

CIF SOUTHERN SECTION



SPRING 2024



**SEASON
PREVIEW**



BRONCO



F-150 RAPTOR



MUSTANG SHELBY



MUSCLES. SPEED. AGILITY. SMARTS.

OUR VEHICLES. OUR ATHLETES.



THE SOUTHERN CALIFORNIA FORD DEALERS
PROUDLY SUPPORT SO CAL HIGH SCHOOL ATHLETICS.



EXPLORER



RANGER



BRONCO SPORT



DATE: JANUARY 2024
TO: CIF-SS SOFTBALL COACHES
FROM: THOM SIMMONS, ASSISTANT COMMISSIONER
& TAYLOR MARTINEZ, COMMUNICATIONS COORDINATOR
RE: **2023-2024 SOFTBALL SEASON!**

WELCOME TO THE 2023-2024 GIRLS' SOFTBALL SEASON!

The Girls' Softball Packet has been prepared to assist you in the organization of your school's Girls' Softball program. The enclosed is important information for preparation of the upcoming season. Please share this information with your assistant coaches.

TABLE OF CONTENTS

2023-2024 Advisory Committee Members.....	4
2024 Top Ten Polls.....	5
Sanctioned Events	5
Calendar Dates.....	6
CIFSSHOME.org Requirements	7
2023-2024 CIFSS Official Ball Program	10
2023-2024 NFHS Softball Rules & Points of Emphasis.....	11
Non-Approved Bat Information & Certification Marks.....	15
2023-2024 Blue Book Rules	
General.....	19
Softball.....	20
CA Softball Officials Association Unit Presidents.....	21
Top Ten Preview Questionnaire.....	23
Press Guide & Record Book Reporting Form.....	23
ALL-CIF Form.....	26
Health & Safety.....	28

2023-2024 CIF-SS Girls' Softball Committee Members

Division 1

**Brent Tuttle, La Mirada / Gateway – btuttle@nlmusd.k12.ca.us
Jamie Shannon, At-Large – jshannon@losal.org
Kim Ensey, Chino Hills / Baseline – kimensey1@gmail.com

DIVISION 2

**Mary Starksen, Warren / Gateway - mstarksen@dusd.net
Jennifer Dessert, Redondo Union / Bay – jdessert@rbusd.org
Justin Siegel, Notre Dame/SO – siegel@ndhs.org

Division 3

**Laura Shinar, Ramona / River Valley - 12shinar@gmail.com
April Finazzo, Citrus Valley / Citrus Belt - april_finazzo@redlands.k12.ca.us
George Molina, Wilson / Moore – gaga1434@yahoo.com

Division 4

**Melissa Graham, Katella / Golden West – d4cifsoftball@gmail.com
Erin Brown, Mayfair / Gateway - ebrown@busd.k12.ca.us
Jasmine Provoost, Elsinore/Sunbelt – angelloj19@gmail.com

Division 5

**Margaret Neill, Paraclete / Camino Real – mneil@paracletehs.org
Joe Zimmerman, University Prep / Cross Valley – upsathletics@yahoo.com
Eric Albright, Westminster / Golden West – ealbright@hbuhsd.edu

Division 6

**Joe Zimmerman, University Prep / Cross Valley – upsathletics@yahoo.com
Jennifer Bond, Poly/Pasadena/Prep League – softball_20@pacbell.net

Division 7

**Jennifer Bond, Poly/Pasadena/Prep League – softball_20@pacbell.net

Division 8

Dana Vasquez, Brentwood / At-Large – dvasquez@bwscampus.com
Mike Lundy, Marshall Fundamental - lundy.michael@pusd.us

Championship Event Manager:

Laura Shinar, Ramona/River Valley - 12shinar@gmail.com

Finals Work Crew:

Roberta Garcia-Uyemura, At-Large - rgarcia@wvusd.k12.ca.us
Amanda Kelson, Brentwood/Gold Coast - akelson@bwscampus.com
Donn Brown – donnbrown831@gmail.com
Sharen Caperton– sharencap@gmail.com

** Denotes Division Rep

TOP TEN POLLS

Although every effort is made to be as accurate as possible the weekly Top Ten Poll selections are published to create interest in the sport and is dependent upon coaches' input. It is understood that this is a coaches' poll and that no students or parents are involved with the poll.

It is **IMPERATIVE** that COACHES contact the Girls' Softball Advisory Committee member in your division on a weekly basis regarding Top Ten Poll rankings if your team or a team in your league should be considered.

Polls will be published every Monday following the First Poll on cifss.org:

Watch List: February 5, 2024

First Poll: March 4, 2024

Final Poll: April 25, 2024

- Go to CIFSSHOMES.ORG, post your game scores.
- Please call in your scores to your local newspaper throughout the season and playoffs
- Contact the Softball Advisory Committee during the season regarding Top Ten Polls. All CIF-SS nomination form can be found on the www.cifss.org under Softball.

APPROVED SANCTIONED EVENTS

Please refer to the CIF Southern Section website (www.cifss.org) for the latest Sanctioned Events, as events are updated daily.

