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THE SOUTHERN CALIFORNIA FORD DEALERS PROUDLY SUPPORT SO CAL HIGH SCHOOL ATHLETICS.







TO: CIF-SS Traditional Competitive Cheer Coaches

FROM: Kristine Palle, Assistant Commissioner

DATE: October 2023

RE: 2023-2024 Traditional Competitive Cheer Championship Bulletin

You will find included in this playoff bulletin very important and vital information for the 2023-24 Traditional Competitive Cheer Championships. **REVIEW THE INFORMATION THOROUGHLY**. If you should have any questions, please do not hesitate in contacting the CIF-SS Office.

#### The following items are included:

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**GATORADE** 





# 2023-24 CIF SOUTHERN SECTION TRADITIONAL COMPETITIVE CHEER SEASON

Following is a capsule of the CIF Southern Section calendar for the 2023-24 Traditional Competitive Cheer Season.

#### STARTING DATES FOR INTERSCHOLASTIC CONTESTS

For Traditional Sport Cheer, interscholastic contests may be scheduled during the Fall, Winter, and/or Spring seasons of sport.

#### **CIF SOUTHERN SECTION/FORD TRADITIONAL COMPETITVE CHEER CHAMPIONSHIPS**

The CIF Southern Section/Ford Championships will be held on January 20, 2024 at Martin Luther King High School in Riverside.



# CIF SOUTHERN SECTION FORD TRADITIONAL COMPETITIVE CHEER

#### CIF SOUTHERN SECTION CHAMPIONSHIPS REGISTRATION

#### **CIF-SS REGISTRATION DATES**

Registration for the CIF Southern Section Ford Traditional Competitive Cheer Championships will open on cifsshome.org beginning on <u>October 30, 2023 at 8:00 a.m.</u>. Registration will <u>close on December 15, 2023 at 12:00 noon</u>, **if your team needs to withdraw from the competition this the last date to do so.** There is no registration fee for this event. Timestamp will determine order of performance with the first to register performing last in their division. Get your registration in early. <u>NO LATE REGISTRATIONS WILL BE ACCEPTED!</u>

#### **REGISTRATION PROCEDURES**

Registration will be available on the cifsshome.org website. The tab will be available during the above time frame under Forms, TCC Registration. Only those with access to the cifsshome.org system will have access to this registration form. Cheer coaches wishing to have access to the form must contact their athletic director for that permission.

This is a varsity competition. Only register your varsity traditional competitive cheer team for this event.

Contained in the registration process is a disclaimer regarding the licensing of performance music. Clicking this box confirms that proper licensing of your performance music has been obtained and a copy of such licensing will be made available at the event, should it be requested. Music should be brought to the venue on various media to ensure playability at the event.

#### **CHAMPIONSHIP PERFORMANCE SCHEDULE**

The finalized championship performance schedule will be emailed to the schools that registered for the event, attention to the head cheer coach and athletic director listed on the registration form. Please be sure the email addresses entered into the system are accurate. Once the schedule is posted, no changes will be made to the schedule. When registering, you acknowledge that you will be available to participate on Saturday, January 20, 2024. If your squad is a no show on the day of the event, regardless of reason, there will be a \$1,000 penalty assessed to your school.

## **CIF-SS HOME REQUIREMENTS**

#### **VARSITY COACHES**

Attention Athletic Directors/Coaches: It is very important that you enter your Traditional Competitive Cheer coaches (Head & Assistants) into CIFSSHome (www.cifsshome.org) no later than WEDNESDAY, JANUARY 17, 2024.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the "Users" tab, click on "User Manager", click on the in the upper right hand corner to add Coaches and Assistant Coaches. Enter the information requested on the "Add School User" page. Choose "Active" to provide the coach with access to CIFSSHome or "Inactive" for directory purposes only. Choose Yes or No to give the coach access to all sport, click **Submit**. Choose the applicable options on the Assign Coach to Team page, click Save or Add Another to add additional coach(s).

