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2023-2024 GIRLS GOLF SEASON PREVIEW

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CIF Southern Section 2023 - 2024 Golf Advisory Committee

Ron Capps, Ayala High School
Jerry Cowgill, Troy High School
Jordan Daigneault, Thousand Oaks High School
Kaitlyn Ellise, Palm Desert High School
Mark Flippin, El Toro High School
Dan Fong, Mayfair High School
Jon Gomez, St. Bonaventure High School
John Haygood, Los Alamitos High School
Debbi Koyama, Xavier Prep High School
Kevin LeDuc, M.L. King High School

Lance Novak, Calabasas High School

Brendan Patch, Edison High School

Carol Sarkissian

Nori Parvin

Dick Sebek

Aaron Solis, San Marcos High School
Craig Tagler, Western High School
Glenn Van Enk, Peninsula High School

2023-24 CIF Southern Section Girls Golf Important Dates

Freelance Participation Notice/Schedule Before August 21, 2023

Start of Season Monday, August 21, 2023

League Finals Manager Information Due Monday, August 11, 2023

Freelance Individual and Team ENTRY DUE DATE Friday, October 6, 2023

9:00 a.m.

Freelance Individual and Team Tournament Tuesday, October 10, 2023

Last Day for League Competition Friday, October 20, 2023

End of Season Saturday, October 21, 2023

Team, Individual, and At Large ENTRY DUE DATE Friday, October 20, 2023

9:00 a.m.

APPROVED SANCTIONED EVENTS

Please refer to the CIF Southern Section website (<u>www.cifss.org</u>) for the latest Sanctioned Events, as events are updated daily.

Sanctioned Events download directions:

click on GOVERNANCE TAB, click on SANCTIONED EVENTS, select GIRLS GOLF, click Search

This page will display the most up to date information on

Girls Golf Approved Sanctioned Events



ALTA VISTA COUNTRY CLUB 17TH JUNE

2024

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ASSISTANT COMMISSIONER, THOM SIMMONS - THOMS@CIFSS.ORG

*REGISTRATION OPENS JANUARY 2024

PLEASE CHECK THIS INFORMATION FREQUENTLY AS IT IS UPDATED OFTEN Updated 8/10/2023

2023-24 Girls Golf Post-Season Playoff Dates

Individual/Team Freelance Qualif	ifying – Tuesday, October 10, 2023
Western Hills TRD) n m

Western Hills, TBD p.m. Tourn. Manager Carol Sarkissian <u>carolsark@hotmail.com</u>

<u>Individual Regional Tournaments – Tuesday October 24, 2023</u>

Central ????, 8:00 a.m. Shotgun Tourn. Managers Kevin LeDuc <u>kleduc@rusd.k12.ca.us</u>

Individual Regional Tournaments - Tuesday October 24, 2023

Southern Los Serranos CC – South Course, 8:00 a.m. Shotgun Tourn. Managers Ron Capps <u>ron_capps@chino.k12.ca.us</u>

Gold Tees Craig Tagler <u>tagler_c@auhsd.us</u>

Brendan Patch

Individual Regional Tournaments - Wednesday October 25, 2023

Northern Los Robles Greens, 8:00 a.m. Shotgun Tourn. Managers Glenn VanEnk <u>vanenk@pvpusd.net</u>

Jerry Cowgill jcowgill@fjuhsd.org
Carol Sarkissian sarkissian c@auhsd.k12.ca.us

 The top 20 players from each of the three (3) individual regionals will advance to the CIF-SS Individual Championship on Thursday, November 2, 2023.

There will be a playoff in the event of a tie for the 36th spot.

Team Championship Tournaments - Monday, October 30, 2023

Division 1	The Huntington Club, 10:30 a.m. Shotgun	Tourn. Managers	Brendan Patch	bpatch@hbuhsd.edu
Division 2	River Ridge, 8:00 a.m. Shotgun	Tourn. Managers	Aaron Solis Dick Sebek	asolis@sbunified.org ksebek@dslextreme.com
Division 3	Los Serranos CC – North Course, 8:00 a.m. Shotgun	Tourn. Managers	Ron Capps	ron_capps@chino.k12.ca.us
Division 4	El Prado – Butterfield Stage, 8:00 a.m. Shotgun Red Tees	Tourn. Managers	Craig Tagler Carol Sarkissian	tagler c@auhsd.us carolsark@hotmail.com

There will still be 12 teams advancing to CIF-SS SCGA Qualifier out of the divisions on November 2, 2023. The top 8 finishers in Division 1 will advance to CIF-SS SCGA Qualifier. The other 4 top finishers based on adjusted team handicap from the CIF-SS championships at each divisional will fill the remaining spots. (WINNING THE CHAMPIONSHIP FROM DIVISION 2, 3 and 4 DOES NOT AUTOMATICALLY QUALIFY YOU FOR CIF-SS SCGA Qualifier) All 12 teams could hypothetically advance from Division 1.

Individual Championship & SCGA Qualifying Tournament – Thursday, November 2, 2023

Western Hills CC, 9:00 a.m., Shotgun Tourn. Manager Carol Sarkissian <u>carolsark@hotmail.com</u>
Ron Capps ron capps@chino.k12.ca.us

- The top 4 teams will advance to the CIF/SCGA Southern State Regional Championship on Thursday, November 9, 2023.
- The top 28 individual players (who are not on a team who advances) will advance to the CIF/SCGA Southern State Regional Championship.
 - Note: Only the players who qualified to play in this event through the individual regional events will be eligible to earn one of the 28 individual spots.

Regional State Qualifier Sponsored by SCGA – November 9, 2023

State Championships – November 15, 2023

Los Serranos CC - North Course, Chino

San Gabriel CC, San Gabriel

Please Note: The CIF Southern Section Golf Committee advises all coaches and athletic directors to check our website on a regular basis for any changes to course information, location, or dates. Go to www.cifss.org.

