NEW STATE CIF BY-LAWS DEFINES SPORT TEAMS

Effective with the current 1976-77 term, the State Federated Council has defined under By-Law 200 the procedures to be followed by member schools throughout the state in designating the type of team for each sport and the participants per team.

The By-Law was passed at the June, 1976 meeting of the State Federated Council and covers all 10 sections, which includes the CIF Southern Section membership.

In addition to those listed below, Rule 1100 of the Special Rule governing Girls' sports teams for approved sports are also in effect.

1. STUDENT TEAMS — Whenever the school provides only one varsity team for Boys in a particular sport, Girls are permitted to qualify for the student team.

2. BOYS' TEAMS — Whenever the school provides a varsity team for Boys and a varsity team for Girls in the same sport, Girls shall not be permitted to qualify for the Boys team in that sport, nor shall Boys be permitted to qualify for the Girls' team in that sport.

3. GIRLS' TEAMS — Whenever the school provides only one varsity team for Girls in a particular sport, Boys shall not be permitted to qualify for the Girls' team in that sport unless opportunities in the total sports program for Boys in the school has been limited in comparison to the total sports program for Girls in that school. Permission for Boys to qualify for the Girls' team must be secured through petition by the school principal to the State CIF Federated Council.

4. MIXED TEAMS (Coed) — Whenever the school provides a mixed (coed) team in a sport in which the game rules designate either a certain number of team participants from each sex or contains an event that designates a certain number of participants for each sex, Boys shall not be permitted to qualify for the Girls' positions on the mixed team, nor shall Girls be permitted to qualify for the Boys' positions on the mixed team.

WORKSHOP OFFERED TO MEMBER SCHOOLS

ATHLETIC INJURY SYMPOSIUM A 'FIRST' BY CIF-SS

It's time for another first in the CIF Southern Section. . . .

That comes this fall when the CIF-SS presents its inaugural Athletic Injury Prevention Symposium.

The workshop is an outgrowth of the Athletic Injuries Committee, a special group formed a year back under the direction of the Executive Committee and the Council.

This year's one-day affair is set for October 14th and will be held at the central location of U.S.C. for all member schools.

Tentative agenda plans call for presentations by Frank Jones (chairman of the State Committee on Athletic Injuries) in the area of developing plans for the prevention of athletic injuries; Bob Steuart (representative of the State CIF Office and Protection Fund) on the topic of insurance; and a representative from the State Department of Education's legal services division, covering the area of legal implications.

The workshop will be open to all member school administrators, athletic directors, coaches and trainers.

Plans call for registration packets to be mailed to each member school in September, one which will also include final details and the agenda topics.

Serving on the Athletic Injuries Committee for the CIF-SS are Chairman Ferren Christensen of the Huntington Beach High School District, J. Cena Rice of Redondo High School, Joe Borland of the Arcadia High School District and Tom Hamilton of Pasadena High School.

This Committee is charged with the responsibility of investigating the possibility of more active participation by the Southern Section in the care and prevention of athletic injuries.

It's study of the past year has led to the upcoming Symposium.

WELCOME...
FROM THE CIF-SS OFFICE
TO THE
1976-77 YEAR!

‘NATIONAL COACHES DAY’
SPECIAL ONE INDEED!

A day to be remembered . . . . that comes October 1st when this date has been set aside as a "National Coaches Day" observance across the United States.

In fact, the day has been so designated by a proclamation of the Senate and House of Representatives to honor those members of the coaching profession who give so much of their time.

The CIF Southern Section Office urges all member schools to stage a special program on this date to honor the members of their respective coaching staffs.

Develop your plans early and let the student body, administration and community know so that they might all participate.
Relegating, one of the most talked about items in the CIF Southern Section through the years, has a new look! At its May meeting the CIF-SFS Commission did away with the relegating rule and placed all teams in the Southern Section into one pool, which makes for a better balance of the teams and a more level playing field. The only exception is the Southern Section girls' soccer teams, which will continue to be seeded for the first round of the playoffs.

