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"Fastbreak" Film Star Scores for Columbia but She's CIF-SS All the Way!

Bobby James coolly moves to the arena area and begins to warm up with the other team members for the night's game. Known as "Swish" to fans and friends, the 5-11 wiz kid is a mystery to many and an irritation to opponents. And no wonder, because "Bobby" is actually a woman basketball player recruited by Gabe Kaplan to play in male disguise on a college team in the Columbia Pictures production of "Fastbreak".

Cute character, right? But beyond even this frame by frame cinema surprise is a real publicist's tidbit. The woman playing "Swish" in the film is not a veteran filmmaker, camp follower nor aspiring actress. The Hollywood-hyped basketball star is actually a dedicated and down to earth CIF

Southern Section coach at Rubidoux High School in Riverside. Mavis Washington is for **real**.

"I thought it was a joke," said Washington when first approached by Columbia representatives during summer league play at Cal State L.A. Although all the film's players had actual basketball experience, "I had no **film** experience," she said. But that didn't stop Washington from creating a convincing performance as a New York woman basketball-addict who would go to the extreme of hiding her sex to play ball. "She wanted to play that bad," said the coach. And the determination of the character seems right in line with Washington's own drive.

Having happily coached now at Rubidoux for three years, Washington said things were a lot different during her ninth grade athletic career beginnings. "I wasn't coached like kids now," she said. As an example, "There were no camps. I didn't know what those were," she said.

In high school, Washington participated in many sports including softball, track, badminton, volleyball and basketball. Track was her forte as a consistent 17-footer in the long jump during her senior year. She had the 1972 Olympics sighted as she entered college, but UC Riverside provided no track team for women at that time, and she had graduated from the GAA era of "play days", so the GAA competitive attitude went with her. Track was soon forgotten for volleyball.

Washington attended UCR for a Sociology major and a physical education minor as she inquired into becoming a probation officer. Doing volunteer work at Riverside's juvenile hall, she taught volleyball there and seemed to find what she was looking for in coaching.

"Teaching and coaching is what I like most," she said,

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Mavis Washington poses for her publicity shot for the Columbia Pictures basketball film, "Fastbreak". She disguised herself as Bobby James to play the star forward of what's supposed to be an all-male team, coached by comedian and actor Gabe Kaplan. We're glad to have the real, dedicated Coach Washington back at Rubidoux High School.

DATE CHANGE

All-CIF Invades Magic Mountain

Citizens Savings has just named this year's date for the All-CIF Awards Ceremonies at Magic Mountain in the girls' sports of volleyball, basketball, field hockey and softball.

The date had been set for June 16, but due to conflicts with another special event which would involve many athletes, thus preventing their attendance at the Magic Mountain Ceremonies, the date for this event has been changed from Saturday, June 16 to SATURDAY, JUNE 23 at 10:30 a.m. Please notify your athletes who have been selected to membership on the All-CIF Teams — and congratulations!

COMMISSIONER'S CORNER



T. E. BYRNES

KEEPING UP WITH TITLE IX

As a result of a major effort on the part of school administrators, coaches and Boards of Education over the last few years, we have seen tremendous progress towards the implementation within this Section of many of the essential ingredients of Title IX, both the spirit and letter. However, our continued sensitivity to this problem, even in light of many other urgent considerations, continues to be a necessary administrative task.

Although not a function of the CIF Southern Section, the organization continues to have a more than passing interest in the policies of school districts as they effect coaches' salaries, travel opportunities, etc. between Boys and Girls' activities. A balanced program between Boys and Girls athletics within the parameters of school district policy, continues to be a necessity if we are to promote equal opportunities for all of our young people.

It does not make sense for example, to on the one hand give lip service to equality, while on the other hand to promote special interest groups within the Boys' program. Certainly Boys and Girls sports are different, but schools will leave themselves open to criticism unless an appropriate rationale can be provided for major differences in school activities.

For example, in the awards program in a given school, it does not to this Office appear unreasonable to provide for similar recognition in terms of trophies and medals in related activities such as Boys' and Girls' tennis. It does not seem to this Office that in a non-income sport such as swimming, where schools are on their own, if it is school policy to provide a meal allowance during long trips for Boys' swimming that it is unreasonable to provide the same opportunity for Girls.

The aforementioned are obvious examples and certainly administrators should use good judgment in providing equity in areas which are dissimilar or do not lend themselves to ready or easy comparisons or solutions.

However, if the bottom line is to neglect to be sensitive in this area, we

MINUTES OF THE CIF-SS EXECUTIVE COMMITTEE MEETING APRIL 25, 1979

The Executive Committee meeting of the Southern Section of the California Interscholastic Federation was called to order by Chairman, Tony Balsamo at 10 a.m. on Wednesday, April 25, 1979 at Anaheim Stadium. All members were present with the exceptions of Moe Chavez, Don Conde and Steve Miletich.