Sanctioned Events download directions:

click on **GOVERNANCE TAB**

click on **SANCTIONED EVENTS**

select **SOFTBALL**

click on **SEARCH**

This page will display the most up to date information on:

Softball Approved Sanctioned Events

CIF SOUTHERN SECTION GIRLS' SOFTBALL 2024 CALENDAR AND PLAYOFF DATES

FIRST CONTEST:

The initial date on which a school may schedule and conduct an interscholastic contest is:
SATURDAY, FEBRUARY 10, 2024.

If a school chooses to have a scrimmage (maximum 2 scrimmages), it must be on or after February 10th and before their first official contest.

LAST CONTEST:

All league competitions must end on or before **THURSDAY, APRIL 25, 2024**. Schools may compete until Saturday, April 27th for non-league contests only. See Bylaw 3008 for end of competition guidelines.

LEAGUE ENTRIES DUE by 10:00pm on Thursday, April 25, 2024.

Pairings Day - SATURDAY, APRIL 27, 2024 – 12:00PM
Playoff Brackets can be found at www.cifss.org

CIF SOUTHERN SECTION FORD GIRLS' SOFTBALL CHAMPIONSHIP DATES:

PLAYOFF DATES:

32 Team Bracket – April 30 (Wildcard), May 2, 7, 9, 11
Mercy Rule 2700.1 will be used for Wildcard, 1st, and 2nd round contest.

16 Team Bracket – April 30 (Wildcard), May 2, 7, 9, 11
Mercy Rule 2700.1 will be used for Wildcard and 1st round contests.

Playoff brackets that have 25 or more automatic entries will utilize a 32 Team Playoff format.
Playoff brackets that have 24 or less automatic entries will utilize a 16 Team playoff format.

CIF SS FINALS (All Divisions): May 17-18, 2024

GAME BALL:

The Official game ball for all playoff rounds and the final championship games on May 17-18, 2024 is the Rawlings FPCIF-SS.

KEY REMINDER:

All batting helmets shall be equipped with a NOCSAE APPROVED FACE PROTECTOR. The phrase, "Meets NOCSAE Standard" must be permanently affixed to the face protector.

CIFSSHOME REQUIREMENTS

SCHEDULES & SCORES Complete your schedule in CIFSSHome prior to your season as well as update scores following each contest

Attention Athletic Directors/Coaches: It is very important that you enter your entire season schedule into CIFSSHOME (www.cifsshhome.org) as well as update the scores immediately following your contests.

Log in @ www.cifsshhome.org (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

- On the left panel, click on "Teams", select "Softball"

To Add a game:

- On the left panel, click on "Events", select "Add Event", choose Game under "Event Type", choose date of game under "Event Date", choose **SOFTBALL** under "Sport", choose Varsity under "Level", type the opposing school name in "Add Opponent", choose the type of game under "Select Game Type", click on Home, Away or Neutral under "Location", choose "Start Time" Click on "Save" to add one game or "Save & Duplicate" for multiple games.

- To Submit your score:


- On the left panel, click on "Teams", select "Teams Manager", scroll down to **SOFTBALL**, and click on VR to add Varsity scores. Click on "Post Result" button, enter your team's score, enter the opponent's score, result should auto populate with either "W", "L" or "T" based on the correct match score entered. If the game was a forfeit, click on the Yes box, enter the set scores in "Notes".

Make sure that your overall and team records are correct on your team page

VARSITY COACHES

Attention Athletic Directors/Coaches: It is very important that you enter your **SOFTBALL** coaches (Head & Assistants) into CIFSSHome (www.cifsshhome.org) no later than **THURSDAY, APRIL 25**.

Log in @ www.cifsshhome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the "Users" tab, click on "User Manager", click on the  in the upper right-hand corner to add Coaches and Assistant Coaches. Enter the information requested on the "Add School User" page. Choose "Active" to provide the coach with access to CIFSSHome or "Inactive" for directory purposes only. Choose Yes or No to give the coach access to all sport, click **Submit**.

Choose the applicable options on the Assign Coach to Team page, click Save or Add Another to add additional coach(s).

VARSITY TEAM INFORMATION (TEAM PHOTO)

Attention Athletic Directors/Coaches: It is very important that you enter your entire **SOFTBALL** Varsity roster into CIFSSHome (www.cifsshhome.org) no later than **MONDAY, APRIL 8**.

Log in @ www.cifsshhome.org (If you do not have a log in & password as a coach, check with your Athletic Director).


- Click on the "Teams" tab, click "Teams Manager", click on "Softball", click on the "Team Photo" tab,

Click on the  under "TEAM PICTURE", choose the file, click **Submit**.

VARSITY TEAM INFORMATION (ROSTERS)

Attention Athletic Directors/Coaches: It is very important that you enter your entire **SOFTBALL** Varsity roster into CIFSSHome (www.cifsshhome.org) no later than **THURSDAY, APRIL 25**.

Log in @ www.cifsshhome.org (If you do not have a log in & password as a coach, check with your Athletic Director).


- Click on the "Teams" tab, click on "Teams Manager", click on "Softball", select 

You can UPLOAD your roster using the instructions below (1) or you can enter each player one by one (2).

Required roster information for SOFTBALL is:

First Name, Last Name, Birth date, Year, Number, Position & Eligibility

(1) To ADD roster players one by one:

- Click  on and complete fields required for **SOFTBALL**.

