

C. I. F., SOUTHERN SECTION MONTHLY BULLETIN

Volume 31

NOVEMBER, 1967

No. 3



Rev. Thomas Kiefer Joins Executive Committee Ranks

Rev. Thomas Kiefer, principal of Bishop Amat High School in La Puente, has been named to the CIF, SS, Executive Committee to fill the unexpired term of Art North, which has one year to run.

Father Kiefer is no stranger to interscholastic athletics or to the CIF, SS. He has been associated with secondary school athletic programs since 1951 when he was vice-principal of Mary Star of the Sea High School.

While at Mary Star, Father Kiefer was instrumental in initiating the now-

famous Mary Star athletic banquets, where over 400 people each year gathered to honor the Mary Star football team and listen to talks by many of the most-celebrated college coaches in the nation.

After leaving Mary Star in 1955, Father Kiefer moved to St. Michaels' High School in Los Angeles, where he served as vice-principal for two years. He has been principal of Bishop Amat since 1957.

Father Kiefer has served as presi-
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Berkeley Selected as State Track Meet Site

This year's State CIF Track Meet, to be hosted by the Central Coast Section, will be held at the University of California at Berkeley on May 31 and June 1, 1968, following approval by the State Council at its meeting in Sacramento on November 4.

Although the Central Coast Section preferred to host the meet at Stanford University, an insufficient number of lanes would not permit staging the meet there.

The Cal Berkeley track is scheduled to be resurfaced this spring with an all-weather composition to ready the facility for the NCAA finals which will be held the weekend following the State Meet. Officials were optimistic that this would give competitors their best chance at record-breaking performances during the State Meet.

In other action taken at the meeting, the Council modified the State rule covering the number of events which a varsity competitor is allowed to enter. In the past, a boy was permitted to enter no more than four events, including relays. This will be altered to read

that a boy may enter both relays, a track event and a field event, or two field events for a total of four events. The change was necessitated by the addition of another relay to the official order of events.

The San Diego Section proposal regarding the definition of "the season of a sport" was defeated and the definition of "the season of a sport" contained in the CIF, SS, Blue Book will remain unchanged.

The Council also approved the transfer of Rancho del Campo HS from the Southern Section to the San Diego Section, effective in September, 1968. The transfer request was granted because of approval by both sections involved.

NEW FORMAT FOR WATER POLO PLAY-OFFS

On Monday afternoon, November 13, water polo play-off competition will begin in the CIF, SS, with a new 24-team format rather than the 16-team draw used in past years.

Since more than 16 leagues in the CIF, SS, field water polo teams, the play-offs were expanded so that all league champions, co-champions and representative second-place teams could be included in the play-offs.

Under the new system, all champions, co-champions and qualified free-lance teams will automatically qualify for the play-offs. A special play-off committee, composed of the four coaches whose teams qualified for the preceding year's semi-finals, will then select additional strong second-place
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Coaches Invited to Attend L.A. Cage Classic Sessions

Through the cooperation of the participating schools in the ninth annual Los Angeles Basketball Classic, all CIF, SS, basketball coaches, their wives and their teams have been invited to attend and the Friday and Saturday afternoon sessions of the 1967 tournament on a complimentary basis.

According to Jesse T. Hill, USC Athletic Director and chairman of this year's classic, the sessions, slated for December 29 and 30, are afternoon sessions beginning at 1:30 p.m.

Arrangements will be made for coaches to pick up their complimentary tickets at a specified ticket window at the Sports Arena. Coaching credentials will be required for identification purposes. All coaches, wives and team members will enter the Sports Arena at the West Concourse.

Further information on the Classic may be obtained from Mr. Hill at USC (746-2221).

CALENDAR OF EVENTS

NOVEMBER

- 3 State CIF meeting, Sacramento
 - 16 Cross country prelims, Sunny Hills HS, Centinela Park
 - 21 Cross country finals, Long Beach State College
 - 24 First round, football play-offs, all divisions
 - 13, 14, 15
 - 17, 21 Water polo play-offs, finals at Long Beach Millikan HS
- ### DECEMBER
- 1, 8, 15 Football play-offs

TRACK FILM MISSING

Copy number two of the 1966 CIF, SS, Track Finals has not been returned to the CIF office after use by a member school. It is quite possible that the film could have accidentally been sent to another school or has been mistakenly placed in the film library of one of our member schools. Athletic directors are asked to check their film libraries in search of this film produced by Sportfilm Processing in Downey.

