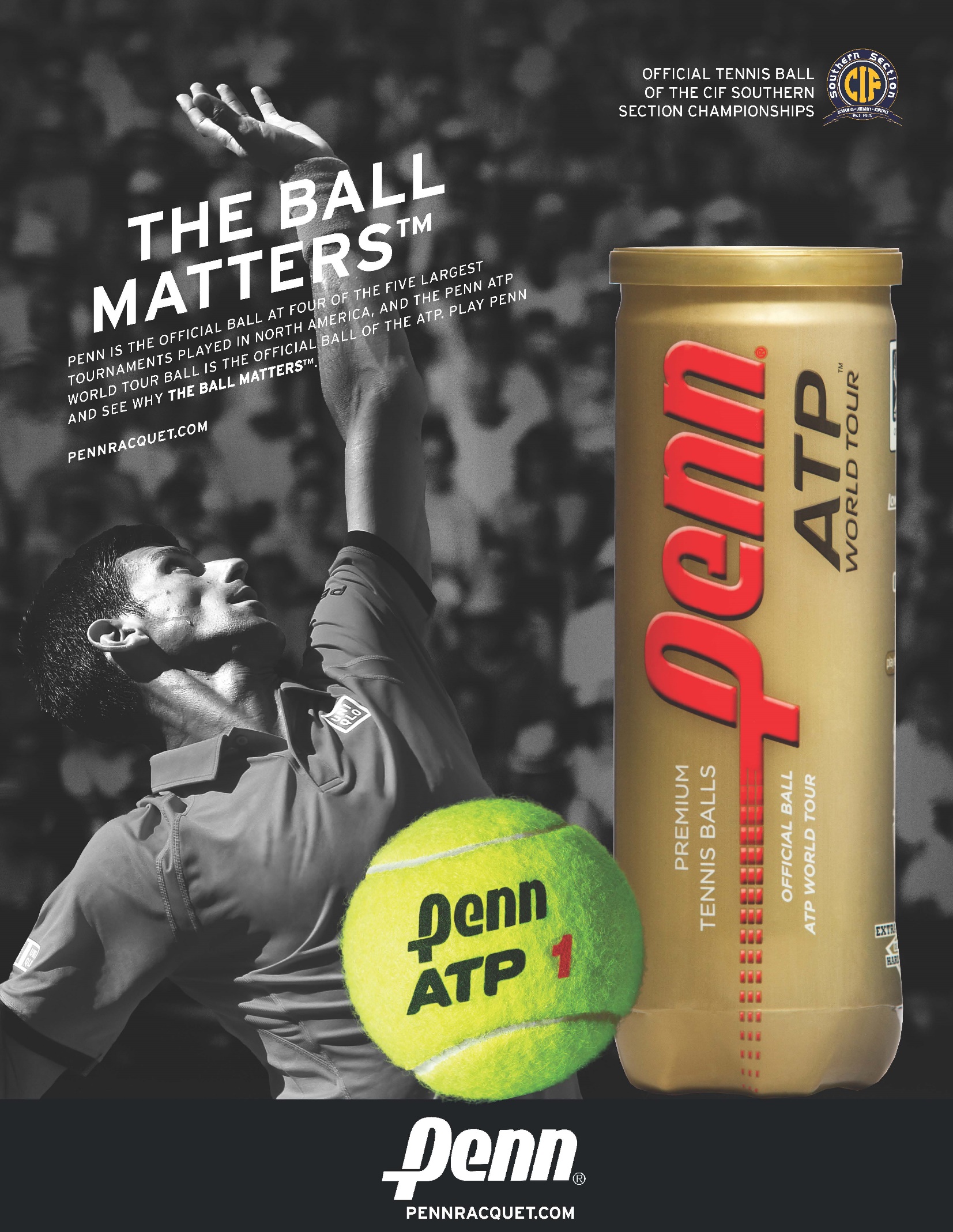


** 10932 Pine Street**



**Los Alamitos, CA 90720**

**(562) 493-9500 \* Fax (562) 493-6266**

DATE: JANUARY, 2018

TO: CIF-SS BOYS TENNIS COACHES

FROM: RAINER WULF, ASSISTANT COMMISSIONER

SUBJECT: 2017-2018 BOYS TENNIS SEASON

Welcome to the 2018 CIF Southern Section Ford Boys Tennis Season! In an effort to assist you with your organizational plans for the upcoming season, we have compiled the attached 2017-2018 Boys Tennis Preview. We hope its overall content will prove informative and serve as a reference point during the course of your daily routine. Hopefully, this preview will answer your questions about our playoffs and divisions. If not, do not hesitate to call.

Enclosed you will find the following items. Please make sure they are shared with the other members of the coaching staff:

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**BOYS TENNIS ADVISORY COMMITTEE**

Over the past years, the CIF-SS Office has worked with the concept of establishing advisory committees in virtually all of the 30 sports for boys and girls. This program is being continued into the 2017-2018 school term. The role of the advisory committee, comprised of coaches in the respective sport and an administrator from the CIF-SS Office, may include the following:

1. Meetings

2. Recommendations for playoff sites

3. Recommendations for procedural changes

4. Recommendations for rule changes

5. Evaluation of sport season

6. Assistance to coaches and/or officials organizations

7. Liaison between coaches and CIF-SS Office

If you have suggestions or questions, please make use of this excellent channel of communication and pass them along to one of the committee members. We will be meeting on a regular basis during the current tennis season and your items will become part of our agenda. For your reference, members of the 2017‑2018 Boys Tennis Advisory Committee are:

Maureen Bryant (626) 282-8735

Sean Comadena, Redlands HS (951) 317-1613

Howard Farer (626) 665-8960

Mike Hoeger, Peninsula HS (424) 241-8393

John Kessler, University HS (949) 235-2804

Travis Kikugawa, Viewpoint HS (818) 590-9061

Carolyn Leach (310) 418-8731

Nick Mateljan, Poly/Riverside HS (951) 992-2127

Chris Simpson, Harvard-Westlake HS (818) 980-6692, (310) 666-1036

Greg Tebbe, Santa Barbara HS (805) 453-9455

Bob Walton, Brea Olinda HS (760) 861-8869

Ken Whitmer, Redlands East Valley HS (909) 800-5324

**10932 Pine Street**

**Los Alamitos, CA 90720**

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DATE: JANUARY, 2018

TO: CIF-SS BOYS TENNIS COACHES

FROM: RAINER WULF, ASSISTANT COMMISSIONER

SUBJECT: 2018 BOYS TOP TEN POLL

Listed below are the members of the Boys Tennis Coaches Advisory Committee. They are responsible for coordinating and notifying the CIF-SS Office of the weekly Top Ten Poll. Although every effort is made to be as accurate as possible with the Top Ten selections, it should be realized that the poll is published to create interest in the sport and is dependent upon coaches input. It is understood that this is a coaches' poll and that no students or parents are involved with the poll.

The CIF-SS Office will send the coaches poll as part of our media mailing.

Division 1 Ken Whitmer (909) 800-5324 (C) e-mail: k\_whit\_less1@yahoo.com

Maureen Bryant (626) 282-8735 (H/FAX) e-mail: [maureenbryant@earthlink.net](mailto:maureenbryant@earthlink.net)

Sean Comadena (951) 317-1613 e-mail: [sean\_comadena@redlands.k12.ca.us](mailto:sean_comadena@redlands.k12.ca.us)

Division 2 Howard Farer (626) 285-3446 (H) e-mail: hkfarer@charter.net

(626) 665-8960 (C)

Bob Walton (760) 861-8869 (C) e-mail: [xusforme@aol.com](mailto:xusforme@aol.com)

Carolyn Leach (310) 418-8731 (C) e-mail: leachster47@gmail.com

Division 3 John Kessler (949) 235-2804 (C) e-mail: johnkessler@iusd.org

Travis Kikugawa (818) 590-9061 (C) e-mail [Tkikugawa@viewpoint.org](mailto:Tkikugawa@viewpoint.org)

(818) 591-6417 (S)

Division 4 Chris Simpson (310) 666-1036 (C) e-mail: csimpson@hw.com

Mike Hoeger (310) 377-4888, Ext. 642 (S) e-mail: [mjhoeger@me.com](mailto:mjhoeger@me.com)

(424) 241-8393 (C) [Hoeger@pvpusd.k12.ca.us](mailto:Hoeger@pvpusd.k12.ca.us)

Division 5 Nick Mateljan (951) 992-2127 e-mail: nickmateljan@aol.com

[Nmateljan@rusd.k12.ca](mailto:Nmateljan@rusd.k12.ca).us

Greg Tebbe (805) 453-9455 e-mail: [gregtebbe@gmail.com](mailto:gregtebbe@gmail.com)

**It is *IMPERATIVE* that coaches call their results into the committee members named above on a weekly basis. You must call by Sunday:**

**March 11, 18 25; April 1, 8, 15, 22 Final Poll: April 29**

**2017-2018 CIF SOUTHERN SECTION BOYS TENNIS GUIDELINES**

Following are key points tennis coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2017-2018 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas.

SCRIMMAGE DAY

The first allowable date for an interscholastic scrimmage is Monday, February 19, 2018. NOTE: Rules provide for only one scrimmage for the 2017-2018 season. An interscholastic scrimmage is defined as a practice session where no score is kept and players may be switched between singles and doubles. Schools are permitted ONE interscholastic scrimmage which must be held prior to the team's first interscholastic contest (practice, tournament or league).

MAXIMUM TEAM CONTESTS:

A tennis team will be permitted to play no more than twenty (20) matches during the season. This does not include CIF playoff matches nor tournaments played in a different format from CIF Round Robin play. **Each match in a tournament(s) using the same CIF Round Robin format WILL count against your 20 match limit.**

FIRST CONTEST:

The initial date on which a school may schedule an interscholastic contest is

Monday, February 19, 2018.

LAST CONTEST:

All league competition for boys tennis teams must end on or before the Friday prior to the first playoff date (May 4, 2018). **By action of the Southern Section Council all league entries must be in the Southern Section Office by 9:00 a.m. on the last Saturday of the season. Therefore, the last allowable playing date is Friday, May 4, 2018.**

RULES:

All tennis matches in the CIF-SS will be played under USTA rules unless otherwise provided for in the CIF‑SS Blue Book, CIF-SS Preview Bulletin or CIF-SS Playoff Bulletins.

UNOFFICIAL ENTRANT:

The principal of each school shall be held responsible for the amateur standing and eligibility of the school's teams and team members under CIF rules. Ineligible students shall not compete as representatives of the school in any CIF contest. In CIF competition, no person shall be permitted to participate as an unattached athlete or unofficial entrant.

OUTSIDE COMPETITION BY AN INDIVIDUAL:

(a) During Individual's Season of Sport - A member of a high school tennis team may NOT during his season of sport, COMPETE for an outside team in the sport of tennis. A season of sport is defined as that period which begins with a student's first interscholastic competition (non-league, tournament or league match) and ends with that student's last interscholastic match (non-league, tournament, league or CIF-SS playoff).

(b) Unattached Competition - Unlimited unattached entry in outside competition in singles and doubles is permissible at any time in the sport of tennis.

2806. SUMMERTIME RULES

With the exception of the summer dead period, until the beginning of the first official starting date for fall sports, there shall be no restriction on high school coaches working with high school students registered and/or attending their respective high school or entering them in summer competition, provided approval is received from the school principal.

514. TOBACCO PRODUCTS PROHIBITED

The use of tobacco products in conjunction with any CIF Southern Section athletic contest is prohibited. This would include all those involved in the contest including players, coaches and officials.

