

CIF SOUTHERN SECTION | LACROSSE



PLAYOFF BULLETIN



2025 - 2026



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With the 2026 Southern Section CIF Boys & Girls Lacrosse Championship Playoffs approaching, this bulletin is designed to assist you with your organizational plans. Please review this bulletin, and after reviewing its contents if you have any questions, please do not hesitate to contact us.

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LACROSSE CALENDAR PLAYOFF DATES

Pairings/Brackets will be released Friday, April 24th at 9:00am

BOYS

16 TEAM BRACKET

1 st Round	Friday, May 1 – 5:00pm*
Quarter-Finals	Wednesday, May 6 – 5:00pm*
Semi-Finals	Saturday, May 9 – 5:00pm*
FINALS	Friday, May 15 th @ Fred Kelly Stadium

32 TEAM BRACKET

1 st Round	Wednesday, April 29 – 5:00pm*
2 nd Round	Friday, May 1 – 5:00pm*
Quarter-Finals	Wednesday, May 5 – 5:00pm*
Semi-Finals	Saturday, May 9 – 5:00pm*
FINALS	Friday, May 15 th @ Fred Kelly Stadium

GIRLS

16 TEAM BRACKET

1 st Round	Thursday, April 30 – 5:00pm*
Quarter-Finals	Thursday, May 7 – 5:00pm*
Semi-Finals	Saturday, May 9 – 5:00pm*
FINALS	Saturday, May 16 th @ Fred Kelly Stadium

32 TEAM BRACKET

1 st Round	Tuesday, April 28 – 5:00pm*
2 nd Round	Thursday, April 30 – 5:00pm*
Quarter-Finals	Thursday, May 7 – 5:00pm*
Semi-Finals	Saturday, May 9 – 5:00pm*
FINALS	Saturday, May 16 th @ Fred Kelly Stadium

PLAYOFF FORMAT

4- team leagues are guaranteed two (2) entries into the 2026 Boys' & Girl's Lacrosse Playoffs, 5-6 team leagues are guaranteed three (3) entries, 7-8 team leagues are guaranteed four (4) entries and 9 or more team leagues are guaranteed five (5) entries. Freelance teams may fill byes in each divisional draw, or teams submitted by leagues, who qualify for an At-Large entry. **See rule 3514.1 for rules regarding "At-Large" entries.**

DATE OF LAST CONTEST

By Southern Section Council action, **ALL LEAGUE** contests must be completed by Wednesday, April 22, 2026. Non-league games must be played by Wednesday, April 22, 2026.

DETERMINATION OF HOST TEAMS

An asterisk (*) on the draw sheet will indicate the host school for **all first-round contests**.

SECOND-ROUND CONTESTS

The host school for these rounds will be determined in accordance with Section 3504, of the CIF-SS Blue Book. **In all divisions and in all rounds, the host school will be responsible for securing a field that meets the championship standards as stated below.**

All Championship Finals will be held at Fred Kelly Stadium (3920 E Spring St, Orange, CA 92869) and will be managed by the CIF Southern Section.

PRE –FLIPS

For ALL Rounds we will be conducting pre-flips to give schools immediate notice of their next game location. When the pairings are released on Friday, April 24th and the draw will indicate home and away teams. That day we will also do pre-flips to determine the host school in the next round. Each morning following games played in your division we will do pre-flips for the round following your next round. Flips will be done in the CIF-SS lobby and coaches are welcome to attend. **Coin Flip results will be available @ www.cifss.org after 10:00 a.m. the morning of the flips.**

FACILITY REQUIREMENTS – ALL DIVISIONS AND ALL ROUNDS

See the NFHS Boys and Girls rules books on requirements.

PLAYING RULES

All playoff games will be conducted according to the 2026 NFHS Boys' & Girl's Lacrosse Rule book (previously distributed to all CIF-SS lacrosse coaches), except where superseded by the CIF-SS Blue Book.



