

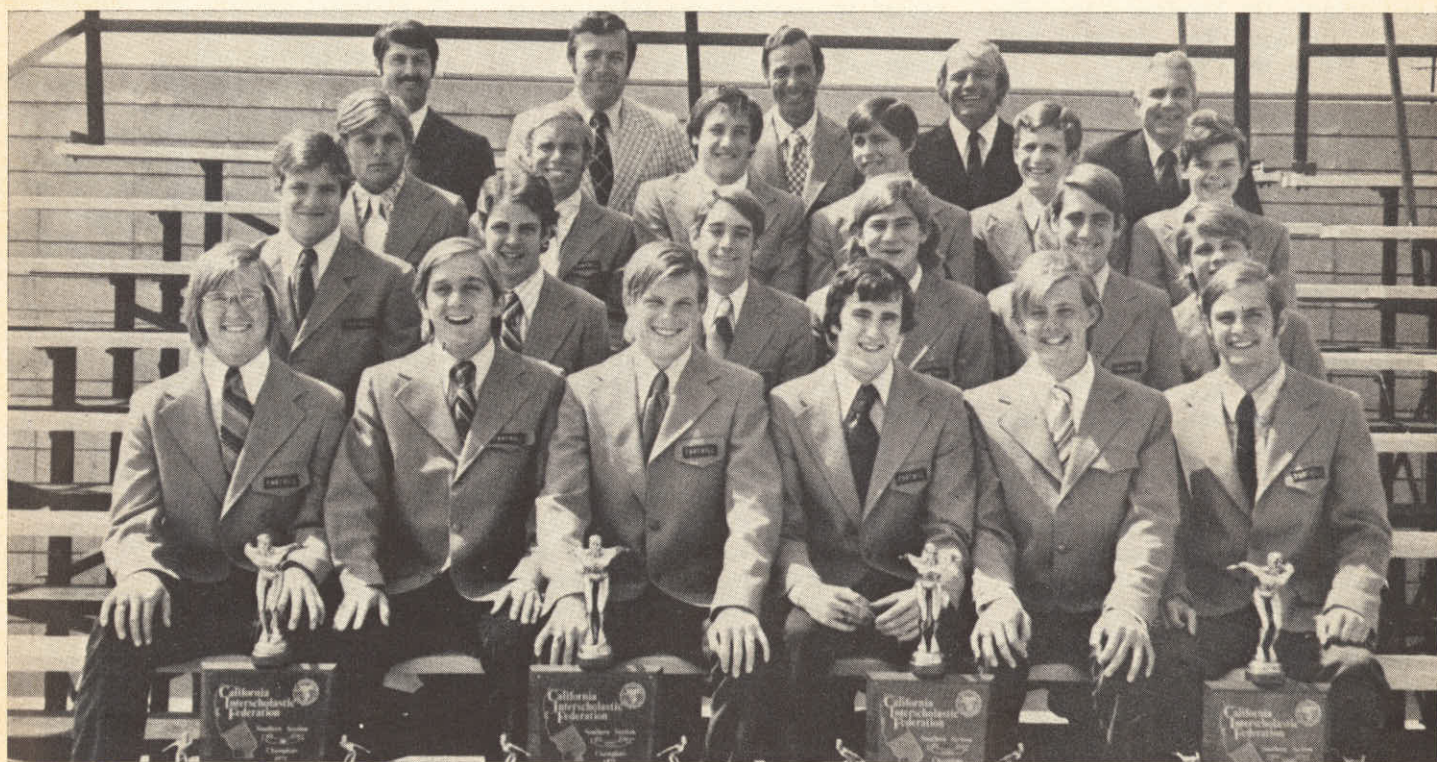
C. I. F., SOUTHERN SECTION MONTHLY BULLETIN

VOLUME 37

MAY, 1974

No. 9

FOOTHILL TAKES 4th STRAIGHT SWIM TITLE



FOOTHILL TRADITION: Winning has become a way of life for Foothill swimmers. Posed with their four consecutive CIF-SS swimming and diving championship trophies are the members of the 1974 squad. Back row (L-R) Kendall Webb, CIF-SS Administrative Assistant; Richard Robbins, Foothill HS Assistant Principal; Robert Osborne, Foothill HS Athletic Director; Tom DeLong, Foothill HS Swimming and Diving Coach; and William R. Frick, Foothill HS Principal.

BRUCE FURNISS SETS NATIONAL MARK

L. B. Wilson's Shaw Sets Two CIF-SS Records

Foothill HS of Tustin won its fourth consecutive CIF-SS Varsity Swimming and Diving Championship (thereby tying the mark set by Fullerton HS, 1963-66) with a convincing 163-94 point spread over runner-up Servite HS of Anaheim at the 1974 meet held at the East Los Angeles College Pool on April 5. Led by junior Bruce Furniss, who won the 100 yd. backstroke and whose sensational time of 1:53.2 broke the CIF-SS and national interscholastic records in the 200 yd. individual medley event set by Gary Hall of Rancho Alamitos HS (Garden Grove) and Mark Spitz of Santa Clara HS, respectively, the "Aqua-Knights" of Coach Tom DeLong clearly were the dominant force as they scored in nine of the eleven events. Other Foothill achievements included double-winner junior Peter Spurzem in the 50 yd. freestyle (new CIF-SS record) and the 100 yd. freestyle swims and a new CIF-SS record of 3:08.2 in the 400 yd. freestyle relay (Ken Wills, Larry Johnson, Bruce Furniss and Peter Spurzem), the second fastest in U.S. inter-

scholastic history.

