<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 15</td>
<td>1st Preliminary — Feb 12</td>
</tr>
<tr>
<td>Feb 12</td>
<td>2nd Preliminary — Feb 19</td>
</tr>
<tr>
<td>Feb 29</td>
<td>3rd Preliminary — Mar 6</td>
</tr>
<tr>
<td>Mar 12</td>
<td>4th Preliminary — Mar 20</td>
</tr>
<tr>
<td>Apr 12</td>
<td>5th Preliminary — Apr 22</td>
</tr>
<tr>
<td>May 15</td>
<td>6th Preliminary — May 25</td>
</tr>
</tbody>
</table>

**Track & Field**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb 12</td>
<td>1st Preliminary — Feb 12</td>
</tr>
<tr>
<td>Feb 19</td>
<td>2nd Preliminary — Feb 29</td>
</tr>
<tr>
<td>Mar 5</td>
<td>3rd Preliminary — Mar 20</td>
</tr>
<tr>
<td>Apr 12</td>
<td>4th Preliminary — Apr 22</td>
</tr>
<tr>
<td>May 19</td>
<td>5th Preliminary — May 26</td>
</tr>
</tbody>
</table>

**Swimming & Diving**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov 12</td>
<td>1st Preliminary — Dec 2</td>
</tr>
<tr>
<td>Dec 19</td>
<td>2nd Preliminary — Jan 13</td>
</tr>
<tr>
<td>Jan 16</td>
<td>3rd Preliminary — Feb 2</td>
</tr>
</tbody>
</table>

**Basketball**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov 12</td>
<td>1st Preliminary — Dec 2</td>
</tr>
<tr>
<td>Dec 19</td>
<td>2nd Preliminary — Jan 13</td>
</tr>
<tr>
<td>Jan 16</td>
<td>3rd Preliminary — Feb 2</td>
</tr>
</tbody>
</table>
COMMISSIONER’S CORNER

PAYMENT OF COACHES

T. E. BYRNE

There has been some confusion primarily because of Proposition 13 as to what can or cannot be done in the area of payment for coaches’ duties under CIF rules. In order to clarify this issue, this month’s Commissioner’s Corner will give an official interpretation of the rule. "A coach may not be reimbursed for their services from any source other than from school funds, nor be subject to any bonus arrangement dependent upon the success of their teams." As stated in the rule, a coach cannot receive, for services, payment other than from school funds for coaching a high school team. However, there is no CIF-SFSS prohibition against the school accepting monies from organizations, such as booster clubs, with no strings attached and using all or part of the money for their own purposes including coaches’ salaries. As we all know, however, there is a spirit and intent to our rules and we would assume that good sportsmanship would be a constant byword during the school year. Furthermore, the question has been raised whether outside booster groups, etc., could pay the salaries of other school athletic expenses such as transportation, officials, etc. There is no CIF-SFSS rule which would prohibit this except in sanctioned events; however, we would strongly advise that any of these outside organizations would restrict their efforts to raising the money and turning it over to their primary source when it was not contiguous upon the school paying the salary of the coach.

MINUTES OF THE CIF-SF EXECUTIVE COMMITTEE MEETING AUGUST 11, 1978

The Executive Committee Meeting of the Southern Section of the California Interscholastic Federation was called to order by Chairman Tony Balbar on Monday, August 11, 1978 at 7:30 p.m., Monday evening. The meeting was held at the CIF-SF Office at 21761, in the CIF-SF Office. All members were present with the exception of Mr. Paul James.

1. APPROVAL OF MINUTES: It was moved, seconded and passed to approve the minutes of the Executive Committee of June 19, 1978 as published in the March 1978 Monthly Bulletin.

2. BOYS ATHLETIC DIRECTOR Update: Mr. Clyde Francisco, representative to the Executive Committee, highlighted areas concerning ‘Boys’ athletics, with major focus on adjustments in rules and regulations that variety sports have not been reported curtailed by member schools as of this date.

3. SUPERINTENDENT’S REPRESENTATIVE: Dr. Lou Joseph appointed the Committee that four of the five superintendents contacted have expressed interest in the vacant position of the unexpired term on the Executive Committee. Following it was moved, seconded and passed that the chairman establish a committee of five persons to interview the four candidates and report back at the September 21 meeting with a recommendation to fill the position.