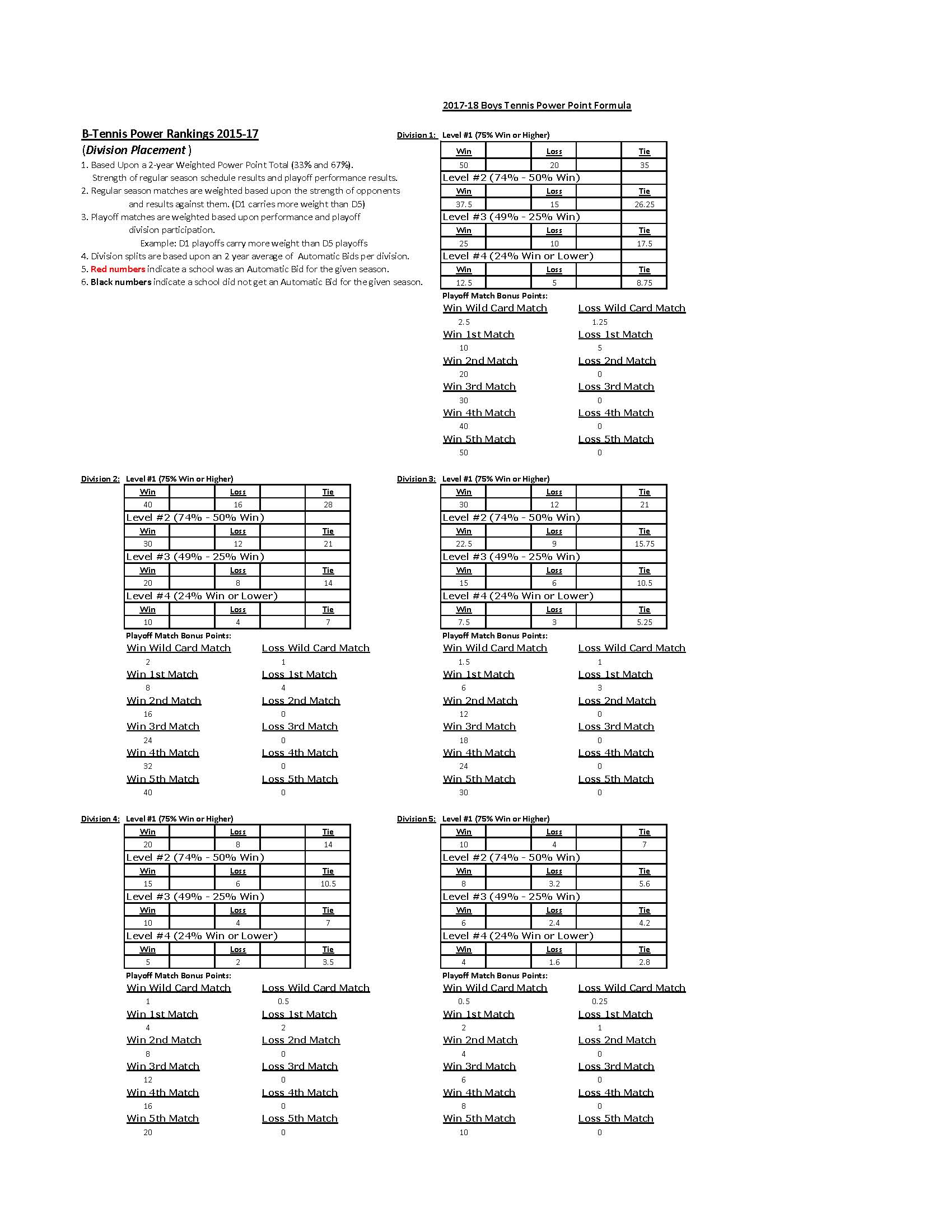
OJAI TOURNAMENT

The dates for the Ojai Boys Tennis Tournament are April 26, 27, and 28, 2018. Entry deadline for entrance into the event are due IN the CIF-SS office no later than Wednesday, March 14, 2018 at 4:00 p.m.

INCIDENT REPORTS

All incidents, injuries, or disruptions, regardless of the degree of seriousness involved, should be reported in the event that further problems develop. The completed report is to be submitted to the Commissioner of Athletics of the CIF-SS and must be post-marked no later than the third school day following the incident. It is mandatory that an informational copy of the report be sent to the principal of the other school involved.

DIVISION PLACEMENTS – Spring sports division placements will be released on January 19, 2018. The Boys Tennis divisional placements can be found on the boys tennis sports page at [www.cifss.org](http://www.cifss.org). The power point formula listed on the next page is used in determining the boys tennis division placements.



**2017-2018 CIF SOUTHERN SECTION FORD**

**BOYS TEAM TENNIS CHAMPIONSHIP DATES**

Wild Card: Tuesday, May 8, 2018

First Round: Wednesday, May 9, 2018

Second Round: Friday, May 11, 2018

Quarter Finals: Monday, May 14, 2018

Semi-Finals: Wednesday, May 16, 2018

Finals: Friday, May 18, 2017

**2017-2018 CIF STATE SOUTHERN CALIFORNIA REGIONAL BOYS TEAM TENNIS CHAMPIONSHIP PLAYOFF DATES**

Quarterfinals: Friday, May 25, 2018, 10:00 a.m. @ Claremont Club, Claremont

Semifinals: Friday, May 25, 2018, 1:00 p.m. @ Claremont Club, Claremont

Finals: Saturday, May 26, 2018, 11:00 a.m. @ Claremont Club, Claremont

**2017-2018 CIF SOUTHERN SECTION FORD BOYS TEAM TENNIS CHAMPIONSHIP ENTRY**

The 2017-2018 Boys Team Tennis Championship Entry will be conducted by league placement within divisions. There will be five divisions of boys tennis.

