



SOUTHERN SECTION

MONTHLY BULLETIN

VOLUME 39

SEPTEMBER, 1975

No. 1

ORIENTATION MEETINGS FOR GIRLS' ATHLETICS

In an effort to assist those responsible for Girls' athletics in making an effective use of their administrative organization, the CIF Southern Section will conduct three "Orientation Meetings" this Fall for its member schools.

The meetings are open to principals, women athletic directors, coaches and other administrators concerned with Girls' athletic programs, who are encouraged to attend one of the three scheduled sessions.

Located geographically, the meetings will be held at Loara H.S. in Orange County (September 30th), Arlington H.S. in Riverside County (October 2nd) and San Marcos H.S. in Santa Barbara County (October 8th).

One member of the CIF-SS Executive Committee will join Administrative Assistants Margaret Davis, Ray Plutko and Kendall Webb, plus State Girls' Advisory member Barbara Wilson in comprising the panel.

Executive Committee members scheduled to take part in their respective areas are Lou Joseph, Gene Knott and Gene Hartley, with each of the three sessions billed for 10 a.m. to 12 noon.

Items to be included in the orientation are organization of the CIF Southern Section; how to be heard and effect change; new regulations for Girls' and other publications; assignment of officials; highlights of the Blue Book and

sanctioned events; all-CIF selections and their relation with Citizens Savings' Board; plus a report of what's going on at the State level of the CIF and the input of the Southern Section.

This marks the second year for the Orientation Meetings, with the rapid growth of the Girls' programs and some 60 new schools completing membership this year bringing about the need for an additional workshop and enlarged agenda.

More detailed information will follow to the member schools, but reserve one of the above dates for an inside look at your administrative organization.



Ted Andrews of Crescenta Valley



Joe Deal from South Hills

Executive Committee Adds Two New Members

Two men well entrenched in all areas of interscholastic athletics will receive the red-carpet treatment this month when they become the newest members of the CIF Southern Section's Executive Committee.

Ted Andrews, currently assistant principal at Crescenta Valley High School, will be serving a two-year term in representing Los Angeles County, while Joe Deal, principal of South Hills High School, inaugurates a four-year term — also for Los Angeles County.

Andrews, who received his B.A. from San Jose State and is a graduate of Glendale H.S., has been the only assistant principal at Crescenta Valley since the school opened in 1960. Football, swimming and water polo were among his areas of concentration while a coach at Glendale H.S., with his duties over the past several years covering Foothill League representative to the CIF-SS Council.

Deal is also in the "one only" category as he became principal of South Hills H.S. when it opened its doors in 1964. A graduate of La Verne College, Deal went on to receive his M.A. from U.S.C., with his teaching tenure starting at Bonita H.S. Basketball and baseball covered his coaching reigns, with principalship of Charter Oak H.S. and curriculum director for the district office also spicing his background.

Welcome aboard!

ELIGIBILITY LISTS NOW OPTIONAL FOR CONTESTS OTHER THAN CIF-SS PLAYOFFS

Just in case your wondering, there's no shortage of eligibility lists at the CIF Southern Section Office . . .

. . . they've simply fallen into the category of optional for the 1975-76 school year.

By action of the Executive Committee (April 18, 1975) and approval of the Southern Section Council, Rule VI of the CIF-SS Blue Book was amended as follows:

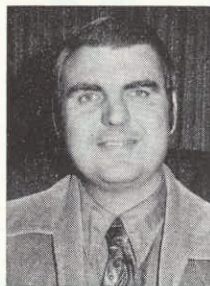
"That an eligibility list be completed and filed with the CIF-SS Office, only in the event a member school or its players are entered in playoff competition."

The Blue Book had called for a mandatory exchange of eligibility lists prior to each interscholastic contest, but under the new amendment, member schools have the option of following the previous format.

Background for the amendment covered a number of areas, one being that if a name was inadvertently left off the list, that contest was forfeited, while another encompassed the area of verification of mailing.

For those member schools still desiring to utilize the system for their records, a limited supply is available and can be requested from the CIF-SS Office.

COMMISSIONER'S CORNER



TOM E. BYRNES

WELCOME TO OUR 62ND YEAR!

As the Southern Section begins its 62nd year, I would like to welcome our 485 member schools with the wish that this year will be one of accomplishment, advancement, and enrichment for students and staffs alike—not only in the area of athletics but across the total educational spectrum.

It has been documented previously, but it is well to remember some of the history and heritage of our Southern Section. Founded conjunctively as a part of the parent California Interscholastic Federation on March 28, 1914, the Southern Section began with Seth F. Van Patten as the first Commissioner of Athletics.

"Founding Father" Van Patten guided the Southern Section through 37 years of growth that included the spawning of the Los Angeles City and San Diego sections in 1935 and 1959, respectively. Our present State CIF Commissioner of Athletics, William W. Russell, followed as the second Commissioner of Athletics from 1951-1954 before moving on to the State CIF Office.

J. Kenneth "Kenny" Fagans served as our third Commissioner for almost 21 years, 1954-75. Under his leadership, the Southern Section expanded from 219 schools with only 11 sports for boys to 458 schools with 22 sports for boys and girls.

What lies ahead for us? The CIF-SS will continue to grow in the foreseeable future, and this will mean that the services of the CIF-SS Office and Staff will have increased demands placed upon them. This is expected, and expansion of our office staff and capabilities has occurred over the years in order to keep pace with the needs of our schools and will continue to do so. We are here to serve.

INITIAL COUNCIL MEETING SET FOR RODGER YOUNG

Initial Council Meeting for the 1975-76 school year of the CIF Southern Section is set for Thursday, September 25th at the Rodger Young Auditorium in Los Angeles.

The opening gavel will sound at 8:30 a.m.

MINUTES OF CIF-SS EXECUTIVE COMMITTEE MEETING JUNE 21, 1975

The June Executive Committee Meeting of the Southern Section of the California Interscholastic Federation was called to order by Chairman Dr. Richard Cordano at 8:35 a.m., Saturday, June 21, 1975, at the Riviera Hotel in Palm Springs. All members were present, with the exceptions of Steve Miletich (Beverly Hills H.S.), Bruce Keuning (Valley Christian H.S.), and Joe Deal (South Hills H.S.).