#### **VARSITY TEAM INFORMATION (ROSTERS)**

Attention Athletic Directors/Coaches: It is very important that you enter your entire Traditional Competitive Cheer Varsity roster into CIFSSHome (<a href="www.cifsshome.org">www.cifsshome.org</a>) no later than WEDNESDAY, JANUARY 17, 2024.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the "Teams" tab, click on "Teams Manager", click on "Traditional Competitive — Cheer", select You can UPLOAD your roster using the instructions below (1) or you can enter each player one by one (2). Required roster information for Traditional Competitive Cheer is:

First Name, Last Name, Birth date, Year, & Eligibility

#### (1) To ADD roster players one by one:

- Click on and complete fields required for Girls Volleyball.

#### (2) To Import a Roster using an Excel sample file:

- Download the sample file and delete the "contents only".
- Copy and paste or type your roster information into the file as the contents and save the file to your computer.
- Only an excel file (xls) can be uploaded that is the exact same format as the sample file.
- Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.
- Required Columns for Traditional Competitive Cheer are:

First Name, Last Name, Birth date, Year, & Eligibility

- Click on to find your file, then click on



- To confirm the roster has been uploaded, your players' names will be uploaded in the "Official Roster" section.
  - Click on the next

Choose File

#### SCHOOL LOGO

Log in @ www.cifsshome.org

- Click on the "Configuration" tab
- Click on "School Info"
- Click on "Choose File" (.PNG file format is preferred)
- Choose the "No" option for Hide from Directory?
- Click Save

#### **SOCIAL MEDIA ACCOUNTS**

Log in @ www.cifsshome.org

- Click on the "Configuration" tab
- Enter all school account names available next to the social media options (ie. Facebook, Instagram, Twitter)
- These accounts are used during playoffs and for Games of the Week

# 2023-24 TRADITIONAL COMPETITIVE CHEER PARTICIPATING SCHOOLS (As of 10/25/2023)

Academy Careers & Exploration Charter Oak Hamilton
Alhambra/Alhambra Chino Hart High
Aliso Niguel Chino Hills Hawthorne
Anaheim Citrus Valley Hemet

Animo City of Champions Claremont Heritage Christian
Animo Leadership Coastal Christian Hoover/Glendale
Aquinas Colony Hueneme

Arlington Colton Huntington Beach
Arroyo Costa Mesa Indian Springs

Artesia Covina Indio
Ayala, Ruben Crean Lutheran Inglewood
Azusa Crossroads Christian Irvine
Baldwin Park Culver City Jordan

BanningCypressJSerra CatholicBeaumontDesert MirageJurupa HillsBeckman, ArnoldDiamond RanchKaiser

BellflowerDominguezKennedy/La PalmaBeverly HillsDon LugoKing, Martin Luther

Bloomington Downey La Puente

Bolsa Grande Edgewood La Quinta/Westminster

Brea OlindaEdisonLa SalleBrentwoodEl DoradoLa SernaBuena ParkEl ModenaLaguna BeachBurbankEl MonteLaguna Hills

Burroughs/Burbank El Rancho Lakeside/Lake Elsinore

Burroughs/RidgecrestEl ToroLakewoodBYEElsinoreLancasterCajonEntrepreneur/HighlandLawndaleCaliforniaEstanciaLeuzinger

California Military Institute Fairmont Prep Liberty/Winchester

California School/Deaf (CSDR) Faith Baptist Lifeline Education Charter

Calvary Chapel/Downey Fillmore Los Alamitos

Cantwell-Sacred Heart of Mary Fontana Los Altos/Hacienda Heights

Canyon Springs Foothill/Santa Ana Los Amigos
Canyon/Anaheim Fountain Valley Lutheran/Orange

Canyon/Canyon Country Gabrielino Magnolia
Capistrano Valley Gahr Maranatha
Capistrano Valley Christian Garden Grove Marina
Carpinteria Glendale Mark Keppel

Carpinteria Glendale Mark Keppel
Centennial/Compton Glendora Mary Star of the Sea

Centennial/Corona Godinez Mater Dei Century Golden Valley/Santa Clarita Mayfair

Cerritos Grand Terrace Milken Community

Channel Islands Granite Hills/Apple Valley Miller, A.B.

