muir	Mchael I Knoes	74	Diamond Ranch	Cerritos College
	II	Orange Lutheran	Jonathon Zimmerman	60	Serra	Cerritos College
	III	Long Beach Wilson	Terry Kennedy	105	Rancho Cucamonga-	
	IV	Claremont	Rich Ede	61	Long Beach Poly	Cerritos College
2006	I	Corona del Mar-Muir	Bill Sumner-Mike Knowles	86	J.W. North	Cerritos College
	II	St. Mary's Academy	Rene Anderson	61.5	Orange Lutheran	Cerritos College
	III	Long Beach Wilson	Terry Kennedy	90	Long Beach Poly	Cerritos College
	IV	J.W. North	Charles Leathers	67	Woodbridge-Mayfair	Cerritos College
2007	I	Corona del Mar	Bill Sumner	70	John Muir	Cerritos College
	II	Marlborough	Jimmie Grant	82	St. Mary's Academy	Cerritos College
	III	Rancho Verde	Chris Drescher	65	Long Beach Poly	Cerritos College
	IV	J.W. North	Charles Leathers	65	Woodbridge	Cerritos College
2008	I	Corona del Mar	Bill Sumner	80	Notre Dame/Sherman Oaks	Cerritos College
	II	Marlborough	Jimmie Grant	112	St. Mary's Academy	Cerritos College
	III	Long Beach Poly	Don Norford	106	Rancho Verde	Mt. San Antonio College
	IV	Woodbridge	George Varvas	55	North Torrance	Mt. San Antonio College
2009	I	San Luis Obispo	Steve Boaz	60	Santa Margarita	Mt. San Antonio College
	II	St. Mary's Academy	Rene Anderson	105.5	Marlborough	Mt. San Antonio College
	III	Long Beach Poly	Don Norford	100.5	Rancho Verde	Cerritos College
	IV	Rio Mesa	Brian Fitzgerald	62	Saugus	Cerritos College
	I	San Luis Obispo	Steve Boaz	90	Orange Lutheran,	
	II	Serra	Lori-Smith Thompson	108	Corona del Mar	Cerritos College
	III				St. Mary's Academy	Cerritos College

ALL-TIME GIRLS TRACK/FIELD TEAM CHAMPIONS

<u>YEAR</u>	<u>DIV.</u>	<u>CHAMPION</u>	<u>HEAD COACH</u>	<u>SCORE</u>	<u>RUNNER-UP</u>	<u>SITE</u>
2010	1	Long Beach Poly	Don Norford	105.5	La Sierra	Cerritos College
	2	Saugus	Christian Standley	43	Carter	Cerritos College
	3	Oak Park	Kevin Smith	63	Harvard Westlake	Cerritos College
	4	Serra	Lori-Smith Thompson	119	St. Mary's Academy	Cerritos College
2011	1	Long Beach Poly	Don Norford	148	Roosevelt/Los Osos	Cerritos College
	2	Mater Dei	Rick Martinez	51	Saugus	Cerritos College
	3	Harvard Westlake	Jonas Koolsbergen	66	San Luis Obispo	Cerritos College
	4	Serra	Lori-Smith Thompson	104	Oaks Christian	Cerritos College
2012	1	Long Beach Poly	Don Norford	86	Roosevelt	Mt. San Antonio College
	2	Simi Valley	Roger Evans	56	Cajon	Mt. San Antonio College
	3	South Pasadena	P.J. Hernandez	62	Mater Dei	Mt. San Antonio College
	4	Serra	Lori-Smith Thompson	115	St. Mary's Academy	Mt. San Antonio College
2013	1	Long Beach Poly	Don Norford	69	Roosevelt	Mt. San Antonio College
	2	Colony	Jaime Sandoval	54	Redondo Union	Mt. San Antonio College
	3	Aleman	Micheal Wellington	87	Mater Dei	Mt. San Antonio College
	4	St. Mary's Academy	Rene Anderson	104	Oaks Christian	Mt. San Antonio College
2014	1	Long Beach Poly	Don Norford	124	Vista Murrieta	Cerritos College
	2	Redlands	April Berry	67.5	Redondo Union	Cerritos College
	3	Harvard Westlake	Jonas Koolsbergen	81	Aleman	Cerritos College
	4	Oaks Christian	Wes Smith	123	St. Mary's Academy	Cerritos College
2015	1	Long Beach Poly	Crystal Irving	61	Great Oak	Cerritos College
	2	Redlands	April Berry	66	J.W. North	Cerritos College
	3	Santa Margarita	Gil Garcia	69	Harvard-Westlake	Cerritos College
	4	Oaks Christian	Wes Smith	131	St. Mary' Academy	Cerritos College
2016	1	Great Oak	Doug Soles	49	Mira Costa	Cerritos College
	2	Mission Viejo	Chase Frazier	74	Westlake	Cerritos College
	3	Santa Margarita	Gil Garcia	78.75	Calabasas	Cerritos College
	4	Oaks Christian	Wesley Smith	122	St. Bonaventure	Cerritos College
2017	1	Long Beach Poly	Crystal Irving	56	Great Oak	Cerritos College
	2	Westlake	Kyle Kegley	56	Mira costa	Cerritos College
	3	Santa Margarita	Gil Garcia	112	Calabasas	Cerritos College
	4	Oaks Christian	Wesley Smith	64	Serra	Cerritos College
2018	1	Great Oak	Doug Soles	65	Long Beach Poly	El Camino College
	2	Mater Dei	Rick Martinez	60	Calabasas	El Camino College
	3	Santa Margarita	Gil Garcia	77	Aleman	El Camino College
	4	Serra	Chris Calvin	72	Muir	El Camino College
2019	1	Roosevelt	Shonna Bernard-Joseph	58	Long Beach Poly	El Camino College
	2	Mission Viejo	Chase Frazier	72	Calabasas	El Camino College
	3	Santa Margarita	Sean Zeitler	89	Orange Lutheran	El Camino College
	4	Oaks Christian	Wesley Smith	73	Serra	El Camino College
2020	No Playoffs - Covid-19					
2021	1	Poly/Long Beach	Crystal Irving	60	Roosevelt	Trabuco Hills HS
	2	JW North	Milton Browne	78.5	Golden Valley	Moorpark HS
	3	Harvard Westlake	Jonas Koolsbergen	93	Notre Dame/Sherman Oaks	Estancia HS
	4	Oaks Christian	Wesley Smith	156.33	St. Anthony	Carpinteria HS
2022	1	Roosevelt	Shonna Bernard-Joseph	61	Poly/Long Beach	Moorpark HS
	2	Golden Valley	Jalonick Davis	86	Culver City	Moorpark HS
	3	Calabasas	Jeff Clanagan	80	Harvard Westlake	Moorpark HS
	4	Serra	Richard Jenkins	83	Oaks Christian	Moorpark HS
2023	1	Wilson/Long Beach	Neil Nelson	74	Poly/Long Beach	Moorpark HS
	2	Culver City	Jahmal Wright	62	Golden Valley	Moorpark HS
	3	JSerra	Chase Frazier	128.5	Notre Dame/Sherman Oaks	Moorpark HS
	4	Oaks Christian	Wesley Smith	133	Serra	Moorpark HS
2024	1	Long Beach Poly	Crystal Irving	96	Wilson - Long Beach	Moorpark HS
	2	Calabasas	Jeff Clanagan	64	Newport Harbor	Moorpark HS
	3	JSerra	Chase Frazier	76	South Pasadena	Moorpark HS
	4	St. Mary's Academy	Robert King	75	Rosary Academy	Moorpark HS

ALL-TIME GIRLS TRACK/FIELD STATE TEAM CHAMPIONS

<u>Year</u>	<u>Champion (Section)</u>	<u>Head Coach</u>	<u>Score</u>	<u>Site</u>
1974	Berkeley (NC)	Willie White	13	Bakersfield College
1975	Washington (LA)	Arnice Reddick	22	Balboa Stadium, San Diego
1976	Berkeley (NC)	Willie White	20	Edwards Stadium, Berkeley
1977	Locke (LA)	Cherie Muller	14	UCLA
1978	San Jose Andrew Hill (CC)	John Johnigan	16	Bakersfield
1979	Westchester (LA)	Pat Nordell	24	Hughes Stadium, Sacramento
1980	Granada Hills Kennedy (LA)	Dixie Griffin	48	Edwards Stadium, Berkeley
1981	Berkeley (NC)	Willie White	64	Cerritos College
1982	Berkeley (NC)	Willie White	48	Hughes Stadium, Sacramento
1983	Berkeley (NC)	Willie White	29	Bakersfield College
1984	Woodside (CC)	Susie Wilson	38	Los Angeles Coliseum
1985	Muir (SS)	Jim Brownfield	55	Hughes Stadium, Sacramento
1986	Hawthorne (SS)	Kye Courtney	40	Cerritos College
1987	Pomona (SS)	Isaiah Sanders	30	Hughes Stadium, Sacramento
1988	Bakersfield (CE)	Scott Semar	28	Cerritos College
1989	Muir (SS)	Jim Brownfield	36	Cerritos College
1990	Bakersfield (CE)	Scott Semar	61	Cerritos College
1991	Morningside (SS)	Ron Tatum	28	Cerritos College
1992	Long Beach Poly (SS)	Don Norford	39	Cerritos College
1993	Long Beach Poly (SS)	Don Norford	56	Cerritos College
1994	Skyline (OK)	Darrell Hampton	36	Cerritos College
1995	Long Beach Poly (SS)	Don Norford	52	Cerritos College
1996	Long Beach Wilson (SS)	Terry Kennedy	43	Cerritos College
1997	Long Beach Poly (SS)	Don Norford	49	Hughes Stadium, Sacramento
1998	Long Beach Poly (SS)	Don Norford	42	Cerritos College
	Long Beach Wilson (SS)	Terry Kennedy	42	
1999	J.W. North (SS)	Charles Leathers	42	Hughes Stadium, Sacramento
2000	J.W. North (SS)	Charles Leathers	45	Cerritos College
2001	Long Beach Poly (SS)	Don Norford	59	Hughes Stadium, Sacramento
2002	J.W. North (SS)	Charles Leathers	57	Cerritos College
2003	Long Beach Poly (SS)	Don Norford	62	Cerritos College
2004	Long Beach Poly (SS)	Don Norford	80	Hughes Stadium, Sacramento
2005	Tracy Merrill West (SJ)	John Harvey	48	Hughes Stadium, Sacramento
2006	Long Beach Wilson (SS)/James Logan (NC)	Terry Kennedy/Lee Webb	37	Cerritos College
2007	Mt Pleasant (CC)	Steve Nelson	44	Hughes Stadium, Sacramento
2008	Long Beach Poly (SS)	Don Norford	39	Cerritos College
2009	Long Beach Poly (SS)	Don Norford	45	Buchanan High School, Clovis
2010	Long Beach Poly (SS)	Don Norford	51.33	Buchanan High School, Clovis
2011	Long Beach Poly (SS)	Don Norford	63	Buchanan High School, Clovis
2012	Serra (SS)	Lori-Smith Thompson	60	Buchanan High School, Clovis
2013	Long Beach Poly (SS)	Don Norford	49	Buchanan High School, Clovis
2014	Long Beach Poly (SS)	Don Norford	70	Buchanan High School, Clovis
2015	Oaks Christian (SS)	Wes Smith	34	Buchanan High School, Clovis
2016	Carson (LA)	Amit Lal	40	Buchanan High School, Clovis
2017	Long Beach Poly (SS)	Crystal Irving	31	Buchanan High School, Clovis
2018	Serra (SS)	Chris Calvin	36	Buchanan High School, Clovis
2019	Buchanan (CE)	Brian Weaver	50	Buchanan High School, Clovis
2020	Covid-19			
2021	Covid-19			
2022	Serra (SS)	Chris Calvin	37	Buchanan High School, Clovis
2023	Wilson/Long Beach (SS)	Neil Nelson	44	Buchanan High School, Clovis
2024	Wilson/Long Beach (SS)	Neil Nelson	36	Buchanan High School, Clovis

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

(Southern Section and State Champions; MC - Masters' Meet Champion or top Southern Section State Meet qualifier)

100-METERS (100-Yards prior to 1980)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1973		Regina Jordan, Muir	11.4
1974		Regina Jordan, Muir	11.5
1975		Leida Hunter, Centennial/Compton	11.2
1976		Gwen Loud, Los Angeles Lutheran	10.9
1977	MC	Jeanette Bolden, Centennial/Compton	10.7
	4-A	Jeanette Bolden, Centennial/Compton	10.6
	3-A	Crystal Johnson, Santa Maria	10.9
	2-A	Lynn Downs, Edgewood	11.7
	1-A	Gwen Loud, Los Angeles Lutheran	10.9w
1978	MC	Alice Brown, Muir	10.96
	4-A	Alice Brown, Muir	10.93
	3-A	Veronica Bell, Garey	11.59
	2-A	Shelby McDade, Norte Vista	11.70
	1-A	Michelle Kelley, Irvine	11.39
1979	MC	Bridgette Blackburn, Cajon	10.72
	4-A	Shari Howard, San Geronio	10.72
	3-A	Bridgette Blackburn, Cajon	10.86
	2-A	Leslie Hiatt, Monte Vista	11.27
	1-A	Tamara Caddell, Marshall Fundamental	11.63
1980	MC	Bridgette Blackburn, Cajon	11.83
	4-A	Faye Paige, Long Beach Poly	11.86
	3-A	Bridgette Blackburn, Cajon	11.83
	2-A	Marbella Washington, Centennial/Compton	11.86
	1-A	Tamara Caddell, Marshall Fundamental	12.12
1981	MC	Zelda Johnson, Garey	11.86
	4-A	Cheryl Brown, Muir	11.88
	3-A	Bridgette Blackburn, Cajon	11.82
	2-A	Zelda Johnson, Garey	11.58
	1-A	Sabrina Williams, Valley Christian/Cerritos	11.99
1982	MC	Gervaise McCraw, Ganesha	11.61
	4-A	Lisa Winston, Jordan	11.64
	3-A	Kim Grant, Hawthorne	11.96
	2-A	Gervaise McCraw, Ganesha	11.64
	1-A	Tamara Caddell, Marshall Fundamental	12.09
1983			
	4-A	Lisa Winston, Jordan	11.64
	3-A	Kim Grant, Hawthorne	12.00
	2-A	Faye Robinson, La Puente	12.10
	1-A	Tracey Johnson, St. Anthony	12.14
1984			
	4-A	Paula Ready, Long Beach Poly	11.46w
	3-A	Trish Aubochon, Esperanza	12.03
	2-A	Bobbie Jones, Indio	12.16
	1-A	Nina Jackson, Los Angeles Lutheran	11.93
1985	MC	Carrie Franklin, Muir	11.61
	4-A	Carrie Franklin, Muir	11.48
	3-A	LaShawn Simmons, El Monte	12.12
	2-A	Dionne Garner, Valencia	12.00
	1-A	Charmaine Williams, Marshall Fundamental	12.05
1986	MC	Tami Stiles, Hawthorne	11.71
	4-A	Tami Stiles, Hawthorne	11.78
	3-A	LaShawn Simmons, El Monte	12.18
	2-A	Samantha Bryant, Morningside	12.31
	1-A	Charmaine Williams, Marshall Fundamental	12.33
1987	MC	Janeene Vickers, Pomona	11.89
	4-A	Maddette Smith, Quartz Hill	11.53
	3-A	Janeene Vickers, Pomona	11.49
	2-A	Nadine Bratcher, Northview	12.37
	1-A	Lisa Hunter, Brethren	12.18
1988	MC	Angela Burnham, Rio Mesa	11.59
	4-A	Angela Burnham, Rio Mesa	11.38
	3-A	Maria Murilius, Alhambra	12.20
	2-A	Shiela Bowser, Cajon	12.31
	1-A	Lisa Hunter, Brethren	12.37
1989	MC	Angela Burnham, Rio Mesa	11.52
	4-A	Inger Miller, Muir	11.53w
	3-A	Angela Burnham, Rio Mesa	11.31w
	2-A	Latima Jones, St. Anthony	12.09
	1-A	Michelle Gregory, Nordhoff	12.61w

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
(No meet held)	
Janet Wiser, La Jolla (SD)	10.8
Sandra Howard, Manual Arts (LA)	10.7
Pam Walters, Bell (LA)	11.0
Jeanette Bolden, Centennial/Compton (SS)	10.48w
Keila Bolton, Andrew Hill (CC)	10.92
Gwen Loud, Westchester (LA)	10.62
Sharon Ware, Berkeley (NC)	11.42
Sharon Ware, Berkeley (NC)	11.66
Gervaise McCraw, Ganesha (SS)	11.69
Lisa Winston, Jordan (SS)	11.73
Gail Devers, Sweetwater (SD)	11.51
Tesha Giddens, Locke (LA)	11.58
Angela Burnham, Rio Mesa (SS)	11.78
Janeene Vickers, Pomona (SS)	11.76
Angela Burnham, Rio Mesa (SS)	11.52
Angela Burnham, Rio Mesa (SS)	11.31w

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

100 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1990	MC	Marion Jones, Rio Mesa	11.64
	4-A	Inger Miller, Muir	11.55
	3-A	Marion Jones, Rio Mesa	11.79
	2-A	Santisha Arnold, Morningside	12.47
	1-A	Jen Frank, Oak Park	12.62
1991	MC	Marion Jones, Rio Mesa	11.28
	4-A	Tamika Bradfield, Dominguez	11.89
	3-A	Marion Jones, Rio Mesa	11.30
	2-A	Santisha Arnold, Morningside	11.96
	1-A	Jennifer Frank, Oak Park	12.32
1992	MC	Marion Jones, Thousand Oaks	11.39
	4-A	Andrea Anderson, Long Beach Poly	12.03
	3-A	Marion Jones, Thousand Oaks	11.38
	2-A	Tai-Ne Gibson, Morningside	12.09
	1-A	Chandra Brooks, Pius X	12.32
1993	MC	Marion Jones, Thousand Oaks	11.31
	I	Marion Jones, Thousand Oaks	11.32
	II	Cavetra Mitchell, Los Alamitos	11.91
	III	Tai-Ne Gibson, Morningside	12.14
	IV	Jen Frank, Oak Park	12.16
1994	MC	Aminah Haddad, Long Beach Poly	11.69
	I	Aminah Haddad, Long Beach Poly	11.81
	II	Joney David, Charter Oak	12.23
	III	Felisha Williams, Morningside	11.78
	IV	Shamira DeJurnett, Lutheran/La Verne	12.84
1995	MC	Andrea Anderson, Long Beach Poly	11.68
	I	Lakeisha Backus, Long Beach Wilson	11.47
	II	Medinah Ali, Canyon Springs	11.61w
	III	Meisha Withers, Morningside	11.91
	IV	Ekene Udeoji, St. Mary's	12.30
1996	MC	Malika Edmonson, St. Bernard	11.59w
	I	Angela Williams, Chino	11.74
	II	Tammy Wallace, Pomona	12.43
	III	Malika Edmonson, St. Bernard	11.79
	IV	Shamira DeJurnett, Lutheran/La Verne	12.28
1997	MC	Angela Williams, Chino	11.15w
	I	Angela Williams, Chino	10.98w
	II	Jackie Dix, Woodbridge	11.85w
	III	Malika Edmonson, St. Bernard	11.43w
	IV	Deanna Salvaryn, Notre Dame Academy	12.09w
1998	MC	Angela Williams, Chino	11.40
	I	Angela Williams, Chino	11.16w
	II	Porchea Carroll, Rio Mesa	11.84w
	III	Miesha Withers, St Bernard	11.44w
	IV	Deanna Salvaryn, Marymount	12.25
1999	MC	Porchea Carroll, Rio Mesa	11.51w
	I	Latrice Borders, Long Beach Wilson	11.88
	II	Crystal Davis, Santa Ana Valley	12.25
	III	Sierra Hauser-Price, Notre Dame/Sherman Oaks	11.90
	IV	Deanna Salvaryn, Marymount	12.17
2000	MC	Nicole Denby, J.W. North	11.81
	I	Nicole Denby, J.W. North	11.67
	II	Michelle Sanford, Woodbridge	12.42
	III	Sierra Hauser-Price, Notre Dame/Sherman Oaks	11.88
	IV	Allyson Felix, Los Angeles Baptist	11.99w
2001	MC	Allyson Felix, Los Angeles Baptist	11.53
	I	Shalonda Solomon, Long Beach Poly	11.37
	II	Angel Perkins, Gahr	11.45
	III	Sierra Houser-Price, Notre Dame/Sherman Oaks	11.73
	IV	Allyson Felix, Los Angeles Baptist	11.72w
2002	MC	Allyson Felix, Los Angeles Baptist	11.48
	I	Shalonda Solomon, Long Beach Poly	11.51
	II	Angel Perkins, Gahr	11.74
	III	Carol Rodriguez, Western	11.79
	IV	Allyson Felix, Los Angeles Baptist	11.70
2003	MC	Allyson Felix, Los Angeles Baptist	11.12w
	I	Shalonda Solomon, Long Beach Poly	11.35
	II	Ashlee Brown, J. W. North	11.89
	III	Carol Rodriguez, Western	11.75
	IV	Allyson Felix, Los Angeles Baptist	11.37

STATE CHAMPIONS

Champion/School (Section)	Mark
Marion Jones, Rio Mesa (SS)	11.67w
Marion Jones, Rio Mesa (SS)	11.17
Marion Jones, Thousand Oaks (SS)	11.14
Marion Jones, Thousand Oaks (SS)	11.61
Heather Sumpter, Pasadena (SS)	11.69
Lakeisha Backus, Long Beach Wilson (SS)	11.39w
Malika Edmonson, St. Bernard (SS)	11.82w
Angela Williams, Chino (SS)	11.15
Angela Williams, Chino (SS)	11.10w
Tania Woods, Skyline (OK)	11.41
Sani Roseby, Monterey (CC)	11.90
Allyson Felix, Los Angeles Baptist (SS)	11.61
Allyson Felix, Los Angeles Baptist (SS)	11.55
Allyson Felix, Los Angeles Baptist (SS)	11.29

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

100 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2004	MC	Jasmin Baldwin, Bishop Amat	11.43
	I	Shalonda Solomon, Long Beach Poly	11.35w
	II	Dominique Manning, J.W. North	11.91
	III	Jasmin Baldwin, Bishop Amat	11.65
	IV	Elizabeth Olear, Louisville	11.96
2005	MC	Yasmine Woodruff, St. Mary's Academy	11.60
	I	Ebony Collins, Long Beach Wilson	11.72
	II	Janice Nsor, Kennedy	11.89w
	III	Leslie Mercado, Diamond Ranch	11.94w
	IV	Elizabeth Olear, Louisville	11.65
2006	MC	Elizabeth Olear, Louisville	11.45
	I	Ebony Collins, Long Beach Wilson	11.52w
	II	Saravia Richardson, J.w. North	11.80
	III	Snita Ashford, Buena Park	12.10
	IV	Elizabeth Olear, Louisville	11.55
2007	MC	Alicia King, Rancho Verde	11.68w
	I	Shelise Williams, Long Beach Williams	11.73
	II	Shanelle Stephans, Dominguez	11.72
	III	Dominique Augustus, Notre Dame/Sherman Oaks	12.33
	IV	Yasmin Woodruff, St. Mary's Academy	11.65w
2008	MC	Jessica Davis, Highland	11.62
	I	Jessica Davis, Highland	11.69
	II	Valexsia Droughn, Rio Mesa	11.72
	III	Lindsay Cooper, Muir	12.04w
	IV	Yasmin Woodruff, St. Mary's Academy	11.65
2009	MC	Valexsia Droughn, Rio Mesa	11.61
	I	Jessica Davis, Highland	11.45w
	II	Valexsia Droughn, Rio Mesa	11.61w
	III	Kylie Price, Bishop Amat	11.88
	IV	Melanise Chapman, Paraclete	11.66w
2010	MC	Jessica Davis, Highland	11.66
	1	Jessica Davis, Highland	11.82
	2	Valexsia Droughn, Rio Mesa	11.63
	3	Kylie Price, Bishop Amat	11.76w
	4	Charnell Price, St. Mary's Academy	11.87
2011	MC	Kylie Price, Bishop Amat	11.77
	1	Ashley Marshall, Rancho Verde	11.77w
	2	Brea Buchanan, Ayala	11.74w
	3	Kylie Price, Bishop Amat	11.81
	4	La Toya Williams, Louisville	11.78
2012	MC	Arianna Washington, Long Beach Poly	11.61
	1	Arianna Washington, Long Beach Poly	11.45
	2	Abigail Smith, Westlake	11.63w
	3	Sydney Lewis, Oak Park	11.70
	4	Alexis Faulknor, Serra	11.76
2013	MC	Arianna Washington, Long Beach Poly	11.27w
	1	Arianna Washington, Long Beach Poly	11.20w
	2	Brittany Brown, Claremont	11.49w
	3	Donatella Asemota, Notre Dame/Sherman Oaks	11.87
	4	Schuyler Moore, Oaks Christian	11.93
2014	MC	Arianna Washington, Long Beach Poly	11.49
	1	Arianna Washington, Long Beach Poly	11.49
	2	Whitney Knox, Eastside	12.03
	3	Donatella Asmota, Notre Dame/Sherman Oaks	11.82
	4	Sierra Peterson, St. Mary's Academy	11.73w
2015	MC	Lauren Rain Williams, Oaks Christian	11.57
	1	Kayla Richardson, Walnut	11.65
	2	Zaria Francis, Rio Mesa	11.24w
	3	Jordyn Tucker, Monrovia	11.77w
	4	Lauren Rain Williams, Oaks Christian	11.38w
2016	MC	Zaria Francis, Rio Mesa	11.83
	1	Ariyonna Augustine, Long Beach Poly	11.64
	2	Zaria Francis, Rio Mesa	11.51w
	3	De Anna Nowling, Calabasas	11.57w
	4	Lauren Rain Williams, Oaks Christian	11.17w
2017	MC	De'Anna Nowling, Calabasas	11.57
	1	Ariyonna Augustine, Long Beach Poly	11.70
	2	Emerald Bowens, Redlands East Valley	12.07
	3	De'Anna Nowling, Calabasas	11.80
	4	Jasmine Reed, Serra	11.90

STATE CHAMPIONS

Champion/School (Section)	Mark
Jasmin Baldwin, Bishop Amat (SS)	11.33
Ebony Collins, Long Beach Wilson (SS)	11.50
Jeneba Tarmoh, San Jose Mt. Pleasant (CC)	11.59
Janeba Tamoh, San Jose Mt. Pleasant (CC)	11.27
Aston Purvis, St. Elizabeth (NC)	11.92
Valexsia Droughn, Rio Mesa (SS)	11.54
Ashton Purvis, St. Elizabeth (NC)	11.17
Jenna Prandini, Clovis (CE)	11.69
Arianna Washington, Long Beach Poly (SS)	11.47
Arianna Washington, Long Beach Poly (SS)	11.39
Arianna Washington, Long Beach Poly (SS)	11.22w
Zaria Francis, Rio Mesa (SS)	11.31
Lauren Rain Williams, Oaks Christian (SS)	11.39
Ariyonna Augustine, Long Beach Poly (SS)	11.58

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

100 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
2018	MC	Ariyonna Augustine, Long Beach Poly	11.70
	1	Ariyonna Augustine, Long Beach Poly	11.75
	2	DeAnna Nowling, Calabasas	11.74
	3	Ezinne Abba, Etiwanda	11.98
	4	Jazmyne Frost, Serra	11.59
2019	MC	DeAnna Nowling, Calabasas	11.69
	1	Saundria Martin, Long Beach Poly	11.83
	2	DeAnna Nowling, Calabasas	11.71
	3	Tessa Green, Santa Margarita	12.18
	4	Jazmyne Frost, Serra	11.80
2020	No Playoffs - Covid-19		
2021	1	Kennedi Porter, Etiwanda	11.82
	2	Raykiyat Olukoju, JW North	11.67
	3	Kymara Brodie, Oak Park	12.13
	4	Jahzara Richardson, Oaks Christian	12.00
2022	MC	Jordan Washington, Serra	11.64
	1	Eve Divinity, Redondo Union	11.74
	2	Amor Jones, West Torrance	11.87
	3	Alyssa Thompson, Harvard Westlake	11.69
	4	Jordan Washington, Serra	11.55
2023	MC	Biya Clayton, Oaks Christian	11.46
	1	Taylor Anyansi, Murrieta Valley	11.83
	2	Marley Scoggins, Golden Valley	11.89
	3	Ava Simos, Corona del Mar	11.98
	4	Brazil Neal, Serra	11.75
2024	1	Keelan Wright, Chaparral	11.55
	2	Mikaela Warr, Canyon/CC	11.49
	3	Niya Clayton, Oaks Christian	11.61
	4	Mia Flowers, Serra Gardena	11.67

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
DeAnna Nowling, Calabasas (SS)	11.47
DeAnna Nowling, Calabasas (SS)	11.55
Reign Redmond, Carson (LA)	11.56
Niya Clayton, Oaks Christian (SS)	11.45
Mikaela Warr, Canyon/CC (SS)	11.41

200 METERS

(220 Yards prior to 1980)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1973		Kathy Smock, Barstow	25.8
1974		Pam Curran, La Reina	26.2
1975		Leida Hunter, Centennial/Compton	25.4
1976		Gwen Loud, Los Angeles Lutheran	25.2
1977	MC	Jeanette Bolden, Centennial/Compton	24.7
	4-A	Jeanette Bolden, Centennial/Compton	25.5
	3-A	Janet Ballard, Ganesha	25.0
	2-A	Lynn Downs, Edgewood	26.2
	1-A	Gwenn Loud, Los Angeles Lutheran	24.7w
1978	MC	Pam Marshall, Jordan	24.70
	4-A	Pam Marshall, Jordan	24.59
	3-A	Crystal Johnson, Santa Maria	25.36
	2-A	Andi Pernell, Canyon	26.06
	1-A	Michelle Kelley, Irvine	25.76
1979	MC	Marbella Washington, Centennial/Compton	24.16
	4-A	Marbella Washington, Centennial/Compton	24.31
	3-A	Michelle Kelley, Irvine	24.63
	2-A	Leslie Hiatt, Monte Vista	25.52
	1-A	Sabrina Williams, Valley Christian/Cerritos	25.63
1980	MC	Marbella Washington, Centennial/Compton	24.29
	4-A	Diane Pullins, Muir	24.33
	3-A	Bridgette Blackburn, Cajon	24.08
	2-A	Zelda Johnson, Garey	24.05
	1-A	Tamara Caddell, Marshall Fundamental	25.03
1981	MC	Zelda Johnson, Garey	24.15
	4-A	Diane Pullins, Muir	24.03
	3-A	Gervaise McCraw, Ganesha	23.88
	2-A	Zelda Johnson, Garey	23.77
	1-A	Sabrina Williams, Valley Christian/Cerritos	24.19
1982	MC	Gervaise McCraw, Ganesha	23.54
	4-A	Diane Pullins, Muir	23.80
	3-A	Kim Grant, Hawthorne	24.48
	2-A	Gervaise McCraw, Ganesha	23.27
	1-A	Natalie Crawford, Leuzinger	24.79

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
(No meet held)	
Janice Wiser, La Jolla (SD)	24.2
Pam Walters, Bell (LA)	24.4
Pam Walters, Bell (LA)	24.8
Kim Robinson, Westchester (LA)	23.97
Kelia Bolton, Andrew Hill (CC)	23.99
Gwen Loud, Westchester (LA)	23.54
Sherri Howard, Kennedy (LA)	23.19
Denean Howard, Kennedy (LA)	23.73
Denean Howard, Kennedy (LA)	23.59

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

200 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1983			
	4-A	Lisa Winston, Jordan	23.97
	3-A	Kim Grant, Hawthorne	25.11
	2-A	Faye Robinson, La Puente	24.28
	1-A	Nina Jackson, Los Angeles Lutheran	25.43
1984			
	4-A	Paulette Blalock, Compton	23.54
	3-A	Michelle Banks, El Dorado	25.15
	2-A	Faye Robinson, La Puente	24.84
	1-A	Nina Robinson, Los Angeles Lutheran	24.99
1985	MC	Tami Stiles, Hawthorne	23.56
	4-A	Tami Stiles, Hawthorne	23.37
	3-A	Maddette Smith, Quartz Hill	23.98
	2-A	Dionne Garner, Valencia	24.64
	1-A	Charmaine Williams, Marshall Fundamental	25.07
1986	MC	Tami Stiles, Hawthorne	23.61
	4-A	Tami Stiles, Hawthorne	23.75
	3-A	Maddette Smith, Quartz Hill	23.87
	2-A	Samantha Bryant, Morningside	25.44
	1-A	Charmaine Williams, Marshall Fundamental	25.11
1987	MC	Maddette Smith, Quartz Hill	24.25
	4-A	Maddette Smith, Quartz Hill	23.99
	3-A	Coretta Gamble, El Rancho	25.36
	2-A	Tonya Irick, Apple Valley	25.66
	1-A	Lisa Hunter, Brethren	25.33
1988	MC	Simone Cain, Hueneme	23.65
	4-A	Angela Burnham, Rio Mesa	23.58
	3-A	Dilayne Kerr, Corona del Mar	24.71
	2-A	Tonya Irick, Apple Valley	24.84
	1-A	Shenae Mills, Regina Caeli	25.68
1989	MC	Angela Burnham, Rio Mesa	23.49
	4-A	Inger Miller, Muir	24.10
	3-A	Angela Burnham, Rio Mesa	23.86
	2-A	Kerri Pegues, St. Bernard	24.98
	1-A	Lisa Hunter, Brethren	25.59
1990	MC	Marion Jones, Rio Mesa	23.70
	4-A	Inger Miller, Muir	24.16
	3-A	Marion Jones, Rio Mesa	24.02
	2-A	Latima Jones, St. Anthony	24.82
	1-A	Shuntay Taylor, Western Christian	25.74
1991	MC	Marion Jones, Rio Mesa	23.29
	4-A	Tamika Bradfield, Dominguez	23.94
	3-A	Marion Jones, Rio Mesa	23.06
	2-A	Santisha Arnold, Morningside	24.59
	1-A	Jennifer Frank, Oak Park	24.84
1992	MC	Marion Jones, Thousand Oaks	22.78
	4-A	Andrea Anderson, Long Beach Poly	24.24
	3-A	Marion Jones, Thousand Oaks	22.70
	2-A	Tai-Ne Gibson, Morningside	24.65
	1-A	Chandra Brooks, Pius X	25.11
1993	MC	Marion Jones, Thousand Oaks	23.00
	I	Marion Jones, Thousand Oaks	22.79
	II	Cavetra Mitchell, Los Alamitos	24.29
	III	Tai-Ne Gibson, Morningside	24.64
	IV	Heather Miller, Westridge	24.95
1994	MC	Aminah Haddad, Long Beach Poly	23.45
	I	Aminah Haddad, Long Beach Poly	23.23
	II	Madinah Ali, Canyon Springs	24.84
	III	Felisha Williams, Morningside	24.06
	IV	Heather Miller, Westridge	25.04
1995	MC	Andrea Anderson, Long Beach Poly	23.60
	I	Lakeisha Backus, Long Beach Wilson	23.21w
	II	Torri Edwards, Pomona	23.60w
	III	Meisha Withers, Morningside	24.07w
	IV	Michaun Irby, Marshall Fundamental	25.35w
1996	MC	Angela Williams, Chino	23.33w
	I	Angela Williams, Chino	23.62
	II	Tammy Wallace, Pomona	25.07
	III	Malika Edmonson, St. Bernard	23.57
	IV	Shamira DeJurnett, Lutheran/La Verne	25.28

