

CIF-SS BULLETIN



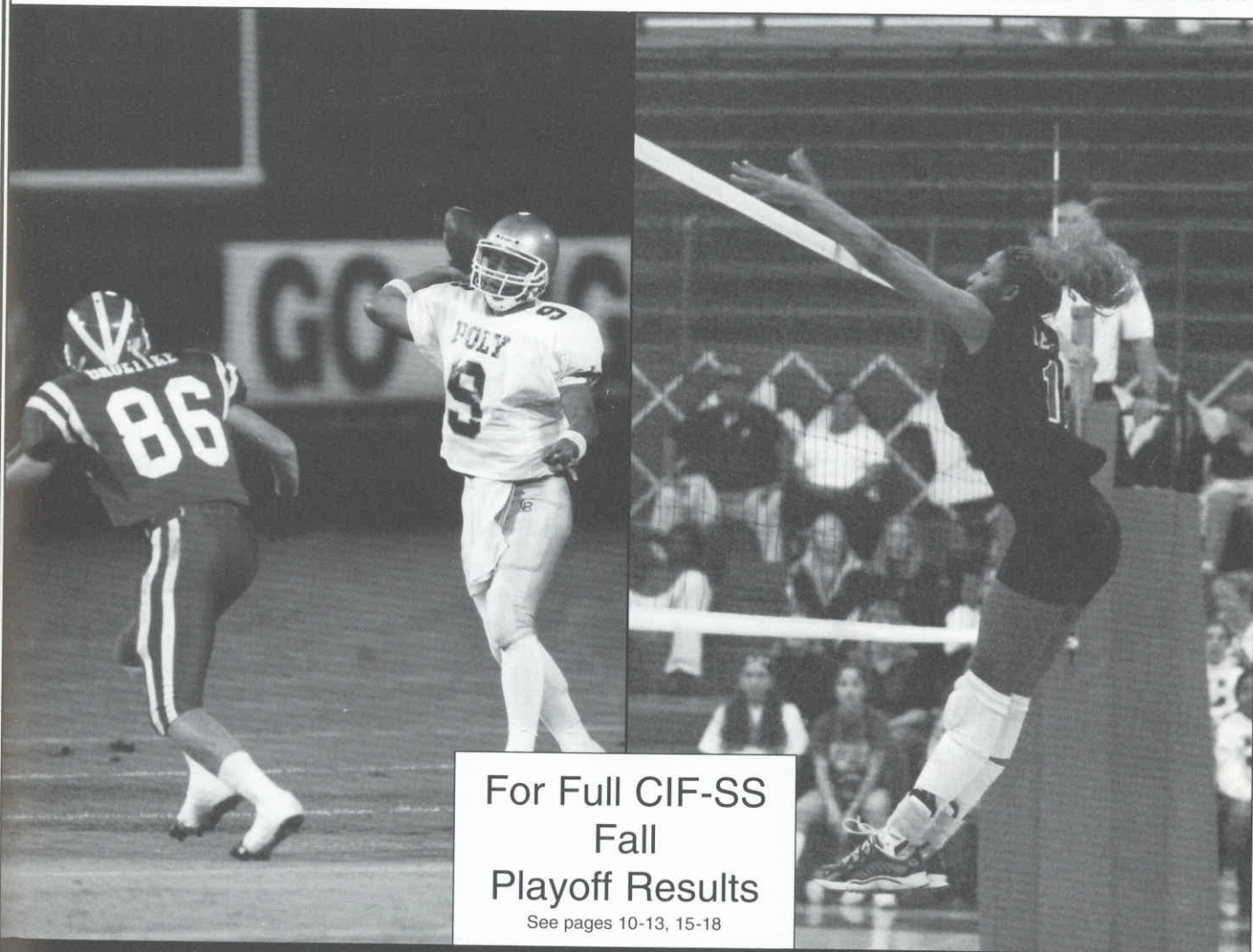
Southern Section

Academics • Integrity • Athletics



VOL. 62, NO. 2

WINTER 1999-2000



For Full CIF-SS
Fall
Playoff Results

See pages 10-13, 15-18

PowerBar

*Serving High School Athletics
Since 1913*

PRESIDENT'S MESSAGE



ATTITUDE

By Margie Godfrey, President
CIF-SS Executive Committee

One of the great values participation in athletics teaches is self-control. Whether as a member of a team or as an individual sport athlete, the ability to control one's body, emotions, and behaviors is critical to success. This form of self-discipline translates into self-confidence which results in improved performance. We are what we believe ourselves to be. In other words, our *attitude* is what matters.

A very bright and much admired former boss of mine believes that *attitude* is a critical attribute of effective leaders. He used to open the beginning of school administrator's meeting with a refresher pep talk about the importance of *attitude* in our work as high school principals. I used to leave those meetings feeling inspired and capable of accomplishing lots of good things. His encouragement translated to a belief in us that affected our *attitude*.

As we go about the important work of providing the best possible athletic experiences for the students of the Southern Section, let's not forget about keeping the right *attitude*. The following (located on page 5) by Charles Swindoll is provided for your use and inspiration.

See ATTITUDE page 5.

CIF-SS COUNCIL MEETING MINUTES October 14, 1999

The October meeting of the Southern Section Council was called to order by President Margie Godfrey at 9:07 a.m., Thursday, October 14, 1999, at the Sequoia Athletic Club in Buena Park. All leagues were present with the exception of the De Anza, Del Rio, Delphic, Heritage, Metro and Valley.

1. **ADOPT AGENDA** - It was moved, seconded and passed to adopt the agenda.

2. **MINUTES** - It was moved, seconded and passed to approve the minutes of the CIF-SS Council meeting of April 29, 1999. Additionally, the minutes of the CIF-SS Executive Committee meeting of June 2, 1999, August 14, 1999 and September 22, 1999, were submitted as informational items.

3. **CITRUS BELT RELEAGUING** - Susana Arce, Chairperson of the Releaguings Committee, presented the proposal of the Citrus Belt Area Releaguings for the 2000-2002 cycle. Following discussion, it was moved, seconded and passed by a vote of 8-0 to approve the 2000-2002 Citrus Belt Area Releaguings.

4. **BOYS VOLLEYBALL PROPOSAL** - Dr. Steven Lawrence, Principal, Aliso Niguel High School, presented the Sea View League proposal which calls for expanding boys volleyball from three to five divisions for the 2000-2001 school year. Following discussion, it was moved, seconded and passed by a vote of 57-2-1 to approve the proposal.

5. **STATE OF CIF NOVEMBER ACTION ITEMS** - Clark Stephens, President-elect, presented the following agenda items for the November State Federated Council in order to give delegates voting direction:

A. **Criteria for New Competitive Events** - A proposal to establish criteria for new competitive events, either championships or for invitational events, conducted by or in the name of the State CIF or by a section or sections and involving competitors from more than one section including events which might take place before, during or after any season - vote to support.

B. **Maximum Forty (40) Matches per Wrestler** - A proposal from the State CIF Wrestling Advisory Committee which calls for establishing a maximum of forty (40) matches per wrestler prior to a league championship tournament - vote to support.

C. **CBEDs Enrollment Data** - A proposal which would provide for the use of CBEDs enrollment data from the preceding year to establish divisions for volleyball, cross country and basketball - vote to support.

D. **Adoption of the "Arizona Accord"** - A proposal which calls for the adoption of the "Arizona Accord" in principle as it applies to interscholastic athletics as operating principles of the California Interscholastic Federation - vote to support.

See COUNCIL MEETING page 19.

California Interscholastic Federation Southern Section

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SOUTHERN SECTION MARKETING UPDATE

THE POWERBAR STORY

The CIF Southern Section is always happy to welcome new partners who want to further student-athlete achievements. One of those new partners is PowerBar.

As a new sponsor, it's always good to see just where a company came from and what it believes in to get an idea of its value to the member schools.

In 1983, Brian Maxwell, a Canadian Olympic marathon runner and distance running coach at the University of California, Berkeley, was leading a marathon in England. Having consumed only energy drinks on the day of the race, he reached the 21 mile mark and bonked -- to the point where he experienced tunnel vision, dizziness and was forced to walk much of the rest of the race.

The experience led Brian to begin a quest for improved sources of energy for himself and his team to perform better. He was not interested in drugs or artificial stimulants. Instead, he envisioned foods that would be based on scientific research and use healthy, natural ingredients to deliver sustained energy through the optimal blend of nutrients that human beings need to perform at their best.

Brian teamed up with a Ph.D. chemist and Jennifer Biddulph, runner and nutrition and food science student, to work on the concept of an "energy bar." They wanted something that would be convenient, portable and taste good. They also wanted it to be healthy, nutritious and easy to digest. It had to deliver the correct combination of simple and complex carbohydrates, protein, fat, vitamins and minerals to optimize performance.

A challenge was that experts in the food industry believed it was impossible to make

a "healthy" food bar because of the large amounts of saturated fats needed to lubricate the machinery in the food manufacturing process. Undaunted, the team spent three years developing not only a recipe, but a manufacturing process for an energy bar that could be made without added fats. Hundreds of formulations were developed and tested and the successes were shared with local athletes.

Soon, requests were pouring in for "those power bars" and the name eventually stuck. In 1986, PowerBar Inc. was founded. The first 50,000 PowerBar energy bars in Malt-Nut and Chocolate flavors went on sale in January 1987, as Maxwell and Biddulph ran the company together out of their basement. By 1988, they were married and the company began hiring employees.

Over the years, hundreds of championships have been won and records set by athletes fueled by PowerBar. And millions are now part of "Team PowerBar," having discovered that PowerBar Provides healthy, nutritious energy.

The PowerBar product line has grown as PowerBar has stayed in touch with the needs that athletes and active people have for energy in many different forms -- and as scientific knowledge about sports nutrition has expanded. The result is that PowerBar now has four distinct lines of energy bar products, a line of energy gels and, new for 1999, energy drinks.

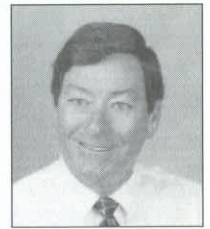
PowerBar's goal is to improve human performance by providing nutritious, healthy energy products and by educating people about nutrition so that they can manage their own health.

The CIF Southern Section is to welcome PowerBar as one of our corporate partners.



COMMISSIONER'S CORNER

For Women
Only



By James Staunton, Ed.D.
Commissioner of Athletics

Recently, I participated in discussions with CIF State Federated Council Representatives from all over the state, the main topic: How to encourage more female participation in coaching and officiating.

Title IX opened the doors for females in virtually every CIF sport. Over the years female participation has boomed. We now see robust programs at our schools, increased television exposure of female athletic events and greater opportunity for college scholarships. The Olympics has traditionally celebrated female sports participation and it seems to grow every year. The final shot taken in the Women's World Cup soccer championship last year was truly one heard 'round the world!

We still worry though about when women will take leadership roles in sports. Our section representation is still heavily male in make-up. We are working to ensure equity on our Executive Committee in terms of female input. At the school level, principals and athletic directors will tell you that finding female coaches is a very difficult task. Virtually everyone will agree that having women coach sports is a very desirable situation. We believe strongly that women should act as role models and work with young ladies to improve in the sports of their choice. Still we can't seem to find coaches in adequate numbers.

This situation is even more pronounced in officiating. Our officials associations are losing experienced officials and finding that women are not entering into the field in the number that they need. This is despite the fact that officiating offers tremendous opportunities for women.

I appeal to all of our female athletes to give some thought to making a contribution to their sport by investigating either of these two options. Make a difference for women's sports and for thousands of future athletes. Consider assisting your coach at your school, look into the possibility of coaching in a local youth or church league. The rewards can be tremendous.

MINUTES OF THE EXECUTIVE COMMITTEE MEETING August 14, 1999

The August meeting of the CIF-SS Executive Committee was called to order by President Margie Godfrey at 9:02 a.m. on Saturday, August 14, 1999, at the Lake Arrowhead Resort. All members were present with the exception of Susana Arce, Fr. Robert Gallagher and Dr. David Long.

1. ADOPT AGENDA - It was moved, seconded and passed to adopt agenda.
2. MINUTES - It was moved, seconded and passed to approve the minutes of the CIF-SS Executive Committee Meeting of June 2, 1999, and Special Meeting of June 26, 1999.
3. NEW SCHOOL MEMBERSHIP - It was moved, seconded and passed to approve the membership of Cornerstone Christian High School (Wildomar) for the 1999-2000 school year on condition they attend an orientation meeting at the CIF-SS Office.
4. PRESIDENT'S UPDATE - Margie Godfrey, President, reported on the National Federation summer meeting held in Washington D.C.
5. COMMISSIONER'S UPDATE - Dean Crowley, Commissioner, reviewed staff evaluations, open enrollment, eligibility appeals, hardships and the CIF-SS web site.

6. TREASURER'S REPORT - Dr. Jack Clement, Treasurer, reported on the status of the 1998-99 CIF-SS budget. In addition, a motion to install Dr. Jim Staunton as the new CIF-SS Commissioner effective September 1, 1999, and authorize him as the signatory on all accounts along with President Margie Godfrey and the other officers was approved.