Millikan Rialto St. Monica Preparatory

Mira Costa Rim of the World St. Paul
Mission Viejo Roosevelt, Eleanor Sultana
Monrovia Rosary Academy Summit
Montclair Rosemead Sunny Hills
Montebello Rubidoux Tahquitz
Morningside Saddleback Temecula Pre

MorningsideSaddlebackTemecula PrepMountain ViewSan ClementeTemescal Canyon

MuirSan DimasTesoroMurrieta MesaSan GabrielTorranceMurrieta ValleySan GorgonioTustinNewport HarborSan JacintoUniversityNogalesSan Jacinto Leadership AcademyUpland

NorcoSan Jacinto Valley AcademyValencia/PlacentiaNordhoffSan Juan HillsValencia/ValenciaNorth TorranceSanta AnaValley Christian/Cerritos

North, J.W. Santa Ana Valley Valley View
Northview Santa Barbara Vasquez
Norwalk Santa Fe Ventura
Notre Dame/Sherman Oaks Santa Margarita Victor Valley

Nuview Bridge Santiago/Corona Villa Park
Oak Park Saugus Village Christian

Ocean View Savanna Vista Del Lago/Moreno Valley

Orange Schurr Walnut Pacifica/Garden Grove Segerstrom Warren Palm Desert Serra West Covina **Palm Springs** Serrano West Ranch Paloma Valley **Shadow Hills West Torrance** Paramount Sierra Canyon West Valley

PioneerSierra VistaWestern ChristianPoly/Long BeachSilveradoWestminsterPoly/RiversideSimi ValleyWhittier

Portola Sonora Whittier Christian

Providence/Burbank South El Monte Wilson/Hacienda Heights

Ramona South Hills Wilson/Long Beach

Rancho Cucamonga South Torrance Woodbridge
Rancho Mirage Southlands Christian Workman

Redlands St. Anthony Yorba Linda Redlands East Valley St. Jeanne de Lestonnac Yucaipa

Redondo Union St. Joseph/Lakewood

## TRADITIONAL COMPETITIVE CHEER DIVISIONS



## 2023 - 2024 CIF Southern Section Competition Divisions

#### DIVISIONS

Division 1A • 9th grade - 12th grade • Female • 5 - 19 Members Division 1AA • 9th grade - 12th grade • Female • 20 - 36 Members Division 1 COED • 9th grade - 12th grade • Female/1+ Males • 5 - 36 Members Note: 1 or more males allowed. Division 2A • 5 - 19 Members • 9th grade - 12th grade • Female Division 2AA • 9th grade - 12th grade • Female • 20 - 36 Members Division 2 COED • 9th grade - 12th grade • Female/1+ Males • 5 - 36 Members Note: 1 or more males allowed. Division 3A • 9th grade - 12th grade • Female • 5 - 19 Members • 9th grade - 12th grade • Female Division 3AA • 20 - 36 Members Division 3 COED • 9th grade - 12th grade • Female/1+ Males • 5 - 36 Members Note: 1 or more males allowed.

#### NON-TUMBLING DIVISIONS

The Non-Tumbling division will prohibit all tumbling with feet over head rotation. Legal inversions into or from stunts will not be considered tumbling and are allowed in this division.

Division 4A • 9th grade - 12th grade • Female • 5 - 19 Members

Division 4AA • 9th grade - 12th grade • Female • 20 - 36 Members

Division 4 COED • 9th grade - 12th grade • Female/1+ Males • 5 - 36 Members Note: 1 or more males allowed.