(2) To Import a Roster using an Excel sample file:

- Download the [sample file](#) and delete the "contents only".

- Copy and paste or type your roster information into the file as the contents and save the file to your computer.

- Only an excel file (**xls**) can be uploaded that is the exact same format as the sample file.

- Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.

- **Required Columns for SOFTBALL are:**

First




Name, Last Name, Birth date, Year, Number, Position & Eligibility



- Click on to find your file, then click on

- To confirm the roster has been uploaded, your players' names will be uploaded in the "Official Roster" section.

- Click on the 

SCHOOL LOGO

Log in @ www.cifsshhome.org

- Click on the "Configuration" tab

- Click on "School Info"

- Click on "Choose File" (.PNG file format is preferred)

- Choose the "No" option for Hide from Directory?

- Click Save


SOCIAL MEDIA ACCOUNTS

Log in @ www.cifsshhome.org


- Click on the "Configuration" tab

- Enter all school account names available next to the social media options (ie. Facebook, Instagram, Twitter)

- These accounts are used during playoffs and for Games of the Week





MANTRA PLUS+



**ADD
SOME POWER
TO YOUR GAME**

**THE OFFICIAL
SOFTBALL
OF THE CIF-SS**

**JOCelyn
ALO**
COLLEGIATE SOFTBALL'S
ALL-TIME HOME RUN LEADER

POWERED BY  **BLAST®**

RAWLINGS.COM
©2023 RAWLINGS SPORTING GOODS COMPANY, INC.
510 Maryville University Dr. Suite 110 St. Louis, Mo 63141





THE BEST USE THE BEST

GATORADE





OFFICIAL BALL PROGRAM 2023-2024

Official Ball per sport:

Baseball:	Rawlings RCIF-SS	Must be CIFSS/ NOCSAE stamped ball
Boys Basketball:	Wilson NCAA EVO NXT GAME BALL Size 7 (Used in CIF-SS Championship) Wilson EVO NXT Game Basketball Size 7	
Girls Basketball:	Wilson NCAA EVO NXT GAME BALL Size 6 (Used in CIF-SS Championship) Wilson EVO NXT Game Basketball Size 6	
Football:	Wilson GTS GAME BALL Wilson GST Prime GAME BALL	
Lacrosse:	Champion Sports NOCSAE Balls	(White LBWNOCSAE, Yellow LBYNOCSAE, Orange LBO, Lime Green LBG)
Soccer:	Wilson NCAA Vivido Match Ball (Used in CIF-SS Championship) Wilson NCAA Veza Match Ball Wilson Forte Fybrid II NCAA Match Soccer Ball (<i>discontinued</i>)	
Softball:	Rawlings FPCIF-SS (Used in CIF-SS Championship)	
Tennis:	Penn ATP World Tour (Used in CIF-SS Championship) Pro Penn Marathon	
Volleyball, Indoor:	Mikasa VFC1000 Series (Used in CIF-SS Championship) Mikasa VQ2000 Series	
Volleyball, Beach:	Wilson NCAA OPTX Game Ball (Used in CIF-SS Championship)	
Boys Water Polo:	KAP7 model 105 with NFHS stamp (Used in CIF-SS Championship)	
Girls Water Polo:	KAP7 model 104 with NFHS stamp (Used in CIF-SS Championship)	

Mandatory Playoff Use Requirement:

The mandatory “official” ball rule for all playoff rounds, excluding golf. The rule applies throughout the conduct of **all** CIF-SS **playoff** contests.

***Items in red are used in the final game for the CIF-SS Championships. Any model listed is compliant in CIF-SS post season play.**

Playoff Ball Use Rule Enforcement:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty will carry over to the next season if not enforceable this season due to elimination.

Note: NFHS stamp is required in all sports *except in golf, tennis and beach volleyball*.

Softball Rules Changes - 2024

By NFHS on September 01, 2023

[softball](#)

1-8-6: Permits electronic information to be transmitted to the dugout from anywhere outside of live ball area.

Rationale: The rule change reflects current technology and still requires that electronic devices used for coaching purposes may only be used in the dugout but does not stipulate where the video is recorded or how it is transmitted.

3-2-3: Beginning January 1, 2027, uniforms may only bear a single manufacturer's logo, school name, school logo, mascot and/or the participant's name. Advertisements, messages, team slogans, etc., will no longer be permitted.

Rationale: Consistent language has been established for NFHS sports that describe what information is permitted on the uniform. A player's name, school name, school nickname, school mascot and/or the school logo may be placed on the uniform.

3-2-5: Removes the color restriction for headbands and ribbons.

Rationale: Adds consistency amongst headwear requirements for other NFHS sports.

3-2-7: Defines where a wristband with a playbook/playcard may be worn. If worn by the pitcher, the wristband with a playbook/playcard must be worn on the non-pitching wrist or arm.

Rationale: Clarifies where this equipment can be worn. This change will prohibit wristbands from being worn on the belt. It remains legal for players to keep the wristband with a playbook/playcard in their back pocket.

4-2-7, 10-2-3e, h: The umpire may call (end) a game if playing conditions in or around the facility become unacceptable to safely continue the game.

Rationale: Provides rule justification when an umpire ends a contest due to unacceptable playing conditions to continue play in addition to weather.