7. ATHLETIC DIRECTORS' REPORT - Sharen Caperton, Girls' Athletic Director Representative, reported on the Athletic Administrators' Symposium on Thursday, October 28, 1999. Donn Clickard, Boys' Athletic Director Representative, reported on the Athletic Director's Mentor Program.

8. AREA REPRESENTATIVE REPORTS - Executive Committee Area Representative discussed club programs, dismissing coaches, relegating and cross country division I playoffs.

9. STATE EXECUTIVE DIRECTOR REPORT - Jack Hayes, State CIF Executive Director, reported on coaching education, officiating, health & safety training, governance, equity, sportsmanship, state championships and the economic viability of State CIF.

10. ARTICLE 3 TASK FORCE REPORT - Margie

Godfrey reported on the progress of the Article 3 Task Force.

11. EXECUTIVE COMMITTEE WORKSHOP - Margie Godfrey introduced Jack Hayes, State CIF Executive Director, who conducted a workshop based on the "Arizona Accord" which is designed to develop strategies to encourage greater emphasis on the ethical and character building aspects of athletic competition.

12. REPORT ON CLOSED SESSION - No action taken

There being no further business the meeting was adjourned at 3:18 p.m.

Submitted by:

KAREN HELLYER
ASSISTANT COMMISSIONER

Approved by:

DEAN CROWLEY
COMMISSIONER OF ATHLETICS

MINUTES OF THE EXECUTIVE COMMITTEE MEETING September 22, 1999

The September meeting of the CIF-SS Executive Committee was called to order by President Margie Godfrey at 1:06 p.m., September 22, 1999, at the CIF-SS Office. All members were present with the exception of Dr. Jack Clement, Donn Clickard, Dr. Ken Gunn, Bob Nero, Tony Ortega, Scott Sandie and Dr. Liza Scruggs.

1. ADOPT AGENDA - It was moved, seconded and passed to adopt the agenda.

2. MINUTES - It was moved, seconded and passed to approve the minutes of the August 14, 1999, Executive Committee meeting.

3. ACCEPTANCE OF THE 1998-99 AUDIT REPORT - Jim Staunton, Commissioner of Athletics, introduced auditor Roger Carmody of the firm Nanas, Stern, Biers, Neinstein and Co. LLP and Shirley Frazier, CIF-SS Director of Budget and Finances. Mr. Carmody reviewed the recently completed audit of the Southern Section financial records for the 1998-99 fiscal year. A motion to accept the file and financial statement as submitted was approved.

4. STATE FEDERATED COUNCIL NOVEMBER ACTION ITEMS - Clark Stephens, President-Elect, reviewed the State Federated Council action items that will be voted on at the October 14, 1999, meeting of the CIF-SS Council.

A. Modification of State CIF Rule 224 - A proposal from the San Diego Section to modify the wording of Rule 224 to read, "any student who graduates during a school year may complete participation only in the sport begun prior to graduation." Following discussion, it was moved, seconded and passed to recommend the Council support the proposal.

B. Modification of National Federation Softball Rule 1-1-8 - A proposal from the San Diego Section to modify the National Federation Softball Rule 1-1-8 to allow softball player to wear metal cleats as do baseball players. Following discussion, it was moved, seconded and passed to recommend Council not support the proposal until input from the softball advisory is received.

C. Revise Wrestling 18 Point Rule - A proposal from the State CIF Wrestling Advisory Committee to revise and define the 18 competition points rule due to the many "loopholes" that exist in this rule. Following discussion, it was moved, seconded and passed to recommend Council support the proposal.

5. SHALHEVET HIGH SCHOOL REQUEST - An appeal from Dr. Michael Parmen, Principal, and Kevin Walsh, Athletic Director of Shalhevet High School, requesting reinstatement of their CIF-SS membership was heard by the Executive Committee. Following discussion, a motion to approve the application for membership was passed.

6. CIF-SS MISSION STATEMENT - Jim Staunton, Commissioner, reviewed the CIF-SS Mission Statement as revised by Roger Blake, Athletic Director, Temecula Valley Unified School District. Following discussion, a recommendation was made to support the principles and standards established in the Arizona Accord.

7. PRESIDENT'S REPORT - Margie Godfrey, President, reported on the progress of the Article 3 Task Force.

8. COMMISSIONER'S REPORT - Jim Staunton, Commissioner, reported on the football scrim-

mage rule, Blue Book Rule 70.5, Brown Act, State CIF Commissioners' meeting, computer software, CIF-SS web site, eligibility and revised Council meeting date.

9. TREASURER'S REPORT - Margie Godfrey, President, reviewed the final status of the 1998-99 budget.

10. SUPERINTENDENT'S REPORT - Dr. David Long discussed the impact of charter schools on CIF.

11. ATHLETIC DIRECTOR'S REPORT - Sharen Caperton, Girls' Athletic Director's Representative, reported on enrollment base playoffs.

12. AREA REPRESENTATIVES REPORTS - Executive Committee Area Representatives reported on scrimmages, new high schools and open enrollment.

13. REPORT ON CLOSED SESSION - No action taken.

There being no further business, the meeting was adjourned at 5:55 p.m.

Submitted by:

KAREN HELLYER
ASSISTANT COMMISSIONER

Approved by:

JIM STAUNTON, Ed.D.
COMMISSIONER OF ATHLETICS

ATTITUDE

"The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness, or skill. It will make or break a company. . . a church. . . a home.

The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past.... we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude... . I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you.... we are in charge of our Attitudes."

Charles Swindoll

MINUTES OF THE EXECUTIVE COMMITTEE MEETING November 10, 1999

The November meeting of the CIF-SS Executive Committee was called to order by President Margie Godfrey at 1:05 p.m. on Wednesday, November 10, 1999, at the CIF-SS Office. All members were present with the exception of Donn Clickard, Dr. Tom Davis, Dr. David Long and Tony Ortega.

1. **ADOPT AGENDA** – It was moved, seconded and passed to adopt the agenda.

2. **MINUTES** – It was moved, seconded and passed to approve the September 22, 1999, minutes of the Executive Committee as corrected.

3. **PUBLIC HEARING SESSION** – Dr. Gary Smidderks, CAPHSO Representative, reviewed the ACSI Convention and the support of Karen Hellyer, Assistant Commissioner, during the eligibility workshop.

4. **STATE FEDERATED COUNCIL FEBRUARY ACTION ITEMS** – Clark Stephens, President-Elect, reviewed the State Federated Council action items that will be voted on at the January 20, 2000, meeting of the CIF-SS Council.

A. **Revision of By-Law 1100 (Eligibility Appeals Procedures)** – A proposal which allows the use of a single hearing officer or hearing panel for appeal hearings. The revision also clarifies a provision of the Brown Act and Rules of Evidence. Following discussion, it was moved, seconded and passed to recommend the Council support the proposal.

B. **Revision of By-Law 217 (Discipline Expulsion of Transfer for Disciplinary Reasons)** – A proposal which clarifies the implications of a suspended expulsion. Following discussion, it was moved, seconded and passed to recommend the Council support the proposal.

C. **New By-Law to Address the Eligibility of Home School, Home Study Students** – A proposal which distinguishes between programs under jurisdiction of a member school's governing body

and those not under that jurisdiction. Following discussion, it was moved, seconded and passed to recommend support of the concept and proposed language that would clarify the issues of home schooling and independent study.

D. **Modify By-Law 224 (Spring Graduation)** – A proposal to allow students who graduate during a school year to complete participation only on the sports team begun prior to graduation. Following discussion, it was moved, seconded and passed to recommend non support for the proposal.

E. **Recommendations of the Competitive Equity Committee** – Following discussion it was moved, seconded and passed to recommend the Council support part "A" and "B" of the proposal.

F. **Revision of By-Law 303** – A proposal to address the growth and increasing variation of charter school formats. Following discussion, it was moved, seconded and passed to recommend the Council support the proposal with a clarification.

5. **NEW SCHOOL MEMBERSHIP** – It was moved, seconded and passed to approve the Oaks Christian High School (Westlake Village) for the 2000-01 school year on condition they attend in orientation meeting in the CIF-SS Office.

6. **AREA PLACEMENT/RELEAGUING APPEAL PROCESS** – Margie Godfrey, President and Clark Stephens, President-Elect, reviewed the recommended revised area placement/releaguings appeal procedures.

7. **GIRLS' WRESTLING** – Jim Staunton, Commissioner, reviewed a request to add girls' wrestling.

8. **GOVERNANCE AND COUNCIL REPRESENTATION** – Margie Godfrey, President, reviewed concerns regarding female representation on the CIF-SS Council.

9. **PRESIDENT'S REPORT** – Margie Godfrey reviewed the 1999-2000 President's Goals and

the State CIF Women's Sport Banquet.

10. **COMMISSIONER'S REPORT** – Jim Staunton reviewed consolidating CIF-SS assets, expanding or moving CIF-SS Office, CIF-SS web site and Nike Corporate contract.

11. **TREASURER'S REPORT** – Dr. Jack Clement reported on the number of schools still outstanding for membership dues.

12. **AREA REPRESENTATIVES' REPORT** – Executive Committee Area Representatives' reported on State enrollment categories, swimming assigner, officials' fees, alternate sites, league fees/cross leaguings, at-large selections, student ticket prices and student representation on Executive Committee.

13. **PERSONNEL SESSION** – The Executive committee went into closed session at 3:50 p.m. At 5:00 p.m. the Executive Committee reconvened.

14. **REPORT ON CLOSED SESSION** – Action in closed session was to direct the Commissioner to facilitate a discussion to resolve Dr. Cebrun's complaint and simultaneously retain the CIF consultant to perform an in depth review of the assistant commissioners' salaries. In addition, the commissioner was directed to reimburse four staff members the premiums for authorized life insurance not provided.

There being no further business, the meeting was adjourned at 5:08 p.m.

Submitted By:

KAREN HELLYER
ASSISTANT COMMISSIONER

Approved By:

JIM STAUNTON, Ed.D.
COMMISSIONER OF ATHLETICS

CIF, CAHPERD, CALIFORNIA NOW SUPPORT SB SCR 61

The California Interscholastic Federation (CIF), the California Association of Physical Education, Recreation and Dance (CAHPERD) and California National Organization for Women (NOW) all support Senate Bill SCR 61, which would proclaim California Girls and Women in Sports Week. Currently, there is a National Girls and Women in Sports Day, which was enacted by the United States Congress on February 4, 1987.

This measure, before the California Legislature, would recognize female athletes, coaches, officials and sports administrators for their important contribution in promoting the value of sports in achievement of full human potential. The CIF and CAHPERD will make presentations on the floor of the assembly and legislature on Thursday, February 10 at the State Capitol

in Sacramento. A press conference will follow, where both organizations will highlight action plans to increase the number of females in administrative, coaching and officiating roles.

"There is remarkable progress in the number of young women involved in CIF educational athletics," said Jack Hayes, CIF executive director. "However, women are underrepresented in athletic administration, coaching and officiating positions. Our goal, in working together with allied organizations such as CAHPERD, is to greatly increase the number of women in these roles.

"We are certainly proud of the accomplishments that girls and women have made in athletics, but our goals and hopes for the future are much higher."

Several elite female athletes and local high school, middle school and grade school athletes from the Sacramento area, will also be attending. Ruthie Bolton-Holifield, of the Sacramento Monarchs in the Women's National Basketball Association (WNBA), will be a keynote speaker. Also attending will be Katy Eldridge, a former USA National Team member in the sport of volleyball, and a member of the pro beach volleyball tour.

Representing the CIF will be Nancy Lazenby-Blaser, the Commissioner of the CIF Central Coast Section. Anne Hemline, Commissioner of the CIF San Francisco Section, will represent CAUPERD.

RADIO BROADCAST RIGHTS

With the proliferation of new media and the continuing expansion of interest in CIF Southern Section playoff events, new headaches have arrived as well.

Cable access and internet broadcasts lead the way in this dizzying arena.

Broadcast rights of playoff games remain the sole and exclusive property of the Section and we are sometimes tasked with the exhaustive efforts of cleaning up problems that exist with this "new media".

Due to these occasional "headaches" the Section will no longer be passing along quarter shares of these right fees to participating schools. The Section will use that money to offset losses it incurs due to non-payment by some entities it contracts out with.

Schools will still have a say in whether to let various broadcast companies re-transmit their games in their entirety and that permission must be received prior to any

television, radio or internet organization's arrival at your school.

Rights fees for broadcast of CIF-SS Playoff games must be filed directly with the Section office and, after acquiring permission from each participating school, should contact Thom Simmons at the Section office immediately.

There will still be no fee charged for periodic progress updates of playoff games by television, radio and internet companies, provided there are no more than six of these reports for any given game, the length of these reports does not exceed two minutes in duration and the updates do not include any play-by-play descriptions of the live action.

Should you have any further questions as they relate to broadcast rights, please feel free to contact the media department at the CIF-SS Office.

JOHN KENTERA HIGHLIGHTS 1999 FOOTBALL PRESS CONFERENCE

The CIF Southern Section was again pleased to have one of the great supporters of high school sports in Southern California as its Master of Ceremonies at the 24th Annual Football Press Conference Luncheon held at the Sequoia Athletic Club in Buena Park on December 6, 2000.