## **CIF SOUTHERN SECTION**

#### 2023-2024 RULES & RESTRICTIONS

#### **DIVISION 1 SKILLS RESTRICTIONS**

Teams will follow the standard NFHS Spirit Rules Book Guidelines with no other skill restrictions.

#### **DIVISION 2 SKILLS RESTSRICTIONS**

Teams will follow the standard NFHS Spirit Rules Book Guidelines with no other skill restrictions.

**STANDING TUMBLING:** standing back handspring series and/or jump/handspring(s) combinations. Flips are not allowed. i.e., a standing back tuck or standing back handspring back tuck is not allowed.

<u>RUNNING TUMBLING</u>: limited in difficulty to tucks. Tucks (flips) can ONLY be performed in a tuck position and ONLY from a cartwheel, round off, or back handspring(s). Punch fronts are not allowed. No twisting is allowed while airborne (exception: aerial cartwheels are allowed). The following types of advanced running tumbling skills are prohibited: X-outs, layouts, full twists, etc. No tumbling is allowed after a tuck (flip) or aerial skills.

<u>STUNTS</u>: extended single leg stunts are allowed. Only a ½ twist is allowed to any extended single leg stunt. All other twisting transitions may not exceed 1 twisting transition. Stunt release moves must start at or below prep level and must be caught at prep level or below. Release moves may not pass above the bases/bases' extended arm level.

<u>PYRAMIDS</u>: All pyramid twisting transitions must follow all dismount and stunt twisting transition rules. Pyramid inversions: A braced forward, or backward flip is allowed while adhering to the NFHS Spirit Rules Book rules on braced flips; however, two bracers are required, no twisting is allowed, and the flip must end in a cradle dismount or cradle transition position. Extended single leg stunts may not be braced by other extended single leg stunts.

**<u>DISMOUNTS</u>**: Only straight pop downs, basic straight rides, and ¼ turns and transitions in and out of cradles are allowed from any single leg stunt. Up to 1¼ twists are allowed from any two-leg stunt.

<u>TOSSES</u>: Limited to one trick only during a toss (i.e., one toe touch). Examples of skills not allowed: A kick followed by a twist, or a ball to an X. Tosses may not exceed 1 twisting rotation.

#### **DIVISION 3 SKILLS RESTSRICTIONS**

Teams will follow the standard NFHS Spirit Rules Book Guidelines with no other skill restrictions.

**STANDING TUMBLING:** Limited to a standing single back handspring. Jump/handspring combinations and standing handspring series are not allowed. Standing tucks and/or aerials are not allowed.

**RUNNING TUMBLING:** Limited in difficulty to front and/or back handspring series. Flips (tucks), aerials, and punch fronts are not allowed.

<u>STUNTS</u>: Extended stunts are limited to both feet in the base(s) hands at all times. Single leg stunts may not be held or pass through an extended position. Twisting stunt transitions are limited to a ½ twist. Exception: A single full twisting log/barrel roll is allowed if it starts and ends in a cradle position, does not involve any skill other than the twist, and is not assisted by and/or connected to another top person. All release moves must land in a cradle. The only stunt inversions allowed are: *a*. Transitions from ground level inversions up to non-inverted positions. *Example*: Going from a handstand on the ground to a non-inverted stunt such as a shoulder sit is allowed. *b*. Suspended forward rolls where two people on the performing surface control the top person in a suspended forward roll with continuous hand-to-hand contact to a

stunt, two-person cradle, loading position, or the performing surface. If caught in a cradle, load, or stunt, the new catchers must be in place and may not be involved in any other skill when the suspended forward roll is initiated. During the roll, the feet of the top person must be released. *c.* Dismounts to the performing surface from waist level stunts. Example: Waist level prone to forward roll dismount or cradle position to back walkover dismount.

<u>PYRAMIDS</u>: All single leg extended stunts must be braced by two top persons at prep level or lower. The braced connection must be established at prep level or lower before the stunt passes into the extended level, and constant contact between the top person and the bracers must be maintained while the top person is on one leg above prep level. Any time a top person is released by bases during a pyramid transition, the top person must be braced by two top persons at prep level or below with hand-arm connection only and constant contact between the top person and the bracers must be maintained throughout the transition. Twisting pyramid transitions are limited to a ½ twist. Pyramid inversions are not allowed.