All recognized leagues will be guaranteed entries based on the size of the league. All 4 team leagues will be guaranteed 2 entries; 5 and 6 team leagues will be guaranteed 3 entries; 7 or more team leagues will be guaranteed 4 entries. Under the playoff format, in all sports, leagues have the responsibility of developing and identifying the priority for their representatives into the playoffs as so noted under Article 32 (Playoffs) of the CIF Southern Section Blue Book. Please note, leagues may not conduct additional contests beyond the prescribed limits unless said contests are to determine ENTRY and not representative priority (leagues must have this as part of their constitution and must secure permission from the CIF‑SS office before conducting such playoffs for entry).

FREELANCE PLAYOFF ENTRY QUALIFICATION:

All freelance schools desiring entry into the playoffs must submit their schedule to the Commissioner for evaluation and approval of conditions under which the team may qualify. **Schedules must be submitted prior to the start of each season for evaluation.** (Rule 3310.1)

TEAM TOURNAMENT RESULTS

When reporting your overall team win/loss record, only those team tournaments utilizing the 18-point Round Robin method are to be counted. Results achieved in Pool Play for elimination purposes, Pro-Set, Match Play, etc, team tournament shall not count toward a teams overall win/loss record.

**BOYS TEAM TENNIS CHAMPIONSHIP INFORMATION**

TEAM SIZE AND SCORING:

Each team shall consist of nine players: three singles and three doubles teams. No player may play both singles and doubles.

GAME SCORING: “Deuce + 1**”**

When opposing players or doubles teams reach the score of “deuce” in any game, the player who is serving will serve the deuce and add points. If the score returns to “deuce”, the server will serve one more point to decide the game, and the receiver(s) may choose which side of the court to receive the serve on for the last point.

MATCH SCORING:

Both singles and doubles shall play a round robin, with singles players playing one set against each opposing singles player and doubles team playing one set against each opposing doubles team.

TIEBREAKER SYSTEM - (TO BE USED WHEN THE GAME SCORE OF A SET REACHES 6-6): USTA 7 out of 12 tiebreaker will be used. One point is awarded for each singles or doubles set won for a total of 18 team points. In case of a tie in points when all sets have been counted, the total number of games (including any tie-break games) shall determine the winner.

If, at the end of the match, teams are tied 9-9 in points and also in total games, the following procedure will be followed:

Another complete round robin (18 tie break sets) is to be played, but, instead of sets, players will play only the 7 out of 12 point tie-break against each opposing singles player or doubles team. Each tie-break is recorded as one game. If teams are still tied, the total number of points in the tie-break matches shall decide the winner. If the teams are still tied, the whole tie-break round robin shall be repeated until a winner has been determined. There shall be no warm-up, except that a player or team off the court for 10 minutes or more shall be entitled to a one-time only 3 minute warm-up prior to starting. There shall be no rest period between tie-break matches. Only those players competing at the end of the regulation match or any unused substitutes shall be eligible for the round robin of tie-breakers.

Should a match not be completed, due to rain or darkness, with neither team having scored 10 points (or 9 points with an insurmountable game total), the contest shall be resumed on the next possible day that conditions allow. It shall resume with the same lineup, set scores, game scores and service rotation.

TEAM LINE-UP:

All players on both teams starting line-ups must be ready to begin at the designated starting time. Any player(s) in the starting line-up arriving more than 10 minutes after the designated starting time will make that set(s) subject to forfeiture. Late arriving players are eligible to play in the succeeding round.

SUBSTITUTIONS:

If at any point during a team tennis match a player is injured, play may be halted for five (5) minutes, ONCE only. A second stoppage causes a player/team to retire the set.

Teams may substitute for a singles player, a doubles team, or one-half of a doubles team at the end of any round, before that player(s) was due to begin play in the next round. Once a player has been removed from the lineup, he shall not go back in to play in the match. Players shall not switch between singles and doubles.

Rules governing substitutions:

1. The lineup exchanged at the beginning of the match must be used for the first round.

2. Potential substitutes must be listed on the coachs scorecard when the lineups are exchanged. Substitutes do not have to be physically present at the start of the match.

3. Before putting in a substitute(s) to play, the coach must notify the opposing coach as to who the substitute(s) will play for and in which position in the lineup. The substitute(s) may have the 10 minutes to warmup, if needed with an opponent or teammate.

4. Substitutions shall not delay the start of the next round.

5. If a player becomes ill or is injured, the usual timeout is allowed. If it is determined that the ill or injured player cannot continue, the current set shall be retired with the retiring player retaining any games won (example: if the score is 3-3, then the set is retired, 6-3 for the opponent). All succeeding sets played will count in the normal manner. (Adopted April 26, 2001, CIF-SS Council.)

BALLS:

Home team provides six (6) cans of new USTA approved Penn tennis balls (Penn ATP World Tour/Pro Penn Marathon - see approved ball list on page 23).

CONTINUOUS PLAY RULES:

The USTA continuous play rule shall be observed.

(a) All warm-ups (including ALL serves) must be taken before the first point is played.

(b) Warm-up time before the start of a singles or doubles teams first set - 10 minutes.

(c) Warm-up time before the start of any subsequent set - 5 minutes.

(d) No pauses or stop in play is allowable except that players are allowed 90 seconds at the time they change sides of the court (including after the first game of each set in ***team*** play); no break is allowed in tiebreakers. NOTE: Both players/teams must be ready and the ball put into play at the end of the 90 seconds.

COACHING:

Coaching is **permitted** only between sets and during the 90 seconds allowed for changing sides (including after the first game of each set in ***team*** play), providing it does not distract opposing players or delay the start of play at the end of the allowable 90 seconds. This rule is applicable to both singles and doubles matches. **Coaching is allowed by TWO coaches, designated by their high school, whose names are listed on the opposing coach’s line-up card**. All team tennis finals are to be played at an alternate site. An official playoff bulletin will be mailed prior to the end of the season.

