

### MONTHLY BULLETIN

**VOLUME 40** 

SEPTEMBER, 1976

Vo '

### NEW STATE CIF BY-LAWS DEFINES SPORT TEAMS

Effective with the current 1976-77 term, the State Federated Council has defined under By-Law 200 the procedures to be followed by member schools throughout the State in designating the type of team for each sport and the participants per same.

The By-Law was passed at the June, 1976 meeting of the State Federated Council and covers all 10 sections, which includes the CIF Southern Section membership.

In addition to those listed below, Rule 1100 of the Special Rulings governing Girls' sports teams for approved sports are also in effect.

- 1. STUDENT TEAMS Whenever the school provides only one varsity team for Boys in a particular sport, Girls are permitted to qualify for the student team.
- 2. BOYS' TEAMS Whenever the school provides a varsity team for Boys and a varsity team for Girls in the same sport, Girls shall not be permitted to qualify for the Boys' team in that sport, nor shall Boys be permitted to

qualify for the Girls' team in that sport.

- 3. GIRLS' TEAMS Whenever the school provides only one varsity team for Girls in a particular sport, Boys shall not be permitted to qualify for the Girls' team in that sport unless opportunities in the total sports program for Boys in the school has been limited in comparison to the total sports program for Girls in that school. Permission for Boys to qualify for the Girls' team must be secured through petition by the school principal to the State CIF Federated Council.
- 4. MIXED TEAMS (Coed) Whenever the school provides a mixed (coed) team in a sport in which the game rules designate either a certain number of team participants from each sex or contains an event that designates a certain number of participants for each sex, Boys shall not be permitted to qualify for the Girls' positions on the mixed team, nor shall Girls be permitted to qualify for the Boys' positions on the mixed team.

#### WORKSHOP OFFERED TO MEMBER SCHOOLS

#### ATHLETIC INJURY SYMPOSIUM A 'FIRST' BY CIF-SS

It's time for another first in the CIF Southern Section . . .

That comes this fall when the CIF-SS presents its inaugural Athletic Injury Prevention Symposium.

The workshop is an outgrowth of the Athletic Injuries Committee, a special group formed a year back under the direction of the Executive Committee and the Council.

This year's one-day affair is set for October 14th and will be held at the central location of U.S.C. for all member schools.

Tenative agenda plans call for presentations by Frank Jones (chairman of

the State Committee on Athletic Injuries) in the area of developing plans for the prevention of athletic injuries; Bob Steuart (representative of the State CIF Office and Protection Fund) on the topic of insurance; and a representative from the State Department of Education's legal services division, covering the area of legal implications.

The workshop will be open to all member school administrators, athletic directors, coaches and trainers.

Plans call for registration packets to be mailed to each member school in September, one which will also include final details and the agenda topics.

Serving on the Athletic Injuries Committee for the CIF-SS are Chairman Ferren Christensen of the Huntington Beach High School District, L. Cena Rice of Redondo High School, Joe Borland of the Arcadia High School District and Tom Hamilton of Pasadena High School.

This Committee is charged with the responsibility of investigating the possibility of more active participation by the Southern Section in the care and prevention of athletic injuries.

It's study of the past year has led to the upcoming Symposium.

### 'NATIONAL COACHES DAY' SPECIAL ONE INDEED!

In fact, the day has been so designated by a proclamation of the Senate and House of Representatives to so honor those members of the coaching profession who give so much of their time.

The CIF Southern Section Office urges all member schools to stage a special program on this date to honor the members of their respective coaching staffs.

Develop your plans early and let the student body, administration and community know so that they might all participate.

WELCOME...
FROM THE
CIF-SS OFFICE
TO THE
1976-77 YEAR!

#### COMMISSIONER'S CORNER



SOME CONCERNS FROM ATHLETES

T. E. BYRNES

Recently the Minnesota Student High School Athletic Association conducted five meetings with high schools with equitable representation from boys and girls in an attempt to ascertain some of the feelings of the youngsters regarding the interscholastic program.

These meetings were conducted without adult supervision or direction with the exception the records of the proceedings developed were by adults. As a result of these meetings, many positive ideas were brought forth by the young people regarding their coaches, parents and other concerns. It is not the purpose however, within this month's "Commissioner's Corner" to point out all the positive things the youngsters brought up, but to reflect upon some of their concerns.

For example, one of the questions asked was "What do students like least about their coaches?" The following comments were made by individual athletes:

A coach that wants to see how much I can sweat.

A coach that thinks his/her sport is

supposed to be my whole life.

A coach that expects me to go to "out of season" practice.

A coach that will bend the rules to win.

A coach that will overlook infractions of star players.

A coach that will cheat to win. When you cheat, no one wins.

A coach that has favorites who get special treatment, and when they are out of line, nothing happens.

A coach that cuts players down in front of other students and adults, sometimes right at the game.

A coach that has no discipline.

A coach that has a trophy for a

A coach that criticizes officials, even when the officials are right.

A coach who expects us as players to be so serious that we can't even smile or laugh in school the day of the game. We even have to be quiet on the bus.

A coach that overlooks smoking or (Continued on Page Ten) AREAS TO FORMULATE LEAGUE PROPOSALS

#### COUNCIL ADOPTS NEW LOOK TO RELEAGUING

Releaguing, one of the most talked about items in the CIF Southern Section through the years, has a new look!

At its May meeting the CIF-SS Council adopted new procedures for releaguing, the background provided through months of study and under the reins of Walt Newland, chairman of the Releaguing Committee.

In fact, the proposal adopted was to take effect for the 1978-79 school year, but was implemented from a procedural standpoint for the 1977-78 alignment currently under discussion.

In capsule form, the new format will have schools assigned to areas, with the areas then formulating proposed leagues for review and final approval.

The specific steps of procedures are:

- 1 The Releaguing Committee would determine initially the specific geographic areas within which member schools are to be leagued.
- 2—The suggested geographic groupings would be published to all member schools and presented to the Executive Committee for approval.
- 3 Every effort will be made to resolve disagreements over area placements with the involved areas, with these results to be forwarded to the Executive Committee.
- 4 Appeals by league representatives or member schools will be heard by the Executive Committee prior to acceptance, amendment or rejection of the proposal. The decision of the Executive Committee will be final.
- 5—In each area the league representatives will be responsible for developing at a meeting of the member schools, a proposal for league alignment which includes placement of each of the member schools.

Such proposal, if approved by a majority of the schools in the area, shall be forwarded to the Releaguing Committee for review. The member of the Releaguing Committee assigned to that geographic area shall serve as a temporary chairman for an initial meeting.

- 6—After receipt of the area proposal the Releaguing Committee shall designate a time and place for hearings. Each league or member school in disagreement with the area proposal shall have the opportunity to express the rationale for its objection, and to submit an alternative proposal.
- 7 After hearing all appeals the Releaguing Committee shall submit to

the Council for approval the proposal from each geographic area, as well as any amendment, or alternate proposal approved by the Releaguing Committee. Each amended or alternative proposal shall be accompanied by a written statement explaining the change.

- 8 The original area proposal and any alternatives recommended by the Releaguing Committee shall be voted upon at the September Council meeting. Only league representatives from the area may vote upon the area proposal. In case of a tie vote the proposal recommended by the Releaguing Committee will be adopted.
- 9 If an area proposal or the alternative recommended by the Releaguing Committee fails to receive a majority vote, the existing league alignment will be continued for another year.

### **ELIGIBILITY LISTS REMAIN OPTIONAL FOR SCHOOLS**

For the second straight year, the exchange of eligibility lists between member schools of the CIF Southern Section will remain optional.

Under the ruling adopted by the Executive Committee and Council a year back, the following format will be followed:

"That an eligibility list be completed and filed with the CIF-SS Office, only in the event a member school or its players are entered in playoff competition."