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Officers
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Keith J. Lee, Principal, Dominguez HS, Treasurer
Kenneth Fagans, Commissioner of Athletics

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Rev. Thomas Kiefer, Principal, Bishop Amat H.S.

CIF Schools Lead Nation In Athletic Participation Poll

Interscholastic athletics continue to be a major source of extra-curricular activity for high school boys throughout the nation, according to a recent survey which polled athletic participation in CIF member schools and in 10 other states whose programs are nationally-recognized.

According to the survey over 3,300,000 boys participated in interscholastic athletics during the 1966-67 school year. Of the states polled, California had the largest number of participants, 303,934 in 820 senior high schools.

Football continued to lead in popularity as 829,286 boys played during the 1966 season. California's 82,458 participants represented nearly 10 per cent of the national figure.

In releasing the results of the poll, State CIF Commissioner William W. Russell commented that numbers alone do not make for a successful program. He stressed that, to be of maximum effectiveness, the athletic program should fulfill four basic obligations which were:

- It will be a well-coordinated part of the secondary school curriculum;
- It will be conducted by secondary school authorities in a manner to justify use of tax funds and school facilities because of the educational aims achieved;
- It will be based on a spirit of amateurism; and

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CROSS COUNTRY CHAMPIONSHIPS UNDERGO CHANGES FOR 1967

Following recommendations made by a special committee of cross country coaches, this season's CIF, SS, cross country championships will be run under a radically-changed format which more closely resembles that used for other sports.

Rather than the customary four divisions based on enrollment in individual schools, this year's championships will be run in three divisions, with cross country leagues paired according to average league enrollment in the upper three grades.

Two preliminary meets will be held, at Sunny Hills HS and Centinela Park in Inglewood, on November 16. Six leagues in each division will be represented by two teams at each preliminary meet, making a total of 12 teams in each division.

From the prelims, the fastest five teams will qualify for the finals, as will the fastest two boys on non-qualifying teams providing they finish among the top five in their division.

The championship meet will be held beginning at 3 p.m. on Tuesday, November 21, at Cal State at Long Beach, under the direction of CSLB cross country coach Jack Rose. The "A" division race will be run at 3 p.m., the "AA" race at 3:30 and the "AAA" race at 4. Awards will be presented at the conclusion of each race.

Commissioner of Athletics J. Kenneth Fagans reminded coaches that the rule requiring contestants to wear shoes

WATER POLO

(Continued from page 1)

teams to round out the bracket of 24.

The teams will then be seeded and the top eight teams will be given a bye on the first round of play. The remaining 16 teams will be paired for the opening round on Monday, November 13. These games will be played in one of the competing teams' pools.

On Tuesday, November 14, all games will be played in Long Beach high school pools with the eight seeded teams meeting the winners of the games played on Monday. The balance of the play-off games will be held in Long Beach high school pools, with the finals slated for Millikan High School on Tuesday night, November 21.

A special program is produced for the finals by Bruce Hopping, founder and national chairman of the New Jersey Foundation, with proceeds from program sales earmarked for the United States Olympic Fund. The New Jersey Foundation is absorbing the cost of the program for the purpose promoting aquatics in Southern California.

is not effective until the 1968 season. Boys may wear shoes in this year's competition, but are reminded that spiked shoes will not be permitted.

Leagues competing at Sunny Hills HS include ("AAA") Citrus Belt, Freeway, Garden Grove, Pacific, Sierra, Sunset; ("AA") Crestview, Irvine, Imperial Valley, Ivy, Montview, San Antonio; ("A") Angelus, Desert Valley, Hacienda, Orange and Santa Fe.

Centinela Park participants will come from the following leagues: ("AAA") Bay, Channel, Coast, Foothill, Moore, Sky; ("AA") Golden, Pioneer, Rio Hondo, San Gabriel Valley, Santa Barbara County, Suburban; ("A") Camino Real, Catholic, Frontier, Olympic, San Luis Athletic and Tri-Valley.

FR. KIEFER

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dent of the old Parochial League and, more recently, of the Santa Fe League. He has been a member of the CIF, SS, Council for three years.

He is a charter member of the Executive Committee of the Catholic Athletic Association and was recently elected to a two-year term as a member of the Executive Committee of the Athletic Board of the Archdiocese of Los Angeles.