1. BOYS' ATHLETIC DIRECTOR UPDATE — Clyde Francisco, representative to the Executive Committee, highlighted areas concerning Boys' athletics with major focus on a need for the continuation of the athletic directors' symposium and the cooperative growth of the various area athletic director associations.

2. GIRLS' ATHLETIC DIRECTOR UPDATE — Barbara Wilson, representative to the Executive Committee, highlighted areas concerning Girls' athletics with major focus on a need to provide input on financial innovations and financial costs to athletic directors and a report on the recently concluded State Athletic Directors Association convention.

3. SUPERINTENDENTS' UPDATE — Dr. Maury Ross, representative to the Executive Committee, highlighted areas involving a proposed

newsletter to encourage communication between superintendents and building principals and his attempts to acquire a workshop session at the State ACSA meeting in December, 1979.

4. STATE REPORT — The following items relative to the State CIF Federated Council were discussed:

(a) Wrestling Committee — It was moved and seconded to oppose the recommendation of the State Wrestling Committee with regard to adoption of the 13 weight classes as proposed by the National Federation.

(b) Metric Track — It was moved and seconded to send the State representatives uninstructed with reference to a proposal calling for the 1980 State CIF Track Meet to be run in metric distances.

(c) Hurdle Event — It was moved, seconded and passed to support the use of the intermediate height hurdles in the 330-yard event effective the 1984 State CIF Track Meet.

(d) By-law 604 — It was moved, seconded and passed to support the proposal calling for amendment to State By-law 604 so that it now reads: "Unattached competition is permissible for a student in other than school contests during the season of sport provided the student enters in the individual sports of cross country, fencing, golf, gymnastics, skiing, swimming (including unattached entry on relays), tennis (singles and doubles), track and field (including unattached entry on relays)."

(e) By-law 900 (c) — It was moved and seconded to send our State representatives uninstructed with reference to an amendment of the all-star rule in By-law 900 (c).

(f) Girls' Gymnastics Rules — It was moved and seconded to support the proposal that the National Federation Girls' Gymnastics Rules be the official CIF rules for Girls' gymnastics competition.

(g) Northern California Regional — It was moved and seconded to send our State representatives uninstructed with regard to a proposal for a renewal of the Northern California Regional Cross Country Championship.

5. NEW MEMBERSHIPS — It was moved, seconded and passed to accept the following schools to full membership effective September 1, 1979:

Christian School of the Desert (Palm Desert)
Nazarene Christian (Huntington Park)
Fullerton Christian (Fullerton)
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California Interscholastic Federation,
Southern Section
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(213) 860-2414

Officers

Tony Balsamo, Principal, Apple Valley HS, President
Dr. Hanford Rants, Principal, Gahr HS, President-Elect
Dr. Louie Joseph, Assistant Superintendent, Orange USD, Past-President
James Faul, Principal, Wilson HS (HH), Treasurer
Thomas E. Byrnes, Commissioner of Athletics

Bulletin Editor

Dean Crowley, Administrative Assistant
Cathy Connelly, Press Secretary

then create an environment conducive to those critics of our programs who are neither interested in Girls or Boys, but only in controversy and problems for their own sake. We realize that not all of these elements are in the hands of school principles, particularly when they effect certain items such as coaching pay, which are negotiated as part of master contracts. But it serves all of us to be positive and even handed in our approach to the young people whom we serve.

Coaches Hall of Fame Has 1979 Edition: Ernie Hartmann

A distinguished gentleman who long ago surpassed the usual contribution of personal time, energy and understanding for Southern California's youth has been selected as a recipient of the California Coaches Association Hall of Fame awarded for this year.

Ernie Hartmann is this exceptional man. Mr. Hartmann, a resident of Huntington Beach, coached for 33 years at Compton High School in the city of Compton. The coach was honored for his many quality years of athletic involvement in Anaheim, January 26. Three other coaches will also receive the award for this year, and all recipients are nominated and selected for this prestigious award by their fellow coaches throughout the state.



Coach Hartmann in Hall of Fame

Hartmann said he stayed at the High School level of athletics because he liked to train the participating boys from "scratch." "I liked to make something of them," he said.

Hartmann himself was involved in track — he started competing at the age of nine at the Los Angeles YMCA. The first organizational meeting of CIF was held at the same YMCA in 1914.

Mr. Hartmann remembers the days when boys could enter as many events as they wished, such as in the first state Track and Field meet in Los Angeles in 1915. "There was no age rule, no scholastic rules and no previous semester of eight semester rule," said Hartmann.