For those member schools still desiring to utilize the system for their records, a limited supply is available upon request from the CIF-SS Office.

#### California Interscholastic Federation, Southern Section

11011 Artesia Blvd.—P.O. Box 488 Artesia, Ca. 90701 (213) 860-2414

Officers
Louie Joseph, Ass't Superintendent
Orange USD, President
Tony Balsamo, Principal, Apple
Valley HS, President-Elect
Dr. Richard Cordano, Principal,
Arcadia HS, Past-President
Dr. Hanford Rants, Principal,
Gahr HS, Treasurer
Thomas E. Byrnes,

Bulletin Editor
Ray Plutko, Administrative
Assistant

Commissioner of Athletics

#### CONDE NEW REPRESENTATIVE TO EXECUTIVE COMMITTEE

Don Conde, principal of Victor Valley High School, will receive the red carpet treatment this month when he becomes the newest member of the CIF Southern Section's Executive Committee.

Conde will serve a four-year term on the Executive Committee and represent the Eastern Area.

Over the past two years, Conde has been schooled in the workings of the CIF-SS by serving as the Golden League's representative on the Council.

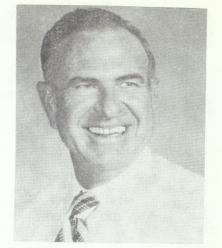
Not to be overlooked, however was a three-year term as a member of the Releaguing Committee.

Conde's education is Southern California orientated, having graduated from La Puente High School and completing his B.A. and M.A. degrees at Whittier College.

Conde and his wife Billie have two sons — Don and Eddie — the latter currently attending Whittier College where he is on the water polo and swimming teams.

Other changes on the Executive Committee this term find Louie Joseph taking over as president of the Council and Tony Balsamo as president-elect. Both are present members of the overall Executive Committee.

Welcome aboard Don Conde!



Don Conde joins Executive Committee

# TO ADOPT SEQUENCE OF CIF-SS CALENDAR

The CIF Southern Section has adopted its working calendar for the upcoming 1976-77 school year and has arranged its sequence so that each Executive Committee meeting will preceed all CIF-SS Council and State Federated dates.

To provide proper input, leagues are encouraged to schedule their meetings just prior to each Executive Committee date in order that the league may discuss current agenda items and be prepared to vote accordingly.

League secretaries are reminded they are to file a copy of their minutes with the CIF-SS Office.

SEPTEMBER 18: Southern Section Executive Committee meeting.
SEPTEMBER 30: Southern Section Council meeting.

OCTOBER 8-9: State Federated Council meeting at Carmel.
OCTOBER 30: Southern Section Executive Committee meeting.

JANUARY 13: Southern Section
Executive Committee meeting.
JANUARY 20: Southern Section

Council meeting.
JANUARY 28-29: State Federated
Council meeting at Palm Springs.
FEBRUARY 17: Southern Section

Executive Committee meeting.

MARCH 17: Southern Section
Council meeting.

APRIL 21: Southern Section Executive Committee meeting.
MAY 5: Southern Section Council

meeting.
JUNE 3-4: State Federated Coun-

cil meeting at Los Angeles.

JUNE 19-20: Southern Section Executive Committee meeting.

#### ADMINISTRATORS ASKED TO REVIEW RULE

#### NEW SUMMER SCHOOL CREDIT POLICY FOR CIF-SS

Administrators charged with establishing athletic eligibility as it relates to scholastic requirements are reminded to review the new summer school credit policy passed by the CIF Southern Section Council in May, 1976.

The significance of this adoption is that it brings the CIF-SS in line with State Rule 208, which says:

"Summer school credits shall be counted toward making up scholastic deficiencies incurred in the grading period immediately preceding. Summer school courses failed shall not impair an athlete's scholastic eligibility achieved in the grading period immediately preceding."

At the same time, this new rule does not pre-empt Article X, Section 3 of the Blue Book which says:

"To be eligible a student must have passed the equivalent of 12 quarter or 20 semester periods of new work the previous report period. One of the subjects may be physical education. By new work is meant subjects in which passing grades have not previously been earned."

Therefore, in making up scholastic deficiencies in summer school in order to be eligible, special care should be taken not to count an additional physical education subject toward this make-up work if the youngster had received credit for a physical education class during the previous report period, or repeat a subject where passing grades have already been earned.

There were a number of calls to the CIF Southern Section Office this past

summer in reference to the term "physical education." This includes all types of classes, regardless if it is physical fitness, weight-training, fundamentals of basketball, etc.

The passage of this rule by the Council was effective with the just concluded summer session and if the work completed meets the above-mentioned criteria, the credits earned would count toward eligibility for the current fall term.

If you have further questions, you are encouraged to call the CIF-SS Office.

### SAFETY REVIEW GROUP URGED FOR SCHOOLS

At the CIF Southern Section Executive Committee meeting of January 15, 1976, five recommendations were made to the representatives to take back to their leagues for possible implementation in regards to athletic injuries.

Recommendation No. 3 read as follows:

"A safety review committee be organized in each member school composed of administration, representatives of the coaching staff, school nurse, athletic director, trainer and others involved in the administration of sports to continually critique and evaluate school athletic facilities, equipment, coaching practices, officiating and supervision, to mention a few."

With this as background, schools in developing their plans for the 1976-77 school year, are urged to implement this particular recommendation of your Athletic Injuries Committee.

# OF BEING ORGANIZED FOR NEW SCHOOL YEAR

Don't risk the chance of overlooking a few key items to the start of a new school term . . .

Often times the initial week of a new school year is a hectic one, with faculty meetings, practice sessions for the fall sports and a rash of paperwork the usual order of the day.

Possibly one method of making certain no item is bypassed is one of developing a checklist, with the following areas among those to be considered:

1—Make certain all transfer students are approved in terms of residence and scholastic eligibility before being permitted to participate in practice.

2—Call an early meeting of the entire coaching staff and discuss carefully the 1976-77 CIF-SS Blue Book Rules and Regulations.

3—Compile an accurate eligibility list for each sport and give a copy to each member of the faculty and administration.

4 — Develop a set of plans with all the coaches to keep accurate records of player participation by specific

5—Check all athletic contracts. Send a form letter with time. place and date of games to all schools on your schedule with request that you be notified immediately if opponent's record differs from yours. This may seem like double work, but many schools change coaches, athletic directors and administrations each year and at times, contracts are misplaced.

6—Make certain to contact your local Media (newspaper and radio), giving them updated copy of all your schedules, rosters and names of coaches and their home phone numbers. Remember, they sell your athletic program FREE!

7—Consider scheduling one or two good assembly programs built around the theme of good sportsmanship. You might even consider an exchange assembly with a neighboring school.

8 — Designate one person from your school to contact the CIF Southern Section Office when questions occur. Many times a duplication in calls are made.

9—Take extra measures that a planned program is established for the care and prevention of athletic injuries. Post a list of all emergency numbers and the steps to follow if a situation does arise.

Start the new year off by being prepared!