<u>DISMOUNTS</u>: Only straight pop downs/bump downs, basic straight cradles, ¼ turn dismounts, and dismounts from waist level inversions are allowed. All other dismounts are prohibited.

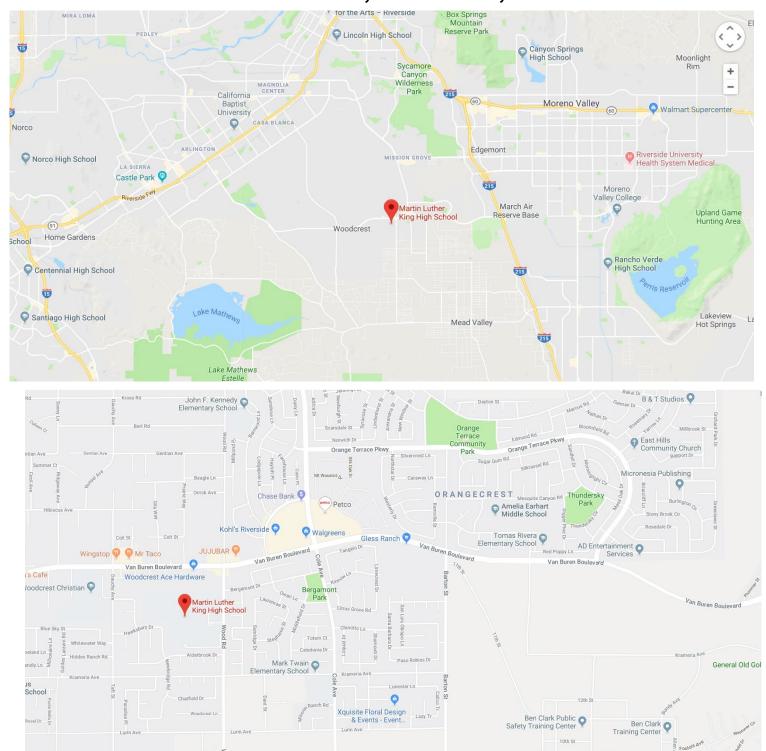
**TOSSES:** The only body position allowed is a straight ride

#### **DIVISION 4 SKILLS RESTSRICTIONS**

Teams will follow the standard NFHS Spirit Rules Book Guidelines with no other skill restrictions.

Any and all tumbling with feet over head rotation i.e. rolls and walkovers not allowed. Legal inversions into or from stunts will not be considered tumbling and are allowed in this division. Exception: a back handspring entry into stunts / pyramids will not be allowed.

# MARTIN LUTHER KING HIGH SCHOOL 9301 Wood Road, Riverside, CA 92508



#### NO OPEN WARM-UP FACILITY WILL BE AVAILABLE AT THE VENUE.

(See Performance Schedule for scheduled warm-up time in the warm-up facility)



## 2024 CIF State

## Northern/Southern Regional Invitationals

#### Divisions & Categories:

- Varsity Categories:
  - o Small 5-19, Large 20-36
  - Small Coed 1-4 males Large Coed 5+ males
  - o Non-Tumbling Small 5-19 and Large 20-36
- CIF reserves the right to add, delete, combine and / or split divisions, based on enrollment and in the interest of competition.
- CIF Sections may continue to operate Section League, Regional & Championship events with current Section Divisions, however, only those in divisions listed above will be eligible to compete at the Northern Southern State Regional Invitational.
- Divisions above will follow all NFHS Spirit Safety Rules. Rules may be found using the link below.

https://www.usacheer.org/high-school-cheer

In order to participate in the CIF State Cheer Invitational teams must participate in their CIF Section Championship (if one is offered). Failure to participate in your CIF Section Championship will result in no participation in the CIF State Invitational event.