STATE CHAMPIONS

Champion/School (Section)	Mark
Lisa Winston, Jordan (SS)	23.83
Paulette Blalock, Compton (SS)	23.59
Tami Stiles, Hawthorne (SS)	23.45
Tami Stiles, Hawthorne (SS)	24.02
Maddette Smith, Quartz Hill (SS)	24.12
Angela Burnham, Rio Mesa (SS)	23.45
Angela Burnham, Rio Mesa (SS)	23.56
Marion Jones, Rio Mesa (SS)	23.71
Marion Jones, Rio Mesa (SS)	22.91w
Marion Jones, Thousand Oaks (SS)	22.83
Marion Jones, Thousand Oaks (SS)	23.14
Lakeisha Backus, Long Beach Wilson (SS)	23.21
Lakeisha Backus, Long Beach Wilson (SS)	23.01w
Malika Edmonson, St. Bernard (SS)	23.47

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

200 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1997	MC	Kinshasa Davis, Long Beach Wilson	22.70w
	I	Kinshasa Davis, Long Beach Wilson	22.92w
	II	Jackie Dix, Woodbridge	24.27w
	III	Malika Edmonson, St. Bernard	23.42w
	IV	Michaun Irby, Marshall	24.86w
1998	MC	Angela Williams, Chino	23.21
	I	Angela Williams, Chino	22.89w
	II	Porchea Carroll, Rio Mesa	24.39w
	III	Miesha Withers, St. Bernard	23.40w
	IV	Deanna Salvaryn, Marymount	24.90w
1999	MC	Tracee Thomas, J.W. North	23.20w
	I	Latrice Borders, Long Beach Wilson	23.54w
	II	Meryl Stone, Woodbridge	24.67w
	III	Sierra Hauser-Price, Notre Dame/Sherman Oaks	24.16
	IV	Deanna Salvaryn, Marymount	24.94
2000	MC	Angel Perkins, Gahr	23.78
	I	Angel Perkins, Gahr	23.85
	II	Erin Brzezinski, Thousand Oaks	24.77
	III	Sierra Hauser-Price, Notre Dame/Sherman Oaks	24.27
	IV	Allyson Felix, Los Angeles Baptist	25.07
2001	MC	Angel Perkins, Gahr	23.14
	I	Shalonda Solomon, Long Beach Poly	23.22w
	II	Angel Perkins, Gahr	23.48w
	III	Sierra Houser-Price, Notre Dame Sherman Oaks	24.11
	IV	Allyson Felix, Los Angeles Baptist	24.06
2002	MC	Allyson Felix, Los Angeles Baptist	22.95
	I	Shalonda Solomon, Long Beach Poly	23.31
	II	Angel Perkins, Gahr	24.02
	III	Carol Rodriguez, Western	24.25
	IV	Allyson Felix, Los Angeles Baptist	22.99
2003	MC	Allyson Felix, Los Angeles Baptist	22.65w
	I	Shalonda Solomon, Long Beach Poly	23.21w
	II	Jeanne Newman, Moorpark	24.64
	III	Carol Rodriguez, Western	23.97w
	IV	Allyson Felix, Los Angeles Baptist	22.88
2004	MC	Jasmin Baldwin, Bishop Amat	23.15
	I	Shalonda Solomon, Long Beach Poly	22.94w
	II	Jeanne Newman, Moorpark	24.80
	III	Jasmin Baldwin, Bishop Amat	23.74w
	IV	Lindsay Fletcher, Flintridge Prep	24.53
2005	MC	Sade Williams, Rancho Cucamonga	23.56
	I	Sade Williams, Rancho Cucamonga	23.38
	II	Kristin Holmes, Claremont	24.16
	III	Joy Eaton, St. Lucy's	24.54
	IV	Elizabeth Olear, Louisville	23.77
2006	MC	Elizabeth Olear, Louisville	23.41
	I	Sade Williams, Rancho Cucamonga	23.39
	II	Saravia Richardson, J.W. North	24.16
	III	Gwendolyn Flowers, Centennial/Compton	24.80
	IV	Elizabeth Olear, Louisville	23.53
2007	MC	Jessica Davis, Highland	24.06w
	I	Shelise Williams, Long Beach Wilson	24.03
	II	Tiera Hilliard, Mayfair	24.28
	III	Brianna Atkins, Bonita	24.14
	IV	Aljah Urserry, St. Mary's Academy	24.71
2008	MC	Yasmin Woodruff, St. Mary's Academy	23.90
	I	Jessica Davis, Highland	23.40w
	II	Cindy Robinson, Norwalk	24.32w
	III	Gwendolyn Flowers, Centennial/Compton	24.47
	IV	Yasmin Woodruff, St. Mary's Academy	24.10
2009	MC	Jessica Davis, Highland	24.24
	I	Jessica Davis, Highland	23.68
	II	Valexia Droughn, Rio Mesa	24.23w
	III	Angela Clague, San Luis Obispo	24.34w
	IV	Aijah Urssery, St. Mary's Academy	24.19w
2010	MC	Jessica Davis, Highland	23.72
	1	Jessica Davis, Highland	23.42
	2	Valexia Droughn, Rio Mesa	24.00
	3	Gabrielle Scott, Woodbridge	24.29
	4	Charnell Price, St. Mary's Academy	23.76

STATE CHAMPIONS

Champion/School (Section)	Mark
Kinshasa Davis, Long Beach Wilson (SS)	22.90
Angela Williams, Chino (SS)	23.02
Tania Woods, Skyline (OK)	22.88
Monique Henderson, Morse (SD)	23.19
Angel Perkins, Gahr (SS)	22.85w
Allyson Felix, Los Angeles Baptist (SS)	22.83
Allyson Felix, Los Angeles Baptist (SS)	22.52
Jasmin Baldwin, Bishop Amat (SS)	22.86
Khrystal Carter, Valley Christian (CC)	23.44w
Jeneba Tarmoh, San Jose Mt. Pleasant (CC)	23.29
Jeneba Tarmoh, San Jose Mt. Pleasant (CC)	23.20w
Jessica Davis, Highland (SS)	23.46
Ashton Purvis, St. Elizabeth (NC)	23.46
Ashton Purvis, St. Elizabeth, (NC)	22.90

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

200 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2011	MC	Akawkaw Ndipagbor, Long Beach Poly	23.76
	1	Akawkaw Ndipagbor, Long Beach Poly	23.62w
	2	Gia Trevisan, Mater Dei	24.33
	3	Kylie Price, Bishop Amat	24.31
	4	Alexandra Courtinall, Oaks Christian	24.07
2012	MC	Arianna Washington, Long Beach Poly	23.55
	1	Arianna Washington, Long Beach Poly	23.52
	2	Loryn Nichols, Murrieta Valley	24.70
	3	Sydney Lewis, Oak Park	24.32
	4	Sierra Peterson, St. Mary's Academy	23.88
2013	MC	Arianna Washington, Long Beach Poly	23.18
	1	Arianna Washington, Long Beach Poly	23.33
	2	Brittany Brown, Claremont	23.68w
	3	Janaya Shorty, Bellflower	24.18
	4	Sierra Peterson, St. Mary's Academy	23.96
2014	MC	Arianna Washington, Long Beach Poly	23.62
	1	Arianna Washington, Long Beach Poly	23.40
	2	Kennedy Gillian, Mission Viejo	24.53
	3	Donatella Asemota, Notre Dame/Sherman Oaks	24.42
	4	Schuyler Moore, Oaks Christian	24.08
2015	MC	Lauren Rain Williams, Oaks Christian	23.29
	1	Kayla Richardson, Walnut	23.45
	2	Zaria Francis, Rio Mesa	23.31w
	3	Jordyn Tucker, Monrovia	23.99
	4	Lauren Rain Williams, Oaks Christian	22.68w
2016	MC	Lauren Rain Williams, Oaks Christian	22.80
	1	Ariyonna Augustine, Long Beach Poly	23.47
	2	Zaria Francis, Rio Mesa	23.80w
	3	Tierra Crockrell, Calabasas	24.05
	4	Lauren Rain Williams, Oaks Christian	22.44w
2017	MC	Ariyonna Augustine, Long Beach Poly	23.95w
	1	Jalya Harris, Rancho Cucamonga	23.47
	2	Jenna Mencarelli, Westlake	24.38
	3	De'Anna Nowling, Calabasas	24.47
	4	Jasmin Reed, Serra	24.27
2018	MC	Ariyonna Augustine, Long Beach Poly	23.87
	1	Ariyonna Augustine, Long Beach Poly	23.91
	2	DeAnna Nowling, Calabasas	24.10
	3	Tessa Green, Santa Margarita	24.71
	4	Jazmyne Frost, Serra	23.70
2019	MC	Saudria Martin, Poly/Long Beach	24.03
	1	Egbe Ndip-Agbor, Corona	24.12
	2	DeAnna Nowling, Calabasas	24.28
	3	Tessa Green, Santa Margarita	24.50
	4	Nia Mosby, The Archer School	24.22
2020	No Playoffs - Covid-19		
2021	1	Kennedi Porter, Etiwanda	24.39
	2	Raykiyat Olukoji, JW North	23.89
	3	Caroline Glessing, Corona del Mar	24.51
	4	Jahzara Richardson, Oaks Christian	24.62
2022	MC	Adonijah Currie, Golden Valley	23.45
	1	Naomi Johnson, Roosevelt	23.69
	2	Adonijah Currie, Golden Valley	23.82
	3	Trinity Barnett, Rancho Mirage	24.45
	4	Jodan Washington, Serra	23.68
2023	MC	Brazil Neal, Serra	23.36
	1	Adonijah Currie, Quartz Hill	23.58
	2	Joelle Trepagnier, Culver City	24.07
	3	Meagan Humphries, Castaic	23.85
	4	Brazil Neal, Serra	23.67
2024	1	Keelan Wright, Chaparral	23.52
	2	Morgan Maddox, Culver City	23.68
	3	Meagan Humphries, Castaic	24.12
	4	Mia Flowers, Serra Gardena	23.78

STATE CHAMPIONS

Champion/School (Section)	Mar
Jenna Prandini, Clovis (CE)	23.81
Arianna Washington, Long Beach Poly (SS)	23.41
Arianna Washington, Long Beach Poly (SS)	23.22
Arianna Washington, Long Beach Poly (SS)	22.96
Lauren Rain Williams, Oaks Christian (SS)	23.09
Celera Barnes, St. Bonaventure (SS)	23.25w
Ariyonna Augustine, Long Beach Poly (SS)	23.41
Tierra Robinson-Jones, James Bishop O'Dowd (NC)	23.66
Shelby Daniele, Buchanan (CE)	23.73
No playoffs - Covid 19	
Brazil Neal, Seers (SS)	23.68
Joelle Trepagnier, Culver City (SS)	23.62
Amirah Shaheed, Madison Sds	23.53

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

400 METERS (440 Yards prior to 1980)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1973		Ruth Kleinsasser, Azusa	57.3
1974		Barbara Moore, Royal	58.1
1975		Kathy Smock, Barstow	57.9
1976		Kathy Jones, Edison	56.8
1977	MC	Linda Cassidy, West Torrance	57.2
	4-A	Linda Cassidy, West Torrance	57.4
	3-A	Barney Carral, Pomona	59.0
	2-A	Debbie Kainz, Ontario	56.6
	1-A	Dana Smith, Twentynine Palms	1:01.3
1978	MC	Arlise Emerson, Westminster	55.81
	4-A	Arlise Emerson, Westminster	55.15
	3-A	Loretta Jordan, Pioneer	58.78
	2-A	Debbie Kainz, Ontario	57.89
	1-A	Cynthia Lipsey, Atascadero	59.30
1979	MC	Sherri Howard, San Geronio	55.03
	4-A	Sherri Howard, San Geronio	54.99
	3-A	Sharon Dennis, Monrovia	56.36
	2-A	Connie Culbert, Aviation	56.92
	1-A	Ann Lindemuth, Desert	58.06
1980	MC	Faye Paige, Long Beach Poly	54.02
	4-A	Faye Paige, Long Beach Poly	54.02
	3-A	Louise Romo, North Torrance	56.94
	2-A	Kelly Churchman, Rio Mesa	57.24
	1-A	Julie Elliott, Morro Bay	57.50
1981	MC	Gervaise McCraw, Ganesha	55.19
	4-A	Diane Pullins, Muir	54.58
	3-A	Gervaise McCraw, Ganesha	56.25
	2-A	Crystal Young, Nogales	57.92
	1-A	Natalie Crawford, Leuzinger	57.37
1982	MC	Melissa Jordan, Camarillo	55.84
	4-A	Gayle Kellon, Walnut	53.76
	3-A	Tanya Ranson, El Toro	55.88
	2-A	Suzy Hensel, Valencia	56.48
	1-A	Natalie Crawford, Leuzinger	57.55
1983			
	4-A	Paulette Blalock, Compton	54.80
	3-A	Gayle Kellon, Walnut	54.39
	2-A	Michelle Taylor, Ganesha	55.95
	1-A	Caroline Wasden, Santa Ynez	58.51
1984			
	4-A	Paulette Blalock, Compton	53.20
	3-A	Janeen Vickers, Pomona	55.34
	2-A	Faye Robinson, La Puente	57.34
	1-A	Amy Martin, Rim of the World	58.25
1985	MC	Linetta Wilson, Muir	53.81
	4-A	Linetta Wilson, Muir	54.35
	3-A	Janeen Vickers, Pomona	54.41
	2-A	Donya Howard, Arroyo Grande	57.29
	1-A	Simone Cesh, Village Christian	58.78
1986	MC	Princess Bennett, Compton	53.55
	4-A	Princess Bennett, Compton	53.49
	3-A	Janeen Vickers, Pomona	55.02
	2-A	Penny Mack, Centennial	58.83
	1-A	Amy Martin, Rim of the World	57.58
1987	MC	Crystal Irving, Long Beach Poly	54.45
	4-A	Crystal Irving, Long Beach Poly	53.98
	3-A	Jeanine Stewart, Duarte	57.89
	2-A	Tonya Irick, Apple Valley	57.53
	1-A	Kim Toney, Atascadero	57.28
1988	MC	Tonya Irick, Apple Valley	55.48
	4-A	Crystal Irving, Long Beach Poly	54.48
	3-A	Dilayne Kerr, Corona del Mar	57.04
	2-A	Tonya Irick, Apple Valley	56.06
	1-A	Shenae Mills, Regina Caeli	58.26
1989	MC	Jeanine Stewart, Duarte	54.99
	4-A	Kesha Maupin, Hawthorne	56.01
	3-A	Jeanine Stewart, Duarte	54.89
	2-A	Kerri Pegues, St. Bernard	56.60
	1-A	Kim Toney, Atascadero	56.31

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
(No meet held)	
Veronica Venezis, Terra Linda (NC)	56.4
Jodi Anderson, Washington (LA)	55.3
Marquita Belk Silver Creek (CC)	55.2
Valerie Brisco, Locke (LA)	55.14
Arlise Emerson, Westminster (SS)	54.3
Sherri Howard, San Geronio (SS)	53.65
Denean Howard, Kennedy (LA)	53.04
Gervaise McCraw, Ganesha (SS)	54.15
Denean Howard, Kennedy (LA)	52.39
Leslie Maxie, Millbrae Mills (CC)	53.19
Chewaukii Knighten, Locke (LA)	52.67
Chewaukii Knighten, Locke (LA)	52.72
Princess Bennett, Compton (SS)	53.56
Angela Rolfe, Dorsey (LA)	53.55
Angela Rolfe, Dorsey (LA)	54.26
Angela Rolfe, Dorsey (LA)	53.97

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

400 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1990	MC	Shanequa Campbell, Alta Loma	54.78
	4-A	Tara Smith, Paramount	56.46
	3-A	Shanequa Campbell, Alta Loma	55.61
	2-A	Latima Jones, St. Anthony	55.19
	1-A	Kim Toney, Atascadero	56.43
1991	MC	LaShawn Stringer, Morningside	55.65
	4-A	Tammera McLin, Eisenhower	56.33
	3-A	Marion Jones, Rio Mesa	52.91
	2-A	LaShawn Stringer, Morningside	55.67
	1-A	Nikki Shaw, Fillmore	58.45
1992	MC	Tammera McLin, Eisenhower	55.24
	4-A	Asha Jayasinghe, Arcadia	55.63
	3-A	Julie Koudelkei, Edison	57.91
	2-A	Jaronda White, Morningside	56.44
	1-A	Angelita Graham, Blair	57.39
1993	MC	LaShawn Stringer, Morningside	54.80
	I	Ansha Jayasinghe, Arcadia	55.72
	II	Erin Green, J.W. North	58.17
	III	LaShawn Stringer, Morningside	54.88
	IV	Heather Miller, Westridge	57.49
1994	MC	Malika Edmondson, St. Bernard	55.66
	I	Pam Simpson, Long Beach Poly	56.65
	II	Veronica Carter, Cajon	56.74
	III	Joranda White, Morningside	55.29
	IV	Heather Miller, Westridge	58.09
1995	MC	Angela Williams, Chino	54.59
	I	Kinshasa Davis, Long Beach Wilson	54.62
	II	Miesha Wilson-Duvall, Woodbridge	55.40
	III	Malika Edmondson, St. Bernard	56.00
	IV	Trisha Palmquist, Village Christian	1:01.04
1996	MC	Kinshasa Davis, Long Beach Wilson	54.69
	I	Kinshasa Davis, Long Beach Wilson	53.08
	II	Julia Gray, J.W. North	56.11
	III	Regine Caruthers, St. Bernard	56.63
	IV	Melissa Juan, Western Christian	58.62
1997	MC	Kinshasa Davis, Long Beach Wilson	53.97
	I	Kinshasa Davis, Long Beach Wilson	53.32
	II	Julia Gray, J.W. North	55.54
	III	Regine Caruthers, St. Bernard	55.06
	IV	Roshawn Perkins, Oak Park	58.76
1998	MC	Nakiya Johnson, Ayala	53.36
	I	Lashinda Demus, Long Beach Wilson	53.39
	II	Julia Gray, J.W. North	55.91
	III	Kadrina Coffee, St. Bernard	57.01
	IV	Georgia Wilkins, Silverado	58.82
1999	MC	Nakiya Johnson, Ayala	53.68
	I	Nakiya Johnson, Ayala	53.02
	II	Raven Hebert, Santa Ana Valley	57.24
	III	Marissa Whaley, Paso Robles	56.97
	IV	Daniella Russell, La Salle	58.14
2000	MC	Angel Perkins, Gahr	53.34
	I	Angel Perkins, Gahr	52.28
	II	Shanon Meyer, Sultana	56.94
	III	Liz Morse, Corona del Mar	55.89
	IV	Cameron Washington, Marlborough	56.81
2001	MC	Angel Perkins, Gahr	52.78
	I	Angel Tate, Long Beach Wilson	54.60
	II	Angel Perkins, Gahr	53.02
	III	Donisha Sanford, Morningside	56.90
	IV	Cameron Washington, Marlborough	56.28
2002	MC	Ashley Freeman, Long Beach Wilson	53.71
	I	Ashley Freeman, Long Beach Wilson	54.51
	II	Angel Perkins, Gahr	54.75
	III	Shelese Ruffin, Beaumont	55.62
	IV	Treani Swain, Oakwood	55.29
2003	MC	Jasmine Lee, Long Beach Poly	53.65
	I	Jasmine Lee, Long Beach Poly	52.85
	II	Ashlee Pray, Victor Valley	55.68
	III	Kerry Gamble, Notre Dame/Sherman Oaks	55.67
	IV	Treani Swain, Oakwood	54.48

STATE CHAMPIONS

Champion/School (Section)	Mark
Janice Nichols, Bakersfield (CE)	53.89
Janice Nichols, Bakersfield (CE)	54.19
Janice Nichols, Bakersfield (CE)	54.46
Asha Jayasinghe, Arcadia (SS)	55.45
Latasha Gilliam, Pittsburg (NC)	53.93
Angela Williams, Chino (SS)	53.40
Kinshasa Davis, Long Beach Wilson (SS)	52.67
Kinshasa Davis, Long Beach Wilson (SS)	52.66
Monique Henderson, Morse (SD)	53.41
Monique Henderson, Morse (SD)	52.87
Monique Henderson, Morse (SD)	50.74
Monique Henderson, Morse (SD)	51.34
Christina Hardeman, Wilcox (CC)	54.09
Jasmine Lee, Long Beach Poly (SS)	53.17

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

400 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2004	MC	Jasmine Lee, Long Beach Poly	53.63
	I	Jasmine Lee, Long Beach Poly	53.73
	II	Mindy Neely, Dos Pueblos	55.54
	III	Kerry Gamble, Notre Dame/Sherman Oaks	56.09
	IV	Shelese Ruffin, Beaumont	56.64
2005	MC	Sade' Williams, Rancho Cucamonga	52.88
	I	Sade' Williams, Rancho Cucamonga	53.03
	II	Tifney Reeves, Capistrano Valley	55.24
	III	Joy Eaton, St. Lucy's	55.47
	IV	Kate Grace, Marlborough	56.58
2006	MC	Sade' Williams, Rancho Cucamonga	53.29
	I	Sade' Williams, Rancho Cucamonga	52.56
	II	Tifney Reeve, Capistrano Valley	55.49
	III	Joy Eaton, St. Lucy's	55.92
	IV	Kate Grace, Marlborough	55.74
2007	MC	Jasmine Joseph, Long Beach Poly	54.29
	I	Jasmine Joseph, Long Beach Poly	53.75
	II	Tiera Hilliard, Mayfair	55.96
	III	Brianna Atkins, Bonita	54.49
	IV	Carlyle Davis, Marlborough	56.01
2008	MC	Akawkaw Ndipagbor, Long Beach Poly	53.71
	I	Akawkaw Ndipagbor, Long Beach Poly	53.46
	II	Kyle Wolff, Woodbridge	56.02
	III	Brittany Harper, Calabasas	54.49
	IV	Caryle Davis, Marlborough	55.87
2009	MC	Turquoise Thompson, Serra	53.45
	I	Akawkaw Ndipagbor, Long Beach Poly	53.98
	II	Gabrielle Scott, Woodbridge	54.94
	III	Angela Claque, San Luis Obispo	55.59
	IV	Turquoise Thompson, Serra	54.07
2010	MC	Chimere Ezumah, Serra	53.30
	1	Vanessa Jones, Etiwanda	54.12
	2	Jenna Vincej, Saugus	56.09
	3	Gabrielle Scott, Woodbridge	55.41
	4	Chimere Ezumah, Serra	54.21
2011	MC	Akawkaw Ndipagbor, Long Beach Poly	53.51
	1	Akawkaw Ndipagbor, Long Beach Poly	53.86
	2	Morgan Thompson, Newbury Park	56.01
	3	Gabrielle Scott, Woodbridge	54.97
	4	Chimere Ezumah, Serra	55.68
2012	MC	Renetia James, Serra	54.41
	1	Khala Taylor, Great Oak	55.27
	2	Aaliyah Crawford, Citrus Hill	55.78
	3	ShebanetTe Terry, Irvine	55.71
	4	Renetia James, Serra	54.77
2013	MC	Tara Radan, Mater Dei	55.76
	1	Simone Buchanan, Roosevelt	56.23
	2	Uwakmfon (M'Fon) Ibekwe, J.W. North	56.25
	3	Laura Anuakpado, South Pasadena	56.13
	4	Chimere Ezumah, Serra	55.40
2014	MC	Kaelin Roberts, Long Beach Poly	53.39
	1	Kaelin Roaberts, Long Beach Poly	53.87
	2	Kennedy Gillian, Mission Viejo	55.94
	3	Rai Ahmed-Green, Irvine	56.85
	4	Sarah Johnson, Oaks Christian	54.60
2015	MC	Taylor Smith, Roosevelt	54.46
	1	Shamaya Flanagan, Quartz Hill	55.47
	2	Ceili Tuttle, Fullerton	57.13
	3	Chanel Rogers, Alemany	57.26
	4	Sarah Johnson, Oaks Christian	55.22
2016	MC	Maliyah Medley, El Toro	53.74
	1	Shamaya Flanagan, Quartz Hill	55.06
	2	Maya Sharp, Westlake	55.53
	3	Lauren Drysch, Santa Margarita	56.80
	4	Carolyn Wilson, Oaks Christian	55.12
2017	MC	Shae Anderson, Norco	53.43
	1	Maliyah Medley, El Toro	54.09
	2	Shae Anderson, Norco	53.43
	3	Amani Prude, Bonita	55.51
	4	Carolyn Wilson, Oaks Christian	54.93

STATE CHAMPIONS

Champion/School (Section)	Mark
Jasmine Lee, Long Beach Poly (SS)	52.93
Sade' Williams, Rancho Cucamonga (SS)	52.35
Sade' Williams, Rancho Cucamonga (SS)	53.21
Jasmine Joseph, Long Beach Poly (SS)	53.15
Akowkaw Ndipagbor, Long Beach Poly (SS)	54.23
Turquoise Thompson, Serra (SS)	53.10
Chimere Ezumah, Serra (SS)	52.97
Akawkaw Ndipagbor, Long Beach Poly (SS)	53.38
Renetia James, Serra (SS)	53.98
Nia Dörner, Cordova (SJ)	53.00
Kaelin Roberts, Long Beach Poly (SS)	52.52
Hannah Waller (CE)	53.13
Kaelin Roberts, Carson (LA)	52.28
Shae Anderson, Norco (SS)	52.91

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

400 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2018	MC	Maliyah Medley, El Toro	54.83
	1	Maliyah Medley, El Toro	54.51
	2	Cieanna Norman-Thomas, Citrus Valley	56.28
	3	Bailey Umans, Chaminade	55.73
	4	Sydney Bentley, St. Bernard	55.71
2019	MC	Samarra Monrroy, Millikan	54.16
	1	Iman Babineaux, Quartz Hill	54.81
	2	Alisha Wilson, Bonita	55.84
	3	Lauren Memoly, Santa Margarita	55.33
	4	Nia Mosbly, The Archer School	55.44
2020	No Playoffs - Covid-19		
2021	1	Aujane Luckey, Wilson/Long Beach	53.94
	2	Adonijah Currie, Golden Valley	55.64
	3	Ava McCumber, Notre Dame/Sherman Oaks	55.65
	4	Brooklyn Courttnall, Oaks Christian	55.66
2022	MC	Aujane Luckey, Wilson/Long Beach	53.83
	1	Naomi Johnson, Roosevelt	54.44
	2	Joelle Trepagnier, Culver City	55.82
	3	Ava McCumber Gandara, Notre Dame/Sherman Oaks	54.66
	4	Karon Warren, Valley Christian/Cerritos	56.68
2023	MC	Aujane Luckey, Wilson/Long Beach	52.71
	1	Aujane Luckey, Wilson/Long Beach	53.23
	2	Joelle Trepagnier, Culver City	54.54
	3	Maya Woolforde, JSerra Catholic	56.33
	4	Rayah Rodriguez, Oaks Christian	54.41
2024	1	Kayla McBride, Ayala	53.81
	2	Morgan Maddox, Culver City	53.50
	3	Rayah Rodriguez, Oaks Christian	55.96
	4	Madison Mosby, St. Mary's Academy	55.43

STATE CHAMPIONS

Champion/School (Section)	Mark
Tierra Robinson-Jones, Bishop O'Dowd (NC)	52.37
Katrina Wright, University City (SD)	53.93
No playoffs - Covid 19	
Taliya Cenci, Clovis North (CS)	54.01
Aujane Luckey, Wilson/Long Beach	53.26
Payton Smith, La Jolla Sds	53.39

800 METERS

(880 Yards prior to 1980)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1973		Ruth Kleinsasser, Azusa	2:16.8
1974		Joyce Anderson, Morningside	2:18.0
1975		Donna Machado, Arcadia	2:20.7
1976		Suzie Meek, Palos Verdes	2:14.8
1977	MC	Michelle Bush, Rolling Hills	2:15.0
	4-A	Michelle Bush, Rolling Hills	2:15.8
	3-A	Sandra Anderson, Beverly Hills	2:15.4
	2-A	Laura Johnson, Esperanza	2:19.7
	1-A	Dana Smith, Twentynine Palms	2:21.1
1978	MC	Michelle Bush, Rolling Hills	2:12.28
	4-A	Michelle Bush, Rolling Hills	2:11.93
	3-A	Louise Romo, North Torrance	2:16.65
	2-A	Rhonda Patcha, Valencia	2:17.40
	1-A	Andrea Ward, Los Angeles Lutheran	2:17.99
1979	MC	Louise Romo, North Torrance	2:13.0
	4-A	Valerie Ross, West Torrance	2:14.84
	3-A	Louise Romo, North Torrance	2:13.60
	2-A	Nancy Jessen, Dana Hills	2:16.34
	1-A	Nancy Cerda, Melodyland	2:18.34
1980	MC	Louise Romo, North Torrance	2:08.95
	4-A	Evelyn Acuna, San Gabriel	2:09.75
	3-A	Louise Romo, North Torrance	2:14.44
	2-A	Rennie Durand, Laguna Beach	2:12.19
	1-A	Kerry Corda, Melodyland	2:16.04
1981	MC	Donna Curtis, Culver City	2:06.01
	4-A	Louise Romo North Torrance	2:12.12
	3-A	Donna Curtis, Culver City	2:11.18
	2-A	Rennie Durand, Laguna Beach	2:11.86
	1-A	Richelle Major, Desert	2:19.17
1982	MC	Rennie Durand, Laguna Beach	2:09.54
	4-A	Jennie Stachura, Newbury Park	2:12.30
	3-A	Polly Plumer, University	2:11.43
	2-A	Rennie Durand, Laguna Beach	2:08.10
	1-A	Vicki Cook, Alemany	2:13.02

STATE CHAMPIONS

Champion/School (Section)	Mark
(No meet held)	
Kathy Costello, Pleasant Hill (NC)	2:10.4
Kathy Costello, Pleasant Hill (NC)	2:09.2
Alice Trumbly, Coalinga (CE)	2:13.3
Ann Regan, San Jose Camden (CC)	2:08.0
Ann Regan, San Jose Camden (CC)	2:07.93
Ann Regan, San Jose Camden (CC)	2:10.22
Marilyn Davis, Miramonte (NC)	2:09.73
Donna Curtis, Culver City (SS)	2:06.08
Rennie Durand, Laguna Beach (SS)	2:06.36