### GIRLS' 1976-77 CIF-SS PLAYOFF GROUPINGS

#### VOLLEYBALL

4A DIVISION	12. Santa Fe	7. Montview	3. De Anza
1. Angelus	13. South Coast	8. Northern	4. Delphic
2. Bay	14. Sunrise	9. Ocean	5. Desert-Invo
3. Camino Real	15. Sunset	<ol><li>Orange</li></ol>	6. Desert Valley
<ol> <li>Century</li> <li>Channel</li> </ol>	3A DIVISION	<ol> <li>San Antonio</li> <li>Sierra</li> </ol>	7. Frontier 8. Hacienda
6. Empire	1. Citrus Belt	13. Suburban	9. Olympic
7. Foothill	2. Freeway	14. Whitmont	10. Pioneer
<ol> <li>Marmonte</li> <li>Moore</li> </ol>	<ol> <li>Garden Grove</li> <li>Golden</li> </ol>	2A DIVISION	<ul><li>11. Prep</li><li>12. Rio Hondo</li></ul>
<ol><li>Pacific</li></ol>	5. Ivy	<ol> <li>Arrowhead</li> </ol>	<ol><li>San Andreas</li></ol>
11. San Gabriel	6. Mission Valley	2. Central Coast	14. Tri-Valley

#### **BASKETBALL**

4A DIVISION	12. Pacific	6. Northern	3. De Anza
1. Angelus	13. San Gabriel	<ol><li>Orange</li></ol>	4. Delphic
2. Bay	14. Santa Fe	8. Pioneer	5. Desert-Invo
3. Camino Real	15. Sunrise	9. San Antonio	6. Desert Valleys
4. Century	16. Sunset	10. Sierra	7. Frontier
<ol> <li>Channel</li> <li>Citrus Belt</li> </ol>	3A DIVISION	11. South Coast 12. Suburban	8. Hacienda 9. Olympic
7. Empire	1. Freeway	13. Whitmont	10. Prep
<ul><li>8. Foothill</li><li>9. Garden Grove</li></ul>	<ol> <li>Golden</li> <li>Ivy</li> </ol>	2A DIVISION	<ul><li>11. Rio Hondo</li><li>12. San Andreas</li></ul>
<ol><li>Marmonte</li></ol>	4. Mission Valley	<ol> <li>Arrowhead</li> </ol>	13. Tri-County

. Moore	5. Montview	2. Central Coast	14. Tri-Valley
	SOF	TBALL	
DIVISION  Angelus  Bay  Camino Real  Century  Channel  Citrus Belt  Empire  Marmonte  Moore  Pacific  San Gabriel	<ul> <li>12. Santa Fe</li> <li>13. Sierra</li> <li>14. Sunrise</li> <li>15. Sunset</li> <li>3A DIVISION</li> <li>1. Foothill</li> <li>2. Freeway</li> <li>3. Garden Grove</li> <li>4. Golden</li> <li>5. Ivy</li> <li>6. Mission Valley</li> </ul>	<ol> <li>Montview</li> <li>Northern</li> <li>Ocean</li> <li>Orange</li> <li>San Antonio</li> <li>South Coast</li> <li>Suburban</li> <li>Whitmont</li> <li>Arrowhead</li> <li>Central Coast</li> </ol>	<ol> <li>De Anza</li> <li>Delphic</li> <li>Desert-Inyo</li> <li>Desert Valleys</li> <li>Frontier</li> <li>Hacienda</li> <li>Olympic</li> <li>Proneer</li> <li>Prep</li> <li>Rio Hondo</li> <li>San Andreas</li> <li>Tri-Valley</li> </ol>

<ol> <li>Moore</li> <li>Pacific</li> <li>San Gabriel</li> </ol>	<ul><li>4. Golden</li><li>5. Ivy</li><li>6. Mission Valley</li></ul>	1. Arrowhead 2. Central Coast	<ul><li>12. Rio Hondo</li><li>13. San Andre</li><li>14. Tri-Valley</li></ul>
	TEAM	TENNIS	
4A DIVISION	3A DIVI	SION	2A DIVISION
1. Bay 2. Century 3. Channel 4. Citrus Belt 5. Empire 6. Foothill 7. Ivy 8. Marmonte 9. Moore 10. Pacific 11. San Gabriel 12. Santa Fe 13. Sunset	3. Freev 4. Gard 5. Gold 6. Missi 7. Mont 8. Nortl 9. Ocea 10. Rio 11. San 12. Sierr 13. Soutl 14. Subu 15. Sunri 16. Whit	no Real vay en Grove en on Valley view hern n Hondo Antonio a 1 Coast rban se	<ol> <li>Arrowhead</li> <li>Central Coas</li> <li>De Anza</li> <li>Delphic</li> <li>Desert-Inyo</li> <li>Desert Valle</li> <li>Frontier</li> <li>Hacienda</li> <li>Olympic</li> <li>Orange</li> <li>Pioneer</li> <li>Prep</li> <li>San Andreas</li> <li>Tri-County</li> <li>Tri-Valley</li> </ol>
44 DIVICIONI	A A TOTAL CHORL	A DIVICIONI	A A PARTICIPANT

Marmonte Moore Pacific San Gabriel Santa Fe Sunset	9. Ocea 10. Rio 1 11. San 2 12. Sierra 13. South 14. Subu 15. Sunri	<ul> <li>8. Northern</li> <li>9. Ocean</li> <li>10. Rio Hondo</li> <li>11. San Antonio</li> <li>12. Sierra</li> <li>13. South Coast</li> <li>14. Suburban</li> <li>15. Sunrise</li> <li>16. Whitmont</li> </ul>				
	TR	ACK				
DIVISION	3A DIVISION	2A DIVISION	1A DIVISION			
Bay Century Channel Citrus Belt Empire Foothill Ivy Marmonte Moore Pacific San Gabriel Sunset	<ol> <li>Angelus</li> <li>Freeway</li> <li>Garden Grove</li> <li>Golden</li> <li>Mission Valley</li> <li>Northern</li> <li>Ocean</li> <li>San Antonio</li> <li>Sierra</li> <li>South Coast</li> <li>Sunrise</li> <li>Whitmont</li> </ol>	<ol> <li>Camino Real</li> <li>Central Coast</li> <li>Desert Valleys</li> <li>Frontier</li> <li>Hacienda</li> <li>Montview</li> <li>Orange</li> <li>Pioneer</li> <li>Rio Hondo</li> <li>San Andreas</li> <li>Santa Fe</li> <li>Suburban</li> </ol>	<ol> <li>Arrowhead</li> <li>De Anza</li> <li>Delphic</li> <li>Desert-Inyo</li> <li>Free Lance</li> <li>Olympic</li> <li>Tri-Valley</li> </ol>			

### THE RULES GAME: IS IT MORE OF A 'GAME?'

(EDITOR'S NOTE: The following is a guest editorial, taken from the Wisconsin Interscholastic Athletic Association.)

A great many people perhaps do not understand how game rules for high school sports develop from year to year.

A typical reaction, for example, to the recent announcement that all of amateur basketball would be legalizing the dunk shot this coming year was something like, "Who made that decision," or, "why do the high schools have to follow such a rule?"

To add to this aggravation, the WIAA printed the results of a basket-ball questionnaire completed by the coaches in which they clearly indicated they did not want to see the dunk shot returned to basketball.

Why, then, is the dunk shot coming back?

The obvious answer is that the dunk shot is coming back because the National Basketball Rules Committee made the decision and all high school associations — as members of the National Federation of State High School Associations — follow the rulebook written by this committee.

A better answer, however, might be that the Rules Committee is dominated by non-high school representatives (there are 19 members, exclusive of the rules editor and his assistant, and only six are affiliated with high schools). It is quite clear that the universities and colleges, which have the vast majority of positions on the committee, wanted the dunk shot back in non-professional basketball.

A state association could ask the National Federation for an exemption from the rule but this is not necessarily in the best interest of WIAA basketball since so many of our schools play Illinois, Iowa, Minnesota and Michigan schools that such an adaptation would create problems.

It is interesting to note that many, if not a majority, of high school coaches around the nation would like the raising of the hand after a foul. This rule was changed two years ago even though high school coaches around the nation did not want it changed. Universities and colleges again played the lead role from their obviously dominating position on the Rules Committee.

