



2019-2020

**BOYS VOLLEYBALL
PREVIEW**

EXPLORER



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BOYS' VOLLEYBALL SEASON PREVIEW

DATE: JANUARY 2020
TO: CIF-SS BOYS' VOLLEYBALL COACHES
FROM: MIKE MIDDLEBROOK, ASSISTANT COMMISSIONER
RE: **2020 BOYS' VOLLEYBALL SEASON!**

WELCOME TO THE 2020 BOYS' VOLLEYBALL SEASON!

The Boys' Volleyball Preview Packet has been prepared to assist you in the organization of your school's Boys' Volleyball program. The enclosed is important information for preparation of the upcoming season. Please share this information with your assistant coaches.

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2020 ADVISORY COMMITTEE MEMBERS

Division 1/2

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*Seth Burnham, Thousand Oaks / Marmonte, sburnham@coneiousd.org
Michael Boehle, Loyola / Mission, mboehle@loyolahs.edu
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Charles Freberg, Arcadia / Pacific, chuckfreberg@gmail.com

Division 3

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Randy Bohlmann, Damien / Hacienda, rmbohlmann@aol.com
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Division 5

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Division 6

*Robert Gibbs, Southwestern Academy / International, rgibbs@southwesternacademy.edu
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Mary Starbuck, Katella / At-Large, bucky27hb@aol.com

* Denotes Division Rep

CIF Southern Section Championship Event Manager:

Naoto Tashiro, Naoto.Tashiro@gmail.com

SCVOA & CIF State Rules Interpreter:

Todd Frost, frostmay@sbcglobal.net

TOP TEN POLLS

Although every effort is made to be as accurate as possible the weekly Top Ten Poll selections are published to create interest in the sport and is dependent upon coaches' input. It is understood that this is a coaches' poll and that no students or parents are involved with the poll.

It is **IMPERATIVE** that COACHES contact the Boys' Volleyball Advisory Committee member in your division on a weekly basis regarding Top Ten Poll rankings if your team or a team in your league should be considered.

Polls will be published every Monday following the First Poll on cifss.org:

Watch List: February 17, 2020

First Poll: March 9, 2020

Final Poll: April 27, 2020

APPROVED SANCTIONED EVENTS

Please refer to the CIF Southern Section website (www.cifss.org) for the latest Sanctioned Events, as events are updated daily.

Sanctioned Events download directions:

click on **GOVERNANCE TAB**

click on **SANCTIONED EVENTS**

select **VOLLEYBALL, BOYS**

click **Search**

This page will display the most up to date information on:

Boys Volleyball Approved Sanctioned Events

CALENDAR DATES

FIRST CONTEST:

The initial date on which a school may schedule and conduct an interscholastic contest is:
SATURDAY, FEBRUARY 22, 2020.

SCRIMMAGES:

Maximum 2 scrimmages allowed.

Must be played on or after February 22, 2020 and before the first contest. Once the first official contest is played scrimmages are no longer allowed.

SIT OUT PERIOD (SOP) DATE:

March 28, 2020

*Note this date could be adjusted or different for each individual due to the date of enrollment a student transferred to your school. Check the "transfer decision" date for accurate information at www.cifss.org

LAST CONTEST:

All league competition must end on or before **THURSDAY, APRIL 29, 2020**. Schools may compete until May 2nd for non-league contests only. See Bylaw 3008 for end of competition guidelines.

MAXIMUM CONTACTS:

The allowable number of contests is:	28
The allowable number of tournaments is:	3
1 Day Tournament counts as:	(2) contacts
2 Day Tournament counts as:	(3) contacts
3 Day Tournament counts as:	(4) contacts

CIF SOUTHERN SECTION FORD BOYS' VOLLEYBALL CHAMPIONSHIP DATES:

PLAYOFF DATES (Div. 2-6):	May 2 (Wildcard), 5, 7, 9, 13
(Division 1):	May 5, 9, 12 or 13

CIF SS FINALS:	May 16, 2020
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STATE REGIONALS:	May 19-23, 2020
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“BE CIF PREPARED!”

SCHEDULES & SCORES:

Complete your schedule in CIFSSHome prior to your season as well as update scores following each contest

Attention Athletic Directors/Coaches: It is very important that you enter your entire season schedule into CIFSSHome (www.cifsshome.org) as well as update the scores immediately following your contests.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

-On the left panel, click on “Teams”, select “Boys’ Volleyball”

-To **Add a game**, click “Add Game” at the top right and fill out all of the required fields which are marked by a red (*) to complete your schedule.

-To **Submit your score**, click on the “Teams”, select “Boys’ Volleyball” scroll through your schedule and click on the green “Post Result” button.

-Make sure that your overall and team records are correct on your team page.

Check out the Help video under the Help button on the bottom left, “Be CIF Prepared!”

VARSITY TEAM INFORMATION (ROSTER):

Attention Athletic Directors/Coaches: It is very important that you enter your entire Boys’ Volleyball Varsity roster into CIFSSHome (www.cifsshome.org) no later than **Friday, April 24, 2020.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

-On the left panel, Click on the “Teams” tab, select “Boys’ Volleyball”

-Here are the instructions for using the sample file.

- Download the sample file **and** delete the “contents only”. Copy and paste or type your roster information into the file as the contents and save the file to your computer. You can only upload an excel file (xls) that is the exact same format as the sample file. Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.

Required Columns for Boys’ Volleyball are: First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility.

- Next - click Choose File, find your file, then click “Import Student”.

- To confirm your roster has been uploaded, your roster will be uploaded in the roster section and all of the required columns are filled out.

Check out the Help video under the Help tab on the bottom left, “Be CIF Prepared!”