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

800 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1983			
	4-A	Kerri Zaleski, Millikan	2:08.50
	3-A	Suzy Hensel, Valencia	2:09.82
	2-A	Michelle Taylor, Ganessa	2:10.54
	1-A	Katie Manning, Louisville	2:19.02
1984			
	4-A	Trena Hull, Compton	2:07.09
	3-A	Carina Quezada, St. Lucy's	2:11.81
	2-A	Kari Zimmerman, Nordhoff	2:18.86
	1-A	Yosh Wronge, Marshall Fundamental	2:23.52
1985	MC	Sherri Smith, Woodbridge	2:13.94
	4-A	Kim Milligan, Compton	2:13.28
	3-A	Sherrie Smith, Woodbridge	2:14.96
	2-A	Michele Crawford, Barstow	2:17.60
	1-A	Bev Torey, Atascadero	2:19.14
1986	MC	Maggie Henson, Newport Harbor	2:09.17
	4-A	Kathy Grayson, Mission Viejo	2:11.56
	3-A	Sherri Smith, Woodbridge	2:11.22
	2-A	Andrea De La Monica, Calabasas	2:15.03
	1-A	Nancy McKrell, Atascadero	2:20.69
1987	MC	Kathryn Krieger, San Luis Obispo	2:12.70
	4-A	Kris Kochel, Ventura	2:14.40
	3-A	Glenda Smith, Upland	2:16.31
	2-A	Althia Moses, Morningside	2:14.13
	1-A	Kim Toney, Atascadero	2:15.20
1988	MC	Andrea Samson, Glendora	2:14.22
	4-A	Rhonda Kennerson, Hawthorne	2:16.60
	3-A	Andrea Sampson, Glendora	2:14.22
	2-A	Althia Moses, Morningside	2:16.62
	1-A	Kim Toney, Atascadero	2:14.87
1989	MC	Kim Toney, Atascadero	2:11.50
	4-A	Shelley Taylor, Edison	2:15.33
	3-A	Persephone Lowrey, Norco	2:14.83
	2-A	Karlie Graham, Lompoc	2:18.45
	1-A	Kim Toney, Atascadero	2:12.65
1990	MC	Kim Toney, Atascadero	2:08.11
	4-A	Shelley Taylor, Edison	2:15.57
	3-A	Donna Mills, Katella	2:15.80
	2-A	Marjorie Hsu, San Marino	2:18.42
	1-A	Kim Toney, Atascadero	2:11.47
1991	MC	Nikki Shaw, Fillmore	2:11.75
	4-A	Sheria Moses, Ramona	2:15.76
	3-A	Shelley Taylor, Edison	2:12.68
	2-A	Kenara Mayberry, St. Bernard	2:15.49
	1-A	Nikki Shaw, Fillmore	2:15.58
1992	MC	Christi Engesser, Ocean View	2:11.50
	4-A	Lesli Chowen, Long Beach Wilson	2:17.85
	3-A	Shelley Taylor, Edison	2:11.59
	2-A	Kamara Mayberry, St. Bernard	2:19.28
	1-A	Nikki Shaw, Fillmore	2:13.78
1993	MC	Sherron Rhetta, Long Beach Poly	2:11.76
	I	Christie Engesser, Ocean View	2:12.04
	II	Barbie Jones, San Marcos	2:13.84
	III	Kamara Mayberry, St. Bernard	2:15.49
	IV	Stephanie Shideler, Cate	2:24.22
1994	MC	Julie Koudelka, Edison	2:12.99
	I	Julie Koudelka, Edison	2:16.19
	II	Courtney Pugmire, Esperanza	2:16.64
	III	Tiffany Boykin, Laguna Hills	2:16.35
	IV	Nicole Addington, La Reina	2:18.97
1995	MC	Nicole Campbell, Ventura	2:14.01
	I	Summer Shaw, Huntington Beach	2:14.00
	II	Nicole Campbell, Ventura	2:15.43
	III	Tiffany Boykin, Laguna Hills	2:16.42
	IV	Nicole Addington, La Reina	2:16.52
1996	MC	Sherron Rhetta, Long Beach Poly	2:13.40
	I	Sherron Rhetta, Long Beach Poly	2:14.80
	II	Cara Motter, Brawley	2:15.40
	III	Shaluinn Fullove, Louisville	2:19.42
	IV	Katherine Laquer, Marlborough	2:19.63

STATE CHAMPIONS

Champion/School (Section)	Mark
Kerri Zaleski, Millikan (SS)	2:06.41
Trena Hull, Compton (SS)	2:04.91
Kristen Dowell, Santa Teresa (CC)	2:10.07
Laura Chapel, University City (SD)	2:08.66
Kimberly McAllister, Locke (LA)	2:12.92
Kathy Roldan, Mt. Whitney (CE)	2:12.11
Kim Toney, Atascadero (SS)	2:09.33
Kim Toney, Atascadero (SS)	2:06.13
Nicole Teter, West Valley (NO)	2:08.14
Miesha Marzell, Bishop O'Dowd (NC)	2:10.29
Miesha Marzell, Bishop O'Dowd (NC)	2:09.13
Kristie Johnson, Central (CE)	2:09.98
Kristie Johnson, Central (CE)	2:08.68
Lindsay Hyatt, Placer (SJ)	2:11.24

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

800 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1997	MC	Angelita Green, Long Beach Poly	2:10.50
	I	Angelita Green, Long Beach Poly	2:13.05
	II	Liz Morse, Corona del Mar	2:14.25
	III	Bridie Hatch, Nordhoff	2:13.21
	IV	Wendy Crumrine, Flintridge Prep	2:18.71
1998	MC	Kim Gildersleeve, Long Beach Wilson	2:11.14
	I	Kim Gildersleeve, Long Beach Wilson	2:11.24
	II	Jenny Petite, Yucaipa	2:15.31
	III	Maika Nelson, Brea Olinda	2:14.72
	IV	Wendy Crumrine, Flintridge Prep	2:23.57
1999	MC	Liz Morse, Corona del Mar	2:11.28
	I	Kim Gildersleeve, Long Beach Wilson	2:11.66
	II	Lauren Fleshman, Canyon/Canyon Country	2:11.05
	III	Ashley Furst, Laguna Hills	2:16.90
	IV	Gina Clayton, La Salle	2:22.28
2000	MC	Liz Morse, Corona del Mar	2:10.71
	I	Ashley Freeman, Long Beach Wilson	2:12.12
	II	Carolyn Brown, Burroughs/Burbank	2:17.20
	III	Liz Morse, Corona del Mar	2:14.14
	IV	Gina Clayton, La Salle	2:18.00
2001	MC	Alysia Johnson, Canyon/Canyon Country	2:10.63
	I	Ashley Freeman, Long Beach Wilson	2:12.71
	II	Alysia Johnson, Canyon/Canyon Country	2:12.71
	III	Brooke Ecklund, San Luis Obispo	2:17.41
	IV	Treani Swain, Oakwood	2:13.63
2002	MC	Alysia Johnson, Canyon/Canyon Country	2:13.87
	I	Alysia Johnson, Canyon/Canyon Country	2:12.13
	II	Kristin Kovacich, Mater Dei	2:14.68
	III	Brittany McCellan, Bonita	2:16.20
	IV	Laura Meyers, Maranatha	2:18.12
2003	MC	Ashley Freeman, Long Beach Wilson	2:08.49
	I	Ashley Freeman, Long Beach Wilson	2:08.73
	II	Kristin Trichler, San Marcos	2:13.51
	III	Jenessa Botello, Whittier	2:17.15
	IV	Treani Swain, Oakwood	2:14.71
2004	MC	Alysia Johnson, Canyon/Canyon Country	2:10.82
	I	Alysia Johnson, Canyon/Canyon Country	2:11.95
	II	Kristen Trichler, San Marcos	2:13.06
	III	Annie St. Geme, Corona del Mar	2:15.61
	IV	Jenna Novelli, Paraclete	2:17.10
2005	MC	Kate Grace, Marlborough	2:11.30
	I	Haley Lawrence, Aliso Niguel	2:13.57
	II	Kauren Tarver, Serrano	2:14.22
	III	Annie St. Geme, Corona del Mar	2:12.52
	IV	Kate Grace, Marlborough	2:15.40
2006	MC	Kate Grace, Marlborough	2:10.81
	I	Emily Dunn, Esperanza	2:10.35
	II	Sarah toberty, Woodbridge	2:14.75
	III	Annie St. Geme, Corona del Mar	2:10.06
	IV	Kate Grace, Marlborough	2:14.98
2007	MC	Emily Dunn, Esperanza	2:06.48
	I	Emily Dunn, Esperanza	2:07.49
	II	Anniya Louis, Culver City	2:09.16
	III	Shelby Buckley, Corona del Mar	2:09.66
	IV	Kate Grace, Marlborough	2:14.73
2008	MC	Anniya Louis, Culver City	2:09.38
	I	Ne'Ausha Logan, Warren	2:12.32
	II	Anniya Louis, Culver City	2:11.45
	III	Erica Castello, Nipomo	2:16.47
	IV	Camilla Dencer, West Valley Christian	2:10.15
2009	MC	Carlyle Davis, Marlborough	2:10.09
	I	Aly Drake, Valencia/Valencia	2:09.95
	II	Sakia Sailinuu, Eisenhower	2:15.67
	III	Erica Capellino, Palos Verdes	2:16.85
	IV	Caryle Davis, Marlborough	2:10.82
2010	MC	Amy Weissenbach, Harvard Westlake	2:08.34
	1	Tiffany Laar, Paramount	2:10.14
	2	Chloe Curtis, Redondo Union	2:11.20
	3	Amy Weissenbach, Harvard Westlake	2:13.63
	4	Savannah Camacho, Templeton	2:11.68

STATE CHAMPIONS

Champion/School (Section)	Mark
Lindsay Hyatt, Placer (SJ)	2:09.16
Lindsay Hyatt, Placer (SJ)	2:07.90
Lindsay Hyatt, Placer (SJ)	2:06.74
Liz Morse, Corona del Mar (SS)	2:08.16
Shannon Rowbury, Sacred Heart Cathedral (CC)	2:10.31
Jamillah Titus, Vintage (SJ)	2:08.62
Ashley Freeman, Long Beach Wilson (SS)	2:08.86
Alysia Johnson, Canyon/Canyon Country (SS)	2:08.97
Libby Jenke, Menlo (CC)	2:10.39
Haley Lawrence, Aliso Niguel (SS)	2:10.57
Dominique Jackson, Fairfield (SJ)	2:06.09
Anniya Louis, Culver City (SS)	2:10.29
Aly Drake, Valencia/Valencia (SS)	2:07.45
Amy Weissenbach, Harvard Westlake (SS)	2:07.52

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

800 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2011	MC	Amy Weissenbach, Harvard Westlake	2:06.18
	1	Dynasty Gammage, Long Beach Poly	2:11.29
	2	Sydney Gray, Beverly Hills	2:13.51
	3	Amy Weissenbach, Harvard Westlake	2:08.61
	4	Savannah Camacho, Templeton	2:11.53
2012	MC	Amy Weissenbach, Harvard Westlake	2:05.55
	1	Kiara McIntosh, Paloma Valley	2:13.41
	2	Caitlin Turner, Thousand Oaks	2:10.81
	3	Amy Weissenbach, Harvard Westlake	2:07.38
	4	Savannah Camacho, Templeton	2:09.48
2013	MC	Sabrina Janes, Saugus	2:12.35
	1	Kiara McIntosh, Paloma Valley	2:12.15
	2	Jade Fuller, Arroyo Grande	2:13.93
	3	Marissa Scott, Bonita	2:13.93
	4	Bianca Alonzo, Marlborough	2:14.61
2014	MC	Hiehle Anevay, Redondo Union	2:09.19
	1	Jacquelyn Hill, Etiwanda	2:12.22
	2	Ashlyn Rambo, Mater Dei	2:08.75
	3	Erica Schroeder, San Marcos	2:15.53
	4	Bianca Alonzo, Marlborough	2:16.11
2015	MC	Erica Schroeder, San Marcos	2:09.85
	1	Cassie Durgy, Huntington Beach	2:09.57
	2	Bianca Tinoco, Golden Valley	2:10.44
	3	Erica Schroeder, San Marcos	2:11.79
	4	Bianca Alonzo, Marlborough	2:12.92
2016	MC	Morgan Irish, Palos Verdes	2:08.32
	1	Rylee Penn, Centennial/Corona	2:10.99
	2	Erica Schroeder, San Marcos	2:10.34
	3	Morgan Irish, Palos Verdes	2:09.52
	4	Bianca Alonzo, Marlborough	2:09.98
2017	MC	Jacquelyn Hill, Etiwanda	2:09.09
	1	Jacquelyn Hill, Etiwanda	2:12.05
	2	Erica Schroeder, San Marcos	2:14.42
	3	Janiah Brown, Calabasas	2:15.43
	4	Malina Yago, Marymount	2:13.04
2018	MC	Delaney Sanacore, Los Alamitos	2:10.12
	1	Marissa Vasquez, Diamond Bar	2:11.98
	2	Ashley Johnson, Mission Viejo	2:13.93
	3	Gwynn George, Santa Margarita	2:13.54
	4	Malina Yago, Marymount	2:13.26
2019	MC	Makayla Browne, JW North	2:11.30
	1	Jaqueline Duarte, Chino Hills	2:11.66
	2	Morgan Calcagnie, Mission Viejo	2:13.35
	3	Daniela Quintero, Harvard Westlake	2:15.21
	4	Audrey Suarez, Mayfield	2:11.16
2020	No Playoffs - Covid-19		
2021	1	Kaho Cichon, Fountain Valley	2:10.87
	2	Mia Chavez, Chino	2:12.12
	3	Arielle McKensie, La Canada	2:15.39
	4	Audrey Suarez, Mayfield	2:12.31
2022	MC	Mia Chavez, Chino	2:08.84
	1	Ashlynn Viramontes, Katella	2:11.73
	2	Sadie Engelhardt, Ventura	2:08.26
	3	Arielle Mckenzie, La Canada	2:11.15
	4	Isis Diaz, Sierra Canyon	2:15.47
2023	MC	Mackenzie Browne, JW North	2:07.49
	1	L'Mio Edwards, Claremont	2:09.45
	2	Sadie Engelhardt, Ventura	2:08.48
	3	Georgia Jeanneret, JSerra Catholic	2:12.01
	4	Nicole Samson, Webb	2:16.13
2024	1	Braelyn Combe, Santiago Corona	2:11.01
	2	Keaton Robar, Newport Harbor	2:09.30
	3	Georgia Jeanneret, JSerra	2:09.74
	4	Megan Charley, Ontario Christian	2:13.91

STATE CHAMPIONS

Champion/School (Section)	Mark
Amy Weissenbach, Harvard Westlake (SS)	2:02.04
Amy Weissenbach, Harvard Westlake (SS)	2:05.70
Mikaela Smith, Clovis North (CE)	2:08.39
Mikaela Smith, Clovis North (CE)	2:06.85
Erica Schroeder, San Marcos (SS)	2:07.08
Alyssa Brewer, California (NC)	2:06.86
Alyssa Brewer, California (NC)	2:07.07
Cathilyn McIntosh, Del Oro (SJ)	2:05.22
Samantha Wallenstrom, Marin Catholic (NC)	2:08.78
No Playoffs - Covid 19	
Mackenzie Browne, JW North (SS)	2:08.66
Sadie Engelhardt, Ventura (SS)	2:07.11

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600 METERS (Mile Run prior to 1980)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1973		Suzanne DeCuir, La Mirada	5:09.4
1974		Jill Caldwell, Westminster	5:05.1
1975		Kathy Chisam, Arcadia	5:08.4
1976		Lynne Maltinski, Mira Costa	4:56.4
1977	MC	Denise Ashmore, Temple City	5:07.6
	4-A	Michelle Bush, Rolling Hills	5:09.1
	3-A	Kelly Wells, Quartz Hill	5:15.5
	2-A	Denise Ashmore, Temple City	5:05.8
	1-A	Eileen Kraemer, Notre Dame/Sherman Oaks	5:30.8
1978	MC	Sharon Hulse, Edison	4:50.69
	4-A	Susie Meek, Palos Verdes	4:56.69
	3-A	Kelly Well, Quartz Hill	5:09.64
	2-A	Kathy Mintie, Rosary	5:04.41
	1-A	Andrea Ward, Lutheran	5:24.04
1979	MC	Vicki Cook, Chaminade	4:56.7
	4-A	Cindy Schmandt, Santa Barbara	4:51.81
	3-A	Margret Spotts, Redondo Union	5:08.60
	2-A	Vicki Cook, Chaminade	4:58.41
	1-A	Rosala McIntyre, Bishop	5:16.23
1980	MC	Polly Plumer, University	4:48.57
	4-A	Bonnie McClinchey, Fountain Valley	4:51.13
	3-A	Polly Plumer, University	4:52.56
	2-A	Sara Keenan, Dana Hills	5:08.52
	1-A	Vicki Cook, Alemany	4:54.34
1981	MC	Polly Plumer, University	4:45.06
	4-A	Denise Ball, Newbury Park	5:01.11
	3-A	Polly Plumer, University	4:48.60
	2-A	Vicki Cook, Alemany	4:54.97
	1-A	Lori Lopez, Sacred Heart	4:58.31
1982	MC	Tanya Fisher, Chaminade	4:45.81
	4-A	Denise Ball, Newbury Park	4:55.48
	3-A	Polly Plumer, University	4:58.31
	2-A	Clare Feit, Mater Dei	5:09.33
	1-A	Tanya Fisher, Chaminade	4:52.62
	4-A	Leslie Pratt, Edison	4:54.98
	3-A	Julie Seleine, University	4:51.66
	2-A	Patty Almenderiz, St. Monica	5:08.62
	1-A	Gladys Prieur, LeLycee Francias	4:47.23
1984	4-A	Trena Hull, Compton	4:51.38
	3-A	Marcia Escobosa, El Dorado	4:56.91
	2-A	Lisa Garnett, Marymount	5:00.28
	1-A	Sarah Allaback, Cate	5:19.44
1985	MC	Nicole Ritchot, Edison	4:56.58
	4-A	Nicole Ritchot, Edison	4:58.57
	3-A	Maggie Henson, Newport Harbor	5:00.37
	2-A	Trish Unruhe, Nordhoff	5:04.70
	1-A	JoJo Williams, Santa Ynez	5:20.02
1986	MC	Maggie Henson, Newport Harbor	4:53.02
	4-A	Nicole Ritchot, Edison	5:00.32
	3-A	Sherri Smith, Woodbridge	4:55.37
	2-A	Robbyn Bryant, Hesperia	4:56.90
	1-A	Evelyn Martino, St. Joseph/Santa Maria	5:13.55
1987	MC	Robbyn Bryant, Hesperia	4:52.36
	4-A	Kathy Karpel, Ocean View	4:55.23
	3-A	Tracy Williams, Mountain View	4:56.80
	2-A	Robbyn Bryant, Hesperia	4:58.17
	1-A	April Beaver, Moorpark	5:11.11
1988	MC	Robbyn Bryant, Hesperia	4:59.95
	4-A	Jessica Craven, Camarillo	5:06.62
	3-A	Tracey Williams, Mountain View	4:50.75
	2-A	Karen Hecox, South Hills	4:56.97
	1-A	Deena Drossin, Agoura	5:07.16
1989	MC	Shelley Taylor, Edison	4:59.25
	4-A	Deena Drossin, Agoura	4:59.90
	3-A	Karen Hecox, South Hills	4:53.90
	2-A	Rayna Cervantes, Montebello	4:55.60
	1-A	Shelley Taylor, Edison	5:05.10

STATE CHAMPIONS

Champion/School (Section)	Mark
(No meet held)	
Jill Caldwell, Westminster (SS)	5:02.2
Kathy Costello, Pleasant Hill (NC)	4:53.5
Linda Broderick, Tamalpias (NC)	4:56.8
Linda Goen, North Bakersfield (CE)	4:47.8
Cheri Williams, Livermore (NC)	4:44.95
Linda Goen, North Bakersfield (CE)	4:51.09
Polly Plumer, University (SS)	4:46.71
Polly Plumer, University (SS)	4:42.43
Polly Plumer, University (SS)	4:39.92
Shannon Clark, Mountain View (SS)	4:47.52
Shannon Clark, Mountain View (SS)	4:49.14
Darcy Arreola, Grossmont (SD)	4:45.13
Kira Jorgensen, Rancho Buena Vista (SD)	4:45.98
Kira Jorgensen, Rancho Buena Vista (SD)	4:49.54
Kira Jorgensen, Rancho Buena Vista (SD)	4:49.55

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1990	MC	Deena Drossin, Agoura	4:54.71
	4-A	Shelley Taylor, Edison	4:59.17
	3-A	Susannah Thrasher, Villa Park	5:02.10
	2-A	Karen Hecox, South Hills	4:52.38
	1-A	Deena Drossin, Agoura	4:58.73
1991	MC	Nikki Shaw, Fillmore	4:49.77
	4-A	Erica Sumi, Long Beach Wilson	4:57.36
	3-A	Deena Drossin, Agoura	4:53.86
	2-A	Heather Killeen, Valencia	5:06.02
	1-A	Nikki Shaw, Fillmore	5:00.00
1992	MC	Nikki Shaw, Fillmore	4:57.81
	4-A	Narisa Avendanios, Paramount	5:01.41
	3-A	Shelley Taylor, Edison	4:55.58
	2-A	Denisha Bends, Costa Mesa	5:04.08
	1-A	Nikki Shaw, Fillmore	4:50.40
1993	MC	Erica Sumi, Long Beach Wilson	4:58.48
	I	Amy Skiersz, Agoura	4:56.39
	II	Carrie Caulkins, Esperanza	4:59.35
	III	Karen Bockel, Nordhoff	5:01.86
	IV	Kristen Hawkins, Sequoia JHS	5:25.33
1994	MC	Mary Cobb, Santa Barbara	4:58.65
	I	Kim Mortensen, Thousand Oaks	5:04.21
	II	Courtney Pugmire, Esperanza	5:06.62
	III	Shaluinn Fullove, Louisville	5:15.96
	IV	Jennifer Overlock, Los Angeles Baptist	5:27.32
1995	MC	Courtney Pugmire, Esperanza	4:58.69
	I	Courtney Pugmire, Esperanza	4:51.33
	II	Ellen Muench, Temescal Canyon	5:04.55
	III	Simone Ferrara, South Torrance	5:10.63
	IV	Hannah Miller, La Salle	5:21.28
1996	MC	Annie Ebner, St. Lucy's	4:58.70
	I	Kim Mortensen, Thousand Oaks	4:46.28
	II	Katie Nuanes, Santa Margarita	5:01.36
	III	Shaluinn Fullove, Louisville	5:01.14
	IV	Kim Utterson, La Reina	5:27.45
1997	MC	Elaine Canchola, Nordhoff	4:55.34
	I	Latesha Jones, Rialto	5:09.33
	II	Katie Nuanes, Santa Margarita	5:03.48
	III	Elaine Canchola, Nordhoff	4:55.07
	IV	Katharine Laquer, Marlborough	5:19.63
1998	MC	Elaina Canchola, Nordhoff	5:01.58
	I	Lauren Fleshman, Canyon/Canyon Country	4:58.54
	II	Christa Fitzgerald, Dana Hills	5:01.32
	III	Allison Marquand, University	4:55.43
	IV	Brooke Cutler, Pasadena Poly	5:26.14
1999	MC	Amber Steen, Newport Harbor	5:01.83
	I	Anita Siraki, Hoover	4:55.75
	II	Lauren Fleshman, Canyon/Canyon Country	5:00.30
	III	Jessica Howard, University	5:02.80
	IV	Kristin Cohoon, Chadwick	5:07.48
2000	MC	Anita Siraki, Hoover	4:49.71
	I	Anita Siraki, Hoover	4:50.24
	II	Amber Steen, Newport Harbor	5:04.67
	III	Lore Mann, Santa Margarita	5:05.24
	IV	Kristen Cohoon, Chadwick	5:02.74
2001	MC	Amber Steen, Newport Harbor	4:43.75
	I	Anita Siraki, Hoover	4:52.07
	II	Amber Steen, Newport Harbor	4:47.72
	III	Julie Allen, Corona del Mar	4:58.30
	IV	Kristen Cohoon, Chadwick	5:05.65
2002	MC	Shalice Pugmire, Esperanza	4:56.77
	I	Shalice Pugmire, Esperanza	4:54.92
	II	Jenny Sears, Woodbridge	4:59.09
	III	Julie Allen, Corona del Mar	4:59.17
	IV	Kristen Cohoon, Chadwick	5:07.37
2003	MC	Allison Costello, Esperanza	4:56.16
	I	Allison Costello, Esperanza	4:55.76
	II	Tiara Ferguson, San Marcos	5:01.76
	III	Jenna Kingma, San Luis Obispo	4:59.90
	IV	Lauren Magdaleno, St. Paul	5:06.54

STATE CHAMPIONS

Champion/School (Section)	Mark
Becky Spies, Livermore (NC)	4:48.74
Becky Spies, Livermore (NC)	4:45.11
Shelley Taylor, Edison (SS)	4:48.52
Milena Glusic, Fallbrook (SD)	4:50.83
Elissa Riedy, Mission San Jose (NC)	4:54.28
Elissa Riedy, Mission San Jose (NC)	4:45.35
Annie Ebner, St. Lucy's (SS)	4:48.72
Julia Stamps, Santa Rosa (NC)	4:44.78
Sara Bei, Montgomery (NC)	4:49.21
Alejandra Barrientos, San Lorenzo Valley (CC)	4:45.02
Jenny Aldridge, Maria Carrillo (NC)	4:49.63
Alejandra Barrientos, San Lorenzo Valley (CC)	4:43.24
Shannon Rowbury, Sacred Heart Christian (CC)	4:52.77
Alicia Follmar, Saratoga (CC)	4:51.47

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2004	MC	Olga Aulet-Leon, Peninsula	4:54.91
	I	Liza Pascuito, Murrieta Valley	4:57.89
	II	Emily Spiker, Ventura	5:00.81
	III	Annie St. Geme, Corona del Mar	4:53.65
	IV	Lauren Magdaleno, St. Paul	5:01.07
2005	MC	Annie St. Geme, Corona del Mar	4:52.81
	I	Shannon Murakami, Saugus	4:50.71
	II	Kauren Tarver, Serrano	4:54.99
	III	Annie St. Geme, Corona del Mar	4:53.23
	IV	Liza Truax, Santa Ynez	5:10.06
2006	MC	Annie St. Geme, Corona del Mar	4:42.10
	I	Shannon Murakami, Saugus	4:44.32
	II	Anna Sperry, Simi Valley	4:46.77
	III	Annie St. Geme, Corona del Mar	4:53.59
	IV	Roseanne Fleming, Oaks Christian	5:13.14
2007	MC	Shelby Buckley, Corona del Mar	4:46.80
	I	Shannon Murakami, Saugus	4:42.50
	II	Christine Babcock, Woodbridge	4:42.42
	III	Shelby Buckley, Corona del Mar	4:48.69
	IV	Roseanne Fleming, Oaks Christian	5:04.10
2008	MC	Christine Babcock, Woodbridge	4:36.57
	I	Alexandra Dunn, San Clemente	4:53.89
	II	Christine Babcock, Woodbridge	4:49.32
	III	Vanessa Hancock, Brea Olinda	5:03.24
	IV	Danielle Van de Sande, Marlborough	5:10.84
2009	MC	Chloe Curtis, Redondo Union	4:51.32
	I	Catrina McAlister, Arcadia	4:54.14
	II	Chloe Curtis, Redondo Union	4:54.14
	III	Staci Foster, Orange Lutheran	4:53.00
	IV	Savannah Camacho, Templeton	4:57.15
2010	MC	Chloe Curtis, Redondo Union	4:48.97
	1	Catrina McAlister, Arcadia	4:50.78
	2	Chloe Curtis, Redondo Union	4:50.43
	3	Rebecca Mehra, Palos Verdes	4:56.92
	4	Jaye Buchbinder, Chadwick	4:57.83
2011	MC	Katherine Delaney, JSerra	4:42.95
	1	Erika Reddish, Vista Murrieta	4:51.18
	2	Stephanie Bulder, Saugus	4:53.51
	3	Cami Chapus, Harvard Westlake	4:49.15
	4	Katherine Delaney, JSerra	4:46.82
2012	MC	Cami Chapus, Harvard Westlake	4:43.90
	1	Erika Reddish, Vista Murrieta	4:48.96
	2	Xochitl Navarette, Colony	4:47.19
	3	Cami Chapus, Harvard Westlake	4:48.77
	4	Savannah Camacho, Templeton	4:59.67
2013	MC	Sydney Segal, Beverly Hills	4:51.69
	1	Megan Huebner, La Quinta/La Quinta	4:54.68
	2	Kayla Ferron, Redondo Union	4:52.45
	3	Sydney Segal, Beverly Hills	4:52.53
	4	Sophie Currin, Vista Mar	5:03.74
2014	MC	Dorris Haley, Great Oak	4:44.60
	1	Destiny Collins, Great Oak	4:48.02
	2	Amanda Gehrich, Tesoro	4:51.47
	3	Bethan Knights, Northwood	4:42.29
	4	Kyra Meko, Nipomo	5:01.86
2015	MC	Destiny Collins, Great Oak	4:40.34
	1	Destiny Collins, Great Oak	4:43.69
	2	Amanda Gehrich, Tesoro	4:47.31
	3	Jacquelyn Smith, Palos Verdes	4:54.03
	4	Emily Serhan, Mayfield	5:02.55
2016	MC	Amanda Gehrich, Tesoro	4:41.39
	1	Destiny Collins, Great Oak	4:52.51
	2	Amanda Gehrich, tesoro	4:51.62
	3	Jacquelyn Smith, Palos Verde	5:02.77
	4	Emily Serhan, Mayfield	5:04.55
2017	MC	Annie Boos, Claremont	4:49.74
	1	Hannah Tobin, El Toro	4:58.54
	2	Haley Herberg, Capistrano Valley	4:52.15
	3	Trinity Ruelas, Bishop Amat	4:59.00
	4	Claudia Lane, Malibu	4:51.27

STATE CHAMPIONS

Champion/School (Section)	Mark
Alicia Follmar, Saratoga (CC)	4:46.47
Annie St. Geme, Corona del Mar (SS)	4:50.40
Christine Babcock, Woodbridge (SS)	4:41.29
Christine Babcock, Woodbridge (SS)	4:38.85
Christine Babcock, Woodbridge (SS)	4:33.82
Sammy Silva, Our Lady of Peace (SD)	4:47.67
Chloe Curtis, Redondo Union (SS)	4:46.63
Cami Chapus, Harvard Westlake (SS)	4:40.82
Nikki Hilts, Aptos (CC)	4:42.45
Anna Maxwell, San Lorenzo Valley (CC)	4:47.33
Sarah Robinson, Gunn (CC)	4:44.25
Amanda Gehrich, Tesoro (SS)	4:39.33
Amanda Gehrich, Tesoro (SS)	4:45.51
Maddy Denner, Oak Ridge (SJ)	4:44.89

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
2018	MC	Fatima Cortes, Great Oak	4:46.73
	1	Jacqueline Duarte, Chino Hills	4:45.54
	2	Mariah Castillo, Saugus	4:43.73
	3	Sylvia Cruz-Albrecht, Oak Park	4:51.32
	4	Mia Barnett, Village Christian	4:46.77
2019	MC	Audrey Suarez, Mayfield	4:45.04
	1	Jacqueline Duarte, Chino Hills	4:54.92
	2	Emma Hadley, Canyon/Anaheim	4:55.81
	3	Sarah Shulze, Oak Park	4:54.24
	4	Mia Barnett, Village Christian	4:47.30
2020	No Playoffs - Covid-19		
2021	1	Mia Barnett, Crescenta Valley	4:42.89
	2	Mia Chavez, Chino	5:05.01
	3	Arielle McKenzler, La Canada	4:55.06
	4	Audrey Suarez, Mayfield	4:45.59
2022	MC	Samantha McDonnell, Newbury Park	4:49.19
	1	Dalia Frias, Mira Costa	4:48.99
	2	Sadie Engelhardt, Ventura	4:43.93
	3	Anastasia Snodgrass, JSerra	4:59.24
	4	Jailian Mackey, Viewpoint	5:00.66
2023	MC	Sadie Engelhardt, Ventura	4:46.02
	1	Rylee Blade, Santiago/Corona	4:49.40
	2	Sadie Engelhardt, Ventura	4:49.66
	3	Anne Elise Packard, JSerra Catholi	4:54.70
	4	Payton Godsey, Oaks Christian	4:55.56
2024	1	Braelyn Combe, Santiago Corona	4:45.56
	2	Sadie Engelhardt, Ventura	4:46.86
	3	Abigail Errington, South Pasadena	4:51.40
	4	Aubrey Eaton, Providence Burbank	5:09.21

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Maddy Denner, Oak Ridge (SJ)	4:42.77
Jaqueline Duarte, Chino Hills (SS)	4:42.58
No Playoff - Covid 19	
Sadie Eglehardt, Ventura (SS)	4:36.67
Sadie Englehardt, Ventura (SS)	4:33.45
Sadie Englehardt, Ventura (SS)	4:33.45

3200 METERS

(Two-mile prior to 1980)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1977	MC	Kelly Wells, Quartz Hill	11:05.7
	4-A	Suzanne Keith, Fontana	11:11.2
	3-A	Kelly Wells, Quartz Hill	11:13.9
	2-A	Janice Kelley, Hemet	11:35.4
	1-A	Eileen Kraemer, Notre Dame	11:51.4
1978	MC	Susie Meek, Palos Verdes	10:34.57
	4-A	Susie Meek, Palos Verdes	10:44.78
	3-A	Dede Tracey, Antelope Valley	11:18.50
	2-A	Janice Kelley, Hemet	11:11.07
	1-A	Rosana McIntyre, Bishop	11:54.18
1979	MC	Cindy Schmandt, Santa Barbara	10:19.98
	4-A	Cindy Schmandt, Santa Barbara	10:33.32
	3-A	Carol Karamitos, Righetti	11:21.10
	2-A	Vicki Cook, Chaminade	10:37.32
	1-A	Lori Lopez, Sacred Heart	11:02.45
1980	MC	Vicki Cook, Alemany	10:27.45
	4-A	Evelyn Acuna, San Gabriel	10:41.40
	3-A	Leslie White, Lowell	10:57.00
	2-A	Teresa Ebner, Bishop Amat	11:11.80
	1-A	Vicki Cook, Alemany	10:24.60
1981	MC	Vicki Cook, Alemany	10:29.28
	4-A	Michelle Mason, Buena	10:31.06
	3-A	Teresa Barrios, University	10:48.58
	2-A	Vicki Cook, Alemany	10:24.91
	1-A	Lori Lopez, Sacred Heart	10:37.39
1982	MC	Vicki Cook, Alemany	10:13.19
	4-A	Denise Ball, Newbury Park	10:23.43
	3-A	Laura Cattivera, Mira Costa	10:37.38
	2-A	Tammy Brazel, Chino	10:35.42
	1-A	Vicki Cook, Alemany	10:11.78
1983	4-A	Kristen O'Hara, Palos Verdes	10:44.75
	3-A	Jenny Scott, Tustin	11:01.09
	2-A	Tammy Brazel, Chino	10:54.41
	1-A	Tanya Fischer, Chaminade	10:20.57

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Roxanne Bier, Independence (CC)	10:39.7
Cheri Williams, Livermore (NC)	10:17.71
Lisa Scaduto, Santa Monica (SS)	10:34.94
Vicki Cook, Alemany (SS)	10:14.78
Vicki Cook, Alemany (SS)	10:12.31
Vicki Cook, Alemany (SS)	10:16.27
Cory Schubert, Del Mar (CC)	10:08.14

