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SPRING 2024

Volleyball

SEASON
PREVIEW



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EXPLORER



RANGER



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BOYS' VOLLEYBALL SEASON PREVIEW



DATE: JANUARY 2024
TO: CIF-SS BOYS' VOLLEYBALL COACHES
FROM: MIKE MIDDLEBROOK, ASSISTANT COMMISSIONER
LISA MCINERNEY, PROGRAM COORDINATOR
RE: **2023-2024 BOYS' VOLLEYBALL SEASON**

WELCOME TO THE 2023-2024 BOYS' VOLLEYBALL SEASON!

The Boys' Volleyball Preview Packet has been prepared to assist you in the organization of your school's Boys' Volleyball program. The enclosed is important information for preparation of the upcoming season. Please share this information with your assistant coaches.

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2023-2024 ADVISORY COMMITTEE MEMBERS

Division 1/2

*Matt Marrujo, Servite / Trinity, mmarrujo@servitehs.org
Michael Boehle, Loyola / Mission, mboehle@loyolahs.edu
Gus Culver, At Large / South Coast, culverg@svusd.org

Division 3

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Joel Brinton, Burroughs (Burbank) / Pacific, joelbrinton@burbankusd.org

Division 4

*Frankie Perales, Garden Grove / Golden West, frankiep22c@aol.com
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Division 6

*Greg Ng, Montebello / Almont, Ng_Greg@montebello.k12.ca.us
Mary Starbuck, At-Large / Katella, bucky27hb@aol.com

Division 7

*Carlos Martinez, Avalon / Express, cmartinez1@lbcschools.net
Robert Gibbs, Southwestern Academy / International, robgi12345@gmail.com

* Denotes Division Rep

CIF Southern Section Championship Event Manager:

Naoto Tashiro, Naoto.Tashiro@gmail.com

SCVOA / CIF Officials Rep:

Todd Frost, frostmay@sbcglobal.net

TOP TEN POLLS

Although every effort is made to be as accurate as possible the weekly Top Ten Poll selections are published to create interest in the sport and is dependent upon coaches' input. It is understood that this is a coaches' poll and that no students or parents are involved with the poll.

It is **IMPERATIVE** that COACHES contact the Boys' Volleyball Advisory Committee member in your division on a weekly basis regarding Top Ten Poll rankings if your team or a team in your league should be considered.

Weekly polls will be published every Monday following the First Poll on cifss.org:

Watch List: Monday, February 5, 2024

First Poll: Monday, March 11, 2024
(No Poll Week of April 1st / Office Closed)

Final Poll: Saturday, April 20, 2024

APPROVED SANCTIONED EVENTS

Please refer to the CIF Southern Section website (www.cifss.org) for the latest Sanctioned Events, as events are updated daily.

Sanctioned Events download directions:

click on **GOVERNANCE TAB**

click on **SANCTIONED EVENTS**

select **VOLLEYBALL, BOYS**

click **Search**

This page will display the most up to date information on:

Boys Volleyball Approved Sanctioned Events

CALENDAR DATES

FIRST CONTEST:

The initial date on which a school may schedule and conduct an interscholastic contest is:
SATURDAY, FEBRUARY 17, 2024.

SCRIMMAGES:

Maximum 2 scrimmages allowed.

Must be played on or after February 17, 2024, and before the first contest (tournament, non-league, league). Once the first official contest is played scrimmages are no longer allowed.

SIT OUT PERIOD (SOP) DATE:

March 20, 2024

*Note this date could be adjusted or different for each individual due to the date of enrollment for the transfer student. Check the “transfer decision” date for accurate information at www.cifss.org

LAST CONTEST:

All league competition must end on or before **THURSDAY, APRIL 18, 2024**. Schools may compete until April 20th for non-league contests only. See Bylaw 3008 for end of competition guidelines.

MAXIMUM CONTACTS:

The allowable number of contests is:	28
The allowable number of tournaments is:	3
1 Day Tournament counts as:	(2) contacts
2 Day Tournament counts as:	(3) contacts
3 Day Tournament counts as:	(4) contacts
4 Day Tournament counts as:	(5) contacts

Once Set contests (contacts) should not be entered on your schedule. Those types of events are not official matches as defined by NFHS Rule 1, Section 2, Article 1.