CIFSSHOME.org REQUIREMENTS

CIFSSHOME 2.0 SCHEDULES & SCORES

Complete your schedule in CIFSSHome prior to your season as well as update scores following each contest.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

- To Add a game:
- On the left panel, click on "Events", select "Add Event"
- Choose Game under "Event Type"
- Choose date of game under "Event Date"
- Choose Volleyball, Girls under "Sport"
- Choose Varsity under "Level"
- Type the opposing school name in "Add Opponent"
- Choose the type of game under "Select Game Type"
- Click on Home, Away or Neutral under "Location"
- Choose "Start Time"
- Click on "Save" to add one game or "Save & Duplicate" for multiple games.
- To Submit your score:
- On the left panel
- Click on "Teams"
- Select "Teams Manager"
- Scroll down to Volleyball, Girls and click on VR to add Varsity scores
- Click on "Post Result" button
- Enter your team's score
- Enter the opponent's score
- The result should auto populate with either "W", "L" or "T" based on the correct match score entered.
- If the game was a forfeit, click on the Yes box
- Enter the set scores in "Notes".
- Make sure that your overall and team records are correct on your team page.

VARSITY TEAM INFORMATION (ROSTER) DUE no later than WEDNESDAY, OCTOBER 19, 2023

Attention Athletic Directors/Coaches: It is very important that you enter your entire Girls Golf Varsity roster into CIFSSHome (www.cifsshome.org) no later than WEDNESDAY, OCTOBER 19, 2023.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

- -On the left panel, Click on the "Teams" tab, select "Golf, Girls"
- -Here are the instructions for using the sample file.
 - Download the sample file <u>and</u> delete the "contents only". Copy and paste or type your roster information into the file as the contents and save the file to your computer. You can only upload an excel file (xls) that is the exact same format as the sample file. Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.
 - Required Columns for Girls Golf are: First Name, Last Name, Birth date, Year, & Eligibility.
 - Next click Choose File, find your file, then click "Import Student".
- To confirm your roster has been uploaded, your roster will be uploaded in the roster section and all of the required columns are filled out.

Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"

VARSITY COACHES

Attention Athletic Directors/Coaches: It is very important that you enter your Girls Golf coaches (Head & Assistants) into CIFSSHome (www.cifsshome.org) no later than WEDNESDAY, OCTOBER 19, 2023.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

- -Click on the "Teams" tab on the left navigation bar. Click on the corresponding varsity team (Golf, Girls).
- -Click on "Add/Edit Coaches", select the information to add both your HEAD & ASSISTANT coaches

Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"

BLUE BOOK RULES AND SPECIAL POINTS OF INTEREST

A. Points of Interest

1. Definition of a Match – Every contest in which two or more teams or individuals from teams meet for the purpose of competition or playoff entry constitutes a match. Matches must be completed on the same day as the scheduled competition (i.e. a school that plays nine holes against an opponent on one day, shall count that as a match, they may not play nine holes against that same opponent on another date and then count the 18-hole total as one match). The maximum number of allowable matches is 24. All teams in a league may meet for the purpose of competition if points are accumulated for the purpose of playoff entries.

Individual golfers may not participate in more than 24 contests regardless of the level played.

2. Tournaments – Tournaments count as 1 contest per day of the event (CIF State 1206). Teams entering tournaments may not be "split" in order to participate at multiple sites. For the definition of a tournament, please refer to the Blue Book Rule 2104.

If a league conducts a multi-round competition to determine their individual entries for the CIF-SS Individual Regional, how does a school count this event?

This event is permissible and does NOT count towards the allotted 24 contests regardless of the number of rounds played.

May a school enter a JV team in a Varsity Tournament, and if so how does it count?

A JV Team entered in a Varsity Tournament counts towards the allotted 24 contests for the JV team.

If two Varsity Teams (Varsity A and B) are entered in the same tournament, how does it count?

If the two teams are made up of four or more players, this event will count double towards the allotted 24 contests. If the two teams are of three players or less, this event would count singularly towards allotted 24 contests.

Can a school have multiple lower level (JV and/or Frosh/Soph) teams?

Yes, a school may have a JV A and JV B team. These teams will be treated separately when counting the number of matches allotted. Coaches are reminded that individual players may not participate in more than 24 contests regardless of the level played. *A school may not have two Varsity Teams*.

- 3. **Schools without Girls Teams** If a school does not have a Girls' team in the fall, girls may participate on the boys' team in the spring. In order to qualify for the SCGA Tournament in the fall, girls will be permitted to participate in the Freelance Qualifying Tournament. The SCGA Tournament will be held during the fall season of sport. Females may not participate in the Boys' Individual Championship.
- **4. Cross Leaguing** If your league is not participating in golf, contact neighboring leagues to see if they have an opening for another team.



GATORADE

B. Pull Carts and Measuring Devices

All players may use pull carts.

Players may obtain distance information by use of a distance-measuring device. If, during a stipulated round, a player uses a distance-measuring device to gauge or measure other conditions that might affect his play (e.g. elevation changes, wind speed, etc.), the player is in breach of Rule 4-3. Any questions about such devices should be resolved before the start of the stipulated round.

The penalty for breach of this rule 4.3 is a two-stroke penalty, any subsequent offense related or unrelated to the first breach is disqualification.

The use of wireless handheld devices (smart phones) on the golf course is prohibited by players. Coaches and Spectators will be allowed to text, email or view scoring (if available). Talking on cell phones is prohibited.

C. Dress Code

Players and coaches must be attired in a collared shirt, slacks, Bermuda-length golf shorts, or appropriate length golf skirts/skorts. No denim of any color is allowed. Any type of cargo or safari shorts with external pockets; tee shirts or tank tops are not permitted. Please be aware that some golf courses have additional dress code guidelines, which can be viewed on the course websites.

It is the responsibility of the coach to ensure that all players and coaches are dressed appropriately. Failure to do so will result in disqualification. Please carefully review the steps below that will be strictly enforced by tournament managers.

