

VOLLEYBALL

**SEASON
PREVIEW**



2025





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BOYS' VOLLEYBALL SEASON PREVIEW



DATE: JANUARY 2025
TO: CIF-SS BOYS' VOLLEYBALL COACHES
FROM: MIKE MIDDLEBROOK, ASSISTANT COMMISSIONER
LISA MCINERNEY, PROGRAM COORDINATOR
RE: **2024-2025 BOYS' VOLLEYBALL SEASON**

WELCOME TO THE 2024-2025 BOYS' VOLLEYBALL SEASON!

The Boys' Volleyball Preview Packet has been prepared to assist you in the organization of your school's Boys' Volleyball program. The enclosed is important information for preparation of the upcoming season. Please share this information with your assistant coaches.

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CALENDAR DATES – BOYS VOLLEYBALL

FIRST CONTEST	SATURDAY, FEBRUARY 15, 2025 The initial date on which a school may schedule and conduct an interscholastic contest.
SCRIMMAGES	MAXIMUM 2 SCRIMMAGES ALLOWED Must be played on or after February 15, 2025, and before the first contest. Once the first official contest is played scrimmages are no longer allowed.
SIT OUT PERIOD	SATURDAY, MARCH 22, 2025 *Note this date could be adjusted or different for each individual due to the date of enrollment a student transferred to your school. Check the “transfer decision” date for accurate information at www.cifss.org .
LAST CONTEST	WEDNESDAY, APRIL 23, 2025 All competition (league / non-league) MUST end on or before this date.
MAXIMUM CONTACTS	<p>The allowable number of contests is: 28 The allowable number of tournaments is: 3 1 Day Tournament counts as: (2) contacts 2 Day Tournament counts as: (3) contacts 3 Day Tournaments count as: (4) contacts 4 Day Tournaments count as: (5) contacts</p> <p>One Set contests (contacts) should not be entered on your schedule. Those types of events are not official matches as defined by NFHS Rule 1, Section 2, Article 1.</p> <p>Matches that are 2 (two) sets should be entered. Those are entered because in a best 2 of 3 sets we have a winner by the score of 2 – 0. If there is a tie at 1 set apiece a tie can be recorded.</p>
PLAYOFF DATES	APRIL 30/MAY 1, 3, 7, 10 Dates subject to change due to bracket size. The size of the bracket for all Divisions (8, 16 or 32 team) will not be determined until the end of the regular season.
CIFSS FINALS SO. CAL REGIONALS STATE FINALS	MAY 16-17, 2025 MAY 20, 22, 24, 2025 MAY 31, 2025

APPROVED SANCTIONED EVENTS

Please refer to the CIF Southern Section website (www.cifss.org) for the latest Sanctioned Events, as events are updated daily.

Sanctioned Events download directions:

click on **GOVERNANCE TAB**

click on **SANCTIONED EVENTS**

select **VOLLEYBALL, BOYS**

click **Search**

This page will display the most up to date information on:

Boys Volleyball Approved Sanctioned Events

IN-SEASON RANKINGS

With the passage of the new competitive equity playoff system in January 2024 and changes to Bylaws 3519 and 3520 a weekly Top 10 poll will not be necessary. The playoff divisions will be created at the end of the regular season based on the current year's data.

It is **IMPERATIVE** that COACHES enter their full schedule and record results constantly throughout the season. Member schools who fail to accurately enter complete regular season results into the CIFSSHome system will not be placed into a playoff division and will be **INELIGIBLE** to participate in the Southern Section Championship playoffs.

For this season the Massey Ratings System will be used to provide our overall team rankings. The Massey Rating System was selected because it "connects" two teams via an equation. As more games are played, eventually each team is connected to every other team through some chain of games. These final team rankings will then be used to create our **9** playoff divisions for boys' volleyball. All matches that are best 2 out of 3 or 3 out of 5 sets will be used to create a team's final overall rating. The overall team rating is a merit-based quantity, and it the result of applying a Bayesian win-loss correction to the power ratings.

Final power rankings, and divisional placements, will be determined and released at the end of the current regular season. Seeding for all playoff brackets in each division will follow the final power rankings in the division, regardless of league affiliation or league finish. For example, in the First Round, the #1 seed, determined by the final power rankings for that division, will play #32, the #2 seed will play #31, etc. in a 32-team bracket. The higher seeded team will host the First-Round

contest and then CIF Southern Section Bylaw 3504, Host Team After the First Round, will be followed for all subsequent contests.

The size of the bracket will be determined at the end of the regular season.

One Set contests (contacts) should not be entered on your schedule. Those types of events are not official matches as defined by NFHS Rule 1, Section 2, Article 1.

Matches that are 2 (two) sets should be entered. Those are entered because in a best 2 of 3 sets we have a winner by the score of 2 – 0. If there is a tie at 1 set apiece a tie can be recorded.

At the half-way point of the season and then each week that follows until the end of the regular season on Wednesday, April 23rd we will post in-season rankings of all Southern Section teams participating in boys' volleyball.