Scoresheets & Cheer Skills Grid are being updated and will be provided in the coming weeks.

CIF State Registration Opens – November 6, 2023 and will close January 12, 2024

CIF State SoCal Regional Invitational – January 27, 2024

For more information, go to www.cifstate.org

# **SPORTSMANSHIP**

#### THE INFLUENCE OF THE COACH

The coach is in a better position to have a positive influence on the youth of a community than any other member of the faculty. He/She has an obligation to develop a personality and character which are above reproach. The example set by the coach is of extreme importance. The character-building potential of athletics is closely related to the character of the coach.

Athletics furnish a setting for the demonstration of attitudes of players which are a direct reflection of the coach. It takes self-discipline on the part of the coach to always let reason, rather than emotions, guide conduct. To build the correct pattern for your athletes, give the following points your attention:

- 1. Watch your language. Obscenity and profanity have no place on the bench, in the dressing room, or, in fact, in your vocabulary. Additionally, racial or ethnic comments will never be condoned.
- 2. You can explain defeat, but do not alibi for it.
- 3. Do not gloat in victory; this is even more offensive than the alibi.
- 4. Do not challenge the decision of officials.
- 5. Do not lose your temper, because with it will go your poise.
- 6. Organize your work well in advance, make a work schedule and carry it out effectively.
- 7. Do not try to take unfair advantage of the rules.
- 8. Give opportunities to your players for leadership.
- The coach's job is to develop the individual players and the team into a unit which can give a performance approaching their maximum ability as individuals and as a team. This must be done within the best meaning of the word **SPORTSMANSHIP.**
- 10.SPORTSMANSHIP PRIORITY # 1

GOOD SPORTSMANSHIP, ETHICS AND INTEGRITY!!!

"YOU MAKE THE DIFFERENCE!!!"

Again this year, special emphasis is to be placed upon our Code of Ethics. It is requested that school administration, coaches and athletes make a special effort to review our Code this year in an effort to re-dedicate ourselves to our founding principles.

\* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \*

## **CODE OF ETHICS**

#### IT IS THE DUTY OF ALL CONCERNED WITH HIGH SCHOOL ATHLETICS:

- 1. To emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
- 2. To eliminate all possibilities which tend to destroy the best values of the game.
- 3. To stress the values derived from playing the game fairly.
- 4. To show cordial courtesy to visiting teams and officials.
- 5. To establish a happy relationship between visitors and hosts.
- 6. To respect the integrity and judgment of sports officials.
- 7. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
- 8. To encourage leadership, use of initiative and good judgment by the players on a team.
- 9. To recognize that the purpose of athletics is to promote the physical, mental, moral, social and emotional well-being of the individual players.
- 10. To remember that an athletic contest is only a game not a matter of life and death for player, coach, school, officials, fan, community, state or nation.

# GOOD SPORTSMANSHIP, ETHICS AND INTEGRITY!!!



#### CIF SOUTHERN SECTION PLAYOFF/CHAMPIONSHIP ADDITIONAL/CUSTOM POST SEASON AWARDS 2023-2024



**PARTICIPATION CERTIFICATES:** Each member of a team participating in the CIF-SS playoffs can

receive a Participation Certificate. These certificates will be downloaded and printed solely by your school. The certificate is in a 'Type-In' format and may be downloaded from the CIFSSHOME website under **AWARDS**.

**NEED ADDITIONAL AWARDS:** Feel free to order directly.

**Plaques:** If your team won or was a finalist in a CIF-SS championship and you

need to purchase any additional champion/finalist plaques contact All

American Trophy by contacting at (323) 725-1962.

"Champion", "Finalist"

"ALL-CIF" Patches Champion, Finalist and ALL-CIF patches must be exclusively ordered

through JL Custom Jackets and Patches at www.jlcustomjackets.com,

(951) 867-3200, or email lindseyjlcustomjackets.com.