The answer to the problem may have to be the formation of a high school rules-writing body which exists in virtually every other sport. Football, for example, is not run the same

way as basketball from the standpoint of game rules. Each member state of the National Federation has a vote on the National Alliance Rules Committee, and this committee consists entirely of high school people. The NCAA (National Collegiate Athletic Association) has its own rule book, and the NAIA (National Association of Intercollegiate Athletics) recently severed from the National Alliance.

It isn't always that crucial to be outvoted on rules changes but somewhere along the line it becomes a problem when you feel the deck is stacked against you. There are more high school basketball teams and players than any other kind in the country, and it doesn't seem that about 30 per cent representation on a national rules committee is quite fair. There is some reasonableness at the same time for common rules within reason at the high school and university levels. But that reasonableness, it seems, is reaching a saturation point.

The dunk shot is beautiful to behold but we wonder whether you can convince people in one midwestern community that it's all so great. They never got to see a ball game one night—after they were all there—because some "dunker" brought the rim and backboard with him on the way down.

### CIF-SS ARCHIVES PROVIDE SOLID CORNERSTONE VALUE OF THE DOLLAR DIFFERENT 30 YEARS BACK

There's an endless volumne to the archives of the CIF Southern Section, providing a cornerstone that has made it the largest such association in the Golden State with 476 member schools.

However, at times, a brief reflection on those eras provide one with the background that has provided this Section with the success and focus for its creative work in interscholastic sports throughout the nation.

Let's reflect on just a segment of that heritage:

THIRTY YEARS AGO — What a better place to start than finances. Would you believe the entire operating budget of the CIF-SS for 1946-47 was \$8,925! And would you also believe the salary of then Commissioner Seth F. Van Patten was \$4,210 . . . Site of the CIF-SS Office was the Oneonta Elementary School in South Pasadena . . . At a meeting of the Executive Committee in October, "It was moved that a letter in inquiry be sent to Brown Military Academy concerning its advertising athletic scholarships." The motion was carried unanimously . . . There was another motion that read, "Boys who have been in the armed forces of the United States who return to high school may compete in athletics if they return to school at the start of the semester immediately following their discharge."

TWENTY YEARS AGO — In 1956, there were only seven varsity basketball tournaments being staged in the CIF Southern Section . . . Three new schools were granted membership in the CIF-SS, Upland Academy (now closed), Death Valley and Aviation . . . Mira Costa H.S., which didn't have a runner finish among the top 10, won the CIF-SS cross country championship . . . There were 42,000 fans on hand for the CIF-SS football championship at the Los Angeles Coliseum where Anaheim and Downey high schools battled to a 13-13 tie . . . The Southern Section representatives to the State track and field championships in Berkeley were transported by bus as a unit . . . Seven different high schools were ruled ineligible for the post-season basketball playoffs for removing their teams from the floor during regular season contests . . .

TEN YEARS AGO — There were 11 sanctioned sports for Boys in the CIF-SS for the 1966-67 school year, with the current additions of soccer and volleyball still on the horizon . . . The "Form 99" was approved for transfer of students from private to public and public to private schools . . . The 220-yard dash was voted to be run on a curve by a 80-72 vote of the track coaches

. . . Ontario, Walnut and Riverside Christian high schools joined the CIF-SS . . . Mickey Cureton of Centennial High School broke the single-season scoring mark of the great Glenn Davis by scoring 240 points on the year . . . Chester Shirk, principal of Anaheim H.S., was the president of the CIF-SS Council in this year . . . Football attendance for the 1966 season in the CIF-SS was set at 3.3 million by the schools' survey . . .

### FEMININE FOCUS

#### NINE ASSIGNMENT COMMISSIONERS

#### ADDED GROWTH FOR GIRLS' ATHLETIC OFFICIALS

In a continuing effort to upgrade Girls' athletics in the CIF Southern Section, area assignment commissioners will again be responsible for the officials relegated to Girls' sports contests over the upcoming 1976-77 school

Nine commissioners over designated regions of the Southern Section will provide the organizational phase, with new commissioners in two areas.

Penny Dodd will assume the duties in the Los Angeles County region, replacing Bob Herrold, while Starr Langan will take over the responsibilities in the Citrus Belt-Foothill region replacing Walt Atcheson.

Kim Trickett, area commissioner for Orange County, has accepted the responsibility for all the Girls' CIF-SS playoff assignments for the upcoming year - another new service to the Girls' program.

The assignment commissioners by area are:

CITRUS BELT-FOOTHILL: Ms. Starr Langan (213) 695-9122.

LOS ANGELES COUNTY: Ms. Penny Dodd (213) 943-5900.

ORANGE COUNTY: Ms. Kim Trickett (714) 897-3992.

RIVERSIDE-SAN BERNARDINO: Mr. Chet Nicholson (714) 736-3241 or (714) 737-6544.

SAN FERNANDO VALLEY: Ms. Pat Wells (213) 249-5871 or (213) 242-9582.

SAN LUIS OBISPO: Mr. Don Wilson (805) 922-6966 or (805) 937-5453.

SANTA BARBARA-VENTURA: Mr. Cal Houston (805) 649-2941.

SOUTH BAY: Mr. Ken Wilson (213) 379-5421 or (213) 376-5118.

UPPER DESERT: Mr. Walt Dve (805) 822-3228 or (805) 822-5818.

Athletic directors at the member

NATIONAL FEDERATION RULES

#### CHANGES NOTED FOR GIRLS' VOLLEYBALL PLAY

Girls' volleyball in the CIF Southern Section will come under National Federation Rules this year and coaches are encouraged to become familiar with the new rule changes and differences from the former NAGWS guidelines. Listed below are just a segment of the differences, with a complete list being forwarded to all coaches.

1—The center line is four inches

schools of the Southern Section can

assist in the operational phase of the

assignments by making certain sched-

ules of their respective Girls' sports

programs are forwarded to the assign-

ment commissioner in their area well

in advance of the start of the seasons.

SPECIAL MEETING SET

FOR LOOP COORDINATORS

Special meeting for those individuals

coordinating Girls' athletics in each

league of the CIF Southern Section

will be held immediately following the

fall Council meeting of September 23rd

An outline of the responsibilities of

each coordinator and a plan of action

to increase Girls' sports publicity will

be major topics from speakers Barbara

Wilson of the Executive Committee;

Rae Obie, publicity specialist of the

CIF-SS Office: and Administrative

Assistant Margaret Davis.

at the Saddleback Inn in Norwalk.

wide and has an imaginary extension across that extension while the ball is in play.

2 — A team may continue to play with less than six players if there are no substitutes available.

3 — Serving before the signal of the referee has the ball being dead and a side-out is awarded.

include swinging at but missing the ball in the act of serving.

5 - A double foul definition finds that when fouls occur at the same instant, a replay is awarded.

tion is permitted if contact is made while the ball is completely on the opponent's side of the net.

7—A ball striking the ceiling or same team.

8 — It is an official's time out ONLY if the official CHANGES the decision. If not, the team questioning the official is charged with a team time out. If all time outs have been used the team is

Rules will also be sent to all coaches.

### A player may not touch the floor

4 — An illegal serve is expanded to

6 - No downward arm or hand mo-

any overhead obstruction shall remain in play provided the ball hits the ceiling or obstruction on the side of the net or net extended occupied by the team which played last and provided the ball is legally played next by the

penalized.

A copy of the National Federation

#### PUBLICITY SPECIALIST APPOINTED FOR GIRLS' ATHLETICS

#### OBIE JOINS CIF-SS STAFF

Rae Marie Obie is the latest to join the expanding CIF-SS Office, being hired as a part-time employee to specialize in the area of public relations for Girls' athletics.

Ms. Obie is a graduate of UCLA and is also currently Girls' athletic director at Buckley High School.