"The Coach" John Kentera OF XTRA Sports Radio 690, emceed the conference, which is intended to bring together the coaches and several players who participated in the championship contests of the 13 divisions of football, with the representatives of the local media. In addition, the champions of the two 8-man divisions were in attendance.

Kentera hosts the top-rated high school sports show on XTRA Sports. He is a sideline reporter for XTRA's broadcasts of San Diego Charger football games and hosts Charger Talk, XTRA's post-game show. John now has his own general topic show on Monday through Friday, 12 to 2 p.m.

Kentera urged the students to continue their high level athletic progress while stressing the importance of maintaining an equally high level of academic excellence. Kentera also applauded the CIF Southern Section for the continued outstanding job the section does of putting on first-class championship events.

The press conference gives the media an excellent opportunity for advanced interviews, as well as for meeting the coaches and players of teams they may not usually cover. It is also a great way of promoting sportsmanship between the competing teams, by allowing the players to meet each other in a friendly environment.

Also on hand at the press conference were Margie Godfrey, President of the CIF Southern Section Council, as well as Dr. Jim Staunton, Commissioner of Athletics; Bill Clark, CIF-SS Assistant Commissioners along with numerous Southern Section corporate sponsors.

RULE REVIEW



By Bill Clark
CIF-SS Assistant Commissioner

Open
Enrollment
Verification
Forms

Open Enrollment can be a very good thing for schools and students alike. However, I think that we can all agree that, at other times, Open Enrollment can be downright confusing.

In an effort to eliminate misunderstandings and provide for a smoother processing of Open Enrollment forms for this next year, the Southern Section will require that the Open Enrollment Verification form be submitted to this office by May 26, 2000. On this form you will note, we are asking that principals provide to us a list of those students that made application to their school on or before May 15, 2000. These lists will then be used by this office in approving open enrollment transfers for the 2000-2001 school year.

Please be advised that if a student does not appear on this list, or the school does not submit the list by May 26, 2000, open enrollment would not be granted.

It should be noted that the only variation of this policy would be with regard to Intra-District Transfers. In those cases the district date can be used.

Good luck to all of you and, as always, should you have any questions, please do not hesitate to contact us.

SAN GABRIEL VALLEY SCHOLAR-ATHLETES HONORED

The top 36 high school graduating senior scholar-athletes from the greater San Gabriel Valley area were honored by the National Football Foundation March 10th, at the Brookside Golf Course Clubhouse next to the famed Rose Bowl in Pasadena. It was the 32nd Annual Awards and Recognition Dinner of the San Gabriel Valley Chapter. The affair, which is by invitation only, sold out nearly two weeks prior to the event according to Chapter President Jim Brownfield. The following is the list of honorees for 1999-2000:

Scholar-Athlete

Michael Alday
 Brian Bond
 Ken Bowman
 Daniel Briseno
 Greg Campbell
 Rene Cendejas
 Luis Chaidez
 Matt Chase
 David Copeland
 Joseph Denny
 Eric Duenas
 Dan Echterkamp
 Emmanuel Eleyae
 Eric Escujuri
 Sean Forge
 Chris Gomez
 Justin Hernandez
 Corey Hockenhill
 Charlie Hoherd
 Ian Hughes
 Victor Jimenez
 Jason Karch
 Brent LaBarrere
 Ryan Lawrence
 Seth Lewis
 Gilbert Marquez
 Matthew Palmer
 Duncan Reid
 Ramon Rodriguez
 Jeff Runnells
 Brian Taylor
 Tyler Terrazone
 Mike Terrenal
 Scott Vossmeier
 Jason Wright

School

Cantwell HS
 Wilson HS (HH)
 St. Francis HS
 El Monte HS
 La Salle HS
 Rio Hondo Prep
 Montebello HS
 Crescenta Vly HS
 Charter Oak HS
 Gladstone HS
 Arroyo HS
 Charter Oak HS
 Don Lugo HS
 West Covina HS
 Los Altos HS
 Cantwell HS
 Santa Fe HS
 West Covina HS
 LaSalle HS
 La Canada HS
 Franklin HS
 Temple City HS
 Damien HS
 Damien HS
 Monrovia HS
 Baldwin Park HS
 Claremont HS
 Glendora HS
 Marshall HS
 San Dimas HS
 Alta Loma HS
 St. Francis HS
 Arroyo HS
 Crescenta Vly HS
 Diamond Bar

Coach

Jerry Scott
 Dave Merrill
 Bill Redell
 Greg Vaniman
 Lew Stueck
 Randall Johnson
 Bill Drulias
 Alan Eberhart
 Lou Farrar
 Al Sanchez
 D J MacKinnon
 Lou Farrar
 Tom Martinez
 Mike Maggiore
 Greg Gano
 Jerry Scott
 Jack Mahlstede
 Mike Maggiore
 Lew Stueck
 Rich Wheeler
 Armando Gonzalez
 Mike Mooney
 Mark Pasquarella
 Mark Pasquarella
 Steve Garrison
 Tony Zane
 Mike Collins
 Paul Lopez
 Dan Luke
 Ted Clarke
 Tom Mitchell
 Bill Redell
 D J MacKinnon
 Alan Ederhart
 Terry Roche

THE CIF SOUTHERN SECTION HUMAN RELATIONS COMMITTEE MISSION STATEMENT

The mission of the CIF Southern Section Human Relations Advisory Committee is to assist those involved with interscholastic athletics (school districts, principals, athletics and activity directors, coaches, officials, students, parents and the community) in creating and promoting standards of ethical conduct, sportsmanship and respect for cultural, racial and/or differences in high school sports and related activities. Essential to this effort is the establishment of standards of conduct, enforced by appropriate consequences and sustained by a reasonable review process.

Coaches' Corner

Foods and Fluids for Young Athletes

By Linda Houtkooper, Ph.D., R.D.
 University of Arizona



Young athletes' lives are often characterized by busy schedules, peer pressure, and body dissatisfaction. As a result, they often skip meals, snack on junk food, diet and experiment with dietary supplements. These realities leave coaches wondering what they can do to help young athletes eat well.

A survey of 900 adolescents asked these teens what could improve their diets. Most of the teens said that "balancing" their diets, eating more meals, planning their meals, and having schools provide healthier and more nutritious meals both in vending machines and in the cafeteria would be the best ways to tune-up their diets.

These teens appear to be on the right track. Variety is the key to a "balanced" diet. There is no one perfect food or supplement that can supply the 40-plus nutrients the body needs for top performance. The best way for young athletes to get the right balance of these nutrients is to eat a variety of food types that are high in carbohydrate and low in fat. The daily game plan for a balanced diet includes the types and amounts of foods listed in the Food Guide Pyramid and outlined in the accompanying chart.

If athletes need more energy than this basic food plan provides, eating more fruits, vegetables, breads, cereals, rice, pasta, or sports beverages could give them the calories and nutrients they need for good health and top performance. Once these nutrition basics are met, a balanced diet can also include some foods high in added sugars and fats, such as cookies, pastries, cakes, soft drinks, and snack foods to help meet energy needs.

FLUID REPLACEMENT

Fluid replacement is another key component in a winning sports nutrition plan. During training and competition, lost through sweat evaporation can lead to dehydration and a decrease in performance. Thirst is not a good indicator of dehydration. Athletes can be dehydrated and not feel thirsty. It is important to encourage athletes to drink fluids before, during, and after practice and competition. When fluid levels are adequate, the urine will be pale yellow in color—the color of freshly squeezed lemon juice. Water, juice and sports drinks are good choices for replacing fluids.

Young athletes tend to eat and drink what is available and convenient. It

is important to encourage athletes and their families to plan their meals and snacks so they have the variety and types of foods they need at places and times when they eat. Following is a game plan for a balanced diet that will help athletes plan nutritious meals at home as well as on the road.

ADDITIONAL INFORMATION IS AVAILABLE THROUGH THE FOLLOWING REFERENCES:

1. Clark, Nancy. Sports Nutrition Guidebook. Champaign, IL: Leisure Press, 1990.
2. Coleman, Ellen; Eating for Endurance. Palo Alto, CA: Bull. Publishing, 1992.
3. "Winning Sports Nutrition." VHS Videotape The Training Diet. The University of Arizona, Dept. of Nutritional Sciences, 1994.

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NO. OF SERVINGS AND FOOD TYPES	ONE SERVING EQUIVALENTS
3 to 5 servings of vegetables	1/2 cup
2 to 4 servings of fruit	1/2 cup or 1 piece
6 to 11 servings of breads, cereal, rice, or pasta	1 slice bread or 1/2 cup
3 servings of low-fat milk, yogurt, or cheese	1 cup or 1 slice
2 to 3 servings of meat, poultry, fish, or cooked dry beans or peas	Piece of meat the size of a deck of cards or cup of cooked beans/peas or 2 Tbs. of peanut butter

CIF SOUTHERN SECTION 1999 FOOTBALL PLAYOFF RESULTS

DIVISION I FIRST ROUND:

Long Beach Poly 28
Fountain Valley 20

A.B. Miller 31
Santa Margarita 0

Loyola 28
Fontana 7

Los Alamitos 28
Lakewood 0

Eisenhower 30
Marina 13

St. Paul 27
Long Beach Wilson 22

Alemanya 42
Esperanza 17

Mater Dei 36
Redlands 14

QUARTERFINALS:

Long Beach Poly 21
A.B. Miller 7

Los Alamitos 30
Loyola 23 (2OT)

Eisenhower 13
St. Paul 9

Mater Dei 45
Alemania 14

SEMIFINALS:

Long Beach Poly 35
Los Alamitos 9

Mater Dei 28
Eisenhower 21

FINALS:
Long Beach Poly 21
Mater Dei 21
Co-Champions

DIVISION VIII FIRST ROUND:

Cathedral City 48
Southwest 30

Temescal Canyon 14
Yucaipa 7

Bloomington 52
Palo Verde 17

Serrano 32
Indio 27

Hemet 29
Colton 13

Barstow 45
Brawley 19

Elsinore 49
Sultana 35

La Quinta/LQ 20
San Bernardino 18

QUARTERFINALS:

Temescal Canyon 37
Cathedral City 14

Bloomington 55
Serrano 22

Barstow 14
Hemet 6

La Quinta/LQ 28
Elsinore 15

SEMIFINALS:

Bloomington 14
Temescal Canyon 0

Barstow 33
La Quinta/LQ 14

FINALS:
Bloomington 36
Barstow 20

DIVISION II FIRST ROUND:

Diamond Bar 38
Claremont 3

San Clemente 28
Warren 12

Dominguez 30
West Covina 27

Leuzinger 20
Glendora 13

Upland 35
Culver City 6

Damien 32
El Toro 21

Ayala 21
Paramount 14

Peninsula 57
Mission Niguel 19

QUARTERFINALS:

Diamond Bar 49
San Clemente 21

Leuzinger 38
Dominguez 28

Upland 30
Damien 20

Peninsula 29
Ayala 0

SEMIFINALS:

Diamond Bar 21
Leuzinger 18

Upland 24
Peninsula 14

FINALS:
Diamond Bar 17
Upland 14

DIVISION IX FIRST ROUND:

Bonita 57
University 21

Troy 28
Savanna 7

San Dimas 24
Garden Grove 7

Valencia/P 23
Corona del Mar 15

Pacifica 14
Costa mesa 6

West 27
La Habra 7

South Hills 28
Los Amigos 6

Brea Olinda 41
Sonora 6

QUARTERFINALS:

Bonita 35
Troy 22

San Dimas 12
Valencia/P 9

Western 4
Pacifica 27

Brea Olinda 35
South Hills 9

SEMIFINALS:

Bonita 41
San Dimas 17

Brea Olinda 34
Western 24

FINALS:
Bonita 24
Brea Olinda 14

DIVISION III FIRST ROUND:

Hart 62
Quartz Hill 18

Muir 28
Thousand Valley 18

Canyon/CC 28
Arcadia 14

St. Francis 35
Lancaster 14

Saugus 56
Chaminade 35

Highland 20
Pasadena 14

Valencia/V 55
Crescenta Valley 20

Notre Dame/SO 57
Littlerock 20

QUARTERFINALS:

Hart 14
Muir 0

St. Francis 41
Canyon/CC 7

Saugus 48
Ventura 37

Valencia/V 23
Notre Dame/SO 21

SEMIFINALS:

Hart 34
St. Francis 14

Valencia/V 55
Saugus 21

FINALS:
Hart 34
Valencia/V 6

DIVISION IV FIRST ROUND:

San Luis Obispo 56
Channel Islands 14

Hueneme 26
Thousand Oaks 7

Newbury Park 47
Righetti 21

Buena 17
Moorpark 10

Arroyo Grande 21
San Marcos 0

Ventura 56
Oxnard 6

Camarillo 29
Lompoc 22

Westlake 63
Dos Pueblos 7

QUARTERFINALS:

San Luis Obispo 35
Hueneme 7

Newbury Park 21
Buena 14

Arroyo Grande 21
Ventura 7

Westlake 56
Camarillo 20

SEMIFINALS:

San Luis Obispo 27
Newbury Park 14

Westlake 24
Arroyo Grande 7

FINALS:
Westlake 24
San Luis Obispo 21

DIVISION V FIRST ROUND:

Corona 34
Moreno Valley 11

Rancho Cucamonga 21
Rancho Verde 7

Temecula Valley 44
Jurupa Valley 31

Rubidoux 46
Ontario 21

Centennial/Corona 49
J.W. North 14

Alta Loma 17
Murieta Valley 14

Paloma Valley 42
Etiwanda 26

Norco 42
Riverside Poily 23

QUARTERFINALS:

Rancho Cucamonga 52
Corona 21

Temecula Valley 24
Rubidoux 13

Alta Loma 45
Centennial/Corona 28

Paloma Valley 48
Norco 46

SEMIFINALS:

Rancho Cucamonga 38
Temecula Valley 28

Paloma Valley 34
Alta Loma 17

FINALS:
Rancho Cucamonga 30
Paloma Valley 22

DIVISION VI FIRST ROUND:

Mayfair 47
Canyon/A 7

Irvine 33
Santa Ana Valley 6

Loara 28
Laguna Hills 21

Tustin 21
Bellflower 0

La Mirada 21
Aliso Niguel 13

Kennedy 35
Ocean View 15

Villa Park 38
Santa Ana 28

Newport Harbor 22
El Dorado 0

QUARTERFINALS:

Irvine 9
Mayfair 7

Loara 6
Tustin 3

Kennedy 21
La Mirada 14

Newport Harbor 35
Villa Park 16

SEMIFINALS:

Irvine 15
Loara 9

Newport Harbor 49
Kennedy 0

FINALS:
Newport Harbor 19
Irvine 18

DIVISION VII FIRST ROUND:

Charter Oak 35
Schurr 14

La Serna 31
Arroyo 28

Harvard-Westlake 23
California 10

Garey 37
Bell Gardens 0

Los Altos 52
Pioneer 0

Montebello 40
El Monte 7

Wilson/HH 44
St. Bernard 12

Santa Fe 21
Gabrielino 0

QUARTERFINALS:

Charter Oak 42
La Serna 14

Garey 23
Harvard-Westlake 12

Los Altos 33
Montebello 6

Santa Fe 10
Wilson/HH 0

SEMIFINALS:

Charter Oak 31
Garey 6

Los Altos 16
Santa Fe 8

FINALS:
Los Altos 33
Charter Oak 6

DIVISION XIII FIRST ROUND:

Mammoth 83
Maranatha 20

Pasadena Poly 36
Calvary Chp/D 12

Flintridge Prep 21
Ambassador Chr 0

Hamilton 32
Trom 0

Webb 14
Capistrano Vly Chr 0

Arrowhead Chr 42
Sherman Indian 0

Boron 41
Twin Pines 0

Brentwood 42
St. Margaret's 0

QUARTERFINALS:

Pasadena Poly 14
Mammoth 8

Flintridge Prep 34
Hamilton 0

Arrowhead Chr 41
Webb 12

Brentwood 24
Boron 6

SEMIFINALS:

Pasadena Poly 28
Flintridge Prep 0

Arrowhead Chr 15
Brentwood 13

FINALS:
Pasadena Poly 21
Arrowhead Chr 14

EIGHT-MAN LARGE FIRST ROUND:

Grace Brethren
Bye

Victor Vly Chr 48
Santa Clarita Chr 12

Viewpoint 59
Bakersfield Chr 14

Rio Hondo Prep
Bye

Faith Baptist
Bye

Avalon 31
First Lutheran 30

Desert Chr 40
Windward 33

Bloomington Chr
Bye

Grace Brethren 49
Victor Vly Chr 14

Rio Hondo Prep 22
Viewpoint 14

Faith Baptist 58
Avalon 18

Bloomington Chr 64
Desert Chr 18

Grace Brethren 40
Rio Hondo Prep 13

Faith Baptist 30
Bloomington Chr 21

FINAL:
Grace Brethren 32
Faith Baptist 26



8-MAN SMALL FIRST ROUND:

California Lutheran 56
Cuyama Valley 18

Masada 48
Big Pine 22

Price 50
Westmark 0

Shandon 48
Joshua Springs 0

SEMIFINALS:

California Lutheran 34
Masada 32

Price 40
Shandon 32

FINALS:
Price 42
California Lutheran 36

CIF SOUTHERN SECTION 1999 FOOTBALL CHAMPIONS

DIVISION I
Long Beach Poly
Mater Dei

DIVISION II
Diamond Bar

DIVISION III
Hart

DIVISION IV
Westlake

DIVISION V
Rancho Cucamonga

DIVISION VI
Newport Harbor

DIVISION VII
Los Altos

DIVISION VIII
Bloomington

DIVISION IX
Bonita

DIVISION X
Paso Robles

DIVISION XI
St. Bonaventure

DIVISION XII
Paraclete

DIVISION XIII
Pasadena Poly

8-MAN LARGE
Grace Brethren

8-MAN SMALL
Price



CIF SOUTHERN SECTION 1999 GIRLS VOLLEYBALL PLAYOFF RESULTS

DIVISION IAA

Wild Card Round: Los Alamitos def. Dana Hills 13-15, 15-6, 9-15, 15-11, 15-7; Glendora def. Rancho Cucamonga 15-9, 15-3, 15-1; Etiwanda def. Bell Gardens 15-6, 15-12, 15-8; Redlands def. San Geronimo 15-2, 15-4, 15-11; Diamond Bar def. Eisenhower 8-15, 15-3, 15-7, 9-15, 15-13; Millikan def. Santa Ana 15-2, 15-3, 15-4; Temecula Valley def. Canyon Springs 15-4, 15-7, 15-0; Righetti def. Rio Mesa 15-4, 15-5, 15-11.

First Round: Newport Harbor def. Los Alamitos 15-6, 15-4, 15-6; San Gabriel def. Downey 6-15, 15-4, 12-15, 15-0, 16-14; Highland def. Camarillo 15-2, 15-8, 15-3; Peninsula def. Arcadia 15-1, 15-9, 15-11; Long Beach Wilson def. Capistrano Valley 12-15, 15-13, 15-1, 15-13; Glendora def. Ayala 15-4, 9-15, 12-15, 15-8, 15-12; Murrieta Valley def. Etiwanda 15-9, 15-5, 17-15; Esperanza def. Redlands 15-3, 15-6, 15-2; Irvine def. Alta Loma 15-10, 15-13, 15-12; Long Beach Poly def. Valencia/Valencia 15-12, 15-13, 15-1; Oxnard def. Arroyo Grande 15-12, 15-12, 10-15, 14-16, 15-9; Upland def. Diamond Bar 15-4, 15-9, 14-16, 15-6; Redlands East Valley def. Millikan 15-9, 15-6, 15-4; Yucaipa def. Temecula Valley 18-16, 15-3, 15-8; Paramount def. Santa Monica 11-15, 15-12, 15-10, 15-11; Mira Costa def. Righetti 15-2, 15-1, 15-2.

Second Round: Newport Harbor def. San Gabriel 15-3, 15-2, 15-8; Peninsula def. Highland 15-3, 15-13, 15-7; Long Beach Wilson def. Glendora 15-7, 15-6, 13-15, 15-11; Esperanza def. Murrieta Valley 15-7, 15-3, 15-11; Irvine def. Long Beach Poly 15-12, 15-13, 15-12; Upland def. Oxnard 15-9, 15-3, 15-12; Redlands East Valley def. Yucaipa 15-3, 15-6, 15-8; Mira Costa def. Paramount 15-6, 15-1, 15-5.

Quarterfinals: Newport Harbor def. Peninsula 15-5, 15-11, 15-1; Esperanza def. Long Beach Wilson 15-7, 15-9, 15-6; Irvine def. Upland 8-15, 15-11, 17-15, 15-5; Mira Costa def. Redlands East Valley 15-13, 15-3, 15-3.

Semifinals: Newport Harbor def. Esperanza 17-15, 15-11, 15-8; Mira Costa def. Irvine 15-7, 9-15, 15-7, 15-2.

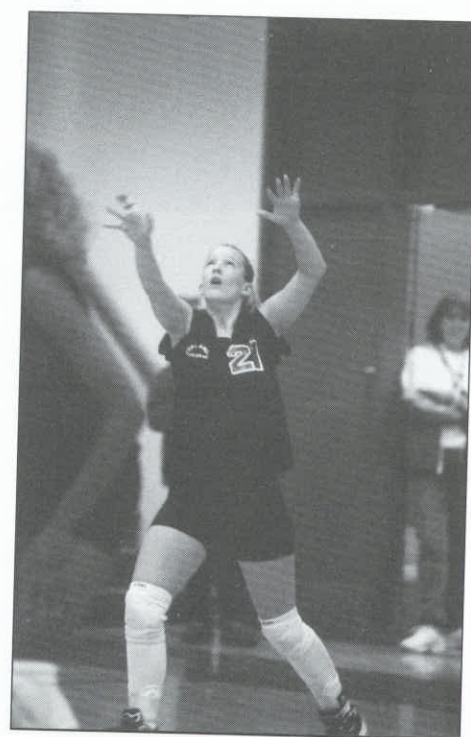
Final: Newport Harbor def. Mira Costa 15-4, 15-8, 15-9.

DIVISION IA

Wild Card Round: Canyon/Canyon Country def. Lancaster 8-15, 5-15, 15-10, 15-8.

First Round: Mater Dei def. Woodbridge 15-9, 15-3, 15-6; Silverado def. Canyon/Canyon Country 16-14, 15-13, 15-12; Claremont def. Riverside Poly 15-7, 15-4, 15-13; Jurupa Valley def. Thousand Oaks 15-11, 101-5, 12-15, 15-10, 15-9; Royal def. Buena 15-12, 12-15, 15-7, 15-11; El Dorado def. California 15-5, 15-9, 15-2; Crescenta Valley def. Quartz Hill 15-12, 13-15, 15-10, 15-8; Santa Barbara def. Los Altos 15-8, 15-1, 15-9; Huntington Beach def. Sunny Hills 15-4, 15-1, 15-10; Corona def. Villa Park 15-7, 15-13, 15-9; Sultana def. Palm Springs 13-15, 12-15, 15-5, 15-7, 15-2; University def. J.W. North 15-11, 15-6, 15-10; San Clemente def. Kennedy 15-6, 15-13, 15-6; Cajon def. Calexico 15-7, 15-1, 15-2; Saugus def. Mark Keppel 15-5, 13-15, 16-14, 16-14; San Marcos def. Beverly Hills 15-2, 15-6, 15-7.

Second Round: Mater Dei def. Silverado 15-2, 15-7, 14-16, 15-5; Claremont def. Jurupa Valley 15-7, 15-6, 15-7; Royal def. El Dorado 15-9, 15-



5, 15-9; Santa Barbara def. Crescenta Valley 15-2, 15-7, 15-3; Huntington Beach def. Corona 15-7, 15-5, 15-1; University def. Sultana 15-3, 15-13, 12-15, 15-7; San Clemente def. Cajon 15-04, 15-6, 15-5; San Marcos def. Saugus 15-12, 15-5, 15-6.

Quarterfinals: Mater Dei def. Claremont 15-2, 15-3, 15-3; Santa Barbara def. Royal 15-0, 15-6, 6-15, 12-15, 15-4; Huntington Beach def. University 15-1, 15-10, 15-11; San Marcos def. San Clemente 15-12, 15-7, 15-11.

Semifinals: Mater Dei def. Santa Barbara 15-11, 15-7, 15-7; San Marcos def. Huntington Beach 15-9, 9-15, 15-10, 15-5.

Final: San Marcos def. Mater Dei 15-11, 12-15, 15-9, 15-7.

DIVISION IIAA

Wild Card Round: Norco def. Brea Olinda 6-15, 15-8, 15-3, 15-8; Hemet def. West Valley 15-8, 15-12, 11-15, 16-14; El Modena def. Los Amigos 15-12, 15-2, 13-15, 15-13; South Torrance def. Whittier 15-0, 15-5, 15-8; La Quinta/La Quinta def. Ramona 15-5, 8-15, 15-10, 16-14.

First Round: Santa Margarita def. Norco 15-8, 15-3, 15-4; Chaparral def. Hemet 15-1, 15-3, 15-6; La Serna def. El Monte 15-0, 15-1, 15-10; Cypress def. El Modena 15-6, 13-15, 15-5, 15-12; South Torrance def. Tustin 15-0, 15-6, 15-9; Valencia/Placentia def. Rim of the World 15-9, 15-8, 15-12; Foothill def. La Quinta/La Quinta 15-5, 15-9, 15-8; Westlake def. Gahr 15-5, 15-5, 15-6.

Quarterfinals: Santa Margarita def. Chaparral 15-10, 15-8, 15-9; Cypress def. La Serna 15-8, 15-7, 14-16, 15-1; South Torrance def. Valencia/Placentia 15-5, 15-8, 15-13; Westlake def. Foothill 15-4, 15-7, 15-4.

Semifinals: Santa Margarita def. Cypress 15-8, 15-9, 15-2; South Torrance def. Westlake 15-5, 15-9, 15-5.

Final: Santa Margarita def. South Torrance 15-

7, 15-0, 9-15, 15-6.