**LEAGUES ENCOURAGED TO ADOPT SEQUENCE OF CIF-SFS CALENDAR**

The CIF-SFS has adopted its working calendar for the upcoming 1976-77 school year and has approved changes so that each Executive Committee meeting will be held during the first week of the month. The following meetings will be held:

**SEPTEMBER 18: Southern Section Executive Committee meeting.**
**SEPTEMBER 20: Southern Section Council meeting.**
**SEPTEMBER 26: State Federated Council meeting at Caltech.**
**OCTOBER 9: Southern Section Executive Committee meeting.**
**OCTOBER 17: Southern Section Council meeting.**
**OCTOBER 29-30: State Federated Council meeting at Palm Springs, February 17: Southern Section Executive Committee meeting.**
**MARCH 17: Southern Section Council meeting.**
**APRIL 21: Southern Section Executive Committee meeting.**
**MAY 5: Southern Section Council meeting.**
**JUNE 3-4: State Federated Council meeting at Los Angeles.**
**JUNE 19-20: Southern Section Executive Committee meeting.**

**ADMINISTRATORS ASKED TO REVIEW RULE ON NEW SUMMER SCHOOL CREDIT POLICY FOR CIF-SFS**

Administrators charged with establishing athletic eligibility as it relates to scholastic requirements are reminded to review the new summer school credit policy passed by the CIF-SFS on May 15, 1976. The CIF-SFS has adopted the following criteria:

**SUMMER SCHOOL CREDITS**

Any credit from a summer school course must be approved by the Executive Committee in advance. The following criteria apply:

1. The course must be approved by the teacher who will be teaching the course.
2. The credit must be approved by the school principal.
3. The course must be approved by the school district administration.
4. The course must be approved by the CIF-SFS Administration Committee.

The passage of this rule by the CIF-SFS is effective for the fall term. The criteria for approval of the course must be met prior to the start of the school year.

**SAFETY REVIEW GROUP URGED FOR SCHOOLS**

At the CIF-SFS Executive Committee meeting of January 15, 1976, the Executive Committee recommended that schools have a review group to conduct an annual review of school safety. The recommendation is as follows:

**RECOMMENDATION**

A safety review committee should be organized and should include representatives from the coaching staff, school nurse, athletic director, principal, and others involved in the administration of sports. The committee should conduct a thorough review of school safety, including equipment, coaching practices, and supervision, and make recommendations for improvements.

**ATHLETIC ELIGIBILITY**

Eligibility for athletic participation is determined by the CIF-SFS in accordance with the guidelines established by the CIF-SFS Executive Committee. Schools are encouraged to establish their own criteria for eligibility in addition to those established by the CIF-SFS.

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THE RULES GAME: IS IT MORE OF A GAME?

There’s an endless volume to the archives of the CIF Southern Section, providing a cornucopia that has made it the largest such association in the Golden State with 476 member schools.

But there is one, a brief reference to an era provide one with the background that is as follows: Present Section with the success and focus for its creative work in interscholastic sports throughout the nation.

LET’S REFLECT ON JUST A SEGMENT OF THAT HERITAGE:

THIRTY YEARS AGO — What a better place to start than for the story. You’d be surprised. When he pointed to the CIF Section for $8,925. And you would also believe the salary of then Commissioner Seth F.

Van Patton was $4,210. ...Site of the CIF Office was the Onseta Elementary School in the Pacifica School. Commissioner in October, “It was moved that a letter in inquiry be sent to Brown Military Academy concerning its advertising athletic scholarships.” The motion was carried unanimously. There was another motion that read, “Boys who have been in the armed forces of the United States who returned to high school may compete for their alma mater,” to school at the start of the semester immediately following their discharge.

TWENTY YEARS AGO — In 1956, there were only seven varsity basketball tournaments being held in the CIF Southern Section. Three new schools were granted membership in the CIF-SS, Upland Academy (now closed), Death Valley and Aviation. ...Mira Costa H.S., which didn’t have a runner finishing any of the major field events.

There were 42,000 fans on hand for the CIF-SS high school football championship at the Los Angeles Coliseum where Anaheim and Downey high schools battled to a 12-13 tie. ...The Southern Section representatives to the State track and field championships in Berkeley were transported by bus as a unit. ...Seven different high school teams finished in the post-season basketball playoffs for removing their teams from the floor during regular season contests.