Her major thrust will be to assist coaches, athletic directors, league coordinators and members of the Media in expanding the publicity for Girls' sports throughout the CIF Southern



Rae Marie Obie fills post



### WHAT'S HAPPENIN' IN THE OTHER 49 STATES

(EDITOR'S NOTE: This is another in a series of monthly articles covering items of interest from throughout California and other State Associations in their administration of high school athletics.)

ITEM: Medical and safety concern.

COMMENT: Effective with the upcoming '76 football season in Massachusetts, a physician, or a person who has completed a full course in emergency medical care, must be assigned to EVERY interscholastic football game involving a public secondary school. This edict was handed down by the State Legislature.

ITEM: Ever wonder how many?

**COMMENT:** Just as a wild guess, how many copies of the various National Federation Rule Books would it take to meet the demands of the 50 states each vear? If you stopped short of the one million mark, you weren't even in the ballpark as just a shade over 11/2 million rule books were mailed to the various state organizations last year.

ITEM: Increased innings and distances.

COMMENT: The Connecticut State Association has increased the number of innings from seven to nine for all contests played in its post-season baseball playoffs and increased the length of its cross country courses from 1.5 - 2.0 miles to 2.0 - 2.5 miles.

ITEM: Accident insurance.

COMMENT: Provided the State Legislature gives its approval, accident insurance may be purchased legally in Ohio by boards of education for pupils participating in school athletic programs. Because of the severe limitations which Ohio law places on schools in the expenditure of public funds, boards of education may expend no more than .5 of 1 per cent of the annual operating budget on student activities programs and these programs must be approved by the State Board of Education.

**ITEM:** Game stops in second quarter?

**COMMENT:** In the State of Montana, there are four divisions in football and the following rule applies to the A, B and C categories: "If after the end of the second quarter or any time thereafter, one team gains a 45-point advantage, the game will be stopped." The rule does not apply to the "AA" division (large school) only.

**ITEM:** Did you ever count the evenings?

COMMENT: Athletic directors spend 90 evenings on the job with school business each year, according to a survey conducted by the State of New Jersey Athletic Association. And in breaking it down, the 90 evenings add up to at least 350 hours per school year, or more than 47 days beyond the normal workload. Needless to say, that's dedication!

ITEM: No place to practice, but . . .

COMMENT: At one time or another, most school basketball teams have had to surrender the gym due to re-conditioning of the floor or a meeting, but the South Greene High School in Tennessee had another problem this past season. It seems as though a tornado completely destroyed the gym and South Greene was forced to practice and play its games at a neighboring school. Despite the distance and change of atmosphere, both the Boys and Girls' teams at South Greene H.S. advanced to the post-season playoffs!

#### SPORTS ART CONTEST **HONORS 12 STUDENTS** FROM MEMBER SCHOOLS

No less than 12 students walked off with top honors in the second annual CIF Southern Section Sports Art competition.

The competition was conceived by the Kalos Kagathos Foundation in cooperation with the Laguna Beach Museum of Art and the CIF-SS.

Its objective is to encourage sports art as an incentive for high school student participation in athletic activities and creative design.

All works submitted were displayed as part of a scheduled Sports Art review at the Laguna Beach Museum of Art and again the raves were outstanding.

Students selected from member schools of the CIF-SS for their outstanding work in this year's competition were:

Mike Hall, Marc Lemoine and Bill Tully of Edison High School; Robert Lovy, Jan Livergood, Toberta Blanchard and Susi Baugh of Mira Costa High School: Maria Elena Orona of Our Lady of Loretta High School.

Others included Doug Pettibone, Curt Breusing and Sharon Freeman of Anaheim High School; and Mike Masters of Palm Springs High School.

All prize winners become part of a permanent Sports Art collection for the CIF Southern Section and selected items will be utilized on various publication covers of the CIF-SS Office.

Coordinating efforts for the show were Bruce Hopping (chairman of Kalos Kagathos Foundation), Tom Enman (director of Laguna Beach Museum of Art) and Barbara N. Jones (jurist for the Laguna Beach Museum of Art).

#### BOYS, GIRLS PROGRAMS **MUST MEET GUIDELINES**

Athletic administrators are reminded that effective with the current term, all schools which are members of the CIF Southern Section will be obligated to conduct their interschlastic programs under all rules and regulations of this body.

If a member, this means that both the Boys and Girls' programs must come under these guidelines and not one or the other as the previous adjustment period had allowed.

This information has been sent to all building principals previously, and was so noted in the State CIF minutes of October, 1974.

### BOYS' POST-SEASON PLAYOFF DIVISIONS

(EDITOR'S NOTE: Listed below are the Boys' post-season playoff divisions in the CIF Southern Section for the 1976-77 school year. These group- 13, Rio Hondo ings were approved at the May, 1976 14. San Antonio meeting of the CIF-SS Council.)

#### FOOTBALL

#### **4A DIVISION**

- 1. Angelus
- 2. Bay
- 3. Channel Citrus Belt
- 5. Del Rev 6. Empire
- Marmonte 8. Moore
- 9. Pacific Sierra

#### Sunset 3A DIVISION

- 1. Century Footbil
- 3. Freeway Garden Grove
- Mission Valley Northern
- Ocean Rio Hondo
- 10. San Antonio 11. San Gabriel

#### 12. Whitmont 2A DIVISION

- 1. Camino Real Desert Valleys 3. Frontier
- Golden Hacienda
- Montview Orange
- Pioneer San Andreas
- 10. Santa Fe
- South Coast 12. Suburban
- 1A DIVISION
- 1. Arrowhead
- Chaparral De Anza 4. Desert-Invo
- 5. Free Lance Los Padres
- 7. Olympic 8. Tri-Valley

#### 8-MAN FOOTBALL

- 1. Academy Christian 3. Delphic
- 4. Hi-Lo
- 5. Prep 6. Tri-County

#### **CROSS COUNTRY**

#### **4A DIVISION**

- 1. Angelus
- 3. Century Channel 5. Citrus Belt
- Empire 7. Foothill

- . Orange Parochial
- Pioneer

#### SWIMMING 4A DIVISION

Century

Empire

Foothill

Moore

10. Ocean

11. Pacific

12. Sierra

13. Sunset

3A DIVISION

Golden

Del Rey
 Desert Valleys

Free Lance

Los Padres

Montview

Northern

. Pioneer

12. Rio Hondo

14 San Antonio

15. San Gabriel

16. South Coast

17. Whitmont

4A DIVISION

Century

Channel

Citrus Belt

Del Rev

Empire

Foothill

Moore

3A DIVISION

1. Freeway

Northern

Garden Grove

Mission Valley

12. Pacific

13. Sunset

Marmonte

1. Angelus

Bay

San Andreas

BASKETBALL

Camino Real

10. Orange

Garden Grove

Marmonte

Citrus Belt

- 1. Bay
- 3A DIVISION Channel 6. Freeway
  - Garden Grove
- Northern Ocean Orange

8. Marmonte

Del Rev

Freeway

9. Moore

10. Pacific

11. Sunset

- San Antonio San Gabriel 10. Sierra
- 11. South Coast 12. Whitmont

#### 2A DIVISION

- Arrowhead Camino Real Desert Valleys
- Frontier Golden Hacienda
- Mission Valley Montview
- Pioneer 10. Rio Hondo San Andreas

#### 12. Suburban

- 1A DIVISION 1. Chaparral Christian
- De Anza Desert-Inyo
- Free Lance 6. Liberty
- Los Padres 8. Olympic
- 9. Pinon
- 10. Prep 11. Santa Fe
- 12. Tri-Valley

