

CIF SOUTHERN SECTION | BOYS VOLLEYBALL



SEASON PREVIEW



2025-2026



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BOYS' VOLLEYBALL SEASON PREVIEW



DATE: JANUARY 2026 (**revised February 11**)
TO: CIF-SS BOYS' VOLLEYBALL COACHES
FROM: MIKE MIDDLEBROOK, ASSISTANT COMMISSIONER
CHELSEA OLSON, PROGRAM COORDINATOR
RE: **2025-2026 BOYS' VOLLEYBALL SEASON**

WELCOME TO THE 2025-2026 BOYS' VOLLEYBALL SEASON!

The Boys' Volleyball Preview Packet has been prepared to assist you in the organization of your school's Boys' Volleyball program. The enclosed is important information for the preparation of the upcoming season. Please share this information with your assistant coaches.

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CALENDAR DATES – BOYS VOLLEYBALL

FIRST CONTEST	SATURDAY, FEBRUARY 14, 2026 The initial date on which a school may schedule and conduct an interscholastic contest.
SCRIMMAGES	MAXIMUM 2 SCRIMMAGES ALLOWED Must be played on or after February 14, 2026, and before the first contest. Once the first official contest is played, scrimmages are no longer allowed.
SIT OUT PERIOD	SATURDAY, MARCH 21, 2026 *Note this date could be adjusted or different for each individual due to the date of enrollment by a student transferred to your school. Check the “transfer decision” date for accurate information at www.cifss.org .
LAST CONTEST	WEDNESDAY, APRIL 22, 2026 All competition (league / non-league) MUST end on or before this date.
MAXIMUM CONTACTS	<p>The allowable number of contests is: 28 The allowable number of tournaments is: 3 1 Day Tournament counts as: (2) contacts 2 Day Tournament counts as: (3) contacts 3 Day Tournaments count as: (4) contacts 4 Day Tournaments count as: (5) contacts</p> <p>One Set contests (contacts) should not be entered on your schedule. Those types of events are not official matches as defined by NFHS Rule 1, Section 2, Article 1.</p> <p>Matches that are two (2) sets should be entered. Those are entered because in a best two of three sets, we have a winner by the score of 2 – 0. If there is a tie at 1 set apiece, a tie can be recorded.</p>
PLAYOFF DATES	APRIL 28/29, MAY 2, 6, 9 Dates subject to change due to bracket size. The size of the bracket for all Divisions (8, 16, or 32-team) will not be determined until the end of the regular season.
CIFSS FINALS SO. CAL REGIONALS STATE FINALS	MAY 14-16, 2026 MAY 19, 21, 23, 2026 MAY 30, 2026

APPROVED SANCTIONED EVENTS

Please refer to the CIF Southern Section website (www.cifss.org) for the latest Sanctioned Events, as events are updated daily.

Sanctioned Events download directions:

click on **GOVERNANCE TAB**

click on **SANCTIONED EVENTS**

select **VOLLEYBALL, BOYS**

click **Search**

This page will display the most up to date information on:

Boys Volleyball Approved Sanctioned Events

IN-SEASON RANKINGS

With the passage of the new competitive equity playoff system in January 2024 and changes to Bylaws 3519 and 3520, a weekly Top 10 poll will not be necessary. The playoff divisions will be created at the end of the regular season based on the current year's data.

It is **IMPERATIVE** that COACHES enter their full schedule and record results constantly throughout the season. Member schools that fail to accurately enter complete regular season results into the CIFSSHome system will not be placed into a playoff division and will be **INELIGIBLE** to participate in the Southern Section Championship playoffs.

For this season, the Massey Ratings System will be used to provide our overall team rankings. The Massey Rating System was selected because it "connects" two teams via an equation. As more games are played, eventually each team is connected to every other team through some chain of games. These final team rankings will then be used to create our nine (**9**) playoff divisions for boys' volleyball. All matches that are best of 2, 2 out of 3, or 3 out of 5 sets will be used to create a team's final overall rating. The overall team rating is a merit-based quantity, and it is the result of applying a Bayesian win-loss correction to the power ratings.

Final power rankings and divisional placements will be determined and released at the end of the current regular season. Seeding for all playoff brackets in each division will follow the final power rankings in the division, regardless of league affiliation or league finish. For example, in the First Round, the #1 seed, determined by the final power rankings for that division, will play #32, the #2 seed will play #31, etc., in a 32-team bracket. The higher-seeded team will host the First-Round

contest, and then CIF Southern Section Bylaw 3504, Host Team After the First Round, will be followed for all subsequent contests.