Born in St. Louis, Missouri, Father Kiefer was educated at the Cathedral Latin School and Glennan College in St. Louis. He then came west and attended Los Angeles College and St. Johns' College in Camarillo. He was ordained from St. Johns' Major Seminary on May 4, 1946. He went on to receive his M.S. Degree from Immaculate Heart College in Los Angeles.

San Marino HS Plans Special Track Meet

In an attempt to familiarize students with the sport of track and field, Fortune Gordien, track coach at San Marino HS, has planned a special track meet to showcase the sport, event by event.

Planned as part of an all-school assembly, the meet will match the fastest two varsity competitors in each event from San Marino and a competing school, as yet unnamed. In this way, Gordien noted, students would get a chance to witness each event as it happens, rather than having to wait three or four different areas at the same time, as is the case at a regular dual meet where track and field events are contested simultaneously.



ARIZONA SALUTE — Donald F. Stone (second from right) was honored at a retirement dinner last month upon his leaving the post of AIA Executive Secretary. Among those attending to salute the long-time administrator were (from left) Clifford B. Fagan, Executive Secretary of the National Federation; CIF, SS, Commissioner of Athletics Ken Fagans and Hy Hendrickson, who replaced Stone as AIA Executive Secretary.

ADVICE GIVEN ON MOVING THE INJURED ATHLETE

The National Federation of State High School Athletic Associations and the Committee on the Medical Aspects of Sports of the American Medical Association issued the following comment on procedures advised for moving the injured athlete.

STOP (stop play immediately at indication of injury.)

LOOK (look for obvious deformity or other deviation from normal.)

LISTEN (listen to athlete's complaint.)

ACT (move the athlete only after serious injury is ruled out.)

The First Aid Chart for Athletic Injuries (AMA, 1965) thus places "action" last among the four initial steps of first aid to protect the athlete at the time of injury.

Serious injuries occur in sports as in other activities of life. The advantage of participating in supervised sports is that these injuries can be anticipated and appropriate safeguarding measures can be taken. First aid procedures and equipment can be prearranged. Student managers, as well as coaches, trainers and other faculty members connected with sports, should be well-grounded in correct first aid procedures, especially proper methods of moving the injured player. Improper or careless methods can increase the severity of the injury and may even cause disability or death.

A physician hopefully is present at athletic contests such as football where the risk of injury is obvious. One of the responsibilities of the attending physician is to supervise the transportation of an injured athlete when this is necessary. However, such a provision is no assurance against problems, because serious injury can occur 1) in practice when a physician may not be immediately at hand, and 2) in sports

that are not so hazardous as to require the regular attendance of a physician. In such instances it may be necessary to move the injured player in accordance with sound principles, although it would be preferable to do so only on a physician's instructions:

Principle One. Avoid being hurried into moving an athlete who has been hurt. Meriting reemphasis is the admonition that to protect the athlete at the time of injury, move him only after serious injury is ruled out. Few injuries in sports require breakneck speed in removal of the player; the game official will respect the judgement and caution of responsible personnel.

Principle Two. Obtain medical supervision before moving an athlete with a suspected neck or spinal injury. An athlete's inability to move or feel an extremity, even if momentary, is sufficient cause for the first aider to be determined in his conservatism. Moving a player with such an injury can cause further damage and result in permanent disability if not death. The game can wait.

Principle Three. Have near at hand for ready use at the site of participation 1) a stretcher, 2) a telephone, and 3) safe means of transportation to the nearest hospital. The stretcher may be in conflict with the heroic stoicism an injured player mistakenly wants to display. But with any serious injury, attempting to walk or run off the field may be sufficiently aggravating to delay unnecessarily the effective return of that athlete to competition. In the case of a concussive head injury, the recumbent position is a wise precaution against aggravation of possible internal bleeding before medical care can be reached. The immediate (Continued on page 4)

Arizona Association Official Honored at Retirement Dinner

Donald F. Stone, Executive Secretary and Consultant for the Arizona Interscholastic Association for the past 16 years, was saluted at a dinner in his honor on Monday evening, October 23, in Phoenix.

In addition to his duties as Executive Secretary, Mr. Stone served for many years as principal of West High School in Phoenix, which until recently was an associate member of the CIF, SS.

Representing the CIF was Commissioner of Athletics Ken Fagans who extended greetings from all the school men in Southern California and, in addition, presented Don with a Helms Medallion of Honor commemorating his many years of dedicated service to the interscholastic athletic program.