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CIFSSHOME.org REQUIREMENTS

SCHEDULES & SCORES Complete your schedule in CIFSSHOME.org prior to your season as well as update scores following each contest

Attention Athletic Directors/Coaches: It is very important that you enter your entire season schedule into CIFSSHOME (as well as update the scores immediately following your contests.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

- To **Add a game:**

- On the left panel, click on "Events", select "Add Event"
- Choose Game under "Event Type"
- Choose date of game under "Event Date"
- Choose "**Lacrosse, Boys**" or "**Lacrosse, Girls**" under "Sport"
- Choose Varsity under "Level"
- Type the opposing school name in "Add Opponent"
- Choose the type of game under "Select Game Type"
- Click on Home, Away or Neutral under "Location"
- Choose "Start Time"
- Click on "Save" to add one game or "Save & Duplicate" for multiple games.

- To **Submit your score:**

- On the left panel
- Click on "Teams"
- Select "Teams Manager"
- Scroll down to "**Lacrosse, Boys**" or "**Lacrosse, Girls**" and click on VR to add Varsity scores
- Click on "Post Result" button
- Enter your team's score
- Enter the opponent's score
- The result should auto populate with either "W", "L" or "T" based on the correct match score entered.
- If the game was a forfeit, click on the Yes box
- Enter the scores in "Notes".
- Make sure that your overall and team records are correct on your team page.

VARSITY TEAM INFORMATION (ROSTER)

Attention Athletic Directors/Coaches: It is very important that you enter your entire Lacrosse Varsity roster into CIFSSHOME.org (no later than **WEDNESDAY, April 22, 2026.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the "**Teams**" tab, click on "**Teams Manager**", click on "**Lacrosse, Boys**", or "**Lacrosse, Girls**", select "Vr"

You can UPLOAD your roster using the instructions below (1) or you can enter each player one by one (2).

Required roster information for Lacrosse is: First Name, Last Name, Birth date, Year, & Eligibility

(1) To ADD roster players one by one:

- Click on "+Add Players One By One" and complete fields required for Boys Tennis.

(2) To Import a Roster using an Excel sample file:

- Download the [sample file](#) **and** delete the "contents only".
- Copy and paste or type your roster information into the file as the contents and save the file to your computer.
- Only an excel file (**xls**) can be uploaded that is the exact same format as the sample file.
- Columns for information not required for your sport may be left blank, but the **HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.**

- Required Columns for Lacrosse are: First Name, Last Name, Birth date, Year, & Eligibility

- Click on "Choose File" to find your file, then click on "Import"

- To confirm the roster has been uploaded, your players' names will be uploaded in the "**Official Roster**"

section

- Click on the "Pencil" edit button next to the player's name to view each player's information.

CIFSSHOME.org Requirements (continued)

VARSITY COACHES

Attention Athletic Directors/Coaches: It is very important that you enter your Lacrosse coaches (Head & Assistants) into CIFSSHome no later than WEDNESDAY, April 22, 2026.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the “**Users**” tab
- Click on “**User Manager**”
- Click on the “**±**” in the upper right hand corner to add Coaches and Assistant Coaches. Enter the information requested on the “Add School User” page. Choose “Active” to provide the coach with access to CIFSSHome or “Inactive” for directory purposes only. Choose Yes or No to give the coach access to all sport, click **Submit**. Choose the applicable options on the Assign Coach to Team page, click Save or Add Another to add additional coach(s).

VARSITY TEAM INFORMATION (TEAM PHOTO)

Please upload no later than WEDNESDAY, April 22, 2026.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the “**Teams**” tab
- Click “**Teams Manager**”
- Click on “**Lacrosse, Boys**” or “**Lacrosse, Girls**”
- Click on the “**Team Photo**” tab
- Click on the “pencil” edit button under “**TEAM PICTURE**”, choose the file
- Click **Submit**.