1. Approval of Minutes: It was moved, seconded, and passed to approve the minutes of the Executive Committee Meeting of April 18, 1975 and April 30, 1975 as published in the May, 1975 issue of the "Monthly Bulletin."

2. Application For Membership: It was moved, seconded, and passed to approve CIF-SS membership for John Marshall H.S. for the 1975-76 school year as a pilot program, and that it be subject to review at the conclusion of said year and a report to the Executive Committee by a representative of the school district be made. It was further moved, seconded, and passed that all students enrolled in school on the first day of classes of September, 1975 be granted immediate eligibility, with any additional students after that date coming under all Eligibility Transfer Rules and Regulations.

3. Superintendent's Update: Dr. Lowell Jackson, Representative to the Executive Committee for Superintendents, reported on his plans for a newsletter to be mailed to all Superintendents (secondary and elementary) from the CIF-SS Office in August, and ensuing newsletters which would correspond with Council Meeting dates throughout the school year. He also recommended that the CIF-SS conduct a panel workshop every three years at the ACSA Convention.

4. Seasons of Sport: Mr. Jim Faul, Chairman of the Seasons of Sport Committee, outlined an action report his group will submit to the Executive Committee in September, and was further instructed to have the Committee continue its study, specifically in the area of number of contests.

5. Additional Council Meetings: Mr. Ted Gossard recommended the Executive Committee consider an additional Council Meeting date, due to the expansion of the CIF-SS programs and agenda items and that the Council Meeting site be alternated with other areas. Following discussion, it was moved, seconded, and passed to incor-

porate a special fourth meeting date for 1975-76, with the Commissioner to set the date.

6. Blue Book Regulations: Dr. Richard Cordano, Chairman, reviewed with the Executive Committee aspects of the "Blue Book" and the importance for member schools to understand all areas of enforcement. Following discussion, it was moved, seconded, and passed that the Commissioner develop a short orientation for the September, 1975 Council Meeting, dealing with the enforcement of the "Blue Book Rules and Regulations."

7. Guest Procedures: Mr. Kendall Webb, Administrative Assistant, outlined the possible need for a standard set of procedures to follow for guests making an appearance before the Executive Committee. Following discussion, it was moved, seconded, and passed to accept the report.

8. Mission Viejo Request: It was moved, seconded, and carried to deny the request of Mission Viejo H.S. to conduct its Cross Country Invitational at the three-mile distance.

9. Basketball Violations: Mr. Kendall Webb, Administrative Assistant, gave a follow-up report on four member schools (Coachella Valley, Palo Verde, Palm Springs and Indio) which were in violation of out-of-season spring basketball competition (Section II, Rule 4 of Boys' Sports Regulations) at a local community college. Following discussion, it was moved, seconded, and passed to deny competition in the first 1975-76 league contest to those boys who participated in the out-of-season competition. It was further moved, seconded, and passed to send the head coach and principal at the respective schools a letter of censure.

(Continued on Page Three)

California Interscholastic Federation,
Southern Section
11011 Artesia Blvd.—P.O. Box 488
Artesia, Ca. 90701
(213) 860-2414

Officers

Dr. Richard Cordano, Principal,
Arcadia High School,
Council President and Executive
Committee Chairman
Louie Joseph, Principal,
Canyon High School (Villa Park)
Vice President
Dr. Hanford Rants, Principal,
Gahr High School, Treasurer
Thomas E. Byrnes
Commissioner of Athletics
Bulletin Editor
Ray Plutko, Administrative
Assistant

EXECUTIVE COMMITTEE MINUTES

(Continued from Page Two)

and that the principal respond by letter to the Executive Committee the implementation of the compliance, listing the specific game, date, etc.

10. Soccer Violations: Mr. Kendall Webb, Administrative Assistant, reported on the findings of inadvertent all-star soccer violations (Article XXII, Section 4 of the Blue Book) by individuals of member schools. Following discussion it was moved, seconded, and passed to deny competition in the first 1975-76 league contest to those students who participated in the reported all-star soccer tryouts and that the principal respond by letter to the Executive Committee the implementation of the compliance, listing the specific game, date, etc.

11. Inquiry Report: Dr. Hanford Rants, Chairman of the Public-Private Committee, reported on an inquiry conducted by his group at a member school and the procedures utilized. Following discussion, it was moved, seconded, and passed that the Committee become active when a request is made in writing by the principal, or his designated representative, of a member school and submitted to the Commissioner's Office.

12. Soccer Requests: It was moved, seconded, and passed to approve the requests of Santa Barbara H.S. to play Santa Barbara City College and Dos Pueblos H.S. to play an alumni team in soccer for the 1976 season, with the games counted toward the allowable number of contests by each school.

13. Basketball Request: It was moved, seconded, and passed to recommend to the State Federated Council the approval of the request by the California School for the Deaf at Riverside to play its Arizona sister school in basketball for the 1975-76 season.

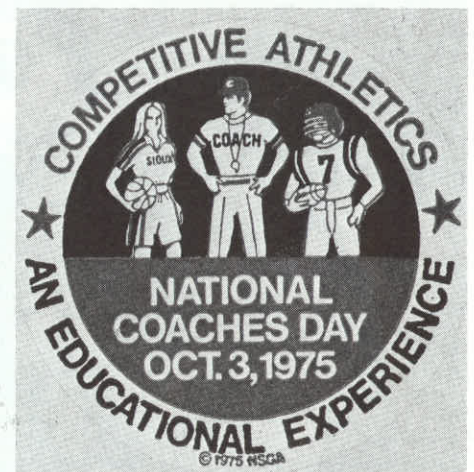
14. Marina H.S. Eligibility Appeal: Mr. and Mrs. Crandall Gudmundson appeared before the Executive Committee to appeal the eligibility ruling of their son Scott Gudmundson, now a student at Huntington Beach H.S. Following discussion, it was moved, seconded, and passed to uphold the original decision of the Executive Committee.

15. Inglewood H.S. Appeal: Mr. Alfred Harris, Track and Field Coach at Inglewood H.S., appeared before the Executive Committee to appeal his inclusion by the Bay League in the probation of its track and field coaches for entry card violations. Following discussion, it was moved, seconded, and

passed to defer action until the September, 1975 meeting, at which time Bay League representatives will appear before the Executive Committee.