Highlight of the evening's festivities was the keynote address on "Leadership for Interscholastics" delivered by Clifford B. Fagan, Executive Secretary of the National Federation.

Hy Hendrickson, who replaced Mr. Stone as AIA Executive Secretary emceed the program which included talks by R. Carl McCullar, principal at East Phoenix High School; Bob Allison, Sports Editor of the Phoenix Gazette, and Ben Rutherford, president of the AIA Executive Board.

PARTICIPATION POLL

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d. It will foster training in conduct, game ethics and sportsmanship for participants and spectators and will engender respect for local, state and national rules and policies under which the school program is conducted.

"We should always remember that an athletic contest is only a game—not a matter of life or death for players, coach, school, official, fan, community, state or nation," Russell concluded.

Athletic Participation Survey 1966-67 School Year

	Nation	California
Baseball	372,835	34,770
Basketball	687,261	39,003
Cross Country	131,760	19,443
Football	829,286	82,458
Golf	81,853	6,393
Gymnastics	28,478	4,661
Soccer	42,443	2,926
Swimming	71,710	18,675
Tennis	86,879	13,097
Track & Field	569,041	50,921
Water Polo	5,804	5,804
Wrestling	187,074	21,652
Other Sports	221,833	4,131
TOTALS	3,316,157	303,934

GAMES WANTED

FOOTBALL

Beverly Hills — C only Nov. 9
St. Joseph — V-FR—Nov. 10-17
1968

Burroughs, CL—Sept. 28, Nov. 8
Hawthorne—Sept. 27
Bishop Amat—Oct. 4, 11
Leuzinger—Sept. 27
Palmdale—Sept. 27 h, Nov. 1 a
Neff—Oct. 4, 11
Alhambra—Oct. 4, 11
San Bernardino—Sept. 20,
Scrimmage Sept. 14
Chino—Sept. 29
Dominguez—Oct. 4
Gahr—Oct. 4
San Clemente—Sept. 27
El Dorado—Oct. 25-26
Bellflower—Sept. 20
St. Bernard's—Sept. 20
Santa Ana—Sept. 27
El Monte—Sept. 20
La Canada—Oct. 11
Duarte—Sept. 27, Oct. 4
Cabrillo—Sept. 20 h, Oct. 4 h
Oct. 11 a

TRACK

St. John Bosco—V/B/C Mar. 7, 14
Hoover—V/JV/B/C Mar. 1
Duarte—Feb. 23, 29, Mar. 7, 14
San Marino—Mar. 7-8, 14
California—Mar. 7-8, 14-15
Downey—Mar. 14-15
Edgewood—Feb. 27-29
Santa Fe—Mar. 7, 14
Compton—h/a Mar. 8
Bosco Tech—any dates, Mar 15-
April 15
Jordan—Feb. 27-29
Bellflower—V/B/C Mar. 4 or 11
Paramount—Feb. 21, Mar. 4

BASKETBALL

Oxnard—needs 1 team for V Tnmt
Dec. 13-15
Bell-Jeff—wants to enter V Tnmt
week of Dec. 26
North Torrance—needs 1 team for
V Tnmt Dec. 26-28
Murphy—needs 1 team for V Tnmt
Jan. 4-6; "B-C" any dates
Yucaipa—V/JV Dec. 15, Jan.
16 or 30
Corona—needs 1 team for V
Tnmt Dec. 18-22

Swim League Looking For Additional Teams

Hugh Von Plater, swimming coach at St. John Bosco High School, is looking for schools which are starting a swimming program or which are currently competing on a free-lance basis and are interested in joining the Southern California Swim League, which is composed of teams from St. John Bosco, Servite and Notre Dame. Interested coaches may contact Von Plater at TOPaz 7-2753.

Rubidoux—needs 2 teams for V
Tnmt Dec. 26-28

Brethren—needs 3 teams for V
Tnmt Dec. 26-28

Quartz Hill—needs 1 team for V
Tnmt Dec. 19-22

Burbank—V/JV/B/C Dec. 1
Ganesha—wants to enter JV Tnmt
in Dec.