DISPUTED LINE CALLS:

When players dispute line calls and an official is requested, the following should be done:

A. Request a USTA official to go on court.

B. In the absence of a USTA official, the coach from each school shall fill the role.

C. If B (above) is not possible, through mutual agreement, each coach will supply a linesperson.

The role of the linespersons shall be to make decisions **ONLY** when a player’s call is challenged by his opponent. The linesperson shall either uphold the original call or over rule in favor of the challenge.

TEAM SCORE CONFIRMATION: It is highly recommended that both head coaches and/or their scorekeepers confirm with each other, all singles/doubles set scores at the conclusion of each round of the match. Any disputes of set scores should be settled at that time and prior to the next round starting.

USTA TENNIS PENALTY SYSTEM:

The USTA Code of Penalties will be in effect throughout the Team Tennis Tournament.

In team matches PENALTY POINTS ARE CUMULATIVE (they carry over from one set to the next)

EXAMPLE: During the first set of a team match a player is given a penalty, his first, so he loses a POINT. During the second set he is given another penalty, his second, so he loses a GAME. During the third set he is given another penalty, his third, so he is DEFAULTED. Defaulted sets will be scored as 0-6.

In DOUBLES, penalty points are given to the doubles TEAM and carry over as such.

If a player is defaulted, he cannot play any subsequent sets. A substitute may be used for succeeding sets.

**2017-2018 CIF STATE SOUTHERN CALIFORNIA REGIONAL**

**BOYS TENNIS TEAM CHAMPIONSHIP**

**May 25-26, 2018**

ENTRY INFORMATION:

The CIF Southern California Regional Tennis Championship will consist of one division with 8 teams.

The 8 teams will be allotted to the sections as shown below:

Central Section 1 Team

Los Angeles City Section 1 Team

San Diego Section 2 Teams

Southern Section 4 Teams

Seeding will take place on the weekend prior to the start of the tournament.

FORMAT:

The player strength ladder must represent both singles and doubles players strength on team roster starting with highest strength player as number one to lowest strength player listed last. This player strength ladder will be enforced for all matches.

Each team will consist of four (4) singles players and three (3) doubles teams. Players may only play one event (singles or doubles). Each school shall decide which event a player will enter. The number one singles player must be ranked higher on the team individual player strength ladder (ladder) than the number two player. The number two singles player must be ranked higher than the number three player. The number three singles player must be ranked higher than the number four singles player.

The ranking of the doubles teams will be determined by the sum of the ladder positions of each team. The #1 doubles team will be the team with the lowest sum, the #2 team with the next lowest sum, and the #3 team with the highest sum. If the sum of any of the ladder positions for two or three of the teams is equal, then the highest ranked individual player shall play on the higher ranked doubles team.

Lineups may change from one match to the next. If a player in the lineup is unable to play, a substitution is allowed, providing the ladder rules stated above are met. No player can appear in the lineup unless he is listed on the ladder. Moving players with the intent of gaining an advantage is not permitted and shall subject the team to default by the tournament directors.

The player strength ladder submitted for Regional Championships shall be the same player strength ladder as used for the Sections Championship.

SCORING:

For the first two rounds and the semifinals, the scoring will be two out of three sets, with no-add-scoring (12-point tie-breaker system). This rule will be in effect, up to the final championship matches. The final championship matches shall be two out of three sets with add-scoring (12-point tie-breaker).

Players are responsible for returning the tennis balls and reporting match results to the Tournament Director immediately after their matches.

AWARDS:

A perpetual trophy will be awarded to the 1st place team.

Team plaques will be awarded to the 1st and 2nd place teams.

Individual awards (max. of 15) will be given to members of the 1st and 2nd place teams.

**2017-2018 CIF STATE SOUTHERN CALIFORNIA REGIONAL**

**BOYS TENNIS TEAM CHAMPIONSHIP SELECTION CRITERIA**

The following CIF-SS Tennis teams may apply for consideration to the 2017-2018 State Regional Tennis Tournament: (**4 total entries**)

Division 1 – Semi Finalists (**4 Teams**)

Division 2 – Finalists (**2 Teams**)

Division 3 – Champion (**1 Team**)

Division 4 – Champion (**1 Team**)

Division 5 – Champion (**1 Team**)

**9 Applicant Teams Total**

**CIF-SS Coaches Advisory Committee will make selections based upon the following:**

(a) Head-to-head competition of teams under consideration

(b) Strength of CIF-SS Division

(c) Overall strength of the league from which the team is entered

(d) Overall win-loss record

(e) Strength against common opponents

(f) Strength of schedule

**2017-2018 CIF SOUTHERN SECTION FORD BOYS INDIVIDUAL TENNIS**

**CHAMPIONSHIP INFORMATION**

LEAGUE QUALIFYING DATES FOR INDIVIDUAL CHAMPIONSHIPS (OPTIONAL):

May 7, 8, and 9, 2018

Because of the possibility of rain, it is advisable for leagues to schedule individual qualifying matches prior to May 7, 2018 and use the dates of May 7, 8, and 9, 2018 for scheduling rain-outs.

**All league information for Individual qualifiers must be in the CIFSS Office by Wednesday, May 9, 2018 at 12:00 noon.**

INDIVIDUAL TENNIS TOURNAMENT:

The 2017-2018 CIF Southern Section Ford Boys Individual Tennis Championships, consisting of competition in both singles and doubles, shall be conducted on **Thursday, May 24, 2018 (Sectionals) and Thursday, May 31, and Friday and Saturday, June 1 and 2, 2018 (Finals).** Each school will be assigned to one of the five scheduled sectional tournament sites. Each league may enter two players in singles and two doubles teams (with an alternate available should a qualifier not participate).