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

3200 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1984			
	4-A	Kristen O'Hara, Palos Verdes	10:29.24
	3-A	Pam Thompson, Saugus	10:43.90
	2-A	Shantel Plante, Arroyo Grande	11:01.45
	1-A	Teresa Ogle, Morro Bay	11:21.62
1985	MC	Melissa Sutton, Newbury Park	10:44.74
	4-A	Melissa Sutton, Newbury Park	10:50.80
	3-A	Tracy Williams, Mountain View	10:48.08
	2-A	Amy Dabul, Temple City	10:55.62
	1-A	Charmie McIntyre, Bishop	11:17.10
1986	MC	Tracy Williams, Mountain View	10:24.70
	4-A	Melissa Sutton, Thousand Oaks	10:37.61
	3-A	Tracy Williams, Mountain View	10:39.27
	2-A	Amy Dabul, Temple City	10:48.03
	1-A	Evelyn Martino, St. Joseph/Santa Maria	11:16.75
1987	MC	Tracy Williams, Mountain View	10:32.20
	4-A	Brigid Freyne, Riverside Poly	10:36.26
	3-A	Tracy Williams, Mountain View	10:33.01
	2-A	Karen Hecox, South Hills	10:34.27
	1-A	Tanya Thayer, Serrano	11:06.65
1988	MC	Reyna Cervantes, Montebello	10:33.91
	4-A	Jaime Park, Santa Barbara	10:58.64
	3-A	Reyna Cervantes, Montebello	10:40.64
	2-A	Karen Hecox, South Hills	10:44.37
	1-A	Evelyn Martino, St. Joseph/Santa Maria	11:12.48
1989	MC	Karen Hecox, South Hills	10:41.23
	4-A	Deena Drossin, Agoura	10:58.33
	3-A	Karen Hecox, South Hills	10:45.89
	2-A	Rayna Cervantes, Montebello	10:32.89
	1-A	Suzanne Castruita, West Covina	11:01.07
1990	MC	Karen Hecox, South Hills	10:41.99
	4-A	Jeannie Rothman, Westlake	10:53.59
	3-A	Martha Pinto, Katella	10:55.06
	2-A	Karen Hecox, South Hills	10:49.41
	1-A	Deena Drossin, Agoura	10:52.16
1991	MC	Deena Drossin, Agoura	10:40.88
	4-A	Lucinda Reyes, Lakewood	11:00.79
	3-A	Deena Drossin, Agoura	10:40.27
	2-A	Carrie Garritson, Sunny Hills	10:51.68
	1-A	Amber Parkinson, Orange Lutheran	10:49.87
1992	MC	Carrie Garritson, Sunny Hills	10:28.20
	4-A	Maya Muneno, Peninsula	11:03.30
	3-A	Tanja Brix, University	10:55.86
	2-A	Carrie Garritson, Sunny Hills	10:55.07
	1-A	Maribella Aparicio, Fillmore	10:41.88
1993	MC	Kim Nelson, Canyon/Anaheim	10:48.13
	I	Amy Skiersz, Agoura	11:00.97
	II	Christina Blackmer, Upland	10:59.04
	III	Karen Bockel, Nordhoff	11:01.68
	IV	Maribella Aparicio, Fillmore	11:08.47
1994	MC	Carrie Garritson, Buena Park	10:45.52
	I	Kim Mortensen, Thousand Oaks	11:05.91
	II	Carrie Garritson, Buena Park	11:00.12
	III	Allison Twist, San Marino	11:27.36
	IV	Jennifer Overlock, Los Angeles Baptist	11:52.34
1995	MC	Courtney Pugmire, Esperanza	10:14.48
	I	Courtney Pugmire, Esperanza	10:38.46
	II	Ellen Muench, Temescal Canyon	10:58.36
	III	Heather Garritson, Buena Park	11:18.72
	IV	Rebecca Heard, Yucca Valley	11:49.54
1996	MC	Kim Mortensen, Thousand Oaks	9:48.59
	I	Kim Mortensen, Thousand Oaks	10:03.11
	II	Kimi Welsh, Yucaipa	10:55.84
	III	Allison Marquand, University	11:03.17
	IV	Rebecca Heard, Yucca Valley	11:58.45
1997	MC	Andrea Neipp, Highland	10:23.34
	I	Andrea Neipp, Highland	10:25.57
	II	Kimi Welsh, Yucaipa	11:02.14
	III	Elaine Canchola, Nordhoff	10:50.08
	IV	Julia Goodman, Immaculate Heart	12:02.95

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Kristen O'Hara, Palos Verdes (SS)	10:11.82
Rebecca Chamberlain, Leigh (CC)	10:23.85
Laurie Chapman, Gunderson (CC)	10:12.86
Mary Mendoza, Presentation (CC)	10:33.04
Karen Hecox, South Hills (SS)	10:16.14
Rayna Cervantes, Montebello (SS)	10:32.95
Deena Drossin, Agoura (SS)	10:29.60
Deena Drossin, Agoura (SS)	10:30.71
Milena Glusac, Fallbrook (SD)	10:28.62
Milena Glusac, Fallbrook (SD)	10:42.68
Julia Stamps, Rincon Valley JHS (NC)	10:26.51
Julia Stamps, Santa Rosa (NC)	10:15.27
Kim Mortensen, Thousand Oaks (SS)	9:52.80
Julia Stamps, Santa Rosa (NC)	10:15.17

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

3200 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1998	MC	Lauren Fleshman, Canyon/Canyon Country	10:46.44
	I	Lauren Fleshman, Canyon/Canyon Country	10:58.05
	II	Kimi Walsh, Yucaipa	11:09.49
	III	Elaine Canchola, Nordhoff	10:59.17
	IV	Liz Phelan, Paraclete	11:54.48
1999	MC	Lauren Fleshman, Canyon/Canyon Country	10:33.58
	I	Anita Siraki, Hoover	10:55.34
	II	Lauren Fleshman, Canyon/Canyon Country	10:55.69
	III	Allyson Marquand, University	10:56.21
	IV	Courtney Daniels, Notre Dame Academy	11:22.34
2000	MC	Anita Siraki, Hoover	10:38.21
	I	Anita Siraki, Hoover	10:31.80
	II	Laura Jakowsky, Agoura	10:54.40
	III	Jenny Sears, Mater Dei	11:06.00
	IV	Kristen Cohoon, Chadwick	11:07.80
2001	MC	Anita Siraki, Hoover	10:16.95
	I	Anita Siraki, Hoover	10:27.15
	II	Amber Steen, Newport Harbor	10:33.07
	III	Julie Allen, Corona del Mar	10:43.28
	IV	Kristen Cohoon, Chadwick	11:05.88
2002	MC	Christine Bolf, Notre Dame Academy	10:35.94
	I	Bethany Nickless, Fountain Valley	10:44.50
	II	Anne Gustafson, Brea Olinda	11:02.96
	III	Julie Allen, Corona del Mar	10:33.95
	IV	Kristen Cohoon, Chadwick	10:53.72
2003	MC	Allison Costello, Esperanza	10:49.90
	I	Allison Costello, Esperanza	10:47.98
	II	Kristen Berglas, Woodbridge	11:00.49
	III	Anne Gustafson, Brea Olinda	10:51.65
	IV	Lauren Magdaleno, St. Paul	10:58.51
2004	MC	Lindsay Flacks, Harvard Westlake	10:36.67
	I	Liza Pascuito, Murrieta Valley	10:37.89
	II	Miranda McCune, San Marcos	10:57.23
	III	Lindsay Flacks, Harvard Westlake	10:34.13
	IV	Katie Gose, La Reina	10:56.00
2005	MC	Shannon Murakami, Saugus	10:34.75
	I	Shannon Murakami, Saugus	10:46.95
	II	Whitney Blue, Newport Harbor	10:48.56
	III	Anna Farias-Eisner, Harvard Westlake	11:00.14
	IV	Rachel Gill, Marantha	11:34.64
2006	MC	Annie St. Geme, Corona del Mar	10:15.89
	I	Christy Adamyk, Glendora	10:31.93
	II	Christine Babcock, Woodbridge	10:38.45
	III	Annie St. Geme, Corona del Mar	10:26.15
	IV	Rachel Gill, Maranatha	11:21.05
2007	MC	Anna Sperry, Saugus	10:26.65
	I	Shannon Murakami, Saugus	10:31.24
	II	Christine Babcock, Woodbridge	10:15.54
	III	Sarah Cummings, Corona del Mar	10:45.16
	IV	Alex Crawley, Laguna Beach	11:22.90
2008	MC	Alex Dunn, San Clemente	10:35.91
	I	Alex Dunn, San Clemente	10:49.03
	II	Christine Babcock, Woodbridge	10:42.56
	III	Vanessa Hancock, Brea Olinda	11:03.24
	IV	Danielle Van de Sande, Marlborough	11:35.72
2009	MC	Melissa Skiba, Oak Park	10:34.55
	I	Alexandra Dunn, San Clemente	10:33.24
	II	Kaylin Mahoney, Saugus	10:38.91
	III	Melissa Skiba, Oak Park	10:44.00
	IV	Sarah Pearson, La Reina	10:55.98
2010	MC	Liberty Miller, Simi Valley	10:21.72
	1	Catrina McAlister, Arcadia	10:32.44
	2	Aryn Foland, Mira Costa	10:34.16
	3	Melissa Skiba, Oak Park	10:33.63
	4	Catherine Hasbrouck, Nordhoff	10:47.00
2011	MC	Sarah Baxter, Simi Valley	10:24.35
	1	Sarah Baxter, Simi Valley	10:16.99
	2	Kaylin Mahoney, Saugus	10:38.03
	3	Cami Chapus, Harvard-Westlake	10:35.62
	4	Jaye Buchbinder, Chadwick	10:48/17

STATE CHAMPIONS

Champion/School (Section)	Mark
Sara Bei, Montgomery (NC)	10:31.06
Lauren Fleshman, Canyon/Canyon Country (SS)	10:18.81
Anita Siraki, Hoover (SS)	10:18.50
Sara Bei, Montgomery (NC)	10:11.11
Clara Horowitz, Head Royce (NC)	10:31.01
Claire Rethmeier, San Pasqual (SD)	10:27.32
Lindsay Flacks, Harvard Westlake (SS)	10:26.25
Tori Tyler, Gunn (CC)	10:38.90
Jordan Hasay, San Luis Obispo Mission Prep (CE)	10:13.55
Jordan Hasay, San Luis Obispo Mission Prep (CE)	10:06.76
Jordan Hasay, San Luis Obispo Mission Prep (CE)	9:52.13
Jordan Hasay, San Luis Obispo Mission Prep (CE)	10:05.29
Molly Grabill, Rancho Bernardo (SD)	10:20.25
Sarah Baxter, Simi Valley (SS)	10:13.00

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

3200 METERS (Cont.)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
2012	MC	Sarah Baxter, Simi Valley	10:08.71
	1	Laura Hollander, Marina	10:27.51
	2	Sarah Baxter, Simi Valley	10:27.90
	3	Alana Jones, Laguna Hills	10:41.98
	4	Lauren Maurer, Crean Lutheran	10:57.05
2013	MC	Sarah Baxter, Simi Valley	10:17.58
	1	Sarah Baxter, Simi Valley	10:24.69
	2	Kimberly Coscia, South Torrance	10:39.36
	3	Danielle Shanahan, Bishop Montgonery	10:31.50
	4	Caroline Pietrzyk, Malibu	10:47.70
2014	MC	Bethan Knights, Northwood	9:54.89
	1	Destiny Collins, Great Oak	10:18.93
	2	Addi Zerrenner, Dos Pueblos	10:19.53
	3	Bethan Knights, Northwood	9:58.42
	4	Caroline Pietrzyk, Malibu	10:38.81
2015	MC	Destiny Collins, Great Oak	10:11.64
	1	Destiny Collins, Great Oak	10:25.22
	2	Amanda Gehrich, Tesoro	10:30.49
	3	Marissa Bartello, Laguna Hills	10:49.89
	4	Caroline Pietrzyk, Malibu	10:35.38
2016	MC	Destiny Collins, Great Oak	10:18.35
	1	Destiny Collins, Great Oak	10:20.75
	2	Amanda Gehrich, Tesoro	10:35.39
	3	Katie Scoville, La Canada	10:39.82
	4	Emily Donahue, Santa Ynez	11:01.14
2017	MC	Claudia Lane, Malibu	10:10.25
	1	Lauren Peurifoy, M.L. King	10:43.75
	2	Erika Adler, Northwood	10:32.89
	3	Trinity Ruelas, Bishop Amat	10:39.00
	4	Claudia Lane, Malibu	10:19.97
2018	MC	Mariah Castillo, Saugus	10:22.24
	1	Tori Gaitan, Great Oak	10:17.13
	2	Mariah Castillo, Saugus	10:06.47
	3	Sarah Shulze, Oak Park	10:29.90
	4	Mia Barnett, Village Christian	10:27.82
2019	MC	Sarah Shulze, Oak Park	10:26.62
	1	Hana Catsimanes, San Clemente	10:35.01
	2	Madeleine Locher, Ventura	10:34.04
	3	Sarah Shulze, Oak Park	10:38.53
	4	Dani Barrett, Wildwood	10:33.95
2020	No Playoffs - Covid-19		
2021	1	Hannah Frederick, Saugus	10:40.96
	2	Allura Markow, Dana Hills	11:06.57
	3	Kendall Saeger, Santa Margarita	11:11.48
	4	Karina Andersen, Thacher	10:52.03
2022	MC	Samantha McDonnell, Newbury Park	10:30.15
	1	Sam McDonnell, Newbury Park	10:28.92
	2	Alecia Fernandez, West Ranch	10:46.95
	3	Holly Barker, Laguna Hills	10:47.60
	4	Peyton Godsey, Oaks Christian	10:42.45
2023	MC	Rylee Blade, Santiago/Corona	10:27.84
	1	Rylee Blade, Santiago/Corona	10:23.71
	2	Marjourie Lopez, Shadow Hills	10:52.33
	3	Holly Barker, Laguna Hills	10:20.90
	4	Payton Godsey, Oaks Christian	10:29.28
2024	1	Rylee Blade, Santiago Corona	10:14.97
	2	MarleyMcCullough, Newport Harbor	10:33.24
	3	Summer Wilson, JSerra	10:24.51
	4	Sydney Sydeny, Laguna Beach	11:26.15

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Sarah Baxter, Simi Valley (SS)	10:12.00
Sarah Baxter, Simi Valley (SS)	10:10.71
Bethan Knights, Northwood (SS)	10:00.19
Destiny Collins, Great Oak (SS)	9:53.79
Fiona O'Keefe, Davis (SJ)	10:12.02
Claudia Lane, Malibu (SS)	10:07.32
Elena Denner, Oak Ridge (SJ)	10:10.32
Kristin Fahy, La Costa Canyon (SD)	10:11.38
No Playoffs - Covid 19	
Hanne Thompson, Montgomery (NC)	10:06.89
Rylee Blade, Santiago/Corona	10:02.19
Jaelyn Williams, East Lake (SD)	9:57.11

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS
100-METER LOW HURDLES

(80-Yards prior to 1977, 110-Yards 1977 to 1980)

SOUTHERN SECTION CHAMPIONS
STATE CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>	<u>Champion/School (Section)</u>	<u>Mark</u>
1973		Janice Lester, Costa Mesa	10.7	(No meet held)	
1974		Terri Herigstad, Lompoc	11.5	Yvonne Boone, Fremont (OK)	11.1
1975		Mary Winnewisser, Bishop Diego	10.8	Yvonne Boone, Fremont (OK)	10.0
1976		Jennifer Mann, Kennedy/Barstow	10.5	Tuti Lee, Merced (SJ)	10.7
1977	MC	Lisa Gourdine, El Toro	14.4	Kris Costello, Lynbrook (CC)	13.97
	4-A	Karen Attlesley, Newport Harbor	14.5		
	3-A	Lisa Gourdine, El Toro	14.2		
	2-A	Tana Harris, Cajon	15.2		
	1-A	Mary Winnewisser, Bishop Diego	14.8w		
1978	MC	Dulcie Reade, La Mirada	14.81	Kris Costello, Lynbrook (CC)	13.83
	4-A	Dulcie Reade, La Mirada	14.72		
	3-A	Cheryl Glazier, El Toro	15.22		
	2-A	Cynthia Culberson, Cajon	15.31		
	1-A	Karen Thomas, Los Angeles Baptist	15.66		
1979	MC	Ceola Bullett, Centennial	13.93	Janet Yarborough, Clovis (CE)	14.01
	4-A	Marlene Harmon, Thousand Oaks	14.15		
	3-A	Chris Davenport, Troy	14.41		
	2-A	Cece Chandler, Elsinore	14.89		
	1-A	Cassie Alexander, Trona	15.13		
1980	MC	Marlene Harmon, Thousand Oaks	14.10	Judy Young, Berkeley (NC)	13.52w
	4-A	Marlene Harmon, Thousand Oaks	14.06		
	3-A	Diane Caffey, Esperanza	14.82		
	2-A	Zona Chandler, Banning	14.41		
	1-A	Katrena Johnson, Marshall Fundamental	15.02		
1981	MC	Zona Chandler, Elsinore	14.28	Sherifa Sanders, Berkeley (NC)	13.74
	4-A	Sharon Hanson, Buena	14.25		
	3-A	Laura Mills, University	14.16		
	2-A	Courtney Hudson, South Pasadena	14.96		
	1-A	Zona Chandler, Elsinore	13.95		
1982	MC	Sharon Hanson, Buena	14.09	Natalie Spinks, Skyland (OK)	13.88
	4-A	Felicia Thompson, Jordan	13.99w		
	3-A	Jocelyn Lee, Irvine	14.63		
	2-A	Zona Chandler, Elsinore	14.10		
	1-A	Katrena Johnson, Marshall Fundamental	14.76		
1983				Chewaukii Knighten, Locke (LA)	13.88
	4-A	Michelle Hall, Millikan	14.66		
	3-A	Gayle Kellon, Walnut	14.67		
	2-A	Carole Jones, Chino	14.74		
	1-A	Ester Van Wingerton, Bishop Diego	15.73		
1984				Gail Devers, Sweetwater (SD)	13.41
	4-A	Carrie Franklin, Muir	13.97		
	3-A	Michelle Taylor, Ganesha	14.38		
	2-A	Nancy Nieuwlandt, Valencia	14.68		
	1-A	Ester Van Wingerton, Bishop Diego	15.53		
1985	MC	Carrie Franklin, Muir	13.49w	Lana Cantrell, Muir (SS)	13.57
	4-A	Carrie Franklin, Muir	13.65		
	3-A	Janeen Vickers, Pomona	14.07		
	2-A	Rochelle Frazier, Morningside	14.39		
	1-A	Loni Larson, Fillmore	15.72		
1986	MC	Janeen Vickers, Pomona	13.64	Janeen Vickers, Pomona (SS)	13.74
	4-A	LaShawn McBride, Long Beach Poly	14.41		
	3-A	Janeen Vickers, Pomona	13.57		
	2-A	Kristen Edwards, South Pasadena	14.41		
	1-A	Loni Larson, Fillmore	15.44		
1987	MC	Janeen Vickers, Pomona	13.40	Janeen Vickers, Pomona (SS)	13.34
	4-A	LaShawn McBride, Long Beach Poly	13.77		
	3-A	Janeen Vickers, Pomona	13.62		
	2-A	Valerie Gritton, Woodbridge	14.96		
	1-A	Loni Larson, Fillmore	14.95		
1988	MC	Sharon Swift, Eisenhower	14.15	Michelle Decoux, Bishop O'Dowd (NC)	13.91
	4-A	Felice Lipscomb, Santa Monica	14.00		
	3-A	Aldora George, Upland	14.11		
	2-A	Shanin Stevins, Lompoc	14.56		
	1-A	Erin Texeria, Aquinas	14.81		
1989	MC	Felice Lipscomb, Santa Monica	13.88	Felice Lipscomb, Santa Monica (SS)	13.69
	4-A	Felice Lipscomb, Santa Monica	13.96w		
	3-A	Aldora George, Upland	14.06w		
	2-A	Jan Kokkonen, San Luis Obispo	14.81w		
	1-A	Leslette Molette, Brethren	14.60w		

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

1990	MC	Felice Lipscomb, Santa Monica	13.97	Felice Lipscomb, Santa Monica (SS)	13.58
	4-A	Felice Lipscomb, Santa Monica	14.06		
	3-A	Alycia Burnham, Rio Mesa	14.66		
	2-A	Twila Sims, Lompoc	14.35		
	1-A	Heidi Brooks, Orange Lutheran	14.97		
1991	MC	Elinor Tolson, Fountain Valley	14.38	Phetima Woods, Duarte (SS)	14.08
	4-A	Akua Sutherland, Muir	14.78		
	3-A	Phetima Woods, Duarte	14.60		
	2-A	Sonoma Nickson, Morningside	14.42		
	1-A	Renee Wright, Orange Lutheran	15.19		
1992	MC	Twila Sims, Lompoc	14.09	Twila Sims, Lompoc (SS)	13.83
	4-A	Kim Nellie, Palmdale	14.58		
	3-A	Twila Sims, Lompoc	14.36		
	2-A	Sanoma Nickson, Morningside	14.43		
	1-A	Zenzile Johnson, Paraclete	14.76		

100-METER HIGH HURDLES**(Low Hurdles Prior to 1993)****SOUTHERN SECTION CHAMPIONS**

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1993	MC	Miesha McKelvey, Gahr	14.50
	I	Cheaza Figueroa, Quartz Hill	14.50
	II	Cavetra Mitchell, Los Alamitos	14.70
	III	Beth Ault, St. Joseph/Santa Maria	14.94
	IV	Zenzile Johnson, Paraclete	15.11
1994	MC	Joanna Hayes, J.W. North	14.34
	I	Miesha McKelvey, Gahr	14.67
	II	Joanna Hayes, J.W. North	14.53
	III	Nicole Thomas, Morningside	14.92
	IV	Tracye Lawyer, Cate	15.89
1995	MC	Joanna Hayes, J.W. North	13.72
	I	Kelly Moten, Muir	14.47
	II	Joanna Hayes, J.W. North	13.49w
	III	Rori Kelly, Morningside	14.20w
	IV	Tracye Lawyer, Cate	15.50w
1996	MC	Nicole Hoxie, J.W. North	13.61w
	I	Michelle Perry, Quartz Hill	14.89
	II	Nicole Hoxie, J.W. North	14.00
	III	Rory Kelly, Morningside	14.64
	IV	Joey Tillocco, Orange Lutheran	16.12
1997	MC	Nicole Hoxie, J.W. North	13.43w
	I	Michelle Perry, Quartz Hill	13.87w
	II	Nicole Hoxie, J.W. North	13.43w
	III	Randi Smith, Beverly Hills	14.33
	IV	Natalia Nash, Pasadena Poly	15.52w rk
1998	MC	Nichole Denby, J.W. North	14.20
	I	Lashinda Demus, Long Beach Wilson	14.20w
	II	Nichole Denby, J.W. North	13.83w
	III	Randi Smith, Beverly Hills	14.33
	IV	Natalia Nash, Pasadena Poly	14.92
1999	MC	Nichole Denby, J.W. North	13.54w
	I	Nichole Denby, J.W. North	14.08
	II	Amanda Shanklin, Santa Margarita	14.67w
	III	Becky Rauth, Harvard-Westlake	14.78
	IV	Rita Forte, Vivian Webb	14.66
2000	MC	Nichole Denby, J.W. North	13.92
	I	Nichole Denby, J.W. North	13.41
	II	Cira Wright, Kennedy	15.11
	III	Chelsea Johnson, Atascadero	14.65
	IV	Kai Ivory, Marymount	14.62
2001	MC	Lashinda Demus, Long Beach Wilson	13.93w
	I	Lashinda Demus, Long Beach Wilson	13.69
	II	Mary Timm, Sultana	14.89
	III	Miesha McClendon, Muir	14.27w
	IV	Lindsey Hunt, Pasadena Poly	15.13
2002	MC	Dominique Manning, J.W. North	13.99
	I	Tunisia Johnson, Long Beach Poly	14.18
	II	Gayle Hunter, M.L. King	14.62
	III	Brittanie Johansson, Diamond Ranch	14.66
	IV	Maranda Henderson, Marymount	15.48

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Bisa Grant, Bishop O'Dowd (NC)	14.11
Davetta Shepard, J.F. Kennedy (NC)	13.73
Joanna Hayes, J.W. North (SS)	13.45
Nicole Hoxie, J.W. North (SS)	13.87
Nicole Hoxie, J.W. North (SS)	13.35
Natasha Neal, James Logan (NC)	13.57
Nichole Denby, J.W. North (SS)	13.42w
Nichole Denby, J.W. North (SS)	13.20
Lashinda Demus, Long Beach Wilson (SS)	13.39w
Talia Stewart, James Logan (NC)	14.03

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

100 METERS HIGH HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2003	MC	Ashlee Brown, J. W. North	13.54
	I	McKenzie Hill, Long Beach Wilson	13.95
	II	Ashlee Brown, J. W. North	13.76
	III	Lauren Collins, Santa Margarita	14.50
	IV	DeAnna Carson, Vista del Lago	14.35
2004	MC	Dominique Manning, J.W. North	13.67
	I	DeAna Carson, Long Beach Wilson	13.7h
	II	Dominique Manning, J.W. North	13.2h
	III	Lauren Collins, Santa Margarita	14.3h
	IV	Kimyon Broom, Serra	14.2h
2005	MC	Kimyon Broom, Serra	13.81
	I	DeAna Carson, Long Beach Wilson	14.30
	II	Ashleigh Gunderman, Mater Dei	14.74
	III	Leslie Mercado, Diamond Ranch	14.08
	IV	Kimyon Broom, Serra	14.43w
2006	MC	Kimyon Broom, Serra	13.95
	I	Ebony Collins, Long Beach Wilson	14.02
	II	Ashika Charan, Claremont	14.76
	III	Jalisa Williams, John Muir	14.40
	IV	Kimyon Broom, Serra	13.81
2007	MC	Kiani Profit, John Muir	14.04
	I	Natalie Roy, Mission Viejo	14.12
	II	Kori Carter, Claremont	14.18
	III	Jalisa Williams, John Muir	14.34
	IV	London Finley, St. Mary's Academy	14.22
2008	MC	Kori Carter, Claremont	14.07
	I	Monisha Davis, Etiwanda	14.27
	II	Kori Carter, Claremont	13.89
	III	Karynn Dunn, Diamond Ranch	14.53
	IV	London Finley, St. Mary's Academy	14.15
2009	MC	Kori Carter, Claremont	13.80
	I	Monisha Davis, Etiwanda	14.07w
	II	Kori Carter, Claremont	13.64
	III	Karynn Dunn, Diamond Ranch	14.06
	IV	Ashtyn Baltimore, Marlborough	13.87
2010	MC	Brea Buchanan, Ayala	13.86w
	1	Melia Cox, Long Beach Poly	13.82w
	2	Brea Buchanan, Ayala	13.82w
	3	Tayler Johnson, Oak Park	14.06w
	4	Urina Harrell, Serra	14.49w
2011	MC	Melia Cox, Long Beach Poly	13.34
	1	Melia Cox, Long Beach Poly	13.42
	2	Brea Buchanan, Ayala	13.90w
	3	Katherine Salcido, San Dimas	14.09
	4	Ebony Crear, Maranatha	14.71w
2012	MC	Traci Hicks, Long Beach Poly	13.65
	1	Traci Hicks, Long Beach Poly	13.72
	2	Taylor Thomas, Canyon/Canyon Country	14.18
	3	Skylin Harbin, Alemany	14.96
	4	Ebony Crear, Maranatha	14.17
2013	MC	Ebony Crear, Long Beach Poly	14.10
	1	Jasmyne Graham, Roosevelt	13.79w
	2	Kim Dargel, Murrieta Mesa	14.41w
	3	Skylin Harbin, Alemany	14.25
	4	Megan George, Serra	14.41
2014	MC	Jaela Williams, Roosevelt	14.02
	1	Jasmyne Graham, Roosevelt	13.66
	2	Emma Radan, Mater Dei	14.22
	3	Skylin, Harbin, Alemany	14.13
	4	Jeanette Paul, Serra	14.24
2015	MC	Jasmyne Graham, Roosevelt	13.52
	1	Jasmyne Graham, Roosevelt	13.47w
	2	Tara Davis, Agoura	13.85
	3	Sydney Mosley, Monrovia	14.09w
	4	Jaela Williams, Serra	13.96w
2016	MC	Tara Davis, Agoura	13.62
	1	Danae Dyer, Temecula Valley	13.92w
	2	Tara Davis, Agoura	13.64w
	3	Tammy Vien, Rosemead	14.39w
	4	Lulu Gilbert, St. Bonaventure	14.70

STATE CHAMPIONS

Champion/School (Section)	Ma
Ashlee Brown, J. W. North (SS)	13.58
Talia Stewart, James Logan (NC)	13.31w
Leslie Mercado, Diamond Ranch (SS)	13.58w
Julian Purvis, Oakland St. Elizabeth (NC)	13.93
Vashti Thomas, San Jose Mt. Pleasant (CC)	13.03
Vashti Thomas, San Jose Mt. Pleasant (CC)	13.44w
Kori Carter, Claremont (SS)	13.59
Kori Carter, Claremont (SS)	13.33w
Trinity Wilson, St. Mary's (NC)	13.41
Sasha Wallace, Holy Names (NC)	13.33
Sasha Wallace, Castro Valley (NC)	13.43
Mecca McGlaston, Dublin (NC)	13.54w
Jasmyne Graham, Roosevelt (SS)	13.17
Tara Davis, Agoura (SS)	13.38

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

100 METERS HIGH HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
2017	MC	Tara Davis, Agoura	13.59w
	1	Jada Hicks, Upland	14.21
	2	Tara Davis, Agoura	13.59
	3	Claire Murray, La Canada	14.71w
	4	Micah Fulton, Muir	14.78
2018	MC	Jada Hicks, Upland	13.54
	1	Jada Hicks, Upland	13.94
	2	Alli Jones, San Marcos	14.07
	3	Nikki Merritt, Santa Margarita	14.35
	4	Atkinson Asjah, St. Anthony	14.34
2019	MC	Asjah Atkinson, St. Anthony	14.08
	1	Rachel Glen, Wilson/Long Beach	14.44
	2	Taylor Shorter, Norco	14.16
	3	Jazmin Jackson, Chaminade	14.56
	4	Asjah Atkinson,	14.18
2020	No Playoffs - Covid-19		
2021	1	Jade McDonaled, Poly/Long Beach	13.89
	2	Ayahna Bahati, Culver City	15.15
	3	Amira Hawkins, North Torrance	14.41
	4	Asjah Atkinson, St. Anthony	14.32
2022	MC	Kailah McKenzie, Orange Vista	14.03
	1	Kailah McKenzie, Orange Vista	14.20
	2	Lauren Thai, Thousand Oaks	14.50
	3	Madeleine Conte, Monrovia	14.12
	4	Niya Clayton, Oaks Christian	14.78
2023	MC	Kailah Mckenzie, Orange Vista	13.85
	1	Kailah Mckenzie, Orange Vista	14.03
	2	Sophia Menchine, Edison	15.06
	3	Sofia Martinez, Notre Dame/Sherman Oaks	14.85
	4	Fallyn Gowans, Marlborough	14.12
2024	1	Kaylin Edwards, Wilson Long Beach	14.19
	2	Natalie McCarty, Newport Harbor	14.76
	3	Mia Holden, South Pasadena	14.43
	4	Lorin Hervey, St. Bernard	14.31

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Tara Davis, Agoura (SS)	12.83w
Jada Hicks, Upland (SS)	13.35
Jazlynn Shearer, Silver Creek (CC)	13:24
No Playoffs - Covid 19	
Charlize James, San Diego(SD)	13.95
Kori FieldSt. Mary's (SK)	13.79

300-METER LOW HURDLES

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1981	MC	Audrey Williams, Saugus	42.98
	4-A	Gayle Kellon, Walnut	41.91
	3-A	Audrey Williams, Saugus	43.29
	2-A	Courtney Hudson, South Pasadena	44.61
	1-A	Tracey Trimm, Tehachapi	46.79
1982	MC	Gayle Kellon, Walnut	41.74
	4-A	Gayle Kellon, Walnut	41.44
	3-A	Stacy Norton, Sunny Hills	44.12
	2-A	Courtney Hudson, South Pasadena	45.37
	1-A	Robin Stinson, Marshall Fundamental	44.42
1983	4-A	Janice Farwell, Millikan	43.21
	3-A	Gayle Kellon, Walnut	41.46
	2-A	Carole Jones, Chino	44.66
	1-A	Bonnie Houghton, Bishop	45.68
1984	4-A	Janice Farwell, Millikan	42.50
	3-A	Michelle Taylor, Ganesha	42.60
	2-A	Stephanie Lamar, Indio	44.26
	1-A	Rene Jacobs, Bishop Diego	46.51
1985	MC	Lana Cantrell, Muir	43.09
	4-A	Linetta Wilson, Muir	41.87
	3-A	Lisa Vanderburg, Walnut	45.59
	2-A	Amy Ice, Cajon	44.00
	1-A	Loni Larson, Fillmore	46.22
1986	MC	Janeen Vickers, Pomona	41.92
	4-A	Tamiko White, Hawthorne	43.67
	3-A	Janeen Vickers, Pomona	42.30
	2-A	Amy Ice, Cajon	43.46
	1-A	Loni Larson, Fillmore	43.91

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Audrey Williams, Saugus (SS)	42.26
Gayle Kellon, Walnut (SS)	41.09
Gayle Kellon, Walnut (SS)	41.71
Leslie Maxie, Mills (CC)	40.90
Leslie Maxie, Mills (CC)	41.80
Janeen Vickers, Pomona (SS)	41.32