VARSITY COACHES INFORMATION:

Attention Athletic Directors/Coaches: It is very important that you enter ALL your Boys’ Volleyball coaches (Head & Assistants) into CIFSSHome (www.cifsshome.org) no later than **Friday, April 24, 2020.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

-Click on the “Teams” tab on the left navigation bar. Click on the corresponding varsity team (Boys’ Volleyball).

-Click on “Add/Edit Coaches”, select the information to add both your HEAD & ASSISTANT coaches

Check out the Help video under the Help tab on the bottom left, “Be CIF Prepared!”

VARSITY TEAM PHOTO:

Attention Athletic Directors/Coaches: It is very important that your Boys’ Volleyball Varsity Team Photo is uploaded to CIFSSHome (www.cifsshome.org) no later than **Friday, April 24, 2020.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

-On the left panel, click **Teams** tab on the left navigation bar. Click on the corresponding varsity team (Boys’ Volleyball).

-Under Team Picture, click Add/Edit picture, click Browse, find your file and click “Upload Picture” – Team Photo can be no larger than 672 pixels x 480 pixels (7”x5”)

Check out the Help video under the Help tab on the bottom left, “Be CIF Prepared!”

AT LARGE APPLICATION – MUST HAVE .500 RECORD OR BETTER:

The At-Large application is to be submitted by your school no later than **Tuesday, April 28, 2020.**

Once you are logged in:

-On the left side panel, click on “At-Large Petition”

-Select “Boys’ Volleyball” then click “Add”

Your 2020 schedule must be complete and updated with all results in CIFSSHome as this is the ONLY location where the information for the At-Large Petition will be created.



OFFICIAL BALL PROGRAM – MANDATORY USE IN PLAYOFFS 2019-2020

Official Ball per sport:

- Baseball: **Rawlings CIF-SS** Must be CIFSS stamped ball; not an alternative Rawlings ball
 Rawlings RCIF-SS Must be CIFSS stamped ball; not an alternative Rawlings ball
- Boys Basketball: **Spalding TF1000 NFHS Classic NFHS**
 Spalding TF1000 Legacy NFHS
 Spalding TF-1000 Platinum ZK NFHS 29.5 *(Used in the CIF-SS Championship game)*
- Girls Basketball: **Spalding TF1000 NFHS Classic 28.5 NFHS**
 Spalding TF1000 Legacy 28.5 NFHS
 Spalding TF-1000 Platinum ZK NFHS 28.5 *(Used in the CIF-SS Championship game)*
- Football: **Spalding ball with NFHS** any Spalding model with NFHS stamp
 Spalding Alpha ball with NFHS *(Used in the CIF-SS Championship game)*
- Soccer: **Spalding TF-SC5 NFHS** for both boys and girls use.
 Spalding TF-SC3 NFHS for both boys and girls use.
 Spalding TF5000 NFHS for both boys and girls use.
- Softball: **Dudley CFP12Y NFHS** *(Used in the CIF-SS Championship game)*
- Tennis: **Penn ATP World Tour** *(Used in the CIF-SS Championship game)*
 Pro Penn Marathon
- Volleyball: **Spalding with NFHS stamp: TF-VB5, TF-VB3**
- Boys Water Polo: **KAP7 model 105 with NFHS stamp** *(Used in the CIF-SS Championship game)*
- Girls Water Polo: **KAP7 model 104 with NFHS stamp** *(Used in the CIF-SS Championship game)*

All playoff ball adoptions agreements with the CIF Southern Section now run through June 30, 2021

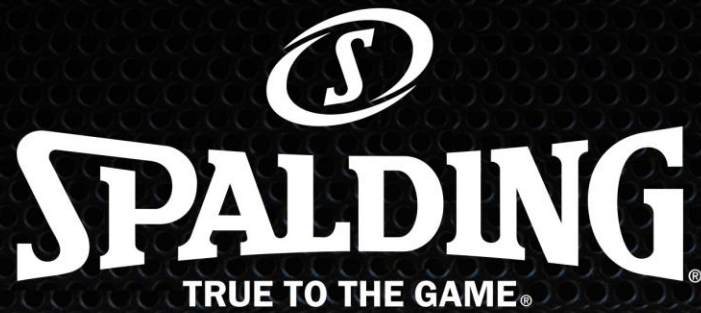
Mandatory Playoff Use Requirement:

The mandatory “official” ball rule for all playoff rounds, excluding golf. The rule applies throughout the conduct of **all** CIF-SS **playoff** contests.

Playoff Ball Use Rule Enforcement:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty will carry over to the next season if not enforceable this season due to elimination.

Note: NFHS stamp is required in all sports except in golf and tennis.



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NFHS Volleyball Rules Changes - 2019-20

May 01, 2019

2-2-2, 2-3j (NEW), 2-4-1e(NEW), 2-4 PENALTIES 3 (NEW), 9-8-1i: When the ball strikes the cables and/or the diagonal poles used to retract ceiling suspended net systems the referee will stop play and determine if the ball was playable. The referee will signal out-of-bounds or replay.

Rationale: Establishes the cables and diagonal poles used to retract suspended net systems as restricted play and aligns officials' treatment of a ball striking either the cables and/or the diagonal poles.

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW): Eliminates the solid-colored uniform requirements, establishes that the libero uniform must clearly contrast with his/her teammates' uniforms and reorganizes the legal uniform rule.

Rationale: Clarifies the requirements for all legal uniforms and simplifies the requirements for the contrasting libero uniform maintaining the compliance of all currently compliant team and libero uniform jerseys.

4-2-4b: Eliminates the use of double zero (00) as a uniform number option.

Rationale: Eliminates confusion surrounding the signaling of "00" and "0".

4-2-4c: Beginning with the 2023 season the body of the uniform number must clearly contrast with the uniform top regardless of borders. This will eliminate the allowance of borders to provide contrast between the number and the uniform number.

Rationale: Allows officials and scorers to easily identify uniform numbers.