Matches that are 2 (two) sets should be entered. Those are entered because in a best 2 of 3 sets we have a winner by the score of 2 – 0. If there is a tie at 1 set apiece a tie can be recorded.

CIF SOUTHERN SECTION FORD BOYS' VOLLEYBALL CHAMPIONSHIP DATES:

PLAYOFF DATES: Division 2 – 7 / April 23 (Wildcard), 25, 27, May 1, 4
Division 1 / April 24, April 30, May 4 (Pool Play)

Dates subject to change due to bracket size.

CIF SS FINALS: May 11

STATE REGIONALS: May 14, 16

STATE FINALS: May 18

CIFSSHOMES REQUIREMENTS

SCHEDULES & SCORES Complete your schedule in CIFSSHome prior to your season as well as update scores following each contest

Attention Athletic Directors/Coaches: It is very important that you enter your entire season schedule into CIFSSHOME (www.cifsshome.org) as well as update the scores immediately following your contests.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

-On the left panel, click on "Teams", select "Boys Volleyball"

To Add a game:

- On the left panel, click on "Events", select "Add Event", choose Game under "Event Type", choose date of game under "Event Date", choose "Boys Volleyball" under "Sport", choose Varsity under "Level", type the opposing school name in "Add Opponent", choose the type of game under "Select Game Type", click on Home, Away or Neutral under "Location", choose "Start Time" Click on "Save" to add one game or "Save & Duplicate" for multiple games.

- To Submit your score:

- On the left panel, click on "Teams", select "Teams Manager", scroll down to "Boys Volleyball" and click on VR to add Varsity scores. Click on "Post Result" button, enter your team's score, enter the opponent's score, result should auto populate with either "W", "L" or "T" based on the correct match score entered. If the game was a forfeit, click on the Yes box, enter the set scores in "Notes".

Make sure that your overall and team records are correct on your team page

VARSITY COACHES

Attention Athletic Directors/Coaches: It is very important that you enter your BOYS VOLLEYBALL coaches (Head & Assistants) into CIFSSHome (www.cifsshome.org) no later than **THURSDAY, APRIL 18.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the "Users" tab, click on "User Manager", click on the  in the upper right hand corner to add Coaches and Assistant Coaches.

Enter the information requested on the "Add School User" page. Choose "Active" to provide the coach with access to CIFSSHome or "Inactive" for directory purposes only. Choose Yes or No to give the coach access to all sport, click **Submit**.

Choose the applicable options on the Assign Coach to Team page, click Save or Add Another to add additional coach(s).

VARSITY TEAM INFORMATION (TEAM PHOTO)

Attention Athletic Directors/Coaches: It is very important that you enter your entire BOYS VOLLEYBALL Varsity roster into CIFSSHome (www.cifsshome.org) no later than **MONDAY, APRIL 29.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the "Teams" tab, click "Teams Manager", click on "Boys Volleyball", click on the "Team Photo" tab,

Click on the  under "TEAM PICTURE", choose the file, click **Submit**.

VARSITY TEAM INFORMATION (ROSTERS)

Attention Athletic Directors/Coaches: It is very important that you enter your entire BOYS VOLLEYBALL Varsity roster into CIFSSHome (www.cifsshome.org) no later than **THURSDAY, APRIL 18.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the "Teams" tab, click on "Teams Manager", click on "Boys Volleyball", select 

You can UPLOAD your roster using the instructions below (1) or you can enter each player one by one (2).

Required roster information for "Boys Volleyball" is:

First Name, Last Name, Birth date, Year, Number, Position & Eligibility

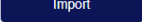

(1) To ADD roster players one by one:

- Click on  and complete fields required for “**Boys Volleyball**”.

(2) To Import a Roster using an Excel sample file:

- Download the [sample file](#) **and** delete the “contents only”.
- Copy and paste or type your roster information into the file as the contents and save the file to your computer.
- Only an excel file (**xls**) can be uploaded that is the exact same format as the sample file.
- Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.
- **Required Columns for BOYS VOLLEYBALL are:**

First Name, Last Name, Birth date, Year, Number, Position & Eligibility

- Click on to find your file, then click on 
- To confirm the roster has been uploaded, your players' names will be uploaded in the “**Official Roster**” section.
- Click on the  next to the player's name to view each player's information.