FREELANCE PLAYOFF ENTRY QUALIFICATION:

Schools meeting the criteria may petition individual athletes for possible entry into CIF-SS individual playoff competition. Petitions for such athletes must include a complete data sheet for each individual showing best marks, scores or rankings from any competition held during the current school year. All such petitions must be submitted prior to the first scheduled date of CIF-SS playoff competition. (Rule 3310.2). Please submit your freelance petition to the CIF-SS Office by May 4, 2018.

ALL COACHES ARE RESPONSIBLE FOR ASCERTAINING THAT ANY PLAYER(S) ENTERED HAVE NO CONFLICT WITH ANY OTHER EVENT OR ACTIVITY.

During the course of the Individual Tournament, should a player(s) withdraw prior to the first round, that place shall be taken by the league’s designated alternate(s).

Should a player become ill or injured during the course of play and feel he will not be able to play in the next round, he is obligated to retire prior to the completion of the match, thus allowing his opponent to advance.

The actions/decisions of a player, coach, or parent should not create a walkover, thus allowing his next opponent to advance without competing. Such actions would create an imbalance in the competition and subject the school to possible sanctions.

Refer to Article 33 of the Blue Book for details regarding playoff information.

The Commissioner of Athletics shall secure the necessary officials, provide the balls, select a seeding procedure deemed appropriate and make up the draw.

Uniforms shall conform with the dress rules as established by the SCTA. **School uniforms** are to be worn in the finals.

TIEBREAKER SYSTEM - The CIF-SS will use the USTA 7 out of 12 tiebreaker.

DISPUTED LINE CALLS:

When players dispute line calls and an official is requested, the following should be done:

A. Request a USTA official to go on court.

B. In the absence of a USTA official, the Tournament Director shall determine who will fill the role.

The role of the linespersons shall be to make decisions **ONLY** when a players call is challenged by his opponent. The linesperson shall either uphold the original call or over rule in favor of the challenge.

USTA CONTINUOUS PLAY RULES:

(a) All serves must be taken prior to the start of the match.

(b) Ninety (90) seconds allowed for changing sides (except first side change of each set)

(c) As of January, 2001, two (2) minutes is allowable for side changes between sets. Continuous play rules shall now be utilized during the first side change of any set, therefore no coaching will be permitted.

(d) No play stoppage of any kind allowed without specific permission. In compliance with USTA 18 & Under rules, there is a 10 minute break between the 2nd and 3rd sets if 2 out of 3 match play and a 3 minute break if 10 point tie breaker is used in the 3rd set.

(e) In all qualifying matches (prior to the round of 32) a USTA 10-point Match Tie-Breaker will be utilized in lieu of a 3rd set. Beginning with the round of 32, 2 out of 3 set match play will be utilized.

COACHING:

Coaching is **permitted** between sets and during the 90 seconds allowed for changing sides (see b. above), providing it does not distract opposing players or delay the start of play. Coaching is also permitted for 90 seconds prior to the start of the USTA 10-point Match Tie-Breaker. Coaching is allowed by TWO coaches, designated by their high school, whose names are listed on the line-up card.

USTA point penalty system shall be used.

**USTA TENNIS PENALTY SYSTEM**

The USTA Code of Penalties will be in effect throughout the Individual Tennis Tournament. Please see below:

Violations shall be penalized as follows:

First Offense - Point

Second Offense - Game

Third Offense - Default

**Code Violations**

Delay

- Not resuming play after natural loss of physical condition

- Not resuming play after an injury timeout or after treatment on a changeover

- Not playing within 25 seconds of having been directed to resume play

- Passage of 25 seconds after any time violation

- Leaving the court for an unauthorized reason

Conduct

- Visible or audible profanity or obscenity.

- Abuse of racket, balls, or equipment.

- Verbal or physical abuse of a player or official.

- Coaching (except during the 90 second changeover or the 2 minute set break).

- Abusive conduct by a player or a person associated with a player.

- Retaliatory calls (obviously bad call made in retaliation for the opponents calls).

- Unsportsmanlike conduct.

Time Violations

- Delay between points or after warm-up.

- Violation of the 90-second changeover rule.

Time Violation Penalties

- First offense - warning

- Each additional violation - one point penalty

Note: The passage of 25 seconds after a time violation shall result in assessment of a **code** penalty.

**ACCOUNTABILITY RULE**

The following is an excerpt from the article which appeared in the "Commissioner's Corner" in the CIF-SS January/February, 1982 Bulletin. We hope it will prove helpful to coaches in understanding the ACCOUNTABILITY RULE:

***Without question, the most serious breach within the realm of our programs presents itself when an individual coach removes a team from the playing facility prior to the conclusion of a contest.***

Ironically, the justification invariably lacks substance at a subsequent hearing -- personal dissatisfaction with an official or the citing of dangerous conditions is the usual tenor of that thrust.

It is also paradoxical that such action is spawned by the individual coach on the short end of the score at the time.

How serious is such an action?

It has been the position of the CIF-SS Executive Committee to expect the Principal of the school concerned to relieve the coach from his/her assignment for the balance of that season.

When one considers the focal point is to involve as many student-athletes in our programs as possible, we lack accountability to those considered the heart of our organization -- not to mention the officials, the entire student body, the district and the community.

Each individual contest, regardless of the sport, lasts but a few minutes. The damaging results from such an occurrence are timeless.

Administrators are urged to review this aspect and the potential consequences with their staffs at the start of each sport season -- it takes but a few minutes.

**DUTIES OF THE PRINCIPAL**

From the Blue Book:

**125.1 COACH EJECTION** - Upon the ejection of a coach from any CIF Southern Section contest, it is the responsibility of the principal of said school to file a letter of explanation with the CIF Southern Section which includes the circumstances surrounding the matter and what action the principal has taken to prevent a recurrence. Said correspondence is to be filed within THREE school days of notification of the ejection. Additionally, upon ejection the head or assistant coach shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest.