5-5-1b; 5-6-1b; 7-1-1a; 7-1 PENALTIES 1; 7-1-2; 7-1-4; 7-1-4 PENALTIES 1, 2: Requires the second referee to collect team rosters at the prematch conference while allowing changes to be made until 10 minutes remain on the pregame clock and establishes lineups to be submitted to the second referee before each set.

Rationale: Eliminates warmup interruptions by officials requesting rosters with 10 minutes remaining on the warmup clock, allowing for a smoother warmup process for coaches, players, officials and scorers.

5-9-2a NOTE: Establishes that the line judge shall take their position and move in line with the extension of the end line when the ball is being served near the line judge's position replacing the old technique to move directly back in line with the sideline.

Rationale: Allows the line judge to watch for foot contact with the end line and move quickly back for a view of the sideline. This is a more appropriate position and transition for line judges.

8-1-6, 8-2-5g (NEW), 8-2-6d: Establishes that the ball remains dead when tossed for serve and it touches any part of the backboard or supports hanging in a vertical position over the serving area and is an illegal serve (Signal 13) and not a service fault.

Rationale: Accurately reflects the action since the ball is not contacted for serve.

2019-20 VOLLEYBALL MAJOR EDITORIAL CHANGES

2-1-5: Clarifies that the attack line shall be measured from the edge of the attack line farthest from the center line to the axis of the center line.

4-2-7: Clarifies the penalty for the removal of any part of the uniform top or bottom as a yellow card charged to the coach for unsporting conduct.

5-5-3b(26): Provides additional instructions for the second referee when conducting the coin toss prior to the deciding set by requiring the second referee to communicate with the first referee the serving team and the proper team benches.

8-1-6, 8-2-5g: Establishes the proper signal for a tossed ball that contacts a backboard or its supports hanging in a vertical position over the serving area is officials signal 13.

NFHS Official Signals Chart:

Removes signal 7 “Legal Back-Row Attack” from the chart and establishes the signal as an informal officials’ signal in the NFHS Officials Manual renumbering remaining signals.

2019-20 Volleyball Editorial Changes

2-4-1b; 5-2-1b; 10-2 PENALTIES 2; 11-4-2; 12-2 PENALTIES 1a, b; Scoring Section; Officials Signals 19A

2019-20 Volleyball Points of Emphasis

1. Informal Officials Signals
2. Ball-handling
3. Side Folding Retractable Backboards

NATIONAL FEDERATION OF STATE
HIGH SCHOOL ASSOCIATIONS



NEWS RELEASE

**2019-20 High School Volleyball Rules Changes
Impact Uniforms, Prematch Protocol**

FOR IMMEDIATE RELEASE

Contact: Lindsey Atkinson

INDIANAPOLIS, IN (January 23, 2020) — An overhaul of uniform-related rules and an adjustment to team roster submissions were among the most notable rules changes identified for the 2019-20 high school volleyball season.

All rules changes were recommended by the National Federation of State High School Associations (NFHS) Volleyball Rules Committee at its January 6-8 meeting in Indianapolis and subsequently approved by the NFHS Board of Directors.

“The sport of volleyball continues to be in a really good place,” said Lindsey Atkinson, NFHS director of sports and liaison to the Volleyball Rules Committee. “The rules committee focused its changes this year on improving the administration of the match by taking into account the feedback it received via the 2018 NFHS Volleyball Rules Questionnaire.”

The changes in uniform rules are a part of Rule 4-2, which reorganizes the uniform rule to improve understanding and eliminate solid-colored uniform requirements.

Rule 4-2-1, which permits teammates to wear like-colored uniform pieces, was expanded to include all uniforms and involves nine guidelines.

Rule 4-2-1a states that all uniform tops (with the exception of the libero, as noted in Rule 4-2-2) and bottoms shall be like-colored. Rule 4-2-1e permits the top and/or bottom of all

uniforms to include the school's name, nickname, logo, mascot and/or team member's name. In doing so, a single mascot reference and/or school name may be placed on the sleeve(s), and shall not exceed either 4 inches by 4 inches or 3 inches by 5 inches.

"The rules committee was very deliberate and measured in their language choices to ensure that all currently compliant libero and team uniforms will be compliant under the new rule," Atkinson said. "The committee believes that this new rule will, in fact, be easier to apply and require less policing by both officials and state associations."

In Rule 4-2-2, the libero's uniform must clearly contrast from the predominant color(s) of the team uniform top, excluding trim. The libero's uniform top cannot be made up solely of the same predominant color(s) of the team's uniform top, even if the like color(s) are placed differently on the uniform top. Furthermore, numbers shall meet all specifications in Rule 4-2-4, which removes the option for players to wear No. 00 to eliminate confusion surrounding the signaling of the number.

Beginning July 1, 2023, a plain, Arabic numeral of a solid, clearly contrasting color from the body of the uniform will be required. The change eliminates the use of a border to create the number contrast, therefore, allowing officials and scorers to easily identify uniforms numbers while aligning the rule with that of other rules codes.

In dealing with the submission of team rosters, sections of Rules 5-7 were modified to eliminate warmup interruptions by officials requesting rosters with 10 minutes remaining on the warmup clock. The change creates a smoother warmup process for coaches, players and officials.

Rules 5-5-1b, 5-6-1b and 7-1-1a clarified the specific duties of the second referee, official scorer and coach during the prematch setting. Before the match, the second referee shall assist the first referee by collecting each team roster during the timed prematch conference and supervise the placement of the officials' table and team benches.

As part of Rule 5-6-1b, the official scorer shall now also receive each team's roster from the second referee at the conclusion of the prematch conference. In Rule 7-1-1a, a coach from each team shall submit in writing to the second referee an accurate roster with names and

uniform numbers of all players during the timed prematch conference. Roster changes may be made until 10 minutes remain on the pregame clock.