DIVISION IIA

First Round: South Hills, Bye; Brawley def. Mountain View 15-9, 15-11, 15-10; Glenn def. Burroughs/Ridgecrest 12-15, 15-11, 13-15, 15-6, 15-2; Fullerton def. Ocean View 15-12, 15-7, 11-15, 17-15; San Luis Obispo, Bye; Wilson/Hacienda Heights def. Calabasas 3-15, 15-7, 15-8, 8-15, 15-11; Elsinore def. Barstow 15-11, 18-16, 15-11; La Habra, Bye; St. Lucy's, Bye; Charter Oak def. Central Union 15-2, 15-3, 15-7; Bishop Amat def. La Puente 15-4, 15-10, 15-6; Atascadero, Bye; Mayfair def. Muir 15-5, 15-3, 15-4; Bonita def. Palm Desert 15-11, 10-15, 15-11, 15-12; Pacifica def. Temple City 15-8, 15-3, 15-8; St. Joseph/Lakewood def. Culver City 15-3, 15-10, 15-5.

Second Round: South Hills def. Brawley 15-4, 15-7, 15-8; Fullerton def. Glenn 15-12, 15-06, 15-12; San Luis Obispo def. Wilson/Hacienda Heights 15-0, 15-4, 15-2; La Habra def. Elsinore 15-2, 15-2, 15-12; St. Lucy's def. Charter Oak 15-3, 15-9, 15-9; Atascadero def. Bishop Amat 15-7, 13-15, 11-15, 15-3, 15-0; Mayfair def. Bonita 15-6, 15-8, 15-6; St. Joseph/Lakewood def. Pacifica 15-6, 15-4, 15-4.

Quarterfinals: South Hills def. Fullerton 15-7, 15-11, 15-8; La Habra def. San Luis Obispo 12-15, 10-15, 15-4, 15-11, 15-7; St. Lucy's def. Atascadero 15-8, 15-8, 15-3; St. Joseph/Lakewood def. Mayfair 15-6, 15-8, 15-9.

Semifinals: South Hills def. La Habra 16-14, 15-10, 16-14; St. Joseph/Lakewood def. St. Lucy's 15-13, 15-5, 15-4.

Final: St. Joseph/Lakewood def. South Hills 16-14, 15-3, 15-9.

DIVISION IIIAA

First Round: Bishop Montgomery def. Ganessa 15-4, 15-3, 15-2; Western def. La Quinta/Westminster 15-7, 15-3, 10-15, 15-0; Notre Dame/Sherman Oaks def. Gabrielino 15-5, 15-7, 15-13; La Canada def. Santa Ynez 15-1, 15-5, 15-7; Corona del Mar def. San Jacinto 15-1, 15-2, 15-2; Rosary def. Gladstone 15-10, 13-15, 15-2, 15-6; Santa Paula def. San Marino 4-15, 15-11, 15-4, 11-15, 15-7; Harvard-Westlake def. Azusa 15-5, 15-3, 15-5.

Quarterfinals: Bishop Montgomery def. Western 15-2, 15-3, 15-8; La Canada def. Notre Dame/Sherman Oaks 15-9, 15-11, 13-15, 15-10; Corona del Mar def. Rosary 15-9, 15-12, 3-15, 15-10; Harvard-Westlake def. Santa Paula 15-3, 15-10, 15-1.

Semifinals: Bishop Montgomery def. La Canada 15-4, 15-6, 15-10; Harvard-Westlake def. Corona del Mar 15-11, 6-15, 15-11, 15-4.

Final: Bishop Montgomery def. Harvard-Westlake 15-8, 13-15, 15-10, 15-9.

DIVISION IVA

First Round: Notre Dame Academy def. Oak Park 15-6, 15-2, 15-4; Louisville def. Paraclete 15-10, 15-10, 15-8; Whitney def. Twentynine Palms 15-2, 15-2, 15-6; La Reina def. San Gabriel Mission 15-2, 15-2, 15-3; Marymount def. Morro Bay 15-9, 15-4, 15-7; Flintridge Sacred Heart def. Bishop Conaty 15-1, 15-0, 15-1; Valley Christian/Cerritos def. Big Bear 15-3, 15-3, 15-

5; Laguna Beach def. St. Paul 15-0, 15-10, 15-2.

Quarterfinals: Notre Dame Academy def. Louisville 15-4, 15-1, 15-1; Whitney def. La Reina 15-11, 15-12, 5-15, 11-15, 16-14; Marymount def. Flintridge Sacred Heart 13-15, 15-10, 15-10, 15-5; Laguna Beach def. Valley Christian/Cerritos 15-2, 15-9, 16-14.

Semifinals: Notre Dame Academy def. Whitney 15-4, 15-3, 15-6; Laguna Beach def. Marymount 15-1, 6-15, 15-8, 18-16.

Final: Notre Dame Academy def. Laguna Beach 16-14, 10-15, 15-12, 13-15, 15-11.

DIVISION IVA

First Round: Brentwood def. Milken Community 15-4, 15-13, 15-6; Whittier Christian def. Frazier Mountain 15-11, 15-9, 15-5; Village Christian def. Cantwell-Sacred Heart 15-9, 15-7, 15-6; Marlborough def. Providence 15-3, 16-14, 15-9; Mary Star def. Connelly 15-5, 15-5, 15-5; St. Bonaventure def. Mojave 15-6, 15-2, 15-11;

CIF SOUTHERN SECTION 1999 GIRLS VOLLEYBALL CHAMPIONS

DIVISION IAA
Newport Harbor

DIVISION IA
San Marcos

DIVISION IIAA
Santa Margarita

DIVISION IIA
St. Joseph/Lakewood

DIVISION IIIAA
Bishop Montgomery

DIVISION IVA
Notre Dame Academy

DIVISION VA
Calvary Chapel/Santa Ana

DIVISION VAA
St. Margaret's

DIVISION VA
Baptist Christian

Malibu def. St. Joseph/Santa Maria 15-5, 15-2, 15-6; Calvary Chapel/Santa Ana def. Notre Dame/Riverside 15-3, 15-1, 15-5.

Quarterfinals: Brentwood def. Whittier Christian 7-15, 15-10, 16-14, 7-15, 15-3; Marlborough def. Village Christian 15-1, 15-12, 15-9; Mary Star def. St. Bonaventure 15-1, 15-12, 15-9; Calvary Chapel/Santa Ana def. Malibu 15-10, 12-15, 15-5, 15-12.

Semifinals: Brentwood def. Marlborough 6-15, 15-8, 15-4, 15-9; Calvary Chapel/Santa Ana def. Mary Star 15-10, 3-15, 15-3, 15-13.

Final: Calvary Chapel/Santa Ana def. Brentwood 15-5, 15-12, 15-11.

DIVISION VAA

Wild Card Round: Ontario Christian def. Bloomington Christian 14-3, 15-8, 15-4; Desert Christian/Bermuda Dunes def. Calvary Chapel/Murrieta 15-1, 15-1, 15-2; Pasadena Poly def. Holy Martyrs 15-3, 15-12, 17-15; Campbell Hall def. Villanova Prep 15-4, 15-2, 15-2; Faith Baptist def. AGBU 15-2, 15-8, 15-12; Lutheran/La Verne def. CSDR 15-4, 15-2, 15-6; Apple Valley Christian def. Desert Christian/Lancaster 11-15, 15-8, 15-7, 8-15, 15-9.

First Round: St. Margaret's def. Ontario Christian 15-7, 15-4, 15-0; Desert Christian/Bermuda Dunes def. La Sierra Academy 15-7, 15-7, 15-3; Linfield def. Riverside Christian 12-15, 15-7, 13-15, 15-9, 15-11; Lone Pine def. Victor Valley Christian 15-7, 15-6, 15-6; Flintridge Prep def. Ribet Academy 15-9, 15-6, 15-4; Cate def. Valley Christian/Santa Maria 15-7, 15-12, 15-9; Pasadena Poly def. Aquinas 15-8, 15-9, 15-8; Campbell Hall def. Glendale Adventist 15-3, 15-1, 15-9; Viewpoint def. Faith Baptist 15-2, 15-0, 15-10; Western Christian def. Lutheran/La Verne 15-7, 15-1, 15-4; Hesperia Christian def. Mammoth 15-6, 9-15, 15-11, 15-7; Alverno def. Rolling Hills Prep 15-2, 15-5, 15-5; Grace Brethren def. Desert 15-10, 15-10, 15-11; Maricopa def. Apple Valley Christian 15-2, 12-15, 15-2, 15-2; Calvary Chapel/Downey def. San Gabriel Academy 15-5, 15-5, 15-5; Chadwick def. St. Anthony 15-5, 15-2, 15-10.



Second Round: St. Margaret's def. Desert Christian/Bermuda Dunes 15-6, 15-3, 15-1; Linfield def. Lone Pine 15-13, 8-15, 15-11, 5-15, 16-14; Cate def. Flintridge Prep 15-11, 3-15, 10-15, 16-14, 15-7; Pasadena Poly def. Campbell Hall 15-9, 15-4, 15-13; Viewpoint def. Western Christian 15-7, 15-10, 15-9; Alverno def. Hesperia Christian 15-4, 15-1, 16-14; Grace Brethren def. Maricopa 15-11, 15-12, 15-5; Chadwick def. Calvary Chapel/Downey 15-1, 15-8, 15-9.

Quarterfinals: St. Margaret's def. Linfield 15-9, 15-7, 15-8; Pasadena Poly def. Cate 15-12, 15-8, 81-5, 15-11; Alverno def. Viewpoint 15-7, 10-15, 12-15, 15-10, 15-6; Chadwick def. Grace Brethren 15-1, 15-3, 15-12.

Semifinals: St. Margaret's def. Pasadena Poly 15-3, 15-4, 16-14; Chadwick def. Alverno 15-1, 18-16, 15-4.

Final: St. Margaret's def. Chadwick 14-16, 15-11, 6-15, 15-9, 15-10.

DIVISION VA

First Round: Baptist Christian def. Delphi Academy 15-2, 15-7, 15-0; Pacific Christian def. Immanuel Christian 14-16, 15-11, 15-11, 15-4; Lighthouse Christian def. Ventura County Christian 15-2, 15-13, 15-11; Big Pine def. Lake Arrowhead Christian 12-15, 15-8, 17-15, 15-7, 16-14; Liberty Christian def. San Fernando Valley 15-1, 15-2, 15-9; Laguna Blanca def. Newbury Park Adventist 15-7, 15-10, 15-7; Santa Clarita Christian def. Baker Valley 15-6, 4-15, 15-7, 15-12; Hillcrest Christian/Thousand Oaks def. North County Christian 15-7, 15-7, 15-6.

Quarterfinals: Baptist Christian def. Pacific Christian 15-1, 15-1, 15-5; Lighthouse Christian def. Big Pine 15-8, 15-8, 15-9; Liberty Christian def. Laguna Blanca 15-8, 9-15, 15-11, 15-12; Hillcrest Christian/Thousand Oaks def. Santa Clarita Christian 15-1, 15-7, 15-11.

Semifinals: Baptist Christian def. Lighthouse Christian 15-10, 15-11, 15-11; Hillcrest Christian/Thousand Oaks def. Liberty Christian 17-15, 18-16, 15-3.

Final: Baptist Christian def. Hillcrest Christian/Thousand Oaks 15-5, 15-2, 15-13.

CALIFORNIA'S APRIL ROSS NAMED NATION'S BEST HS VOLLEYBALL PLAYER

Celebrating its 15th Anniversary of honoring the nation's best high school athletes, Gatorade® Thirst Quencher, in partnership with *Scholastic Coach & Athletic Director* magazine, announced April Ross, of Newport Harbor High School, as the Gatorade National High School Volleyball Player of the Year. The award, which also factors in academic achievements and overall character, distinguishes Ross as the best high school volleyball player in the nation.

On the court, Ross has compiled some astounding statistics. She pounded out 624 kills this season, averaging 16 per match, including four matches in which she exploded for over 30 kills. She dug 526 balls for an average of 13 per match, had 117 blocks, or three per match, and totaled 70 service aces. A four-year starter, Ross is a two-time California Interscholastic Federation Player of the Year, two-time Orange County Player of the Year, and a two-time all-state selection. At 37-2 this year, and 40-1 last season, she helped her team capture the past two Division I state championships.

In addition to her unbelievable on-court accomplishments, she has also proved to be a valuable member of the school's basketball and track teams. As a freshman, she placed ninth in the state in the

high jump, and has also been a C.I.F. qualifier in the triple jump. Athletics aside, Ross is every bit as impressive in the classroom. She maintains a 3.36 GPA and scored an impressive 1140 on the SAT. She is a member of the school's Christian Club, and FISH, an organization that helps to deliver food to the needy. She was also a part of a mission that sent members of her church to Brazil, where they assisted in building a much-needed third floor to a seminary building. She also remains active in local youth programs in the Newport Beach area. Coach Dan Glenn says, "The best thing about April winning this award is that it's a culmination of her progression over the past four years, especially having been able to win the past two state championships the way we have. But April would never take the credit, she'd immediately attribute the feats to her teammates."

He adds that, "April is everything a great volleyball player should be. She's not the best in the country at setting, hitting, digging, serving, or blocking ... but she's the best volleyball player in the nation." Coach Glenn also feels that, "What's most impressive about April is her all-around skill level, and her ability to lift the entire team's performance. She's constantly complimenting her team on great efforts and gets really excited for them, and that really carries over to their play."