The coach also competed in track and field while he worked for the Southern Pacific and Union Pacific Railroads. He competed on the railroad's teams while he was a machinist for them, before his teaching career. "In those days," he said, "no one had fancy sweat outfits, but came out to the track in bath robes and an old pair of pants to keep warm before competition."

Even during Hartmann's first year as a regular coach, runners had no starting blocks, but instead dug holes in the track to give them leverage for their starts, he said.

And Mrs. Hartmann can surely remember it all also, since the two met during their early school years and were married in 1918. "We went to high school together," said Ernie.

"The citizens and sports fans of this community must certainly be proud of the great job that Coach Hartmann has done with its youth through athletics," said Ed Strelow, CCA Secretary, "for this achievement is a compliment to the school system, student body, and faculties where he coached and to his family."

SPORTSMANSHIP

Letter from Coach to Coach . . .

Below is just one good example of the right attitude toward athletic competition and sportsmanship. It's one way to foster good feelings and consequently good games, matches and meets with other high schools. This is a note from South Torrance High's Roger Bryant to Bob Bollinger at Fontana High School.

"I wanted to write and thank you for the way we were treated last Tuesday. The conduct of your team, conditions of the field and the feeling of welcome that we received was really first class.

Those things brought a lot of credit to you and Fontana High School. As you know, I've been around soccer and athletics for some time and came away from Fontana knowing that it was one of the best.

Please accept my compliments on your fine team, too. We probably had you a little outmanned, but the game was just as close as it could be. It was hard fought, but clean."

EXECUTIVE COMMITTEE MINUTES

(Continued from Page Two)
California Lutheran (Tustin)
Central Coast Christian Academy (Arroyo Grande)
Emek (North Hollywood)
Los Feliz (Los Angeles)
Pilibos Armenian (Los Angeles)
Oak Park (Agoura)

6. MULTI-CAMPUS REQUEST, 1979-80 — It was moved, seconded and passed to approve the multi-campus request for ninth graders of Alta Loma High School and their at-

tendance at Montclair and Chaffey high schools; and the request by Whittier Christian High School (grades 10-12) and Whittier Christian Freshman High School (grade 9).

7. BASEBALL COACHES — Discussion was held relative to the ruling whereby a baseball game is terminated when the head coach is ejected and the lack of consistency in this ruling with other sports. The item was referred to the Blue Book Committee for study and recommendation.

8. TRI-COUNTY LEAGUE REQUEST — It was moved, seconded and passed to approve the format of the Tri-County League football carnival for 1979.

9. FOOTBALL LEAGUE REQUEST — It was moved and seconded to deny the request from the Football League that an additional CIF courtesy card be given to each member school.

10. PACIFIC LEAGUE REQUEST — It was moved and seconded to deny the request of the Pacific League that the football championship in all divisions be played at a neutral site.

11. PINON LEAGUE REQUEST — It was moved, seconded and passed to approve the re-formation of the Pinon League effective 1979-80 school year. Membership will consist of Boys' Republic, Desert Sun, Twin Pines and Van Horn Center high schools.

12. INDIO SWIM QUESTION — It was moved, seconded and passed that Indio High School be placed in the Ivy League for Boys' and Girls' swimming on the 1979-80 school year, due to a lack of program being offered by the Desert Valleys League.

13. CARNIVAL QUESTION — It was moved and seconded to continue to maintain our present carnival rule as covered in Article XXXVII, Section 11 (d) with further study to be continued on same by the office.

14. ORANGE COUNTY SECTION — Dr. Lou Joseph and Mr. Robert Packer reviewed with the Committee information relative to a feasibility study being conducted on the formation of an Orange County Section.

15. NORDHOFF HIGH SCHOOL REQUEST — It was moved, seconded and passed to approve the Rotary Exchange Program as submitted by Nordhoff High School.

16. ARCADIA HIGH SCHOOL REQUEST — It was moved and seconded to deny the request of Arcadia High School for soccer competition outside the season of sport during the school year.

17. DESERT VALLEYS LEAGUE PROTEST — It was moved, seconded and passed to uphold the League's de-

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Athletic Trainer Uribe Wraps Injuries in Irvine—She's a Pro

The torn muscle, sprained ankle, over-extension — the athletic injury. To sports participants they are a plague to be avoided at all costs. But at Irvine's University High School in the CIF Southern Section, a skilled pair of hands and an injury educated mind treat and often prevent injuries through the expertise and understanding only a veteran athlete and well-versed trainer can have. And at University there's an added adjective for this magical mender. Their athletic trainer is a woman.

Dolores Uribe has been the school's athletic trainer for both boys and girls in sports since September. "It's hectic," says Uribe, but she loves it. The usual day includes a 1 p.m. arrival when tape and other equipment is readied for the day's wraps, massages, whirl pool treatments and ice packs. The students start arriving for advice, treatment and check-ups around 2 p.m. and do not let Uribe rest until much later in the afternoon.