Tim Shaw, another junior and one of the finest swimmers in the world at any age level, propelled his Wilson HS (Long Beach) team to a third-place finish (91 points) with Southern Section record-setting performances in the 200 yd. and 500 yd. freestyle events. Other record-breakers at the varsity level were Jay Hersey of Rudidoux HS (Riverside) in the 100 yd. butterfly who won a judges' decision over Sam Franklin of Tustin HS, the 200 yd. medley relay team of El Dorado HS (Scott Claffey, Rick Miller, Jim Louderback, and Keith Nori), and Bart Morris of Lowell HS (Whittier) in diving. In the latter event, the third place medal was won by junior Debbie Siewert (see "Feminine Focus") of Alhambra HS who became the first girl in history to earn a CIF-SS medal or trophy other than in all-girls' competition.

Newport Harbor HS won the 1974 Frosh-Soph Division where new meet
(Continued on Page Four)

NO GUARANTEE OF ATHLETIC ELIGIBILITY IN DISTRICT TRANSFERS

School principals and district administrators are reminded that the granting of either inter-district or intra-district transfers by schools and districts does not carry athletic eligibility for the individuals concerned. All CIF-SS residency rules shall apply to all transfers, it should be remembered; district action does not supersede basic eligibility rules of the Southern Section.

Students involved in such transfers should be made aware of the restrictions imposed upon their potential athletic participation. School districts may wish to include a statement on their transfer forms and correspondence indicating that athletic eligibility is **not** incorporated into the transfer. Waiver of the residency rule, as in any other eligibility rule, must be sought from the CIF-SS Executive Committee.

MINUTES OF CIF-SS EXECUTIVE COMMITTEE MEETING

May 1, 1974

The May Executive Committee meeting of the Southern Section of the California Interscholastic Federation was called to order by Chairman Steve Miletich at 3:30 p.m., on Wednesday, May 1, 1974, at the CIF-SS Office. All members except Dr. Richard Cordano, Dr. Hanford Rants, Dr. Lowell Jackson, Ted Gossard and Roger Weeks were present.

1. **APPROVAL OF MINUTES:** Minutes of the Executive Committee meeting of March 28, 1974, as published in the April, 1974, issue of the "Monthly Bulletin," were approved.

2. **APPLICATION FOR MEMBERSHIP:** It was moved, seconded, and passed to approve the application for Regular Membership in the CIF-SS, effective immediately, for Boys Republic High School and the following all-girls' schools: Marymount HS, La Reina HS, Holy Family HS, Corvallis HS, St. Michael's HS, Marlborough HS, Our Lady of Loretto HS, and Louisville HS.

3. **ELIGIBILITY CASES:** It was moved, seconded, and passed to approve the requests to waive the transfer rule for the following students: Larry Bellamy of Arroyo Grande HS, Vincent Feeley of Hemet HS, Chester Pollack of Glendale HS.

It was moved, seconded, and passed to DENY the request to waive the transfer rule for Kurt Brungardt of Ramona HS, his ineligibility to continue until September, 1974. It was moved, seconded, and passed to DENY the request for waiver of the maximum age rule for Donald Rankin of Marina HS.

4. **WATER POLO LEAGUE AFFILIATION, INDIO HS:** The Committee reviewed the request of Indio HS to be placed in the Ivy League for water polo competition for the school year 1974-75. Because the Ivy League schools offered the only water polo competition within practical traveling distance, it was moved, seconded, and passed to approve the request.

5. **SEASONS OF SPORT COMMITTEE:** Because of the many problems involved in the use of athletic facilities by both boys' and girls' programs at high schools throughout the state, it was moved, seconded, and passed to direct the Girls' Advisory Board of the Southern Section to conduct a study of the seasons of sport for boys and girls and to make recommendations for the school year 1975-76 and thereafter.

6. **1975 SWIM DATE CHANGE:** It was brought to the attention of the Committee that this past swim season's format of CIF-SS Prelims and Finals on Wednesday and Friday before

Easter Vacation was extremely popular with all parties concerned. In order to retain this format for the 1975 season it will be necessary to conclude, because of the earlier date of Easter, somewhat sooner than in 1974. Therefore, it was moved, seconded, and passed to establish the following revised dates for the 1975 CIF-SS Swimming and Diving Season:

First practice—Jan. 2

First competition—Jan. 11

Swim Prelims—Mar. 19

Swim Finals—Mar. 21

7. **SMOG RULE CHANGE:** Because of the wide discrepancy in the determination of smog alerts and the restrictions thus imposed among the many districts and governing bodies within the Southern Section, it was moved, seconded, and passed to delete Article XXXVI of the CIF-SS Constitution By-Laws dealing with smog.

8. **BASEBALL TWO HOUR LIMITATION:** It was brought to the attention of the Committee that the present rule in the CIF-SS By-Laws stating that no inning in other than varsity baseball games may begin after two hours have elapsed from the start of the contest is not justifiable in the opinion of a growing number of coaches and administrators and has caused problems in connection with the waiting for another athletic team sharing the same transportation. After discussion, it was moved, seconded, and passed to delete Article XXXVII, Section 8, of the CIF-SS Constitution By-Laws.

