<table>
<thead>
<tr>
<th>SPORTS</th>
<th>JAN.</th>
<th>FEB.</th>
<th>MAR.</th>
<th>APR.</th>
<th>MAY</th>
<th>JUN.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boys' Cross Country</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Water Polo</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls' Cross Country</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls' Water Polo</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls' Surfing</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls' Volleyball</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls' Rugby</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Men's Cross Country**
- Jan: 12
- Feb: 11
- Mar: 10
- Apr: 9
- May: 8
- June: 7

**Boys' Water Polo**
- Jan: 0
- Feb: 1
- Mar: 2
- Apr: 3
- May: 4
- June: 5

**Girls' Cross Country**
- Jan: 0
- Feb: 1
- Mar: 2
- Apr: 3
- May: 4
- June: 5

**Girls' Water Polo**
- Jan: 0
- Feb: 1
- Mar: 2
- Apr: 3
- May: 4
- June: 5

**Girls' Surfing**
- Jan: 0
- Feb: 1
- Mar: 2
- Apr: 3
- May: 4
- June: 5

**Girls' Volleyball**
- Jan: 0
- Feb: 1
- Mar: 2
- Apr: 3
- May: 4
- June: 5

**Girls' Rugby**
- Jan: 0
- Feb: 1
- Mar: 2
- Apr: 3
- May: 4
- June: 5
NORM SCHACTER TO BE FEATURED SPEAKER AT SUPERINTENDENT’S SYMPOSIUM SET FOR OCTOBER

NORM SCHACTER (Continued from Page Two)

Superintendent’s Symposium, set for October 9-10 at the Convention Center, is expected to attract a large audience, as it will feature a day-long program of guest speakers and panel discussions. The symposium is being held in conjunction with the National High School Athletic Association (NHSHA) convention, which will take place in the same location.

Schacter, a long-time fixture in the high school sports world, will deliver the keynote address on the first day of the symposium. His presentation will focus on the importance ofathletics in the overall development of student-athletes. Schacter will also participate in a panel discussion on the role of coaches in today’s high school environment.

In addition to Schacter’s keynote address, the symposium will feature presentations by several other high school sports leaders. These speakers will discuss topics such as the impact of social media on student-athletes, the importance of mental health in athletics, and the role of technology in sports.

The symposium is open to all high school athletic directors and coaches, as well as parents and students. Admission is free, but registration is required.

For more information, please visit the NHSHA website or contact the symposium organizers at info@nhsha.org.
COACHES ADVISORY COMMITTEES FOR 77-78

In an effort to provide for input from member schools, the CIF-Southern Section has once again formed advisory committees in 20 sports for the 1977-78 school year. The committees are comprised principally of coaches in the respective sports and their chief responsibility is to serve as a liaison between the coaches organizations and the CIF-SFS Office. In this respect, the coaches have an avenue to channel their suggestions in such areas as procedural changes, recommendations for rule changes, evaluation of sport season, management of championship events, and to provide assistance to other coaches and officials' organizations. If you have a suggestion in your particular sport, contact one of the following committee members:

BASSEY

Judy Bayleit (Nogales), Lynn Asaro (Mission Viejo), Neddo Sours (Los Alamitos), Vicki Tust (Garden Grove), Pat Wills (Creacenta Valley), Mary Ann Lively (Artesia).

BASEBALL

Tom Bergeron (Gahr), Dan Karella (Huntington Beach), Paul Fry (Marina), Walt Gunrey (Azusa).

BOYS' BASKETBALL

Remi Trembly (Bonita), Jim Basho (Carpinteria), William O'Neill (Millikan), Bill Ervin (El Modena).

GIRLS' BASKETBALL

Sharon King (Bishop Montgomery), Norleen Gravatt (South El Monte), Maria Isbath (Artesia), Joanne Kellogg (Huntington Beach), Donna Wade (Poinsettia), Nina Huczy (Western Christian).