“The logistical change of when, and to whom, the roster shall be submitted was again the result of questionnaire feedback,” Atkinson said. “In an effort to improve the flow of the prematch requirements, the committee felt that the submission of the roster as a part of the prematch conference, with the ability to make changes until 10 minutes remaining on the clock, allowed for a more efficient process and alleviated the scorer of the responsibility to collect team rosters.”

The committee made additional changes that impact officials, including aligning rules regarding the treatment by officials of a ball striking either the cables and/or the diagonal poles used to retract ceiling-suspended net systems. This change in Rules 2-3j, 2-4-1e and 2-4 PENALTY 3 treats cables and diagonal poles as restricted play at which time officials must determine if the ball was playable. The committee’s change to Rule 5-9-2 NOTE places the line judge in a more appropriate position to watch for foot contact with the end line, as well as allowing him or her to quickly transition back into position for a view of the sideline.

The final change involved the removal of Rule 8-2-6d and adoption of new Rule 8-2-5g, which establishes that a serve is illegal, and the ball remains dead, if the server tosses the ball for serve and the ball touches any part of a backboard or its supports hanging in a vertical position over the serving area and not a service fault.

A complete listing of the volleyball rules changes will be available on the NFHS website at www.nfhs.org. Click on “Activities & Sports” at the top of the home page and select “Volleyball.”

According to the 2017-18 NFHS High School Athletics Participation Survey, volleyball is the second-most popular sports for girls (trailing track and field) with 446,583 participants in 16,434 schools nationwide. In addition, there are 60,976 boys participating in the sport at 2,472 schools, and 24 states conduct state championships in boys volleyball.

This press release was written by Cody Porter, a graphic arts/communications assistant in the NFHS Publications/Communications Department.

BLUE BOOK RULES 2019-2020 – GENERAL

Following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2019-2020 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas.

201. STANDARDS OF ELIGIBILITY

<https://cifss.org/resources/blue-book/60/>

210. PHYSICAL ASSAULT

<https://cifss.org/resources/blue-book/89/>

212. AMATEUR STATUS

<https://cifss.org/resources/blue-book/90/>

220. BASIC ELIGIBILITY REQUIREMENTS FOR PARTICIPATION

<https://cifss.org/resources/blue-book/93/>

500. AUTHORIZED PARTICIPATION

<https://cifss.org/resources/blue-book/98/>

503.G ADMINISTRATIVE OVERSIGHT / PHYSICAL EXAMINATION

<https://cifss.org/resources/blue-book/103/>

503.H ADMINISTRATIVE OVERSIGHT / CONCUSSION PROTOCOL

<https://cifss.org/resources/blue-book/104/>

506. PRACTICE ALLOWANCE

<https://cifss.org/resources/blue-book/107/>

600. COMPETITION ON AN OUTSIDE TEAM

<https://cifss.org/resources/blue-book/115/>

3300. PLAYOFFS

<https://cifss.org/resources/blue-book/249/>

Additional playoff information will be available in March in the Boys' Volleyball Playoff Bulletin. This bulletin will contain details on when the draws will be available, financial regulations, reporting of match results, game time and date change protocol, etc.

3315. NOISEMAKERS PROHIBITED

<https://cifss.org/resources/blue-book/252/>

BLUE BOOK RULES 2019-2020 – VOLLEYBALL

Following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2019-2020 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas for volleyball.