9. **ROLLING HILLS HS TRACK PROTEST:** Correspondence was read by the Committee from Rolling Hills HS regarding its protest of a decision by the Bay League in overruling a decision of the starter-referee of the West Torrance—Rolling Hills Dual Track Meet. The meet official had disqualified both schools' 440 yard relay teams in a very close meet that decided the league championship. West Torrance protested the decision of the referee to the Bay League who upheld the protest and directed the relay to be re-run. The Executive Committee, after thorough discussion, moved, seconded, and passed to overrule the decision of the Bay League, without regard to the merit of the original dispute, because the league had violated Article XX, Section 2, of the CIF-SS By-Laws which prohibits any consideration to a protest involving a judgment decision on the part of a game official.

10. **BUDGET AND PERSONNEL:** Budget and personnel matters were discussed. It was moved, seconded, and passed to direct the Chairman to

1975-76 CIF-SS RELEAGUING COMMITTEE BEGINS WORK

The CIF-SS Releaguings Committee has begun its deliberations for the 1975-76 school year. As provided for in Article III, Section 3E of the CIF-SS Constitution, an eight-man committee is appointed annually by the Executive Committee for the purpose of grouping schools into leagues of comparable athletic ability.

The present committee held its initial meeting on February 20 and will be meeting regularly during the Spring Semester in an effort to finalize recommendations for boys' athletic leagues. These recommendations will be submitted to the Council for approval at its September, 1974, meeting, and, if approved, will be in effect for the 1975 Fall Semester.

Members of the 1975-76 Releaguings Committee include Principals: Walter Newland of Hill JHS (Long Beach), Chairman; Don Conde of Victor Valley HS (Victorville); Ted Gossard of Aviation HS (Redondo Beach); Lou Joseph of Canyon HS (Villa Park); Wynola Kerry of Dominguez HS (Compton); Bruce Keuning of Valley Christian HS (Artesia); Arleigh McConnell of Buena HS (Ventura); Jack Mele of Whittier HS.

request the Council to conduct a closed session on personnel and budgetary matters as the first item of new business at its meeting on May 2, 1974.

There being no further business to come before the Executive Committee, the meeting was adjourned at 6:30 p.m.

Respectfully submitted,
Kendall Webb
Administrative Assistant

Approved:
J. Kenneth Fagans
Commissioner of Athletics

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Dr. Hanford Rants, Principal,
Gahr High School, Treasurer
J. Kenneth Fagans,
Commissioner of Athletics
Bulletin Editor
Kendall Webb, Administrative
Assistant

MINUTES OF CIF-SS COUNCIL MEETING

May 2, 1974

The regular spring Council Meeting of the Southern Section of the California Interscholastic Federation was held Thursday, May 2, 1974, at the Rodger Young Center in Los Angeles.

The meeting was called to order at 9:45 a.m. by Council President Steve Miletich, Assistant Principal, Beverly Hills High School. Representatives from all leagues were present, and approximately 25 guests were in attendance.

1. APPROVAL OF MINUTES:

A. It was moved, seconded, and passed to approve the minutes of the Council meeting of January 31, 1974, as published in the March, 1974, issue of the Monthly Bulletin.

B. It was moved, seconded, and passed to approve the minutes of the Executive Committee meeting of March 28, 1974, as published in the April, 1974, issue of the "Monthly Bulletin."

C. It was moved, seconded, and passed to approve the minutes of the Executive Committee of May 1, 1974, as read and reviewed by the Commissioner.

2. PERSONNEL AND BUDGET:

Following a closed session dealing with personnel and budgetary matters, it was moved, seconded, and passed to employ a woman on a part-time basis in the CIF-SS Office for the school year 1974-75 whose responsibilities would be to assist in the administration of the girls' interscholastic athletic program.

3. **SANCTIONED EVENT COMMITTEE REPORT:** Roger Weeks, Whitmont League Representative and Chairman of the Sanctioned Event Committee, reviewed recent CIF-SS legislation with regard to water polo, basketball, soccer, baseball, and volleyball tournaments. The committee's proposed tournament format, designed to provide participation within reasonable limits, had been presented to the Council at its January meeting for study prior to a vote at the May meeting. A motion to adopt the Committee's proposal died for the lack of a second, and all sanctioned event rules remain unchanged.

4. **STATE COMPETITION IN SWIMMING AND WATER POLO:** Chairman Steve Miletich reviewed the action taken by the Southern Section regarding state championships in interscholastic swimming and water polo. The matter had been discussed and tabled at both the September and January meetings to allow for discussion and direction from the leagues. After further discussion, it was moved,

seconded, and passed to table the matter until further information has been received from the State Federated Council. The Council, in a show of hands, indicated that it did not support such state playoffs at this time.

5. **YEAR-AROUND SCHOOL:** Dr. Russ Reynolds, Arrowhead League Representative and Principal of Big Bear High School, reported to the Council on the progress of the year-around program at his school for 1973-74 and asked that the exceptions to certain CIF-Southern Section rules granted to Big Bear HS because of its unique 12 month program be extended for an additional year. It was moved, seconded, and passed to approve this extension for the school year, noting that no further extension would be permissible.

6. **MAXIMUM INDIVIDUAL ATHLETIC PARTICIPATION:** Thomas E. Byrnes, Administrative Assistant and member of the Classification Committee, reviewed some of the existing abuses of the CIF-SS classification system by some schools whereby athletes could be indiscriminately switched among several levels of competition within the same week. Four suggested means by which such athletic participation could be limited were presented to the Council at the January meeting to take back to the leagues for discussion and direction. Motions to adopt two of the proposals failed. After further discussion on maximum athletic participation within the same day, it was moved, seconded, and passed to adopt a rule in the CIF-SS By-Laws stating that no student may participate in more than one classification in the same sport in the same day.