4. GLENDALE HIGH SCHOOL REQUEST: Section 3 of the scholastic eligibility rules, of GLENDALE High School, was requested.

5. NON-TRADITIONAL PROGRAMS: Discussion was held relative to the interpretation of schools’ eligibility as it relates to schools conducting non-traditional programs. Following the discussion the matter was referred to the Blue Book Committee for further study and recommendation.

6. MULTI-CAMPUS REQUEST: Discussion was held relative to the receipt of a request of Hemet, Perris, Victoria, and Apple Valley high schools with reference to their multi-campus agreements with their respective junior high schools and the curtailment of all freshman sports which would result. It was moved, seconded and passed to reject the State Federation Council memorandum as a matter of policy until that matter is resolved by the governing bodies.

7. INDIAN HIGH SCHOOL WATER POLO QUESTION: Discussion was held relative to a review of an undue influence violation in water polo by Indio High School and its ensuing non-competition for the CIF state championship. It was moved, seconded and passed to support the administrative decision and action to suspend Indio High School and to review same after one year’s duration.

8. JARRIS INITIATIVE REVIEW: Discussion was held relative to the passage of Proposition 13 and the positive momentum by the members of the CIF Southern Section, and the following discussion it was moved, seconded and passed that the CIF Southern Section support an optimal time for football game be played on the September Council agenda and a vote be taken same at the January meeting. It was further moved, seconded, and passed, in an effort to maintain modified, that the CIF-SFSS release distribution to the member schools in reference to the allowable standards by parameters by their support booster clubs.

9. GIRLS’ ATHLETIC DIRECTOR UPDATE: Mrs. Barbara Wilson, representative to the Executive Committee, highlighted areas dealing with Girls’ athletics, noting continued dialogue between the AIAW and its constant rule with high school students. In addition to positive commitments on the local level, the CIF-SFSS is working with four conferences and report back at the September 21 meeting with a recommendation to fill the position.

10. LEGAL QUESTIONS: Discussion with Thomas E. Byrnes and Andy Patterson, CIF-SFSS attorney, reviewed with the Committee pending legal questions and a review of recent action and documentation by the Supreme Court with reference to interscholastic athletics.

11. HART HIGH SCHOOL APPEAL: Mr. Norbert Keilbach admitted (Continued on Page Six)

California Interscholastic Federation
Southern Section
1101 Artesia Blvd., P.O. Box 488
Artesia, CA 90701
(714) 866-2414

Officers
Tony Balbar, President
Terry Brown, Vice-President
Stephen J. Hauser, Secretary
Terry Brown, Treasurer

Committee Members
Audrey Carpenter
Dean Crowley
Art Dwyer
Carole Erickson
Pla Coolen
Marilyn Enright

WILSON PLAYS MAJORS FOR MORE THAN POINTS

By T. E. Byrnes

The athletic director went on to point out that the CIF-SFSS girls’ program has never been turned down on any reasonable request. "In fact," she said, "the Southern Section Executive Committee has often extended itself in certain situations for the girls’ competitions."

PROPOSITION 13 EFFECTS CONCERN WILSON

Willson will bring her representative duties to the October 7-8 meeting in Santa Barbara. When dealing with specific goals at these meetings, she said she hopes to focus members on what Proposition 13 will really do to prep sports in this state. 'We’re just going to have to put more emphasis on fund raising and on keeping expenses down as much as possible," Wilson said, "while maintaining competition quality. It’s like purchasing less expensive trophies so 18 games can still be played instead of having to cut to 15 or 16." As the first woman on the council to represent a section, Barbara regards her sex as just another bias, similar to height or hair color. She admits to a certain sensitivity to women in sports, and she’ll watch for underdog or potential discriminatory situations, but it is not a "witch hunt" cause with her. "We all come in with different slants on the subject of sports," she said of council members, "some members are ex-football players, others are tennis players. I think that I’m a woman should be helpful in adding another perspective for making a more balanced administration."

Hoping 10,200 Special Events Slated to Honor Coaches October 6 during National Coaches Day

High School coaches will be honored across the country on Friday, October 6, 1978, on what has been declared "National Coaches Day." The Federal National of State High School associations and the National Sporting Goods Association are providing the impetus on the national level, with local chapters of the National Football Hall of Fame, Thomas E. Byrnes, Commissioner of Athletics, Secretary,淘金, the CIFS-SFSS, and the National Federation’s goal is to have at least half of the 20,400 schools it represents sponsor some kind of special event in connection with National Coaches Day. This would mean as many as 150,000 men and women would be honored publicly for their work with athletes at the high school level.