TEN YEARS AGO — There were 11 sanctioned sports for Boys in the CIF-SS for the 1966-67 school year, with the current additions of soccer and volleyball still on the horizon. The “FOM” was approved for transfer of students from private to public and public to private schools. The $220,000 year dash was voted to be run on a course by a 80-72 vote of the track coaches association. ...Walters and Alhambra boys joined the CIF-SS ...Mickey Cuthbert of Centennial High School broke the single-season scoring mark of the great Glenn Davis by scoring 240 points on the year. ...Chester Shirk, principal of Alhambra High, was the high điểm in this year. ...Football attendance for the 1966 school year in the CIF-SS was set at 3.3 million by the schools’ survey.

CIF-SS ARCHIVES PROVIDE SOLID CORNERSTONE VALUE OF THE DOLLAR DIFFERENT 30 YEARS BACK

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NATIONAL FEDERATION RULES

CHANGES NOTED FOR GIRLS' VOLLEYBALL PLAY

Girls' volleyball in the CIF Southern Section will come under National Federation Rules this year and officials to the CIF Southern Section will become familiar with the new rule changes and differences from the former NAGWS guidelines. Listed below are just a segment of the differences, with a complete list being forwarded to all coaches.

1 — The center line is four inches wide and has an imaginary extension. A player may not touch the floor across that extension while the ball is in play.

2 — A team may continue to play with less than six players if there are no substitutes available.

3 — Serving before the signal of the referee has the ball being dead and a side-out is awarded.

4 — An illegal serve is expanded to include swinging at but missing the ball in the act of serving.

A double foul definition finds that when fouls occur that find that an instant, a replay is awarded.

6 — No downward arm or hand motion is permitted if contact is made while the ball is completely on the opponent's side of the net.

7 — A ball striking the ceiling or any overhead obstruction shall remain in play provided the ball hits the ceiling and the side of the net or net extended occupied by the opposing team played last and provided the ball is legally played next by the same team.

8 — It is an official's time out only if the official CHANGES the decision. If not, the team questioning the official is charged with a team time out. If all time outs have been used the team is penalized.

A copy of the National Federation Rules will also be sent to all coaches.

PUBLICITY SPECIALIST APPOINTED FOR GIRLS' ATHLETICS

Rae Marie Obie joins CIF-SFS staff

Rae Marie Obie is the latest to join the expanding CIF-SFS Office, being hired as a full-time employee to specialize in the area of public relations for Girls' athletics.

Ms. Obie is a graduate of UCLA and is currently Girls' athletic director at Buckley High School.

Her major goal will be to assist coaches, athletic directors, league coordinators and members of the Media in expanding the publicity for Girls' sports throughout the CIF Southern Section.

WHAT'S HAPPENING IN THE OTHER 49 STATES

(EDITOR'S NOTE: This is written in a series of monthly articles covering terms of interest from throughout California and other States Associations in their administration of high school athletics.)

ITEM: Medical and safety concern.

COMMENT: Effective with the upcoming '76 football season in Massachusetts, a physician, or a person who has completed a full course in emergency medical care, must be present at every interscholastic football game involving a public secondary school. This edict was handed down by the State Legislature.

ITEM: Ever wonder how many?

COMMENT: As a wild guess, how many copies of the various National Federation Rule Books would it take to meet the demands of the 50 states each year? If you stopped short of the one million mark, you weren't even in the ballpark as just a shade over 15 million rule books were mailed to the various state organizations last year.

ITEM: Increased innings and distances.

COMMENT: The Connecticut State Association has increased the number of innings from seven to nine for all contests played in its post-season baseball playoffs and increased the length of its cross country courses from 1.5 to 2.0 to 2.5 miles.

ITEM: Accident insurance.

COMMENT: Provided the State Legislature gives its approval, accident insurance may be purchased legally in Ohio by boards of education for pupils participating in school athletic programs. Because of the severe limitations which Ohio law places on schools in the expenditure of public funds, boards of education may expend no more than 5 of 1 per cent of the annual operating budget on student activities programs and these programs must be approved by the State Board of Education.