7. ENERGY CRISIS COMMITTEE

REPORT: Dr. Richard Cordano, Vice President of the Council and Chairman of the Energy Crisis Committee, reviewed the rationale for the creation of the Energy Crisis Committee, its recommendations (made in March, 1974) for cutbacks in the number of athletic contests for 1974-75, and the current status of CIF-SS schools regarding the energy crisis.

A motion to adopt the recommendations as presented died for lack of a second, and no further recommendations from the floor or the Committee were proposed. Discussion then followed on the factor of geography in arranging playoff pairings. It was moved, seconded, and passed to direct the Commissioner to give consideration to geography in arranging the 1974 Baseball Playoff pairings.

NATIONAL SWIM COACHES CLINIC MAY 24-26

The National Swimming Coaches Clinic will be presented May 24-26 at the Sheraton Anaheim Motor Hotel. Attracting participants from across the nation, the clinic will cover all aspects of competitive aquatics from basic fundamentals to advanced techniques of world champions. Sessions will include sections on training programs, stroke mechanics, diet, race strategy, exercise physiology, psychological aspects of coaching, high school and club development, weight training programs, peaking, water polo, diving, and synchronized swimming.

Guest speakers include:

Peter Daland — USC, Olympic, and World Games Coach.

George Haines — Santa Clara Swim Club, Olympic and 1975 UCLA Coach

Mickie King — 1972 Olympic Diving Champion and Air Force Academy Coach

Tom DeLong — Coach of Foothill HS Team, CIF-SS Swimming & Diving Champions (1971-1974)

Dawn Bean — Tustin Meraquas

Synchronized Coach

and: Peter Cutino of UC at Berkeley, Jim Gaughran of Stanford, Nort Thornton of Foothill College, Dr. Tom Tutko of San Jose St., Bill Rose of DeAnza Swim Club, John Reseck of NAUI, Lee Arth of Rio Hondo College, and Chuck Coker of Universal Gym Corp.

Two semester units of academic credit for this clinic are available through Santa Clara University. Fee for the clinic is \$40 if pre-registered before May 17. For further information, contact Clinic Director, Bob Gaughran of Santa Ana College (92796).

GLASHEEN, MENDOZA STATE WRESTLING CHAMPS

At the recent State High School Wrestling Finals, two Southern Section athletes earned gold medals by winning individual championships: Jack Glasheen of Upland HS in the 115 lb. class and Jim Mendoza of St. John Bosco (Bellflower) in the 123 lb. division. Both of these young men are to be congratulated for their outstanding achievements.

8. **TEAM PLAYOFFS IN WRESTLING:** Joe Merlo, Principal of Sonora High School and Orange League Representative, appeared before the Council to review his league's proposal to conduct CIF-SS Team Championships in wrestling for 1974-75. It was pointed out that in order to maintain the

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SWIM FINALS
(Continued from Page One)
records were established in 8 of the 9 events. Second and third place teams were Fountain Valley HS and Corona del Mar HS, last year's champion.



WE DID IT! Foothill junior Bruce Furniss being congratulated by his coach, Tom DeLong, upon learning that his 200 individual medley swim time in the 1974-CIF-SS championships broke the national interscholastic mark.

VARSITY RESULTS
50 Yd. Freestyle: 1. Peter Spurzem, Foothill, 21.2*. 2. (Ballot) Steve Wyatt, Estancia, 21.8. 3. (Ballot) Martin Davis, Harvard, 21.9. 4. (Ballot) Rick Johannsen, San Marcos, 21.8. 5. Lawrence Gates, Servite, 22.0. 6. Rick Wagner, Indio, 22.2.
Consolation 50 Yd. Freestyle: 7. Russ Bailier, Palos Verdes, 21.6. 8. Tom Meluth, Agoura, 22.3. 9. (Ballot) Chris Cocks, Whittier, 22.4. 10. (Ballot) Doug Blanchard, Lowell, 22.4. 11. Tie (Ballot) David Peters, Buena, 22.4 and Steve Flores, La Puente, 22.5.
100 Yd. Freestyle: 1. Peter Spurzem, Foothill, 46.4. 2. Larry Johnson, Foothill, 48.0. 3. Martin Davis, Harvard, 48.1. 4. Lawrence Gates, Servite, 48.3. 5. Doug Blanchard, Lowell, 48.6. 6. Kevin Marble, Oxnard, 48.8.
Consolation 100 Yd. Freestyle: 7. Rick Johannsen, San Marcos, 48.1. 8. Bill O'Toole, Westminster, 48.7. 9. Bob Richards, Covina, 48.9. 10. (Ballot) Chris Cocks, Whittier, 49.1. 11. (Ballot) Eric Sturgess, Muir, 49.0. 12. (Ballot) John Stanton, Alhambra, 49.0.
200 Yd. Freestyle: 1. Tim Shaw, Wilson (Long Beach), 1:40.6*. 2. Mike Nyeholt, San Gabriel, 1:42.4. 3. Jay Hersey, Rubidoux, 1:42.5. 4. Darrell Fick, Lynwood, 1:42.7. 5. Taylor Howe, Mission Viejo, 1:43.3. 6. Gerardo Vera, Millikan, 1:44.5.
Consolation 200 Yd. Freestyle: 7. Ken Wills, Foothill, 1:43.4. 8. Jeff Taylor, Sonora, 1:44.2. 9. Ron Orr, San Gabriel, 1:45.5. 10. Charlie Pearson, 1:45.7. 11. Jim Woods, Montclair, 1:47.6. 12. Mike Cunningham, Mira Costa, 1:49.5.
500 Yd. Freestyle: 1. Tim Shaw, Wilson (Long Beach), 4:32.4*. 2. Taylor Howe, Mission Viejo, 4:33.6. 3. Brian Goodell, Mission Viejo, 4:34.2. 4. Darrell Fick, Lynwood, 4:35.4. 5. Mike Nyeholt, San Gabriel, 4:35.0. 6. Ron Orr, San Gabriel, 4:38.7.
Consolation 500 Yd. Freestyle: 7. Randy Kalbus, Wilson (Long Beach), 4:43.0. 8.