The size of the bracket will be determined at the end of the regular season.

One Set contests (contacts) should not be entered on your schedule. Those types of events are not official matches as defined by NFHS Rule 1, Section 2, Article 1.

Matches that are 2 (two) sets should be entered. Those are entered because in a best 2 of 3 sets, we have a winner by the score of 2 – 0. If there is a tie at 1 set apiece, a tie can be recorded.

On the scheduled dates below, current in-season rankings of all Southern Section teams participating in boys' volleyball will be posted to the public website at www.cifss.org.

Posting dates are:

- Wednesday, March 18
- Wednesday, April 1
- Wednesday, April 15
- Friday, April 24 (final)

CIFSSHOME REQUIREMENTS

SCHEDULES & SCORES Complete your schedule in CIFSSHome prior to your season as well as update scores following each contest
Attention Athletic Directors/Coaches: It is very important that you enter your entire season schedule into CIFSSHOME (www.cifsshome.org) as well as update the scores immediately following your contests.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

To Add a game:

- On the left panel, click on "Events", select "Add Event", choose Game under "Event Type", choose date of game under "Event Date", choose **Volleyball, Boys** under "Sport", choose Varsity under "Level", type the opposing school name in "Add Opponent", choose the type of game under "Select Game Type", click on Home, Away or Neutral under "Location", choose "Start Time"
Click on "Save" to add one game or "Save & Duplicate" for multiple games.

- To Submit your score:


- On the left panel, click on "Teams", select "Teams Manager", scroll down to **Volleyball, Boys** and click on VR to add Varsity scores
Click on "Post Result" button, enter your team's score, enter the opponent's score, result should auto populate with either "W", "L" or "T" based on the correct match score entered. If the game was a forfeit, click on the Yes box, enter the set scores in "Notes".

Make sure that your overall and team records are correct on your team page

Varsity Coaches

Attention Athletic Directors/Coaches: It is very important that you enter your Boys Volleyball coaches (Head & Assistants) into CIFSSHome (www.cifsshome.org) no later than **Wednesday, April 30**.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).


- Click on the "Users" tab, click on "User Manager", click on the  in the upper right hand corner to add Coaches and Assistant Coaches.
Enter the information requested on the "Add School User" page. Choose "Active" to provide the coach with access to CIFSSHome or "Inactive" for directory purposes only. Choose Yes or No to give the coach access to all sport, click **Submit**.

Choose the applicable options on the Assign Coach to Team page, click Save or Add Another to add additional coach(s).

Varsity Team Information (Team Photo)

Attention Athletic Directors/Coaches: It is very important that you enter your Boys Volleyball team photo into CIFSSHome (www.cifsshome.org) no later than **Wednesday, April 30**.


Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the "Teams" tab, click "Teams Manager", click on "Volleyball, Boys", click on the "Team Photo" tab,
Click on the  under "TEAM PICTURE", choose the file, click **Submit**.

Varsity Team Information (Rosters)

Attention Athletic Directors/Coaches: It is very important that you enter your entire Boys Volleyball Varsity roster into CIFSSHome (www.cifsshome.org) no later than **Wednesday, April 30**.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).


- Click on the "Teams" tab, click on "Teams Manager", click on "Volleyball, Boys", select 

You can UPLOAD your roster using the instructions below (1) or you can enter each player one by one (2).

Required roster information for Boys Volleyball is:

First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility

(1) To ADD roster players one by one:

- Click on  and complete fields required for Boys Volleyball.

(2) To Import a Roster using an Excel sample file:

- Download the sample file and delete the "contents only".

- Copy and paste or type your roster information into the file as the contents and save the file to your computer.

- Only an excel file (xls) can be uploaded that is the exact same format as the sample file.

- Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.

- **Required Columns for Boys Volleyball are:**

First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility


- Click on to find your file,



then click on



- To confirm the roster has been uploaded, your players' names will be uploaded in the "Official Roster" section.

- Click on the  next to the player's name to view each player's information.