The purpose of this event," according to National Federation Executive Director Brice B. Durbin, "is to acknowledge and thank those individuals who are doing the best job of educating boys and girls through interscholastic athletics, and to motivate their college and university colleagues, protectors of state coaches and athletic directors, and high school coaching associations in the promotion of the event."

Several major rule changes were made during the two day meeting. No longer will the duration of the beam exercise be from 1 minute 15 seconds to 3 minutes 55 seconds. The width of the beam exercise will be from 1 minute to 1 minute 30 seconds effective for the 1978-79 season. Another major change states that only two runs will be authorized for a vault and all balls will be prohibited.

Other rule changes of significance include permitting coaches or gymnasts to designate a vault. A second rule of significance is the value of a hand spring being changed from 4.5 to 9.5. Another rule change states that vaults landing in a sideward position are void.

A rule relating to the conduct of coaches and competitors now permits coaches to check the progress of athletes through the meet referree without deduction provided it results in a score correction.

The eight member girls gymnastics rules committee writes and enforces the rules for girls gymnastics competition governing nearly 80,000 participants. The committee is representative of eight sections throughout the entire United States.

The girls gymnastics rules committee is one of the 13 National Federation rules committees which write for virtually all competition at the high school level. The National Federation of State High School Associations membership consists of 50 individual state associations and the District of Columbia and whose membership consists of 20,000 schools across the country.

CODE OF ETIQUETTE
Section 3, Article 3: Prohibits all jewelry except for a religious or medical medal which must be taped to the body.

COACHES

MAYOR RULE CHANGES BALANCE OUT AFTER MARCH 7-8 MEETING


Several major rule changes were made during the two day meeting. No longer will the duration of the beam exercise be from 1 minute 15 seconds to 3 minutes 55 seconds. The width of the beam exercise will be from 1 minute to 1 minute 30 seconds effective for the 1978-79 season. Another major change states that only two runs will be authorized for a vault and all balls will be prohibited.

Other rule changes of significance include permitting coaches or gymnasts to designate a vault. A second rule of significance is the value of a hand spring being changed from 4.5 to 9.5. Another rule change states that vaults landing in a sideward position are void.

A rule relating to the conduct of coaches and competitors now permits coaches to check the progress of athletes through the meet referree without deduction provided it results in a score correction.

The eight member girls gymnastics rules committee writes and enforces the rules for girls gymnastics competition governing nearly 80,000 participants. The committee is representative of eight sections throughout the entire United States.

The girls gymnastics rules committee is one of the 13 National Federation rules committees which write for virtually all competition at the high school level. The National Federation of State High School Associations membership consists of 50 individual state associations and the District of Columbia and whose membership consists of 20,000 schools across the country.

CODE OF ETIQUETTE
Section 3, Article 3: Prohibits all jewelry except for a religious or medical medal which must be taped to the body.

ATHLETIC ADMINISTRATORS SYMPOSIUM FEATURES TUNNEY AS "HERE'S TO THE WINNERS" SPEAKER OCTOBER 10

Three years ago Time Magazine ran an interesting story entitled: Seven Ways to Kill a Football Player. Needless to say, it was an eye opener. Especially for the thousands of high school and college coaches across the country who "coach" for a living; not to mention the vast number of parents who give their sons permission to perform on the gridiron each fall.

Heat stroke, which most often occurs when the body produces more heat than it radiates away, can produce kidney failure, coma, and death. In the U.S., it has killed 50 high school and college football players during the last 30 years and will strike again this fall if coaches aren't properly prepared for pre-season and mid-season drills.

HEAT STROKE IS UNNECESSARY
Dr. James P. Knochel, a kidney disease expert from the Veterans Administration Hospital in Dallas, Texas, claims that heat stroke is unnecessary. "It can be prevented if coaches and trainers use common sense and remember that athletes must sweat in order to cool off and must quickly replace the fluid they lost," wrote the doctor in the A.M.A. Journal.

But for some strange reason many coaches feel that the only way to "keep your team in shape" is to select those who manage to survive the rigors of pre-season drilling and workouts. For the "win at all cost" coaches, Dr. Knochel suggests seven surefire ways to do your players a favor:

Schedule all practice sessions between 2:30 and 6:00 each afternoon, especially in August, so that players will be exercising during the hottest part of the day.

