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## **MEDIA RELEASE**

PRESS RELEASE #2  
FOR IMMEDIATE RELEASE

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### **CIF-SS NAMES NEW ASSISTANT COMMISSIONER**

LOS ALAMITOS – CIF Southern Section Commissioner of Athletics Rob Wigod announced today that Aliso Niguel Director of Athletics, Mr. Mike Middlebrook, has accepted the position of Assistant Commissioner of Athletics for the CIF-SS, with an effective date still to be determined.

Middlebrook replaces Ms. Brandi Stuart who accepted the position of Senior Associate Athletic Director, Senior Women’s Administrator at Central Florida University.

“We are proud to announce that Mike Middlebrook has been selected to join our team as an Assistant Commissioner,” said Commissioner of Athletics Rob Wigod.

“Mike brings a wealth of knowledge and experience to this position, along with a strong commitment to supporting student-athletes through education-based athletics,” added Wigod. “We look forward to the many contributions he will make in service to our member schools and to our organization as a whole.”

Middlebrook has served as Athletics Director at Aliso Niguel High School since 1996 where he also served as League Coordinator for 14 years for the South Coast, Sea View and Pacific Coast Leagues. He was also Coordinator for the Coast View Athletic Association.

Middlebrook served as an assistant varsity football coach at both Aliso Niguel and Capistrano Valley high schools as well as assistant girls’ basketball coach and as the head coach of the Wolverine’s golf program. He also taught social studies and physical education at the school.

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“I am extremely excited and elated to accept the position,” said Middlebrook. “I believe I can do fabulous things working with an outstanding team.”

Middlebrook earned a Bachelor of Science Degree in Criminal Justice with a minor in Physical Education from California State University at Long Beach in 1992. He added a Master of Arts Degree in Education from California State University at San Bernardino in 1998 and received his teaching credential from Concordia University in 1994.

A Mission Viejo resident, Middlebrook was born in Melbourne Australia and has dual citizenship. He enjoys fly fishing, golf, skiing and travel.

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