



MONTHLY BULLETIN

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No. 2



**JIM TUNNEY, KEYNOTE SPEAKER
ATHLETIC ADMINISTRATORS SYMPOSIUM
OCTOBER 10, 1978**

COMMISSIONER'S CORNER



T. E. BYRNES

PAYMENT OF COACHES

There has been some confusion primarily because of Proposition 13 as to what can or cannot be done in the area of payment for athletic coaches' time, under CIF rules.

In order to clarify this issue, this month's Commissioner's Corner will give an official interpretation of the rule.

"A coach may not be reimbursed for their services from any source other than from school funds, nor be subject to any bonus arrangement dependent upon the success of their teams."

As stated in the rule, a coach cannot receive, for services, payment other than from school funds for coaching a high school team. However, there is no CIF-SS prohibition against the school accepting monies from organizations, such as booster clubs, with **no strings attached** and using all or part of such monies for their own purposes including coaches' salaries. As we all know, however, there is a spirit and intent to our rules and we would assume that such contributions were not contingent upon the school paying the salary of the coach.

Furthermore, the question has been raised whether outside booster groups, etc. can pay directly for other after school athletic expenses such as transportation, officials, etc. There is no CIF-SS rule which would prohibit this except in sanctioned events; however, we would strongly advise that any of these outside organizations would restrict their efforts to raising the money and turning it over to the school administration for distribution in order that there be no misunderstanding or questions of control regarding interscholastic athletic programs.

MINUTES OF THE CIF-SS EXECUTIVE COMMITTEE MEETING AUGUST 21, 1978

The Executive Committee Meeting of the Southern Section of the California Interscholastic Federation was called to order by Chairman Tony Balsamo at 1:30 p.m., Monday, August 21, 1978 in the CIF-SS Office. All members were present with the exception of Jim Faul.

1. **APPROVAL OF MINUTES:** It was moved, seconded and passed to approve the minutes of the Executive Committee of June 19, 1978 as published in the September issue of the Monthly Bulletin.

2. **BOYS' ATHLETIC DIRECTOR UPDATE:** Mr. Clyde Francisco, representative to the Executive Committee, highlighted areas concerning Boys' athletics, with major focus on adjustments brought about by the passage of Proposition 13. The positive note is that varsity sports have not been reported curtailed by member schools as of this date.

3. **SUPERINTENDENT'S REPRESENTATIVE:** Dr. Lou Joseph apprised the Committee that four of the five superintendents contacted have expressed interest in the vacant position of the unexpired term on the Executive Committee. Following discussion it was moved, seconded and passed that the chairman establish a committee to interview the four candidates and report back at the September 21 meeting with a recommendation to fill the position.

4. **GLENDALE HIGH SCHOOL REQUEST:** It was moved and seconded to deny a waiver of Article X, Section 3 of the scholastic eligibility rules, on behalf of Glendale High School.

5. **NON-TRADITIONAL PROGRAMS:** Discussion was held relative to the interpretation of scholastic eligibility as it relates to schools conducting non-traditional programs. Following discussion the matter was referred to the Blue Book Committee for further study and recommendation.

6. **MULTI-CAMPUS REQUEST:** Discussion was held relative to the request of Hemet, Perris, Victor Valley and Apple Valley high schools with reference to their multi-campus agreements with their respective junior high schools and the curtailing of all freshman sports. Following discussion it was moved, seconded and passed to poll the State Federated Council members for approval until the October meeting.

7. **INDIO HIGH SCHOOL WATER POLO QUESTION:** Discussion was held relative to a review of an undue influence violation in water polo

by Indio High School and its ensuing action. Following discussion it was moved, seconded and passed to support the administrative decision and action of the Indio High School principal and to review same after one year's duration.

