# C. I. F., SOUTHERN SECTION

# MONTHLY BULLETIN

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# SS CROSS COUNTRY COACHES HOLD MEETING

On Wednesday, October 11, a representative group of CIF, SS Cross Country coaches met in the CIF, SS Office, for the purpose of formulating plans for the 1961 preliminary and championship Cross Country meets. Those in attendance included the following: Gil Dyrr, Colton HS; Ernst Hartmann, Compton HS; Hank Ketels, Aviation HS; Al Zimmerman, Downey HS; Sam Travis, El Rancho HS; Fred Barton, La Puente HS; Jim Miller, Pacific HS (S.B.); Jack Parks, Redondo HS; Bucky Harris, Millikan HS; Marshall Clark, Los Altos HS; Jack Rowan, Huntington Beach HS; Willis Wilson, La Habra HS; Howard Brubaker, Santa Ana Valley HS; and Kenneth Fagans, Commissioner of Athletics.

The question as to the best method of conducting the 1961 program was thoroughly discussed. It was the opinion of the majority that the holding of only a Large and Small School Cross Country division was decidedly unfair to the majority of schools. It was moved, seconded and carried that the 1961 CIF, SS Cross Country program should include three divisions. Rather than set an arbitrary division according to size of schools, it was decided to make the division after all entries had been received in the CIF, SS Office. The schools would then be aligned according to size, with the top third being placed in the Large School division, the middle third in the Medium-size School division and the remaining third competing in the Small School division. Because of recently adopted regulations, there will not be a Junior Varsity division included in this year's Cross Country program.

Three preliminary meets have been scheduled for 2:30 P.M. on Wednesday, November 22, at Centinela Park in Inglewood, Irvine Park near Orange, and Long Beach State College. Each of these preliminaries will qualify three teams from each division into the championship meet, which will be held on the Mt. San Antonio College course at 2:30 P.M., Friday, December 1. In addition, the two fastest boys on non-winning teams, provided they finished among the first five individual finishers, will qualify from each division at each preliminary meet into the championship meet.

Entry blanks will be mailed late in October to all schools fielding Cross Country teams. One copy of the entry blank must be completed and returned to the CIF, SS Office along with the entry free and eligibility form, not later than

Monday, November 13. This will enable the Commissioner to make assignments of schools to the three preliminary meets and see that this information reaches each participating school in time to permit transportation arrangements to be made.

Schools will be assigned to the various preliminary meets on the basis of team strength and geographical location. This will be done in order to balance the strength at the three preliminary meets. Hank Ketels will serve as manager for the meet at Centinela Park, Howard Brubaker will manage the meet at Irvine Park and Jack Rose will be in charge of activities at the Long Beach State College prelims. The championship meet at Mt. SAC will be under the direction of "Doc" Marrin, track coach at La Puente High School.

It was decided to convene the Cross Country coaches committee some time during January, 1962, for the purpose of reviewing the 1961 Cross Country program and formulating definite plans for the 1962 season. Any Cross Country coach in Southern California having suggestions relative to the Cross Country program should communicate his ideas to the Commissioner prior to January 10, 1962.

Should a school not receive their entry blanks or should there be any questions concerning the 1961 Cross Country program, coaches are advised to contact the CIF, SS Office at once.

There being no further business to come before the committee, the meeting was adjourned at 9:40 P.M.

Respectfully submitted,

J. Kenneth Fagans Commissioner of Athletics



#### COUNCIL MEETING

The first meeting of the CIF, SS Council for the current school year will be held at 9:30 A.M. at California High School in Whittier, on Saturday, November 18, 1961. A number of controversial items pertaining to our interscholastic athletic program will be included on the agenda. Superintendents, principals, physical education supervisors and coaches are privileged and welcome to attend and address this meeting but may not vote.

# CALIFORNIA INTERSCHOLASTIC FEDERATION, SOUTHERN SECTION

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# BLOCK THAT KICK

The thousands of boys who answer the coaches' call for football squad members for the 1962 season will have no need to worry about teeth lost in the line of scrimmage.

They will be better safety-equipped than ever before because a new rule, making mandatory the wearing of fitted, flexible mouth and tooth protectors by all boys participating in football, was adopted by the National Alliance Football Rules Committee in its January, 1961 meeting. The rule was made effective for the 1962 season.

Nearly every football player will come under the new ruling. All members of the National Federation of State High School Athletic Associations, the National Junior College Athletic Association, and the National Association of Intercollegiate Athletics will be required to equip their teams with the new mouth protectors.

The importance of this far-reaching change in football rules is obvious to coaches and students of the game. Several studies, involving thousands of athletes, have indicated that at least 50 per cent of football injuries occur in and around the mouth.

Last year, in a survey of 3,694 football players from 70 colleges and universities, it was found that they had 586 teeth lost, broken, or chipped. The schools had spent more than \$26,000 on dental treatment for the year.