Gerardo Vera, Millikan, 4:46.4. 9. Paul Hartloff, San Marcos, 4:47.6. 10. Fred Ridgee, Mission Viejo, 4:49.6. 11. John Searcy, Lowell, 4:50.7. 12. None.
100 Yd. Backstroke: 1. Bruce Furniss, Foothill, 53.5. 2. Scott Gordin, Lakewood, 54.6. 3. Blake Johnson, Thousand Oaks, 54.9. 4. (Ballot) Sam Franklin, Tustin, 55.1. 5. (Ballot) Brian Patno, Buena, 55.1. 6. Scott Claffey, El Dorado, 55.6.
Consolation 100 Yd. Backstroke: 7. Tim Regan, Newport Harbor, 56.0. 8. Carlos Azevedo, Wilson (Long Beach), 56.1. 9. (Ballot) Stan Buckner, Marina, 57.2. 10. (Ballot) John Saathoff, Foothill, 57.2. 11. (Ballot) Jack Lorenz, Corona del Mar, 57.2. 12. Terry Garrett, Hueneme, 57.4.
100 Yd. Breaststroke: 1. Rick Miller, El Dorado, 59.9. 2. (Ballot) Scott Shelton, Wilson (Long Beach), 1:01.0. 3. (Ballot) Wit Davis, University, 1:01.0. 4. John Stanton, Alhambra, 1:01.3. 5. Gerald Hoffman, Lowell, 1:01.9. 6. Eric Peper, Servite, 1:02.1.
Consolation 100 Yd. Breaststroke: 7. Peter Peyton, Mira Costa, 1:02.2. 8. Don Spicer, Sunny Hills, 1:02.8. 9. (Ballot) Bill Alder, Anaheim, 1:03.0. 10. (Ballot) Don Cheetham, Santa Monica, 1:03.0. 11. Doug Forbes, Los Alamitos, 1:03.0. 12. Larry Holmes, Millikan, 1:03.4.
100 Yd. Butterfly: 1. (Ballot) Jay Hersey, Rubidoux, 50.7*. 2. (Ballot) Sam Franklin, Tustin, 50.7. 3. Jeff Boss, La Quinta, 50.9. 4. Ken Wills, Foothill, 51.0. 5. James Belardi, Servite, 51.4. 6. Brian Patno, Buena, 51.8.
Consolation 100 Yd. Butterfly: 7. Charlie Pearson, Poly (Riverside) 51.3. 8. Jeff Taylor, Sonora, 52.4. 9. Fred Batris, Servite, 53.1. 10. Mike Dobrott, Newport Harbor, 53.3. 11. Tim Herschberg, Anaheim, 53.7. 12. Randy Kalbus, Wilson (Long Beach), 54.7.
200 Yd. Invitational Medley: 1. Bruce Furniss, Foothill, 1:53.2*. 2. Jeff Boss, La Quinta, 1:54.7. 3. Victor Katayama, Mira Costa, 1:57.3. 4. Blake Johnson, Thousand Oaks, 1:58.8. 5. Brian Goodell, Mission Viejo, 1:59.5. 6. Patrick Stanton, Alhambra, 2:00.2.
Consolation 200 Yd. Individual Medley: 7. Scott Shelton, Wilson (Long Beach), 1:59.3. 8. Dave Smith, Santa Barbara, 2:01.3. 9. Eric Peper, Servite, 2:01.4. 10. Mike Dobrott, Newport Harbor, 2:01.8. 11. Carlos Azevedo, Wilson (Long Beach), 2:03.4. 12. Larry Holmes, Millikan, 2:04.3.
200 Yd. Medley Relay: 1. El Dorado (Scott Claffey, Rick Miller, Jim Louderbeck, and Keith Mori), 1:38.7*. 2. Mira Costa, 1:39.5. 3. Foothill, 1:40.1. 4. (Ballot) Buena, 1:41.6. 5. (Ballot) Servite, 1:41.6. 6. Westminster, 1:41.9.
Consolation 200 Yd. Medley Relay: 7. Miraleste, 1:42.0. 8. (Ballot) Sunny Hills, 1:42.5. 9. (Ballot) Marina, 1:42.5. 10. Wilson (Long Beach), 3:21.0. 11. Millikan, 1:44.6. 12. Hueneme, 1:45.1.
400 Yd. Freestyle Relay: 1. Foothill (Ken Wills, Larry Johnson, Bruce Furniss and Peter Spurzem), 3:02.8*. 2. Servite, 3:15.1. 3. Mira Costa, 3:15.6. 4. Mission Viejo, 3:17.3. 5. San Marcos, 3:18.6. 6. Wilson (Long Beach), 3:21.0.
Consolation 400 Yd. Freestyle Relay: 7. Westminster, 3:18.1. 8. Chaffey, 3:20.5. 9. (Ballot) Marina, 3:21.0. 10. (Ballot) Sunny Hills, 3:21.0. 11. Corona del Mar, 3:21.7. 12. Oxnard, 3:21.8.
Diving: 1. Bart Morris, Lowell, 481.50*. 2. Kurt Wilson, Rolling Hills, 467.25. 3. Debbie Siewert, Alhambra, 391.95. 4. Kevin Wilson, Rolling Hills, 368.48. 5. Chris Hennis, Sunny Hills, 351.45. 6. Mark Hastings, Foothill, 342.0. 7. William Gerrard, Mission Viejo, 330.40. 8. Rusty Montano, Hueneme, 330.25. 9. Sue Miller, University, 326.55. 10. Jeff Davis, Chaffey, 305.20.
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COUNCIL MEETING MINUTES
(Continued from Page Three)
present length of the wrestling season and to provide two weeks for the proposed playoffs, many schools would have two weeks where they would compete in two wrestling matches. It was also indicated that the proposal would not delete or diminish the present individual wrestling tournament in the CIF-SS. A motion to adopt the proposal was defeated.
9. NUMBER OF CROSS COUNTRY MEETS: Jack Barton, Principal of El Monte High School and Rio Hondo League Representative, reviewed a proposal to raise the number of cross country meets in which a school may enter (regardless of the number of its individuals at any one meet) be increased from 11 to 13 to match the number presently offered to athletes in track and field. After discussion, a motion to adopt the proposal was defeated.
10. ELECTION OF OFFICERS: Elections for Council, Executive Committee, and State Federated Council members were conducted by secret ballot with the following results:
President of Council and Chairman of Executive Committee (2 year term) — Dr. Richard Cordano, Principal of Arcadia High School; Vice-President of the Council (2 year term) — Louie Joseph, Principal, Canyon High School (Villa Park); Representative to State Federated Council (4 year term) — Ferren Christensen, Guidance and Special Services Administrator, Huntington Beach Union High School District; Eastern Area Executive Committee member (4 year term) — Gene Knott, Vice-Principal, Ramona High School; Los Angeles Area Executive Committee member (4 year term) — Bruce Keuning, Principal, Valley Christian High School; and Northern Area Executive Committee member (1 year unfinished term) — Gene Hartley, Principal, San Marcos High School.
11. GIRLS' ADVISORY BOARD REPORT: Alex Alexander, Principal of Desert Sands High School and Chairman of the Girls' Advisory Board, presented the Board's recommendations for girls' 1974-75 seasons of sports, maximum number of contests, and modifications of certain CIF-SS rules as they would apply to girls. It was moved, seconded, and passed to approve the 1974-75 seasons of sports for girls as presented (and as published in the April, 1974, issue of the "Monthly Bulletin," except for the advancement of the beginning of the volleyball and tennis seasons from Labor Day, September 2 to September 3, 1974) and to approve the following maximum number of contests: volleyball (Continued on Page Five)