16. AYSO Presentation: Mr. Larry Littleton, representative of AYSO, appeared before the Executive Committee to request consideration of dropping the All-Star Rule for soccer from the CIF-SS Rules and Regulations. Following discussion, it was moved, seconded, and passed that the president select a committee to study the All-Star Rule and to report back to the Executive Committee with a recommendation of its findings.

17. Pacifica H.S. Problem: Mr. Frank Starnes, Assistant Superintendent of the Garden Grove Unified School District, appeared before the



WHAT'S YOUR IDEA?

What are you doing at your school this year to honor the coaching staff and recognize it as part of the total educational program?

If you're looking for the ideal opportunity, then October 3rd is the target date—recognized across the United States this year as "National Coaches Day" for both men and women.

Come up with an idea, then let your student body faculty, administration and community know.

Executive Committee to review the case history and implementation of the State Federated Council's approval for waiver of Article VII of the CIF-SS Blue Book.

18. Athletic Injuries: Mr. Ferren Christensen, Executive Committee member, reported on his research in the area of pilot programs for the prevention and care of athletic injuries. Following discussion, it was moved, seconded, and passed that the president appoint a committee to explore the

areas of care and prevention of athletic injuries and to recommend to the Executive Committee as to the specific plan the Southern Section should take in its implementation.

19. Reorganization Plan: The Commissioner presented a progress report for the reorganization of the Executive Committee and area representation. Following discussion, it was moved, seconded, and passed to accept the progress report, with the final plan to be presented for review at the September, 1975 meeting of the Executive Committee.

20. Girls' Athletics: Margaret Davis, Administrative Assistant, reported to the committee on several areas dealing with Girls' athletics:

A. Executive Committee: It was moved, seconded, and passed that the procedure to be followed in the selection of a woman athletic director to the Executive Committee would be for resumes of the candidates to be given to the Nominating Committee, which would pare the number of candidates to three for final presentation at the September, 1975 CIF-SS Council Meeting.

B. Badminton: It was moved, seconded, and passed to add team championship play in badminton for the 1976 season.

C. Track and Field: It was moved, seconded, and passed to recommend to the September, 1975 Council Meeting for approval the combined Boys and Girls competition at the Prelims, Finals, and Masters' Meet for the 1976 season.

D. Track and Field: It was moved, seconded, and passed to follow the State format for rules (National Federation or DGWS) when set down for the Girls' 1976 Track and Field Season.

E. Sports Regulations: It was moved, seconded, and passed to support the CIF-SS Rule of unattached entries and to ratify at the September, 1975 Council Meeting, directions for the State Federated Council Representatives to call for the striking of track and field from the list where girls can compete unattached.

F. Officials' Fees: It was moved, seconded, and passed to recommend adoption of the officials' fees for Girls, with final approval at the September, 1975 Council Meeting.

G. Leaguings: It was moved, seconded, and passed to approve the requests of Chaminade H.S. moving from the Camino Real to the Delphic League and the separation of the Frontier-Tri Valley into two alignments, effective the 1975-76 season.

(Continued on Page Six)

ATHLETIC INJURIES BECOMING MAJOR TOPIC

Care and prevention of athletic injuries . . .

That phrase has become not only commonplace, but has taken on an air of paramount importance at the high school over the past few years as athletic departments attempt to keep abreast of the volume of new information being released.

In fact, a few areas within the CIF Southern Section have originated in-service workshops and clinics—one such program being offered by Pat Hansen at Downey Community Hospital.

Hansen describes below the specifics of his program and will offer any CIF Southern Section member school added information upon request:

The purpose of this program is to make contact with the allied medical personnel in the area who have responsibility for sports programs in their community.

MEMBER SCHOOLS EYE WORKSHOPS, CLINICS FOR CARE, PREVENTION

The program is focused at training, preventative health procedures, injury recognition, first aid, appropriate definitive care and principles of athletic rehabilitation. Thus, it is intended to educate the coach, trainer, school nurse, etc. in current principles of athletic health care.

The entire program will be under the auspices of Downey Community Hospital and the specific organizational framework of this program is centered upon weekly conferences and clinics to be held Saturday mornings beginning in September. A curriculum of presentations will be made up which roughly parallels the sports interest of the season and thus discusses potential injuries particularly relevant to the sports programs.

The format will be such that the morning will be divided into three parts. Each Saturday will initiate with a clinic in which coaches and trainers would be encouraged to bring athletes for demonstration and opinion. There is no fee charged to the patient for the evaluation, in that he would be used to demonstrate various points to the class.

Following this segment, there will be a formal presentation in which a physical therapist will discuss the structure and function of a particular topic (for example, the knee), followed by a physician who will discuss diag-

nosis and mechanisms of repair, etc. Audio visual aids pertinent to the particular topic will also be utilized to give a comprehensive program.

The conclusion each Saturday will be a workshop in which a certified athletic trainer will discuss prevention, conditioning rehabilitation, etc., and it is during this time the members present will have the opportunity to work with one another. It is anticipated each session will last 2½ hours.

To date, a number of recognized individuals, including orthopedic surgeons, physical therapists and certified athletic trainers have consented as

guest speakers.

Topics included on the agenda will cover such areas as the ankle, knee, heat exhaustion, back injuries, spinal injuries and the shoulder.

Needless to say, Hansen has an extensive program outlined and at the last Executive Committee Meeting of the CIF Southern Section, it was noted member schools should make every effort to explore similar programs in their areas. The CIF-SS Office is also working on a format for a possible orientation meeting in the realm of care and prevention of athletic injuries.



Lou Hoyos (right), trainer at Alta Loma H.S., checks student-athlete Roland Mamea with proper techniques in care and prevention of injuries.

AREA OF CONCERN RE-DEFINED

CONTACT WITH PRE-HIGH SCHOOL STUDENTS

Over the past few years a number of questions have been raised in the area of contact between representatives of senior high schools and pre-senior high school students.

In an effort to eliminate possible misunderstandings in determining the relationship between high school coaches and students at the elementary and junior high school levels, the CIF Southern Section has re-defined its interpretation (May 1, 1975 Council Meeting), effective September 1, 1975:

It is legal during the regular school day for a high school coach to give instruction in any sport but football, to seventh and eighth grade elementary, or seventh, eighth and ninth grade junior high school students with the approval of the high school and the ele-

mentary and junior high school principal, so long as that instruction is not with the high school team.