Studies have also shown that face guards alone do not protect against injury to the teeth and

mouth. A Wisconsin study of players wearing face masks found them half safe . . . providing about 50 per cent effective tooth protection . . . but stated that "the ultimate in tooth protection can be obtained only when a face mask is supplemented by a mouth protector."

Realizing the serious implications of the research which had been conducted to determine the nature and extent of dental injuries in football, the American Dental Association and the Association for Health, Physical Education, and Recreation recently completed a year's study of the problem. Their conclusions, which appear in the "Report of Joint Committee on Mouth Protectors" are:

Injuries to the mouth and teeth continue to occur during football games and practice even though some protection is afforded by the use of face guards.

Although many schools are providing mouth protectors for football players, many athletes are still without this protection.

Properly fitted mouth protectors, worn by players during practice and games, will prevent nearly all injuries to the teeth and mouth.

Several types of mouth protectors are currently available. Each will afford a significant amount of protection if used.

Player acceptance of mouth protectors depends on several factors: fit, personal comfort, retention, effect on speech, and breathing are the most important.

Custom-made, individually fabricated, mouth guards have been found to be most effective and to have greatest player acceptance.

It is now possible to fabricate custom-made mouth protectors inexpensively, quickly, and easily and still retain the desirable characteristics by using self-curing latex with rayon flock.

Schools and college officials who wish to implement the National Alliance ruling with the most effective mouth protection equipment for their football squads should confer with local dental societies. These groups are in the best position to give sound advice on comfort, fit, toughness, cost and all other factors related to the protection of the teeth.

As closer liaison develops between members of the dental profession and coaching faculties, injuries to the teeth and mouth should be greatly diminished, perhaps eliminated entirely.

Courtesy of Charles A. French, Assistant Director of the Bureau of Dental Health Education, American Dental Association

#### W. R. "BILL" SCHROEDER HONORED

The tables were turned on Mr. W. R. "Bill" Schroeder, Managing Director of the Helms Athletic Foundation, when a testimonal dinner was held in his honor at the Biltmore Hotel in Los Angeles on October 12, 1961. More than 1,100 of his friends were in attendance to pay their respects to this fine gentleman, who during the course of his twenty-five years' association with the Helms Athletic Foundation, has passed out more "Academy Awards" in sports than the Screen Actors Guild for members of its profession.

Toastmaster Art Linkletter read the messages of recognition bestowed upon Schroeder. They came from the office of the President of the United States, former President Dwight D. Eisenhower, former Vice President Richard M. Nixon, Governor Brown, Mayor Yorty and many others. In addition, Paul Schissler, chairman of the testimonial committee, presented him with the keys to a 1962 Impala, which was laden down with gifts.

The CIF, Southern Section, which was represented by its officers, officially presented Mr. Schroeder with a beautiful plaque with an inscription conveying to Bill our sincere appreciation for the many courtesies he has extended to our organization over the years.

It was most gratifying to note that over forty of our member schools were represented at the affair. Bill Schroeder, during the past twenty-five years, has contributed greatly to our fine athletic program by honoring thousands of outstanding high school coaches and athletes annually, in the sports of football, water polo, basketball, baseball, golf, and track and field. Unquestionably, this was an opportunity for our schools to pay tribute to the man who has done so much for CIF, SS, coaches and athletes.

We join with all of Bill's friends in wishing continued success to Bill Schroeder and the Helms Athletic Foundation and trust that it will continue to grow and prosper.

# VIOLATION OF AMATEUR RULE

Since the beginning of the current school year, representatives of many member schools have contacted the CIF, Southern Section office to inquire as to whether or not a high school boy's eligibility standing would be jeopardized if he posed for publicity pictures for local organizations. It seems that many merchants who sell clothing and similar items used by high school students are employing boys to pose for pictures which are to be used in school and local papers for advertising purposes.

The specific rule applying to this situation is as follows: "Capitalization of Athletic Fame—1. Granting or sanctioning the use of one's name to advertise, recommend, or promote the sale of the goods or apparatus of any person, firm, manu-

facturer or agent, or by accepting compensation, directly or indirectly, for using the goods or apparatus of any person, firm, manufacturer or agent would cause a boy to lose his amateur standing."

If a high school boy's picture appears in a school or local newspaper advertising some type of merchandise and he is identified as being a football, basketball or some other type of player, then this rule would apply and the boy could then be declared a professional. This interpretation was secured from the Secretary of the Southern Pacific AAU. Administrators and coaches would be wise to advise high school athletes to refrain from any type of activity which might jeopardize their amateur standing.

### CHANGE IN TRACK DATES

Although information has been disseminated to all member schools concerning a change of dates for certain of our SS Track and Field Meets, we are going to repeat the information here so that there will be no misunderstanding.

Originally, we had planned on holding one semi-final meet on Friday night, May 18, and the other on Saturday, May 19. Because the Coliseum Relays have been reactivated and will be held on Friday, May 18, we feel that it is in the best interests of all concerned to hold both of our semi-final meets on Saturday, May 19.