- - FEMININE FOCUS - -



MEDAL WON BY DIVER DEBBIE SIEWERT IS A FIRST

A historic first occurred on April 15, when Debbie Siewert, a junior at Alhambra HS, took third place in diving at the 1974 CIF-SS swimming and diving championships and thereby became the first girl in the 60-year existence of the Southern Section to earn a CIF-SS medal or trophy in other than all-girls' competition. The 5'2" young lady becomes 17 years old this month, and has been diving for six years. With her senior year still ahead of her, it is of interest that the two boys finishing ahead of Debbie in the diving finals are due to graduate from high school next month.

FIELD HOCKEY CLINIC June 17-28

A ten-day clinic on the coaching and officiating of field hockey will be conducted at Cal Poly @ Pomona June 17-28, 1974. The course is designed for players, coaches, and officials from the high school level to amateur clubs. Instructors will be Dr. Jo Oliver, Field Hockey Coach of Cal Poly @ Pomona and Alene Shore, Field Hockey Coach of Colton HS, 1974 CIF-SS Champions. Cost of the Clinic is \$10 without academic credit and \$17.25/quarter unit for credit (1-4 quarter units possible). Call (714) 598-4391 if interested ASAP. Space is limited.

MIRA COSTA HIGH SCHOOL: BASKETBALL CHAMPS

The heading above the Mira Costa HS Girls' Basketball Team in last month's "Feminine Focus" erroneously referred to them as Costa Mesa HS. Although the photo caption, story, and playoff results were correct, additional congratulations are made here to the fine championship Mira Costa High School Girls' Basketball team.



DEBBIE SIEWERT
Alhambra High School

SWIM FINALS
(Continued from Page Four)
11. Scott Rowe, Palos Verdes, 298.55. 12. Steve Evans, Chaffey, 294.95.
* New CIF-SS Record
** New CIF-SS and National Interscholastic Record

Varsity Scoring
Foothill 163, Servite 94, Wilson (Long Beach) 91, Mission Viejo 74, Mira Costa 70, El Dorado 54, Buena 42.5, Lowell 41, San Marcos 38, Westminster 37, San Gabriel 36, Sunny Hills 31, Rubidoux 28, La Quinta 25, Harvard, Rolling Hills and Tustin 24 each, Thousand Oaks 23, Lynwood 22, Alhambra 21, Marina and Millikan 20 each, Agoura 17, University 16, Chaffey and Miraleste 14 each, Lakewood and Estancia 13 each, Oxnard 11, Newport Harbor, Poly (Riverside) and Sonora 10 each, Indio and Palos Verdes 9 each, Hueneme 8, Whittier 7, Corona del Mar and Anaheim 6 each, Santa Barbara 5, Covina 4, Santa Monica 3, Los Alamitos, Montclair and Muir 2 each, and La Puente 1½.