Posting dates are:

- Tuesday, March 18
- Tuesday, March 25
- Tuesday, April 1
- Tuesday, April 8
- Tuesday, April 15

CIFSSHOME REQUIREMENTS

SCHEDULES & SCORES Complete your schedule in CIFSSHome prior to your season as well as update scores following each contest
Attention Athletic Directors/Coaches: It is very important that you enter your entire season schedule into CIFSSHOME (www.cifsshome.org) as well as update the scores immediately following your contests.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

To Add a game:

- On the left panel, click on "Events", select "Add Event", choose Game under "Event Type", choose date of game under "Event Date", choose **Volleyball, Boys** under "Sport", choose Varsity under "Level", type the opposing school name in "Add Opponent", choose the type of game under "Select Game Type", click on Home, Away or Neutral under "Location", choose "Start Time"
Click on "Save" to add one game or "Save & Duplicate" for multiple games.

- To Submit your score:


- On the left panel, click on "Teams", select "Teams Manager", scroll down to **Volleyball, Boys** and click on VR to add Varsity scores
Click on "Post Result" button, enter your team's score, enter the opponent's score, result should auto populate with either "W", "L" or "T" based on the correct match score entered. If the game was a forfeit, click on the Yes box, enter the set scores in "Notes".

Make sure that your overall and team records are correct on your team page

Varsity Coaches

Attention Athletic Directors/Coaches: It is very important that you enter your Boys Volleyball coaches (Head & Assistants) into CIFSSHome (www.cifsshome.org) no later than **Wednesday, April 30**.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).


- Click on the "Users" tab, click on "User Manager", click on the  in the upper right hand corner to add Coaches and Assistant Coaches. Enter the information requested on the "Add School User" page. Choose "Active" to provide the coach with access to CIFSSHome or "Inactive" for directory purposes only. Choose Yes or No to give the coach access to all sport, click **Submit**.

Choose the applicable options on the Assign Coach to Team page, click Save or Add Another to add additional coach(s).

Varsity Team Information (Team Photo)

Attention Athletic Directors/Coaches: It is very important that you enter your Boys Volleyball team photo into CIFSSHome (www.cifsshome.org) no later than **Wednesday, April 30**.


Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

- Click on the "Teams" tab, click "Teams Manager", click on "Volleyball, Boys", click on the "Team Photo" tab,
Click on the  under "TEAM PICTURE", choose the file, click **Submit**.

Varsity Team Information (Rosters)

Attention Athletic Directors/Coaches: It is very important that you enter your entire Boys Volleyball Varsity roster into CIFSSHome (www.cifsshome.org) no later than **Wednesday, April 30**.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).


- Click on the "Teams" tab, click on "Teams Manager", click on "Volleyball, Boys", select 

You can UPLOAD your roster using the instructions below (1) or you can enter each player one by one (2).

Required roster information for Boys Volleyball is:

First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility

(1) To ADD roster players one by one:

- Click on  and complete fields required for Boys Volleyball.

(2) To Import a Roster using an Excel sample file:

- Download the sample file and delete the "contents only".

- Copy and paste or type your roster information into the file as the contents and save the file to your computer.

- Only an excel file (xls) can be uploaded that is the exact same format as the sample file.

- Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.

- **Required Columns for Boys Volleyball are:**

First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility


- Click on to find your file,



then click on



- To confirm the roster has been uploaded, your players' names will be uploaded in the "Official Roster" section.

- Click on the  next to the player's name to view each player's information.

AT LARGE APPLICATION – MUST HAVE .500 RECORD OR BETTER

Attention Athletic Directors/ Coaches: Please follow the instructions below to enter your school as an At Large Entry for Boys Volleyball. The At Large Application is to be submitted by your school no later than **WEDNESDAY, APRIL 23 @ 10:00 P.M.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-On the left panel, click on the "Forms" tab, select "At Large Petition"

-Select "Boys Volleyball" from the drop down menu then click "Add"

Please be sure that your Schedule is updated in CIFSSHome as this is where the information for the At Large Petition will be created.

2024-2025 ADVISORY COMMITTEE MEMBERS

- Matt Marrujo, Servite / Trinity, mmarrujo@servitehs.org
- Michael Boehle, Loyola / Mission, mboehle@loyolahs.edu
- Gus Culver, At Large / South Coast, culverg@svusd.org
- Seth Burnham, Thousand Oaks / Marmonte, sburnham@conejousd.org
- Matt Lostetter, Downey / Gateway, mlostetter@dusd.net
- Sid Davidson, Poly Long Beach / Moore, sdavidson@lbschools.net
- Joel Brinton, Burroughs (Burbank) / Pacific, joelbrinton@burbankusd.org
- Frankie Perales, Garden Grove / Golden West, frankiep22c@aol.com
- Bernie Wendling, Claremont / Baseline, b.wendvb@gmail.com
- Liane Sato, Santa Monica / Ocean, Lsato@smmusd.org
- Dillan Bennett, Bishop Diego / Tri-Valley Ath. Assoc., dbennett@bishopdiego.org
- Pat Casey, Oxnard / Channel, patrick.casey@oxnardunion.org
- Mary Starbuck, At-Large / Katella, bucky27hb@aol.com
- Joe Schnake, At Large / Riverside Area, joeschnake@gmail.com
- Greg Ng, At-Large / Long Beach & Whittier area, Ng_Greg@montebello.k12.ca.us
- Carlos Martinez, Avalon / Academy, cmartinez1@lbcschools.net
- Robert Gibbs, At Large / Los Angeles area, robgibb12345@gmail.com

CIF Southern Section Championship Event Manager: Naoto Tashiro, Naoto.Tashiro@gmail.com