#### WATER POLO

#### 4A DIVISION

- 1. Bay Channel Citrus Belt
- Empire
- Freeway
- Marmonte Moore Pacific

11. Sunset

3A DIVISION

Foothill

Free Lance

Ivy Los Padres

Montview

8. Northern

Garden Grove

1. Century

- San Gabriel 10. South Coast
  - Ocean Orange San Antonio
  - San Gabriel South Coast 12. Whitmont

#### 2A DIVISION

1. Desert Vallevs 2. Frontier 3. Golden

- Montview 6. Pioneer
- Rio Hondo 8. San Andreas 9. Santa Fe

#### 10. Suburban 1A DIVISION

- 1. Arrowhead Chaparral De Anza
- Desert-Invo 5. Free Lance 6. Los Padres 7. Olympic 8. Tri-Valley

#### SMALL SCHOOLS

- 1. Academy Christian Delphic 4. Free Lance
- 5. Hi-Lo 6. Liberty 7 Pinon

#### 8. Prep 9. Tri-County

#### BASEBALL

#### 4A DIVISION

- 1. Angelus Bay . Century 4. Channel
- . Citrus Belt 6. Del Rey
- . Empire Foothill Marmonte
- 10. Moore 11. Pacific 12. Sunset

- 3A DIVISION Camino Real
- Freeway Garden Grove
- Mission Valley 6. Northern
- Ocean 8. Orange
- 9. San Antonio 10. San Gabriel

. Sierra

12. Whitmont

2A DIVISION

1. De Anza

3. Frontier

Golden

Hacienda

Montview

. Rio Hondo

San Andreas

. South Coast

Pioneer

10. Santa Fe

12. Suburan

1A DIVISION

1. Academy

Chaparral

4. Christian

Arrowhead

- . Los Padres 9. Metro 10. Olympic 11. Orange
- Pioneer 13. Prep

#### 14. San Andreas 15. Tri-County

16. Tri-Valley Desert Valleys

#### SOCCER

#### **4A DIVISION**

- Bay Camino Real Mission Valley Montview
- Northern 6. Ocean Orange County 8. Pacific

#### 9. San Antonio 10. Suburban 11. Sunset

- 1. Desert Valleys Garden Grove Hacienda
- Ivy Northeast Olympic Pioneer 8. Prep
- 9. San Gabriel 10. Santa Fe 11. Sierra

#### 12. South Coast 13. Whitmont 14. Free Lance

5. Empire

6. Foothill

9. Moore

10. Pacific

11. Sunset

8. Marmonte

12. San Gabriel

3A DIVISION

Del Rev

1. Angelus

TRACK & FIELD

1. Bay 2. Century Channel

**TENNIS** 

Desert-Inyo

Free Lance

3. Hi-Lo

9. Liberty

11. Olympic

14. Tri-County

Tri-Valley

4A DIVISION

12. Pinon

13. Prep

10. Los Padres

- 4A DIVISION Citrus Bel 1. Bay Empire 2. Century Foothill 3. Channe Freeway Citrus Belt
- Marmonte Moore 10. Pacific
- 11. Sierra 12. South Coast 13. Sunset

#### 3A DIVISION

. Del Rey Garden Grove

9. Rio Hondo

10. San Antonio

11. San Gabriel

12. Suburban

13. Whitmont

2A DIVISION

Arrowhead

Desert Valleys

De Anza

. Free Lance

Frontier

Hacienda

3. Desert-Invo

- Golden
- Mission Valley 3. Freeway . Garden Grove Montview Northern 3. Ocean
  - Golden Mission Valley Northern
  - 8. Ocean 9. San Antonio 10. Sierra

#### 11. South Coast 12. Whitmont

- 2A DIVISION 1. Camino Real Desert Valleys Frontier Hacienda
- Los Padres Montview 7. Orange
- 8. Pioneer 9. Rio Hondo 10. San Andreas 11. Santa Fe 12. Suburban

Desert-Inyo

7. Free Lance

8. Liberty

9. Olympic

10. Tri-Valley

(Please Note:

Gymnastics

Wrestling

Volleyball

No divisions

#### 1A DIVISION

- 1. Arrowhead 2. Chaparra 3. Christian 4. De Anza 5. Delphic
  - Basketball, therefore, becomes the second high school sport which is effectively immune from raiding by professional sports teams. Baseball received protection as a result of an agreement between the National Federation and professional baseball in 1944 which provides that no student with remaining eligibility in high school

sional baseball club.

Each year the National Federation

by way of its rules books, requires

a number of changes in the areas of

However, one of the main problems

rests with keeping abreast of the new

requirements — both to meet the rules

and to make certain the new equip-

ment and uniforms ordered will meet

Listed below are the facility and

Football — All the following will be

• The team box shall extend to the 30

vardlines on each side of the field. It

is recommended the area between the

sidelines and the team box boundaries

be solid white or be marked with dia-

gonal lines. All yard lines inside the

boundaries shall stop four inches from

HIGH SCHOOL CAGERS

**NOW IMMUNE TO DRAFT** 

OF NBA FRANCHISES

If you're a basketball coach and are

fortunate enough to have that one in

a million "blue-chipper," you can now

The hardship rule of the National

Basketball Association, which resulted

in the drafting and signing of two high

school players for the first time in

history last year, has been revised to

benefit the high school basketball pro-

Previously, any player — regardless of age or educational status — could

apply for hardship status. The NBA

received applications and scrutinized fi-

nancial needs before declaring players

Beginning with the 1977 draft, any

player who wishes to become eligible

for the NBA draft will be excluded

until his high school class has grad-

athletics shall be assigned to a contract

by a major or minor league profes-

grams for the upcoming season.

eligible or ineligible for drafting.

equipment changes for the only Boys'

the standards for upcoming years.

in effect for the 1976 season.

facilities and equipment.

fall sport:

relax.

uated.

#### each sideline and decorative markings in the end zone shall be no closer than two inches to boundary and goal lines

(Rule 1-2-3).

EQUIPMENT, FACILITIES AFFECTED BY RULES

· Each player shall wear a number between 1 and 99 inclusive. To begin a scrimmage down, at least five players on the offensive line of scrimmage shall be numbered between 50 and 79 inclusive. Only players numbered 1 to 49 and 80 to 99 inclusive are eligible receivers (Rule 1-4-3).

- · Players are required to wear hip and shoulder pads (Rule 1-5-1).
- The plastic materials covering protective pads shall be rounded with a radius equal to half the thickness of the material (Rule 1-5-3).
- Players are prohibited from wearing electronic, mechanical or other signal devices for the purposes of communication (Rule 1-5-3).
- Use of phones, radios and other electronic communication devices are permitted during authorized coachplayer conferences. However, use of mechanical and visual aid equipment, including television and video tape, for monitoring replays for any coaching purpose during the game, including intermissions, shall be penalized (Rule

Other Boys' sports having changes are baseball, basketball, soccer, swimming and diving, track and field and volleyball.

The changes to the above will be noted in a later bulletin.

# COACHES CORNER

#### PRESS FACILITIES SHOULD BE RESERVED FOR MEDIA

Athletic directors . . .

. . have you counted the number of chairs in your press box of late and just who's sitting in them?

Athletic administrators are reminded that the first priority in press boxes and other press facilities at interscholastic athletic events must go to the working members of the Media.

These men and women have an important job to do and by assisting them you will be helping your school at the

The Media can be a strong influence on the success and exposure of the athletic programs in the CIF-SS and it should be accommodated as much as possible.

Reports from last football season indicate relegating the press to second rate facilities in favor of faculty, board members and friends.

Please make a special effort to assist in this area.

### ATHLETIC DIRECTORS EYE CONFERENCE

It's billed as the seventh annual affair, but it will be a premier showing for the West Coast when the National Conference of High School Directors of Athletics is staged in San Diego this year.