BOYS' & GIRLS' CRUSS (St. Francis), Dwayne DeSpain (Los Altos), Larry Hilsbeck (Cerritos), Tom Hadbury (Pasadena) Dick Salter (Arcadia).

FOOTBALL

Jack Friedlander (Brother Rice), Dwayne DeSpain (Los Altos), Larry Hilsbeck (Cerritos), Tom Hadbury (Pasadena) Dick Salter (Arcadia).

GOLF

Bill Brady (Los Amigos), Paul Campbell (Norte Vista), John Stone (Newhall), Don Bester (Mission Viejo), Al Thompson (Glendora).

HANDBALL

Jack Eder (L. B. Wilson), Dave Martin (Rowland), Ira Tobin (Huntington Beach).

GIRLS' GYMNASTICS

Liz Holey (Westminster), Joanne Pasqualin (Arroyo), Lynn and Darlene (University), Kim Martin (Marbroken), Millie Andreas (Thousand Oaks), Paula Fennich (San Pedro).

SOCCER

Roger Bray (San Dimas), Terrance Ed Sallivon (Montebello), Richard Onderdonk (Arcadia), Cecila Siemian (Fullerton).

SOUTHBOUND

Eleanor Dys (Cerritos), Sandy Ellis (North), Carol Spans (Norwalk), Doree Davis (Cerritos), Earlene Skinner (Tustin), Emma Jones (Central), Judy Hertz (Bueno).

BOYS' SWIMMING

Tom de Long (Foothill), Burt Kanner (San Marino), cane Wagner (Glenoak), Mike Peterson (Mission Viejo), Larry Brennan (Edison), Darrell Roundy (CIF-SFS).

GIRLS' SWIMMING

Serri Baile (Westminster), Pauline Bachader (Edison), Barbara Harrah (Rolling Hills), Lynn Ryerson (Burroughs), Barbara Murdy (Marine Institute). Michael Lemos (Marshall).

GIRLS' TENNIS

Maureen Broc (San Marino), Nor- een Kistner (Chaffey), Diane Oddwell (Arcadia), Girls' coach (St. Elizabeth's), Lee Hollender (William Hils), Anonna (Santa Monica).

BOYS' & GIRLS' TRACK & FIELD

Walt Smith (Bonita), Earl Eng- man (Santa Ana), Glen Hastings (El Dorado), Doug Smith (Arcadia), Brian Springer (Palos Verdes), Sandy Wil- liams (Royal).

BOYS' VOLLEYBALL

Jim Leverence (Cerritos), Rick Miller (Huntington Beach), Jim O'Conner (San Marino).

Listed below are the major basketball rule revisions for the 1977-78 season as released by the National Federation. "Activity"0.000 rules and coaches are asked to review details when new rule books are sent out with the Basketball Preview later this month.

1. Players may not wear jewelry. 2. Strongly recommend hand to be raised after a foul has been called. 2.9a NOTE

3. Provides full coverage for the correction of an error when more than one free throw is involved. 2.10

4. Playing periods for girls and non- varsity games may be regulated by local agreements. 5.5 NOTE 2

5. Time extended to replace an injured player. 5.9 EXCEPTION a

6. On a try for field goal or free throw, the ball remains alive if a defensive player swings his or her arms or elbows. 6.7-6.7 EXCEPTION 1 d

7. It is a legal floor if a tipped ball in the air prior to the expiration of time or before a foul has been committed by an opponent. 6.7-EXCEPTION 2

8. Clarifies when a coach may rise from his or her seat for communication purposes (10-10)

9. Officials' signal to change start clock. (Signal Change) 10. There shall be no deviation from the rules unless approved by the rules research committee. (Comments) Editorial Revisions - 1:12: Channel width of ball clarified. 1:12:6. Place responsibility for delay of game upon a player. 10:10-1:14 d1: Includes coverage previously not provided for a double foul involving an intentional foul situation.