6-1-2c, 2-47: The pitcher may now have both feet off the ground at the same time as long as both feet remain within the 24-inch width of the pitching plate and the pitcher does not replant the pivot foot. A definition for a replant was added.

Rationale: The rule change permits both feet to disengage from the playing surface while delivering a pitch. The addition of Rule 2-47 defines that a replant of the pivot foot occurs when the pitcher pushes off the playing surface from anywhere other than the pitcher's plate prior to the act of delivering the pitch.

6-2-2: Pitchers can only use dirt, powdered rosin or comparable drying agents that are listed on the USA Softball's certified equipment webpage to dry the hand.

Rationale: Clarifies the difference between tape and other non-approved substances on the pitching hand or fingers versus the use of approved substances under the supervision and control of the umpire.

2024 SOFTBALL EDITORIAL CHANGES

1-5-1c, 1-6-1, 1-7-1, 2-4-3, 1-6-1b, 7-1-2 PENALTIES 2 & 3, 7-4-4

2024 SOFTBALL POINTS OF EMPHASIS

1. Game Management
2. Unacceptable Conditions
3. Unreported vs. Illegal Substitutions
4. Pitching Mechanics: Replant

Softball Points of Emphasis - 2024

By NFHS on September 01, 2023

softball

Game Management

Coach and umpire communication should be conversational, not confrontational. Passion for their team is often the root of fiery responses from coaches about plays or rulings that they felt went against their team. As an umpire, it is important to balance an understanding of the passion coaches hold for their teams and the sporting expectations of education-based athletics. There has to be a mutual respect for each other and a professionalism that is followed by both coaches and umpires to maintain the working relationship that is imperative to have a successful game. Listening to understand a coach's issue so you can properly respond to their concerns is a huge part of defusing the situation. Maintaining a calm demeanor when speaking to the coach also often helps to lower the temperature of the conversation and assists in having a more meaningful discussion. Another helpful tool for the umpire is utilizing rule book terminology to help keep discussions on topic and achieve resolution more quickly.

Another key aspect of game management is managing the flow of the game. Last year, NFHS had a point of emphasis about the 60 seconds between innings. Although umpires are not there to "rush" players, one of the responsibilities of an umpire is to help maintain a good flow of the game. This can be done without being overly aggressive, often just a simple "here we go" or "let's get ready to play red" is all the encouragement that a team needs to know that it is time to get back to playing. Utilizing these simple reminders during each half-inning as well as during charged conferences can help make sure a good game flow is maintained.

Unacceptable Conditions

Umpire jurisdiction is limited to the confines of the field of play. Items outside of the field of play, like spectator behavior, is monitored and controlled by event management. Absent a designated event manager, the home team's head coach assumes this responsibility. Most spectator behavior never reaches a level that would be considered dangerous or severe enough to cause a concern for participant safety. However, if conditions become unacceptable for play due to spectator conduct, umpires have the authority to call (end) the contest. Again, this is a very rare occurrence and all attempts should be made to have event management control the situation prior to ending a contest.

In addition to spectator behavior, other external conditions could result in the umpire having to call (end) the contest. For example, at the start of a game, a wildfire might be a safe distance with winds carrying the smoke away from the field. If these conditions change and result in conditions becoming unacceptable for play, it may result in an umpire having to call (end) the game.

Unreported vs. Illegal Substitutions

An illegal substitute is a player who is ineligible to occupy a position in the lineup. This can occur when a player:

1. Enters or re-enters the game without eligibility to do so (illegal re-entry).

2. Re-enters the game in the wrong position in the batting order.

3. Is the (F.P.) FLEX and enters the game as a batter or runner in a different position in the batting order than the DP.

4. Violates the courtesy runner rule.

All of these violations result in an illegal substitution and the penalties for offensive violations are defined in Rule 3-4-2 and penalties for defensive violations are detailed in Rule 3-4-3. Along with additional penalties, one consistent penalty for all possible violations is the illegal substitute is restricted to the dugout for the remainder of the game on the first offense.

In contrast to an illegal substitute, an unreported substitute is a player that could legally occupy the position they are in the lineup but has simply failed to report that they are entering the game. All substitutions and courtesy runners are required to be reported to the plate umpire upon entering the game. When a player enters the game unreported, a warning is issued to the head coach. Any subsequent violation results in both the head coach and player being restricted to the dugout for the remainder of the game.

Pitching Mechanics: Replant

The allowance for both feet to disengage from the playing surface while delivering a pitch has increased the concern about pitching mechanics involving a replant of the pivot foot. A replant during the delivery would result in an illegal pitch. To help assist in enforcement of this rule, a new definition of replant was created. Rule 2-47 now defines that a replant of the pivot foot occurs when the pitcher pushes off the playing surface from anywhere other than the pitcher's plate prior to the act of delivering the pitch. With this definition in mind, it is an illegal action if the pitcher slides the foot forward past the pitching plate pushing off to start their movement from a position in front of the pitching plate (no part of their foot is still in contact with or over the pitching plate). Another common action, often referred to as "closing the hip," is pushing with the pivot foot while delivering the pitch. Depending on the pitching style, the pitcher will either bring the pivot foot forward to square up toward the batter or the pitcher will tuck the pivot foot behind the non-pivot foot. This push is during the act of delivering the pitch and is legal.