SCVOA / CIF Officials Rep: Todd Frost, frostmay@sbcglobal.net

The CIF Southern Section is continuing to utilize the concept of coaches' advisory committees for all sports. The role of the advisory committee may or may not include the following:

- Meetings
- Recommendations for playoffs sites
- Recommendations for procedural changes
- Recommendations for rule changes
- Evaluation of sport season
- Assistance to coaches and/or officials' organizations
- Communications between coaches and the CIF-SS office
- Management/Supervision at Championship Events

The Coaches Advisory Committee is member coaches and an administrator from the CIFSS office staff. Coaches selected for the committee provide a cross-section of the organization and are based upon geographic, as well as competitive divisions. Should you have suggestions or questions regarding volleyball competition, please make use of this excellent channel of communication. The committee will meet on a regular basis during the season and your items will become part of our agenda.



OFFICIAL BALL PROGRAM

2024-2025

Official Ball per sport:

Baseball:	Rawlings RCIF-SS	Must be CIFSS/NOCSAE stamped ball
Boys Basketball:	Wilson NCAA EVO NXT GAME BALL Size 7 (Used in CIF-SS Championship) Wilson EVO NXT Game Basketball Size 7	
Girls Basketball:	Wilson NCAA EVO NXT GAME BALL Size 6 (Used in CIF-SS Championship) Wilson EVO NXT Game Basketball Size 6	
Football:	Wilson GST – WTF1003 Wilson Omega – WF1005301IDOF Wilson GST Prime – WTF1103 (discontinued)	
Lacrosse:	PEARL X (Used in CIF-SS Championship) PEARL LT	
Soccer:	Wilson NCAA Vivido Match Ball (Used in CIF-SS Championship) Wilson NCAA Veza Match Ball Wilson Forte Fybrid II NCAA Match Soccer Ball (discontinued)	
Softball:	Rawlings FPCIF-SS (Used in CIF-SS Championship)	
Tennis:	Penn ATP World Tour (Used in CIF-SS Championship) Pro Penn Marathon	
Volleyball, Indoor:	Mikasa VFC1000 Series (Used in CIF-SS Championship) Mikasa VQ2000 Series	
Volleyball, Beach:	Wilson NCAA OPTX Game Ball (Used in CIF-SS Championship)	
Boys Water Polo:	KAP7 model 105 with NFHS stamp (Used in CIF-SS Championship)	
Girls Water Polo:	KAP7 model 104 with NFHS stamp (Used in CIF-SS Championship)	

Mandatory Playoff Use Requirement:

The mandatory “official” ball rule for all playoff rounds, excluding golf. The rule applies throughout the conduct of all CIF-SS playoff contests.

***Items in red are used in the final game for the CIF-SS Championships. Any model listed is approved for play in CIF-SS post season play.**

Playoff Ball Use Rule Enforcement:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty will carry over to the next season if not enforceable this season due to elimination.

Note: NFHS stamp is required in all sports except in golf, tennis and beach volleyball.

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OFFICIAL PARTNERS:



Volleyball Rules Changes - 2024-25

4-2-3a, 7-1-1 NOTE: Allows a player to change uniform numbers without penalty when a uniform is damaged in addition to when a uniform has blood on it.

Rationale: Adds language to *Rule 4: Uniforms* regarding the proper procedure for a legal uniform number change and expands to include a damaged uniform as a legal reason for changing a uniform number. Aligns language in Rules 4 and 7.

5-4-3c(1): Allows all players on the roster, not just starting players, to stand on their respective end lines prior to the first set.

Rationale: Encourages the inclusion of all players in the pre-match announcements.

5-9-2b NOTE (NEW), State Association Adoption Chart: Requires line judges to switch sides of the court between sets when, by state association adoption, teams remain on the same benches throughout the match.

Rationale: Aligns with the original intent of the rule allowing line judges to alternate between each set to promote fair officiating.

11-4-1b: Allows teams to substitute during an injury time-out for the libero replacement if the libero is injured or ill.

Rationale: Allows for the immediate substitution of the libero replacement who may be playing out of position due to the injury to the libero.

2024-25 Volleyball Major Editorial Changes

Suggested Pre-match Protocol (NEW) - Provides guidance for establishing standardized pre-match protocols as well as timed warm-ups.

2024-25 Volleyball Editorial Changes

4-1-7a,b; 5-4-3c(5); 9-5-1a(2); 9-5-1a(4); 9-5-1b(1); 9-5-1b(4); 9-5-6b; 12 NOTES 1

NFHS / VOLLEYBALL RULES

Points of Emphasis:

Rule 2, Article 4 – A continuous center line, two (2) inches wide, parallel to and equidistant from the end lines, shall separate the court into two playing areas.

Note: A solid or shadow-bordered 2-inch-wide center line is permissible. Border lines that are the natural color of the court are permissible.

Rule 2, Article 9 – The coaching zone is the area defined as the libero replacement zone and the area beyond the end line and sideline extended.

Rule 3, Article 3 – The standards, first referee's platform and floor/wall cables must be padded.

Penalty: When the host school does not pad the standards, floor/wall cables and first referee's platform according to the Rule 3-1-3, the match shall not be played.

Rule 3, Article 6 – A safe, stable platform, which elevates the first referee's head to between 2 and 3 feet above the top of the net is required.