Bonita—JV/B/C/FR Dec. 8 or
13, Dec. 18-22, Dec. 26-30

Bell Gardens—JV/B/C Jan. 2, 3,
4, 5

Northview—V/JV 1 game Dec. 2
or week of Dec. 18; V/JV/B/C,
scrimmage Nov. 22; C 2 games
Dec. 5 or 8; FR 1 game week
Dec. 18

San Bernardino—scrimmage Nov.
27-29

Paramount—needs 1 team for V
Tnmt Dec. 13-15

Mater Dei—scrimmage V/JV/B/C
Nov. 20-30

Bassett—Dec. 15 V/JV/B/C

Millikan—B/JV Dec. 15, Jan. 3

Anaheim—JV/JV/B/C Dec. 1 or 2

Temple City—needs 2 teams for V
Tnmt Jan. 4-6

Bosco Tech—JV/B only, Dec. 6-9,
Dec. 26-30

La Salle—V/JV/B/C scrimmage,
Nov. 20, 24, 27, 30

Chaminade—V/JV/C only, Jan. 19,
Feb. 9-10, 13, Jan. 13;
V/JV/B/C Dec. 7

Bishop Montgomery—needs 1 team
for V tnm Dec. 27-29

San Clemente—needs 1 team for
V tnm Dec. 20-22

Glenn—B only Dec. 8 or 21

TENNIS

Sierra—V/JV Feb. 23, Mar. 5-6

Elsinore—Mar. 22, 29 or April 5

St. John Bosco—any dates

Laguna Beach—V/JV Mar. 5, 15

Westminster—V/JV Mar. 15

WATER POLO

Fontana—Nov. 16

WRESTLING

Bishop Amat—Jan. 11, 16, 18, 23, 25

Fontana—Jan. 9, Feb. 8

Bellflower—Dec. 14

L.B. Poly—Nov. 27-30, Dec. 4-7,
11-15, 18, 29, Jan. 12-4 dates

Beverly Hills—Dec. 5, 14, Jan. 23

Ventura—pre league, any dates

Upland—Dec. 3, 4, any dates in Jan.

SWIMMING

Crescenta Valley—2 meets Feb. 15,
Mar. 1

Northview—V/B/C Feb. 7, Mar. 13

Lynwood—any dates

Nogales—Feb. 7, 14, 21

GYMNASTICS

Baldwin Park—Hosting invitational
February 22-24

Excelsior—2 dates Feb. 29, Mar. 14

BASEBALL

Baldwin Park—V/JV/FR scrim-
mage, Feb. 23, 27 or 28

Quartz Hill—Wants to enter Easter
Tnmt April 8-15; V/JV Mar. 8-9

Sierra—scrimmage Feb. 23

Lynwood—F only Mar., April,
13-15, Mar. 6-8

Boys Republic—Mar. 1, 5, 12, 19

Saddleback—Mar. 18 or 22, April
16 or May 3

Hoover—Mar. 8

Lynwood—F only Mar., April,
May

Elsinore—V/JV Feb. 27, Mar. 5

Burroughs, Bur—Mar. 8, Feb. 27

Chaffey—F only Mar. 4, 7, 11,
18, Apr. 1, 18, 19

Bosco Tech—April 1-15, May any
dates

St. John Bosco—V/JV scrimmage
Feb. or Mar. any dates

Bassett—V/JV Mar. 1, 5, 8, 15, 19

Nogales—V/JV/FR Mar. 1;
scrimmage Feb. 28

Bonita—F only, any dates after
Mar. 1

L. B. Wilson—V/JV Mar. 5

1000 Oaks—V/JV Mar. 15-16

Paramount—scrimmage Feb. 20-23,
26-27

St. Paul—V/JV Mar. 8, 22

MOVING INJURED ATHLETE

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diate availability of a vehicle for rapid transit can be a life-saver. Rapid communication with an assigned physician is frequently necessary.

Principle Four. If the player can be moved, support the injured joint or limb. If in the lower extremity, avoid weight-bearing. An assistant of 140 pounds is little help in this regard when helping a limping 220-pound player away from the zone of action. If the upper extremity is involved, giving support against gravity will bring the player to medical care with the least possible pain and risk.

Principle Five. If the player is to be moved, move him away from the proximity of the crowd. An emergency medical station near, but not at, the site of action will minimize the natural tendencies of the athlete to attempt unauthorized return to play. Equally important it will give the physician the opportunity to make a quick, unrushed initial evaluation of the severity of the injury.

Principle Six. Post conspicuous signs and have understood by all supervisory personnel the step-by-step directions for emergency first aid procedures. The physician closest to the school sports program can help develop the best practical plan.