#### CUSTOM AWARDS/ RINGS/BANNERS/APPAREL SOUVENIRS USING CIF-SS:

Schools often seek to create custom patches, gym banners and championship rings that include both the school and CIF-SS marks/logos/names. Example: 'ACME BOYS BASKETBALL 2022 CIF-SS CHAMPIONS'. Schools may create these items using CIF-SS marks only through a CIF-SS licensed vendor.

CIF-SS 'registered' trademark: The "CIF Southern Section", "CIF-SS", "Southern Section" and "CIF" marks and logos are registered trademarks with the State of California. Schools may only use the CIF Southern Section marks on rings, patches and banners by doing business with a CIF-SS licensed vendor. Schools creating items with CIF-SS registered marks from a non-licensed vendor will face sanction and/or will be required to purchase any unsold shirts/items at the Championship final if similar non-licensed items appear at the contest. A list of the currently licensed vendors for these products is included and regularly updated on www.cifss.org.

Please note: The use of only "CIF" is strictly prohibited per the State CIF registered trademarks. Only those teams in State regionals, bowl games and individual sport finals actually qualify to use CIF without Southern Section attached. Any such use must be approved in advance by the CIF State office.

#### CIF-SS vendors who are licensed to create custom items for schools that include CIF-SS:

Championship Patches (circle shape) Playoffs or Prelims, Finals Patches (shape of a shield) for participation in Cross Country, Track & Field or Swimming Finals, Masters Patches (oval shaped) for participation in a Masters Track & Field or Wrestling event and Wrestling Dual Meet (rectangle shaped) are sold "ON-SITE" by the CIF-SS vendor. Additional patches post event can be ordered through any of the licensed CIF-SS patch vendors:

#### Chenille Patches

www.jlcustomjackets.com	(951) 867-3200
www.cifsstshirts.com	(951) 789-5858
www.cljackets.com	(714) 828-6900
www.embroideryandmoredesign.com	(951) 471-5200
www.fancystitchin.com	(951) 656-6505
www.getfunkymonkey.com	(909) 592-2622
https://logojoes.net/	(951) 461-0388
https://pccembroidery.com/	(909) 403-4558
www.wegotemtees.com	(760) 983-6087
www.tassigns.com	(626) 966-4770
	www.cifsstshirts.com www.cljackets.com www.embroideryandmoredesign.com www.fancystitchin.com www.getfunkymonkey.com https://logojoes.net/ https://pccembroidery.com/ www.wegotemtees.com

• <u>Custom Banners/Souvenirs</u> Your school may now create custom items that include the CIF-SS mark or logo (championship banner, banners for your gym, etc...) through a licensed CIF-SS vendor (and their specialty).

Integrity Design www.IntegrityDesignUSA.com Larry Shoppa (855) 341-8817

#### • Rings

J. Lewis Small

Jostens

www.jlewissmall.com

www.jostens.com

Signature Style Jewelry <u>www.signaturestylejewelry.com</u>

Baron Championship Rings <a href="https://baronrings.com/">https://baronrings.com/</a>
Herff Jones <a href="https://www.herffjones.com/">https://www.herffjones.com/</a>

**PROTECT YOUR SCHOOL TRADEMARKS**: The CIF Southern Section strongly suggests you double-check the status of *your school* licensed/registered marks and logos now. Some schools have permanently lost control of others selling their merchandise with no royalty or approvals because the proper State of California licensing/registering process had not previously occurred or been enforced.

For additional vendors licensing information, please contact CIF Southern Section, Director of Marketing, Jackie Gibson at jackieg@cifss.org or 562-493-9500.

JL CUSTOM JACKETS

official licensed patch

AND JACKET MANUFACTURER



CIF-SS CHAMPIONS 2013







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EMBROIDER FIRST NAME, SCHOOL NAME, MASCOT NAME AND 1 SPORT ONTO THE FRONT

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Hoag Orthopedic Institute

**Sports Medicine** 