However, coaches will NOT be permitted to conduct clinics, open houses or orientations for the aforementioned students at any time during the school year.

Additionally, outside the regular school day, during the school year, the high school coach will NOT be permitted to associate with these students for the purpose of learning or practicing the skills of the sport which the coach instructs. This would include instructing such students for recreation or semi-recreational organizations such as the AAU, YMCA, City Recreation or other similar groups.

RECORDS' PUBLICATION FOR CIF SOUTHERN SECTION STARTING 1976 UPDATING

Without question, one of the most voluminous documents in the CIF Southern Section Office is the Press Guide and Record Book.

The publication, which lists all records for both Boys and Girls' athletic competition in the Southern Section, is published every two years, but the updating procedure is an on-going process.

Next issue of the Press Guide and Record Book will be the Fall of 1976—one that will enlarge a number of the items under each specific sport and a publication that will contain a number of photographs of those individuals holding the top marks.

Coaches and athletic directors are asked to start compiling their information at this time and over the 1975-76 school year, an updated information sheet will be mailed to each member at the conclusion of the respective seasons of sport.

Any glossy, black and white photographs of individuals holding records from your school—regardless of how far back it goes—would be appreciated by the CIF-SS Office and they will be returned upon use.

If there are any new categories in your respective sport, please let this Office know so that we might include it in our mailout.

Coaches, when filing for a record, should do so on school stationary—detailing the date, site, opposing team, the mark, first and last name of the athlete if involved and all other pertinent information. It is also recommended that a copy of the newspaper article or official scorebook, etc. be included with the application for record to be maintained on file.

Coaches should also make note that record application in swimming and diving, plus track and field for National Interscholastic consideration require special forms and they are available from the CIF-SS Office or the National Federation Office in Elgin, Ill.

PORTABLE SCOREBOARD, WRESTLING MAT FOR SALE

If a wrestling mat and portable scoreboard are on your "Items Needed" list, then here's a sure way to complete your inventory and save money at the same time.

San Jacinto High School has a 24 x 24 wrestling mat in excellent shape for sale and further information may be obtained by contacting Athletic Director Jack Guyman at the school—(714) 654-7374.

East Avenue J.H.S. in Arcadia has

BOYS' PLAYOFF CALENDAR FOR 1975-76

SPORT	DIVISIONS	DATES
Football	4A, 3A, 2A	Nov. 21, 28; Dec. 5, 12, 19
	1A	Nov. 21, 28; Dec. 5, 12
	Eight-Man	Nov. 14, 21, 28
Cross Country	Prelims	Nov. 22
	Finals	Nov. 29
Water Polo	4A, 3A	Nov. 21, 25, 28; Dec. 2, 5
	Free Lance Tourney	Feb. 14
	Prelims	Feb. 21
	Finals	Feb. 28
Soccer	State CIF Meet	Mar. 5, 6
	Varsity	Feb. 24, 27; Mar. 2, 5, 12
	4A	Feb. 27; Mar. 2, 5, 12, 13
Basketball	3A, 2A, 1A	Feb. 27; Mar. 2, 5, 9, 13
	Swim Relays	
	Prelims	Jan. 24
Swimming & Diving	Finals	Jan. 30
	Championship Meet	
	Free Lance	Mar. 25
Gymnastics	4A, 3A Prelims	Mar. 31
	Diving Prelims-Finals	Apr. 2
	4A, 3A Finals	Apr. 2
Track & Field	Team	May 7, 11, 18
	Individual	
	Prelims	May 14
Baseball	Finals	May 21
	Prelims	May 14 or May 15
	Finals	May 21 or May 22
Golf	Masters Meet	May 28
	State CIF Meet	June 4, 5
	4A, 3A, 2A	May 14, 18, 21, 26; June 2
Tennis	1A	May 11, 14, 18, 21
	Team Prelims	May 17
	Individual & Team Finals	June 1
Volleyball	CIF-SCGA Tourney	June 7
	Individual Tourney	May 29; June 5
	4A, 3A	May 14, 18, 21, 25, 28
	2A	May 11, 14, 18, 21
	Varsity	May 14, 18, 21, 28

LET THE CIF-SS OFFICE DO IT

WHY NOT MAKE YOUR DAILY ROUTINES EASIER?

You say it's service you're after?

If you're wondering what the CIF Southern Section Office can do for you—the individual member school—there are three areas of service that could make your job easier.

Each year a number of last-minute changes occur prior to the opening of school, and for that matter, during the entire term as well. One of these is a new telephone listing and you'll have to admit it's a troublesome task indeed to note that change to the other 484 Southern Section schools.

However, if you'll just let this Office know, we'll do it for you and it's free of charge. Each month a separate flyer is sent to each school, listing any changes in telephones, administrative

a digital portable scoreboard for sale, one that is already on a trailer and the entire unit measures roughly 5 x 11. For further information, contact John Bogut at the school, (213) 446-0131.

posts and/or coaching changes.

Another area in which this Office can be of service is that of advertising any coaching vacancies at your respective school—in both the men's and women's athletic departments.

This Office receives a number of calls each week from teacher/coaches desiring to change locations or to move up to a head coaching position and a list of all openings is sent to the building principal of all our member schools each month.

And if you're having trouble finding a Frosh football game or an extra basketball tournament, let us do it for you. Simply call in your openings and we would be happy to include them in our monthly mailout. All we ask is that you let us know when the game has been filled.

Why not concentrate your efforts in other areas and let our Office take care of some of those routine chores for you this year?

FORMAT SIMPLE TO CIF-SS SANCTIONED EVENTS

Invitational tournaments have provided one of the most rapid growth areas in the CIF Southern Section over the last few years and though seemingly routine enough, it is probably one of the most questioned areas in terms of correct procedures to follow.

As a basic premise, invitational meets, tournaments, carnivals, etc., that involve representatives from four or more schools of more than one league, must be sanctioned by the Southern Section Office.

Possibly, it would be appropriate to answer one of your questions at this point—one that is most often asked:

"If a league that has eight schools decides to conduct a tournament in a given sport, does it require sanction approval by the CIF-SS Office?"

EXECUTIVE COMMITTEE MINUTES

(Continued from Page Three)

21. **Royal H.S. Request:** The Commissioner reported to the Executive Committee on a request by Royal H.S. for the fielding of a combined ninth grade team from a multi-campus structure. Following discussion, it was moved, seconded, and passed to deny the request.