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

300-METER LOW HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1987	MC	Janeen Vickers, Pomona	41.01
	4-A	Sharon Manship, Thousand Oaks	43.34
	3-A	Janeen Vickers, Pomona	42.77
	2-A	Lisa Vanderburg, Walnut	44.44
	1-A	Loni Larson, Fillmore	44.56
1988	MC	Sharon Edmonds, Hawthorne	43.95
	4-A	Cindy Byrne, Canyon/Canyon Country	43.47
	3-A	Danielle Reaves, Esperanza	44.42
	2-A	Michelle Dodson, Cajon	44.99
	1-A	Loni Larson, Fillmore	44.69
1989	MC	Michelle Dodson, Cajon	43.02
	4-A	Michelle Dodson, Cajon	42.89
	3-A	Aldora George, Upland	43.71
	2-A	Twila Sims, Lompoc	44.29
	1-A	Julie Jirgle, Agoura	45.14
1990	MC	Twila Sims, Lompoc	42.29
	4-A	Felice Lipscomb, Santa Monica	43.97
	3-A	Jill Young, Corona del Mar	45.42
	2-A	Twila Sims, Lompoc	43.18
	1-A	Renee Wright, Orange Lutheran	46.35
1991	MC	Elinor Tolson, Fountain Valley	43.25
	4-A	Lavinia Hendon, Upland	45.33
	3-A	Elionre Tolson, Fountain Valley	43.85
	2-A	Nicole Haynes, Bishop Montgomery	44.61
	1-A	Renee Wright, Orange Lutheran	46.47
1992	MC	Twila Sims, Lompoc	43.06
	4-A	Lavinia Henlon, Upland	44.48
	3-A	Twila Sims, Lompoc	43.19
	2-A	Alison Rhodes, South Hills	45.02
	1-A	Angelina Graham, Blair	44.91
1993	MC	Nicole Thomas, Morningside	43.40
	I	Karen Vigilant, Long Beach Wilson	43.31
	II	Desiree Green, J.W. North	45.29
	III	Nicole Thomas, Morningside	44.32
	IV	Jennie Jacoby, Paraclete	47.95
1994	MC	Joanna Hayes, J.W. North	43.31
	I	Cathy Prater, Agoura	43.88
	II	Joanna Hayes, J.W. North	44.27
	III	Bridie Hatch, Nordhoff	45.74
	IV	Jennie Jacoby, Paraclete	47.63
1995	MC	Joanna Hayes, J.W. North	41.55
	I	Naema Withey, Long Beach Poly	43.85
	II	Joanna Hayes, J.W. North	42.46
	III	Nicole Thomas, Morningside	43.19
	IV	Kristin Candaele, Carpinteria	46.08
1996	MC	Nicole Hoxie, J.W. North	42.76
	I	Michelle Perry, Quartz Hill	42.88
	II	Nicole Hoxie, J.W. North	44.13
	III	Rory Kelly, Morningside	43.59
	IV	Kate Gulbransen, Thacher	46.58
1997	MC	Hannah Cooper, Hawthorne	42.90
	I	Hannah Cooper, Hawthorne	42.25
	II	Nicole Hoxie, J.W. North	43.93
	III	Randi Smith, Beverly Hills	43.19
	IV	Natalia Nash, Pasadena Poly	46.26
1998	MC	Detra King, Long Beach Poly	42.52
	I	Lashinda Demus, Long Beach Wilson	42.09
	II	Janelle Loudat, Woodbridge	44.03
	III	Randi Smith, Beverly Hills	42.51
	IV	Natalia Nash, Pasadena Poly	45.05
1999	MC	Lashinda Demus, Long Beach Wilson	40.4h
	I	Lashinda Demus, Long Beach Wilson	41.44
	II	Amanda Shanklin, Santa Margarita	44.68
	III	Becky Rauth, Harvard-Westlake	43.85
	IV	Natalia Nash, Pasadena Poly	45.14
2000	MC	Lashinda Demus, Long Beach Wilson	41.20
	I	Lashinda Demus, Long Beach Wilson	41.24
	II	Megan O'Meara, San Marcos	45.49
	III	Chelsea Johnson, Atascadero	44.26
	IV	Kai Ivory, Marymount	44.56

STATE CHAMPIONS

Champion/School (Section)	Mark
Janeen Vickers, Pomona (SS)	40.96
Michelle Decoux, Bishop O'Dowd (NC)	42.16
Twila Sims, Lompoc (SS)	42.54
Felice Lipscomb, Santa Monica (SS)	41.69
Erin Blunt, San Pasqual (SD)	43.02
Twila Sims, Lompoc (SS)	42.75
Angela Harris, Skyline (OK)	42.78
Angela Harris, Skyline (OK)	42.78
Joanna Hayes, J.W. North (SS)	41.20
Tisha Ponder, Del Mar (CC)	42.22
Ryan Peters, Skyline (OK)	41.47
Natasha Neal, James Logan (NC)	40.86
Lashinda Demus, Long Beach Wilson (SS)	40.44
Lashinda Demus, Long Beach Wilson (SS)	40.41

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

300-METER LOW HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2001	MC	Tunishia Johnson, Long Beach Poly	42.32
	I	Lashinda Demus, Long Beach Wilson	39.98
	II	Janeshia Adams, Gahr	44.39
	III	Chelsea Johnson, Atascadero	44.77
	IV	Jocelyn Parkinson, St. Margaret's	45.15
2002	MC	Julia Pitts, North Torrance	42.36
	I	Tunisia Johnson, Long Beach Poly	42.38
	II	Julia Pitts, North Torrance	43.57
	III	Chelsea Smith, Chaminade	44.56
	IV	Jocelyn Parkinson, St. Margaret's	45.22
2003	MC	McKenzie Hill, Long Beach Wilson	41.72
	I	McKenzie Hill, Long Beach Wilson	42.36
	II	Lili Calhoun, J.W. North	42.90
	III	Jhana Samuels, Diamond Ranch	43.72
	IV	Erica Fleming, Los Angeles Baptist	45.88
2004	MC	Ebony Collins, Long Beach Wilson	41.26
	I	Ebony Collins, Long Beach Wilson	40.81
	II	Tanicka Ward, J.W. North	43.64
	III	Kiani Profit, Muir	43.61
	IV	Kimyon Broom, Serra	45.06
2005	MC	Ebony Collins, Long Beach Wilson	41.07
	I	Ebony Collins, Long Beach Wilson	42.37
	II	Ashika Charan, Claremont	43.12
	III	Kiani Profit, Muir	43.50
	IV	Tiffany Pransky, Orange Lutheran	45.35
2006	MC	Ebony Collins, Long Beach Wilson	40.45
	I	Ebony Collins, Long Beach Wilson	40.58
	II	Kierstan Kirkland, J.W. North	43.31
	III	Kiani Profit, John Muir	41.97
	IV	Kimyon Broom, Serra	43.15
2007	MC	Kiani Profit, John Muir	42.17
	I	April Pate, Carter	43.52
	II	Kiersten Kirkland, J.W. North	42.96
	III	Kiani Profit, John Muir	42.35
	IV	London Finley, St. Mary's Academy	42.36
2008	MC	Ericka Nowell, Perris	41.88
	I	Ericka Nowell, Perris	41.96
	II	Kori Carter, Claremont	43.18
	III	Allison Reaser, El Segundo	43.01
	IV	London Finley, St. Mary's Academy	43.13
2009	MC	Kori Carter, Claremont	41.92
	I	Nyjah Cousar, Long Beach Wilson	42.44
	II	Kori Carter, Claremont	42.96
	III	Emily Allis, San Luis Obispo	43.95
	IV	Turquoise Thompson, Serra	41.61
2010	MC	Ashley Cooke, Colony	42.65
	1	Jordie Munford, Etiwanda	42.91
	2	Kori Carter, Claremont	41.30
	3	Allison Reaser, El Segundo	43.04
	4	Gainna Woodruff, St. Mary's Academy	43.30
2011	MC	Melia Cox, Long Beach Poly	41.32
	1	Melia Cox, Long Beach Poly	40.94
	2	Haley Sanner, Cajon	43.14
	3	Olmhunique Browne, San Marino	43.56
	4	Dawnielle Baucham, Serra	42.36
2012	MC	Jordie Munford, Rancho Cucamonga	41.86
	1	Jordie Munford, Rancho Cucamonga	41.37
	2	Haley Sanner, Cajon	44.11
	3	ShebanetTe Terry, Irvine	43.62
	4	Ebony Crear, Maranatha	42.46
2013	MC	Jade Miller, Great Oak	41.34
	1	Jade Miller, Great Oak	41.15
	2	Jazmine Robertson, Colony	44.12
	3	Skylin Harbin, Alemany	42.92
	4	Alex Cerise, La Reina	44.70
2014	MC	Kymber Payne, Long Beach Poly	41.35
	1	Kymber Payne, Long Beach Poly	42.49
	2	Shante Robinson, Mira Costa	42.58
	3	Skylin Harbin, Alemany	42.88
	4	Jeanette Paul, Serra	42.44

STATE CHAMPIONS

Champion/School (Section)	Mark
Ashlee Brown, J.W. North (SS)	41.81
Ashlee Brown, J.W. North (SS)	41.67
McKenzie Hill, Long Beach Wilson (SS)	41.31
Talia Stewart, James Logan (NC)	41.31
Ebony Collins, Long Beach Wilson (SS)	40.11
Ebony Collins, Long Beach Wilson (SS)	40.13
Jamesha Youngblood, Hercules (NC)	41.08
Kori Carter, Claremont (SS)	41.28
Kori Carter, Claremont (SS)	41.26
Kori Carter, Claremont (SS)	40.44
Melia Cox, Long Beach Poly (SS)	41.80
Daje Pugh, Fairfield (SJ)	40.57
Jade Miller, Great Oak (SS)	41.02
Reonna Collier, Piedmont Hills (CC)	40.90

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

300-METER LOW HURDLES (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2015	MC	Jasmyne Graham, Roosevelt	41.94
	1	Jasmyne Graham, Roosevelt	42.04
	2	Juanita Webster, Redlands	42.45
	3	Courtney Corrin, Harvard-Westlake	42.81
	4	Aliyah Hale, St. Mary's Academy	42.91
2016	MC	Breanna Bernard Joseph, Roosevelt	41.87
	1	Breanna Bernard Joseph, Roosevelt	42.47
	2	Emma Kratzberg, Newport Harbor	43.15
	3	Kyla Robinson-Hubbard, Calabasas	44.18
	4	Lulu Gilbert, St. Bonaventure	44.55
2017	MC	Shae Anderson, Norco	42.77
	1	Brenna Bernard-Joseph, Roosevelt	42.73
	2	Shae Anderson, Norco	42.77
	3	Kyla Robinson-Hubbard, Calabasas	43.66
	4	Rachel Gagnon, Oxford Academy	46.24
2018	MC	Kyla Robinson-Hubbard, Calabasas	41.82
	1	Nyree Brown, Segerstrom	41.86
	2	Kyla Robinson-Hubbard, Calabasas	43.71
	3	Nikki Merritt, Santa Margarita	42.93
	4	Atkinson Asjah, St. Anthony	44.44
2019	MC	Rachel Glen, Wilson/Long Beach	41.01
	1	Rachel Glen, Wilson/Long Beach	41.48
	2	Amari Jenkins	43.32
	3	Inaya Jumal, Monrovia	44.81
	4	Brianna Smith, Paraclete	45.69
2020	No Playoffs - Covid-19		
2021	1	Emily Waller, Woodbridge	43.50
	2	Breija Strredic, JW North	45.07
	3	Madeleine Conte, Monrovia	44.23
	4	Asjah Atkinson, St. Anthony	45.33
2022	MC	Madeleine Conte, Monrovia	43.33
	1	Lela Divinity, Redondo Union	44.49
	2	Lauren Thai, Thousand Oaks	45.08
	3	Madeleine Conte, Monrovia	44.09
	4	Eleanor Borchard, Oaks Christian	46.34
2023	MC	Lela Divinity, Redondo Union	42.86
	1	Kaylin Edwards, Wilson/Long Beach	42.52
	2	Melinda Tarvin, Edison	43.26
	3	Mia Holden, South Pasadena	43.81
	4	Eleanor Borchard, Oaks Christian	43.76
2024	1	Kaylin Edwards, Wilson Long Beach	42.00
	2	Natalie McCarty, Newport Harbor	43.84
	3	Mia Holden, South Pasadena	42.81
	4	Monika Vargas, Mayfair	44.70

STATE CHAMPIONS

Champion/School (Section)	Mark
Jasmyne Graham, Roosevelt (SS)	40.73
Jurnee Woodward, Vacaville (SJ)	40.62
Shae Anderson, Norco (SS)	40.31
Breanna Bernard Joseph, Roosevelt (SS)	41.76
Rachel Glen, Wilson/Long Beach (SS)	41.71
No Playoffs - Covid 19	
Kapiolani Coleman, Cathedral Catholic (SD)	42.23
Kaylin Edward, Wilson/Long Beach (SS)	41.57

400-METER RELAY

(440 yards prior to 1980)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1973		Costa Mesa	49.5
1974		Muir	50.1
1975		Muir	49.2
1976		Centennial/Compton	47.9
1977	MC	Centennial/Compton	47.3
	4-A	Centennial/Compton	48.0
	3-A	El Toro	49.0
	2-A	Bassett	50.4
	1-A	Desert	51.3
1978	MC	Thousand Oaks	48.18
	4-A	Thousand Oaks	48.35
	3-A	Morningside	49.73
	2-A	Bassett	49.89
	1-A	Calabasas	50.66
1979	MC	Pacific	48.1
	4-A	San Geronio	47.66
	3-A	Cajon	49.32
	2-A	Capistrano Valley	49.64
	1-A	Marshall Fundamental	50.10
1980	MC	Long Beach Poly	46.65
	4-A	Long Beach Poly	46.25
	3-A	Cajon	47.90
	2-A	Centennial/Compton	49.27
	1-A	Los Angeles Lutheran	50.94

STATE CHAMPIONS

Champion/School (Section)	Mark
(No meet held)	
Berkeley (NC)	47.5
Muir (SS)	48.0
Muir (SS)	47.6
Crawford (SD)	46.14
Jordan (LA)	47.14
Westchester (LA)	47.95
Granada Hills Kennedy (LA)	45.81

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

400 METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1981	MC	Muir	46.58
	4-A	Muir	47.05
	3-A	Ganesha	47.32
	2-A	Garey	48.24
	1-A	Los Angeles Lutheran	50.29
1982	MC	Hawthorne	46.26
	4-A	Jordan	47.35
	3-A	Hawthorne	46.64
	2-A	Ganesha	46.94
	1-A	Brethren	49.51
1983	4-A	Long Beach Poly	47.78
	3-A	Hawthorne	46.66
	2-A	Blair	49.12
	1-A	Santa Ynez	49.75
1984	4-A	Muir	46.49
	3-A	Ganesha	48.90
	2-A	Blair	48.86
	1-A	Valley Christian/Cerritos	49.48
1985	MC	Hawthorne	45.11
	4-A	Hawthorne	45.36
	3-A	Pomona	48.32
	2-A	Morningside	48.90
	1-A	Valley Christian/Cerritos	50.48
1986	MC	Hawthorne	45.98
	4-A	Hawthorne	45.60
	3-A	Pomona	48.35
	2-A	Cajon	48.52
	1-A	Regina Caeli	50.57
1987	MC	Pomona	47.32
	4-A	Long Beach Poly	47.96
	3-A	Pomona	47.74
	2-A	Cajon	48.84
	1-A	Paso Robles	49.56
1988	MC	Hawthorne	46.73
	4-A	Hawthorne	46.77
	3-A	Pomona	48.65
	2-A	Cajon	48.46
	1-A	Brethren	49.34
1989	MC	Hawthorne	46.46
	4-A	Hawthorne	47.11
	3-A	Rio Mesa	47.40
	2-A	St. Bernard	48.02
	1-A	Atascadero	49.97
1990	MC	Muir	46.23
	4-A	Muir	46.20
	3-A	Rio Mesa	47.65
	2-A	St. Bernard	47.92
	1-A	Western Christian	50.02
1991	MC	Morningside	45.90
	4-A	Muir	47.09
	3-A	Rio Mesa	48.39
	2-A	Morningside	46.03
	1-A	Pius X	48.81
1992	MC	Morningside	46.36
	4-A	Muir	48.11
	3-A	Thousand Oaks	47.98
	2-A	Morningside	46.65
	1-A	Pius X	48.16
1993	MC	Long Beach Poly	45.97
	I	Long Beach Poly	45.87
	II	Canyon Springs	48.89
	III	Morningside	47.22
	IV	Marlborough	50.13
1994	MC	Long Beach Wilson	46.16
	I	Long Beach Wilson	46.49
	II	Canyon Springs	47.45
	III	Morningside	47.07
	IV	St. Mary's	49.93

STATE CHAMPIONS

Champion/School (Section)	Mark
Berkeley (NC)	45.13
Dorsey (LA)	Unk.
Hawthorne (SS)	46.56
Hawthorne (SS)	45.99
Hawthorne (SS)	45.95
Hawthorne (SS)	45.54
St. Francis (CC)	45.95
Hawthorne (SS)	47.10
Muir (SS)	46.46
Bakersfield (CE)	46.49
Morningside (SS)	46.38
Morningside (SS)	46.34
Long Beach Poly (SS)	45.74
Long Beach Wilson (SS)	46.17

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

400 METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1995	MC	Long Beach Poly	45.43
	I	Long Beach Poly	45.20
	II	Pomona	47.07
	III	Morningside	47.58
	IV	St. Mary's	49.98
1996	MC	St. Bernard	46.26
	I	Long Beach Wilson	46.73
	II	J.W. North	47.23
	III	Morningside	46.18
	IV	St. Mary's	49.27
1997	MC	St. Bernard	44.91
	I	Long Beach Wilson	46.34
	II	Woodbridge	48.38
	III	St. Bernard	45.37
	IV	St. Mary's	48.97
1998	MC	St. Bernard	45.77
	I	Long Beach Wilson	46.28
	II	Rio Mesa	48.51
	III	St. Bernard	46.95
	IV	Banning	49.19
1999	MC	Long Beach Poly	46.24
	I	Long Beach Poly	46.46
	II	Santa Ana Valley	48.34
	III	Cerritos	48.64
	IV	Pasadena Poly	49.36
2000	MC	Long Beach Wilson	47.04
	I	J.W. North	45.30
	II	San Geronio	48.57
	III	Notre Dame/Sherman Oaks	48.52
	IV	La Salle	48.55
2001	MC	Long Beach Wilson	45.56
	I	Long Beach Wilson	45.10
	II	Rio Mesa	47.12
	III	Muir	47.66
	IV	Los Angeles Baptist	48.43
2002	MC	Long Beach Poly	45.40
	I	Long Beach Poly	45.32
	II	Gahr	48.44
	III	Notre Dame/Sherman Oaks	47.81
	IV	Los Angeles Baptist	47.87
2003	MC	Long Beach Poly	44.90
	I	Long Beach Poly	NT
	II	J. W. North	46.74
	III	Notre Dame/Sherman Oaks	48.45
	IV	Los Angeles Baptist	47.64
2004	MC	Long Beach Poly	45.76
	I	Long Beach Poly	45.11
	II	J.W. North	46.88
	III	Muir	48.19
	IV	Louisville	48.05
2005	MC	Long Beach Wilson	46.20
	I	Long Beach Wilson	46.41
	II	Kennedy	46.87
	III	Muir	48.10
	IV	St. Mary's Academy	46.98
2006	MC	Long Beach Wilson	45.87
	I	Long Beach Wilson	45.33
	II	J.W. North	46.94
	III	Rio Mesa	47.92
	IV	St. Mary's Academy	47.11
2007	MC	Rancho Verde	45.74
	I	Long Beach Poly	45.58
	II	Dominguez	47.56
	III	Centennial/Compton	47.80
	IV	St. Mary's Academy	47.47
2008	MC	Long Beach Poly	46.28
	I	Rancho Verde	46.20
	II	Rio Mesa	47.13
	III	Bishop Amat	48.08
	IV	St. Mary's Academy	46.62

STATE CHAMPIONS

Champion/School (Section)	Mark
Long Beach Poly (SS)	45.1ht
James Logan (NC)	45.20
St. Bernard (SS)	44.70
St. Bernard (SS)	46.00
San Lorenzo Valley (NC)	45.90
Berkeley (NC)	45.96
Long Beach Wilson (SS)	45.40
Long Beach Poly (SS)	45.50
Long Beach Poly (SS)	45.04
Long Beach Poly (SS)	45.11
Long Beach Wilson (SS)	44.84
Long Beach Wilson (SS)	45.19
Rancho Verde (SS)	45.74
St. Mary's Academy (SS)	46.41

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

400 METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2009	MC	Rancho Verde	45.81
	I	Rancho Verde	45.76
	II	Rio Mesa	47.19
	III	San Luis Obispo	48.12
	IV	St. Mary's Academy	45.50
2010	MC	Long Beach Poly	45.29
	1	Rancho Verde	46.16
	2	Summitt	47.31
	3	Monrovia	47.80
	4	Serra	46.19
2011	MC	Long Beach Poly	45.04
	1	Long Beach Poly	45.50
	2	Cajon	47.58
	3	Inglewood	47.25
	4	Serra	46.42
2012	MC	Long Beach Poly	45.72
	1	Long Beach Poly	45.81
	2	Westlake	47.32
	3	Monrovia	47.94
	4	Serra	45.80
2013	MC	Long Beach Poly	44.94
	1	Long Beach Poly	45.54
	2	Colony	46.77
	3	Aleman	46.89
	4	St. Mary's Academy	47.15
2014	MC	Long Beach Poly	45.25
	1	Long Beach Poly	45.53
	2	Redondo Union	47.41
	3	Monrovia	47.23
	4	St. Mary's Academy	46.66
2015	MC	Oaks Christian	45.47
	1	Long Beach Poly	46.22
	2	Rio Mesa	47.04
	3	Harvard-Westlake	47.66
	4	Oaks Christian	45.75
2016	MC	Serra	45.92
	1	Upland	46.58
	2	Rio Mesa	47.52
	3	Calabasas	46.73
	4	Serra	46.77
2017	MC	Calabasas	46.02
	1	Rancho Cucamonga	46.95
	2	Mater Dei	47.40
	3	Calabasas	46.02
	4	Serra	47.29
2018	MC	Serra	45.88
	1	Long Beach Poly	47.10
	2	Calabasas	47.54
	3	Santa Margarita	47.43
	4	Serra	46.19
2019	MC	Poly/Long Beach	46.70
	1	Poly/Long Beach	46.62
	2	Orange Vista	47.25
	3	Santa Margarita	47.80
	4	Oaks Christian	47.74
2020	No Playoffs - Covid-19		
2021	1	Wilson/Long Beach	46.53
	2	Golden Valley	47.36
	3	Harvard Westlake	48.50
	4	Oaks Christian	47.26
2022	MC	Golden Valley	45.98
	1	Poly/Long Beach	46.60
	2	Golden Valley	46.41
	3	Calabasas	46.87
	4	Serra	46.33
2023	MC	Wilson, Long Beach	46.28
	1	Wilson/Long Beach	46.16
	2	Culver City	47.26
	3	Mission Viejo	48.00
	4	Serra	45.68

STATE CHAMPIONS

Champion/School (Section)	Mark
Long Beach Poly (SS)	45.88
Rancho Verde (SS)	45.74
Long Beach Poly (SS)	45.70
Serra (SS)	45.92
Long Beach Poly (SS)	44.93
Long Beach Poly (SS)	45.19
Oaks Christian (SS)	45.66
Carson (LA)	45.06
Calabasas (SS)	45.14
Serra (SS)	45.69
Scripps Ranch (SD)	46.51
No Playoffs - Covid 19	
Serra (SS)	46.08
Carson (LA)	45.61

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

400 METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2024	1	Long Beach Poly	46.16
	2	Calabasas	46.16
	3	Oaks Christian	46.77
	4	St. Mary's	47.11

STATE CHAMPIONS

Champion/School (Section)	Mark
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1600-METER RELAY

(Mile prior to 1980, 880-Yard Sprint Medley Relay prior to 1976)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1973		Wilson/Long Beach	1:49.7
1974		Royal	1:51.0
1975		Royal	1:48.0
1976		Arcadia	3:58.0
1977	MC	Santa Barbara	3:58.4
	4-A	Rolling Hills	3:58.8
	3-A	Beverly Hills	3:59.8
	2-A	Cajon	4:04.7
	1-A	Los Angeles Lutheran	4:10.2
1978	MC	Santa Ana Valley	3:55.06
	4-A	Thousand Oaks	3:58.17
	3-A	Upland	4:10.94
	2-A	Sonora	4:08.38
	1-A	Orange Lutheran	4:06.19
1979	MC	San Geronio	3:44.9ht
	4-A	San Geronio	3:46.34
	3-A	North Torrance	3:55.06
	2-A	Capistrano Valley	3:59.92
	1-A	Trona	4:08.88
1980	MC	Long Beach Poly	3:45.19
	4-A	Long Beach Poly	3:50.50
	3-A	North Torrance	3:54.07
	2-A	Laguna Beach	3:59.79
	1-A	Aleman	4:00.86
1981	MC	Ganesha	3:49.28
	4-A	Ganesha	3:49.28
	3-A	North Torrance	3:51.58
	2-A	Garey	3:58.23
	1-A	Marshall Fundamental	4:07.09
1982	MC	Ganesha	3:45.40
	4-A	Muir	3:47.53
	3-A	Hawthorne	3:49.66
	2-A	Ganesha	3:50.47
	1-A	Aleman	4:02.30
1983	4-A	Compton	3:49.50
	3-A	Hawthorne	3:49.49
	2-A	Ganesha	3:52.82
	1-A	Santa Ynez	4:05.21
1984	4-A	Compton	3:42.10
	3-A	Ganesha	3:53.13
	2-A	La Canada	4:00.70
	1-A	Rim of the World	4:03.41
1985	MC	Muir	3:41.65
	4-A	Muir	3:37.69
	3-A	Ganesha	3:50.93
	2-A	Arroyo Grande	3:58.90
	1-A	Santa Ynez	4:05.48
1986	MC	Hawthorne	3:45.57
	4-A	Hawthorne	3:45.59
	3-A	Woodbridge	3:54.62
	2-A	Morningside	3:56.18
	1-A	Santa Ynez	4:04.89
1987	MC	Long Beach Poly	3:49.75
	4-A	Long Beach Poly	3:48.66
	3-A	Corona del Mar	3:55.06
	2-A	Woodbridge	3:55.38
	1-A	Atascadero	4:00.88

STATE CHAMPIONS

Champion/School (Section)	Mark
(No meet held)	
Berkeley (NC)	1:46.4
Washington (LA)	1:44.5
Fremont (LA)	3:55.9
Locke (LA)	3:52.1
Fremont (LA)	3:51.3h
San Geronio (SS)	3:44.05
Granada Hills Kennedy (LA)	3:37.98
Granada Hills Kennedy (LA)	3:37.71
Dorsey (LA)	3:41.72
Dorsey (LA)	3:46.24
Locke (LA)	3:38.65
Muir (SS)	3:43.30
Compton (SS)	3:42.31
Long Beach Poly (SS)	3:45.20

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600 METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

Year Div. Champion/School

Mark

STATE CHAMPIONS

Champion/School (Section)

Mark

1988	MC	Hawthorne	3:49.83	Hawthorne (SS)	3:47.32
	4-A	Hawthorne	3:50.64		
	3-A	Pomona	3:51.22		
	2-A	Woodbridge	3:51.57		
	1-A	Agoura	4:05.76		
1989	MC	Rio Mesa	3:48.66	Hawthorne (SS)	3:46.59
	4-A	Muir	3:47.47		
	3-A	Rio Mesa	3:51.84		
	2-A	St. Bernard	3:56.48		
	1-A	Aleman	4:02.73		
1990	MC	Morningside	3:44.79	Morningside (SS)	3:44.16
	4-A	Muir	3:46.42		
	3-A	Esperanza	3:55.36		
	2-A	Morningside	3:55.20		
	1-A	Atascadero	4:05.53		
1991	MC	St. Bernard	3:50.41	Long Beach Poly (SS)	3:48.85
	4-A	Long Beach Poly	3:53.91		
	3-A	Edison	4:03.68		
	2-A	Morningside	3:49.14		
	1-A	Blair	4:05.36		
1992	MC	Long Beach Poly	3:47.42	Long Beach Poly (SS)	3:45.91
	4-A	Long Beach Poly	3:48.04		
	3-A	Thousand Oaks	3:54.05		
	2-A	Morningside	3:51.36		
	1-A	Pius X	3:58.35		
1993	MC	Morningside	3:44.93	Long Beach Poly (SS)	3:42.75
	I	Long Beach Poly	3:47.55		
	II	J.W. North	3:57.53		
	III	Morningside	3:47.64		
	IV	Notre Dame Academy	4:06.06		
1994	MC	Long Beach Poly	3:42.58	Skyline (OK)	3:41.90
	I	Long Beach Poly	3:45.39		
	II	Canyon Springs	3:56.20		
	III	Morningside	3:48.93		
	IV	Marshall Fundamental	4:06.13		
1995	MC	Long Beach Poly	3:43.88	Long Beach Poly (SS)	3:39.53
	I	Long Beach Poly	3:47.11		
	II	J.W. North	3:50.19		
	III	St. Bernard	3:53.71		
	IV	Marshall Fundamental	4:03.27		
1996	MC	Long Beach Wilson	3:41.44	Long Beach Wilson (SS)	3:38.50
	I	Long Beach Wilson	3:40.07		
	II	J.W. North	3:53.24		
	III	Morningside	3:51.79		
	IV	Marshall Fundamental	4:04.45		
1997	MC	St. Bernard	3:41.14	St. Bernard (SS)	3:39.43
	I	Long Beach Poly	3:46.42		
	II	Woodbridge	3:52.19		
	III	St. Bernard	3:41.32		
	IV	Flintridge Prep	4:09.27		
1998	MC	Long Beach Wilson	3:37.97	Long Beach Wilson (SS)	3:36.32
	I	Long Beach Wilson	3:36.32		
	II	J.W. North	3:50.47		
	III	St. Bernard	3:50.27		
	IV	Pasadena Poly	4:02.97		
1999	MC	Long Beach Wilson	3:37.31	Long Beach Wilson (SS)	3:39.01
	I	Long Beach Poly	3:46.06		
	II	Woodbridge	3:56.48		
	III	Paso Robles	4:00.57		
	IV	Pasadena Poly	3:58.71		
2000	MC	J.W. North	3:39.46	J.W. North (SS)	3:41.11
	I	J.W. North	3:34.17		
	II	Sultana	3:57.28		
	III	Corona del Mar	3:55.34		
	IV	La Salle	3:56.75		
2001	MC	Long Beach Wilson	3:37.48	Long Beach Wilson (SS)	3:35.72
	I	Long Beach Poly	3:39.81		
	II	Gahr	3:55.74		
	III	Notre Dame/Sherman Oaks	3:54.87		
	IV	Los Angeles Baptist	3:59.01		

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600 METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
2002	MC	Long Beach Wilson	3:38.71
	I	Long Beach Poly	3:41.21
	II	North Torrance	3:53.57
	III	Morningside	3:51.75
	IV	St. Mary's Academy	4:00.80
2003	MC	Long Beach Poly	3:36.85
	I	Long Beach Poly	3:42.03
	II	J. W. North	3:51.18
	III	Muir	3:52.36
	IV	La Salle	4:01.94
2004	MC	Long Beach Wilson	3:41.57
	I	Long Beach Poly	3:40.39
	II	J.W. North	3:49.65
	III	Muir	3:51.11
	IV	Orange Lutheran	4:01.61
2005	MC	Long Beach Wilson	3:40.35
	I	Long Beach Wilson	3:41.02
	II	Kennedy	3:51.13
	III	Muir	3:52.01
	IV	St. Mary's Academy	3:52.45
2006	MC	Long Beach Wilson	3:44.72
	I	Long Beach Poly	3:42.41
	II	J.W. North	3:52.13
	III	John Muir	3:53.12
	IV	Louisville	3:49.31
2007	MC	Long Beach Poly	3:45.69
	I	Long Beach Poly	3:46.24
	II	J.W. North	3:49.61
	III	Centennial/Compton	3:49.94
	IV	St. Mary's Academy	3:49.52
2008	MC	Long Beach Poly	3:43.80
	I	Long Beach Poly	3:43.57
	II	Woodbridge	3:50.58
	III	San Luis Obispo	3:51.28
	IV	St. Mary's Academy	3:52.12
2009	MC	Rancho Verde	3:44.02
	I	Long Beach Poly	3:45.42
	II	Colony	3:50.94
	III	Artesia	3:51.89
	IV	Serra	3:48.37
2010	MC	Long Beach Poly	3:43.68
	1	Long Beach Poly	3:46.21
	2	Colony	3:48.81
	3	Harvard Westlake	3:52.06
	4	Serra	3:44.29
2011	MC	Long Beach Poly	3:41.75
	1	Long Beach Poly	3:45.08
	2	Mater Dei	3:50.22
	3	Harvard Westlake	3:48.14
	4	Serra	3:45.40
2012	MC	Serra	3:46.83
	1	Long Beach Poly	3:48.59
	2	Redondo Union	3:54.47
	3	Harvard Westlake	3:46.52
	4	Serra	3:44.53
2013	MC	Long Beach Poly	3:47.01
	1	Long Beach Poly	3:47.15
	2	Redondo Union	3:51.75
	3	Aleman	3:47.66
	4	St. Mary's Academy	3:53.53
2014	MC	Long Beach Poly	3:41.31
	1	Long Beach Poly	3:46.45
	2	Redondo Union	3:49.36
	3	Aleman	3:51.60
	4	Oaks Christian	3:46.47
2015	MC	Oaks Christian	3:45.62
	1	Roosevelt	3:44.76
	2	J.W. North	3:50.83
	3	Santa Margarita	3:52.15
	4	Oaks Christian	3:49.40

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Long Beach Poly (SS)	3:35.99
Long Beach Poly (SS)	3:35.78
Long Beach Poly (SS)	3:35.49
Long Beach Wilson (SS)	3:39.27
Long Beach Wilson (SS)	3:37.14
Bishop O'Dowd (NC)	3:47.42
Long Beach Poly (SS)	3:40.87
Serra (SS)	3:42.91
Long Beach Poly (SS)	3:39.15
Serra/Gardena (SS)	3:43.21
Serra (SS)	3:46.45
Piedmont Hills (CC)	3:41.14
Long Beach Poly (SS)	3:38.05
St. Mary's (NC)	3:43.33