3000. RALLY SCORING

<https://cifss.org/resources/blue-book/227/>

3001. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

<https://cifss.org/resources/blue-book/227/>

3004. SCRIMMAGES

<https://cifss.org/resources/blue-book/227/>

3005. TOURNAMENTS

<https://cifss.org/resources/blue-book/227/>

3006. STARTING DATES FOR INTERSCHOLASTIC CONTESTS

<https://cifss.org/resources/blue-book/228/>

3008. END OF COMPETITION

<https://cifss.org/resources/blue-book/228/>

3010. OUTSIDE COMPETITION BY AN INDIVIDUAL

<https://cifss.org/resources/blue-book/229/>

3017. SUNDAY RESTRICTION

<https://cifss.org/resources/blue-book/230/>

3018. PLAYER CONDUCT

<https://cifss.org/resources/blue-book/230/>

3019. COACH EJECTION

<https://cifss.org/resources/blue-book/231/>

3021. PLAYOFFS

<https://cifss.org/resources/blue-book/231/>

BOYS VOLLEYBALL 2019-2020 LEAGUES/SCHOOLS/DIVISIONS

updated: 1/16/2020

ENT	LEAGUE	DIV	ENT	LEAGUE	DIV	ENT	LEAGUE	DIV	ENT	LEAGUE	DIV
3	SOS		3	CHANNEL		3	DEL REY		3	GOLD COAST	
	Artesia	6		Cabrillo/Lompoc	5		Bishop Amat	5		Brentwood	5
	Cerritos	3		Dos Pueblos	3		Bishop Montgomery	3		Campbell Hall	3
	Glenn	6		San Marcos	1/2		Cathedral	4		Crossroads	4
	Oxford Academy	5		Santa Barbara	1/2		Salesian	5		Paraclete	4
	Pioneer	6		Santa Ynez	4		St. Anthony	1/2		Viewpoint	5
	Whitney	5								Windward	3
2	ACADEMY		3	CITRUS BELT		3	DEL RIO		4	GOLDEN	
	Avalon	6		Carter	5		California	4		Antelope Valley	5
	Capistrano Vly Chr	6		Citrus Valley	5		El Rancho	4		Eastside	5
	Samueli Academy	6		Redlands	4		La Serna	3		Highland	5
	Webb	5		Redlands East Vly	5		Santa Fe	5		Knight, Pete	5
				Yucaipa	4		Whittier	6		Lancaster	5
3	ALMONT		3	CITRUS COAST		3	EMPIRE			Littlerock	6
	Alhambra	6		Carpinteria	5		Crescent Lutheran	5		Palmdale	5
	Bell Gardens	4		Fillmore	TBD		Cypress	3		Quartz Hill	1/2
	Mark Keppel	4		Hueneme	4		Kennedy/La Palma	1/2			
	Montebello	4		Malibu	6		Pacific/GG	5	3	GOLDEN WEST	
	San Gabriel	4		Nordhoff	5		Tustin	3		Garden Grove	4
	Schurr	6					Valencia/Placentia	5		Godinez	4
3	AMBASSADOR		3	COAST VALLEY		3	EXPRESS			Ocean View	4
	Arrowhead Chr Acad	4		Coast Union	6		Bethel Baptist	6		Segerstrom	5
	Loma Linda Acad	5		Coastal Christian	6		Brethren Christian	6		Western	6
	Ontario Christian	4		San Luis Obispo Acad	6		Emerson Honors	6		Westminster	4
	Western Christian	5		Shandon	6		Fairmont Prep	6	3	HACIENDA	
	Woodcrest Chr	6		Valley Chr/SM	TBD		Liberty Christian	6		Claremont	4
3	BAY		2	COASTAL			Orange County Chr	TBD		Damien	3
	Leuzinger	TBD		California Acad M/S	6	3	FOOTHILL			Diamond Ranch	4
	Mira Costa	1/2		Hawthorne MSA	6		Canyon/CC	5		Los Altos/HH	1/2
	Palos Verdes	1/2		Vistamar	5		Golden Valley	5		West Covina	6
	Peninsula	1/2		Wildwood	6		Hart	1/2	2	HARBOR	
	Redondo Union	1/2					Saugus	4		Firebaugh	6
3	BIG VIII		3	COASTAL CANYON			Valencia/Valencia	1/2		Renaissance Acad	TBD
	Centennial/Corona	4		Agoura	TBD		West Ranch	1/2		Ribet Academy	TBD
	Corona	5		Camarillo	3	3	FREEWAY			San Gabriel Acad	4
	King, Martin Luther	5		Moorpark	5		Buena Park	TBD	3	INTERNATIONAL	
	Norco	4		Oak Park	1/2		Fullerton	TBD		Intl School of LA	6
	Roosevelt, Eleanor	3		Royal	3		La Habra	TBD		Le Lycee	6
	Santiago/Corona	4		Simi Valley	3		Sonoma	TBD		New Covenant Acad	6
3	CAMINO REAL		2	CONDOR			Sunny Hills	TBD		Southwestern Acad	6
	Don Bosco Tech	5		Besant Hill	TBD		Troy	TBD		Waverly	6
	La Salle	3		Dunn	6	3	GARDEN GROVE		3	IVY	
	St. Genevieve	5		Garden St Acad	6		Bolsa Grande	3		Elsinore	5
	St. Monica Catholic	5		Midland	6		La Quinta/W	5		Heritage	6
	St. Paul	6	2	CRESTVIEW			Loara	4		Palomar Valley	3
				Canyon/Anaheim	3		Los Amigos	6		Perris	3
				El Dorado	4		Rancho Alamitos	5		Poly/Riverside	5
				Esperanza	1/2		Santiago/GG	TBD			
				Yorba Linda	3						

ENT	LEAGUE	DIV	ENT	LEAGUE	DIV	ENT	LEAGUE	DIV	ENT	LEAGUE	DIV
5	LIBERTY		4	MULHOLLAND		4	PACIFIC		3	SAN ANDREAS	
	AGBU/Canoga Park	6		Ambassador	6		Arcadia	1/2		Eisenhower	5
	de Toledo	6		Animo Leadership	6		Burbank	4		Public Safety Acad	6
	Glendale Adventist	6		Environ. Charter	6		Burroughs/Burbank	1/2		Rialto	5
	Holy Martyrs	6		Pacific Lutheran	5		Crescenta Valley	3		Rim of the World	6
	Milken Community	5		Shalhevet	6		Glendale	5		San Geronio	6
	Oakwood	5		Summit View West	6		Hoover	5			
	Pacifica Chr/SM	3		Wiseburn Da Vinci	6		Pasadena	5			
	Pilbos	6									
	Yeshiva (YULA)	TBD	2	NORTH HILLS		3	PACIFIC COAST				
3	MARMONTE			Brea Olinda	5		Beckman, Arnold	1/2		Dominguez	6
	Calabasas	3		El Modena	3		Irvine	3		Downey	1/2
	Newbury Park	1/2		Foothill/Santa Ana	3		Northwood	3		Gahr	4
	Oaks Christian	5		Villa Park	4		Portola	TBD		Lynwood	6
	Thousand Oaks	1/2					University	3		Paramount	4
	Westlake	3	3	OCEAN			Woodbridge	3		Warren	4
				Beverly Hills	5						
3	MIRAMONTE			Culver City	5	3	PACIFIC VIEW				
	Don Lugo	6		El Segundo	3		Buena	4		Orangetown Acad	5
	Edgewood	6		Hawthorne	5		Channel Islands	3		Pacifica Chr/OC	4
	Ganesha	5		Lawndale	5		Oxnard	3		Saddleback Vly Chr	1/2
	Garay	5		Santa Monica	3		Pacifica/Oxnard	5		Sage Hill	4
	Pomona	6					Rio Mesa	3		St. Margarets Episc	3
	Sierra Vista	6	3	OLYMPIC			Ventura	4	2	SANTA FE	
				Heritage Christian	5					Centwell-Sacred Hrt	6
4	MISSION			Maranatha	6	3	PIONEER			Mary Star of the Sea	6
	Alemany	1/2		Valley Chr/Cer	4		Inglewood	6		St. Bernard	6
	Chaminade	4		Village Christian	5		Morningside	5		St Pius X - St Matthias	6
	Crespi	4		Whittier Christian	5		North Torrance	4			
	Harvard-Westlake	3					South Torrance	1/2	3	SEA VIEW	
	Loyola	1/2	2	OMEGA			Torrance	4		Capistrano Valley	1/2
	Notre Dame/SO	3		AGBU/Pasadena	TBD		Torrance	4		El Toro	3
	St. Francis	3		Highland Hall	6		West Torrance	4		Laguna Hills	4
				Pilgrim	6	3	PREP			Mission Viejo	1/2
4	MOORE			Westmark	6		Chadwick	5		San Juan Hills	1/2
	Cabrillo/Long Bch	5					Flintridge Prep	3			
	Compton	5	3	ORANGE			Poly/Pasadena	5	3	SOUTH COAST	
	Jordan	4		Anaheim	4		Providence/Burbank	4		Aliso Niguel	3
	Lakewood	1/2		Century	5		Rio Hondo Prep	6		Dana Hills	1/2
	Milikan	3		Katella	4					San Clemente	1/2
	Poly/Long Beach	3		Magnolia	5	3	RIO HONDO			Tesoro	1/2
	Wilson/Long Beach	3		Santa Ana Valley	5		Gabrielino	5		Trabuco Hills	3
				Savanna	4		La Canada	5			
3	MOUNTAIN PASS						Monrovia	6	3	SOUTH VALLEY	
	Beaumont	5	3	ORANGE COAST			San Marino	4		California Military	6
	Hemet	4		Calvary Chapel/SA	4		South Pasadena	3		Nuvview Bridge	6
	San Jacinto	5		Costa Mesa	6		Temple City	4		San Jacinto Vly Acad	6
	Tahquitz	4		Estancia	6					Santa Rosa Acad	6
	West Valley	5		Orange	6					Temecula Prep	6
	Xavier Prep	6		Saddleback	6	3	RIVER VALLEY				
				Santa Ana	5		Banning	6			
3	MOUNTAIN VALLEY						Hillcrest	4			
	Indian Springs	5					La Sierra	4			
	Miller, A.B.	6					Norte Vista	TBD	3	SOUTHWESTERN	
	Moreno Valley	6					Ramona	6		Chaparral	5
	Rubidoux	6								Great Oak	3
	San Bernardino	TBD								Murrieta Mesa	6
	Vista Del Lago/MV	6								Murrieta Valley	3
										Temecula Valley	4
										Vista Murrieta	4