22. **San Clemente H.S. Request:** It was moved, seconded, and passed to approve the request of San Clemente H.S. for students from San Onofre to compete on an inter-district transfer for the 1975-76 school year.

23. **Football Scrimmage:** It was moved, seconded, and passed to approve the request for a three-way football scrimmage between the three junior high schools of the Arcadia Unified School District for the 1975 season.

24. **Hawthorne H.S. Request:** It was moved, seconded, and passed to grant re-instatement of full eligibility to Kim Buetel of Hawthorne H.S., in accordance with Eligibility Committee action of October 3, 1974 for violation of the Amateur Rule (Article XVI of CIF-SS By-Laws).

25. **Basketball Request:** It was moved, seconded, and passed to approve the request of Antelope Valley H.S. for its Freshman Basketball Reserves to play outside eighth grade teams on the 1975-76 season, due to travel and lack of other similar teams in the area.

26. **La Canada H.S. Request:** It was moved, seconded and carried to

The answer is simple and to the point—NO! Keep in mind, one of the conditions of the basic premise is that the tournament must involve the minimum number of schools from MORE than one league in order to require sanction approval.

One area often overlooked in the request for approval of a sanction event is that it must be submitted to the CIF-SS Office (in triplicate) on the correct form at least 60 days prior to the event.

Many schools maintain forms in their files, but it would be good to point out that the approved form went through a face-lifting this past year and a supply of the new format is available upon request from the Southern Section Office.

recommend to the State Federated Council, approval for La Canada H.S. to play a team from Australia in basketball during the 1975-76 season and to have it count as one of its allowable number of contests.

27. **Channel League Request:** It was moved, seconded, and passed to approve the request of the Channel League, for girls to compete in the sport of cross country on an experimental basis for the 1975 season.

28. **State Report:** Ferren Christensen, Representative to the State Federated Council, reported on the approval of Regional Playoffs between the Southern, L.A. City, and the San Diego sections in the sports of wrestling and track for 1976-77 as qualifying

GIRLS' FEDERATION RULES AVAILABLE UPON REQUEST

Although National Federation Rules for Girls' in the CIF Southern Section won't take effect until the 1976-77 season, a limited supply of the rules in the sports of basketball and volleyball are available in the CIF-SS Office.

Of particular concern would be those schools planning on ordering new uniforms. It is recommended that the women athletic directors request a copy of the National Federation Rules in those sports to make certain the specifics in uniform color, markings, etc. conform with their orders to the various companies.

It is also recommended that schools conducting invitational tournaments submit their sanction requests prior to the close of school the preceding year in that the Southern Section Office publishes a list of all approved sanctioned events each September—one that proves beneficial to member schools and the Media as well.

Two other key suggestions in the filing for sanction-event approval are to make certain the signatures of BOTH the tournament director and principal are included and that the school participants listed on the form are contacted as to their availability prior to submitting the form.

For further information, athletic directors are encouraged to become familiar with Article XXI of the Blue Book.

meets for the State CIF Playoffs and the option in other sports by individual sections after the 1976-77 season.

29. **Eligibility Cases:** It was moved, seconded, and passed to approve the Eligibility Report of the Commissioner and to waive the transfer rule for the following students:

Keith Severino, Glendora H.S.

Ramon Gonzales, Aviation H.S.

It was further moved, seconded, and passed to accept the Eligibility Report of the Commissioner and to Deny the Transfer Rule for the following students:

Dwayne Hall, Morningside H.S.

Carl Harrison,

Western Christian H.S.

John Berumen, St. Paul H.S.

30. **Special Appreciation:** The Executive Committee made a special note of appreciation for the outstanding services of Alex Alexander, Jim Faul, and Roger Weeks as outgoing members of the Committee.

31. **Financial Report:** Dr. Hanford Rants, Treasurer, submitted his projected 1975-76 budget for the Southern Section. Following discussion, it was moved, seconded, and passed to recommend to the September 1975 Council Meeting, the approval of the budget as submitted.

Respectfully submitted,

Ray Plutko

Administrative Assistant

Approved:

Thomas E. Byrnes
Commissioner

COACHES CORNER



NATIONAL FEDERATION RULES

DIVING DRAWS MAJORITY OF CHANGES FOR 1976

If you're a swimming and diving coach, better brush up on the new 1976 National Federation Rules, with the majority of changes coming in the area of diving.

At least, that is where the major thrust of the Rules Committee came this time around, with the following just a segment of the changes for the upcoming prep campaign:

NEW FILM PRODUCTIONS IN FOOTBALL, VOLLEYBALL

If you're in the area of football or volleyball, then possibly the CIF Southern Section Office can enhance your program with two new films that have been added to our library.

"Goal to Go" is the new football production, while "Volleyball Today" is a newly released film—both covering National Federation Rules and Regulations, plus team play.

Both films are in color and 28 minutes in length.

NEW RULE APPLIES TO WINTER BASEBALL LEAGUES

"Winter Leagues" in baseball have become almost commonplace with CIF Southern Section member schools of late, but coaches of the sport are asked to familiarize themselves with a new CIF-SS Blue Book ruling—effective with the 1975-76 school year.

Under the ruling, no representative of a member high school shall organize, sponsor or coach a team in a winter baseball league in which students with remaining baseball eligibility at their school are participating.

As for students, a player with remaining eligibility may participate on a church-sponsored or recreation-sponsored team in a winter league, as long as that team does not have on its roster more than four potential members of the player's high school team.

Background for the rule, which was approved by the Southern Section Council, stemmed from the fact that schools were gaining a distinct advantage by having their potential team compete as a unit on the same recreation-sponsored club and playing a full schedule of games. The new rule now brings baseball in line with a similar regulation for basketball as contained in the Blue Book.

INITIAL WEEK OFTEN HECTIC

CHECKLIST ONE METHOD OF STARTING SCHOOL YEAR

Often times the initial week of a new school year is a hectic one, with faculty meetings, practice sessions for the fall sports and a mound of paperwork the usual format.

Possibly one method of making certain no item is overlooked is that of developing a checklist, with the following items ones you might include:

1—Have all transfer students approved before allowing them to participate.