AT LARGE APPLICATION – MUST HAVE .500 RECORD OR BETTER

Attention Athletic Directors/ Coaches: Please follow the instructions below to enter your school as an At Large Entry for Lacrosse. The At Large Application is to be submitted by your school no later than WEDNESDAY, APRIL 22, 2026 @ 9:00 p.m.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director)

- Click on the “**Forms**” tab
- Click “**At Large Petition**”
- Add Sport: Select “**Lacrosse, Boys**”, or “**Lacrosse, Girls**” ADD
- Message will display that you have added.

**WIN OR LOSE, YOU MUST
ENTER YOUR SCORES IMMEDIATELY
AFTER YOUR CONTEST INTO YOUR SCHEDULE AT**

WWW.CIFSSHOME.ORG

Log in @ www.cifss.org

(If you do not have a log in & password as a coach, check with your Athletic Director).



Official Lacrosse Ball

PEARL™ Contact: Mike Crawford - mike@guardiansports.com



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**The official ball rule is mandatory for all CIF-SS playoff rounds.*

Contracted through: June 30, 2027

Official Ball Rule:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty will carry over to the next season if not enforceable this season due to elimination.

PLAYOFF INFORMATION

The 2026 Boys/Girls Lacrosse Playoffs will be conducted in three divisions per gender, with each division made up of various schools. The playoff divisions will be created at the end of the regular season based on the current year's data.

All 4-team leagues will be guaranteed two entries into the playoffs, all 5-6 team leagues will be guaranteed three entries into the playoffs and all 7-8 team leagues will be guaranteed four entries into the playoffs. 9 or more team leagues are guaranteed 5 entries into the playoffs. Under the playoff format in all sports, leagues have the responsibility of developing and identifying the priority for their representatives into the playoffs as so noted under Article 3502 (Playoffs) of the CIF Southern Section Blue Book. Please note that leagues may not conduct additional contests beyond the prescribed limits unless said contests are to determine ENTRY and not representative priority (leagues must have this as part of their constitution and must secure permission from the CIF-SS office before conducting such playoffs for entry).

3514.1 AT LARGE ENTRIES In all teams sports other than football and wrestling, additional entries beyond a guaranteed number of entries, will only be permitted to enter the playoffs to fill any byes which exist in the opening round. These at-large teams must meet the at-large criteria (.500 or better overall record). For example, where there are 30 teams entered as guaranteed entries from their leagues into a 32-team draw, there would be 2 byes in the bracket and those byes could be filled by teams who were not guaranteed entries from their leagues who submitted at-large application forms for that particular sport and have an overall record of .500 or better in all games played during the regular season. In any playoff grouping, at-large selections will be considered from the highest ranked teams that are .500 or better.

3510. FREE LANCE PLAYOFF ENTRY QUALIFICATION All freelance schools are reminded that to be considered for post-season competition, the CIF-SS office prior to the start of the season must evaluate their schedule. This can be done by completing the freelance petition and schedule at www.cisshome.org . (See Rule 3510.)

AT LARGE APPLICATION – MUST HAVE .500 RECORD OR BETTER

Attention Athletic Directors/ Coaches: Please follow the instructions below to enter your school as an At Large Entry for Boys & Girls Lacrosse. The At Large Application is to be submitted by your school no later than **Wednesday, April 22, 2026 @ 9:00 p.m.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-On the left panel under FORMS, click on At Large Petition

-Select “Lacrosse, Boys” or “Lacrosse, Girls ”then click “Add”

Please be sure that your Schedule is updated in CIFSSHome as this is where the information for the At Large Petition will be created.

OFFICIALS

The CIF-SS Office will assign officials for all lacrosse playoff contests. Fees for officials will be:

Boys **Single Game (Playoff Rounds)** -- \$123.00 each official, during all playoff rounds

Girls **Single Game (Playoff Rounds)** -- \$123.00 each official, during all playoff rounds

Championship Final -- \$132.00 each official

Upon request, the host school will be provided the names of the officials by a representative of the CIF-SS Office.