8. **JARVIS INITIATIVE REVIEW:** Discussion was held relative to the aftermath of the passage of Proposition 13 and the positive momentum by the member schools of the CIF Southern Section. Following discussion it was moved, seconded and passed that the question of an optional tenth football game be placed on the September Council agenda and a vote be taken of same at the January meeting. It was further moved, seconded and passed, in an effort to maintain momentum, the CIF-SS Office develop a release distribution to the member schools with reference to the allowable parameters by their support booster clubs.

9. **GIRLS' ATHLETIC DIRECTOR UPDATE:** Mrs. Barbara Wilson, representative to the Executive Committee, highlighted areas dealing with Girls' athletics, noting continuing dialogue with the AIAW and its contact rule with high school students, in addition to positive commitments on the post-Jarvis initiative.

10. **LEGAL QUESTIONS:** Commissioner Thomas E. Byrnes and Andy Patterson, CIF-SS attorney, reviewed with the Committee pending legal questions and a review of recent action and documentation by the Supreme Court with reference to interscholastic athletics.

11. **HART HIGH SCHOOL APPEAL:** Mr. Norbert Keilback, attorney.
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Thomas E. Byrnes, Commissioner of Athletics

Bulletin Editor

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FIRST WOMAN SECTION REP TO STATE

WILSON PLAYS MAJORS FOR MORE THAN POINTS

— A twelve year old semi-pro softball player to a woman in the "major leagues" as an adult. Pretty impressive? Sure, but even more so because she now plays for more than score board points.

Barbara Wilson is this competitor; a woman who fights for the rights of all athletes to be proud of their sports participation. She is the new representative from the CIF Southern Section to the 22 member CIF State Federated Council. This is definitely the "majors" — Wilson is the first woman in the CIF's 64 year history to hold such a representative position at the state level.

WILSON SEES SPORTS ADVANTAGES

"I tasted real competition during those early softball days and liked it," said Wilson, "but it was as a coach at Beverly Hills High that I really saw the benefits athletics has for everyone." Barbara is presently Athletic Director and Assistant Principal at Beverly Hills High School. It is here she had her first coaching job after graduation from UCLA.

The administrator said she has always personally enjoyed sports, but her coaching of others convinced her participating could really benefit all individuals. This is one reason why she continues with athletic involvement on different levels through the years, she said.

"I wanted freedom for girls, for anyone, to compete in the open, to have the opportunity to develop any ability and satisfy any interest in sports without being ashamed or teased."

Wilson said, most importantly, "I represent all students in the CIF Southern Section, not just the girls."

The new section representative realizes her non-attack stance will ruffle the feathers of some female coaches who thought they now had someone who was going to do battle with the male representatives. "The top CIF officials are all educators first," she said, "they are exceptionally good at what they do as athletic executives and



appreciate what women in sports are accomplishing." She pointed out that so many of those who criticize have not had the opportunity to work with these men.

"I'm so proud to be a part of this entire 64 year organization — not just the years of girls' sanctioned competition," she said. "The men are doing a great job. They have not kept women's sports separate but have shared CIF instead."

The athletic director went on to point out that the CIF-SS girls' program has never, to her knowledge, been turned down on any reasonable request. "In fact," she said, "the Southern Section Executive Committee has often extended itself in certain situations for the girls' competitions."

PROPOSITION 13 EFFECTS CONCERN WILSON

Wilson will begin her representative duties at the October 7-8 meeting in Santa Barbara. When dealing with specific goals at these meetings, she said she hopes to focus members on what Proposition 13 will really do to prep sports in this state.

"We're just going to have to put more emphasis on fund raising and on keeping expenses down as much as possible," Wilson said, "while maintaining competition quality. It's like purchasing less expensive trophies so 18 games can still be played instead of having to cut to 15 or 16."

As the first woman on the council to represent a section, Barbara regards her sex as just another bias, similar to the ones already there. She admits a certain sensitivity to women in sports, and she'll watch for undetected or potential discriminatory situations, but it is not a "witch hunt" cause with her.

"We all come in with different slants on the subject of sports," she said of council members, "some members are ex-football players, others are tennis fanatics — the fact that I'm a woman should be helpful in adding another perspective for making a more balanced administration."