That comes in December when the four-day confab (12-15) is held at the Town and Country Hotel. Needless to say, with the proximity to San Diego for the CIF Southern Section membership, this year's affair is a must for administrators of interscholastic athletics.

Nationally known speakers, numerous workshops, a comprehensive exhibit area and the Medalist Management Seminar will all be part of the program.

Athletic Directors in the Southern Section are urged to map their plans at this time. The conference activity fee, which includes a tour, banquet and luncheon, is \$25. Room rates at the Town and Country will be \$22-24 for single and \$26-28 for double.

Advance registration materials and a synopsis of the program are currently available upon request from the National Federation, Federation Place, Elgin,

#### COMMISSIONER'S CORNER

(Continued from Page Two)

Another question asked was: "What do you not like to see in parents?"

Parents who push too hard. Parents who don't let their child decide what he/she wants to play.

Parents who still wear their letter ackets.

Parents who pick all-star teams.

Parents who argue with officials, even when they know the decision was right.

Parents who constantly hound you when you lose. I know some kids that have ulcers.

Parents who expect me to live up to the reputation of my brother or sister.

Parents who don't want to encourage their sons or daughters to get interested in sports that they didn't play.

Parents who want their kids to work out so much during high school that they miss a lot of the fun.

Another question: "What views do athletes hold about summer programs for specialized training and competition?"

I don't thing they are really worth it.
Others can go if they want to. I would rather work or have some time for a vacation.

Don't let my coach have a hold on me in the summertime.

Don't get me wrong! I like my coach, but enough is enough.

I like the opportunity to work with other coaches. They have different ideas from the ones I get the rest of the time.

#### Some other noteable comments

Don't drop the alcohol rule. Even though lots of athletes violate the rule, those who want to maintain high standards can tell their friends they can't drink because the rule is there.

It's hard to be a wrestler and slowly starving out on the mat while people eat popcorn during your match.

I wish there wasn't so much conflict between my sports season and my involvement in other school activities. It becomes awkward to tell the choir director or the play director that you have to be gone again.

I wish there were rules which would set the amount of time that I have to practice every day. I was in the pool at 6 a.m. this morning and I'll have to go back tonight and work out again. On Sunday's I'm expected to find an open pool and practice all afternoon. Look at me, I'm . . . and there's two months left to the high school season. (And then summer practice starts).

In conclusion, this article is not intended to maintain that youngsters in (Continued on Page 11)

### JUST WHOSE OBLIGATION?

#### THE EDUCATIONAL INTEGRITY OF ATHLETICS

(EDITOR'S NOTE: Following is a feature article from the National Federation of State High School Associations.)

A century ago, when school age students first engaged in athletic competition, the programs were informal, club activities. Gradually rivalries developed. Contests, which non-school organizations promoted, became rough and crowds became unruly.

Schools organized regionally to adopt rules of competition and standards of conduct which were consistent with the educational purposes of schools. Again there were abuses. So around 1900, schools organized state associations to assure fair, educational competition. In other words, state high school associations were formed to enforce regulations which the schools could not maintain on their own.

Recent events suggest state high school associations, after a half century or more of successfully conducting the programs, are having difficulty maintaining rules and regulations for interscholastic athletics.

The pattern of history has been to create another, larger organization to do what the previous organization could not: conduct an orderly, educational program of interscholastic athletics. If history has been correct, then it is time for the National Federation to roll up its sleeves and get into the enforcement business. But has history been correct?

Perhaps there is a better course to follow than passing the buck to a larger organization. Might not a proper alternative be returning to the local level the authority for maintaining standards of interscholastic programs?

In the wake of unsportsmanlike and violent conduct during high school basket-ball contests last season, School District #88 in northeastern Illinois adopted a rule which suspended immediately any player who violated good conduct in a sport. The 79 coaches of the district issued a statement which read in part: "There is no real victory in a win at any price philosophy. Getting embroiled in a fracas or . . . unsportsmanlike practices will not be tolerated, and any boy or girl who tries either faces swift and sure discipline."

This school district has assumed its proper obligation. State associations were not intended to be substitutes for schools in enforcing regulations which preserve the educational nature of interscholastic athletics. It is the duty of state associations to reinforce this, certainly; but the primary responsibility of protesting the integrity of school athletics lies with the administration and coaches of local schools.

#### BASKETBALL, VOLLEYBALL, FOOTBALL

#### THREE NEW SPORT FILMS RELEASED FOR 1976-77

If you're a coach in the area of basketball, volleyball or football, then better make plans now on scheduling one of the new films just released by the National Federation.

All three are available from the CIF Southern Section Office and deal with the new rules and regulations in each particular sport.

Each film is for 16 mm use, in color and needless to say, make certain to schedule your showing early.

Basketball—Emphasizes that elimination of costly turnovers through violations will lead to WINNING WAYS in basketball. Among the rules and restrictions demonstrated by both Boys and Girls' teams are those covering the division line, traveling, the dribble, free throw, jump ball and a special em-

phasis on determining responsibility for contact. (28 min., color).

Football — New film on POINT OF CONTACT that describes controversial and now illegal blocking and tackling techniques for high school football. Covers butt-blocking, face-tackling and ways to teach new safe method of blocking. (18 min., color).

Wrestling — It's called READY, WRESTLE and is designed to provide a vivid explanation of the rules of wrestling and guidelines officials follow in making the many judgment decisions required in a well officiated match. Areas covered include takedowns, reversals, near-falls and pinning situations with special emphasis on illegal holds and stalling. (17 min., color).

### MINOR INFECTIONS COULD SPAWN PROBLEMS

(EDITOR'S NOTE: This is another in a series of articles dealing with the care and prevention of athletic injuries.)

Athletes seem inclined to believe that skin infections are minor health problems, but possibly they should consider a few other points.

- Minor skin infections, both bacterial and fungal, may make the individual more susceptible to an overwhelming secondary infection which can be disabling.
- These infections could interfere with

the physical performance of the individual and the team.

• Skin infections could spread to teammates, thereby affecting their health and welfare.

The following skin infections, common among athletes, can be reduced in incidence or prevented entirely:

Tinea Pedis — Better known as athlete's foot, tinea pedis commonly develops as peeling or cracking of the web area between the fourth and fifth toes, but dry scaling or vesicular eruptions of the feet may also represent this infection.

to admit, it's a troublesome task

indeed to note that change to the other

486 Southern Section schools attempt-

know of the change, we'll do it all for

you. Each month a separate flyer is

sent to the principal and athletic di-

rectors (Boys and Girls) of all 487

In addition, we will also be happy to

note any changes in administrative

posts and/or coaching changes to keep

our Directory of Member Schools

can be of service is that of advertising

any coaching vacancies at your re-

spective school - in both the Boys and

Girls' athletic departments. This would

include teaching openings tied with a

Wanted" list and we would be happy

to note your openings and/or provide

Another area in which this Office

schools, listing such updatings.

However, if you'll just let this Office

ing to reach you.

keeping the feet dry; dry the feet thoroughly after bathing, especially between the toes; and dust the feet with an antifungal powder.

Tinea Cruris — Commonly referred

Prevention can be accomplished by

to as jock itch, the infection develops high on the inner thighs or groin areas. Factors which enhance this infection are heat from constricting clothing and moisture (usually due to perspiration). Eliminating the local heat and keeping the affected area dry will minimize the problem.

Prevention may be accomplished by keeping the area dry, wearing non-constricting underclothing and using an antifungal powder.

Furuncles—Known more commonly as boils, these are bacterial infection of a hair follicle. Contamination of surrounding tissue often produces a core. Boils are considered a serious health hazard because of the potential they hold for spreading germs throughout the body should the infection extend through the skin.

For this reason, boils should not be squeezed or manipulated. Thus, boils warrant player abstention from practice and competition. Treatment by a physician is the best protection against serious systemic infection.