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

1600 METER RELAY (Cont.)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
2016	MC	Mission Viejo	3:47.31
	1	Rancho Cucamonga	3:49.28
	2	Mission Viejo	3:47.50
	3	Calabasas	3:49.71
	4	Oaks Christian	3:55.09
2017	MC	Santa Margarita	3:47.62
	1	Roosevelt	3:46.29
	2	Westlake	3:51.39
	3	Calabasas	3:48.02
	4	Oaks Christian	3:49.81
2018	MC	Bonita	3:46.07
	1	Chino Hills	3:47.47
	2	Bonita	3:44.92
	3	Alemanay	3:51.55
	4	Serra	3:46.89
2019	MC	Roosevelt	3:43.98
	1	Roosevelt	3:43.77
	2	JW North	3:48.68
	3	Santa Margarita	3:52.27
	4	Oaks Christian	3:48.73
2020	No Playoffs - Covid-19		
2021	1	Wilson/Long Beach	3:47.79
	2	JW North	3:48.90
	3	La Canada	3:58.36
	4	Oaks Christian	3:53.74
2022	MC	Wilson/Long Beach	3:49.47
	1	Wilson/Long Beach	3:45.06
	2	Culver City	3:50.88
	3	Calabasas	3:51.56
	4	Serra	3:58.28
2023	MC	Culver City	3:41.40
	1	Wilson/Long Beach	3:43.82
	2	Culver City	3:44.70
	3	JSerra Catholic	3:51.68
	4	Oaks Christian	3:52.28
2024	1	Long Beach Wilson	3:45.28
	2	Calabasas	3:46.46
	3	JSerra	3:48.59
	4	St. Mary's	3:47.90

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Carson (LA)	3:42.80
Bishop O'Dowd (NC)	3:46.33
Bonita (SS)	3:42.62
Poly/Long Beach	3:46.23
No Playoffs - Covid 19	
Clovis North (CS)	3:45.38
Culver City (SS)	3:41.08
Wilson(LB) Ss	3:41.40

HIGH JUMP

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
1973		Joanne Teteak, San Marcos	5-03
1974		Sue Long, Gahr	5-03
1975		Julie Lendl, Royal	5-05.75
1976		Sue Long, Gahr	5-07
1977	MC	Kari Grosswiller, Upland	5-08
	4-A	Anne Erpenback, Huntington Beach	5-08
	3-A	Dina McCullough, Barstow	5-05
	2-A	Carol Griswold, Paso Robles	5-04.25
	1-A	Gail Pharis, Moorpark	5-02
1978	MC	Nancy Redican, Simi Valley	5-08
	4-A	Nancy Redican, Simi Valley	5-10.25
	3-A	Kari Grosswiller, Upland	5-10.25
	2-A	Stacey Neuman, Agoura	5-04
	1-A	Liz Kern, St. Bonaventure	5-04
1979	MC	Lucy Wardle, Miraleste	5-09
	4-A	Stacy Neuman, Agoura	5-06
	3-A	Lucy Wardle, Miraleste	5-06
	2-A	Paula Jones, Mission Viejo	5-04
	1-A	Karen Kraemer, Notre Dame/Riverside	5-06
1980	MC	Rena Wright, Miraleste	5-06
	4-A	Ellen Fargo, Crescenta Valley	5-08
	3-A	Rena Wright, Miraleste	5-06
	2-A	Karen Kraemer, Notre Dame/Riverside	5-04
	1-A	Katrena Johnson, Marshall Fundamental	5-06

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
(No meet held)	
Pam Blackburn, Cubberly (CC)	5-08
Kim Maddox, Los Angeles (LA)	5-08
Kari Grosswiller, Upland (SS)	5-10
Kari Grosswiller, Upland (SS)	5-09
Sue McNeal, Carlsbad (SD)	5-10.25
Tonya Alston, Chico (NO)	5-09
Karen Lysaght, St. Francis (SJ)	6-00

HIGH JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

<u>STATE CHAMPIONS</u>	
<u>Champion/School (Section)</u>	<u>Mark</u>
Katrina Johnson, Marshall Fundamental (SS)	5-10
Katrina Johnson, Marshall Fundamental (SS)	5-11
Tonya Mendonca, Mt. Whitney (CE)	6-01
Wendy Brown, Woodside (CC)	6-01.2
Latrese Johnson, Clovis (CE)	6-02
Yleana Carrasco, Anaheim (SS)	5-10
Lynn Patrick, Padre Serra (SD)	5-10
Crissy Mills, Campbell Hall (SS)	5-10
Crissy Mills, Campbell Hall (SS)	6-00
Chi Johnson, Menlo-Atherton (CC)	5-08
Tanya Smith, Rancho Cordova (SJ)	5-11
Kristy Kierulff, Esperanza (SS)	5-10
Tracye Lawyer, Cate (SS)	5-10

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

HIGH JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1994	MC	Kristy Kierulff, Esperanza	5-10
	I	Kathy Watson, Saugus	5-10
	II	Kristy Kierulff, Esperanza	5-10.50
	III	Liz Giltner, Chaminade	5-06
	IV	Tracye Lawyer, Cate	5-06
1995	MC	Tracye Lawyer, Cate	5-08
	I	Kristy Kierulff, Esperanza	5-06
	II	Tina Bowman, Newport Harbor	5-06
	III	Liz Giltner, Chaminade	5-06
	IV	Tracye Lawyer, Cate	5-06
1996	MC	Liz Giltner, Chaminade	5-08
	I	Shavent William, Long Beach Poly	5-06
	II	Jennifer Thomas, Centennial/Corona	5-06
	III	Liz Giltner, Chaminade	5-08
	IV	Michelle Mahlke, Marymount	5-04
1997	MC	Tayyiba Haneef, Laguna Hills	5-06
	I	Sarah Foster, Valencia/Valencia	5-06
	II	April Ross, Newport Harbor	5-06
	III	Tayyiba Haneef, Laguna Hills	5-08
	IV	Michelle Mahlke, Marymount	5-08
1998	MC	Darnesha Griffith, Trabuco Hills	5-09
	I	Lisa Wygant, Camarillo	5-06
	II	Darnesha Griffin, Trabuco Hills	5-08
	III	Stevie Nichols, Sunny Hills	5-08
	IV	Michelle Mahlke, Marymount	5-07
1999	MC	Ann-Marie Turpin, Simi Valley	5-10.50
	I	Rachel Ziemann, Edison	5-08
	II	Erica Menzel, San Marcos	5-06
	III	Jamie Kindschuh, Chaparral	5-04
	IV	Michelle Mahlke, Marymount	5-06
2000	MC	Rachel Ziemann, Edison	5-10
	I	Rachel Ziemann, Edison	5-08
	II	Caroline Sommers, Agoura	5-06
	III	Sharon Day, Costa Mesa	5-06
	IV	Courtney Cox, Pasadena Poly	5-04
2001	MC	Chaunte Howard, J.W. North	5-11
	I	Chaunte Howard, J.W. North	5-10
	II	Carolyn Sommers, Agoura	5-08
	III	Sharon Day, Costa Mesa	5-06
	IV	Courtney Cox, Pasadena Poly	5-04
2002	MC	Chaunte Howard, J.W. North	5-10
	I	Chaunte Howard, J.W. North	6-00
	II	Kaylene Wagner, Dos Pueblos	6-00
	III	Sharon Day, Costa Mesa	5-10
	IV	Lauren Damerel, Carpinteria	5-02
2003	MC	Sharon Day, Costa Mesa	5-10
	I	Topaz Marcos, Upland	5-06
	II	Orlisha Henlon, King	5-04
	III	Sharon Day, Costa Mesa	6-00
	IV	Jennifer Kitzman, Santa Ynez	5-04
2004	MC	Jasmin Day, Costa Mesa	5-06
	I	Alisha Thompson, Canyon/Canyon Country	5-06
	II	Khristina Curtis, Tustin	5-06
	III	Jasmin Day, Costa Mesa	5-08
	IV	Ashley Williams, Village Christian	5-02
2005	MC	Jasmin Day, Costa Mesa	5-06
	I	Monique Spencer, Long Beach Poly	5-04
	II	Khristina Curtis, Tustin	5-08
	III	Jasmin Day, Costa Mesa	5-09
	IV	Shannon Armstrong, Oaks Christian	5-04
2006	MC	Jasmine Day, Costa Mesa	5-08
	I	Kelsey Rubeor, Murrieta Valley	5-06
	II	Linda Rainwater, Dos Pueblos	5-06
	III	Jasmine Day, Costa Mesa	5-08
	IV	Camille Dencer, Louisville	5-06
2007	MC	Ashley Smith, Millikan	5-08
	I	Ashley Smith, Millikan	5-09
	II	Jessica Robson, Newport Harbor	5-05
	III	Zania Akeh, Notre Dame/Sherman Oaks	5-05
	IV	Camilla Dencer, West Valley Christian	5-05

STATE CHAMPIONS

Champion/School (Section)	Mark
Kristy Kierulff, Esperanza (SS)	5-10
Tara Fleming, Immanuel (CE)	6-00
Liz Giltner, Chaminade (SS)	5-10
Tayyiba Haneef, Laguna Hills (SS)	5-09
Tia Hanson, El Cajon (SD)	5-08
Kim Stone, York (CC)	5-09
Schquay Brignac, Taft (LA)	5-09
Chaunte Howard, J.W. North (SS)	5-10
Sharon Day, Costa Mesa (SS)	5-11
Sharon Day, Costa Mesa (SS)	5-10
Allie Miller, Los Altos (CC)	5-09.25
Desirae Gonder, Stockdale (CE)	5-09
Jasmine Day, Costa Mesa (SS)	5-09
Whitney Sisler, La Costa (SD)	5-10

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

HIGH JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2008	MC	Tara Richmond, Long Beach Poly	5-07
	I	Tara Richmond, Long Beach Poly	5-10
	II	Latijera Avery, Culver City	5-08
	III	Taylor Johnson, Oak Park	5-06
	IV	Meagen Moiola, Morro Bay	5-06
2009	MC	Tara Richmond, Long Beach Poly	5-07
	I	Tara Richmond, Long Beach Poly	5-11
	II	Riley Nizdil, Rio Mesa	5-07
	III	Annie Giebelhaus, Orange Lutheran	5-05
	IV	Zibby Boyer, Pasadena Poly	5-05
2010	MC	Tara Richmond, Long Beach Poly	5-09
	1	Tara Richmond, Long Beach Poly	5-10
	2	Alexis Walker, Pasadena	5-08
	3	Taylor Johnson, Oak Park	5-06
	4	Zibby Boyer, Pasadena Poly	5-06
2011	MC	Joslyn Barnes, North Torrance	5-07
	1	Rachel McCoy, A.B. Miller	5-06
	2	Joslyn Barnes, North Torrance	5-06
	3	Hannah McDaniel, San Marcos	5-06
	4	Zibby Boyer, Pasadena Poly	5-08
2012	MC	Raegan Nizdil, Rio Mesa	5-07
	1	Allison Jackson, Quartz Hill	5-07
	2	Angelyn Caldwell, Thousand Oaks	5-05
	3	Taylor Saline, Orange Lutheran	5-07
	4	Becky Collier, Woodcrest Christian	5-03
2013	MC	Rachel McCoy, A.B. Miller	5-11
	1	Rachel McCoy, A.B. Miller	5-11
	2	Tammy McVickar, Peninsula	5-05
	3	Claire Kieffer-Wright, South Pasadena	5-11
	4	Becky Collier, Woodcrest Christian	5-07
2014	MC	Erinn Beattie, Buena	5-09
	1	Kaelin Davis, Long Beach Wilson	5-09
	2	Savannah Miller, Redlands	5-07
	3	Alexandria Florent, Harvard Westlake	5-09
	4	Cassidy Palka, Oaks Christian	5-05
2015	MC	Erinn Beattie, Buena	5-07
	1	Taylor Eddleman, Huntington Beach	5-07
	2	Erinn Beattie, Buena	5-09
	3	Alexandria Florent, Harvard-Westlake	5-07
	4	Cassidy Palka, Oaks Christian	5-05
2016	MC	Hannah Hanson, Academy for Academic Excel	5-05
	1	Abigail Burke, Riverside Poly	5-07
	2	EmEm Ibekue, J. W. North	5-05
	3	Hannah Nance, San Dimas	5-05
	4	Cassidy Palka, Oaks Christian	5-05
2017	MC	Abigail Burke, Long Beach Poly	5-05
	1	Abigail Burke, Long beach Poly	5-08
	2	Emily Garner, Woodbridge	5-05
	3	Liana Edgar, Santa Margarita	5-05
	4	Cassidy Palka, Oaks Christian	5-05
2018	MC	Abbie Burke, Riverside Poly	5-06
	1	Rachel Glen, Long Beach Wilson	5-07
	2	Josephine Morales, Dos Pueblos	5-05
	3	Tierni Kaufman, Harvard-Westlake	5-07
	4	Emily Sun, St. Margarets	5-03
2019	MC	Rachel Glen, Wilson/Long Beach	5-08
	1	Rachel Glen, Wilson/Long Beach	5-06
	2	Paige Sommers, Westlake	5-06
	3	Tierni Kaufman, Harvard-Westlake	5-04
	4	Michelle Duchemin, Windward	5-02
2020	No Playoffs - Covid-19		
2021	1	Zharia Taylor, Poly/Long Beach	5-06
	2	Kylee Davis, Golden Valley	5-06
	3	Chelsea Aninyei, Mayfair	5-03
	4	Mariah Kendrick, Heritage Christian	5-00

STATE CHAMPIONS

Champion/School (Section)	Mark
Tara Richmond, Long Beach Poly (SS)	5-11
Adrienne Johnson, Carondelet (NC)	5-08
Lydia French, Thousand Oaks (SS)	5-10
Rachel McCoy, A.B. Miller (SS)	5-08
Clairke Keffer-Wright, South Pasadena (SS)	5-10
Rachel McCoy, A.B. Miller (SS)	6-00.75
Asia Chesley, Stockdale (CE)	5-10
Erinn Beattie, Buena (SS)	5-09
Cassidy Palka, Oaks Christian (SS)	5-09
Abigail Burke, Long Beach Poly	5-08
Abbie Burke, Riverside Poly (SS)	5-10
Rachel Glen, Long Beach Wilson (SS)	5-10
Alysah Hickey, Coronado (SD)	5-08
No Playoffs - Covid 19	

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

HIGH JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2022	MC	Meagan Humphries, Golden Valley	5-09
	1	Jillene Wetteland, Poly/Long Beach	5-08
	2	Kylee Davis, Golden Valley	5-08
	3	Katherine Porter, Los Altos	5-05
	4	Regan Thompson, Castaic	5-02
2023	MC	Meagan Humphries, Castaic	5-07
	1	Kailah Mckenzie, Orange Vista	5-06
	2	Valentina Fakrogha, Ventura	5-06
	3	Meagan Hunphries, Castaic	5-08
	4	Lily Shadden, Foothill Technology	5-02
2024	1	Jillene Wetteland, Long Beach Poly	5-06
	2	Valentina Fakrogha, Ventura	5-06
	3	Madison Thai, Thousand Oaks	5-06
	4	Sadie Dixon	5-04

STATE CHAMPIONS

Champion/School (Section)	Mark
Hannah Slover, Los Gatos (CC)	5-06
Ashanti Elie, Whitney (SJ)	5-10
Valentina Fakrogha, Ventura	5-08

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1995	MC	Jeni Candipan, Marina	9-00
		Jenny Thompson, Woodbridge	9-00
	I	Jeni Candipan, Marina	9-06
	II	Vanessa Brenton, Temescal Canyon	9-06
	III	Hannah Johnson, Atascadero	8-00
	IV	Breanna Elton, San Jacinto	9-00
1996	MC	Bridget Pearson, Hoover	11-00
	I	Alexa Harz, Peninsula	11-10
	II	Erica Hoernig, Foothill	10-03
	III	Hannah Johnson, Atascadero	10-00
	IV	Autumn Eastes, Kern Valley	9-00
1997	MC	Heather Sickler, Camarillo	12-03.50
	I	Heather Sickler, Camarillo	12-01.50
	II	Sara Higham, Mission Viejo	11-06
	III	Charlotte McGee, Atascadero	10-06
	IV	Heidi Hunsicker, Maranatha	10-00
1998	MC	Katie Rorem, Marina	11-06
	I	Caroline Ebello, Marina	11-06
	II	Sara Higham, Mission Viejo	11-06
	III	Karen Bewley, Atascadero	11-00
	IV	Stephanie Norris, Carpinteria	10-00
1999	MC	Laura Chen, Temple City	12-00
	I	Bridgett Pearson, Hoover	12-00
	II	Kara Stein, San Luis Obispo	11-06
	III	Debbie Samson, Mayfair	12-00
	IV	Julie Rosso, Marymount	10-00
2000	MC	Laura Chen, Temple City	11-06
	I	Jamie Kolar, Long Beach Poly	12-00
	II	Rachel Viau, Arroyo Grande	11-06
	III	Laura Chen, Temple City	12-00
	IV	Kalreigh Shafer, Malibu	9-06
2001	MC	Shayla Balentine, Morro Bay	13-00
	I	Rachel Viau, Arroyo Grande	12-00
	II	Elizabeth Woepse, Mater Dei	11-06
	III	Shayla Balentine, Morro Bay	12-06
	IV	Priscella Reynado, Flintridge Sacred Heart	9-06
2002	MC	Chelsea Johnson, Atascadero	13-03
	I	Kristen McGregor, Marina	12-00
	II	Elizabeth Woepse, Mater Dei	12-00
	III	Chelsea Johnson, Atascadero	13-06
	IV	Nazy Dartyan, Village Christian	9-00
2003	MC	Monica Pacas, Atascadero	13-00
	I	Cara Walker, Marina	11-06
	II	Elizabeth Woepse, Mater Dei	12-00
	III	Kacey Lundgren, Atascadero	12-00
	IV	Gabrielle Johnson, Fillmore	10-00
2004	MC	Kristen Dormanen, Temecula Valley	12-07
	I	Whitney Johnson, Mission Viejo	12-06
	II	Elizabeth Woepse, Mater Dei	12-00
	III	Monica Pacas, Atascadero	12-06
	IV	Leann Sgobba, Santa Ynez	10-00

POLE VAULT

STATE CHAMPIONS

Champion/School (Section)	Mark
Melissa Price, Kingsburg (CE)	12-06
Alexa Harz, Peninsula (SS)	12-01.25
Bridget Pearson, Hoover (SS)	12-00
Tracy O'Hara, Rancho Bernardo (SD)	12-08
Kathleen Donoghue, Rancho Bernardo (SD)	12-08.25
Laura Chen, Temple City (SS)	12-04
Shayla Balentine, Morro Bay (SS)	13-08
Chelsea Johnson, Atascadero (SS)	13-03
Kira Costa San Joaquin Memorial (SJ)	13-05
Allison Stokke, Newport Harbor (SS)	12-08

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

POLE VAULT (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2005	MC	Tori Pena, Edison	13-01
	I	Dana Jensen, Chaparral	12-00
	II	Tori Pena, Edison	12-06
	III	Jessie van der Wyk, Santa Margarita	11-00
	IV	Leann Sgobba, Santa Ynez	10-06
2006	MC	Tori Pena, Edison	13-02
	I	Susanne Hotchkin, Mission Viejo	11-06
	II	Allison Stokke, Newport Harbor	13-00
	III	Shastee van der Wyk, Temple City	11-06
	IV	Lauren Radke, Oaks Christian	10-06
2007	MC	Allison Stokke, Newport Harbor	13-03.50
	I	Katelyn Beighton, Los Alamitos	11-06
	II	Allison Stokke, Newport Harbor	12-00
	III	Aubree Stark, Oak Park	11-06
	IV	Lauren Radke, Oaks Christian	11-00
2008	MC	Alexa Ward, Los Alamitosq	11-09
	I	Tianna Webberly, Highland	11-06
	II	Brooke Arthur, Mater Dei	12-00
	III	Claire Hawkins, Santa Margarita	11-00
	IV	Lauren Radke, Oaks Christian	11-06
2009	MC	Claire Hawkins, Santa Margarita	12-09
	I	Lauren Graham, Quartz Hill	12-06
	II	Allison Koressel, Huntington Beach	12-06
	III	Claire Hawkins, Santa Margarita	12-06
	IV	Siera Hearne, Paraclete	11-06
2010	MC	Carissa Carter, Los Alamitos	12-03
	1	Carissa Culver, Los Alamitos	12-04
	2	Victoria Rische, Foothill	12-00
	3	Elena Clarke, San Luis Obispo	12-00
	4	Natasha Kolbo, St. Joseph/Santa Maria	12-00
2011	MC	Victoria Rische, Foothill	12-03
	1	Emily Bandy, Quartz Hill	11-09
	2	Victoria Rische, Foothill	12-09.75
	3	Elena Clarke, San Luis Obispo	11-09
	4	Jessica Goodkin, Marlborough	11-09
2012	MC	Victoria Rische, Foothill	12-11
	1	Amy Loschiavo, Huntington Beach	12-00
	2	Victoria Rische, Foothill	12-00
	3	Kaitlyn Merritt, Santa Margarita	13-03
	4	Jessica Goodkin, Marlborough	11-00
2013	MC	Kaitlyn Merritt, Santa Margarita	13-03
	1	Holly Tokar, Ventura	12-06
	2	Annika Backlund, Murrieta Valley	11-06
	3	Kaitlyn Merritt, Santa Margarita	12-06
	4	Kelsi Dunne, Louisville	10-06
2014	MC	Marguerite Crockem, Chino	11-07
		Hannah Chang, M.L. King	11-07
	1	Hannah Chang, M.L. King	11-09
	2	McKenna Caskey, Mater Dei	12-09
	3	Kaitlyn Merritt, Santa Margarita	13-03
	4	Sierra Emrick, Morro Bay	11-04
2015	MC	Kaitlyn Merritt, Santa Margarita	13-07
	1	Claire Kao, Dana Hills	12-00
	2	Rachel Baxter, Canyon/Anaheim	13-01
	3	Kaitlyn Merritt, Santa Margarita	13-00
	4	Sierra Emrick, Morro Bay	12-07
2016	MC	Rachel Baxter, Canyon/Anaheim	13-07
	1	Jacqueline Ahrens, Peninsula	12-03
	2	Rachel Baxter, Canyon/Anaheim	13-03
	3	Kate Thomas, Santa Margarita	12-03
	4	Sienna Stinson, Templeton	11-03
2017	MC	Rachel Baxter, Canyon/Anaheim	14-00
	1	Jacqueline Ahrens, Peninsula	11-09
	2	Rachel Baxter, Canyon/Anaheim	12-09
	3	Kate Thomas, Santa Margarita	12-09
	4	Sienna Stinson, Templeton	10-09
2018	MC	Paige Sommers, Westlake	12-05
	1	Amari Turner, Redondo Union	12-10
	2	Paige Sommers, Westlake	13-00.50
	3	Morgan Simon, Corona del Mar	12-04
	4	Kaelyn McCann, Linfield Christian	11-06

STATE CHAMPIONS

Champion/School (Section)	Mark
Brysum Stately, Cordova (SJ)	13-04
Tori Anthony, Palo Alto Castilleja (CC)	13-03
Tori Anthony, Palo Alto Castilleja (CC)	14-01
Emily Mattoon, Rancho Bernardo (SD)	12-06
Kortney Ross, Westview (SD)	13-04
Kortney Ross, Westview (SD)	13-06
Anginae Monteverde, Clovis West (CE)	13-06
Taylor Jacques, Presentation (CC)	13-04.25
Kaitlyn Merritt, Santa Margarita (SS)	13-03.75
Kaitlyn Merritt, Santa Margarita (SS)	13-03
Rachel Baxter, Canyon, Anaheim (SS)	14-02
Rachel Baxter, Canyon/Anaheim(SS)	14-04
Laurel Wang, Santa Catalina (CC)	12-06

POLE VAULT (Cont.)**SOUTHERN SECTION CHAMPIONS**

Year	Div.	Champion/School	Mark
2019	MC	Paige Sommers, Westlake	13-00
	1	Morgan Flynn, Aliso Niguel	12-06
	2	Paige Sommers, Westlake	13-00
	3	Ella Cork, Orange Lutheran	10-06
	4	Kaelyn McCann, Linfield Christian	11-06
2020	Covid-19		
2021	1	Paige Sommers, Westlake	14-00
	2	Gabrielle Pack, Peninsula	13-06
	3	Nathalie Barnes, Santa Margarita	11-06
	4	Tenly Kuhn, Oaks Christian	12-05
2022	MC	Aspen Fears, Vista Murrieta	13-03
	1	Aspen Fears, Vista Murrieta	12-06
	2	Kayla Tassara, South Torrance	12-07
	3	Jessica Thompson, Harvard Westlake	12-08
	4	Tenly Kuhn, Oaks Christian	12-00
2023	MC	Aspen Fears, Vista Murrieta	13-04
	1	Aspen Fears, Vista Murrieta	12-09
	2	Paige Hansen, Hillcrest	12-03
	3	Jessica Thompson, Harvard Westlake	13-01
	4	Copleen Schmitt, Rosary Academy	11-0
2024	1	Aspen Fears, Vista Murrieta	13-01
	2	Claudia Turner, Westlake	12-01
	3	Erin Makhani, La Canada	12-07
	4	Teia Lemmon, Westridge	11-01

STATE CHAMPIONS

Champion/School (Section)	Mark
Ashley Callahan, Rancho Bernardo (SD)	13-04
No Playoffs - Covid 19	
Jathiyah Muhammad, Dublin (NC)	13-09
Iliana Downing, La Costa Canyon (SD)	13-05
Jathiyah Muhammad, Pittsburg Ncs	13-09

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1973		Revel Carter, Fontana	18-08
1974		Pam Curran, La Reina	17-05.75
1975		Lisa Gourdine, El Toro	17-07.50
1976		Lisa Gourdine, El Toro	19-00
1977	MC	Lisa Gourdine, El Toro	19-00.50
	4-A	Carolyn Zeller, Redlands	17-09.75
	3-A	Lisa Gourdine, El Toro	18-09
	2-A	Marsha Williams, Channel Islands	18-04.50
	1-A	Gwen Loud, Los Angeles Lutheran	19-10
1978	MC	Veronica Bell, Garey	18-11.50
	4-A	Velma McClain, Pacific	18-05.50
	3-A	Veronica Bell, Garey	19-04
	2-A	Marsha Williams, Channel Islands	18-03
	1-A	Michelle Kelley, Irvine	18-06.50
1979	MC	Kerry Zwart, Crescenta Valley	19-01.50
	4-A	Kerry Zwart, Crescenta Valley	18-10.25
	3-A	Veronica Bell, Garey	19-07
	2-A	Sabrina Pendleton, Mission Viejo	19-00.50
	1-A	Wynde Grey, Marshall Fundamental	18-01.25
1980	MC	Marlene Harmon, Thousand Oaks	20-00.75
	4-A	Marlene Harmon, Thousand Oaks	19-04
	3-A	liao Tsai, Corona del Mar	18-03
	2-A	Lori Costello, Rosemead	18-02.25
	1-A	Wynde Grey, Marshall Fundamental	18-01
1981	MC	Sabrina Williams, Valley Christian/Cerritos	18-11.25
	4-A	Sheila Frye, Long Beach Poly	18-05.75
	3-A	Marina Laymen, La Habra	18-02.25
	2-A	Shari Baldomir, San Dimas	18-02.50
	1-A	Sabrina Williams, Valley Christian/Cerritos	19-02.75
1982	MC	Katrena Johnson, Marshall Fundamental	18-11.50
	4-A	Sheila Frye, Long Beach Poly	18-06.75
	3-A	Merry Carroll, Coachella Valley	18-06.75
	2-A	Toni Compton, Rosemead	17-04.50
	1-A	Katrena Johnson, Marshall Fundamental	18-00.75
1983			
	4-A	Michele Motley, Long Beach Wilson	18-06.75
	3-A	Jill Humphries, Beverly Hills	18-02.50
	2-A	Brett Sellers, Ganesha	18-02.75
	1-A	Bunny Price, Chadwick	16-10.75
1984			
	4-A	Cathy Roberts, Cerritos	18-04.25
	3-A	Debbie Knight, La Habra	18-04.25
	2-A	Kristen Edwards, South Pasadena	16-11.75
	1-A	Amy Martinez, St. Joseph/Santa Maria	17-01.75

LONG JUMP**STATE CHAMPIONS**

Champion/School (Section)	Mark
(No meet held)	
Jodi Anderson, Washington (LA)	19-07
Jodi Anderson, Washington (LA)	19-06.50w
Jodi Anderson, Washington (LA)	20-00.25
Lisa Gourdine, El Toro (SS)	19-01
Kathy Hayes, Madera (CE)	19-03
Gwen Loud, Westchester (LA)	20-04.25
Marlene Harmon, Thousand Oaks (SS)	20-08.75
Chris Mose, El Cajon (SD)	18-10.25
Wendy Brown, Woodside (CC)	19-10.50
Gail Devers, Sweetwater (SD)	19-06
Wendy Brown, Woodside (CC)	20-09.75

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

LONG JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1985	MC	Madette Smith, Quartz Hill	19-08.25
	4-A	Sharon Manship, Thousand Oaks	17-05.50
	3-A	Rosalyn Mitchell, Diamond Bar	18-08
	2-A	Serina Strange, Indio	17-04.50
	1-A	Daniele Smith, Elsinore	17-07.25
1986	MC	Rosalyn Mitchell, Diamond Bar	18-10.25
	4-A	Cheyene Brinkley, Muir	18-00.75
	3-A	Madette Smith, Quartz Hill	19-05.25
	2-A	Kristen Edwards, South Pasadena	18-07.25
	1-A	Michelle Smith, Cabrillo	17-04.75
1987	MC	Madette Smith, Quartz Hill	19-10.25
	4-A	Madette Smith, Quartz Hill	19-03
	3-A	LaShawn Simmons, El Monte	19-00
	2-A	Serina Strange, Indio	18-11
	1-A	Simone Cesh, Village Christian	17-11.25
1988	MC	Nicole Smith, Montclair	18-06
	4-A	Mary Bitner, Rio Mesa	18-02.25
	3-A	Jennifer Tully, Torrance	17-09.50
	2-A	Tonya Conner, Barstow	18-07.50
	1-A	Nicole Smith, Montclair	17-10.25
1989	MC	Juliana Yendork, Walnut	19-09
	4-A	Jennifer Tully, Torrance	17-10.25
	3-A	Allison Franke, Canyon/Anaheim	17-09.50
	2-A	Juliana Yendork, Walnut	19-08.50
	1-A	Desiree Bunevaez, Paraclete	17-00
1990	MC	Juliana Yendork, Walnut	19-04
	4-A	Allison Axtell, Mission Viejo	17-11.75
	3-A	Stacy Peterson, Dos Pueblos	17-09.75
	2-A	Juliana Yendork, Walnut	19-07.50
	1-A	Taryn Tarver, Santa Clara	16-09.25
1991	MC	Juliana Yendork, Walnut	20-04.25
	4-A	Heather Sterlin, Mission Viejo	17-04.75
	3-A	Alycia Burnham, Rio Mesa	18-00.25
	2-A	Juliana Yendork, Walnut	20-01.75
	1-A	Tomika Hart, Monrovia	17-10.50
1992	MC	Cheaza Figueroa, Quartz Hill	18-09.75
	4-A	Heather Sterlin, Mission Viejo	19-01.75
	3-A	Kelley Sack, Arroyo Grande	17-03.75
	2-A	Nicole Haynes, Bishop Montgomery	18-03.50
	1-A	Tracye Lawyer, Cate	17-09.00
1993	MC	Marion Jones, Thousand Oaks	20-07.25
	I	Marion Jones, Thousand Oaks	22-01.75
	II	Rosalyn Grant, Ganesha	18-04.00
	III	Tamika Hart, Monrovia	18-09.75
	IV	Tracye Lawyer, Cate	18-05.75
1994	MC	Tara Oettinger, Foothill	18-07.00
	I	Pam Simpson, Long Beach Poly	20-01.50
	II	Stephanie Jones, Walnut	19-00.50
	III	Susy Reeves, South Hills	17-04.75
	IV	Tracye Lawyer, Cate	18-07.50
1995	MC	Pam Simpson, Long Beach Poly	19-01.50
	I	Pam Simpson, Long Beach Poly	20-09.50
	II	Tara Oettinger, Foothill	19-05.25w
	III	Rosalyn Grant, Ganesha	18-04.25
	IV	Tracye Lawyer, Cate	18-05.50
1996	MC	Kerry O'Bric, Edison	19-04.75w
	I	Kenya Corley, Antelope Valley	19-02.75
	II	Ashley Bethel, Mission Viejo	18-07.00
	III	Monique Harris, Cerritos	18-06.00
	IV	Reynda King, St. Mary's	18-03.50
1997	MC	Michelle Perry, Quartz Hill	19-03.50w
	I	Angela Williams, Chino	19-08.25w
	II	Ashley Bethel, Mission Viejo	18-08.00w
	III	Brianna Glenn, La Mirada	18-07.25w
	IV	Reynda King, St. Mary's	19-01.00w
1998	MC	Darnesha Griffith, Trabuco Hills	19-04.75
	I	Bumni Ogunleye, Long Beach Poly	19-11.25w
	II	Darnesha Griffith, Trabuco Hills	18-08.50w
	III	Brianna Glenn, La Mirada	18-10.00
	IV	Zunilda Ogarro, St Mary's	18-07.50w