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GAME BALL



NX
NO BOUNCE
GREASELESS



DUAL
50/50 COLOR
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AWARDS

The following awards will be given during the playoffs:

- A. Championship Plaques – 1- All first place teams.
 - B. Runner-up Plaques – 1- All second place teams.
 - C. Championship Patches – 20 Boys/ 24 Girls individual patches for members of all championship teams.
 - D. Championship T-shirts – 20 Boys/ 24 Girls T-shirts for members of all championship teams.
 - E. Runner Up Patches – 20 Boys/ 24 Girls individual patches for members of all runner-up teams.
- Information on ordering additional patches can be found later in this packet.

Each member of a team participating in the CIF Southern Section playoffs can receive a CIF SOUTHERN SECTION PARTICIPATION CERTIFICATE. These certificates will be printed by your school. The document is in a “type-in” PDF format and can be found on CIFSSHOMe in the FORMS Tab (www.cifsshome.org).

ADMISSION

- A. Preliminary Rounds -- As per Article 10, Section 143 of the CIF-SS Blue Book, there will be no admission charged for games, except upon petition to the Commissioner's Office, by the principals of the schools involved. If written permission is granted, the prices are to be \$7.00 for adults, \$5.00 for high school students and for children 13 and under.
- B. Championship Finals Ticket Prices (will be available on GoFan)
 - \$14 Adults
 - \$7 High School Students (w/current HS ID)
 - \$7 Children (13 and under)

All seating at the FINALS SITE will be general admission (first come, first served). This will allow the fans of competing schools to have an equal opportunity for seats. Schools are responsible for securing their own valuables. Valuables should not be left unattended. Each team should designate someone to secure those valuables and always keep them in their possession.

CONTEST FINANCES

- A. If permission is granted to charge admission for preliminary rounds, the gross profit will be split equally between the schools, with the visitor paying its own travel expense and the host team paying the game expense.
- B. Concessions and Programs -- In all games except the finals, the host school reserves the right to handle programs and concessions as a separate venture, and need not share the profit, or expect the visiting school or CIF-SS, to share in any loss.
- C. Championship Finals -- When managed by the CIF-SS, all receipts will revert to the CIF-SS, who will pay game, facility, and award expenses.

COURTESY CARDS AND MEDIA PASSES

CIF-SS Courtesy Cards **MUST** be honored for all boys'/girl's lacrosse playoff contests, INCLUDING THE CHAMPIONSHIP. CIF-Southern Section Media credentials issued by the Commissioner's Office, the State CIF Courtesy Card, and the State CIF Life Pass are the only credentials that **MUST** be honored for admission to the boys/girls lacrosse playoff contests.

GAME BALLS

Participating teams will furnish their own balls for pre-game warm-ups and practice sessions. It will be the responsibility of the host team to provide an official game ball (PEARL), as specified in the National Federation Rules, and per CIF Southern Section contract. **All playoff contests must be played using the NOCSAE ball.**

The CIF Southern Section will furnish the **PEARL** lacrosse ball for all Championship Final games.

CHEERING SECTIONS

Fan/Student cheering sections are encouraged to cheer and support their own team and should display proper sportsmanship with respect to the opposing team and the game officials. They are expected to follow the following guidelines and failure to do so may lead to removal from the contest and/or forfeiture of the contest.

1. No noisemakers (horns, bells, victory bells, sirens, chimes, wooden blocks, balloons, thunder sticks, etc.). Megaphones may only be used by the school's uniformed cheer squads.
2. Cheering devices such as rally towels, pom poms and pennants are acceptable when used within the bounds of good sportsmanship.
3. It is the expectation that cheering section behavior will be monitored by the assigned school staff of the school that they represent. All improper behavior/language should be addressed and corrected immediately by school staff supervisors.
4. Face painting is acceptable from the neck up only and shall not include any inappropriate letters or symbols. Assigned school staff shall monitor their cheering sections with regards to face painting.