SCHOOL LOGO

Log in @ www.cifsshhome.org

- Click on the “**Configuration**” tab
- Click on “**School Info**”
- Click on “**Choose File**” (.PNG file format is preferred)
- Choose the “**No**” option for Hide from Directory?
- Click Save

SOCIAL MEDIA ACCOUNTS

Log in @ www.cifsshhome.org

- Click on the “**Configuration**” tab
- Enter all school account names available next to the social media options (ie. Facebook, Instagram, Twitter)
- These accounts are used during playoffs and for Games of the Week



OFFICIAL BALL PROGRAM 2023-2024

Official Ball per sport:

Baseball:	Rawlings RCIF-SS	Must be CIFSS/ NOCSAE stamped ball
Boys Basketball:	Wilson NCAA EVO NXT GAME BALL Size 7 (Used in CIF-SS Championship) Wilson EVO NXT Game Basketball Size 7	
Girls Basketball:	Wilson NCAA EVO NXT GAME BALL Size 6 (Used in CIF-SS Championship) Wilson EVO NXT Game Basketball Size 6	
Football:	Wilson GTS GAME BALL Wilson GST Prime GAME BALL	
Lacrosse:	Champion Sports NOCSAE Balls	(White LBWNOCSAE, Yellow LBYNOCSAE, Orange LBO, Lime Green LBG)
Soccer:	Wilson NCAA Vivido Match Ball (Used in CIF-SS Championship) Wilson NCAA Veza Match Ball Wilson Forte Hybrid II NCAA Match Soccer Ball (<i>discontinued</i>)	
Softball:	Rawlings FPCIF-SS (Used in CIF-SS Championship)	
Tennis:	Penn ATP World Tour (Used in CIF-SS Championship) Pro Penn Marathon	
Volleyball, Indoor:	Mikasa VFC1000 Series (Used in CIF-SS Championship) Mikasa VQ2000 Series	
Volleyball, Beach:	Wilson NCAA OPTX Game Ball (Used in CIF-SS Championship)	
Boys Water Polo:	KAP7 model 105 with NFHS stamp (Used in CIF-SS Championship)	
Girls Water Polo:	KAP7 model 104 with NFHS stamp (Used in CIF-SS Championship)	

Mandatory Playoff Use Requirement:

The mandatory “official” ball rule for all playoff rounds, excluding golf. The rule applies throughout the conduct of **all** CIF-SS **playoff** contests.

***Items in red are used in the final game for the CIF-SS Championships. Any model listed is compliant in CIF-SS post season play.**

Playoff Ball Use Rule Enforcement:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty will carry over to the next season if not enforceable this season due to elimination.

Note: NFHS stamp is required in all sports *except in golf, tennis and beach volleyball*.

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OFFICIAL PARTNERS:





Volleyball Rules Changes - 2023-24

(https://cifss.org/news/2023-volleyball-rules-powerpoint/?_sports=boys-volleyball)

By NFHS on February 03, 2023

2-1-9 (NEW), 12-2-5: Creates a coaching zone defined by the libero replacement zone extending beyond the end line and sideline extended.

Rationale: Defines and clarifies the area in which coaches may stand.

4-1-7: Allows small, secured stud or post jewelry to be worn above the chin.

Rationale: Maintains consistency with current trends of other NFHS and volleyball rules codes.

4-2-4b: Eliminates the use of uniform numbers with a leading zero (01, 02, 03, etc.) beginning in 2028.

Rationale: Clarifies legal numbers and eliminates confusion when signaling while aligning with other rules codes.

10-2-1: Allows requests for substitution by the head coach to be signaled or verbalized.

Rationale: Creates consistency by allowing either a verbal or non-verbal signal for as substitution.

12-2-6: Establishes that one assistant coach may stand within the coaching zone to provide instruction during dead-ball situations **only**.

Rationale: Allows an assistant coach to stand and coach during dead-ball situations in addition to the head coach. The assistant coach that stands may change throughout the match, but only one can stand at a time.

Volleyball Points of Emphasis - 2023-24

By NFHS on March 01, 2023

Using the Lineup Card Effectively

According to the NFHS Volleyball Case Book and Officials Manual, “The lineup card is a tool to assist the second referee. The lineup card is to be used to record the starting lineup and verify each team’s lineup at the start of the set. If the lineup is recorded in serving order, the second referee must remember that the receiving team’s first server will begin in the right front position.” Early in the season, while checking the lineup for each set, the second referee can ask the receiving team’s Right Front, “You are your team’s first server, correct?”