STATE CHAMPIONS

Champion/School (Section)	Mark
Yvette Roberts, Washington Union (CE)	19-01.00
Madette Smith, Quartz Hill (SS)	20-04.75
Karen Lawson, St. Francis (CC)	19-01.50
Tonya Conner, Barstow (SS)	19-05.75
Juliana Yendork, Walnut (SS)	20-02.50w
Juliana Yendork, Walnut (SS)	20-01.50
Juliana Yendork, Walnut (SS)	20-07.50w
Kam Warner, West Bakersfield (CE)	20-06.25
Marion Jones, Thousand Oaks (SS)	22-00.50
Tara Oettinger, Foothill (SS)	19-07.50
Jernae Wright, James Logan (NC)	20-08.00w
Jernae Wright, James Logan (NC)	20-03.00
Bunmi Ogunleye, Long Beach Poly (SS)	20-00.75w
Angela Williams, Chino (SS)	19-07.75w

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

LONG JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1999	MC	Dana Bethel, Mission Viejo	19-01.50w
	I	Porchea Carroll, Rio Mesa	19-02.00
	II	Crystal Simmons, Barstow	18-03.00
	III	Lakiste Barkus, Cerritos	18-06.50w
	IV	Lauren Gibbs, Westridge	17-11.75
2000	MC	Michelle Sanford, Woodbridge	19-00.50
	I	Dana Bethel, Mission Viejo	19-01.00
	II	Michelle Sanford, Woodbridge	19-00.50
	III	Lakiste Barkus, Cerritos	18-03.50w
	IV	Lauren Gibbs, Westridge	18-02.75
2001	MC	Michelle Sanford, Woodbridge	19-08.00
	I	Dana Bethel, Mission Viejo	19-03.00
	II	Michelle Sanford, Woodbridge	19-06.75
	III	Annisa Faquir, Muir	18-01.75
	IV	Lauren Gibbs, Westridge	17-09.75
2002	MC	Michelle Sanford, Woodbridge	20-08.75w
	I	Chaunte Howard, J.W. North	23-04.25
	II	Michelle Sanford, Woodbridge	19-00.75
	III	Candyce Babb, Pomona	18-00.25
	IV	Brittany Ricketts, Los Angeles Baptist	17-08.50
2003	MC	Gayle Hunter, J.W. North	19-04.75w
	I	Shana Woods, Long Beach Poly	19-02.00
	II	Gayle Hunter, J.W. North	19-08.25
	III	Candyce Babb, Pomona	18-06.50
	IV	DeAnna Carson, Vista del Lago	18-08.00
2004	MC	Gayle Hunter, J.W. North	20-03.50
	I	Shana Woods, Long Beach Poly	20-06.25w
	II	Gayle Hunter, J.W. North	20-01.25w
	III	Candyce Babb, Pomona	18-09.50
	IV	Shelese Ruffin, Beaumont	18-07.75
2005	MC	Shelese Ruffin, Beaumont	19-03.00
	I	Andre Allmond, Walnut	18-10.00
	II	Ashika Charan, Claremont	19-02.00
	III	Stephanie Lo, San Marino	18-04.25w
	IV	Shelese Ruffin, Beaumont	19-01.50
2006	MC	Ashika Charan, Claremont	19-07.00
	I	Deana Carson, Long Beach Wilson	19-04.25
	II	Ashika Charan, Claremont	19-02.00
	III	Lauren Reid, Rio Mesa	19-04.50w
	IV	Ashtynn Baltimore, Marlborough	18-10.75
2007	MC	Karyn Dunn, Diamond Ranch	19-01.50
	I	Alycia Herring, Rancho Verde	18-08.25w
	II	Evan Mueggenburg, Granite Hills	18-05.25
	III	Karyn Dunn, Diamond Ranch	18-08.50
	IV	Ashtynn Baltimore, Marlborough	18-07.75
2008	MC	Alycia Herring, Rancho Verde	19-02.50
	I	Alycia Herring, Rancho Verde	20-00.75
	II	Latijera Avery, Culver City	18-02.25
	III	Karynn Dunn, Diamond Ranch	19-10.50
	IV	Ashtynn Baltimore, Marlborough	19-00.00
2009	MC	Karynn Dunn, Diamond Ranch	19-11.00
	I	Brittany Bozeman, Rancho Verde	19-07.50w
	II	Shanice Stewart, Carter	18-07.50w
	III	Karynn Dunn, Diamond Ranch	20-01.75
	IV	Ashtyn Baltimore, Marlborough	19-11.75
2010	MC	Shanice Stewart, Carter	19-02.00w
	1	Fabrina Espinoza, Long Beach Wilson	19-00.25w
	2	Shanice Stewart, Carter	19-03.50w
	3	Kylie Price, Bishop Amat	19-04.75w
	4	Aijah Ursery, St. Mary's Academy	17-09.25
2011	MC	Kylie Price, Bishop Amat	19-07.50
	1	Kira Moreland, Los Osos	20-00.50w
	2	Shanice Stewart, Carter	18-03.25w
	3	Abrianna Torres, San Luis Obispo	19-11.50
	4	Alexis Faulknor, Serra	19-05.75w
2012	MC	Margaux Jones, Redlands	19-04.50
	1	Ashlie Cuventon, Silverado	20-04.00
	2	Ayana Gales, Cajon	18-10.00
	3	Dominique Wheatley, Bonita	18-03.00
	4	Alexis Faulknor, Serra	19-09.00

STATE CHAMPIONS

Champion/School (Section)	Mark
Sani Roseby, Monterey (CC)	19-08.75w
Michelle Sanford, Woodbridge (SS)	19-07.25
Elzunia Wojcicka, Hollister (CC)	20-05.50w
Lena Bettis, J.W. North (SS)	19-08.25
Rene Williams, Skyline (OK)	20-08.25w
Shana Woods, Long Beach Poly (SS)	20-07.75
Brittany Daniels, Merrill West (SJ)	20-08.25w
Amber Purvis, Benicia (SJ)	19-10.25
Jamesha Youngblood, Hercules (NC)	20-11.75w
Vashti Thomas, San Jose Mt. Pleasant (CC)	20-00.25
Karynn Dunn, Diamond Ranch (SS)	20-03.25w
Jenna Prandini, Clovis (CE)	20-05.75w
Jenna Prandini, Clovis (CE)	19-11.75
Alexis Faulknor, Serra (SS)	20-03.00

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

LONG JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2013	MC	Courtney Corrin, Harvard-Westlake	20-05.25
	1	Margaux Jones, Redlands	20-02.75
	2	Ekiah Lewis, Citrus Valley	18-00.50w
	3	Courtney Corrin, Harvard-Westlake	20-09.00
	4	Zoe Goss, Sierra Canyon	18-00.50
2014	MC	Courtney Corrin, Harvard-Westlake	19-06.00
	1	Michelle Norman, Vista Murrieta	19-10.50
	2	Margaux Jones, Redlands	20-03.00w
	3	Courtney Corrin, Harvard-Westlake	19-09.50
	4	Samantha Seaton, Oaks Christian	17-06.00
2015	MC	Courtney Corrin, Harvard-Westlake	20-02.75
	1	Lovie Burleson, Vista Murrieta	19-06.5w
	2	Tara Davis, Agoura	20-06.00
	3	Courtney Corrin, Harvard-Westlake	20-11.00
	4	Maya Hutchinson, Oaks Christian	17-09.75w
2016	MC	Tara Davis, Agoura	19-10.50
	1	Destiny Longmire, Rancho Verde	20-03.75w
	2	Tara Davis, Agoura	20-08.25w
	3	Micah Fulton, Monrovia	18-06.25w
	4	Emily Huynh, Oxford Academy	17-10.75w
2017	MC	Tara Davis, Agoura	20-03.25
	1	Olayinka Bvaimah, Peninsula	18-03.00
	2	Tara Davis, Agoura	22-03.75w
	3	Maleigh Batty, Cabrillo/Lompoc	18-07.50
	4	Micah Fulton, Muir	18-01.50
2018	MC	Dominique Ruotolo, Mater Dei	19-02.50
	1	Stephanie Yen, Arcadia	18-04.50
	2	Alisha Wilson, Bonita	18-08.50
	3	Anneke Moersdorf, San Luis Obispo	17-11.00
	4	Asha Fletcher, Wildwood	18-10.75
2019	MC	Caelyn Harris, Upland	20-05.25
	1	Caelyn Harris, Upland	19-03.50
	2	Jade McDonald, Calabasas	19-05.75
	3	Sophia Hartwell, Orange Lutheran	18-10.50
	4	Asjah Atkinson, St. Anthony	18-08.25
2020	No Playoffs - Covid-19		
2021	1	Kailah Mckenzie, Orange Vista	18-11.50
	2	Kylee Davis, Golden Valley	19-02.25
	3	Anna Jennings, Harvard Westlake	18-05
	4	Asjah Atkinson, St. Anthony	19-02
2022	MC	Kylee Davis, Golden Valley	20-04.50
	1	Alyssa Hope, ML King	19-08.25
	2	Kylee Davis, Golden Valley	19-11.50
	3	Adrienne Usher, Harvard Westlake	18-11.50
	4	Danielle Irvin, Oaks Christian	18-04.25
2023	MC	Alyssa Hope, ML King	19-09.50
	1	Alyssa Hope, ML King	20-01
	2	Madison Forbes, Mater Dei	17-11.75
	3	Meagan Humphries, Castaic	20-00.25
	4	Tamara Aimufia, United Christian Academy	19-00
2024	1	Loren Webster, Wilson Long Beach	19-07.50
	2	Kaylee Best, Norco	18-11
	3	Meagan Humphries, Castaic	18-05
	4	Malia Strange, Xavier College Prep	18-03.25

STATE CHAMPIONS

Champion/School (Section)	Mark
Courtney Corrin, Harvard Westlake (SS)	20-09.25
Margaux Jones, Redlands (SS)	20-04.75
Courtney Corrin, Harvard-Westlake (SS)	20-10.00
Rhesa Foster, Clovis North (CE)	20-07.50
Tara Davis, Agoura (SS)	22.1.25w
Alysah Hickey, Coronado (SD)	19-09.75
Caelyn Harris, Upland (SS)	20-08.50
Sydney Vanek, Clovis (CS)	20-08.50
Sydney Vanek, Clovis (CS)	20-07.75
Loren Webster, Wilson Long Beach	20-05.25

TRIPLE JUMP

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1982	MC	Kim Taylor, Valencia	38-07.50
	4-A	Alice Franklin, Santa Ana Valley	38-06.50
	3-A	Gayle Wadsworth, Hawthorne	38-02.50
	2-A	Ce Ce Chandler, Elsinore	38-05.75
	1-A	Katrena Johnson, Marshall Fundamental	36-09.00
1983	4-A	Camille Robertson, Redlands	37-10.00
	3-A	Kim Taylor, Valencia	37-08.00
	2-A	Carole Jones, Chino	38-06.50
	1-A	Maggie Aston, Boron	35-05.00

STATE CHAMPIONS

Champion/School (Section)	Mark
Wendy Brown, Woodside (CC)	39-08.75
Wendy Brown, Woodside (CC)	40-03.00

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

TRIPLE JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1984			
	4-A	Cathy Roberts, Cerritos	38-03.75
	3-A	Yolanda Hayes, Victor Valley	37-07.75
	2-A	Jane Stokes, San Luis Obispo	36-08.50
	1-A	Anna Ralph, Redondo	37-00.25
1985	MC	Jamie Kirven, Woodbridge	38-05.25
	4-A	Debbie Orr, Ocean View	37-06.25
	3-A	Jamie Kirven, Woodbridge	38-03.25
	2-A	Kim Taylor, Valencia	36-09.00
	1-A	Lisa Rogers, Yucaipa	36-09.25
1986	MC	Debbie Orr, Ocean View	38-00.75
	4-A	Debbie Orr, Ocean View	39-04.00
	3-A	Lara Wright, Esperanza	37-07.50
	2-A	Tanya Conner, Barstow	37-08.50
	1-A	Lisa Rogers, Yucaipa	36-05.00
1987	MC	Serina Strange, Indio	37-10.50
	4-A	Sharon Manship, Thousand Oaks	37-09.75
	3-A	Marji Gilles, Burbank	36-08.50
	2-A	Lisa Gill, Alemany	37-01.25
	1-A	Simone Cesh, Village Christian	35-09.25
1988	MC	Altheia Moses, Morningside	39-05.25
	4-A	Allison Franke, Canyon/Anaheim	38-01.00
	3-A	Unique Lewis, Hemet	38-04.75
	2-A	Altheia Moses, Morningside	40-01.50
	1-A	Netia Perkins, Paso Robles	36-10.75
1989	MC	Juliana Yendork, Walnut	41-04.00
	4-A	Krystal Kirkland, Hesperia	39-11.50
	3-A	Allison Franke, Canyon/Anaheim	38-00.00
	2-A	Juliana Yendork, Walnut	41-09.50
	1-A	Heidi Brooks, Atascadero	37-11.75
1990	MC	Juliana Yendork, Walnut	41-01.25
	4-A	Lisa Fager, Mission Viejo	38-06.75
	3-A	Stacey Peterson, Dos Pueblos	37-01.50
	2-A	Juliana Yendork, Walnut	40-04.75
	1-A	Heidi Brooks, Atascadero	36-01.25
1991	MC	Juliana Yendork, Walnut	43-06.25
	4-A	Akua Sutherland, Muir	37-00.75
	3-A	Babette Huley, Ontario	36-00.75
	2-A	Juliana Yendork, Walnut	43-06.00
	1-A	Beth Ault, St. Joseph/Santa Maria	35-01.25
1992	MC	Latasha Burnett, Lynwood	39-00.25
	4-A	Latasha Burnett, Lynwood	39-05.25
	3-A	Joan Grove, Marina	36-01.50
	2-A	Carmen Gage, Rim of the World	37-06.75
	1-A	Beth Ault, St. Joseph/Santa Maria	36-00.50
1993	MC	Cheaza Figueroa, Quartz Hill	39-08.50
	I	Cheaza Figueroa, Quartz Hill	39-07.25
	II	LaToya LeJay, Canyon Springs	37-10.25
	III	Nikki Lawson, Mira Costa	38-02.00
	IV	Ligaya Coleman, Carpinteria	36-07.75
1994	MC	Amber Roberts, Muir	38-10.75
	I	Amber Roberts, Muir	38-10.00
	II	Joanna Hayes, J.W. North	36-05.50
	III	Angela McHenry, South Hills	35-02.75
	IV	Reynda King, St. Mary's	37-03.75
1995	MC	Damesha Griffith, Trabuco Hills	38-02.75
	I	Kelly O'Connor, Esperanza	39-06.25
	II	Erica Dickson, Mission Viejo	38-10.50w
	III	Rosalyn Grant, Ganesha	36-10.50
	IV	Reynda King, St. Mary's	37-02.25
1996	MC	Kelly O'Connor, Esperanza	39-11.00w
	I	Kelly O'Connor, Esperanza	39-04.00
	II	Darnesha Griffith, Trabuco Hills	36-11.00
	III	Shatoshia Noble, Paso Robles	37-05.75
	IV	Reynda King, St. Mary's	36-04.00
1997	MC	Reynda King, St. Mary's	38-11.75
	I	Blessing Ufodiana, Long Beach Poly	38-06.00w
	II	Alexis Hill, Pomona	38-00.25w
	III	Brianna Glenn, La Mirada	38-00.25w
	IV	Reynda King, St. Mary's	38-03.50

STATE CHAMPIONS

Champion/School (Section)	Mark
Wendy Brown, Woodside (CC)	42-10.50
Sheila Hudson, Rio Linda (SJ)	41-10.00w
Felicia Harris, San Lorenzo (NC)	40-02.00
Kim Lassair, Northgate (NC)	39-06.25
Stacy Thompson, Morse (SD)	39-01.00
Juliana Yendork, Walnut (SS)	41-10.00
Juliana Yendork, Walnut (SS)	42-00.25
Juliana Yendork, Walnut (SS)	43-06.50
Kayla Montgomery, Clovis West (CE)	39-11.25
Cheaza Figueroa, Quartz Hill (SS)	40-01.25
Tamieka Porter, Orange Glen (SD)	38-11.50
Kelly O'Connor, Esperanza (SS)	40-06.50
Kelly O'Connor, Esperanza (SS)	40-02.50
Andrea Booker, El Camino (SD)	40-00w

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

TRIPLE JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1998	MC	Brianna Glenn, La Mirada	39-01.50
	I	Blessing Ufodiam, Long Beach Poly	38-11.00w
	II	Amanda Shanklin, Santa Margarita	37-10.75w
	III	Brianna Glenn, La Mirada	40-10.25w
	IV	Cindy Oparah, Brethren Christian	37-06.75w
1999	MC	Blessing Ufodiam, Long Beach Poly	39-00.25w
	I	Blessing Ufodiam, Long Beach Poly	40-05.25
	II	Tynisia Edwards, Foothill	38-05.75w
	III	Lisa Smith, La Mirada	37-06.75w
	IV	Michelle Mahlke, Marymount	36-09.75
2000	MC	Blessing Ufodiam, Long Beach Poly	39-11.75
	I	Blessing Ufodiam, Long Beach Poly	40-09.00w
	II	Courtney Stafford, Katella	38-11.25
	III	Lisa Smith, La Mirada	38-00.00
	IV	Marrisa Wheaton, Kaiser	35-11.00w
2001	MC	Candace Baucham, Long Beach Poly	42-02.25w
	I	Candace Baucham, Long Beach Poly	42-01.50w
	II	Michelle Sanford, Woodbridge	40-04.25
	III	Melissa Brown, Muir	39-07.50w
	IV	Lauren Gibbs, Westridge	37-09.25
2002	MC	Michelle Sanford, Woodbridge	41-08.75
	I	Chaunte Howard, J.W. North	40-05.00
	II	Michelle Sanford, Woodbridge	42-06.50
	III	LaShana Verdon, Ganesha	37-07.25
	IV	Natalie Calderon, La Salle	36-10.50
2003	MC	Michelle Sanford, Woodbridge	40-09.25
	I	Seqiyoa Peggese, Long Beach Poly	37-04.00
	II	Michelle Sanford, Woodbridge	41-06.75
	III	Nicole Duhart, Gahr	39-11.25
	IV	Artensia Young, Serra	39-10.50
2004	MC	Gayle Hunter, J.W. North	40-11.75w
	I	Cherelle Whyte, Long Beach Wilson	37-04.50w
	II	Gayle Hunter, J.W. Wilson	41-11.00w
	III	Tiffany Parker, Rancho Verde	38-05.75w
	IV	Artensia Young, Serra	39-05.50w
2005	MC	Seqiyoa Peggese, Long Beach Poly	39-03.00w
	I	Seqiyoa Peggese, Long Beach Poly	39-06.25
	II	Ashika Charan, Claremont	39-01.50w
	III	Brittany Lin, Calabasas	37-00.00w
	IV	Laura Gordon, Sage Hill	37-02.25
2006	MC	Ashika Charan, Claremont	41-08.00w
	I	Kimarie Black, Long Beach Poly	40-02.75
	II	Ashika Charan, Claremont	41-07.75w
	III	Whitney Liehr, Palos Verdes	39-00.50w
	IV	Amanda Hunter, Marlborough	38-02.00w
2007	MC	Melissa Keltner, Chino Hills	39-06.50
	I	Madeline LeDuc, Glendora	38-02.50
	II	Shannon Forbes, Peninsula	37-03.75
	III	Whitney Liehr, Palos Verdes	41-00.50w
	IV	Amanda Hunter, Marlborough	40-07.00
2008	MC	Tara Richmond, Long Beach Poly	39-07.00
	I	Melia Cox, Long Beach Poly	39-01.75w
	II	Ashley Perkins, Norco	37-09.75
	III	Karynn Dunn, Diamond Ranch	40-01.75w
	IV	Amanda Hunter, Marlborough	40-09.75
2009	MC	Tara Richmond, Long Beach Poly	39-00.25
	I	Melia Cox, Long Beach Poly	39-01
	II	Ashley Perkins, Norco	39-08.75w
	III	Karynn Dunn, Diamond Ranch	39-08w
	IV	Rukayah Bent-Mikail, St. Mary's Academy	39-09.75w
2010	MC	Tara Richmond, Long Beach Poly	39-04.50
	1	Tara Richmond, Long Beach Poly	39-09.50
	2	Olympia Jewett, Culver City	38-08.00w
	3	Kayla Mallet, West Torrance	38-11.75
	4	Chelsie Churchill, St. Margaret's	36-02.00
2011	MC	Melia Cox, Long Beach Poly	39-10.25
	1	Melia Cox, Long Beach Poly	40-06.00w
	2	Jacquelyn Dubois, Vista Del Lago	38-01.00w
	3	Abrianna Torres, San Luis Obispo	39-04.00w
	4	Rachel Toliver, St. Mary's Academy	40-04.25

STATE CHAMPIONS

Champion/School (Section)	Mark
Andrea Booker, El Camino (SD)	40-00.25w
Heather Contreras, Sutter (NC)	40-03.75
Blessing Ufodiam, Long Beach Poly (SS)	40-08.75
Candace Baucham, Long Beach Poly (SS)	42-04.50
Michelle Sanford, Woodbridge (SS)	41-05.25
Brittany Daniels, West Bakersfield (SJ)	42-04.75
Brittany Daniels, Merrill West (SJ)	42-08
Brittany Daniels, Merrill West (SJ)	44-05.50w
Ke"Nyia Richardson, Oakland Holy Names (OK)	43-03.25
KeNyia Richardson, Oakland Holy Names (OK)	45-04.25w
Vashti Thomas, San Jose Mt. Pleasant (CC)	42-00.50
Ciarra Brewer, James Logan (NC)	42-11.50
Jenna Prandini, Clovis (CE)	42-07.25w
Ciarra Brewer, James Logan, (NC)	41-11.00

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

TRIPLE JUMP (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2012	MC	Jazzelena Black, Pacifica/Oxnard	39-03.00
	1	Brenda Barker, Dana Hills	38-08.50
	2	Tiffini Stone, Canyon/Canyon Country	38-05.50
	3	Dominique Wheatley, Bonita	39-08.25
	4	Kayla Phillips, St. Mary's Academy	38-09.00
2013	MC	Rachel Tolliver, St. Mary's Academy	39-03.25
	1	Michaela Shaeffer, Edison	38-02.25
	2	Rian Young-Werner, Citrus Valley	39-02.50
	3	Teyana Poole, Yucca Valley	38-10.50w
	4	Rachel Tolliver, St. Mary's Academy	40-01.50w
2014	MC	Jasmine Bass, North Torrance	39-01.00
	1	Ciynamon Stevenson, Great Oak	40-07.00w
	2	Jasmine Bass, North Torrance	40-07.75
	3	Efe Agege, Harvard Westlake	38-03.75w
	4	Lucie Pressl, Oaks Christian	37-08.00
2015	MC	Tara Davis, Agoura	40-08.25
	1	Je'neal Ainsworth, Long Beach Poly	39-04.25
	2	Tara Davis, Agoura	41-00.00w
	3	Aliyah Woodall, Calabasas	37-10.00
	4	India Hines, La Salle	37-04.75w
2016	MC	Tara Davis, Agoura	41-04.50
	1	Ciynamon Stevenson, Great Oak	41-00.25
	2	Tara Davis Agoura	41-10.25w
	3	Micah Fulton, Monrovia	40-03.00w
	4	Elliott Brooks, Marlborough	38-11.25w
2017	MC	Tara Davis, Agoura	40-04.00
	1	Zhane Smith, Long Beach Poly	38-04.75
	2	Tara Davis, Agoura	39-11.00
	3	Anneke Moersdorf, San Luis Obispo	38-05.00
	4	Micah Fulton, Muir	38-10.50
2018	MC	Dominique Ruotolo, Mater Dei	41-00.50
	1	Emily Garner, Woodbridge	39-01.50
	2	Dominique Ruotolo, Mater Dei	40-09.25
	3	Anneke Moersdorf, San Luis Obispo	38-05.50
	4	Micah Fulton, Muir	39-09.50
2019	MC	Summer Stevenson, Great Oak	40-02.00
	1	Summer Stevenson, Great Oak	39-09.00
	2	Jade McDonald, Calabasas	39-04.75
	3	Sophia Hartwell, Orange Lutheran	38-06.50
	4	Neta Ofiaeli, Santa Ynez	38-04.50
2020	No Playoffs - Covid-19		
2021	1	Jade McDonald, Poly/Long Beach	40-02.50
	2	Jada Gatlin, Mission Viejo	39-00.25
	3	Chelsea Aninyei, Mayfair	37-03.00
	4	London Lee, St. Anthony	38-00.25
2022	MC	Jade Gatlin, Mission Viejo	40-02.50
	1	Alyssa Hope, ML King	40-02.50
	2	Jada Gatlin, Mission Viejo	40-02.25
	3	Rachel Bir, Calabasas	37-03-50
	4	Kelaiyah Johnston, Muir	37-09.50
2023	MC	Jade Gatlin, Mission Viejo	39-10.75
	1	Dejeauna Williams, Elsinore	40-01.25
	2	Kaylee Best, Norco	38-0.25
	3	Meagan Humphries, Castaic	39-10.75
	4	Tamara Aimufia, United Christian Academy	39-11.75
2024	1	Alaya Robinson, Etiwanda	38-08.50
	2	Quincie Richards, Royal	39-06
	3	Meagan Humphries, Castaic	28-08.50
	4	Malia Strange, Xavier College Prep	39-01.75

STATE CHAMPIONS

Champion/School (Section)	Mark
Sasha Wallace, Holy Names (NC)	41-05.75
Sasha Wallace, Castro Valley (NC)	41-09.50
Ashley Anderson, Carson (LA)	41-03.00
Kennedy Perkins, Castro Valley (NC)	42-05.25
Tara Davis, Agoura (SS)	41-05.50
Arianna Fisher Silver Creek (SJ)	41-07
Jazlynn Shearer, Silver Creek (CC)	41-01
No Playoffs - Covid 19	
Alyssa Hope, ML King (SS)	40-02.75
Dajeauna Williams, Elsinore (SS)	40-07.25
Alyssa Alumbres Vista Murrieta	40-11

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

SHOT PUT

(8-Pound prior to 1980, 4-Kilo 1980 and beyond)

SOUTHERN SECTION CHAMPIONS

STATE CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>	<u>Champion/School (Section)</u>	<u>Mark</u>
1973		Kay Illertson, Valencia	38-08	(No meet held)	
1974		Kay Illertson, Valencia	42-05.50	Kathy Devine, Mission Bay (SD)	47-04.50
1975		Becky Daniel, Newport Harbor	41-09.50	Kathy Devine, Mission Bay (SD)	42-03.75
1976		Julie Flynn, La Canada		Becky Daniel, Newport Harbor (SS)	42-09.75
1977	MC	Bonnie Dasse, Costa Mesa	40-10.75	Debra Thorntana, Sacramento (SJ)	43-09
	4-A	Julie Green, Fountain Valley	39-08.75		
	3-A	Bonnie Dasse, Costa Mesa	40-06.75		
	2-A	Rosanne Gehres, Nordhoff	37-09.25		
	1-A	Debby Deason, Yucca Valley	36-10		
1978	MC	Kerry Zwart, Crescenta Valley	45-07.25	Kerry Zwart, Crescenta Valley (SS)	45-11.50
	4-A	Kerry Zwart, Crescenta Valley	44-10		
	3-A	Rosario Ramos, Anaheim	43-11.25		
	2-A	Jackie Nelson, Canyon/Anaheim	44-11.50		
	1-A	Danielle Edwards, Brethren	39-05.75		
1979	MC	Rosario Ramos, Anaheim	49-03.25	Susie Ray, Villa Park (SS)	49-06.50
	4-A	Susie Ray, Villa Park	46-08.50		
	3-A	Rosario Ramos, Anaheim	48-06		
	2-A	Charm Bishop, Covina	37-01		
	1-A	Wendy Hutchinson, Notre Dame	38-09.50		
1980	MC	Susie Ray, Villa Park	48-11.75	Natalie Kaaiawahia, Fullerton (SS)	48-04.50
	4-A	Susie Ray, Villa Park	48-01.50		
	3-A	Natalie Kaaiawahia, Fullerton	46-10.50		
	2-A	Diana Clements, San Clemente	41-04.50		
	1-A	Debbie Hiner, Paso Robles	37-11		
1981	MC	Natalie Kaaiawahia, Fullerton	52-04.50	Natalie Kaaiawahia, Fullerton (SS)	51-08.50
	4-A	Jacque Sheffield, Eisenhower	42-11.75		
	3-A	Natalie Kaaiawahia, Fullerton	49-02.50		
	2-A	Diana Clement, San Clemente	40-10.50		
	1-A	Torey Moses, Paso Robles	38-08		
1982	MC	Natalie Kaaiawahia, Fullerton	52-02.25	Natalie Kaaiawahia, Fullerton (SS)	50-03
	4-A	Jacque Sheffield, Eisenhower	43-00		
	3-A	Natalie Kaaiawahia, Fullerton	50-03.75		
	2-A	Jaque Norton, Mission Viejo	43-10.75		
	1-A	Torey Moses, Paso Robles	38-11		
1983				Natalie Kaaiawahia, Fullerton (SS)	52-07.50
	4-A	Tish Williams, Long Beach Poly	37-02.50		
	3-A	Natalie Kaaiawahia, Fullerton	53-07.75		
	2-A	Alicia Gloudock, Montclair	38-05.75		
	1-A	Cassandra Dumas, Paraclete	37-02.75		
1984				Pam Alexander, Arlington (SS)	46-03.50
	4-A	Shawn Roy, South Torrance	41-07.50		
	3-A	Dana Simon, Antelope Valley	42-04.75		
	2-A	Pam Alexander, Arlington	44-04.25		
	1-A	Cassandra Damas, Paraclete	38-04		
1985	MC	Elaina Oden, Irvine	43-03.75	Elaina Oden, Irvine (SS)	46-11.75
	4-A	Elaina Oden, Irvine	44-07.75		
	3-A	Gail Brandi, Rowland	42-10		
	2-A	Ana Maria Gill, Western	40-01.50		
	1-A	Hannah Rehder, St. Joseph/Santa Maria	41-05.75		
1986	MC	Brandi Gail, Rowland	47-04.50	Brandi Gail, Rowland (SS)	45-02.25
	4-A	Shellie Lovati, El Modena	44-01.50		
	3-A	Brandi Gail, Rowland	45-04.75		
	2-A	Cheryl Villaran, Arroyo Grande	40-10		
	1-A	Dana Neuman, Oak Park	35-09.25		
1987	MC	Theresa Faafu, Ventura	41-10.25	Kim Lassair, Northgate (NC)	39-06.25
	4-A	Theresa Faafu, Ventura	41-04.50		
	3-A	Carolyn Hueth, West Torrance	39-02.25		
	2-A	Kimya Phillips, Walnut	37-05		
	1-A	Jennifer Wheelchel, Agoura	42-04		
1988	MC	Jennifer Wheelchel, Agoura	42-09.25	Dawn Dumble, Bakersfield (CE)	48-02.50
	4-A	Melanie Jones, Long Beach Poly	41-10		
	3-A	Carolyn Hueth, West Torrance	41-00		
	2-A	Teri Sims, Brawley	39-06		
	1-A	Jennifer Wheelchel, Agoura	42-07.50		
1989	MC	Angela Arrington, Palmdale	43-05.50	Melissa Weis, Bakersfield (CE)	44-01
	4-A	Angela Arrington, Palmdale	42-05.75		
	3-A	Joanne Alo, Santa Ana Valley	39-02.50		
	2-A	Kimya Phillips, Walnut	39-01.25		
	1-A	Tracy Meadors, Kern Valley	40-00.25		

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

SHOT PUT (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1990	MC	Happy Timo, Twentynine Palms	42-03.50
	4-A	Angela Arrington, Palmdale	40-00.50
	3-A	Joanne Alo, Santa Ana Valley	39-09
	2-A	Teresa Stricklin, Arroyo Grande	40-09.25
	1-A	Happy Timo, Twentynine Palms	41-07.50
1991	MC	Teresa Stricklin, Arroyo Grande	43-10.25
	4-A	Nada Kavar, Crescenta Valley	38-10
	3-A	Crystal Brownlee, Westlake	42-02.25
	2-A	Myra Smith, Workman	42-02
	1-A	Jennifer Riney, La Canada	37-02.50
1992	MC	Nada Kavar, Crescenta Valley	45-01.25
	4-A	Nada Kavar, Crescenta Valley	42-08.50
	3-A	Crystal Brownlee, Westlake	44-07.50
	2-A	Lisa Misipeka, Temecula Valley	42-00.25
	1-A	Amy Fisher, Calabasas	37-01.25
1993	MC	Crystal Brownlee, Westlake	45-11
	I	Lisa Misipeka, Temecula Valley	45-04.50
	II	Gina Heads, Newport Harbor	41-11
	III	Arnika Hughes, South Hills	36-07
	IV	Jaci Mello, Carpinteria	31-01
1994	MC	Delores Tuimoloau, Channel Islands	45-01.75
	I	Delores Tuimoloau, Channel Islands	46-06.50
	II	Gina Heads, Newport Harbor	42-09.75
	III	Katy Grubbs, South Pasadena	40-03.50
	IV	Carrie Prodromides, Chadwick	33-02
1995	MC	Nadia Lopez, Arroyo Grande	41-08.50
	I	Sonya Bryant, Marina	40-03
	II	Nadia Lopez, Arroyo Grande	44-10.50
	III	Arnika Hughes, South Hills	38-06.50
	IV	Dee Braxton, Calvary Chapel/Downey	36-10.50
1996	MC	Cynthia Ademiluyi, Long Beach Poly	42-04
	I	Cynthia Ademiluyi, Long Beach Poly	44-09
	II	Jennifer Vail, Palm Springs	41-03.50
	III	Tofi Togagae, Los Amigos	42-00.25
	IV	Leslie Hoyler, Whittier Christian	37-09.50
1997	MC	Cynthia Ademiluyi, Long Beach Poly	45-03
	I	Cynthia Ademiluyi, Long Beach Poly	45-11.25
	II	Stephanie Brown, Arroyo Grande	41-05
	III	Betty Asuega, Mira Costa	38-07.75
	IV	Brandi Charles, La Salle	38-04.75
1998	MC	Stephanie Brown, Arroyo Grande	49-05.50
	I	Nicole Kraus, St. Lucy's	42-02
	II	Stephanie Brown, Arroyo Grande	47-00.75
	III	Tasi Asuega, Mira Costa	41-06.75
	IV	Brandi Charles, La Salle	38-04.25
1999	MC	Karen Freberg, Arroyo Grande	48-00.5
	I	L'Orangerie Crawford, Santa Monica	42-07
	II	Karen Freberg, Arroyo Grande	46-01.25
	III	Laura Tave, Rosemead	41-08
	IV	Brandi Charles, La Salle	39-10.5
2000	MC	Karen Freberg, San Luis Obispo	49-01.5
	I	Misha Bonds, Fontana	40-10.75
	II	Karen Freberg, San Luis Obispo	49-00.75
	III	Jenna Johnson, St Joseph/Santa Maria	42-07
	IV	Kai Ivory, Marymount	40-02
2001	MC	Karen Freberg, San Luis Obispo	51-02.5
	I	Bobbie Patton, Righetti	42-03.5
	II	Natalie Valenzuela, Rio Mesa	38-04
	III	Karen Freberg, San Luis Obispo	49-08
	IV	Letalatala Barber, Twentynine Palms	40-05.5
2002	MC	Megan Howard, Arroyo Grande	45-00.25
	I	Megan Howard, Arroyo Grande	44-03
	II	Erin Streater, Villa Park	40-10.75
	III	Melissa Yunghans, Orange Lutheran	41-04.25
	IV	Tamara Bryant, La Salle	39-03
2003	MC	Billie Jo Grant, Arroyo Grande	48-11.50
	I	Megan Howard, Arroyo Grande	48-00
	II	Priscilla Gardner, Mission Viejo	41-11
	III	Sarah Barber, St. Joseph/Lakewood	38-07.75
	IV	Melissa Yunghans, Orange Lutheran	44-03.75