- Step #1: At sign in, coaches will acknowledge their players are appropriately dressed and provide a cell phone number.
- <u>Step #2:</u> If a committee member views a dress code violation, they will consult with tournament manager on appropriateness.
- Step #3: The tournament manager will speak directly with the coach, giving the coach an opportunity to have the player become compliant.
- <u>Step #4:</u> If the coach cannot or does not require the player to become compliant, the coach will be notified by the tournament manager that the player is disqualified.

D. Accountability and Student/Coach Behavior (Bylaws 2307, 503.M)

Coaches and players are expected to exhibit good sportsmanship and fair play, CIF Southern Section wishes to promote appropriate student and coach behavior at all post-season events. See Blue Book Rule 503.M for information on player and coach conduct.

Failure to Complete a Contest (Rule 125.2)

When a school fails to complete a contest due to a coach pulling his/her team from the floor, court or field, it is mandatory that the CIF Southern Section office be notified by the principal within 24 hours (excluding holidays and weekends). The competing schools and officials will be required to file written reports and, after review of the aforementioned material, the principal of the school involved will be required to respond to the CIF Southern Section office concerning his/her investigation of the incident.

E. Supervision Requirement

State and Southern Section Rule 503.E states:

No CIF team or individual shall participate in interscholastic or approved competition with any other team unless the CIF team is under supervision as required by the California Administrative Code 49032 (See also Bylaw 503.F). Additionally, see CIF Southern Section Bylaws 22.B.9, Bylaw 506, and Bylaw 123. **The supervisor must remain in attendance at all times.**

Those persons approved for supervision purposes are:

- 1. certificated personnel
- 2. certified coaches (certified credentialed coaches)
- 3. non-certificated temporary coaches (certified walk-on coaches)

It should be noted that schools representing the same district may send one credentialed or certified supervisor for multiple teams within that same district. These individuals have been recognized and are to continue to be recognized for registration and participation purposes because the district has assigned him/her the supervisory role for all students from its member schools.

This rule applies to those students who are not accompanied by a faculty representative and report to the playoff site by themselves or with a parent. **Giving parents the supervision authority, whether in writing or not, does not meet the standards set forth in the above regulations.** This also applies to parents who are the student's private coach but are not under contract to the member school.

Any student reporting for competition who is not under direct supervision in accordance with State and Southern Section Bylaw 503.E is to be denied.

A coach would be in violation of the rule if he or she dropped off their team members at the golf course and left the premises. A coach should always be present when student athletes are under his or her care.

F. Sunday Practice Restrictions (Bylaws 310 and 1227) and Course Deadlines

Course deadlines previously prohibited players and coaches from playing golf courses used for Southern Section post-season competition after a specified date. There are no course deadlines in effect.

Coaches and players must still adhere to the CIF Rule 310 which prohibits organized team practice on Sunday. Exceptions are granted only to religious schools who file the Declaration of Alternate Day of Respite form, which can be found at www.cifss.org.

No practice or instruction from the school coach of any type (team or individual) may be conducted on Sunday. If a coach is transporting players on Sunday to a tournament on Monday, the coach must notify the Southern Section office and advise the Commissioner of his plans.

What constitutes organized practice?

Organized practice shall be interpreted as meaning the association of a coach with team members for the purpose of learning or practicing the skills of golf. It is important to realize that a coach should also conform to the spirit as well as the letter of the rule. For example, a golf coach who is sitting in the clubhouse while his or her team is using the practice facilities or playing the golf course would be in violation of this rule.

G. Coaching

The coach(es) may provide instruction, encouragement and information to his/her golfers without interfering with play or the conduct of the event is allowed under the following regulations:

- Each high school is allowed a maximum of two (2) coaches (one head coach and one assistant coach) who may communicate advice.
- Between the play of holes, a coach is allowed to communicate advice to his/her players.
 - Between the play of holes is defined as that period when an entire group has completed play of a hole and ends when the individual player hits his or her tee shot on the next hole.
- The communication of advice may not impede the pace of play.
- Coaches are NOT allowed to communicate any advice (verbal or non-verbal) during the play of the hole. A
 violation of this would result in the player being penalized under Rule 8 of the USGA Rules of Golf.
- Coaches who are in violation of this policy may be subject to one or more of following consequences from a member(s) of the tournament committee:
 - Warning
 - Limited coaching time
 - o Removal from the golf course (coach are to remain in the clubhouse/practice area)
- The golf coach(es) as specified under Bylaw 503 (E,F) must be listed on file at his/her respective high school as the golf coach or an employee of the high school or school district in order to communicate advice to his/her players.
- The golf coach(es) must sign in at the event with the tournament committee to receive their badges and be authorized to coach. CIF will provide the badges at each post-season event.
- As a reminder, players are still prohibited from communicating advice, as defined by Rule 8, to other players at
 any time during their round. Any player who gives or asks for advice will be penalized according to Rule 8 of the
 USGA Rules of Golf.

Any head coach, assistant coach, or school employee who is found to be in violation of the regulations outlined above may be denied entry at future CIF post-season events and may cause his/her team or individual players to be disqualified from the event. The suspension and disqualification penalties are subject to the judgment of the Commissioner of the CIF Southern Section whose decision is final.

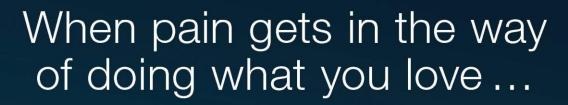
NOTE: Coaching is prohibited during CIF/SCGA Southern Regional and CIF State events.

H. Advice Rule

Please remind all participants of Advice Rule 10-2 (Advice and Assistance) in the Rules of Golf which specifically prohibits players from receiving any counsel or suggestion from anyone including their teammates, other players, spectators or parents. "Advice" is any counsel or suggestion which could influence a player in determining his play, the choice of club or the method of making a stroke. However, information on the Rules of Golf, matters of public information and/or Local Rules for this tournament is not considered advice.