Information to be kept on the lineup card may include serving order, substitutions, time-outs, captain, player identification (like circling the back-row setter) and yellow/red cards.

Starting the Set:

- Use or create a succinct lineup card for checking the team’s starting positions prior to each set.
- Encourage the scorer to check each team’s lineup as you verify the player’s positions.
- From the sideline, check the lineup of the receiving team, leaving the game ball at the officials’ table. Avoid pointing at each player while verifying their order. Identify the captain for the first referee. If a libero is being used, authorize the libero by using the authorization signal. Repeat the protocol while checking the serving team from their sideline.
- Retrieve the game ball from the officials’ table and toss the ball to the first server.
- Quickly scan both benches to ensure that all practice balls are secure, and the playing surface is safe.
- Place your lineup card and writing utensil in your pocket. Take the ready position on the receiving team’s side, face the court with shoulders parallel, make eye contact with the first referee and signal “ready” by extending the arm farthest from the net toward your partner.

During the Set:

- Some second referees are very quick and smooth recording information, and immediately return their card/pencil to their pocket. This process should not be a distraction.
- Upon contact of the serve, move immediately to the blocking team’s team side of the net and continue to transition as the rally continues.
- If the second referee whistles a fault, step to the side at fault and signal the fault, then mimic the first referee’s point signal. If the first referee ends play, many second referees get to the fault side and mimic their partner’s signals.
- Refrain from signaling with a lineup card and pencil in your hand(s).
- During a substitution, the second referee whistles two short blasts and signals once a substitution has been requested. If you record the substitution on the lineup card, take the card and pencil out of your pocket and allow the substitute to enter. While recording, look over your shoulder to ensure that the scorer has the entry/entries.
- Get to the receiving team’s side, finish recording quickly, put the lineup card/pencil away and give the game back to the first referee.

- Refrain from giving the ready signal to your partner if you are still recording information, and continue recording, as the first referee will authorize the serve and you will not be prepared to observe potential illegal alignment.

The second referee should not hinder the tempo and pace of the match. If using a lineup card between plays, the second referee should be efficient and work to expedite their recordings.

The more knowledgeable a second referee becomes of the game, the less they will be dependent upon the lineup card to recognize infractions such as illegal alignment, improper server, and improper substitutions. Experienced officials who study and understand rotations will be able to anticipate the potential alignment issues based upon a team's offense and use the card to reinforce their understanding. Second referees still learning the complexities of different rotations must use the card to build confidence in recognizing such infractions while continuing to study the nuances of the sport.

Coaching Zone Privileges

It is important for both coaches and officials to understand the privileges coaches have when instructing their teams and what actions could jeopardize such privileges. The expanded coaching zone and assistant coach privileges created an opportunity for the committee to emphasize the rules related to coaching privileges.

One assistant coach may stand within the coaching zone during dead-ball situations. This new rule allows one assistant coach to communicate with players during a dead-ball. The intent of this rule change is to allow specialized coaching between points.

Before the Match

The pre-match conference will provide an opportunity for the officials to meet the head coach from each team participating in the match. Each team may have one or more assistant coaches. If multiple levels are competing on a given night, not only will you see assistant coaches on the bench, but other head coaches from various levels within the program as well. It is important that the referees identify the designated head coach for the current match and remind the head coach that only one assistant at a time may stand during a dead ball.

During the Match

Only the head coach for the match is allowed to stand in the coaching zone. The new allowance permits the head coach to stand and coach beyond the libero replacement zone, past the end line, not to cross the sideline extended. One assistant coach can stand with the head coach to coach players but only during a dead-ball situation.

Once the first referee extends an arm for the authorization of serve, the assistant coach must return to the bench and may not stand again until the next dead ball. Assistant coaches may not address officials, except to review the score, verify the number of time-outs and/or substitutions used by their team, request serving order of their team, or verify the proper server for the opponent.

If this privilege is abused by multiple assistant coaches standing to coach players or by one or more assistant coaches standing to communicate with officials, a yellow card will be assessed. Continued unsporting behavior will result in a red card and all coaches must remain seated for the remainder of the match.

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BLUE BOOK RULES 2023-2024 – GENERAL

Following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2022-2023 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas.