PROTESTS OF PLAYOFF CONTESTS

By action of the CIF-SS Council at its March 1983 meeting, protests of playoff contests involving National Federation rules will no longer be entertained following the conclusion of the contest. Coaches may direct questions to the game officials as they pertain to a possible misapplication of the rules in accordance with the National Federation rules governing that sport. **No protest may be carried forth once the contest is completed.**

Coaches are encouraged to carry National Federation rulebooks with them for all playoff contests.

Schools will still have the opportunity to protest a contest, in accordance with Southern Section Rule 1111, as it pertains to use of an ineligible player, or violations of any CIF-Southern Section rule in connection with the contest.

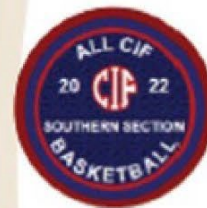
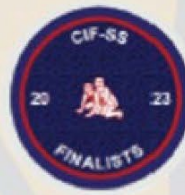
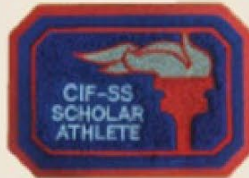


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2026 BOYS LACROSSE RULES CHANGES

1-2-12d: Requires a cone be placed at the corner of the coaches area and the team area to clearly mark the team area.

Rationale: Adding a cone to clearly mark the team area in situations where lines are not required, assists in keeping the players within the designated team area without requiring additional field markings.

1-9-1b(4 & 5): Eliminates the restrictions on color and prohibits items attached to the tooth and mouth protector that do not support the function of protecting the teeth and/or mouth.

Rationale: Aligns tooth and mouth protector rules with other NFHS sport rules requiring tooth and mouth protectors.

1-9-1h(3): Modifies uniform number size on the back of the jersey by decreasing the minimum height to eight inches – matching the minimum height requirement on the front of the jersey.

Rationale: Aligns with other NFHS sport rules for number sizing while maintaining appropriate visibility for officials.

1-12: Requires a working horn be accessible at the sideline table.

Rationale: Allows a coach to call for a double horn from the field without delayed communication to the press box.

3-5-1 & 2 (NEW): Establishes that an interrupted game that cannot be resumed on the same day is considered complete if 75% of playing time has elapsed.

Rationale: Provides a procedure for interrupted play to assist host management while allowing state associations to develop modifications to game-ending procedures.

4-3-3e: Allows an official to assess a delay of game penalty if player positioning on the face off must be adjusted repeatedly.

Rationale: Clarifies the current practice of penalizing faceoff players who need to be repeatedly adjusted.

4-8: Clarifies that a goal is scored if the ball is or becomes loose behind the plane regardless of who caused the ball to cross the line.

Rationale: Creates consistency in awarding a goal when the ball becomes loose behind the plane and when a ball is loose and crosses the plane of the plane of the goal line.

4-18-4 PENALTY; 5-6-2 (NEW): Reclassifies the foul for a player, other than the properly equipped goalkeeper, that enters the crease with the intent to block a shot as a personal foul for illegal equipment.

Rationale: Minimizes risk by discouraging players from acting as a goalkeeper by making the penalty more severe and removing the official's responsibility to remember if it was the first occurrence or subsequent attempts.

4-22-1c: Eliminates the five seconds awarded to a goalkeeper to re-enter the crease on any restart.

Rationale: Aligns treatment of the goalkeeper as a field player when it comes to injury or equipment issues while outside the crease while discouraging goalkeepers from leaving the crease and eliminating the need for an official to judge whether a goalkeeper has left the crease in an attempt to delay the game or for a legitimate purpose.

6-3-2c: Adds hooking, lifting, or pinning an opponent's body with the crosse in describing illegal actions related to holding.

Rationale: Additional descriptors help define holding and create a clearer understanding of illegal actions trending in the game.

6-5-2y: Establishes that the loss of a helmet is an illegal procedure.

Rationale: Minimizes risk by increasing the penalty for a player losing a helmet during play encouraging players to ensure chin straps are properly worn and helmets are secure during play.