Prevention may be accomplished by soap and water bathing following sports activity as an initial step; use only personal athletic equipment. Be certain it is cleaned regularly; do not interchange soiled supporters or towels; and at the first sign of a skin condition, see the athletic trainer or school nurse.

#### CIF OFFICE RESOURCE CENTER

#### FREE SERVICES MAKE DAILY ROUTINES SIMPLE

Have you ever considered the aspect of sharing your workload with someone?

If not, then here's the perfect opportunity to break away from your old habits as the CIF Southern Section Office has a full work force to assist with your tasks this year and the service is FREE!

There are a number of schools which take advantage of the services provided to our members, but if you haven't done so in the past, why not consider the following:

Each year a number of last-minute changes occur prior to the opening of school, and for that matter, during the entire term as well. One of these is a new telephone listing and you'll have

### NEW BOOKS PROVIDE INSIGHTS ON ATHLETE

If you've been searching for some new reading material, then two new books on the market may offer some other insights into the athlete.

EVERY KID CAN WIN is a publication by Terry Orlick and Cal Botterill from Nelson-Hall Publishers, covering the initial years of organized sports and the role of the adults. Demands, sportsmanship and attitudes are key topics in this book.

by Kyle Rote Jr. and discusses the philosophy of success and failure, of winning and losing. The book is offered by World Books Inc.

Both provide interesting background reading for the high school coach.

## coaching position. And if you're having trouble finding a frosh football or a varsity basketball game, let us take care of these items. Our Office conducts a current "Games"

up-to-date.

you with the list of schools also seeking games.

Another area is a complete film library, with virtually all sports available in the way of rule and instructional presentations. These films are published by the National Federation

and updated with rule changes.

Loan of these films are free, but we ask that you make certain to return same within two days after receipt.

The above are just a few of the many services our Office provides. Why not concentrate your efforts in other areas and let us take care of some of those routine chores for you?

#### COMMISSIONERS CORNER

(Continued from Page 10)

Minnesota have the same attitudes as in California or that all the comments made herein are necessarily correct. Additionally, I would like to emphasize again that those positive attitudes were not listed here because of the amount of space and the subject of this article. Even with these pre-conditions and limitations however, I think there is merit in reflecting on some of these concerns.

Page Ten

Page Eleven

Softball	Swimming & Diving	Badminton	Gymnastics	Field &	Basketball	Field Hockey	Tennis	Cross	Volleyball	Sport		Volleyball	Track & Field	Tennis	Gymnastics	Golf	Baseball	Swimming & Diving	Wrestling	Soccer	Basketball	Water Polo	Football	Cross Country	Sport	
9	9	9	12	14	12	9	11	11	11	Weeks In Season		12	13	14	12	14	14	12	12	16	16	11	11	11	Weeks In Season	
1	0	0	0	0	1	0	1	0	1	Maximum Inter-School Scrimmages		2	0	2	0	0	2	0	Total	1	12	2	1	0	Maximum Inter-School Scrimmages	
18*	12	16	14	9	18*	16*	18	11*		Maximum Inter-School Contests	CIF SO	22*	9	22	10	18	22*	12	of 16*	18*	22*	12	9		Maximum Inter-School Contests	
Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No	Tryout Period	CIF SOUTHERN	No	Yes	Yes	Yes	Yes	Yes	Z o	No	No	No	No	No	No	Tryout Period	CII OCCITIENT
Mar. 21	Mar. 14	Mar. 14	Feb. 21	Feb. 1	Jan. 10	Nov. 8	Sep. 1	Sep. 7	Sep. 1	Practice Begins	SECTION GIRLS' SEASONS OF	Feb. 14	Feb. 1	Feb. 1	Feb. 21	Feb. 1	Feb. 1	Jan. 3	Nov. 15	Nov. 1	Nov. 1	Sep. 7	Aug. 30	Sep. 7	Practice Begins	011011
Mar. 21	NA	NA	NA	NA	Jan. 10	NA	Sep. 1	NA	Sep. 1	Date of 1st Possible Scrimmage	IRLS' SEAS	Mar. 1	NA	Feb. 1	NA	NA	Feb. 1	N A	Nov. 20	Nov. 15	Nov. 15	Sep. 16	Sep. 10	. NA	Date of 1st Possible Scrimmage	POTO CINCOTTO
Mar. 21	Mar. 14	Mar. 14	Feb. 21	Feb. 10	Jan. 10	Nov. 8	Sep. 1	Sep. 16	Sep. 1	Date of 1st Possible Contest	S S	Mar. 8	Feb. 10	Feb. 1	Feb. 21	Feb. 1	Feb. 1	Jan. 12	Nov. 20	Dec. 1	Dec. 1	Sep. 16	Sep. 15	Sep. 16	Date of 1st Possible Contest	
May 21	May 14	May 14	May 14	May 7	Apr. 2	Jan. 8	Nov. 13	Nov. 20	Nov. 13	League Play Must End	ORTS FOR 1976-77	May 7	May 7	May 7	May 14	May 7	May 7	Mar. 26	Feb. 12	Feb. 19	Feb. 19	Nov. 20	Nov. 13	Nov. 20	League Play Must End	01110
4A, 3A, 2A — May 26, 28, 31, June 2	Free Lance Meet — None Diving Prelims — May 23 Swimming Prelims — May 24	Team — May 19 Individual — May 24	Team — May 19, 24, 26 Individual — May 21	4A, 3A, 2A, 1A — May 13 or 14 State Qualifying — None State Meet — June 3	15, 19	Jan. 13, 15, 18	4A, 3A, 2A Team — Nov. 18, 23, 30, Dec. 2 Individual — Nov. 20	Nov. 27	4A, 3A, 2A — Nov. 20, 23, 30, Dec. 4	CIF-SS Prelims, Playoffs	1976-77	May 13, 17, 20	4A, 3A, 2A, 1A — May 13 or 14 State Qualifying — None State Meet — June 3	4A & 3A Team — May 13, 17, 20, 24 2A Team — May 13, 17, 20 Individual — May 28	Team — May 20, 24 Individual — May 27	Team — May 16 Individual — None SCGA — None	4A, 3A, 2A — May 13, 17, 20, 25 1A — May 13, 17, 20	Swim Relays — Jan. 29 Diving — Mar. 29 3A — Mar. 30 4A — Mar. 31	CIF-SS — Feb. 19 State Meet — Mar. 4	4A & 3A — Feb. 25, Mar. 1, 4, 8	4A — Feb. 25, Mar. 1, 4, 11 3A, 2A — Feb. 25, Mar. 1, 4, 8 1A, Small Sch. — Feb. 25, Mar. 1, 4	4A — Nov. 24, Dec. 1, 4, 8 3A — Nov. 23, 30, Dec. 4, 7	4A, 3A, 2A — Nov. 19, 26, Dec. 3, 10 1A — Nov. 19, 26, Dec. 3 8-Man — Nov. 12, 19	4A, 3A, 2A, 1A — Nov. 27	CIF-SS Prelims, Playoffs	
June 7	May 19 May 23 May 26	May 21 May 28	June 2 May 27	May 20 or 21 May 27 June 4	29	Jan. 22	2 Dec. 4 Dec. 6	Dec. 4		CIF-SS Finals		May 27	May 20 or 21 May 27 June 4	May 27 May 24 June 4	May 31 June 3	May 31 May 31 June 6	June 1 May 27	Feb. 4 Mar. 29 Apr. 1 Apr. 2	Feb. 26 Mar. 5	Mar. 11	Mar. 12 Mar. 12 Mar. 12	Dec. 11 Dec. 11	Dec. 17 Dec. 10 Nov. 26	Dec. 4	CIF-SS Finals	