STATE CHAMPIONS

Champion/School (Section)	Mark
Dawn Dumble, Bakersfield (CE)	49-03.50
Mika Hillaire, Pittsburg (NC)	45-04.25
Kristin Heaston, Ygnacio Valley (NC)	45-03.50
Kristin Heaston, Ygnacio Valley (NC)	52-11.50
Delores Tuimoloau, Channel Islands (SS)	46-10
Rebecca Morrison, Presentation (CC)	47-06.75
Stephanie Brown, Arroyo Grande (SS)	43-00.25
Cynthia Ademiluyi, Long Beach Poly (SS)	47-05.25
Stephanie Brown, Arroyo Grande (SS)	48-10.75
Jill Camarena, Woodland (SJ)	48-06
Karen Freberg, San Luis Obispo (SS)	50-07.25
Karen Freberg, San Luis Obispo (SS)	50-02.25
Rachel Varner, Bakersfield (CE)	47-00.50
Jessica Pressley, Laguna Creek (SJ)	50-05

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

SHOT PUT (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2004	MC	Megan Howard, Arroyo Grande	49-08
	I	Megan Howard, Arroyo Grande	49-05.25
	II	Janet Ikba, Bellflower	43-05.25
	III	Sarah Barber, St. Joseph/Lakewood	42-00.75
	IV	Melissa Yungmans, Orange Lutheran	45-06.25
2005	MC	April Phillips, Long Beach Poly	45-08.25
	I	April Phillips, Long Beach Poly	40-10.00
	II	Florida Siaoisi, Sultana	41-11.00
	III	Sarah Robles, San Jacinto	42-00.75
	IV	Ashley Philipps, St. Joseph/Santa Martia	38-09.25
2006	MC	Erin Delaney, Paso Robles	44-08.50
	I	Jeanette McConnell, Saugus	41-01.50
	II	Erin Delaney, Paso Robles	44-03.25
	III	Sarah Robles, San Jacinto	39-11.50
	IV	Tracy Boekestein, Valley Christian/Cerritos	42-01.50
2007	MC	Hilary Fraser, El Toro	44-03.50
	I	Stephani Aliimatafitafi, Paramount	42-06.00
	II	Hilary Fraser, El Toro	44-00.75
	III	Renee Hays, Bishop Amat	39-04.00
	IV	Teresa Loya, St. Joseph/Santa Maria	39-06.00
2008	MC	Stephanie Aliimatafitafi, Paramount	44-01.75
	I	Stephanie Aliimatafitafi, Paramont	42-00.50
	II	Brooke Shepard, Arroyo Grande	39-11.50
	III	Sydney Haydel, Harvard Westlake	40-09.50
	IV	Saibra Noel, Paraclete	38-04.00
2009	MC	Kayla Kovar, Burroughs/Ridgecrest	43-02.75
	I	Kristen Wilson, Ventura	43-04.50
	II	Jasmine Burrell, North Torrance	44-05
	III	Kayla Kovar, Burroughs/Ridgecrest	42-07.75
	IV	Teresa Loya, St. Joseph/santa Maria	43-00.75
2010	MC	Jasmine Burrell, North Torrance	47-07.00
	1	Lima Lefti, La Sierra	45-01.00
	2	Alex Morgan, Ventura	43-03.75
	3	Markita Hinton, Atascadero	43-03.50
	4	Teresa Loya, St. Joseph/Santa Maria	43-04.75
2011	MC	Tanya Sapa, La Sierra	44-07.25
	1	Tanya Sapa, La Sierra	45-04.00
	2	Deja Watkins, J.W. North	42-04.25
	3	Karle'h Wilson, Corona del Mar	41-02.75
	4	Tohan Aikionbare, La Salle	41-01.50
2012	MC	Tanya Sapa, La Sierra	46-09.50
	1	Tanya Sapa, La Sierra	45-09.00
	2	Stamatia Scarvelis, Dos Pueblos	45-03.00
	3	Nia Britt, Alemany	45-04.00
	4	Urina Harvell, Serra	41-11.00
2013	MC	Stamaia Scarvelis, Dos Pueblos	51-09.25
	1	Tanya Sapa, La Sierra	45-05.50
	2	Stamatia Scarvelis, Dos Pueblos	49-04.50
	3	Nia Britt, Alemany	46-10.25
	4	Tierra Adams, Muir	41-09.50
2014	MC	Stamatia Scarvalis, Dos Pueblos	52-09.50
	1	McKenna Howard, Los Alamitos	49-02.00
	2	Stamatia Scarvalis, Dos Pueblos	52-03.00
	3	Ginika Iwuchukwu, Notre Dame/Sherman Oaks	47-05.25
	4	Tierra Adams, Muir	42-04.00
2015	MC	Nia Britt, Notre Dame/Sherman Oaks	47-09.75
	1	Kendall Mader, Newbury Park	44-11.00
	2	Nikela Harris, Golden Valley	43-03.00
	3	Nia Britt, Notre Dame/Sherman Oaks	47-04.75
	4	Sarah Hernandez, St. Paul	39-09.75
2016	MC	Taylor Crockem, Chino	45-01.25
	1	Alladia Patterson, Louisville	41-01.00
	2	Ana Tovi, San Geronio	41-10.00
	3	Danaeya Burrell, Cathedral City	38-02.50
	4	Alaysha Green, El Toro	43-01.75
2017	MC	Faimalie Sale, Los Alamitos	46-11.75
	1	Ashley Anumba, Los Osos	46-05.75
	2	Taylor Crockem, Chino	43-05.00
	3	Paige Harrington, Oak Park	37-04.00
	4	Alladia Patterson, Louisville	43-01.75

STATE CHAMPIONS

Champion/School (Section)	Mark
Megan Howard, Arroyo Grande (SS)	49-11.75
Julie Dufresne, Harbor (CC)	47-07.50
Erin Delaney, Paso Robles (SS)	45-05.25
Rosario Sanchez, Selma (CE)	47-10.00
Anna Jelmini, Shafter (CE)	48-03.50
Anna Jelmini, Shafter (CE)	50-05.75
Jasmine Burrell, North Torrance (SS)	47-06.50
Breana Jemison, Carlsbad, (SD)	43-01.25
Stamatia Scarvelis, Dos Pueblos (SS)	47-03.25
Stamatia Scarvelis, Dos Pueblos (SS)	50-07.75
Stamatia Scarvalis, Dos Pueblos (SS)	52-02.00
Elena Bruckner, Valley Christian/ (SJ)	50-02.50
Elena Bruckner, Valley Christian (CC)	49-05.75
Pamela Amarch, Lincoln (SF)	47-05.75

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

SHOT PUT (Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2018	MC	Natalie Ramirez, West Ranch	44-08.75
	1	Faimalie Sale, Los Alamitos	43-08.25
	2	Natalie Ramirez, West Ranch	44-08.00
	3	Talavou Maili, St. Joseph/Lakewood	40-04.50
	4	Sarah Perkins, Santa Ynez	40-10.00
2019	MC	Natalie Ramirez, West Ranch	44-11.25
	1	Natalie Ramirez, West Ranch	47-09.75
	2	Shyann Franklin, Golden Valley	43-01.75
	3	Mariah Hansen, Burroughs.Ridgecrest	38-03.75
	4	Daphne Ebenhack, Village Christian	38-08.00
2020	No Playoffs - Covid-19		
2021	1	Cherish Washington, Lakewood	43-01.00
	2	Sara Pettinger, Mission Viejo	42-06.00
	3	Hope Gordon, Notre Dame/Sherman Oaks	42-10.25
	4	Clara McDonald, Bishop Diego	36-02.50
2022	MC	Aja Johnson, Notre Dame/SO	43-06
	1	Erica Collins, Chino Hills	40-06.00
	2	Laura Brennan, Hart	40-06.00
	3	Hope Gordon, Notre Dame/Sherman Oaks	41-03.00
	4	Treasure Brown, The Acher School	39-06.50
2023	MC	Aja Johnson, Notre Dame/Sherman Oaks	46-10
	1	Camryn Alo, Etiwanda	43-06.50
	2	Ddevin Jackson, West Covina	43-08
	3	April Fontenette, Notre Dame/Sherman Oaks	45-02
	4	Treasure Brown, The Archer School for Girls	41-10
2024	1	Jaslene Massey, Aliso Niguel	42-02
	2	Alexa Sheldon, Edison	41-03.50
	3	Aja Johnson, Notre Dame/SO	45-06.50
	4	Natal Osborne, St. Mary's	37-05

STATE CHAMPIONS

Champion/School (Section)	Mark
Jocelynn Budwig, Fowler (CE)	46-11
Jocelynn Budwig, Fowler (CE)	49-02.75
No Playoffs - Covid 19	
Feyi Olukanni, Clovis East (CS)	44-00
Aja Johnson, Notre Dame/Sherman Oaks (SS)	44-00.75

DISCUS THROW

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1975		Marina Gomez, Bishop Diego	121-07
1976		Leslie Hoerner, Mayfair	125-05
1977		Bonnie Dasse, Costa Mesa	135-04
1978		Christi Pyle, Hoover	158-04
1979		Ramona Ebert, Schurr	138-11
1980		Donna Hollingsworth, Chaffey	150-01
1981		Jacque Norton, Mission Viejo	147-06
1982		Jacque Norton, Mission Viejo	162-04
1983		Natalie Kaaiawahia, Fullerton	174-09
1984		China Blockton, Burbank	134-06
1985		Lil Ili, Nogales	
1986		Lil Ili, Nogales	149-09
1987	MC	Allison Franke, Canyon/Anaheim	138-04
	4-A	Allison Franke, Canyon/Anaheim	129-06
	3-A	Reneeka Williams, Nogales	136-03
	2-A	Mary Guinan, Hesperia	120-10
	1-A	Shelley Kelpe, Kern Valley	107-09
1988	MC	Allison Franke, Canyon/Anaheim	158-04
	4-A	Allison Franke, Canyon/Anaheim	135-03
	3-A	Reneeka Williams, Nogales	153-00
	2-A	Debbie Malachowski, Hesperia	139-04
	1-A	Micheline Sheaffer, Carpinteria	138-04
1989	MC	Allison Franke, Canyon/Anaheim	153-11
	4-A	Tracy Meadors, Kern Valley	123-11
	3-A	Kimya Phillips, Walnut	134-02
	2-A	Candy Roberts, Don Lugo	167-08
	1-A	Angela Arrington, Palmdale	132-04
1990	MC	Celeste McVey, Redlands	150-03
	4-A	Jodie Warr, Rubidoux	141-11
	3-A	Debbie Hargrove, Estancia	141-09
	2-A	Teresa Stricklin, Arroyo Grande	125-03
	1-A	Ava Davis, Cabrillo	115-02
1991	MC	Celeste McVey, Redlands	139-06
	4-A	Celeste McVey, Redlands	132-01
	3-A	Carrie Herman, Etiwanda	144-05
	2-A	Myra Smith, Workman	132-05
	1-A	Barnethia Mansell, Oak Park	126-03

STATE CHAMPIONS

Champion/School (Section)	Mark
(No meet held)	
Kathy Middleton, Poway (SD)	134-05
Karen Stampfi, Lassen (NO)	137-08
Christi Pyle, Hoover (SS)	149-03
Leslie Deniz, Gridley (NO)	167-01
Leslie Deniz, Gridley (NO)	172-11
Natalie Kaaiawahia, Fullerton (SS)	162-10
Jacque Norton, Mission Viejo (SS)	160-02
Natalie Kaaiawahia, Fullerton (SS)	170-01
Stacy Hom, Rancho Cordova (SJ)	159-01
Lil Ili, Nogales (SS)	162-02
Tracy Crawford, Southeast (SD)	156-02
Dawn Dumble, Bakersfield (CE)	144-10
Melissa Weis, Bakersfield (CE)	159-07
Melissa Weis, Bakersfield (CE)	168-00
Melissa Weis, Bakersfield (CE)	169-11
Celeste McVey, Redlands (SS)	160-11

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

DISCUS(Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
1992	MC	Gina Heads, Newport Harbor	142-07
	4-A	Michelle Bryant, Hesperia	134-11
	3-A	Stacy Andrews, Arroyo Grande	138-10
	2-A	Rameika Phillips, Walnut	131-02
	1-A	Harnethia Monsell, Oak Park	127-04
1993	MC	Gina Heads, Newport Harbor	140-09
	I	Lisa Misipeka, Temecula Valley	140-03
	II	Andrea Bill, University	141-11
	III	Amy Smith, Morro Bay	121-03
	IV	Shirlee Rufus, Rialto	105-06
1994	MC	Nadia Lopez, Arroyo Grande	151-11
	I	Marie Philman, Edison	132-02
	II	Nadia Lopez, Arroyo Grande	136-09
	III	Nicole Ball, Cabrillo	124-02
	IV	Larissa Godkin, Carpinteria	98-08
1995	MC	Nadia Lopez, Arroyo Grande	148-05
	I	Marie Philman, Edison	139-00
	II	Nadia Lopez, Arroyo Grande	147-01
	III	Nikki Ball, Cabrillo	129-05
	IV	Ronda Morton, Twentynine Palms	111-10
1996	MC	Carrie Axton, Los Amigos	150-00
	I	Cheree Hicks, Littlerock	133-01
	II	Stephanie Brown, Arroyo Grande	129-00
	III	Carrie Axton, Los Amigos	137-06
	IV	Larisse Godkin, Carpinteria	122-05
1997	MC	Carrie Axton, Los Amigos	144-00
	I	Cynthia Ademiluyi, Long Beach Poly	134-08
	II	Cari Soong, J.W. North	130-10
	III	Carrie Axton, Los Amigos	147-08
	IV	Stephanie Baars, Chadwick	113-07
1998	MC	Stephanie Brown, Arroyo Grande	163-10
	I	Stacy Jarne, Esperanza	131-08
	II	Stephanie Brown, Arroyo Grande	166-09
	III	Antoinette Herrera, Los Amigos	126-10
	IV	Donielle Collich, Chadwick	122-01
1999	MC	Cari Soong, J.W. North	148-07
	I	Cari Soong, J.W. North	147-10
	II	Amanda Andrews, Arroyo Grande	143-08
	III	Sheni Russell, Ramona	139-08
	IV	Donielle Colich, Chadwick	127-11
2000	MC	Genessa Guzman, Charter Oak	144-04
	I	Kristin Thompson, Esperanza	132-01
	II	Billie Jo Grant, Arroyo Grande	139-03
	III	Genessa Guzman, Charter Oak	132-02
	IV	Sally Mills, Malibu	117-03
2001	MC	Genessa Guzman, Charter Oak	163-03
	I	Michelle Piquignot, Arroyo Grande	152-02
	II	Jessica Enciso, Mira Costa	130-01
	III	Genessa Guzman, Charter Oak	159-07
	IV	Letalatala Barber, Twentynine Palms	122-07
2002	MC	Billie Jo Grant, Arroyo Grande	165-08
	I	Billie Jo Grant, Arroyo Grande	159-08
	II	Shannon Hobson, Perris	132-07
	III	Vao Faoa, Magnolia	143-09
	IV	Amy Phillips, St. Joseph/Santa Maria	102-04
2003	MC	Billie Jo Grant, Arroyo Grande	172-00
	I	Billie Jo Grant, Arroyo Grande	182-06
	II	Priscilla Gardner, Mission Viejo	149-00
	III	Fiapopo Apelu, Magnolia	127-10
	IV	Melissa Yungahans, Orange Lutheran	127-00
2004	MC	Sarah Barber, St. Joseph/Lakewood	142-05
	I	Megan Howard, Arroyo Grande	139-05
	II	Olivia Raya, El Modena	130-00
	III	Sarah Barber, St. Joseph/Lakewood	137-06
	IV	Danielle Lampkin, Twentynine Palms	140-08
2005	MC	Sarah Robles, San Jacinto	143-03
	I	Tara Ross, Mission Viejo	131-10
	II	Jennifer Steed, Arroyo Grande	137-08
	III	Sarah Robles, San Jacinto	141-02
	IV	Michele Dannhausen, La Salle	121-05
2006	MC	Sarah Robles, San Jacinto	153-06
	I	Jeanette McConnell, Saugus	133-01
	II	Erin Delaney, Paso Robles	146-08
	III	Sarah Robles, San Jacinto	153-03
	IV	Tracy Boekestein, Valley Christian/Cerritos	114-05

STATE CHAMPIONS

Champion/School (Section)	Mark
Suzy Powell, Thomas Downey (SJ)	169-08
Suzy Powell, Thomas Downey (SJ)	168-11
Suzy Powell, Thomas Downey (SJ)	174-02
Nadia Lopez, Arroyo Grande (SS)	152-06
Chaniqua Ross, Laguna Creek (SJ)	158-04
Chaniqua Ross, Laguna Creek (SJ)	177-01
Stephanie Brown, Arroyo Grande (SS)	181-03
April Burton, Bakersfield (CE)	153-10
Jill Camarena, Woodland (SJ)	151-01
Rachel Varner, Bakersfield (CE)	162-09
Billie Jo Grant, Arroyo Grande (SS)	174-00
Billie Jo Grant, Arroyo Grande (SS)	174-04
Missy Faubus, Centennial (CC)	166-09
Alexaraee Toeaina, Pittsburg (NC)	158-03
Sarah Robles, San Jacinto (SS)	158-00

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

DISCUS(Cont.)

SOUTHERN SECTION CHAMPIONS

Year	Div.	Champion/School	Mark
2007	MC	Hilary Fraser, El Toro	156-02
	I	Jessica Bonner, Chaparral	142-07
	II	Hilary Fraser, El Toro	154-03
	III	Kayla Kovar, Burroughs/Ridgecrest	146-00
	IV	Rachel Butler, Calvary Chapel/Downey	124-00
2008	MC	Jeanette Dewitt, Nipomo	157-00
	I	Heather Snyder, Saugus	136-04
	II	Ashley Pyka, Canyon/Anaheim	131-04
	III	Jeanette Dewitt, Nipomo	157-10
	IV	Naomi Sornoso, Arrowhead Christian	117-04
2009	MC	Alexandra Morgan, Ventura	141-01
	I	Shaylynn Fisher, Great Oak	135-06
	II	Brooke Shepard, Arroyo Grande	136-08
	III	Maddie Casanova, Alemany	135-06
	IV	Teresa Loya, St. Joseph/Santa Maria	130-01
2010	MC	Alex Morgan, Ventura	158-05
	1	Lima Lefti, La Sierra	127-03
	2	Alex Morgan, Ventura	151-08
	3	Viv Devaney, San Luis Obispo	137-02
	4	Aikhionbare Itohan, La Salle	131-06
2011	MC	Alex Morgan, Ventura	156-05
	1	Larrisha Fields, Lakewood	140-04
	2	Alex Morgan, Ventura	156-05
	3	Heather Hawes, Nipomo	124-03
	4	Amber Panapa, St. Bonaventure	136-02
2012	MC	Madison Jacobs, Arroyo Grande	150-01
	1	Destiny Talalemotu, Millikan	140-05
	2	Geraldynn Leaupepe, Adolfo Camarillo	129-10
	3	Kara Casey, Mater Dei	122-05
	4	Hannah Copeland, St. Joseph/Santa Maria	107-04
2013	MC	Madison Jacobs, Arroyo Grande	152-10
	1	Destiny Talalemotu, Millikan	145-00
	2	Stamatia Scarvelis, Dos Pueblos	161-06
	3	Taylor Nevitt, Nipomo	115-06
	4	Mystasia Alexander, St. Bernard	122-08
2014	MC	Stamatia Scarvelis, Dos Pueblos	154-09
	1	Kendall Mader, Newbury Park	145-07
	2	Stamatia Scarvelis, Dos Pueblos	165-06
	3	Chrisshnay Brown, Lompoc	131-04
	4	Lara Ohanesian, St. Margaret's	120-01
2015	MC	Kendall Mader, Newbury Park	155-03
	1	Kendall Mader, Newbury Park	143-09
	2	Nikela Harris, Golden Valley	138-01
	3	Brianna Upi, Orange Lutheran	132-00
	4	Xochitl Bryson, Oxford Academy	120-04
2016	MC	Emma De Silva, Mission Viejo	144-10
	1	Ailini Williams, Paramount	139-02
	2	Emma De Silva, Mission Viejo	146-01
	3	Brianna Upi, Orange Lutheran	143-02
	4	Xochitl Bryson, Oxford Academy	129-09
2017	MC	Ashley Anumba, Los Osos	166-01
	1	Ashley Anumba, Los Osos	161-06
	2	Gabby Sanchez, Canyon/Anaheim	137-05
	3	Felicia Crenshaw, Costa Mesa	150-11
	4	Alladia Patterson, Louisville	130-06
2018	MC	Natalie Ramirez, West Ranch	155-10
	1	Kyliegh Wilkerson, Trabuco Hills	137-05
	2	Natalie Ramirez, West Ranch	147-00
	3	Tayla Crenshaw, Costa Mesa	133-03
	4	Erin Brown, Serra	125-02
2019	MC	Natalie Ramirez, West Ranch	153-07
	1	Lydia Liu, Roosevelt	157-01
	2	Amanda Spear, Thousand Oaks	151-03
	3	Emma Robbins, Esperanza	124-00
	4	Noelle Chavez, Aquinas	122-02
2020	No Playoffs - Covid-19		
2021	1	Abby Klinge, Trabuco Hills	139-06
	2	Sara Pettinger, Mission Viejo	150-00
	3	April Fontenette, Notre Dame/Sherman Oaks	129-00
	4	Treasure Brown, The Archer School	120-04

STATE CHAMPIONS

Champion/School (Section)	Mark
Hilary Fraser, El Toro (SS)	159-07
Anna Jelmini, Shafter (CE)	169-04
Anna Jelmini, Shafter (CE)	186-09
Alex Collatz, Stockdale (CE)	170-09
Alex Morgan, Ventura (SS)	153-08
Lisette Mendivil, Redwood (CE)	155-10
Nikki Okwelogu, Clovis West (CE)	173-09
Stamatia Scarvelis, Dos Pueblos (SS)	163-07
Ronna Stone, Valley Christian (SJ)	161-09
Pamela Amechi, Lincoln (SF)	164-01
Ashley Anumba, Los Osos (SS)	177-08
Erica Grotegeer, Wheatland (NO)	174-09
Jocelynn Budwig, Fowler (CE)	171-10
No Playoffs - Covid 19	

ALL-TIME GIRLS TRACK/FIELD INDIVIDUAL CHAMPIONS

DISCUS(Cont.)

SOUTHERN SECTION CHAMPIONS

<u>Year</u>	<u>Div.</u>	<u>Champion/School</u>	<u>Mark</u>
2022	MC	Taylor Hofland, Los Alamitos	139-07
	1	Karyssa Owens, Roosevelt	130-05
	2	Jinelle Stiber, Hesperia	123-07
	3	April Fontenette, Notre Dame/Sherman Oaks	150-10
	4	Gizelle Hrehor, Santa Ynez	124-11
2023	MC	April Fontenette, Notre Dame/Sherman Oaks	162-05
	1	Trinity Tipton, Camarillo	138-05
	2	Kiera Donovan, Golden Valley	130-03
	3	April Fontenette, Notre Dame/Sherman Oaks	162-08
	4	Treasure Brown, The Archer School for Girls	140-08
2024	1	Trinity Tipton, Camarillo	142-09
	2	Kiera Donovan, Golden Valley	143-08
	3	Aja Johnson, Notre Dame/SO	147-09
	4	Lillian Wilson, Paraclete	135-09

STATE CHAMPIONS

<u>Champion/School (Section)</u>	<u>Mark</u>
Nailea Fields, Caruthers (CS)	157-01
Nailea Fields, Caruthers (CS)	167-07
Aja Johnson Notre Dame/SO (SS)	158-10

ALL-TIME GIRLS TRACK AND FIELD RECORDS

ALL-TIME BEST MARKS

<u>Event</u>	<u>Athlete</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
100 Meters	Marion Jones	Thousand Oaks	11.14	1992
200 Meters	Allyson Felix	Los Angeles Baptist	22.52	2003
400 Meters	Angel Perkins	Gahr	52.18	2001
800 Meters	Trena Hull	Compton	2:04.91	1984
1600 Meters	Polly Plumer	University	4:39.92	1982
3200 Meters	Kim Mortensen	Thousand Oaks	9:48.59	1996
100-Meter High Hurdles	Nichole Denby	J.W. North	13.20	2000
300-Meter Low Hurdles	Lashinda Demus	Long Beach Wilson	39.98	2001
400-Meter Relay		St. Bernard	44.70	1997
1600-Meter Relay		Long Beach Poly	3:35.49	2004
High Jump	Chaunte Howard	J.W. North	6-00.50	2001
Pole Vault	Shayla Balentine	Morro Bay	13-08	2001
Long Jump	Marion Jones	Thousand Oaks	22-00.50	1993
Triple Jump	Juliana Yendork	Walnut	44-00.50	1991
Shot Put	Natalie Kaaiawahia	Fullerton	53-07.75	1983
Discus Throw	Stephanie Brown	Arroyo Grande	181-03	1998

ALL-TIME DIVISIONAL RECORDS

DIVISION 1

<u>Event</u>	<u>Athlete</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
100 Meters	Angela Williams	Chino	11.23	1997
200 Meters	Aminah Haddad	Long Beach Poly	23.23	1995
400 Meters	Angel Perkins	Gahr	52.28	2000
800 Meters	Trena Hull	Compton	2:07.09	1984
1600 Meters	Shannon Murakami	Saugus	4:42.50	2007
3200 Meters	Kim Mortensen	Thousand Oaks	10:03.11	1996
100-Meter High Hurdles	Nichole Denby	J.W. North	13.41	2000
300-Meter Low Hurdles	Lashinda Demus	Long Beach Wilson	39.98	2001
400-Meter Relay		Long Beach Wilson	45.10	2001
1600-Meter Relay		Muir	3:37.69	1985
High Jump	Chaunte Howard	J.W. North	6-00	2002
Pole Vault	Whitney Johnson	Mission Viejo	12-06	2004
Long Jump	Marion Jones	Thousand Oaks	21-01.50	1993
Triple Jump	Candace Baucham	Long Beach Poly	40-09	2001
Shot Put	Dolores Tuimoloau	Channel Islands	46-06.50	1994
Discus Throw	Billie Jo Grant	Arroyo Grande	169-09	2002

DIVISION 2

<u>Event</u>	<u>Athlete</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
100 Meters	Marion Jones	Rio Mesa	11.30	1991
200 Meters	Marion Jones	Thousand Oaks	22.67	1992
400 Meters	Marion Jones	Rio Mesa	52.91	1991
800 Meters	Anniya Louis	Culver City	2:09.16	2007
1600 Meters	Christine Babcock	Woodbridge	4:36.57	2008
3200 Meters	Mariah Castillo	Saugus	10:06.41	2018
100-Meter High Hurdles	Dominique Manning	J.W. North	13.67	2004
300 Meter Low Hurdles	Kori Carter	Claremont	41.30	2010
400-Meter Relay		Hawthorne	46.64	1982
1600-Meter Relay		Culver City	3:44.70	2023
High Jump	Kaylene Wagner	Dos Pueblos	6-00	2002
Pole Vault	Rachel Baxter	Canyon/Anaheim	13-01	2015
Long Jump	Tara Davis	Agoura	20-06	2015
Triple Jump	Michelle Sanford	Woodbridge	42-06.50	2002
Shot Put	Natalie Kaaiawahia	Fullerton	53-07.75	1983
Discus Throw	Candy Roberts	Don Lugo	167-8	1989

DIVISION 3

<u>Event</u>	<u>Athlete</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
100 Meters	Gervaise McCraw	Ganesha	11.64	1982
200 Meters	Gervaise McCraw	Ganesha	23.27	1982
400 Meters	Brianna Atkins	Bonita	54.49	2007
	Brittany Harper	Calabasas	54.49	2008
800 Meters	Rennie Durand	Laguna Beach	2:08.10	1982
1600 Meters	Shelby Buckley	Corona del Mar	4:48.69	2007
3200 Meters	Vicki Cook	Alemany	10:24.91	1981
100-Meter High Hurdles	Leslie Mercado	Diamond Ranch	14.08	2005
300-Meter Low Hurdles	Kiani Profit	John Muir	41.97	2006
400-Meter Relay		St. Bernard	45.37	1997
1600-Meter Relay		St. Bernard	3:41.32	1997
High Jump	Sharon Day	Costa Mesa	6-00	2003
Pole Vault	Chelsea Johnson	Atascadero	13-06	2002
Long Jump	Courtney Corrin	Harvard-Westlake	20-11	2015
Triple Jump	Juliana Yendork	Walnut	43-06	1991
Shot Put	Karen Freiburg	San Luis Obispo	51-10.25	2001
Discus Throw	Genessa Guzman	Charter Oak	161-03	2001

ALL-TIME GIRLS DIVISIONAL TRACK/FIELD RECORDS

ALL-TIME DIVISIONAL RECORDS (Cont.)

DIVISION 4

100 Meters	Allyson Felix	Los Angeles Baptist	11.39	2003
200 Meters	Allyson Felix	Los Angeles Baptist	22.88	2003
400 Meters	Allyson Felix	Los Angeles Baptist	52.90	2003
800 Meters	Savannah Camacho	Templeton	2:09.48	2012
1600 Meters	Katherin Delaney	JSerra	4:46.82	2011
3200 Meters	Vicki Cook	Alemany	10:11.78	1982
100-Meter High Hurdles	Kimyon Broom	Serra	13.81	2006
300-Meter Low Hurdles	Turquoise Thompson	Serra	41.45	2009
400-Meter Relay		Serra	45.80	2012
1600-Meter Relay		Serra	3:44.29	2010
High Jump	Katrina Johnson	Marshall Fundamental	5-08	1982
	Crissy Mills	Campbell Hall	5-08	1987
	Crissy Mills	Campbell Hall	5-08	1988
	Crissy Mills	Campbell Hall	5-08	1989
	Michelle Mahlke	Marymount	5-08	1997
	Zibby Boyer	Poly/Pasadena	5-08	2011
Pole Vault	Sierra Emrick	Morro Bay	12-07	2015
Long Jump	Ashtyn Baltimore	Marlborough	19-11.75	2009
Triple Jump	Amanda Hunter	Marlborough	40-09.75	2008
Shot Put	Melissa Yungahans	Orange Lutheran	45-06.25	2003
Discus Throw	Danielle Lampkin	Twenty-nine Palms	140-08	2004
	Treasure Brown	The Archer School	140-08	2023

ALL-TIME GIRLS CIF STATE MEET RECORDS

<u>Event</u>	<u>Athlete</u>	<u>School (Section)</u>	<u>Mark</u>	<u>Year</u>
100 Meters	Marion Jones	Thousand Oaks (SS)	11.14	1992
200 Meters	Allyson Felix	Los Angeles Baptist (SS)	22.52	2003
400 Meters	Monique Henderson	Morse (SD)	50.74	2000
800 Meters	Amy Weissenbach	Harvard Westlake (SS)	2:02.04	2011
1600 Meters	Christine Babcock	Woodbridge (SS)	4:33.82	2008
3200 Meters	Jordan Hasay	Mission Prep (CE)	9:52.13	2008
100-Meter High Hurdles	Vashti Thomas	Mt. Pleasant (CC)	13.03	2007
300-Meter Low Hurdles	Ebony Collins	Long Beach Wilson (SS)	40.10	2005
400-Meter Relay		St. Bernard (SS)	44.70	1997
1600-Meter Relay		Long Beach Poly (SS)	3:35.49	2004
High Jump	Latrese Johnson	Clovis (CE)	6-02	1985
Pole Vault	Tori Anthony	Castilleja (CC)	14-01	2007
Long Jump	Marion Jones	Thousand Oaks (SS)	22-00.50	1993
Triple Jump	Juliana Yendork	Walnut (SS)	44-00.50	1991
Shot Put	Kristin Heaston	Ygnacio Valley (NC)	52-11.50	1993
Discus Throw	Anna Jelmini	Shafter (CE)	186-09	2009

IMPORTANT NOTICE - RECORD CRITERIA: CIF Southern Section track and field records are recognized in championship competition only, allowing for consistency and verification of distances, wind-gauge readings, measuring devices and timing apparatus. Divisional records may be set at Southern Section divisional prelims and finals only. State Meet records recognized in State Meet prelims and finals competition only.