ENT	LEAGUE	DIV
2	SUBURBAN	
	Bellflower	5
	La Mirada	6
	Mayfair	6
	Norwalk	4
4	SUNBELT	
	Arlington	6
	Canyon Springs	6
	Lakeside/Lk Elsinore	6
	North, J.W.	6
	Orange Vista	TBD
	Temescal Canyon	TBD
	Valley View	6
2	SURE	
	Corona del Mar	1/2
	Huntington Beach	1/2
	Laguna Beach	1/2
	Newport Harbor	1/2
3	TRINITY	
	JSerra Catholic	3
	Lutheran/Orange	1/2
	Mater Dei	1/2
	Santa Margarita	1/2
	Servite	1/2
	St. John Bosco	3
3	TRI-VALLEY	
	Bishop Diego	5
	Cate	4
	Foothill Technology	3
	Laguna Blanca	4
	Providence/SB	6
	Santa Clara	5
2	WAVE	
	Edison	1/2
	Fountain Valley	3
	Los Alamitos	1/2
	Marina	4

Freelance	DIV
Cathedral City	6
Centennial/Compton	TBD
Desert Chr/Lanc	TBD
Rancho Christian	6
Palmdale Aerospace	6
Vasquez	6

Does Not Field
Excelsior Charter
Price
Renaissance



TO: Athletic Directors and Boys Volleyball Coaches
FROM: Mike Middlebrook, Assistant Commissioner
DATE: October 1, 2018 - Revised
RE: SAND VOLLEYBALL PARTICIPATION

As a reminder, student-athlete participation in Sand Volleyball (traditionally 2 v. 2 and including 3 v. 3 and/or 4 v. 4 competitions) during the season of sport is permitted as Sand Volleyball in its traditional format and is not considered the same sport as Indoor Volleyball.

Any indoor competition that involves more than half of the traditional 6 v. 6 that takes place during the season of sport (Fall: August 17, 2019 / Spring: February 22, 2020), would result in a violation of CIF Bylaw 600; competition on an “outside” team during the high school season of sport.

Any student-athlete violating Bylaw 600 will be subject to the penalties outlined in Bylaw 601. I have also included Bylaw 3010 which specifically addresses outside competition in the sport of volleyball for your records.

600. COMPETITION ON AN OUTSIDE TEAM

A student on a high school team becomes ineligible if the student competes in a contest on an “outside” team, in the same sport, during the student’s high school season of sport. (See Bylaw 504) The following exceptions apply:

A. If the outside team has half or more of the team members as stated in the National Federation rule book for that sport, it shall be considered the same sport. Examples: three on three basketball — outside team competition prohibited; two on two volleyball — outside team competition permitted.

601. PENALTIES FOR VIOLATION OF BYLAW 600

A. Individual

(1) First Offense in High School Career in Any Sport

The student becomes immediately ineligible for participation with his/her high school team for a number of contests equal to twice the number of contests of outside competition in which the student participated.

(2) Any Subsequent Offense in High School Career in Any Sport

The student becomes immediately ineligible for one year (365 days) from the second infraction in all sports.

(3) Appeals

Upon written appeal to the Section commissioner, the student may petition his/her Section for reinstatement of his/her eligibility status.