AT LARGE APPLICATION – MUST HAVE .500 RECORD OR BETTER

Attention Athletic Directors/ Coaches: Please follow the instructions below to enter your school as an At Large Entry for Boys Volleyball. The At Large Application is to be submitted by your school no later than **WEDNESDAY, APRIL 23 @ 10:00 P.M.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

- On the left panel, click on the "Forms" tab, select "At Large Petition"

- Select "Boys Volleyball" from the drop down menu then click "Add"

Please be sure that your Schedule is updated in CIFSSHome as this is where the information for the At Large Petition will be created.

2025-2026 ADVISORY COMMITTEE MEMBERS

- Matt Marrujo, Servite / Trinity, mmarrujo@servitehs.org
- Michael Boehle, Loyola / Mission, mboehle@loyolahs.edu
- Gus Culver, At Large / Orange County, culverg@svusd.org
- Seth Burnham, Thousand Oaks / Marmonte, sburnham@conejousd.org
- Matt Lostetter, Downey / Gateway, mlostetter@dusd.net
- Sid Davidson, Poly Long Beach / Moore, sdavidson@lbschools.net
- Joel Brinton, Burroughs (Burbank) / Pacific, joelbrinton@burbankusd.org
- Frankie Perales, Garden Grove / Golden West, frankiep22c@aol.com
- Bernie Wendling, Claremont / Baseline, b.wendvb@gmail.com
- Liane Sato, Santa Monica / Ocean, Lsato@smmusd.org
- Dillan Bennett, Bishop Diego / Tri-Valley Ath. Assoc., dbennett@bishopdiego.org
- Pat Casey, Oxnard / Channel, patrick.casey@oxnardunion.org
- Mary Starbuck, Katella / Orange Coast, ucky27hb@aol.com
- Joe Schnake, Centennial (Corona) / Big VIII, joeschnake@gmail.com
- Greg Ng, Montebello / Almont, Ng_Greg@montebello.k12.ca.us
- Carlos Martinez, Avalon / Academy, cmartinez1@lbcschools.net
- Robert Gibbs, At Large / Los Angeles area, robgibb12345@gmail.com

CIF Southern Section Championship Event Manager: Naoto Tashiro, Naoto.Tashiro@gmail.com

SCVOA / CIF Officials Rep: Todd Frost, frostmay@sbcglobal.net

The CIF Southern Section is continuing to utilize the concept of coaches' advisory committees for all sports. The role of the advisory committee may or may not include the following:

- Meetings
- Recommendations for playoff sites
- Recommendations for procedural changes
- Recommendations for rule changes
- Evaluation of sport season
- Assistance to coaches and/or officials' organizations
- Communications between coaches and the CIF-SS office
- Management/Supervision at Championship Events

The Coaches Advisory Committee is composed of member coaches and administrators from the CIFSS office staff. Coaches selected for the committee provide a cross-section of the organization and are based on geographic, as well as competitive division alignment. Should you have suggestions or questions regarding volleyball competition, please make use of this excellent channel of communication. The committee will meet on a regular basis during the season, and your items will become part of our agenda.



Official Indoor Volleyball

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Nick England

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**The official ball rule is mandatory for all CIF-SS playoff rounds.*

Contracted through: June 30, 2031

Official Ball Rule:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty will carry over to the next season if not enforceable this season due to elimination.

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mikasasports.com

CONTACT: sales@mikasasports.com

OFFICIAL PARTNERS:



2025-26 VOLLEYBALL RULES CHANGES

3-2-1 NOTE (NEW): Beginning with the 2026-27 school year, state associations may adopt the use of a non-smooth or textured volleyball.

Rationale: Allows either boys or girls to adopt a textured volleyball with no restrictions on color or shape of panels to be inclusive of all current textured volleyballs on the market.

4-2-1h(3), 4-2-1i(2): Team members may wear black, white or gray undergarments in addition to undergarments that match the predominant color of the uniform top/bottom under the uniform top and/or bottom. All team members, other than the libero, wearing an undergarment must wear the same color.

Rationale: Aligns with other NFHS rules codes allowing athletes to wear more commonly found colors of undergarments.

4-2-4d, f: Beginning July 1, 2029, the number on the front of the uniform must be centered on the upper half of the uniform top eliminating the measurement requirements from the shoulder seam and neckline.

Rationale: Removes officials from the position of measuring uniforms to verify the legal distance of the number from the shoulder or neckline, creates consistency in number placement, and allows for number placement variances due to player body types.

5-3-2b, 5-5-3b(9): Eliminates the requirement for the second referee to carry and use a lineup card to check the starting lineups.