A player shall not give advice to anyone in the competition. Verbal or non-verbal communication between coaches, players, parents and/or spectators that meets the criteria of the Advice Rule will be considered a violation.

The penalty as described in the Rules of Golf (Rule 8, stroke play) is two strokes. A player who witnesses a violation of the Advice Rule is advised to call the infraction immediately to the attention of the competitor. Event staff who witness infractions are empowered to call the violation and assess the penalty.



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Sports Medicine



I. Speed of Play

Speed of play is critical. Take pains to walk at a good pace between shots. Do not stand on ceremony as to who is on the green or in the fairway. **Do not walk in front of other players while they are hitting.** If a tournament official instructs a group to move up on a par three, that group hits and upon reaching the green, marks their balls and waves the next group up before putting out. Groups of four, in stroke play, should take no more than 15 minutes per hole. Penalties may be assessed to individuals or groups who, after a warning, remain out of position.

J. Event Management

If a course permits spectators, they should be confined to the cart paths and rough only. They should be well clear of the competitors and observe rules of etiquette when applauding or cheering a stroke or play. Event management reserves the right to remove unruly spectators from the course, or assess penalties against competitors who cause, encourage or promote inappropriate displays.

K. Other Points of Interest

- 1. Level of Competition No student shall participate in more than one level of competition in the same sport in the same day.
- **2. Maximum Athletic Contests** All interscholastic contests are to be arranged in such a way that no student shall take part in more than two athletic contests in any one day or more than 24 contests in one season.
- 3. Rules The USGA Rules of Golf and all local course rules will govern play. Each player understands and agrees to observe all regulations and conditions set forth by the Tournament Committee. The committee, whose decision shall be final, will settle any questions unless otherwise provided for in the current edition of the CIF Southern Section Blue Book. All coaches are urged to obtain a copy of the Rules of Golf and have available at all competitions.

L. 3-5-7 Rule

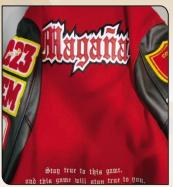
CIF Southern Section does not support using the 3-5-7 rule as a means for speed of play or as a means for entry into playoffs. Coaches should suggest strategies for speed of play which may include: walking fast, putting when ready, helping with lost balls and playing a second ball when a ruling is in question. It is **not** allowed to use alternative scores (i.e. double par pick up or 3-5-7) for qualifying scores.

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506. PRACTICE ALLOWANCE

For the benefit of the physical and mental health of our student-athletes, all practices (as defined herein) under the auspices of the high school athletic program during the season of sport shall be conducted under the following conditions (See also Bylaw 504.M.):

- A. All teams will be allowed no more than eighteen (18) hours of practice time per week and no more than four (4) hours in any single day.
 - (1) Multiple Practice Sessions:
 - a. Double day practices shall not be held on consecutive days.
 - b. Must include a minimum of three (3) hours rest between practices.
 - (2) Golf Only
 - a. In the sport of golf only, a team is allowed a maximum of two (2) days per week of 18-hole practice rounds. [Counts as four (4) hours]
- B. Any competition day would count as three (3) hours toward the allowable weekly and daily practice hours no matter the length of the contest(s). No practice may be held following the conclusion of any contest.
- C. Definition of Practice
 - (1) Any school team or individual activity organized by the coach that is intended to maintain or improve a student-athlete's skill proficiency in a sport; AND/OR
 - (2) Any school team or individual activity that includes skill drills, game situation drills, inter-squad scrimmages or games, weight training, chalk talks, film review, meetings outside of school time (excluding parent meetings) that are implicitly/explicitly required by the coach; AND/OR
 - (3) Any other coach-directed or supervised school team or individual activity or instruction for a specific sport (private, small group or positional instruction, etc.) AND/OR
 - (4) Any other team or individual instruction for a specific sport organized or supervised by any team member, or anyone else associated with the high school athletic program, team or school; AND
 - (5) Outside organization activity (club, etc.), shall not be used to circumvent these Bylaws.
- D. Other mandatory activities (including, but not limited to study hall, tutorial sessions, team dinners), shall not be considered part of practice time. These activities must be approved by the principal. Activities that would be included herein are exclusive to any activity already covered in number C.(1)-(5) above.
- E. This Bylaw shall not supersede any School/District/Section policies that may be more restrictive.
- F. Penalties

Following the determination of a violation of CIF Bylaw 506, a loss of practice day(s) and/or other sanctions, for each practice session infraction, shall be imposed by the Section as deemed appropriate to the level, extent, and duration of the infraction(s).

NOTE: For purposes of this Bylaw, the season of sport begins with each team's first day of practice.

Frequently Asked Questions - (FAQ's will continue to be revised as needed and appropriate to assist schools in understanding the implementation of the Bylaw. Schools seeking additional clarification should contact their local CIF Section office.)