BLUE BOOK RULES 2024-2025 – GENERAL

Following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2024-2025 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas.

201. STANDARDS OF ELIGIBILITY

<https://cifss.org/resources/blue-book/?gotopage=53>

210. PHYSICAL ASSAULT

<https://cifss.org/resources/blue-book/?gotopage=82>

212. AMATEUR STATUS

<https://cifss.org/resources/blue-book/?gotopage=84>

220. BASIC ELIGIBILITY REQUIREMENTS FOR PARTICIPATION

<https://cifss.org/resources/blue-book/?gotopage=87>

500. AUTHORIZED PARTICIPATION

<https://cifss.org/resources/blue-book/?gotopage=94>

503.G ADMINISTRATIVE OVERSIGHT / PHYSICAL EXAMINATION

<https://cifss.org/resources/blue-book/?gotopage=99>

503.H ADMINISTRATIVE OVERSIGHT / CONCUSSION PROTOCOL

<https://cifss.org/resources/blue-book/?gotopage=99>

506. PRACTICE ALLOWANCE

<https://cifss.org/resources/blue-book/?gotopage=107>

600. COMPETITION ON AN OUTSIDE TEAM

<https://cifss.org/resources/blue-book/?gotopage=114>

1227. SUNDAY RESTRICTION

<https://cifss.org/resources/blue-book/?gotopage=141>

1228. NOISEMAKERS PROHIBITED

<https://cifss.org/resources/blue-book/?gotopage=141>

3500. PLAYOFFS

<https://cifss.org/resources/blue-book/?gotopage=209>

Additional playoff information will be available in April in the Boys' Volleyball Playoff Bulletin. This bulletin will contain details on when the draws will be available, financial regulations, reporting of match results, game time and date change protocol, etc.

BLUE BOOK RULES 2024-2025 – VOLLEYBALL

Following are key points coaches should review with their assistants and participants in reference to CIF-SS rules and regulations as set down in the 2024-2025 Blue Book. This list is NOT all-inclusive and only highlights some of the key areas for volleyball.

3200. RALLY SCORING

<https://cifss.org/resources/blue-book/?gotopage=195>

3201. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

<https://cifss.org/resources/blue-book/?gotopage=195>

3204. SCRIMMAGES

<https://cifss.org/resources/blue-book/?gotopage=195>

3205. TOURNAMENTS

<https://cifss.org/resources/blue-book/?gotopage=195>

3206. STARTING DATES FOR INTERSCHOLASTIC CONTESTS

<https://cifss.org/resources/blue-book/?gotopage=196>

3208. END OF COMPETITION

<https://cifss.org/resources/blue-book/?gotopage=196>

3209. OUTSIDE COMPETITION BY AN INDIVIDUAL

<https://cifss.org/resources/blue-book/?gotopage=196>

1227. SUNDAY RESTRICTION

<https://cifss.org/resources/blue-book/?gotopage=141>

503.M PLAYER CONDUCT

<https://cifss.org/resources/blue-book/?gotopage=101>

503.M COACH EJECTION

<https://cifss.org/resources/blue-book/?gotopage=102>

3500. PLAYOFFS

<https://cifss.org/resources/blue-book/?gotopage=209>

BOYS VOLLEYBALL 2024-2025 LEAGUES

updated: 01/22/2025

ENT LEAGUE

3 **605**

Artesia
Cerritos
Glenn
Oxford Academy
Pioneer
Whitney

3 **ACADEMY**

Avalon
Calvary Chapel/D
Southlands Chr
Webb
Western Chr

3 **ALMONT**

Alhambra
Bell Gardens
Mark Keppel
Montebello
San Gabriel
Schurr

3 **AMBASSADOR**

Aquinas
Arrowhead Chr
Loma Linda Acad
Ontario Chr
Redlands Adventist
Woodcrest Chr

4 **BASELINE**

Chino Hills
Claremont
Damien
Etiwanda
Los Osos
Rancho Cucamonga
Upland

3 **BAY**

El Segundo
Mira Costa
Peninsula
Redondo Union
South Torrance

3 **BIG VIII**

Centennial/Corona
Corona
King, Martin Luther
Norco
Roosevelt, Eleanor
Santiago/Corona

ENT LEAGUE

3 **CAMINO REAL**

Don Bosco Tech
Salesian
St. Anthony
St. Genevieve
St. Monica Prep
St. Paul

4 **CHANNEL**

Buena
Dos Pueblos
Oxnard
Pacifica/Oxnard
Rio Mesa
San Marcos
Santa Barbara
Ventura