ITEM: Game stops in second quarter.

COMMENT: In the State of Montana, there are four divisions in football and the following rule applies to the A, B and C categories: "If after the end of the second quarter or any time thereafter, one team gains a 45-point advantage, the game will be stopped." The rule does not apply to the "AA" division (large school only).

ITEM: Did you ever count the evenings?

COMMENT: Athletic directors spend 90 evenings on the job with school business in 50 states conducted by the State of New Jersey Athletic Association. And in breaking it down, the 90 evenings add up to at least 500 hours per school year, or more than 47 days beyond the normal workload. No wonder to say, that's dedication!

ITEM: No place to practice, but . . .

COMMENT: At one time or another, most school basketball teams have had to suffer the indignity of re-conditioning the floor of a gym or a meeting, but the South Greene High School in Tennessee had another problem this past season. The school gym and South Greene was forced to practice and play its games at a neighboring school. Despite the distance and change of atmosphere, both the Boys and Girls' teams at South Greene H.S. advanced to the post-season playoffs.

BOYS, GIRLS PROGRAMS MUST MEET GUIDELINES

Athletic administrators are reminded that effective with the current term, all schools which are members of the CIF-SFS are obliged to conduct their interscholastic programs under all rules and regulations established by the CIF-SFS.

If a member, that means both the Boys and Girls' programs must conform under these rules and not one or the other as the previous administration had done.

This information has been sent to all building principals previously, and was reprinted in the State CIF minutes of October, 1974.
### BOYS' POST-SEASON PLAYOFF DIVISIONS

(EDITOR'S NOTE: Listed below are the Boys' post-season playoff divisions in the CIF Southern Section for the 1976-77 school year. These groupings were approved at the May 1976 meeting of the CIF-SS meeting.)

<table>
<thead>
<tr>
<th><strong>FOOTBALL</strong></th>
<th><strong>SWIMMING</strong></th>
<th><strong>TENNIS</strong></th>
<th><strong>EQUIPMENT, FACILITIES, AFFECTED BY RULES</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>4A DIVISION</td>
<td>4A DIVISION</td>
<td>4A DIVISION</td>
<td><strong>COACHES CORNER</strong></td>
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<td>4B DIVISION</td>
<td>4B DIVISION</td>
<td>4B DIVISION</td>
<td><strong>PRESS FACILITIES SHOULD BE RESERVED FOR MEDIA</strong></td>
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<tr>
<td>4C DIVISION</td>
<td>4C DIVISION</td>
<td>4C DIVISION</td>
<td><strong>ATHLETIC DIRECTORS EYE CONFERENCE</strong></td>
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<td>4D DIVISION</td>
<td>4D DIVISION</td>
<td>4D DIVISION</td>
<td><strong>ALL ATHLETIC DIRECTORS ATTEND</strong></td>
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<tr>
<td>5A DIVISION</td>
<td>5A DIVISION</td>
<td>5A DIVISION</td>
<td><strong>At last annual athletic affair, but it will be a premier showing for the West Coast when the National Conference of High School Directors of Athletics is staged in San Diego this year.</strong></td>
</tr>
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</table>

Each year the National Federation by way of its rules books, requires that all schools report their facilities and equipment. However, one of the many problems with the adoption of the new rules is that both the rules and equipment standards need to be clarified. The standards for the new rules will be included in the next issue of the CIF News. Each school will be required to submit a detailed report of its facilities and equipment. The report will be due by the end of the school year.

- **Football**
  - The team box shall extend to the 30-yard line on each side of the field. The goal posts shall be upright and the field shall be filled with a rubber mat. All yard lines shall be marked with numbers from 10 yards from each sideline and decorative markings in the end zone shall be no closer than two inches to the boundary and goal lines (Rule 1-2-3).

- **Track & Field**
  - Players are required to wear hip and shoulder pads (Rule 1-5-1).

- **Tennis**
  - The plastic materials providing protective paddles shall be rounded and a radius equal to half the thickness of the material (Rule 1-5-2).

- **Baseball**
  - Players are prohibited from wearing electronic, mechanical or other signal devices for the purposes of communicating (Rule 1-5-2).