- Q: Our football coach conducts a one-hour (1) before school weight lifting activity in the weight room for football players. Does this count in the three-hours per school day practice limitation?
- A: Before school activities that are NOT part of the curricular day are subject to the practice limitations. If the activity is organized and/or directed and/or supervised by any of the football coaching staff and only open to football players, then YES it is considered to be practice and counted in the daily limit.
- Q: Our football coach conducts a one-hour (1) before school zero period weight lifting activity in the weight room for football players. Does this count in the daily practice limitation?
- A: If Zero period IS considered part of the curricular day then it does not count against the practice duration limitations.
- Q: We have a one-hour (1) before school; (2) zero period; general weight lifting activity in the weight room, advertised to all the athletes in the school who wish to participate. The football coach supervises this activity. While it is advertised to everyone in the school, it is primarily utilized by the football players. Does this count as practice activity in the daily practice duration limitation?
- A: (1) Before school is not part of the curricular day so activities during this time are subject to practice duration limitations. However, if the activity is a non-sport specific strength program, open to all athletes, it would be considered general conditioning and would not count as part of the practice duration limitations. As long as the school has done their best to advertise and make it open to everyone, and it is not a non-football hostile environment, or is not located in an area where female or other sport athletes do not have access (i.e. access only through the boys' locker room), regardless of who attends or who is supervising, the activity would not be considered practice and would not, therefore, count in the daily practice limitation. (2) If Zero period IS considered part of the curricular day then it does not count against the practice duration limitations.
- Q: A (1) Volleyball or Football; (2) Cross Country; Coach tells their team members "just go for an hour run" as a team (or as individuals) and then meet back in the gym to begin practice. Does that hour of just running count towards the practice duration limitation for that day?
- A: Yes. This activity done as a team or as an individual and has been implicitly/explicitly required by the coach; directed and/or organized and/or supervised by the coach would count towards the daily practice duration limitations.
- Q: A Basketball coach tells their team members that they are required to run a minimum number of miles each week on their own for conditioning. Does this count towards the practice duration limitations for any given day?
- A: Yes, this would be considered an activity under C.(2) and (4) above because it was required and or implied by the coach for his/her basketball team members to participate. If it was not implicitly or explicitly required by the Coach, it would not count towards practice duration limitations.
- Q: The Water Polo Coach establishes a swimming conditioning session (1) before practice each day (2) in the morning before school; (3) during zero period; Does this count towards the practice duration limitations for that day
- A: (1) Yes, swimming conditioning is directly related to water polo skill development, so this would count towards the daily practice duration limitations. (2) Yes, swimming conditioning is directly related to water polo skill development, so this would count towards the daily practice duration limitation. (3) If Zero period is considered part of the curricular day it does not count against the practice duration limitations.
- Q: A student plays volleyball in the fall and basketball in the winter. During the overlap time of those two seasons is a student allowed to practice for four hours per day for volleyball and then another four (4) hours per day for basketball, for a total of eight (8) hours of practice on any given day?
- A: No. During any season overlap period for any student-athlete, that student-athlete is still limited to a total practice time for both sports not to exceed the daily practice duration limitation [four (4) hours max per day and only 18 hours per week].
- Q: A student plays baseball and tennis in the same season of sport. If they have competitions on the same day for both sports how would those hours be counted?
- A: The total number of hours would be three (3) regardless of the total time of both contests (see Bylaw 506.B.) (Approved May 2014 Federated Council)

GIRLS STRENGTH OF LEAGUE 2023

Updated 8/14/2023

Each year, Team Divisionals will be composed individual schools using the factors of competitive equity for placement into each division. There will be a strong effort to ensure that every Team Divisional Championship will have 20 teams in divisions 1, 2, and 3, and 18 teams in division 4.

Girls Golf in the CIF Southern Section has seen growth in recent years. Therefore, the CIF Southern Section Golf Advisory Committee has suggested and we have adopted one more individual regional event for the 2023-24 season. A new formula for the number of entries from each league to the CIF Southern Section Individual Regional events has been established and, overall, this new formula will increase the number girls participating in the CIF Southern Section postseason. The same formula will apply to the boys in the Spring, increasing participation there as well.

The competitive equity of each league will be determined by giving each league a strength rating based on points accumulated by golfers from each league who qualified for Individual Golf Championships in the previous year.

Geography may come into play, when appropriate, in an effort to try and place leagues for individual competition.

League	2021 Individuals	2021 Ind. Points Earned	2022 Individuals	2022 Ind. Points Earned	2023 Individuals
605	6	18	8	10	7
Almont			4	0	4
Angelus			4	16	9
Baseline	6	7	6	4	5
Bay	7	0	6	7	6
Big VIII	6	1	5	3	5
Camino Real			4	0	4
Channel	4	0	4	0	4
Citrus Belt	4	0	4	0	4
Citrus Coast	4	0	4	0	4
Coastal	4	0	4	0	4
Coastal Canyon	9	16	8	19	10
Crestview	4	1	4	12	8
Del Rey	4	1	4	3	5
Del Rio			4	0	4
Desert Empire	5	0	4	0	4
Desert Sky (new league)					4
Desert Valley	4	0	4	0	4
Empire	9	22	9	30	12
Foothill	4	9	6	10	7
Freeway	9	16	8	20	10
Gateway			4	0	4
Gold Coast			4	3	5
Golden	5	3	4	3	5
Hacienda	9	18	8	24	12
Inland Valley	4	0	4	0	4
Ivy	4	0	4	0	4
Marmonte	6	7	6	9	7
Mission	9	21	9	14	8
Moore	7	6	6	11	7
Mountain Pass	4	0	4	0	4
Mt. Baldy (new league)		-	,		4
North Hills	4	0	4	3	5
Ocean	9	19	8	13	8
Orange	4	0	4	0	4
Orange Coast	4	0	4	9	7
Pacific	7	21	9	23	11
Pacific Coast	6	17	8	20	10
Palomares	7	13	7	9	7
Prep	4	7	6	9	7
Rio Hondo	7	15	8	8	7
River Valley	4	0	4	0	4
San Joaquin	8	8	7	16	9
Sea View	4	4	5	0	4
South Coast	7	6	6	1	5
South Valley	+ '	,	4	0	4
Southwestern	9	21	9	6	8
Sunbelt	4	3	4	3	5
Surf	9	31	9	13	8
Tri-Valley	4	12	7	12	8
	9				12
Trinity Valle Vista	4	17 0	8	28 0	4

Total Points Earned by Formula	Number of Individual Entries
0-2	4
3-5	5
6-8	6
9-11	7
12-14	8
15-17	9
18-20	10
21-23	11
24+	12

INDIVIDUAL

- 3 points for each individual golfer who advances to the CIF/SCGA Regionals
- 3 points for each individual golfer who advances to the CIFSS Individual Finals or fails to advance in the playoff for the final spot
- 1 point for each individual golfer within two strokes of the qualifying score at CIF Individual Regional Tournament

Note: Team points are no longer used in the formula for computing Strength of League