3 **CITRUS BELT**

Beaumont
Cajon
Citrus Valley
Redlands
Redlands East Vly
Yucaipa

3 **CITRUS COAST**

Carpinteria
Channel Islands
Fillmore
Hueneme
Malibu
Nordhoff

3 **COAST**

Anaheim
Bolsa Grande
La Quinta/Westminster
Rancho Alamitos
Santa Ana Valley

3 **COAST VALLEY**

Coastal Chr
Cuyama Valley
San Luis Obispo Acad
Shandon
Valley Chr/SM

3 **COASTAL**

California Acad M/S
Geffen Academy
Hawthorne MSA
New Roads
Vistamar
Wildwood

ENT LEAGUE

3 **COASTAL CANYON**

Camarillo
Moorpark
Oak Park
Royal
Simi Valley

2 **CONDOR**

Anacapa
Midland
Oak Grove
Providence/SB

3 **CRESTVIEW**

Canyon/Anaheim
Cypress
El Dorado
Sunny Hills
Yorba Linda

3 **DEL REY**

Bishop Amat
Bishop Montgomery
Cathedral
La Salle
Paraclete

3 **DEL RIO**

California
El Rancho
La Serna
Santa Fe
Whittier

3 **EMPIRE**

Calvary Chapel/SA
Fullerton
Godinez
Kennedy/La Palma
Tustin

5 **EXPRESS**

Acaciawood Acad
Bethel Baptist
Eastside Christian
Legacy College Prep
Liberty Christian
Magnolia Sci Acad
Newport Chr
NOVA Acad E/C
Tarbut V Torah
Vista Meridian

ENT LEAGUE

4 **FOOTHILL**

Canyon/CC
Castaic
Golden Valley
Hart
Saugus
Valencia/Valencia
West Ranch

3 **FREEWAY**

Clean Lutheran
Esperanza
Foothill/SA
Pacifica/GG
Villa Park

3 **GATEWAY**

Bellflower
Downey
Gahr
Paramount
Warren

3 **GOLD COAST**

Brentwood
Campbell Hall
Crossroads
Viewpoint
Windward

4 **GOLDEN**

Antelope Valley
Eastside
Highland
Knight, Pete
Lancaster
Littlerock
Palmdale
Quartz Hill

3 **GOLDEN WEST**

Costa Mesa
Garden Grove
Laguna Hills
Segerstrom
Valencia/Placentia

3 **GROVE**

Loara
Los Amigos
Orange
Saddleback
Western

ENT LEAGUE**2 HACIENDA**

Alta Loma
Colony
Covina
Los Altos/HH
San Dimas
West Covina

3 HERITAGE

Desert Chr/Lanc
Palmdale Aerospace
Santa Clarita Chr
St. Monica Acad
Trinity Classical Acad
Vasquez

3 INDEPENDENCE

Buckley
Holy Martyrs
Milken Community
Oakwood
YULA (Yeshiva)

3 INLAND VALLEY

Canyon Springs
Heritage
Lakeside/Lk Elsinore
Orange Vista
Perris

3 INTERNATIONAL

Mesrobian
New Covenant Acad
New Harvest Chr
Southwestern Acad
Waverly

3 IVY

Arlington
Hillcrest
North, J.W.
Poly/Riverside
Rancho Verde
Vista Del Lago/MV

3 LIBERTY

AGBU/Canoga Park
de Toledo
Le Lycee
Pacifica Chr/SM
Pilibos

ENT LEAGUE**3 MARMONTE**

Agoura
Calabasas
Newbury Park
Oaks Christian
Thousand Oaks
Westlake

3 MID-CITIES

Dominguez
Firebaugh
La Mirada
Lynwood
Mayfair
Norwalk

3 MIRAMONTE

Bassett
Edgewood
Ganesha
La Puente
Pomona
Workman

4 MISSION

Alemanya
Chaminade
Crespi
Harvard-Westlake
Loyola
Notre Dame/SO
St. Francis

3 MISSION VALLEY

El Monte
Gabrielino
Marshall
Mountain View
Rosemead
South El Monte

3 MONTVIEW

Ayala
Azusa
Baldwin Park
Duarte
Garey
Sierra Vista

4 MOORE

Cabrillo/LB
Compton
Jordan
Lakewood
Millikan
Poly/Long Beach
Wilson/Long Beach

ENT LEAGUE**3 MOUNTAIN PASS**

Elsinore
San Jacinto
Tahquitz
Temescal Canyon
West Valley

2 MOUNTAIN VALLEY

Indian Springs
Miller, A.B.
Palm Valley
Public Safety Acad

3 MT. BALDY

Chaffey
Chino
Diamond Ranch
Don Lugo
Montclair
Ontario

4 MULHOLLAND

Ambassador Chr
Animo Leadership
Compton Early Clg
Environmental Ch
Pacific Lutheran
Price
Shalhevet
Summit View West

3 NORTH HILLS

Brea Olinda
El Modena
La Habra
Sonora
Troy

5 OCEAN

Beverly Hills
Centennial/Compton
Culver City
Hawthorne
Inglewood
Lawndale
Leuzinger
Morningside
Santa Monica

3 OLYMPIC

Heritage Christian
Maranatha
Valley Chr/Cerr
Village Christian
Whittier Christian

ENT LEAGUE**4 OMEGA**

Beacon Hill
Delphi Academy
Glendale Adventist
Newbury Park Adv
Ojai Valley
Pilgrim
San Fernando Vly Acad

3 ORANGE

Century
Estancia
Magnolia
Santiago/GG
Savanna

3 ORANGE COAST

Buena Park
Katella
Ocean View
Santa Ana
Westminster

4 PACIFIC

Arcadia
Burbank
Burrughs/Burbank
Crescenta Valley
Glendale
Hoover
Muir
Pasadena

4 PACIFIC COAST

Irvine
Laguna Beach
Northwood
Portola
Sage Hill
St. Margarets Episc
University
Woodbridge

3 PIONEER

North Torrance
Palos Verdes
Torrance
West Torrance
Wiseburn Da Vinci

4 PREP

Calvary Baptist
Chadwick
EF Academy
Flintridge Prep
Poly/Pasadena
Providence/Burbank
Rio Hondo Prep