HERFF JONES CIF-SS INVITATIONAL GOLF TOURNAMENT June 17, 2000

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CIF SOUTHERN SECTION 1998 GIRLS GOLF CHAMPIONSHIPS

GIRLS TEAM FINALS

PL.	SCHOOL	SCORE
1.	University	256
2.	Rosary	264
3.	Harvard-Westlake	266
4.	Bishop Montgomery	268
5.	Marina	269
6.	San Marcos	276
7.	Mater Dei	278
8.	Gahr	288
9.	Foothill	292
10.	Santa Margarita	294

INDIVIDUAL FINALS

PL.	PLAYER/SCHOOL	SCORE
1.	Young Pak, Gahr	70
2.	Krystal Shearer, Alemany	70
3.	Vivan Phossmran, Millikan	70
4.	Carla Legaspi, Mission Viejo	72
5.	Anna Yun-Hee Lee, Wilson/HH	74
6.	Candy Herrera, Apple Valley	75
7.	Hwan Hee Lee, Cerritos	75
8.	Alexandra Erlandson, Palm Desert	76
9.	Kelly Cavanaugh, Peninsula	77
10.	Channing Lovejoy, Woodbridge	77
11.	Susan Pelletier, San Luis Obispo	78
12.	Charlene Alfonso, Agoura	78
13.	Angela Won, University	78
14.	Erica Blasberg, Corona	78
15.	Shelly Raworth, Villa Park	78



SO WHAT IF IT'S NOT FAIR?

In Wisconsin, a high school girls basketball coach announced that he was quitting his job at the end of the season. He had guided his team to two state championships, but some parents complained that he made some players cry.

In Virginia, another basketball coach is starting over. Shortly after she coached her girl's team to the state championship, she was relieved of her duties because players ... and their parents complained she was "verbally abusive."

According to the unhappy player, "A sport ... should be fun and coaches shouldn't interfere and make life miserable."

With increased frequency the players ... and their parents ... want to run the locker room.

An article in USA Today cited 11 recent cases in which high school or college coaches faced open rebellion from their players. Along with "verbal abuse" and "making them cry," the coaches were accused of "favoritism" and "poor communication with players and parents."

In my career as a sports parent, four of my kids were on high school athletic teams. I'm not sure how many of their coaches played favorites. I can't say whether or not they had poor relationships with their players. My communication with their coaches was pretty much limited to trying to find out what time practice may end, if ever. Which doesn't mean that I wasn't interested in my kid's athletics.

I went to every one of their games and plenty of their practices. I sat in rainstorms and watched them roll around on muddy football fields. I stood at the edge of lumpy soccer fields and watched them kick each other in the shins. I drove through hail to find basketball courts that had no heat or zip codes. Just about the only place I never went was into the coaches office to fight my kids' battles for them. Not because I didn't care about my kids. But because I did.

My feeling was that there comes a time when parents have to let their kids learn about life. And high school sports is a great time to start. High school sports teach a lot more than how to pass, punt,

and dribble. It has a lot of other valuable lessons. It teaches them that not all coaches are fair. Which might ease the shock when they find out that not all bosses are fair.

It teaches them that coaches don't always have the time, or the inclination to worry about whether something they say might bruise a players feelings. Which might prepare them for a world that does not always have the time, or the inclination to worry about bruising their feelings.

It teaches them that, no matter how wonderful mommy and daddy have told them they are, there are plenty of other kids just as wonderful. Which might make it easier for their egos to handle the blow on the inevitable day they discover that mommy and daddy were wrong and they are not the center of the universe.

Some parents feel high school sports is too early for their kids to learn lessons like those.

I think it's almost too late.

(Reprinted from a Wisconsin Basketball Coaches Association Newsletter)

MINUTES OF THE EXECUTIVE COMMITTEE MEETING January 8, 2000

The January meeting of the CIF-SS Executive Committee was called to order by President Margie Godfrey at 9:03 a.m. in Palm Springs. All members were present with the exception of Fr. Robert Gallagher, Dr. David Long and Bob Nero.

- ADOPT AGENDA** - It was moved, seconded and passed to adopt the agenda.
- MINUTES** - It was moved, seconded and passed to approve the minutes of the CIF-SS Executive Committee meeting of September 22, 1999, as revised and the minutes of the CIF-SS Executive Committee of November 10, 1999.
- FRIENDS OF GOLF** - David Diltz, President of the Friends of Golf, reviewed the background of his organization and continued contributions to CIF-SS member schools' golf programs.
- CALVARY CHAPEL HIGH SCHOOL FOOTBALL REQUEST** - Jim Staunton, reviewed a request from Calvary Chapel High School for a three week early start in football. Following discussion, a motion to deny the request was approved.
- NEW SCHOOL MEMBERSHIP** - It was moved, seconded and passed to approve membership of Sage Hill School for the 2000-2001 school year on condition they attend an

orientation meeting in the CIF-SS Office.

- COUNCIL REPRESENTATION** - Margie Godfrey, reviewed history of gender representation on the CIF-SS Council. Following discussion, the Executive Committee will create a President's Advisory Committee to identify long range issues and develop goals and strategies to address inequities in gender and ethnicity under representation on the CIF-SS Council.
- VICTORY OVER VIOLENCE** - Jim Staunton reviewed a request for donations to outside community programs. The Committee reviewed the request and declined at this time.
- RECOMMENDATION FOR A CHANGE IN THE MISSION STATEMENT** - Jim Staunton reviewed league requests to revise the CIF-SS Mission statement.
- COURT DECISION REGARDING FOREIGN STUDENTS** - Jim Staunton reviewed a recent court case from the State of Washington Court of Appeals regarding foreign students.
- RELEAGUING AND AREA PLACEMENT** - Paul Breit reviewed the time line to address area placement for the 2002-2006 releguing cycle. In addition, Clark Stephens, will distribute a releguing manual for review by the

releaguing chairmen.

- COMMISSIONER'S REPORT** - Jim Staunton reviewed appeal hearings and the August 18-20, 2000, Executive Committee meeting.
- TREASURER'S REPORT** - Dr. Jack Clement requested approval for the firm of Nanas, Stern, Biers, Neinstein and Co. LLP to perform the annual audits for the 2000-2002 school years. A motion to approve the request passed. In addition, he identified schools still delinquent in paying Southern Section dues.
- SCHOOL BOARD MEMBER REPORT** - Dr. Henry Mercado reported on recently concluded CSBA Conference in which State CIF Commissioner Jack Hayes addressed the issue of coaches' training.
- ATHLETIC DIRECTORS' REPORT** - Donn Clickard, Boys' Athletic Directors' Representative, reported on the CIF-SS Symposium and Sport Sections in the Blue Book. Sharen Caperton, Girls' Athletic Directors' Representative, reported on swimming assigner, boys' and girls' water polo seasons and Friday/Saturday

See EXECUTIVE COMM. page 19.

CIF SOUTHERN SECTION 1999 GIRLS TEAM TENNIS PLAYOFF RESULTS

DIVISION I

Wild Card Round: Saddleback def. Millikan 9-9 (82-70); Valencia/Valencia def. Palmdale 14-4; Victor Valley def. A.B. Miller 15-3; Glendale def. El Rancho 14-4; Diamond Bar def. Ontario 13-5; Arroyo Grande def. Channel Islands 11-7; Glendora def. San Gabriel 9-9 (73-68).

First Round: Peninsula def. Saddleback 14-4; Camarillo def. Valencia/Valencia 10-8; Temecula Valley def. Yucaipa 10-8; Esperanza def. Paramount 15-3; Corona del Mar def. Victor Valley 18-0; Ayala def. Glendale 14-4; Redlands def. Rancho Cucamonga 16-2; Capistrano Valley def. Long Beach Poly 16-2; Dana Hills def. Diamond Bar 18-0; Los Alamitos def. Long Beach Wilson 15-3; Righetti def. Arcadia 12-6; Upland def. Alhambra 16-2; Redlands East Valley def. Etiwanda 14-4; Murrieta Valley def. Apple Valley 14-4; Arroyo Grande def. Lynwood 9-9 (85-75); Newport Harbor def. Glendora 18-0.

Second Round: Peninsula def. Camarillo 18-0; Esperanza def. Temecula Valley 12-6; Corona del Mar def. Ayala 15-3; Capistrano Valley def. Redlands 14-4; Dana Hills def. Los Alamitos 17-1; Upland def. Righetti 11-7; Redlands East Valley def. Murrieta Valley 11-7; Newport Harbor def. Arroyo Grande 18-0.

Quarterfinals: Peninsula def. Esperanza 18-0; Corona del Mar def. Capistrano Valley 10-8; Dana Hills def. Upland 13-5; Newport Harbor def. Redlands East Valley 12-6.

Semifinals: Peninsula def. Corona del Mar 13-5; Newport Harbor def. Dana Hills 12-6.

Final: Peninsula def. Newport Harbor 10-8.

DIVISION II

Wild Card Round: Pacific def. Palm Springs 13-5; Jurupa Valley def. Rancho Verde 11-7; Redondo Union def. Edison 15-3.

First Round: Woodbridge def. Centennial/Corona 17-1; Cerritos def. Katella 12-6; Burbank def. Lancaster 12-6; Santa Barbara def. Baldwin Park 18-0; Sunny Hills def. Mark Keppel 16-2; Calremont def. Pacific 15-3; Arlington def. Jurupa Valley 11-7; Mater Dei def. Mission Viejo 16-2; Beverly Hills def. Simi Valley 16-2; San Marcos def. Crescenta Valley 9-9 (81-63); Quartz Hill def. Santa Fe 15-3; El Dorado def. Riverside Poly 14-4; University def. Villa Park 10-8; J.W. North

def. Cajon 12-6; Buena def. Arroyo 16-2; Troy def. Redondo Union 17-1.

Second Round: Woodbridge def. Cerritos 15-3; Santa Barbara def. Burbank 14-4; Sunny Hills def. Claremont 11-7; Mater Dei def. Arlington 16-2; Beverly Hills def. San Marcos 11-7; El Dorado def. Quartz Hill 15-3; University def. J.W. North 12-6; Troy def. Buena 14-4.

Quarterfinals: Woodbridge def. Santa Barbara 15-3; Mater Dei def. Sunny Hills 15-3; Beverly Hills def. El Dorado 16-2; Troy def. University 16-2.

Semifinals: Mater Dei def. Woodbridge 10-8; Troy def. Beverly Hills 14-4.

Final: Mater Dei def. Troy 10-8.

DIVISION III
Wild Card Round: Canyon/Anaheim def. Hemet 10-8; Los Amigos def. Sonora 13-5; Laguna Hills def. Savanna 17-1; Gahr def. Torrance 13-5; Los Altos def. Glenn 12-6; Atascadero def. El Monte 14-4.

First Round: Palm Desert def. Canyon/Anaheim 15-3; Rim of the World def. Serrano 13-5; Elsinore def. Los Amigos 9-9 (78-77); Brea Olinda def. Foothill 11-7; Westlake def. Burroughs/Burbank 11-7; Garden Grove def. Tustin 17-1; Wilson/Hacienda Heights def. Bellflower 14-4; Laguna Hills def. Santiago/Corona 17-1; Santa Margarita def. Pacifica 15-3; La Serna def. Chaparral 11-7; Cypress def. Ramona 16-2; St. Lucy's def. La Quinta/La Quinta 17-1; Agoura def. Charter Oak 15-3; Gahr def. Rosemead 10-8; West Torrance def. Los Altos 17-1; Harvard-Westlake def. Atascadero 18-0.

Second Round: Palm Desert def. Rim of the World 16-2; Brea Olinda def. Elsinore 11-7; Westlake def. Garden Grove 9-9 (80-76); Laguna Hills def. Wilson/Hacienda Heights 18-0; Santa Margarita def. La Serna 12-6; St. Lucy's def. Cypress 13-5; Agoura def. Gahr 12-6; Harvard-Westlake def. West Torrance 14-4.

Quarterfinals: Palm Desert def. Brea Olinda 14-4; Laguna Hills def. Westlake 14-4; Santa Margarita def. St. Lucy's 12-6; Harvard-Westlake def. Agoura 14-4.

Semifinals: Laguna Hills def. Palm Desert 10-8; Harvard-Westlake def. Santa Margarita 14-4.

Final: Harvard-Westlake def. Laguna Hills 10-8.

DIVISION IV

Wild Card Round: South Hills def. Workman 18-0; La Canada def. El Segundo 11-7; Chaminade def. Oak Park 13-5; Rosary def. Western 11-7; Cabrillo/Lompoc def. Azusa 14-4; Nordhoff def. Notre Dame/Sherman Oaks 10-8.

First Round: Calabasas def. South Hills 14-4; La Canada def. Ocean View 10-8; Chaminade def. Gladstone 13-5; South Pasadena def. Central Union 17-1; Rosary def. Southwest 18-0; San Marino def. Beaumont 16-2; Bonita def. Cabrillo/Lompoc 16-2; San Luis Obispo def. Nordhoff 14-4.

Quarterfinals: Calabasas def. La Canada 14-4; Chaminade def. South Pasadena 16-2; San Marino def. Rosary 12-6; San Luis Obispo def. Bonita 13-5.