QUALIFYING CRITERIA

Girls Team Qualifying Criteria:

- Teams will be placed based on previous finishes in CIF-SS championships over the previous 2 years. All teams
 that advanced to the SCGA round in the previous season will automatically be placed in Division I the following
 season.
- 2. Scores from previous CIF-SS championships will be used to create team's 'team handicap' (using USGA handicap formula) for ranking purposes.
- 3. Teams that have never qualified will be given a rating below what the worst at-large qualifier handicap has been over the past 2 years. This number was 28 for this year for girls. If the top team from a league scored higher than 28, teams were given numbers that reflected that.
- 4. Scores are weighted 1/3 from 2 seasons ago, and 2/3rds from last season.
- 5. For the inaugural year: advancement into CIF-SS finals, gaining an at-large bid, or league performance, may have slightly impacted divisional seeding.
- 6. There continues to be 4 divisions, they are now based on competitive equity.

Qualification into CIF-SS Divisionals:

- 1. Qualification to CIF-SS championships will now be based on league placement. Earning scores of 230 will no longer be used.
- 2. League Champions will automatically qualify, then as many second-place finishers in league, 3rd place finishers in league, and so on until no more than 20 places within Divisions 1, 2, and 3 are filled and no more than 18 places within Division 4 are filled.
- 3. Any team from a league can petition for a place in the CIF-SS championship, but spots will be designated based off league finish.
- 4. Example-If there is 1 spot remaining to advance, and there are 3 teams that finished in 3rd place within their league, the 3 teams will be compared based on submitted scores to determine who will advance.
- 5. No more than 20 teams will qualify into Divisions 1, 2, and 3 and no more than 18 teams will qualify into Division 4.

Qualification to CIF-SS SCGA Qualifier

- 1. There will still be 12 teams advancing to CIF-SS SCGA Qualifier out of the divisions.
- 2. The top 8 finishers in Division 1 will advance to CIF-SS SCGA Qualifier.
- 3. The other 4 top finishers based on <u>adjusted team handicap</u> from the CIF-SS championships at each divisional will fill the remaining spots. (WINNING THE CHAMPIONSHIP FROM DIVISION 2, 3 and 4 DOES NOT AUTOMATICALLY QUALIFY YOU FOR CIF-SS SCGA Qualifier) All 12 teams could hypothetically advance from Division 1.

The handicap formula being used:

(Team Total/5)-Course Rating x 113 Course Slope



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TO: CIF SOUTHERN SECTION ATHLETIC DIRECTORS

CIF SOUTHERN SECTION GIRLS AND BOYS GOLF COACHES

FROM: MIKE WEST, COMMISSIONER OF ATHLETICS

SUBJECT: iWANAMAKER

DATE: AUGUST, 2023

The CIF Southern Section is in its second year of a multi-year agreement with Wanamaker Corporation to use golf apps powered by iWanamaker. The CIF-SS app is now available in the app stores today. The CIF-SS golf app will be used for live scoring for our CIF Southern Section Championships this year and it is highly recommend that you use the app during the regular season to prepare our student-athletes for CIF Southern Section Championship events. Every school needs to utilize this system for the 2023-24 season in order to continue the move toward current year rankings for divisional placement.

To get you started, I want to bring a few things to your attention regarding the iWanamaker platform and the CIF-SS Golf app. Registering as a Golf Coach, Athletic Director, golfer or spectator is done with the CIF-SS Golf app (not the iWanamaker app) from the app store and is free of charge for Athletic Directors, coaches, golfers and media members. Athletic Directors, coaches and golfers are added automatically to their respective schools when they get the CIF-SS Golf app from the app store. Please install the app and during the registration process you will be added to your school with the correct role.

Coaches, after signing up using the CIF-SS Golf App, you will go to https://iwanamaker.com to manage your schedule and roster. To navigate to your school, you can click on LEAGUES, then CIF-Southern Section to find your school.

Please refer to the documents below for additional information. Feel free to forward these links to all those involved with Golf at your school and email us with any questions. If you have already installed the CIF-SS Golf app and are still having difficulties, please contact iWanamaker at support@iwanamaker.com or call at (720) 984-2379.

CIF-SS Golf Top 10
CIF-SS Golf Ticket Information
iWanamaker Golf Coaches Manual

I hope this information is useful to you and if you have any questions, or I can help you in any way at all, do not hesitate to contact our office.

Be sure to sign your athletes up today as this system WILL be used at all championship events!

Entry Information and Instructions

Size of League	Total Entries	At Large Entry	
4-8 Team Leagues 1 Automatic Team (1st Place League Finisher)		2 nd or lower Place Team*	

^{*}Recognized League champions are considered entry #1. All additional team entries are required to submit their eight best team scores for At Large entry consideration.

ENTRY INSTRUCTIONS

Team and Individual entries are due no later than 9:00 a.m., Friday, October 20, 2023.

Entry Form Information: League Finals Manager is responsible for all entries and will be contacted if there are any questions about entries. **YOU WILL BE HELD RESPONSIBLE FOR UNDERSTANDING AND FOLLOWING ENTRY INSTRUCTIONS.** In order to access entry forms, go to www.cifsshome.org. On the left column, click on Forms, Tennis Indv/Golf Forms. On the next page, choose Golf Individual/Team then click Add New Entry. On the next page, fill out each all the requested information. Once all information is verified and completed, click on submit. Tutorials for completing your entries are located under the "Help" tab at www.cifsshome.org. The CIF Southern Section office requests that you make every effort to get your results in early so we may distribute the entries to the tournament managers in a timely manner.

Note: The Golf Advisory Committee has determined that best scores must follow USGA scoring rules. Therefore, no league amended rules (such as double par scoring, using Model Local Rule E-5, playing out of bounds and lost ball as a lateral hazard, etc) will be allowed for best scores.