201. STANDARDS OF ELIGIBILITY

<https://cifss.org/resources/blue-book/?gotopage=55>

210. PHYSICAL ASSAULT

<https://cifss.org/resources/blue-book/?gotopage=86>

212. AMATEUR STATUS

<https://cifss.org/resources/blue-book/?gotopage=88>

220. BASIC ELIGIBILITY REQUIREMENTS FOR PARTICIPATION

<https://cifss.org/resources/blue-book/?gotopage=92>

500. AUTHORIZED PARTICIPATION

<https://cifss.org/resources/blue-book/?gotopage=98>

503.G ADMINISTRATIVE OVERSIGHT / PHYSICAL EXAMINATION

<https://cifss.org/resources/blue-book/?gotopage=103>

503.H ADMINISTRATIVE OVERSIGHT / CONCUSSION PROTOCOL

<https://cifss.org/resources/blue-book/?gotopage=103>

506. PRACTICE ALLOWANCE

<https://cifss.org/resources/blue-book/?gotopage=110>

600. COMPETITION ON AN OUTSIDE TEAM

<https://cifss.org/resources/blue-book/?gotopage=120>

1227. SUNDAY RESTRICTION

<https://cifss.org/resources/blue-book/?gotopage=148>

1228. NOISEMAKERS PROHIBITED

<https://cifss.org/resources/blue-book/?gotopage=148>

3500. PLAYOFFS

<https://cifss.org/resources/blue-book/?gotopage=215>

Additional playoff information will be available in March in the Boys' Volleyball Playoff Bulletin. This bulletin will contain details on when the draws will be available, financial regulations, reporting of match results, game time and date change protocol, etc.

BLUE BOOK RULES 2023-2024 – VOLLEYBALL

Following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2023-2024 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas for volleyball.

3200. RALLY SCORING

<https://cifss.org/resources/blue-book/?gotopage=201>

3201. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

<https://cifss.org/resources/blue-book/?gotopage=201>

3204. SCRIMMAGES

<https://cifss.org/resources/blue-book/?gotopage=201>

3205. TOURNAMENTS

<https://cifss.org/resources/blue-book/?gotopage=201>

3206. STARTING DATES FOR INTERSCHOLASTIC CONTESTS

<https://cifss.org/resources/blue-book/?gotopage=202>

3208. END OF COMPETITION

<https://cifss.org/resources/blue-book/?gotopage=202>

3209. OUTSIDE COMPETITION BY AN INDIVIDUAL

<https://cifss.org/resources/blue-book/?gotopage=202>

1227. SUNDAY RESTRICTION

<https://cifss.org/resources/blue-book/?gotopage=148>

503.M PLAYER CONDUCT

<https://cifss.org/resources/blue-book/?gotopage=105>

503.M COACH EJECTION

<https://cifss.org/resources/blue-book/?gotopage=106>

3500. PLAYOFFS

<https://cifss.org/resources/blue-book/?gotopage=215>

Volleyball Sample Line Up Sheet:

Team Centerville HS Comets Game 1
Libero: 2 (Check one) Serve _____ Receive _____

Serve Order	Player Number
<u>I</u>	<u>4</u>
<u>II</u>	<u>6</u>
<u>III</u>	<u>8 C</u>
<u>IV</u>	<u>3</u>
<u>V</u>	<u>5</u>
<u>VI</u>	<u>7</u>

Volleyball Score Sheet:

Download from the CIF-Southern Section website at www.cifss.org or click here (<https://cifss.org/sport-news/volleyball-score-sheet/>)

CIF State Rule Webinar:

<https://cifss.org/sports/girls-volleyball/>

Volleyball Scorekeeping 101:

Download from the CIF-Southern Section website at www.cifss.org or click here (<https://cifss.org/sport-news/volleyball-scoring-presentation/>)

For Sanctioned Events go to www.cifss.org

1. Click on Governance
2. Click Sanctioned Events
3. Select Volleyball, Girls
4. Click Search
5. To find a specific event, enter information in Keywords
6. Click Search

2023-2024 BOYS VOLLEYBALL TOP TEN PREVIEW QUESTIONNAIRE

SCHOOL _____ LOCATION (CITY) _____

LEAGUE _____ DIVISION _____

HEAD COACH _____ YRS. AS HEAD COACH AT SCHOOL _____

HEAD COACH E-MAIL _____

2023-24 VARSITY RESULTS:

OVERALL RECORD _____ LEAGUE RECORD _____ LEAGUE PLACE _____

OF RETURNING VAR. PLAYERS: _____ # OF RETURNING VAR. STARTERS _____

TOP RETURNEES:

NAME _____ POS. _____ HT. _____ YR. _____ HONORS

TOP NEWCOMERS:

NAME _____ POS. _____ HT. _____ YR. _____ HONORS

***IMPORTANT* PREDICTED FINISH OF TEAMS IN YOUR LEAGUE (INCLUDE YOUR TEAM):**

1. _____ 2. _____ 3. _____ 4. _____

5. _____ 6. _____ 7. _____ 8. _____

TOURNAMENTS (entered for the 2023-24 season):

RETURN IMMEDIATELY TO:

2023-24 BOYS VOLLEYBALL ADVISORY DIVISIONAL REPRESENTATIVE (PG. 4)



TO: CIF-SS BOYS' VARSITY VOLLEYBALL COACHES
FROM: THOM SIMMONS, DIRECTOR OF SPORTS INFORMATION
RE: VOLLEYBALL RECORD UPDATE

In an effort to update the CIF Southern Section volleyball records, the CIF-SS Publicity Department is asking for your assistance. Listed below are minimum standards for established record categories. If your team has met or exceeded any of the following standards, or if any of your PAST teams qualify, please submit the information on the attached form. Be sure to include all pertinent information (noted in parenthesis) for each record submitted.

Records MUST be submitted on the official form provided. Records submitted on any other form will not be accepted. They must also be TYPED, SIGNED, and submitted with proper DOCUMENTATION (See attached form). Playoff contests will count toward cumulative statistical totals.

TEAM RECORDS

Most Kills – Season (Year).....	n/r
Most Kills – Game (Opponent, Year).....	n/r
Most Blocks – Season (Year).....	n/r
Most Blocks – Game (Opponent, Year).....	n/r
Most Digs – Season (Year).....	n/r
Most Digs – Game (Opponent, Year).....	n/r
Longest Winning Streak (Years).....	22 matches
Longest League Winning Streak (Years).....	68 matches
Consecutive League Championships (Years, League).....	11
Consecutive CIF-SS Championships (Year, League).....	3

INDIVIDUAL RECORDS

Most Kills – Career (Years).....	n/r
Most Kills – Season (Year).....	n/r
Most Kills – Game (Opponent, Year).....	n/r
Most Blocks – Career (Years).....	n/r
Most Blocks – Season (Year).....	n/r
Most Blocks – Game (Opponent, Year).....	n/r
Most Digs – Career (Years).....	n/r
Most Digs – Season (Years).....	n/r
Most Digs –Game (Opponent, Years).....	n/r

PLEASE NOTICE: Individual career records should not be reported until the student has completed high school eligibility in this sport. Thank you.

n/r = new record

2/2006

RETURN TO:

**Media Dept.
10932 Pine Street
Los Alamitos, CA 90720**

PRESS GUIDE & RECORD BOOK REPORTING FORM
MUST BE TYPEWRITTEN

SPORT _____ SCHOOL _____

RECORD(S) SUBMITTED BY _____

TITLE OF PERSON SUBMITTING _____

TEAM RECORDS

Mark _____ Category (Season/Game) _____ Year/Opponent _____

INDIVIDUAL RECORDS

Mark _____ Category (Career/Season/Game) _____ Player _____ Year/Opponent _____

Records must be submitted with documentation. Schools are required to submit one of the following two items in addition to the completion of all information on this form for consideration.

1. A newspaper account of the record-breaking performance. Clipping must contain date and name of newspaper.
2. A letter from the school's principal indicating the record, the date of the event and signed by a witness who observed the record-breaking performance.

SIGNATURE OF APPLICANT _____ **DATE** _____

ALL CIF NOMINATION INFORMATION

Click the link below to access the ALL CIF Boys' Volleyball Nomination information and form.

<chrome-extension://efaidnbmnnnibpcajpcgclefindmkaj/https://cifss.org/wp-content/uploads/2016/09/2024-All-CIF-Information-and-Nomination-Form.pdf>

Complete the form and submit a copy to your division reps found on page 4.

DUE ON MONDAY, MAY 6, 2024.

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HEALTH AND SAFETY

It is the expectation of the CIF Southern Section that your Athletic Coaches and Administration will take every measure to ensure the health and safety of your student athletes.