7-3: Establishes consistency in penalty administration by moving the restart to laterally outside the goal area when the ball crosses the end line before or after the penalty occurs.

Rationale: Simplifies all restarts after penalties by administering them at the same restart point, regardless of any conditions.

2026 Boys Lacrosse Major Editorial Changes

1-2-9:	Requires all equipment to be kept in the bench area at least 6 yards away from the sideline.
1-3-2, 1-4:	Recommends a flat-iron goal for all surfaces keeping up with trends in equipment and minimizing risk of injury.
1-7-3 thru 6:	Reorganizes crosse construction rules by clearly identifying what is illegal and what must be fixed without penalty.
1-9-2a(1):	Allows undergarments on the top or bottom to be white, gray, black or one of the team's official colors.
2-5-2:	Updates the recommended officials' uniform.
4-3-1 EXCEPTION NOTE (NEW):	Adds new note to rule exception for a faceoff clarifying where the ball is awarded when the offended team has three players serving penalty time.
4-19-1:	Clarifies that a goal will be disallowed if a player jumps without possession, catches a pass, shoots and lands in the crease.
4-24:	Restructures language for clarity.
7-6:	Restructures language for clarity.
Official Lacrosse Signals:	Adds new signal for Check Involving the Head/Neck or Defenseless Player.

2026 Boys Lacrosse Editorial Changes

1-2-7; 1-5; 1-6-3; 1-7-1; 1-9-1e; 1-9-1g; 1-9-1h NOTE; 1-9-1h(9); 1-10-1c; 2-10-2; 4-3-3b; 4-3-3l, m, n; 4-6-2 thru 4; 4-13e; 5-4-1 & 2; 5-4-5; 5-4-6; 5-4-7 PENALTY; 5-5 NOTE; 5-6; 5-8; 5-10 PENALTY; 6-5-2t; 6-6-2; 6-12; 7-2e; 7-2f

2026 Boys Lacrosse Points of Emphasis

1. Properly Wearing Equipment
2. Personal Foul – Contact with the Head/Neck
3. Sportsmanship and Role of Head Coach
4. Pregame Responsibilities

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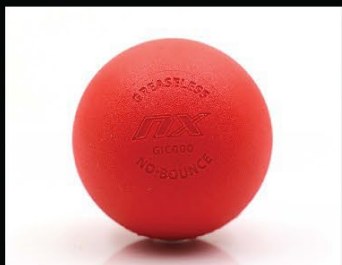
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LT
**TEXTURED
GAME BALL**



NX
**NO BOUNCE
GREASELESS**



DUAL
**50/50 COLOR
GREASELESS**



2026 GIRLS LACROSSE RULES CHANGES

2-4-5: Stick checks may be requested at any point during a quarter break, halftime, a team time-out, prior to the start of an overtime period, prior to the start of a draw, and immediately following goals in regulation and overtime periods.

Rationale: Specifies the appropriate times when stick check requests may be made to eliminate potential gamesmanship, maintain pace of play, and allow officials to focus on administration of the game.

2-8-3 (NEW) & PENALTY: No on-field player can wear an audio or video device during the game.

Rationale: Clarifies the prohibition of electronic communications with and by players during the game and aligns with other NFHS rules codes.

4-3-3d: If a possession time-out is called when the goalkeeper has possession of the ball in the goal circle, play will resume at the closest dot and any player may restart play.

Rationale: Aligns the restart procedure for a team time-out when the goalkeeper has possession of the ball in the goal circle with other team time-outs when the ball is in the critical scoring area.

5-2 PENALTY 1: When one player draws illegally, the free position may be taken by any player on the opponent's team at the spot of the ball.

Rationale: Improves the flow of the game without disadvantaging the non-offending team.

7-3 PENALTIES 1a, 3a: When a goal circle foul is committed, the offending player shall move 4 meters away from the player taking the free position instead of behind.

Rationale: Improves the flow of the game and creates consistency in penalty administration of non-major fouls.