ENT LEAGUE**3 RIO HONDO**

Blair
 La Canada
 Monrovia
 San Marino
 South Pasadena
 Temple City

2 RIVER VALLEY

Jurupa Valley
 La Sierra
 Norte Vista
 Ramona

3 SAN JOAQUIN

Capistrano Vly Chr
 Fairmont Prep
 Pacifica Chr/OC
 Samueli Academy
 San Gabriel Acad

3 SANTA FE

Cantwell Sacred Hrt
 Mary Star of Sea
 Serra
 St. Bernard
 St. Pius-St. Matthias
 Verbum Dei

3 SEA VIEW

Capistrano Valley
 Dana Hills
 El Toro
 Mission Viejo
 San Juan Hills

3 SOUTH COAST

Aliso Niguel
 Beckman
 San Clemente
 Tesoro
 Trabuco Hills

ENT LEAGUE**5 SOUTH VALLEY**

California Military
 Cornerstone Chr/W
 Desert Chr Acad
 Hamilton
 Nuvview Bridge
 San Jacinto Leadership
 San Jacinto Vly Acad
 Santa Rosa Acad
 St. Jeanne de Lestonnac
 Temecula Prep

3 SOUTHWESTERN

Chaparral
 Great Oak
 Murrieta Mesa
 Murrieta Valley
 Temecula Valley
 Vista Murrieta

4 SUN VALLEY

Banning
 Cathedral City
 Coachella Valley
 Desert Hot Springs
 Desert Mirage
 Indio
 Xavier Prep

3 SUNBELT

Citrus Hill
 Hemet
 Liberty/Winchester
 Moreno Valley
 Paloma Valley
 Valley View

4 SUNKIST

Arroyo Valley
 Bloomington
 Eisenhower
 Fontana
 Rialto
 Rim of the World
 San Geronio
 Summit

4 SUNSET

Corona del Mar
 Edison
 Fountain Valley
 Huntington Beach
 Los Alamitos
 Marina
 Newport Harbor

LEAGUE**3 TRINITY**

JSerra Catholic
 Lutheran/Orange
 Mater Dei
 Santa Margarita
 Servite
 St. John Bosco

3 TRI-VALLEY

Bishop Diego
 Cate
 Dunn
 Foothill Tech
 Laguna Blanca
 St. Bonaventure

Freelance

First Baptist/LB-probationary
 Gorman LC/AV-probationary
 Lifeline Ed Charter
 Palmdale Acad Ch

Does Not Field

Intl School of LA
 Maricopa
 Notre Dame/Riv
 Orangewood Acad
 Pacific
 Rubidoux
 The Seed School of LA
 Victor Valley Chr
 Westmark

TBD

Highland Hall
 River Springs/Tem

Volleyball Sample Line Up Sheet:

Team Centerville HS Comets Game 1
Libero: 2 (Check one) Serve _____ Receive _____

Serve Order	Player Number
<u>I</u>	<u>4</u>
<u>II</u>	<u>6</u>
<u>III</u>	<u>8 C</u>
<u>IV</u>	<u>3</u>
<u>V</u>	<u>5</u>
<u>VI</u>	<u>7</u>

Volleyball Score Sheet:

Download from the CIF-Southern Section website at www.cifss.org or click here (<https://cifss.org/sport-news/volleyball-score-sheet/>)

CIF State Rule Webinar:

<https://cifss.org/sports/girls-volleyball/>

Volleyball Scorekeeping 101:

Download from the CIF-Southern Section website at www.cifss.org or click here (<https://cifss.org/sport-news/volleyball-scoring-presentation/>)

For Sanctioned Events go to www.cifss.org

1. Click on Governance
2. Click Sanctioned Events
3. Select Volleyball, Girls
4. Click Search
5. To find a specific event, enter information in Keywords
6. Click Search

2024-2025 BOYS VOLLEYBALL TOP TEN PREVIEW QUESTIONNAIRE

SCHOOL _____ LOCATION (CITY) _____

LEAGUE _____ DIVISION _____

HEAD COACH _____ YRS. AS HEAD COACH AT SCHOOL _____

HEAD COACH E-MAIL _____

2024-25 VARSITY RESULTS:

OVERALL RECORD _____ LEAGUE RECORD _____ LEAGUE PLACE _____

OF RETURNING VAR. PLAYERS: _____ # OF RETURNING VAR. STARTERS _____

TOP RETURNEES:

NAME _____ POS. _____ HT. _____ YR. _____ HONORS

TOP NEWCOMERS:

NAME _____ POS. _____ HT. _____ YR. _____ HONORS

***IMPORTANT* PREDICTED FINISH OF TEAMS IN YOUR LEAGUE (INCLUDE YOUR TEAM):**

1. _____ 2. _____ 3. _____ 4. _____

5. _____ 6. _____ 7. _____ 8. _____

TOURNAMENTS (entered for the 2024-25 season):

RETURN IMMEDIATELY TO:

2024-25 BOYS VOLLEYBALL ADVISORY DIVISIONAL REPRESENTATIVE (PG. 4)

ALL CIF Southern Section Nomination Information

The ALL-CIF Southern Section Boys Volleyball Team will be selected by the advisory committee based on the returned nomination forms submitted by the deadline. Late nominations will not be considered.