USA Softball Non-Approved Bat Information

USA Softball currently provides information for the NFHS regarding the use of certified and non-certified bats. Under NFHS Rule 1, Section 5, Article 1(d) a bat must bear either the 2000, 2004 or the USA Softball All Games certification mark. In addition to bearing one of these marks, the bat must not appear on the USA Softball's Non-Approved Bats with Certification Marks list.

The link to that list is below:




























<https://usa.asasoftball.com/e/BB1P2000.asp>

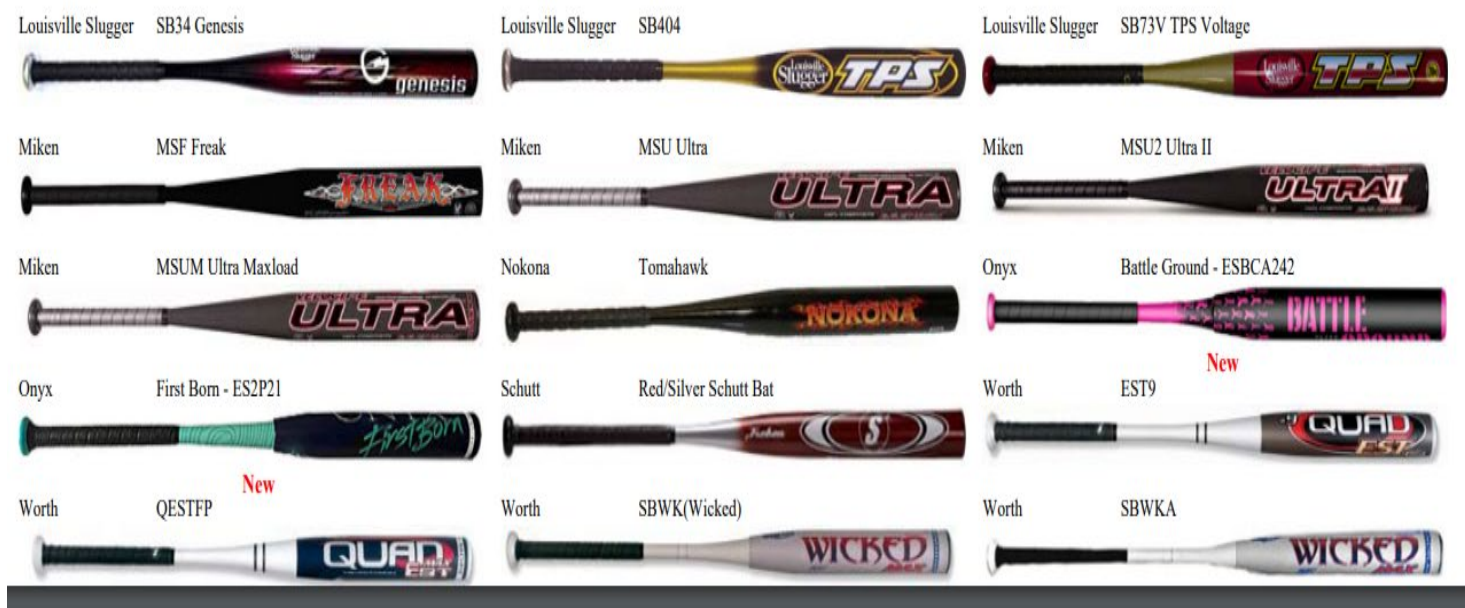
This list can be updated throughout the season and should be checked regularly for updates by coaches, players, and schools prior to any contest.

Provided for you is the most recent update from September 2022

USA Softball Non-Approved Bat List with Certification Marks

1/27/2023

Bass	Quake	Combat	VIRSP3 Lady Virus	Easton	SCN1
					
Easton	SCN11BH	Easton	SCN1B	Easton	SCN2B
					
Easton	SCN3	Easton	SCN4B	Easton	SCN5
					
Easton	SCN5B	Easton	SCN6B	Easton	SCN7
					
Easton	SCN7B	Easton	SCN8	Easton	SCN8B
					
Easton	SCN9	Easton	SCX14	Easton	SCX14B
					
Easton	SCX2 Synergy	Easton	SCX22 Synergy 2	Easton	SCX24B
					
Easton	SCX3	Louisville Slugger	FP136	Louisville Slugger	FP1368
					
Louisville Slugger	FP1369	Louisville Slugger	FPC305 Catalyst (-8)	Louisville Slugger	SB304
					



USA Softball Non-Approved Bat List with Certification Marks

1/27/2023



Easton Ghost

What certifications does the Ghost Double Barrel Fastpitch bat have?

- The 2017-18 Ghost bat (**blue graphics**) is ASA/USA/ISF/HIGH-SCHOOL certified.
- The 2017-18 Ghost bat (**gold graphics**) with the USSSA/NSA/ISA certification IS NOT high-school certified.



USA Bat Certification Marks

Only 2000 and 2004 are legal marks for High School Softball



LEGAL



LEGAL



LEGAL



NOT LEGAL



NOT LEGAL



THE BEST USE THE BEST

GATORADE



BLUE BOOK RULES 2023-2024 – GENERAL

Following are key points coaches should review with their assistants and participants about CIF-SS rules and regulations as set down in the 2023-2024 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas.