AT-LARGE ENTRIES

*At-large petitions will be accepted for consideration of entry into a team divisional tournament on a space available basis. At-large entry petitions must be completed, forwarded, and received by the CIF Southern Section office by 9:00 a.m., Friday, October 20, 2023. LATE SUBMISSIONS WILL NOT BE CONSIDERED.

Teams may submit at-large petitions for consideration. Teams will be selected from submitted petitions **based upon space availability in a particular division.** Selection of teams will be made considering the next league finisher teams first, then the next places thereafter, until space is full and/or all petitions have been placed.

Selections will be made by members of the Golf Advisory Committee and the <u>schools will be notified</u> of acceptance and placement by 12:00 p.m. on the day after the entries are due.

FREELANCE

Schools that do <u>not</u> belong to a girls' golf league (leagues do <u>not</u> field girls golf and do <u>not</u> hold a girls golf league qualifying tournament) or individuals whose schools do not offer team golf may apply for Freelance status. By the start date of the season, coaches must submit an email stating their intent to participate Freelance, along with the schedule of matches/tournaments for their team. The email should be sent to Commissioner Mike West's office at sharonh@cifss.org.

TEAM Qualifications: A team must submit their best scores for any matches during the season. If a team has met the qualifications and is the only team participating in the Team Freelance Tournament, they will automatically advance to a Team Divisional Tournament. The school will have the ability to enter two individual golfers from their team into the Freelance Tournament.

INDIVIDUAL Qualifications: A maximum of two individuals can be entered from one school. For the 2023-24 season, it is recommended that individuals must have an established index of **15** or better or scores of 42 or better on a par 36 for nine holes. The scores must be VERIFIED and accumulated within the regular season of play.

Freelance entry petitions must be completed, forwarded, and received by the CIF Southern Section office by <u>9:00 a.m.,</u> <u>Friday, October 6, 2023.</u> The committee will review all petitions and selection for the tournament will be made; notification of acceptance into the Freelance Tournament will be made by a committee member.

ALTERNATES FOR CIF-SS INDIVIDUAL FINALS

Each CIF-SS Individual Regional will declare a maximum of two alternates. These alternates may gain entry into the CIF-SS Individual Finals only if a player who qualified for the event from their regional notifies the CIF Southern Section Office in advance that they will not be able to compete.

Players who qualify for the CIF-SS Individual Finals, and are not able to compete, must notify the CIF Southern Section Office by 12:00 p.m. on the day prior to the CIF-SS Individual Finals so that an alternate may be put in their place. For the Fall 2023 Girls Season, the office must be notified by 12:00 p.m. on Wednesday, November 1, 2023.

Alternates <u>are not to show up</u> at the CIF-SS Individual Finals unless they were notified in advance by the CIF Southern Section Office that a spot in the event was awarded to them.

DECLARATION OF ALTERNATES AT THE CIF INDIVIDUAL REGIONALS

The two alternates will be declared using the following procedure:

• If a player was eliminated from a sudden death playoff that was used to determine the final qualifying spots, his/her scores from the sudden death playoff should be considered first when declaring alternate spots.

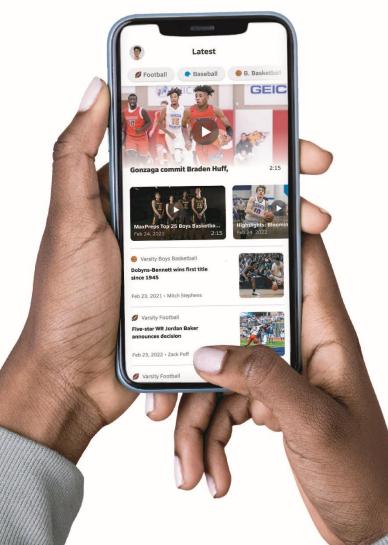
Examples:

- Players A, B, and C are playing a sudden death playoff for the final qualifying spot. On the first playoff hole, A makes 3, B makes 4, and C makes 5. Player A has earned the automatic qualifying spot, player B is the first alternate, and player C is the second alternate.
- Players A, B, C, and D are playing a sudden death playoff for the final qualifying spot. On the first playoff hole, A makes 3, B makes 4, C makes 4, and D makes 5. Player A has earned the automatic qualifying spot. The sudden death playoff does not continue, and the card-off procedure listed below is used to determine the order of the alternates between players B and C.
- A sudden death playoff will not be conducted or continue for the sole purpose of determining alternates.
- Alternates will be declared using the USGA recommended card-off procedure (holes 10-18, 13-18, 16-18, 18).

ROSTERS AND ELIGIBILITY LISTS

Each **GOLF COACH** must submit a roster of players in CIFSSHome.org. The eligibility list is automatically created upon submission of the roster and no further action is needed.





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ENTRY FEES – WAIVED FOR THE 2023-24 SEASON!

The entry fees must be received by the CIF-SS office before participation in any tournament. This year all fees are to be paid through GoFan, refer to payment links contained in the playoff bulletins. No fees will be collected on site at any of the tournaments. All fees are to come directly to the CIF Southern Section office through GoFan or via check mailed to the attention of Sharon Hodge. Checks are made payable to CIF Southern Section. Fees are charged for every tournament a player/team is entered in. The fees are listed below:

Freelance Individual	\$50/player	Freelance Team	\$300/team
Individual Regional	\$50/player	Team Division Championship	\$300/team

Individual Championship & SCGA Team Qualifying Tournament * - \$50/player OR \$300/team

*Individual golfers who are part of a team that is participating in the Individual Championship/SCGA Team Qualifier will be charged once and should be paid for with the team entry fee.

SCORING AND TIES

Teams will consist of **six** players with the best **five** scores counted to determine the winners. Players are reminded to check their scorecards, hole by hole, prior to signing and turning them in at the conclusion of play. Scorecards should be marked with the number of strokes taken per hole.

It is **not** allowed to use alternative scores (i.e. double par pick up or 3-5-7) for qualifying scores.