Hopeful 10,200 Special Events Slated to Honor Coaches October 6 during National Coaches Day

High School coaches will be honored across the country on Friday, October 6, 1978, on what has been declared "National Coaches Day".

The National Federation of State High School Associations and the National Sporting Goods Association are providing the impetus on the national level for promotion of the event. The National Federation's goal is to have at least half of the 20,400 schools it

represents sponsor some kind of special event in connection with National Coaches Day. This would mean as many as 150,000 men and women would be thanked publicly for their work with athletes at the high school level.

"The purpose of this event," according to National Federation Executive Director **Brice B. Durbin**, "is to acknowledge and thank those individu-

als who are doing the best job of educating boys and girls through interscholastic athletics, and to motivate all high school coaches to do the best job they possibly can."

Efforts are being made to involve mayors, civic groups, local newspapers, colleges and universities, governors, state coaches and athletic directors organizations, and state high school associations in the promotion of the event.



COACHES

WRESTLING RULE CHANGES FOR 1978-79

The National Federation Wrestling Rules Committee met at the National Federation of State High School headquarters office in Elgin, Illinois, April 11 and 12 to discuss and rewrite interscholastic wrestling rules. The eight-member committee, under the direction of Chairman John E. Roberts, Executive Director of the Wisconsin Interscholastic Athletic Association, affects nearly 340,000 wrestling participants representing over 9,200 schools across the U.S.

Several major rule changes were passed by the committee. A new rule change allows mat judges to make two technical violation calls: locked hands and grasping of clothing. By a majority vote, both mat judges may either call a fall or overrule a fall by the referee.

Other major rule changes of significance allow the one-piece uniform to be worn without full-length tights. Also, two overtime procedures for determining a winner of a tie have been eliminated. No longer will the wrestler gaining the first reversal or escape in the overtime be declared the winner.

The wrestling rules committee is one of the 13 National Federation rules committees whose purpose is to provide the safest possible playing rules for interscholastic sports as well as seeing that all rules be administered fairly for all individual participants.

The National Federation consists of a state association in each state and the District of Columbia. Together the membership represent 20,000 schools and 10 million participants.

MAJOR RULE CHANGES IN GIRLS' GYMNASTICS BALANCE OUT AFTER MARCH 7-8 MEETING

The National Federation Girls Gymnastics Rules Committee met March 7 & 8, 1978, at the National Federation headquarters office outside Elgin, Illinois.

Several major rule changes were made during the two day meeting. No longer will the duration of the beam exercise be from 1 minute 15 seconds to 1 minute 35 seconds. The length of the beam exercise will be from 1 minute to 1 minute 30 seconds effective for the 1978-79 season. Another major change states that only two runs will be authorized for a vault and all balks will be prohibited.

Other rule changes of significance include permitting coaches or gymnasts to designate a vault. A second rule of significance is the value of a hand spring being changed from 10.0 to 9.5. Another rule change states that vaults landing in a sideward position are void.

A rule relating to the conduct of coaches and competitors now permits coaches to check the judges score sheet through the meet referee without deduction provided it results in a score correction.

The eight member girls gymnastics rules committee writes and revises rules for girls gymnastics competition governing nearly 80,000 participants. The committee is representative of eight sections throughout the entire United States.

The girls gymnastics rules committee is one of the 13 National Federation rules committees which write rules for virtually all competition at the high school level. The National Federation membership consists of 50 individual state associations and the District of Columbia and whose membership is 20,000 schools across the country.

CODE OF ETHICS

Section 3, Article 3: Prohibits all jewelry except for a religious or medical medal which must be taped to the body.

CONDUCT OF COACHES AND COMPETITORS:

1-2 Permits coaches to check the judges' scoresheet through the meet referee without deduction.

1-3-e Use of unauthorized equipment will result in a 1.0 deduction.

1-3-h Delay of meet by coach will result in a 1.0 deduction.