2026 Girls Lacrosse Editorial Changes

2-2-4; 2-7-1a, 4 & 5 (NEW); 2-7-6; 4-4; 5-4-1 & 2; 7-1-3; 8-1-1 NOTE; 10-1 PENALTIES; 10-1 PENALTIES 6; 10-1 PENALTIES 13b; 11-1-1; 11-2 PENALTIES 2 thru 6; 12-3-2; 12-8 MISCONDUCT PENALTIES 3e; 12-8 COACH MISCONDUCT PENALTIES 2; 13 FLAG; 13 RESTRAINING LINE

2026 Girls Lacrosse Points of Emphasis

1. Identifying and Managing Fouls During Scoring Plays
2. Efficient Draw Administration
3. Delay of Game/Use of the Green Card

BLUE BOOK RULES – GENERAL

Following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the Blue Book. This list is NOT all-inclusive and only highlights some of the key areas.

201. STANDARDS OF ELIGIBILITY

<https://cifss.org/resources/blue-book/55/>

210. PHYSICAL ASSAULT OF A GAME OR EVENT OFFICIAL

<https://cifss.org/resources/blue-book/86/>

212. AMATEUR STATUS

<https://cifss.org/resources/blue-book/88/>

220. BASIC ELIGIBILITY REQUIREMENTS FOR PARTICIPATION

<https://cifss.org/resources/blue-book/92/>

500. AUTHORIZED PARTICIPATION

<https://cifss.org/resources/blue-book/98/>

503.G ADMINISTRATIVE OVERSIGHT / PHYSICAL EXAMINATION

<https://cifss.org/resources/blue-book/103/>

503.H ADMINISTRATIVE OVERSIGHT / CONCUSSION PROTOCOL

<https://cifss.org/resources/blue-book/103/>

506. PRACTICE ALLOWANCE

<https://cifss.org/resources/blue-book/110/>

600. COMPETITION ON AN OUTSIDE TEAM

<https://cifss.org/resources/blue-book/120/>

3500. PLAYOFFS

<https://cifss.org/resources/blue-book/215/>

Additional playoff information will be available in late January / early February in the Lacrosse Playoff Bulletin. This bulletin will contain details on when the draws will be available, financial regulations, reporting of match results, game time and date change protocol, etc.

1228. NOISEMAKERS PROHIBITED

<https://cifss.org/resources/blue-book/148/>

BLUE BOOK RULES – LACROSSE

Following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the Blue Book. This list is NOT all-inclusive and only highlights some of the key areas for lacrosse.

2501. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

<https://cifss.org/resources/blue-book/183/>

2503. SCRIMMAGES

<https://cifss.org/resources/blue-book/183/>

2504. TOURNAMENTS

<https://cifss.org/resources/blue-book/183/>

2505. STARTING DATES FOR INTERSCHOLASTIC CONTESTS

<https://cifss.org/resources/blue-book/183/>

2507. END OF COMPETITION

<https://cifss.org/resources/blue-book/184/>

2508. OUTSIDE COMPETITION BY AN INDIVIDUAL

<https://cifss.org/resources/blue-book/184/>

1227. SUNDAY RESTRICTION

<https://cifss.org/resources/blue-book/148/>

503. PLAYER CONDUCT

<https://cifss.org/resources/blue-book/105/>

125.1. COACH EJECTION

<https://cifss.org/resources/blue-book/48/>

3500. PLAYOFFS

<https://cifss.org/resources/blue-book/215/>

ALL CIF-SS

The All CIF-SS teams are decided by the coaches' committees for each sport.

To be considered, your coach must submit their nominations to the committee by the given date.

LACROSSE NOMINATIONS ARE DUE BY MAY 8, 2026

The CIF-SS will receive the first team list from the committee and release those on www.cifss.org.

We will also mail the first team certificates to the athlete's school.

The CIF-SS office does not collect 2nd or 3rd team information. If the sport has a 2nd or 3rd team, that information will be available through the coaches committee.

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