Points of Emphasis:

1. Clarification of the rule restricting dunking of a dead ball.

2. Illegal use of hands such as tagging, hitting or tackling during post play.

3. Grabbing the basket following a dunk.

4. Contact between the offensive and defensive player during a jump shot.

Each year the National Federation by its rule books, requires a number of changes in the areas of facilities and equipment. One of the many problems rests with keeping abreast of the many equipment requirements - both to meet the rules and to make certain the new equipment and uniform that would meet the standards for upcoming years.

The National Basketball Committee took action at its 1977 meeting to prohibit from wearing jewelry. (Rule 2.2)

The National Federation Soccer Rules Committee made one equipment change to require all male players wear shin guards and male players wear supporter and cup. An exception was made however, that beginning with the 1979-80 season, striped jerseys must have a number placed on a patch which

is of a color which contrasts with both the jersey and the number. The patch must extend at least 1 to 2 inches vertically, low and on either side of the number.

SWIMMING AND DIVING

There were no changes in the April, 1977 meeting of the National Federation Swimming and Diving Rules Committee. However, athletic directors are reminded that a reorganization of the National Federation Committee in 1976, two equipment changes are effective for September 1978. 3:1-3; Lane markers indicating the lateral limits of each lane are required for all meets, not just championship meets.

9.3-1: A movable diving board fulcrum is required for all meets, not just championship meets.

WRESTLING

The National Federation Wrestling Rules Committee has refrained from making changes which affect facilities (Continued on Page Six).

The CIF-Southern Section Area Assignment Commission for the Inland Area is now open for interested applicants. The new Commission will be responsible for assignment of officials to the schools participating in the DeAnza, Arrowhead, Citrus Belt, Sunbax, and San Andreas leagues. For information please contact the CIF-Southern Section Office (714) 860-2414.

CONDITIONING IMPORTANT FOR GIRLS

Girls, the word is that you can expect to get hurt in sports, but no more so than the boys. That's the good news from Christine Haycock, the first female physician member of the American Medical Association's National Committee on the Medical Aspects of Sports.

Says Dr. Haycock: "With either sex the incidence of injury is reduced if the athlete is properly preconditioned. The problem is that boys who participate in seasonal or team sports are taught to exercise, to keep their muscles in shape throughout the off-season. Girls don't do this, so they suffer a lot of unnecessary injuries when the season begins."
WHAT'S HAPPENIN' IN THE OTHER 49 STATES

(Editor's Note: This is another in a series of monthly articles covering items of interest from throughout California and other State Associations in their administration of high school athletics.)

Item: Discipline in Athletics and life situations important.

Comment: In 34 years of coaching high school baseball in Connecticut, Whitney Freeze has seen his teams win 484 games, lose 94 and tie 2. That's a winning percentage of 82.8. Interviewed in the New Haven Register Coach Puller says: "I've tried to adjust to the tempo of the times, but I can't help but feel that sports is the last bastion, the last barrier between order and chaos. It's the last area in American life where discipline and self-control still count for something good and positive. To me, teaching sports to young people is the last form of instilling good character and a sense of right and wrong. It's the last opportunity to teach kids that life is going to be a big fight and that nothing is ever accomplished without good old sweat and hard work plus self-discipline and soundness of body and mind.

Item: No pay no play!!!

Comment: The preseason football schedule for six high schools in the Mt. Diablo Unified School District in Northern California has been cancelled because of a strike by the Teachers' Union, which is demanding an 18 per cent pay increase. The coaches also are asking 510 extra for every hour they spend coaching. Teachers in the district now earn $9,128 to $9,008 annually.

Item: Can you top this???

Comment: The Colton High School girls’ field hockey team is claiming the best won-loss record for any team — male or female — for any sport in the CIF-Southern Section. The girls have an 82-2 record for the past six seasons.

Item: Records Are Made to Be Broken

Comment: Old Track and Field Records were shattered and erased as new national interscholastic track and field records were recently approved for 15 girls events and four boys events by the Track and Field Rules Committee of the National Federation of State High School Associations.