3010. OUTSIDE COMPETITION BY AN INDIVIDUAL

During Individual’s Season of Sport - A member of a high school volleyball team may not, during his or her season of sport, *compete* for an outside team in the sport of volleyball. This shall include any form of tryouts or player evaluations, occurring during the high school season of sport with a team, program, club, or any other outside organization other than the student-athlete’s high school team. Any such event is considered a violation of this Bylaw. A student shall become ineligible for CIF competition *in the sport of volleyball* if he/she participates in any tryout *or player evaluation* for a team, program, club, or any other outside organization. A season of sport (See Bylaw 504) is defined as that period which begins with a student’s first interscholastic competition (non-league, tournament or league game) and ends with that student’s last interscholastic contest (non-league, tournament, league or CIF Southern Section playoff).

QUESTION:	Can a member of a volleyball team participate in organized “two player” volleyball competition during his or her high school season of sport?
ANSWER:	Yes - Any volleyball player who participates in organized “two player” volleyball competition during his or her high school season of sport would not be in violation of the “outside competition” Bylaw 600.

Thank you in advance for your compliance with this issue. Good luck this season!
Mike Middlebrook, CIF-SS Assistant Commissioner, Volleyball

Volleyball Sample Line Up Sheet:

Team: Centerville HS Comets Game 1
Libero: 2 (Check one) Serve _____ Receive _____

Serve Order	Player Number
<u>I</u>	<u>4</u>
<u>II</u>	<u>6</u>
<u>III</u>	<u>8 C</u>
<u>IV</u>	<u>3</u>
<u>V</u>	<u>5</u>
<u>VI</u>	<u>7</u>

Volleyball Score Sheet:

Download from the CIF-Southern Section website at www.cifss.org or click here (<https://cifss.org/sport-news/volleyball-score-sheet/>)

CIF State Rule Webinar 2019-2020:

<https://cifss.org/sports/girls-volleyball/>

Volleyball Scorekeeping 101:

Download from the CIF-Southern Section website at www.cifss.org or click here (<https://cifss.org/sport-news/volleyball-scoring-presentation/>)

For Sanctioned Events go to www.cifss.org

1. Click on Governance
2. Click Sanctioned Events
3. Select Volleyball, Girls
4. Click Search
5. To find a specific event, enter information in Keywords
6. Click Search

2019-2020 BOYS VOLLEYBALL TOP TEN PREVIEW QUESTIONNAIRE

SCHOOL _____ LOCATION (CITY) _____

LEAGUE _____ DIVISION _____

HEAD COACH _____ YRS. AS HEAD COACH AT SCHOOL _____

HEAD COACH E-MAIL _____

2019-20 VARSITY RESULTS:

OVERALL RECORD _____ LEAGUE RECORD _____ LEAGUE PLACE _____

OF RETURNING VAR. PLAYERS: _____ # OF RETURNING VAR. STARTERS _____

TOP RETURNEES:

NAME	POS.	HT.	YR.	HONORS
------	------	-----	-----	--------

_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

TOP NEWCOMERS:

NAME	POS.	HT.	YR.
------	------	-----	-----

_____	_____	_____	_____
_____	_____	_____	_____

***IMPORTANT* PREDICTED FINISH OF TEAMS IN YOUR LEAGUE (INCLUDE YOUR TEAM):**

1. _____ 2. _____ 3. _____ 4. _____

5. _____ 6. _____ 7. _____ 8. _____

TOURNAMENTS (entered for the 2019-20 season):

RETURN IMMEDIATELY TO:

2019 BOYS VOLLEYBALL ADVISORY DIVISIONAL REPRESENTATIVE (PG. 4)



TO: CIF-SS BOYS' VARSITY VOLLEYBALL COACHES
FROM: THOM SIMMONS, DIRECTOR OF SPORTS INFORMATION
RE: VOLLEYBALL RECORD UPDATE

In an effort to update the CIF Southern Section volleyball records, the CIF-SS Publicity Department is asking for your assistance.

Listed below are minimum standards for established record categories. If your team has met or exceeded any of the following standards, or if any of your PAST teams qualify, please submit the information on the attached form. Be sure to include all pertinent information (noted in parenthesis) for each record submitted.

Records MUST be submitted on the official form provided. Records submitted on any other form will not be accepted. They must also be TYPED, SIGNED, and submitted with proper DOCUMENTATION (See attached form). Playoff contests will count toward cumulative statistical totals.

TEAM RECORDS

Most Kills – Season (Year).....	n/r
Most Kills – Game (Opponent, Year).....	n/r
Most Blocks – Season (Year).....	n/r
Most Blocks – Game (Opponent, Year).....	n/r
Most Digs – Season (Year).....	n/r
Most Digs – Game (Opponent, Year).....	n/r
Longest Winning Streak (Years).....	22 matches
Longest League Winning Streak (Years).....	68 matches
Consecutive League Championships (Years, League).....	11
Consecutive CIF-SS Championships (Year, League).....	3

INDIVIDUAL RECORDS

Most Kills – Career (Years).....	n/r
Most Kills – Season (Year).....	n/r
Most Kills – Game (Opponent, Year).....	n/r
Most Blocks – Career (Years).....	n/r
Most Blocks – Season (Year).....	n/r
Most Blocks – Game (Opponent, Year).....	n/r
Most Digs – Career (Years).....	n/r
Most Digs – Season (Years).....	n/r
Most Digs – Game (Opponent, Years).....	n/r

PLEASE NOTICE: Individual career records should not be reported until the student has completed high school eligibility in this sport. Thank you.

n/r = new record

2/2006

RETURN TO:

**Media Dept.
10932 Pine Street
Los Alamitos, CA 90720**

PRESS GUIDE & RECORD BOOK REPORTING FORM
MUST BE TYPEWRITTEN

SPORT _____ SCHOOL _____

RECORD(S) SUBMITTED BY _____

TITLE OF PERSON SUBMITTING _____

TEAM RECORDS

Mark Category (Season/Game) Year/Opponent

INDIVIDUAL RECORDS

Mark Category (Career/Season/Game) Player Year/Opponent

Records must be submitted with documentation. Schools are required to submit one of the following two items in addition to the completion of all information on this form for consideration.