Semifinals: Calabasas def. Chaminade 14-4; San Marino def. San Luis Obispo 10-8.

Final: Calabasas def. San Marino 10-8.

DIVISION V

First Round: Laguna Beach, Bye; Notre Dame/Riverside def. Linfield 12-6; M.L. King def. Bishop Union 15-3; Marymount def. Valley Christian/Cerritos 14-4; Brentwood, Bye; Orange Lutheran def. Mayfield 11-7; St. Bonaventure def. Malibu 15-3; Pasadena Poly, Bye; St. Joseph/Santa Maria, Bye; Campbell Hall def. Rosamond Forfeit; Vivan Webb def. Aquinas 14-4; Marlborough def. Calvary Chapel/Santa Ana 13-5; La Reina def. La Salle 17-1; Buckley def. Desert 15-5; St. Margaret's def. Chadwick 11-7; Cate, Bye.

Second Round: Laguna Beach def. Notre Dame/Riverside 18-0; Marymount def. M.L. King 12-6; Brentwood def. Orange Lutheran 13-5; Pasadena Poly def. St. Bonaventure 12-6; St. Joseph/Santa Maria def. Campbell Hall 13-5; Marlborough def. Vivan Webb 11-7; La Reina def. Buckley 11-7; Cate def. St. Margaret's 13-5.

Quarterfinals: Laguna Beach def. Marymount 17-1; Brentwood def. Pasadena Poly 10-8; St. Joseph/Santa Maria def. Marlborough 10-8; Cate def. La Reina 15-3.

Semifinals: Laguna Beach def. Brentwood 12-6; Cate def. St. Joseph/Santa Maria 12-6.

Final: Laguna Beach def. Cate 11-7.

(Calabasas) def. Okwueze/Jump (Cate) 2-6, 6-1, 6-1; Meyer/Case (Newport Harbor) def. Dest/Lanphere (Rim of the World) 6-0, 6-1.

Quarterfinals: Hockicko/Soriano def. Herrel/Knutson 6-1, 6-3; Pooler/Thompson def. Blashaw/Tiong 4-6, 6-2, 6-4; Rocha/Rocha def. Merryman/Bailey 4-6, 6-1, 7-6 (8-6); Meyer/Case def. Bierman/Every 6-1, 6-3.

Semifinals: Hockicko/Soriano def. Pooler/Thompson 3-6, 7-6 (7-5), 6-3; Rocha/Rocha def. Meyer/Case 6-2, 4-6, 6-1.

Final: Rocha/Rocha def. Hockicko/Soriano 4-6, 6-3, 6-3.

CIF SOUTHERN SECTION 1999 WATER POLO PLAYOFF RESULTS

DIVISION I

First Round: Long Beach Wilson def. Crespi 18-4; Foothill def. Irvine 14-5; San Clemente def. Santa Ana Valley 15-9; Harvard-Westlake def. Capistrano Valley 14-7; El Toro def. Canyon/Anaheim 13-6; Villa Park def. Aliso Niguel 13-8; Loyola def. Long Beach Poly 11-5; Newport Harbor def. Millikan 17-3.

Quarterfinals: Long Beach Wilson def. Foothill 12-8; Harvard-Westlake def. San Clemente 12-8; El Toro def. Villa Park 12-6; Newport Harbor def. Loyola 8-6.

Semifinals: Long Beach Wilson def. Harvard-Westlake 7-2; El Toro def. Newport Harbor 9-8 (OT).

Final: Long Beach Wilson def. El Toro 14-9.

DIVISION II

Wild Card Round: Sonora def. Santa Ana 19-3.

First Round: Servite def. Sonora 14-7; Esperanza def. University 10-8; Laguna Beach def. La Habra 9-8 (OT); Saddleback def. Katella 11-8; Los Alamitos def. Cypress 7-2; Buena Park def. Tustin 13-6; El Dorado def. Santa Margarita 8-7; Corona del Mar def. Edison 13-6.

Quarterfinals: Servite def. Esperanza 8-4; Saddleback def. Laguna Beach 13-12 (OT); Los Alamitos def. Buena Park 7-6; Corona del Mar def. El Dorado 7-5 (OT).

Semifinals: Servite def. Saddleback 11-8; Corona del Mar def. Los Alamitos 4-3.

Final: Corona del Mar def. Servite 8-6.

DIVISION III

First Round: La Canada def. California 13-8; Whitter def. Montebello 10-8; Mira Costa def. Glendale 11-3; Bell Gardens def. El Segundo 11-8; Peninsula def. Pasadena 18-5; La Serna def. South Pasadena 16-8; Burroughs/Burbank def. Santa Monica 8-6; Crescenta Valley def. San Marino 17-4.

Quarterfinals: La Canada def. Whitter 12-4; Bell Gardens def. Mira Costa 11-9 (OT); La Serna def. Peninsula 10-7; Crescenta Valley def. Burroughs/Burbank 10-9.

Semifinals: La Canada def. Bell Gardens 11-6; Crescenta Valley def. La Serna 11-8.

Final: La Canada def. Crescenta Valley 12-6.

CIF SOUTHERN SECTION 1999 WATER POLO CHAMPIONS

DIVISION I Long Beach Wilson

DIVISION II Corona del Mar

DIVISION III La Canada

DIVISION IV Righetti

DIVISION V Upland

DIVISION VI Rowland

DIVISION IV

First Round: Righetti def. Newbury Park 27-1; Malibu def. San Marcos 9-8; Agoura def. Rio Mesa 13-6; Ventura def. Paso Robles 27-1; Royal def. Lompoc 17-6; Dos Pueblos def. Cabrillo/Lompoc 11-6; Arroyo Grande def. Calabasas 21-3; Santa Barbara def. Oxnard 17-5.

Quarterfinals: Righetti def. Malibu 12-3; Ventura def. Agoura 14-8; Royal def. Dos Pueblos 13-12 (2 OT); Santa Barbara def. Arroyo Grande 14-8.

Semifinals: Righetti def. Ventura 9-7; Royal def. Santa Barbara 12-10.

Final: Righetti def. Royal 9-6.

DIVISION V
Wild Card Round: La Quinta/La Quinta def. West Valley 7-4; Yucaipa def. Palm Springs 19-6; Arlington def. Pacific 14-1; Claremont def. Alta Loma 8-6; Rancho Cucamonga def. Fontana 10-8.

First Round: Jurupa Valley def. La Quinta/La Quinta 8-6; Walnut def. Redlands East Valley 6-3; Etiwanda def. Yucaipa 9-4; Arlington def. Hemet 17-4; Riverside Poly def. Palm Desert 12-8; Redlands def. Claremont 14-9; San Bernardino def. Valley View 18-9; Upland def. Rancho Cucamonga 17-3.

Quarterfinals: Walnut def. Jurupa Valley 10-9 (OT); Etiwanda def. Arlington 7-4; Riverside Poly def. Redlands 15-10; Upland def. San Bernardino 8-5.

Semifinals: Etiwanda def. Walnut 9-7; Upland def. Riverside Poly 7-4.

Final: Upland def. Etiwanda 8-7.

DIVISION VI
Wild Card Round: Valencia/Placentia def. San Dimas 10-4; La Puente def. La Quinta/Westminster 7-4; Damien def. Charter Oak 14-6; Pasadena Poly def. Whitney 10-7.

First Round: Rowland def. Valencia/Placentia 22-2; Flintridge Prep def. Cerritos 11-9; Los Altos def. Garden Grove 16-5; Brea Olinda def. La Puente 18-8; Ayala def. Western 17-7; Chadwick def. Gahr 14-5; Damien def. Pacifica 16-5; Bonita def. Pasadena Poly 16-7.

Quarterfinals: Rowland def. Flintridge Prep 16-6; Brea Olinda def. Los Altos 12-6; Chadwick def. Ayala 14-13 (2 OT); Bonita def. Damien 6-3.

Semifinals: Rowland def. Brea Olinda 11-4; Bonita def. Chadwick 11-9.

Final: Rowland def. Bonita 12-9 (OT).

CIF SOUTHERN SECTION 1999 GIRLS INDIVIDUAL TENNIS PLAYOFF RESULTS

SINGLES

First Round: Catherine Heppel (Chaparral) def. Casey Cross (Palm Desert) 6-1, 6-2; Natalie Braverman (Newport Harbor) def. Anne-Claire Ortiz-Luis (Rancho Cucamonga) 6-4, 6-1; Luana Magnani (San Marino) def. Yasmin Fisher (Buena) 6-1, 6-1; Kim Nguyen (Saddleback) def. Erin Miller (Santa Margarita) 6-2, 6-1; Kelly Schmandt (San Marcos) def. Stephanie Berg (Harvard-Westlake) 7-6 (8-6), 6-4; Andrea Yung (San Marino) def. Ashley Maddocks (Laguna Beach) 6-1, 6-1; Brooke Borisoff (Agoura) def. Melissa Nguyen (Campbell hall) 6-3, 3-0 Retired; Melissa Esmero (Mater Dei) def. Susanna Lingman (Woodbridge) 7-6 (7-3), 6-2.

Quarterfinals: Catherine Heppel def. Natalie Braverman 6-3, 7-5; Luana Magnani def. Kim Nguyen 6-3, 7-5; Andrea Yung def. Kelly

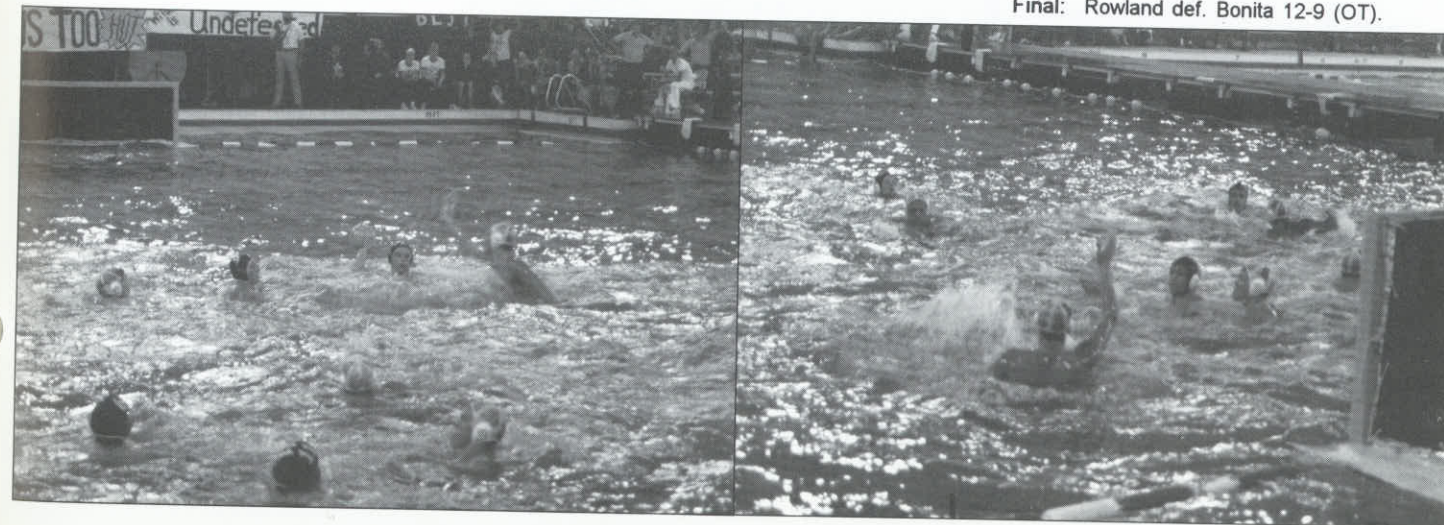
Schmandt 6-1, 2-6, 6-4; Melissa Esmero def. Brooke Borisoff 6-2, 6-4.

Semifinals: Luana Magnani def. Catherine Heppel 6-1, 6-3; Melissa Esmero def. Andrea Yung 4-6, 6-4, 6-3.

Final: Luana Magnani def. Melissa Esmero 6-2, 6-3.