Rationale: Allows veteran officials to use each coach's submitted lineup sheet to check the starting lineup while allowing the use of the lineup card as a training tool for newer officials to assist with tracking rotations during the match.

9-4-8c (NEW): Eliminates the judgment call of a multiple contact fault in a single attempt to play the ball on the second team hit if the ball is next contacted by a teammate.

Rationale: Allows for play to continue when multiple contacts on the second contact does not create an advantage for the offending team.

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10-4 PENALTIES 1: Changes the penalty administration for an illegal libero replacement to an unnecessary delay if identified before contact of serve and an illegal alignment if identified after contact for serve.

Rationale: Aligns the penalty for an illegal libero replacement with the definition of illegal alignment which occurs on contact of serve.

2025-26 Volleyball Editorial Changes

4-1 & 4-2 PENALTIES; 4-2-4c; 7-2a; 7-4; 7-1-4 PENALTIES 1 & 2; Signal 1

2025-26 Volleyball Points of Emphasis

1. Lineup Card
2. Ball Handling
3. First Referee Assigning Line Judges
4. Uniforms - Contrasting Colors

BLUE BOOK RULES 2025-2026 – GENERAL

Following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2025-2026 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas.

201. STANDARDS OF ELIGIBILITY

<https://cifss.org/resources/blue-book/?gotopage=53>

210. PHYSICAL ASSAULT

<https://cifss.org/resources/blue-book/?gotopage=82>

212. AMATEUR STATUS

<https://cifss.org/resources/blue-book/?gotopage=84>

220. BASIC ELIGIBILITY REQUIREMENTS FOR PARTICIPATION

<https://cifss.org/resources/blue-book/?gotopage=87>

500. AUTHORIZED PARTICIPATION

<https://cifss.org/resources/blue-book/?gotopage=94>

503.G ADMINISTRATIVE OVERSIGHT / PHYSICAL EXAMINATION

<https://cifss.org/resources/blue-book/?gotopage=99>

503.H ADMINISTRATIVE OVERSIGHT / CONCUSSION PROTOCOL

<https://cifss.org/resources/blue-book/?gotopage=99>

506. PRACTICE ALLOWANCE

<https://cifss.org/resources/blue-book/?gotopage=107>

600. COMPETITION ON AN OUTSIDE TEAM

<https://cifss.org/resources/blue-book/?gotopage=114>

1227. SUNDAY RESTRICTION

<https://cifss.org/resources/blue-book/?gotopage=141>

1228. NOISEMAKERS PROHIBITED

<https://cifss.org/resources/blue-book/?gotopage=141>

3500. PLAYOFFS

<https://cifss.org/resources/blue-book/?gotopage=213>

Additional playoff information will be available in March/April in the Boys' Volleyball Playoff Bulletin. This bulletin will contain details on when the draws will be available, financial regulations, reporting of match results, game time and date change protocol, etc.

BLUE BOOK RULES 2025-2026 – VOLLEYBALL

Following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2025-2026 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas for volleyball.

3200. RALLY SCORING

<https://cifss.org/resources/blue-book/?gotopage=199>

3201. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

<https://cifss.org/resources/blue-book/?gotopage=199>

3204. SCRIMMAGES

<https://cifss.org/resources/blue-book/?gotopage=199>

3205. TOURNAMENTS

<https://cifss.org/resources/blue-book/?gotopage=199>

3206. STARTING DATES FOR INTERSCHOLASTIC CONTESTS

<https://cifss.org/resources/blue-book/?gotopage=200>

3208. END OF COMPETITION

<https://cifss.org/resources/blue-book/?gotopage=200>

3209. OUTSIDE COMPETITION BY AN INDIVIDUAL

<https://cifss.org/resources/blue-book/?gotopage=200>

1227. SUNDAY RESTRICTION

<https://cifss.org/resources/blue-book/?gotopage=141>

503.M PLAYER CONDUCT

<https://cifss.org/resources/blue-book/?gotopage=101>

503.M COACH EJECTION

<https://cifss.org/resources/blue-book/?gotopage=102>

3500. PLAYOFFS

<https://cifss.org/resources/blue-book/?gotopage=213>

2025 – 2026 Boys Volleyball Leagues as of Monday, January 26, 2026:

				updated: 01/26/2026			
ENT	LEAGUE	ENT	LEAGUE	ENT	LEAGUE	ENT	LEAGUE
3	605	3	BIG VIII	3	COASTAL	2	EXPRESS
	Artesia		Centennial/Corona		California Acad Math/Sci		Acaciawood Academy
	Cerritos		Corona		Geffen Academy		Calvary Chapel/Downey
	Glenn		King		Hawthorne MSA		Fairmont Prep
	Oxford Academy		Norco		New Roads		Vista Meridian Global
	Pioneer		Roosevelt		Vistamar		
	Whitney		Santiago/Corona		Wildwood		4 FOOTHILL
							Canyon/Canyon Country
5	ACADEMY	3	CAMINO REAL	3	COASTAL CANYON		Castaic
	Avalon		Bishop Amat		Camarillo		Golden Valley
	Cristo Rey OC		Salesian		Moorpark		Hart
	Legacy College Prep		St. Genevieve		Oak Park		Saugus
	Liberty Christian		St. Monica Prep		Royal		Valencia/Valencia
	Magnolia Sci Academy		St. Paul		Simi Valley		West Ranch
	San Gabriel Academy		St. Pius-St. Matthias				
	Southlands Christian			3	CRESTVIEW	3	FREEWAY
	Tarbut V Torah	4	CHANNEL		Canyon/Anaheim		Cypress
	Webb		Buena		Crean Lutheran		El Dorado
			Dos Pueblos		Foothill/Santa Ana		Esperanza
3	ALMONT		Oxnard		Sunny Hills		Sonora
	Alhambra		Pacifica/Oxnard		Troy		Yorba Linda
	Bell Gardens		Rio Mesa				
	Mark Keppel		San Marcos	3	DEL REY	3	GATEWAY
	Montebello		Santa Barbara		Bishop Montgomery		Bellflower
	San Gabriel		Ventura		Cathedral		Downey
	Schurr				La Salle		Gahr
		3	CITRUS BELT		Paraclete		Norwalk
3	AMBASSADOR		Beaumont		St. Anthony		Warren
	Aquinas		Cajon				
	Arrowhead Christian		Citrus Valley	3	DEL RIO	3	GOLD COAST
	Loma Linda		Redlands		California		Brentwood
	Ontario Christian		Redlands East Valley		El Rancho		Campbell Hall
	Redlands Adventist		Yucaipa		La Serna		Crossroads
	Woodcrest Christian				Santa Fe		Viewpoint
		3	CITRUS COAST		Whittier		Windward
			Carpinteria				
2	ARROWHEAD		Channel Islands	3	DESERT EMPIRE	4	GOLDEN
	Calif School for Deaf		Fillmore		Coachella Valley		Antelope Valley
	Hamilton		Hueneme		Indio		Eastside
	La Sierra Academy		Malibu		Palm Desert		Highland
	Sherman Indian		Nordhoff		Shadow Hills		Knight
					Xavier Prep		Lancaster
4	BASELINE	3	COAST				Littlerock
	Chino Hills		Bolsa Grande	3	EMPIRE		Palmdale
	Claremont		La Quinta/Westminster		Calvary Chapel/SA		Quartz Hill
	Damien		Loara		Fullerton		
	Etiwanda		Rancho Alamitos		Godinez		3 GOLDEN WEST
	Los Osos		Western		Kennedy		Costa Mesa
	Rancho Cucamonga				Valencia/Placentia		Garden Grove
	Upland	3	COAST VALLEY				Segerstrom
			Coastal Christian				Tustin
3	BAY		Cuyama Valley				Westminster
	El Segundo		San Luis Obispo CI Acad				
	Mira Costa		Valley Chr/Santa Maria				
	Peninsula		Maricopa				
	Redondo Union						
	South Torrance						