Scores of the 6th player will be used to break ties for the second and final team qualifying positions at each divisional. If a tie still exists, a playoff, if possible, of those teams will follow immediately. Otherwise, a card off will be used. All six players will participate with all six scores totaled after each hole.

PROCEDURE FOR END OF COMPETITION

- 1. Players are responsible for verifying the hole by hole scores on their score card prior to turning it in to the Official Scorecard Box. Once the score card is turned in, it is deemed official. The player is not responsible for the addition of the total score.
- 2. Each player will turn in their own score card with two (2) signatures to the Official Scorecard Box or as directed in pre-round instructions.
- 3. The competition is officially over when the scores have been posted, the order of finish has been established and the awards have been presented. No inquiries or contesting of results will be considered after that time.

These rules will be in effect for all CIF Southern Section post season play. It is strongly recommended that leagues adopt this policy for the sake of consistency in the conduct of matches by CIF Southern Section member schools.

For rules assistance, contact the SCGA Championships & Golf Operations Department for any rules questions at champs@scga.org

HEALTH AND SAFETY

It is the expectation of the CIF Southern Section that your Athletic Coaches and Administration will take every measure to ensure the health and safety of your student athletes.

The following are key points of emphasis coaches should review with their staff and players in reference to CIF Southern Section rules and regulations in the 2023-2024 CIF Southern Section Blue Book. This list is not all-inclusive but only highlights key areas. For necessary forms and additional information regarding Heat Safety, Hydration and other Sports Medicine resources, please go to www.cifss.org and click on the "Sports Medicine" tab on the blue toolbar.

Additional resources can be found at www.cifstate.org under the "Sports Medicine" tab on the white toolbar

PHYSICAL EXAMINATION

An annual physical examination, or a statement by a medical practitioner, is required for a student to take part in any authorized school practice session and/or pre-season conditioning period. This physical examination will be valid for a period of one year from the date of the examination. A student will be excused from this physical examination only if there is compliance with the Education Code (parent's refusal to consent). CIF Health and Safety Committee strongly recommends schools use the Pre-Participation Examination form that is endorsed by five major medical societies; American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American orthopedic Sports Medicine and the American osteopathic Academy of Sports Medicine. All CIF schools must have school board approved forms.

CONCUSSION PROTOCOL

A student athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at the time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. If a licensed health care provider, trained in education and management of concussion determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return to play protocol of no less than seven (7) full days from the time of diagnosis under the supervision of a licensed heath care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition. (Approved May 2010 Federated Council/Revised January 2015 Federated Council)

Question: What is meant by "licensed health care provider?"

Answer: the "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

STEROID PROHIBITION

All schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parent(s)/guardian(s)/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition.

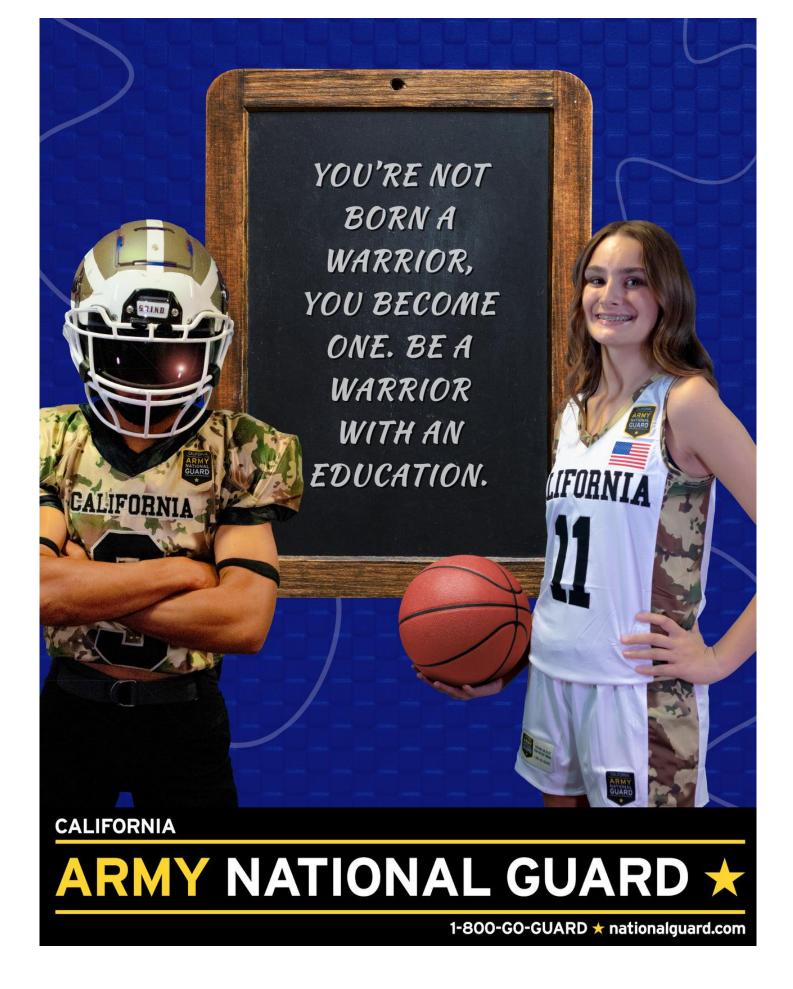
NOTE: Article 1-12.N. (Revised May 2005 Federated Council)

SUDDEN CARDIAC ARREST PROTOCOL

A student-athlete who passes out or faints while participating in, or immediately following, an athletic activity or who is known to have passed out or fainted while participating in or immediately following an athletic activity, must be removed immediately from participating in a practice or game for the remainder of the day. A student-athlete who has been removed from play after displaying signs and symptoms associated with sudden cardiac arrest may not return to play until the athlete is evaluated by a licensed health care provider and receives written clearance to return to play from that health care provider. On a yearly basis, a Sudden Cardiac Arrest information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition.

Question: What is meant by "licensed health care provider?

Answer: the "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).





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