2-6-f Any deliberate disruptive behavior by a team or individual will result in a 1.0 deduction.

FEW RULE CHANGES FOR SWIMMING, DIVING '78-'79

The Swimming and Diving Rules committee of the National Federation of State High School Associations made few major rule revisions for the 1978-79 interscholastic season.

At their two day April 25-26 meeting, the committee examined proposals and questionnaire results gathered from the National Interscholastic Swimming Coaches Association as well as individual coaches and officials.

One change which was adopted by the committee specifies that take-off judges for relay events will judge take-offs by sight, not touch. The old procedure of placing a finger in light contact with the longest toe of the second, third and fourth member of each relay team will not be proper procedure for the 1978-79 season.

Another revision assigns turn judges the task of determining if finishes to races are legal. When automatic timing equipment is in use, the head lane timer has the responsibility of seeing that the swimmer touches the finish pad. And, as a result of further action on the subject, the committee revised working so that a race is finished when a swimmer "touches" the finish pad, not when the swimmer "activates" it.

The committee is reminding coaches, officials and administrators that lane markers are required for all meets after September 1, 1978. Lane markers have long been recommended for all meets and required for championship meets.



CORNER

ATHLETIC ADMINISTRATORS SYMPOSIUM FEATURES TUNNEY AS "HERE'S TO THE WINNERS" SPEAKER OCTOBER 10

So you've just been named Athletic Director . . . now what do you do?

Helping you answer this question is the goal of just one of the 12 seminars being offered by the CIF Southern Section at its inaugural Athletic Administrators Symposium, slated for Tuesday, October 10, from 8 a.m. to 1:30 p.m. at the Buena Park Convention Center in Buena Park.

Featured guest and keynote speaker will be Dr. Jim Tunney, pictured on our cover, who has been an official in the National Football League since 1960. He knows what it takes to produce those who excel. No one is more qualified to address the Symposium than the man who will challenge participants with his presentation, "Here's to the Winners."

In addition to Tunney's featured presentation, a dozen seminars are offered by professionals in the field of athletics on topics including:

"The Growth and Development of the CIF-SS Blue Book" by Thomas E. Byrnes, Commissioner of CIF-Southern Section; "The Administrator and the Principal: Colleagues or Combatants?" by Dennis Evans, Principal of Corona del Mar High School; "The Athletic Director in the CIF Southern Section" by Barbara Wilson, CIF-SS Executive Committee member from Beverly Hills High School and Gene Knott, CIF-SS Executive Committee member from Ramona High School; "The Orientation Support and Control of the 'Walk-On' Coach" by Robert J. Hughes, Principal of Laguna Beach High School; "Budget Finance: the Leftovers of Proposition 13" by Pat O'Donnell, Athletic Director at La Habra High School; "Crowd Management as it Relates to Coaches, Officials and Spectators" by Eddie Thomas, Athletic Director at Compton High School; "I've just been named athletic Director . . . Now What Do I Do?" by Marv Glusac and Cindy Hasbrook, both Athletic Directors at Capistrano Valley and Righetti High Schools, respectively; "Relationship between The Ninth Grade Junior High Sports Pro-

gram and the CIF-SS Services" by Doug Dishno, Fontana District Athletic Director; "Staff Management (Relationships) and Evaluation" by Barry Porter, West Covina High School Athletic Director; "A Positive Approach and Insight in Developing an Interscholastic Safety Program" by

Ferren Christensen, Huntington Beach District Athletic Director; "The Athletic Program: Heartbeat of the School" by Harold De Bie, Athletic Director at Valley Christian High School; and "Am I Liable and Why?" by Andy Patterson, CIF-SS Attorney.

SEVEN WAYS TO KILL A FOOTBALL PLAYER

Three years ago Time Magazine ran an interesting story entitled: Seven Ways to Kill a Football Player. Needless to say, it was an eyecatcher. Especially for the thousands of high school and college coaches across the country who "coach" for a living; not to mention the vast number of parents who give their sons permission to perform on the gridiron each fall.