201. STANDARDS OF ELIGIBILITY

<https://cifss.org/resources/blue-book/?gotopage=55>

210. PHYSICAL ASSAULT

<https://cifss.org/resources/blue-book/?gotopage=86>

212. AMATEUR STATUS

<https://cifss.org/resources/blue-book/?gotopage=88>

220. BASIC ELIGIBILITY REQUIREMENTS FOR PARTICIPATION

<https://cifss.org/resources/blue-book/?gotopage=92>

500. AUTHORIZED PARTICIPATION

<https://cifss.org/resources/blue-book/?gotopage=98>

503.G ADMINISTRATIVE OVERSIGHT / PHYSICAL EXAMINATION

<https://cifss.org/resources/blue-book/?gotopage=103>

503.H ADMINISTRATIVE OVERSIGHT / CONCUSSION PROTOCOL

<https://cifss.org/resources/blue-book/?gotopage=103>

503.M PLAYER CONDUCT

<https://cifss.org/resources/blue-book/?gotopage=105>

503M. COACH EJECTION

<https://cifss.org/resources/blue-book/?gotopage=105>

506. PRACTICE ALLOWANCE

<https://cifss.org/resources/blue-book/?gotopage=110>

600. COMPETITION ON AN OUTSIDE TEAM

<https://cifss.org/resources/blue-book/?gotopage=120>

1227. SUNDAY RESTRICTION

<https://cifss.org/resources/blue-book/?gotopage=148>

1228. NOISEMAKERS PROHIBITED

<https://cifss.org/resources/blue-book/?gotopage=148>

Additional playoff information will be available in mid to late April in the Softball Playoff Bulletin. This bulletin will contain details on when the draws will be available, financial regulations, reporting of match results, game time and date change protocol, etc.

BLUE BOOK RULES 2023-2024 - SOFTBALL

Following are key points coaches should review with their assistants and participants about CIF-SS rules and regulations as set down in the 2020-2022 Blue Book. This list is NOT all in-inclusive and only highlights some of the key areas for Softball.

2800. LENGTH OF GAMES

<https://cifss.org/resources/blue-book/?gotopage=191>

2801. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

<https://cifss.org/resources/blue-book/?gotopage=191>

2802. PROTECTIVE EQUIPMENT

<https://cifss.org/resources/blue-book/?gotopage=191>

2805. SCRIMMAGES

<https://cifss.org/resources/blue-book/?gotopage=191>

2807. MAXIMUM TEAM CONTESTS

<https://cifss.org/resources/blue-book/?gotopage=192>

2808. END OF COMPETITION

<https://cifss.org/resources/blue-book/?gotopage=192>

2809. OUTSIDE COMPETITION BY AN INDIVIDUAL

<https://cifss.org/resources/blue-book/?gotopage=192>

2813. PLAYOFFS

<https://cifss.org/resources/blue-book/?gotopage=192>

CALIFORNIA SOFTBALL OFFICIALS' ASSOCIATION

UNIT PRESIDENT'S 2024

Consider inviting a representative from the Softball Officials Association to your coaches meeting at the beginning of the season! Begin a dialogue - share expectations and concerns. Make it a positive experience!

Channel Coast

Glen Campbell – glen.campbell1@verizon.net

Area of Coverage: Santa Barbara - Simi Valley.

Cities covered (partial list): Goleta-Santa Barbara-Ventura-Oxnard-Camarillo-Thousand Oaks-Simi Valley.

Coachella Valley

Dave Stewart – victory01@cs.com

Area of Coverage: Banning – Yucca Valley - Indio.

Cities covered (partial list): Banning–Twenty-nine Palms-Palm Springs-La Quinta-Coachella-Indio-Anza-Mecca.

Foothill/Citrus

Paul Sanchez – pgsanchez70@yahoo.com

Area of Coverage: Azusa - Rancho Cucamonga.

Cities covered (partial list): Azusa-La Puente-Covina-Pomona-Chino-Rancho Cucamonga.

Inland

Doyle Berry - officials@numbers2numbers.com

Area of Coverage: Fontana – Temecula - Beaumont.

Cities covered (partial list): Fontana-Jurupa Valley-Norco-Riverside-Lake Elsinore-Temecula-Hemet-San Jacinto – Yucaipa - Moreno Valley-San Bernardino-Rim of the World.

Long Beach/Whittier

Maria Jacky Hernandez - maria.jacqueline.hernandez02@gmail.com

Area of Coverage: Bellflower – Glendale - Norwalk.

Cities covered (partial list): Long Beach-Bellflower-Downey-Whittier

Los Padres

Tom Velasquez – a-1fstsargeant@sbcglobal.net

Area of Coverage: Paso Robles - Goleta.

Cities covered (partial list): Paso Robles-San Luis Obispo-Nipomo-Santa Maria-Lompoc-Goleta

Mojave Desert

Doug Martin – leftcoastref@yahoo.com

Area of Coverage: Gorman – Mojave - Adelanto.