Our championship meet has always been held on a Saturday, but due to the excellent facilities at Mt. San Antonio, it has been agreed to conduct this meet this year on Friday evening, May 25, 1962. This will be the 50th SS track meet, and we are planning many special activities for this 50th anniversary of our track program.

The following sites, dates and times are listed for all 1962 championship meets:

May 12—PRELIMINARY MEETS Buena Park HS (day) Riverside Poly HS (day) Burroughs HS, Burbank (day) Millikan HS (day)

May 19—SEMI-FINAL MEETS Bellflower HS (day) Compton HS (day)

May 25—SS CHAMPIONSHIP MEET Mt. San Antonio College (night)

June 2—CALIFORNIA STATE MEET Modesto (day)

The qualifiers from the Buena Park and Riverside Poly preliminaries will attend the semi-final meet to be held at Bellflower. The qualifiers from the Burroughs and Millikan meets will attend the semi-final to be held at Compton HS.

### THANK YOU

We are pleased to reproduce a letter received from "Bill" Schroeder, thanking the CIF, SS, for the very fine plaque presented to him on the anniversary of the 25th year of the founding of the Helms Athletic Foundation.

"Dear friend Kenny:

"How very thrilled I was to receive your coveted and charming California Interscholastic Federation, Southern Section, Award which was presented to me at the testimonial dinner which was given for me at the Biltmore Hotel here in Los Angeles last Thursday evening.

"I never had any idea that I would have been remembered so well by the CIF, SS, and its member institutions, so generously. Now, it has happened, and I am so proud.

"As you well know, my interest in the California Interscholastic Federation and in the athletic program of our Southern California high schools is very close to my heart—as it has been for the past quarter of a century.

"I treasure your CIF, SS, Award immeasurably.

"I hope that it will please you to learn that I have posted the CIF, SS, Award in a prominent location in my office here at Helms Hall, and it will serve as a constant reminder of my cherished association with you and ever so many of your high school athletic leaders down through the years.

"With best wishes.

Most cordially yours, (signed) W. R. "Bill" Schroeder Managing Director

# FREE LANCE SCHOOLS MUST SUBMIT CLASSIFICATION DATA

Each pupil, if he is to compete in interscholastic athletics, must be classified according to the current CIF, Southern Section, exponent point system which is based on height, weight, and age. Such classification must be accomplished each year within three weeks after a school begins counting regular attendance in its regular school year and prior to any interschool competition.

The height and weight of each pupil who expects to compete in interscholastic athletics shall be certified by a faculty member from a regular CIF, Southern Section, member school other than that of the pupil. Schools which are not members of an organized league shall file cards or lists with the Commissioner of Athletics. The filing of cards or lists shall be done as soon after the classification procedure as is feasible. Each school shall be responsible for maintaining duplicate cards or lists for its own use in assigning pupils to classification teams and not expect such service from the CIF office.

Free lance schools needing a supply of Three Point Record forms for the purpose of listing boys who have been classified may secure them by contacting the CIF, Southern Section, office.

# NEW CIF, SS RULE GOVERNING COLOR OF GAME JERSEYS

At the May meeting of the Council a new CIF, SS, regulation was adopted which provides that in all football and basketball games the home school shall wear dark-colored jerseys and the visiting team shall wear light-colored jerseys. This rule was adopted only after considerable discussion which brought out the following facts: (1) it has been traditional in basketball to wear light at home and dark on the road, (2) many leagues have rules in variance with the proposed regulation, and (3) the football rule book already has a rule pertaining to this matter.

The consensus of opinion, however, was that the adoption of this rule would be in the best interests of the majority of schools for the following reasons: (1) everyone would follow the same rule and it would eliminate misunderstandings, particularly in practice games, (2) boys prefer to wear their colored (school colors) jerseys before the home crowd, (3) football and basketball would be the same, and (4) would make unnecessary a phone call to make certain that the competing teams have contrasting colored jerseys.

Leagues are urged to change their by-laws to conform to this new regulation. If a league does not desire to conform, they may of course continue their former policy in league contests. They would, however, be expected to abide by the new CIF, Southern Section, regulation when scheduling practice games, or participating in tournament or play-off contests. Schools having only one set of jerseys will be responsible for notifying all opponents of this fact at least one week prior to a scheduled contest.

# OPENING DATE FOR BASKETBALL GAMES

Attention is called to Article XXX, paragraph 8, of the Blue Book, which states that no interschool basketball game may be scheduled prior to December 1 of any given year. In checking over basketball schedules submitted to the CIF, SS Office, we have noted that a few schools have scheduled games for Thursday, November 30, 1961.

Confusion has undoubtedly arisen because the Council recently made an exception to this rule by granting permission for schools to schedule inter-school basketball games on Friday, November 30, 1962. Because of the calendar, an exception was made only for the year 1962.

It is suggested that all athletic directors and basketball coaches check their 1961 basketball schedules to make certain that no inter-school basketball game is scheduled prior to Friday, December 1, 1961. Two inter-school scrimmages may be scheduled between November 15 and November 30. For the official definition of a scrimmage, you are referred to Article XXX, paragraph 8, of the Blue Book.