Heat stroke, which most often occurs when the body produces more heat than it radiates away, can produce kidney failure, coma and death, according to the article. It has killed 50 high school and college football players during the past 10 years and will strike again this fall if coaches aren't properly prepared for pre-season and mid-season drills.

HEAT STROKE IS UNNECESSARY

Dr. James P. Knochel, a kidney disease expert from the Veterans Administration Hospital in Dallas, Texas, claims that heat stroke is unnecessary. "It can be prevented if coaches and trainers use common sense and remember that athletes must sweat in order to cool off and must quickly replace the fluid they lost," wrote the doctor in the A.M.A. Journal.

But for some strange reason many coaches feel that the only way to pick a team is to select those who manage to survive the rigors of pre-season drills and workouts. For these "win at all cost" coaches, Dr. Knochel suggests seven surefire ways to do your players in:

- Schedule all practice sessions between 2:30 and 6:00 each afternoon,

especially in August, so that players will be exercising during the hottest part of the day.

- Provide no water during training sessions, or make it so unpalatable that no one will drink it. This assures that players will have no way to replace the fluid they lost through perspiration.

- Encourage players to swallow salt tablets before practice. This helps to promote dehydration and increases thirst.

- Help overweight linemen lose weight rapidly by making them exercise while wearing plastic suits. This guarantees that they will perspire profusely and exposes them to the risk of dangerous dehydration of body cells.

- Make players wear uniforms, complete with helmets, during hot weather to help promote overheating.

- Don't stop wind sprints at the end of each practice session until a sizeable number of your players are vomiting, falling because of muscle cramps or collapsing.

- Attempt to improve players' performances with amphetamines. The drugs prevent a player from realizing when he is fatigued and assure that he will keep trying long after physical exhaustion dictates that he should quit.

Coaches who follow the above prescription carefully are almost certain to cause a tragedy during the season. But a coach who exercises common sense is more likely to win games and influence more youngsters than those who fail to live by the everyday rules of intelligence.

MILITARY HOST CROWLEY IN KOREA FOR BASKETBALL OFFICIATING CLINIC

A two-week, ten clinic series in Korea basketball officiating concluded with the return of Dean Crowley, Administrative Assistant in the CIF Southern Section to his home on the California Coast.

Crowley, a 16 year veteran of the basketball "black and white", was invited to instruct at this Eighth United States Army Basketball officials Clinic because of his extensive experience as an educator, sports official and CIF-SS Administrator.

"I was asked by the Recreation Services Agency in Korea to instruct in this series of clinics," said Crowley, "and I thoroughly enjoyed myself. These opportunities are few and far between and I'm honored that the Army agency thought of me when lining up officials to help with this program."

The program itself was aimed at helping both military and civilian basketball officials in Korea. It took Crowley through the cities of Seoul, Pusan and Yongsan as well as enabling him to stop off in Japan.

MINUTES OF EXECUTIVE MEETING

(Continued from Page Two)

ney; Mr. Steven Eichberg, attorney clerk; Dr. Robert Eichberg, psychologist; Mrs. Joseph Charles; and student Joey Charles appeared before the Committee relative to an appeal for waiver of residency rules, Article XI, Section 12. Following the appeal and discussion, it was moved and seconded to sustain the decision of the Commissioner and the special Eligibility Committee.

12. GYMNASTICS INTERPRETATION APPEAL: Mr. Ronald Andris, Director of University Recreation Programs at Cal State Fullerton, appeared before the Committee relative to an interpretation of employment of high school students in a College gymnastics program during the school year. Following discussion it was moved and seconded to sustain the present interpretation in the CIF-SS Blue Book in this area.

13. RECOGNITION AND AWARD FOR LAY PERSONS: Discussion was held relative to the needed recognition of individuals from our respective member school communities with reference to their assistance to the high school athletic programs. Following discussion it was moved, seconded and passed to instruct the Commissioner to investigate a proposal on said recognition.