Cities covered (partial list): Gorman-Lancaster-Mojave-Palmdale-Phelan-Adelanto

Orange County

Allen Evensen - alevensen@roadrunner.com

Area of Coverage: Anaheim - Yorba Linda – San Clemente.

Cities covered (partial list): Fullerton-Anaheim–Huntington Beach–Irvine–Laguna Niguel–Yorba Linda - Costa Mesa

San Fernando

Kent Jacobsen - qmcswkj@aol.com

Area of Coverage: Santa Clarita – Chatsworth - Burbank.

Cities covered (partial list): Saugus–Valencia–Canoga Park–Sherman Oaks-Burbank

San Gabriel

Phil Sheridan – sheridanphl@yahoo.com

Area of Coverage: La Canada – Alhambra – El Monte.

Cities covered (partial list): Flintridge–Pasadena–Alhambra–Arcadia–El Monte

South Bay

Keith Gibbs - gibbssbsoftball@gmail.com

Area of Coverage: Malibu – Inglewood – Torrance.

Cities covered (partial list): Santa Monica–Hawthorne–Redondo Beach–Rolling Hills–Westchester

Victorville/Barstow

Bill Smith – smittys2117@yahoo.com

Area of Coverage: Barstow – Victorville – Big Bear.

Cities covered (partial list): Barstow–Hesperia-Apple Valley

2023-2024 SOFTBALL TOP TEN PREVIEW QUESTIONNAIRE

SCHOOL _____ LOCATION (CITY) _____

LEAGUE _____ DIVISION _____

HEAD COACH _____ YRS. AS HEAD COACH AT SCHOOL _____

HEAD COACH E-MAIL _____

2022-23 RESULTS: VAR. OVERALL RECORD _____ LEAG. RECORD _____ LEAG. PLACE _____

NUMBER RETURNING VAR. LETTERMEN: _____ NUMBER RETURNING VAR. STARTERS _____

TOP RETURNEES:

NAME _____ POS. _____ HT. _____ YR. _____ HONORS _____

TOP NEWCOMERS:

NAME _____ POS. _____ YR. _____

***IMPORTANT* PREDICTED FINISH OF TEAMS IN YOUR LEAGUE (INCLUDE YOUR TEAM):**

1. _____ 2. _____ 3. _____ 4. _____

5. _____ 6. _____ 7. _____ 8. _____

TOURNAMENTS (entered for the 2022-23 season)

RETURN IMMEDIATELY TO:

2023-2024 Girls Softball Advisory committee members listed previously on page
four (4) of this bulletin.

PRESS GUIDE & RECORD BOOK REPORTING FORM

MUST BE TYPEWRITTEN

SPORT _____ SCHOOL _____
RECORD(S) SUBMITTED BY _____

TITLE OF PERSON SUBMITTING _____

TEAM RECORDS

Mark Category (Season/Game)

Year/Opponent

INDIVIDUAL RECORDS

Mark Category (Career/Season/Game) Player

Year/Opponent

Records must be submitted with documentation. Schools are required to submit one of the following two items in addition to the completion of all information on this form for consideration.

1. A newspaper account of the record-breaking performance. Clipping must contain date and name of newspaper.
2. A letter from the school's principal indicating the record, the date of the event and signed by a witness who observed the record-breaking performance.

SIGNATURE OF APPLICANT _____ **DATE** _____

Return via email to CIF Southern Section Media Department c/o Thom Simmons at Thoms@cifss.org



Rawlings
Est. 1887

MANTRA PLUS+

**ADD
SOME POWER
TO YOUR GAME**

**THE OFFICIAL
SOFTBALL
OF THE CIF-SS**

**JOCELYN
ALO**
COLLEGIATE SOFTBALL'S
ALL-TIME HOME RUN LEADER



POWERED BY  **BLAST®**

RAWLINGS.COM
©2023 RAWLINGS SPORTING GOODS COMPANY, INC.
510 Maryville University Dr. Suite 110 St. Louis, Mo 63141



ALL CIF SOUTHERN SECTION SOFTBALL 2023-2024 SEASON – NOMINATION FORM

HIGH SCHOOL: _____ LEAGUE: _____
 OVERALL RECORD: W _____ L _____ LEAGUE RECORD: W _____ L _____ DIVISION: _____
 COACH'S NAME: _____ COACH'S CELL: _____

HOW TO NOMINATE YOUR ATHLETES:

- ONLY PLAYERS SELECTED LEAGUE MVP OR 1ST TEAM ALL LEAGUE ARE ELIGIBLE
- ONLY TWO PLAYERS CAN BE NOMINATED. ADDITIONAL NOMINATIONS WILL NULIFY THE ENTRY
- IF YOU NOMINATE A PITCHER, ENTER BOTH HITTING AND PITCHING STATS
- INCLUDE ALL REGULAR SEASON STATISTICS, NO PLAYOFF STATISTICS
- THE LEAGUE MVP MUST BE LISTED AS YOUR NUMBER 1 RANKED PLAYER
- UTILITY PLAYER IS DEFINED AS A PLAYER WITH A MINIMUM OF 6 GAMES AT 2 OR MORE POSITIONS
- NOMINATION DOES NOT GUARANTEE SELECTION