- **Basketball**
  - Use of phones, radios and other electronic communication devices are permitted during authorized coach-player conferences. However, use of electronic devices on the bench, including television and video tape, for monitoring replays for any coaching purpose during the game, including intermissions, shall be penalized (Rule 9-7).

- **Volleyball**
  - Other Boys' sports having changes are baseball, basketball, soccer, swimming, diving, track and field and volleyball.

The changes to the above will be noted in a later bulletin.
JUST WHOSE OBLIGATION?

THE EDUCATIONAL INTEGRITY OF ATHLETICS

EDITORS NOTE: Following is a feature article from the National Federation of State High School Associations.

A decade ago, when some students first engaged in athletic competition, the programs were informal, club activities. Gradually rivalries developed, and Inter-School Sports Competitions, which non-school organizations promoted, became rough and crude, because there was no recognized system of rules and regulations to guide them.

Schools organized regionally to adopt rules of competition and standards of conduct which were consistent with the educational purposes of schools. Again there were abuses. So around 1940, schools organized state associations to assure fair, educational competition. In other words, state high school associations were formed to enforce regulations which the schools could not maintain on their own.

Recent events suggest state high school associations, after a half century of more successful conducting of interscholastic athletics, are having difficulty maintaining rules and regulations for interscholastic athletics.

The pattern of history has been to create another, larger organization to do what the previous organization could not: conduct an orderly, educational program of interscholastic athletics. If history has been correct, then it is time for the National Federation to roll up its sleeves and get into the enforcement business. But has history been correct?

Perhaps there is a better course to follow than passing the buck to a larger organization. Might not a proper alternative be returning to the local level the authority for maintaining standards of interscholastic programs?

In the wake of unsportsmanlike and violent conduct during high school basketball, some high schools have adopted a rule which suspended immediately any player who committed good conduct in a sport. The 79 coaches of the district issued a statement which read in part: "There is no real victory in winning or in losing if the behavior of the players is not what it should be, which emphasizes the necessity for discipline in our schools.

This school district has assumed its proper responsibility. State associations were not intended to be substitutes for schools in enforcing regulations which preserve the integrity of interscholastic athletics. It is the duty of state associations to enforce this, certainly; but the primary responsibility of protecting the integrity of school athletics lies with the administration and coaches of local schools.

BASKETBALL, VOLLEYBALL, FOOTBALL

NEW THREE MOVIE FILMS RELEASED FOR 1976-1977

If you're a coach in the area of basketball, volleyball or football, the possibilities of better results are increased if in advance of the new season you better make plans now on scheduling one of the new films just released by the National Federation of State High School Associations.

All three are available from the NFHS Southern Section Office in Alexandria, with the new rules and regulations in each particular sport.

Basketball—Emphasizes that elimination of costly turnovers through violations will lead to WINNING WAYS in basketball. Among the rules and recommendations demonstrated by Boys and Girls' teams...of emphasis on the offensive zone and payoff conservation in the division line, traveling, the dribble, free throw, jump shot and a special emphasis on determining responsibility for whether to foul or not.

Football—New film on POINT OF CONTACT that describes controversy, the rule, the national blocking and tackling techniques for high school football. Each film is designed to be shown in the classroom and to provide the role of the adult, the player, and the athlete in top key topics in this book.

EVEY KID CAN WIN is a publication by Terry Onick and Carl Bott of Niles-John Publishers, covering the initial years of organized sports and the role of the adult, coaching and sportmanship. The philosophy of success and failure, of winning and losing. The book is offered by World Book Company for $3.50.

Both provide interesting background reading for the high school coach.

MINOR INFECTIONS COULD SPAWN PROBLEMS

EDITORS NOTE: This is another in a series of articles dealing with the care and prevention of athletic injuries.

Athletes seem inclined to believe that skin infections are minor health problems, but possibly they should remember that minor infections may be reduced in incidence or prevented entirely.

Minor skin infections, like bacterial and fungal, may make the individual more susceptible to an overwhelming secondary infection which can be disabling.

These infections could interfere with the physical performance of the individual and the team.