Girl athletes all but rewire the record book, breaking 13 of 18 existing records and tying two, while high school boys managed five records.

Item: Not as large as CIF-SS...

Comment: Membership of the New Jersey State Interscholastic Athletic Association reached 453 schools during 1976-77. The total included 222 public high schools, 82 parochial schools, 28 private schools and 21 junior high schools.

Item: Knowing the Rules Important

Comment: Rule Interpretation clinics are sponsored by at least 41 states each year to discuss recent rule changes for interscholastic athletics. Twenty-seven state associations also conduct or supervise clinics which emphasize officiating mechanics and rules interpretations in addition to the rule changes. Thirty-three state associations supervise the administration of the National Federation rules examinations.

Item: Physicals required...

Comment: Physical examinations are required by at least 40 state high school associations as a requirement for eligibility in interscholastic athletics. At least 34 state associations require the pre-participation physical examination annually.

Recent Rule Changes

(Continued from Page Five) and equipment; but it has, in each of the last two years, placed restrictions on the devices which may be used for weight reduction.

Rule 4.3.6 now prohibits the use of a sweat box, hot showers, whirlpools and other artificial heat devices for weight reduction, as well as diuretics and other drugs for weight reduction. This rule can not be enforced by match officials. It must be enforced by the administrators of athletic programs at the local school level.

COACHES ADVISORY COMMITTEE
(The whole information from page four)

GIRLS’ VOLLEYBALL
Ann Corlett (Mariborough), Nina Jorgensen (Glen Rock), Kathy Blattner (Corona del Mar), Karen Timmer (Mayfair), Rae Marie Obie (Hockey), Judy Fogt (Newport), Jim Chernino (Pasadena).

WATER POLO
Bill Barnett (Newport Harbor), Jim Spigue (Sunny Hills), Rick Jones (L. B. Wilson), Ralp Hahn (La Sierra), Mike Schiesel (Los Amigos).

WRESTLING
Bill Bovell (Westminster), Paul Brist (Edwardwood), Bob Fischer (San Val), John Daklen (Loura), Jeff Kremer (Eisenhower).

THE NATURE OF RULES
(Continued from Page Three) of convenience that will permit doing their thing. This is all done without consideration of others that could be affected by a subtle infraction of the rule. The old adage that rules are made to be broken is an anomaly used to discredit enforcement.

Rules are made for guidance, direction, organization, and control, and those that attempt to capture a rule are those who are generally parochial in their thinking.

Rules that are designed to control a statewide program of interscholastic events must be as rigid as flexibility will support and as flexible as rigidity will allow. Agreed that no one rule should override the cause for the rules, but certainly the tenets of the rule should be tantamount to enforcement. It has, also, been said that the best way to destroy or get rid of a bad rule is to enforce it — so why not enforce the rules and if they do not stand up against those that are governed by the rule, or those who must endure the rule, then the rules should be sacked and others written.

California Interscholastic Federation, Southern Section
11011 Artesia Blvd.—P. O. Box 488
Artesia, Ca. 90701
(213) 860-2414

Officers
Dr. Louis Joseph, Asst. Superintendent Orange USD, President
Tony Biline, Principal, Apple Valley HS, President-Elect
Benjamin Cordova, Principal, Arcadia HS, Past-President
Dr. Harold Kram, Principal, Galbraith HS, Treasurer
Thomas E. Byrnes, Commissioner of Athletics

Bulletin Editor
Dean Craven, Administrative Assistant

California Interscholastic Federation, Southern Section
11011 Artesia Blvd.—P. O. Box 488
Artesia, Ca. 90701
(213) 860-2414

Officers
Dr. Louis Joseph, Asst. Superintendent Orange USD, President
Tony Biline, Principal, Apple Valley HS, President-Elect
Benjamin Cordova, Principal, Arcadia HS, Past-President
Dr. Harold Kram, Principal, Galbraith HS, Treasurer
Thomas E. Byrnes, Commissioner of Athletics

Bulletin Editor
Dean Craven, Administrative Assistant