RANK	LEAGUE HONORS	NAME	YEAR	POSITION	GAMES PLAYED	FIELDING AVG	CHANCES	STOLEN BASES	BATTING AVG	ON BASE AVG	AT BATS	HITS	RBI	RUNS SCORED
1														
2														

PITCHER, ONLY IF LISTED ABOVE	WON	LOST	INNINGS PITCHED	BATTERS FACED	HITS ALLOWED	TOTAL RUNS	EARNED RUNS	ERA	K' S	BB

UTILITY POSITIONS, ONLY IF LISTED ABOVE	POSITION	GAMES PLAYED	POSITION	GAMES PLAYED	POSITION	GAMES PLAYED	POSITION	GAMES PLAYED	POSITION	GAMES PLAYED

BATTING AVG = HITS/OFFICIAL TIMES AT BAT (OTAB)
OTAB = TOTAL TIMES AT BAT MINUS (WALK+SAC+HIT BY PITCH)
OBA = HITS+WALKS+HIT BY PITCH/OTAB+WALKS+HIT BY PITCH
ERA = EARNED RUNS X 7/INNINGS PITCHED
CHANCES = PUT OUTS+ASSISTS+ERRORS
FIELDING AVERAGE = PUT OUTS+ASSISTS/CHANCES

SUBMIT NO LATER THAN FRIDAY, May 10, 2024

When pain gets in the way of doing what you love ...

Trust the experts at Hoag & Hoag Orthopedic Institute
Sports Medicine to get you back on the field.

Hoag & Hoag Orthopedic Institute Sports Medicine are proud
to be the Official Orthopedic & Sports Medicine Partner of the
CIF Southern Section.

hoag.

Hoag
Orthopedic
Institute



Sports Medicine



© 2023. Hoag is a registered trademark of Hoag Memorial Hospital Presbyterian. All Rights Reserved.

HEALTH AND SAFETY

It is the expectation of the CIF Southern Section that your Athletic Coaches and Administration will take every measure to ensure the health and safety of your student athletes.

The following are key points of emphasis coaches should review with their staff and players about CIF Southern Section rules and regulations in the 2022-2023 CIF Southern Section Blue Book. This list is not all-inclusive but only highlights key areas. For necessary forms and additional information regarding Heat Safety, Hydration and other Sports Medicine resources, please go to www.cifss.org and click on the "Sports Medicine" tab on the blue toolbar.

Additional resources can be found at www.cifstate.org under the "Sports Medicine" tab on the white toolbar

PHYSICAL EXAMINATION

An annual physical examination, or a statement by a medical practitioner, is required for a student to take part in any authorized school practice session and/or pre-season conditioning period. This physical examination will be valid for a period of one year from the date of the examination. A student will be excused from this physical examination only if there is compliance with the Education Code (parent's refusal to consent). CIF Health and Safety Committee strongly recommends schools use the Pre-Participation Examination form that is endorsed by five major medical societies, American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American orthopedic Sports Medicine and the American osteopathic Academy of Sports Medicine. All CIF schools must have school board approved forms.

CONCUSSION PROTOCOL

A student athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at the time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. If a licensed health care provider, trained in education and management of concussion determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return to play protocol of no less than seven (7) full days from the time of diagnosis under the supervision of a licensed health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition. (Approved May 2010 Federated Council/Revised January 2015 Federated Council)

Question: What is meant by “licensed health care provider?”

Answer: the “scope of practice” for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

STEROID PROHIBITION

All schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parent(s)/guardian(s)/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition.

NOTE: Article 1-12.N. (Revised May 2005 Federated Council)

SUDDEN CARDIAC ARREST PROTOCOL

A student-athlete who passes out or faints while participating in, or immediately following, an athletic activity or who is known to have passed out or fainted while participating in or immediately following an athletic activity, must be removed immediately from participating in a practice or game for the remainder of the day. A student-athlete who has been removed from play after displaying signs and symptoms associated with sudden cardiac arrest may not return to play until the athlete is evaluated by a licensed health care provider and receives written clearance to return to play from that health care provider. On a yearly basis, a Sudden Cardiac Arrest information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition.

Question: What is meant by “licensed health care provider?”

Answer: the “scope of practice” for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

JL CUSTOM JACKETS

Official CIF Licensed Patch
& Jacket Manufacturer



LETTERMAN JACKET SPECIAL \$339.00

WOOL BODY WITH
LEATHER SLEEVES
AND POCKETS

VARSITY LETTER
SEWN ON FRONT

MAKE AND SEW ON
UP TO 3 SPORT
EMBLEMS

EMBROIDER FIRST NAME, SCHOOL NAME,
MASCOT NAME AND 1 SPORT
ONTO THE FRONT

CUSTOM GRADUATING YEAR
IN CHENILLE MATERIAL



You can design and purchase your own custom patches on our website.



To Order Call:

(951) 867-3200

or visit us on the web:

www.jlcustomjackets.com

7161 Old 215 Frontage Road, Moreno Valley, CA

Fax (951) 867-3277

EXCLUSIVE
DISTRIBUTOR FOR
ALL
CHAMPIONS
FINALISTS
RUNNER-UP &
ALL CIF Patches

15 Business Day Turnaround Time for All Patch Orders
6 - 8 Week Turnaround Time for All New Jacket Orders

* Prices subject to change without notice disclaimer