1. A newspaper account of the record-breaking performance. Clipping must contain date and name of newspaper.
2. A letter from the school's principal indicating the record, the date of the event and signed by a witness who observed the record-breaking performance.

SIGNATURE OF APPLICANT _____ **DATE** _____

ALL CIF-SS 2020 NOMINATION FORM

ATTENTION: BOYS' VOLLEYBALL HEAD COACHES

REFERENCE: ALL-CIF 2020 SOUTHERN SECTION SELECTIONS

INSTRUCTIONS:

All head coaches are asked to submit their nominations and any additional pertinent information to one of the committee members listed below.

If the head coach does not submit a students name they may not be recognized for their outstanding accomplishments. If the nomination form is not return by the due date the nomination **will not be accepted**.

Please **RETURN** the questionnaire **NO LATER THAN MAY 18, 2020**.

Division	Member/E-mail	High School	League
1	Matt Marrujo mmarrujo@servitehs.org	Servite	Trinity
2	Seth Burnham sburnham@conejousd.org	Thousand Oaks	Marmonte
3	Pat Casey patrick.casey@ouhad.k12.ca.us	Oxnard	Pacific View
4	Frankie Perales frankiep22c@aol.com	Garden Grove	Golden West
5	Joe Schnake joeschnake@gmail.com	At-Large	
6	Robert Gibbs rgibbs@southwesternacademy.edu	Southwestern	International

THANK YOU FOR YOUR TIME IN ADVANCE

If you have any questions or concerns, please do not hesitate to call the
CIF Southern Section Office: 562-493-9500.



ALL-CIF SOUTHERN SECTION BOYS' VOLLEYBALL 2020 NOMINATION FORM

Head Coach: We would appreciate your prompt cooperation in returning your nomination form to us, noting your: Team Selections, outstanding performers from your team, League Selections, outstanding performers from your League, and outstanding performers outside your division. As well as your Division Player and Coach of the Year. Forward your All League First Team List if available. If this form is not turned in, your players may not be recognized.

Please return this Nomination Form to us NO LATER THAN MAY 18, 2020

Your input is very valuable. All coaches are asked to fill out all or part of this form and return by the deadline

Your High School: _____ Division: _____ League: _____
 Head Coach: _____ Team Record: _____
 Head Coach Cell #: _____ League Finish: _____

RECOMMENDED PLAYERS FROM YOUR TEAM. IN ORDER OF ABILITY

PLAYERS' NAME	NUMBER	GRADE	POSITION	AWARDS
1				
2				
3				
4				

RECOMMENDED PLAYERS FROM YOUR DIVISION ONLY. IN ORDER OF ABILITY

PLAYERS' NAME	NUMBER	GRADE	POSITION	SCHOOL
1				
2				
3				
4				
5				
6				

YOUR LEAGUE PLAYER OF THE YEAR _____

School _____

If selected by due date, please send First Team All League Information with this form.

RECOMMENDED PLAYERS FROM OUTSIDE YOUR DIVISION. IN ORDER OF ABILITY

PLAYERS' NAME	NUMBER	GRADE	POSITION	SCHOOL	DIVISION
1					
2					
3					
4					

RECOMMENDED DIVISION PLAYER OF THE YEAR _____

School _____

RECOMMENDED DIVISION COACH OF THE YEAR _____

School _____

Return to Appropriate Division Rep. before May 18, 2020.

HEALTH AND SAFETY

It is the expectation of the CIF Southern Section that your Athletic Coaches and Administration will take every measure to ensure the health and safety of your student athletes.

The following are key points of emphasis coaches should review with their staff and players in reference to CIF Southern Section rules and regulations in the 2019-2020 CIF Southern Section Blue Book. This list is not all-inclusive but only highlights key areas. For necessary forms and additional information regarding Heat Safety, Hydration and other Sports Medicine resources, please go to www.cifss.org and click on the "Sports Medicine" tab on the blue toolbar.

Additional resources can be found at www.cifstate.org under the "Sports Medicine" tab on the white toolbar

PHYSICAL EXAMINATION

An annual physical examination, or a statement by a medical practitioner, is required for a student to take part in any authorized school practice session and/or pre-season conditioning period. This physical examination will be valid for a period of one year from the date of the examination. A student will be excused from this physical examination only if there is compliance with the Education Code (parent's refusal to consent). CIF Health and Safety Committee strongly recommends schools use the Pre-Participation Examination form that is endorsed by five major medical societies; American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American orthopedic Sports Medicine and the American osteopathic Academy of Sports Medicine. All CIF schools must have school board approved forms.

CONCUSSION PROTOCOL

A student athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at the time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. If a licensed health care provider, trained in education and management of concussion determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return to play protocol of no less than seven (7) full days from the time of diagnosis under the supervision of a licensed health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition. (Approved May 2010 Federated Council/Revised January 2015 Federated Council)

Question: What is meant by "licensed health care provider?"

Answer: the “scope of practice” for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

STEROID PROHIBITION

All schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parent(s)/guardian(s)/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition.

NOTE: Article 1-12.N. (Revised May 2005 Federated Council)

SUDDEN CARDIAC ARREST PROTOCOL

A student-athlete who passes out or faints while participating in, or immediately following, an athletic activity or who is known to have passed out or fainted while participating in or immediately following an athletic activity, must be removed immediately from participating in a practice or game for the remainder of the day. A student-athlete who has been removed from play after displaying signs and symptoms associated with sudden cardiac arrest may not return to play until the athlete is evaluated by a licensed health care provider and receives written clearance to return to play from that health care provider. On a yearly basis, a Sudden Cardiac Arrest information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition.

Question: What is meant by “licensed health care provider?”

Answer: the “scope of practice” for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).



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