**125.2 FAILURE TO COMPLETE A CONTEST** - When a school fails to complete a contest, due to a coach pulling his/her team from the floor, court, or field, it is MANDATORY that the CIF-SS Office be notified by the Principal within 24 hours (excluding holidays and weekends). The competing schools and officials will be required to file written reports, and after review of the aforementioned material, the principal of the school involved will be required to respond to the CIF Southern Section Office concerning his/her investigation of the incident.

**QUESTION**: How serious is such action?

**ANSWER**: It has been the position of the CIF-SS Executive Committee to expect the building principal of the school concerned to relieve the coach from his/her assignment for the balance of that season or the Executive Committee is empowered to consider recommendations for additional penalties.

**CIFSS HOME REQUIREMENTS**

**SCHEDULES &SCORES** Complete your schedule in CIFSSHome prior to your season as well as update scores following each contest

Attention Athletic Directors/Coaches: It is very important that you enter your entire season schedule into CIFSSHome ([www.cifsshome.org](http://www.cifsshome.org/)) as well as update the scores immediately following your contests.

Log in @ [www.cifsshome.org](http://www.cifsshome.org/) (If you do not have a log in and password as a coach, check with your Athletic Director). Once you are logged in:

-On the left panel, click on “Teams”, select “Tennis, Boys”

-To Add a game, click “Add Game” at the top right and fill out all of the required fields which are marked by a red (\*) to complete your schedule.

-To Submit your score, click on the “Teams”, select “Tennis, Boys” Scroll through your schedule and click on the green “Post Result” button.

-Make sure that your overall and team records are correct on your team page.

**VARSITY TEAM INFORMATION (ROSTER) DUE no later than** Wednesday, May 2, 2018

Attention Athletic Directors/Coaches: It is very important that you enter your entire Boys Tennis Varsity roster into CIFSSHome ([www.cifsshome.org](http://www.cifsshome.org)) no later than WEDNESDAY, MAY 2, 2018.

Log in @ [www.cifsshome.org](http://www.cifsshome.org/) (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-On the left panel, Click on the “Teams” tab, select “Tennis, Boys”

-Here are the instructions for using the sample file.

- Download the sample file and delete the “contents only”. Copy and paste or type your roster information into the file as the contents and save the file to your computer. You can only upload an excel file (xls) that is the exact same format as the sample file. Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.

Required Columns for Boys Tennis are: First Name, Last Name, Birth date, Year, & Eligibility.

- Next - click Choose File, find your file, then click “Import Student”.

- To confirm your roster has been uploaded, your roster will be uploaded in the roster section and all of the required columns are filled out.

**VARSITY COACHES**

Attention Athletic Directors/Coaches: It is very important that you enter your Boys Tennis coaches (Head & Assistants) into CIFSSHome ([www.cifsshome.org](http://www.cifsshome.org)) no later than WEDNESDAY, MAY 2, 2018.

Log in @ [www.cifsshome.org](http://www.cifsshome.org/) (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-Click on the “Teams” tab on the left navigation bar. Click on the corresponding varsity team (Tennis, Boys).

-Click on “Add/Edit Coaches”, select the information to add both your HEAD & ASSISTANT coaches.

INDIVIDUAL TENNIS

**SPECIAL NOTICE**

**SUPERVISION OF ATHLETES**

The Southern Section Office has experienced a problem which has perpetuated itself over the past few years as it pertains to proper supervision and entry of student-athletes in the post-season playoffs.

The situation relates only to individual sports, i.e. CROSS COUNTRY, INDIVIDUAL TENNIS, TRACK, SWIMMING, etc. and the official recognition and registration of entrants at the respective playoff sites.

State and Southern Section Rule 503 states:

No CIF team (i.e., individual) shall participate in inter-scholastic or approved competition with any other team unless the CIF team is under supervision as required by the California Administrative Code 49032 and CIF By-Law #503 (F). (Additionally, refer to Rule 123.) The supervisor must remain in attendance at all times.

**Those persons APPROVED FOR SUPERVISION PURPOSES are limited to:**

**A. Certificated personnel**

**B. Certified Coaches (certified credentialed coaches)**

**C. Non-certificated temporary coaches (certified walk-on coaches.)**

(It should be noted that schools representing the same DISTRICT may send one credentialed or certified supervisor for three or four athletes. These individuals have been recognized and are to continue to be recognized for registration and participation purposes in that the district has assigned the supervisory role for all students from its member schools to this one individual.)

However, the concern is for those students who ARE NOT accompanied by a faculty representative and report to the playoff site by themselves or with a parent. ***GIVING PARENTS THE SUPERVISION AUTHORITY, WHETHER IN WRITING OR NOT, DOES NOT MEET THE STANDARDS SET FORTH IN THE ABOVE REGULATIONS.*** **This also applies to parents who are the students private coach but are not under contract to the member school.**

PLEASE NOTE, THIS RULE WAS REVIEWED BY BOTH THE STATE CIF OFFICE, ITS GENERAL COUNSEL AND THE SOUTHERN SECTION EXECUTIVE COMMITTEE. IT HAS BEEN REAFFIRMED THAT THE INTERPRETATION STAND AS ABOVE AND THAT ANY STUDENT REPORTING FOR COMPETITION WHO IS NOT UNDER DIRECT SUPERVISION IN ACCORDANCE WITH STATE AND SOUTHERN SECTION RULE 503, IS TO BE DENIED ENTRY FOR PARTICIPATION IN THE COMPETITION.

As pointed out by the Southern Section and State CIF attorney, there are inherent liability problems when an individual competes in violation of said rule. Please review this rule with your staff in that it will be strictly enforced as per the above application.

THE INSTITUTE REPORT

**Preparing Your Athletes**

**For Competition**

**In Hot Weather**

By Cari V. Gisolfi, Ph.D.

Department of Exercise Science,

University of Iowa

Specific steps must be taken to prepare athletes for training and competing in hot weather. Proper preparation can improve athletic performance and reduce the potential for thermal injury.