ENT	LEAGUE	ENT	LEAGUE	ENT	LEAGUE	ENT	LEAGUE
3	GROVE	3	MARMONTE	3	MOUNTAIN PASS	4	OMEGA
	Anaheim		Agoura		Elsinore		Beacon Hill
	Los Amigos		Calabasas		San Jacinto		Glendale Adventist
	Magnolia		Newbury Park		Tahquitz		Highland Hall
	Santa Ana Valley		Oaks Christian		Temescal Canyon		Newbury Park Adventist
	Savanna		Thousand Oaks		West Valley		Ojai Valley
			Westlake				Pilgrim
3	HACIENDA			3	MOUNTAIN VALLEY		San Fernando Vly Acad
	Alta Loma	3	MID-CITIES		Indian Springs		Sequoayah
	Ayala		Dominguez		Miller, A.B.		
	Colony		Firebaugh		Pacific	3	ORANGE
	Los Altos		La Mirada		Palm Valley		Century
	San Dimas		Lynwood		Public Safety		Estancia
			Mayfair				Orange
3	HERITAGE		Paramount	3	MT . BALDY		Saddleback
	Desert				Chaffey		Santiago/Garden Grove
	Palmdale Acad Ch	3	MIRAMONTE		Chino		
	Palmdale Aerospace		Bassett		Diamond Ranch	3	ORANGE COAST
	St. Monica Academy		Edgewood		Don Lugo		Buena Park
	Trinity Classical Acad		Ganesha		Montclair		Katella
	Vasquez		La Puente		Ontario		Laguna Hills
			Pomona				Ocean View
3	INDEPENDENCE		Workman	4	MULHOLLAND		Santa Ana
	AGBU/Canoga Park				Ambassador Christian		
	de Toledo	4	MISSION		Animo Leadership	4	PACIFIC
	Le Lycee		Alemanly		Compton Early College		Arcadia
	Oakwood		Chaminade		Environmental Charter		Burbank
	YULA (Yeshiva)		Crespi		Pacific Lutheran		Burroughs/Burbank
			Harvard-Westlake		Shalhevet		Crescenta Valley
3	INLAND VALLEY		Loyola		Summit View West		Glendale
	Canyon Springs		Notre Dame/SO				Hoover
	Citrus Hill		St. Francis	3	NORTH HILLS		Pasadena
	Heritage				Brea Olinda		
	Lakeside	4	MISSION VALLEY		El Modena	4	PACIFIC COAST
	Orange Vista		Arroyo		La Habra		Irvine
			El Monte		Pacifica/Garden		Laguna Beach
3	INTERNATIONAL		Gabrielino		Villa Park		Northwood
	Calvary Baptist		Marshall				Portola
	Mesrobian		Mountain View	4	OCEAN		Sage Hill
	New Covenant Academy		Rosemead		Beverly Hills		St. Margarets Episcopal
	Southwestern Academy		South El Monte		Centennial/Compton		University
	Waverly				Culver City		Woodbridge
		3	MONTVIEW		Hawthorne		
3	IVY		Azusa		Inglewood	3	PIONEER
	Arlington		Baldwin Park		Lawndale		North Torrance
	Hillcrest		Duarte		Leuzinger		Palos Verdes
	Liberty/Winchester		Garey		Santa Monica		Torrance
	Paloma Valley		Sierra Vista				West Torrance
	Poly/Riverside			3	OLYMPIC		Wisburn Da Vinci
	Rancho Verde	4	MOORE		Heritage Christian		
			Cabrillo		Maranatha	3	PREP
2	LIBERTY		Compton		Valley Christian/Cerritos		Chadwick
	Buckley		Jordan		Village Christian		EF Academy
	Milken Community		Lakewood		Whittier Christian		Flintridge Prep
	Pacifica Chr/SM		Millikan				Poly/Pasadena
	Providence/Burbank		Poly/Long Beach				Rio Hondo Prep
			Wilson/Long Beach				
23		24		23		24	

Volleyball Sample Line Up Sheet:

Team Centerville HS Comets Game 1
Libero: 2 (Check one) Serve _____ Receive _____

Serve Order	Player Number
<u>I</u>	<u>4</u>
<u>II</u>	<u>6</u>
<u>III</u>	<u>8 C</u>
<u>IV</u>	<u>3</u>
<u>V</u>	<u>5</u>
<u>VI</u>	<u>7</u>

Volleyball Score Sheet:

Download from the CIF-Southern Section website at www.cifss.org or click here (<https://cifss.org/sport-news/volleyball-score-sheet/>)

CIF State Rule Webinar:

<https://cifss.org/sports/girls-volleyball/>

Volleyball Scorekeeping 101:

Download from the CIF-Southern Section website at www.cifss.org or click here (<https://cifss.org/sport-news/volleyball-scoring-presentation/>)

For Sanctioned Events, go to www.cifss.org

1. Click on Governance
2. Click Sanctioned Events
3. Select Volleyball, Girls
4. Click Search
5. To find a specific event, enter information in Keywords
6. Click Search

ALL CIF Southern Section Nomination Information

The ALL-CIF Southern Section Boys Volleyball Team will be selected by the advisory committee based on the returned nomination forms submitted by the deadline. Late nominations will not be considered.