FROSH-SOPH RESULTS
50 Yd. Freestyle: 1. Mike Hayes, Newbury Park, 22.4*. 2. Tie (Ballot) Tom Hicks, Lompoc, 22.6 and Jeff DeMott, Newport Harbor, 22.6. 4. Dean Latas, Mira Costa, 22.9. 5. Lance Pruett, Los Altos, 23.1. 6. Peter Mulhauser, Edison, 23.2.
100 Yd. Freestyle: 1. Andy Miller, Fountain Valley, 49.2*. 2. Mike Hayes, Newbury Park, 49.5. 3. Mike Elleman, San Marino, 49.6. 4. Greg Fults, Newport Harbor, 50.3. 5. Richard Walker, Glendora, 50.5. 6. Lance Pruett, Los Altos, 50.7.
200 Yd. Freestyle: 1. Mike Elleman, San Marino, 1:47.3*. 2. Mike Palmer, Corona del Mar, 1:49.2. 4. (Ballot) Robert Owsley, Newport Harbor, 1:49.5. 5. (Ballot) Greg Fults, Newport Harbor, 1:49.5. 6. Harry Stovall, La Canada, 1:50.0.
50 Yd. Backstroke: 1. Mark Kousnetz, Fremont Hr. High School, 25.5*. 2. Mike Kelly, Fountain Valley, 26.0. 3. John Dobrott, Newport Harbor, 26.3. 4. Bob Menzie, Rolling Hills, 26.6. 5. Howard Hyde, Upland, 26.9. 6. Mike Kearns, Santa Clara, 27.9.
50 Yd. Breaststroke: 1. Mike Harbottle, Montclair, 29.1. 2. Keith Robinson, Newport Harbor, 29.4. 3. Steve Spicer, Sunny

COUNCIL MEETING MINUTES
(Continued from Page Four)
ball, tennis, field hockey, basketball, badminton, and softball — 16 each, gymnastics — 14, swimming — 12, and track & field — 9. It was further moved, seconded, and passed to approve the Board's recommended CIF-SS rule modifications as presented (and published in the April, 1974, issue of the "Monthly Bulletin") with the exception of Article VI dealing with the composition and duties of the Girls' Advisory Board.
12. GIRLS' RELEAGUING COMMITTEE REPORT: Vic Sherreitt, Principal of University High School and Chairman of the 1974-75 CIF-SS Girls' Releaguings Committee presented the Committee's recommended leaguings for schools who indicated they will be participating in the CIF-SS Girls' Interscholastic Athletic Program for the next school year. After discussion, it was moved, seconded, and passed to approve the recommendations of the Committee and to
(Continued on Page Six)
Hills, 29.5. 4. (Ballot) Ken Ross, Millikan, 29.8. 5. (Ballot) Kevin Johnson, Antelope Valley, 29.8. 6. John Wendler, La Habra, 29.9.
50 Yd. Butterfly: 1. Mike Kelly, Fountain Valley, 24.9*. 2. Frank Browne, Corona del Mar, 24.6. 3. (Ballot) Steve Woensner, Westminster, 25.3. 5. Gary Gibson, Edison, 25.5. 6. Bill Babashoff, Fountain Valley, 26.0.
100 Yd. Individual Medley: 1. Mark Kousnetz, Fremont Jr. High School, 55.8*. 2. Andy Miller, Fountain Valley, 56.8. 3. Tom Ray, El Toro, 58.3. 4. Frank Anderson, Newport Harbor, 58.8. 5. Mike Harrison, San Marino, 58.9. 6. Scott Weir, Huntington Beach, 59.0.
200 Yd. Medley Relay: 1. Newport Harbor (John Dobrott, Kevin Robertson, Keith Robinson, Jeff DeMott), 1:43.4*. 2. Corona del Mar, 1:44.6. 3. (Ballot) La Habra, 1:46.5. 4. (Ballot) Westminster, 1:46.5. 5. Newbury Park, 1:46.6. 6. Beverly Hills, 1:47.9.
200 Yd. Freestyle Relay: 1. Newport Harbor (Kevin Robertson, Jeff Stevens, Bob Owsley, Jeff DeMott), 1:31.7*. 2. San Marino, 1:33.1. 3. (Ballot) Lompoc, 1:33.6. 4. (Ballot) Edison, 1:33.6. 5. (Ballot) La Canada, 1:33.6. 6. Mira Costa, 1:34.1.
* New CIF-SS Record
Frosh-Soph Scoring:
Newport Harbor 49½, Fountain Valley 25, Corona del Mar 24, San Marino 23, Newbury Park 19, Fremont Jr. HS 14, Lompoc 12½, La Habra 12, Westminster 10, Edison 9, Montclair 7, La Canada and Mira Costa 5 each, El Toro and Sunny Hills 4 each, Los Altos, Millikan and Rolling Hills 3 each, Antelope Valley, Beverly Hills, Glendora, and Upland 2 each, and Huntington Beach and Santa Clara 1 each.

1975 WESTLING SITE WANTED

Schools who might be interested in hosting the 1975 CIF-SS Free-Lance Wrestling Tournament are asked to contact the CIF-SS Office before the close of school this spring.

COACHING IDEAS AND IDEALS

Author: Arthur J. Gallon

Supervisor of Physical Education
University of California @ Santa Barbara

Publisher: Houghton Mifflon Co., 1974, 274pp

Countless books and articles have been written on various aspects of coaching, but extremely few are comprehensive enough to satisfy the "one-stop shoppers." One such book at the interscholastic level has just been published and is an excellent source of information, guidance, and suggestions for the high school coach—beginner or veteran, male or female.