2—Call an early meeting of your coaching staff and discuss carefully the 1975-76 Blue Book Rules and Regula-

tions for the CIF Southern Section.

3—Compile an accurate eligibility list for each sport and give a copy to each member of the faculty and administration.

4—Set up plans to keep accurate records of player participation by season.

5—Check all athletic contracts. Send a form letter, with time, place and date of games to all schools on your schedule with request that you be notified immediately if opponent's record differs from yours.

6—Make certain to contact your local Media (newspaper and radio), giving them an updated copy of your schedule, roster and names of coaches. remember, they sell your program with free publicity!

7—Schedule two or three good assembly programs built around the theme of good sportsmanship. You might even consider an exchange—assembly with one of your opponents.

8—Designate one person from your school to contact the CIF Southern Section Office when questions occur. Many times a duplication in calls are made and a breakdown in communication occurs.

CLINICS, SEMINARS LISTED FOR COACHES, ATHLETIC DIRECTOR ASSN.

Clinics and seminars have become popular items in the coaching ranks throughout the CIF Southern Section over the past few years and this Office has had a number of inquiries as to the dates and sites of upcoming programs.

To date, three have listed their programs with the CIF-SS Office and the information as follows:

BASKETBALL—Southern California Basketball Coaches Association annual Fall Clinic, billed for September 20th at Orange Coast College. Program to start at 8:30 a.m. For further information, contact President Dick Schreiber at Beverly Hills H.S. (213) 277-5590.

BASKETBALL—National Basketball Coaches Clinic, set for October 10-11 at Anaheim Sheraton Hotel.

BASKETBALL—Annual UCLA Clinic and Team Preview, slated for October 18th at Pauley Pavilion.

Athletic Directors and coaches knowing of clinics in their respective sports are asked to notify this Office for publication in the "Monthly Bulletin."

Information on Athletic Director Associations throughout the Southern Section will also be published when material is supplied.

CAUTION: PLAN NOW FOR '76 GRID CHANGES



CIF SOUTHERN SECTION STUDENT ART CONTEST PROVES MAJOR SUCCESS

Thanks to helping hands from the Kalos Kagathos Foundation and the Laguna Beach Museum of Art, the inaugural CIF Southern Section sports art contest was a huge success.

Over 200 entries answered the call and the 10 award winners—all granted \$100 prizes—will have their pieces for possible use on CIF-SS publications.

Winners of the inaugural contest are:

Martin Johnson, Hoover H.S.
Shirley Vickonoff, Monte Vista H.S.
Valerie Avena, Hawthorne H.S.
Philip Buck, Edison H.S.
Marc Lemoine, Edison H.S.
Lisa Alton, Mira Costa H.S.
Jon Ktaguchi, Santa Barbara H.S.
John Benson, Sunny Hills H.S. (winner of two awards).

Sharon Freeman, Katella H.S.
Each entry was part of a special showing at the Laguna Beach Museum of Art, with two of the award winners and two additional pieces currently displayed on the front cover of the 1975-76 CIF-SS Directory of Member Schools.

ATTENTION athletic directors, football coaches and administrators charged with the responsibility of approving athletic contracts . . .

September and October are usually the hectic months in terms of lining up athletic contests for the following Fall term and those responsible for this area are asked to make a special note of a CHANGE in the 1976 FOOTBALL calendar.

By action of the CIF Southern Section Council at the May 1, 1975 meeting, the starting date of football prac-



Margaret Davis, CIF-SS Administrative Assistant, presents top trophy to Barb Millar of Agoura—the 1975 all-around gymnastics winner.

PAY OFFICIALS BEFORE THEY WORK CONTEST

Athletic directors responsible for giving officials their checks in connection with athletic contests should be considerate to insure that checks are in the hands of the officials BEFORE THE CONTEST.

To wait until after the contest has ended frequently causes serious inconveniences for the officials involved.

tice for the 1976 season was moved up one week in order to complete the playoffs on a week earlier than Christmas.

The following dates will hold true for the 1976 season:

'DEAD WEEK'—This period, which restricted contact between football coaches and potential team members the calendar week proceeding "Conditioning Week" has been eliminated, effective August, 1975.

'CONDITIONING WEEK'—This week, which is optional, will begin Monday, August 23rd and run through Friday, August 27th.

'FALL PRACTICE'—Organized football practice, which includes all equipment, may begin Monday, August 30th. No practice or instruction of any kind may be conducted on a Sunday. Practice is permissible on Labor Day, Monday, September 6th.

'SCRIMMAGE DATE'—The first allowable date for an interscholastic scrimmage is Friday, September 10th.

'FIRST GAME'—The initial date in which a school may schedule an interscholastic contest is Thursday, September 16th.

'PLAYOFFS'—The initial playoff date in football for the 1976 post-season calendar will be November 12th for 4A, 3A, 2A and 1A. The first playoff date in the Eight-Man Division will be November 5th.

Athletic directors, coaches and administrators are again reminded to verify their contract dates—including contracts that may currently be in existence and extend through the 1976 season—and the starting and ending dates of league schedules.

The change in dates pertain ONLY to the sport of FOOTBALL and do not apply to any other Fall season of sport for Boys or Girls.

GIRLS' TOTAL PROGRAM NEARS PROPER FOCUS

(EDITOR'S NOTE: The following is a guest editorial by Alex Alexander, principal of Desert Sands H.S. and an out-going member of the CIF-SS Executive Committee).

Participation in Girls' athletics continues to increase in the CIF Southern Section, with the majority of schools now fielding representative teams.

A total program is nearing reality with the problems of leaguings, assignment of officials, qualified coaches, coaching pay and seasons of sport now coming into proper focus.

Medical science has shown that athletic competition is not harmful, but beneficial to females. The Girls are proving their interest and desire by an ever-increasing participation when the competition is provided at the respective school levels.

The courts and the Federal government are telling schools they must have equal opportunities for Girls in the field of athletics. The Girls want this opportunity and it is our responsibility to provide it to them.

Those who claim we are moving too fast should realize that the State CIF adopted by-laws and guidelines for Girls' sports as far back as 1967. Much

time and effort since then has resulted in a program for the Southern Section that includes CIF championships in nine sports for Girls, organized leagues, plus by-laws and rules consistent with those established for Boys.