All coaches are asked to submit their nominations using the Google Doc link below. Please take a moment to nominate not only your players but also any that you feel are deserving of selection by the committee.

<https://forms.gle/oQkC5ixKEr26p3bc6>

Nominations are due by Monday, May 18, 2026. Late nominations will not be accepted.

Each school may only submit one entry.

Each playoff division will recognize 12 position players, which includes one MVP. An ALL-CIF team may also have a 13th recognized player if a Libero has been selected. In addition, one coach of the year per division will also be selected. Nominations must be submitted by Monday, March 2, 2026. Late submissions will not be accepted.

If you have any questions, please contact our office or any one of the advisory members listed in the preview.

Thank you in advance for your assistance in completing this process.



MEMORANDUM

TO: All-CIF-SS SELECTION COORDINATORS AND CIF-SS STAFF
FROM: THOM SIMMONS, ASSISTANT COMMISSIONER
DATE: JUNE 10, 2024
RE: 2025-2026 ALL-CIF SOUTHERN SECTION TEAMS

Per the previous directive regarding the selection of All-CIF-SS and after consultation with CIF-SS Staff, the following are the mandatory maximums as it regards team selections in all sports. The office will no longer provide certificates beyond the first team in any sport, and each sport will be allotted the following number of player selections for each division represented in that sport:

Boys Volleyball 12 position players, 1 Libero, **1 MVP***, 1 Coach of the Year (13 w/ Libero; 12 w/o)

*** In each sport, the MVP must be included in the list of position players**

Each sport may alter its lists, except those as designated, as they see fit (i.e. select Co-MVP's) however, the total number of players may not exceed the total number of allowable selections.

- Each sport may continue to select and honor a 2nd or 3rd team. However, the CIF Southern Section will not pay for those certificates, nor will the CIF-SS office release those teams to the media. Additionally, 2nd and 3rd teams cannot include the use of "CIF" or any variation of our name in the titling. Thank you for your understanding, and please feel free to contact me should you have any questions on this issue.
- Unless an individual school has co-head coaches on its staff, we will not accept "Co-Coaches of the Year".
- Any sport that does not conform to these guidelines will be asked to resubmit.

Thank you for your cooperation and understanding.

CIF-SS HISTORY RECORD BOOK

The CIF-SS Record Book is updated on a yearly basis and can be found here.

<https://cifss.org/record-book/>

The CIF-SS Communications Office will automatically update information on championship teams, scores, and Players of the Year. Should your team, an athlete on your team, or a coach, meet a milestone record, then please complete this form.

<https://cifss.org/record-book-request/>

Please note we only record the top 10 in each category.

STATE CIF REGIONAL VOLLEYBALL INFORMATION

Please review the Boys Volleyball Playoff Bulletin for additional information available in early April.

The CIF Southern Section is allotted 14 entries into the State CIF Regional Boys Volleyball Tournament. The breakdown of those 14 entries is as follows:

Division 1: (5) Total Entries

The top four (4) teams that reach the semi-finals of the Southern Section Division 1 playoffs will automatically qualify for the State CIF Regional Volleyball Tournament. The remaining birth will be selected based on the end of season power rankings from Division 1 that did not advance to the semi-finals.

Division 2: (2) Total Entries

Teams that reach the championship final will automatically advance to the State Regional Volleyball Tournament. If one of the finalists elects not to compete in the Regional tournament, a school will be selected from the previous rounds. The highest-seeded team that did not advance to the championship final will be asked, followed by the next highest-seeded team, followed by the next, etc., until the entries are filled.

Division 3 - 9: (7) Total Entries

Only the Division Champion will automatically advance to the State Regional Volleyball Tournament. If the championship team elects not to compete in the Regional tournament, the runner-up will be offered the entry.

IF YOUR SCHOOL CHOOSES TO OPT OUT OF THE REGIONAL PLAYOFFS, YOU MUST NOTIFY MY OFFICE VIA E-MAIL BY FRIDAY, 5 PM, MAY 8, 2026.

If a school does not opt out before its semi-final match, the CIF State office will fine the member school \$1000.

https://cifstate.org/sports/Intent_To_NOT_Participate_Declaration.pdf

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HEALTH AND SAFETY

It is the expectation of the CIF Southern Section that your Athletic Coaches and Administration will take every measure to ensure the health and safety of your student athletes.