Crowley has been with the CIF as an Administrative Assistant for two years and is responsible for various boys and girls athletic programs in over 476 secondary schools in Southern California. Crowley, however, has been with the CIF-SS in other capacities for over 14 years, including duties as a referee many times for the Southern Section Championship finals.

Other Conferences he has officiated for include the Southern California Inter-Collegiate Athletic Conference, the California Collegiate Athletic Association, the Independent Collegiate Association of Southern California and most of the major Southern California Junior College Conferences.

"Currently, I am the instructional chairman for the Long Beach Unit of the Southern California Basketball Officials Association," he said. This demands that Crowley be responsible for the total planning and organization of the entire instructional program for over 300 basketball officials and a staff of 20 classroom instructors.

14. WATER POLO PROBLEM:

Discussion was held relative to a recent NCAA water polo equipment rule change effective the current 1978 season. Following discussion it was moved, seconded and passed to waive the new rule requiring the new water polo caps with specific numbering and color coding until the 1982 season and to forward same to the State Federated Council for final approval.

15. COFFMAN AND CREE JUNIOR HIGH SCHOOL REQUEST:

It was moved, seconded and passed to grant approval for Coffman and Cree junior high schools of the Palm Springs School District to form one athletic team and urge the Ivy league to assist in scheduling for the upcoming 1978-79 season.

16. NEW MEMBERSHIP: It was moved, seconded and passed to grant full regular membership for Herzl School of Los Angeles effective this date.

There being no further business to come before the Executive Committee, the meeting was adjourned at 5:06 p.m.

Respectfully Submitted,
Ray Plutko
Administrative Assistant

approved by:
THOMAS E. BYRNES
COMMISSIONER OF ATHLETICS

HOW TO CALL CIF WITH CONFIDENCE . . .

"Good morning, this is Maggi at the CIF Office. In what area may I assist you?" There is an awkward silence at the other end of the line. Obviously the caller does not know what "area" this woman is talking about. They have no idea who to ask for to have their problem answered.

Because of the frequent occurrence of this situation, the CIF-SS Office is including in this October Bulletin an outline of the individuals to contact in specific instances. When your call can be directed properly, the services we are ready to provide will be obtained much more efficiently.

High school administrators and district superintendents who have questions regarding eligibility, re-leaguing, playoff divisions and policy matters should contact the office of Mr. Thomas E. Byrnes, Commissioner of Athletics for the Southern Section. Mr. Byrnes is also in charge of boys tennis.

Mr. Byrnes' secretary, Kay Larsen, is the one to contact on rental of any of the CIF-SS films from our extensive cinema library.

Ray Plutko, Administrative Assistant, is the man to talk to for answers to questions involving eligibility, playoffs and the sports of football, baseball and basketball. Mr. Plutko is also in charge of the Calendar Book, tickets, Directory publication and his secretary handles games wanted.

Administrative Assistant Margaret Davis is responsible for gymnastics, Girls' and Boys' volleyball, softball, Boys' and Girls' field hockey, Girls' Tennis, Girls' League Coordinators and is our office manager. You can contact her secretary, Rita Guterres, regarding sanctioned events.

Administrative Assistant Dean Crowley is in charge of all questions regarding Media requests, records, news items and anything else about the CIF-SS and the sports of water polo, golf, badminton, soccer, wrestling, Boys' and Girls' swimming and diving, Boys' and Girls' cross country and Boys' and Girls' track and field. His secretary, Maggi Helms, maintains the files on master schedules in football, basketball and baseball.

If you have any other "sports" information (feature-story variety) which you think needs further publicizing, contact Cathy Connelly on Mondays or Fridays **only** at the CIF-SS Office.

Shirley Frazier is our bookkeeper and is in charge of all questions on dues, financial matters, eligibility forms, etc. She is in our office from 8:00 a.m. to 4:00 p.m. daily.