All coaches are asked to send submit their nominations using the Google Doc link below. Please take a moment to nominate not only your players but any that you feel are deserving of selection by the committee.

<https://forms.gle/WeT2uiqrNRE5SVfR6>

Nominations are due by Monday, May 19, 2025. Late nominations will not be accepted.

<u>Division</u>	<u>Division Representative</u>	<u>Email Contact</u>
1	Matt Marrujo	mmarrujo@servitehs.org
2	Matt Marrujo	mmarrujo@servitehs.org
3	Seth Burnham	sburnham@conejouisd.org
4	Frankie Perales	Frankiep22c@aol.com
5	Dillan Bennett	dbennett@bishopdiego.com
6	Joe Schnake	ioeschnake@gmail.com
7	Carlos Martinez	Cmartinez1@lbschools.net
8	Carlos Martinez	Cmartinez1@lbschools.net
9	Mike Wadley	mwadley@lbschools.net

If you have any questions, please contact our office or any one of the advisory members listed in the preview.

Thank you in advance for your assistance in completing this process.



MEMORANDUM

TO: All-CIF-SS SELECTION COORDINATORS AND CIF-SS STAFF
FROM: THOM SIMMONS, ASSISTANT COMMISSIONER
DATE: JUNE 10, 2024
RE: 2024-2025 ALL-CIF SOUTHERN SECTION TEAMS

Per the previous directive regarding the selection of All-CIF-SS and after consultation with CIF-SS Staff, the following are the mandatory maximums as it regards team selections in all sports. The office will no longer provide certificates beyond the first team in any sport and each sport will be allotted the following number of player selections for each division represented in that sport:

Boys Volleyball 12 position players, 1 Libero, **1 MVP***, 1 Coach of the Year (13 w/ Libero; 12 w/o)

*** In each sport the MVP must be included in the list of position players**

Each sport may alter their lists, except those as designated, as they see fit (i.e. select Co-MVP's) however the total number of players may not exceed the total number of allowable selections.

- Each sport may continue to select and honor a 2nd or 3rd team. However, the CIF Southern Section will not pay for those certificates, nor will the CIF-SS office release those teams to the media. Additionally, 2nd and 3rd teams cannot include the use of "CIF" or any variation of our name in the titling. Thank you for your understanding and please feel free to contact me should you have any questions on this issue.
- Unless an individual school has co-head coaches on their staff we will not accept "Co-Coaches of the Year".
- Any sport that does not conform to these guidelines will be asked to resubmit.

Thank you for your cooperation and understanding.

CIF-SS HISTORY RECORD BOOK

The CIF-SS Record Book is updated on a yearly basis and can be found here.

<https://cifss.org/record-book/>

The CIF-SS Communications Office will automatically update information on championship teams, scores, and Players of the Year. Should your team, an athlete on your team, or a coach, meet a milestone record, then please complete this form.

<https://cifss.org/record-book-request/>

Please note we only record the top 10 in each category.

STATE CIF REGIONAL VOLLEYBALL INFORMATION

Please review the Boys Volleyball Playoff Bulletin for additional information available in early April.

The CIF Southern Section is allotted 14 entries into the State CIF Regional Boys Volleyball Tournament. The breakdown of those 14 entries are as follows:

Division 1: (4) Total Entries

The top two (2) teams that reach the finals of the Southern Section Division 1 playoffs will automatically qualify for the State CIF Regional Volleyball Tournament. The next two (2) teams selected will be the teams with the best pool play record (regardless of what pool they participated in) that did not reach the Southern Section final. Please review the tie breaking procedures in the playoff bulletin when posted in April.

Division 2 & 3: (4) Total Entries

Teams that reach the championship final will automatically advance to the State Regional Volleyball Tournament. If one of the finalists elects not to compete in the Regional tournament a school will be selected from the previous rounds. The highest seeded team that did not advance to the championship final will be asked followed by the next highest seeded team followed by the next, etc. until the entries are filled.

Division 4 – 9: (6) Total Entries

Only the Division Champion will automatically advance to the State Regional Volleyball Tournament. If the championship team elects not to compete in the Regional tournament the runner-up will be offered the entry.

IF YOUR SCHOOL CHOOSES TO OPT OUT OF THE REGIONAL PLAYOFFS, YOU MUST NOTIFY YOU SECTION OFFICE (SPORT REPRESENTATIVE) BY THE FRIDAY (5 PM), OF YOUR 1st WEEK OF SECTION PLAYOFFS.

When pain gets in the way of doing what you love ...

Trust the experts at Hoag & Hoag Orthopedic Institute
Sports Medicine to get you back on the field.

Hoag & Hoag Orthopedic Institute Sports Medicine are proud
to be the Official Orthopedic & Sports Medicine Partner of the
CIF Southern Section.

**Hoag
Orthopedic
Institute.**

SPORTS MEDICINE



We are proudly founded by our premier physicians in partnership with Hoag.

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HEALTH AND SAFETY

It is the expectation of the CIF Southern Section that your Athletic Coaches and Administration will take every measure to ensure the health and safety of your student athletes.

The following are key points of emphasis coaches should review with their staff and players in reference to CIF Southern Section rules and regulations in the 2024-2025 CIF Southern Section Blue Book. This list is not all-inclusive but only highlights key areas. For necessary forms and additional information regarding Heat Safety, Hydration and other Sports Medicine resources, please go to www.cifss.org and click on the “Sports Medicine” tab on the blue toolbar.