The following are key points of emphasis coaches should review with their staff and players in reference to CIF Southern Section rules and regulations in the 2025-2026 CIF Southern Section Blue Book. This list is not all-inclusive but only highlights key areas. For necessary forms and additional information regarding Heat Safety, Hydration and other Sports Medicine resources, please go to www.cifss.org and click on the “Sports Medicine” tab on the blue toolbar.

Additional resources can be found at www.cifstate.org under the “Sports Medicine” tab on the white toolbar

PHYSICAL EXAMINATION

An annual physical examination, or a statement by a medical practitioner, is required for a student to take part in any authorized school practice session and/or pre-season conditioning period. This physical examination will be valid for a period of one year from the date of the examination. A student will be excused from this physical examination only if there is compliance with the Education Code (parent's refusal to consent). CIF Health and Safety Committee strongly recommends schools use the Pre-Participation Examination form that is endorsed by five major medical societies; American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American orthopedic Sports Medicine and the American osteopathic Academy of Sports Medicine. All CIF schools must have school board approved forms.

CONCUSSION PROTOCOL

A student athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at the time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. If a licensed health care provider, trained in education and management of concussion determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return to play protocol of no less than seven (7) full days from the time of diagnosis under the supervision of a licensed health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition. (Approved May 2010 Federated Council/Revised January 2015 Federated Council)

Question: What is meant by “licensed health care provider?”

Answer: the “scope of practice” for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

STEROID PROHIBITION

All schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parent(s)/guardian(s)/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition.

NOTE: Article 1-12.N. (Revised May 2005 Federated Council)

SUDDEN CARDIAC ARREST PROTOCOL

A student-athlete who passes out or faints while participating in, or immediately following, an athletic activity or who is known to have passed out or fainted while participating in or immediately following an athletic activity, must be removed immediately from participating in a practice or game for the remainder of the day. A student-athlete who has been removed from play after displaying signs and symptoms associated with sudden cardiac arrest may not return to play until the athlete is evaluated by a licensed health care provider and receives written clearance to return to play from that health care provider. On a yearly basis, a Sudden Cardiac Arrest information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition.

Question: What is meant by "licensed health care provider?"

Answer: the "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

2025-2026

CIF-SS APPROVED PASS GATE CARDS

COURTESY CARD

GOOD FOR BEARER +1



This card is transferable and may be presented by an adult only.

Please admit one (1) ADULT bearer and one (1) guest upon presentation of this card to any athletic event conducted by the CIF Southern Section or one of its member schools, except as noted below.

This card may only be used for one event. **EXPIRES JUNE 30, 2026.**

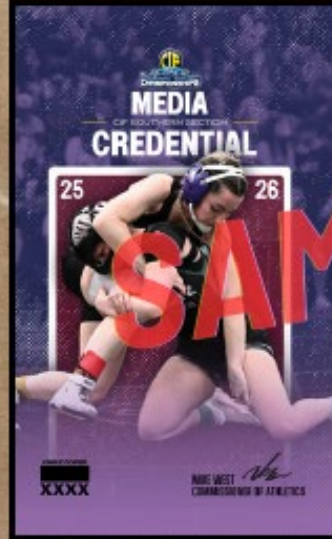
IT IS NOT VALID FOR:

- CIF-SS FORD League and Girls Wrestling Meet.
- Any special event so identified by the CIF-SS Commissioner of Athletics.
- Any event in which the CIF Southern Section or a member school hosting institution has reached its venue capacity.

Abuse or multiple use of this card at the same event will result in the permanent confiscation of this card and removal from the event. Misuse of this card will result in sanctions placed against the institution to whom this card was issued.

MEDIA CREDENTIAL

GOOD FOR BEARER ONLY



Please admit the bearer upon presentation of this pass to all practice, league, invitational and playoff events within the CIF Southern Section through **June 30, 2026.**

This card is **NOT** valid for use at any event not so identified by the CIF-SS Commissioner of Athletics. Credentials for these types of events will be issued by the CIF-SS Communications Department upon request and approval by legitimate media organizations.

This pass will not be used to admission at both the entrance of the athletic card, and the entry pass book, if such facility is available, for the purpose of covering the event.

Acceptance of this credential constitutes agreement by the bearer and his/her organization to abide by the foregoing conditions and any rules stipulated by the host organization.

Any violation of these rules can and will result in ejection from the facility and immediate revocation of this credential.

Expires June 30, 2026

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