DOUBLES

First Round: Hockicko/Soriano (Woodbridge) def. Lehman/Franco (Cajon) 6-1, 6-0; Herrel/Knutson def. Nygaard/Thomas (Mater Dei) 6-0, 6-2; Blashwa/Tiong (Peninsula) def. Bennett/Muller (Santa Barbara) 6-0, 6-2; Pooler/Thompson (Dana Hills) def. Udani/Estabrook (Chadwick) 6-3, 7-5; Rocha/Rocha (Claremont) def. Pagliano/Ursich (Peninsula) 4-6, 6-3, 6-3; Merryman/Bailey (Capistrano Valley) def. Baker/Duncan (Palm Desert) 6-2, 6-2; Bierman/Every



CIF SOUTHERN SECTION 1999 BOYS/GIRLS CROSS COUNTRY RESULTS

DIVISION IAA - BOYS**Team**

1. Long Beach Poly - 69
2. Rialto - 75
3. Murrieta Valley - 97
4. Santa Ana Valley - 111
5. Ayala - 118

DIVISION IA - BOYS**Team**

1. Don Lugo - 30
2. Katella - 62
3. Sultana - 79
4. Mission Viejo - 106
5. Canyon/Canyon Country - 110

DIVISION I - BOYS**Individual**

1. Oswaldo Pina, Lakewood - 15:07.01
2. Daniel Mejia, Katella - 15:12.93
3. Arturo Garcia, Don Lugo - 15:13.43
4. Ryan Bousquet, Esperanza - 15:20.64
5. Aaron Durham, Long Beach Poly - 15:21.50

DIVISION II - BOYS**Team**

1. Santiago/Garden Grove - 91
2. Barstow - 110
3. Villa Park - 128
4. Santa Margarita - 136
5. Rim of the World - 148

Individual

1. Augie Escobar, Villa Park - 15:11.67
2. Puneet Mahan, Norwalk - 15:14.61
3. Carlos Carballo, Cathedral City - 15:15.95
4. Brian Stehmier, Rim of the World - 15:28.19
5. Steven Murray, Santa Margarita - 15:31.84

DIVISION III - BOYS**Team**

1. South Hills - 34
2. Don Bosco Tech - 70
3. Dos Pueblos - 98
4. La Puente - 160
5. San Luis Obispo - 160

Individual

1. Jesse Hodges, South Hills - 15:20.19
2. Daniel Rojas, South El Monte - 15:33.52
3. Marcos Campos, La Puente - 15:46.36
4. Philip Kruttschmitt, Dos Pueblos - 15:53.25
5. Sean Arias, Don Bosco Tech - 15:53.61

DIVISION IV - BOYS**Team**

1. Nordhoff - 70
2. Oak Park - 89
3. Estancia - 128
4. Corona del Mar - 153
5. Laguna Beach - 158

Individual

1. Ryan Hall, Big Bear - 15:19.92
2. Mark Nevers, Oak Park - 15:30.34
3. Jeff Arnold, St. Francis - 15:40.04
4. Travis Beardsley, Corona del Mar - 15:44.79
5. Roberto Contreras, Nordhoff - 15:45.17

**DIVISION V - BOYS****Team**

1. Flintridge Prep - 65
2. Calvary Chapel/Downey - 100
3. Desert Christian/Lancaster - 101
4. Santa Clara - 131
5. Webb - 157

Individual

1. Tom Kubler, Viewpoint - 15:20.02
2. Hendy, Cate - 15:34.53
3. Slater Nez, Sherman Indian - 15:52.25
4. Tony Herr, L.A. Baptist - 16:00.96
5. Jesse Lkeinjan, Ontario Christian - 16:01.26

DIVISION IAA - GIRLS**Team**

1. Peninsula - 34
2. Esperanza - 70
3. Yucaipa - 78
4. Redlands East Valley - 110
5. Diamond Bar - 112

DIVISION IA - GIRLS**Team**

1. Woodbridge - 35
2. University - 101
3. Sultana - 105
4. Canyon/Canyon Country - 130
5. Thousand Oaks - 138

DIVISION I - GIRLS**Individual**

1. Anita Siraki, Hoover - 16:58.70
2. Latesha Jones, Rialto - 17:18.20
3. Julie Allen, Fountain Valley - 17:41.10
4. Nicole Scott, Woodbridge - 18:08.91
5. Jenny Sears, Mater Dei - 18:17.01

DIVISION II - GIRLS**Team**

1. Foothill - 87
2. Santa Margarita - 95
3. Brea-Olinda - 112
4. Newport Harbor - 148
5. Barstow - 148

Individual

1. Amber Steen, Newport Harbor - 17:51.11
2. Laura Jakosky, Agoura - 17:51.76
3. Christine Eckstaedt, El Modena - 18:19.20
4. Jenny Thune, Brea-Olinda - 18:24.81
5. Lori Mann, Santa Margarita - 18:30.28

DIVISION III - GIRLS**Team**

1. South Hills - 48
2. La Canada - 47
3. Lompoc - 83
4. San Luis Obispo - 93
5. Rosary - 169

Individual

1. Rocio Ferree, South Hills - 18:37.96
2. Nicole Bonino, La Canada - 18:43.00
3. Alli Valle, San Luis Obispo - 18:59.63
4. Crystal Farley, Lompoc - 19:02.78
5. Saida Gomez, Bloomington - 19:12.53

DIVISION IV - GIRLS**Team**

1. Corona del Mar - 23
2. Nordhoff - 56
3. Louisville - 125
4. La Salle - 167
5. Morro Bay - 194

Individual

1. Christina Jimenez, Granite Hills - 18:24.18
2. Liz Morse, Corna del Mar - 18:30.96
3. Rae Stunabough, Nordhoff - 18:42.75
4. Lize Huipe, Estancia - 18:48.29
5. Jenny Cummins, Corona del Mar - 18:54.90

DIVISION V - GIRLS**Team**

1. Chadwick - 67
2. Northwood - 70
3. Maranatha - 73
4. Desert Christian/Lancaster - 105
5. St. Margaret's - 204

Individual

1. Laura Meyers, Maranatha - 18:35.17
2. Jenny Bell, Ontario Chr - 18:48.23
3. Kristin Cohoon, Chadwick - 18:54.96
4. Treani Swain, Oakwood - 19:09.21
5. Kelly Moore, Avalon - 19:10.99

COUNCIL MINUTES

(Continued from page 2)

6. STATE FEDERATED COUNCIL NON-ACTION ITEMS - Clark Stephens, President-elect, presented the following agenda items for the February State Federated Council: Revision of By-Law 1100 (Eligibility Appeals Procedures); Revision of By-Law 217 (Discipline, Expulsion and Transfer for Disciplinary Reasons); New By-Law to Address the Eligibility of Home School, Home Study students; Modification of By-Law 224 (Spring Graduation); Recommendations of the Risk Management Committee; Recommendations of the Competitive Equity Committee; Revision of By-Law 303 (Charter School Students)

7. AREA PLACEMENT/RELEAGUING APPEAL PROCESS RECOMMENDATION - Clark Stephens, President-elect, presented a report from the Releaguings Task Force Committee.

8. SUNBELT LEAGUE PROPOSAL - Stan Ford, Athletic Director, Temecula Valley High School, presented the Sunbelt League Proposal which calls for wrestlers to make weight at their league qualifying tournament. This will be an action item at the January 20, 2000, meeting of the CIF-SS Council.

9. ALMONT LEAGUE PROPOSAL - Tim Murphy, Almont League Coordinator, presented a proposal which calls for the change in the number of allowable contests in both boys and girls water polo from 18 to 20 contests. This will be an action item at the January 20, 2000, meeting of the CIF-SS Council.

10. PRESIDENT'S REPORT - Margie Godfrey, reported on the National Federation Region 7 and 8 meeting and the President's goals for the 1999-2000 year.

11. COMMISSIONER'S REPORT - Jim Staunton, Ed.D., reported on CIF-SS Web Site, office goals, communication with Southern Section members and State CIF and league visitations.

12. TREASURER'S REPORT - Dr. Jack Clement, treasurer, reviewed the 1998-99 auditor's report.

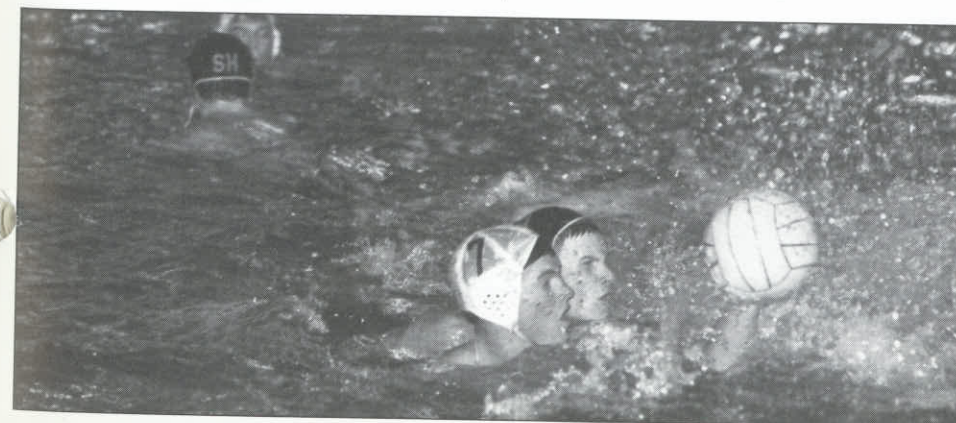
There being no further business to come before the Council the meeting was adjourned at 11:04 a.m.

Submitted By:

KAREN HELLYER
ASSISTANT COMMISSIONER

Approved By:

JIM STAUNTON, Ed.D.
COMMISSIONER OF ATHLETICS

**EXECUTIVE COMM.**

(Continued from page 14)

games in boys' and girls' basketball.

15. ACTIVITIES DIRECTORS' REPRESENTATIVES' REPORT - Terry Speir, Activities Director's Representative reported on "Victory with Honor", filming after games conclude, student ticket prices, senior citizen ticket price, sportsmanship and assigners' fees.

16. AREAREPRESENTATIVE'S REPORT - Executive Committee Area Representatives discussed awards presentation, championship game incident, releguing, assigner fees, playoff groupings, competitive equity, basketball officials, game incidents, sportsmanship letter, recruiting and league representative meetings.

17. PERSONNEL SESSION - The Executive Committee went to closed session at 2:23 p.m. to discuss personnel issues. At 3:45 p.m. the Committee reconvened and returned to the agenda.

18. REPORT ON CLOSED SESSION - As reported on by Margie Godfrey, President: Part One - Received and approved the severance agreement in the matter of the Cebrun complaint. Part Two - Received the consultant's report in the matter of salary analysis for assistant commissioners. Authorized the Commissioner, as part of the budget planning process, to return to the Executive Committee with an enhanced benefit package for consideration.

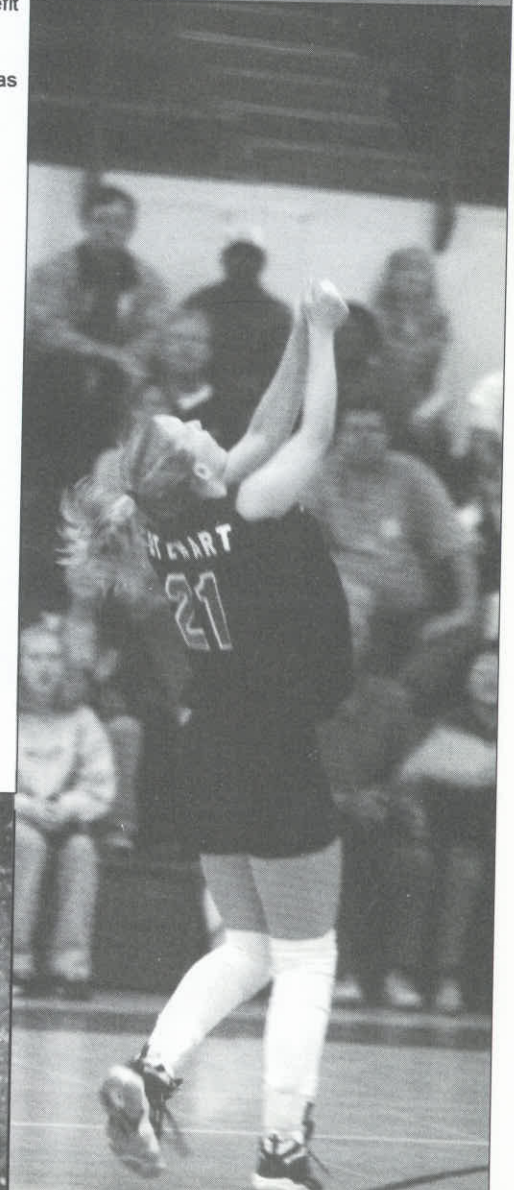
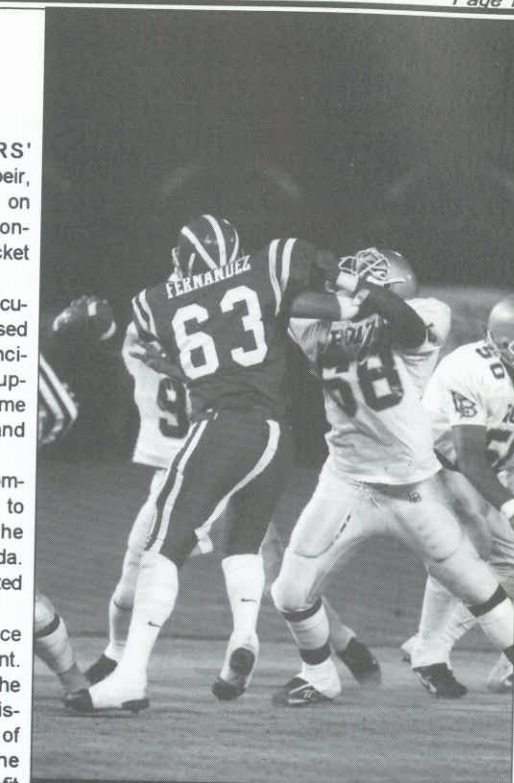
There being no further business the meeting was adjourned at 3:53 p.m.

Submitted By:

KAREN HELLYER
ASSISTANT COMMISSIONER

Approved By:

JAMES T. STAUNTON, Ed.D.
COMMISSIONER OF ATHLETICS



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