Provide no water during training sessions, or make it so unavailable that no one will drink it. This assures that players will have no way to replace the fluid they lost through perspiration.

Encourage players to swallow salt tablets before practice. This helps to promote dehydration and increases thirst.

Help overweight linemen lose weight rapidly by making them exercise while wearing plastic suits. This guarantees that they will perspire profusely and thereby reduce the risk of dangerous dehydration of body cells.

Make players wear uniforms complete with helmets, during hot weather to help promote overheating.

Don't stop and sprint at the end of each practice session until a sizeable number of your players are vomiting, full of water, and quite unbalanced.

Try to improve players' performance by using more youngsters than those who fail to live by the everyday rules of intelligence.

Fierce Christensen, Huntington Beach District Athletic Director; "The Athletic Program: Heartbeat of the School" by Harold De Bie, Athletic Director at Valley Christian High School; and "Am I Liable and Why?" by Andy Patterson, CIF-SS Attorney.
A two-week, ten clinic series in kleatball officiating concluded with the return of Dean Crowley, Administration Assistant of the Southern Section to his home on the California Coast.

Crowley is the CIF-SS Administrator for the Southern Section and is also an FFTS-SS Administrator for the Southern California Intercollegiate Athletic Conference, the California Collegiate Athletic Association, the Independent Collegiate Association of Southern Califonia and most of the major Southern California Junior College Conferences.

"I was asked by the Recreation Services Agency in Korea to help in the series of clinics," said Crowley, "and I thoroughly enjoyed myself. These opportunities are few and far between and I'm honored that the Army agency thought of me when lining up officials to help with this program.

"The program itself was aimed at helping both military and civilian basketball officials in Korea. It took Crowley through the cities of Seoul, Pusan and Yongson as well as enabling him to stop off in Japan.

"There is no question that the work will be helpful to many different schools and that this series of clinics has been a great success. The officials were very receptive and enthusiastic about the subject matter covered."

MINUTES OF EXECUTIVE MEETINGS

At a meeting held on Tuesday, March 11, 1975, the following action was taken:

1. WATER POLI: Problem: Discussion was held relative to the NCWA water polo equipment rule changing the current situation. Following discussion it was moved, seconded and passed to waive the new NCWA requirement for the new watercups with specific numbering and color coding until the 1982 season and to forward same to the State Federation Council for final approval.

2. COFFMAN AND CREE JUNIOR HIGH SCHOOL荣 RECOGNITION: It was moved, seconded and passed to grant approval for Coffman and Cree Junior High Schools of the Palm Springs School District to form one athletic team and urge the FHSW to assist in the scheduling of the upcoming 1978-79 season.

3. NEW MEMBERSHIP: It was moved to extend the regular high school membership to Herdez School of Los Angeles effective this date.

There being no further business to come before the Executive Committee, a final meeting was adjourned at 5:06 p.m.

Respectfully Submitted,

M. V. E. BRYMES
Commissioner of Athletics

Page Six

HOW TO CALL CIF WITH CONFERENCE.

"Good morning, this is Maggy at the CIF Office. In what area may I assist you?" There is an awkward silence at the other end of the line. Obviously, the caller does not know what "ana" this woman is talking about. They have no idea how to address their problem and answer.

Because of frequent occurrence of this situation, the CIF-SS Office is including in this October Bulletin an area of the instructions to help you in your problem.

High school administrators and district superintendents who have questions regarding eligibility, re-leaguing, playoff divisions and policy matters should contact the office of Mr. Thomas E. Byrnes, Commissioner of Athletics.

At the CIF-SS office, Mr. Byrnes is also in charge of boys' tennis, Mr. Byrnes' secretary, Kay Landis, is the one to contact on rental of any of the CIF-SS films from our extensive cinema library.

Ray Plotko, Administrative Assistant, is the man to talk to for answers regarding eligibility, re-leaguing, playoff divisions and policy matters.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secretary handles all your questions.

Administrative Assistant Margaret Davis is responsible for gymnastics, girls' basketball, Decathlon, boys' volleyball, soccer, girls' and boys' track and football. Mary Ellen Jackson is also in charge of the Calendar Book, tickets, Directory publication and her secret