Under adverse climatic conditions, including high temperature and humidity, heat gained from the combination of physical exertion and the hot environment can exceed the bodys capacity to remove heat through perspiration. In such instances, heat cramps, heat exhaustion and heat stroke may occur as a result of dehydration and elevated body temperature. Such thermal injuries can occur regardless of the athletes physical condition or ability to adapt to hot weather.

***How the Body Handles Excess Heat During Exercise***

During exercise, heat produced by working muscles exceeds heat released by the body, and body temperature rises. The rise in body temperature causes an increase in sweating and blood flow to the skin. As a result, heat is removed by the evaporation of sweat from the skin, radiated from the body to the cooler surroundings, and is lost by convection to moving air (e.g., wind chill).

When the rate at which heat is produced during exercise equals the rate at which heat is lost from the body, the body temperature will plateau at an elevated level. However, when more heat is produced during exercise than the body can lose, body temperature will rise to a potentially dangerous level. High environmental temperatures and humidity contribute to the risks of thermal injury because they reduce the bodys ability to remove heat. Athletes who are untrained and unacclimatezed (not accustomed to the heat) can maintain an elevated, but safe, body temperature during moderate exercise in temperatures ranging from 50 to 85 degrees Fahrenheit. With proper training and heat acclimatization, athletes can safely increase the intensity and duration of exercise in even hotter environments.

There is little chance that under hot, humid weather conditions thermal injury will occur in competitive events lasting up to 10 minutes (the vast majority of track events). But, body temperature could rise to dangerous levels (e.g., 106 degrees Fahrenheit) under these conditions during exercise lasting 12-to-15 minutes or longer, especially if the competition is preceded by a vigorous warm-up that elevates the body temperature.

***How To Acclimate Your Athletes***

Athletes can acclimate their bodies to excessive heat and humidity by performing mild to moderate exercise in a hot environment. After one and one-half to four hours of exercise per day for five to fifteen days, the body will adjust (acclimate) to hot and humid weather conditions. Successful heat acclimatization results in: (1) a lower resting body temperature, (2) lower skin and core temperature during exercise, (3) decreased exercise heart rate and metabolism, and (4) increased sweating and evaporative cooling. All of these changes help athletes safely improve their performance in hot weather. The acclimatization process is similar in men and women, is not influenced by the menstrual cycle, and does not seem to be affected by age.

Endurance training, even in a cool environment, produces physiological adjustments similar to those caused by heat acclimatization. Training and acclimatization enable athletes to exercise at considerably greater exercise intensities while maintaining safe acclimatization are required for an optimal ability to exercise in the heat.

***How To Prevent Thermal Injuries***

In preparing for outdoor competition under hot, humid conditions, warm up in the shade to avoid raising body temperature too high, too soon.

Rest in the shade between competitive events. Exposure to the sun can cause blood to accumulate in the skin. This makes less blood available to muscles during subsequent exercise.

Wear minimal, loose-fitting clothing to help promote heat loss.

During prolonged exercise in the heat, body fluids lost as sweat must be replaced as frequently as possible to avoid dehydration and subsequent thermal injury. Drinking 12-to-20 ounces (1 to 2 cups) of fluid 10-20 minutes prior to competition is a good idea, but cannot substitute for ingesting fluids during exercise. Running through a shower or being hosed with water also will not prevent the rise in body temperature during exercise.

Fluids (e.g., sports drinks) ingested during exercise should contain 5-8 percent carbohydrate and a small amount of electrolytes. Such beverages will provide a source of fuel for the working muscles and will facilitate the absorption of water and glucose from the intestines.

Throughout heavy work or prolonged exercise, at least eight ounces (1 cup) of fluid should be consumed very 15-to-20 minutes.

The pre-season regimen for competitive football, long distance running and other sports under hot and/or humid conditions should be preceded by one-to-two weeks of conditioning. This means working one-to-two hours per day in the heat, while earing minimal clothing and drinking liberally. This will help athletes gradually achieve heat-acclimatization.

Practice sessions under hot, humid conditions should be limited to very moderate workouts or be canceled.

Athletes who typically train and compete in cool weather but are scheduled to compete in the heat can markedly improve their heat tolerance by training in excess clothing. Carefully supervised use of this practice will stimulate a warm environment and improve the heat-acclimatization process. Similar to exercise in warm weather, frequent fluid consumption is a must during this type of exercise.

Applying proper precautionary steps prior to and during exercise can help athletes avoid thermal injuries. Techniques, such as warming-up in the shade, ingesting adequate fluids, and wearing loose-fitting clothing can safeguard athletes health and maximize performance.

*Dr. Gisolfi is a professor of Exercise Science, Physiology and Biophysics at the University of Iowa, Iowa City. He is past president of the American College of Sports Medicine and a member of the Gatorade Sports Science Institute.*

The Institute Report is a service of the Gatorade Sports Science Institute. For more information, contact:

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**P.O. Box 9005**

**Chicago, IL 60604-9005**

**(312) 222-7704.**



**CODE OF CONDUCT**

**Spectators, including parents and friends are welcome to watch and enjoy matches. Their role, however, is clearly restricted to that of passive observer with NO INVOLVEMENT OF ANY KIND during the match. ~USTA**

**ATTENTION PARENTS:**

**Tennis Is a Game Played for Fun. Please Do Not Get Involved in Your Child’s Match.**

**Ten things your kids do not want you to do!**

1. Don’t coach me.

2. Don’t yell at me.

3. Don’t applaud when my opponent misses.

4. Don’t get upset when my opponent makes a bad call or what appears to be a bad call.

5. Don’t get upset when I get the score wrong.

6. Don’t lose your cool.

7. Don’t put down my opponent or opponents partner.

8. Don’t lecture me about my mistakes after the match.

9. Don’t forget how to laugh and have fun.

10. Don’t forget that it is just a game.

**SANCTIONS**

**Visit our website for the latest approved sanctioned events at www.cifss.org.**