It is from this foundation we need to build—one that has brought a number of inquiries from other states has to our organization and seeking information for the spawning of their Girls' programs.

Contribute your individual talents and make the Southern Section a viable organization in Girls' athletics.

NINE ASSIGNMENT COMMISSIONERS

NEW DIMENSION FOR GIRLS' ATHLETICS

In an effort to improve the overall organization of the rapidly growing Girls' athletic program, the CIF Southern Section has approved the appointment of nine area Assignment Commissioners for Officials.

Their responsibilities will cover the assignment of officials in all Girls' sports for their specific area and over the next few weeks will be contacting member schools for schedules, etc.

The Assignment Commissioners by area are:

CITRUS BELT-FOOTHILL—Mr. Walt Atcheson (213) 966-8331.

LOS ANGELES COUNTY—Mr. Bob Herrold (213) 248-4859 or (213) 249-5871.

ORANGE COUNTY—Ms. Kim Trickett (714) 897-3992.

RIVERSIDE-SAN BERNARDINO—Mr. Chet Nicholson (714) 736-3241.

SAN FERNANDO VALLEY—Ms. Pat Wells (213) 249-5871 or (213) 242-9582.

SAN LUIS OBISPO—Mr. Don Wilson (805) 922-7711 or (805) 937-5453.

SANTA BARBARA-VENTURA

LOS ANGELES, ORANGE SET VOLLEYBALL CLINICS FOR MEMBER COACHES

Two area Women Board of Officials—the Los Angeles and Orange associations—have set their Fall sessions for the sport of volleyball.

The initial meeting for coaches in the Los Angeles sector will cover rules interpretation and is set for two sites. The initial session will be held September 22nd in Montebello H.S. dance room (6:30 p.m.) and the second meeting is set for Cal State University at Los Angeles on September 27th (10 a.m.).

For the Orange sector, rules interpretation and techniques are slated for September 13th at Western H.S.

The evaluation meeting for Orange will be held September 20th at the same Western H.S., while the General Board Meeting to inaugurate the new school term is billed for September 10th at the Orange Coast College cafeteria.

Further information for the Orange dates may be received by contacting Gerry Livsey (714) 546-3416, while the volleyball chairperson for Los Angeles is Linda Davis (213) 332-7453.

Clinics for the Winter sports will appear in a later "Monthly Bulletin" of the CIF Southern Section Office.

FEMININE FOCUS



—Mr. Cal Houston (805) 642-2151 or (805) 646-6592.

SOUTH BAY—Mr. Ken Wilson (213) 370-5421 or (213) 376-5118.

UPPER DESERT—Mr. Walt Dye (805) 822-3228 or (805) 822-5818.

New information related to assignment policies may be found in the 1975-76 Blue Book as well as the new fee schedule for officials of Girls' sports.

Although a shortage still exists of trained officials, a coordinated effort is being made by each Assignment Commissioner to fill the voids.

VOLLEYBALL ASSOCIATION FOR OFFICIALS FORMED

If you're interested in officiating volleyball, a new association has been formed under CIF-SS guidelines for both Boys and Girls' competition.

Initial meeting for Girls' NAGWS is September 3rd with the Boys' Federation meetings starting October 22nd.

For further information, contact Gene Smith, Secretary-Treasurer, at (213) 429-8393.

GIRLS EYE TOP CROSS COUNTRY AFFAIR

It's billed as the second annual Southern California Girls' cross country championship and if the recent interest in the sport is any indication, this year's running should be quite an affair.

Ojai is the site of this year's running, set for Saturday, November 1st. There were 22 representative teams in the inaugural, but with the interest in this year's field, the meet will be divided into 4A, 3A and 2A divisions. Not only will there be a varsity segment, but a J.V. classification is also on the agenda to accommodate the number of underclassmen.

Nordhoff High School has provided the use of its gymnasium for those coaches who would like to have their teams stay overnight and the program would not be complete if one didn't mention the commemorative awards that will be presented to individual as well as team champions.

Further information may be received by contacting Martin Young at Chaparral H.S. in Ojai (805) 646-5131.

GIRLS' 1975-76 ATHLETIC CALENDAR

SPORT	NUMBER	PRACTICE BEGINS	CONTESTS BEGIN	LEAGUE PLAY ENDS	CIF-SS PRELIMS	CIF-SS FINALS
Volleyball	18*	Sept. 1	Sept. 10	Nov. 11	Nov. 15-18-20-22	Nov. 25
Tennis Individual	18	Sept. 1	Sept. 10	Nov. 14	Nov. 22	Dec. 6
Tennis Team	18	Sept. 1	Sept. 10	Nov. 14	Nov. 20-24-26; Dec. 2	Dec. 4
Field Hockey	16*	Nov. 10	Nov. 19	Jan. 12	Jan. 17-20-22	Jan. 24
Basketball	18*	Jan. 12	Jan. 26	Mar. 26	Mar. 31; Apr. 2-6-8	Apr. 10
Track & Field	9	Feb. 2	Feb. 13	May 7	May 15	May 22
Gymnastics Ind.	14	Feb. 2	Feb. 16	May 3	May 15	May 22
Gymnastics Team	14	Feb. 2	Feb. 16	May 3	May 8-11-13	May 18
Badminton	16	Mar. 15	Mar. 24	May 14	May 22	May 29
Swimming & Diving	12	Mar. 15	Mar. 24	May 14	May 21	May 29
Softball	18*	Mar. 22	Apr. 5	May 21	May 25-27-29; June 1	June 3

*—This number includes tournaments and/or invitational.

BOYS' POST-SEASON PLAYOFF DIVISIONS SET

Divisions for the Boys' post-season playoff competition have been set for the 1975-76 school year, with 8 of the 13 approved sports in the CIF Southern Section coming under two or more categories.

Each year the Playoff Committee reviews the overall alignment of the member leagues and recommends to the Southern Section Council for final approval.

The recommendations are made after a thorough study in which the following points are considered:

1. Average enrollment of boys in the upper three grades of each school in the league.
2. Number of schools in each league.
3. The school in each league with the greatest number of boys in the upper three grades.
4. The record made by representatives from each league in last year's playoffs.

Football will again encompass the largest number of divisions, with the five categories of 4A, 3A, 2A, 1A and Eight-Man. Cross Country, Basketball and Baseball will have four divisions; Tennis has three divisions; while Water Polo and Swimming and Diving will be in two divisions.