Additional resources can be found at www.cifstate.org under the “Sports Medicine” tab on the white toolbar

PHYSICAL EXAMINATION

An annual physical examination, or a statement by a medical practitioner, is required for a student to take part in any authorized school practice session and/or pre-season conditioning period. This physical examination will be valid for a period of one year from the date of the examination. A student will be excused from this physical examination only if there is compliance with the Education Code (parent's refusal to consent). CIF Health and Safety Committee strongly recommends schools use the Pre-Participation Examination form that is endorsed by five major medical societies; American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American orthopedic Sports Medicine and the American osteopathic Academy of Sports Medicine. All CIF schools must have school board approved forms.

CONCUSSION PROTOCOL

A student athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at the time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. If a licensed health care provider, trained in education and management of concussion determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return to play protocol of no less than seven (7) full days from the time of diagnosis under the supervision of a licensed health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition. (Approved May 2010 Federated Council/Revised January 2015 Federated Council)

Question: What is meant by “licensed health care provider?”

Answer: the “scope of practice” for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

STEROID PROHIBITION

All schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parent(s)/guardian(s)/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition.

NOTE: Article 1-12.N. (Revised May 2005 Federated Council)

SUDDEN CARDIAC ARREST PROTOCOL

A student-athlete who passes out or faints while participating in, or immediately following, an athletic activity or who is known to have passed out or fainted while participating in or immediately following an athletic activity, must be removed immediately from participating in a practice or game for the remainder of the day. A student-athlete who has been removed from play after displaying signs and symptoms associated with sudden cardiac arrest may not return to play until the athlete is evaluated by a licensed health care provider and receives written clearance to return to play from that health care provider. On a yearly basis, a Sudden Cardiac Arrest information sheet shall be signed and returned by all athletes and the athlete's parent/guardian/caregiver before the athlete's initial practice or competition.

Question: What is meant by "licensed health care provider?"

Answer: the "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

2024-2025

CIF-SS APPROVED PASS GATE CARDS

COURTESY CARD

GOOD FOR BEARER +1



This card is transferable and may be presented by an adult only.

Please advise one (1) ADULT bearer and one (1) guest upon presentation of this card to any athletic event conducted by the CIF Southern Section or any of its member schools, except as noted below.

This card is NOT valid for use at:

- CIF Championships and CIF Finals
- All events held by the CIF Commissioner of Athletics
- All events held by the CIF Southern Section or a member school holding a special event with limited seating capacity.

Abuse or multiple use of this card at the same event will result in the permanent confiscation of this card and removal from the event. Abuse of this card will result in sanctions placed against the institution to whom this card was issued.

CORPORATE PARTNER

GOOD FOR BEARER +1



This card is transferable and may be presented by an adult only.

Please advise one (1) ADULT bearer and one (1) guest upon presentation of this card to any athletic event conducted by the CIF Southern Section or any of its member schools, except as noted below.

This card is NOT valid for use at:

- CIF Championships and CIF Finals
- All events held by the CIF Commissioner of Athletics
- All events held by the CIF Southern Section or a member school holding a special event with limited seating capacity.

Abuse or multiple use of this card at the same event will result in the permanent confiscation of this card and removal from the event. Abuse of this card will result in sanctions placed against the institution to whom this card was issued.

MEDIA CREDENTIAL

GOOD FOR BEARER ONLY



Please advise the bearer upon presentation of this pass to all practice, league, maintenance and playoff events within the CIF Southern Section through June 30, 2025.

This card is NOT valid for use at any special event as identified by the CIFSS Commissioner of Athletics. Credentials for these special events will be issued by the CIFSS Communications Department who will be notified by email by the institution to whom the card was issued.

This pass is valid for use at all events within the CIF Southern Section and its member schools, except as noted below. Abuse or multiple use of this card will result in the permanent confiscation of this card and removal from the event. Abuse of this card will result in sanctions placed against the institution to whom this card was issued.

Any violation of these rules can and will result in ejection from the facility and immediate revocation of this credential.

Expires June 30, 2025

CIF-SS EMPLOYEE

GOOD FOR CIF-SS STAFF ONLY



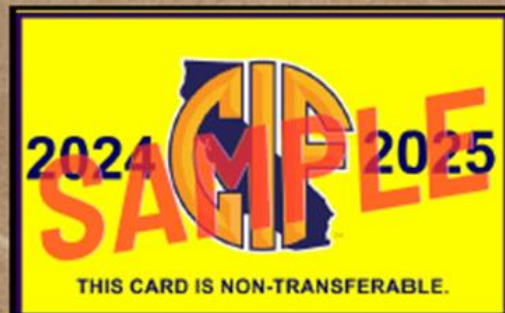
GOLD LIFE PASS

GOOD FOR BEARER +1



STATE COURTESY CARD

GOOD FOR BEARER +1



MVP AD

GOOD FOR BEARER +1



California Interscholastic Federation 2024-2025 COURTESY CARD

CIF State Office
and one guest registration

CIF State Office

This card is to be honored for admission to any CIF high school athletic event in California. Questions regarding this card: 916-229-8177

www.cifstate.org

Ronald W. Nocetti
CIF Executive Director



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