The following are key points of emphasis coaches should review with their staff and players in reference to CIF Southern Section rules and regulations in the 2023-2024 CIF Southern Section Blue Book. This list is not all-inclusive but only highlights key areas. For necessary forms and additional information regarding Heat Safety, Hydration and other Sports Medicine resources, please go to www.cifss.org and click on the "Sports Medicine" tab on the blue toolbar.

Additional resources can be found at www.cifstate.org under the "Sports Medicine" tab on the white toolbar

PHYSICAL EXAMINATION

An annual physical examination, or a statement by a medical practitioner, is required for a student to take part in any authorized school practice session and/or pre-season conditioning period. This physical examination will be valid for a period of one year from the date of the examination. A student will be excused from this physical examination only if there is compliance with the Education Code (parent's refusal to consent). CIF Health and Safety Committee strongly recommends schools use the Pre-Participation Examination form that is endorsed by five major medical societies; American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American orthopedic Sports Medicine and the American osteopathic Academy of Sports Medicine. All CIF schools must have school board approved forms.

CONCUSSION PROTOCOL

A student athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at the time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. If a licensed health care provider, trained in education and management of concussion determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return to play protocol of no less than seven (7) full days from the time of diagnosis under the supervision of a licensed health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition. (Approved May 2010 Federated Council/Revised January 2015 Federated Council)

Question: What is meant by "licensed health care provider?"

Answer: the "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

STEROID PROHIBITION

All schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parent(s)/guardian(s)/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition.

NOTE: Article 1-12.N. (Revised May 2005 Federated Council)

SUDDEN CARDIAC ARREST PROTOCOL

A student-athlete who passes out or faints while participating in, or immediately following, an athletic activity or who is known to have passed out or fainted while participating in or immediately following an athletic activity, must be removed immediately from participating in a practice or game for the remainder of the day. A student-athlete who has been removed from play after displaying signs and symptoms associated with sudden cardiac arrest may not return to play until the athlete is evaluated by a licensed health care provider and receives written clearance to return to play from that health care provider. On a yearly basis, a Sudden Cardiac Arrest information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition.

Question: What is meant by "licensed health care provider?"

Answer: the "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

SOUTHERN SECTION CRITERIA FOR ENTRY INTO CIF REGIONAL VOLLEYBALL CHAMPIONSHIPS 2023-2024

The CIF Southern Section is allotted 14 entries into the State CIF Regional Boys Volleyball Tournament. The breakdown of those 14 entries are as follows:

Division 1: (6) Total Entries

The top two (2) teams that reach the finals of the Southern Section Division 1 playoffs will automatically qualify for the State CIF Regional Volleyball Tournament. The next four (4) teams selected will be the teams with the best pool play record (regardless of what pool they participated in) that did not reach the Southern Section final. More information will be available in the Playoff Bulletin later in the year.

Division 2 & 3: (4) Total Entries

Teams that reach the championship final will automatically advance to the State Regional Volleyball Tournament. If one of the finalists elects not to compete in the Regional event a school will be selected from the previous rounds. The highest seeded team that did not advance to the championship final will be asked followed by the next highest seeded team followed by the next, etc. until the entries are filled.

Division 4 – 7: (4) Total Entries

Only the Division Champion will automatically advance to the State Regional Volleyball Tournament. If the championship team elects not to compete in the Regional event the runner-up will be offered the entry.

If a team does wish to compete in the event, they must notify Mike Middlebrook via e-mail no later than Monday, May 8, 2024. mikem@cifss.org

The 14 teams that are submitted to the State Regional event will be listed and entered based on the division in which they competed in during the Southern Section Championships. For example, the Division 3 Runner-up will be submitted and entered for the Regional before the Division 5 Champion. Teams may be moved to a different State Regional Division than the one in which they competed in during the Southern Section playoffs. There are no enrollment parameters in any division. The State CIF Seeding Committee has the authority to adjust when necessary due to travel considerations or when a repeat match-up of a final or semi-final occurs, but every effort is made to keep the schools in the order they are submitted.

For seeding information and other potential adjustments please review the CIF State Boys Volleyball Handbook https://www.cifstate.org/sports/boys_volleyball/index

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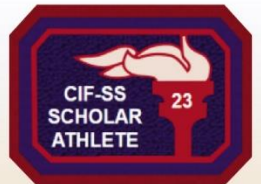
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