In the sports of golf, gymnastics, soccer and volleyball, there is one playoff division, due to small number of leagues deciding champions. In the area of wrestling, the team champion will again be decided at the tournament finals for individual weights, which also serves as the qualifying meet for the CIF State Tournament.

Divisions in track and field will again fall into three categories, but they have yet to be submitted to the Council for final approval.

BOYS' PLAYOFF DIVISIONS FOR 1975-76

FOOTBALL		CROSS COUNTRY		WATER POLO		BASKETBALL		BASEBALL		TENNIS	
4A Division		4A Division		4A Division		4A Division		4A Division		4A Division	
1. Angelus		1. Angelus		1. Bay		1. Angelus		1. Angelus		1. Bay	
2. Bay		2. Bay		2. Century		2. Bay		2. Bay		2. Century	
3. Channel		3. Century		3. Channel		3. Camino Real		3. Century		3. Channel	
4. Citrus Belt		4. Channel		4. Citrus Belt		4. Century		4. Channel		4. Citrus Belt	
5. Del Rey		5. Citrus Belt		5. Empire		5. Channel		5. Citrus Belt		5. Del Rey	
6. Empire		6. Empire		6. Freeway		6. Citrus Belt		6. Del Rey		6. Empire	
7. Marmonte		7. Foothill		7. Foothill		7. Del Rey		7. Empire		7. Foothill	
8. Moore		8. Marmonte		8. Marmonte		8. Empire		8. Foothill		8. Freeway	
9. Pacific		9. Moore		9. Moore		9. Foothill		9. Marmonte		9. Marmonte	
10. Sierra		10. Pacific		10. Pacific		10. Moore		10. Moore		10. Moore	
11. Sunset		11. Sunset		11. San Gabriel Valley		11. Pacific		11. Pacific		11. Pacific	
				12. South Coast		12. Sunset		12. Sunset		12. Sierra	
				13. Sunset						13. Sunset	
3A Division		3A Division		3A Division		3A Division		3A Division		3A Division	
1. Camino Real		1. Del Rey		1. Garden Grove		1. Freeway		1. Camino Real		1. Garden Grove	
2. Century		2. Freeway		2. Ivy		2. Garden Grove		2. Freeway		2. Golden	
3. Foothill		3. Garden Grove		3. Los Padres		3. Golden		3. Garden Grove		3. Ivy	
4. Freeway		4. Golden		4. Montview		4. Ivy		4. Golden		4. Mission Valley	
5. Garden Grove		5. Ivy		5. Northern		5. Marmonte		5. Ivy		5. Mission Valley	
6. Ivy		6. Northern		6. Ocean		6. Mission Valley		6. Mission Valley		6. Montview	
7. Mission Valley		7. Ocean		7. Orange		7. Northern		7. Montview		7. Northern	
8. Northern		8. San Antonio		8. Parochial		8. Ocean		8. Northern		8. Pioneer	
9. Ocean		9. San Gabriel		9. Pioneer		9. San Antonio		9. Ocean		9. Rio Hondo	
10. Rio Hondo		10. Sierra		10. San Antonio		10. San Gabriel		10. Pioneer		10. San Antonio	
11. San Antonio		11. Whitmont		11. Rio Hondo		11. Santa Fe		11. San Antonio		11. San Gabriel	
12. Whitmont				12. Whitmont		12. Sierra		12. San Gabriel		12. Suburban	
13. San Gabriel						13. Whitmont		13. Sierra		13. South Coast	
								14. Whitmont		14. Whitmont	
2A Division		2A Division		SWIMMING		2A Division		2A Division		2A Division	
1. Desert Valleys		1. Desert Valleys		4A Division		1. De Anza		1. De Anza		1. Arrowhead	
2. Frontier		2. Frontier		1. Bay		2. Desert Valleys		2. Desert Valleys		2. De Anza	
3. Golden		3. Hacienda		2. Century		3. Frontier		3. Frontier		3. Desert-Inyo	
4. Hacienda		4. Mission Valley		3. Channel		4. Hacienda		4. Hacienda		4. Desert Valleys	
5. Montview		5. Montview		4. Citrus Belt		5. Montview		5. Montview		5. Frontier	
6. Orange		6. Orange				6. Olympic		6. Olympic		6. Hacienda	
7. Pioneer		7. Pioneer				7. Orange		7. Orange		7. Los Padres	
8. San Andreas		8. Rio Hondo				8. Pioneer		8. Rio Hondo		8. Olympic	
9. Santa Fe		9. San Andreas				9. Rio Hondo		9. San Andreas		9. Orange	
10. South Coast		10. South Coast				10. San Andreas		10. Santa Fe		10. Prep	
11. Suburban		11. Suburban				11. South Coast		11. South Coast		11. San Andreas	
						12. Suburban		12. Suburban		12. Tri-County	
										13. Tri-County	
										13. Tri-County	
1A Division		1A Division		3A Division		1A Division		1A Division		1A Division	
1. Arrowhead		1. Arrowhead		All Others		1. Academy		1. Academy		1. Academy	
2. Chaparral		2. Camino Real				2. Arrowhead		2. Arrowhead		2. Arrowhead	
3. De Anza		3. Chaparral				3. Chaparral		3. Chaparral		3. Chaparral	
4. Desert-Inyo		4. De Anza				4. Delphic		4. Delphic		4. Delphic	
5. Los Padres		5. Desert-Inyo				5. Desert-Inyo		5. Desert-Inyo		5. Desert-Inyo	
6. Olympic		6. Los Padres				6. Free Lance		6. Hi-Lo		6. Hi-Lo	
7. Tri-Valley		7. Olympic				7. Hi-Lo		7. Olympic		7. Olympic	
8. Free Lance		8. Pinon				8. Los Padres		8. Pinon		8. Pinon	
		9. Prep				9. Pinon		9. Prep		9. Prep	
		10. Santa Fe				10. Prep		10. Tri-County		10. Tri-County	
		11. Tri-Valley				11. Tri-County		11. Tri-Valley		11. Tri-Valley	
		12. Liberty				12. Tri-Valley		12. Free Lance		12. Free Lance	
		13. Christian				13. Liberty		13. Liberty		13. Liberty	
						14. Christian		14. Christian		14. Christian	