



CIF-Southern Section
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CIF-SS Cross Country Advisory Committee
Tuesday, September 13, 2016
Agenda / Minutes

- 1.0 **Welcome** Rainer
For the past 5-6 years there has been discussion on possible Mt. SAC closure for renovations. At time of renovations, course will not be available to any one for use. CIF-SS utilized the Riverside Cross Country Course for Prelims last year in order to “run” an event at the site prior to official announcement from Mt. SAC. In July 2016, Mt. SAC made official announcement that course would not be available this season.
- 2.0 **2016 Preview and CBED Division Breakdown** Rainer
Final division posting will be in October following the reporting of CBED numbers by schools.
- 3.0 **CIF-SS Prelims – Friday-Saturday, November 11-12, 2016** Rich E./Hal
@ Riverside Cross Country Course
- a. Course preparation update/publicity Will/Rich M.
Improvements/updates to the course have been made since last year. See attached map and detail of improvements.
- b. Start times for prelims/rationale Rich M./Group
Friday, November 11th – 9 am (Divisions 1 and 4);
Saturday, November 12th - 7:30 am (Divisions 2,3,5)
- c. Order of Races – number of heats Rich G./Rich E./ Hal
Number of heats -Prelims: 25 school maximum per heat
51 schools or more develops 3 heats
(Site specific for this year) Prelims to Finals: 24 schools from 2 or 3 heats advance
(Site specific for this year) Individuals - Top 15 in heat (from non-qualifying schools if 2 heats);
Top 10 in heat (from non-qualifying schools in 3 heats)
- Advisory Committee Coaches Vote 8-0 in favor**
- d. Roster changes (alternates) prelims to finals Rich E./Rich M.
Approved team size to be up to 10 runners; 3 alternates instead of 2
Advisory Committee Coaches Vote 8-0 in favor
- e. Parking, Entrance and Security set-up Rainer/Rich E.
Enhancements in place to improve experience
- f. P.A. System- location Group
King HS
- g. T-Shirt sizing Rich M.
Adjustments made for smaller sizes when ordering

- h. Air quality testing Rich M.
 Section wide testing of multiple sites, at different times would be best way to compile data for review. Single site testing does not adequately represent the trend. Committee felt that the Riverside Course hosts have taken steps to mitigate the issues from last season and improve the overall feel and condition of the course.
 Requested that we ask assistance of a subcommittee of CIF-SS Cross Country Coaches Association to take a section wide look at a selection of trail/dirt type courses to establish foundational measurements of air quality at these courses. Advise subcommittee to report back with findings once completed for future use by schools and section office.
- Advisory Committee Coaches Vote 8-0 in favor**
- i. Individual entries from league to prelims Rich M.
 Individual entries league finals into prelims: increased to allow top 6 (from non-qualifying teams) from all leagues – increase from 3
Advisory Committee Coaches Vote 8-0 in favor
- j. Team entries from league to prelims Rich M.
 Team entries league to prelim (6 from 12 team league) – already the case – no change needed
- 4.0 **CIF-SS Finals** – Saturday, November 19, 2016 Rich E./Hal/Bob
@ Riverside Cross Country Course
- a. Number of teams advancing from prelims to finals Rich E./Hal
 b. Order of races Rich E./Hal
 b. Awards location and time schedule
 Grass area outside of Clubhouse, tent, chairs, PA system
- 5.0 **“At-large” Criteria** Rich E./Hal/Bob
 a. Top 13 in poll in 2 of the last 4 weeks
 Committee agrees to continue this method for determining “At-large”
- 6.0 **California State Meet** – Saturday, November 26, 2016 Hal/Bob
@ Woodward Park
- a. CIF-SS: 7 entries all divisions
- 7.0 **Other items**
 Clerk of the course area needs portable bathroom, chairs
 Coach Tickets included in packets – 2 for girl coaches, 2 for boys coaches

CIF-SS Cross Country Coaches Advisory Committee

Rich Ede; Hal Harkness; Bob McGuire; Rich Gonzalez; Will Jacobsmeyer, La Sierra HS
 Ingrid Herskind- Flintridge Prep HS; Tim McIntosh- St. John Bosco HS; Rich Medellin- Esperanza HS;
 Brad Peters, M.L. King HS; Martin Dugard – JSerra HS; Jay Stepp, Yucca Valley HS
 Mike Tomasulo, Temple City HS; Tom Colley – Sherman Indian HS

Riverside City Course Improvements/Update

1. Additional Course Clean-Up continuing. LSCC has put in 400+ hours this summer.
2. Focus on weeding has been on thorns-virtually none on course.
3. RPU has put in watering system for trees. Made parts of the course softer.
4. Dirt is being delivered to help firm course in affected areas.
5. Course grass has been left untouched as much as possible-helping with dust.
6. Riverside Showcase a success:
 - a. Zero traffic issues. Almost every bus followed plan so egress was efficient.
 - b. Dust in spectator areas was much less(so were spectators).
 - c. Course extended roughly 150 feet along Columbia, near parking lot.
7. Mulch plan is underway-see reverse.
8. Additional fencing roughly corresponds to South Side of Mulch along Start Area.



#1 MULCH
#2 IF ENOUGH MULCH