

MINIMUM STANDARDS FOR 2ND AND 3RD PLACE IN LEAGUE FINALS - 2019

	D1-BOYS	D1-BOYS	D1-GIRLS	D1-GIRLS	D2-BOYS	D2-BOYS	D2-GIRLS	D2-GIRLS
EVENT	FAT	HT	FAT	HT	FAT	HT	FAT	HT
100	11.24	11.0	12.74	12.5	11.34	11.1	13.14	13.1
200	22.94	22.7	26.24	26.0	23.04	22.8	27.34	27.1
400	51.54	51.7	1:01.14	1:00.9	52.04	51.8	1:02.94	1:02.7
800	2:00.14	1:59.9	2:27.14	2:26.9	2:04.14	2:03.9	2:27.14	2:26.9
1600	4:32.14	4:32.9	5:22.14	5:21.9	4:35.14	4:34.9	5:30.14	5:29.9
3200	9:55.14	9:54.9	11:59.14	11:58.9	10:03.14	10:02.9	12:10.14	12:09.9
110/100HH	16.14	15.9	16.44	16.2	16.24	16.0	17.74	17.5
300IH/LH	41.34	41.1	48.54	48.3	42.74	42.5	51.04	49.8
400R	43.94	43.7	50.64	50.4	44.84	44.6	51.94	51.7
1600R	3:32.14	3:31.9	4:16.14	4:15.9	3:33.14	3:34.9	4:20.14	4:16.9
HJ		5-10		4-09		5-09		4-08
PV		12-00		9-00		10-00		8-00
LJ		20-06		16-03		20-03		16-00
TJ		41-06		33-06		40-06		33-00
SHOT		44-00		32-06		42-09		32-00
DISCUS		130-00		95-00		120-00		100-00
	D3-BOYS	D3-BOYS	D3-GIRLS	D3-GIRLS	D4-BOYS	D4-BOYS	D4-GIRLS	D4-GIRLS
EVENT	FAT	HT	FAT	HT	FAT	HT	FAT	HT
100	11.44	11.1	13.24	13.0	11.74	11.5	13.34	13.1
200	23.14	22.9	27.14	26.9	23.74	23.5	27.94	27.7
400	53.14	52.9	1:04.14	1:03.9	54.24	54.0	1:04.74	1:04.5
800	2:05.54	2:05.3	2:35.14	2:34.9	2:12.54	2:12.3	2:40.14	2:39.9
1600	4:41.14	4:40.9	5:40.14	5:39.9	4:58.14	4:57.9	6:00.14	5:59.9
3200	10:30.14	10:29.9	12:40.14	12:39.9	11:04.14	11:03.9	13:25.14	13:24.9
110/100HH	17.04	16.8	18.24	18.0	18.74	18.5	18.84	18.6
300IH/LH	43.34	43.1	51.34	51.1	45.85	45.6	52.74	52.5
400R	45.04	44.8	52.54	52.3	46.84	46.6	51.14	54.1
1600R	3:40.14	3:39.9	4:30.14	4:49.9	3:50.14	3:48.9	4:39.14	4:38.9
HJ		5-09		4-06		5-04		4-06
PV		9-00		7-00		7-00		7-00
LJ		20-00		15-00		19-03		15-00
TJ		39-00		30-00		38-00		30-00
SHOT		41-09		25-00		38-09		29-00
DISCUS		115-00		85-00		100-00		80-00

QUALIFYING STANDARDS FOR AT-LARGE AND FREELANCE ENTRIES - 2019								
	D1-BOYS	D1-BOYS	D1-GIRLS	D1-GIRLS	D2-BOYS	D2-BOYS	D2-GIRLS	D2-GIRLS
EVENT	FAT	HT	FAT	HT	FAT	HT	FAT	HT
100	10.91	10.6	12.32	12.0	10.99	10.7	12.26	12.0
200	22.05	21.8	24.84	24.6	22.02	21.7	25.19	24.9
400	49.41	49.1	57.22	56.9	50.24	50.0	58.30	58.0
800	1:56.52	1:56.2	2:16.14	2:15.9	1:57.69	1:57.4	2:19.77	02:19.5
1600	4:18.78	4:18.5	5:01.67	5:01.4	4:20.36	4:20.1	5:09.40	05:09.1
3200	9:16.32	9:16.0	10:59.43	10:59.1	9:33.05	9:32.8	11:05.54	11:05.3
110/100H	14.96	14.7	15.41	15.1	15.13	14.8	15.42	15.1
300IH/LH	38.99	38.7	45.86	45.6	40.14	39.9	46.47	46.2
400R	42.74	42.5	48.37	48.1	43.20	43.0	48.89	48.6
1600R	3:21.54	3:21.3	3:56.95	3:56.7	3:26.34	3:26.1	4:00.87	04:00.6
HJ	6-03		5-02		6-02		5-01	
PV	14-03		11-01		13-08		10-08	
LJ	21-09		17-04		21-05		17-03	
TJ	44-02		36-01		43-02		35-08	
SHOT	50-09		37-05		51-05		36-08	
DISCUS	154-04		118-08		157-05		120-06	
	D3-BOYS	D3-BOYS	D3-GIRLS	D3-GIRLS	D4-BOYS	D4-BOYS	D4-GIRLS	D4-GIRLS
EVENT	FAT	HT	FAT	HT	FAT	HT	FAT	HT
100	11.14	10.9	12.36	12.1	11.10	10.8	12.66	12.4
200	22.14	21.9	25.45	25.2	22.81	22.5	25.84	25.6
400	50.23	49.9	58.73	58.4	51.14	50.9	59.81	59.5
800	1:58.93	01:58.6	2:21.69	2:11.4	2:00.49	02:00.2	2:19.81	2:19.5
1600	4:24.49	04:24.2	5:13.81	5:13.5	4:27.95	04:27.7	5:13.70	5:13.4
3200	9:36.61	09:36.4	11:19.90	11:19.6	9:49.16	09:48.9	11:28.05	11:27.8
110/100H	15.32	15.0	15.63	15.3	16.22	15.9	16.42	16.1
300IH/LH	40.66	40.4	46.81	46.5	42.19	41.9	48.42	48.1
400R	43.40	43.1	49.76	49.5	43.96	43.7	50.83	50.5
1600R	3:27.83	3:27.83	4:05.82	4:05.5	3:31.50	03:31.2	4:12.00	4:11.7
HJ	6-01		5-01		6-00		5-00	
PV	12-08		9-04		11-04		9-04	
LJ	21-00		16-10		20-09		16-03	
TJ	42-10		34-11		41-07		34-05	
SHOT	49-04		34-03		44-11		33-08	
DISCUS	148-03		112-04		126-09		103-06	