A dedicated athlete herself, Uribe can call forth on a background of competition as well as a 4-year B.S. degree in general Physical Education, with many additional classes for certification as a trainer. These include, "biology, physiology, psychology, first aid, current CPR and other require-

ments for training," she said. There is also required a 1600 hour apprenticeship term with a certified trainer before one's own certification can even be considered, said Uribe. Uribe herself completed three years of apprenticeship, or almost three times the hours she needed.

And the trainer applies all this knowledge and experience to a multitude of varying injuries. The most frequent types are "ankle injuries and shin splints," she said. "The percentages of these are the same for both boys and girls."

At University, Uribe said that the students seem to be provided more knowledge of the body than at other schools. But even at that, "The stu-

dents don't want to be babies and come in with injuries or potential injuries constantly." "We could eliminate much of the problem if they would come in right away," said Uribe, "It's the attitude that needs work."

Although Uribe realizes that the initial costs of setting up and maintaining a program may be prohibitive to many high schools, she feels that the benefits for the students of such a program are endless. She feels the lack of a trainer, or some sort of formal education for coaches and students in the area of injury recognition and treatment, can be permanently detrimental to young athletes. As she said of one such case, "My own weak ankles are proof."

EXECUTIVE COMMITTEE

(Continued from Page Three)

cision relative to a protested basketball game between Palo Verde and Brawley high schools.

18. **BUDGET REPORT** — Dr. Hanford Rants filed a report for treasurer, Jim Faul, relative to the 1979-80 CIF-SS Budget. Also included were the reports of the three geographical area meetings and a recommendation that the same be continued in the formulation stages of the annual budget.

19. **MONTCLAIR HIGH SCHOOL BASEBALL PROBLEM** — Representatives from Montclair High School and the area Baseball Officials Association were present relative to an alleged incident at a contest held early this year. Following discussion, it was moved, seconded and passed that a letter be directed to the Principal supporting his administrative action of probation and that a copy of same be directed to the district superintendent.

20. **ROYAL OAK HIGH SCHOOL BASEBALL PROBLEM** — Representatives of Royal Oak High School and the area Baseball Officials Association were present relative to an alleged incident at a contest held early this year. Following discussion, it was moved, seconded and passed that a letter be directed to both involved parties to the incident indicating a lack of consistent judgment and protocol from each and suggestions for the prevention of same in the future.

There being no further business to come before the Committee, the meeting was adjourned at 5:15 p.m.

Respectfully,

RAY PLUTKO

Administrative Assistant

APPROVED BY:

THOMAS E. BYRNES

Commissioner of Athletics

MAVIS WASHINGTON

(Continued from Page One)

and there is no temptation for her to run off to Hollywood after her first film appearance. "It was just something I did one summer," said Washington: "Some people ask why I'm still teaching, and I say why not, what am I supposed to do?"

Would she take another film offer in the future? "I don't know, it would depend on when and what it is," she said, "I hate to take time off when I'm coaching. That comes first." No need to worry right now anyway, there are no offers presently in the works, assures Washington.

Talking about women athletics, she said that the disguising of one's sex to play competitive ball is really no longer necessary. She said that in the years she's been involved in sports, things for women "for sure" have changed for the better. "Women involved in sports are now seen as athletes by schools. They are getting the scholarship money they deserve and have earned," she said.

But Washington emphasizes that "education is what school's all about." She tells girls to pick a school, "That will give you the best education you can get and that's what will help you in the long run." With men still out in front in the variety and pay for professional sports participation, she said, "Women must look at their futures."

But Washington stated the biggest break-through in women's athletics which has allowed all these positive educational and competitive changes. In fact, somebody should sure tell "Swish" about it next time they go to their local theater. As the coach points out, "Women athletes just don't have to hide anymore."

BOOKS:

Growing with Sports

Dr. Ernie Vandeweghe is a professor at UCLA Medical School, was a team physician for the Lakers and is a former basketball star for Colgate University and the New York Knickerbockers. Vandeweghe is also a pediatrician in Inglewood, and a former All American in Soccer. He has four athletic children far advanced in their area of competition, and Vandeweghe is a man who has done much for sports; high school sports specifically. There is no one better qualified to have written his recently published book, **Growing With Sports: A Parent's Guide to the Young Athlete**.

Of great value to the entire family, the book compassionately covers interesting youngsters in sports, sustaining them through the drudgery of practice, the hurt of failure and maintaining equilibrium in success. Vandeweghe examines lifelong benefits, special exercises for special sports, injuries and nutrition, and writes sensibly about alcohol, drugs, smoking and excessive noise.

(Prentice-Hall: \$9.95, illus.)