Coaching — Ideas & Ideals by Arthur J. Gallon deals not with the specifics of the individual sports but rather the role of the high school in applying knowledge and experience to its program. Chapters are included that cover such diverse areas as motivation, principles and methods of conditioning, the nature of coaching, history of interscholastic athletic associations, equipment purchase and care, budget management, drug use and abuse, public relations, and legal requirements.

Well documented and illustrated, this paperback is written in concise, literate form that is easily comprehended and reflects well the positive thinking of the author. **Coaching — Ideas & Ideals** is highly recommended for the prospective high school coach and would be an asset to the library of all interscholastic coaches.

COUNCIL MEETING MINUTES

(Continued from Page Five)

authorize it to make adjustments as it deems advisable based upon the requests of schools who might appeal their placement. Such appeals were to be made at specially designated meetings of the Girls' Releaguings Committee within 10 days of the May 2 Council meeting. All decisions by the Committee as a result of the appeal meeting are to be final as authorized in advance by the CIF-SS Council.

It was brought to the attention of the Council that inherent with the establishment of new leagues for girls was the problem of representation on the Council for 1974-75. Some girls' leagues were identical with that of the boys, some were composed solely of all-girl schools, and other girls' leagues contained both coed and all-girls' schools. It was moved, seconded, and passed to refer this question to the Executive Committee for study and action.

13. SCHOLASTIC RULE PROPOSAL: Roger Weeks, Chairman of the Scholastic Committee, reported that the State CIF is studying the possibility of changing the current scholastic rule which makes an athlete ineligible for twenty weeks when he has failed to meet minimum scholastic standards at the end of the previous semester. Mr. Weeks recommended that the Southern Section direct its representatives to support the proposed new state rule which would change the period of ineligibility for scholastic deficiency to ten weeks. It was moved, seconded, and passed to so direct the Southern Section Representatives. The matter will be ruled upon by the State Federated Council at its June, 1974, meeting.

14. WHO MAY COACH: A review of the modification of Rule 506 of the State CIF By-Laws, proposed by the State Federated Council, was conducted by Council President Steve Miletich and Commissioner Fagans. The proposal would provide for the liberalization of the present rule that is creating hardships upon schools and districts wishing to staff a full complement of qualified coaches.

After discussion, it was moved, seconded, and passed to recommend passage of the proposed modification of Rule 506 to the State Federated Council.

15. 3-MILE CROSS-COUNTRY PROPOSAL: A proposal by the Bay League to increase the CIF-SS cross country distance from two to three miles was presented and discussed. A motion to approve the increase was defeated.

16. PRIVATE VS. PUBLIC SCHOOL PLAYOFF COMMITTEE REPORT: Father Sylvester Ryan, Principal of St. Paul High School and Chairman of the Private vs. Public School Playoff Committee, presented five proposals formulated by his committee for consideration by the Council that would modify the present CIF-SS playoff procedures. After discussion, it was moved, seconded, and passed to refer the proposals to the individual leagues for study and possible future Council action.

17. HIGH SCHOOL-DIRECTED ATHLETIC ACTIVITY FOR PRE-HIGH SCHOOL STUDENTS: Tom Byrnes reviewed the proposal restricting athletic activity by elementary and junior high school students while under the direction of high school personnel. The proposal, developed at the

direction of the Executive Committee and expanded from a rule governing football activity only, was mailed to all League Representatives to allow time for direction at the May Council Meeting. After discussion, it was moved, seconded, and passed to table the proposal for further study.

18. 1974-75 PLAYOFF GROUPINGS: After brief discussion, it was moved, seconded, and passed to approve 1974-75 groupings of leagues for playoffs in football, cross-country, water polo, track & field, swimming, and baseball. Proposed groupings of leagues for basketball playoffs will be sent to leagues for approval within the week.

19. 1975-76 BOYS' RELEAGUING COMMITTEE REPORT: Walter Newland, Principal of Hill JHS and Chairman of the 1975-76 Boys' Releaguings Committee, appeared before the Council to deliver a progress report. Meetings of the Committee are being held in various geographical areas within the Southern Section to provide opportunities for schools and leagues to voice their concerns. A proposed grouping of leagues for 1975-76 for one area has already been mailed to all principals involved.

20. SURFING SANCTION: Ferren Christensen, member of the Executive Committee and representing the Huntington Beach Union High School District, reviewed the results of the surfing questionnaire sent to all schools. The questionnaire, developed at the direction of the Council, sought information on the present number of high schools having surfing teams in the Southern Section and the number of schools who would be interested in surfing as a sanctioned sport. After questions and comments regarding the results of the surfing questionnaire, a motion to approve surfing as a CIF-SS sanctioned sport for 1974-75 was defeated.

21. MILETICH RECOGNITION: This meeting marked the close of Steve Miletich's 2-year term as President of the CIF-SS Council and Chairman of the Executive Committee. As a representative of the State Federated Council from the Southern Section, he will continue to be a member of the CIF-SS Executive Committee. At the close of the May 2 Council meeting, President Miletich was honored with words of appreciation and standing applause.

There being no further business to come before the Council, the meeting was adjourned at 3:00 p.m.

Respectfully submitted,
Kendall Webb
Administrative Assistant

Approved:
J. Kenneth Fagans,
Commissioner of Athletics