Skin infections could spread to teammates, thereby affecting their health and welfare. The following skin infections, common among athletes, may be reduced in incidence or prevented entirely.

Tinea Cruris—Commonly referred to as jock itch, this infection develops in a few small or large areas. Factors which enhance this infection are heat and moisture. Common sites are the thigh and inguinal area. Contamination of this area may be prevented by keeping the affected area dry and clean and using an antifungal powder.

Furuncles—Known as boils, these are bacterial infection of a hair follicle. Contamination of surrounding tissue often produces a core. Boils are considered a serious health hazard because of the potential they hold for spreading infection through the body should the infection extend through the skin.

For this reason, boils should not be squeezed or manipulated. Thus, boils warrant abstinence from practice and competition. Treatment by a physician is mandatory on recognition against serious systemic infection.

Prevention may be achieved by soap and water bathing following sports activity as an initial step; use only non-soap bath equipment. Boils are a certain it is cleaned regularly; do not intermingle soiled or untidy material, then two new signs of skin condition, see the athletic trainer or school nurse.

Prevention can be achieved by keeping the feet dry; dry the feet thoroughly after bathing, especially between the toes, and dust the feet with an antifungal powder.

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LOU JOSEPH TO LEAD CIF-SS COUNCIL

The always popular Lou Joseph took over the reigns of the CIF-SS Executive Committee at the initial meeting of the 1976-77 school year on Saturday, September 18th at the Biltmore Hotel in Los Angeles. This, the beginning of the 63rd year of the CIF-SS will be a busy one for Joseph as the Southern Section continues to grow and maintain its position of leadership as the largest section in the state.

Joseph has had a rich and rewarding career having been a standout basketball player in high school and college. He has been associated with CIF for more than 25 years having served as a coach at St. Anthony High School and Compton High School in the early and mid-fifties.

As Assistant Principal of Dominguez High (1957-66), he served as the Coast League representative to the CIF-SS Council. While Assistant Principal at Dominguez, Joseph instituted a letter of welcome to game officials working contests on the Dominguez campus. The letters were very informative and are still talked about by veteran officials.

Having moved to the desert in 1966 to accept the position of principal at Desert Junior-Senior High School, he continued his involvement with the CIF-SS. He joined the Executive Committee as Desert Area Representative for the 1968-69 school year. At that time he was also President of the Desert-Inyo League.

For one year prior to his assuming the principalship at Villa Park High School in 1970, he served as the first Administrative Assistant to the CIF-SS, under then Commissioner Ken Fagans. As Principal at Villa Park he was CIF Council Representative of the now defunct Crestview League.

In February of 1973, Joseph was appointed Principal of the new Canyon High School set to open in September 1973. At the same time he was selected to serve on the Executive Committee and was elected Vice-President of the CIF-SS Council and Executive Committee.

In 1975 Joseph again continued the trend of educational advancement as he was appointed Area Superintendent for the Orange Unified School District. He is responsible for and administers to 12 elementary, four junior and two senior high schools (Villa Park and Canyon).

Lou is married and has four children — Mark 16, Victoria 15, John 13 and Elizabeth 8.

His outstanding educational leadership will do much to enhance the work of the Committee and the Council over the next two years.

NEW CIF-SS STAFF MEMBER

Joining the CIF-SS Southern Section staff is Dean Crowley, who leaves his duties as Assistant Principal at Garth High School in Cerritos. Crowley came on board late this summer replacing Kendall Webb who was appointed Commissioner of the San Diego Section in July.

Mr. Crowley's duties will include the sports of water polo, wrestling, swimming and Boys and Girls track and field. Other major responsibilities will be the Monthly Bulletin, press releases, dealings with the news media, public relations, master schedules and CIF-SS publications.

Crowley has been in the field of education for 19 years, having been at

ATHLETIC INJURY SYMPOSIUM SET

USC will be the site for the first CIF-SS Athletic Injury Prevention Symposium on Thursday, October 14.

Plans call for presentations by Dr. Frank Jones, Chairman of the State Committee on Athletic Injuries, in the area of developing plans for the prevention of athletic injuries; Bob Stu-